

2025-26 HIGH SCHOOL SCHEDULING INFORMATION

SPORT	MAX # CONTESTS ALLOWED	# PRACTICES PRIOR TO 1 st SCRIM/CONTEST	1 st PRACTICE DATE	1 st SCRIM/CONTEST DATE	NYS CHAMP DATE
B/G X Country	13 JV 13 V	6	8/25	9/1	11/15
Field Hockey	16 JV 16 VAR	6	8/25	9/1	11/15-16
Football	8 JV 8 VAR	10	8/18	8/29	-
B Golf	16 JV 17 VAR	Training	8/25	Recomm.	6/7-8
G Gymnastics	13 VAR	10	8/25	9/5	2/28
B/G Soccer	16 JV 16 VAR	6	8/25	9/1	11/16-17
G Swimming	15 VAR	6	8/25	9/1	11/21-22
G Tennis	16 JV 16 VAR	6	8/25	9/1	10-27-29 Indiv 11/7 team
B/G Volleyball	20 JV 20 VAR	6	8/25	9/1	B - 11/22-23 G - 11/21-23
GDC					11/9
B/G Basketball	20 JV 20 VAR	6	11/17	11/24	3/19-22
Cheerleading	6 JV 10 VAR	6	11/17	11/24	3/7
B/G Bowling	19 VAR	Training	11/17	Recomm.	3/13-15
B/G Fencing	20 JV 20 VAR	6	11/17	11/24	-
B Swimming	15 VAR	6	11/17	11/24	3/6-7
B/G Winter Track	15 VAR	6	11/17	11/24	3/7
Wrestling	20 pts+ JV 20 pts+ V	10	11/17	11/29	1/31 Dual 2/27-8 indiv
GWR		10	11/17	11/29	2/6
B/G Badminton	20 VAR	6	3/9	3/16	-
Baseball	20 JV 20 VAR	10	3/9	3/20	6/12-13
Girls Golf	16 JV 16 VAR	Training	3/9	Recomm.	6/7-8
B/G Lacrosse	16 JV 16 VAR	6	3/9	3/16	G- 6/12-13 B 6/13
G Flag Football	16 JV 16 VAR	6	3/9	3/16	6/6-7
Softball	20 JV 20 VAR	6	3/9	3/16	6/12-13
B Tennis	16 JV 16 VAR	6	3/9	3/16	6/5-7 Indiv 6/12 team
B/G Track	16 VAR	6	3/9	3/16	6/12-13

+6 tournaments maximum

NOTE: FIRST SCRIMMAGE AND FIRST CONTEST DATES ARE BASED ON USING SATURDAYS AND HOLIDAYS AS PRACTICE DATES (EXCEPT THANKSGIVING DAY and *VETERANS DAY) If teams do not practice on Saturdays, and/or holidays, add one day for each practice missed. According to the Section XI Holy Day Policy approved on Dec 8, 1978, no contest or interschool scrimmage may be scheduled by Section XI on the dates listed below. Jewish holy days begin at sundown of the preceding day, and end at sundown of the day listed. Student-athletes must be able to be home by 6PM on days preceding Jewish holy days.

HOLY DAY OBSERVANCE		SIGNIFICANT DATES TO CONSIDER
Sept 23-24 – Rosh Hashanah Oct 2 – Yom Kippur Dec 24 – Christmas Eve Dec 25 – Christmas Day Apr 2 – 1st Full Day of Passover Apr 2 – Holy Thursday Apr 3 – Good Friday Apr 5 – Easter Sunday		Sept 1 – Labor Day Oct 13 – Columbus Day Oct 31 – Halloween Nov 4 – Election Day Nov 11 – Veterans’ Day (observed) Nov 27 – Thanksgiving Day Jan 19 – Martin Luther King Jr. B-day (observed) Feb 16– Presidents’ Day May 25 – Memorial Day (observed)
STANDARD TEST DATES (you need to double check as dates may change or can be incorrect)		
Sept 6 - ACT Sept 13 - SAT Oct 4 - SAT & Achiev TBA - PSAT Oct 18 - ACT Nov 8 - SAT & Achiev	Dec 6 – SAT & Achiev Dec 13 – ACT Feb 14 – ACT March 14 – SAT April 11 – ACT	May 2 – SAT & Achiev June 6– SAT & Achiev June 13 – ACT