

# ADULT EDUCATION PROGRAM – SPRING 2010

Huntington High School – Huntington, New York

Resident HUFSD \$55 – Non-Resident \$65 – Senior citizen \$15

Name .....

School District .....

Address ..... Phone No. ....

E-Mail ..... Receipt No. ....

Course ..... Day ..... Fee .....

## REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

**Do not include extra class fees for books or materials.**

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500, Huntington, NY 11743  
to be received prior to the first class.**



Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit No. 108  
Huntington, N.Y.

## ADULT EDUCATION

Huntington Union Free School District

P.O. Box 1500

Huntington, New York 11743

**POSTAL PATRON**

## SPRING 2010

**Dated Material**

# ADULT EDUCATION PROGRAM

Sponsored By  
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

## REGISTRATION INFORMATION:

**MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS**  
**IN-PERSON: 7:00-9:00 P.M. ON Wednesday, February 3, 2010**  
HUNTINGTON HIGH SCHOOL LOBBY

John J. Finello, Superintendent • Dr. Kenneth A. Card Jr., Director

## BOARD OF EDUCATION

William Dwyer, President • Emily Rogan, Vice President  
Christine Bene • Elizabeth C. Black • Kimberly Brown • Richard McGrath • John Paci

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## ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 673-2010 Monday-Thursday Evening  
During each Semester Session

**THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.**

**REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.**

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## REGISTRATION PROCEDURE

**BY MAIL.** The courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

**IN PERSON.** Register for all classes **Wednesday, February 3, 2010** from 7:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

**FEES:** \$55.00 for District residents  
\$15.00 for Senior Citizen residents  
\$65.00 for all Nonresidents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

**CLASS LOCATION:** All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

**SENIOR CITIZENS.** The Board of Education cordially invites HUFSD residents 60 years of age and over to attend any adult education course for a fee of \$15.00 **WHENEVER SPACE IS AVAILABLE** (except those classes marked **limited or special fee**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid.

**REFUNDS.** If the course for which you registered does not get the required minimum of 16, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the School Board Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

## CALENDAR SPRING 2010

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

R = REGISTRATION ( ) = HOLIDAY/SCHOOL CLOSED C = CLASSES BEGIN \* = MAKE-UP DAYS

FEBRUARY				MARCH				APRIL				MAY			
M	T	W	T	M	T	W	T	M	T	W	T	M	T	W	T
	2	3R	4	1	2	3	4				(1)	3	4	5	6
8	9	10	11	8	9	10	11	(5)	6	7	8	10	11	12	13
(15)	(16)	(17)	(18)	15	16	17	18	12	13	14	15	17*	18*	19*	20*
22C	23C	24C	25C	22	23	24	25	19	20	21	22				
				(29)	(30)	(31)		26	27	28	29				

**WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.**

## MONDAY

**BRIDGE** **TBD**  
**HHS Library** **7:00-9:00**  
**No Senior Discount**  
Learn the basics of bidding and play of the hand. Class will consist of a lesson followed by play of the hands plus analysis. A \$12 book fee is required.

**SPANISH FOR BEGINNERS** **Jessica Medina**  
**Room 127** **7:00-9:00**  
Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

**INTERNET A TO Z** **Richard Gress**  
**Room 251** **7:30-9:30**  
**4 Sessions: 3/1, 3/8, 3/15, 3/22**  
**FEE: \$30, \$40 Non-Resident**

This fun beginner's course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

**SIMPLYCIOUS IS BACK** **Joanne Gurrieri/Anna Naccarato**  
**Finley Room 208** **7:00-9:00**

Come and join us for simple yet delicious recipes. You will learn how to make your favorite sauces/ appetizers/ main courses. Why go out to dinner when you can make it better at home? There will be a materials fee that will be discussed the first night of class.

**SOCCER FOR MEN (Indoor)** **Kieran Mock**  
**Huntington High Gym** **8:30-10:00**  
**10 SESSIONS**

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Multi-levels of play--its fun! Shin guards are suggested and a water bottle is recommended.

## TUESDAY

**CROCHETING** **Kelly Hatzmann**  
**Room 124** **7:00-9:00**

There will be three projects suitable for the beginner crocheter while the more advanced crocheter could bring any project they would need help with or have questions about. One project would be a women's wrap/shawl, another project choice would be a baby blanket with lace border and the final choice would be a women's crocheted tote bag. Students would have to bring to class one large skein of yarn and one or two crochet hooks.

**PILATES** **Emily Lo Porto**  
**Location TBD** **7:30-9:00**

A mat workout based on the teachings of Joseph Pilates. Find the connection to your core while your body becomes longer, stronger, and leaner, suitable for any level. Attendees will lie down on mats on the floor and participate in a series of calisthenic-like exercises that progress from a lying down position to standing, while strengthening and stretching the core muscles (back and abdominal muscles). Though the exercises are mostly done on the mat, we never hold positions such as in Yoga. As the course progresses, exercises will be focused on incorporating the more superficial muscles of the body, and on flexibility. Pilates works to find balance in the body, while it strengthens, stretches, and heals. The technique is classical - systematic - integrative. We will find the connection to the "core", the cornerstone of the whole body, as the participants learn to strengthen it. They will be standing taller, will become stronger, and the whole body will be longer and leaner...and it's fun! Materials needed are; an exercise mat, water, and comfortable closer fitting clothes.

**MICROSOFT OFFICE ADVANCED** **Richard Gress**  
**Room 251** **7:30-9:30**  
**8 Sessions**

**FEE: \$67 - \$77 Non-resident LIMITED. NO SENIOR CITIZEN DISCOUNT.** Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

**REDUCING STRESS THROUGH SELF-EMPOWERMENT** **Diana Moore**  
**Room 110** **7:00-9:00**

What would it mean to you to be able to handle any situation life has to throw at you and any difficult person in your life without stress? What would it mean to you to have more time and energy at the end of the day? In this eight session class led by Diana Moore, a Certified Hypnotherapist Expert Energy Psychologist and Reiki Master, you will have the opportunity to learn simple one minute meditational techniques that will enable you to become more focused, more empowered, have more time, evoke honesty from anyone, and be able to deal with any situation and any personality with poise and ease. A workbook will be provided. Students will need to bring a pen and some paper for note taking.

**SOCCER FOR WOMEN (Indoor)** **Linda Roth**  
**Location - TBA** **7:00-9:00**  
**10 Sessions**

Intermediate to advanced players welcomed age 25 and older. A non-competitive soccer scrimmage. Bring a dark and white T-shirt. Shin guards are required and a water bottle is recommended.

## WEDNESDAY

**BEGINNER'S ITALIAN** **Kerri Titone**  
**Room 126** **6:30-8:30**

This course is for students with no or beginner's knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

**INTERMEDIATE ITALIAN** **Kerri Titone**  
**Room 126** **6:30-8:30**

A continuation of the beginners' Italian course for people who want to extend their fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

**INTRO TO COMPUTER KEYBOARDING** **Allison Pollard**  
**Room 251** **7:00-9:00**

Learn how to touch-type properly using a computer. Develop essential keyboarding skills and techniques. Practice drills are used throughout the course to increase typing speed and accuracy. Additional activities and dictation exercises will be used in this course for added reinforcement. Proper keying technique will be taught throughout the course.

## THE SECRETS OF THE TAROT: PART ONE

Room 123 **Robert Previto**  
3 Sessions; 3/10, 3/17, 3/24  
7:00-9:00

**FEE: \$25 Resident - \$30 Non-Resident**

Robert Previto, lawyer, playwright, and cartomancer extraordinaire offers this three-day introductory course on the secrets of the tarot! Have you ever wondered how the tarot evolved? Have you ever yearned to unlock the mystic keys that enable tarot readers to cogitate on the past, present, and future? What is the tarot? How does it work? How do we decipher its hidden meanings? Previto dispels the superstitions, reveals the basis of all tarot revelation, and teaches you the basics of how to read the ancient cards! Geared for beginners, this "can-do" course will introduce you to the tarot system practiced by the adepts, and provide you with true knowledge of its hidden meaning and wisdom. Students are required to bring a notepad and pen, and a tarot deck of their own, preferably Aleister Crowley's Thoth Tarot, or the Rider-Waite Tarot. Decks that appear "gimmicky" should be avoided.

## THE SECRETS OF THE TAROT: PART TWO

Room 123 **Robert Previto**  
3 Sessions; 4/7, 4/14  
7:00-9:00

**FEE: \$20 Resident - \$25 Non-Resident**

In this intermediate course, Robert Previto, lawyer, playwright, and cartomancer extraordinaire delves deeper into the meanings and correspondences imbued in the tarot, and further extrapolates the mystic manner in which the tarot communicates its concepts. Emphasis will be placed on the elemental, astrological, and Qabbalistic underpinnings of the tarot, with some attention to numerological understandings, and how the cards interact with each other. Students are strongly advised to have taken The Secrets of the Tarot, Part One, or to already have a working knowledge of the basics of tarot construction. Students are required to bring a tarot deck of their own, preferably Aleister Crowley's Thoth Tarot, or the Rider-Waite Tarot. Decks that appear "gimmicky" should be avoided.

**BASKETBALL FOR MEN** **Johnnie Morales**  
**H.S. Gym** **8:30-10:30**  
**10 SESSIONS**

Choose up sides and play full or half court games in our gym. For men over 21 years.

## SIMPLYCIOUS IS BACK/VEGETARIAN

**Finley Room 208** **Joanne Gurrieri/Anna Naccarato**  
**7:00-9:00**

We will explore different appetizers/pastas/vegetable dishes that are simple and delicious. Please join us for eight fun filled evenings free of stress. There will be a materials fee that will be discussed the first night of class.

**TAI CHI CHI KUNG** **Richard Wos**  
**Jefferson Cafeteria** **7:00-8:30**  
**10 SESSIONS**

**LIMITED. NO SENIOR CITIZEN DISCOUNT.** Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

## THURSDAY

**INTRODUCTION TO COMPUTERS –** **Richard Gress**  
**USING MICROSOFT OFFICE**  
**Room 251** **7:30-9:30**

**FEE \$67 - \$77 Non-Resident**

**LIMITED- NO SENIOR CITIZEN DISCOUNT.** The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

**BASIC BALLROOM WORKSHOP** **Edward Enyart**  
**Woodhull Cafeteria** **7:00-9:00**

**LIMITED. NO SENIOR CITIZEN DISCOUNT.** This course includes basic patterns in Fox Trot, Waltz, Tango and Swing & Hustle. These basic ballroom dances are easy to learn and fun to dance. They continue to be popular and a favorite at weddings. Students are requested to wear leather-soled shoes. **Couples only!**

**GOLF/BEGINNERS** **Robert Mallon**  
**Finley M.S. Gym** **7:00-8:30**

**LIMITED. NO SENIOR CITIZEN DISCOUNT.** Learn about the sport of golf from tee to green. Lectures, practice and club selection. Equipment needed: ½ dozen whiffle golf balls, 7 iron, astroturf mat or carpet, sneakers and memo pad.

**HATHA YOGA** **Carmela Stone Klein**  
**Jefferson Elem.Gym** **7:30-9:00**  
**8 SESSIONS**

**NO SENIOR CITIZEN DISCOUNT.** Hatha Yoga energizes the body by releasing fatigue and stress of daily living. Through a variety of basic poses and breathing techniques, Hatha Yoga creates a balance of body, mind and spirit. It also strengthens, increases flexibility, agility, balance and poise. Please wear comfortable clothing. Bring two blankets. Equipment will be discussed at first class. **General level—all students welcome.**

**INTERMEDIATE SPANISH** **Jessica Medina**  
**Room 127** **7:00-9:00**

A continuation of the beginners' Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

**PAINTING** **Ellen Winter**  
**Room 106** **7:00-9:00**

**LIMITED. NO SENIOR CITIZEN DISCOUNT.** Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class.

**ZUMBA** **Edna Parker**  
**Location – TBD** **7:00-8:00**

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements. Zumba integrates some of the basic principles of aerobic, interval, and resistance training to maximize caloric-output, cardiovascular benefits, and total body toning. Dancers and non-dancers can easily master a Zumba class because you do not have to know how to dance to succeed at Zumba. Students should bring a water bottle and a towel.

**PREPARATION FOR CITIZENSHIP**

Room 124

TBA

7:00-9:00

This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen.

**Materials fee for workbook \$17.**

**RETIREMENT PLANNING TODAY**

Bud Levy, CFP, CPA

Room 110

7:00-9:30

3 Sessions: 3/4, 3/11, 3/18

FEE:\$20 per person, \$30 per Couple

This exciting workshop will prepare you for a financially secure retirement. Learn how to pinpoint your needs and determine if you can retire early. You will discover three little-known techniques for maximizing retirement income, obtaining the highest payout from Social Security and your 401k/403b retirement plans, and ensuring that you never outlive your money. By attending this workshop, you will learn how to reduce your taxes, manage investment risks, protect your life savings from potential costs of long-term health care and preserve your estate. Above all, this course shows you how to develop a personalized plan to achieve your retirement goals. There is a workbook material fee of \$20 per person or couple, payable to the instructor, at the first class.

**THE HEALING TAO**

Room 113

Dr. Michael Posner

7:00-8:30

3 Sessions: 3/11, 3/18, 3/25

FEE: \$25 - \$30 Non-Residents

Come learn how to heal yourself utilizing ancient Chinese health secrets that will create health & longevity, working from the inside out. Utilizing Yoga stretches, Chi Kung, meditation and other simple energy practices, you will learn how to heal in Mind, Body and Spirit. No previous experience is necessary; your healing process can begin immediately. Please wear loose comfortable clothing and sneakers.

**THE SECRET TO CREATING OPTIMAL HEALTH**

Room 113

Dr. Michael Posner

2 Sessions: 4/8, 4/15

7:00-8:30

FEE: \$20 - \$25 Non-Residents

Why do we get sick? What can we do to promote optimum healing and even reverse any disease process? Many people believe that by alkalizing our bodies we can heal any disease. All disease, including cancer, heart disease, diabetes and arthritis etc., occur when the body is too acidic or has too much oxidative stress. Dr. Posner will present to you the acid/alkaline theory on health and will then go one step further showing you how to reduce oxidative stress on the body utilizing diet, water, supplements and herbs. This could be the most important information that you will ever hear about health! If you are serious about your health, do not miss this enlightening presentation!

**SPRING COURSES 2010**

Basic Ballroom Workshop .....	Thurs.
Basketball For Men .....	Wed.
Beginner's Italian .....	Wed.
Bridge .....	Mon.
Crocheting .....	Tues.
Golf/Beginners.....	Thurs.
Hatha Yoga .....	Thurs.
Healing Tao .....	Thurs.
Intermediate Italian .....	Wed.
Intermediate Spanish .....	Thurs.
Internet A to Z .....	Mon.
Intro to Computer Keyboarding .....	Wed.
Introduction to Computers-.....	Thurs.
Using Microsoft Office	
Microsoft Office Advanced .....	Tues.
Painting.....	Thurs.
Pilates.....	Tues.
Preparation for Citizenship .....	Thurs.
Reducing Stress through Self-Empowerment .....	Tues.
Retirement Planning Today .....	Thurs.
Secret to Creating Optimal Health .....	Thurs.
Secrets of the Tarot: Part One .....	Wed.
Secrets of the Tarot: Part Two .....	Wed.
Simplyicious.....	Mon.
Simplyicious Vegetarian .....	Wed.
Soccer for Men (Indoor) .....	Mon.
Soccer for Women (Indoor).....	Tues.
Spanish for Beginners .....	Mon.
Tai Chi Chi Kung .....	Wed.
Zumba .....	Thurs.

**SEMINARS/FOOD FOR THOUGHT**

- Auto Insurance Reduction Program
- **NEW!** Roth IRA's – New Opportunities for Tax-Free Income
- Friends & Families CPR and First Aid for Children
- Getting Paid To Talk, Making Money With Your Voice
- **NEW!** How To Hire and Fire a Lawyer
- **NEW!** Divorce Basics
- **NEW!** Give Yourself A Financial Checkup
- **NEW!** Divorce Financial Planning

# SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

**FRIENDS and FAMILIES  
CPR and FIRST AID FOR CHILDREN**  
Thurs. 3/4  
FEE: \$45 - \$50 Non-Resident

**Olena Kropp**  
6:30-10:00  
Room 114

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. Maximum number of students is 12.

**GETTING PAID TO TALK, MAKING MONEY WITH  
YOUR VOICE AN INTRODUCTION TO PROFESSIONAL  
VOICE OVERS**  
Tues. 3/9

**Jenny Marcotte**  
6:30-9:00  
Room 110

**FEE: \$30 - \$35 Non-Residents**  
Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here <http://www.voicecoaches.com/gptt>

**ROTH IRA's - New Opportunities for  
Tax-Free Retirement Income**  
Tue. 3/9  
FEE: \$20 - \$25 Non-Residents

**Bud Levy**  
7:00-9:00  
Room 110

You've spent years accumulating money for retirement in tax-deferred accounts such as 401k savings plans, 403b tax-sheltered annuities, and traditional IRA accounts. But you may have forgotten that the government has a permanent tax lien on those accounts and plans to collect when you withdraw your money in retirement. Fortunately, there's a tax-free investment vehicle that may give you greater flexibility and control: the Roth IRA. In this course, we will address when a conversion makes sense and when it doesn't, rules for converting, how and when to undo a conversion, conversion pitfalls to avoid, and the hidden value of a Roth in legacy planning. Not only will you get the latest facts and figures, but you will also learn how to use creative strategies to make the most of your retirement income.

**DIVORCE BASICS**  
Thurs. 3/18  
FEE: \$20 - \$25 Non-Residents

**Robert Previto**  
7:00-9:00  
Room 123

Considering divorce? Concerned about how it works? Worried about jumping into it blind? Robert Previto, Esq., a New York matrimonial attorney in his sixteenth year of practice outlines the legal basics of this life-altering decision. Topics include grounds for divorce, legal fees, custody and visitation, equitable distribution and the judicial process. What should you look for -- and avoid -- in choosing a divorce attorney? What can you expect when commencing a divorce action? This course offers you all the basics that you need to know to make an informed decision -- at a fraction of the cost of a preliminary consultation.

**AUTO INSURANCE REDUCTION PROGRAMS TBA  
NATIONAL TRAFFIC SAFETY INSTITUTE 7:00-10:00**  
Tues. 3/23 & Thurs. 3/25

**FEE: \$35 - \$40 Non-Resident Room 113**  
Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

**HOW TO HIRE AND FIRE A LAWYER Carl Lanzisera  
Wed. 3/24 7:00-9:00**

**Fee: \$20 - \$25 Non-Residents Room 110**  
This seminar will focus on the criteria to look for when you are trying to hire a lawyer and perhaps more importantly, how and when to fire a lawyer. A question and answer period will follow the presentation.

**GIVE YOURSELF A FINANCIAL CHECKUP Michael Donnelly  
Wed. 4/7 7:30-9:00**

**FEE: \$20 - 25 Non-Resident Room 110**  
Once you understand how you can determine the state of your financial health, you should find it easier to get in shape and then stay on track toward your goals, whether they include early retirement, career changes or starting a business.

**Divorce Financial Planning- Michael Donnelly  
Tues. 4/13 7:30-9:00**

**FEE: \$20 - 25 Non-Resident Room 110**  
This seminar will help you take control of your finances by creating a complete picture of your assets, educating you on relevant issues and developing a strategy to achieve your financial goals and advise you on the short and long term financial aspects of your divorce. Short term issues center on liquidity - valuing and converting your assets to cash. These include stocks, bonds, retirement funds and other investments such as your marital home. Retirement planning and increasing the value of your assets are the two major long term financial issues.

## EXPANDED HORIZONS

## WESTERN SUFFOLK BOCES

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY  
SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.  
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS.

Students will work at their own level and their own pace with individualized instruction.

**Adult Basic Education (G.E.D.) Tues. & Thurs.  
Huntington High School, Room 206 6:30-9:00  
NO FEE**

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam(G.E.D.).

**E.S.L.(English as a Second Language) Tues. & Thurs.  
I-Beginner 6:30-9:00  
Huntington High School, Room 204 NO FEE  
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.**

**E.S.L.(English as a Second Language) Tues. & Thurs.  
II-Intermediate/III-Advanced 6:30-9:00  
Huntington High School, Room 205 NO FEE  
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.**