

HUNTINGTON UNION FREE SCHOOL DISTRICT

Department of Health, Physical Education and Athletics

James M. Hoops, District Director ~ jhoops@hufsd.edu

Intramurals

Early Spring Girls' Lacrosse

Finley Middle School girls currently enrolled in grades 7/8 are invited to participate in a skills training lacrosse program. These school sponsored sessions will include general conditioning, stick skills and training along with an opportunity to learn more about the sport of lacrosse.

The program will run on Mondays during the months of January, February, and March from 7:15 - 7:50 am

January 1/8 & 1/29

February 2/5 & 2/26

March 3/4 & 3/18

Attendance at both sessions is not required. Participate when it is convenient. Explore offensive, defensive and special skills as individual interest dictates. Dress in layers, if weather permits we will be outside on the wall perfecting our stick skills.

In case of inclement weather that day's intramural session might be cancelled.

For more information contact

Coach Hildi Stanford at

hstanford@hufsd.edu

This is NOT a tryout.