

HUNTINGTON UNION FREE SCHOOL DISTRICT
Department of Health, Physical Education and Athletics
James M. Hoops, District Director jhoops@hufsd.edu

Intramurals

Summer Wrestling

Huntington High School students currently enrolled in grades 9-12 are invited to participate in an intramural wrestling program. These school sponsored sessions will include general training and with an opportunity to learn more about neutral, top and bottom wrestling techniques.

The program will run Monday and Wednesday from 6:30- 8 p.m. at Blue Devil Wrestling room and the Huntington High School gym area beginning on Monday, July 26.

Attendance at all sessions is not required. Participate when it is convenient. Explore advanced offensive, defensive and situational techniques.

**For more information contact
Coach Smith at (631) 549-5551**