

Breakfast Menu

Huntington Jack Abrams STEM

October 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Fluffy Whole Grain Pancakes
warm whole grain pancakes Sliced Apples Syrup

2 **SCHOOL CLOSED TODAY**

3 Egg and Cheese Sandwich Fresh Pear

6 Fluffy Whole Grain Pancakes
warm whole grain pancakes Fresh Banana Syrup

7 WW Honey Bun Sliced Apples

8 WW Bagel Strawberry Cup

9 Chocolate Chip Muffin Fresh Orange

10 Egg and Cheese Sandwich Plums

13 **SCHOOL CLOSED TODAY**

14 WW Honey Bun Sliced Apples

15 Fluffy Whole Grain Pancakes
warm whole grain pancakes Fresh Pear Syrup

16 WG Double Chocolate Chip Muffin Fresh Orange

17 Egg and Cheese Sandwich Fresh Peach

20 Fluffy Whole Grain Pancakes
warm whole grain pancakes Fresh Banana Syrup

21 WW Honey Bun Fresh Peach

22 WW Bagel Fresh Pear

23 Chocolate Chip Muffin Blueberries

24 Egg and Cheese Sandwich Sliced Apples

27 Fluffy Whole Grain Waffles
warm whole grain waffles Syrup Fresh Banana

28 WW Honey Bun Fresh Pear

29 Fluffy Whole Grain Pancakes
warm whole grain pancakes Applesauce Syrup

30 WG Double Chocolate Chip Muffin Fresh Orange

31 Egg and Cheese Sandwich Sliced Apples

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

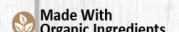
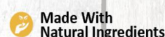


Free Breakfast for all students

Adult breakfast \$3.49 plus tax

Available Daily:

All Meals served with Choice of: Apple, Orange, Pear, W.G. Bread, Protein
1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Grahm Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Woodhull Intermediate

October 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Sliced Apples
Syrup

2 **SCHOOL CLOSED TODAY**

3 Egg and Cheese Sandwich
Fresh Pear

6 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Banana
Syrup

7 WW Honey Bun
Sliced Apples

8 WW Bagel
Strawberry Cup

9 Chocolate Chip Muffin
Fresh Orange

10 Egg and Cheese Sandwich
Plums

13 **SCHOOL CLOSED TODAY**

14 WW Honey Bun
Sliced Apples

15 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Pear
Syrup

16 WG Double Chocolate Chip Muffin
Fresh Orange

17 Egg and Cheese Sandwich
Fresh Peach

20 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Banana
Syrup

21 WW Honey Bun
Fresh Peach

22 WW Bagel
Fresh Pear

23 Chocolate Chip Muffin
Blueberries

24 Egg and Cheese Sandwich
Sliced Apples

27 Fluffy Whole Grain Waffles
warm whole grain waffles
Syrup
Fresh Banana

28 WW Honey Bun
Fresh Pear

29 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Applesauce
Syrup

30 WG Double Chocolate Chip Muffin
Fresh Orange

31 Egg and Cheese Sandwich
Sliced Apples



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