

**HUNTINGTON UNION FREE SCHOOL DISTRICT
Department of Health, Physical Education and Athletics**

James M. Hoops, District Director
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Summer Intramural Program

Weight Training For All Athletes Intramurals

Huntington High School students entering grades 9-12 are invited to participate in an intramural weight training program for all athletes. These school sponsored sessions will include general conditioning and training.

**The program will run Monday through Thursday
from 7:00-8:30 a.m. and 5:00-6:30 p.m.
from July 1 through August 15**

**For more information contact
Coach Ron Wilson at rwilson@hufsd.edu**

Summer Girls' Volleyball Mini-Clinics Intramurals

Huntington High School girls entering grades 9-12 are invited to participate in two mini volleyball clinics. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of volleyball.

**The program will run two mini-clinics in the Huntington High School gym on the following
dates: July 23, July 24, August 5, August 6
From 8:00-10 a.m.**

**For more information contact:
Coach Todd Donaghy at HuntingtonVball@aol.com**

Summer Boys Basketball Intramurals

Huntington High School boys entering grades 9-12 are invited to participate in an intramural boys basketball program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of basketball.

**The program will run Monday and Wednesday from
5:00 – 6:30 p.m. at the Huntington High School gym
beginning on Monday, July 1st (July 3rd off due to holiday)**

**For more information contact
Coach Peter Lipka at lipkap@gmail.com**

Summer Saturday Boys Basketball Intramurals

Huntington High School boys entering grades 9-12 are invited to participate in an intramural boys' basketball program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of basketball.

**The program will run on Saturday mornings from 7:00-8:00 a.m.
at the Huntington High School gym
beginning on Saturday, July 6**

**For more information contact
Coach Peter Lipka at lipkap@gmail.com**

Summer Football Intramurals

Huntington High School students entering grades 9-12 are invited to participate in an intramural football program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of football.

**The program will run Monday through Thursday from 5-7 p.m. at Blue Devil Stadium and
the Huntington High School gym area beginning on Monday, June 17**

Attendance at all sessions is not required. Participate when it is convenient.
Explore offensive, defensive and special team skills as individual interest dictates.

**For more information contact
Coach Ron Wilson at rwilson@hufsd.edu**

Summer Girls Lacrosse Intramurals

Huntington High School girls entering grades 9-12 in September are invited to participate in an intramural lacrosse program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of lacrosse.

**The program will run Wednesday's from 6:00 – 7:00 p.m. at Huntington High School on
the new turf field beginning July 3 and running through August 21.**

Attendance at all sessions is not required. Participate when it is convenient. Explore offensive, defensive and special skills as individual interest dictates. In case of inclement weather that day's intramural session will be cancelled.

**For more information contact
Coach Katie Reilly at katiereilly920@gmail.com**

Summer Girls Basketball Intramurals

Huntington High School girls entering grades 9-12 next school year are invited to participate in an intramural girls basketball program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of basketball.

The program will run on Mondays from 5:00 – 6:30 pm. at the J. Taylor Finley Middle School gym beginning on Monday, July 1 through August 12. (Note the August 12 session will be held at either Huntington High School or Jack Abrams STEM Magnet School.)

Attendance at all sessions is not required. Participate when it is convenient.

**For more information contact
Coach Perry Marinelli at pmarinelli7@gmail.com**

Summer Boys Wrestling Intramurals

Huntington UFSD students entering grades 7-12 in September are invited to participate in an intramural wrestling program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of wrestling.

**The program will run on Tuesdays and Thursdays
from 9:00 – 10:30 a.m. in the Huntington High School wrestling room
from July 2 through August 15.**

Learn and improve on key wrestling positions, offensive hand fighting concepts, situational skills, techniques and strategies.

**For more information contact
Coach Andy Marlow at amarlow1@me.com**