

Boys Lacrosse
2023

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Bayport-Blue Point Union Free School District

Timothy M. Mullins
Director of Athletics,
Physical Education & Health

Timothy P. Hearney, Ed.D.
Superintendent of Schools

March, 2023

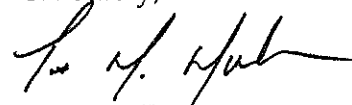
Dear Suffolk County Boys Lacrosse Coach,

Welcome to another season of Section XI Boys Lacrosse. It is my pleasure to continue to serve all of you as your Sports Chairperson and I look forward to working with the Lacrosse Coaches Association.

It is my job to serve as your liaison to the New York State Public High School Athletic Association and Section XI. Please do not hesitate to call me at the Bayport - Blue Point Administrative Center at 472 – 7808 or e mail me at tmullins@bbpschools.org should you have any questions or concerns.

I wish each and every one of you an enjoyable and successful season.

Sincerely,

A handwritten signature in black ink, appearing to read 'Tim M. Mullins', written over a horizontal line.

Tim Mullins
Section XI Boys
Lacrosse Chairman

Boys Lacrosse 2022-23

Division I (A) (Power Ranked)		Division II (B, C & D) (Power Ranked)	
Brentwood	4580	North Babylon - B	1055
Longwood	2255	Bellport ♦ B	1019
Middle Country	2169	West Islip ♦ B	990
SH/EH/BH/Ross/Pier/HB	1543	Smithtown West ♦ B	966
William Floyd	2032	West Babylon ♦ B	902
Half Hollow Hills	1814	Deer Park ♦ B	882
Pat Med	1679	Comsewogue ♦ B	837
Riverhead	1571	East Islip ♦ B	837
Sachem East	1548	ESM ♦ B	825
Walt Whitman	1545	Hauppauge ♦ B	824
Bay Shore	1524	Westhampton ♦ C	723
Commack	1473	Rocky Point ♦ C	710
Sachem North	1440	Islip ♦ C	707
Ward Melville	1427	Sayville ♦ C	71
Lindenhurst	1401	Harborfields ♦ C	656
Connetquot	1332	Kings Park ♦ C	647
Northport	1265	Miller Place ♦ C	636
Copiague	1193	SWR ♦ C	537
Huntington	1154	Mt. Sinai ♦ C	531
Smithtown East	1101	Elwood-J Glenn - C	527
		Bayport-Blue Point -C	512
		Mattituck/Shld/Gpt - D	410
		Center Moriches -D	408
		Babylon -D	341
		Port Jefferson -D	245

Section XI Tournament Information

Boys Lacrosse will use pre-season power ranked adjustment points for 2016-17 (approved 10/16)

Class A: The eleven (10) highest-ranking teams in Division I qualify for post-season play.

Class B: the six (5) highest-ranking ♦B♦ teams in Division II qualify for post-season play.

Class C: The Six (6) highest-ranking ♦C♦ teams in Division II qualify for post-season play.

Class D: The two (2) highest-ranking ♦D♦ teams in Division II qualify for post-season play.

There shall be a 4-class tournament, ending with a Class Champion (A, B, C & D) effective with the 2016-17 school year. (approved 10/16)

Class A, B, C and D Boys' Lacrosse semi-finals in each class shall be played at higher seeds.

The decision to postpone a tournament contest shall be made by the home school Athletic Director. (Approved 10/8/09)

The decision to postpone the Section XI Classification Championship shall be made by the Sport Chair and Section XI. (Approved 10/8/09)

<u>Wed, May 17</u>	<u>Sat, May 20</u>	<u>Wed, May 24</u>	<u>Tue, May 30</u>	*Indicates change
@higher seed 4 PM	@higher seed 12 PM	@higher seed 4 PM	at neutral site	
DIVISION I				
	A1 _____) _____		
A9 _____) _____) _____		
A8 _____) _____) _____		
) -> -> -> ->	-> -> -> -> _____	
) _____		
A5 _____) _____) _____		
	A4 _____) _____		
) _____		
	A3 _____) _____		
) _____		
A6 _____) _____) _____		
) _____		
A7 _____) _____) _____		
A10 _____) _____) _____		
) _____		
	A2 _____) _____		

www.sectionxi.org/TOUR/BLAX.htm

BOYS LACROSSE

1. NFHS Rules as modified by NYSPHSAA govern the sport. One adult from the home team shall be assigned to the scorer's table for all varsity competitions. He/she shall have complete control of the time, substitutions, and general decorum of said table.
2. An area of 10 yards beyond each side line shall be roped or fenced off.
3. The home team shall wear white or light colored jerseys.
4. Inclement Weather: If a varsity game is stopped by officials due to weather before the end of the game and the game cannot continue, the game will be continued on the next available date from the point the game was stopped. The home team scorebook shall reflect the time the game was called, the game time and the possession/placement of ball. The home team scorebook shall be signed by the head official.
5. Rosters: Coaches shall submit varsity and JV rosters to the Max Preps. Copies of the rosters shall be available at each game and shall include players' home and away numbers and list the coaching staff.
6. Timekeepers: It is recommended that an adult be used as the timekeeper for all contests, but it is mandated for varsity contests.
7. Publicity: It is the responsibility of the winning team's coach to provide Newsday with a report of the contest result.
8. Filming: Unless mutually agreed upon by the two competing coaches, there will be no third party filming from the press box.
9. All Rules set forth by NFHS will be followed.

NYS / NFHS 2023

Rules Interpretations

2023 Points of Emphasis

- **Sportsmanship:** Keep the lines of communication with coaches and site administrators positive and open. Avoid negative engagement with spectators. Defer to school administrators to handle unruly spectators.
- **Player Safety:** Continued emphasis is needed on players wearing the helmet securely.... have chin straps buckled.
- **Eyeshades:** Solid stroke and may not include words numbers, logos or other symbols. Review with coach during pre- game. If seen during game warn and instruct player to leave field and remove...second time for team will result in UNS penalty.
- **Faceoffs:** Review with FO players during pre-game. Play the ball first, may clamp with back of stick but must be moved and raked or directed immediately. A player may not lie on the ball or trap it with the crosse longer than necessary to control the ball and pick it up in one continuous motion. A player may not use his crosse to hold or pin down his opponents crosse.
- **Running Clock Penalty:** Under a running clock when a penalty expires during a faceoff period, the player may not enter the game until the Faceoff is completed.

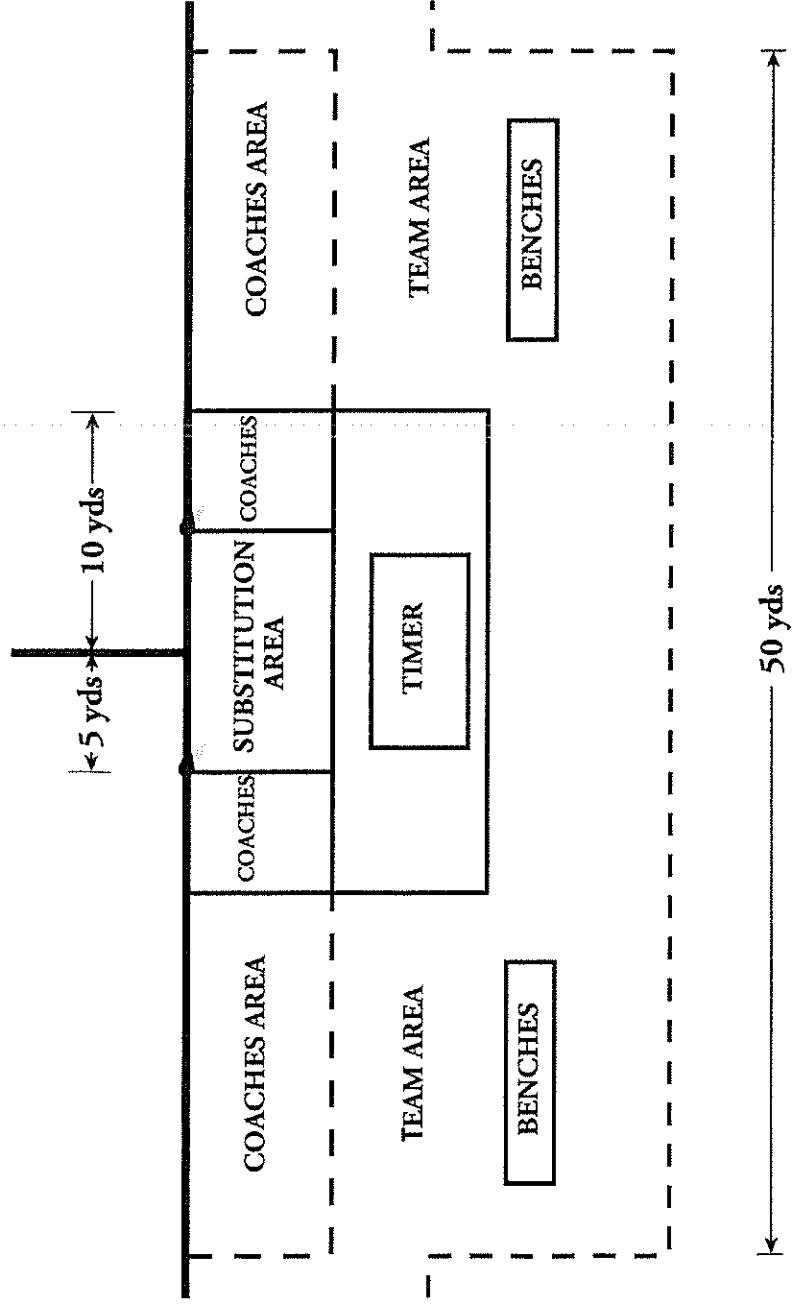
I-Z-1: ARI. 1 . . . PENALTY: Failure to have a clearly marked center line that runs the entire width of the field, and continuous side and end lines is illegal procedure assessed against the home team.

Rationale: Logos running through the endzone of many football fields are often placed on the endline for lacrosse. The endline for lacrosse is just as important as the midline. The penalty for not having a solid endline or sideline is illegal procedure. If the home team cannot fix the situation prior to the start of the game, the home team will be assessed a one - time technical foul by awarding possession at the start of the game.

1-2-7, 1-2-8: ART. 7... Where physically possible, the scorer's table should be placed at least 6 yards from the sideline at the center line. Two lines shall be drawn on either side of the center line 5 yards from the center line and extending past the scorer's table. The area bounded by the sideline, the two lines perpendicular to the sideline and the scorer's table shall be referred to as the table area. Only players serving penalty time, players ready to substitute on the fly, the chief bench official, and official scorers and timers are allowed in the table area.

ART. 8 ... The coaches' areas shall be located on either side of the table area. Each coaches' area shall extend from the table area 20 yards parallel to the sideline. It shall be bounded by the sideline, the table area, a dotted line 6 yards from and parallel to the sideline, and a dotted line extending from the sideline, parallel to and 20 yards from the table-area line.

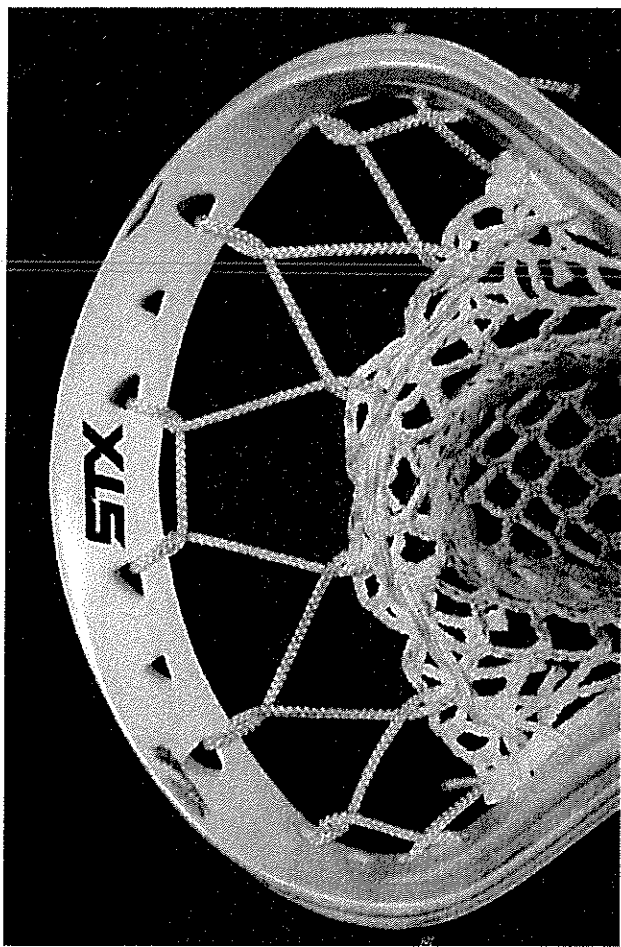
Rationale: Standardizes the box with other rules codes including NFHS Girls Lacrosse and NCAA Men's Lacrosse. Increases the amount of control an



1-7-1: ART. 4... ... The crosse shall be made of....The pocket/net shall be completely attached to the head and the side walls, having no holes or gaps larger than 1.68 inches in diameter (i.e. golf ball).

Ruling/ Mechanic: Assess a 2 minute non-releasable penalty. Review with both coaches during pre-game certification.

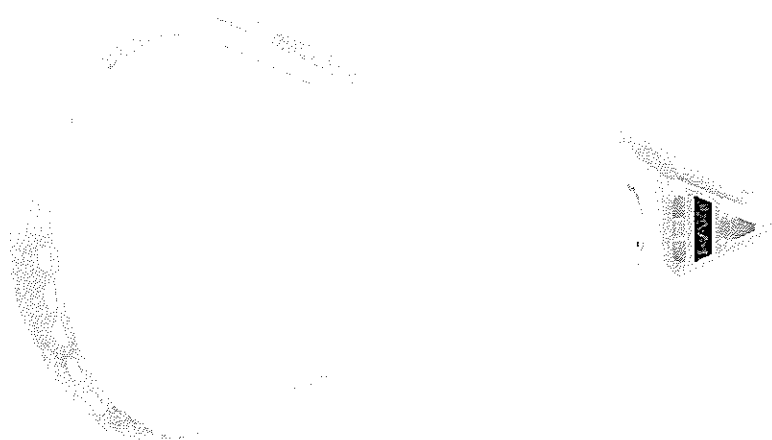
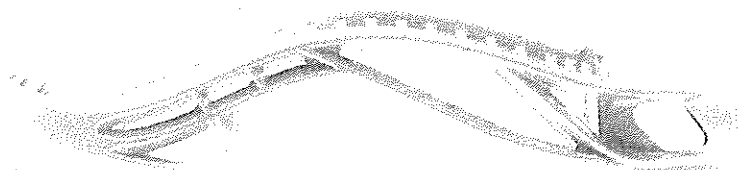
Rationale: There has been an increased use of a stringing technique which allows for trapping the ball in such a manner where the stick will pass a stick check, but when



1-8: ...No player shall use a crosse that does not meet the specifications of Sections 6 and 7. The crosse shall not have protrusions or sharp edges.

Ruling/ Mechanic: Assess a 2 minute non-releasable penalty. Review with both coaches during pre-game certification.

Rationale: Recent innovations by stick manufacturers could hook or catch on a player's helmet or facemask, thereby potentially causing injury.



1-9-1g: ART. 1g

g. Shoes shall be worn which are designed for the sport of lacrosse. Metal spikes are not permitted.

Rationale: Modern design has standardized the shoe used for outdoor field sports and this section is no longer needed in the detail currently in use.

4-3-1:ART. 1 . . . Play shall be started at the beginning of each period and after each goal by facing the ball at the Center.

EXCEPTIONS:

1. Player-advantage or a flag down creating a player-advantage
2. Player or team commits a foul before any faceoff
3. Player at any faceoff delays resumption of play
4. Player moves the crosse or body after "set" is said gaining an advantage

Rationale: Restarting the game has been unclear due to the way the rule was written. This rewrite simplifies the rule direction and places clarifications back in the situations.

4-22 RESTARTS:

4.22.3 SITUATION B: A6 takes a shot at the goal. Goalkeeper B1 makes the save and with possession, runs out of the goal crease toward midfield. B1 is checked by A8 who dislodges the ball. In B1's attempt to secure the ball, B1 commits a loose ball push. The official awards the ball to Team A and restarts immediately. Is this a correct restart? **RULING:** No. The official should have restricted play and given the goalkeeper up to five seconds to re-enter the goal crease.

4.22.3 SITUATION C: A1 shoots at the goal and misses, and the ball goes out of bounds on the end line. A2 is on the end line near where the ball went out of bounds. Goalkeeper B1 leaves Team B's crease solely in an attempt to delay the restart by five seconds to allow Team B defense to regroup. Should the official allow B1 a maximum of five seconds to resume position? **RULING:** No. The goalkeeper is given a maximum of five seconds to resume position only when the goalkeeper leaves the crease for a legitimate purpose.

4-24-1: ART. 3 . . . An official may suspend play at their discretion. If a player loses any of their mandatory personal equipment in a scrimmage area or a player is apparently injured, play shall be suspended immediately. A goalkeeper, when outside the crease, is treated like a field player in the respect to loss of mandatory equipment in the scrimmage area. Play shall be stopped immediately if a player is injured or delayed depending on the location of the player to the scrimmage area, status of the ball and completion of the play.

Other Rules Affected 4-24-8: ART. 8 ... Play shall be suspended immediately if the goalkeeper's stick or any other mandatory goalkeeper's equipment becomes broken in the crease.

Rationale: The current rules did not define what happens when a goalkeeper is injured when away from his crease and outside the scrimmage area.

6-10-2: ART. 2 The stall warning remains in effect until a goal is scored; a shot is taken above the goal-line extended hits the goal pipes, goalkeeper, or his equipment; the defensive team gains possession of the ball; or the period ends resulting in a faceoff. After the team has been warned, stalling shall be called if the ball leaves the goal area in any manner other than as a result of a shot or a touch by the defending team.

Rationale: Clarification on when stalling shall be called.

6.10.3 SITUATION E:

Team A, which is ahead by four goals or less, fulfills the initial 10-second count with under two minutes to play. A1 shoots on goal and ball deflects off of goal pipe and comes to rest within the goal area.

A2 causes the ball to leave the goal area before gaining possession.

RULING: Stalling. Award ball to Team B.

6-10-2: ART. 2... ... The stall warning remains in effect until a goal is scored; a shot is taken above the goal-line extended hits the goal pipes, goalkeeper, or his equipment; the defensive team gains possession of the ball; or the period ends resulting in a faceoff. After the team has been warned, stalling shall be called if the ball leaves the goal area in any manner other than as a result of a shot or a touch by the defending team.

Rationale: Clarification on when stalling shall be called.

Rules 7 Section 2 Penalty Time

7-2-Situation h:

During running time, penalty time will start with the whistle resuming play after the penalty is administered. If there is time remaining on a non-releasable penalty when a goal is scored, the earliest the penalty will release is when the ensuing faceoff has been completed.

7.2 SITUATION L:

During running time, A1 is serving a nonreleasable penalty.
Team B scores a goal with time left in the penalty. A1 comes back on the field for the faceoff as penalty time expires (a) prior to the officials placing the ball at the faceoff spot, (b) after the ball is placed but before the whistle to start play, (c) after the whistle but before the faceoff is completed. **RULING:** Illegal in all cases.
The player must wait until the faceoff is completed before returning to the game.

Correction to Situations:

15.3 SITUATION A: During normal play, A1 makes a pass to A2. While the ball is in flight, B1 commits (a) a technical foul or (b) a personal foul. RULING: In (a), the official calls out "play on" and the "play on" is over if the pass is completed. If the pass is not completed, award the ball to Team A. In (b), Flag down, immediate slow whistle.

This situation is returning to the previous version from 2022. The committee will review this change at the summer of 2023.

15.7 SITUATION: A1, in possession of the ball, is running down the field in Team A's attack half of the field with no player from Team B near A1 and loses any mandatory equipment.

RULING: The official should be ready to stop play immediately to prevent a potential injury even if a scoring play is in progress.

15.2 SITUATION D: During the course of play, goalkeeper B1's stick becomes broken or any other mandatory equipment becomes broken or dislodged.

RULING: The officials will stop play as soon as they notice the problem, regardless of whether the goalkeeper is in or out of the if the goalkeeper is in the crease. However, if a shot is already in flight when the equipment becomes broken or dislodged, the shot will be allowed to come to its normal conclusion before the whistle blows to stop play.

2023 NFHS Boys' Rules Interpretation

[2023 NFHS Boys' Rules Interpretation on Vimeo](#)

2023 BOYS LACROSSE MODIFIED RULES

Follow NFHS 2023 Rules including the 2023 Rule Changes

WITH THE FOLLOWING EXCEPTIONS

Game Rules:

- . The length of quarters, including a fifth quarter, shall be 10 minutes.
- 1. In the event of a tie, there shall be one 4-minute sudden victory overtime.
- 3. A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul--slashing. This includes the "over-the-head" check.
- 1. There shall be no such thing as a "brush" in the modified program. Contact between the crosse and helmet is a personal foul.
- i. In a five-period lacrosse game, the "mercy rule" shall be in effect at the end of the third period. Subject to local modifications.
- i. Substitutes are permitted whenever the ball goes out of bounds. (Horn allowed) Or may take place during live play according to Rule 4-21 Art.
- . When a goalie gets a penalty, the in-home player may serve the penalty if a second goalkeeper is unavailable.
- i. A goal will be disallowed after the horn sounds to indicate the end of the period.
- 1. For all restarts, ALL players shall be 5 yards or more away from the players in possession of the ball. No running restart.
- 0. Jersey, Shorts, Under-jerseys, Compression Wear & Sweatpants shall be the same dominant color for all teammates but are not restricted by number size/location/inserts or trim specifications or measurements or manufacturer logos.
- 1. When there is an existing flag down foul by a team and they commit a second foul under the slow whistle, the officials shall stop play immediately and assess both penalties.

CODE OF ETHICS FOR COACHES

Section XI is committed to high ethical standards of conduct as applied to coaches and athletes, therefore coaches shall:

1. Know the rules of the game, the policies of Section XI, and the rules and regulations of NYSPHSAA. The coach and the team shall abide by these rules and regulations.
2. Actively use their influence to enhance good sportsmanship on the part of their players and their community.
3. Refrain from the verbal abuse of athletes and/or officials. Profane and vulgar remarks, critical public comments, and off-color humor are demeaning, offensive and unprofessional.
4. Refrain from the physical abuse of athletes and/or officials. Unnecessary roughness, fighting or any other form of physical abuse cannot be tolerated. (Note: Verbal and physical abuse should never substitute for motivational techniques, which enhance performance without threatening the dignity of the athlete.)
5. Be responsible for the supervision, discipline, and behavior of his/her athletes and abide by all of the rules and regulations of the host school at away contests.
6. Preserve the integrity of competition by never humiliating the opponent in a deliberate manner.
7. In unaffiliated sports, ensure honesty in scoring and integrity of calls on the part of their athletes.
8. Do not attempt to seek an advantage through intimidation of opponents or officials.
9. Be positive role models relative to the use of controlled and illegal substances (drugs, alcohol, and tobacco).
10. Recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well being of the individual players.

Violations of this code will be handled by Section XI in the following manner:

1. Misconduct regarding the inappropriate behavior of a coach shall be referred to the offending coach's athletic director.
2. If the violation is not reconciled, the athletic director will forward a report to the Executive Director.
3. On a further violation or flagrant misconduct, the Executive Director will send a formal letter to the coach, athletic director and principal noting that such behavior is unacceptable at Section XI contests. The letter should reflect the degree of inappropriateness.
4. Should Section XI deem it necessary, the matter will be pursued through the Ethics Committee.

SPORTSMANSHIP

In all sports, players and coaches will rate their opponents' sportsmanship at every contest. Season team averages will determine winners in each league/division/device. The officials' rating card will include a sportsmanship rating of opponents at every contest (league and non-league). All teams at all levels of all sports are expected to submit these ratings.

Certificates and recognition will be given to those teams best exemplifying sportsmanship.

Every sport has its own rules and regulations that must be known and respected by coaches and athletes and enforced consistently by officials. However, there are certain behavioral standards that elevate an athletic event from a mere contest to a positive educational experience. Section XI's purpose in implementing this system is to encourage coaches and athletes to focus on these behavioral standards.

NYSPHSAA THUNDER AND LIGHTNING POLICY

The following policy will be in effect during Section championships and state qualifiers under the direction of the Executive Director, Sports Chair or designee:

1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation - thunder is thunder, lightning is lightning.

* With your site administrator, set up a plan for shelter prior to the start of any contest.

2. When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:

a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).

b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

c. After thunder and/or lightning have left the area, wait approximately **30 minutes** after the last boom is heard or strike is seen before resuming play or competition.

Contest Interruption

1. Whenever weather or other conditions cause the official(s) to interrupt a contest, the official(s) shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official(s) shall wait a minimum of 30 minutes from the time of the interruption before considering the cessation of play.

2. When thunder is identified at the site of an outdoor contest, the official(s) will suspend play immediately and wait a minimum of 30 minutes from the time of the interruption before considering the cessation of play. The official(s) will then make a decision whether to cease play for that day or resume the contest.

3. If lightning is observed at the site of an outdoor contest by the official(s) 15 or fewer minutes prior to the scheduled start of that contest, the official(s) and the responsible school authorities shall not permit that contest to be played on that date.

4. If lightning is observed at the site of an outdoor contest by the official(s) during the playing of the contest, the official(s) shall immediately cease play for the day. The rules of the particular sport shall determine whether the contest is "official" or must be resumed at a later date.

NEXT AVAILABLE DATE

In all sports, a postponed VARSITY contest must be played on the next available date. The next available date is defined as the next available weekday (M-F) on which a contest has not previously been scheduled by either team. Saturdays and Sundays may be used by mutual agreement. (5/22/90)

Exceptions: see baseball and softball (approved 5/18/04)

IN ORDER TO COMPLETE A LEAGUE SEASON, THE EXECUTIVE DIRECTOR MAY MANDATE ANY DAY EXCEPT SUNDAY AS THE NEXT AVAILABLE DATE DURING THE LATTER PART OF A SEASON. HOWEVER, THE MAXIMUM NUMBER OF LEAGUE GAMES PER WEEK (AS LISTED IN THE SPORT SPECIFIC EXCEPTIONS TO THIS POLICY) MAY NOT BE EXCEEDED.

Non-league contests will be vacated at the direction of the Executive Director in cooperation with the sport chairman if it becomes necessary to complete a league season.

PENALTY: FAILURE OF A SCHOOL TO COMPLY WITH THE NEXT AVAILABLE DATE POLICY WILL RESULT IN FORFEITURE. IF BOTH OPPOSING SCHOOLS WILL NOT COMPLY, BOTH SCHOOLS WILL BE ASSESSED A LOSS.

For contests in Section-wide sports:

A DATE WHICH IS VACATED AND/OR IDENTIFIED FOR THE PURPOSE OF ACCOMMODATING A SCHOOL'S PROM OR AN ENTIRE GRADE LEVEL TRIP PRIOR TO THE DEADLINE FOR SCHEDULE CHANGES WILL NOT BE CONSIDERED A NEXT AVAILABLE PLAYING DATE.

Boys tennis, track and girls' volleyball are exempt from this policy during the spring recess only.

NOTE: SCHOOLS MAY NOT MUTUALLY AGREE TO BE LESS RESTRICTIVE ON THE IMPLEMENTATION OF THIS POLICY.

When extraordinary circumstances (hurricanes, snowstorms, power outages, etc.) preclude a team from practicing on four or more consecutive days, the Executive Director may waive the next available date rule to allow for one day of practice. (5/14/96)

Contest Sites - The Executive Director, in consultation with the Sports Chair, is allowed to direct schools to switch sites and/or find neutral sites in league or division varsity games during the last week of the regular season. (10/10/07)

Following are the sport specific exceptions:

Basketball, Field Hockey, Lacrosse, and Soccer

Teams are not mandated to play:

1. League contests on more than two consecutive days.
2. More than three league games per week (running Monday - Saturday).
3. More than four league games during the last week of the season. These may not be played on more than two consecutive days.

HEAT ALERT POLICY

1. Modified Heat Alert - When the heat index reaches 88 (equivalent to T.H.I. of 73), practice sessions or contests in all sports must include:
 - a. Forced, frequent water breaks (every 10-15 minutes).
 - b. Loose clothing, light colored shorts and tee shirts (mesh recommended) for practice sessions.
 - c. Frequent rest breaks in shaded areas.
 - d. For football and lacrosse, mandatory water breaks every 15 minutes during which all players must remove helmets. Those players not participating in contact activities during practice, games or scrimmages shall not wear helmets.

NOTE: During all contests, the rules are to be modified to permit additional time outs for rest and forced water breaks.

2. Full Heat Alert - When the heat index reaches 95 (equivalent to T.H.I. of 78), **no** physical activity in any sport is permitted. Team meetings are permitted.

3. Notification of Schools - The Section XI Safety Chairman, will monitor the heat index and will initiate a heat alert by notifying the Section XI Office as to the course of action. The Section XI staff will communicate this information to each member district through the Connect-Ed system, with specific instructions for heat alert implementation. (Rev 5/10)

4. No sport is exempt from modified or full heat alerts. (1/16/02)

Reminder....

RECOMMENDED GUIDELINES FOR AUTOMATIC EXTERNAL DEFIBRILLATORS AT INTERSCHOLASTIC ATHLETIC CONTESTS

- ❖ The home school is responsible for providing trained personnel and an adequate number of AEDs at all interscholastic contests.
- ❖ At cross country meets conducted at off-site locations, those schools designated as the home schools will bring an AED and the trained personnel to use it. The personnel from home schools will be assigned to a specific location on the course. All competing schools will receive AED location maps for this site at the beginning of the season.
- ❖ At Section XI sponsored team tournaments, the higher seeded team will be responsible for providing trained personnel and an AED.
- ❖ At Section XI sponsored individual sport tournament events, the host school will be responsible for providing trained personnel and an AED.
- ❖ At Section XI sponsored individual sport tournament events conducted at non-school sites, the sport chairman will designate particular schools to be responsible for providing trained personnel and an AED.
- ❖ On the occasion where a home school will not be providing an AED and trained personnel at a contest, it is the responsibility of that home school to so notify the visiting school in a timely manner.

PROTESTS AND APPEALS

I. APPEALS

A. An appeal of any decision (made by a committee, a conference, a sport chairman, an officer of the Section) must be made within five school days upon receipt of that decision. The high school principal shall submit to the Executive Director a written request co-signed by the athletic director for an appeal hearing. This request shall be accompanied by a certified or school district check in the amount of two hundred dollars, non-refundable.

B. An appeal of the decision of the Appeals Committee may be made to the Athletic Council. A written notice of appeal from the high school principal co-signed by the athletic director accompanied by a certified or school district check in the amount of three hundred dollars, non-refundable, must be submitted to the Executive Director within five school days of receipt of the Appeals Committee's decision. The Athletic Council shall have the power to affirm, modify or reverse the decision of the Appeals Committee.

II. PROTESTS - SEASON CONTESTS (LEAGUE AND NON-LEAGUE)

A. Notification

1. The intent to protest and specific reason(s) for such must be filed with the officials (if any) and the opposing coach as follows:

FIELD HOCKEY, LACROSSE, SOCCER - Immediately (if necessary, a substitute is to be sent to notify the official that the coach is protesting the game). If the game ends before the protest can be lodged, the protest must be made before the teams leave the field.

2. Letter - The Executive Director must receive a protest letter from the high school principal co-signed by the athletic director describing the basis for the protest. Such letter must be received within five days of the contest protested and be accompanied by a certified or school district check payable to Section XI in the amount of two hundred dollars, refundable only if protest is upheld.

B. Protest - Section Tournaments - Prior to each Section sponsored competition, the site chairman (or host athletic director) shall establish a protest committee (unless the rules of the sport provide another procedure) which will decide immediately on any and all questions and/or protests relative to the competition rules or the conduct of the competition. Such decisions shall be final with no right of appeal.

III. HEARING PROCEDURES

A. Protests

1. The protest of any other contest (league or non-league) shall be referred to the President of Section XI (via the Executive Director) who shall appoint a chairman for the hearing.

2. A hearing shall be held within five school days of the receipt of the letter and check.

3. Protest Hearing Committee

a. It is recommended that there be three or five (including the chairman) voting members of the committee.

b. Personnel from the schools directly involved in the protest shall not be members of the committee.

c. The Executive Director (or Assistant) shall attend the hearing.

d. The appropriate sport chairman and rules interpreter shall act as consultants to the committee and will not vote.

e. The athletic directors and coaches of the schools involved are expected to attend the hearing.

f. Game officials are expected to attend the hearing.

g. Attendance is limited to school and Section XI personnel.

h. Schools involved in the protest shall be notified of the committee's decision.

i. The Executive Director shall forward a report of the committee's decision to the involved schools within five school days.

Medical Waivers for NYSPHSAA Regulation

Waivers of the minimum number of required participations may be granted for medical reasons only. To request such a waiver, the athletic director must submit:

- a. written request for such to the Executive Director,
- b. medical documentation of the illness/injury indicating specific dates, and
- c. a record of the athlete's participation.

The athletic director will be notified of approval/disapproval.

BOYS LACROSSE FIELD DIAGRAM

The diagram illustrates the layout of a boys' lacrosse field, including the field dimensions and surrounding areas.

Field Dimensions:

- Overall width: 60 YDS.
- Overall length: 110 YDS.

Field Layout and Key Features:

- End Lines:** Located at the top and bottom of the field.
- Sidelines:** Located on the left and right sides of the field.
- Center Line:** Divides the field into two halves.
- Goal Area:** Located at the top end line, 20 YDS. from the center line.
- Goal Circle:** A circle with a 9' RADIUS, located 15 YDS. from the goal area.
- Wing Area:** Located on the left side, 20 YDS. from the center line.
- Defensive Area:** Located on the right side, 20 YDS. from the center line.
- Goal:** A circle with a 4 IN. diameter, located 15 YDS. from the goal area.

Surrounding Areas:

- Coaches Area:** Located outside the field, 10 YDS. from the sideline.
- Team Area:** Located outside the field, 10 YDS. from the sideline.
- Benches:** Located outside the field, 10 YDS. from the sideline.
- Table Area:** Located outside the field, 10 YDS. from the sideline.
- Timer:** Located outside the field, 10 YDS. from the sideline.

Other Dimensions:

- Limit Line: 6 YDS. from the sideline.
- Table Area: 10 YDS. from the sideline.
- Timer: 10 YDS. from the sideline.
- Coaches Area: 10 YDS. from the sideline.
- Team Area: 10 YDS. from the sideline.
- Benches: 10 YDS. from the sideline.

NYSPHSAA
BOYS LACROSSE
(SEE PAGE 117- #42 IN NYSPHSAA
2012-2014 HANDBOOK)

SCRIMMAGE GUIDELINES

SCRIMMAGES: A lacrosse scrimmage must have modified time periods and include one or more of the following:

1. Alternate possessions
2. Start the scrimmage with either a Draw (Girls) or Face-Off (Boys)
3. Include the following game situations:
 - a. Face-Off/Draw- Boys/Girls
 - b. Clears and Rides- Boys/Girls
 - c. Extra man and Man-Down-Boys/Girls
 - d. Fast Breaks- Boys/Girls

IT IS PERMISSABLE TO DRILL WITH ANOTHER TEAM BEFORE OFFICIAL ALLOWABLE SCRIMMAGE DATE. ONLY STICK WORK DRILLS CAN BE DONE.

ABSOLUTELY NO OFFENSE/DEFENSE; ONLY INDIVIDUAL DRILLS ARE ALLOWED.