

HUNTINGTON UNION FREE SCHOOL DISTRICT

Department of Health, Physical Education and Athletics

James M. Hoops, District Director jhoops@hufsd.edu

Boys' Soccer Indoor Weight Training



Huntington High School students currently enrolled in grades 9-12 are invited to participate in an intramural off season indoor weight training program. These school sponsored sessions will be held in the Athletic Department weight room and will give students access to both cardio and weight training.

**The program will run Tuesday and Friday afternoons from 230-330
beginning on January 20th**

**For more information contact
Coach John Pagano at (516) 641-6278**