Lunch Menu

Huntington Jack Abrams (6)

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese Sandwich Meltdown Café Grilled Chicken Panini Mixed Vegetables Broccoli Salad Strawberries Apple Slices MEATLESS MONDAY	**3** SCHOOL CLOSED TODAY	**4** Nachos Grande Nachos with Cheese Yellow Seasoned Rice Fiesta Corn Sauteed Corn & Black Bean Salsa Fresh Orange Turkey Taco Meat	**5** Crispy Popcorn Chicken Whole Wheat Dinner Roll Garlic Green Beans Fresh Cucumber Salad Fresh Banana Fresh NY Local Apple	**6** NY Beef Burger with Bacon & Cheese Beef Burgers Cheeseburger NY Beef Burger Oven Baked Fries Sauteed Cinnamon Apple Slices Turkey Bacon
9 Cheese Quesadilla Chicken & Cheese Quesadilla Sweet Potato Fries Black Beans Fresh Orange Fresh Pear MEATLESS MONDAY TRY THIS TODAY!	**10** French Toast Egg and Cheese Sandwich Steamed Peas Fresh Baby Carrots Fresh Banana Apple Slices Syrup BRUNCH FOR LUNCH TODAY!	**11** 	**12** HALF DAY BAGGED LUNCH Bagel with String cheese Meal Carrot Sticks Apple Slices	**13** Chicken and Waffles Sauteed Spinach Sweet Corn Fresh NY Local Apple Fresh Orange Syrup
16 Mozzarella Stick and Cheese Stick Combo Marinara Sauce Dip Roasted Butternut Squash Crispy Potato Puffs Fresh Banana MEATLESS MONDAY	**17** Homemade Chicken & Broccoli Alfredo Lemon Marinated Carrots Sauteed Zucchini Fresh NY Local Apple NEW	**18** Cheeseburger NY Beef Burger Oven Baked Fries Baked Beans Spinach Salad Apple Slices Fresh Pear Beef Burgers	**19** General Tso's Chicken Vegetable Fried Rice Garlic Ginger Corn Garlic Ginger Broccoli Fresh Green Grapes Fresh NY Local Apple Student Faves	**20** Homemade French Toast Sausage Patty Oven Baked Fries Zucchini Stuffed Strawberries LUCKY TRAY BRUNCH FOR LUNCH TODAY!
23 Pizza Bagel Cheesy Stuffed Bread Sticks Marinara Sauce Dip Green Beans Celery & Carrot Sticks w/ Low Fat Dressing Fresh Banana MEATLESS MONDAY	**24** Chicken Tenders Mashed Potatoes Roasted Vegetables Whole Grain Biscuit Fresh Orange Fresh Pear Holiday Meal Feast	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Homemade Mac & Cheese Roasted Kale Mixed Vegetables Apple Slices Fresh Orange HARVEST MEATLESS MONDAY Kale Chips				SMART SNACKS SERVED DAILY FOR PURCHASE

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

FREE LUNCH FOR ALL STUDENTS

Served Daily Choice of Milk: FF Chocolate, 1%, Fat Free or Whole Milk
Apples, Oranges & Pears
Carrot & Celery Sticks We served whole grain rich products

Available Daily

Chicken Caesar Salad, Garden Salad with Cheese, Bagel Lunch, Yogurt Lunch, Cheese sandwich, Sunbutter & Jelly Sandwich

Cheese Pizza & Pepperoni Pizza

Chicken Patty Sandwich

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

Lunch Menu

Woodhull Intermediate (6)

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