

# Appraising Myself as I Plan for the Future

This form will be kept on file in the College Office. Please give careful attention to the following questions. Your answers will be helpful to Mrs. Walsh in presenting you to colleges. Be assured that anything that you write will not be shared with anyone unless you approve it beforehand.

1. Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_
2. School Counselor: \_\_\_\_\_
3. Address: \_\_\_\_\_ Email: \_\_\_\_\_ Cell Phone # \_\_\_\_\_
4. Living with: Father \_\_\_\_\_ Mother \_\_\_\_\_ Stepfather \_\_\_\_\_ Stepmother \_\_\_\_\_ Other \_\_\_\_\_

Siblings:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_  
Name: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_  
Name: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_

## Parents/Guardians Information:

**Parent 1** Full Name: \_\_\_\_\_ is s/he living? \_\_\_\_\_

Home address (if different than yours): \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Name of college (if applicable): \_\_\_\_\_ Degree: \_\_\_\_\_ Year: \_\_\_\_\_

Name of professional or graduate schools (if applicable): \_\_\_\_\_

Degree: \_\_\_\_\_ Year: \_\_\_\_\_

**Parent 2** Full Name: \_\_\_\_\_ is s/he living? \_\_\_\_\_

Home address (if different than yours): \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Name of college (if applicable): \_\_\_\_\_ Degree: \_\_\_\_\_ Year: \_\_\_\_\_

Name of professional or graduate schools (if applicable): \_\_\_\_\_

Degree: \_\_\_\_\_ Year: \_\_\_\_\_

Is your home bilingual? \_\_\_\_\_ If so, what other language is spoken? \_\_\_\_\_

**Citizenship:**  
**(Optional)**

Please check:

US citizen     Dual US citizen; please specify other country of citizenship\_\_\_\_\_

US permanent resident visa; citizen of\_\_\_\_\_

Other citizenship\_\_\_\_\_

Country (ies) Visa type

**Student Athletes:**

Are you applying to \*\*Division I or \*\*Division II colleges for an athletic scholarship? \_\_\_\_\_

If so, what sport? \_\_\_\_\_

Coach's name: \_\_\_\_\_

Are you applying to Division III colleges with the hope that your athletic talent will help you gain admittance to the school? If so, what sport\_\_\_\_\_

Coach's name: \_\_\_\_\_

\*\*Please be sure to complete NCAA (National Collegiate Athletic Association) Initial Eligibility forms via [www.eligibilitycenter.org](http://www.eligibilitycenter.org) and meet with your guidance counselor as soon as possible to evaluate your candidacy. If you want to participate in college athletics or receive an athletic scholarship you must meet certain requirements while in high school.

**Health**

General health and physical condition (indicate any long period of illness):\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Autobiography

College admission counselors rely on the school counselor to provide them with information that may not appear in other parts of the application. Answering questions below will not only help Mrs. Walsh in writing your recommendation letter, but will also help if you are required to write a supplemental personal statement for your college applications.

1. What are your academic interests? Which courses have you enjoyed the most and why?

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2. Describe a challenge you have had to face and how did you handle that challenge? What was the outcome?

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3. How have you grown over your high school years as a student and personally?

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4. What do you consider your most admirable qualities and how have you exhibited these qualities?

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5. What are you passionate about? What inspires or motivates you?

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6. What are your future career goals?

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7. List any leisure time reading (i.e. not classroom assignments) you have done recently. Include any books, newspapers, or magazines that have been most enjoyable or meaningful for you.

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8. How do you spend your leisure time during the school year and in the summer? College admission counselors are interested in your time management and your overall learning experiences.

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9. Do you have any extracurricular talents/hobbies or interests that are not affiliated with school clubs or organizations?

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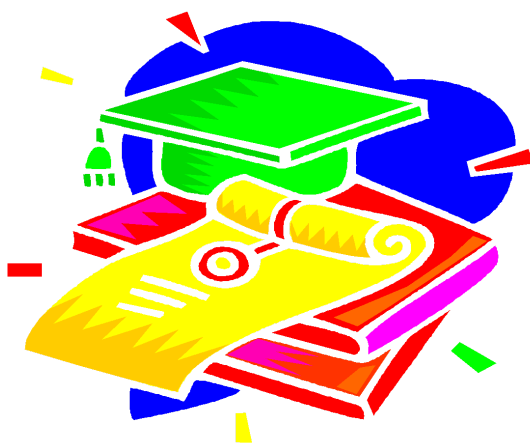
10. Do you have a quote or a personal motto you follow? What is it and why?

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## College Essay

The majority of colleges require the applicant to write an essay. **What do you want the readers of your application to know about you apart from courses, grades, and test scores?** The application may simply ask for a personal statement and leave the decision up to you as to how you wish to respond. Other colleges might ask you to write about suggested topics. The Common Application colleges ask students to respond to one of the prompts listed below.

- 1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- 2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount an incident or time when you experienced failure. How did it affect you, and what did you learn from the experience?
- 3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
- 4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
- 5. Discuss an accomplishment, event, or realization that sparked a period of growth and a new understanding of yourself or others.
- 6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
- 7. Share an essay on any topic of your choice. It can be one you've already written, or one that responds to a different prompt, or one of your own design.

In the space below, feel free to respond to one of the prompts listed. You can also list possible essay topic that you might want to discuss with Mrs. Walsh. Attach additional pages if you like. **This is not a required section of the "Appraising Myself as I Plan for the Future" packet.** However, it is suggested that you begin the college essay writing process during your junior year.

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**Activity Sheet/Résumé**

Colleges are interested in learning about how you spend your time outside of the school day. Do you volunteer? Do you participate in a club, sport, or musical activity? Have you demonstrated consistent involvement? What kind of an impact have you made in your





# Naviance

In addition to completing the “Appraising Myself as I Plan for the Future” packet, students must complete the **College Planning Survey** on your Naviance account. Mrs. Walsh will utilize the results of the survey during your college planning meeting

1. Log onto your Naviance account via CLEVER
2. Click on the “About Me” tab.
3. Click on Surveys from your School and then click on College Planning Survey.
4. Complete the survey, print it, and attach it to the back of this packet.

The screenshot shows the Naviance Student interface. At the top, there is a navigation bar with the Naviance logo and the word "Student". Below this, there are several tabs: Home, Colleges, Careers, About Me, and My Planner. On the left side, there is a sidebar with "Quick Links" and two sections: "INTERESTING THINGS ABOUT ME" (with links for Resume, Documents, Journal, and Survey history) and "OFFICIAL THINGS" (with links for Profile, Inbox, Account, and Test scores). The main content area is titled "College Planning Survey" and contains a yellow warning box that says "Note: You will be logged out of the survey after one hour if you have not changed the page." Below this, there is a paragraph of text explaining the purpose of the survey and a question: "\* 1. What are your plans after high school? If more than one response is appropriate, check all that apply." The question has five radio button options: "4 year college or university" (checked), "2 year college or technical school", "Military", "Work", "Gap year", and "Undecided". A "Show Me How" button is located in the bottom right corner of the survey area.

## Huntington High School Parent Response Form





6. If there are any particular colleges you would like your child to consider, please feel free to list them below.

7. Are there any family-related factors that will influence your child's decision?

8. Is there anything you wish to add which would help me in writing my recommendation letter?  
e.g. educational background, family situation, medical history, personal achievements, etc.

9. Does your child have special needs that have warranted accommodations? (This is something you may want to discuss in person.)

Parent(s)

Signature(s) \_\_\_\_\_

# Valorándome a mí mismo mientras planifico el futuro

Responda las siguientes preguntas lo mejor que pueda. La información que proporcione ayudará a sus consejeras a planificar su futuro.

1. Nombre: \_\_\_\_\_ Fecha de nacimiento: \_\_\_\_\_
2. Consejera Escolar: \_\_\_\_\_
3. Número de Celular: \_\_\_\_\_ Dirección de correo electrónico: \_\_\_\_\_
4. Dirección: \_\_\_\_\_
5. Vivo con: Padre \_\_\_\_\_ Madre \_\_\_\_\_ Padrastro \_\_\_\_\_ Madrastra \_\_\_\_\_ Otro \_\_\_\_\_

Hermanos:

Nombre: \_\_\_\_\_ Edad: \_\_\_\_\_ Escuela: \_\_\_\_\_  
Nombre: \_\_\_\_\_ Edad: \_\_\_\_\_ Escuela: \_\_\_\_\_  
Nombre: \_\_\_\_\_ Edad: \_\_\_\_\_ Escuela: \_\_\_\_\_

## Información de los padres/tutores

**Padre 1** Nombre completo: \_\_\_\_\_ ¿él/ella está viviendo? \_\_\_\_\_

Ocupación: \_\_\_\_\_ Empleador: \_\_\_\_\_

Domicilio (si es diferente al suyo): \_\_\_\_\_

**Padre 2** Nombre completo: \_\_\_\_\_ ¿él/ella está viviendo? \_\_\_\_\_

Domicilio (si es diferente al suyo): \_\_\_\_\_

Ocupación: \_\_\_\_\_ Empleador: \_\_\_\_\_

## Ciudadanía: (Opcional)

Por favor, compruebe:

- \_\_\_\_ Ciudadano de EE.UU.  
\_\_\_\_ Doble ciudadano de EE.UU.; por favor especifique otro país de ciudadanía \_\_\_\_\_  
\_\_\_\_ Visa de residente permanente de EE.UU. (tarjeta verde); ciudadano de \_\_\_\_\_  
\_\_\_\_ Otra ciudadanía \_\_\_\_\_

País(es)

Tipo de visa



## Autobiografía

1. ¿Cuáles son tus intereses académicos? ¿Qué cursos has disfrutado más y por qué?

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2. ¿Qué te inspira o motiva?

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3. ¿Cuáles son tus metas profesionales futuras?

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4. ¿Cuáles son tus planes después de la secundaria? Si más de una respuesta es apropiada, marque todas las que correspondan.

- Universidad de 4 años     Colegio comunitario de 2 años     Escuela de comercio  
 Militar     Trabajar     Viajar o ser voluntario     Indeciso

5. ¿Es elegible para el Programa de Almuerzo Gratis/Reducido del Estado de Nueva York?

- Sí     No     Inseguro

6. ¿Has tomado el SAT o ACT?

- Sí     No     Yo estoy/estaré registrado



# Formulario de respuesta de los padres/tutores de Huntington High School

El nombre del estudiante: \_\_\_\_\_

Nombre(s) de padre/tutor(es): \_\_\_\_\_

Dirección de correo electrónico de los padres/tutores: \_\_\_\_\_

Por favor responda a las preguntas a continuación. Si no encuentra útiles estas preguntas en particular, entonces escriba información separada. Sea divertido(a); sea serio(a); demuestre su orgullo. Su voluntad de completar este formulario o escribir una carta por separado es muy útil para asesorar a su hijo(a).

1. Describa uno o dos eventos que considere puntos de inflexión en el desarrollo de su hijo y explique por qué los considera así.

2. ¿Su carrera en la escuela secundaria ha sido placentera? dolorosa? porque?... (no dude en escribir sobre ambos aspectos).

3. Su mayor fortaleza/mayor debilidad es:

4. Estoy/estamos orgullosos de mi/nuestro hijo(a) porque... (las anécdotas específicas son especialmente bienvenidas).

5. Algo que necesitas saber sobre mi / nuestro hijo(a) es:
  
  
  
  
  
  
  
  
  
  
6. Si hay universidades/programas en particular que le gustaría que su hijo considere, no dude en enumerarlos a continuación.
  
  
  
  
  
  
  
  
  
  
7. ¿Existen factores relacionados con la familia que influyen en la decisión de su hijo (a)?
  
  
  
  
  
  
  
  
  
  
8. ¿Hay algo que desee agregar que me ayude a escribir mi carta de recomendación? por ejemplo; antecedentes educativos, situación familiar, historial médico, logros personales, etc.

Padre/Madre/Guardián  
firma(s) \_\_\_\_\_