ADULT EDUCATION PROGRAM – FALL 2014
Huntington High School – Huntington, New York
Resident HUFSD $55 – Non-Resident $65 – Senior Citizen $15

Name..............................................................................................................................................

School District ................................................................................................................................

Address .................................................................Town:.................................Phone No. .................

E-Mail ..............................................................................................................................................

Course...............................................................Day .........................................Fee ..............................................

REGISTRATION MAIL-IN FORM
Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.
Make checks payable to HUFSD.
Do not include extra class fees for books or materials.

Mail along with separate checks for each course to:

Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.

ONLINE PAYMENT
1. CODE - jhauyco

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.

ADULT EDUCATION
Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

FALL 2014

Dated Material
ADULT EDUCATION PROGRAM
Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one’s lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:
MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, September 10, 2014
HUNTINGTON HIGH SCHOOL LOBBY
Inclement weather registration date - September 17, 2014 6-9pm

Mr. James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION
Emily Rogan, President • Jennifer Hebert, Vice President
Tom DiGiacomo • William Dwyer • Bari Fehrs • Xavier Palacios

ADULT EDUCATION OFFICE
HUNTINGTON HIGH SCHOOL
Tel. 812-2380 Monday-Thurday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.

IN PERSON. Register for all classes Wednesday, September 10, 2014 from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington. An inclement weather registration date is set for September 17, 2014 from 6-9pm.

ON-LINE. You may register on-line at TURBOROSTER.com (see front of brochure for instructions)

FEES: $55.00 for District residents
$15.00 for Senior Citizen residents
$65.00 for all Nonresidents,
except where indicated otherwise in the course description. Fees may be paid by cash or check made payable to HUFSD. Separate checks should be made out for each course. DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS; these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education courses for a fee of $15.00 (except those classes marked limited or no senior discount). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. ID required the first night of class.

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.
The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR FALL 2014

*R = REGISTRATION ( ) = HOLIDAY/SCHOOL CLOSED *CB = CLASSES BEGIN **** = INCLEMENT WEATHER REGISTRATION DATE

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SPANISH – BEGINNER</strong></td>
<td><strong>BEGINNING WATERCOLOR</strong></td>
<td><strong>BEGINNING RAHINI YOGA</strong></td>
</tr>
<tr>
<td>Carlos Pumar</td>
<td>Anne Gunthner</td>
<td>Deidre Mayer</td>
</tr>
<tr>
<td>Room 126</td>
<td>Room 108</td>
<td>Jack Abrams Cafeteria</td>
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<tr>
<td>7:00-9:00</td>
<td>6:30-8:30</td>
<td>5:30-6:30</td>
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<tr>
<td>Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.</td>
<td><strong>NO SENIOR CITIZEN DISCOUNT</strong></td>
<td><strong>NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td><strong>CROCHETING</strong></td>
<td><strong>NO SENIOR CITIZEN DISCOUNT</strong></td>
<td>No experience necessary. A perfect class for the beginner that has little or no experience with yoga. The very basics of yoga will be introduced at a pace that is comfortable, safe and non-intimidating. Bring blocks, straps and a towel or blanket. It is a great way to explore and experience the joy of yoga. <strong>Maximum 15</strong></td>
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<tr>
<td>Kelly Hatzmann</td>
<td><strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td>Library</td>
<td><strong>THE PLEASURES OF MUSIC</strong></td>
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<tr>
<td>7:00-9:00</td>
<td>Margaretha Maimone</td>
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<tr>
<td>For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring projects (and any materials needed) that they are interested in or working on currently. 12 Maximum</td>
<td>Room 127</td>
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<tr>
<td><strong>STREET LAW</strong></td>
<td>Director of the Ridotto Series</td>
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<tr>
<td>TBA</td>
<td><strong>FEE: $45 Resident, $50 Non-Resident</strong></td>
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<tr>
<td>Room 124</td>
<td>This series of lectures offers an in depth look at Classical music as it relates to society and to the other arts. The powerful role of music throughout the centuries can be understood and enjoyed with reference to history, literature and the arts. This is a colorful, interesting series for all Classical Music lovers and those who would love to learn more about composers and the origins and appeal of their greatest works. Margaretha Maimone is a violinist, conductor and presenter of concerts, including the Ridotto Concert with a touch of theater.</td>
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<tr>
<td>7:00-9:00</td>
<td><strong>6 sessions- 9/23,9/30,10/7,10/14,10/21,10/28</strong></td>
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<td>This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. There will be a workbook fee that will be discussed at the first class.</td>
<td>7:30-9:00</td>
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<tr>
<td><strong>COOKING – SIMPLE &amp; DELICIOUS</strong></td>
<td><strong>FEE: $67 - $77 Non-Resident</strong></td>
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<tr>
<td>Anna Naccarato</td>
<td><strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td>Finley Room 208</td>
<td><strong>The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.</strong></td>
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<tr>
<td>7:00-9:00</td>
<td><strong>Maximum 15</strong></td>
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<td>Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.</td>
<td><strong>FEE: $57</strong></td>
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<tr>
<td><strong>DIGITAL PHOTOGRAPHY</strong></td>
<td><strong>INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE</strong></td>
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<tr>
<td>Beth Laraia</td>
<td>Richard Gress</td>
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<tr>
<td>Room 251</td>
<td>Room 251</td>
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<tr>
<td>8 Sessions</td>
<td>6:30-8:30</td>
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<tr>
<td><strong>FEE: $67 Resident-$77 Non Resident</strong></td>
<td><strong>FEE: $67 - $77 Non-Resident</strong></td>
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<td>Limited. No Senior Citizen Discount.</td>
<td><strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td>This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. You will be instructed in the basics of Adobe Photoshop to take your photos to the next level. Students should have a working knowledge of computers.</td>
<td><strong>The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.</strong></td>
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<tr>
<td><strong>THE NATIVE-AMERICAN</strong></td>
<td><strong>INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE</strong></td>
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<tr>
<td>Chet Lukaszewski</td>
<td>Richard Gress</td>
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<tr>
<td>Room 204</td>
<td>Room 251</td>
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<td>7:00-9:00</td>
<td>6:30-8:30</td>
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<td>This course is offered to give members of the community an overview of Native American people-their earliest migrations into North America, their traditional lifestyles: PERSIA (Political, Economic, Religious, Social, Intellectual, Aesthetic), and current issues. Differences among the tribes will be illustrated by looking at 9 regions: Northwest, California, Southwest, Great Basin, Plateau, Oklahoma, Southeast and Northeast. Photos, handouts, and the instructor's experiences will be used to supplement the subject matter.</td>
<td><strong>FEE: $67 - $77 Non-Resident</strong></td>
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<td><strong>RESTORATIVE YOGA</strong></td>
<td><strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td>Linda Kundla</td>
<td><strong>The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.</strong></td>
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<td>Southdown Gym</td>
<td><strong>Maximum 15</strong></td>
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<td>7:00-8:30</td>
<td><strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
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<tr>
<td>4 Sessions- 11/3,11/10,11/17,11/24</td>
<td><strong>The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.</strong></td>
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<tr>
<td><strong>FEE: $30 Resident, $40 Non-Resident</strong></td>
<td><strong>INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE</strong></td>
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<tr>
<td><strong>FEE: $67 - $77 Non-Resident</strong> <strong>LIMITED- NO SENIOR CITIZEN DISCOUNT</strong></td>
<td>Richard Gress</td>
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<td><strong>No Senior Discount</strong></td>
<td>Room 251</td>
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<td>A great way to prepare for the holidays and winter. Rejuvenating and supported postures will be introduced to help soothe your nervous system and reduce chronic tension. Supra- pranayama, (breathing exercises) will also be introduced. Please bring 3 blankets, 2 blocks and a yoga mat. Wear loose fitting comfortable attire.</td>
<td>6:30-9:30</td>
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<tr>
<td><strong>ZUMBA GOLD</strong></td>
<td><strong>PREPARATION FOR CITIZENSHIP</strong></td>
<td></td>
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<tr>
<td>Janeen Wasoski</td>
<td>TBA</td>
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<tr>
<td>Woodhill Gym</td>
<td>Room 124</td>
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<td>6:00-7:00</td>
<td>7:00-9:00</td>
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<td>Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.</td>
<td>**This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen. <strong>Materials fee for workbook $17.</strong></td>
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<tr>
<td><strong>SOCCER FOR MEN (Indoor)</strong></td>
<td><strong>PREPARATION FOR CITIZENSHIP</strong></td>
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<tr>
<td>Kieran Mock</td>
<td>TBA</td>
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<tr>
<td>Huntington High Gym</td>
<td>Room 124</td>
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<tr>
<td>8:30-10:00</td>
<td>7:00-9:00</td>
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<tr>
<td>Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended. <strong>Minimum 10</strong></td>
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</tbody>
</table>
RAHINI FLOW YOGA
Deidre Mayer
4:15-5:15
This class is designed for beginners and is recommended for all levels. It is a fun and challenging way to build strength, flexibility, and balance.

INTERNET A TO Z
Richard Gress
Room 251
7:30-9:30
4 Sessions: 10/15, 10/22, 10/29, 11/5
FEE: $30 Resident - $40 Non-Resident
This fun beginner’s course will give you everything you need to know to successfully use the Internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

BASKETBALL FOR MEN
Johnnie Morales/David Burkhart
H.S. Gym
8:30-10:30
10 SESSIONS
Choose up sides and play full or half court games in our gym. For men over 21 years. Minimum 20

E.S.L. (English as a Second Language)
TBA
For Parents of Enrolled ELL Students
7:00-9:00
Room 126
This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.

COOKING – SIMPLE & DELICIOUS
Anna Naccarato
Finley Room 208
7:00-9:00
Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

INTRODUCTION to CERAMICS
Devin Auricchio
Room 107
7:00-9:00
Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

PASTEL LANDSCAPES
Anna Gunthner
Room 108
6:30-8:30
No Senior Discount
Versatility, immediacy, luminosity, brilliance, ease of use– these are just a few of the many attributes of working in pastel. Learn to create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

udson Certified Yoga
Carmella Stone Klein
Jefferson Gym
6:30-8:00
8 SESSIONS
NO SENIOR CITIZEN DISCOUNT. Yoga is the union of mind, body and spirit. In iyengar yoga, postures are presented accentuating precision and alignment. Through the use of various props such as blocks and blankets, individuals are able to access better alignment and intelligence, and address any specific physical conditions. This process brings a state of well-being, contentment, flexibility, poise, balance and equanimity. Please wear comfortable clothing and bring two blankets, and a mat. General level—all students welcome

SPANISH – ADVANCED LEVEL
Carlos Pumar
Room 126
7:00-9:00
A continuation of the Beginner Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language.

CHINESE – for Beginners
Annie Hsiao
Room 123
7:00-9:00
The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for “daily life” communication. The main textbook used in class will be “Speak Mandarin in One Thousand Words”.

TAI CHI CHI KUNG
Richard Wos
Jefferson Cafeteria
7:00-8:30
8 SESSIONS
LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

COOKING – SIMPLE & DELICIOUS
Anna Naccarato
Finley Room 208
7:00-9:00
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HISTORY of SPORTS and its EFFECT on AMERICAN CULTURE
Mark Kelly
Room 110
7:00-8:30
Everyone loves to talk about sports! This course is designed to introduce sports to the total novice that has no idea what a Hat Trick is (hint: it doesn’t involve a rabbit or magic wand), while also expanding to provide each participant with enough information to make sports their profession. Sports has become a staple of our society here in the United States. Understanding sports on just the most basic level will help anyone as they move forward in life.

MICROSOFT OFFICE ADVANCED
Richard Gress
Room 251
7:30-9:30
8 Sessions
FEE: $67 - $77 Non-resident
LIMITED. NO SENIOR CITIZEN DISCOUNT. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checklist registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

INTERNET A TO Z
Richard Gress
Room 251
7:30-9:30
4 Sessions: 10/15, 10/22, 10/29, 11/5
FEE: $30 Resident - $40 Non-Resident
This fun beginner’s course will give you everything you need to know to successfully use the Internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

BASKETBALL FOR MEN
Johnnie Morales/David Burkhart
H.S. Gym
8:30-10:30
10 SESSIONS
Choose up sides and play full or half court games in our gym. For men over 21 years. Minimum 20

E.S.L. (English as a Second Language)
TBA
For Parents of Enrolled ELL Students
7:00-9:00
Room 126
This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.

COOKING – SIMPLE & DELICIOUS
Anna Naccarato
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Room 126
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ECONOMICS
Room 123 7:00-9:00
This Economics class will cover basic Economic theory and practice. There will be a workbook fee which will be discussed at the first class.

PAINTING
Ellen Winter
Room 108 7:00-9:00
LIMITED. NO SENIOR CITIZEN DISCOUNT. Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class. If you know you will be using a table top or floor easel and you have one, please bring it with you.

PHOTOGRAPHY LESSONS
Robert Mayer
Room 124 7:00-8:30
This Photography class is for Beginner to Advanced and all levels in between if you have a strong passion for Photography and the desire to learn. Camera requirements: Point and shoot, DSLR or any other format camera will do.
This class will cover the following Basic photographic skills:
- On the artistic level, we will cover elements like: Light, Exposure, Exposure Compensation, Composition, Depth of field, leading lines and more.
- On the technical level, we will cover elements like: ISO, Shutter Speed, Aperture, Selective Focus, Bokeh, Manual Focusing, Histogram and more.
- Types of photography covered: Landscape, Portraitature (adults and children), Wildlife and Sports.

ZUMBA GOLD
Janeen Wasoski
Woodhull Gym 6:00-7:00
NO SENIOR CITIZEN DISCOUNT
Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It’s great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

SEMINARS/FOOD FOR THOUGHT
Addressing Long Term Care
Auto Insurance Reduction Program
NEW! Eliminate Stress at Home and in the Workplace
Financial Strategies 101-Dollars & Sense
Friends & Families CPR and First Aid for Children
Getting Paid To Talk, Making Money With Your Voice
NEW! Line Dancing
NEW! Social Security Planning

EXPANDED HORIZONS
WESTERN SUFFOLK BOCES - SUFFOLK COUNTY
SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.
Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)
Huntington High School, Room 206
Tues. & Thurs. 6:30-9:00
NO FEE
If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L.(English as a Second Language)
E.S.L.(English as a Second Language)
I-Beginner
Huntington High School, Room 204
Tues. & Thurs. 6:30-9:00
NO FEE
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.
E.S.L.(English as a Second Language)
II-Intermediate/III-Advanced
Huntington High School, Room 205
Tues. & Thurs. 6:30-9:00
NO FEE
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.
ELIMINATE STRESS at HOME and in the WORKPLACE  
Dr. Michael Posner  
Room 113  
7:00-8:30  
3 Sessions: Thurs. 10/15, 10/22, 10/29  
FEE: $35 Resident - $40 Non-Residents  
Do you sit a lot during the day? Does your body and mind feel stressed? Does your neck, shoulders, hands and lower back feel tense, achy and in pain? What if you could eliminate the stress and tension in your mind, body and emotions within minutes without getting up from your chair? Would you give yourself that gift? If you said yes to any of the above questions, then do not procrastinate any longer because I have the solutions. Invest in 3 sessions that could change your life with minimal effort! Join us and stop putting off your most valued asset, yourself!

SOCIAL SECURITY PLANNING  
What Everyone Needs To Know (especially boomers)  
Tuesday, 10/7  
Bud Levy,CFP , CPA, MBA  
Room 110  
7:00-9:00  
FEE: $20 per person - $30 per couple  
After being told for years that Social Security is “going broke,” baby boomers are realizing that it will soon be their turn to collect. But the decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. This informative workshop not only covers the basics but also reveals little known strategies for maximizing your benefits. You will learn: the 5 factors to consider in deciding when to apply for benefits, when it makes sense to delay benefits, how to integrate benefits with other retirement income sources, and how to coordinate benefits with your spouse to maximize the total drawdown from Social Security. Each attendee will receive a free copy of “The Baby Boomer’s Guide To Social Security” which summarizes key retirement benefit provisions.

LINE DANCING  
Linda Leake  
Tuesdays – 10/14, 10/21, 10/28  
6:30-8:30  
FEE: $35 Resident - $40 Non-Residents  
Jefferson Gym  
Be ready for your next special event you will be attending! Join us for some nights of fun learning dances such as the Cha Cha Slide, Electric Slide, Cupid Shuffle and more. Beginners and those familiar with these dances are welcome.

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE  
AN INTRODUCTION TO PROFESSIONAL VOICE OVERS  
Thursday – 11/13  
Jenny Marcotte  
Room 110  
6:30-9:00  
FEE: $25 Resident - $30 Non-Residents  
Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally.  
Learn more here http://www.voicecoaches.com/gptt  
Registration deadline of November 1 for this seminar.

ADDRESSING LONG TERM CARE  
Michael Donnelly  
Tues. 10/21  
7:00-8:30  
Room 113  
FEE: $25 Resident - $30 Non Resident  
This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.  
Registration deadline of October 7 for this seminar.

AUTO INSURANCE REDUCTION PROGRAMS  
TBA  
NATIONAL TRAFFIC SAFETY INSTITUTE  
7:00-10:00  
Tues. 10/28 & Thurs. 10/30  
Room 114  
FEE: $35 - $40 Non-Resident  
Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.  
Registration deadline of October 14 for this seminar.

FINANCIAL STRATEGIES 101-Dollars & Sense  
Michael Donnelly  
Thurs. 11/6  
Room 113  
7:00-8:30  
FEE: $25 Resident - $30 Non Resident  
This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.  
Registration deadline of October 23 for this seminar.