

**HUNTINGTON UNION FREE SCHOOL DISTRICT**  
**Department of Health, Physical Education and Athletics**  
James M. Hoops, District Director      [jhoops@hufsd.edu](mailto:jhoops@hufsd.edu)

## **Summer Intramurals**

### **Boys' Wrestling Training Sessions**

Huntington UFSD students entering grades 7-12 in September are invited to participate in an intramural wrestling program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of wrestling.

**The program will run on Tuesdays and Thursdays  
from 9:00 – 10:30 a.m. in the Huntington High School wrestling  
room from July 2 through August 15.**

Learn and improve on key wrestling positions, offensive hand fighting concepts, situational skills, techniques and strategies.

**For more information contact  
Coach Andy Marlow at [amarlow1@me.com](mailto:amarlow1@me.com)**