



Welcome to our Breakfast Cafe

Huntington Jack Abrams STEM

October 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1 Egg and Cheese Sandwich Fresh Apple

4 Apple Cinnamon Muffin Plums

5 Whole Grain French Toast Slices Applesauce Syrup

6 Whole Wheat Donut Fresh Pear

7 WG Chocolate Chip Muffin Fresh Apple

8 Egg and Cheese Sandwich Fresh Orange

11 COLUMBUS DAY

12 Fluffy Whole Grain Waffles Fresh Peach Syrup

13 WW Bagel Fresh Apple Fresh Orange

14 WG Chocolate Chip Muffin Fresh Pear

15 Egg and Cheese Sandwich Fresh Apple

18 Apple Cinnamon Muffin Fresh Apple

19 Mini Maple Pancakes Plums Syrup

20 Whole Wheat Donut Fresh Orange

21 WG Chocolate Chip Muffin Fresh Pear

22 Egg and Cheese Sandwich Fresh Apple

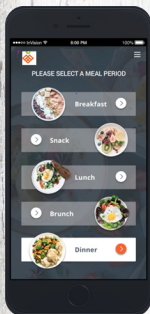
25 Apple Cinnamon Muffin Applesauce

26 Chicken Sausage Pancake Bites Fresh Orange Syrup

27 WW Bagel Fresh Apple

28 WG Chocolate Chip Muffin Fresh Peach

29 Egg and Cheese Sandwich Fresh Pear



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Breakfast Prices

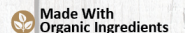
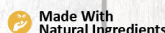
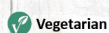
FREE BREAKFAST FOR ALL STUDENTS

Adult breakfast \$2.57 plus tax

Available Daily

Milk served with all breakfasts.

Assorted cereal w/string cheese
All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice, Condiments



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Welcome to our Breakfast Cafe

Huntington Woodhull Intermediate

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Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1	Egg and Cheese Sandwich	Fresh Apple
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4	Apple Cinnamon Muffin	Plums
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5	Whole Grain French Toast Slices	Applesauce Syrup
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6	Whole Wheat Donut	Fresh Pear
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7	WG Chocolate Chip Muffin	Fresh Apple
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8	Egg and Cheese Sandwich	Fresh Orange
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11		
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12	Fluffy Whole Grain Waffles	Fresh Peach Syrup
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13	WW Bagel	Fresh Apple Fresh Orange
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14	WG Chocolate Chip Muffin	Fresh Pear
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15	Egg and Cheese Sandwich	Fresh Apple
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18	Apple Cinnamon Muffin	Fresh Apple
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19	Mini Maple Pancakes	Plums Syrup
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20	Whole Wheat Donut	Fresh Orange
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21	WG Chocolate Chip Muffin	Fresh Pear
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22	Egg and Cheese Sandwich	Fresh Apple
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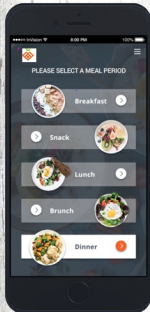
25	Apple Cinnamon Muffin	Applesauce
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26	Chicken Sausage Pancake Bites	Fresh Orange Syrup
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27	WW Bagel	Fresh Apple
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28	WG Chocolate Chip Muffin	Fresh Peach
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29	Egg and Cheese Sandwich	Fresh Pear
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Breakfast Prices

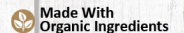
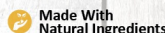
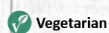
FREE BREAKFAST FOR ALL STUDENTS

Adult breakfast \$2.57 plus tax

Available Daily

Milk served with all breakfasts.

Assorted cereal w/string cheese
All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice, Condiments



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Welcome to our Breakfast Cafe

Huntington Primary

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Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1	Egg and Cheese Sandwich
	Fresh Apple

4	Apple Cinnamon Muffin
	Plums

5	Whole Grain French Toast Slices
	Applesauce Syrup

6	Whole Wheat Donut
	Fresh Pear

7	WG Chocolate Chip Muffin
	Fresh Apple

8	Egg and Cheese Sandwich
	Fresh Orange

11	
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12	Fluffy Whole Grain Waffles
	Fresh Peach Syrup

13	WW Bagel
	Fresh Apple
	Fresh Orange

14	WG Chocolate Chip Muffin
	Fresh Pear

15	Egg and Cheese Sandwich
	Fresh Apple

18	Apple Cinnamon Muffin
	Fresh Apple

19	Mini Maple Pancakes
	Plums Syrup

20	Whole Wheat Donut
	Fresh Orange

21	WG Chocolate Chip Muffin
	Fresh Pear

22	Egg and Cheese Sandwich
	Fresh Apple

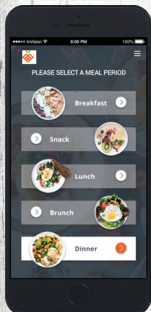
25	Apple Cinnamon Muffin
	Applesauce

26	Chicken Sausage Pancake Bites
	Fresh Orange Syrup

27	WW Bagel
	Fresh Apple

28	WG Chocolate Chip Muffin
	Fresh Peach

29	Egg and Cheese Sandwich
	Fresh Pear



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Breakfast Prices

FREE BREAKFAST FOR ALL STUDENTS

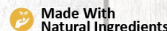
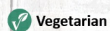
Adult breakfast \$2.57 plus tax

Available Daily

Milk served with all breakfasts.

Assorted cereal w/string cheese
All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

Condiments



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Welcome to our Breakfast Cafe

Huntington Flower Hill

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Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1	Egg and Cheese Sandwich	Fresh Apple
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4	Apple Cinnamon Muffin	Plums
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5	Whole Grain French Toast Slices	Applesauce Syrup
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6	Whole Wheat Donut	Fresh Pear
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7	WG Chocolate Chip Muffin	Fresh Apple
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8	Egg and Cheese Sandwich	Fresh Orange
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11		
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12	Fluffy Whole Grain Waffles	Fresh Peach Syrup
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13	WW Bagel	Fresh Apple Fresh Orange
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14	WG Chocolate Chip Muffin	Fresh Pear
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15	Egg and Cheese Sandwich	Fresh Apple
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18	Apple Cinnamon Muffin	Fresh Apple
----	-----------------------	-------------

19	Mini Maple Pancakes	Plums Syrup
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20	Whole Wheat Donut	Fresh Orange
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21	WG Chocolate Chip Muffin	Fresh Pear
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22	Egg and Cheese Sandwich	Fresh Apple
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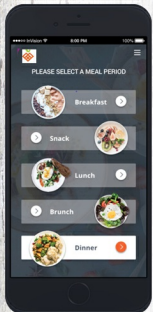
25	Apple Cinnamon Muffin	Applesauce
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26	Chicken Sausage Pancake Bites	Fresh Orange Syrup
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27	WW Bagel	Fresh Apple
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28	WG Chocolate Chip Muffin	Fresh Peach
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29	Egg and Cheese Sandwich	Fresh Pear
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Breakfast Prices

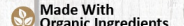
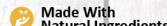
FREE BREAKFAST FOR ALL STUDENTS

Adult breakfast \$2.57 plus tax

Available Daily

Milk served with all breakfasts.

Assorted cereal w/string cheese
All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice, Condiments



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Welcome to our Breakfast Cafe

Huntington Jefferson

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1	Egg and Cheese Sandwich	Fresh Apple
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4	Apple Cinnamon Muffin	Plums
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5	Whole Grain French Toast Slices	Applesauce Syrup
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6	Whole Wheat Donut	Fresh Pear
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7	WG Chocolate Chip Muffin	Fresh Apple
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8	Egg and Cheese Sandwich	Fresh Orange
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11		
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12	Fluffy Whole Grain Waffles	Fresh Peach Syrup
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13	WW Bagel	Fresh Apple Fresh Orange
----	----------	-----------------------------

14	WG Chocolate Chip Muffin	Fresh Pear
----	--------------------------	------------

15	Egg and Cheese Sandwich	Fresh Apple
----	-------------------------	-------------

18	Apple Cinnamon Muffin	Fresh Apple
----	-----------------------	-------------

19	Mini Maple Pancakes	Plums Syrup
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20	Whole Wheat Donut	Fresh Orange
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21	WG Chocolate Chip Muffin	Fresh Pear
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22	Egg and Cheese Sandwich	Fresh Apple
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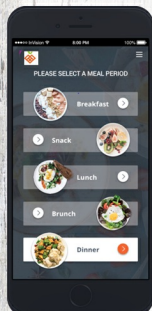
25	Apple Cinnamon Muffin	Applesauce
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26	Chicken Sausage Pancake Bites	Fresh Orange Syrup
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27	WW Bagel	Fresh Apple
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28	WG Chocolate Chip Muffin	Fresh Peach
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29	Egg and Cheese Sandwich	Fresh Pear
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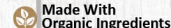
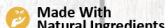
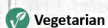
FREE BREAKFAST FOR ALL STUDENTS

Adult breakfast \$2.57 plus tax

Available Daily

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Assorted cereal w/string cheese
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Welcome to our Breakfast Cafe

Huntington Washington

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Monday

Tuesday

Wednesday

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FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1 Egg and Cheese Sandwich Fresh Apple

4 Apple Cinnamon Muffin Plums

5 Whole Grain French Toast Slices Applesauce Syrup

6 Whole Wheat Donut Fresh Pear

7 WG Chocolate Chip Muffin Fresh Apple

8 Egg and Cheese Sandwich Fresh Orange

11 COLUMBUS DAY

12 Fluffy Whole Grain Waffles Fresh Peach Syrup

13 WW Bagel Fresh Apple Fresh Orange

14 WG Chocolate Chip Muffin Fresh Pear

15 Egg and Cheese Sandwich Fresh Apple

18 Apple Cinnamon Muffin Fresh Apple

19 Mini Maple Pancakes Plums Syrup

20 Whole Wheat Donut Fresh Orange

21 WG Chocolate Chip Muffin Fresh Pear

22 Egg and Cheese Sandwich Fresh Apple

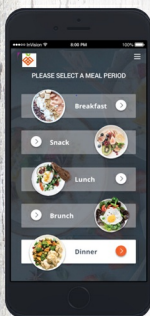
25 Apple Cinnamon Muffin Applesauce

26 Chicken Sausage Pancake Bites Fresh Orange Syrup

27 WW Bagel Fresh Apple

28 WG Chocolate Chip Muffin Fresh Peach

29 Egg and Cheese Sandwich Fresh Pear



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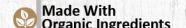
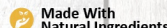
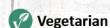
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