### Welcome to our WHITSONS Breakfast Cafe School Nutrition

#### **Huntington Jack Abrams STEM**

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday

Egg and Cheese Sandwich @ Fresh Apple



### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Apple Cinnamon Muffin 👩 Plums

Toast Slices 👩 Applesauce Svrup

Whole Grain French 6 Whole Wheat Donut 7 Fresh Pear

WG Chocolate Chip Muffin 🕜 Fresh Apple

Egg and Cheese Sandwich 👩 Fresh Orange

11

12 Fluffy Whole Grain Waffles 👩 Fresh Peach Syrup

WW Bagel 👩 Fresh Apple Fresh Orange 14 WG Chocolate Chip Muffin 👩 Fresh Pear

Egg and Cheese Sandwich 🍘 Fresh Apple

Apple Cinnamon Muffin 👩 Fresh Apple

19 Mini Maple Pancakes Plums Syrup

Fresh Orange

20 Whole Wheat Donut | 21 WG Chocolate Chip Muffin 🝘 Fresh Pear

Egg and Cheese Sandwich 👩 Fresh Apple

25 Apple Cinnamon Muffin 👩 Applesauce

Chicken Sausage Pancake Bites Fresh Orange Syrup

WW Bagel 👩 Fresh Apple

28 WG Chocolate Chip Muffin 👩 Fresh Peach

Egg and Cheese Sandwich 👩 Fresh Pear



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



**Breakfast Prices** 

FREE BREAKFAST FOR ALL **STUDENTS** 

Adult breakfast \$2.57 plus tax

Vegetarian



**Available Daily** 

#### Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

Condiments





\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

## Welcome to our WHITSONS Breakfast Cafe

#### **Huntington Woodhull Intermediate**

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Monday

Tuesday

Wednesday

**Thursday** 

Friday

Egg and Cheese Sandwich 👩 Fresh Apple



### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Apple Cinnamon Muffin 👩 Plums

Toast Slices 👩 **Applesauce** Syrup

Whole Grain French 6 Whole Wheat Donut 7 Fresh Pear

WG Chocolate Chip Muffin 🝘 Fresh Apple

Egg and Cheese Sandwich 👩 Fresh Orange

11

12 Fluffy Whole Grain Waffles 👩 Fresh Peach Syrup

WW Bagel 👩 Fresh Apple Fresh Orange 14 WG Chocolate Chip Muffin 👩 Fresh Pear

Egg and Cheese Sandwich @ Fresh Apple

Apple Cinnamon Muffin 👩 Fresh Apple

19 Mini Maple Pancakes Plums Syrup

20 Whole Wheat Donut | 21 WG Chocolate Chip Fresh Orange

Muffin 👩 Fresh Pear

Egg and Cheese Sandwich @ Fresh Apple

25 Apple Cinnamon Muffin 👩 Applesauce

26 Chicken Sausage Pancake Bites Fresh Orange Syrup

27 WW Bagel 👩 Fresh Apple

28 WG Chocolate Chip Muffin 👩 Fresh Peach

Egg and Cheese Sandwich 🍙 Fresh Pear



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**Breakfast Prices** 

FREE BREAKFAST FOR ALL **STUDENTS** 

Adult breakfast \$2.57 plus tax



**Available Daily** 

#### Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

Condiments





## Welcome to our WHITSONS Breakfast Cafe

# **Huntington Primary**

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Monday

Tuesday

Wednesday

**Thursday** 

Friday

Egg and Cheese Sandwich @ Fresh Apple



## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Apple Cinnamon Muffin 👩 **Plums** 

Toast Slices 👩 Applesauce Syrup

Whole Grain French | 6 Whole Wheat Donut | 7 Fresh Pear

WG Chocolate Chip Muffin 👩 Fresh Apple

Egg and Cheese Sandwich @ Fresh Orange

11

12 Fluffy Whole Grain Waffles 👩 Fresh Peach Syrup

13 WW Bagel 👩 Fresh Apple Fresh Orange

14 WG Chocolate Chip Muffin 🝘 Fresh Pear

Egg and Cheese Sandwich 👩 Fresh Apple

Apple Cinnamon Muffin 👩 Fresh Apple

19 Mini Maple Pancakes Plums Syrup

20 Whole Wheat Donut Fresh Orange

21 WG Chocolate Chip Muffin 👩 Fresh Pear

Egg and Cheese Sandwich 👩 Fresh Apple

22

25 Apple Cinnamon Muffin 👩 Applesauce

Chicken Sausage Pancake Bites Fresh Orange Syrup

WW Bagel 🝘 Fresh Apple

28 WG Chocolate Chip Muffin 👩 Fresh Peach

Egg and Cheese Sandwich 🍘 Fresh Pear



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**Breakfast Prices** 

FREE BREAKFAST **FOR ALL STUDENTS** 

Adult breakfast \$2.57 plus tax

Pork

**Available Daily** 

#### Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

Condiments

Smart Choice



Made With Natural Ing

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# **Huntington Flower Hill**

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Monday

Tuesday

Wednesday

**Thursday** 

Friday

Egg and Cheese Sandwich @ Fresh Apple



#### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

- Apple Cinnamon Muffin 👩 **Plums**
- Toast Slices 👩 Applesauce Syrup
  - Whole Grain French 6 Whole Wheat Donut 7 Fresh Pear
- WG Chocolate Chip Muffin 👩 Fresh Apple
- Egg and Cheese Sandwich 🍘 Fresh Orange

- 12 Fluffy Whole Grain Waffles 👩 Fresh Peach Syrup
- WW Bagel 👩 Fresh Apple Fresh Orange
- 14 WG Chocolate Chip Muffin 🝘 Fresh Pear
- Egg and Cheese Sandwich 👩 Fresh Apple

- Apple Cinnamon Muffin 👩 Fresh Apple
- 19 Mini Maple Pancakes | 20 Whole Wheat Donut | 21 WG Chocolate Chip Plums

Syrup

- Fresh Orange
- Muffin 👩 Fresh Pear
- Egg and Cheese Sandwich @ Fresh Apple

- 25 Apple Cinnamon Muffin 👩 **Applesauce**
- 26 Chicken Sausage Pancake Bites Fresh Orange Syrup
- 27 WW Bagel 👩 Fresh Apple
- 28 WG Chocolate Chip Muffin 👩 Fresh Peach
- 29 Egg and Cheese Sandwich 👩 Fresh Pear



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**Breakfast Prices** 

FREE BREAKFAST **FOR ALL** STUDENTS

Adult breakfast \$2.57 plus tax

Made With
Natural Ingredients



Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

**Available Daily** 

Condiments

Smart Choice



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Vegetarian

## Welcome to our WHITSONS Breakfast Cafe School Nutrition

#### Huntington Jefferson

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Monday

Tuesday

Wednesday

**Thursday** 

Friday

Egg and Cheese Sandwich 👩 Fresh Apple



### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

4	Apple Cinnamon
	Muffin 🕜
	Plums

- Toast Slices 👩 Applesauce Syrup
  - Whole Grain French 6 Whole Wheat Donut 7 Fresh Pear
- WG Chocolate Chip Muffin 🝘 Fresh Apple
- Egg and Cheese Sandwich 👩 Fresh Orange



- 12 Fluffy Whole Grain Waffles @ Fresh Peach Syrup
- 13 WW Bagel 👩 Fresh Apple Fresh Orange
- 14 WG Chocolate Chip Muffin 👩 Fresh Pear
- Egg and Cheese Sandwich @ Fresh Apple

- 18 Apple Cinnamon Muffin 👩 Fresh Apple
- 19 Mini Maple Pancakes **Plums**

Syrup

- Fresh Orange
- 20 Whole Wheat Donut | 21 WG Chocolate Chip Muffin 👩 Fresh Pear
- Egg and Cheese Sandwich 🍙 Fresh Apple

- 25 Apple Cinnamon Muffin 👩 **Applesauce**
- 26 Chicken Sausage Pancake Bites Fresh Orange Syrup
- 27 WW Bagel 👩 Fresh Apple
- 28 WG Chocolate Chip Muffin 👩 Fresh Peach
- Egg and Cheese Sandwich 👩 Fresh Pear



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**Breakfast Prices** 

FREE BREAKFAST **FOR ALL STUDENTS** 

Adult breakfast \$2.57 plus tax

Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

**Available Daily** 

Condiments

Pork

Made With

Made With
Natural Ingredients

Smart Choice

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# **Huntington Washington**

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Monday

Tuesday

Wednesday

**Thursday** 

Friday

Egg and Cheese Sandwich 👩 Fresh Apple



## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Apple Cinnamon Muffin 👩 Plums

Toast Slices 👩 Applesauce Syrup

Whole Grain French 6 Whole Wheat Donut 7 Fresh Pear

WG Chocolate Chip Muffin 👩 Fresh Apple

Egg and Cheese Sandwich @ Fresh Orange

11

Fluffy Whole Grain Waffles 👩 Fresh Peach Syrup

WW Bagel 👩 Fresh Apple Fresh Orange

WG Chocolate Chip Muffin 👩 Fresh Pear

Egg and Cheese Sandwich 👩 Fresh Apple

Apple Cinnamon 18 Muffin 👩 Fresh Apple

19 Mini Maple Pancakes **Plums** 

Syrup

20 Whole Wheat Donut

Fresh Orange

21 WG Chocolate Chip Muffin 👩 Fresh Pear

Egg and Cheese Sandwich 👩 Fresh Apple

Apple Cinnamon Muffin 👩 **Applesauce** 

Chicken Sausage Pancake Bites Fresh Orange Syrup

WW Bagel 👩 Fresh Apple

28 WG Chocolate Chip Muffin 👩 Fresh Peach

Egg and Cheese Sandwich @ Fresh Pear



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**Breakfast Prices** 

FREE BREAKFAST **FOR ALL STUDENTS** 

Adult breakfast \$2.57 plus tax

**Available Daily** 

#### Milk served with all breakfasts.

Assorted cereal w/string cheese All breakfast items are served with choice of 1% milk, FF Chocolate milk assorted 100% fruit juice,

Condiments

Made With
Natural Ingredients







**Vegetarian** \*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.