

Lunch Menu

Huntington Finley Middle School

January
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Mozzarella Stick and Cheese Stick Combo
Marinara Sauce Dip
Or Veggabob BBQ Chickpea Rice Bowl
Cajun Roasted Broccoli Celery Sticks
Fresh Banana



6 Popcorn Chicken
Brown Rice
Glazed Carrots
Side Garden Salad
Fresh Orange

7 Steamed Dumplings stuffed dumplings perfect for dipping in your favorite seasoned sauce
With Vegetable Fried Rice Or Vegetarian Hummus Wrap
Garlic Ginger Broccoli
Fresh Baby Carrots
Fresh Grapes (Chicken Dumpling)

1 Available Daily:
fresh veggie sticks, salad, fruits and 100% juice.

2 HARVEST of the month potatoes



12 Toasty Garlic Mozzarella Sandwich with Tomato
Or Veggabob Taco Bean Tortilla Bowl
Spicy Honey Carrots
Celery Sticks
Fresh Banana



13 Chicken Gyro gyro chicken meat served with lettuce and tomatoes topped with yogurt sauce
With Pita Bread
Sweet Potato Fries
Fresh Cucumber Salad
Fresh Pear



14 Homemade Waffles
Egg Patty
Sausage Patty
Or Vegetarian Hummus Wrap
Roasted Potatoes
Fresh Baby Carrots
Fresh NY Local Apple

(Chicken Sausage)

15 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Oven Baked Fries
Homemade Deli Style Coleslaw
Blueberries



16 Baked Potato Bar a fluffy baked potato layered with toppings of your choice
With Dinner Rolls
Cajun Roasted Broccoli
Chili Roasted Garbanzo Beans
Fresh Orange



(Turkey & Bean Chili)



19

20 Homemade Pasta & Meatballs
freshly baked meatballs with tomato sauce over pasta
Caesar Salad
Fresh Baby Carrots
Fresh NY Local Apple
Sugar Cookie



(Beef Meatballs)

21 Chicken & Cheese Bowl popcorn chicken layered with mashed potatoes and corn, covered in cheese
With Dinner Rolls
Or Vegetarian Hummus Wrap
Roasted Butternut Squash with Brown Sugar & Honey
Celery Sticks
Fresh Pear

22 Homemade Mac & Cheese pasta in cheese sauce, garnished with parsley
Or Buffalo Chicken Mac & Cheese
pasta in cheese sauce, topped with buffalo style chicken
Roasted Broccoli
Sriracha Garbanzo Beans
Fresh NY Local Apple

23 Honeyfire Kitchen Chicken Sandwich
freshly prepared chicken drizzled with honey fire sauce
Oven Baked Fries
Fresh Baby Carrots
Fresh Orange



26 Two Cheese Quesadilla
Or Buffalo Chicken and Cheese Quesadilla
Or Spicy Buffalo Chickpea Wrap
Fiesta Corn
Celery Sticks
Fresh Banana



27 Popcorn Chicken
Brown Rice
Spicy Honey Carrots
Mixed Kale Side Salad
Strawberry Cup

28 Pacific Rim Chicken baked chicken in a sweet and sour sauce
Hawaiian Style Rice
Or Vegetarian Hummus Wrap
Sauteed Zucchini
Fresh Baby Carrots
Fresh Pear



29 Chicken Parmesan Over Pasta
oven baked chicken topped with sauce and melted cheese, all over pasta
Roasted Broccoli
Chili Roasted Garbanzo Beans
Fresh Orange

30 Tot Spot's Loaded Tater Tots
crispy tater tots topped with creamy cheese sauce and bacon with a sour cream and scallion garnish
With Dinner Rolls
Green Beans
Grape Tomatoes
Fresh NY Local Apple



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Lunch for all students

Adult \$5.09 Plus Tax

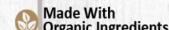
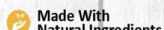
All Meals served with Choice of: 1%

White or Fat Free flavored Milk,

Fruit Choice W.G. Bread, Protein

&Vegetable Choices,

Condiments and L.F. Dressings



Daily Lunch Offerings -Real Meals. Pre-made Sandwiches-Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings on W.G. Breads, Sunbutter & Jelly Sandwich. : Yogurt Parfaits- made with Yogurt, Fruit & Granola. Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls or Pretzel Assorted Salads served with Protein and 2 W.G. Dinner roll , Vegga Bowls

Ruby's Grill Choices: Grilled Cheese, Chicken Patty or burger on W.W. Bun
Coyote Grill: Nachos, Tacos- Turkey

Pizza:, Cheese, Pepperoni (beef & pork) , Daily Special