### Adult Education Program – Fall 2012

**Huntington High School – Huntington, New York**

Resident HUFSD $55 – Non-Resident $65 – Senior Citizen $15

<table>
<thead>
<tr>
<th>Name</th>
<th>School District</th>
<th>Address</th>
<th>Phone No.</th>
<th>E-Mail</th>
<th>Course</th>
<th>Day</th>
<th>Fee</th>
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**Registration Mail-in Form**

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course. Make checks payable to HUFSD. **Do not include extra class fees for books or materials.**

Mail along with separate checks for each course to:

Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.

**Online Payment**

1. **CODE** - jhauyco

**Link** - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email **help@turboroster.com**.

**CODE** - please sign onto [www.turboroster.com](http://www.turboroster.com) and select **JOIN AS A MEMBER**. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.
ADULT EDUCATION PROGRAM
Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one’s lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:
MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, September 12, 2012
HUNTINGTON HIGH SCHOOL LOBBY

James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION
Emily Rogan, President • John Paci, Vice President
Tom DiGiacomo • Jennifer Hebert • Richard McGrath • Xavier Palacios • Adam Spector

ADULT EDUCATION OFFICE
HUNTINGTON HIGH SCHOOL
Tel. 812-2380 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE
BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.

ON-LINE: See instructions on cover page.

IN PERSON. Register for all classes Wednesday, September 12, 2012 from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

FEES: $55.00 for District residents
$15.00 for Senior Citizen residents
$65.00 for all Non-residents,
except where indicated otherwise in the course description. Fees may be paid by cash or check made payable to HUFSD. Separate checks should be made out for each course. DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS; these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend any adult education course for a fee of $15.00 WHenever SPACE IS AVAILABLE (except those classes marked limited or special fee). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. ID required the first night of class.

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be cancelled and you will be notified by phone when possible. Your refund will be mailed from the School Board Office. ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELLED.

When Huntington Union Free School District schools are closed due to inclement weather or other reasons, adult classes will not meet.

<table>
<thead>
<tr>
<th>CALENDAR FALL 2012</th>
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<tr>
<td>R = REGISTRATION</td>
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<td>() = HOLIDAY/SCHOOL CLOSED</td>
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<td>C = CLASSES BEGIN</td>
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<tr>
<th>SEPTEMBER</th>
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WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.
### MONDAY

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Room</th>
<th>Time</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>SPANISH FOR BEGINNERS</strong></td>
<td>Carlos Pumar</td>
<td>126</td>
<td>7:00-9:00</td>
<td>Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.</td>
</tr>
<tr>
<td><strong>CROCHETING</strong></td>
<td>Kelly Hatzmann</td>
<td>Library</td>
<td>6:30-8:30</td>
<td>For those with little to no crochet experience who want to learn the basics of crochet and complete a project in 8 weeks. Crocheters are encouraged to bring in projects that they are working on or need help with. 16 Maximum</td>
</tr>
<tr>
<td><strong>THE NATIVE-AMERICAN</strong></td>
<td>Chet Lukaszewski</td>
<td>124</td>
<td>7:00-9:00</td>
<td>This course is offered to give members of the community an overview of Native-American people – their earliest migrations into North America, their traditional lifestyles: PERSIA (political, economic, religious, social, intellectual, aesthetic), and current issues. Differences among tribes will be illustrated by covering 9 distinct regions – Northwest, California, Southwest, Great Basin, Plateau, Great Plains, Oklahoma, Southeast, and Northeast. Photos and the instructor’s experiences will be used to enhance the subject matter.</td>
</tr>
<tr>
<td><strong>COOKING- SIMPLE &amp; DELICIOUS</strong></td>
<td>John Gurreri</td>
<td>208</td>
<td>7:00-9:00</td>
<td>Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.</td>
</tr>
<tr>
<td><strong>DIGITAL PHOTOGRAPHY I</strong></td>
<td>Beth Laraia</td>
<td>251</td>
<td>6:30-8:30</td>
<td>FEE: $67 Resident-$77 Non Resident Limited. No Senior Citizen Discount This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. You will be instructed in the basics of Adobe Photoshop to take your photos to the next level. Students should have a working knowledge of computers.</td>
</tr>
<tr>
<td><strong>BASKETBALL FOR WOMEN</strong></td>
<td>Johnnie Morales</td>
<td>126</td>
<td>8:00-9:30</td>
<td>Jefferson Gym 10 Sessions Choose up sides and play. For women over 21 years. Minimum 20</td>
</tr>
<tr>
<td><strong>SOCCER FOR MEN (Indoor)</strong></td>
<td>Kieran Mock</td>
<td>250</td>
<td>8:30-10:00</td>
<td>Huntington High Gym 10 SESSIONS Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended.</td>
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### TUESDAY

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<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Room</th>
<th>Time</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>INTRODUCTION to CERAMICS</strong></td>
<td>Devin Auricchio</td>
<td>107</td>
<td>7:00-9:00</td>
<td>Students will use air dry clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint their finished pieces. Clay and pottery tools are to be purchased by each student prior to the first class. Materials (to be purchased by students) Amaco Stonex Air Dry Clay- 25 lbs. Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit), Acrylic paints and paint brushes. Any gloss medium or Deco Art Gloss Medium Spray.</td>
</tr>
<tr>
<td><strong>BRIDGE</strong></td>
<td>TBA</td>
<td></td>
<td>7:00-9:00</td>
<td>High School Library No Senior Discount Learn the basics of bidding and play of the hand. Class will consist of a lesson followed by play of the hands plus analysis. There may be a workbook fee; to be discussed at the first class.</td>
</tr>
<tr>
<td><strong>SPANISH LEVEL II</strong></td>
<td>Carlos Pumar</td>
<td>126</td>
<td>7:00-9:00</td>
<td>A continuation of the beginners’ Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geographies and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language.</td>
</tr>
<tr>
<td><strong>SIGN LANGUAGE</strong></td>
<td>Peter Brosoff</td>
<td>123</td>
<td>7:00-9:00</td>
<td>We will introduce you to the structure and grammar of American Sign Language as well as look into the culture/community of those who use ASL as their primary language. You will learn to speak with your hands through the use of videos, hands-on activities and interaction of the language.</td>
</tr>
<tr>
<td><strong>THE ESSENCE of YOGA</strong></td>
<td>Jane Voorhees</td>
<td>250</td>
<td>7:00-8:30</td>
<td>Jefferson Gym 8 Sessions No Senior Discount True yoga is about centering yourself and coming into the present moment. We learn to do this through the yoga practices of physical postures, breath work and meditation. These practices also increase our flexibility, open our joints, reduce our stress and calm our busy minds. This class is suitable for any level. Please bring yoga mat, a pillow to sit on and a small blanket.</td>
</tr>
<tr>
<td><strong>INTRO TO COMPUTER KEYBOARDING</strong></td>
<td>Allison Matthews</td>
<td>251</td>
<td>7:00-8:00</td>
<td>FEE: $67 - $77 Non-resident Learn how to touch-type properly using a computer. Develop essential keyboarding skills and techniques. Practice drills are used throughout the course to increase typing speed and accuracy. Additional activities and dictation exercises will be used in this course for added reinforcement. Proper keying technique will be taught throughout the course.</td>
</tr>
<tr>
<td><strong>MICROSOFT OFFICE ADVANCED</strong></td>
<td>Richard Gress</td>
<td>251</td>
<td>7:30-9:30</td>
<td>8 Sessions Limited. No Senior Citizen Discount. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.</td>
</tr>
<tr>
<td><strong>VOLLEYBALL FOR WOMEN</strong></td>
<td>Linda Roth</td>
<td>TBA</td>
<td>8:30-10:00</td>
<td>Location - TBA 10 Sessions Intermediate to advanced players welcomed. Knee pads are required and a water bottle is recommended. Minimum 14 women.</td>
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</tbody>
</table>
**INTERMEDIATE ITALIAN**  
Melissa Caravello  
Room 127  
6:30-8:30  
This course is for students with no or beginner’s knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

**INTERNET A TO Z**  
Richard Gress  
Room 250  
7:30-9:30  
4 Sessions: 10/3, 10/10, 10/17, 10/24  
FEE: $30 Resident, $40 Non-Resident  
This fun beginner’s course will give you everything you need to know to successfully use the Internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

**BASKETBALL FOR MEN**  
Johnnie Morales  
H.S. Gym  
8:30-10:30  
10 SESSIONS  
Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

**TAI CHI CHI KUNG**  
Richard Wos  
Jefferson Cafeteria  
7:00-8:30  
8 SESSIONS  
LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.
INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE
Room 251
FEE $67 - $77 Non-Resident
LIMITED- NO SENIOR CITIZEN DISCOUNT. The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

PAINTING
Room 108
7:00-9:00
LIMITED- NO SENIOR CITIZEN DISCOUNT. Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class.

PREPARATION FOR CITIZENSHIP
Room 124
7:00-9:00
This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen.

Materials fee for workbook $17.

ZUMBA
Woodhull Gym
7:15-8:15
NO SENIOR CITIZEN DISCOUNT
Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements. Zumba integrates some of the basic principles of aerobic, interval, and resistance training to maximize caloric-output, cardiovascular benefits, and total body toning. Dancers and non-dancers can easily master a Zumba class because you do not have to know how to dance to succeed at Zumba. Students should bring a water bottle and a towel.

ZUMBA GOLD
Woodhull Gym
6:00-7:00
NO SENIOR CITIZEN DISCOUNT
Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It’s great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

FALL COURSES 2012
Basketball For Men ............................................... Wed.
Basketball For Women ......................................... Mon.
Beginner’s Italian ............................................. Wed.
Bridge .................................................................. Tues.
Ceramics ............................................................ Tues.
Chinese For Beginners ........................................ Wed.
Cooking .................................................................. Mon.
Cooking .................................................................. Wed.
Crocheting ............................................................. Mon.
Dance ..................................................................... Thurs.
Digital Photography I ........................................... Mon.
Digital Photography II ........................................... Wed.
Essence of Yoga .................................................... Tues.
Golf/Beginners ..................................................... Thurs.
Intermediate Italian .............................................. Wed.
Internet A to Z ...................................................... Wed.
Intro to Computer Keyboarding .............................. Tues.
Introduction to Computers- Using Microsoft Office...
Iyengar Yoga ........................................................ Thurs.
Knitting ................................................................. Wed.
Microsoft Office Advanced .................................... Tues.
Native-American .................................................. Mon.
Painting .................................................................. Thurs.
Preparation for Citizenship .................................. Thurs.
Sign Language ...................................................... Tues.
Spanish for Beginners .......................................... Mon.
Spanish Level II ..................................................... Mon.
Soccer for Men (Indoor) ...................................... Mon.
Tai Chi Chi Kung ................................................... Wed.
Volleyball for Women ........................................... Tues.
Zumba ................................................................... Wed.
Zumba Gold ............................................................ Thurs.

SEMINARS/FOOD FOR THOUGHT
NEW! Addressing Long Term Care
Auto Insurance Reduction Program
Chi Kung, Meditation and Yoga
NEW! Financial Strategies 101-Dollars & Sense
Friends & Families CPR and First Aid for Children
Getting Paid To Talk, Making Money With Your Voice
NEW! Intro to Online Marketing for Small Business Owners
Passport to Retirement

EXPANDED HORIZONS
WESTERN SUFFOLK BOCES - SUFFOLK COUNTY
SPECIAL OCCATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)
Tues. & Thurs.
Huntington High School, Room 206
6:30-9:00
NO FEE
If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L. (English as a Second Language)....Tues. & Thurs.
I-Beginner .................................6:30-9:00
Huntington High School, Room 204
NO FEE
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

E.S.L. (English as a Second Language)....Tues. & Thurs.
II-Intermediate/III-Advanced .........6:30-9:00
Huntington High School, Room 205
NO FEE
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.
This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving techniques. This is non-credential CPR for adult, child and infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. Maximum number of students is 12. There will be a materials fee of $20 payable to the instructor, Olena Kropp, on the night of the class.

Addressing Long Term Care

Michael Donnelly

FEE: $25 Resident - $30 Non Resident

Room 114

This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

Auto Insurance Reduction Programs

TBA

FEE: $25 Resident - $30 Non Resident

Room 114

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

Financial Strategies 101-Dollars & Sense

Michael Donnelly

FEE: $25 Resident - $30 Non Resident

Room 113

This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.

Introduction to Online Marketing

Joan Boccafola

FEE: $35 Resident - $40 Non-Resident

Room 113

This seminar provides small business owners with a basic overview of online marketing presented in an experiential, easy to understand format. The class will help demystify some of the techno-babble and provide students with a better understanding of what online marketing is and how to use it. Topics include Social Media, Email Marketing, Search Engine Optimization and Promotional Video.

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