

SPORT	TRYOUT DATES	DATE
FOOTBALL	Thursday 9/9	3:00 – 5:00pm
Meet in the Gymnasium	·	•
BOYS SOCCER	Friday 9/10	3:00 – 5:00pm
Meet in the Gymnasium		
GIRLS SOCCER	Monday 9/13	3:00 – 5:00pm
GIRLS TENNIS	Monday 9/13	3:00 – 5:00pm
FIELD HOCKEY:	Monday 9/13	3:00-5:00pm
See Mrs. Bergmann in the G	Sym for info before Monday.	
	D) M I 0/12	2.00 4.45
CROSS COUNTRY (CO-El	,	3:00 – 4:45pm
See Mr. Richter in Room 21	5 for into defore wionday.	

## What students should bring on the first day in order to be eligible to try out?

- 1. Dressed and ready to participate in your sport.
- 2. Any equipment you might need.
- 3. Blue Parent Permission form signed by parent/guardian and student.
- 4. Prepare for transportation home by 5 p.m.

## **Checklist prior to tryouts:**

- Every student needs to get re-qualified by the school nurse for each sport season. The nurse can only clear you if you have the following forms on file:
- PHYSICAL EXAM FORM (link below) http://www.hufsd.edu/assets/pdf/resources/2021/health/private physical exam form.pdf
- INTERVAL HEALTH HISTORY FORM (link below) http://www.hufsd.edu/assets/pdf/athletics/2022/interval health history.pdf http://www.hufsd.edu/assets/pdf/athletics/2022/interval health history-sp.pdf
- Blue Parent permission form (link below) http://www.hufsd.edu/assets/pdf/athletics/2022/parent consent form.pdf

Questions: Contact athletic director Jim Hoops at jhoops@hufsd.edu or call the athletic office at 631.673.2018.