

Lunch Menu

Huntington Jack Abrams STEM

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday

Wednesday

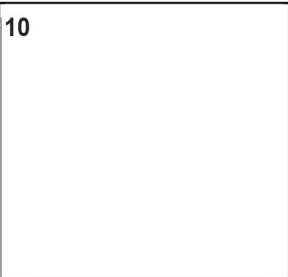
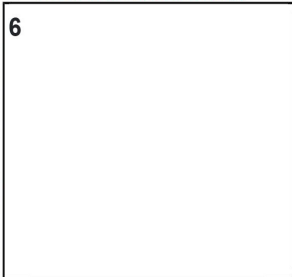
Thursday

Friday

EMPLOYMENT OPPORTUNITIES AVAILABLE IN SCHOOL KITCHENS. EARN WHILE YOUR CHILD LEARNS. CALL (631) 673-2107 FOR INFORMATION




1 Crispy Popcorn Chicken With Yellow Rice Or Hummus and Pretzel 
 
Sautéed Zucchini Celery Sticks Apple Slices

2 

13 Mozzarella Sticks 
Marinara Sauce Dip Or Crispy Popcorn Chicken French Bread Glazed Carrots Spinach Salad Organic Applesauce
 



14 French Toast 
Or Apple Not A Nut Butter Wrap  
Crispy Potato Puffs Cucumber Coins Blueberries Syrup
 (French Toast Sticks)

15 Meatball Sandwich *warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house* Or Hummus and Pretzel 
 
Roasted Broccoli Fresh Baby Carrots Apple Slices (Beef Meatballs)

16 Crispy Popcorn Chicken With Yellow Rice Or Fruity Granola Parfait 
 
Buttered Corn Chili Roasted Garbanzo Beans Fresh Orange



17 Spicy Chicken Sandwich Or Honey Mustard Chicken Wrap 
Sweet Potato Fries Celery Sticks Fresh Pear

20 Grilled Cheese Sandwich Meltdown Café 
Or Crispy Popcorn Chicken With French Bread Crispy Potato Puffs Cinnamon & Honey Roasted Beans Fresh Banana
 

21 Macaroni and Cheese *creamy dish consisting of macaroni pasta mixed with cheese* With French Bread Or Apple Not A Nut Butter Wrap  
Steamed Carrots Celery Sticks Fresh Pear

22 Mozzarella Stick & Chicken Nugget Combo Meal Or Hummus and Pretzel 
 
Steamed Broccoli Chilled Red Pepper Strips Apple Slices




23 Famous Chili Cheese Fries Or Very Berry Smoothie 
 
Pretzel Light Mozzarella Cheese Stick Spinach Salad Fresh Baby Carrots Fresh Orange (Seasoned Turkey Meat & Bean Chili)


24 Chicken & Cheese Bowl *popcorn chicken layered with mashed potatoes and corn, covered in cheese* 
With Dinner Rolls Or Honey Mustard Chicken Wrap 
Sweet Corn Cucumber Coins Strawberry Cup

27 Cheesy Stuffed Bread Sticks 
With Marinara Sauce Dip Or Crispy Popcorn Chicken French Bread Roasted Broccoli Green Pepper Slices Fresh Banana


28 Turkey Hot Dog on Bun Or Apple Not A Nut Butter Wrap  
Crispy Potato Puffs Baked Beans Apple Slices Sugar Cookie


29 Dutch Waffles *warm dutch waffles* With Sausage Patty Or Pretzel with Cheese Sauce   
Sweet Potato Fries Fresh Baby Carrots Fresh Pear Syrup
NATIONAL PRETZEL DAY (Chicken Sausage)


30 Baked Chicken Tenders With Cheez-Its Or Fruity Granola Parfait 
 
Glazed Carrots Cucumber Coins Fresh Orange

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

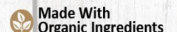
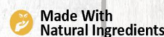
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Free Lunch for all students

SMART SNACKS AVAILABLE FOR PURCHASE

ADULT LUNCH \$5.20 PLUS TAX



Available Daily

Pepperoni (P) Pizza Pack, Chicken Caesar Salad w/dinner rolls, Bagel w/ 2 String Cheese, Yogurt w/cheese sandwich, Sunbutter & Jelly Sandwiches
Cheese and Pepperoni (P) Pizza
MILK- WHOLE, 1% WHITE, FF CHOCOLATE, 100% JUICE
Items with a P contain pork. We serve Whole Grain Rich Products
ALL MEALS SERVED WITH DAILY FRESH FRUITS (PEARS, APPLES, ORANGES)
FRESH VEGETABLES STICKS
CONDIMENTS AND L.F.DRESSING

Lunch Menu

Huntington Woodhull Intermediate

April 2026

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1 Crispy Popcorn Chicken With Yellow Rice Or Hummus and Pretzel 

Sautéed Zucchini
Celery Sticks
Apple Slices

2 






6

7 

10

13 Mozzarella Sticks 
Marinara Sauce Dip
Or Crispy Popcorn Chicken
French Bread
Glazed Carrots
Spinach Salad
Organic Applesauce


14 French Toast 
Or Apple Not A Nut Butter Wrap 
Crispy Potato Puffs
Cucumber Coins
Blueberries
Syrup
 (French Toast Sticks)



15 Meatball Sandwich *warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house*
Or Hummus and Pretzel 

Roasted Broccoli
Fresh Baby Carrots
Apple Slices
(Beef Meatballs)

16 Crispy Popcorn Chicken With Yellow Rice
Or Fruity Granola Parfait 

Buttered Corn
Chili Roasted Garbanzo Beans
Fresh Orange

17 Spicy Chicken Sandwich Or Honey Mustard Chicken Wrap 
Sweet Potato Fries
Celery Sticks
Fresh Pear

20 Grilled Cheese Sandwich Meltdown Café 
Or Crispy Popcorn Chicken With French Bread
Crispy Potato Puffs
Cinnamon & Honey
Roasted Beans
Fresh Banana




21 Macaroni and Cheese *creamy dish consisting of macaroni pasta mixed with cheese*
With French Bread
Or Apple Not A Nut Butter Wrap 
Steamed Carrots
Celery Sticks
Fresh Pear

22 Mozzarella Stick & Chicken Nugget Combo Meal
Or Hummus and Pretzel 

Steamed Broccoli
Chilled Red Pepper Strips
Apple Slices

23 Famous Chili Cheese Fries 
Or Very Berry Smoothie 




Pretzel
Light Mozzarella Cheese Stick
Spinach Salad 
Fresh Baby Carrots
Fresh Orange
(Seasoned Turkey Meat & Bean Chili)

24 Chicken & Cheese Bowl *popcorn chicken layered with mashed potatoes and corn, covered in cheese* 
With Dinner Rolls
Or Honey Mustard Chicken Wrap 
Sweet Corn
Cucumber Coins
Strawberry Cup

27 Cheesy Stuffed Bread Sticks 
With Marinara Sauce Dip
Or Crispy Popcorn Chicken
French Bread
Roasted Broccoli
Green Pepper Slices
Fresh Banana


28 Turkey Hot Dog on Bun Or Apple Not A Nut Butter Wrap 
Crispy Potato Puffs 
Baked Beans
Apple Slices
Sugar Cookie


29 Dutch Waffles *warm dutch waffles*
With Sausage Patty Or Pretzel with Cheese Sauce 
Sweet Potato Fries
Fresh Baby Carrots
Fresh Pear
Syrup
NATIONAL PRETZEL DAY (Chicken Sausage)

30 Baked Chicken Tenders With Cheez-Its Or Fruity Granola Parfait 

Glazed Carrots
Cucumber Coins
Fresh Orange

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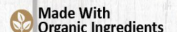
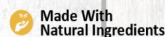
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- ALL MEALS SERVED WITH DAILY FRESH FRUITS (PEARS, APPLES, ORANGES)
- FRESH VEGETABLES STICKS
- CONDIMENTS AND L.F.DRESSING

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients