

Breakfast Menu

Huntington Jack Abrams STEM

December 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday


Wednesday

Thursday

Friday

4 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection 
Fresh Apple Syrup

6 WW Honey Bun 
Fresh Pear

7 Chocolate Chip Muffin 
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles 
Fresh Banana Syrup


12 WW Honey Bun 
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin 
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Apple Syrup

19 WW Honey Bun 
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin 
Fresh Orange

22 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

25



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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Breakfast for all students

Adult breakfast \$2.39 plus tax

Available Daily:

All Meals served with Choice of: Fruit Choice ,W.G.

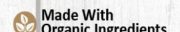
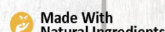
Bread, Protein

1% milk, Fat Free milk

apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Woodhull Intermediate

December 2023

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Monday

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Wednesday

Thursday

Friday

4 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection
Fresh Apple Syrup

6 WW Honey Bun
Fresh Pear

7 Chocolate Chip Muffin
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles
Fresh Banana Syrup

12 WW Honey Bun
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Apple Syrup

19 WW Honey Bun
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin
Fresh Orange

22 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese
Fresh Apple

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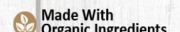
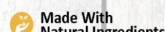
Bread, Protein

1% milk, Fat Free milk

apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Primary

December
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

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warm whole grain pancakes 
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection 
Fresh Apple Syrup

6 WW Honey Bun 
Fresh Pear

7 Chocolate Chip Muffin 
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles 
Fresh Banana Syrup

12 WW Honey Bun 
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin 
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Apple Syrup

19 WW Honey Bun 
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin 
Fresh Orange

22 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

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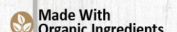
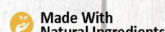
Bread, Protein

1% milk, Fat Free milk

apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Flower Hill

December
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
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Thursday

Friday

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warm whole grain pancakes 
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection 
Fresh Apple Syrup

6 WW Honey Bun 
Fresh Pear

7 Chocolate Chip Muffin 
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles 
Fresh Banana Syrup

12 WW Honey Bun 
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin 
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Apple Syrup

19 WW Honey Bun 
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin 
Fresh Orange

22 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

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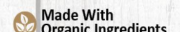
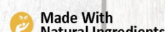
Bread, Protein

1% milk, Fat Free milk

apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Jefferson

December 2023

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WWW.WHITSONS.COM

Monday

Tuesday


Wednesday

Thursday

Friday

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warm whole grain pancakes 
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection 
Fresh Apple Syrup

6 WW Honey Bun 
Fresh Pear

7 Chocolate Chip Muffin 
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles 
Fresh Banana Syrup


12 WW Honey Bun 
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin 
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Apple Syrup

19 WW Honey Bun 
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin 
Fresh Orange

22 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

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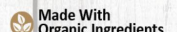
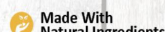
Bread, Protein

1% milk, Fat Free milk

apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain



Breakfast Menu

Huntington Washington

December 2023

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WWW.WHITSONS.COM

Monday

Tuesday


Wednesday

Thursday

Friday

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warm whole grain pancakes 
Fresh Banana Syrup

5 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection 
Fresh Apple Syrup

6 WW Honey Bun 
Fresh Pear

7 Chocolate Chip Muffin 
Fresh Orange

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

11 Fluffy Whole Grain Waffles
warm whole grain waffles 
Fresh Banana Syrup

12 WW Honey Bun 
Fresh Apple

13 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Pear Syrup

14 WG Double Chocolate Chip Muffin 
Fresh Orange

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese 
Fresh Apple

18 Fluffy Whole Grain Pancakes
warm whole grain pancakes 
Fresh Apple Syrup

19 WW Honey Bun 
Fresh Pear

20 Strawberry Pop Tart With Animal Crackers Applesauce

21 Chocolate Chip Muffin 
Fresh Orange

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apple juice, .

Assorted cereal w/string cheese

All Breads, Rolls and Muffins are Whole Grain

