

Appraising Myself as I Plan for the Future

This form will be kept on file in the College Office. Please give careful attention to the following questions. Your answers will be helpful to Mrs. Walsh in presenting you to colleges. Be assured that anything that you write will not be shared with anyone unless you approve it beforehand.

1. Name: _____ D.O.B: _____
2. School Counselor: _____
3. Address: _____ Email: _____ Cell Phone # _____
4. Living with: Father ___ Mother ___ Stepfather ___ Stepmother ___ Other ___

Siblings:
Name: _____ Age: ___ School: _____
Name: _____ Age: ___ School: _____
Name: _____ Age: ___ School: _____

Parents/Guardians Information:

Parent 1 Full Name: _____ is s/he living? _____

Home address (if different than yours): _____

Occupation: _____ Employer: _____

Name of college (if applicable): _____ Degree: _____ Year: _____

Name of professional or graduate schools (if applicable): _____

Degree: _____ Year: _____

Parent 2 Full Name: _____ is s/he living? _____

Home address (if different than yours): _____

Occupation: _____ Employer: _____

Name of college (if applicable): _____ Degree: _____ Year: _____

Name of professional or graduate schools (if applicable): _____

Degree: _____ Year: _____

Is your home bilingual? _____ If so, what other language is spoken? _____

Citizenship:
(Optional)

Please check:

___ US citizen ___ Dual US citizen; please specify other country of citizenship_____

___ US permanent resident visa; citizen of _____

___ Other citizenship _____

Country (ies)

Visa type

Student Athletes:

Are you applying to **Division I or **Division II colleges for an athletic scholarship? _____

If so, what sport? _____

Coach's name: _____

Are you applying to Division III colleges with the hope that your athletic talent will help you gain admittance to the school? If so, what sport _____

Coach's name: _____

**Please be sure to complete NCAA (National Collegiate Athletic Association) Initial Eligibility forms via www.eligibilitycenter.org and meet with your guidance counselor as soon as possible to evaluate your candidacy. If you want to participate in college athletics or receive an athletic scholarship you must meet certain requirements while in high school.

Health

General health and physical condition (indicate any long period of illness): _____



Autobiography

College admission counselors rely on the college counselor to provide them with information that may not appear in other parts of the application. Answering questions below will not only help Mrs. Walsh in writing your recommendation letter, but will also help if you are required to write a personal statement for your college applications.

1. How would your family and/or friends describe you?

2. What aspects of your high school years have you enjoyed the most?

3. Describe a difficult decision that you have had to make and what you learned as a result.

4. Describe a challenge you have had to face.

5. Which one of your accomplishments are you most proud of and why?

6. Are there any traits or accomplishments that set you apart from other teenagers?

7. What characteristics or qualities would you like Mrs. Walsh and college admission counselors to know about you?

8. What are your future goals?

9. List any leisure time reading (i.e. not classroom assignments) you have done in the past two years or so. Include any books, newspapers, or magazines and which have been most enjoyable or meaningful for you.

10. How do you spend your leisure time during the school year and in the summer? College admission counselors are interested in your time management and your overall learning experiences. List chronologically any pertinent travel opportunities, summer classes or internships, or other activities you have undertaken.

11. I would describe myself as: (list 10 adjectives)

12. How do you think your teachers would describe you?

13. Do you have a quote or a personal motto which you follow? What is it and why?





College Essay

The majority of colleges require the applicant to write an essay. ***What do you want the readers of your application to know about you apart from courses, grades, and test scores?*** The application may simply ask for a personal statement and leave the decision up to you as to how you wish to respond. Other colleges might ask you to write about suggested topics. The Common Application colleges ask students to respond to one of the prompts listed below.

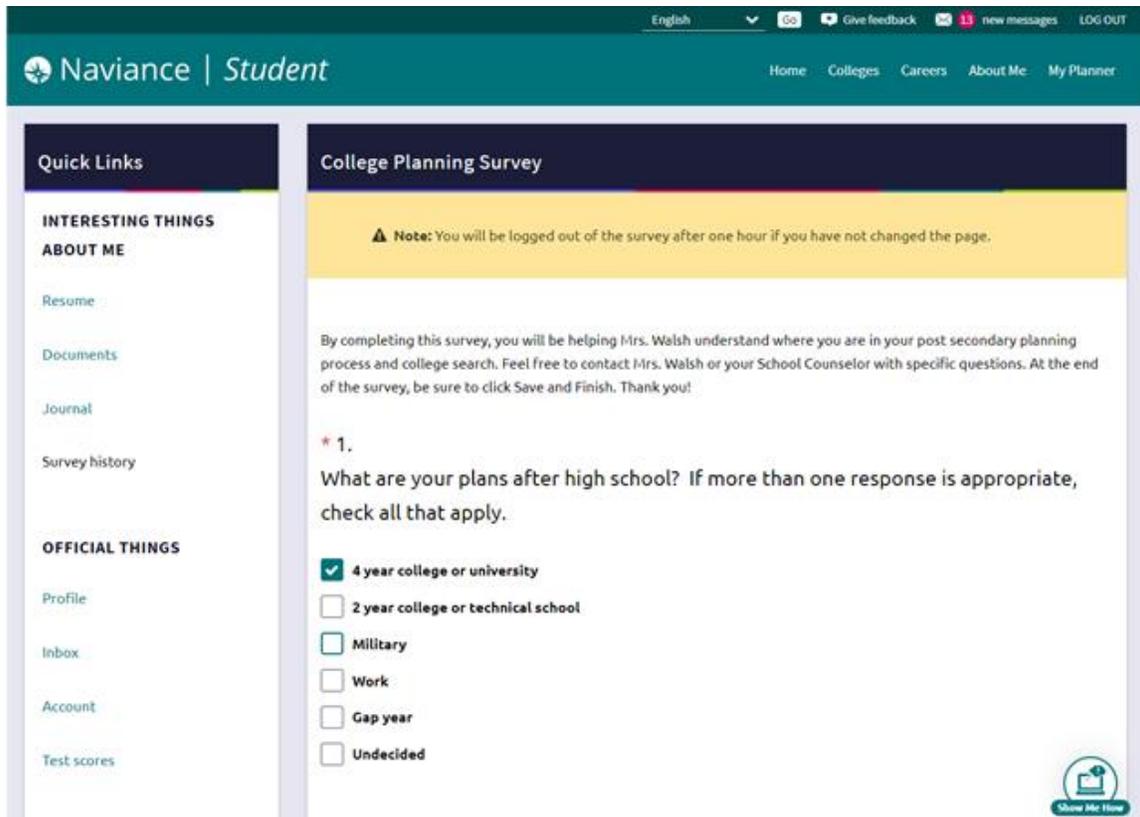
1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from failure can be fundamental to later success. Recount an incident or time when you experienced failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you challenged a belief or idea. What prompted you to act? Would you make the same decision again?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
5. Discuss an accomplishment or event, formal or informal that marked your transition from childhood to adulthood within your culture, community, or family.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, or one that responds to a different prompt, or one of your own design.

In the space below, feel free to respond to one of the prompts listed. You can also list possible essay topic that you might want to discuss with Mrs. Walsh. Attach additional pages if you like. **This is not a required section of the "Appraising Myself as I Plan for the Future" packet.** However, it is suggested that you begin the college essay writing process during your junior year.



In addition to completing the "Appraising Myself as I Plan for the Future" packet, students must complete the **College Planning Survey** on your Naviance account. Mrs. Walsh will utilize the results of the survey during your college planning meeting

1. Log onto your Naviance account via CLEVER
2. Click on the "About Me" tab.
3. The College Planning Survey is located on the upper left side of the page.
4. Complete the survey, print it, and attach it to the back of this packet.



6. If there are any particular colleges you would like your son or daughter to consider, please feel free to list them below.

7. Are there any family-related factors that will influence your child's decision?

8. Is there anything you wish to add which would help me in writing my recommendation letter? e.g. educational background, family situation, medical history, personal achievements, etc.

9. Does your son or daughter have special needs that have warranted accommodations? (This is something you may want to discuss in person.)

Parent(s)
Signature(s)_____