

Huntington High School Fall Sports Tryout Information

First day of Tryouts are Monday, August 21 for All Sports

Checklist for Tryouts:

- ✓ All students must be requalified prior to tryouts for each sports season. The following two forms are to be submitted to the school nurse on one of the listed requalification dates.
 - [Required NYS Health Examination Form \(click for link\)](#)
Physical exams can be performed by private doctor or school doctor and are valid for one year.
 - [Interval Health History for Sports Participation \(English/Spanish\) \(click for link\)](#)
A new form is required for each season; must be completed by parent/guardian, signed in ink and dated within 30 days of the start of the season (July 23, 2023 or later).
- ✓ All students must submit a parent/guardian permission form to the coach on the first day of tryouts.
 - [Parent Consent Form for Athletes \(English/Spanish\) \(click for link\)](#)

Physical Exam – Thursday, August 17

Any student that would like a physical exam with the school doctor must come to the Huntington High School nurse's office on August 17 at 8 a.m. (football) or 9 a.m. (all other sports). A completed and signed Interval Health History for sports participation form (link above) is required for a physical exam. Don't be late and miss your chance - you cannot participate in tryouts without a current physical exam!

8 a.m. - Physical exam for football only

9 a.m. - Physical exam for all other sports

*******Thursday, August 17 is the only date for physical exams*******

Requalification Dates

All students must be requalified prior to tryouts for each sports season. Visit the school nurse in person with a current physical exam and Interval Health History form during the requalification dates below.

Thursday, August 17

9 a.m. Football
10 a.m. Girls Swim, Girls Tennis
11 a.m. Girls Volleyball, Boys Cross Country
12 p.m. Girls Cross Country, Girls Gymnastics

Monday, August 21

7 - 10 a.m. All sports

Friday, August 18

9 a.m. Boys Soccer
10 a.m. Girls Soccer
11 a.m. Field Hockey
12 p.m. Boys Golf

Tuesday, August 22

7 – 10 a.m. All sports

**Questions: Contact Athletic Director Jim Hoops at jhoops@hufsd.edu
or call the Athletic Office at 631.673.2018**