

# Lunch Menu

## Huntington Finley Middle School

January  
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5	Mozzarella Stick and Cheese Stick Combo Marinara Sauce Dip Or Veggabol BBQ Chickpea Rice Bowl Cajun Roasted Broccoli Celery Sticks Fresh Banana
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12	Toasty Garlic Mozzarella Sandwich with Tomato Or Veggabol Taco Bean Tortilla Bowl Spicy Honey Carrots Celery Sticks Fresh Banana
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19	
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26	Two Cheese Quesadilla Or Buffalo Chicken and Cheese Quesadilla Or Spicy Buffalo Chickpea Wrap Fiesta Corn Celery Sticks Fresh Banana
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6	Popcorn Chicken Brown Rice Glazed Carrots Side Garden Salad Fresh Orange
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13	Chicken Gyro gyro chicken meat served with lettuce and tomatoes topped with yogurt sauce With Pita Bread Sweet Potato Fries Fresh Cucumber Salad Fresh Pear
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20	Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta Caesar Salad Fresh Baby Carrots Fresh NY Local Apple Sugar Cookie (Beef Meatballs)
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27	Popcorn Chicken Brown Rice Spicy Honey Carrots Mixed Kale Side Salad Strawberry Cup
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7	Steamed Dumplings stuffed dumplings perfect for dipping in your favorite seasoned sauce With Vegetable Fried Rice Or Vegetarian Hummus Wrap Garlic Ginger Broccoli Fresh Baby Carrots Fresh Grapes (Chicken Dumpling)
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14	Homemade Waffles Egg Patty Sausage Patty Or Vegetarian Hummus Wrap Roasted Potatoes Fresh Baby Carrots Fresh NY Local Apple (Chicken Sausage)
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21	Chicken & Cheese Bowl popcorn chicken layered with mashed potatoes and corn, covered in cheese With Dinner Rolls Or Vegetarian Hummus Wrap Roasted Butternut Squash with Brown Sugar & Honey Celery Sticks Fresh Pear
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28	Pacific Rim Chicken baked chicken in a sweet and sour sauce Hawaiian Style Rice Or Vegetarian Hummus Wrap Sautéed Zucchini Fresh Baby Carrots Fresh Pear
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1	<b>Available Daily:</b> fresh veggie sticks, salad, fruits and 100% juice.
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8	Burger Bar choice of burger with a variety of toppings served on a whole wheat bun Oven Baked Fries Homemade Deli Style Coleslaw Fresh NY Local Apple (Beef Burger)
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15	Yard Bird Classic Chicken Sandwich a delicious chicken filet on a hearty bun, served with special sauce and a pickle Oven Baked Fries Homemade Deli Style Coleslaw Blueberries
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22	Homemade Mac & Cheese pasta in cheese sauce, garnished with parsley Or Buffalo Chicken Mac & Cheese pasta in cheese sauce, topped with buffalo style chicken Roasted Broccoli Sriracha Garbanzo Beans Fresh NY Local Apple
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29	Chicken Parmesan Over Pasta oven baked chicken topped with sauce and melted cheese, all over pasta Roasted Broccoli Chili Roasted Garbanzo Beans Fresh Orange
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2	<b>HARVEST</b> of the month potatoes
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9	Pulled Chicken Barbacoa seasoned barbacoa chicken Yellow Seasoned Rice Seasoned Black Beans Cucumber Coins Fresh Pear
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16	Baked Potato Bar a fluffy baked potato layered with toppings of your choice With Dinner Rolls Cajun Roasted Broccoli Chili Roasted Garbanzo Beans Fresh Orange (Turkey & Bean Chili)
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23	Honeyfire Kitchen Chicken Sandwich freshly prepared chicken drizzled with honey fire sauce Oven Baked Fries Fresh Baby Carrots Fresh Orange
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30	Tot Spot's Loaded Tater Tots crispy tater tots topped with creamy cheese sauce and bacon with a sour cream and scallion garnish With Dinner Roll Green Beans Grape Tomatoes Fresh NY Local Apple
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View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### Free Lunch for all students

Adult \$5.09 Plus Tax

All Meals served with Choice of: 1%

White or Fat Free flavored Milk,

Fruit Choice W.G. Bread, Protein

& Vegetable Choices,

Condiments and L.F. Dressings

Vegetarian

Made With Natural Ingredients

P Pork

Smart Choice

Made With Organic Ingredients



**Daily Lunch Offerings - Real Meals**, Pre-made Sandwiches-Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings on W.G. Breads, Sunbutter & Jelly Sandwich. : Yogurt Parfaits- made with Yogurt, Fruit & Granola. Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls, or Pretzel Assorted Salads served with Protein and 2 W.G. Dinner roll, Vegga Bowls

Ruby's Grill Choices: Grilled Cheese, Chicken Patty or burger on W.W. Bun

Coyote Grill: Nachos, Tacos- Turkey

Pizza: Cheese, Pepperoni (beef & pork), Daily Special

W.W.

Smart Choice

Made With Organic Ingredients

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