#### **Huntington Jack Abrams STEM**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday **Tuesday** Wednesday **Thursday** Friday Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 🕜 Fresh Apple Fluffy Whole Grain Whole Grain French 6 WW Honey Bun 🚱 Chocolate Chip Egg and Cheese 8 Muffin 🚱 **Pancakes** Toast Slices Fresh Pear Sandwich warm whole grain whole grain slices of French Fresh Orange warm breakfast sandwich pancakes 🕜 toast baked to perfection 🕜 prepared in-house and Fresh Banana Fresh Apple topped with fluffy eggs and Syrup Syrup melted cheese 🕜 Fresh Apple Fluffy Whole Grain 13 Fluffy Whole Grain 14 WG Double Chocolate 15 WW Honey Bun 🕜 Egg and Cheese Chip Muffin 🚱 Waffles Fresh Apple **Pancakes** Sandwich warm whole grain waffles warm whole grain Fresh Orange warm breakfast sandwich pancakes 🕜 prepared in-house and Fresh Banana Fresh Pear topped with fluffy eggs and Syrup Syrup melted cheese 🐶 Fresh Apple Fluffy Whole Grain WW Honey Bun 🚱 20 Strawberry Pop Tart Chocolate Chip Egg and Cheese 22 With Animal Crackers **Pancakes** Fresh Pear Muffin 🕜 Sandwich warm whole grain **Applesauce** Fresh Orange warm breakfast sandwich pancakes 🕜 prepared in-house and Fresh Apple topped with fluffy eggs and Syrup melted cheese 🕜 Fresh Apple 25 26 27 28 29

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk

of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law

Free Breakfast for all students

Adult breakfast \$2.39 plus tax

Available Daily:

All Meals served with Choice of: Fruit Choice, W.G. Bread, Protein 1% milk, Fat Free millk apple juice, .

Assorted cereal w/string cheese All Breads, Rolls and Muffins are Whole Grain

#### **Huntington Woodhull Intermediate**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

| Tuesday  | Wednesday   | Thursday   | Friday   |
|--|---|--|--|
|  |   |  | 1 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Apple  |
| 5 Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Apple Syrup | 6 WW Honey Bun Ø Fresh Pear   | 7 Chocolate Chip<br>Muffin 69<br>Fresh Orange  | 8 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Apple  |
| 12 WW Honey Bun 🚱<br>Fresh Apple   | 13 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Pear Syrup   | 14 WG Double Chocolate<br>Chip Muffin &<br>Fresh Orange  | 15 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh Apple  |
| 19 WW Honey Bun 🚱<br>Fresh Pear  | 20 Strawberry Pop Tart<br>With Animal Crackers<br>Applesauce  | 21 Chocolate Chip<br>Muffin @<br>Fresh Orange  | 22 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Apple   |
| 26   | HOLIDAY<br>JOY  | 28   | 29   |
|  | 5 Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Apple Syrup  12 WW Honey Bun Fresh Apple Fresh Apple | 5 Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Apple Syrup  12 WW Honey Bun Fresh Apple Fresh Apple  13 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Pear Syrup  19 WW Honey Bun Fresh Pear Syrup  20 Strawberry Pop Tart With Animal Crackers Applesauce | 5 Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Apple Syrup   13 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Pear Syrup   14 WG Double Chocolate Chip Muffin Fresh Orange   15 Fresh Pear Syrup   16 Fresh Orange   17 Chocolate Chip Muffin Fresh Orange   18 Fresh Pear Syrup   19 WW Honey Bun Fresh Pear Syrup   20 Strawberry Pop Tart With Animal Crackers Applesauce   21 Chocolate Chip Muffin Fresh Orange   21 Fresh Orange   22 Chip Muffin Fresh Orange   23 Chip Muffin Fresh Orange   24 Chip Muffin Fresh Orange   25 Chip Muffin Fresh Orange   26 Chip Muffin Fresh Orange   27 Chocolate Chip Muffin Fresh Orange   28 Chip Muffin Fr |

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Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain

and U.S. Department of Agriculture (USDA)

Wegetarian

## **Huntington Primary**

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Free Breakfast for all students

Adult breakfast \$2.39 plus tax

Available Daily:

All Meals served with Choice of: Fruit Choice, W.G. Bread, Protein 1% milk, Fat Free millk apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain





### **Huntington Flower Hill**

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Assorted cereal w/string cheese

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### **Huntington Jefferson**

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Free Breakfast for all students

Adult breakfast \$2.39 plus tax

Available Daily:

All Meals served with Choice of: Fruit Choice, W.G. Bread, Protein 1% milk, Fat Free millk apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain





### **Huntington Washington**

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Monday **Tuesday** Wednesday **Thursday** Friday Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 🕜 Fresh Apple Fluffy Whole Grain Whole Grain French 6 WW Honey Bun 🚱 Chocolate Chip Egg and Cheese 8 Muffin 🚱 **Pancakes** Toast Slices Fresh Pear Sandwich whole grain slices of French warm whole grain Fresh Orange warm breakfast sandwich pancakes 🕜 toast baked to perfection 🐶 prepared in-house and Fresh Banana Fresh Apple topped with fluffy eggs and Syrup Syrup melted cheese 🕜 Fresh Apple Fluffy Whole Grain 13 Fluffy Whole Grain 14 WG Double Chocolate 15 WW Honey Bun 🕜 Egg and Cheese Chip Muffin 🚱 Waffles Fresh Apple **Pancakes** Sandwich warm whole grain Fresh Orange warm breakfast sandwich warm whole grain waffles pancakes 🕜 prepared in-house and Fresh Banana Fresh Pear topped with fluffy eggs and Syrup Syrup melted cheese 🐶 Fresh Apple Fluffy Whole Grain WW Honey Bun 🚱 20 Strawberry Pop Tart Chocolate Chip Egg and Cheese 22 With Animal Crackers **Pancakes** Fresh Pear Muffin 🕜 Sandwich warm whole grain **Applesauce** Fresh Orange warm breakfast sandwich pancakes 🕜 prepared in-house and Fresh Apple topped with fluffy eggs and Syrup melted cheese 🕜 Fresh Apple 25 26 27 28 29

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for all students Adult breakfast \$2.39 plus tax

Free Breakfast

#### Available Daily:

All Meals served with Choice of: Fruit Choice, W.G. Bread, Protein 1% milk, Fat Free millk apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain