## Lunch Menu

## **Huntington Finley Middle School**

## WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Available Daily:

salad, fruits and

fresh veggies,

apple juice.

**Thursday** 

Friday

Famous Chili Cheese Fries

Apple Sauce

With Dinner Rolls Or Sweet Potato Burrito savory blend of flavored black beans, sweet potatoes and rice wrapped in a soft tortilla 🕜

(Beef & Bean Chili)

ce 🚷 Steamed Carrots **Grape Tomatoes** . Fresh Pear

Cheesy Stuffed Bread Sticks 🕜 Marinara Sauce Steamed Carrots Cucumber Coins Fresh Banana

Popcorn Chicken 5 Brown Rice Sweet Corn Celery Fresh Apple

Meatloaf with Gravy 🤗 Dinner Rolls Steamed Broccoli Spiced Sweet Potatoes Fresh Orange

Smokehouse Pulled Pork Sandwich (P) Seasoned Black Beans Homemade Deli Style Coleslaw Fresh Pear

Tot Spot's Loaded Tater Tots (

Or Veggabol BBQ Chickpea Rice Bowl 🕜 🤌 With Dinner Rolls

Steamed Carrots Black Beans Fresh Apple

(Cheese Sauce)

Toasty Garlic Mozzarella Sandwich with Tomato

> Roasted Butternut Squash Celery Sticks Applesauce Fresh Banana

12 Pasta with Meat Sauce Steamed Broccoli **Grape Tomatoes** Fresh Apple David's Chocolate Chip Cookie

> IT'S STUDENT APPRECIATION DAY

(Beef Meat Sauce)

Southern Slaw Dog 13 hot dog on bun with spicy slaw and mustard Or Chicago Style Hot Dog

(Beef Meatloaf)

skinless hot dog on a bun, topped with mustard, pickle chips, onions, tomatoes and jalapeño peppers 形 Baked Beans

Fresh Baby Carrots Fresh Orange (Turkey Hot Dog)

Chicken Gyro Pita Bread Sweet Corn **Cucumber Coins** Fresh Pear

Nashville Hot Kickin Chicken Sandwich Or Veggabol Fiesta Rice and Beans Bowl 🔗 🤔 🚷 Crispy Potato Puffs

Celery Sticks

Fresh Apple

Mozzarella Stick and 18 Cheese Stick Combo Marinara Sauce Steamed Carrots Cucumber Coins Fresh Orange

Baked Potato Bar Dinner Rolls Steamed Broccoli Homemade Deli Style Coleslaw Fresh Pear

(Cheese Sauce/Beef Chili)

20 Fluffy Whole Grain Waffles

Egg Patty Turkey Sausage Patty Roasted Potatoes Chili Roasted Garbanzo Beans Fresh Green Grapes

Pasta with Chicken & Sautéed Broccoli Sauteed Kale **Grape Tomatoes** Fresh Apple

Spicy Chicken Sandwich 22 Or Spicy Buffalo Chickpea Wrap 🕜 🤔 🥎 Steamed Zucchini Celery Sticks Fresh Pear

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HARVEST

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29 HITSONS is proud to partner with THE HUMANE SOCIETY
OF THE UNITED STATES bringing you more plant-based menu options! Check out... **VEGGAB**ōL

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

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\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have

certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law

Free Lunch for all students

Adult \$5.09 Plus Tax

All Meals served with Choice of: 1% White or Fat Free flavored Milk.

Fruit Choice W.G. Bread, Protein

&Vegetable Choices.

Daily Lunch Offerings -Frait Express Pre-made Sandwiches-Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings on W.G. Breads.: Yogurt Parfaits- made with Yogurt, Fruit & Granola. Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls or Pretzel

Salads served with 2 W.G. Dinner roll Ruby's Grill Choices: Grilled Cheese, Chicken Patty or burger on W.W. Bun

Covote Grill: Nachos

Pizza:, Cheese, Pepperoni (beef & pork), Daily Special

orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.