We are pleased to present you with the 2014-2015 edition of the HANDBOOK of the New York State Athletic Association, Inc. Clarification of, and changes in, the regulations and standards are indicated by Shading.

We encourage you to supply copies of the HANDBOOK to all your coaches. Knowing only the game rules of a sport is not enough to protect student eligibility. We also recommend again that rule reprints be made available at preseason meetings for athletes and their parents to ensure knowledge of the rules.

We cannot emphasize enough that the rules and regulations in the HANDBOOK are your standards, developed as the result of your input. We ask your support in the partnership of enforcing these rules and regulations. Each of us must take that responsibility seriously. We know that by working together we can ensure that our students will experience equitable and safe athletic participation.

The on-line NYSPHSAA Handbook will be updated at the conclusion of all Executive and Central Committee meetings.

An additional resource to assist Athletic Administrators is the NYSAAA Handbook.
The following is an aid for member schools when contacting the Association office. Each staff member is assigned certain specific responsibilities, and it will save time to ask for that person when placing a call to the Association office. **FAX 518-690-0775 WEB SITE www.nysphsaa.org**

**ROBERT J. ZAYAS**
Executive Director
email: rzayas@nysphsaa.org

General administration of all NYSPHSAA, Inc. activities, *Official liaison to the National Federation and State Education Department *Central and Executive Committee meetings *Official interpreter of Eligibility Standards, Policies and Eligibility *Section Appeals Coordinators Committee *Coordination of Administrative and Official staff *Handbook publication *Financial and Legal matters *Technology *Direct Special Programs

**ROBERT STULMAKER**
Assistant Director
email: rstulmaker@nysphsaa.org

Officials Coordinating Federation Liaison *Officiating Services Liaison *ACTION on TARGET Liaison *Championship Policies and Procedures *Scholar/Athlete Team Award *Championship Advisory Committee *Student Advisory Council Championship *Competition Schedule, Finances, Awards, Sites and Contracts

**TODD NELSON**
Assistant Director
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Sanctioning *Modified Committee and Safety and Risk Management Liaison *Coordination of Rules Publications-ordering and distribution *School Classification *NY Good Sports *Coaching Clinics *Wrestling Minimum Weight Certification Program *Citizen Through Athletics Program *Sports Record Database *Championship Programs

**JOE ALTIERI**
Director of Media, Marketing & Public Relations
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Corporate Sponsorships *Marketing and Merchandising *Championship Hotel and Banquet Contracts *Media, Public Relations *Web Site Maintenance *Public Service Announcements *Technology *Scholastic Athletics *Broadcasting Contracts *Media Advisory Committee
ASSOCIATION OFFICERS
2012-2014

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President
1705 County Route 28
Grandville, NY 12832
518-642-9050

Stephen Broadwell
1st Vice President
Willsboro Central School
29 School Lane
Willsboro, NY 12996
518-963-4456 ext. 203

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Orange-Ulster BOCES
53 Gibson Road
Goshen, NY 10924
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Past President
Ellicottville Central School
5873 Route 219
Ellicottville, NY 14731
716-699-2368

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Treasurer
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EX-OFFICIO AND CONSULTANTS

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Albany, NY 12234
518-474-5922: 518-473-4884 (fax)
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Alan Mallanda, Executive Director, NYS Athletic Administrators Association
Jeff Rabey and Maureen Donahue, NYS Council of School Superintendents
Colleen Corsi, NYSAHPERD
Jim Rose, NYSAHPERD Council of Administrators
MEMBERS OF THE CENTRAL AND EXECUTIVE COMMITTEES

The New York State Public High School Athletic Association, Inc. is administered by a Board of Directors known as the Central Committee, consisting of representatives from each of the eleven sections. The Executive Committee of twenty-two members, two from each section, has general management of the Association in the interval between meetings of the Central Committee. The members of the Central Committee are listed below with the Executive Committee member names capitalized in the first two columns. The branch of service of each member and their year of term expiration in August is listed below each name.

SECTION 1

KAREN PETERSON
Bronxville HS
Bronxville 10708
914-631-3664
2014 ATH(G)
SCOTT MOSENTHAL
Irvington HS
Irvington 10533
914-591-9575
2013 PRIN
Dr. Kenneth Mitchell
Tappan Zee HS
Orangeburg 10962
845-680-1012
2015 CSO
DAVID GODDARD
Arlington HS
LaGrangeville 12540
845-486-4873
2016 ATH(B)

SECTION 2

Kathy Ryan
Albany HS
Albany
518-475-6314
2017 ATH(G)
BOB MCGUIRE
Burnt Hills-Ballston Lake HS
Burnt Hills 12027
518-399-9141
2015 ATH(B)
Ryan Sherman
14 Spring Street
Schuylerville 12871
518-695-3255
2014 CSO
Peter Bednarek
Scotia-Glenville HS
Schenectady 12302
518-378-1971
2016 PRIN

SECTION 3

MIKE CARBOINE
Homer CS
Homer 13045
607-749-1213
2013 ATH(B)
BARBARA FELICE
Holland Patent HS
Holland Patent 13354
315-865-7273
2014 ATH(G)
Michael Cring
Cooperstown HS
Cooperstown 13326
607-547-8181
2015 PRIN
Tim Ryan
Fabius Pompey HS
315-552-5000
2016 CSO

SECTION 4

Julie Bergman
Walton CSD
Walton
607-865-4116
2017 ATH(G)
CHRIS DURDON
Windsor HS
Windsor 13865
607-655-8258
2015 ATH(G)
Terry Heller
Chenango Valley CS
Binghamton 13901
607-762-6900
2016 PRIN
Gordon Daniels
Franklin CS
Franklin 13775
607-829-3551
2014 CSO

SECTION 5

Craig Veley
Geneseo CSD
Geneseo
585-243-2511
2017 ATH(B)
KIM HENSHAW
Greece Olympia HS
Rochester 14615
585-966-5014
2014 ATH(G)
Merritt Holly
Caledonia-Mumford CSD
Caledonia 14423
585-538-3455
2015 PRIN
TBD

2016 CSO
SECTION 6

CINDY BULLIS
North Tonawanda CSD
North Tonawanda 14120
716-807-3647
2013 ATH(B)

DON SCHOLLA
Olean S
Olean 14760
716-375-8042
2015 ATH(B)

Jim Spanbauer
Niagara Falls HS
Niagara Falls 14305
716-278-5800
2016 PRIN

Mike Wendt
Wilson CS
Wilson 14172
716-751-9341 ext. 120
2014 CSO

SECTION 7

C. JOSEPH STAVES
Plattsburgh HS
Plattsburgh 12901
518-561-7500 ext. 5092

PATRICIA RYAN-CURRY
Indian Lake CS
Indian Lake 12842
518-648-5024 ext. 230
2016 ATH(B)

Michael Graney
Ticonderoga CS
Ticonderoga 12883
518-585-6661
2013 PRIN

John McDonald
Ticonderoga CS
Ticonderoga 12883
518-585-7442 ext. 110
2014 CSO

SECTION 8

CHRISTINE CERUTI
Carle Place CS
Carle Place 11514
516-622-6465
2015 ATH(G)

John Piropato
Massapequa
516-887-8300 ext. 445
2016 ATH(B)

Neil Connolly
Carle Place HS
Carle Place
11514
516-622-6433
2013 PRIN

Henry Grishman
Jericho SD
Jericho 11753
516-203-3600 ext. 3201
2014 CSO

SECTION 9

ROBERTA GREENE
Washingtonville CSD
Washingtonville 10992
845-497-2200 ext. 27052
2016 ATH(G)

JAMES WOLFE
8 Gardner Ave. Ext.
Middletown 10940
845-342-1274
2013 ATH(B)

Ray Castellani
Marlboro CS
Marlboro 12547
845-236-5810
2014 CSO

David Bernsley
Monroe Woodbury HS
Central Valley 10917
845-460-7000
2015 PRIN

SECTION 10

LORI BREWER
Edwards-Knox CSD
Russell 13684
315-562-3227
2015 ATH(G)

PAUL HARRICA
14 Kimberly Lane
Morrisonville 12962
518-563-1587
2013 CSO

Tony Bjork
Ogdensburg Free Academy
Ogdensburg 13669
315-393-0900
2016 ATH(B)

Robert Stewart
Parrishville-Hopkinton CS
315-265-4642
2014 PRIN

SECTION 11

LISA LALLY
Miller Place HS
Miller Place 11764
631-474-2723 ext. 307
2015 ATH(G)

TIM MULLINS
Baypoint-Blue Point HS
Baypoint 11705
631-472-7808
2016 ATH(B)

Patricia Sullivan-Kriss
Hauppauge UFSD
Hauppauge 11788
631-761-8200
2014 CSO

John Dolan
Sachem North HS
Lake Ronkonkoma 11779
631-471-1400
2013 PRIN

Explanation of abbreviations
CSO - Chief School Officer
PRIN - Principal
ATH(B) - Male Representative of Athletics
ATH(G) - Female Representative of Athletics
2013
Central Committee
Questions regarding any Standing Committee may be directed to the NYSPHSAA staff at 518-690-0771
2013 Sport Coordinators
BOYS' SPORT COMMITTEES
(* Official Coordinator)

BASEBALL: Ed Dopp, Coordinator (August 2018)
Shaker High School, Latham 12110
518-785-5511
Al Roy, Assistant Coordinator (August 2018)
1. *Phil Di Ruocco, Mt. Kisco 10549
2. Pat Amendola, Pleasantville HS 10570
3. Al Roy, Latham 12110
4. Robert Southworth, Syracuse 13207
5. Bob Fenton, Apalachin 13732 (A, B)
6. *Terry Raymond, Deposit 13754 (C, D)
7. Bill Bowe, Canandaigua 14424
8. Jim Conley, Lockport 14094
9. Lee Yaeger, Saranac 12981
10. Don Lang, North Shore HS, Glen Head 11545
11. Dave Onusko, Marlboro CS 12542
12. Steve Lashomb, Norwood-Norfolk HS 13668
13. Joseph Tasman, Hauppauge HS 11788
Modified  Steve Nolan, Warrensburg CSD 12885

BASKETBALL: William Higgins, Coordinator (August 2014)
Wilton 12831
518-306-4411
1. Roman Catalino, Somers HS, Lincoln Dale 10540
2. Mike Lilac, Stillwater 12170
3. Scott Sugar, Oswego City SD 13126
4. Ken Goldberg, Conklin 13748
5. Mark Woitach, Binghamton 13905
6. Jack Purifecto, Spencerport 14559
7. *Jon Roth, Grand Island 14072
8. Larry Jones, Cayuga Heights Elem., Depew 14043
9. Brian Cross, Moriah CS, Port Henry 12974
10. Walter Bachmann, Jericho 11753
11. Fred Ahart, Roscoe HS 12776
12. Bill Merna, Ogdensburg Free Academy, Ogdensburg 13669
13. Bob Mayo, Middle Country SD, Centereach 11720
Modified  Bob Hummel, Queensbury HS 12804

BOWLING Mike O’Connell, Coordinator (August 2018)
Clay 13041
1. Rich Silverstein, Solomon Schechter HS, Hartsdale 10530
2. William Neumann, Rensselaer 12144
3. Mike O’Connell, Clay 13041
4. Pete Girolamo, Waverly HS 14892
5. Wayne Inman, Canandaigua 14424
6. Dan Kaplan, Cheektowaga, HS, Buffalo 14225
7. Charles stone, Beekmantown CS, West Chazy 12992
8. Joanne Byrne, Wisdom Lane MS, Levittown 11756
9. Erena O’Brien, Poughkeepsie 12601
10. Eileen Kilcullen, Franklin Academy, Malone 12953
11. Larry Philips, Central Islip Schools, Central Islip 11722
CROSS Chuck Wiltse, Coordinator (August 2019)
COUNTRY Macedon 14502
315-986-9660
1. Richard Clark, Scarsdale 10583
2. Ed Springstead, Shaker HS, Latham 12110
3. Jack Bernard, South Lewis HS, Turin 13473
4. *Steve Baxter, Binghamton 13901
4. Todd James, Marathon CS 13803
5. Dale Ladd, Clifton Springs 14432
6. Michael Janisch, Silver Creek 14136
7. Michael Kiely, Crown Point 12928
8. Adam McKenzie, Great Neck North HS 11023
9. Tom Vandewater Canton 13617
10. Chris McRoberts, Ogdensburg Free Academy, Ogdensburg 13669
11. Joe Pennacchio, Half Hollow Hills CSD, Dix Hills 11746
Modified Patrick Patterson, Newark Valley CS, Newark 13811

FOOTBALL: Richard Cerone, Coordinator (August 2016)
Rochester 14626
585-225-9296
1. Chuck Scarpulla, Sleepy Hollow HS 10591
2. Gary Van Derzee, Ravena 12143
3. Bob Campese, E. Syracuse 13057
4. *Dave Garbarino, Binghamton HS 13905
4. Joel Wilson, Susquehanna Valley HS, Conklin 13748
5. Richard Cerone, Rochester 14626
6. Ken Stoldt, Akron CS 14001
7. Mark Farmer, Saranac Lake CS 12983
8. Pat Pizzrelli, Lawrence HS, Cedarhurst 11516
9. David Coates, Middletown HS 10940
9. Glen Maisch, Kingston HS 12401
10. Matt Tessmer, Ogdensburg Free Academy 13669
11. Tom Combs, Patchogue-Medford HS, Medford 11763
Modified Steve Nolan, Warrensburg CSD 12885

GOLF: Doug Courtright, Coordinator (August 2017)
Endicott 13760
607-785-3598
Dylan Bronson, Assistant Coordinator (August 2017)
Pittsford-Sutherland HS 14534
585-218-1133
1. Brady Kittredge, Horace Greeley HS, Chappaqua 10514
2. Jak Bestle, Albany Academies 12208
3. Dan Bronchetti, Corcoran HS, Syracuse 13207
4. Doug Courtright, Endicott 13760
5. Josh Norcross, Penfield 14526
6. Nate Leary, Orchard Park HS 14127
7. Chris DuBay, AuSable Valley HS, Clintonville 12924
8. Larry Rose, Huntington 11743
9. Tome Howe, Cornwall HS, New Windsor 12553
10. Tim Hayes, Massena 13662
11. Dennis Maloney, Sayville HS 11796
GYMNASTICS: Mike Martin, Coordinator (August 2018) 
Queensbury 12804 
518-793-7728
1. No Program
2. Mike Martin, Queensbury 12804
3. No Program
4. No Program
5. No Program
7. No Program
8. No Program
9. No Program
10. No Program
11. No Program
Modified TBA

ICE HOCKEY: Scott Stuart, Coordinator (August 2018) 
Queensbury High School 12084
1. John Orlando, Cornwall 12518
2. Scott Stuart, Queensbury HS 12804
3. John Cunningham, New Hartford 13413
4. Rick Armstrong, Ithaca 14850
5. Scott Morrison, Webster CS 14580
6. Mark DiFilippo, Niagara Wheatfield HS, Sanborn 14132
7. Trevor Cameron, Peru CS 12972
8. No Program
9. Paul Bacsardi, Chester 10918
10. Randy Brown, Canton HS 13617
11. No Program
Modified Dean Berardo, Brewster HS 10509

LACROSSE: Jim Amen, Assistant Coordinator (August 2016) 
Cold Springs Harbor HS 11724
Tim Mullens, Assistant Coordinator (August 2016)
Bayport-Blue Point HS, Bayport 11705
631-472-7800 ext. 278
1. Vincent Louther, Clarkstown South HS, West Nyack 10994
2. Robert Gula, Schenectady 12303
3. Robert Goss, Lowville Academy 13367
4. Barry Ilse, Vestal High School 13850
5. Mike Simon, Geneva HS 14456
6. John Faller, Maplemere Elem. Sch., Amherst 14221
7. No Program
8. Jim Amen, Cold Spring Harbor HS 11724
9. Bob Slate, Saugerties HS 12477
10. Tim Youngs, Canton HS 13617
11. Tim Mullens, Bayport-Blue Point HS, Bayport 11705
Modified Gordie Pollard, Vestal 13850
RIFLERY:  George Hathaway, Coordinator (August 2015)  
Surf City, NC 28445  
Rich Bullis, Assistant Coordinator (August 2014)  
Glen Cove HS 11542  
1. No Program  
2. No Program  
3. Paul Menjik, Central Square 13036  
4. No Program  
5. No Program  
6. Paul Borkowski, Lancaster 14086  
7. No Program  
8. Richard Bullis, Glen Cove HS 11542  
9. No Program  
10. Kevin McBath, Massena CS 13662  
11. No Program

SKIING:  Dennis O’Brien, Coordinator (August 2015)  
Alfred Almond HS, Almond 14804  
607-324-5439  
1. Mark Conklin, Patterson 12563  
2. Jeff Dock, Glens Falls 12801  
3. Mike Mitchell, Old Forge 13420  
4. George Redden, Margaretville 12455  
5. Bill Matthews, Henrietta 14467  
6. No Program  
7. Christian Wissler, Lake Placid CS 12946  
8. No Program  
9. Alpine: Janet Carey, Neversink 12765  
9. Nordic: John Stern, New Paltz HS 12561  
10. Sarah Bencze, Tupper Lake CS 12986  
11. No Program

SOCCER:  Mike Andrew, Coordinator (August 2016)  
Binghamton 13903  
607-722-1034  
1. Jay Karol, Eastchester 10709  
2. Jim Gillis, Schenectady 12303  
3. Charles Engle, Oriskany Falls 13425  
4. *Michael Andrew, Binghamton 13903  
4. Adam Heck, Lansing CS 14882  
5. Gary Pollock, Rochester 14612  
6. *Todd Marquardt, Kenmore West HS, Buffalo 14223  
6. John Luce, Allegany-Limestone HS, Allegany 14706  
7. Rob McCauliff, Chazy HS 12921  
8. Al Freeman, Malverne 11565  
9. Tony Martelli, Newburgh 12550  
9. Pete Fergusson, Highland HS 12528  
10. Bill Reed, Lisbon CS 13658  
11. Mike Huey, Mattituck 11952  

Modified  
Matt Wood, Vestal MS  
13850
SWIMMING: Peter Hugo (August 2018)
Great Neck 11023
516-487-2386
Scott Warner, Assistant Coordinator (August 2018)
Walden 12586
1. Meg Kaplan, South Salem 10590
2. Brian Melanson, Zoller Elem. School, Schenectady 12308
3. Bob Bewley, CBA Syracuse 13214
4. Dan Zembek, Binghamton 13905
5. Keith Shields, Victor CSD 14564
6. *James Graczyk, Pioneer HS, Yorkshire 14173
6. Al Fritzinger, Heim MS, Williamsville 14221
7. *Scott Keeney, Plattsburgh HS 12901
7. Doug Garrand, AuSable Valley CS, Clintonville 12924
8. Peter Hugo, Great Neck 11023
9. Scott Warner, Valley Central HS, Montgomery 12549
10. Brandon Pelkey, Malone 12953
11. Edward Kropp, Sayville 11782
Modified Tom DeYoung, Newark 14513

TENNIS: Selina DeCicco (August 2017)
Ellenville High School 12428
845-647-0123 ext. 509
1. Calvin Kramer, Bedford 10506
2. Stanley France, Middleburgh 12122
3. Bob Walrath, Cortland HS 13045
4. Todd Ginnan, Elmira
5. Rick Steiner, Perry CS 14530
6. Terry McMahon, Orchard Park 14127
7. George Bailey, Lake Placid CS 12946
8. Barry Kubit, Oceanside 11572
9. *Urvashi Gupta, Monticello HS 12701
9. LuAnn McCarthy, Port Jarvis HS 12771
10. No Program
11. Joseph Braico, Southold HS 11971
Modified TBA

TRACK & FIELD: Tom Wells, Coordinator (August 2017)
New Hartford HS 13413
1. Ralph Coleman, Stony Point 10980
2. David Peterson, Fonda-Fultonville HS, Fonda 12068
3. Tom Wells, New Hartford 13413
4. Lee Stuttle, Dryden 13053
5. Kevin Rosko, Campbell-Savona HS 14821
6. Paul Ksionzyk, Olean HS 14760
7. Heith Ford, Ausable Valley HS, Clintonville 12924
8. Bob Busch, Garden City HS 11530
9. Joe Iatauro, Grahamville 12740
10. John Tebo, Ogdensburg Free Academy 13669
11. Tony Toro, Miller Place 11764
Modified Teresa Klipple Lee, Little Falls MS 13365
VOLLEYBALL: Judith Hartmann, Coordinator (August 2015)
No. Tonawanda 14120
716-694-5570
1. Vince Louther, Clarkstown South HS, West Nyack 10994
2. TBA
3. *Michael Lucia, Cicero-North Syracuse HS, Cicero 13039
4. Sam Salamone, Little Falls HS 13365
5. Crissie Russo, Horseheads HS 14845
6. Kyle Salisbury, Midlakes HS 14432
7. Walt Stefani, Orchard Park HS 14127
8. No program
9. Dave Zawatson, Great Neck HS 11020
10. No Program
11. Kathy Masterson, Westhampton Beach HS 11978
Modified Mira Martincich

WINTER TRACK Oscar Jensen, Coordinator (August 2014)
AND FIELD: Baldwinsville 13027
315-635-7312
Peter Szymanski, Assistant Coordinator (August 2014)
JFK High School, Cheektowaga 14227
1. Keith Smith, Yorktown HS 10598
2. Douglas Hadley, Columbia HS, East Greenbush 12061
3. Oscar Jensen, Baldwinsville 13027
4. Robb Munro, Bainbridge-Guilford CS, Bainbridge 13733
5. Dave Henessey, Henrietta 14467
6. Peter Szymanski, JFK HS, Cheektowaga 14227
7. Jim Medieros, Saranac CS 12981
8. Dennis Kornfield, Uniondale HS
9. Michael White, Washingtonville HS 10992
10. John Tebo, Ogdensburg Free Academy 13669
11. Tony Toro, Miller Place 11764
Modified Teresa Klippel Lee, Little Falls MS 13365

WRESTLING: Marty Sherman, Coordinator (August 2018)
Queensbury 1284
518-793-7380
1. Eric Romanino, Beacon HS 12508
2. George Chickanis, Hudson Falls HS 12839
3. Brad Hamer, Jordan-Elbridge CS, Jordan 13080
4. Rick Gumble, Chenango Forks HS, Binghamton 13901
5. Chris Bourne, Brockport CSD 14420
6. Mike DeBarbieri, Portville 14770
6. Israel Martinez, Niagara Falls HS 14305
7. Gary Edwards, Peru HS 12972
8. Ed Ramirez, Baldwin HS 11510
9. Jeff Cuilty, Newburgh 12550
10. Randy Morrison, Gouverneur CS 13642
11. Bob Panariello, Islip HS 11751
Modified John Richard, Holland Patent CS 13354
GIRLS' SPORT COMMITTEES
(* Official Coordinator)

BASEBALL: Pete Bly (August 2016)
Fort Ann 12827
518-639-8686
1. Steve Young, Horace Greeley HS, Chappaqua 10514
2. Dan Hytko, Cohoes 12047
3. Larry Stockwell, Waterville CS 13480
4. *Kurt Ehrensbeck, Harpursville HS 13787
5. Andy Scott, Horseheads HS 14845
6. Chris Durr, Williamsville East HS, E. Amherst 14051
7. Greg Waters, Beekmantown CS, West Chazy 12992
8. Stephanie Joannon, Port Washington HS 11050
9. Steve Boucher, Rhinebeck 12572
10. Amber Wilcox, Gouverneur CS 13642
11. Kevin O'Reilly, Brentwood SD 11717

Modified Jim Miller, Cato-Meridian HS, Cato 13033

BOWLING: Eileen Shultis, Coordinator (August 2018)
Freeport HS, Freeport, NY 11520
1. Joseph Ardiri, Pomona 10970
2. Hugo McGroty, Schenectady 12306
3. Cindy Losurdo, Baldwinsville 13027
4. Pam Beard, Lincoln Street Elementary, Waverly 14892
5. TBA
6. John Seeley, Cheektowaga 14225
7. Charles Stone, Beekmantown CS, West Chazy 12992
8. Eileen Shultis, Freeport HS 11520
9. Theresa Eckert, Highland HS 12528
10. Eileen Kilcullen, Franklin Academy, Malone 12953
11. Larry Philips, Central Islip Schools, Central Islip 11722

Modified Patrick Patterson Newark Valley CS, Newark 13811

CROSS Marbry Gansle, Coordinator (August 2015)
COUNTRY: Shaker HS, Latham 12110
518-785-5511
1. Dan Doherty, Pearl River HS 19065
2. Marbry Gansle, Shaker HS, Latham 12110
3. * Dan Reid, Westhill CS, Syracuse 13204
3. Michelle Franklin-Rauber, Tully CS 13159
4. Lee Schaeffer, Otego 13825
5. Robert Goodell, Shortsville 14548
6. James Zubler, Frontier CS, Hamburg 14075
7. *Kathy Champagne, Seton Catholic, Plattsburgh 12901
8. Keith Bombard, Seton Catholic, Plattsburgh 12903
8. Katie Dunne, Framingdale HS 11735
9. Steve Loturco, Pine Bush HS 12566
10. April Martin-Barnes, Potsdam HS 13676
11. Tony Toro, Miller Place 11764

Modified Patrick Patterson Newark Valley CS, Newark 13811
FIELD HOCKEY: Bev Hooper, Coordinator (August 2018)
Fairport 14450
585-223-0826
1. Sue Hughes, Peekskill 10566
2. Mary Ann Bump, Warrensburg HS 12885
3. Linda Harjung, Marcy 13403
4. Nicole Huston, Port Crane 13833
5. Kathy HuttZeman, Pittsford-Sutherland HS, Pittsford 14534
6. Judy Otto, Barker HS 14012
7. No Program
8. Barbara Sellers, Huntington 11743
10. No Program
11. Karen Kauer, East Patchogue 11772
Modified Barbara Felice, Holland Patent CS 13354

GOLF: Jamie Harter, Coordinator (August 2019)
1. *Chris Logan, Congers 10920
2. Maureen Kern, Ursuline School, New Rochelle 10801
3. Eileen Troy, Grandville 12832
4. Barb Felice, Holland Patent HS 13354
5. Jamie Harter, Corning Painted Post District 14830
6. Julie Odenbach, Webster 14580
7. Betsy Ulmer, Getzville 14068
8. Donna Moody, Lake Placid HS 12946
9. Denise Kiernan, Glen Cove HS 11542
10. Bill Earl, Monroe Woodbury HS, Central Valley 10917
11. Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613
12. Drew Walker, Hampton Bays HS 11946

GYMNASTICS: Marbry Gansle, Coordinator (August 2015)
Shaker HS, Latham 12110
518-785-5511
1. Vin Collins, Mahopac HS 10541
2. Marbry Gansle, Shaker HS, Latham 12110
3. Danielle McQueary New Hartford HS 13413
4. TBA
5. Carol Nancari, Rochester 14623
6. Donna Aquino, Lancaster CS 14086
7. Janice Trudeau, Plattsburgh 12901
8. Kim Rhatigan-Drexler, Laurel Hollow 11791
9. Leanne Digsby, Wallkill MS 12589
10. No Program
11. Patrick Smith, Smithtown CSD 11787
Modified TBA
LACROSSE:  
Jacquie Gow, Coordinator (August 2015)  
Robert Finley MS, Glen Cove 11542  
516-759-7251  
Liz Parry, Assistant Coordinator (August 2015)  
Emma Willard, Troy 12180  
518-833-1366  
1. Beth Starpoli, Fox Lane HS, Bedford 10506  
2. Liz Parry, Emma Willard Troy 12180  
3. Bridget Marquart, Skaneateles HS 13152  
4. Dave Williams, TBA  
5. Ron Whitcomb, Victor HS 14564  
6. Richard Schmitt, West Seneca East 14224  
7. No Program  
8. Dawn Cerrone, Roslyn HS 11577  
9. Wendy Crandall, Pine Bush HS 12566  
10. Lauren Morley, Ogdensburg Free Academy, Ogdensburg 13669  
11. Jeremy Thode, Center Moriches HS 11934  
Modified Beth Starpoli, Fox Lane HS 10506

SKIING:  
Bob Underwood, Coordinator (August 2015)  
Queensbury HS, Queensbury 12804  
518-824-4682  
1. Brian Bentley, Clarkstown South HS, West Nyack 10994  
2. Steve Jackson, Queensbury HS 12804  
3. Julie Hinsdell, Town of Webb HS, Old Forge 13420  
4. Jo Hinkley, Roxbury CS 12474  
5. Bernie Gardner, Honeoye Falls-Lima HS, Honeoye Falls 14472  
6. No Program  
7. Christian Wissler, Lake Placid CS 12946  
8. No Program  
9. Nordic: John Stern, New Paltz HS 12561  
9. Alpine: Janet Carey, Neversink 12765  
10. No Program  
11. No Program

SOCCER:  
Chuck Goehring, Coordinator (August 2018)  
Bay Shore 11706  
631-242-1592  
1. Frank Mazzuca, Nanuet HS 10954  
2. Tom Husser, Hoosick Falls HS 12090  
3. Peter Lautensack, Oswego 13126  
4. Bill Stepanovsky, Union Endicott HS, Endicott 13760  
5. Victor Van Vliet, Genesee 14454  
6. Chris Durr, Williamsville East HS, East Amherst 14051  
7. Tim Mulligan, Plattsburgh HS 12901  
8. Phil Goldberg, Livittown 11756  
9. Diane Wanser, Otisville 10963  
10. Rose Broncetti, St. Lawrence CS, Brasher Falls 13613  
11. Joe Vasile-Cozzo, East Hampton HS 11937  
Modified Matt Wood, Vestal MS 13850
SOFTBALL: Cathy Allen, Coordinator (August 2016)
Altamont 12009
518-595-5047
1. Susan Dullea, Croton-Harmon HS, Croton 10520
2. Cathy Allen, Altamont 12009
3. Kerry Bennett, Cicero 13039
4. *Terry Palmer, Moravia 13118 (C,D)
5. Jim Testa, Union-Endicott CS, Endicott 13760 (AA, A, B)
6. Robert Huber, Aquinas Institute, Rochester 14617
6. *Mark B. Kruzyński, Medina HS 14103
7. Dan Brooks, Olean HS 14760
7. Ralph Cross, Saranac CS 12981
8. Chris Ceruti, Carle Place HS 11514
9. Bruce Guyette, Minisink HS, Slate Hill 10973
10. Al Minkler, Heuvelton CS 13654
11. Jim Wright, Walt Whitman HS, Huntington Station 11746
Modified Micki Bedlington, Yonkers 10701

SWIMMING: Diane Hicks-Hughes, Coordinator (August 2019)
Lansing HS 14882
607-533-4652
Patrick Ryan, Assistant Coordinator (August 2019)
Washingtonville HS 10992
1. Meg Kaplan, South Salem 10590
2. Matthew Turner, Burnt Hills-Ballston Lake HS, Burnt Hills 12027
3. Tom Wells, New Hartford 13413
4. Diane Hicks-Hughes, Lansing HS 14882
5. Norm Schueckler, Honeoye Falls-Lima CSD 14472
6. Bruce Johnson, Frewsburg CS, Clintonville 12924
7. Jay Ruff, Ausable Valley CS, Clintonville 12924
8. George Amitrano, Valley Stream 11581
9. Pat Ryan, Washingtonville HS 10992
10. Katy Brown, Brasher Falls CSD 13613
11. Edward DeYoung, Sayville 11782
Modified Tom DeYoung, Newark 14513

TENNIS: Chris Horgan, Coordinator (August 2017)
Medina MS, Medina 14103
585-798-2100
1. Cal Kramer, Bedford 10506
2. Stanley France, Schoharie HS 12157
3. John Wojcik, Liverpool HS 13090
4. Dan Palmer, Horseheads CS 14845
5. Todd Bialecki, Alfred Almond HS, Almond 14804
6. Mike Venditti, Dodge Elementary School, Williamsville 14051
7. George Bailey, lake Placid CS 12946
8. Shai Fisher, Syosset HS 11791
9. Selina DeCicco, Ellenville HS 12428
10. No Program
11. Pete Cesare, Copiague HS 11726
Modified TBA
TRACK AND FIELD: Dan Doherty, Coordinator (August 2016)
Pearl River HS 10965
845-620-3817

1. Walter Hall, Mt. Vernon 10550
2. Mark Therrien, Fonda-Fultonville HS, Fonda 12068
3. John Bun, Frankford HS
4. Rob Munro, Bainbridge-Guilford CS, Bainbridge 13733
5. Lance bush, Brockport 14420
6. Walt McLaughlin, East Aurora HS 14052
7. Melanie Lopez, Moravia
8. Ken Becker, Garden City 11530
9. Eric McLaud, Wallkill HS 12589
10. Larry Lamere, Madrid-Waddington HS, Madrid 13660
11. Tony Toro, Miller Place 11764

Modified Teresa Klippel Lee, Little Falls MS 13365

VOLLEYBALL: Patti Perone, Coordinator (August 2015)
Horseheads MS 14845
607-739-6357

Peggy Seese, Assistant Coordinator (August 2015)
Argyle HS 12809
518-638-8243

1. Diane Swertfager, Blue Mountain MS, Cortland Manor 10567
2. Peggy Seese, Argyle HS 12809
3. Mary Jo Cerqua, Baldwinsville HS 13027 (fall)
4. Denise Abbott, Tully HS 13159 (winter)
5. Patti Perone, Horseheads MS 14845 (fall)
6. Martha Martin, York CS, Retsof 14539
7. Sue Pernick, Lancaster Intermediate, Lancaster 14086
8. *Deb Schruefer, Frontier MS, Hamburg 14075
9. Vicki McMillan, Plattsburg HS 12901
10. Cheryl Scalice, South Side HS, Rockville Centre 11570
11. Antonia Woody, New Paltz HS 12561
10. Susan McLean, Ogdensburg Free Academy 13669
11. Lou Tuorto, John Glenn HS, Greenlawn 11740

Modified Mira Martincich

WINTER TRACK David Hennessey, Coordinator (August 2018)
AND FIELD: Victor CS 14564
1. Rosalind Gallino, Somers HS, Lincolndale 10540
2. Robert Wallen, Troy HS 12180
3. Robert Tuttle, Skaneateles S 13152
4. Ben Cardamone, Elmira Southside, Elmira 14905
5. David Hennessey, Henrietta 14467
6. TBA
7. Peter Frenette, Saranac Lake CS 12983
8. Kristin Frazer, Mineola HS 11040
9. David Feur Cornwall HS 12518
10. Amy Farrell, Tupper Lake CSD 12986
11. Tony Toro, Miller Place 11764

Modified Teresa Klippel Lee, Little Falls MS 13365
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Athletics were always a natural part of the high school program. As the academies and the early high schools were established in New York State, participation grew gradually. Originally, interscholastic sports were operated by outsiders, but problems developed. Local community pride engendered excesses, colleges and commercial agencies became involved, and practices inconsistent with the objectives of education were common. School authorities at first opposed, then tolerated, and finally assumed full control of the interschool competition to correct injustices, inequities and abuses. As someone has said, "We have come a long way."

In 1921, Frank R. Wassung, Superintendent of Schools, Norwich, met with Daniel Chase, Supervisor of Physical Education in the State Education Department, to plan for a statewide organization. Schoolmen agreed to form the New York State Public High School Association of Basketball Leagues to bring consistency to eligibility rules and to conduct state tournaments. Mr. Chase, who became the first president, had the encouragement of Dr. Frank P. Graves, Commissioner of Education.

To provide for additional sports, the New York State Public High School Athletic Association was established in 1923. The NYSPHSAA became a member of the National Federation of State High School Associations in 1926. After a constitution was adopted, President Chase appointed a Central Committee of 14 members, one from each section, which elected John F. Hummer, Principal, Binghamton, as chairman. The provision that each section elect a superintendent, a principal and an athletic director as representatives on the Central Committee was adopted in 1928. The Central Committee was expanded in 1975 to include a representative of girls' athletics from each section. With the addition of these representatives of girls' programs to the Executive Committee in 1976, the NYSPHSAA leads the nation with its decision-making bodies structured for equitable input.

In 1937, at the request of this association and the Associated Academic Principals, nearly all of the NYSPHSAA Eligibility Rules were adopted by the board of Regents and became a part of the Regulations of the Commissioner of Education. The NYSPHSAA became incorporated in 1975. In 1978 each of the 11 sections were incorporated.

The Central Committee approved the establishment of the Athletic Protection Plan in 1932 as a service of the NYSPHSAA. Athletic Protection Plan gains recognition and was incorporated (1941) under State insurance Law. Lawrence Grimes served as Director for 29 years (1949-78). In 1975 the corporate title was changed to Pupil Benefits Plan, Inc.

Through the years the presidents of the NYSPHSAA (p. 27) have shown effective leadership. The NSPHSAA was strengthened under the guidance of honorary presidents Dr. Frederick Rand Rogers, Dr. Hiram A. Jones, Dr. Ellis Champlin and Dr. George H. Grover, all of the NYS Education Department.
The NYSPHSAA grew under the administration of any capable and dedicated people. Elmer K. Smith, Rochester (1923-25) and Everett T. Grout, Schenectady (1925-29) served as Secretary and Emory A. Bauer was Treasurer (1923-29). In addition to being Secretary/Treasurer (1920-1942) Frederick R. Wegner initiated and conducted the early operation of the Athletic Protection Plan. John K. Archer served as Secretary/Treasurer from 1942-75. An office was established in Albany in 1962, with J. Kenneth Hafner serving as Field Representative and becoming Director of Field Services in 1970. Alton B. Doyle was appointed the first full time Executive Secretary in 1975, serving until 1990. Administrative staff have included, William Vesp (1977-80), Floyd Jones (1981-97), Walter Eaton (1990-2008), and Lloyd Mott (1997-2008) as Assistant Directors and Marcus Martone (1975-92), Gordon Durnford (1992-96) and Kathy Higle (1996-2012) as Treasurers. Dr. Sandra Scott (1975-2000) was elected Executive Director in 1990 and became the first woman executive director of a state high school athletic association in the nation. In 2000, Nina Van Erk was appointed as the Executive Director and served in that capacity for 12 years, until 2012. Robert Zayas began his tenure as Executive Director in the Fall of 2012, after spending 10 years at the new Mexico Activities Association. The NYSPHSAA Legal Counsel have consisted of Ron Shaw (1972-2005) and Kevin Seaman during 2005. Today the administrative staff consists of Assistant Directors Robert Stulmaker (2007) and Todd Nelson (2008), Director of Media, Marketing & Public Relations Joseph Altieri (2001), Treasurer Lisa Arnold (2013), Media Content Coordinator Joe Agostinelli (2013) and Counsel Renee James (2006). In February 2006 the NYSPHSAA moved its headquarters to 8 Airport Park Blvd., Latham, NY.

Hundreds of school representatives have contributed to the progress of our Association through their interest, service and leadership.

ASSOCIATION HIGHLIGHTS

1920's
- Consisted of eight sections, each represented by a superintendent, principal and director of physical education
- Seven eligibility rules (bona fide student, age, duration of competition, amateur, transfer, outside competition, and required academics).
- Adopted "player control," rule which had captains directing game, coach in the stands.
- State Championships for boys in baseball, cross-country, ice hockey, ice skating, swimming, tennis and track. Girls participated only in varsity basketball.

1930's
- State championship tournaments abolished due to charges of overemphasis and overspecialization. (1932)
- Association function to develop unified standards for all sections to follow, giving sections authority to conduct own championships for boys.
- Recommended no interscholastic competition be permitted for girls in New York, substituting play days/sport days. (1934)

1940's
- Membership was extended to junior high schools.
- Postgraduate problems solved by adopting eight consecutive semester rule.
- Section Athletic Councils recognized in Constitution.
- State Sports Committees established.
1950's
- Friends and Neighbors Program initiated to permit nonmember school competition with member schools.
- Reemergence of intersectionals for individual sports beginning with cross-country and track.
- Developed and initiated Modified Program for boys under leadership of Kurt Beyer.
- AWPENYS (Association of Women in Physical Education in NYS) began sponsoring coaching clinics and encouraging competition for girls.

1060's
- Winfred S. Thomason (Garden City) hired as first counsel.
- Under the leadership of Mr. Hafner and Safety Chair Louis Obourn, experimental projects for participation safety began.
- Membership in NYS Federation of Secondary School Athletic Associations. (1964)
- State Committee for Girls Athletic Activities established, initiated by Raymond Benjamin. (1966)
- New York State High School Officials Coordinating Federation initiated with William B, Gilbert as first Chairman. (1967)

1970's
- Associated became incorporated. (1974)
- Expanded Central Committee to include female representatives of athletics. (1974)
- Central office established with full time Executive Director and a support staff.
- Approved membership eligibility for Friend and Neighbor schools.

1980's
- Growth of team sport state championships following reinstatement of boys' basketball in 1978. Approved baseball, girls' basketball, field hockey, boys' and girls' soccer, ice hockey and softball.
- First female president for NYSPHSAA office (1986) at 88 Delaware Avenue, Delmar, NY.
- Adopted policy for other state athletic associations to enter NYSPHSAA championships. (1984)
- Eliminated the Outside Competition Standard.

1990's
- Insurance group formed for NYSPHSAA and the sections to secure property and liability coverage.
- Initiated corporate sponsorship by event, which includes championships and special programs.
- Development and initiation of Scholar/Athlete Team Award Program and New York Good Sports Program.
- Sponsor 29 championships and three intersectionals.

2000's
- Established two new standing Committees: Student Advisory Council and Budget and Finance.
- Purchased larger building for NYSPHSAA office at 8 Airport Park Blvd., Latham, NY.
- First Girls Golf Championship. (2006)
- First Boys Volleyball Championship. (2010)
- First Regional Cheerleading Invitational. (2013)
PRESIDENTS OF THE NYSPHSAA

*Deceased
* Daniel Chase ..................... 1923-25
* John F. Hummer ................... 1925-26
* Seward S. Travis .................. 1926-27
* Carl H. Burkhardt ................ 1928-29
* Heth G. Coons ..................... 1929-31
* Herbert L. Sackett ................ 1931-32
* Frank R. Wassung .................. 1932-33
* Elmer K. Smith .................... 1933-35
* Charles E. Riley ................... 1935-37
* Frank C. Densberger ................ 1937-39
* Foster S. Brown .................... 1939-41
* W. Howard Vanderhoeef ............ 1941-43
* Kurt Beyer .......................... 1943-45
* Robert C. McDonald ................ 1945-47
* Carl A. Hansen ..................... 1947-49
* David E. Panebaker ................. 1949-51
* Ray Townsend ...................... 1951-53
* Philip J. Hammes ................... 1953-55
* Kenneth E. Smith ................... 1955-57
* Andrew J. Smith .................... 1957-59
* J. Kenneth Hafner ................... 1959-61
* W. Kenneth Doyle ................... 1961-63
* Glenn E. Manning ................... 1963-65
* Raymond Benjamin .................. 1965-67
* Lewis C. Obourn ..................... 1967-69
* John W. Kickham .................... 1969-71
* Marcus J. Martone ................... 1971-73
* Richard P. McLean ................... 1973-76
* Peter N. Betrus ...................... 1976-78
* Bernard LaMay ........................ 1978-80
* Anthony C. Sabella ................... 1980-82
* John D. O’Donnell ................. 1982-84
* Michaela Kasner ...................... 1984-86
* Robert W. Zegler .................... 1986-88
* Richard J. McGuire ................. 1988-90
* Thad J. Mularz ...................... 1990-92
* Karen P. Lopez ..................... 1992-94
* James J. Tolle ....................... 1994-96
* Robert Munn ......................... 1996-98
* Dean Veenhoff ....................... 1998-01
* Patrick J. Calnon ................... 2001-04
* Kathryn Faber ....................... 2004-06
* Dr. Ronald Black ..................... 2006-08
* Patrick Pizzarelli .................. 2008-10
* Mark Ward ............................ 2010-12
* Eileen Troy .......................... 2012-Present

HONORARY PAST PRESIDENTS

* Larry Grimes  * Alton Doyle  * Floyd Jones  Sandra Scott  Nina Van Erk

GENERAL OBJECTIVES OF THE NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

The Association serves as a central organization through which member schools in the state may cooperate to:

* **Encourage** as many pupils as possible to participate in athletic games.
* **Promote** sportsmanlike conduct in all athletic contests.
* **Maintain** essential minimum standards of eligibility
* **Provide** means to settle disputed athletic contests amicably and authoritatively
* **Conduct** appropriate athletic meets and tournaments.
* **Cooperate** with the State Education Department in fostering educationally sound athletic programs.
* **Adapt** rules governing sports contests to the particular conditions for school competition.
* **Continually** seek data to support rules changes leading to greater safety for school athletics.

25  V.6/2014
NYSPHSAA, INC. RECOMMENDATIONS

1. Because the highest standards of good sportsmanship are in opposition to the policy of giving materially valuable awards to high school athletic teams;
   Because such awards create a false sense of the value of school loyalty and service;
   The NYSPHSAA, INC. recommends that school authorities give only awards of limited monetary value appropriate to high school level competition, furthermore, that the school administration be responsible for accepting, selecting and controlling awards that are offered by individuals or organizations or outside agencies such as P.T.A., service clubs, booster clubs, etc.

2. Because experience has shown that the most successful form of school athletic organization and control is in the league;
   Because the league offers opportunity for friendly and sportsmanlike relationships;
   The NYSPHSAA, INC. recommends that schools of similar size, similar interest and within reasonable distance of each other form leagues for all sports wherein they have interschool contests; that the appeal procedure specified in the Eligibility Standards be instituted only after an earnest attempt at settlement within the league.

3. Because athletics are a vital factor in the development of character, personality, physical fitness and leadership;
   Because athletics can only attain their rightful position as a school activity when it is recognized that a healthy body is as necessary as a sound mind;
   The NYSPHSAA, INC. recommends that a student not be barred from an athletic squad for any reason which would not bar one from an academic class or other school activity, excepting recognized eligibility rules.

4. Because there is an obligation to practice the principles of safety in athletics and to take all necessary precautions to prevent injuries;
   The NYSPHSAA, INC. recommends that all participants in interscholastic sports be covered by appropriate insurance.

5. Because school authorities have a responsibility for preventing the exploitation of high school students who have qualified for a letter in school sports;
   The NYSPHSAA, INC. recommends that school authorities discharge this responsibility by protecting students from being exploited by individuals or groups interested in promoting, for any purpose spectator or revenue producing contests such as all-star, charity and similar exhibition games. Senior All-Star contests as stipulated in the Eligibility Standards are permitted. Furthermore, it shall be the responsibility of school authorities to inform their teaching personnel to do nothing which shall impair this responsibility of boards of education to protect athletes against such exploitation.

6. Because our Regulations stipulate that all organized practice and games be conducted in the appropriate season (See Sports Standards), a school district planning or administering out-of-season recreations programs should avoid any implication of out-of-season practice and play. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1) if such programs are not mandated by coaches or school personnel; 2) if such programs are available to all students.
The NYSPHSAA, INC. recommends these criteria for the guidance of other agencies which conduct summer recreation programs:

a. Only contestants of high school age are to compete together.
b. No school names may be used.
c. Faculty members may not coach contestants who play together as a high school team in the regular season.
d. A contestant may compete in only one recreation league.

7. The NYSPHSAA, INC. believes that adequate financial support for athletics shall be assured as part of the instructional budget for the school district.

8. The NYSPHSAA, INC. believes that proper medical and first aid care shall be provided by school authorities for students engaged in athletics. Therefore, a doctor shall be present or on call, and a school official with first aid training shall be present during all competitive events. The NYSPHSAA, INC. recommends that the school district provide all coaches with a plan for emergency medical action. Furthermore, all coaches must be current in meeting first aid and safety skill requirements.

9. All interscholastic competition activities shall be conducted in accordance with NYSED regulations and under the rules recommended by the various sport committees and approved by the NYSPHSAA, INC.

10. The Executive Committee has adopted a policy which prohibits the use of the organization's name as a sponsor or cosponsor of a conference, meeting or project unless specific permission in writing by the association for a designated event or activity.

CONSTITUTION OF THE NYSPHSAA, INC.

ARTICLE I - Purpose

To provide a central association through which public secondary schools of the State may cooperate for the following ends. This association shall be the organization responsible for governing interscholastic athletic activities for boys and girls in grades 7-12 in its member schools. Nonpublic schools may petition and be accepted for full membership.

1. To establish necessary principles and procedures for the conduct of interscholastic athletics.
2. To strengthen the work of the local schools in developing good sportsmanship and high ideals among contestants and teams.
3. To encourage all forms of interschool athletic activities for all boys and girls in grades 7-12 as an integral part of the educational program.
4. To adopt, strengthen, interpret, and enforce uniform eligibility rules and sports standards governing participation in interschool athletics at all levels as established in the Regulations of the Commissioner of Education governing athletics.
5. To conduct regional and state championship tournaments.
6. To enforce the constitution, bylaws, rules, regulations, and sports standards adopted by this association, its sections, and leagues.
7. To strive continually to strengthen programs and minimize risk in sports through study, research and experimentation.
8. To meet with and assist sports officials at the state and sectional levels to identify and solve existing problems.
9. To cooperate with non-school groups engaged in sports activities to establish guidelines for outside competition.
10. To comply with the provisions of the New York State Not-For-Profit Corporation Law.

**ARTICLE II - Membership**

1. Each eligible school may become a member of this corporation by submitting a request for membership in the association and representation in the section athletic program signed by the chief school officer of the petitioning school district and sent with the enrollment fee to the treasurer of the association.

   a. The annual membership fee shall be based on the total school district enrollment of boys and girls listed on all attendance registers for Grades 7-12 inclusive from the latest enrollment data provided by NYSED. Annual membership fees shall be set by the Executive Committee. An alternative method for the calculation of member dues assessment may be adopted by the NYSPHSAA Executive Committee.

   b. Membership fees are due September 1. Schools not paying the annual fee before October 15 of any school year shall be considered as resigning from membership in the association. Schools are readmitted as soon as payment of fees is made. Fees payment is required of schools on austerity if they participate.

   c. One fee entitles a school to participate in any form of athletics of the association, to participate in the benefits of the Pupil Benefits Plan, Inc., to receive all bulletins and publications of the association and must be paid before the school may participate in any sectional games under the supervision of the association.

   d. The membership year shall be considered from September 1 to August 31 of the following year.

   e. Austerity - No committee member or officer of this association shall lose membership because of his/her school's austerity, and resultant nonpayment of dues.

   f. Nonpublic schools which are registered with the State Education Department may become members of the NYSPHSAA by payment of the annual fee provided to member schools making application. Section athletic councils may determine the appropriate classification for their nonpublic school and charter school members. See p. 181 - Classification Procedure. The NYSPHSAA membership fee shall be assessed on a pro-rata basis if only grades 9-13 inclusive are enrolled.

2. All member schools of this corporation agree to abide by this Constitution and the Eligibility Standards, Sports Standards, Modified Program Rules, Officiating Standards, in all interschool competition as adopted by the Executive or Central Committees or approved by referendum of member schools.

3. Any school violating the constitution, amendments, bylaws, rules, regulations, or sports standards of the association and its sections may be suspended from the association or from the section, or both, by the Central Committee, or by the Executive Committee when the Central Committee is not in session, and barred from participation in any of the interschool athletic activities for a period up to one year. It is provided, however, that a section athletic council may impose penalties and sanctions as the rules and regulations of the association may provide.
4. All superintendents, principals, athletic directors, and coaches of member high schools are advisors of the association. They are eligible to serve on committees and are entitled to make recommendations to the NYSPHSAA staff and Executive Committee on all matters pertaining to the conduct of interscholastic athletics.

5. No part of the net earnings of the association shall inure to the benefit of any member, trustee, officer, or director of the association or any private individual (except that reasonable compensation for services rendered to or for the association affecting one or more of its purposes) and no member (other than a public high school), trustee, officer, or director of the association or any private individual shall be entitled to share in the distribution of any of the association’s assets on dissolution of the association.

Upon the dissolution of the association or the winding up of its affairs, the assets of the association shall be distributed exclusively for educational purposes in accordance with the provisions of Not-for-Profit Section 501 (2) 3 of the Internal Revenue Code and its regulations as they now exist or as they may hereafter be amended.

As a means of accomplishing its purposes, the association is authorized to receive and maintain funds of real or personal property, or both, to have, hold, manage, encumber, and sell the same, to change the investments thereof, to invest and reinvest the proceeds thereof, and in general and subject to such limitations and conditions as are or may be prescribed by law, it exercises such other powers which are or hereafter may be conferred by law upon the association organized for the purposes hereinabove set forth, or necessary or incidental to the powers so conferred, or conducive to the attainment of the purposes of the association.

**ARTICLE III - Central Committee**

1. The corporation shall be administered by a board of directors, known as the Central Committee, consisting of representatives from each of the sections, elected from the member schools in accordance with the following plan:

   a. The state shall be divided into geographic areas called sections, each of which shall elect four representatives to the Central Committee: viz, one chief school officer, one principal, one male representative of athletics and one female representative of athletics from the member school of the section.

   b. On or before December 15th of each year, each section secretary shall inform the section athletic council as to the branch of service in which a vacancy by expiration of term shall occur, and each section shall elect a replacement by a method of their choice.

   c. In the event of the positive unwillingness to serve on the part of any duly elected person, election shall go to the nominee having the second highest number of votes.

   d. Newly elected Central Committee representatives will assume their positions September 1.

   e. In case of a vacancy in the membership on the Central Committee arising in any section, it shall be the duty of the three remaining members in such section to choose, with the advice and consent of the section athletic council, the fourth representative from a member school in the section and for that position of service in which the vacancy has occurred. Appointments shall be made for the full period of the unexpired term.
f. Persons retiring from active public education employment, currently serving on the NYSPHSAA Central Committee, shall be permitted to continue for the duration of their tenure and also be permitted to serve in that capacity if so elected by the section.

g. Should any member of the Central Committee be unable to attend a meeting of the Central Committee, then a section athletic council officer shall be designated to represent that section.

2. The Central Committee may from time-to-time adopt rules and regulations for conducting the affairs of the association and shall draw up rules stipulating requirements or admission to membership in the association and shall adopt uniform eligibility rules and sports standards to conform to the minimum regulations adopted by the State Education Department.

3. A majority of members of the Central Committee eligible to vote shall constitute a quorum, provided due notice has been given all members of the committee of the date, time, and place of the meeting.

   a. The NYSPHSAA President, Vice Presidents and immediate Past President shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the first vice president, second vice president and immediate past president shall have the right to vote when the Central Committee is in session. The president shall not be entitled to vote, except in the case of a tie.

4. An annual meeting shall be held each year; other necessary meeting may be called by the president.

   **ARTICLE IV - Officers and Duties**

1. The Central Committee shall elect a president, first vice president, and second vice president from among its own members and persons serving as an officer of a section athletic council to serve two-year terms. It shall also approve the appointment of the members of the professional staff.

   a. The president of the association shall preside at all meetings of the association, the Central Committee, and the Executive Committee, and shall perform such other duties as the Central Committee may designate, the constitution or bylaws authorize or require, and in general shall perform the duties that usually come under the office of the president.

   b. The first vice president shall assume the duties of the president during absence or inability to act and shall have the following duties in addition to those designated by the president:

      i. Chairman of the Budget and Audit Committee,
      ii. Attend Section Athletic Council meetings (other than in his/her section),
      iii. Attend sport committee meetings,
      iv. Attend meeting of the Handbook, Safety, and Championship Advisory Committees,
      v. Attend NYS Federation meeting.
c. The second vice president shall assume the duties of the first vice president during absence or inability to act and shall have the following duties in addition to those designated by the president:
   i. Attend all Budget and Audit Committee meetings,
   ii. Attend Section Athletic Council meetings (other than in his/her section),
   iii. Attend Sport Committee meetings,
   iv. Attend meetings of the Officials Coordinating Federation, Modified Athletics and Chemical Health Committees.
   v. Attend meetings of ad hoc committees,
   vi. Chair the Long Range Planning Committee.

d. Immediate Past President:
   i. Chair the Past Presidents Committee
   ii. Chair the Nominating Committee
   iii. Member of the Budget and Audit Committee

e. The Executive Director shall be the official interpreter of the policies and regulations of the Association shall be responsible for conducting the business of the Association, shall keep the minutes and records of the Association, the Central Committee and the Executive Committee. The Treasurer shall have custody of the funds of the association, receiving all fees and other income, keeping a careful account of the same, and submitting a report at the annual meeting of the Central Committee. Money shall be disbursed only on vouchers, properly receipted, which shall be audited by a certified public accountant previous to the annual report.

2. A committee of officers in consultation with the staff shall have the authority to act on all matters not provided for in this constitution and bylaws, and on such emergency business as may arise between regular meetings of the Executive Committee.

3. Vacancies in any office shall be filled by a vote of the members of the Central Committee for the unexpired term of such office. When the Central Committee is not in session the Executive Committee shall fill any vacancy.

4. Officers shall be elected at the annual meeting. NOTE: The nominating committee shall select candidates for office in the following rotation: chief school officer, female representative of athletics, principal, male representative of Athletics. This rotation would provide broad representation from the Central Committee as well as administration experience.

5. The president shall appoint the members of the nominating committee.

6. The Honorary Past Presidents, Past Presidents, Executive Director, other Executive staff, Executive Director of the Pupil Benefits Plan, Inc., State Education Department Liaison, affiliate association representatives, and a representative of NYS School Board Association as ex-officio members may participate in the meetings of the association, the Central Committee, the Executive Committee, without the right to vote.
ARTICLE V - Executive Committee

1. The Executive Committee shall consist of twenty-two members, each of eleven sections being represented by one member of the Central Committee who shall receive the position in any manner the section shall determine, and by the female representative of athletics on the Central Committee. This selection shall be made prior to the annual meeting of the central Committee. The NYSPHSAA President and Vice Presidents shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the president, first vice president, and second vice president shall not be entitled to vote except in the case of a tie with only one of said officers being entitled to vote in the order indicated. Should any member of the Executive Committee be unable to attend a meeting of the Executive Committee, then another member of the Central Committee from the section not so represented, or a section athletic council officer shall be designated to represent that section.

2. The Executive Committee shall have general management of the affairs of the association in the interval between meetings of the Central Committee and shall have the power to act in all matters not covered by this constitution and bylaws. It shall have jurisdiction in all appeals, protests, and questions of eligibility when the Central Committee is not in session.

3. The Executive Committee shall meet at least three times each year. A majority of the members of the Executive Committee eligible to vote shall constitute a quorum. Special meetings of the Executive Committee may be called by the president or at the request of a majority of the members.

4. Any action which needs the approval of the Executive Committee may be taken without a meeting, if authorized by the president, by conducting a mail or electronic vote.

5. The Executive Committee shall be responsible for properly administering meets, tournaments, or games in which individuals or teams, determined as winners of sectional contests from two or more sections, participate. The secretaries of the sections to be represented in regional, intersectional, and state contests shall provide a complete list of sports in which that section intends to compete in the ensuing year to the NYSPHSAA, Inc. Executive Director for the approval of the Executive Committee at its spring meeting. Notice of withdrawal from a regional intersectional and state contest must be received at least sixty days prior to the date of the contest. Otherwise the section will be required to pay the proportionate share of the administration and insurance charges involved in the program.

ARTICLE VI - League and Section Organization

1. A school may join with other schools to form a league for the purpose of providing interschool athletic competition among schools of comparable size, similar interests, and within reasonable distance of each other. Leagues so formed shall be organized and affairs conducted in accordance with the rules of the section and of the association. If the section athletic council is unable to provide for league affiliation, they shall refer the problem to the NYSHSAA, Inc. Executive Committee within 30 days for action.
2. The member schools in each section shall establish an athletic council, consisting of the four members of the Central Committee representing the section and one or more representative of each league in the section elected by the league or its member schools. The section may provide for additional members of the athletic council.

3. The athletic council shall elect a president, one or more vice presidents, a secretary, and a treasurer. Each Central Committee member shall serve as an officer or as an ex-officio member of the athletic council. The athletic council shall meet at least three times each year.

4. The athletic council shall:
   a. Adopt a constitution and bylaws for governing the section and shall file a copy and any amendments with the executive director of the association.
   b. Manage the affairs of the section and adopt rules and regulations from time-to-time for governing the section which rules and regulations must be consistent with those of the association and the State Education Department.
   c. Impose and enforce a suitable penalty upon any member school which violates the constitution, bylaws, rules, regulations, sports standards, or code of ethics of the association or section. A member school found guilty of such violation by the Section Athletic Council may be barred from participation in any or all-interschool athletic activities for a period up to one year.

5. The president of the athletic council may call special meetings in the section for the purpose of explaining and discussing all amendments submitted to the member schools or for the purpose of considering the policies and procedures of the leagues, the section, or the association. The president is the representative of all of the member schools in the section and shall at all times exercise the function of democratic leadership.

   **ARTICLE VII - State Sport Committees**

1. a. Each section may elect or appoint one representative to each state sports committee. Necessary expenses of each delegate to attend sports committee meetings shall be paid by the section.
   b. Each state sports committee shall hold an annual meeting and shall elect a vice chairman, and a secretary, who will be representatives on that state’s sports committee, and who will hold office for the ensuing year. State sports committee meetings must have the approval of Association staff Notice of the time and place of state committee meetings shall be given to members at least two months prior to the meeting.
   c. Minutes of all meetings shall be provided to committee members, association officers and staff, section presidents and section executive directors/secretaries.
   d. The coordinator of the state sports committee shall submit an annual written report to the Central Committee. If requested to attend, the necessary expenses to attend the Central Committee meeting will be paid by the association.
   e. There shall be a biennial meeting of all state sports coordinators.

2. a. Each state sports committee shall encourage participation in that sport, require observation of the rules, regulations, and sports standards, provide measures of safety, answer questions and receive suggestions pertaining to that sport.
b. Each section sports committee representative shall conduct studies when needed, review games rules, conduct interpretation meetings, present demonstrations, secure the cooperation of officials, improve game administration in the section, and act as liaison between the section and the state sports committee coordinator.
c. Each state sports committee may make investigations and surveys, and conduct other research to insure that playing rules are adapted to the needs and abilities of the high school student and submit recommendations to the Executive Committee.
d. Each state sports committee shall be responsible for informing the sections of the correct procedure to be followed in making changes in policy, regulations, rules or sports standards in that sport.

ARTICLE VIII - Constitutional Amendments

1. A majority vote of the Central Committee or Executive Committee at any duly authorized meeting is required to propose an amendment to the Constitution. Amendments may be initiated by the Central Committee, Executive Committee, a section athletic council, or the officers of the NYSPHSAA, Inc. Proposals shall be submitted to the executive director by January 15 to allow sectional athletic councils adequate time for their consideration.

2. A referendum is required to approve amendments. During a referendum, each school shall have one vote on a signed ballot. To be valid, this vote shall represent the collective judgment of and include the signatures of the chief school officer, principal, and the director of athletics. An Executive Committee member representing the section shall serve as teller to canvass all ballots to amend the Constitution or amend any other rule or regulation, which was put forth for the referendum.

3. During the referendum, a majority vote of the member schools voting in each section shall be required for the adoption of the amendment in the section. Approval of at least seven sections and approval of two-thirds of the member schools casting valid ballots shall be required for the final adoption of the amendment as a statewide rule or policy or as an amendment to the Constitution, as the case may be.

4. All amendments to this Constitution, which are approved by a referendum vote, shall not become effective until August 1 of the next school year.

ARTICLE IX - Changes in Eligibility Standards

1. Changes in Eligibility Standards, Sports Standards, Modified Program Rules Operating Code, Officiating Standards, and any other rules and regulations not part of the Constitution may become effective immediately or approved for referendum of member schools at the discretion of the Executive Committee or Central Committee, as the case may be.

2. When a referendum vote is authorized, the procedures stipulated in Article VIII, Item 2, shall be followed.

3. Adoption of a statewide standard, rule, or policy by referendum vote shall require a majority vote of member schools casting valid ballots and approval in a majority of the sections.

4. All changes in the rules and regulations approved by a referendum vote shall not become effective until August 1 of the next school year.
§135.1 Definitions.

Definitions as used in this Part:
(a) **Commissioner** means the Commissioner of Education
(b) **Department** means the Education Department of the State of New York
(c) Satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, sufficient, suitable mean satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, sufficient, suitable, respectively, in the judgment of the commissioner.
(d) **School personnel** means persons employed by school authorities in conducting the schools.
(e) **Adaptive physical education** means a specially designed program of developmental activities, games, sports and rhythms suited to the interests, capacities and limitations of pupils with handicapping conditions who may not safely or successfully engage in unrestricted participation in the activities of the regular physical education program.
(f) **Athletic association** means an approved central organization of schools joined together on a large geographic area or statewide basis for the purpose of governing athletic programs for all its member schools.
(g) **Bona fide student** means a regularly enrolled student who is taking sufficient subjects to make an aggregate amount of three courses and who satisfies the physical education requirement.
(h) **Extraclass periods in physical education** mean those sessions organized for instruction and practice in skills, attitudes and knowledge through participation in individual, group and team activities organized on an intramural, extramural or interschool athletic basis to supplement regular physical education class instruction.
(i) **Extramural activities** means those games or other events which involve the participation of pupils from two or more school districts and which are conducted as play-days or sports days at the end of the intramural season.
(j) **Health education** means instruction in understandings, attitudes and behavior in regard to the several dimensions of health. This instruction relates to alcohol, tobacco and other drugs, safety, mental health, nutrition, dental health, sensory perception, disease prevention and control, environmental and public health, consumer health, first aid, and other health-related areas.
(k) **Instructional physical education** means the required physical education program, which has as its foundation, planned sequential learning experiences for all students.
(l) **Interschool activities** mean those which provide competition between representatives of two or more schools and which offer enriched opportunities for the selected and more highly skilled individuals.
(m) **Intramural activities** mean those activities conducted within one school district involving only those pupils enrolled in such school district and which are organized to serve the entire enrollment.
(n) **Invitation activities** mean those games or other events dealing with one sport, arranged by invitation of one school to one or more other schools without leading to any formal schedule and championship.
(o) **League** means an organization of schools joined for the purpose of providing athletic competition among schools of comparable size, interests, and within reasonable distance of each other.

(p) **Mixed competition** means the combination of male and female pupils participating on the same interschool athletic teams.

(q) **Organized practice** means a session of an athletic squad or group organized for interschool athletics for the purpose of providing instruction and practice in physical conditioning activities, skills, team play and game strategy, under the supervision of a qualified school official.

(r) **Physical fitness activities** mean those physical activities which are designed to develop endurance, strength and agility and to fit the individual so that he can perform the task repeatedly without undue fatigue and with a reserve capacity to meet unexpected stresses and hazards.

(s) **Physiological maturity** means a stage of maturation identified by the school physician in determining an appropriate level of interschool athletic competition in accordance with standards established by the commissioner.

(t) **Recreation** means the program which is organized to include types of activities such as arts and crafts, athletics, dramatics, music, rhythms, sports swimming and water safety provided at the discretion of school district authorities under the supervision of qualified personnel and designed to provide for the worthy use of leisure by individuals and groups.

(u) **Sports day** means a day when pupils from two or more schools meet and engage in a variety of competitive sports events.

(v) **Section** means an organization of schools within a specified geographic area which holds membership in an athletic association, and is established of the purpose of administering athletic programs for the member schools and leagues within such area.

§ 135.2 General regulations.

(a) All schools under the jurisdiction of the State Education Department shall provide a program of health, physical education and recreation in an environment conducive to healthful living. This program shall include:

(1) health and safety education;
(2) physical education, including athletics; and
(3) recreation

(b) It shall be the duty of trustees and boards of education:

(1) to provide approved and adequate personnel and facilities;
(2) to maintain for each child cumulative records covering the essential features of the health and physical education program and, when a pupil transfers to another school, to provide such school with a certified transcript thereof;
(3) to make reports to the department on forms prescribed by the commissioner.
§ 135.4 Physical education.

(a) School district plans. It shall be the duty of trustees and boards of education to develop and implement school district plans to provide physical education experiences for all pupils as provided in this section. Such current plans shall be kept on file in the school district office and shall be files with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. All school districts shall comply with the provisions of this plan by August 1, 1982. However, the requirement for submission of a plan shall become effective by January 1, 1983. A school district may conduct an instructional physical education program which differs from, but is equivalent to, the required program of instruction set forth in paragraph (2) of subdivision (c) of this section, with the approval of the commissioner. An equivalent program may be implemented only after approval from the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. A request for approval to conduct an equivalent instructional physical education program shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services, and shall include the:

1. program goals and objectives;
2. way in which students are to be scheduled and the length of time daily, weekly, monthly or yearly;
3. program activities offered at each grade level or each year of instruction; and
assessment activities for determining the student’s performance toward the goals and objectives of the program.

(b) Nonpublic schools. Similar courses of instruction shall be prescribed and maintained in private schools in the State, and all pupils in grade kindergarten through 12 shall attend such courses. If such courses are not established and maintained in any private school, instruction in such school shall not be deemed to be substantially equivalent to instruction given to children of like ages in the public school or schools of city or district in which the child resides.

(c) Program plans. School district plans shall include the following:

1. Curriculum.
   (i) The curriculum shall be designed to:
      (a) promote physical activity and the attainment of physical fitness, and a desire to maintain physical fitness throughout life;
      (b) attain competency in the management of the body and useful physical skills;
      (c) emphasize safety practices;
      (d) motivate expression and communication
      (e) promote individual and group understanding
      (f) provide knowledge and appreciation of physical education activities;
      (g) make each individual aware of the effect of physical activity upon the body;
      (h) provide opportunities for the exercise of pupil initiative, leadership and responsibility; and
      (i) reinforce basic learning of other areas of the total school curriculum.
There shall be experiences of sufficient variety in each of the following:

(a) basic and creative movement
(b) rhythm and dance;
(c) games;
(d) perceptual - motor skills;
(e) individual and team sports;
(f) gymnastics;
(g) aquatics, where possible;
(h) lifetime sports activities;
(i) outdoor living skills; and
(j) other appropriate activities which promote the development of boys and girls.

There shall be opportunity provided for participation in appropriate extra-class activities.

There shall be activities adapted to meet the needs of pupils who are temporarily or permanently unable to participate in the regular program of physical education. Adaptive physical education programs shall be taught by a certified physical education teacher.

There shall be continuous evaluation of the instructional program and assessment of individual pupil needs and progress. Appropriate cumulative records shall be maintained which cover the essential features of the physical education program for each pupil, and when a pupil transfers to another school, such records shall be transferred with the student's transcript.

(2) Required instruction.

(i) Elementary instructional program—grades K through 6.

(a) all pupils in grades K-3 shall participate in the physical education program on a daily basis. All pupils in grades 4-6 shall participate in the physical education program not less than three times each week. The minimum time devoted to such programs (K-6) shall be at least 120 minutes in each calendar week, exclusive of any tie that may be required for dressing and showering; or

(b) as provided in an equivalent program approved by the Commissioner of Education.

(ii) Secondary instructional program—grades 7 through 12. All secondary pupils shall have the opportunity for regular physical education, but not less than three times per week in one semester and two times per week in the other semester, taught by a certified physical education program either:

(a) a minimum of three periods per calendar week during one semester of each school year and two periods during the other semester; or

(b) a comparable time each semester if the school is organized in other patterns; or

(c) for pupils in grades 10 through 12 only, a comparable time each semester in extra class programs for those pupils who have demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities; or

(d) for pupils in grades 10 through 12 only, a comparable time each semester in out-of-school activities approved by the physical education staff and the school administration; or
(e) as provided in an equivalent program approved by the Commissioner of Education.

(3) Attendance.
   (i) All pupils shall attend and participate in the physical education program as approved in the school plan for physical education and as indicated by physicians’ examinations and other tests approved by the Commissioner of Education. Individual medical certificates of limitations must indicate the area of the program in which the pupil may participate.
   (ii) School district plans shall indicate through the sequential curriculum the steps to be taken to insure that each pupil meets the requirement for participation in physical education program which complies with the provisions of this section. School districts may award local diploma credit for the required program, and may also submit plans for elective units in physical education for additional credit.

(4) Personnel.
   (i) Elementary classroom teachers may provide instruction under the direction and supervision of a certified physical education teacher.
   (ii) When students participate in out-of-school activities as part of alternative programs, such activities may be taught by non-certified personnel, provided they have appropriate experience and are so approved by the board of education.
   (iii) Each school district operating a high school shall employ a director of physical education who shall have certification in physical education and administrative and supervisory service. Such director shall provide leadership and supervision for the class instruction, intramural activities, and interschool athletic competition in the total physical education program. Where there are extenuating circumstances, a member of the physical education staff may be designated for such responsibilities, upon approval of the commissioner. School districts may share the services of a director of physical education.

(5) Facilities. Trustees and boards of education shall provide adequate indoor and outdoor facilities for the physical education program at all grade levels. Appropriate guidelines to schools with respect to facilities will be provided by the Division of Physical Education, Fitness, Health, Nutrition and Safety Services.

(6) Administrative procedures.
   (i) School district plans for the physical education program shall include information on the following administrative procedures:
      (a) curriculum development in relation to grade levels, as referred to in paragraph (1) of this subdivision;
      (b) appropriate examinations and tests to be employed by school authorities in determining pupil needs and progress in physical fitness, knowledge and skills;
      (c) class size and grouping patterns which are compatible with the activities being taught;
      (d) use of non-school facilities;
      (e) use of non-certified persons, such as student leaders, practice teachers, etc.;
      (f) use of supplementary personnel which are described in section 80.33 of this Title;
      (g) summer school physical education programs, if conducted; and
      (h) policies and procedures for the conduct of extra class programs.
Periodic reports regarding the status and progress of equivalent programs which have been approved by the commissioner shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services as requested.

Basic code for extra class athletic activities. Athletic participation in all schools shall be planned so as to conform to the following:

(i) **GENERAL PROVISIONS.** It shall be the duty of trustees and boards of education:

(a) to conduct school extra class athletic activities in accordance with this Part and such additional rules consistent with this basic code as may be adopted by such boards relating to items not covered specifically in this code. A board may authorize appropriate staff members to consult with representatives of other school systems and make recommendations to the board for the enactment of such rules;

(b) to make the extra class athletic activities an integral part of the physical education program;

(c) to permit individuals to serve as coaches of interschool athletic teams, other than intramural teams or extramural teams, in accordance with the following:

1. Certified physical education teachers may coach any sport in any school;

2. teachers with coaching qualifications and experience certified only in areas other than physical education may coach any sport in any school provided they have completed:

   (i) the first aid requirement set forth in section 135.5 of this Part; and coaches or will complete such a program within three years of appointment. Such program shall include an approved course in philosophy principles and organization of athletics, which shall be completed within two years after initial appointment as a coach. Upon application to the Commissioner of Education, setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than five years after such appointment. Such approved programs for coaches will consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department approved in-service education program, conducted by schools, colleges, professional organization or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education; [see Guidelines for Coaching Requirements - www.emsc.nysed.gov/ciai/physed.html](www.emsc.nysed.gov/ciai/physed.html)

3. notwithstanding the provisions of section 80.18 of this Title, other persons with coaching qualification and experience satisfactory to the board of education may be employed as temporary coaches of interschool sport teams, when certified teachers with coaching qualifications and experience are not available, upon the issuance by the commissioner of a temporary coaching license. A temporary coaching license, valid for one year, will be issued under the following conditions:
(i) the superintendent of schools shall submit an application for a temporary coaching license, in which the inability of the district to obtain the services of a certified teacher with coaching qualifications and experience is demonstrated to the satisfaction of the commissioner;

(ii) candidates for initial temporary licensure shall have completed the first aid requirement set forth in section 135.5 of this Part prior to the first day of coaching;

(iii) candidates for the first renewal of a temporary license shall have completed or be enrolled in an approved course in philosophy, principles and organization of athletics; and

(iv) candidates for any subsequent renewal of a temporary license shall have completed or demonstrate evidence of satisfactory progress towards the completion of an approved pre-service or in-service education program for coaches which shall include an approved course in philosophy, principles and organization of athletics. Such approved programs for coaches shall consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department approved in-service education program, conducted by schools, colleges professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education.

(4) persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in sub clause (1), (2) or (3) of this clause, may continue to coach any sport. The NYS Board of Regents approved an amendment to section 135.4 of the Commissioner's Regulations to establish a three-year renewable professional coaching certificate. The amendment allows non-teacher coaches to be issued a professional coaching certificate. A professional coaching certificate will be valid for a three-year period, and may be renewed for an additional three-year period upon submission of a renewal application. For additional information please reference section 135.4. **NYSPHSAA NOTE:** Volunteer coaches as a special class of coaches are not recognized by the S.E.D. This means these coaches must meet all the preceding requirements.

(d) to determine the need for an athletic trainer and to permit individuals to serve as athletic trainers for interschool athletic teams, intramural teams or physical education classes only in accordance with the following:

(1) Qualifications. Persons serving as an athletic trainer shall possess a valid certificate from the National Athletic Trainers Association or have completed a course of study comparable to that required for certification by the National Athletic Trainers Association.

(2) Scope of duties and responsibilities. The services provided by an athletic trainer shall include, but not limited to, the following:

   (i) Provide first aid and sport injury emergency services for students;

   (ii) provide school personnel and students with advice and services on physical conditioning programs, training methods,
screening procedures, injury prevention and use of safety equipment for sports participation; and

(iii) supervise the training room, maintain and order first aid supplies, and maintain records on student injuries and illnesses relative to sports participation in cooperation with the school health service office.

(e) to give primary consideration to the well-being of individual boys and girls in the conduct of games and sports;

(f) to sacrifice no individual for the sake of winning events;

(g) to conduct all activities under adequate safety provisions;

(h) to equalize, insofar as possible, the powers of opponents in individual and group athletic competition;

(i) to provide adequate health examination before participation in strenuous activity and periodically throughout the season as necessary and to permit no pupil to participate in such activity without the approval of the school medical officer;

(j) to maintain an equitable division of facilities, budget and personnel between boys and girls;

(k) to permit no athletic team to represent a school except in conformance with the Part;

(l) to approve all traveling of individuals or teams under their jurisdiction;

(m) to permit no post-season games or tournaments;

(n) to permit no post-schedule games or tournaments other than those conducted by school authorities in accordance with approved standards;

(o) to permit any individual or team to represent a school only in games, meets or tournaments which are conducted by secondary school authorities;

(p) to provide opportunity for instruction, practice and competition for pupils in grade four through six in extra class programs which shall be basically intramural activities;

(q) to provide opportunity for instruction and practice for pupils in grades seven through twelve in extra class athletic activities which are intramural activities and approved interschool competition;

(r) to limit athletic activities conducted by the school to appropriate competition and practice between pupils in grades seven through twelve, except that a post graduate pupil may participate in intramural activities;

(s) to provide the same general degree of opportunity for participation in intramural and interscholastic activities to both males and females.

(ii) PROVISIONS FOR INTERSCHOOL ATHLETIC ACTIVITIES FOR PUPILS IN GRADES 7 THROUGH 12. It shall be the duty of the trustees and boards of education to conduct interschool athletic competition for grades seven through twelve in accordance with the following:

(a) Interschool athletic competition for pupils in junior high school grades seven, eight and nine. Such competition shall be conducted in accordance with the following exceptions:

   (1) In junior high school, competition may include grades seven through nine.

   (2) In six-year high schools, ninth grade pupils may participate in junior high competition.

   (3) A board of education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high school pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness and skills
in relationship to other pupils on those teams in accordance with standards established by the commissioner.

(ii) **Interschool athletic competition for pupils in senior high school grades 9, 10, 11 and 12.** Inter-high school athletic competition shall be limited to competition between high school teams, composed of pupils in grade 9 to 12 inclusive, except as otherwise provided in sub clause (a)(4) of this subparagraph. Such activities shall be conducted in accordance with the following:

(4) **DURATION OF COMPETITION.** A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil’s entry into the ninth grade and prior to graduation, except as otherwise provided in this sub clause, or except as authorized by a waiver granted under clause (d) of this subparagraph to a student with a disability. If a board of education has adopted a policy, pursuant to sub clause (a)(4) of this subparagraph, to permit pupils in seventh and eighth grades to compete in senior high school athletic competition, such pupils shall be eligible for competition during five consecutive seasons of a sport commencing with the pupil’s entry into the eighth grade, or six consecutive seasons of a sport commencing with the pupil’s entry into the seventh grade. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. A pupil shall be eligible for interschool competition in grades 9, 10, 11 and 12 until the last day of the school year in which he or she attains the age of 19, except as otherwise provided in sub clause (a)(4) or clause (d) of this subparagraph or in this sub clause. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1st may be extended under the following circumstances.

(i) If sufficient evidence is presented by the chief school officer to the section to show that the pupil’s failure to enter competition during one or more seasons of a sport was caused by illness, accident, or similar circumstances beyond the control of the student, such pupil’s eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness, accident or other circumstance beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate.

(ii) If the chief school officer demonstrated to the satisfaction of the section that the pupil’s failure to enter competition during one or more seasons of a sport is caused by such pupil’s enrollment in a national or international student exchange program, that as a result of such enrollment the pupil will be required to attend school for one or more additional semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil’s eligibility shall be extended accordingly in such sport. (d) Waiver from the age requirement and four-year limitation for interschool athletic competition for students with disabilities in senior high school
grades 9, 10, 11, and 12. For purposes of this clause, the term non-contact sport shall include swimming and diving, golf, track and field, cross country rifle, bowling, gymnastics, skiing and archery, and any other such non-contact sport deemed appropriate by the Commissioner. A student with a disability, as defined in section 4401 of the Education Law, who has not yet graduated from high school may be eligible to participate in a senior high school non-contact athletic competition for a fifth year under the following limited conditions: (1) such student must apply for and be granted a waiver to the age requirement and four-year limitation prescribed in sub clause (b)(1) of this subparagraph. A waiver shall only be granted upon a determination by the superintendent of schools or chief executive officer of the school or school system, as applicable, that the given student meets the following criteria:

(a) Such student has not graduated from high school as a result of his or her disability delaying his or her education for one year or more;

(b) such student is otherwise qualified to compete in the athletic competition for which he or she is applying for a waiver and the student must have been selected for such competition in the past;

(c) such student has not already participated in an additional season of athletic competition pursuant to a waiver granted under this sub clause;

(d) such student has undergone a physical evaluation by the school physician, which shall include an assessment of the student’s level of physical development and maturity, and the school physician has determined that the student's participation in such competition will not present a safety or health concern for such student; and

(e) the superintendent of schools or chief executive officer of the school or school system has determined that the given student's participation in the athletic competition will not adversely affect the opportunity of the other students competing in the sport to successfully participate in such competition.

(2) REGISTRATION. A pupil shall be eligible for interschool competition in a sport during a semester, provided that he is a bona fide student, enrolled during the first 15 school days of such semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80 percent of the school time, bona fide absence caused by personal illness excepted.

(3) SPORTS STANDARDS. Interschool athletic programs shall be planned so as to provide opportunities for pupils to participate in a sufficient variety of types of sports. Sports standards, such as number of contests, length of seasons, time between contests, required practice days, etc., for all interschool sports shall conform to guidelines established by the Commissioner of Education.
(c) **Male and female pupils on interschool athletic teams.** (See p. 80)

1. Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex, except in accordance with the provisions of sub clauses (2) and (4) of this clause. For the purposes of this clause, baseball and softball shall be considered to constitute a single sport.

2. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

3. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. NYSPHSAA NOTE: This clause is to meet the needs of the exceptionally talented girl.

4. Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.
§ 135.5 First aid knowledge and skills requirements for coaches.

(a) Coaches of extra class periods in physical education, as defined in section 135.1 (h) of this Part, shall meet the requirements of this section.

(b) Except as provided in subdivision (c) of this section, all coaches must hold valid certification in first aid knowledge and skills, including instruction in the administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.

(c) By January 15, 1993 all coaches employed on or after January 15, 1992 must hold valid certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.

(d) For the purpose of this section, the following shall be deemed as equivalent to certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation as issued by the American National Red Cross:
   (1) completion of an approved course for coaches in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation;
   (2) completion of an approved college or university first aid knowledge and skills course, including instruction in administration of adult cardiopulmonary resuscitation;
   (3) completion of approved college or university courses in athletic training and sports medicine, which include first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation; or
   (4) equivalent experience which is approved by the Commissioner of Education

(e) Except as provided in subdivision (c) of this section, prior to the start of each sports season, coaches must provide valid evidence to their chief school officer that their first aid and adult cardiopulmonary resuscitation knowledge and skills are current pursuant to the requirements established by the American National Red Cross or that they meet equivalent requirements as set forth in subdivision (d) of this section.
GUIDELINES FOR THE COACHING REQUIREMENTS

Regulations of the Commissioner of Education
Section 135.4 (c) (7) (i) (c) and Section 135.5
The University of the State of New York
THE STATE EDUCATION DEPARTMENT

July 19, 2009

*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.
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Section 135.4 (c) (7) (i) (c) and Section 135.5
The University of the State of New York
THE STATE EDUCATION DEPARTMENT
July 19, 2009

PURPOSE

In order to help provide a safe environment and successful experience for boys and girls who participate on interschool athletic teams, Section 135.4 (c) (7) (i) (c) of the Regulations of the Commissioner of Education pertaining to physical education include certain minimum requirements for a person to be appointed as a coach of an interschool athletic team (see Appendix A). This includes all head coaches and assistants for varsity, junior varsity, freshman and junior high (modified) teams of public schools.

Many times a person who would like to coach an interschool athletic team has little or no preparation to teach sport skills and techniques. The only qualification is often the person's participation on a college or university team, coach of a community youth team or perhaps experience as a professional player. While such experience is valuable, it does not constitute an adequate preparation for coaching an interschool team as an integral part of the school physical education program. Courses in techniques of coaching specific sports are necessary for persons not trained and certified as physical education teachers.

The coach needs to possess an understanding of the social, moral and physical values inherent in secondary school athletics. The coach needs to be aware of the basic philosophy and principles of athletics as integral parts of physical education and the total educational program for children. The coach needs to know the various regulations and rules governing athletics so that the decisions a coach makes will not adversely affect the eligibility of the students or penalize students unfairly.

A man or woman who coaches an interschool team must be capable of protecting the health and well-being of the students by having knowledge of the structure and function of the human body. A coach must have a working understanding of how to properly condition athletes and prevent injuries as well as recognize, evaluate and follow the proper course of action when injuries do occur.

The course requirements in the Regulation of the Commissioner of Education are intended to provide a person with an understanding of the basic philosophy and principles of athletics in education, the health related aspects of athletics and the techniques used to coach a specific sport.
WHO SHALL MEET THE REQUIREMENTS?

Regardless of the experience or teaching certificates a person may have, State Education Law, Article (6), Section 3001b, requires that a person appointed as a coach of an interschool athletic team must hold valid first aid skills and knowledge certification (minimum of 12 hours initial training, valid for 3 years); and adult CPR certification (minimum of 4 hours training, valid for 2 years). Training courses are conducted by the American Red Cross, American Heart Association, National Safety Council, and New York State Education Department approved agencies. First Aid and CPR certification must be approved prior to the first day of practice. The equivalent requirements such as sports medicine and athletic training courses are discussed later in these guidelines. In addition to the first aid certificate, all coaches of interschool teams must meet part or all of the course requirements in a pre-service and/or in-service program. Which requirements apply to the individual coach depend upon the nature of the sport to be coached and the coach's previous experience, training and basic teaching certificate.

Potential secondary school coaches may possess three different backgrounds:  
(1) a certified physical education teacher;  
(2) a teacher certified in an area other than physical education, e.g. English, mathematics;  
(3) holds no teaching certificate and must qualify for a Temporary Coaching License.

THE FOLLOWING SHOULD BE NOTED FOR EACH TYPE OF BACKGROUND:

1. Certified Physical Education Teachers. A person who holds a valid certificate to teach physical education in New York State may coach any sport in any school, but must meet the first aid/CPR requirement prior to starting to coach.

2. Other Certified Teachers. Coaching a secondary school athletic team is considered teaching physical education. However, a person who holds a valid teaching certificate in an area other than physical education may also be appointed to coach. The person may either complete appropriate courses or meet the provisions of the "grandfather" clause, as noted below. The "grandfather" clause qualifies a teacher under Section 80.2(c) of the Regulations of the Commissioner of Education to do incidental teaching (coaching) in an area other than the one for which the person holds a certificate.

In addition to the first aid/CPR requirement prior to starting to coach, the certified teacher must (a) complete an approved course (or an equivalent course satisfactory to the commissioner – see Appendix C for the Coaching Equivalent form) in Philosophy, Principles and Organization of Athletics in Education within two years from the date of initial appointment as a coach; (b) complete a course on Health Sciences Applied to Coaching within five years of appointment as a coach; and (c) also, within that same five years, complete a course on Theory and Techniques of Coaching the sport or sports for which he/she is appointed.

A certified teacher does not need to apply for a Temporary Coaching License. It is the responsibility of the school administration to monitor and require certified teachers to meet all requirements to coach.

A) Temporary Coaching License (TCL). A person who does not hold a current New York State teaching certificate (e.g. physical education, English, mathematics) may be appointed as a temporary coach only if there are no certified teachers available with experience and qualifications to coach the team. The non-teacher coach must obtain a Temporary Coaching license from their school district's BOCES (Board of Cooperative Educational Services) by applying on-line through the NYSED TEACH system and meet all of the same course requirements for coaching as does the certified classroom teacher within the same time lines and extensions.

- Application for the initial Temporary Coaching License, must submit evidence of appropriate first aid and CPR; child abuse prevention workshop and violence abuse prevention workshop to the BOCES certification office. The appropriate fee must be submitted with each application (see Appendix E - Application for a Temporary Coaching License). Only one sport may be applied to a TCL.
- Applications a 1st renewal of a Temporary Coaching License must be accompanied by evidence of enrollment or completion of the Principles, Philosophy and Organization of Athletics in Education course.
- Evidence of completion of the remaining required courses must meet the same time line followed by certified teachers (see item #2 above).

B) Professional Coaching License (PCL). A person who has completed all the required coaching courses, child abuse and violence abuse workshops, maintains fingerprint clearance, has valid first aid and CPR certification, and has held a minimum of three Temporary Coaching Licenses for a sport per CR 135.4(c)(7)(4)(A) may apply for a three-year renewable Professional Coaching License. The PCL may be renewed for an additional three-year period upon the submission of a renewal application. An application for a Professional Coaching License (see Appendix F – Application for a Professional Coaching License) requires a fee of $50. Only one sport may be applied to each PCL.

Renewal applications must include a renewal application and fee; verification of current first aid and CPR; evaluations prepared by either the Principal or the Director of Physical Education/Athletics for each year coached.

TCL AND PCL APPLICATIONS:
Applicants must begin the licensure process directly through the on-line State Education Department TEACH system application process at www.highered.nysed.gov/tcert

ADDITIONAL AUTHORITY IN REGULATION:

1) A coach of a non-strenuous/non-contact sport is not required to take the last two courses on health sciences or theory and techniques courses (see Appendix B - Course Outlines).
2) **Extensions To Complete the Course Requirements**: An extension of up to **two additional years** to complete the last two courses may be obtained if there is sufficient reason given for an extension (see Appendix D - Application Form for an Extension).

3) **Lapse of Coaching Service**: An extension of up to **two additional years** may be granted by application to the Commissioner for extenuating circumstances that resulted in a lapse of coaching service from the time of initial appointment as a coach. (Appendix D – Application Form for an Extension)

4) **Grandfather Clause**: “persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in subclause (1), (2) or (3) of this clause, may continue to coach any sport;”

**OTHER REQUIREMENTS FOR APPOINTMENT TO COACHING POSITIONS**

1) **Fingerprinting Requirement**

The legislation on Project SAVE (Safe Schools Against Violence in Education Act) requires new school district employees (both certified and non-certified) as of July 1, 2001 to undergo fingerprinting and clearance for employment. The Teacher Moral Character Unit within the Office of Teaching is responsible for developing regulations for implementing this provision and is working with the Division of Criminal Justice Services and the Federal Bureau of Investigation on this requirement.

The State Education Department will produce fingerprint packets that include two fingerprint cards, information, instructions related to legislation, fees, due process rights and where to get fingerprinted. These packets will be sent to school districts and to colleges and universities that prepare teachers.

Further information regarding the Project Save fingerprinting initiative is available at the Department’s web site at www.highered.nysed.gov/tcert or by contacting the Office of Teacher Certification at (518) 474-6440.

2) **Child Abuse and Violence Abuse Workshops.**

In accordance with Section 80-1.4 completion of a study in child abuse identification and reporting, and school violence prevention and intervention. All candidates license shall have completed at least two clock hours of coursework or training regarding the identification and reporting of suspected child abuse or maltreatment in accordance with the requirements of sections 3003(4) and 3004 of the Education Law and completed at least two clock hours of coursework or training in school violence prevention and intervention, as required by section 3004 of the Education Law. Check with the local BOCES for course offerings or go to the following links to find an on-line class: http://www.highered.nysed.gov/tcert/certificate/ca.htm (child abuse identification) and http://www.highered.nysed.gov/tcert/certificate/save.htm (SAVE) for more information.
WHO IS RESPONSIBLE FOR COMPLIANCE AND RECORDS?

Compliance: It is the responsibility of the board of education to appoint only coaches who meet the requirements as outlined in the Regulations of the Commissioner of Education. The chief school officer has the responsibility to see to it that all coaches once appointed by the board of education complete the necessary courses, to determine that the coaches are keeping their first aid skill and knowledge current and are complying with the coaching course requirements. Checking applicants through the SED TEACH system prior to submitting their names for appointment to the Board of Education is highly recommended.

Record Keeping: Each school district must keep permanent records on persons who have been and are currently coaching in the district. It is recommended that the director of physical education and athletics maintain these records. Information on the current coaching staff should be listed in the School District Plan for Physical Education.

WAYS OF MEETING THE EDUCATIONAL COURSE REQUIREMENTS FOR COACHING

The courses required to be completed will depend upon the nature of the sport being coached. In addition to the first aid and CPR requirement, a person coaching a non-contact/non-strenuous sport (bowling, golf, archery, rifle, shuffleboard, table tennis) need only complete the Philosophy, Principles and Organization of Athletics in Education course. This is normally a 3-credit college course or a 45-clock hour non-credit course.

Persons coaching contact/strenuous sports (football, soccer, track and field (indoor and outdoor), cross-country, gymnastics, wrestling, basketball, swimming, ice hockey, baseball, softball, lacrosse, field hockey, team handball, volleyball, tennis, fencing, crew, skiing, handball and badminton) must have valid first aid/CPR and must complete:

- Philosophy, Principles and Organization of Athletics in Education course (a 3-credit college course or a 45-clock hour non-credit course).
- Health Sciences Applied to Coaching (a 3 credit or 45 clock hour course) and,
- Theory & Techniques of Coaching (specific to the sport coached) (a 2 credit or 30 clock hour course)

(see Appendix B - Course Outlines and Sport Categories).

Ways in which the educational requirements for coaches can be met are:

1. Complete a State Education Department-approved course for coaches offered by approved agencies: schools, leagues, BOCES, colleges, universities or other like agencies; (an alphabetical list by location of approved agencies may be found on the Physical Education web page: www.emsc.nysed.gov/ciai/physed.html Click the item Toolkit, then click on the bullet: Approved Courses); OR

2. Obtain approval for equivalent experience in lieu of attending one or more of the courses. Applications for equivalent experience must be made to the Office of Curriculum and Instruction (click on Toolkit in the above link, then click on the bullet: FORM and send the form and appropriate documentation: transcripts, course descriptions, certifications, etc., to the State Education Department, Office of Curriculum and Instruction, 89 Washington Avenue, Albany, NY 12234, Attention: Physical
Education). **Please note:** approval for equivalent experience applied to the Philosophy, Principles and Organization of Athletics in Education course is seldom given because few people received the practical experiences of working with the specific rules, regulations and interpretations which govern athletics in New York State schools.

The State Education Department does **not** issue course credit. Credit for courses is only given by approved agencies who offer the coaching courses. Partial or full credit towards fulfillment of required courses may be given for participation in appropriate conferences, clinics, coaching schools, other courses or experiences that provide knowledge of a comparable nature. Persons who believe they can qualify for such credit should contact the SED Physical Education Associate for an evaluation of their course experiences (Coaching Course Equivalents). A review may exempt persons from class sessions covering topics in which the person’s experience is judged to be sufficient.

All coaches must be **current** in first aid and CPR prior to the first day of practice for the assigned sport. First aid/CPR for coaches can be completed through various options. Options available include the following (First Aid valid for three years and CPR valid for two years for the purpose of coaching):

1. Completion of an approved First Aid or CPR program by the American Red Cross, American Heart Association, National Safety Council or other approved agency included on a list available from the State Education Department; OR
2. A State Education Department-approved college or university course on athletic training or sports medicine that includes first aid certification; OR
3. A State Education Department-approved In-service first aid course; OR
4. A State Education Department-approved college first aid course; OR

A list of State Education Department approved agencies providing in-service first aid courses is available online at: [www.emsc.nysed.gov/ciai/physis.html](http://www.emsc.nysed.gov/ciai/physis.html) click on Toolkit, then click on the bullet: Approved Courses. **Insuring that all coaches continue to meet requirements for first aid and CPR from the date of appointment to coach an interschool team is the responsibility of the chief school officer.** Prior to the start of each sport season, the chief school officer must require valid evidence that each coach has kept current with skill and knowledge of first aid and CPR and that all coaches have completed coaching course work as required.

**SPORT CATEGORIES:**

**STRENUEOUS/CONTACT SPORTS:**
Football, soccer, track and field (indoor and outdoor), cross-country, gymnastics, wrestling, basketball, swimming, ice hockey, baseball, softball, lacrosse, field hockey, team handball, volleyball, tennis, fencing, crew, skiing, handball and badminton.

**NON-CONTACT/NON-STRENUEOUS SPORTS:**
Bowling, golf, archery, rifle, shuffleboard, table tennis.
WHO MAY OFFER APPROVED PROGRAMS
Programs may be offered by colleges and universities, two year colleges, school districts, BOCES, professional organizations, athletic leagues, section athletic councils, athletic associations or other recognized groups or agencies that have received approval from the State Education Department. Agencies or organizations wishing to offer a coaching program should make application to the Office of Curriculum and Instruction and must receive approval prior to implementation.

I. The materials to be submitted with a letter of request for approval shall include:

1. The contact person for the agency. Include name, full address, phone number and email address;
2. The name of the person(s) teaching the course(s), including evidence of their competence: see specifics in item II. below;
3. A statement from the agency indicating it will keep permanent records on persons who complete the courses, where the records will be kept and who will be responsible for them;
4. Indicate which course(s) the agency wishes to be approved to teach:
   - Philosophy, Principles and Organization of Athletics in Education
   - Health Sciences Related to Coaching
   - Theory & Techniques of Coaching – sport specific
   - First Aid
   - CPR;
4. A list of the resource persons that will be used (for coaching courses only);
5. A description of the evaluation techniques to be used.
6. Name, address, and email for each instructor you wish approved, plus the items under Instructor Approvals:

II. Instructor Approvals:

A) Coaching Courses:
To have instructors approved to teach any of the coaching courses, please see the following list of qualifications necessary to become an instructor. Verification of these items must accompany a request to have the individual approved to be an instructor:
1) Earned Master’s Degree
2) Copy of teacher certification or other NYS Education Department certification (counselors, school psychologists, Nurses license, etc.)
3) Documentation of completion of the three coaching courses (for all individuals that are not certified in physical education)
4) Minimum of five years recent coaching experience at the interscholastic Varsity - Head coach level – or currently in a Director of Physical Education/Athletics position.
5) List of current memberships: (NYS Public High School Athletic Association, NYS Athletic Administrators Association, NYS Council of Administrators, NYS Association of Health, Physical Education, Recreation and Dance, Inc., etc.)
6) Knowledge and understanding of the NYSPHSAA Handbook.
7) NYS Certified Athletic Trainers may be approved to teach Health Sciences Applied to Coaching without items 2 and 4.
8) Three letters of recommendation to be an instructor for SED.

B) First Aid/CPR Courses:
First Aid and CPR instructors must provide the following verifications:
1) Documentation of 5 years experience teaching First Aid and/or CPR for a recognized agency such as the American Red Cross, American Heart Association, National Safety Council, EMS Services, NYS Department of Health, etc.
2) Current instructor certifications from one of the above.
3) Three letters of recommendation to become an instructor for SED.

III. Upon agency approval:

Once the agency and instructors are approved, a course outline for each of the courses to be taught will be sent to the contact person listed for the agency. Certificates of completion for Coaching Courses, First Aid and CPR will be provided for participants (photocopy masters) and approved agencies will be responsible to provide certificates of completion to participants for each coaching course offered.

IV. Course Certificates of Completion:

Participant certificates will be provided by SED for all agencies approved to teach the courses. An original photocopy of the certificates will be sent to the Point of Contact upon approval. These certificates must be used to provide evidence of course completion to the BOCES Certification Units and the Director’s of Physical Education/Athletics where the individual is coaching. ONLY THESE CERTIFICATES WILL BE ACKNOWLEDGED BY THE CERTIFICATION UNITS AS EVIDENCE OF COURSE COMPLETION THROUGH A NYSED APPROVED AGENCY.

V. Applications to NYSED:

Send the above to: Associate in Physical Education, State Education Department, Room 320 EB, Albany, New York 12234 for an updated list. If you have questions, please send them via email to: pkocials@mail.nysed.gov
APPENDIX A

Regulations of the Commissioner of Education
Section 135.4 (c) (7) (i) (c)
Effective July 16, 2009

Coaches of Interschool Athletic Teams
(7) Basic code for extraclass athletic activities. Athletic participation in all schools shall be planned so as to conform to the following:

(i) General provisions. It shall be the duty of trustees and boards of education:
(a) ....
(b) ....
(c) to appoint individuals to serve as coaches, whether in a paid or non-paid (volunteer) status, of interschool athletic teams, other than intramural teams or extramural teams, in accordance with the following:

(1) Certified physical education teachers may coach any sport in any school;

(2) Teachers with coaching qualifications and experience certified only in areas other than physical education may coach any sport in any school, provided they have completed:
   (i) the first aid requirement set forth in section 135.5 of this Part; and
   (ii) an approved pre-service or in-service education program for coaches or will complete such a program within three years of appointment. Such program shall include an approved course in Philosophy, Principles and Organization of Athletics in Education which shall be completed within two years after initial appointment as a coach and approved courses in Health Sciences Applied to Coaching, and Theory and Techniques of Coaching that is sport specific, which shall be completed within five years of initial appointment. Upon application to the commissioner of education, setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than five years after such appointment. Such approved programs for coaches will consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department-approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the commissioner of education. Upon application to the Commissioner of Education in a format prescribed by the Commissioner and setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than seven years after such appointment; provided that coaches who have a lapse in service due to maternity leave, military leave, or other extenuating circumstances may apply to the Commissioner for an additional extension of no more than two years to complete course work.

(3) Temporary Coaching License. Notwithstanding the provisions of section 80.18 of this Title, other persons with coaching qualifications and experience satisfactory to the board of education may be appointed as temporary coaches, whether in a paid or non-paid (volunteer) status, of interschool sport teams, when certified teachers with coaching qualifications and experience are not available, upon the issuance by the commissioner of a temporary coaching license. A temporary coaching license, valid for one year, will be issued under the following conditions:
(i) the superintendent of schools shall submit a statement to the Department that the district is unable to obtain the services of a certified teacher with coaching qualifications and experience;
(ii) candidates for initial temporary licensure shall have completed the first aid requirement set forth in section 135.5 of this Part prior to the first day of coaching;
(iii) candidates for the first renewal of a temporary license shall have completed or be enrolled in an approved course in Philosophy, Principles and Organization of Athletics in Education; and
(iv) candidates for any subsequent renewal of a temporary license shall have completed an approved pre-service or in-service education program for coaches which shall include an approved course in Philosophy, Principles and Organization of Athletics, which shall be completed within two years after initial appointment as a coach, and approved courses in Health Sciences Applied to Coaching, and Theory and Techniques of Coaching that is sport specific, which shall be completed within five years of initial appointment. Such approved programs for coaches shall consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department-approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the commissioner of education. Upon application in a format prescribed by the Commissioner of Education and setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than seven years after such appointment; provided that coaches who have a lapse in service due to maternity leave, military leave, or other extenuating circumstances may apply to the Commissioner for an additional extension of no more than two years to complete course work.

(4) Professional coaching certificate.
(i) Notwithstanding the provisions of subclauses (1)-(3) of this clause, other persons with coaching qualifications and experience satisfactory to the board of education may coach a specific sport in any school, upon the issuance by the commissioner of a professional coaching certificate. A professional coaching certificate, valid for three years, shall be issued to a candidate who submits a fee of $50 together with an application, in a form prescribed by the commissioner, which satisfactorily establishes that:
(A) the candidate has completed the requirements set forth in items (3)(ii), (iii) and (iv) of this clause; and
(B) the candidate has a minimum of three years coaching experience in a specific sport in a New York State interschool athletic program;
(ii) a professional coaching certificate shall be valid for a three year period, provided that such certificate may be renewed for additional three year periods upon the submission of a fee of $50 together with a renewal application for each successive renewal period, in a form prescribed by the commissioner, which satisfactorily establishes that:
(A) the candidate meets the requirements of sub-items (i)(A) and (B) of this subclause; and
(B) the candidate has received a satisfactory evaluation by the principal or athletic director for each of the preceding three years that the candidate coached in the specific sport for which a professional coaching certificate is sought;
(iii) evaluation by principal or athletic director;
(A) A school district that appoints an individual as a coach pursuant to a professional coaching certificate shall ensure that the principal or athletic director responsible for the supervision of such individual conducts an evaluation of such individual during each year in which such individual is so employed;

(B) Each evaluation shall include, but not be limited to, a review of the coach's: communication and interpersonal skills, including interactions with colleagues, students, parents and the general public; supervisory, organizational, and leadership capabilities; knowledge and proficiency in first aid, CPR, sexual abuse guidelines, and other athlete injury-related protocols and procedures; and adherence to guidelines for purchasing equipment, uniforms and related supplies and for storing and maintaining sports equipment;

(5) persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in subclause (1), (2) or (3) of this clause, may continue to coach any sport;
APPENDIX B

COACHING COURSE SUMMARIES

Principles, Philosophy and Organization of Athletics in Education (3 Credits – 45 Hours)

This 45 hour course will be taught in 15 sessions. Each session is three hours in duration.

The course covers basic philosophy and principles as integral parts of physical education and general education; State, local and national regulations and policies related to athletics; legal considerations; function and organization of leagues and athletic associations in New York State; personal standards for the responsibilities of the coach as an educational leader; public relations; general safety procedures; general principles of school budgets, records, purchasing and use of facilities. (Note: This is not a course in “athletic administration.” In addition to first aid and CPR, this is the only course required for coaches of non-contact/non-strenuous sports: bowling, golf, archery, rifle, shuffleboard, table tennis)

Health Sciences Applied to Coaching (3 Credits – 45 Hours)

This 45 hour course will be taught in 15 sessions. Each session is three hours in duration.

The course is a series of interactive exercises and activities designed to study Health Sciences as they apply to coaching sports. Through these activities, exercises and health application to coaching topics, participants will gain information, organize it for professional and personal use, and apply it to their particular programs. Health Sciences as applied to coaching will also help define: selected principles of biology, anatomy, physiology, kinesiology related to coaching; risk minimization; mixed competition; NYSED selection and classification of athletes; age and maturity of athletes.

This 45 hour course is divided into three parts:

Part I - Philosophy, Physiology, and Psychology (9 hours)

Part II - Fitness, Conditioning, Sport Specific Training, Nutrition, and Weight Management (24 hours)

Part III - Current and On-going Health Issues and Administrative Procedures (12 hours)
**Theory & Techniques of Coaching (2 Credits - 30 Hours)**

This 30-hour course will be taught in ten (10) sessions. Each session is three (3) hours in duration. The first five (5) sessions will address the commonalties of all sports. Sessions six through eight (6-8) will deal with the coaching of specific sports. Session nine (9) will result in an internship experience in one specific sport as described below. Session ten (10) will deal with the coach’s maintenance of personal health and wellness.

The course will begin with an introductory phase in which the basic concepts common to all sports will be discussed. Topics will include a history of interscholastic athletics in New York State. The objectives, rules, regulations and policies of athletics, as well as performance skills, technical information, and organization and management practices will also be among the topics covered. The special training and conditioning of the athletes in specific sports, the fitting of equipment, specific safety precautions and officiating methods will also be examined. An internship that will include practical experience as a coach in the specific sport and/or periods of observing other approved coaches will also be required.

**Second Sport Certification**

If a coach wishes to gain **certification in a second sport while taking this course**, he/she must meet additional requirements by completing activities in sessions 6, 7, and 8 for that sport. A second internship experience (Session 9) must also be completed for the additional sport.

If a coach **has already completed** the Theory & Techniques of Coaching course for one sport and at a later date wishes to have certification in a second sport, they must complete only Sessions 6, 7, 8, and 9 for that sport and not the entire course.

The following courses are approved as equivalent instruction for sessions 6-9 when requesting 2nd sport certifications only:
2) American Sport Education Program: Coaching Technical and Tactical Skills Online Courses in Football, Basketball, and Baseball
APPENDIX C

COACHING COURSE EQUIVALENT APPLICATION

INSTRUCTIONS:
Please print legibly or type all information. This application is a request for the State Education Department to give credit for equivalents to the coaching courses required by the Regulations of the Commissioner of Education, Section 135.4 in lieu of attending courses offered by approved agencies. Send completed form to:

Physical Education, State Education Department, Room 320 EB Albany, New York 12234

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>Home Phone</th>
<th>Work Phone</th>
<th>(ext)</th>
<th>Phone</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>Home Phone</th>
<th>Work Phone</th>
<th>(ext)</th>
<th>Date appointed</th>
<th>Director of Physical Education/Athletics</th>
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</table>

1. Do you hold a New York State Teaching Certificate?  ____Yes  ____No
   If Yes, in what subject? __________________________  Type __________________________
   Effective Date _____/____/____ Certificate Number ____

2. Are you currently employed as a coach?  ____Yes  ____No
   If Yes, School Name ______________________________
   Address _____________________________________ City ___________ State ____ Zip _________
   Phone ( ) ______ - _______ Date appointed____/____/____
   Director of Physical Education/Athletics ______________________________

3. Courses requested to be met by Equivalent Experience:
   _____ Philosophy, Principles and Organization of Athletics in Education
   _____ Health Sciences Related to Coaching
   _____ Theory and Techniques of Coaching (Sport): ______________________________

(OVER)
**List equivalents** related to the courses below and **attach copies** of transcripts, course descriptions, clinics attended with certificates of participation, or other verification of equivalents:

A. Philosophy, Principles and Organization


B. Health Sciences Applied to Coaching


C. Theory and Techniques of Coaching (specific to the sport coached)


I declare and affirm that the statements made in the foregoing application, including accompanying statements and transcriptions, are true and correct.

Signature: _____________________________________________ Date: ___ / ___ / ___

---

**FOR BUREAU USE ONLY**

Approved _____/ ___/ ___ Disapproved _____/ ___/ ___

Returned _____/ ___/ ___

for Clarification _____/ ___/ ___ Signed _____________

__________________________
APPENDIX D

COACHING COURSE EXTENSION APPLICATION

INSTRUCTIONS:
Please print legibly or type all information. This application is a request for the State Education Department to give an extension of time to meet the coaching courses required by the Regulations of the Commissioner of Education, Section 135.4. Send completed form to:

Physical Education, State Education Department, Room 320 EB Albany, New York 12234

<table>
<thead>
<tr>
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<th>(Last)</th>
<th>(First)</th>
<th>(Middle)</th>
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<td>Zip</td>
</tr>
<tr>
<td>Home Phone</td>
<td>( ) -</td>
<td>Work Phone</td>
<td>( ) -</td>
</tr>
</tbody>
</table>

1. **District** where you coach: 

   Director of Physical Education/Athletics: 

2. **District** where you coach: 

   Director of Physical Education/Athletics: 

3. The coaching courses **completed** and the agency where courses were taken:

   Philosophy, Principles and Organization of Athletics in Education: 

   Health Sciences Related to Coaching: 

   Theory and Techniques of Coaching (Sport): 

4. Reasons for requesting an extension:

5. Plans for completing courses (indicate dates and locations):

   □ Philosophy, Principles and Organization of Athletics in Education:

   □ Health Sciences Applied to Coaching:

   □ Theory & Techniques of Coaching:

   I declare and affirm that the statements made in the foregoing application are true and correct.

   Signature: ___________________________ Date: / / 

---

FOR BUREAU USE ONLY

Approved / /__ Disapproved / /__

Returned for Clarification / /__

Signed / /__

V.6/2014
*FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED*

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years)
   (www.emsc.nysed.gov/ciai/physed.html - Click on Toolkit, then on Approved Coaching Courses)
2. American Red Cross:
   a. Responding to Emergencies NOW VALID FOR ONLY 2 YEARS per ARC
   b. Lifeguard Training (meets FA & CPR certification)
   c. NYS First Aid for Coaches
3. NYS DOH/Bureau of Emergency Medical Services:
   a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
   a. Advanced First Aid, CPR & AED (meets FA & CPR certification)

*ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards must be renewed every 1-2 years per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED

1. A State Education Department approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid) check out www.emsc.nysed.gov/ciai/physed.html - Click Toolkit, then on Approved Coaching Courses)
2. National Safety Council (NSC):
   a. CPR/ AED Course b. Advanced First Aid, CPR & AED
3. American Heart Association Courses (AHA):
   a. Advanced Cardiac Life Support (ACLS)—(credited only for CPR/AED)
   b. Basic Life Support for Health Care Providers (BLS)
   c. Heartsaver AED (includes CPR)
4. American Red Cross Courses (ARC):
   a. Adult CPR/AED
   b. CPR/AED for the Professional Rescuer (credited for CPR and AED)
   c. Lifeguard Training (credited for both CPR and First Aid)
5. American Safety & Health Institute (ASHI)
   a. Adult CPR/AED

SED does not require the following to have separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED: a. All Nurses b. Physician – Physician Assistant c. Certified EMT/Paramedic d. Certified Athletic Trainer e. Fire & Police Officers (full time)

*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.
## COMMON ACRONYMS

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Full Form</th>
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<tbody>
<tr>
<td>AHA</td>
<td>American Heart Association</td>
</tr>
<tr>
<td>ARC</td>
<td>American Red Cross</td>
</tr>
<tr>
<td>ASEP</td>
<td>American Sport Education Program</td>
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<tr>
<td>BOCES</td>
<td>Board of Cooperative Educational Services</td>
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<td>Cardiopulmonary Resuscitation</td>
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<td>NFHS</td>
<td>National Federation of High Schools</td>
</tr>
<tr>
<td>NSC</td>
<td>National Safety Council</td>
</tr>
<tr>
<td>NYSAAA</td>
<td>New York State Athletic Administrators Association</td>
</tr>
<tr>
<td>NYS AHPERD</td>
<td>New York State Association for Health, Physical Education, Recreation and Dance, Inc.</td>
</tr>
<tr>
<td>NYSDOH</td>
<td>New York State Department of Health</td>
</tr>
<tr>
<td>NYSED</td>
<td>New York State Education Department</td>
</tr>
<tr>
<td>NYSPHSAA</td>
<td>New York State Public High School Athletic Association</td>
</tr>
<tr>
<td>PCL</td>
<td>Professional Coaching License</td>
</tr>
<tr>
<td>TCL</td>
<td>Temporary Coaching License</td>
</tr>
<tr>
<td>Project SAVE</td>
<td>Safe Schools Against Violence in Education Act</td>
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</tbody>
</table>
GUIDELINES FOR SPORTS STANDARDS

(As provided for in the Regulations of the Commissioner of Education - Section 135.4 (c) (7) (ii) B9) (3).)

NOTE: The State Education Department shall annually review the sports standards of athletic associations in order to insure that they conform to the intent of the Regulations and these guidelines.

Sports standards adopted by an athletic association shall conform to the following:

1. **Seasons.** Each sport shall be assigned a specific starting and finishing date for all member schools. Any necessary changes in such dates due to local school, league or section problems must be approved by the executive officers of the associations. The length of a season, including all skill testing, conditioning, practice and contests, shall not exceed:
   a. 15 consecutive weeks for crew, cross-country, field hockey, football, lacrosse, outdoor track and field, soccer and team handball;
   b. 22 consecutive weeks for basketball, gymnastics, ice hockey, indoor track and field, skiing, swimming, volleyball and wrestling;
   c. 2 separate 15 week periods (fall and spring) for badminton, baseball, fencing, golf handball, softball and tennis:
   d. Unlimited season length for bowling, archery, riflery and table tennis (these need not be schedule in contiguous segments).

   **NOTE:** It is recommended that an athlete finishing on strenuous or contact sport season and starting another be given a week layoff between seasons and adjustments be made in required practices for such cases.

2. **Time Between Contests.** Each sport shall be designated with an appropriate time between contests, including interschool scrimmages. The time between contests shall be consistent with the nature of the sport in terms of: pupil physical recovery time, injury exposure, specialized practice preparation, as well as the administrative, financial and climatic factors.

3. **Required Practice Days.** Each sport shall be assigned a suitable number of practice days prior to the first scrimmage and contest. A minimum number of practice days shall be established as team practices and a minimum number of practice days shall be required of each participant. Team sports of a strenuous nature shall also have an appropriate number of practice days devoted entirely too physical conditioning before commencing with team skill development activities.

4. **Maximum Number of Contests.** The maximum number of contests, which may be established for interscholastic sports during a regular schedule, shall be determined in the sections established by the athletic associations of the State. The maximum number of contests shall be limited in accordance with a majority vote of the chief school officers of the schools located within the section. The maximum number of contests established for each sport during the regular schedule is subject to review by the state athletic associations and may be altered where it is found that disparities in the number of games contribute to unequal competition between teams in different sections.
All sectional post-schedule tournaments shall be approved by the local sectional athletic council or
controlling body in which the schools hold membership. All other post-schedule tournaments shall
be approved by state associations. (see p. 105)

5. **Mixed Competition.** Mixed competition between male and female pupils shall conform to
Section 135.4 (c) (7) (ii) (c). An exceptional girl, under this regulation, is a girl who is so far
superior to other girls in her school, league, or section that she can only be challenged through
participation on a boys’ team. (see p. 39, 47, 80)

6. **Participation Rules.** Eligibility standards adopted by an athletic association shall be the
same for male and female pupils.
Competition standards for each sport must be the same for male and female sports when the
events and rules are identical, and associations shall make an effort to have these standards
 equitable whenever the events and rules are not identical.

7. **Sports Standards** adopted by an association shall be files with the New York State Federation
of Secondary School Athletic Associations and the New York State Education Department.
To: District Superintendents  
School Superintendents  
Directors of Charter Schools  
Non-Public Schools Fingerprint Contacts  
Private Schools Fingerprint Contacts  

From: Deborah A. Marriott  

Subject: Fingerprinting Sports Officials  

Date: September 23, 2011  

The purpose of this memorandum is to clarify and provide guidance on the topic of fingerprint supported criminal history background checks for sports officials, as mandated by the Schools Against Violence in Education ("SAVE") law, which was enacted in 2000 (Ch. 180, Laws 2000).

At the outset, it is important to note that it is the covered school’s obligation to comply with the requirements of SAVE. Each individual covered school must analyze each employment situation to determine how to ensure that that employment situation complies with the fingerprinting requirement of SAVE. In other words, each covered school must ensure that the prospective employee, in this case - the sports official, is fingerprinted or meets a fingerprinting exception contained in the Commissioner’s regulations at 8 NYCRR §87.2(k). It is the covered school’s responsibility to ascertain how to best meet these requirements and to implement an individualized plan that will ensure compliance. For instance, a covered school could choose to apply a fingerprinting exception, when applicable, to each employee or it could determine, in their discretion, that it cannot meet the exception’s conditions for a particular group of employees and adopt a policy that requires that group to be fingerprinted prior to employment.

Specifically, with respect to sports officials, covered schools have advised that they are encountering the following recurring issues and are seeking an interpretation of the application of two exceptions provided for in the Commissioner’s regulations. The issues for consideration are:

1. The complexity and cost involved in evaluating whether an official should be grandfathered for any given contest/year in a particular school district;
2. The complexity and cost involved in tracking the number of visits to verify that the 5-visit limitation has not been exceeded for non-grandfathered officials who have not been fingerprinted and cleared;

3. The real possibility that for any given contest, the official who arrives to work may exceed the 5-visit limitation due to the fact that there are many last minute substitutions of officials; and

4. The requirement to provide direct in-person supervision of each non-grandfathered official while that official is on school grounds.

The exceptions to the fingerprinting requirements contained in the regulations are very limited in scope and cannot be "piggybacked" on each other. The exceptions are as follows:

"Grandfather" - allows an employee who worked in a school district in the school year prior to July 1, 2001 to be exempt from fingerprinting as long as he or she maintains at least one employment contact with the school district in each subsequent school year after July 1, 2001. A break of a school year means the exception no longer applies to the employee. Employees are grandfathered only within a district. The failure to work in a district during any subsequent school year would mean that the employee must be fingerprinted to work in that school district again. In other words, the employee needed to have one employment contact in the 2000-2001 and at least one employment contact every school year since then. Sports officials, who are grandfathered for one sport at a covered school in a given school year, are automatically grandfathered for all sports at the covered school in the same school year (8 NYCRR §87.2[k][3][ii]).

"5-Day Rule" - allows an employee who is expected to have no more than five days of contact with a covered school (not a school building and not per sport), to be exempt from fingerprinting as long as that employee has in-person supervision by a covered school employee who has complied with SAVE. This exception allows for a total number of contact days with a covered school for a school year (July 1 - June 30). It cannot exceed five. If an official works more than one sport, the total number of contact days is calculated toward the 5-day rule, not the total number per sport. In other words, a sports official cannot work 5 days for one sport, and then 5 days for another sport (8 NYCRR §87.2[k][3][iii]).

Finally, covered schools, may not exempt an employee by using the "5-day rule" in the first year and then claim that they are "grandfathered" in the second year. The only employees that can claim to be “grandfathered” must have had an uninterrupted series of employment contacts since the 2000-2001 school year.
1. Does a covered school have the right to have stricter standards than the law, by requiring a background check on any official prior to allowing that official to work a contest in that school, even if the official may actually be "exempt" from having to be fingerprinted under the law?

Generally no. It is, however, the duty of the covered school to ensure that the requirements of SAVE are satisfied. As was indicated above, a covered school can determine that it cannot meet the conditions of the exceptions contained in the Commissioner's regulations for a particular group of employees and adopt a policy that requires that group to be fingerprinted prior to employment. With respect to sports officials, a covered school could determine that it is too cumbersome to ascertain whether the "grandfather" provision applies to each of the several hundred sports officials it uses in any given school year (prior to him or her providing services on-site) and, therefore, require that he or she be fingerprinted prior to employment.

2. Must a school provide in-person supervision for sports officials so that the sports official can use the 5-day exemption (provided the sports official does not exceed the 5 day rule)?

No, a covered school can determine that it cannot provide in-person supervision for all sports officials when they are officiating sports contests and, therefore, the 5-day rule does not apply. If a covered school chooses to apply the 5-day rule to a sports official, it is the covered school's responsibility to ensure that the sports official: 1) has the in-person supervision required by the regulation; and 2) does not exceed the 5-day limitation. Employing an individual without in-person supervision or in excess of the 5-day rule, without completion of the fingerprint background check, does not comply with the Commissioner's regulation.

3. Can a covered school refuse to hire an official who does not have clearance under SAVE legislation, even though the official was not actually required to be cleared under the law?

Yes, if the official does not meet a covered school’s policy that reasonably complies with SAVE, the covered school is under no obligation to hire them. Sports officials may choose not to comply with a covered school policy that requires fingerprinting, however, covered schools are under no obligation to hire anyone who refuses to comply with the school policy concerning fingerprinting.
NEW YORK STATE
SELECTION/CLASSIFICATION PROGRAM
FOR INTERSCHOOL ATHLETIC PROGRAMS

New York State Learning Standards for
Health, Physical Education, Family and Consumer Sciences

"It is not at what age you participate,
but rather with whom and under what conditions"

J. Kenneth Hafner

MARCH 2005

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The New York State Education Department
Office of Elementary, Middle, Secondary
and Continuing Education
Albany, New York 12234
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David Wooster, Guilderland Central School District – Retired
PREFACE

With the adoption of *Learning Standards in Health, Physical Education, Family and Consumer Science*, physical education has been included as a content area in the curriculum, along with other academic subjects. Selection/Classification, a process for screening students approved by the Board of Regents as part of the school eligibility rules* in 1980, is aligned with Learning Standards 1 and 2. These standards state that students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, maintain personal health, and acquire the knowledge and ability to create and maintain a safe and healthy environment.

The State Education Department (SED) has worked collaboratively with the New York State Athletic Administrators Association (NYSAAA), New York State Public High School Athletic Association (NYSPHSAA) and directors of physical education/athletics, to promote physical education and interschool athletic competition statewide. This guide to Selection/Classification procedures, the culmination of a two-year revision process, is one result of this collaboration.

The document represents the shared belief of NYSAAA, NYSPHSAA, the directors of physical education/athletics, and SED that physical education and interscholastic athletic competition are important to the development of the whole child and that students benefit when they can participate in such activities at appropriate levels of maturity and physical ability.

Normally, a student is eligible for senior high athletic competition in a sport during each of four consecutive seasons commencing with entry into the ninth grade. However, by satisfying the requirements of Selection/Classification, a student may receive extended eligibility to permit:

a) Participation during five consecutive seasons in the approved sport after entry into the eighth grade; or

b) Participation during six consecutive seasons in the approved sport after entry into the seventh grade.

The intent of Selection/Classification is to provide for students in grades 7 through 12 a mechanism allowing them to participate safely at an appropriate level of competition based upon readiness rather than age and grade. Students do not mature at the same rate and there can be a tremendous range of developmental differences between students of the same age. The program is not to be used to fill positions on teams, provide additional experience, provide a place for junior high students when no modified program is offered, or reward a student. Instead, it is aimed at the few select students who can benefit from such placement because of their level of readiness. It will also be *fairer* to the other students on the modified teams.

“"A Board of Education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness and skills in relationship to other pupils on those teams in accordance with standards established by the Commissioner." – Commissioner’s Regulation Section 135.4 (c)(7)(ii)(a)(4)
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New York State Selection/Classification is a model program that may be implemented at the discretion of all local school districts. It is not mandated. Selection/Classification is intended for use by female and male student athletes in grades 7 – 12, and directly relates to specific interschool sport categories and levels of competition as follows:

- Intermediate
  - Grades 7 – 8

- Commencement
  - Grades 7 – 12

- Sports Categories (Girls and Boys)
  - Attachment J (Girls)
  - Attachment K (Boys)

- Athletic Competition Levels
  - Modified
  - Frosh
  - Junior Varsity
  - Varsity

The main body of this document is organized to assist the director of physical education/athletics in administering all aspects related to Selection/Classification. This includes the following sections:

- Selection/Classification Implementation Procedures

- Selection/Classification Procedure Checklist

- Attachment Forms

There is great diversity among student athletes throughout New York State. Selection/Classification was designed to assess a student’s physical maturation, physical fitness and skill, so that the student may be placed at a level of competition that should result in increased opportunity, a fairer competitive environment, reduced injury, and greater personal satisfaction.
NEW YORK STATE LEARNING STANDARDS
for
HEALTH, PHYSICAL EDUCATION, FAMILY AND CONSUMER SCIENCES

Excerpted from:
New York State Education Department, May 1996

Available online:  www.emsc.nysed.gov/ciai/physed.html

STANDARD 1:  Personal Health and Fitness
Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical education activity, and maintain personal health.

STANDARD 2:  A Safe and Healthy Environment
Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

STANDARD 3:  Resource Management
Students will understand and be able to manage their personal and community resources.
SELECTION/CLASSIFICATION
IMPLEMENTATION PROCEDURES

Students, teachers, coaches, or parents/guardians may request the director of physical education/athletics to process a student through the Selection/Classification screening procedure. Students will not be exposed to the screening procedure without a specific request.

If a student in grade 7 or 8 has reached the chronological age of 15 years old prior to September 1, they are eligible to participate on high school athletic teams without being processed through the Selection/Classification screening procedure. Only medical approval by the school district physician is required. The reason that these students are eligible for the high school teams is that they are already at an advanced age and will lose some of their four years of high school eligibility due to being over age if not allowed eligibility.

If a student has been processed through the Selection/Classification screening procedure and participated in the 7th grade, the process would not have to be repeated in the 8th grade as long as they remain at the same level of athletic competition in the same sport category. If the student changes levels or sports, the Selection/Classification screening procedure must be repeated to meet the specific athletic performance and developmental standards.

If a student fails to meet one or more of the athletic performance standards related to the Selection/Classification screening process, he/she may be retested as many times as is appropriate for a specific item or items. If there is a sound basis for a special approval, it can be requested from the State Education Department (see Attachment B).

In conclusion, the director of physical education/athletics ensures compliance with the Selection/Classification regulations. Working in this capacity, the director of physical education/athletics is required to implement the following required procedural phases:

Phase 1 Confirm that the school district has approved a resolution to allow students to participate in the Selection/Classification model program. If no such resolution exists, proper steps should be taken to ensure that this first requirement is accomplished. (see Attachment A – Sample Resolution).

Phase 2 Convene a committee, similar to the mixed competition panel, to perform a pre-evaluation assessment of the student to determine if the student has the potential to successfully participate at a higher level of athletic competition.

Phase 3 Process a student through the Selection/Classification procedures when requested by the student, recommended by a coach or physical education teacher, or suggested by the director of physical education/athletics. All students who are to be screened for the program must first obtain parental permission and then start with the school physician. Athletic performance testing may be done only after the school physician gives Selection/Classification approval.

Phase 4 Send letters and forms to the individuals involved in the Selection/Classification process as follows:

a) Parents – The screening procedure must not begin until the director of physical education/athletics has received parental permission (see Attachment C).
b) **Health and Developmental Rating by the School Physician** – Care must be taken to familiarize the school physician with the Selection/Classification model program and its purpose. It should be emphasized that the screening process to determine the developmental rating of each candidate be as inconspicuous and discreet as possible (see Attachments D and E).

c) **Sport Skill Evaluation by the Coach** – The coach must understand the intent and purpose of the program and he/she must place the student’s welfare above all else (See Attachment G).

d) **Performance Testing** – The performance test must be administered by a physical educator who is not the coach of the team for which the student is being evaluated (See Attachment I).

e) **Special Approval Request** – If a student is unable to achieve all of the athletic performance testing requirements, the director of physical education/athletics may request special approval from the State Education Department by submitting the Attachment B and the Special Approval Request Application to the Associate in Physical Education. In return, a review process to determine approval or nonapproval will be conducted.

**Phase 5**

When final approval related to all procedural requirements of Selection/Classification has been granted to the student, he/she may now participate in the tryout period associated with the higher level of specific athletic competition. Additionally, all New York State Public High School Athletic Association (NYSPHSAA) TryOut Regulations found on page 97 of the NYSPHSAA 2004 – 2006 Handbook must be followed.

**Phase 6**

Mail notices to all schools director of physical education/athletics and section officials announcing the students approved to participate in Selection/Classification and listing their athletic performance scores (See Attachment H).

Mail a letter to the parents of the child explaining the outcome of the screening procedure and outlining the eligibility limitations for their child.

**Phase 7**

The director of physical education/athletics must maintain a permanent Selection/Classification record for each student who qualifies. This record is to remain on file in the director’s office. The following information must be included:

- Individual Athletic Profile (Attachment B)
- Parental Permission (Attachment C)
- Developmental Screening (Attachment D – Males) (Attachment E – Females)
- Athletic Performance Testing (Attachment F)
- Coach’s Sport Skill Evaluation (Attachment G)
- Notification of Qualifications (Attachment H)
- Letter to Parent
DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS
SELECTION/CLASSIFICATION PROCEDURE CHECKLIST

STUDENT NAME: _____________________  DATE: ________________

D  PARENTS

  • Correspondence sent out  DATE______________
  • Discussions took place  DATE______________
  • Permission slip returned  DATE______________

D  MEDICAL APPROVAL

  • Correspondence sent out  DATE______________
  • Evaluation returned  DATE______________

D  COACH’S SKILL EVALUATION  DATE______________

  • Correspondence sent out (if applicable)  DATE______________
  • Evaluation returned  DATE______________

D  ATHLETIC PERFORMANCE  DATE______________

  • Correspondence sent out  DATE______________
  • Test results returned  DATE______________

D  TRYOUT EVALUATION  DATE______________

  • Correspondence sent out (if applicable)  DATE______________
  • Evaluation returned  DATE______________

D  INDIVIDUAL ATHLETIC PROFILE  DATE______________

D  LETTER SENT TO SCHOOLS/SECTION (copy)  DATE______________

D  PARENT LETTER (copy)  DATE______________
ATTACHMENT

FORMS
RESOLUTION BY BOARD OF EDUCATION

WHEREAS, Section 135.4(c) (7) (ii) (a) (4) of the Regulations of the Commissioner of Education provides for a board of education to permit pupils in grades no lower than seventh grade to compete on interscholastic athletic teams organized for senior high school pupils, or senior high school pupils to compete on interscholastic athletic teams organized for pupils in the seventh and eighth grade; and

WHEREAS, these pupils are to be placed at levels of competition appropriate to their physiological maturity, physical fitness and skills in relationship to other pupils in accordance with the standards established by the Commissioner of Education; and

WHEREAS, the State Education Department issues the standards for these pupils to compete under a program called the Selection/Classification Program;

THEREFORE BE IT RESOLVED that the (name of school district) Board of Education shall permit pupils to compete under the Selection/Classification Program in all sports.*

*NOTE: If any limitation is to be placed on the Selection/Classification Program (example: specific sports or specific levels) it shall be specified within the content of the Board of Education resolution.
## INDIVIDUAL ATHLETIC PROFILE

(Please print or type)

### PART I – SCHOOL INFORMATION FOR 20__ - 20__

<table>
<thead>
<tr>
<th>School</th>
<th>Superintendent</th>
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</thead>
<tbody>
<tr>
<td>Address</td>
<td>School Director of P.E./Athletics</td>
</tr>
<tr>
<td>City</td>
<td>Physician</td>
</tr>
<tr>
<td>Zip Code</td>
<td>Phone (      )</td>
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</tbody>
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### PART II – PUPIL INFORMATION

<table>
<thead>
<tr>
<th>Name</th>
<th>Date of Birth</th>
<th>Age</th>
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</thead>
<tbody>
<tr>
<td>Height (inches)</td>
<td>Weight (lbs)</td>
<td>Sex: Male Female Grade</td>
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</tbody>
</table>

### PART III – EVALUATION INFORMATION

<table>
<thead>
<tr>
<th>Sport</th>
<th>Desired Level (Varsity, Jr. Varsity, Frosh, Modified)</th>
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</thead>
<tbody>
<tr>
<td>Parental Permission Received: 0 (Check)</td>
<td></td>
</tr>
<tr>
<td>Medical Approval: 0 (Check)</td>
<td></td>
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<tr>
<td>Examination Date / /</td>
<td></td>
</tr>
</tbody>
</table>

#### DEVELOPMENTAL RATING:

<table>
<thead>
<tr>
<th>Female: Post Menarche Age (Years + Months)</th>
<th>Male: Developmental Rating:</th>
</tr>
</thead>
</table>

#### ATHLETIC PERFORMANCE TEST RESULTS:

<table>
<thead>
<tr>
<th>Shuttle Run (1/10 sec)</th>
<th>Standing Long Jump (feet + inches)</th>
<th>Fixed Arm Hang (seconds)</th>
<th>Stomach Curls (number)</th>
<th>50-Yard Dash (1/10 sec)</th>
<th>1.5 – Mile Run (min + sec)</th>
</tr>
</thead>
</table>

### PART IV – SPORTS SKILLS

Prior Sports Experience:__________________________

Coach’s Rating in Desired Sport: (check)

Below Average 0  Average 0  Above Average 0  Superior 0

### PART V – FINAL PLACEMENT

CHECK LEVEL OF FINAL PLACEMENT AFTER ALL PROCEDURES HAVE BEEN COMPLETED:

VARSITY 0  JR. VARSITY 0  FROSH 0  MODIFIED 0

SEE THE REVERSE SIDE FOR SPECIAL ATHLETIC PERFORMANCE APPROVALS FROM THE STATE EDUCATION DEPARTMENT
SPECIAL APPROVAL REQUEST APPLICATION

If the pupil listed on the reverse side of this form is unable to achieve the Athletic Performance requirements for the Selection/Classification Program and there is a justified reason for this student be allowed to compete at the desired level despite the unachieved scores, the director of physical education/athletics may request special approval from the State Education Department for permission for this pupil to compete.

Please note that the State Education Department cannot give such an approval unless the school physician has given this pupil an acceptable developmental rating or signed the special case form. Please attach a copy of the developmental rating form signed by the school physician.

New York State Education Department
Mail this request to: Physical Education
Office of Curriculum, Instruction,
and Instructional Technology, Room 320 EB
Albany, NY 12234

<table>
<thead>
<tr>
<th>Shuttle Run</th>
<th>Standing Long Jump</th>
<th>Flexed Arm Hang</th>
<th>Stomach Curls</th>
<th>50 – Yard Dash</th>
<th>1.5 – Mile Run</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pupil Scores</td>
<td>Required Scores</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

I request that special approval for ______________________ be granted for the following reasons:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

__________________________ / ______ / ______
Director of Physical Education/Athletics Date

STATE EDUCATION DEPARTMENT USE ONLY

D APPROVED  D DISAPPROVED

COMMENTS:

SIGNED: ________________________ DATE_______/_____/______

V.6/2014
Dear Parent/Guardian:

There is a New York State program that permits a few qualified students to participate on an athletic team beyond their grade placement. It is called the Selection/Classification Program.

Your child _________ (name) may be eligible to participate in _________ (sport) above normal grade level. In order to establish the appropriate eligibility, we must have your permission to begin the Selection/Classification screening process. This screening evaluates your child’s physiological maturity, athletic performance abilities (physical fitness), and athletic skill in relationship to other student athletes at the specific participation level. The school physician will evaluate your child using the Tanner Scale, to determine his or her physiological maturity.

If your child can successfully meet the requirements of the Selection/Classification Program, he/she will be allowed to participate in an extended athletic career. Under normal circumstances, a student is only eligible for senior high school athletic competition in a sport for four consecutive seasons commencing with the student’s entry into the ninth grade. However, by meeting the Selection/Classification requirements established by the New York State Education Department, your child’s eligibility can be extended to permit:

a) Participation during five consecutive seasons in the approved sport after entry into the eighth grade; or
b) Participation during six consecutive seasons in the approved sport after entry into the seventh grade.

It is important for you and your child to understand that once the requirements are met and he/she is accepted as a member of the team, he/she cannot return to a lower level team (modified) in that sport in that season. Your child will be exposed to the social atmosphere that is inherent to older students and the high school environment.

Please feel free to contact me regarding this program or to discuss any aspect of your child’s athletic placement. If you agree to allow your child’s participation in this program, please sign and return the parental permission form to my office.

Sincerely,

______________________________
Director of Physical Education/Athletics

PARENT/GUARDIAN STATEMENT

I understand the purpose and eligibility implications of the Selection/Classification Program. My son/daughter________________________(name) has my permission to participate in the Selection/Classification Program.

Parent/Guardian signature_________________________________ Date __________
ATTACHMENT D & E

SELECTION AND CLASSIFICATION
Developmental Maturity Form

THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS:

Student’s Name_________________________________________ Grade_____

Home Address____________________________________________

Date of Birth_____ / _____ / _____ Age_____ ☐ Male ☐ Female

Parental/GuardianPermission Form Received: ☐ Yes

Desired Level: Varsity Jr. Varsity ☐ Frosh ☐

Desired Sport: __________________________ REQUIRED RATING FOR THIS SPORT & LEVEL:

THIS SECTION TO BE COMPLETED BY THE SCHOOL MEDICAL DIRECTOR:
(OR THE STUDENT’S LICENSED HEALTH CARE PROVIDER FOR REVIEW BY THE SCHOOL MEDICAL OFFICER)

SCREENING PROCEDURES:
A. CIRCLE THE CURRENT DEVELOPMENTAL STAGE OF THE ATHLETE USING THE TANNER SCALE:

   1  2  3  4  5

B. ALTERNATIVE TO EXAM FOR FEMALES: IF SHE HAS HAD THE ONSET OF MENARCHE, SHE QUALIFIES AS TANNER 5

C. CHECK APPROPRIATE BOX BELOW, SIGN, DATE AND RETURN FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS.

☐ Tanner score is appropriate for the sport and level indicated above
☐ Tanner score is not appropriate for the sport and level indicated above

SIGNED_________________________EXAMINATION DATE _____ / _____ / _____

School Medical Director
If this boy does not qualify for the developmental rating required by using the standards of the maturity scale on the reverse side of this form, but in your opinion he can safely compete with older boys at the level of play indicated below, you as the school physician may give him approval as a SPECIAL CASE.

STUDENT: ________________________________

SPORT: _________________________________

Physician Statement:

I give my permission for this boy to participate on the team for this sport at the level indicated below:

(Check appropriate level)

0 Varsity  0 Jr. Varsity  0 Frosh  0 Modified

I realize he did not meet the requirements for this sport using the maturity scale for the Selection/Classification Program, but in my opinion he can safely compete with older boys. I, therefore, give him SPECIAL APPROVAL to play provided he can achieve the required scores on the athletic performance tests and has skills satisfactory to the coach.

NOTE: Before signing, be sure to read the above physician statement carefully.

Signed __________________________________

School Physician  Date _____ / _____ / _____
### SELECTION AND CLASSIFICATION

#### Developmental Maturity Form

**THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS:**

<table>
<thead>
<tr>
<th>Student’s Name</th>
<th>Grade</th>
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<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Home Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date of Birth</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ / ___ / ___</td>
<td>___</td>
</tr>
</tbody>
</table>

- Male
- Female

**Parental/Guardian Permission Form Received:**  Yes

**Desired Level:**
- Varsity
- Jr. Varsity
- Frosh

**Desired Sport:**
- ________________

**REQUIRED RATING FOR THIS SPORT & LEVEL:**

---

**THIS SECTION TO BE COMPLETED BY THE SCHOOL MEDICAL DIRECTOR:**

(OR THE STUDENT’S LICENSED HEALTH CARE PROVIDER FOR REVIEW BY THE SCHOOL MEDICAL OFFICER)

**SCREENING PROCEDURES:**

**A. CIRCLE THE CURRENT DEVELOPMENTAL STAGE OF THE ATHLETE USING THE TANNER SCALE:**

| 1 | 2 | 3 | 4 | 5 |

**B. ALTERNATIVE TO EXAM FOR FEMALES: IF SHE HAS HAD THE ONSET OF MENARCHE, SHE QUALIFIES AS TANNER 5**

**C. CHECK APPROPRIATE BOX BELOW, SIGN, DATE AND RETURN FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS.**

- Tanner score is appropriate for the sport and level indicated above
- Tanner score is not appropriate for the sport and level indicated above

**SIGNED ___________________________ EXAMINATION DATE ___ / ___ / ___

School Medical Director**
If this girl does not qualify for the developmental rating required by using the standards of the maturity scale on the reverse side of this form, but in your opinion she can safely compete with older girls at the level of play indicated below, you as the school physician may give her approval as a SPECIAL CASE.

STUDENT: ________________________________

SPORT: ________________________________

Physician Statement:

I give my permission for this girl to participate on the team for this sport at the level indicated below:

(Check appropriate level)

0 Varsity 0 Jr. Varsity 0 Frosh 0 Modified

I realize she did not meet the requirements for this sport using the maturity scale for the Selection/Classification Program, but in my opinion she can safely compete with older girls. I, therefore, give her SPECIAL APPROVAL to play provided she can achieve the required scores on the athletic performance tests and has skills satisfactory to the coach.

Signed __________________________________________

School Physician Date ______ / ______ / ______
ATHLETIC PERFORMANCE TESTING
INSTRUCTIONS FOR THE TESTER

_________________________ (name) has been approved by the school physician to take the Athletic Performance Test components for the sport indicated below. Please proceed with the testing as described in Attachment I and in the following manner:

1. Refer to the instructions on administering the six-item Athletic Performance Test. Read Attachment I and the Description of Athletic Performance Test Items carefully.

2. The test can be given in any time frame and in any order. Any of the six-items may be retested as many times as desired. Please note that the entire six-items may not be required in some sports. Test only those items required for the sport that the student would be playing. Only the best scores should be recorded.

3. Encourage the student to do his/her best on each test item. Before commencing with the test, inform the student of the minimum requirement for each component in order to qualify (See Attachment J).

4. Return this score sheet to the director’s office as soon as the test is completed.

ATHLETIC PERFORMANCE TEST SCORES

<table>
<thead>
<tr>
<th>Student’s Name</th>
<th>Grade</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Desired Sport</td>
<td>Desired Level</td>
<td></td>
</tr>
<tr>
<td>Test Administered By</td>
<td>Date</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Components</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>SHUTTLE RUN (nearest tenth)</td>
<td>1/10 seconds</td>
</tr>
<tr>
<td>STANDING LONG JUMP (feet and inches to nearest inch)</td>
<td>feet + inches</td>
</tr>
<tr>
<td>FLEXED ARM HANG (nearest second)</td>
<td>seconds</td>
</tr>
<tr>
<td>STOMACH CURLS (one for each completed movement)</td>
<td>number</td>
</tr>
<tr>
<td>50 – YARD DASH (nearest tenth of a second)</td>
<td>1/10 seconds</td>
</tr>
<tr>
<td>1.5 – MILE RUN (minutes and nearest second)</td>
<td>min + sec</td>
</tr>
</tbody>
</table>
COACH’S SPORT SKILL EVALUATION
INSTRUCTIONS FOR THE COACH

__________________________
Coach

__________________________
Sport

__________________________
Level

__________________________ (student’s name) is a candidate for the Selection/Classification Program. As the coach of the team, your complete assessment of his/her skill level is an important factor in this process. Please complete and return this form as soon as possible. The student’s parents have given their child permission and the school physician has cleared him/her to be evaluated by you.

1. If you are familiar with the candidate, please write an evaluation of his/her skill level on the back of this sheet. Supporting information would be helpful in determining proper placement, so be specific. If you are not familiar with the candidate, I would appreciate it if you would contact his/her former coaches for their assessment and schedule a short “audition” session if practical.

2. What level of play would you recommend for this student? ______________(level) Is it likely he/she would be in the starting lineup? Yes No

If not, what percentage of quality playing time would you estimate he/she would receive at that level? ____%

NOTE:

Students elevated to advanced levels of competition by this process should be few and far between. The program is intended only for the unusually gifted athlete who has the physical maturity and athletic skills to be placed beyond other youngsters in his/her chronological age bracket. Abuses in the program by the decision makers who seek to satisfy the needs of the team rather than considering the well-being of the individual cannot be condoned. There are many potential social/emotional pitfalls that must be avoided, and once a student is elevated, the decision is irreversible. Please keep in mind that no practices may be attended until you are notified by the director’s office that the student’s parental permission has been granted and the student has successfully completed an athletic health appraisal and development screening by the school physician.

3. Rate this student’s skills relative to other members of the team.

☐ Below Average ☐ Average ☐ Above Average ☐ Superior

__________________________ Coach’s Signature

__________________________ Date
TO: Executive Director, Section ____________ Date _____________________

FROM: Director of Physical Education/Athletics School ______________________

SUBJECT: Selection/Classification – Qualified Students  Season: 0 Fall 0 Winter 0 Spring

Please accept this as official notification that the following student(s) successfully completed the requirements of the January 2005 Revised Selection/Classification Program:

<table>
<thead>
<tr>
<th>Name</th>
<th>Grade</th>
<th>Sport</th>
<th>Level</th>
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<tbody>
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</table>

cc: A copy of Notification of Qualifications should be forwarded to the office of the director of physical education/athletics of each school district scheduled for interschool athletic sport competition (use another sheet for additional names).
Components:

1. Lower Limbs
   a) Agility - **SHUTTLE RUN**
   b) Explosive power of muscles – **STANDING LONG JUMP**

2. Upper Body
   Arm and shoulder muscle strength and endurance – **FLEXED ARM HANG**

3. Abdomen
   Abdominal muscle strength and endurance – **CURL-UPS** (Sit – ups)

4. Speed
   Running Speed – **50 – YARD DASH**

5. Cardiovascular
   Cardiorespiratory system endurance – **1.5 – MILE RUN/WALK**

**General Rules of Testing**

- Component may be retested as many times as desired to achieve the best performance.
- Test components may be administered in any order.
- There is no time frame for testing.
DESCRIPTION OF ATHLETIC PERFORMANCE TEST ITEMS

1. LOWER LIMBS

a) Item: SHUTTLE RUN
   Equipment: Two blocks of wood, 2” x 2” x 4”, a split-second stopwatch
   Description: Two parallel lines are marked on the floor 30 feet apart. Place blocks of wood behind one of the lines. Athlete starts from behind the other line. On the signal “Ready – Go,” the athlete runs to the blocks, picks up one, runs back to the starting line and places it behind the line; then runs back and picks up the second block which and carries it back across the starting line.
   Rules: Allow two trials with a maximum of five minutes, rest in between. Athlete may not throw the block of wood; it must be placed behind the line.
   Scoring: Record the fastest of the trials to the nearest tenth of a second.

b) Item: STANDING LONG JUMP
   Equipment: Mat or floor and tape measure.
   Description: Athlete stands with feet several inches apart and toes just behind the takeoff line. Swing the arms backward and bending the knees, the jump is accomplished extending the knees and swinging the arms forward.
   Rules: Allow three trials. Measure from the back edge of the take-off line to the heel or part of the body that touches the floor nearest the take-off line. (Suggestion: Tape the measure to the floor starting at the back of the take-off line and have the athlete jump along the tape so scorer can observe the mark to the nearest inch.
   Scoring: Record the best of three trials in feet and inches to the nearest inch.

2. UPPER BODY

Item: FLEXED ARM HANG
   Equipment: Horizontal bar approximately 1-1/2” in diameter
   Description: Adjust bar height so it is approximately equal to the athlete’s standing height. Use an overhand grasp (palms away from the face). With two spotters, one in front and one in back, athlete raises body off the floor to a position where the chin is above the bar, the elbows are flexed, and the chest is close to the bar. Hold this position as long as possible.
   Rules: a) Start watch as soon as athlete has chin above the bar.
   b) Stop watch when chin touches the bar, head tilts back to keep chin above the bar, or chin falls below level of the bar.
   Scoring: Record to the nearest second for the length of time the athlete can hold the start position.
3. **ABDOMEN**

**Item:** CURL-UPS (Sit-ups)  
**Equipment:** Mat and stopwatch

**Description:** Athlete lies on back with knees bent, feet flat on the floor, heels 12” from the buttocks, and back flat on floor. Arms across the chest, fingers on the opposite shoulder, elbows against chest. For a taller athlete, this distance may be adjusted to accommodate him/her. With someone holding the feet down, the athlete brings upper body forward, curling up (sitting up) to touch elbows to thighs. That is one curl-up. Athlete must return to start position before starting next curl-up. Exercise is repeated for one minute and athlete completes as many curl-ups as possible in the one-minute interval.

**Rules:** Fingers must remain in contact with shoulders, back should be rounded and head should be forward on the way up. Scapula must touch the floor before starting next curl-up. Hips must remain on the floor.

**Scoring:** Record one curl-up (sit up) for each completed movement of touching elbows to thighs. No score is giving if the fingertips do not maintain contact with shoulders, or if the elbows are extended, or if the hips leave the ground.

4. **SPEED**

**Item:** 50–YARD DASH

**Equipment:** Track or area marked off 50 yards and split – second stopwatch

**Description:** With arm raised, a starter uses the command “Ready – Go” and accompanies the command with a fast downward sweep of the arm to provide the time with a visual signal to start the watch.

**Rules:** Time required between the starter’s signal and the instant the athlete crosses the finish line.

**Scoring:** Record in seconds to nearest tenth of a second.

5. **CARDIOVASCULAR**

**Item:** 1.5-MILE RUN/WALK

**Equipment:** Track or area marked off for 1.5 miles and stopwatch

**Description:** Standing at starting line, athlete begins to run on the signal “Ready – Go” from starter/timer. Starter/timer positions self at the finish line.

**Rules:** Walking is permitted. However, the object is to cover the distance in the shortest possible time.

**Scoring:** Record the time in minutes and nearest second.
# Selection/Classification Program Requirements

**Girls Athletic Performance & Development Standards**

**August 1992**

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<th>Flexed Arm Hang Seconds</th>
<th>Stomach Curls Number</th>
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## SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

### ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS

**AUGUST 1992**

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*NOT REQUIRED FOR DIVERS – ANY LEVEL

+ ATHLETES MAY CHOOSE EITHER THE 1.5 – MILE RUN OR THE 500 – YARD SWIM (see page 27 for requirements)

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**REQUIRED FOR DISTANCE RUNNERS (800 meters or above) ONLY – ANY LEVEL

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# SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

## ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS

### BOYS

**AUGUST 1992**

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# Selection/Classification Program Requirements

## Boys

**Athletic Performance & Development Standards**

**August 1992**

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- **NOT REQUIRED FOR DIVERS – ANY LEVEL**
- + Athletes may choose either the 1.5 – mile run or the 500 – yard swim (see page 27 for requirements)
- *NOT REQUIRED FOR THROWING EVENTS – ANY LEVEL*
- **REQUIRED FOR DISTANCE RUNNERS (800 meters or above) ONLY – ALL LEVELS**
## SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

### ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS

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SPECIAL TRYOUT PROCESS

BOWLING

As of September 1, 1995, any 7th - or 8th -grade student may be given the opportunity to tryout for a junior varsity or varsity bowling team. At the completion of the tryout sessions, which must include 9 games bowled over a 3-day period, if the individual’s bowling average puts him/her in the top 8 of your bowlers, he/she is eligible to be selectively classified.

Every student must continue to meet the developmental screening requirement found in the 1992 Selection/Classification guidelines.

GOLF

As of September 1, 1995, any 7th - or 8th -grade student may be given the opportunity to tryout for a junior varsity or varsity golf team. At the completion of the tryout sessions, which must include 18 holes, golfed over a 3-day period (the first 3 days of the individual’s tryout when the course is accessible), if the individual’s golf average puts him/her in the top 8 of your golfers, he/she is eligible to be selectively classified.

Every student must continue to meet the developmental screening requirement found in the 1992 Selection/Classification guidelines.

USE THE FOLLOWING CHECKLIST TO ASSIST YOU IN SELECTIVELY CLASSIFYING BOWLERS AND GOLFERS:

0 PARENTAL PERMISSION (ATTACHMENT C)
0 SCHOOL PHYSICIAN APPROVAL
0 DEVELOPMENTAL SCREENING (ATTACHMENT D – MALE; ATTACHMENT E – FEMALE)
0 TRYOUT SESSION
0 DETERMINATION OF ATHLETE’S POSITION IN TEAM LINEUP
0 SELECTION/CLASSIFICATION DECISION
SWIMMING

The physical fitness testing procedure for swimming will remain, as stated in the January 1992 Selection/Classification guidelines. The modification is the addition of a swimming option for the endurance component of the physical fitness test. This will allow the athlete to choose which endurance test he/she prefers. It will be necessary to choose one: either the 1.5-mile run or the 500-yard swim.

Please note the following scores:

SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS
ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS

BOYS

SEPTMBER 1995

<table>
<thead>
<tr>
<th>SPORT</th>
<th>LEVEL</th>
<th>DEV LEVEL</th>
<th>SHUTTLE RUN 1/10 SEC</th>
<th>LONG JUMP FT – IN”</th>
<th>*FLEXED ARM HANG SECONDS</th>
<th>STOMACH CURLS NUMBER</th>
<th>50 - YARD DASH 1/10 SEC</th>
<th>*1.5 - MILE RUN MIN – SEC</th>
<th>*500 - YARD SWIM MIN – SEC</th>
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* NOT REQUIRED FOR DIVERS – ANY LEVEL

SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS
ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS

GIRLS

SEPTMBER 1995

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<th>SPORT</th>
<th>LEVEL</th>
<th>DEV LEVEL</th>
<th>SHUTTLE RUN 1/10 SEC</th>
<th>LONG JUMP FT – IN”</th>
<th>*FLEXED ARM HANG SECONDS</th>
<th>STOMACH CURLS NUMBER</th>
<th>50 - YARD DASH 1/10 SEC</th>
<th>*1.5 - MILE RUN MIN – SEC</th>
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* NOT REQUIRED FOR DIVERS – ANY LEVEL
SECTION 135.4 (C) (7) (II) (C)

(c) Male and female pupils on interschool athletic teams.

(1) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provisions of sub clauses (2) and (4) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

(2) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

(3) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.

(4) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of school, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized or females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.
GUIDELINES FOR MIXED COMPETITION ON INTERSCHOLASTIC ATHLETIC TEAMS

The guidelines are issued to assist schools in the implementation of Section 135.4(c)(7)(ii)(c) of the Regulations of the Commissioner of Education which govern interscholastic competition involving members of both sexes on a single school team. The following general information should be noted by the school personnel who are responsible for the implementation of the Regulations:

- The purpose of the regulation is to preserve the health and safety of students while assuring that students of both sexes have opportunity to participate successfully in interschool competition. Athletic opportunity in mixed competition is allowed under the conditions set forth in the regulations for specific sports identified in sub clause (2) of section 123.4(c)(7)(ii)(c), as well as all other sports not so identified.

- The regulation provides for students involved in mixed competition to be placed on teams at appropriate levels of competition based upon the individual's medical history, maturity, physical date, fitness scores and skills. The guidelines are to be used or both junior and senior high school programs.

- If a team is organized primarily of one sex and members of the opposite sex are also members, the team should still be classified as either males' or females' team and continue playing in the same type of league.

- If a team was formed originally for one sex but is composed of a significant number of pupils of the opposite sex, it is recommended that separate teams be formed for that sport. This would allow for the greatest number of students to participate and not limit opportunities or have a disproportionate effect on any one sex.

- When there are separate teams for each sex in a specific sport, a male may not try out for a females' team. However, the superintendent of schools may permit a female to try out for a male team, except that competition in the sports identified in sub clause (2) of the regulation is subject to the review and approval of a panel. Where separate teams are provided, a female who wishes to try out for a male team in these sports must have the approval of the superintendent and the review panel. This type of crossover should be based upon that female's athletic ability to compete successfully.

- The sport of boxing is identified in the regulation because it appears in the Title IX Federal Regulations. It is not an indication that the state Education Department considers boxing a desirable sport for secondary students.

- Mixed competition in a sport identified in sub clause (2) is subject to review and approval by a panel. This panel must include the school physician and a physical education teacher appointed by the principal and may include a physician chosen by the student's parent(s). This panel is responsible for determining the readiness of the student in terms of medial health, maturity, fitness and skill of the individual in relationship to other members of the team. The intent of the regulation is to match the student's readiness with an appropriate placement, as well as to provide the pupil with a successful competitive opportunity.
the physical abilities of the individual are deemed by the panel to be short of or exceed the physical abilities of other team members, thereby creating a hazardous condition or unfair advantage for that student or other members of the team, denial of participation would be appropriate.

- These procedures apply only to a student’s eligibility to try out or a team of the opposite sex. The coach must decide if the pupil is to remain on the team or be dropped from the team in the same manner as all other pupils trying out for the team. If a coach has a "no cut" policy, the student of ten opposite sex must be allowed to remain on the team the same as other students.

The following chart indicates which regulation provision applies to specific sports and program offerings.
**GUIDE TO MIXED COMPETITION**
**APPROVAL FOR INTERSCHOLASTIC ATHLETICS**

REGULATIONS OF THE COMMISSIONER OF EDUCATION
SECTION 135.4(c)(7)(ii)(c)

<table>
<thead>
<tr>
<th>1. PANEL APPROVED SPORTS*</th>
<th>ONE TEAM FOR MALES</th>
<th>ONE TEAM FOR FEMALES</th>
<th>MALE &amp; FEMALE TEAMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>A) Males on a female team</td>
<td>(Not applicable)</td>
<td>With approval of Superintendent or Chief School Officer and Section. **</td>
<td>Not Permitted</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sub clause (2) &amp; (4)</td>
<td>Sub clause (3)</td>
</tr>
<tr>
<td>b) Females on a male team</td>
<td>With approval of the Review Panel</td>
<td>(Not applicable)</td>
<td>With approval of Superintendent or Chief School Officer and Review Panel. **</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sub clause (2)</td>
<td>Sub clause (2) &amp; (3)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>2. ALL OTHER SPORTS</th>
<th>ONE TEAM FOR MALES</th>
<th>ONE TEAM FOR FEMALES</th>
<th>MALE &amp; FEMALE TEAMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Male on a female team</td>
<td>(Not applicable)</td>
<td>With approval of Superintendent or Chief School Officer and Section.</td>
<td>Not Permitted</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sub clause (4)</td>
<td>Sub clause (3)</td>
</tr>
<tr>
<td>b) Female on a male team</td>
<td>No approval required</td>
<td>(Not applicable)</td>
<td>With approval of Superintendent or Chief School Officer</td>
</tr>
<tr>
<td></td>
<td>Permitted under Sub clauses (1), (3) and (4)</td>
<td></td>
<td>Sub clause (3)</td>
</tr>
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</table>

*Baseball/Softball, Basketball, Boxing, Field Hockey, Football, Ice Hockey, Lacrosse, Rugby, Soccer, Speedball, Team Handball, Power Volleyball (net height less than 8 feet) and Wrestling

**This order of approvals is recommended so as to avoid the unnecessary formation of a review panel in cases where the superintendent or chief school officer does not wish to approve the student for mixed competition.
REVIEW PANEL PROCEDURES

Upon a request to the school authorities for a pupil to participate in mixed competition, as provided in the Regulations of the Commissioner of Education, a review panel shall be formed. The Director of Physical Education should coordinate the activities of the review panel. The information reported on the form, **ATHLETIC PROFILE FOR MIXED COMPETITION**, shall be used by the review panel in making a determination.

COMPLETING THE ATHLETIC PROFILE

Part I:  
**School Information**
- Fill in the information as indicated

**Review Panel**
- A school physician and a physical education teacher (designated by the principal) shall serve on the review panel as school representatives. The parent(s) of the pupil shall also be given the option of having a physician of choice serve on the panel. If parent(s) elect not to have a physician on the panel and a disagreement on the determination of participation by the pupil develops, the parents should be so advised. If the parents still opt not to select a physician for the panel, it is recommended that the school appoint another physician so there are two physicians and a physical education teacher on the panel as intended by the regulation.
- The review panel should convene as soon as feasible in order to give the pupil a reasonable opportunity for an early try out for the team, if approved to do so.

Part II:  
**Pupil Information**
- The Director of Physical Education should be responsible for providing the panel with all available information.

Part III:  
**Physical Education and Medical History**
- The information on the physical education history of the pupil should be obtained from the physical education teachers who have had the pupil in classes.
- The school nurse should provide the information on the medical history of the pupil by reference to the available health records.
Part IV: Physical Data

- The school physician shall provide the information obtained as part of the normal health examination for participation in athletics.

- The developmental age or maturity level of the pupil can be established by using the Developmental Screening Procedures used in the Selection/Classification program (See the August 1992 Selection/Classification Procedures and Standards).

- A determination of general body type should be made by the physician during the health examination. Comments on joint structure would also be helpful.

- If the school physician determines during the health examination the pupil has a physical impairment, which would make it unsafe for the pupil to participate in the sport, the review panel need not convene.

Part V: Athletic Performance Testing (Fitness)

- The Athletic Performance Test used in the Selection/Classification Program should be used as a means of assessing the student’s fitness level.

- Scores achieved on this test shall be recorded on the profile form where indicated. The test should be administered by a physical education teacher.

- When reviewing the test scores, the panel needs to be made aware that the relative importance of the test item to the demands of the sport in question is reflected in the Selection/Classification Standards.

- When reviewing the test scores, the panel should refer to the standards related to the sex of the team and the level of play at which the pupil wishes to play.

- The Athletic Performance Standards of the Selection/Classification Program are not intended as qualifying or disqualifying scores for mixed competition. The scores that appear in the chart are not absolute requirements for the panel to consider. The scores only provide a reference as to what could
normally be found among the members of the team for that sex at that level of play. If the scores of the pupil differ from the standards, the panel should assess the significance of that difference for the pupil being considered. Known strengths and abilities of the team in question should also be considered.

Part VI: Panel Decision

- Once the decision of the panel has been made, the pupil and parents shall be so advised.

- A "YES" decision means the student may try out for the team. The coach will then either allow the pupil to remain on the team or be dropped by using the normal try out criteria used for all other pupils trying out for the team.

- The panel decision applies only to the sport and season for which the application was made. Subsequent seasons or sports will require another review. Therefore, all students that have been previously approved to participate in a mixed competition situation must be re-approved each season for each sport in which he/she wishes to participate.
INDIVIDUAL ATHLETIC PROFILE FOR MIXED COMPETITION

PLEASE TYPE OR PRINT

**Part I: School Information**

Date: _____________________________

District_________________________Superintendent___________________________

City____________________________Director of P.E.___________________________

School Physician______________________________

Family Physician______________________________

Physical Education Teacher ___

**PART II: Pupil Information**

Previous mixed competition________ Yes____ No

What sport and level? ____________________________

Name _________________________________

Age_________________ Grade ____________

**PART III: Physical Education and Medical History**

Is the pupil enrolled in regular physical education without restrictions?

______YES______ NO If NO, Explain ______________________________

History of conditions, injuries or illness that would be restricting?

______YES______ NO If YES, Explain ______________________________

**PART IV: Physical Data**

Weight_____ lbs._____ Height_____ Feet_____ Inches Maturity Level ______________

Body Type (√ check) Mesomorph:__________ Endomorph:__________ Ectomorph:__________

Comments:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**PART V: Athletic Performance Test Scores**
Shuttle Run ___________________  Stomach Curls ___________________
Long Jump ___________________  50 yard dash ___________________
Flexed Arm Hang _____________  1.5 mile run ___________________

**PART VI:  Panel Decision**

Approved for try out: ______ Yes ______ No

Reason(s) ________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________

**PANEL MEMBERS:**

School Physician (print or type name) __________________________

    Signature _____________________________________________

Physical Education Teacher (print or type name) __________________

    Signature _____________________________________________

Family Physician (print or type name) __________________________
(or other appointee)

    Signature _____________________________________________
**DEFINITIONS**

**ADVISORY COUNCIL:** All school personnel of member schools are considered advisory members. They may make recommendations on athletics to the Executive Committee and serve on committees of the Association. (Constitution, Article II, (4)).

**AGE OF MAJORITY:** Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

**ATHLETIC COUNCIL:** The administrative body for each of the sections of the NYSPHSAA, Inc. consisting of representatives from leagues and member schools. (Constitution, Article VI, (2))

**BONA FIDE STUDENT:** A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. (Eligibility Standard #6)

**CENTRAL COMMITTEE:** The Central Committee is the legislative body of the NYSPHSAA, Inc. consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1) (a)).

**CLUB TEAM:** Neither the regulations of the Commissioner of Education nor the NYSPHSAA recognize extra class activities called "club teams." Interscholastic teams may not practice/scrimmage with or compete against "club teams."

**COMMISSIONER’S REGULATIONS:** The Regulations of the Commissioner of Education are policies and controls enacted by the board of Regents and administered by the State Education Department. The NYSPHSAA has additional regulations and standards. *See By-Laws and Regulations.*

**COMPETITOR:** Any competitor must be a bona fide student in the member school district represented and is considered to be the school team or part of such team. Compliance with all NYSPHSAA bylaws and standards and conformance with all NYSED regulations is required. Participation as an individual competitor counts toward the maximum number of contests permitted and meets the requirements of the Representation Standard #25.

**CONDUCTING A CONTEST:** All contests shall be under the direction and supervision of qualified school personnel who shall have full knowledge of and give full approval to the plans for the contest. It is necessary to be physically present with authority to change any part of the procedures which are contrary to NYSPHSAA, Inc. policy or not in the best interests of secondary school competitors (Eligibility Standard #25). When a contest or game is held in conjunction with a fund raising effort, the following criteria is required to be met:

1. The host school is required to have the charity event approved by a school administrator and /or Board of Education.
2. The sport specific game rules (NFHS, NCAA, etc.) may not be altered.
3. All NYSPHSAA and NYSED eligibility standards must be followed.
4. Donations may not be made based on the outcome of student performance.
5. If an outside agency or charity is directly involved in the administration, coordination, or organization of the contest, the event must be approved under the Outside Agency rule through the Section Athletic Council.
6. League or conference schedules may not be altered unless mutually agreed upon.

CONDUCTING A HEARING: An impartial panel of three or more representatives may be authorized by a league or a section athletic council to conduct a hearing at an early date after an appeal is made. The presiding officer shall designate a member to keep the minutes of the meeting which should record: those present, the issue in question, the argument of the appellant, the statement of the respondent, the decision of the panel. These minutes become a part of the record of the league or section for transmittal in the event of additional hearings. Each litigant is entitled to representation by counsel.

CONTEST: An interschool completion arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards.

EXHIBITION COMPETITOR: An exhibition competitor is a bona fide student in the member school district represented and is a non-scoring participant in an interschool contest or tournament. Exhibition competitors may only compete with or against other exhibition competitors and be non-scoring/non-placing in the event. Exhibition competitors may fill open lanes in the sports of swimming and track and field. Participation as an exhibition competitor counts towards the maximum number of contests permitted and meets the requirements of the Representation Standard.

FRESHMAN TEAM: A team comprised of ninth grade students which must follow all high school eligibility rules and standards, and compete only against high school teams. NOTE: A freshman team cannot compete against a modified team.

INVITATIONAL ACTIVITIES: Invitational activities are those games or other events dealing with one sport, arranged by invitation from one school to one or more other schools.

LEAGUE: A group of schools, preferably of similar size and location, who join together for the purpose of administering athletic competition and other educational activities.
(Constitution, Article VI)

MAXIMUM NUMBER OF CONTESTS: An individual may not participate in more than the number of contests established for a sport (Sports Standards Charts). A participant is a contestant representing a school that enters and engages in that contest. Furthermore, a team may not schedule more than the maximum number of contests stipulated in the Sports Standards Chart (even though some members of the team have not participated in the maximum number of contests.) NOTE: Forfeiture is considered a contest.
NATIONAL TEAM MEMBER: One who is selected by the national governing body of a sport on a national qualification basis either through a defined selective process or actual tryouts for the purpose of international competition which requires the entries to officially represent their respective nations.

NEXT PREVIOUSLY SCHEDULED CONTEST: This is the same as the next contest which originally was in the schedule. No attempt should be made to insert a non-league contest into a sports schedule after a key player has been disqualified in order that that player would not participate in a meaningless game. This totally violates the intent of this rule and is not permitted. The ejected player or coach must not participate in the next previously scheduled contest. Any post season competition is considered previously scheduled. (Sportsmanship #27)

OLYMPIC DEVELOPMENT PROGRAM: A training program for competition:
(a) conducted or sponsored by the United States Olympic Committee or
(b) directly funded and conducted by a national governing body on a national level or
(c) authorized by a national governing body for athletes having potential for future national team participation.

OUTSIDE TEAMS: An outside team is a group of contestants organized and/or sponsored by other than secondary school authorities for competition in a specific sport.

OVERTIME: Sections will have the authority to decide if overtime sessions will be played in a particular sport. If approved, the overtime procedure included in the sport specific rule book must be followed. Any approved waiver or modification of the overtime procedures are noted in the Sport Standards section.

PARTICIPATION: Except as found in the Duration of Competition standard, "participation" defines if an athlete has competed in a contest. Students are charged with a contest once they enter the contest. In team sports once they enter the game they are charged with a contest. In individual sports, once they enter the contest (or event) they are charged with a contest. It matters not if the athlete competes for two seconds or the entire competition; they have participated in a contest. (Representation #25)

POST SEASON: A post-season contest is a game, meet or tournament played after the close of the last day of the season for that sport. (Eligibility Standard #21).

POST SCHEDULE: A post schedule contest is a game, meet or tournament that is held following the completion of the league and/or sectional schedule but prior to the end of the season established by the section.

PROFESSIONAL: A professional is (1) a contestant (or other person acting in is behalf) who accepts money or merchandise other than medals, ribbons, or appropriate trophies for participation in an athletic event, or (2) a contestant who signs a contract with a professional team. (Eligibility Standard #2)

RECRUITMENT: An act, on behalf of or for the benefit of a school, which attempts to influence a student to transfer to a member school for the purpose of participating in athletics.

REGIONAL COMPETITION: Any competition between sections after the sectional tournaments in that sport are completed.
SCHEDULED GAME OR TOURNAMENT: A contest arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards is a scheduled game or tournament.

SCHOOL AUTHORITIES: Trustees and boards of education are school authorities who may employ school personnel to act as their agents in carrying out their duties.

SECTION: One of the eleven geographic areas into which the state is divided by the NYSPHSAA, Inc. for the purpose of administering the athletic program for the member schools therein is under the jurisdiction of the Section Athletic Council. (Constitution, Article V, (2) - (5))

SECTIONAL COMPETITION: Games or meets conducted at the conclusion of the league schedule for the purpose of determining sectional champions. In those activities in which state championships are held in classes, sections may conduct interclass contests after determining their winners by classification.

SEMESTER: A semester is one-half of the school year covering a span of 18 - 20 weeks between September 1 and January 31, or the span of 18 - 20 weeks between the close of the first semester and June 30.

SPORTS SEASON: A sports season is a period of participation in a specific sport with limitations indicated in the Sports Standards. (Eligibility Standard #28)

SUMMER: The last rating day of the school year until the Sections official Fall Sports start date.

SUSPENDED GAMES/PROTESTED GAMES: For suspended games, the game rules for that sport must be followed or in the absence of such rules the game will continue from the point of interruption and may be scheduled on the next consecutive day. This applies to all sports. A game or part of a game replayed as a result of a protest decision must adhere to the required nights for rest. The latter will not count as an extra game. If a contest is suspended, all violations of the NYSPHSAA Sportsmanship Rule and/or any yellow/red cards received during that contest will be enforced regardless if the contest is replayed in its entirety or resumed from the point of interruption.

TAUNTING: Taunting includes, but is not limited to, any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean other players, coaches or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talk," reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc. (sportsmanship #27)

TRANSFER STUDENT: A transfer student is one who has changed registration from one school to another. (Eligibility Standard #30).

TRY-OUT: A tryout consists of a sport specific demonstration in front of professional scouts. This does not include the playing of games where scouts are present. This would include placing students in front of professional scouts to perform drills specific to that sport, independent of playing of a game.
NYSPHSAA, Inc.
BYLAWS and ELIGIBILITY STANDARDS

These standards are the rules of the New York State Public High School Athletic Association, Inc. and apply to grades 9-12. Athletes must meet all standards of eligibility for practice and competition. "All schools agree to abide by the minimum eligibility rules adopted by the Central Committee in all interscholastic competitions."

- NYSOHSAA, Inc., Constitution, Article II. (2). They are effective August 1, 2012. Any meeting of the NYSPHSAA Central and Executive Committee or any committee thereof may be conducted by telephone or video conference or any means of communicating through which the participants may simultaneously participate and hear each other during the meeting. Such participation shall constitute personal presence at the meeting.

1. AGE AND GRADE: Regulation of the Commissioner of Education: A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department’s Selection/Classification Program. The 15 year old below the 9th grade needs only to meet selection/classification maturity standards to be eligible at the high school level. (Duration of Competition)

Reporting Procedure: All violations shall be reported to the League and Section.

2. AMATEUR:
   a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:
      1. Competing for money or other compensation (allowable entry fees, travel, meals, and lodging expenses may be accepted.)
      2. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of two hundred fifty dollars ($250) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition.
      3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).
      4. Signing a professional playing contract in that sport.
   b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not affect amateur standing.
   c. A student who violates the above rule may apply to the league or to the designated body within that section for reinstatement one year from the date of the latest violation.

Reporting Procedure: All violations shall be reported to the League and Section.
3. **APPEAL PROCEDURE:** The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

   a. All questions of eligibility and all questions regarding the implementation of the rules and regulations of the NYSPHSAA, Inc. or of any of its subdivisions shall be referred to the league president for a decision unless the league provides for another method for reaching a decision. The league shall be guided by the constitution, bylaws, rules, regulations, and sports standards of the league, the section, and the association. A school which does not belong to a league may apply to the section president for a decision. All appeals are to be in writing and are to be initiated at the league level. NOTE: While an appeal is being processed a student(s) may participate in practice sessions commencing from the date the appeal was filed. It is provided, however, that all questions pertaining to general eligibility involving a Sectional activity shall be taken directly to the Athletic Council or its designee: and it is provided further, however, that during regional and state championship activity, all questions concerning the rules and regulations of the NYSPHSAA, Inc. and questions of general eligibility shall be referred to the Executive Director of the NYSPHSAA, Inc. or his or her designated representative for such contest if he or she is unavailable. Because of time constraints, the decision of the Athletic Council or the Executive Director as the case may be, will be final with no right of formal appeal to the Appeal Panel or other administrative body. Any and all questions and/or protests as to game/meet rules or as to the conduct of the game or meet shall be heard and decided by the game/meet committee established by that Section or State Sport Championship Committee as the case may be; and all such decisions shall be final with no right of appeal.

   b. Appeals from the decision of league presidents and section presidents may be made to the Athletic Council which will review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decisions of the league or section president. The decisions of game officials shall be final unless the individual league or section has made provisions for review. In any event, the Appeal Panel will not review any such decisions.

   c. An appeal from the decision of the athletic Council may be taken to the Appeal Panel of the NYSPHSAA, Inc., which shall review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decision of the Athletic Council. Such decisions shall not be reversed or modified unless the Appeal Panel finds that:

      1. The decision of the Athletic Council clearly is contrary to the evidence presented.

      2. The facts found by the Athletic Council constitute a violation of the Association’s Constitution, standards or rules, or Regulations of the Commissioner of Education, or

      3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.

   d. An aggrieved party shall be one or more member schools of the NYSPHSAA, Inc., and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc., of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of $200.00 must be received from the aggrieved party prior to the appeal hearing. The Executive
Director of the NYSPHSAA, Inc., shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.

A written brief shall contain: 1) A table of contents, 2) A concise statement of the nature of the appeal and the questions involved, 3) A concise statement of the facts with the supporting references to the transcript of any proceedings had or to a summary of the proceedings as submitted by the recording secretary if there be no transcript, 4) The arguments, which shall be divided into points by appropriate and distinct headings, 5) Exhibits, if any.

e. The Appeal Panel shall be comprised of three persons consisting of the NYSPHSAA, Inc., current past president, who shall serve as chairperson, one representative from the coordinators of a sectional appeals committee, and one representative from section executive directors/secretaries. Should a representative from any of these categories be unable to serve, the Executive Director and NYSPHSAA, Inc., Counsel shall serve in an ex-officio capacity.

f. Expenses incurred by the Appeal Panel members shall be shared in the following manner: One-fourth from the NYSPHSAA, Inc., one-fourth from the section involved and one-half from the appellant. Expenses include all necessary and customary travel expenses, including, but not limited to mileage, lodging and meals. When telephone conference calls are requested a fee of $300 will be paid in full by the appellant (Jan. 2012).

g. If a section is involved in an appeal no representation shall be selected from that section.

h. The decision of the Appeal Panel shall be the final administrative appeal through the NYSPHSAA, Inc., and shall be final.

i. Any member school which institutes an unsuccessful legal action or appeal to the courts or the Commissioner of Education to overturn, stay or enjoin and eligibility ruling or a rule or rules of the NYPHSAA or its subdivisions will be liable for reasonable costs and attorney fees incurred by the NYSPHSAA, section(s) or leagues in defending against such action. Further, should the Association or its subdivisions be forced to initiate legal action to collect the aforementioned costs and attorney fees, the member school shall be additionally liable for the Association's reasonable costs and attorney fees resulting from the collection action and shall be deprived of all rights to participate in any post schedule championship conducted by the NYSPHSAA or its sections.

Any member school which does not make final payment of costs and fees by June 30 of that year shall be denied membership in the Association.

j. Eligibility Standards may be made more restrictive by individual sections. Any appeal involving a more restrictive standard shall not be heard by the Appeal Panel and the decision of the section shall be final. NOTE: If a school, League, or Section becomes a plaintiff or defendant in litigation based on the enforcement of its own rules, NYSPHSAA, Inc., rules, or the Regulations of the Commissioner of Education, this Association offers consultative legal advisement. Requests for consultation are to be directed to the President or the Executive Director, who may refer the question to Counsel. The authorization for payment of legal fees for representation by this Association is limited to actions in which the NYSPHSAA, Inc., is the primary defendant or respondent. After the local action is completed, the Association may offer to appear amicus curiae during Appellant Review.

4. APPROVED OFFICIALS: Officials shall qualify through completion of the Officials' Five Point Program. Each approved official shall:
1. Observe the constitution and bylaws of their local and state official's organization.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Be listed with the NYSPhSAA, Inc., Executive Director.

NOTE: To insure quality competitive experiences, the selection and assignment of officials must provide priority to competent officials (those who have been trained and tested in the approved rules and regulations of the specific game to be officiated).

(See OCG)

5. ASSUMED NAME: Participating under an assumed name in any athletic contest shall make the student/athlete ineligible in that sport for one year from the date of the violation.

Reporting Procedure: All violations shall be reported to the League and Section.

6. BONA FIDE STUDENTS: Regulation of the Commissioner of Education: A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school. NOTE: A student in a shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPhSAA office.

Students may only be selectively classified into a member schools. Furthermore, to be eligible to be selectively classified into a member schools' athletic programs a student must be registered in that school district.

COMBINING OF TEAMS: The joining together of students from two or more member schools in the same district or close proximity to form a single team shall be permitted subject to the following conditions.

1. Permission must be obtained from their league and section on an annual basis.
2. Section approval must be reported to the NYSPhSAA, Inc., Executive Committee. NOTE: If a combined school team goes beyond sectional level competition their boys and girls grade 9-11 enrollment shall be combined, using the below criteria, for state level competition.
   a. The school(s) with the higher(est) classification number will have a percentage of the other school(s) classification number added according to the graduated scale below. The percentage is dependent upon the association's "5 sport classification cut-off numbers".
7. **COLLEGE**: A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule or an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the College Rule. (Jan. 2012)

Reporting Procedure: All violations shall be reported to the League and Section.

8. **DURATION OF COMPETITION**: Regulation of the Commissioner of Education: A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil’s entry into the ninth grade and prior to graduation, except as otherwise specified by the Commissioner Regulations. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1 may be extended under the following circumstances.

   i. If sufficient evidence is presented by the chief school officer to the section to show that the pupil’s failure to enter competition during one or more seasons of a sport caused by illness, accident, or similar circumstances beyond the control of the student, such pupil’s eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness, accident or other circumstance beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate. Appeals should be filed with the Section office.

   ii. If the chief school officer demonstrated to the satisfaction of the section that the pupil’s failure to enter competition during one or more seasons of a sport is caused by such pupil’s enrollment in a national or international student exchange program or foreign study program, that as a result of such enrollment the pupil will be required to attend school for one or more semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil’s eligibility shall be extended accordingly in such sport. Appeals should be filed with the Section office.

3. Section shall determine the deadlines for schools to merge or demerge programs.

4. If a non-public school is part of the merger, the "merged" team may be subject to the Section’s Classification of Non-Public School Committee.

**Class AA = 50%**
**Class B = 30%**
**Class A = 40%**
**Class C = 30%**

**Reporting Procedure: All violations shall be reported to the League and Section.**
9. **FOREIGN STUDENTS and INTERNATIONAL STUDENTS:**
The following criteria apply to all Foreign Exchange and International students:

1. Students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program.
2. No member of the school’s coaching staff or athletic director, paid or voluntary, shall serve as a host family. School districts may apply to the Section for a waiver if the student is living with a member of the school’s coaching staff or athletic director and if the student has not played the sport competitively.
3. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.
4. Students must possess the appropriate visa.
5. The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.

In addition to the aforementioned criteria, the following applies too:

**A. FOREIGN EXCHANGE STUDENTS** - All Foreign Exchange Students must be reported to the Section office using the appropriate form. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval from the Section.

1. Foreign Exchange Student definition: A foreign exchange student is a student that is enrolled in a NYSPHSAA member school that is a participant in a foreign exchange program. The foreign exchange program may or may not be accepted for listing by the CSIET.
   a. A bona fide Foreign Exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student (a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for International Travel (CSIET) and (b) complies with all State Education Department and NYSPHSAA, Inc., standards. Students that are not in an approved CSIET program are subject to the Transfer Rule. NOTE: CSIET list is available at www.nysphsaa.org
   b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign Exchange student to a school for athletic purposes. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The Foreign Exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities. School districts will be notified by NYSPHSAA if a student is considered to be a “Direct Placement” by CSIET standards. Those Foreign Exchange students who are Direct Placements are subject to the Transfer Rule. (p. 107)

**B. INTERNATIONAL STUDENTS** - When needed, International students must receive a waiver of the Transfer Rule to be eligible to practice or compete. Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

1. International Student definition: An International student is a student that is enrolled in a NYSPHSAA member school, who is not enrolled in a foreign exchange program nor living with his/her parents (or other persons with whom the student has resided for at least six months prior).
   a. All international students are considered to be transfer students. Eligibility is determined under the transfer rule. NOTE: If an International student has participated in an organized sports program in a particular sport, equivalent to or
on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the International student to a school for athletic purposes:

NOTE: Noncompliance with one or more of the foregoing provisions shall render the Foreign Exchange or International student ineligible for interscholastic athletics at any high school which is a member of the NYSPHSAA. (2010)

10. HEALTH EXAMINATION: Regulation of the Commissioner of Education: A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil, whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence, must be prequalified by the school physician prior to participation. If the 12-month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts. NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete’s readiness for safe return to competition.

11. INTERNATIONAL CONTESTS: Member schools may sponsor contests for their athletic teams with foreign countries secondary school teams for the purpose of cultural exchange and competition under the following conditions:

a. League, Conference and Sectional schedules may not be altered to accommodate such a contest.

b. Teams with whom contests are scheduled must be comprised of players comparable in ages to our senior high school level.

c. All competitors on the New York State high school team must be eligible according to NYSPHSAA Inc., regulations.

d. All contests must be scheduled according to appropriate sport standards.

e. No such competition may take place four weeks prior to the starting date of that sport season as established by the Section.

f. The number of organized practice sessions in preparation for international competition shall be restricted to the number required before a first contest in that sport.

g. The Section must approve the plans and the NYSPHSAA, Inc., Executive Director must be notified at least sixty days prior to the scheduled departure.

h. When hosting an international contest, sanctioning request forms must be initiated by the host member school through NFHS (www.NFHS.org) one application per state will be files when a foreign team tours and plays more than one school.
i. When hosting an international contest, the contest must be conducted within the school’s sport season as established by its Section Athletic Council and must be counted as one of the maximum number of contests. The hosting of a scrimmage with a foreign school’s team does not require sanctioning. It is the school’s responsibility to determine that the criteria listed in this section and Eligibility Standard 12; Interschool Scrimmage/Practice Session is satisfied.

j. A complete report, including a detailed financial statement, involving all phases of the competition shall be filed with the NFHS and the State Association within thirty (30) days following final competition. National Federation Sanction is necessary for international competition. Forms for requesting this sanction must be completed online using the NFHS web site (www.NFHS.org/sanctioning) and must be filed 60 days prior to date of competition.

12. INTERSCHOOL SCRIMMAGE: A scrimmage is a practice that is a SIMULATED CONTEST. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) GAME RULES MUST BE ALTERED - SEE SPORT SPECIFIC REQUIREMENTS, (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook, (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

13. INTERSTATE CONTESTS: Sanctioning is a means of encouraging well-managed competition. The sanctioning program has the primary purpose of protecting the welfare of high school students. A secondary purpose of the sanctioning program is to protect the existing programs sponsored by member schools. Schools may obtain information regarding the sanctioning by member schools. Schools may obtain information regarding the sanctioning process and print Application for Sanction forms (NYSPHSAA or NFHS applications) from the NYSPHSAA web site www.nysphsaa.org/sanctioning.

   a. When schools schedule interscholastic contests with schools in other states, each school will observe its own state regulations and standards of eligibility.

   b. No member school will engage in athletic competition, scrimmage and/or practice with an out-of-state school which is not a member in good standing of its respective state high school athletic association or has not been approved by the respective state association if the school is ineligible to join. Furthermore, member schools will not compete in any interstate contest which is sponsored solely by an outside agency. For dual contests it is the school’s responsibility to determine that these criteria are satisfied.

   c. A member school wishing to host a contest involving an out-of-state school must file an application for Section for any contest involving four or more schools, or any contest involving three or more states. Timeline, application fee and application form information is available on the NYSPHSAA web site, www.nysphsaa.org/sanctioning.

   d. A member school planning to participate in an interstate contest involving four or more schools, or any interstate contest which is cosponsored by an organization other than a member high school, must give notice of entry to the NYSPHSAA, Inc., office so that the school may receive verification that the contest has been sanctioned. NOTE: Failure to comply with the above regulation may cause a team or individuals to be eligible from that date of participation for the remainder of that sport season.

   **NOTE:** NYSPHSAA will approve events that have non-member schools participating provided there can be no direct competition with a non-member school.
14. **MIDDLE OR JUNIOR HIGH SCHOOL:** Member schools with students in grades 7, 8, or 9 have agreed to abide by the rules of our Modified Programs. Situations not covered in the Modified Rules will follow the high school standards.

15. **MIXED COMPETITION:** Regulation of the Commissioner of Education. Male and female pupils on interschool athletic teams. See p. 80 for details.
   a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.
   b. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.
   c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. **NYSPHSAA NOTE:** This clause is to meet the needs of the exceptionally talented girl.
   d. Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

   *The NYSPHSAA requires that the names of girls and boys who participate on a team of the opposite sex be submitted to the league and section before any interschool contest in that sport. Teams with multiple representations of boys and girls must be declared either a girls’ or a boys’ team by their schools, prior to the first competition.*

   **NOTE:** Teams organized for one sex may only practice and compete against teams of that same sex. Furthermore, once an individual competes on a team for one sex during a season, he/she may not compete for or against a team organized for the other sex during that season. (Representation #25)

16. **NATIONAL TEAM/OLYMPIC DEVELOPMENT PROGRAMS:** A student may participate as an individual as a member of a National Team or in an Olympic Development Program during the school year. To participate in NYSPHSAA programs in that sport, individuals must meet the sports' standards.
17. NON-FEDERATION MEMBER SCHOOLS: No scrimmage or game shall be played with other than public and those private and parochial schools that belong to the New York State Federation of Secondary School Athletic Associations. Verification of membership may be secured from the NYSPHSAA, Inc., Executive Director.

All other schools which are registered with the State Education Department shall apply for Friends and Neighbors status to be eligible to compete with NYSPHSAA, Inc., member schools. Applications must be processed through the Sectional Athletic Council in which the school is located. The application shall contain the agreement to abide by the NYSPHSAA, Inc., rules and will be signed by the applicant. The application, with an administrative fee of two hundred dollars, shall be forwarded by the Section Secretary to the Executive Director of the State Association with recommendations and substantiating statements for or against approval. The State Executive Committee shall make the final determination. Approval shall only be for a period of two years at which time schools may reapply for Friends and Neighbors status.

NOTE: 1) Friends and Neighbors schools may compete against NYSPHSAA, Inc., member schools only through the league level of play. 2) Friends and Neighbors schools are eligible to compete with NYSPHSAA, Inc., member schools in all Sections excluding post-scheduled contests. 3) the two hundred dollar fee is payable every two years.

18. OUTSIDE AGENCIES: Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.
2. Secondary school personnel shall be responsible for planning and for conducting the activity.
3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner’s Regulations, and policies and standards of the NYSPHSAA, Inc.
4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.
5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.
6. Financial arrangements are to be clearly specified in the application for approval.

19. PENALTIES:

a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

b. Procedures to address forfeitures during post schedule tournaments shall be as follows:
   1. Team Sports: Participation by an ineligible player or team in any post schedule tournament game (sectional, intersectional, regional, semifinal or final) shall result in forfeiture of that game. At the time of discovery the school declared ineligible will be disqualified from the tournament immediately and their last opponent will advance in their place. Schools eliminated prior to the last opponent will no reenter tournament competition.
2. Individual Sports: Participation by an ineligible contestant in any post schedule tournament competition (sectional, intersectional or state championship) shall result in the forfeiture of that competition. The contestant will be disqualified from the tournament immediately and his/her last opponent will advance in their place. Individuals eliminated prior to the last opponent will not reenter the tournament competition.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

d. For any violation of eligibility or sports standards a school authority may be censured, placed on probation, or suspended by the Section Athletic Council.

c. Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.

e. School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District’s control.

f. If a coach/supervisor violated the NYSPHSAA Code of Conduct the following actions will be taken:

1. The school and Section will be notified immediately.
2. Documentation of the incident will occur.
3. A recommendation from the Section for disciplinary action will be given.

If a student or team is ineligible according to NYSPHSAA, Inc., Bylaws and Eligibility Standards or Commissioner’s Regulations but is permitted to participate in interschool competition contrary to such rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the NYSPHSAA Inc., and side injunction is subsequently voluntarily vacated, stayed, reversed, or finally determined by the courts that injunction relief is not or was not justified, any one or more of the following actions may be taken against such school in the interest of restitution and fairness to competing schools.

1. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.
2. Require that team victories shall be forfeited to opponent.
3. Require that team or individual awards earned by such ineligible student be returned to the Association.

20. POST-SCHEDULE: No team or individual student may represent its school in any post-schedule contest other than those conducted by school or State Association authorities in accordance with approved standards. NOTE: If contests are within the season established by the Section, within the maximum number allowed and conducted by school authorities, they are allowed.

21. POST SEASON: No team, or individual student, may represent its school in any post-season games, meets, or tournaments.
22. PRACTICE SESSIONS: Athletes must meet all Standards of Eligibility to participate in practice.

a. An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport. Athletes who switch from a contact/collision or limited contact/impact sport to a strenuous/non-contact or non-strenuous/non-contact sport are permitted to count conditioning practices toward their new sport as follows:

1. Sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days.
2. Sports with ten to 15 (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days. (Contact/collision or limited contact/impact sports include field hockey, football, ice hockey, lacrosse, soccer, wrestling, basketball, baseball, softball, diving, gymnastics, skiing, and volleyball. Strenuous/non-contact or non-strenuous/non-contact sorts include cross country, track and field, swimming, tennis, bowling, golf and riflery.)

NOTE: Athletes whose seasons are lengthened due to participation in NYSPIHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1) sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days; 2) sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days.

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited. NOTE: Any contests leading up to Sectional play is considered regular season." Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities. NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1) if such programs are not mandated by coaches or school personnel; 2) if such programs are available to all students.

d. Non-school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. It is recommended that no school equipment be used for these programs as per State Comptroller Opinion 85-37.

e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirement imposed
by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

f. Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation as long as the athletes/teams do not scrmmage before the required number of practices has been completed.

23. PROFESSIONAL TRYOUTS: No tryouts for, or practice, with a specific professional team and their affiliates, are approved except during the summer vacation. A student who participates in such a tryout is ineligible to represent the school in that sport. (See Amateur Rule,) A school may apply on behalf of the student to their section for reinstatement one year from the date of the latest violation.

24. RECRUITMENT AND UNDUE INFLUENCE: Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or to enter the ninth grade at a member school for athletic purposes - whether or not the school presently attended by the student is a member of NYSPHSAA.

a. The use of undue influence to secure a student for competitive purposes in a sport is prohibited. An infraction shall cause the student to forfeit eligibility in that sport for one year from the date of enrollment. The offending school shall be subject to provisions of Bylaw 19 (D).

b. Evidence of undue influence includes, but is not limited to, personal contact by coaches and sponsors in an attempt to persuade transfer, gifts of money, jobs, supplies, clothing, free transportation, admission to contests, invitation to attend practices and/or games, or free and/or reduced tuition.

25. REPRESENTATION:

a. A contestant, or athletic team shall not represent a school except in conformance with all rules and regulations. Is shall be the duty of trustees and boards of education to require that athletic activities be limited to competition between secondary school students.

To be eligible for sectional, intersectional or state competition, at team must have completed in six (6) school schedules contests which occurred on six (6) different dates during the season.

**Team Sports:** For the sports of baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests.

**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team’s regular schedule.

Section Athletic Councils may request in writing approval of the State Executive Committee to adjust the number of school schedules contests required on an annual basis.
The request is to be submitted prior to the governing board meeting. School districts may submit a written request to the Section for adjustment of contests for individual participants. NOTE: For the sports of golf and girls gymnastics, a waiver of the Representation Standard may be granted by the NSPHSAA Executive Director when a student has qualified for participation in the current school year’s NYSPHSAA Championship event and has subsequently transferred to a NYSPHSAA member school. The athlete must meet all other eligibility standards, including transfer, to receive the waiver.

b. All games, meets, and tournaments must be conducted by appropriate secondary school authorities.

c. Participation by a student in more than one sport in the same time division shall be determined by the Section Athletic Council.

d. Games and practice between students who elect to participate in an interschool sport may not represent a school in that sport in a subsequent season in that school year.

26. SENIOR ALL-STAR CONTEST: A senior all-star contest shall be any athletic contest for which admission is charged or donations accepted in which one or more of the competing teams is composed of one or more players who during the school year was a member of the high school team in the same sport, and whose participation in the senior all-star contest is based on outstanding performance as a member of the high school team.

a. The only senior all-star contests approved by the NYSPHSAA, Inc., are those approved by a section. These contests must be approved first by the Section in which the contest is to be held, by the NYSPHSAA, Inc. Executive Director, and reported to the Executive Committee.

b. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests. Special circumstances may be appealed to the Section Executive Committee.

c. A contestant may participate in any approved senior all-star contest in the same sport during the school year.

d. All approved senior all-star athlete contests must be conducted within the approved sport season.

e. All application criteria established for the Senior All-Star Contest must be followed. The criteria and contest application shall be obtained from the Section Secretary or Association office.

27. SPORTSMANSHIP: The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.
a. Coach

1. Any coach excluded by a certified official form an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

NOTE: "Not being physically present at the site" means disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. (See Taunting, p. 91, Next Previously Scheduled Contest, p. 90) Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action if the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

Any Coach:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
2. who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

2. A coach who strikes, shoves, kick or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

b. Player:

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation. (See Taunting, p. 91, Next Previously Scheduled Contest, p. 90)

Any Player:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly schedule contest;
2. who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,) the Section Athletic Council will assess the penalty carrying over into the next season of participation.
2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense. NOTE: Members of the squad includes player, manager, score keepers, timers, and statisticians.

c. Official:
   1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport official’s chapter to investigate the incidence and to report their action to the section in a timely manner.

28. SPORTS SEASONS: Section Athletic Councils, with the approval of the NYSPHSAA, Inc. Executive Committee, shall determine all sports seasons within the limits of the Commissioner’s Regulations. NOTE: If a team competes in the same season in which a state championship (regional competition and beyond) is conducted as designated by the NYSPHSAA, Inc. Executive Committee, then the team and its players are ineligible to compete in any other season in that sport in that school year.

29. STATE CHAMPIONSHIP CONTESTS:
   a. Contestants who have shown their proficiency in the sectional contests may be selected for a post-schedule contest. All participating teams and athletes must be approved by their section to be eligible to compete in NSPHSAA Regional and State Championships. NOTE: Any student-athlete who has tested positive for the use of anabolic/androgenic steroids within the proceeding six (6) months of a regional or state championship event may be required by the NYSPHSAA Executive Director to provide evidence of a negative test result for anabolic/androgenic steroids prior to participating in the event involved.
   b. Plans for all state championship contests are to be submitted for approval to the NYSPHSAA, Inc. Executive Committee (Constitution, Article V, (5)).
   c. Policies or procedures for state championship contests shall be determined by the NYSPHSAA, Inc. Executive Committee or Central Committee upon the recommendation of the State Championship Committee. Any awards or items presented to participants not provided by the Association, must receive prior approval. NOTE: No NYSPHSAA student athlete will be allowed to participate in any post schedule contests (regional, state, Federation) without a completed Code of Conduct document.
   d. No raffles (50/50), and other games of chance, will be permitted at any post sectional competition sponsored by the NYSPHSAA. Promotional activities may be permitted with the approval of the NYSPHSAA Executive Director.
   e. If a physician is assigned and/or designated by the New York State Public High School Athletic Association or any of its subdivisions for post-schedule competition, that physician shall have the final decision-making authority concerning the entry/reentry of an athlete to competition at the particular contest; however a participating school may use its own physician for final decision-making if it provides a statement by the chief school officer stating the school agrees to indemnify and hold harmless the NYSPHSAA or any of its subdivisions from any claims or lawsuits brought against the NYSPHSAA or any of its subdivisions based on the decision made or advice given by the school district provided physician.
   f. Each section shall determine and be responsible for the selection, methods of financing, travel, and supervision of its contestants in a state championship contest.
   g. The State Sports Committee Coordinator shall submit complete plans and budget to the State Championship Committee. Financial reports, results, and requests for changes and improvements shall be submitted within 60 days after the event. The State Sports
Coordinators shall be responsible for:

1. Conducting these contests according to the policies adopted by the Executive or Central Committees.

2. The selection of the Contest Director from the membership of the State Sports Committee, who shall submit plans and reports to the Coordinator to be forwarded to the Chairman of the State Championship Committee.

3. Reporting the results of each contest and submitting a financial report to the NYSPHSAA, Inc. Executive Director, prior to the next meeting of the Executive Committee.

h. Duel Seasons: Approved state championship contests are to be held before the end of the season established for that sport. Only those sections conducting the specific sport during the season of, or prior to, the state championship are eligible to send representatives. A Section Athletic Council which votes to conduct a sport in a season other than that specified for the state championship may conduct a qualifying tournament for state championship competition in a subsequent season shall be limited to those individuals who qualified during the selected season of competition and the number of organized practice sessions shall be no more than or less than the number required before a first contest in that sport.

30. TRANSFER: (Foreign Exchange/International # 9)
NOTE: The Transfer Rule will be enforced as written with no variations permitted.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another public school district, for athletic eligibility the student must enroll in the public school district or in a private school within that district’s boundaries of his/her parent’s residency. The Superintendent, or designee, will determine if the student has met district residency requirements.

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district’s boundaries shall receive a waiver from the Transfer Rule. *Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval. NOTE: A student in a foreign exchange program listed by CSIET has one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect. Exemptions to (b): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district’s boundaries of his/her parent’s residency. Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.*
1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.

2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents’ residency.

3. As student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.

4. A student from divorced or separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months.

5. A student who is declared homeless by the superintendent pursuant to Commissioner’s Regulation 100.2.

6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

   NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student.

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.

   NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.
## High School Sports Standards Chart for Interschool Competition

<table>
<thead>
<tr>
<th>Sport</th>
<th>TEAM</th>
<th>IND</th>
<th>TEAM</th>
<th>IND</th>
<th>Practices Prior to First Scrimmage</th>
<th>Number Practices Prior to First Contest</th>
<th>Team and Individual Maximum No. Contests *</th>
<th>Min. Time Between Contests or scrimmages</th>
<th>Individual Contest Limitations Per Day</th>
<th>RULES</th>
<th>Scrimmage Limitations Per Day</th>
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<tr>
<td>Badminton</td>
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(1) 2 nights for scrimmage
* indicates maximum plus section, state championships and games necessary to break divisional or league ties
+ indicates maximum number of contests in which an individual competitor may participate
++ Modified scoring system must be used (see p. 121)

The maximum number of contests is in effect for the 2012-1013 school year.
NYSPHSAA, Inc. SPORTS STANDARDS

JEWELRY RULE - No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. 

NOTE: The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and in practice only for track and field. Hair restraints, to control a competitor's hair, are permitted in track and field and cross country. (Dec. 2010)

UNIFORMS - The use of an American flag or a memorial patch/arm band is approved when it is worn and/or placed in accordance to the sport specific rules. THE NYSPHSAA Executive Director may grant individual schools a waiver of the uniform rule when compliance is related to budget concerns. (Jan. 2011)

GAME BALLS - NFHS authenticating mark is not required on game balls for competition.

THUNDER & LIGHTENING POLICY (EFFECTIVE 10/25/01): Applied to regular season through NYSPHSAA Finals: Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. With your site administrator, set up a plan for shelter prior to the start of any contest. When thunder is heard and/or lightning is seen, the following procedures should be adhered to: Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car). Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems. After thunder and/or lightning have left the area, wait 30 minutes after the last boom is hear or strike is seen before resuming play or competition.

HEAT INDEX AND WIND CHILL POLICY (EFFETIVE SPRING 2010): Applies to regular season through NYSPHSAA finals. Go to www.nysphsaa.org/safety/heatchillprocedures.asp

BADMINTON - A contestant may participate in no more than 3 matches per day. There must be a 15 minute rest between matches 1 and 2, and a 30 minute rest between matches 2 and 3. For other requirements see HS Sport Standards Chart.

BASEBALL - Battery candidates shall have at least thirteen practice sessions. All catchers shall wear a throat guard protector attached to the mask. It is recommended the protector be rubber. A contestant may participate in two regulation games per day with a fifteen-minute rest between games. A pitcher in a maximum of twelve (12) innings in one (1) day but no more than eighteen (18) innings in any six (6) consecutive day period. Delivery of one (1) pitch constitutes having pitched an inning. If he pitches in eight (8) or more innings in a day, he must have two (2) nights of rest before he can pitch again. Any violation of the rule will be considered in the same light as a school using an ineligible player. The game will be forfeited.
NOTE: The baseball Agreement between the National Federation and the Major and Minor Baseball Leagues provides that no professional team may enter into a contract with a student until after graduation or that class has been graduated from high school, or one is no longer eligible for high school competition. Contact NFHS for more details.

State Association Adoptions:
1. Commemorative patches are permitted in accordance with Rule 1-4-4. (Jan. 2006)
2. Umpires may wear navy, light blue or red uniform shirts. (Oct. 2007)
3. TIED AND SUSPENDED GAME RULE: To be used for NYSPHSAA Championship Tournament. May also be used during regular season play with Section approval:
   1) An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings.
   2) If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in the scorebook.
   3) If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point score, inning, count of batter etc., should all be recorded in the scorebook.
   4) If a game is stopped after having gone long enough to become an official game and;
      a) The visitors score a run or runs in the top half of the inning. Then game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. Or,
      b) The visitors score a run or runs in the top half of the inning and the home team does not complete their at bat. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. If we have a tied/suspended game we pick up from that point (Visitors runs in the top half of the inning and home team runs in the bottom half count). This game will be picked up at that point. Score, inning, count of batter etc., should all be recorded in the scorebook.
      c) The home team ties the game in the bottom half of the inning but doesn’t complete the inning. If we cannot play anymore we have a tied/suspended game at point. This game will be picked up at that point. Score, inning, count of batter etc., should all be recorded in the scorebook. Or,
      d) The home team takes the lead in the bottom half of the 5th or 6th inning, and then the game is called. At that point the home team is declared the winner.

Scrimmages: A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include one or more of the following:
1. Play six (6) outs per half inning (example – 3 outs clear the field/3 more outs).
2. Batting order must be altered or modified to include more batters than rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two (2) full innings. Adopted January 2009.
33. BASKETBALL – Boys’ basketball will use a 35 second shot clock.

Waivers/Modifications – Girls Basketball:
1. The game will consist of four (4) quarters of eight (8) minutes each. Intermission will be one (1) minute after the first (1st) and third (3rd) quarter and ten (10) minutes at the half. Extra periods shall be four (4) minutes in length. (Oct. 2003)
2. Modification of foul and penalties, Rule 10, Sections 4, 6 and 8, have been approved. (Oct. 2000)
3. A waiver until 2011 of the requirement of the home team to wear a light colored uniform in girls’ basketball. (Oct. 2008)
4. A waiver of the requirement for officials to request a physician’s note when an athlete wears a “sleeve” on the arms or legs. (Oct. 200*)
5. For the 2012-2014 seasons, a waiver of the NCAA women’s’ rules to allow for the sections that so desire to experiment with sixteen (16) minute halves. This waiver applies only to non-league contests at the varsity level upon mutual agreement of both schools (August 2012-2014)
6. A waiver of the NCAA Rule Book requiring two (2) visible shot clocks, one (1) at each end of the court. If the shot clocks are not functional, the waiver would permit the game to be played with an alternate timing device. (Dec. 2009)
7. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)
8. The NFHS Concussion Rule will be utilized. (Dec. 2010)
9. A waiver of NCAA Rule 1-7 to maintain the 3 point line at a distance of 19’9”. (Oct. 2011)
10. A waiver of the NCAA Rule 1 requiring the use of the restricted area. (Oct. 2011)

Waivers/Modifications – Boys Basketball:
1. With Section approval schools may experiment with two 16 minutes halves in tournament and non-league games during the 2012-2014 seasons. (Oct. 2010-August 2014)
2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.
3. A waiver of the orange ball for the month of February if both teams agree. (Dec, 2010)
4. A waiver of Rule 2-12 to require the officials’ scorer to wear a striped shirt only in NYSPHSAA Semi-finals and Finals.

Scrimmages – Boys and Girls: A basketball scrimmage must include ten (10) minute time periods with running time (except time-outs) and unlimited time outs. The score will be cleared at the end of the time period and the time will be reset. Scrimmages must also include one or more of the following.
1. Optional shot clock
2. Shoot only fouls against the shooter with free throws awarded in a one plus one.
3. At the end of the first (1st) and third (3rd) quarters, each team will run five (5) special plays. Example: out-of-bounds play underneath the basket: sideline out-of-bounds.

34. Bowling – USBC rules will be used for scoring purposes only, with the exception of USBC rule #400 pertaining to amateur status. Any violation of USBC rule #400 will result in a one year suspension from the date of the infraction which mirrors the penalty for Eligibility Standard #2.
GAME: A game consists of 10 frames. MATCH (contests): Consists of a maximum of three (3) games.
Tournament: Consists of a maximum of six (6) games and counts as one (1) contest. The Baker format may be used a maximum of two (2) times per season with a maximum of fifteen (15) Baker format games per tournament. A combination tournament is permitted with the maximum of eight (8) Baker formats games and three (3) individual games. A Combination Tournament counts towards the maximum of two (2) Baker format tournaments. Individual Limitations: A student may not participate in more than one contest per day. Tie Breaking Procedures: In tournament competition only one of the following tie breaking procedures may be used until the tie is broken. 1) regular game; 2) 9th and 10th frame roll; 3) one game Baker format. The tie breaking procedure must be designated prior to the start of the tournament. With Section approval, Section championship tournaments may utilize a combination tournament that will consist of a maximum of three (3) standard team games and a maximum of fifteen (15) Baker style games (Dec. 2009). No practice bowling will be allowed in the tournament house after midnight of the day preceding the State Championship. Violations of this rule will result in individual or team disqualification. The oil pattern will be prepared for the practice round, with the understanding that pattern will be set as consistent as possible throughout the tournament. Other pertinent lane information will be included in the pre-tournament announcement. (August 2009). It is recommended that training should precede the first contest and that all competitions be in uniform. The foul line rule shall never be set aside.

Scrimmages: In a bowling scrimmage any format may be used and substitutions may be made at any time. No official scores may be kept; therefore, scores may not be used in calculating season average or for qualifying for sectional or state tournaments. Scores may not be used toward league or not-league standing.

35. CROSS COUNTRY – Interschool cross country runs shall not exceed 3.1 miles or 5000 meters in length. A maximum of two (2) meets per week (Monday – Sunday) shall be permitted. An individual competitor may participate in a maximum of sixteen (16) contests.

Waivers/Modifications:
1. Waiver of the NYSPHSAA Jewelry Rule to allow the wearing of a wristwatch. (Oct. 2008)

36. FENCING – Interschool competition in fencing shall be conducted under the rules of the United States Fencing Association, provided such rules do not conflict with NYSPHSAA, Inc., requirements. A contest consists of three (3) bouts. Individual competition may not exceed nine (9) bouts in one day.

37. FIELD HOCKEY – Protective eye wear which meets the ASTM Standards shall be worn by all member school field hockey players (May 2007). If undershirts are worn, they must be white in color for the home team and dark in color for the away team (Feb. 2008). Sections may determine which of the approved overtime procedures to follow (May 2006).

State Association Adoptions:
1. Officials may wear a colored or black and white striped shirt. (Jan. 2005)
2. The game clock may continue to run after goals are scored and when one team is ahead by five (5) or more goals. (Jan. 2005)
3. When a player is yellow carded during overtime, the offended team will play shorthanded.
4. A waiver of rule 1-5-1, player uniforms, for the 2015-2017 seasons. (May 2014)
5. Field Hockey overtime procedures will be a ten (10) second one-on-one from Sectional play and beyond. Penalty strokes have been eliminated. With Sectional approval the procedure may be used during the regular season.

Scrimmages: A field hockey scrimmage must start with a sideline or sixteen (16) year hit and includes one or more of the following:

1. A running clock and/or modified periods
2. Incorporate all or part of the Overtime Procedure into the scrimmage
3. Each team will take five (5) offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25 yard line.

38. FOOTBALL: A contestant (or team) may participate in no more than nine (9) interschool football contests, inclusive of sectional championships. The ninth (9th) game is permitted, with section approval, for teams who do not qualify for sectional play. For the teams involved in the sectional tournament, the maximum number of contests shall be ten (10). For those sections involved in the state championship three additional games are permitted for a total of thirteen (13) games for the season: (1) game for regionals, (1) game for semifinals, and (1) game for championships. Interschool contacts (both scrimmages and contests) in football shall be permitted only in those schools which have an adequate number of students on the squad who are physically fit, eligible and prepared for each game as follows: Eleven (11) man football – sixteen (16) or more; eight (8) or nine (9) man football – fourteen (14) or more; six (6) man football – twelve (12) or more. All football games of the NYSPHSAA, Inc., shall be played following National Federation Football rules. The first two (2) days of practice must be noncontact, without the use of protective equipment and mechanical blocking devices. The use of cones, ropes, ladders, step-over dummies, soft hand shields and similar devices as teaching aids is permissible. Helmets may be worn. The next three (3) days provide a transition from the conditioning phase to full contact. During this phase, players are permitted to wear helmet and shoulder pads. Blocking dummies, sleds and similar devices are permitted. During this phase, player to player tackling drills, team scrimmaging, running full contact plays, etc., are not permitted. The following six (6) days consist of contact practice with full protective equipment and the use of all training devises. Full player to player contact and team scrimmaging is permitted. Four (4) additional practices must be completed by the individual and team prior to the first contest. Interscholastic scrimmages may commence after eleven (11) practices have been completed by the individual player and team. Interscholastic contests may commence after fifteen (15) practices have been completed by the individual player and team. (May 2010)

NOTE: For any violation of this rule, the head coach will be suspended from the next regularly scheduled contest. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. Not being present at the site means the disqualified coach is not present in the locker room, on the sidelines, in the stands or site area before, during or after the game. The minimum time between interschool football scrimmages shall be two (2) days. It is recommended that a physician be present at all football games. If the services of a physician cannot be obtained, coverage should be provided by persons qualified to give emergency care (e.g. physician assistants, emergency squads, athletic trainers).

Waivers/Modifications:

1. A waiver to rule 1-5-1b, 6 and 7 for home and visiting jerseys for the 2012-2014 seasons. (Jan 2012)

Scrimmages: Football scrimmages shall be governed by the following: (a) no official score is kept,
(b) no definite time is set or kept, (c) coaches are permitted on the field to provide instruction and make corrections, (d) different configurations governing possession time and down and distance situations (than those normally used in a game) may be used to govern play, (e) unlimited time-outs and stoppages of play are permitted and encouraged for the purpose of both providing instruction and adequate rest periods, (f) the use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules, (g) no kickoffs are permitted, (h) punts and extra point kick attempts may involve live play until the ball is kicked. Punts may not be advanced and all fumbled punts and muff will be blown dead immediately, (i) the total number of plays should be recorded to prevent an individual player from being involved in more than a maximum of 90 live contact plays during the entire scrimmage, (j) no admission may be charges, (k) the participation of student support groups such as cheerleaders, bands, kick lines, etc., are prohibited.

39. GOLF – Practice sessions should precede the first match. It is recommended that practice and matches be carefully supervised by the school coach.  
Waivers/Modification – Girls Golf:  
1. Allow competitors to use non-motorized push or pull carts during league, sectional or NYSPHSAA Championship competition. (Jan. 2012)  
2. The use of distance measuring devices as stated by the USGA Rules for all NYSPHSAA regular season, Sectional and State Championship events.

For NYSPHSAA Championship play:
1. The use of distance measuring devices in Boys Golf is approved as stated by the USGA rules for all NYSPHSAA regular season, sectional, and State Championship events. The use of cell phones is prohibited.
2. Rulings may only be pointed out by the competitors and markers. Spectators are not permitted to make rulings.
3. Practice Rounds: Only competitors may play in the student-athlete’s practice rounds. Coaches are limited to being on the course in a supervisory and coaching capacity.

Scrimmages: A golf scrimmage must include one or more of the following:  
1. Use different tees  
2. Play multiple shots and multiple putts  
3. Play two (2) or tress (3) balls  
4. Alter playing format: match play, Ryder Cup, or best ball format

40. GYMNASATICS – Metal hair fasteners are permissible. For all competition the Technical Handbook for Girls’ Gymnastics, 4th edition will be used (approved August 2009). Handspring and twisting vaults are only permitted if a facility does not have the appropriate runway length and no Salto type vaults will be allowed.

41. ICE HOCKEY – All games shall be played according to the rules of the NFHS Hockey Rulebook with all approved changes and interpretations as established by the NYSPHSAA, Inc., Ice Hockey Committee. Ice Hockey games shall consist of three (3) fifteen (15) minute periods. The minimum number of ice hockey players for competition as well as interschool practice shall be nine (9) players and one (1) goaltender. All players shall wear helmet including ear piece, full face mask and throat protectors and all goalkeepers must wear a throat guard or neck protector. All players must wear helmets while on the bench or in the penalty box. During regular season each game begins on a clean sheet of ice and at a minimum the ice is cleared after the second (2nd) period. If
Ice is not cleaned after each period there will at least a three (3) minute rest period or intermission between periods one (1) and two (2).

Waivers/Modifications: A waiver of the NFHS rule in Ice Hockey to allow a maximum of two disqualification penalties per contest for a coach or player. (May 2011).

Scrimmages: An ice hockey scrimmage shall be divided into two (2) halves with the time to be determined by coaches. The time clock and penalty clocks may be used for time keeping only but no score may be kept. During the scrimmage one or more of the following must be included.

1. Each team must play short-handed in predefined situations.
2. Use of half (1/2) ice situations.

42. LACROSSE – All games shall be played according to the rules of the NFHS Lacrosse Guide (boys) or U.S. Lacrosse Standards (girls) will all approved changes and interpretations as established by the NYSPHSAA, Inc., Lacrosse Committees. In girls’ lacrosse field players are required to wear lacrosse goggles which meet ASTM standards.

Waivers/Modifications:

Boys Lacrosse:
1. Boys JV Lacrosse will play twelve (12) minute quarters. (May 2007)
2. A waiver to NFHS rule 2-5-2, to permit officials to wear black shorts.

Girls Lacrosse:
2. Goalkeeper Substitutions: After reporting to the score table, a goaliekeeper is permitted to move down the sideline to await the current goaliekeeper to exit the field. She then may enter the field of play. (Oct. 2005)
3. Suspend Game: In Sectional, Regional and State Semi-finals and Finals the game will be resumed from the point of interruption on the next available date. Teams that have possession at the point of interruption will retain possession in a draw alignment with the opposing center four (4) meters away. IF there is not team possession, it will be a draw. (May 2010)

Scrimmages: A lacrosse scrimmage must have modified time periods and include one or more of the following:
1. Alternate possessions
2. Start the scrimmage with either a Draw (girls) or a Face-off (boys)
3. Include the following game situations:
   a. Face-off/Draws – Boys/Girls
   b. Clears and Rides – Boys/Girls
   c. Extra Man and Man-Down – Boys/Girls
   d. Fast Breaks – Boys/Girls

43. OURDOOR TRACK AND FIELD – A contestant shall be permitted in any one meet to compete in any four (4) events. There must be one night of rest between contests and not more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only. NOTE: Failure of the home school to meet its obligation of providing legal equipment for an event shall result in all points for the event being forfeited to the offended team.
Scrimmages: A track and field scrimmage must conform to the following:
1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

44. RIFLERY – Interschool competition in riflery shall be conducted according to the rules of the National Rifle Association. For competition between teams in both small bore and air rifle, four (4) contestants may fire with all four (4) scores to count for the team score. One or more of these three (3) positions are to be used: prone, offhand, or kneeling as determined by the Section. Only .22 caliber rifles with iron sights and .22 caliber rim fire ammunition are to be used. Air rifle events are approved. The home team is to furnish official N.R.A. targets for both teams. All safety precautions must be observed at all times. Rifles shall be cased when transported. Competitors shall wear hearing protective devices. The use of eye protection is recommended. For other requirements see p. 110. Coaching will be permitted for air rifle during Regional competition. (Oct. 2006)

45. SKIING – Each contestant shall wear a protective hard shell helmet during practice and competition for all alpine skiing practices and races, giant slalom and slalom. A contestant may participate in no more than two (2) events in any one day of competition, provided that the last event of the day is cross country and that no more than one cross country event is raced per day. It is recommended that all meets be conducted under the rules of the U. S. Eastern Amateur Ski Association, the National Ski Association of America, and the Federation International de ski (F.I.S.). Waivers/Modifications: The minimum ski lengths for slalom and giant slalom. (May 2005) 
Scrimmages: A skiing scrimmage will consist of one (1) or more runs of slalom, giant slalom and/or Nordic. Electronic timing and officials may be used for instructional purposes only.

46. SOCCER –
1. Waivers/Modifications:
   Waiver to rule 4-1-1i1; goal keeper jersey for the 2012-2014 seasons and a waiver to rule 4-1-1b; home white jerseys for the 2013-2015 seasons. (Jan. 2012)
Boys Overtime Procedure: Regular season games should consist of two (2) 40-minute halves with two (2) 10-minute sudden victory overtimes, if needed, to break the tie. Beginning with Section play and continuing on through the State Tournament, overtimes would consist of two (2) 15-minute sudden victory periods and, if still tied, penalty kicks. The only exception to this would be in the State Championship game where co-champions would be declared after the two (2) sudden victory overtime periods. (May 2008)
Girls Overtime Procedure: Regular season games should consist of two (2) 40-minute halves followed by two (2) mandatory ten-minute fully played overtimes. In Sectional and State Tournament play, the overtimes would be two (2) 10-minute periods of full play followed by two (2) five-minute sudden victory overtime periods, if needed. Co-champions would be declared in the State Championship game if the tie was not broken after two (2) 5-minute sudden victory overtimes. (May 2008)
State Association Adoptions: (May 2008)
Length of Period: The game will be played in two (2) equal halves of 40-minutes each.
Shorten Periods: By mutual agreement or in any emergency, by agreement of coaches or ordered by the head referee, provided it is determined to shorten the periods before the game or before the second half begins and all remaining periods are the same length.
**Suspended Game:** If less than one-half of the game has been completed, the game will be restarted from the point of interruption.

**Time on Field:** Time may be kept on the field by the head referee.

**Score of Field:** The official score may be kept by the head referee.

**Reserve Official:** The reserve official may assume the duties of the scorer.

**Yellow Card Accumulation Policy:** It is the intention of the NYSPHSAA Sportsmanship Committee to address the issue of the accumulation of Yellow Cards during the soccer season by and individual player or coach. The situation surrounding Red Cards are dealt with directly under the NYSPHSAA Guidelines for Sportsmanship and Misconducts outlined in the State Handbook for all sports. The consequences for the accumulation of excessive Yellow Cards will be as follows:

1. Five Yellow Cards accumulated by a single player or coach in the regular season will result in a one game suspension. Disqualifications due to an accumulation of five (5) Yellow Cards occurring in the last game of the season will carry over into the next season of participation, if the team does not enter post season play.

2. The continued accumulation of Yellow Cards by the same individual or coach will result in a one game suspension per additional Yellow Card.

3. In the event that the player or coach receives two Yellow Cards in the same game, resulting in a Red Card, the two (2) Yellow Cards will no count towards the season total, since the player or coach will receive a one game suspension as a result of the misconduct and ejection.

4. The accumulation card total is for regular season play only and the process will start over again for post season play. However, any penalties awarded as a result of the last regular season game will carry over into the post season.

5. The post season policy will provide a one game suspension after three (3) Yellow Cards and a one game suspension for each additional card received through the State Final. A one game suspension resulting from a yellow card in a team's last post season game will carry over into the next season of participation.

6. The coaches of both schools are to report all Yellow Cards to their League and Section by means of mail, email or fax for tabulation. The officials should report to their boards concerning games in which cards are given and the reasons for issuance of the card. Board policy will determine the method of notification to the League and Section. A final end of the year report including data on disqualifications shall be sent to the NYSPHSAA Sportsmanship Coordinator.

7. Refusing to report, or failing to report infractions and allowing players to continue play under these circumstances will result in the forfeiture of all games in which the individual in question participated.

**Scrimmages:** A soccer scrimmage may not exceed a total of 100 minutes and unlimited substitutions are permitted. The length of time for the periods of play is to be determined by the coaches, not to exceed 40-minutes in any one period: halves, three-quarters or quarters. Scoreboards may be used for timekeeping only. The clock will begin with the goal keeper in possession of the ball. When a goal is scored, play will be restarted with goalie possession. The goalie can restart play with a goal kick, goalie throw or goalies punt.

**47. SOFTBALL** – A contestant may participate in two (2) regulation games per day with at least a 15-minute rest between games. By Section adoption five (5) inning double headers may be played. Varsity softball teams can play three (3) contests in one day only for invitational tournaments during the regular season. Tie breaker rule in effect at top of the tenth (10th) inning. An unannounced substitution during a contest will not be penalized.
Waivers/Modifications:
1. The pitching distance will be 43 feet for the varsity, JV and freshman levels. (Dec. 2010)
2. Metal cleats are prohibited on all levels of play. (Dec. 2010)
3. Waiver to ASA rule 3-1D to keep that bat grip at 10” to 15”.

Scrimmages: A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include one or more of the following:
- Play six (6) outs per half inning (example – 3 outs clear the field/3 more outs).
- Batting order must be altered or modified to include more batters than rules permit.
- Start with a runner(s) on base with a predetermined situation for at least two (2) full innings.

48. SWIMMING – Shaving (wet or dry) is prohibited at all swimming competitions and practice sites. Violation will result in disqualification. Sections may permit schools to compete in quad/dual meets. The minimum diving depth requirements are as follows: Pools built before January 1987 meet the NFHS minimum depth requirement (currently 10 feet) and pools built after January 1987 meet the NYS Department of Health’s minimum requirement (currently 11 feet).

Waivers/Modifications:
1. Sections may reduce the number of dives for junior varsity and freshmen meets. (Aug. 2002)
2. The NFHS Metric Conversion Chart will be used when applicable. (Jan. 2012)
3. Approved to use the track style blocks in practice but not in competition in both boys and girls swimming for 2013-2014 season.

Scrimmages: In swimming scrimmage no official times or scores will be kept. Times may not be used to meet the qualifying standard. More than on heat per event is permitted.

49. TENNIS – A player may compete in either a singles or doubles competition on the same day. Only two (2) matches are allowed per day and both matches must use a modified scoring system that conforms to one of the following formats: best 2 of 3 sets, using no-add scoring, with a 12-point tie breaker at 6-all; or, ten-game pro-set, using regular scoring with a 12-point tie breaker at 9-all (May 2011). In tournament play, the maximum number of matches shall be three in one day. Participation in a two-day invitational tennis tournament shall count as one of the 20 contests permitted and only three (3) such tournaments shall be allowed within the 20 meet limitation. In league and sectional competition, sections would have the option to increase the number of matches to four (4) in one day using modified scoring with rest periods being 30-minutes for the quarter final and below, 45-minutes for the semi-finals and 60-minutes for the finals. (May 2010)

The Commitment to Compete form must be completed to be eligible to compete in the NYSPHSAA tournament (Boys-May 2003; Girls-May 2006). Failure to honor your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament and ineligibility from next year’s NYSPHSAA State Tennis Tournament. This incident will also be reported to the student’s school administration (May 2011). At the NYSPHSAA Championship coaching on the court is permitted, however cheering remains prohibited (Jan. 2009).
**Scrimmages:** A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play. Suggested formats include but are not limited to:

- Teams use tie breaks only
- Five (5) game pro-set – first (1st) one to three (3) points
- Modified eight (8) game pro-set – first (1st) players to three (3) points completes the scrimmage
- Teams compete using an eight (8) game pro-set rather than two (2) out of three (3) sets with tie breakers at six-six (6-6).

**50. VOLLEYBALL:** A contestant (or team) may participate in a maximum of two (2) matches in a day. Each day of a tournament shall count as one (1) contest. The total number of tournament games played in one day shall not exceed fifteen (15) games. An additional 15-point game is permitted only to break ties in pool play to advance to finals as per tie-breaking procedures. In tournament play, volleyball teams shall have at least ten-minutes of rest between matches. All games will be played according to NCAA Rules with all games played to 25-points. Teams will be permitted eighteen (18) substitutions and will switch at 13-points in the deciding game.

**Waivers/Modifications:**

**A. Girls and Boys Volleyball**

1. Two score keepers are permitted with a home score book as the official score book. (Feb. 2008)
2. With Section approval, the use of lines of people during league play may be waived. (May 2007)
3. Teams can warm-up behind or adjacent to the court during the warm-up period. (May 2005)
4. If uniform specifications are not compliant, these procedures will be followed:
   a. Notify the coach of the team at fault of the violation. The team will attempt to legalize the uniform of the team member(s) in question.
   b. If the uniform fault cannot be legalized, meet with the opposing coach to determine whether a protest will be filed.
   c. If no protest is filed at this time, no future protest will be accepted on this issue.
   d. If no protest is filed, follow protest procedure and play the match.
   e. The libero uniform is exempt from this modification.
5. The time length of all time outs is 60 seconds (August 2009)
6. **Jewelry Rule:** A waiver of NCAA Rule 7.2.3 to permit, if a substitution request is acknowledged (whistled), and the player is wearing an illegal uniform or jewelry or has illegal equipment, the substitution is denied and a delay sanction assessed. If warm-up activities or play must be interrupted because player wearing an illegal uniform, jewelry or equipment, that team is assessed a delay sanction. The jewelry must be removed before the player can participate further. If, during the warm-up period, a player responds promptly to a referee's request to remove jewelry or illegal equipment, a delay sanction is not assessed. (May 2010)
7. Officials may issue a yellow card to a coach for unsportsmanship like behavior. (August 2012)
8. **Waiver of rule 1.5.4 – referee stand in Boys and Girls Volleyball.**

**Scrimmages:** A volleyball scrimmage must include one or more of the following:

1. Each server shall serve 3-5 consecutive serves regardless if the point was scored before the other team would get the ball. (rotate)
2. Games would start at point 4 all and end at point 25 or a game could be timed with no point cap.
B. Boys Volleyball
   1. The use of NCAA Volleyball Rules with the same modifications used in girls’ volleyball beginning in the fall of 2009 (Jan. 2009)
   2. A player may touch the opponent’s court with hand(s) or feet, provided some part of the hand(s), foot/feet remain either in contact with or directly above the centerline, and the penetration does not interfere with the opponents play.
   3. For boys’ competition, the height of the net from the center of the court is 7’ 11 5/8”. (August 2011)

51. WINTER TRACK – A contestant (girl or boy) shall be limited to participation in three (3) events. There must be one night of rest between contests and no more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only.

Scrimmages: A track and field scrimmage must conform to the following:
   1. No scoring – no official results or place finishers recorded.
   2. No performance may be used to meet the qualifying standard or be considered a record.
   3. Competitors and events must adhere to the limitations of the NFHS.

52. WRESTLING – Multiple Dual Meet Events: Each individual competing in these events is charged one (1) point for each dual meet. Triangular Meet: Three (3) teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. Double-Dual Meet: Three (3) (or more) teams compete, with each team wrestling a dual meet against two (2) of the other teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. Quadrangular Meet: Four (4) teams compete, with each team wrestling a dual meet against each of the other three (3) teams at the same site. Each individual is charged one (1) point for each match wrestled counting toward their dual meet schedule. Dual Meet Tournaments – Bracket Tournament: Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement. Pool Tournament: Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement. Round-Robin Tournament: Each team wrestles a dual meet against every other team in the tournament. Team placements may be determined by win/loss record, or by total points accumulated in all meets. Each individual competing in these events will be charged two (2) points towards their twenty (20) point limitation and one tournament of the allowable six maximum tournaments as per the NYSPHSAA Handbook. Any school wishing to conduct a dual meet tournament with a unique format shall apply to NYSPHSAA for consideration. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two (2) meets in one day, with a limitation of two (2) per season.
   a. A contestant may participate in competitions not to exceed twenty (20) points during the regular season. A dual meet will be assessed one (1) point, while tournaments will be assessed two (2) points. Participation as a contestant or in any exhibition match in any meet shall count as a contest and only six (6) tournaments shall be permitted within the twenty (20) point limitation. If a wrestler exceeds the six (6) permitted tournaments allowed within the twenty (20) point limitation, said wrestler shall be ineligible for the remainder of the season. Of the six (6) permitted tournaments, a maximum of two (2) two-day dual meet tournaments will be allowed during the season. A contestant may compete in a maximum of five (5) bouts in one day in tournament competition only. A wrestler must compete (exhibition, forfeit, varsity/JV match) and be charged a
competition point, towards the twenty (20) point maximum, in order to count toward the minimum required contests under the Representation Standard (six (6) contests).

b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. A contestant shall be prohibited from wrestling within a weight classified Program. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. For other requirements see p. 110.

c. A contestant may compete in a maximum five (5) bouts in one day in tournament competition only.

d. A wrestler may compete two (2) times in a regular two-team dual meet in the following situations:
   1. A wrestler from Team A accepts a forfeit from Team B.
      a. The Team A wrestler may wrestle an exhibition match with a Team B member.
      b. Points Team A: One (1) for the forfeit and One (1) for the exhibition match.
      c. Points Team B: One (1) for the exhibition match
   2. Wrestling vs. the extra wrestlers weighed in.
      a. A wrestler from Team A wrestles a match vs. Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.
      b. Points Team A: One (1) for the first match and one (1) for the exhibition match.
      c. Points Team B: One (1) for the exhibition match.
   3. Team A and B may match a wrestler in two exhibitions.
      a. Points Team A: Two (2) for the exhibitions.
      b. Points Team B: Two (2) for the exhibitions.

The following must be followed in each of the above situations:
   1. There must be a 45 minute rest between matches.
   2. The wrestlers may only wrestle one weight class higher than their weighed in weight class.
   3. Each match/forfeit counts one (1) point toward the individual’s twenty (20) point limit.

(May 2008)

Additional information:
   a. All wrestlers with braces on their teeth are required to wear a mouth guard to cover all appliances. (Oct. 2006)
   b. NFHS 1.5% Weight Loss Rule is waived. (May 2007)
   c. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
   d. A Parents’ Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director.
Waivers/Modifications:
1. A waiver to rule 4-1-5 to allow tape on the chin straps and straps on the top of the head gear. (Jan. 2012)
2. A waiver of the uniform rule during the month of February to permit pink ribbon(s) on the uniform in recognition of Breast Cancer Awareness initiatives. (Jan. 2012)

Scrimmages: A wrestling scrimmage must include one or more of the following:
1. Must wrestle in predefined situations such as pinning, takedowns, turns, etc.
2. Must wrestle in neutral position. If a takedown occurs would go back to the neutral position.
3. Must wrestle in the referee’s position using both styles. If a pin occurs, restart in the referee’s position.

NYSPHSAA, INC.

WRESTLING WEIGHT CONTROL PLAN

On the recommendation of the State Wrestling Committee and with the approval of the State Executive Committee the following weight classes are in effect: 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285 for dual meets and tournaments. (August 2011)

1. The NYSPHSAA Wrestling Minimum Weight Certification Program is to be followed by all high schools sponsoring wrestling. Based on 7% body fat for males/14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within 14 days, exclusive of Sundays and school closing for holidays or emergencies, from the first day of the season. Wrestlers will be certified at a minimum weight (May 2010 and May 2012). A wrestler cannot begin practice until the waiver is approved. The approved date of the waiver starts the 14-day clock for certification (Aug. 2011).

Centralized Assessment Sites will be mandated for the minimum weight assessment of all wrestlers. Only the refractometer will be used to test hydration.

2. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. See NFHS Rule 4-4-4.

3. A profile form from a NYSPHSAA Approved Assessor must be filled in the home school prior to competition. Sectional wrestling forms must be received by the Section Wrestling Chairman before competition.

4. Dual meets schedules on a school day shall use the honor weigh-in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh-in before the meet. Honor Weight-Ins for a school day, dual meet wrestling matches are allowed; Honor Weight-Ins for non-school day, dual meet wrestling matches are not allowed and if one team has school and the opponent does not have school on the day of a dual meet, Honor Weight-Ins are allowed. Each wrestler shall make the scratch weight at the weigh-in to be conducted prior to the school's first scheduled academic instruction period on the day of the match and may be permitted an allowance of 3 pounds at the mat side weigh-in. One not making the scratch weight at the early weigh-in will not be permitted the 3 pounds allowable and must make scratch weight at the mat side in order to compete. In the event that a competition is postponed or cancelled, the honor weigh-in is not an official weigh-in, and therefore does not count towards the 50% rule.
5. Restrictions for Competition: A minimum weight is required for selectively classified athletes. Students in grades 9-12 do not have to make minimum weight (Aug, 2011). The minimum required weight for all weights as listed MUST be met and RECORDED at both the honor weigh-in and the mat side weigh-in.
   a. To compete at the 99 lb. class a wrestler MUST weigh in excess of 91 lbs. to be eligible.
   b. To compete at the 106 lb. class a wrestler MUST weigh in excess of 96 lbs. to be eligible
   c. To compete at the 220 lb. class a wrestler MUST weigh in excess of 185 lbs. to be eligible.
   d. To compete at the 285 lb. class a wrestler MUST weigh in excess of 210 lbs. to be eligible.

6. The minimum required weight for the 99 lb., 106 lb., 220 lb., and 285 lb., weight class MUST be met and RECORDED at both the honor weigh-in and the mat side weigh-in.

7. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season.

8. There shall be an allowance of one (1) pound granted each day over the weight limit of the previous day in tournament competition. There is a one (1) pound allowance for all involved teams the second day of a dual meet or tournament competition conducted on consecutive days. The maximum allowance for consecutive dual meets or the first day of a tournament following a dual meet is two (2) pounds. **NOTE:** A minimum of 48 hours notification to your opponent is required in order to be granted this one-pound allowance. This rule is voided at post-season wrestling tournaments, namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition. NYSPHSAA will grant a two (2) pound growth allowance for each weight class on December 25. This two (2) pound growth allowance does not apply to the minimum weight requirements for the weights of 99 lbs., 106 lbs., 220 lbs., and 285 lbs.

9. Weigh-in for the second day of a tournament must be on the morning of the second day, with a 1 lb. allowance.

10. Effective in 2006-2007 and after, 50% of the weigh-ins during the season must be at the minimum weight he/she will wrestle during the state tournament series.
    a. An official weigh-in counts towards this 50% rule whether an athlete competes or not, as long as he/she is eligible to compete and has made weight at both the honor weigh-in (a.m.) and the mat side weigh-in (p.m.)

11. Section sponsored tournaments are not considered part of the regular season; therefore, do not count toward the 50% rule, 20 point, rule or the Representation Standard.
CODE OF ETHICS

IT IS THE DUTY OF ALL CONCERNED WITH
HIGH SCHOOL ATHLETICS:

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.

2. To eliminate all possibilities which tend to destroy the best values of the game.

3. To stress the values derived from playing the game fairly.

4. To show cordial courtesy to visiting teams and officials.

5. To establish a happy relationship between visitors and hosts.

6. To respect the integrity and judgment of the sports officials.

7. To achieve a thorough understanding and acceptance of the rules of the game and standards of eligibility.

8. To encourage leadership, use of incentive, and good judgment by the players on the team.

9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.

10. To remember that an athletic contest is only a game... not a matter of life or death for player, coach, school, official, fan, community, state or nation.
MODIFIED PROGRAM

Grades 7, 8, 9

NYSPHSAA, INC., COMMITTEE
FOR MODIFIED ATHLETICS GRADES 7, 8, 9

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Yonkers Public Schools
914-376-8292

Judith Salerno, State Coordinator
Hofstra University
516-463-5810

Mira Martincich, Secretary

Section Representatives

1. Rich Silverstein, Solomon Schechter School, Hartsdale 10530
   Beth Starpoli, Fox Lane HS 10506

2. James Schlegel, CBA, Albany 12205
   Michael Kardash, Stillwater HS 12170

3. Chris Doroshenko, Morrisville Eaton 13408
   Barb Felice, Holland Patent HS 13354

4. Carl Koenig, Oxford 13830
   Sue Franco, Oxford 13830

5. Tom DeYoung, Newark 14513
   Ann Hosmer, Canisteo-Greenwood CSD, Canisteo 14825

6. Adam Stoltman, Alden CS, Akron 14004
   Katie McGowan, Wilson CS 14172

7. Matt Winslow, Newcomb CSD 12852
   Victoria McMillan, Morrisville 12962

8. Johnathon Bloom, Freeport PS, Freeport 11520
   Denise Romanello, Roslyn MS, Roslyn Heights 115477

   Michele Henn, Washingtonville, 10992

10. Gary Tischler, Madrid-Waddington CS 13660
    Lori Brewer, Russell 13684

11. Dan Robinson, Brentwood USFD 11717
    Georgia McCarthy, Huntington UFSD 11743
Boy's Modified Athletics
Sports Coordinators

**Baseball:** Steve Nolan, Warrensburg CSD 12885  
**Basketball:** Bob Hummel, Queensbury HS 12804  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 12811  
**Football:** Steve Nolan, Warrensburg CSD 12885  
**Ice Hockey:** Dean Berardo, Brewster HS 10509  
**Lacrosse:** Gordie Pollard, Vestal HS 13850  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Tennis:** TBA  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich  
**Wrestling:** John Richard, Holland Patent CS 13354

Girl's Modified Athletics
Sports Coordinators

**Basketball:** Jim Miller, Cato-Meridian HS, Cato 13033  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 13811  
**Field Hockey:** Barbara Felice, Holland Patent CS 13354  
**Gymnastics:** TBA  
**Lacrosse:** Beth Staropoli, Fox Lane HS, Bedford 10506  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Softball:** Micki Bedlington, Yonkers 10701  
**Swimming:** Tom DeYoung, Newark 14513  
**Tennis:** TBA  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich

**Staff Liaison:** Todd Nelson, Assistant Director
THE MODIFIED INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic competition in sports for pupils below the tenth grade level has been modified by the NYSPHSAA, Inc., and adapted to students in grades 7-8-9. School administrators need to realize that the NYSPHSAA, Inc., Modified Sports Program has been approved by its member schools and is based on twenty years of experimentation and implementation with SAFETY as the major concern.

MEDICAL APPROVAL

The Medical Society of the State of New York and the American Medical Association has officially approved the NYSPHSAA, Inc., Modified Program as a sound, safe program. It is most important that all school administrators, directors, and coaches note this approval. The safety of the pupil has been the dominant factor in the establishment of the policies, rules, game conditions, and modified rules under which participants in this program compete.

INDIVIDUAL SCHOOLS, ATHLETIC LEAGUES, AND SECTIONAL ATHLETIC COUNCILS have definite responsibilities to assure proper administration of the program:

THE SCHOOL

1. Abides by the rules by providing proper administration of the program.
2. Informs all essential personnel of program rules, regulations, and program philosophy.
3. Participates actively in the organized group of schools to properly administer the interscholastic athletic competition within the rules of the Modified Program.
4. Becomes involved in sectionally sponsored modified sports administrative committee or council, participating in rules and games clarification programs and clinics.

THE LEAGUE

1. Abides by the rules by providing proper league administration of the modified program through chairmen and committee members.
2. Gives consideration to more restrictive program policies if desired.
3. Expects league sports chairmen to participate actively on sectional sports committees.
4. Provides official, active representation on sectional council.

THE SECTION-COUNCIL FOR MODIFIED ATHLETICS

1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section's Council for Modified Athletics.
   a) Shall establish the dates for the opening of all sports seasons.
      Fall – With Section/League approval the modified program Fall season starting date will be the 4th Monday of August.
Winter – November 1st is the earliest possible date for the winter sports season. Later dates may be set.

Spring – March 1st is the earliest possible date for the spring sports season. Later dates may be set.

Four sports seasons may be set by sectional action and approval. The establishment of fall starting date may not be changed without approval of both the NYSPPHSAA Modified Committee and the NYSPPHSAA Executive Committee. Earlier winter and spring starting dates may be established by sectional action. These dates must be reported to the Modified Committee.

b) Conducts all organized team practice and competition during one season.

c) Cooperates with officials’ organizations – to provide officials with the essential information relating to the modified program and to secure competent officiating for the Modified Sports Program.

d) Administers all policies essential for proper functioning of the modified program of sports.
   -- No sectional championships or tournaments shall be conducted.
   -- Clarifies sectional participation in innovative programs to assist in experimentation to meet obvious needs for program improvement.

2. Participates actively in the functioning of the NYSPPHSAA, Inc., State Committees on Modified Athletics by:

   a) Having official, active representation on the State Committee
   b) The officially selected sectional sports chairmen shall provide the leadership for the sports conducted in the schools of the section and cooperate with the State Sports Chairmen in their continuing efforts to improve the sports programs and the safety of the participants.

3. Establishes a relationship with the Sectional H.S. Athletic Council and Central Committee members to clarify section’s final approval of policies, programs, and with representatives involved in the Modified Sports Program of the schools of the section.

   a) More restrictive policies may be adopted for sectionally approved programs if desired.
   b) Recommendations for additional programs that may be desirable to meet particular needs in the section may be inaugurated.
   c) Participation in innovative programs may be clarified and approved.
   d) With sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.
   e) Essential communications should be established so that all school are informed as to programs, policies, and administrative procedures necessary for the proper functioning of the Modified Sports Program.
   f) Definite understanding needs to exist between the Section Council for Modified Athletics and the Senior H.S. Sectional Athletic Council relative to the responsibilities and authority of each.

The elected Central Committee members are the section’s official representatives to the NYSPPHSAA, Inc., governing bodies – the Central and Executive Committees. The Modified Sports Program for Grades 7-8-9 is their responsibility and complete understanding of the actions and activities of the Modified Athletics Council needs to exist.
INNOVATIVE PROGRAMS

The establishment of essentially sound, safe, and modified sports programs to meet the needs of varying sized schools has always been a challenge for the State Committee. When new programs have been presented to meet specific needs the committee has requested sections to experiment with the new program to determine its value before recommending the program for official approval and referenda. Equitable competition is the constant aim.

Innovative programs may be participated in only after being officially requested by Sectional Representatives on the Committee and the approval of the State Committee. This procedure has been of real value in presenting practical programs for referenda.

GIRLS may participate on boys’ teams according to Eligibility Standard #15, p. 80, 99.

LIFETIME SPORTS competition is a part of the athletic program in some schools involving grades 7-8-9. The Committee coordinators welcome suggestions from any schools involved in these sports and who feel standards need to be established. There definitely needs to be a very close correlation of intramurals, extramurals, and interscholastic activities to provide a board program for all interested students of all levels of ability.

If a student or school participates in the Modified Program on an interschool level in the lifetime sports, then all General Eligibility Rules must be observed, p. 133-137.

PROGRAM CONTROLS

SPECTATORS: Parents and interested students are usually the great majority of spectators at Modified Program games. Spectator buses to away games are most questionable and never should be permitted without the approval of the host school. When spectators visit another school, adequate and appropriate staff members should be available to supervise their spectators.

SCHOOL BANDS: Bands at Modified Program games are not desirable, since they tend to develop an overemphasized atmosphere for the competitors.

COACHES: The most important factor in the program is the coach. One must adapt coaching to the age level and the abilities of the junior high school youngsters and must teach the basic fundamentals of the games and avoid the intricacies of more advanced programs. Real patience and knowledge of the youngsters at this particular age level is necessary. An understanding of all program policies and game rules and conditions is essential. Relations with opposing coaches should be one of cooperativeness and good sportsmanship, yet teaching and coaching the team to be the best of one’s ability, realizing that the chief obligations are to the pupils and their proper sports education.

SCOUTING: There is no need for scouting of opponents’ games at this level of completion.
GENERAL ELIGIBILITY RULES FOR THE MODIFIED PROGRAM

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

1. **AGE:** Upon entry into the 7th grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. NOTE: Schools, leagues and sections may organize Modified Program competition by age, grade, geography and/or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (i.e. age, grade, performance).

2. **BONA FIDE STUDENTS:** A contestant must be a bona fide student of grades 7, 8, 9 of the school represented. NOTE: If it becomes necessary to combine member schools to maintain a team or sport, a written request must be submitted and approval obtained from the league and section involved. Schools which have combined must submit a report to the Modified Committee and this will be submitted to the Executive Committee.

3. **CHAMPIONSHIPS-TOURNAMENTS:** Tournament competition is not permitted in the Modified Program. No sectional team of individual championships are to be conducted, nor are there to be championship playoffs on a team or individual basis.

4. **DURATION OF COMPETITION:** High School Eligibility Standard #8 becomes effective on the date of entry in ninth grade.

5. **EMERGENCY PROCEDURES:** It is recommended that all schools develop emergency procedures to be followed by coaches.

6. **EXTENDED PLAYING TIME:** Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:
   a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.
   b) Players whose participation in the regular contest is limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.
   c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute “participation” in the regular contest.

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply.

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart); however no player may play more than three (3) quarters (*see exception). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see following chart).
<table>
<thead>
<tr>
<th>SPORT</th>
<th>TIME LIMIT</th>
<th>MINIMUM # OF PLAYERS REQUIRED</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Regulation Game</td>
<td>5 Period Play</td>
</tr>
<tr>
<td>BASKETBALL</td>
<td>7 minute quarters</td>
<td>7 minute periods</td>
</tr>
<tr>
<td>FIELD HOCKEY</td>
<td>25 minute halves</td>
<td>12 minute periods</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>10 minute</td>
<td>10 minute quarters</td>
</tr>
<tr>
<td>BOYS LACROSSE</td>
<td>9 minute quarters</td>
<td>9 minute periods</td>
</tr>
<tr>
<td>GIRLS LACROSSE</td>
<td>25 minute halves</td>
<td>12 minute periods</td>
</tr>
<tr>
<td>SOCCER</td>
<td>15 minute quarters</td>
<td>15 minute periods</td>
</tr>
</tbody>
</table>

In boys' and girls' lacrosse and in girls' field hockey, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the “time” allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.

7. **HEALTH EXAMINATION**: A student who may engage in interschool competition shall receive an adequate health examination and may not practice or participate without the approval of the school medical officer. **NOTE**: Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex, football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts.
NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary and a reasonable amount of practice time and playing time be established based on the athlete’s readiness for safe return to competition.

8. INTERSCHOOL PRACTICE SESSIONS/SCRIMMAGES: A school is limited to three (3) interschool practice sessions/scrimmages which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. By sectional approval, in cases where officials are not available for contests and all avenues of obtaining certified official have been exhausted, additional scrimmages are permissible as replacements to the scheduled contests. Interschool practice sessions/scrimmages are governed by the same hours to elapse between such sessions/scrimmages as for regularly scheduled contests with the exception of football.

NOTE: For the 2012-2013 and 2013-2014 school years, with Section/League approval, up to 50% of the maximum number of games permitted for each modified level sport may be designated as scrimmages. (Example: Basketball – 14 games scheduled, 50% (7) could be scrimmages plus 7 games for a total of 14. Under this option, if a contest is converted to a scrimmage, the scrimmage would count toward the 50% as outlined in the Promotion Rule.)

NOTE: In practice sessions/scrimmages:
   a) Both squads use the same field simultaneously with both coaches making corrections and giving instruction to players as they would do during their own practice,
   b) No official score is kept’
   c) No admission is charged,
   d) No spectators are permitted unless such is the usual plan whenever the squad has a practice.

9. MIXED COMPETITION: see Eligibility Standard #15.

10. MULTI-SCHOOL CONTESTS/TOURNAMENT COMPETITION/CHAMPIONSHIP/FINALS AND AWARDS: Tournament competition is not permitted in the modified program. No sectional team or individual championships are to be conducted. With sectional/league approval in multi-school contest and invitational, may award place ribbons to the top competitors. Championship playoffs on a team or individual basis are prohibited. Sections, leagues, devices or groupings should not host an end-of-season final multi-school contest that can be construed as a jamboree, carnival, or invitational tournament. Multiple school contests can be conducted at the end of the season only if it is in a sport in which multiple team contests are regularly scheduled throughout the season and the final contest mirrors that of the rest of the schedule, thus the contest is not larger than all the others. This may be true for individual dual sports (i.e. squad meets for wrestling, cross country or track). Team sport multiple school contests prior to the end of the season are permitted provided:
   a. No participation shall compete in more events, matches or games than permitted in any other regularly scheduled contest in that sport, on that day
   b. All handbook rules are applicable.

Coaches and directors are encouraged to design ideas that follow the spirit of, and guidelines for, modified athletics.
11. PENALTIES:
   a) If a school uses an ineligible student in any interschool contest, the penalties shall be as follows:
      1. In all team sports-forfeiture of the contest. In individual sports, the use of an ineligible player would result in the contest being forfeited. However, the performances and outcomes of the other individuals would stand.
      2. In the individual sports-bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, Track, wrestling – all points scored by the individual shall be forfeited and places moved up accordingly.
   b) For any violation of eligibility or sports standards a school or a school authority may be censured, placed on probation, or suspended.
   c) Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.
   d) School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District’s control.

12. PRACTICE SESSIONS: Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days.
   All required practice sessions shall include vigorous activity related to the specific sport.
   A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.

13. PROMOTION: A contestant is grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.
   NOTE: EXCEPTIONS:
   a) General Eligibility Rule #17 “TRYOUTS”.
   b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team either prior to completion of fifty percent of his/her modified schedule, or at the completion of his/her modified schedule if he/she displays the skills and maturity to compete at the varsity level. Ninth grade contestants promoted at the end of their modified seasons should practice with the varsity team and are limited to post season contests.
   c) In a section whose “early winter” season ends in mid-winter, followed by the “late winter” season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the “early winter” modified season.
   d) Promotion Regulation shall be waived for Boys’ and Girls’ Swimming & Dive and Boys’ and Girls’ Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.

14. SPORTS SEASONS: All competition shall be completed within the sport season indicated by each individual section.
15. **TIME INTERVAL:** Unless extenuating circumstances arise, it is recommended that no more than two contests should be scheduled per week. Except in football and cross country, contests may be played with only one night of rest three times per season for rescheduling purposes only. A team may never play three days in a row. There shall not be more than three contests played per calendar week. Baseball and softball shall be permitted to play two games a day twice during the season. (See Baseball and Softball – Game Conditions.)

16. **TRANSFER:** A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.
   a) A student who transfers from one school to another becomes eligible after starting regular attendance.
   b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.
      **NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.
   c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

17. **TRYOUTS:**
   a) A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Selection/Classification (S/C) Procedures and Standards the opportunity to be selected for a high school team.
   b) Seventh and eighth grade students must pass the S/C qualifications prior to the tryout period.
   c) Ninth grade students do not have to pass the S/C qualification to participate in the tryout.
   d) The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete's tryout is complete.
   e) Tryout periods for wrestling, boys lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.
   f) The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.
   g) Student athletes participating in sectionally approved tryout sessions are not subject to the Promotion rule.
PROGRAM SAFETY

PHYSICIANS: It is recommended that a physician be present at all football games and to be readily available during practice sessions. If an injury occurs during a game in any sport, the physician in attendance will determine the athlete’s fitness to continue play. During practice sessions, in the event of potentially serious injury to head, neck or spine of a player, a physician should see the injured as soon as possible. Any pupil whose safe participation is in question as a result of the health history review interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation.

OFFICIATING: Proper officiating is a most important safety factor. The following policies should be in effect:

1. The use of the “fast whistle” is mandatory when participant safety is questionable.
2. Strict enforcement of all rules violations will inculcate the proper playing habits and attitudes.
3. Special attention should be made to determine “potentially dangerous” holds in wrestling and to eliminate them.
4. It is required that certified officials should be used in contact sports to provide the safest possible game supervision. Three (3) officials are preferred for football.

EQUIPMENT: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport. Protective equipment which is properly fitted should be provided for sports of a contact nature. Supporter cups should be worn in those sports where this protection is logical. Protective headgear may be worn by soccer goalies for protective purposes. Shin guards must be worn at all times by all soccer players and field hockey players.

COACH ON THE FIELD: The coach is permitted to be on the field during timeout periods to check such matters as seem desirable to control the safety of the games and to use the existing situation as a teaching opportunity. It is realized that this rule is subject to abuse by overzealous coaches. Any coach violating the spirit of this rule should be removed from the program.

RULES OF THE GAME: The approved game rules for all sports are listed on pages 140-154. All adopted modifications indicated for each sport take precedence.
IT IS THE DUTY OF ALL CONCERNED WITH THE MODIFIED PROGRAM OF ATHLETICS:

1. To provide as broad and varied an athletic program as is possible with an opportunity for competition on an equal basis for all students. A desirable modified interscholastic program will encourage participation at several achievement levels. Interschool competition in a modified sports program should encourage participation for as many children as possible.

2. To realize that the individual schools have the final responsibility to equalize competition and must administer the program so that no overmatching of teams or individuals shall be permitted.

3. To conduct the athletic program so that educational objectives shall be achieved; so that the highest ideals of sportsmanship are upheld; so that no single phase of the educational program is promoted at the expense of other equally important programs.

4. To realize that the athletic program should be balanced with all other activities essential to youth, including those which may be conducted by out-of-school groups, to avoid an excessive load for any student.

5. To administer the program in such a manner that participants are properly examined, approved, equipped, insured, selected, classified, instructed, and supervised so that as safe a program as is possible is conducted.

6. To administer the educationally based athletic program in its proper perspective, with minimal loss of school time, limited publicity, competent officiating, and limited awards focused on participation.

7. To provide qualified leadership that understands the teaching of sports to the age group, the objectives of this modified sports program, and the emphasis on safety procedures.

8. To cooperate with schools in the area in providing an interscholastic athletics administrative organization within your section that will achieve the objectives and will aid in the development of the highest type of cordial interschool relationships.

9. To conduct the program so that proper respect for authority is achieved. All participants, coaches, parents, spectators and interested individuals will demonstrate appropriate conduct at all times.

10. To promote sportsmanship by competing within the spirit of the rules, to give every opponent due credit and respect, and to win honorably and to lose graciously.

11. To finance the program through Board of Education approved funds.

12. To cooperate with the Sectional Athletic Council, League or Conference in its efforts to provide sound leadership for all in modified athletics program. No sectional team or individual championships are to be conducted in modified interscholastic athletics.

Revised 9/09
1. Philosophy - The NYSPHSAA, Inc. recognizes the use of mind-altering/performance enhancing chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The use of mind-altering/performance enhancing chemicals for some adolescents affects curricular participation and development of related skills. The lives of other adolescents are affected when family members, team members and other significant persons use these chemicals.

2. Position Statements - It is the position of the NYSPHSAA, Inc. that:
   1. Scholastic athletes and other students should abstain from the use of alcohol and controlled substances as well as refrain from using tobacco and smokeless tobacco.
   2. Coaches and other adult school personnel should demonstrate responsible use of alcohol and tobacco in an appropriate setting and abstain from the use of controlled substances.
   3. No coach should use alcohol, tobacco, or other drugs before, during or immediately after or until his/her supervisory duties are completed.
   4. Adults should abstain from the use of 1) alcohol before and during, and 2) tobacco during meetings when business related to athletics is conducted.

3. Guidelines for Developing a Code of Conduct for Schools
   1. Statement of Purpose
      a) To emphasize the school’s concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.
      b) To promote equity and a sense of order and discipline among students.
      c) To confirm and support existing state laws and local regulations which restrict the use of such mind-altering/performance enhancing chemicals.
      d) To establish standards of conduct for those students who are leaders and standard-bearers among their peers.
      e) To assist students who desire to resist peer pressure which directs them toward the use of mind-altering/performance enhancing chemicals.
      f) To assist students who should be referred for assistance or evaluation regarding their use of mind-altering/performance enhancing chemicals.

   2. Model Code
      A student shall not (1) use a beverage containing alcohol; (2) use tobacco; (3) use steroids; (4) or use or consume, have in possession, buy, sell or give away any controlled substance defined by law as a drug. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student’s own use by her/his doctor.
3. *Consequences for Code Violations:* Consequences for rule violations should incorporate the following standards:

a) A standard of Certainty: An expectation by those to be affected by the rule that it will be applied with a measure of consistency and uniformity to all involved.

b) A Standard of Severity: An expectation that the consequences for the violation are fair for the act committed and that those affected will be encouraged to follow through with the consequences, including coaches, students, and parents.

c) A Standard of Celerity: An expectation that the due process will promptly be applied following an alleged violation.

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**THE NYSPHSAA, INC. CHEMICAL HEALTH MANDATE**

Each section must hold at least one chemical health workshop during the school year emphasizing educational and preventative strategies, and attended by representation from each school in their section. The chemical health workshops were mandated in 1990-91.

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**NFHS DIETARY SUPPLEMENT**

All student-athletes and their parents/guardians should consult with their physicians before taking any supplement product. In addition, coaches and school staff should not recommend or supply any supplement product to student-athletes.
A STATEMENT OF PRINCIPLES FOR OFFICIATING
INTERSCHOLASTIC GAMES

When NYSPHSAA, Inc. approves a change in rules for the conduct of a sport, the established official's organization which has been servicing a particular sport program will continue to service that sport provided they have met the new certifying qualifications. Officials who wish to service that program must be certified by this established officials group.

WHEREAS, our high school athletic program is an integral part of our curriculum to be conducted by secondary-school authorities under playing rules adapted to the capacities and safety of our students.

AND WHEREAS, it is essential that the officiating of games shall be performed as a part of the educational program of the school, the details of game administration for interscholastic contests are the responsibility of secondary-school authorities.

WE BELIEVE THAT:
1. Officials who work for out member schools are rendering a valuable service.
2. An official performs an exacting task and one's judgment is to be respected.
3. Continued cooperation with officials' organizations is essential.
4. Existing officials' organizations which meet the standards of the NYSPHSAA, Inc. are to be maintained or new ones formed when the need arises.
5. Since annual elections are held by officials' organizations, these Chapters, Boards. or Associations shall be registered with the NYSPHSAA, Inc. each year.
6. No implication should be evident that prospective competent officials are prevented from having an opportunity to qualify for officiating.
7. Officials should be able to fulfill requirements comparable to those specified for the licensure of professionally trained personnel who deal with secondary-school students.
8. Officials shall be selected and assigned by secondary-school authorities in the school, the league, or the section, State Association or their designee.
9. Officiating is worthy of recompense commensurate with the experience and training of the official and with the responsibilities assumed.
10. Fees for officiating should be determined in a joint conference between schools’ and officials' representatives.
WE DEPEND UPON OFFICIALS’ ORGANIZATIONS:

1. To establish standards for their members for competent officiating.
2. To recruit and train new members.
3. To provide for the promotion of members.
4. To conduct rules interpretation
5. To use high school rules interpretations.
6. To administer high school rules examinations
7. To certify members as to their performance in the game.
8. To make an annual report on each member to the NYSPHSAA, Inc.

NEW YORK STATE HIGH SCHOOL OFFICIALS
COORDINATING FEDERATION

Paul J. Weatherup, Chairman, Syracuse 13214
Louis Pettinelli, Vice-Chairman, Brewerton 13029
Robert Stulmaker, Secretary, Latham 12110
Jan O’Shea, Recording Secretary, Greene 13778

OFFICIALS’ REPRESENTATIVES

Baseball: Ron Gabriel, Hudson 12534
Basketball-Boys: Len Maida, Whitesboro 13492
Basketball-Girls: Louis Stellato, Ballston Spa 12020
Field Hockey: Vince DeFeo, Glenmont 12077
Football: John Whalen, Binghamton 13903
Gymnastics-Boys: Kurt Stumpf, Williamsville 14221
Gymnastics-Girls: Sarah Jane Clifford, Penfield 14526
Ice Hockey: Jim Keegan, Camillus 13031
Lacrosse-Boys: Skip Spensieri, Ballston Spa 12020
Lacrosse-Girls: Joe Fanning, Farmingdale 11235
Soccer-Boys/Girls: Richard Leaf, Somers 10589
Softball: James Berkery, Cohoes 12047
Swimming-Boys/Girls: Pat Potter, Queensbury 12804
Track & Field-Boys/Girls: Jan O’Shea, Greene 13778
Volleyball-Boys/Girls: Sally Wise, Pulaski 13142
Wrestling: Louis R. Pettinelli, Brewerton 13029
SECTION REPRESENTATIVES:

1. TBA
2. TBA
4. TBA
5. Dennis O’Brien, Hornell 14843
6. Timm Slade, West Seneca 14224
7. John Gallagher, Plattsburg 12901
8. Jay Gallagher, Garden City 11530
9. Dennis Burkett, Marlboro 12542
10. Carl Normandin, Canton 13617
11. Ed Cinelli, Smithtown 11787

CONSTITUTION OF THE NEW YORK STATE HIGH SCHOOL OFFICIALS COORDINATING FEDERATION

ARTICLE 1 – NAME

The name of this Council shall be the New York State High School Officials Coordinating Federation.

ARTICLE 11 – PURPOSE

To provide a central association of officials and schools through which all approved officials organizations, all Section Athletic Councils, and all high schools may cooperate in making recommendations to the NYSPHSAA, Inc. and to State Officials Organizations toward the following goals.

1. To ensure a sufficient number of well-qualified officials.
2. To maintain good working relationships among all agencies and individuals connected with interscholastic sports.
3. To create equitable standards and procedures for the rating, assigning, and paying of officials.
4. To promote fair officiating policies.
5. To communicate on a state-wide basis all facets relative to the athletic programs sponsored by the NYSPHSAA, Inc.
6. To establish uniform state-wide officiating.
7. To guarantee in-service training of officials according to the Five Point Program.
Under the **Five Point Program** approved officials are those who:

1. Observe the constitutions and bylaws of their local and state officials’ organizations.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Are listed with the NYSPHSAA, Inc.

**ARTICLE III – MEMBERSHIP**

Membership shall be open to any officials’ organization that is organized on a state-wide basis and:

1. Is accredited and approved by the NYSPHSAA, Inc.
2. Maintains satisfactory membership in the N.Y.S.H.S.O.S.F.

**ARTICLE IV – REPRESENTATION**

Representation shall consist of the following:

1. One representative from each approved sports officials group.
2. One representative from each Section who will represent all sports in that Section
3. One representative from the New York State Public High School Athletic Association, Inc.
4. One representative from the New York State Education Department. (Ex-Officio).
5. State Sports Committee Chairman (Ex-Officio).

**ARTICLE V – FUNCTION**

The New York State High School Officials’ Coordinating Federation shall be the organization to which matters of concern related to officiating shall be referred by the State and Local Officials Organizations, Athletic Associations, Section Athletic Councils, for consideration and recommendations, after all local and sectional efforts have failed to bring agreement to all parties concerned, or injustice being done.

**ARTICLE VI – OFFICERS AND DUTIES**

1. The Chairman shall prepare the agenda and preside over all meetings.
2. The Vice-Chairman shall preside at meetings in the absence of the Chairman.
3. The Secretary shall be the Assistant Director of the NYSPHSAA, Inc. who will be responsible for arranging all meetings, notifying all officials, State organizations, sectional councils, State Education Department, as requested by the Chairman, and will be responsible for the mailing of the minutes of each meeting.
4. The Recording Secretary will be responsible for the taking of minutes of each meeting.
5. The Treasurer shall be the Executive Director of the NYSPHSAA, Inc.
ARTICLE VII – MEETINGS

1. The Coordinating Federation shall hold a minimum of two meetings per school year, plus any special meetings as needed. (At least one meeting shall be devoted exclusively to Article II.) The meetings shall, whenever possible, be held in conjunction with meetings of the NYSPHSAA, Inc.

2. State Sports Committee Meetings. There shall be at least one meeting per year between Sports Officials representatives and the State Sports Committee Chairman of each individual sport; this shall be held prior to the Coordinating Federation meeting, at which time each Sports Chairman will report on matters of mutual interest and concern.

3. Rules Interpretation Meetings. There shall be one rules interpretation meeting per school year for each sport for the purpose of standardizing officiating procedure to be attended by an officer or representative of the Coordinating Federation, at least one representative from each section for each sport and the State Sports Committee Chairman.

ARTICLE VIII – AMENDMENTS AND BYLAWS

1. Proposals to amend this Constitution, Bylaws, or an addition to, change in, or deletion of any policy, relative to the activities of the Federation may be presented at any regular meeting of the Coordinating Federation. Written notice of the proposed amendment must be provided with the mailing of the agenda for the next scheduled meeting of the Federation.

2. A two-thirds (2/3) vote of the members of the Coordinating Federation shall be necessary to approve any amendment.

3. Amendments become effective beginning with the next Federation meeting following approval.

4. All meetings of the Federation shall be conducted in accordance with accepted practice of parliamentary procedure.

5. All amendments and bylaws shall conform to all rules and regulations regarding officiating as set forth by the NYSPHSAA, Inc. and the New York State Education Law.
AGREEMENT, made this _____ day of __________, 20 __, by and between the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC., hereinafter referred to as the NYSPHSAA, Inc. and the #, hereinafter referred to as #.

WHEREAS, the # is an association whose members are qualified # officials who are also officials of the local # officials association throughout the State of New York, and members in good standing of the state officials’ organization.

WHEREAS, the # desires to furnish officials for # to member schools of the NYSPHSAA, Inc. and

WHEREAS, the NYSPHSAA, Inc. is an association whose members are secondary schools within the State of New York.

NOW THEREFORE, IT IS AGREED AS FOLLOWS:

1. The # will accept and comply with the Five Point Program of the NYSPHSAA, Inc. with respect to each if its local # officials associations and its members, and through its local chapters, shall assume the responsibility of training, testing and certifying competent officials for all interscholastic # contests scheduled by each of the member schools at all levels of competition in each of the sections of the NYSPHSAA, Inc.

2. The # will cooperate with the sectional athletic councils in the expansion of recruiting and training programs to achieve these objectives and to provide an opportunity for all interested individuals to become qualified officials.

3. The # will establish territories of service for its local # official’s chapters. The NYSPHSAA, Inc. and its subdivisions will recognize and abide by the territorial rights of these chapters to service schools within these areas.

4. The # will provide a representative to the NEW YORK STATE HIGH SCHOOL OFFICIALS’ COORDINATING FEDERATION and will ensure that each # chapter that has territorial rights in a section will participate with the sectional council(s) of officials.

5. The NYSPHSAA, Inc. may be represented among those administrating and grading the local test, written and practical, and will be furnished a copy of the name of each individual tested.

6. The # will submit a list of approved or certified officials (with updates as they occur) of each of its local associations (chapters) to the Assistant Director of the NYSPHSAA, Inc. each year.

7. The # will discipline its officials through its local # officials’ association when necessary and will process and resolve all controversies regarding officiating procedures.

8. The # recognized that the member schools of the NYSPHSAA, Inc. bear the primary responsibility for creating and maintaining qualified athletic programs. The NYSPHSAA, Inc. will process and resolve all controversies regarding actions of contestants, coaches or authorities of its member schools and will discipline such persons or its member schools in accordance with the provisions of the Eligibility Standards entitled APPEAL PROCEDURE and PENALTIES of the NYSPHSAA, Inc. HANDBOOK.
9. The # agrees that the officials shall be selected and assigned by the secondary school authorities in the school, the league, the section or their designee as the case may be. The NYSPHSAA, Inc. and its member schools shall use only those approved officials who are active members in good standing of a local officials association of the #.

10. The NYSPHSAA, Inc., represented by its sections, shall initiate negotiation sessions. Furthermore, the NYSPHSAA, Inc. or its sections shall determine the structure and format of negotiations including the number of representatives. Each chapter of officials servicing a section will be involved in these negotiations with representation being indirect.

11. Should any member school of the NYSPHSAA, Inc. or any of its subdivisions fail to reach contact terms with regards to officiating for any sport season with #, or if a grievance of any nature should arise after the execution of such contract, the parties agree to abide by the following procedure:

Step No. 1: In case of failure to reach contact terms, the NYSPHSAA, Inc. must be notified no later than the first day of the month of October proceeding the school fiscal year in question. Sections and/or officials groups may not be entitled to impasse resolution procedures unless a minimum of 4 bargaining sessions were held (exclusive of ground rules meetings). Within thirty (30) days of notifying the NYSPHSAA, Inc., a concise statement of the issues and supporting facts, as well as evidence of agreed upon ground rules that governed the conduct of the negotiations and the schedule (record) of bargaining sessions held, must be submitted in writing to the Assistant Director. Should the declared impasse concern a grievance of any nature, the appealing party will also submit a filing fee of $100.00, c/o the NYSPHSAA, Inc., prior to the convening of a hearing conducted by the NYSPHSAA, Inc. A hearing will be convened by a representative of the NYSPHSAA, Inc. and a representative of a sports officials organization both selected by the President of the NYSPHSAA, Inc. These two (2) representatives will serve to determine the facts and to recommend resolution of the issues as presented by two (2) representatives of the section involved and two (2) representatives of the Sport Chapter(s) involved. Neither party may introduce new topics for resolution that were not introduced during contract/grievance negotiations. All discussions and agreements should be completed by the following first day of January.

Step No. 2: If contract terms are not reached by the aforementioned first day of January; or if a grievance has not been resolved within ten (10) days of its presentation, a written report stating the issues involved, discussions held at the hearing and recommendations for settlement shall be presented to the parties. Acknowledgement of acceptance (or not) shall be dated and signed by all participating representatives; and submitted to the Assistant Director of the NYSPHSAA, Inc. Failure to respond to the proposed report within thirty (30) calendar days after receipt shall result in acceptance of the report. The report will be sent certified mail.

Step No. 3: If contract terms are not reached nor the grievance resolved within thirty (30) days after receipt of the recommendations under the provisions of Step No. 2, the issues shall be submitted by the Assistant Director for arbitration. The Arbitration Panel will consist of three (3) members: one (1) representative from the NYSPHSAA, Inc., one (1) representative from the Officials and one (1) Arbiter from the American Arbitration Association (AAA). If issue(s) concern a grievance of any nature, the appealing party will remit a filing fee of $200 to convene the committee.
All fees and expenses, including those required by the American Arbitration Association (AAA) and arbiter, will be split equally between both parties.

12. Expenses incurred by the personnel of the NYSPHSAA, Inc. in accordance with implementing any of the steps listed above shall be shared equally by the officials’ organization(s) involved and the section involved. Expenses include all necessary and customary travel expenses, including, but not limited to mileage at the prevailing rate paid Executive Committee members, lodging and meals.

13. Since this agreement provides for the orderly and amicable adjustment and settlement of any and all disputes, differences and grievances, there will be no resort to strikes (withholding of services) by the # or its local chapters or lockouts by the NYSPHSAA, Inc., its subdivisions or any of its member schools.

14. The # shall retain its autonomy and the autonomy of each of its member associations shall be preserved.

15. Notwithstanding any other provisions to the contrary, each approved official shall be acting in his/her capacity as an official who is an independent contractor with regard to his/her relationship to any member school, the NYSPHSAA, Inc. or any of its subdivisions and in no way does an employer-employee relationship exist. Each official shall perform services in accordance with currently approved methods and practices in his or her professional capacity and in accordance with the standards of the # and of the NYSPHSAA, Inc. Such services shall include any reporting requirements established by the NYSPHSAA or its subdivisions concerning student/athlete and/or coach misconduct.

This AGREEMENT shall remain in effect until the 30th day of June, 20   .

IN WITNESS WHEREOF, the parties hereto have executed this agreement on the date first above written.
PUPIL BENEFITS PLAN, INC.
1932-2014

THANK YOU FOR YOUR LOYAL SUPPORT
GOOD LUCK TO ALL YOUR ATHLETIC TEAMS

Our pledge is to give you the best possible service, and provide coverage you can count on.

CALL ANYTIME FOR ANY REASON

Thomas D. McGuire, Executive Director
1-800-393-3301
518-377-5144
518-377-3291 (fax)
### Pupil Benefits Plan, Inc.
#### Board of Directors 2011-2014

<table>
<thead>
<tr>
<th>Director</th>
<th>Position</th>
<th>Years</th>
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<tbody>
<tr>
<td>David Alena</td>
<td>Asst. Superintendent</td>
<td>17 years</td>
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<tr>
<td>Dr. Eric Aronowitz</td>
<td>Orthopedic Surgeon</td>
<td>2 years</td>
</tr>
<tr>
<td>Margaret Boice</td>
<td>Asst. Superintendent</td>
<td>3 years</td>
</tr>
<tr>
<td>Ed Cinelli</td>
<td>Executive Director</td>
<td>1 year</td>
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<tr>
<td>Dr. David Civale</td>
<td>Chiropractor, Scotia</td>
<td>12 years</td>
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<tr>
<td>Dr. Donald Henline</td>
<td>Orthopedic Surgeon</td>
<td>5 years</td>
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<tr>
<td>Doug Kenyon</td>
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<tr>
<td>Dr. Dan MacGregor</td>
<td>Retired Superintendent</td>
<td>6 years</td>
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<tr>
<td>Dr. Stanley Maziejka</td>
<td>Superintendent</td>
<td>3 years</td>
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<tr>
<td>Dr. Michael McCarthy</td>
<td>Superintendent</td>
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<tr>
<td>Cliff Moses</td>
<td>Retired Superintendent</td>
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<tr>
<td>Michael Picciano</td>
<td>Retired Superintendent</td>
<td>24 years</td>
</tr>
<tr>
<td>Patrick Pizzarelli</td>
<td>Past President</td>
<td>3 years</td>
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<tr>
<td>Dr. Virginia Plaisted</td>
<td>Dentist, Delmar</td>
<td>18 years</td>
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<td>Dr. Tom Heinzelman</td>
<td>Retired Athletic Director</td>
<td>4 years</td>
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<tr>
<td>Luigi Rendi, MD, ATC</td>
<td>Director, Center for Sports Medicine, Waterford</td>
<td>1 year</td>
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<tr>
<td>Carol Rog</td>
<td>Retired Director of Physical Education, Chenango Forks</td>
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<td>Dale Schumacher</td>
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<td>Dr. Frank Segreto</td>
<td>Orthopedic Surgeon</td>
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<td>Dr. Ryan Sherman</td>
<td>Superintendent</td>
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<tr>
<td>Martha Slack</td>
<td>Retired Athletic Director</td>
<td>6 years</td>
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<tr>
<td>Kathy Sullivan</td>
<td>Superintendent</td>
<td>3 years</td>
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<tr>
<td>Dr. W. Bruce Watkins</td>
<td>Retired Ass’t Superintendent</td>
<td>16 years</td>
</tr>
<tr>
<td>Theodore Woods</td>
<td>Retired Executive Secretary</td>
<td>24 years</td>
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#### Executive Committee

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<tr>
<th>Director</th>
<th>Position</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Dan MacGregor</td>
<td>President</td>
<td>Ballston Spa</td>
</tr>
<tr>
<td>Dr. Michael McCarthy</td>
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<td>Mechanicsville</td>
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<tr>
<td>Dr. Stanley Maziejka</td>
<td></td>
<td>Stillwater</td>
</tr>
<tr>
<td>Dr. Frank Segreto</td>
<td></td>
<td>Ronkonkoma</td>
</tr>
<tr>
<td>Dr. Ryan Sherman</td>
<td></td>
<td>Schuylerville</td>
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<tr>
<td>Carol Rog</td>
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<td>Chenango</td>
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<tr>
<td>William Bate</td>
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<td>Council</td>
</tr>
<tr>
<td>Theodore Woods</td>
<td></td>
<td>North Rose</td>
</tr>
</tbody>
</table>
PUPIL BENEFITS PLAN, INC. BYLAWS

ARTICLE I

The purpose of the corporation shall be:

A. To furnish medical, dental and hospital expense indemnity under the supervision of the New York State Public High School Athletic Association to bona fide students in elementary and high schools injured in intramural and interscholastic athletic games and sports activities, or while engaged in preparation for such games, sports, or contests, or in physical education classes, or in any other accidents which in the judgment of the Superintendent of Insurance, should be included. The Plan shall be open to the participation of every duly licensed physician and dentist in the territory to be served and there shall be free choice by the subscribers of physicians and dentists admitted to such a plan, subject to the acceptance of patients by the physicians and dentists.

B. To do all and everything necessary and proper for the accomplishment of any or all of the objects herein enumerated or necessary or incidental thereto or to the protection and benefit of the corporation and in general to carry on any lawful business or understanding necessary to the attainment of the purposes of the corporation, subject, however, to all provisions of the Insurance Law of the State of New York.

ARTICLE II

The corporation shall be organized for the benefit of its members and not for profit.

ARTICLE III

Members

The members of the corporation shall be divided into two classes, active members, and subscribing members.

A. The active members shall be not less than twenty-four (24) of whom at least one-fourth shall be persons other than physicians and/or dentists and of whom at least one-fifth shall be physicians and/or dentists duly licensed to practice in the State of New York.

B. The active members of the corporation shall be the persons signing the Certificate of Incorporation and each person thereafter elected as Director. Active membership shall terminate when such person ceases to be a Director.

If for any reason a member of the Board of Directors does not attend two consecutive meetings of the Board of Directors, unless excused by the Board of Directors of which he is a member, which action shall be entered on the minutes of such Board, that member is disqualified to serve as a member of the Board of Directors for the ensuing year.

C. Subscribing members shall consist of any schools registered and approved by the Board of Regents of the State of New York who may subscribe to the corporation's insurance plan. “Schools” as herein defined shall be deemed to include Boards of Education, high school athletic associations, groups of students or agents or representatives thereof.
ARTICLE IV
Directors

A. The corporation shall be managed by a Board of Directors consisting of twenty-four (24) members who shall be elected by the active members of the corporation. At least one-fourth of the said directors shall be persons other than physicians and/or dentists and at least one-fourth shall be physicians and/or dentists licensed to practice in the State of New York. At no time shall more than one-half of the directors be persons who are licensed to practice medicine in this state (other than physicians employed on a full-time basis in the fields of public health welfare, medical research, or medical education) or who are employees of a corporation organized for hospital purposes or any combination thereof.

B. Nominations for director of the corporation may be made by any member whether subscribing or active but all elections shall be conducted by the corporation and only active members shall have a right to vote.

C. Directors shall be elected at the annual meeting of the corporation and shall serve for a period of one year.

D. Vacancies occurring in the office of director shall be filled by vote of the remaining directors of the corporation at a regular or special meeting of the Board of Directors.

E. The majority of members of the Board of Directors shall be designated representatives of the member schools of the New York State Public High School Athletic Association.

ARTICLE V
Officers

A. The officers of the corporation shall consist of a president, a vice president, a secretary, a treasurer, and shall be elected by the Board of Directors immediately following the annual meeting of the corporation as hereinafter provided, and such other officers to be appointed by the president as the directors may designate. Any two offices, except those of president and vice president, may be held by the same person.

B. Duties:

1. The president shall preside at meetings of the Board of Directors and the corporation, and shall perform such other duties as the Board of Directors may designate. The president shall have power to appoint such other subordinate employees of the corporation as may be authorized by the Board of Directors, whose compensation shall be fixed by the Board of Director of the Executive Committee.

2. The vice president shall assume the duties of the president during his absence or inability to act.

3. The secretary shall keep the minutes and records of the corporation and the Board of Directors, and shall perform such other duties as the Board of Directors may designate.

4. The treasurer shall have custody of the funds of the corporation and shall disburse them in insurance benefits or in such other manner as the Board of Directors may direct. If required by the Board of Directors, the treasurer shall furnish a surety bond in an amount designated by resolution of the directors.
C. Vacancies in any office shall be filled by the directors for the unexpired term of such office.

**ARTICLE VI**

**Meetings**

A. The annual meeting of the corporation shall be held on the Saturday after Labor Day in September.

B. A regular meeting of the Board of Directors shall be held once a year, immediately following the annual meeting of the corporation.

C. Special meetings of the corporation or the Board of Directors may be called at any time by the president and shall be called at the request of any five (5) members of the Board of Directors. At least five (5) days' notice of time and place of such special meeting shall be given by postpaid mail.

**ARTICLE VII**

**Quorum**

A. At any meeting of the corporation ten (10) active members shall constitute a quorum.

B. At any meeting of the Board of Directors eight (8) members shall constitute a quorum.

C. At any meeting of the Executive Committee, three (3) members shall constitute a quorum.

D. Consent of Absentees. The transaction of any meeting of any constituted body of this corporation, either annual, regular, or special, however called or noticed, shall be valid as though it had a meeting duly held after regular call and notice, if a quorum be present and if, either before or after the meeting, each of the members entitled to vote, not present, sign a written waiver of notice or consent to the holding of such meeting or an approval of the minutes thereof. All such waivers, consents, or approvals shall be filed with the corporate records or made a part of the corporate minutes of the meeting.

E. Acting Without Meeting – Mail Vote. Any action which may be taken at a meeting of members, directors, or the Executive Committee may be taken without a meeting, if authorized by a writing signed by two-thirds of such members, directors, or members of the Executive Committee entitled to vote at s meeting for such purposes and filed with the secretary of the corporation.
ARTICLE VIII
Committees

The Committees for the Board of Directors shall consist of an executive committee consisting of five (5) members to be appointed by the President and such other committees as may from time to time be authorized by resolution of the Board of Directors. The Executive Committee shall meet from time to time when summoned by the Chairman and shall have general management of affairs of the corporation in the intervals between meetings of the Board of Directors.

ARTICLE IX
Rules and Regulations

The Board of Directors may from time to time adopt rules and regulations for the management of the corporation and fixing the form of insurance contract to be issued by the corporation and the terms thereof, including the schedule of benefits and the premiums and the rate to be charged.

ARTICLE X
Amendments

These bylaws may be amended by a two-thirds vote of the members present at any regular or special meeting of the corporation provided notice of the proposed amendment is given by mail at least ten (10) days before such meeting.

PROTECT YOUR STUDENTS
WITH A PLAN THAT HAS INSURED OVER ONE-THIRD OF THE SCHOOL DISTRICTS IN NEW YORK STATE FOR 73 YEARS!

Student Accident Insurance
101 Dutch Meadows Lane – Guilderland NY 12302
1-800-393-3301
(518) 377-5144 fax (518) 377-3291
www.pupilbenefits.com
NEW YORK STATE FEDERATION OF SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

ROBERT STULMAKER, President
M.J. QUIGLEY, Vice President
TBA, Treasurer
TBA, Secretary
TBA, Executive Secretary

New York State Association of Independent Schools Athletic Association:
STEVE BLUTH, Riverdale
M.J. QUIGLEY, New York City
ROBERT ANNUNZIATA, Bronx

New York State Catholic High Schools Athletic Association:
DENISE HILLIG, Astoria
DONAL BUCKLEY, South Huntington
THOMAS MURRAY, Bronx

New York State Public High School Athletic Association:
ROBERT STULMAKER, Latham
STEPHEN BROADWELL, Willsboro

Public Schools Athletic League of the City of New York:
DONALD DOUGLAS, New York City
BRENDA MORGAN, New York City
DANIEL HARRIS, New York City

Consultants:
DARRYL DAILY, State Education Dept., Albany
CONSTITUTION OF THE
NEW YORK STATE FEDERATION OF
SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

ARTICLE I-NAME:
The name of this organization shall be the New York State Federation of Secondary School Athletic Associations.

ARTICLE II-PURPOSES:
The purposes of this Federation shall be:

1. To coordinate the cooperative efforts of its member Associations to insure fair interschool amateur competition among all schools.
2. To support each of its member Associations in the observance of good sportsmanship and high ideals in amicable interschool relations.
3. To encourage maximum participation in a variety of appropriate athletic activities.
4. To assist in the proper interpretation, observance, and improvement of the Regulations of the Commissioner of Education (135.4) governing athletics so that interschool athletics are an integral part of the secondary school curriculum.
5. To assure that secondary school competitions are in compliance with Regulations of the Commissioner.
6. To protect student athletes from exploitation, commercialism, and professionalism in order to uphold the values of wholesome, clean, appropriate competition for boys and girls in our schools.
7. To participate in research and experimentation to strengthen programs and to improve safety in sports.
8. To cooperate in the development of high standards for officiating.
9. To support the Constitution, Bylaws and Rules adopted by this Federation.

ARTICLE III-MEMBERSHIP:

1. Membership in this Federation shall be open to these recognized Associations representing secondary schools chartered by the State Education Department: New York Catholic High Schools Athletic Association, New York State Public High School Athletic Association, Public Schools Athletic League of the City of New York, and NYS Association of Independent Schools Athletic Associations of this State. Other Associations may apply for membership in this Federation if organized on a similar basis as the member Associations named above.
2. The governing Board of each of these Associations shall ratify this Constitution in order to approve membership in this Federation.
3. The Executive Committee of this Federation shall prepare and approve a budget for allocation of expenditures for the ensuing year and notify each member Association of the amount of its annual assessment.
4. A membership fee for each Association may be assessed as an equal share of the total amount required.
5. The membership year shall be from July 1 through June 30.

6. No part of the net earnings of this Federation shall inure to the benefit of any member, trustee, officer, or director of the Federation or any private individual (except that reasonable compensation may be paid for services rendered to or for the Federation affecting one or more of its purposes) and no member, trustee, officer, or director of the Federation or any private individual shall be entitled to share in the distribution of any of the Federation’s assets on dissolution of the Federation. Upon the dissolution of the Federation or the winding up of its affairs, the assets of the Federation shall be distributed exclusively for educational purposes in accordance with the provisions of Section 501 (c) 3 of the Internal Revenue Code and its Regulations as they now exist or they may hereafter be amended.

ARTICLE IV—EXECUTIVE COMMITTEE:

1. The Executive Committee of the Federation shall consist of a number not to exceed three (3) representatives designated by each member association.

2. Each member Association shall have one vote on any action to be taken by the Executive Committee.

3. The Executive Committee may invite representatives of organizations and agencies as well as individuals to participate as consultants to the Federation.

4. The Executive Committee shall meet at least twice a year.

5. Notice of a meeting of the Executive Committee shall be sent to each representative at least thirty (30) days prior to a meeting date.

6. The president of the Federation may call special meeting of the Executive Committee, providing twenty (20) days’ notice is given to each representative.

7. Any action which may be taken at any meeting of the Executive Committee may be taken without a meeting by a mail vote, if authorized in writing signed by a majority of the member Associations.

ARTICLE V—OFFICERS

1. The Federation Executive Committee shall elect a slate of officers at the spring meeting as presented by the Nominating Committee. Officers shall be elected from members of the Executive Committee for a two year term of office: President, Vice President (2), Secretary, Treasurer, and Executive Secretary. The duties of the officers shall be as follows:
   a. President
      i. Preside at all meetings of the Federation.
      ii. Convene, when necessary, special meetings of the Executive Committee.
      iii. Appoint coordinators of all subcommittees approved by the Executive Committee.
      iv. Prepare agendas for meetings of the Executive Committee.
      v. Represent the Federation in venue contract negotiations with the Executive Secretary.
      vi. Attend Federation Championship events.
The mission of the National Federation is to serve its members and its related professional groups by providing leadership and national coordination for the administration of interscholastic activities which will enhance the educational experiences of high school students and reduce risks of their participation. The National Federation will promote participation and sportsmanship to develop good citizens through interscholastic activities which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals.

National Federation Mission Statement

High school activities programs will attract more than 10 million participants this year. Nearly 50% of the student body of most schools will be involved in some phase of the interscholastic program.

In virtually all of these schools, the interscholastic activities program will require a school board subsidy between one and three percent of the total school budget. That includes equipment, supplies, transportation, coaches’ salaries and a portion of the utility bills.

Fifty percent of the students at one to three percent of the budget: that could be the best bargain in public is demanding. Rather than being squeezed out of school programs, interscholastic activities programs should be held up to the communities as model programs for these times.

THE MEMBERSHIP of the National Federation consists of 51 individual state high school athletic and/or activity associations and the association of the District of Columbia. Also benefiting from National Federation services are affiliated member of 11 Canadian provincial association and similar groups in the Philippines, Guam, Bermuda and the Virgin Islands. Policies for high school athletics emanate from the National Federation and its members.

THE SERVICES of the National Federation are based on the belief that strong state and national high school organizations are necessary to: protect the activity and athletic interests of high schools and the student participants, and promote growth of programs which are educational in both means and ends for the participants.

COACHES AND OFFICIALS are also served in a variety of ways through the National Federation Interscholastic Coaches Association (NFICA) and National Federation Interscholastic Officials Association (NFIOA). Each individual member receives a monthly tabloid containing information to assist individual professional development as well as inform and involve high school coaches and officials in the work of their state and national administrative organizations.
ATHLETIC DIRECTORS benefit directly from National Federation services, including an annual conference conducted for them and printed proceedings distributed to them. A quarterly journal, Interscholastic Athletic Administration, is published as a continuing forum for the exchange of ideas pertinent to athletic administration, a growing profession which the National Federation recognizes as vital to the welfare of high school sports.

NATIONAL FEDERATION PUBLICATIONS are published in 17 sports. The National Federation rules committees consist of high school coaches and administrators.

THE HIGH SCHOOL TODAY is a comprehensive publication distributed ten times a year. Included in each publication are all major athletic rule changes, questions and answers for various sports while in session, plus a section containing music and speech information. The HS TODAY is provided to members of the various National Federation professional organizations as part of their membership. The Publication reached thousands of high school administrators, coaches and officials, as well as the general public and news media across the nation.

FEDERAL LEGISLATION is monitored by the National Federation staff, and the membership aggressively opposes bills which would adversely affect interscholastic activities programs on the local, state or national levels.

ATHLETIC EXPERIMENTATION is conducted by the National Federation through its rules committees and cooperating agencies, such as the National Operating Committee for Standards of Athletic Equipment. The result is safety in high school athletics which is unparalleled on any other level of competition.

SANCTIONING of interstate and international contests is carried out by the National Federation to curb abuses which might result without such a program. Applications for sanction are carefully reviewed to assure that students will not be exploited and that certain programs are not overemphasized to the expense of others.

NATIONAL RECORDS are maintained by the National Federation in order to bring proper recognition to boys and girls who achieve unprecedented performances in interscholastic competition. It is believed such recognition stimulates public interest in high school programs and motivates other boys and girls to improve their skills.

HIGH SCHOOLS are represented by the National Federation on the U.S. Olympic Committee and national sport governing bodies. The National Federation cooperates with many other national organizations such as Major League Baseball, the National Collegiate Athletic Association, the National Junior College Athletic Association, the National Association of Secondary School Principals and the Young Men’s Christian Association to the extent that such organizations’ activities affect interscholastic programs and participants.
NEW YORK STATE INVOLVEMENT WITH THE NATIONAL FEDERATION

The New York State Public High School Athletic Association, Inc. has been a member of the National Federation of State High School Associations since 1926

COMMITTEE REPRESENTATIVES

Football: Richard Cerone
Coaches Quarterly: Carl Normandin
Officials Quarterly: Bob Kersch
Girls Lacrosse: Jackie Gow
Swimming: Diane Hicks-Hughes
NYSPHSAA, INC. MEMBERSHIP

<table>
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<tr>
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<th>Sr. HS</th>
<th>Jr. HS</th>
<th>Total Schools</th>
</tr>
</thead>
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<tr>
<td>1 (Dutchess, Putnam, Rockland, Westchester)</td>
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<td>83</td>
<td>168</td>
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<tr>
<td>2 (Capital District)</td>
<td>95</td>
<td>101</td>
<td>194</td>
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<tr>
<td>3 (Central New York)</td>
<td>104</td>
<td>114</td>
<td>218</td>
</tr>
<tr>
<td>4 (Southern Tier)</td>
<td>72</td>
<td>79</td>
<td>151</td>
</tr>
<tr>
<td>5 (Genesee Valley)</td>
<td>119</td>
<td>115</td>
<td>238</td>
</tr>
<tr>
<td>6 (Western New York)</td>
<td>94</td>
<td>81</td>
<td>175</td>
</tr>
<tr>
<td>7 (Champlain Area)</td>
<td>25</td>
<td>23</td>
<td>48</td>
</tr>
<tr>
<td>8 (Nassau)</td>
<td>57</td>
<td>56</td>
<td>113</td>
</tr>
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<td>9 (Orange, Sullivan, Ulster, Dutchess)</td>
<td>44</td>
<td>45</td>
<td>89</td>
</tr>
<tr>
<td>10 (St. Lawrence)</td>
<td>24</td>
<td>25</td>
<td>49</td>
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<tr>
<td>11 (Suffolk)</td>
<td>61</td>
<td>80</td>
<td>141</td>
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<td><strong>Total</strong></td>
<td><strong>778</strong></td>
<td><strong>802</strong></td>
<td><strong>1584</strong></td>
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</table>

CLASSIFICATION PROCEDURE

For school classification purposes, enrollment figures are collected by the Section Athletics Councils from the October State Education Department B Edwards (Bureau of Education Data Systems) forms. The classification of schools shall be approved and set for the following school year by executive committee in January. For classification purposes the school’s total enrollment, boys and girls, grades 9, 10, 11 are used.

Classification numbers are verified with the State Education Department numbers when they become available.

The classification of a single gender school will be established by doubling its enrollment (9-11). Publically funded special act schools may be classified by the Section by sport according to the unique enrollment of such school. Non-public and charter schools may be classified by sport. Sections will establish a process for the review of the classification of all nonpublic and charter schools in their section.

If a combined school team goes beyond sectional level competition, their boys’ and girls’ grades 9, 10, 11 enrollments shall be combined for state level competition.

Schools within each section may choose to move up but not down in classification prior to the season. A school, following its section’s established procedure for moving up in class for a particular sport, must remain in that class throughout that entire sports’ season.
2014-2015 FIVE CLASS NUMBERS

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<th>Class</th>
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<th>Range</th>
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<td>D</td>
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<tr>
<td>B</td>
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INDIVIDUAL SPORTS

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<td>I</td>
<td>600-up</td>
<td>A 800-up</td>
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<tr>
<td>II</td>
<td>599-below</td>
<td>B 400-799, C 399-below</td>
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CLASSIFICATION VARIATIONS
(as approved by the NYSPHSAA Executive Committee)

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<td>B</td>
<td>690-1039</td>
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<td>C</td>
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<td>C</td>
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<td>C</td>
<td>449-below</td>
<td>C</td>
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<td>C</td>
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<td></td>
<td>D</td>
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<td>(2015)</td>
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<tr>
<td>Ice Hockey</td>
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<td>Div II</td>
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Winter

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<tr>
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<tr>
<td>C</td>
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THE NYSPHSAA’s official school address directory is the Clell Wade New York State Coaches Directory. Available for purchase with the seasonal rule book order.

High school enrollment numbers used for classification purposes can be found on the Association website: www.nysphsaa.org
SECTION 1

PRESIDENT: Jim Lindsay, Dobbs Ferry HS 10522
VICE PRESIDENT: Scott Mosenthal, Irving UFSD 10533
EXECUTIVE DIRECTOR: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523
TREASURE: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523

Ardsley ARDSLEY UNION FREE SCHOOL DISTRICT 10502
  Ardsley High School, Ardsley 10502
  Ardsley Middle School, Ardsley 10502
Armonk BYRAM HILLS CENTRAL SCHOOL DISTRICT 10504
  Byram Hills Sr. High School, Armonk 10504
  H.C. Crittenden Middle School, Armonk 10504
Bardonia ALBERTUS MAGNUS HIGH SCHOOL 10954
  Albertus Magnus High School, Bardonia

Beacon BEACON CITY SCHOOL DISTRICT 12508
  Beacon High School, Beacon 12508
  Rombout Middle School, Beacon 12508
Blauvelt SOUTH ORANGETOWN CENTRAL SCHOOL DISTRICT 10913
  Tappen Zee High School, Orangeburg 10962
  South Orangetown Middle School, Blauvelt 10913
Brewster BREWSTER CENTRAL SCHOOL DISTRICT 10509
  Brewster High School, Brewster 10509
  Henry H. Wells Middle School, Brewster 10509
Briarcliff Manor BRIARCLIFF MANOR UNION FREE SCHOOL DISTRICT 10510
  Briarcliff High School, Briarcliff Manor 10510
  Briarcliff Middle School, Briarcliff Manor 10510
Bronxville BRONXVILLE UNION FREE SCHOOL DISTRICT 10708
  Bronxville High School, Bronxville 10708
  Bronxville Middle School, Bronxville 10708
Chappaqua CHAPPAQUA CENTRAL SCHOOL DISTRICT 10514
  Horace Greeley High School, Chappaqua 10514
  Robert E. Bell School, Chappaqua 10514
Cold Spring HALDANE CENTRAL SCHOOL DISTRICT 10516
  Haldane Jr./Sr. High School, Cold Spring 10516
Croton CROTON-HARMON UNION FREE SCHOOL DISTRICT 10520
  Croton-Harmon Sr.. High School, Croton 10520
  Pierre VanCortlandt School, Croton 10520
Dobbs Ferry DOBBS FERRY UNION FREE SCHOOL DISTRICT 10522
  Dobbs Ferry High School, Dobbs Ferry 10522
  Dobbs Ferry Middle School, Dobbs Ferry 10522
  Dobbs Ferry GREENBURGH ELEVEN UFSD 10522
  Greenburgh Eleven High School, Dobbs Ferry 10522
  Greenburgh Eleven Middle School, Dobbs Ferry 10522
  Dobbs Ferry GREENBURGH-NORTH CASTLE UFSD 10522
  Clark Academy, Dobbs Ferry 10522
  Greenburgh Academy, Yonkers 10701
Eastchester EASTCHESTER UNION FREE SCHOOL DISTRICT 10707
  Eastchester Sr. High School, Eastchester 10707
  Eastchester Middle School, Eastchester 10707
  Eastchester TUCKAHOE UNION FREE SCHOOL DISTRICT 10707
  Tuckahoe High School, Eastchester 10707
  Tuckahoe Middle School, Eastchester 10707
  Elmsford ELMSFORD UNION FREE SCHOOL DISTRICT
  Alexander Hamilton Jr./Sr. High School, Elmsford 10523
High school enrollment numbers used for classification purposes can be found on the Association website: www.nysphsaa.org
Nanuet Nanuet Union Free School District 10954
Nanuet Sr. High School, Nanuet 10954
A Macarthur Barr Middle School, Nanuet 10954

New City Clarkstown Central School District 10994
Clarkstown North Sr. High School, New City 10956
Clarkstown South Sr. High School, West Nyack 10994
Felix V Festa Middle School, West Nyack 10994

New Rochelle New Rochelle City School District 10801
New Rochelle Sr. High School, New Rochelle 10804
Albert Leonard Middle School, New Rochelle 10804
Isaac E Young Middle School, New Rochelle 10805

New Rochelle Ursuline School 10804

North Salem North Salem Central School District 10650
North Salem Jr./Sr. High School, North Salem 10560

Nyack Nyack Union Free School District 10960
Nyack Sr. High School, Nyack 10960
Nyack Middle School, Nyack 10960

Ossining Ossining Union Free School District 10562
Ossining Sr. High School, Ossining 10562
Anne M Dorner Middle School, Carmel 10512

Patterson Carmel Central School District 12563
Carmel Sr. High School, Carmel 10512
George Fischer Middle School, Carmel 10512

Pawling Pawling Central School District
Pawling High School, Pawling 12564
Pawling Middle School, Pawling 12564

Peekskill Peekskill Union Free School District 10566
Peekskill High School, Peekskill 10566
Peekskill Middle School, Peekskill 10566

Pelham Pelham Union Free School District 10803
Pelham Memorial High School, Pelham 10803
Pelham Middle School, Pelham 10803

Pleasantville Mount Pleasantville-Cottage School UFSWD 10570
Mount Pleasant-Cottage School, Pleasantville 10570

Poughkeepsie Poughkeepsie City School District 12603
Arlington High School, LaGrangeville 12540
Arlington Middle School, Poughkeepsie 12603
LaGrange Middle School, LaGrangeville 12540
Union Vale Middle School, LaGrangeville 12603

Poughkeepsie Our Lady of Lourdes 12603
Our Lady of Lourdes High School, Poughkeepsie 12603
Poughkeepsie Poughkeepsie City School District 12603
Poughkeepsie High School, Poughkeepsie 12603
Poughkeepsie Middle School, Poughkeepsie 12603

Purchase Keio Academy 10577
Keio Academy, Purchase 10577

Check the NYSphsAA website @ www.nysphsaa.org for Friend and Neighbor Updates

V.6/2014
Putnam Valley PUTNAM VALLEY CENTRAL SCHOOL DISTRICT 10579
  Putnam Valley High School, Putnam Valley 10579
  Putnam Valley Middle School, Putnam Valley 10579
Rye RYE CITY SCHOOL DISTRICT 10580
  Rye High School, Rye 10580
  Rye Middle School, Rye 10580
Rye Brook BLIND BROOK-RYE UNION FREE SCHOOL DISTRICT 10573
  Blind Brook Middle/High School, Rye Brook 10573
Scarsdale EDGEMONT UNION FREE SCHOOL DISTRICT 10583
  Edgemont Jr./Sr. High School, Edgemont 10583
Scarsdale SCARSDALE UNION FREE SCHOOL DISTRICT 10583
  Scarsdale Sr. High School, Scarsdale 10583
  Scarsdale Middle School, Scarsdale 10583
Shrub Oak LAKELAND CENTRAL SCHOOL DISTRICT 10588
  Lakeland Sr. High School, Shrub Oak 10588
  Walter Panas High School, Peekskill 10566
  Lakeland-Cooper Beech Middle School, Yorktown Heights 10598
Sleepy Hollow UNION FREE SCHOOL DISTRICT OF THE TARRYTOWNS 10591
  Sleepy Hollow Middle/High School, Sleepy Hollow 10591
  Sleepy Hollow POCANTICO HILLS CENTRAL SCHOOL DISTRICT 10591
  Pocantico Hills (Jr.) Central School, Sleepy Hollow 10591
Somers JOHN F KENNEDY HIGH SCHOOL 10589
  John F Kennedy, Catholic High School, Somers 10589
Spring Valley EAST RAMAPO CENTRAL SCHOOL DISTRICT 10977
  Ramapo Sr. High School Spring Valley 10977
  Spring Valley Sr. High School, Spring Valley 10977
  Pomona Middle School, Suffern 10901
  Chestnut Ridge Middle School, Chestnut Ridge 10977
Thornwood MOUNT PLEASANT UNION FREE SCHOOL DISTRICT 10594
  Westlake High School, Thornwood 10594
  Westlake Middle School, Thornwood 10594
Valhalla VALHALLA UNION FREE CENTRAL SCHOOL DISTRICT 10595
  Valhalla High School, Valhalla 10595
  Valhalla Middle School, Valhalla 10595
Wappingers Falls WAPPINGERS CENTRAL SCHOOL DISTRICT 12590
  John Jay Sr. High School, Hopewell Jct. 12533
  Roy C Ketcham Sr. High School, Wappingers Falls 12590
  Van Wyck Jr. High School, Wappingers Falls 12590
  Wappingers Falls Jr. High School, Wappingers Falls 12590
White Plains WHITE PLAINS CITY SCHOOL DISTRICT 10605
  White Plains Sr. High School, White Plains 10601
  White Plains Middle School, White Plains 10601
Yonkers CAROL & FRANK BIONDI EDUCATION CENTER 10705
  Carol & Frank Biondi Education Center Jr./Sr. High School, Yonkers 10705
Yonkers YONKERS CITY SCHOOL DISTRICT 10701
  Gorton High School, Yonkers 10701
  Lincoln High School, Yonkers 10704
  Palisades Prep HS, Yonkers 10701
  Riverside HS, Yonkers 10701
  Roosevelt High School, Yonkers 10710
  Saunders Trade & Tech High School, Yonkers 10701
  Yonkers High School, Yonkers 10705
  Yonkers Montessori Academy, Yonkers 10704
  Casimir Pulaski School, Scarsdale 10583
  Cedar Place Elementary School, Yonkers 10705
  Cross Hill Academy, Yonkers 10703
Enrico Fermi School, Yonkers 10701
Eugene Maria De Hostos Microsociety, Yonkers 10705
Family School 32, Yonkers 10710
Foxfire School, Yonkers 10701
Kahlil Gibran School, Yonkers 10710
Martin Luther King Jr. High Tech & Computer Magnet School, Yonkers 10701
Paideia School 15, Yonkers 10707
Patricia A. Dichiaro School, Yonkers 10708
Pearls Hawthorne School, Yonkers 10705
Robert C. Dodson School, Yonkers 10710
School 5 MS, Yonkers 10701
Scholastic Academy, Yonkers 10701
School 23 MS, Yonkers 10701
School 29, Yonkers 10710
School 30, Yonkers 10708
Yonkers Middle School, Yonkers 10705
Yorktown Heights YORKTOWN CENTRAL SCHOOL DISTRICT 10598

**Yorktown High School, Yorktown Heights 10598**
Mildred E. Strang Middle School, Yorktown Heights 10598

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**Section 1 FRIEND & NEIGHBOR ............................................................... Expiration Date**
German School of New York (7-12), 50 Partridge Rd, White Plains, NY 10605 .............................. 8/15
Hallen School (7-12), 97 Center St., New Rochelle, NY 10801 .................................................. 8/15
Horace Mann School (7-12), 231 West 246th St., Bronx, NY 14071 ........................................... 8/15
St. Margaret School (7-8), 34 No. Magnolia Street, Pearl River, NY 10965 ................................. 8/15
School of the Holy Child (7-12), 2205 Westchester Ave, Rye, NY 10580 ..................................... 8/15
NY School for the Deaf, Fanwood (7-12), 555 Knollwood Rd, White Plains, NY 10603 ............. 8/15
Westchester Hebrew High School (9-12), 856 Orienta Ave, Mamaroneck, NY 10543 ................. 8/15
EF International Academy (9-12), 100 Marymount Ave, Tarrytown, NY 10591 .......................... 8/15
Ripppowam Cisqua School (7-9), 439 Cantitoe St, Bedford, NY 10506 ...................................... 8/15

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**SECTION 2**

PRESIDENT: Paul Jenkins, Glens Falls HS 12801
1ST VICE PRESIDENT: Jamian Rockhill, Schoharie CS 12866
EXECUTIVE DIRECTOR: Wayne Bertrand, Saratoga Springs 12866
TREASURER: TBA

Albany ACADEMY OF THE HOLY NAMES 12208

**Academy of the Holy Names High School, Albany 12208**
Academy of the Holy Names Middle School, Albany 12208

Albany ACADEMY OF SPOKEN LANGUAGE 12208

Albany ALBANY ACADEMIES (THE) 12208

**The Albany Jr./Sr. Academies, Albany 12208**

Albany ALBANY CITY SCHOOL DISTRICT 12207

**Albany High School, Albany 12203**
North Albany Academy MS, Albany 12204
Stephen & Harriet Myers MS, Albany 12209
William S. Hackett Middle School, Albany 12202

Albany ALBANY LEADERSHIP CHARTER SCHOOL 12208

**Albany Leadership Charter School, Albany 12208**

Albany BISHOP MAGINN HIGH SCHOOL 12202
**Bishop Maginn High School, Albany 12202**

Albany CHRISTIAN BROTHERS ACADEMY 12205

**Christian Brothers Jr./Sr. Academy, Albany 12205**

Albany DOANE STUART SCHOOL 12202

**Doane Stuart Jr./Sr. High School, Albany 12202**
Albany GREEN TECH HIGH CHARTER SCHOOL 12210
Green Tech High Charter School, Albany 12210
Albany KIPP TECH CHARTER SCHOOL 12110
Kipp Tech Charter Jr. School, Albany 12110
Albany SOUTH COLONIE CENTRAL SCHOOL DISTRICT 12205
Colonie Central High School, Albany 12205
Lisha Kill Middle School, Albany 12205
Sand Creek Middle School, Albany 12205
Amsterdam AMSTERDAM CITY SCHOOL DISTRICT 12010
Amsterdam High School, Amsterdam 12010
Lynch Middle School, Amsterdam 12010
Argyle ARGYLE CENTRAL SCHOOL DISTRICT 12809
Argyle Jr./Sr. High School, Argyle 12809
Averill Park AVERILL PARK CENTRAL SCHOOL DISTRICT 12018
Averill Park High School, Averill Park 12018
Algonquin Middle School, Averill Park 12018
Ballston Spa BALLSTON SPA CENTRAL SCHOOL DISTRICT 12020
Ballston Spa Sr. High School, Ballston Spa 12020
Ballston Spa Middle School, Ballston Spa 12020
Berlin BERLIN CENTRAL SCHOOL DISTRICT 12022
Berlin Jr./Sr. High School, Cherry Plain 12040
Berne BERNE-KNOX-WESTERLO CENTRAL SCHOOL DISTRICT 12023
Berne-Knox-Westerlo Jr./Sr. High School, Berne 12023
Bolton Landing BOLTON CENTRAL SCHOOL DISTRICT 12814
Bolton Jr./Sr. High School, Bolton Landing 12814
Broadalbin BRODALBIN-PERTH CENTRAL SCHOOL DISTRICT 12025
Brodalbin-Perth High School, Brodalbin 12025
Brodalbin-Perth Middle School, Brodalbin 12025 Cairo
CAIRO-DURHAM CENTRAL SCHOOL DISTRICT 12413
Cairo-Durham Jr./Sr. High School, Cairo 12413
Cambridge CAMBRIDGE CENTRAL SCHOOL DISTRICT 12816
Cambridge Jr./Sr. High School, Cambridge 12816
Canajoharie CANAJOHARIE CENTRAL SCHOOL DISTRICT 13317
Canajoharie Sr. High School, Canajoharie 13317
Canajoharie Middle School, Canajoharie 13317
Caroga Lake WHEELERVILLE UNION FREE SCHOOL DISTRICT 12032
Wheelerville Jr. School, Caroga Lake 12032
Catskill CATSKILL CENTRAL SCHOOL DISTRICT 12414
Catskill Sr. High School, Catskill 12414
Catskill Middle School, Catskill 12414
Chatham CHATHAM CENTRAL SCHOOL DISTRICT 12307
Chatham High School, Chatham 12307
Chatham Middle School, Chatham 12307
Chestertown NO. WARREN CENTRAL SCHOOL DISTRICT 12817
North Warren Jr./Sr. High School, Chestertown 12817
Clifton Park SHENENDEHOWA CENTRAL SCHOOL DISTRICT 12065
Shenendehowa High School, Clifton Park 12065
Acadia Middle School, Clifton Park 12065
Gowana Middle School, Clifton Park 12065
Koda Middle School, Clifton Park 12065
Cobleskill COBLESKILL-RICHMONDVILLE CENTRAL SCHOOL DISTRICT 12043
Cobleskill-Richmondville High School, Richmondville 12149
William H Golding Middle School, Cobleskill 12043
Cohoes COHOES CITY SCHOOL DISTRICT 12047
Cohoes High School, Cohoes 12047

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Cohoes Middle School, Cohoes 12047
Cohoes CORINTH CENTRAL SCHOOL DISTRICT 12822
Cohoes Middle/High School, Cohoes 12822
Coxsackie COXSACKIE-ATHENS CENTRAL SCHOOL DISTRICT 12051
Coxsackie-Athens High School, Coxsackie 12051
Coxsackie-Athens Middle School, Coxsackie 12051
Craryville TACONIC HILL CENTRAL SCHOOL DISTRICT 12521
Taconic Hill Middle/High School, Craryville 12521
Delanson DUANCESBURG CENTRAL SCHOOL DISTRICT 12053
Duanesburg Jr./Sr. High School, Delanson
Delmar BETHLEHEM CENTRAL SCHOOL DISTRICT 12054
Bethlehem Central Sr. High School, Delmar 12054
Bethlehem Central Middle School, Delmar 12054
East Greenbush EAST GREENBUSH CENTRAL SCHOOL DISTRICT 12061
Columbia High School, East Greenbush 12061
Howard L Goff Middle School, East Greenbush 12061
Fonda FONDA-FULTONVILLE CENTRAL SCHOOL DISTRICT 12068
Fonda-Fultonville Sr. High School, Fonda 12068
Fonda-Fultonville Middle School, Fonda 12068
Fort Ann FORT ANN CENTRAL SCHOOL DISTRICT 12827
Fort Ann Jr./Sr. High School, Fort Ann 12827
Fort Edward FORT EDWARD UNION FREE SCHOOL DISTRICT 12828
Fort Edward Jr./Sr. High School, Fort Edward 12828
Fort Plain FORT PLAIN CENTRAL SCHOOL DISTRICT 13339
Fort Plain Jr./Sr. High School, Galway 12074
Galway GALWAY CENTRAL SCHOOL DISTRICT 12074
Galway Middle/High School, Galway 12074
Germantown GERMANTOWN CENTRAL SCHOOL DISTRICT 12526
Germantown Jr./Sr. High School, Germantown 12526
Ghent HAWTHORNE VALLEY SCHOOL 12075
Hawthorne Valley School, Ghent 12075
Glens Falls GLENS FALLS CITY SCHOOL DISTRICT 12801
Glens Falls Sr. High School, Glens Falls 12801
Glens Falls Middle School, Glens Falls 12801
Gloversville GLOVERSVILLE CITY SCHOOL DISTRICT 12078
Gloversville High School, Gloversville 12078
Gloversville Middle School, Gloversville 12078
GRANVILLE CENTRAL SCHOOL DISTRICT 12832
Granville Jr./Sr. High School, Granville 12832
Green Island GREEN ISLAND UNION FREE SCHOOL DISTRICT 12083
Heaty Jr./Sr. High School, Green Island 12183
Greenville GREENVILLE CENTRAL SCHOOL DISTRICT 12083
Greenville Jr./Sr. High School, Greenville 12083
Greenwich GREENWICH CENTRAL SCHOOL DISTRICT 12834
Greenwich Jr./Sr. High School, Greenwich 12834
Guilford GUILDERLAND CENTRAL SCHOOL DISTRICT 12084
Guilford High School, Guilford Center 12085
Farnsworth Middle School, Guilford 12084
HARTFORD CENTRAL SCHOOL DISTRICT 12838
Hartford Jr./Sr. High School, Hartford 12838
Hoosick Falls HOOSICK FALLS CENTRAL SCHOOL DISTRICT 12090
Hoosick Falls Middle/High School, Hoosick Falls 12090
Hudson HUDSON CITY SCHOOL DISTRICT 12534
Hudson Sr. High School, Hudson 12534

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Schenectady SCHALMONT CENTRAL SCHOOL DISTRICT 12306
   Schalmont High School, Schenectady 12306
   Schalmont Middle School, Schenectady 12306
Schenectady SCHENECTADY CITY SCHOOL DISTRICT 12307
   Schenectady High School, Schenectady 12308
   Central Park Middle School, Schenectady 12304
   Martin Luther King School, Schenectady 12307
   Mont Pleasant Middle School, Schenectady 12303
   Jessie T Zoller School, Schenectady 12308
   Paige School, Schenectady 12304
Schodack SCHODACK CENTRAL SCHOOL DISTRICT 12033
   Maple Hill High School, Castleton-on-Hudson 12033
   Maple Hill Middle School, Castleton-on-Hudson 12033
Schoharie SCHOHARIE CENTRAL SCHOOL DISTRICT 12157
   Schoharie Jr./Sr. High School, Schoharie 12157
Schuylerville SCHUYLERVILLE CENTRAL SCHOOL DISTRICT 12871
   Schuylerville Jr./Sr. High School, Schuylerville 12871
Schoharie BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOL DISTRICT 12302
   Burnt Hills-Ballston Lake Sr. High School, Burnt Hills 12027
   Richard H. O’Rourke Middle School, Burnt Hills 12027
Scotia SCOTIA-GLENVILLE CENTRAL SCHOOL DISTRICT 12302
   Scotia-Glenville Sr. High School, Scotia 12302
   Scotia-Glenville Jr. High School, Scotia 12302
   Scotia MEKEEL CHRISTIAN ACADEMY 12302
   Mekeel Christian Academy, Scotia 12302
Sharon Springs SHARON SPRINGS CENTRAL SCHOOL DISTRICT 13459
   Sharon Springs Jr./Sr. High School, Sharon Springs 13459
South Glens Falls SOUTH GLENS FALLS CENTRAL SCHOOL DISTRICT 12803
   So. Glens Falls Sr. High School, So. Glens Falls 12803
   Oliver W Winch Jr. High School, So. Glens Falls 12803
Stillwater STILLWATER CENTRAL SCHOOL DISTRICT 12170
   Stillwater Middle/High School, Stillwater 12170
Troy BRUNSWICK CENTRAL SCHOOL DISTRICT 12180
   Tamarac Middle School, Troy 12180
   Troy CATHOLIC CENTRAL HIGH SCHOOL 12182
   Catholic Central Jr./Sr. High School, Troy 12182
   Troy EMMA WILLARD SCHOOL 12180
   Emma Willard School, Troy 12180
   Troy LA SALLE INSTITUTE 12180
   LaSalle Jr./Sr. Institute, Troy 12180
Troy LANSINGBURGH CENTRAL SCHOOL DISTRICT 12182
   Lansingburgh Sr. High School, Troy 12182
   Knickerbacker Jr. High School, Troy 12182
   Troy TROY CITY SCHOOL DISTRICT 12180
   Troy High School, Troy 12180
   W Kenneth Doyle Middle School, Troy 12180
Valatie KINDERHOOK CENTRAL SCHOOL DISTRICT 12184
   Ichabod Crane Sr. High School, Valatie 12184
   Ichabod Crane Middle School, Valatie 12184
Voorheesville VOORHEESVILLE CENTRAL SCHOOL DISTRICT 12186
   C A Bouton Jr./Sr. High School, Voorheesville 12186
Warrensburg WARRANSBURG CENTRAL SCHOOL DISTRICT 12885
   Warrensburg Jr./Sr. High School, Warrensburg 12885
   Waterford WATERFORD-HALFMOON CENTRAL SCHOOL DISTRICT 12188
   Waterford Jr./Sr. High School, Waterford 12188
Watervliet WATERVLIET CITY SCHOOL DISTRICT 12189
   Watervliet Jr./Sr. High School, Watervliet 12189
West Lebanon NEW LEBANON CENTRAL SCHOOL DISTRICT 12125
   New Lebanon Jr./Sr. High School, Lebanon Springs 12114
Whitehall WHITEHALL CENTRAL SCHOOL DISTRICT 12887
   Whitehall Jr./Sr. High School, Whitehall 12887
Wynantskill WYNANTSKILL UNION FREE SCHOOL DISTRICT 12198
   Gardner-Dickinson Middle School, Wynantskill 12198

Section 2 FRIEND & NEIGHBOR ................................................................. Expiration Date
Darrow School (9-12), 110 Darrow Rd, New Lebanon, NY 12125 ............................................. 8/14
St. Mary’s/St. Alphonsus Academy (7-8), 97 School St., Glens Falls, NY 12801 ...................... 8/14
The Kings School (7-12), PO Box 300, Lake Luzerne, NY 12846 ........................................... 8/14
Waldorf School of Saratoga (7-12), 122 Regent, Saratoga Springs, NY 12866 ......................... 8/14
Grapeville Christian School (7-12), 2416 CR 26, Climax, NY 12042 ........................................ 8/14

SECTION 3

PRESIDENT: Brad Hamer, Jordan Elbridge HS, Jordan 13080
VICE PRESIDENT-GIRLS: April Wertheim, Corcoran HS, Syracuse 13207
VICE PRESIDENT-BOYS: Christopher Doroshenko, Morrisville-Eaton CS, Morrisville 13408
EXECUTIVE DIRECTOR: John Rathbun, 4983 Brittonfield Pkwy, Ste 201, E. Syracuse 13057

Adams SOUTH JEFFERSON CENTRAL SCHOOL DISTRICT 13605
   South Jefferson Jr./Sr. High School, Adams 13605
Alexandria Bay ALEXANDRIA CENTRAL SCHOOL DISTRICT 13607
   Alexandria Jr./Sr. High School, Alexandria Bay 13607
Auburn AUBURN CITY SCHOOL DISTRICT 13021
   Auburn High School, Auburn 13021
      East Middle School, Auburn 13021
      West Middle School, Auburn 13021
Auburn ST. JOSEPH SCHOOL 13021
   St. Joseph School (7-8), Auburn 13021
Auburn TYBURN ACADEMY OF MARY IMMACULATE 13021
   Tyburn Academy, Auburn 13021
Baldwinsville BALDWINSVILLE CENTRAL SCHOOL DISTRICT 13027
   Charles W. Baker High School, Baldwinsville 13207
      Theodore R Durgee Jr. (8-9) High School, Baldwinsville 13201
      Donald S. Ray School (6-7), Baldwinsville 13027
Beaver Falls BEAVER RIVER CENTRAL SCHOOL DISTRICT 13305
   Beaver River Middle/High School, Beaver Falls 13305
Belleville BELLEVILLE HENDERSON CENTRAL SCHOOL DISTRICT 13611
   Belleville-Henderson Jr./Sr. High School, Belleville 13611
Boonville ADIRONDACK CENTRAL SCHOOL DISTRICT 13309
   Adirondack Middle/High School, Boonville 13309
Brookfield BROOKFIELD CENTRAL SCHOOL DISTRICT 13314
   Brookfield Jr./Sr. Central School, Brookfield 13314
Camden CAMDEN CENTRAL SCHOOL DISTRICT 13316
   Camden Sr. High School, Camden 13316
      Camden Middle School, Camden 13316
Canastota CANASTOTA CENTRAL SCHOOL DISTRICT 13032
   Canastota High School, Canastota 13032
      Robert Street Middle School, Canastota 13032 Carthage
CARTHAGE CENTRAL SCHOOL DISTRICT 13619

High school enrollment numbers used for classification purposes can be found on the Association website: www.nysphssa.org
Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor Updates
Fulton Fulton CITY SCHOOL DISTRICT 13069
  G Ray High School, Fulton 13069
  Fulton Jr. High School, Fulton 13069
Hamilton Hamilton HAMILTON CENTRAL SCHOOL DISTRICT 13346
  Hamilton Jr./Sr. High School, Hamilton 13346
Hannibal Hannibal HANNIBAL CENTRAL SCHOOL DISTRICT 13074
  Hannibal Jr./Sr. High School, Hannibal 13074
Herkimer Herkimer HERKIMER CENTRAL SCHOOL DISTRICT 13350
  Herkimer Jr./Sr. High School, Herkimer 13350
Holland Patent Holland Patent HOLLAND PATENT CENTRAL SCHOOL 13354
  Holland Patent Central High School, Holland Patent 13354
  Holland Patent Middle School, Holland Patent 13354
Homer Homer HOMER CENTRAL SCHOOL DISTRICT 13077
  Homer Sr. High School, Homer 13077
  Homer Intermediate and Jr. High School, Homer 13077
Iliion Iliion CENTRAL VALLEY SCHOOL DISTRICT 13357
  Central Valley High School, Iliion 13357
Jordan Jordan JORDAN-ELBRIDGE CENTRAL SCHOOL DISTRICT 13080
  Jordan-Elbridge High School, Jordan 13080
  Jordan-Elbridge Middle School, Jordan 13080
LaFargeville LaFargeville LA FARGEVILLE CENTRAL SCHOOL DISTRICT 13656
  LaFargeville Jr./Sr. High School, LaFargeville 13656
  LaFayette LA FAYETTE CENTRAL SCHOOL DISTRICT 13084
  LaFayette Jr./Sr. High School, LaFayette 13084
  Onondaga Nation School, Nedrow 13120
Little Falls Little Falls LITTLE FALLS CITY SCHOOL DISTRICT 13365
  Little Falls Middle/High School, Little Falls 13365
Liverpool Liverpool LIVERPOOL CENTRAL SCHOOL DISTRICT 13090
  Liverpool High School, Liverpool 13090
  Chestnut Hill Middle School, Liverpool 13088
  Liverpool Middle School, Liverpool 13088
  Soule Road Middle School, Liverpool 13090
Lowville Lowville LOWVILLE ACADEMY & CENTRAL SCHOOL 13367
  Lowville Jr./Sr. High School, Lowville 13367
  Madison MADISON CENTRAL SCHOOL DISTRICT 13402
  Madison Jr./Sr. High School, Madison
Manlius Manlius FAYETTEVILLE-MANLIUS CENTRAL SCHOOL DISTRICT 13104
  Fayetteville-Manlius Sr. High School, Manlius 13104
  Eagle Hill Middle School, Manlius 13104
  Wellwood Middle School, Fayetteville 13066
Marcellus Marcellus MARCELUS CENTRAL SCHOOL DISTRICT 13108
  Marcellus High School, Marcellus 13108
  C.S. Driver Middle School, Marcellus 13108
McGraw McGraw MCGRAW CENTRAL SCHOOL DISTRICT 13101
  McGraw Jr./Sr. High School, McGraw 13101
  Mexico MEXICO CENTRAL SCHOOL DISTRICT 13114
Morrisville Morrisville MORRISVILLE-EATON CENTRAL SCHOOL DISTRICT 13408
  Morrisville Middle/High School, Morrisville 13408
  Munnsville STOCKBRIDGE VALLEY CENTRAL SCHOOL DISTRICT 13408
  Stockbridge Valley Jr./Sr. Central School, Munnsville 13409
  Nedrow ONONDAGA CENTRAL SCHOOL DISTRICT 13120
Onondaga Jr./Sr. High School, Nedrow 13120
New Hartford NEW HARTFORD CENTRAL SCHOOL DISTRICT 13413
New Hartford Sr. High School, New Hartford 13413
Perry Jr./High School, New Hartford 13413
Newport WEST CANADA VALLEY CENTRAL SCHOOL DISTRICT 13416
West Canada Valley Jr./Sr. High School, Newport 13416
New York Mills NEW YORK MILLS UNION FREE SCHOOL DISTRICT 13212
New York Mills Jr./Sr. High School, New York Mills 13417
North Syracuse NORTH SYRACUSE CENTRAL SCHOOL DISTRICT 13212
Cicero-N. Syracuse High School, Cicero 13039
Gillett Road Middle School, North Syracuse 13212
North Syracuse Jr. High School, North Syracuse 13212
Roxboro Road Middle School, Mattydale 13211
Old Forge TOWN OF WEBB UNION FREE SCHOOL DISTRICT 13420
Town of Webb Jr./Sr. High School, Old Forge 13420
Oneida ONEIDA CITY SCHOOL DISTRICT 13421
Oneida Sr. High School, Oneida 13421
Otto L Shortell Middle School, Wampsville 13163
Oriskany ORISKANY CENTRAL SCHOOL DISTRICT 13424
Oriskany Jr./Sr. High School, Oriskany 13424
Oswego OSWEGO CITY SCHOOL DISTRICT 13126
Oswego Sr. High School, Oswego 13126
Oswego Middle School, Oswego 13126
Parish ALTMAR-PARISH-WILLIAMSTOWN CENTRAL SCHOOL DISTRICT 13131
Altmar-Parish-Williamstown High School, Parish 13131
Altmar-Parish-Williamstown Middle School, Parish 13131
Philadelphia INDIAN RIVER CENTRAL SCHOOL DISTRICT 13673
Indian River High School, Philadelphia 13673
Indian River Middle School, Philadelphia 13672
Phoenix PHOENIX CENTRAL SCHOOL DISTRICT 13135
John C Birdlebough High School 13135
Emerson J Dillon Middle School, Phoenix 13135
Poland POLAND CENTRAL SCHOOL DISTRICT 13431
Poland Jr./Sr. High School, Poland 13431
Port Byron PORT BYRON CENTRAL SCHOOL DISTRICT 13140
Port Byron Sr. High School, Port Byron 13140
Port Byron Middle School, Port Byron 13140
Pulaski PULASKI CENTRAL SCHOOL DISTRICT 13142
Pulaski Jr./Sr. High School, Pulaski 13142
Remsen REMSEN CENTRAL SCHOOL DISTRICT 13438
Remsen Jr./Sr. High School, Remsen 13438
Rome ROME CATHOLIC HIGH SCHOOL 13440
Rome Catholic Jr./Sr. High School, Rome 13440
Rome Jr./Sr. High School, Rome 13440
Rome ROME CITY SCHOOL DISTRICT 13440
Rome Free Academy, Rome 13440
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VICE PRESIDENT: Margo Martin, Tioga CS, Tioga Center 13845
INTERSCHOLASTIC SPORTS COORDINATOR: Ben Nelson, 21 Liberty Street, Civic Center Box 7, Sidney 13838
TREASURER: Thomas DeLaurentis, 21 Liberty Street, Civic Center Box 7, Sidney 13838

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<td>Richfield Springs RICFIELD SPRINGS CENTRAL SCHOOL DISTRICT 13439</td>
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<td>Charles O Dickerson High School, Trumansburg 14886</td>
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<td>Whitney Point WHITNEY POINT CENTRAL SCHOOL DISTRICT 13862</td>
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Kendall KENDALL CENTRAL SCHOOL DISTRICT 14476

Kendall Jr./Sr. High School, Kendall 14476
LeRoy LEROY CENTRAL SCHOOL DISTRICT 14482

LeRoy Jr./Sr. High School, LeRoy 14482
Lima LIMA CHRISTIAN SCHOOL 14485

Lima Christian School, Lima 14485
Livonia LIVONIA CENTRAL SCHOOL 14487

Livonia Jr./Sr. High School, Livonia 14487
Livonia Middle School, Livonia 14487
Lyndonville LYNDONVILLE CENTRAL SCHOOL DISTRICT 14098

LA Webber Middle/High School, Lyndonville 14098
Lyons LYONS CENTRAL SCHOOL DISTRICT 14489

Lyons Sr. High School, Lyons 14489
Lyons Middle School, Lyons 14489
Marion MARION CENTRAL SCHOOL DISTRICT 14505
Marion Jr./Sr. High School, Marion 14505
Mount Morris MOUNT MORRIS CENTRAL SCHOOL DISTRICT 14510
Mount Morris Middle/Sr. High School, Mount Morris 14510
Naples NAPLES CENTRAL SCHOOL DISTRICT 14512
Naples Jr./Sr. High School, Naples 14512
Newark NEWARK CENTRAL SCHOOL DISTRICT 14513
Newark Sr. High School, Newark 14513
Newark Middle School, Newark 14513
Newark ST. MICHAEL SCHOOL 14513
St. Michael School (7-8), Newark 14513
North Greece GREECE CENTRAL SCHOOL DISTRICT 14515
Greece-Arcadia High School, Rochester 14612
Greece-Athena High School, Rochester 14612
Greece-Olympia Sr. High School, Rochester 14615
Odyssey Academy, Rochester 14615
Arcadia Middle School, Rochester 14612
Apollo Middle School, Rochester 14615
Athena Middle School, Rochester 14612
Nunda DALTON-NUNDA (KESHEQUA) CENTRAL SCHOOL DISTRICT 14517
Dalton-Nunda High School, Nunda 14517
Dalton-Nunda Middle School, Nunda 14517
Oakfield OAKFIELD-ALABAMA CENTRAL SCHOOL DISTRICT 14125
Oakfield-Alabama Middle/High School, Oakfield 14125
Ontario Center WAYNE CENTRAL SCHOOL DISTRICT 14520
Wayne Sr. High School, Ontario Center 14520
Wayne Central Middle School, Ontario Center 14520
Ovid SOUTH SENECA CENTRAL SCHOOL DISTRICT 14521
South Seneca High School, Ovid 14521
South Seneca Middle School, Ovid 14521
Palmyra PALMYRA-MACEDON CENTRAL SCHOOL DISTRICT 14522
Palmyra-Macedon Sr. High School, Palmyra 14522
Palmyra-Macedon Middle School, Palmyra 14522
Pavilion PAVILION CENTRAL SCHOOL DISTRICT 14525
Pavilion Jr./Sr. High School, Pavilion 14525
Penfield PENFIELD CENTRAL SCHOOL DISTRICT 14526
Penfield Sr. High School, Penfield 14526
Bay Trail Middle School, Penfield 14526
Penfield CHARLES G. FINNEY HIGH SCHOOL 14526
Charles G. Finney High School, Penfield 14526
Penn Yan PENN YAN CENTRAL SCHOOL DISTRICT 14527
Penn Yan Academy, Penn Yan 14527
Penn Yan Middle School, Penn Yan 14527
Perry PERRY CENTRAL SCHOOL DISTRICT 14530
Perry High School, Perry 14530
Perry Middle School, Perry 14530
Pittsford PITTSFORD CENTRAL SCHOOL DISTRICT 14534
Pittsford Sutherland Sr. High School, Pittsford 14534
Pittsford-Mendon High School, Pittsford 14534
Baker Road Middle School, Pittsford 14534
Calkins Road Middle School, Pittsford 14534
Prattsburg PRATTSBURG CENTRAL SCHOOL DISTRICT 14873
Prattsburg Jr./Sr. High School, Prattsburg 14873
Red Creek RED CREEK CENTRAL SCHOOL DISTRICT 13143
Red Creek High School, Red Creek 13143
Red Creek Middle School, Red Creek 13143
Retsof YORK CENTRAL SCHOOL DISTRICT 14539
York Middle/High School, Retsof 14539  
Rochester AQUINAS INSTITUTE 14613
**Aquinas Institute, Rochester 14613**
Rochester BISHOP KEARNEY 14617
**Bishop Kearney High School, Rochester 14617**
Rochester BRIGHTON CENTRAL SCHOOL DISTRICT 14618
**Brighton High School, Rochester 14618**
Twelve Corners Middle School, Rochester 14618
Rochester DESTINY CHRISTIAN SCHOOL
**Destiny Christian School, Rochester 14620**
Rochester EAST IRONDEQUOIT CENTRAL SCHOOL DISTRICT 14609
**Eastridge Sr. High School, Rochester 14622**
East Irondequoit Middle School, Rochester 14609
Rochester EUGENIO MARIA DE HOSTOS CHARTER SCHOOL 14621
Eugenio Maria De Hostos Charter School, Rochester 14624
Rochester GATES-CHILI CENTRAL SCHOOL DISTRICT 14621
**Gates-Chili High School, Rochester 14624**
Gates-Chili Middle School, Rochester 14624
Rochester HARLEY SCHOOL (THE)
**The Harley School, Rochester 14618**
Rochester ALLENDALE COLUMBIA SCHOOL 14618
**Allendale Columbia School, Rochester 14612**
Rochester GREECE CHRISTIAN SCHOOL 14612
**Greece Christian School, Rochester 14612**
Rochester MCQUAID JESUIT HIGH SCHOOL 14618
**McQuaid Jesuit Jr./Sr. High School, Rochester 14618**
Rochester NORTH STAR CHRISTIAN ACADEMY 14606
**North Star Christian Jr./Sr. High School, Rochester 14610**
Rochester OUR LADY OF MERCY HIGH SCHOOL 14610
**Our Lady of Mercy Jr./Sr. High School, Rochester 14610**
Rochester ROCHESTER CAREER MENTORING CHARTER SCHOOL (9) 14605
**Rochester Career Mentoring Charter School, Rochester 14605**
Rochester ROCHESTER CITY SCHOOL DISTRICT 14614
**Charlotte High School, Rochester 14612**
Dr. Freddie Thomas High School, Rochester 14605
East High School, Rochester 14609
**Global Media Arts HS at Franklin, Rochester 14621**
Integrated Arts and Technology High School, Rochester 14621
James Monroe High School, Rochester 14607
John Marshall High School, Rochester 14615
Joseph C Wilson Magnet High School, Rochester 14611
Leadership Academy for Young Men, Rochester 14606
Northeast College Preparatory School, Rochester 14609
**Northwest College Preparatory High School, Rochester 14609**
Robert Brown School of Construction and Design, Rochester 14606
Rochester Early College International High School, Rochester 14611
**Rochester Science, Technology, Engineering and Math High School, Rochester 14606**
School of Arts, Rochester 14607
School Without Walls, Rochester 14607
Thomas Jefferson High School, Rochester 14608
Vanguard Collegiate High School, Rochester 14621
World of Inquiry School, Rochester 14605

Adlai E Stevenson, Rochester 14611

Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor Updates
Clara Barton, Rochester 14608
Dr. Charles T Lunsford, Rochester 14608
Dr. Martin Luther King Jr., Rochester 14605
Enrico Fermi, Rochester 14611
Lincoln Park, Rochester 14621
Nathaniel Rochester, Rochester 14611
George Mather Forbes, Rochester 14611
John Walton Spencer, Rochester 14619
John Williams, Rochester 14608
Roberto Clemente, Rochester 14621
Rochester SIENA CATHOLIC ACADEMY 14610
Siena Catholic Academy, Rochester 14610
Rochester TRUE NORTH ROCHESTER PREP CHARTER 14619
True North Rochester Prep Charter (7-8), Rochester 14619
Rochester UNIVERSITY PREP CHARTER SCHOOL – YOUNG MEN 14613
University Prep Charter School-Young Men (Jr.), Rochester
Rochester WEST IRONDEQUOIT CENTRAL SCHOOL DISTRICT 14617
Irondequoit High School, Rochester 14617
Drake Junior High School, Rochester 14617
Iroquois Middle School, Rochester 14617
Rogers Middle School, Rochester 14617
Rochester YOUNG WOMEN’S COLLEGE PREP CHARTER SCHOOL (7) 14613
Young Women’s College Prep Charter School, Rochester 14613
Romulus ROMULUS CENTRAL SCHOOL DISTRICT 14541
Romulus Jr./Sr. High School, Romulus 14541
Rushville GORHAM-MIDDLESEX (MARCUS WHITMAN) CENTRAL SCHOOL DISTRICT 14544
Marcus Whitman High School, Rushville 14544
Marcus Whitman Middle School, Rushville 14544
Scio SCIO CENTRAL SCHOOL DISTRICT 14880
Scio Jr./Sr. High School, Scio 14880
Scottsville WHEATLAND-CHILI CENTRAL SCHOOL DISTRICT 14546
Wheatland-Chili Jr./Sr. High School, Scottsville 14546
Seneca Falls SENeca FALLS CENTRAL SCHOOL DISTRICT 13148
Mynderse Academy, Seneca Falls 13148
Seneca Falls Middle School, Seneca Falls 13148
Shortsville MANCHESTER-SHORTSVILLE CENTRAL SCHOOL DISTRICT 14548
Red Jacket High School, Shortsville 14548
Red Jacket Middle School, Shortsville 14548
Sodus SODUS CENTRAL SCHOOL DISTRICT 14551
Sodus Jr./Sr. High School, Sodus 14551
Spencerport SPENCERPORT CENTRAL SCHOOL DISTRICT 14559
Spencerport High School, Spencerport 14559
A M Cosgrove Middle School, Spencerport 14559
Victor VICTOR CENTRAL SCHOOL DISTRICT 14564
Victor Sr. High School, Victor 14564
Victor Jr. High School, Victor 14564
Walworth GANANDA CENTRAL SCHOOL DISTRICT 14568
Gananda/R A Cirillo High School, Walworth 14568
Gananda Middle School, Walworth 14568
Warsaw WARSaw CENTRAL SCHOOL DISTRICT 14569
Warsaw Middle/Sr. High School, Warsaw 14569
Waterloo WATERLOO CENTRAL SCHOOL DISTRICT 13165
Waterloo High School, Waterloo 13165
Waterloo Middle School, Waterloo 13165
Wayland WAYLAND-COHocton CENTRAL SCHOOL DISTRICT 14572
Wayland-Cohocton High School, Wayland 14572
Wayland-Cohocton Middle School, Wayland 14572
Webster WEBSTER CENTRAL SCHOOL DISTRICT 14580
Webster-Schroeder High School, Webster 14580
Thomas High School, Webster 14580
Spry Middle School, Webster 14580
Willink Middle School, Webster 14580
Webster WEBSTER CHRISTIAN ACADEMY 14580
Webster Christian Academy (7-12), Webster 14580
Wellsville WELLSVILLE CENTRAL SCHOOL DISTRICT 14895
Wellsville Sr. High School, Wellsville 14895
Wellsville Middle School, Wellsville 14895
Wellsville IMMACULATE CONCEPTION SCHOOL 14895
Immaculate Conception (7-8) School, Wellsville 14895
Whitesville WHITESVILLE CENTRAL SCHOOL DISTRICT 14897
Whitesville Jr./Sr. High School, Whitesville 14897
North Rose-Wolcott High School, Wolcott 14590
North Rose-Wolcott Middle School, Wolcott 14590
Williamson WILLIAMSON CENTRAL SCHOOL DISTRICT 14589
Williamson Sr. High School, Williamson 14589
Williamson Middle School, Williamson 14589
Wyoming WYOMING CENTRAL SCHOOL 14590
Wyoming High School, Wyoming 14591

Section 5 FRIEND & NEIGHBOR ................................................................. Expiration Date
Archangel School (7-12), 95 Stanton Lane, Rochester, NY 14617 .................................................. 8/14
Gilead School of Discipleship (7-10), 181 Main St., Perry, NY 14530. ............................................ 8/14
Andrews-Trahey Campus School (7-12), 1183 Monroe Ave, Rochester, NY 14625 ......................... 8/14
Rochester Christian School (7-8), 260 Embury Rd, Rochester, NY 14625 ................................. 8/14
Rochester School for the Deaf (7-12), 1545 St. Paul St., Rochester, NY 14621 ......................... 8/15
St. Mary’s School (7-8), 16 E. Gibson St., Canandaigua, NY 14424. ............................................ 8/15
Rochester Academy Charter School (7-12), 901 Portland Ave., Rochester, NY 14624 .......... 8/15

SECTION 6

PRESIDENT: Jeff Rabey, Depew CS 14043
RESIDENT ELECT: Brett Banker, Kenmore East HS, Tonawanda 14150
EXECUTIVE DIRECTOR: Timm Slade, 355 Harlem Road, West Seneca 14224
TREASURER: Loren Ratajczak, 355 Harlem Road, West Seneca 14224

Akron AKRON CENTRAL SCHOOL DISTRICT 14001
Akron Sr. High School, Akron 14001
Akron Middle School, Akron 14001
Albion ALBION CENTRAL SCHOOL DISTRICT 14411
Charles D’Amico High School, Albion 14411
Carl I. Bergerson Middle School, Albion 14411
Alden ALDEN CENTRAL SCHOOL DISTRICT 14004
Alden Sr. High School, Alden 14004
Alden Middle School, Alden 14004
Allegany ALLEGANY-LIMESTONE CENTRAL SCHOOL DISTRICT 14706
Allegany-Limestone High School, Allegany 14706
Allegany-Limestone Middle School, Allegany 14706
High school enrollment numbers used for classification purposes can be found on the Association website: www.nysphsaa.org
Cheektowaga Jr./Sr. High School, Cheektowaga 14225
Cheektowaga Middle School, Cheektowaga 14225
Pine Hill Education Center, Buffalo 14215
Cheektowaga CLEVELAND HILL UNION FREE SCHOOL DISTRICT 14225

Maryvale High School, Cheektowaga 14225
Maryvale Middle School, Cheektowaga 14225

Cleveland Hill Middle School, Cheektowaga 14225

Cheektowaga CLARENCES CENTRAL SCHOOL DISTRICT 14031

Cheektowaga Jr./Sr. High School, Cheektowaga 14225
Cheektowaga Middle School, Cheektowaga 14225

Clymer CLYMER CENTRAL SCHOOL DISTRICT 14724

Clymer Jr./Sr. High School, Clymer 14724
Clymer Middle/High School, Clymer 14724

Depew DEPE CENTRAL SCHOOL DISTRICT 14043

Depew Jr./Sr. High School, Depew 14043
Depew Middle School, Depew 14043

Dunkirk DUNKIRK CITY SCHOOL DISTRICT 14048

Dunkirk Sr. High School, Dunkirk 14048
Dunkirk Middle School, Dunkirk 14048

East Aurora E. AURORA UNION FREE SCHOOL DISTRICT 14052

East Aurora Jr./Sr. High School, East Aurora 14052
East Aurora Middle School, East Aurora 14052

Eden EDEN CENTRAL SCHOOL DISTRICT 14057

Eden Jr./Sr. High School, Eden 14057
Eden Middle/High School, Eden 14057

Ellicottville ELLICOTTVILLE CENTRAL SCHOOL DISTRICT 14721

Ellicottville Jr./Sr. High School, Ellicottville 14721
Ellicottville Middle/High School, Ellicottville 14721

Elma IROQUOIS CENTRAL SCHOOL DISTRICT 14059

Iroquois Jr./Sr. High School, Elma 14059
Iroquois Middle School, Elma 14059

Falconer FALCONER CENTRAL SCHOOL DISTRICT 14733

Falconer Jr./Sr. High School, Falconer 14733
Falconer Middle/High School, Falconer 14733

Forestville FORESTVILLE CENTRAL SCHOOL DISTRICT 14062

Forestville Jr./Sr. High School, Forestville 14062
Forestville Middle/High School, Forestville 14062

Franklinville FRANKLINVILLE CENTRAL SCHOOL DISTRICT 14737

Franklinville Jr./Sr. High School, Franklinville 14737
Franklinville Middle/High School, Franklinville 14737

Fredonia FREDONIA CENTRAL SCHOOL DISTRICT 14063

Fredonia Jr./Sr. High School, Fredonia 14063
Fredonia Middle School, Fredonia 14063

Fredonia Jr./Sr. High School, Fredonia 14063
Fredonia Middle School, Fredonia 14063

Frewsburg FRESWURG CENTRAL SCHOOL DISTRICT 14738

Frewsburg Jr./Sr. High School, Frewsburg 14738
Frewsburg Jr./Sr. High School, Frewsburg 14738

Gowanda GOWANDA CENTRAL SCHOOL DISTRICT 14070

Gowanda Jr./Sr. High School, Gowanda 14070
Gowanda Middle School, Gowanda 14070

Grand Island GRAND ISLAND CENTRAL SCHOOL DISTRICT 14072

Grand Island Jr./Sr. High School, Grand Island 14072
Grand Island Jr./Sr. High School, Grand Island 14072
Grand Island Jr./Sr. High School, Grand Island 14072

Grand Island Jr./Sr. High School, Grand Island 14072

Grand Island Jr./Sr. High School, Grand Island 14072

Grand Island Jr./Sr. High School, Grand Island 14072

Grand Island Jr./Sr. High School, Grand Island 14072

Grand Island Jr./Sr. High School, Grand Island 14072

Frontier Sr. High School, Hamburg 14075
Frontier Middle School, Hamburg 14075

Hamburg HAMBURG CENTRAL SCHOOL DISTRICT 14075

Hamburg Jr./Sr. High School, Hamburg 14075
Hamburg Jr./Sr. High School, Hamburg 14075

Hamburg Jr./Sr. High School, Hamburg 14075
Hamburg Jr./Sr. High School, Hamburg 14075

Holland HOLLAND CENTRAL SCHOOL DISTRICT 14080

Holland Jr./Sr. High School, Holland 14080
Holland Jr./Sr. High School, Holland 14080
Holland Jr./Sr. High School, Holland 14080

Holland Jr./Sr. High School, Holland 14080
Holland Jr./Sr. High School, Holland 14080

Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor Updates
Jamestown JAMESTOWN CITY SCHOOL DISTRICT 14701
Jamestown High School, Jamestown 14701
Persell Middle School, Jamestown 14701
Thomas Jefferson Middle School, Jamestown 14701
George Washington Middle School, Jamestown 14701
Jamestown SOUTHWESTERN CENTRAL SCHOOL DISTRICT 14701
Southwestern Sr. High School, Jamestown 14701
Southwestern Middle School, Jamestown 14701
Lackawanna LACKAWANNA CITY SCHOOL DISTRICT 14218
Lackawanna High School, Lackawanna 14218
Lackawanna Middle School, Lackawanna 14218
Global Concepts Charter School, Lackawanna 14218
Lancaster LANCASTER CENTRAL SCHOOL DISTRICT 14086
Lancaster High School, Lancaster 14086
Lockport LOCKPORT CITY SCHOOL DISTRICT 14094
Lockport Sr. High School, Lockport 14094
Emmet Belknap Middle School, Lockport 14094
North Park Middle School, Lockport 14094
Lockport STARPOINT CENTRAL SCHOOL DISTRICT 14094
Starpoint High School, Lockport 14094
Starpoint Middle School Lockport 14094
Mayville CHAUTAUQUA LAKE CENTRAL SCHOOL DISTRICT 14757
Chautauqua Lake Jr. Sr. High School, Mayville 14757
Middleport ROUALTON HARTLAND CENTRAL SCHOOL DISTRICT 14150
Royalton-Hartland High School, Middleport 14105
Royalton-Hartland High School, Middleport 14105
Medina MEDINA CENTRAL SCHOOL DISTRICT 14103
Medina High School, Medina 14103
Wise Middle School, Medina 14103
Newfane NEWFANE CENTRAL SCHOOL DISTRICT 14108
Newfane Sr. High School, Newfane 14108
Newfane Middle School, Newfane 14108
Niagara Falls NIAGARA FALLS CITY SCHOOL DISTRICT 14304
Niagara Falls High School, Niagara Falls 14305
Gaskill Prep School (JHS), Niagara Falls 14301
Lasalle Prep School (JHS), Niagara Falls 14304
North Collins NORTH COLLINS CENTRAL SCHOOL DISTRICT 14111
North Collins Jr./Sr. High School, North Collins 14111
North Tonawanda NORTH TONAWANDA CITY SCHOOL DISTRICT 14120
North Tonawanda Sr. High School, North Tonawanda 14120
North Tonawanda Middle School, North Tonawanda 14120
Olean OLEAN CITY SCHOOL DISTRICT 14760
Olean Sr. High School, Olean 14760
Olean Middle School, Olean 14760
Orchard Park ORCHARD PARK CENTRAL SCHOOL DISTRICT 14127
Orchard Park High School, Orchard Park 14127
Orchard Park Middle School, Orchard Park 14127
Panama PANAMA CENTRAL SCHOOL DISTRICT 14767
Panama Jr./Sr. High School, Panama 14767
Portville PORTVILLE CENTRAL SCHOOL DISTRICT 14770
Portville Jr./Sr. High School, Portville 14770
Randolph RANDOLPH CENTRAL SCHOOL DISTRICT 14772
Randolph Jr./Sr. High School, Randolph 14772
Ripley RIPLEY CENTRAL SCHOOL DISTRICT 14775
Ripley Jr./Sr. High School, Ripley 14775
Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor Updates

Salamanca SALAMANCA CITY SCHOOL DISTRICT 14779
  Salamanca Sr. High School, Salamanca 14779
  Salamanca Middle School, Salamanca 14779
Sanborn NIAGARA-WHEATFIELD CENTRAL SCHOOL DISTRICT 14132
  Niagara-Wheatfield Sr. High School, Sanborn 14132
  Edward Town Middle School, Sanborn 14132
Sherman SHERMAN CENTRAL SCHOOL DISTRICT 14781
  Sherman Jr./Sr. High School, Sherman 14781
Silver Creek SILVER CREEK SVCNTRAL SCHOOL DISTRICT 14136
  Silver Creek Sr. High School, Silver Creek 14136
  Silver Creek Middle School, Silver Creek 14136
Sinclairville CASSADAGA VALLEY CENTRAL SCHOOL DISTRICT 14782
  Cassadaga Valley Jr./Sr. High School, Sinclairville 14782
Sloan CHEEKTOWAGA-SLOAN UNION FREE SCHOOL DISTRICT 14212
  John F. Kennedy Sr. High School, Cheektowaga 14227
  John F. Kennedy Middle School, Cheektowaga 14227
South Dayton PINE VALLEY CENTRAL SCHOOL DISTRICT 14138
  Pine Valley Jr./Sr. High School, South Dayton 14138
Springville SPRINGVILLE GRIFFITH INSTITUTE 14141
  Griffith Institute High School, Springville 14141
  Griffith Institute Middle School, Springville 14141
Tonawanda TONAWANDA CITY SCHOOL DISTRICT 14150
  Tonawanda Jr./Sr. High School, Tonawanda 14150
  Tonawanda Sr. High School, Tonawanda 14145
  Tonawanda Middle School, Tonawanda 14145
  Health Sciences Charter School (9-10), Tonawanda 14150
  West Seneca EAST SENECA CENTRAL SCHOOL DISTRICT 14224
    West Seneca East Sr. High School, West Seneca 14224
    West Seneca West Sr. High School, West Seneca 14224
    East Middle School, West Seneca 14224
    West Middle School, West Seneca 14224
  West Valley WEST VALLEY CENTRAL SCHOOL DISTRICT 14171
    West Valley Jr./Sr. High School, West Valley 14171
  Westfield WESTFIELD CENTRAL SCHOOL DISTRICT 14787
    Westfield Jr./Sr. High School, Westfield 14787
    Westfield Middle School, Westfield 14787
Williamsville WILLIAMSVILLE CENTRAL SCHOOL DISTRICT 14221
  Williamsville East High School, East Amherst 14051
  Williamsville North High School, Williamsville 14221
  Williamsville South High School, Williamsville 14221
  Casey Middle School, East Amherst 14051
  Heim Middle School, Williamsville 14221
  Mill Middle School, Williamsville 14221
  Transit Middle School, East Amherst 14051
Wilson WILSON CENTRAL SCHOOL DISTRICT 14172
  Wilson Jr./Sr. High School, Wilson 14172
Youngstown LEWISTON-PORTER CENTRAL SCHOOL DISTRICT 14174
  Lewiston-Porter Sr. High School, Youngstown 14174
  Lewiston-Porter Middle School, Youngstown 14174
Yorkshire YORKSHIRE-PIioneer CENTRAL SCHOOL DISTRICT 14173
  Pioneer Sr. High School, Yorkshire 14173
  Pioneer Middle School, Yorkshire 14173

Section 6 FRIEND & NEIGHBOR ................................................................. Expiration Date
Christian Central Academy (7-12), 39 Academy St., Williamsville, NY 14221 .................. 8/15

V.6/2014
Northern Chautauqua Catholic School (7-8), 336 Washington Ave, Dunkirk, NY 14048 8/15
St. Mary's School for the Deaf (7-12), 2253 Main Street, Buffalo, NY 14214 8/15
Elmwood Franklin School (7-8), 104 New Amsterdam Ave, Buffalo, NY 14216 8/14
New Life Christian School (7-12), 102 Wake Forest Ave, Olean, NY 14760 8/14
St. Gregory The Great (7-8), 200 St. Gregory Court, Williamsville, NY 14221 8/15
Southern Tier Catholic School (7-8), 208 North 24th St, Olean, NY 14760 8/14

SECTION 7

PRESIDENT: Fred Hooper, Keene CS, Keene Valley 12943
1st VICE PRESIDENT: Patricia Ryan-Curry, Indian Lake CS 12842
2nd VICE PRESIDENT: TBA
PAST PRESIDENT: Paul Savage, AuSable Valley CVS, Clintonville 12924
EXECUTIVE DIRECTOR: Karen Lopez, 3 Tanglewood Drive, Peru 12972
TREASURER: Joe Staves, Plattsburgh HS 12901

Chazy CHAZY UNION FREE SCHOOL DISTRICT 12921
  Chazy Central Rural Jr./Sr. High School, Chazy 12921
Champlain NORTHEASTERN CLINTON CENTRAL SCHOOL DISTRICT 12919
  Northeastern Clinton Sr. High School, Champlain 12919
  Northeastern Clinton Middle School, Champlain 12919
  Clinton AUSSABLE VALLEY CENTRAL SCHOOL DISTRICT 12924
    Ausable Valley Middle/High School, Clintonville 12924
  Crown Point CROWN POINT CENTRAL SCHOOL DISTRICT 12928
    Crown Point Jr./Sr. High School, Crown Point 12928
Elizabethtown ELIZABETHTOWN-LEWIS CENTRAL SCHOOL DISTRICT 12932
  Elizabethtown-Lewis Jr./Sr. High School, Elizabethtown 12932
Ellenburg Depot NORTHERN ADIRONDACK CENTRAL SCHOOL DISTRICT 12935
  North Adirondack Jr./Sr. High School, Ellenburg Depot 12935
Indian Lake INDIAN LAKE CENTRAL SCHOOL DISTRICT 12842
  Indian Lake Jr./Sr. High School, Indian Lake 12842
Keene Valley KEENE CENTRAL SCHOOL DISTRICT 12943
  Keene Jr./Sr. High School, Keene 12943
Lake Placid LAKE PLACID CENTRAL SCHOOL DISTRICT 12946
  Lake Placid Jr./Sr. High School, Lake Placid 12946
  Lake Pleasant LAKE PLEASANT CENTRAL SCHOOL DISTRICT 12164
    Lake Pleasant School, Lake Pleasant 12164
Long Lake LONG LAKE CENTRAL SCHOOL DISTRICT 12847
  Long Lake Jr./Sr. High School, Long Lake 12847
Newcomb NEWCOMB CENTRAL SCHOOL DISTRICT 12852
  Newcomb Jr./Sr. High School, Newcomb 12852
Olmstedville MINERVA CENTRAL SCHOOL DISTRICT 12857
  Minerva Jr./Sr. High School, Olmstedville 12857
Peru PERU CENTRAL SCHOOL DISTRICT 12972
  Peru Jr./Sr. High School, Peru 12972
Plattsburgh BEEKMANTOWN CENTRAL SCHOOL DISTRICT 12901
  Beekmantown Middle/High School, Plattsburgh 12901
Plattsburgh PLATTSBURGH CITY SCHOOL DISTRICT 12901
  Plattsburgh Sr. High School, Plattsburgh 12901
  Stafford Middle School, Plattsburgh 12901
Plattsburgh SETON CATHOLIC CENTRAL HIGH SCHOOL 12901
  Seton Catholic Central High School, Plattsburgh 12901
Port Henry MORIAH CENTRAL SCHOOL DISTRICT 12974
  Moriah Jr./Sr. High School, Port Henry 12974
Saranac SARANAC CENTRAL SCHOOL DISTRICT 12981
Saranac High School, Saranac 12981
Saranac Middle School, Saranac 12981
Saranac Lake SARANAC LAKE CENTRAL SCHOOL DISTRICT 12983
Saranac Lake Sr. High School, Saranac Lake 12983
Saranac Lake Middle School, Saranac Lake 12983
Schroon Lake SCHROON LAKE CENTRAL SCHOOL DISTRICT 12870
Schroon Lake Jr./Sr. High School, Schroon Lake 12870
Ticonderoga TONDEROGA CENTRAL SCHOOL DISTRICT 12883
Ticonderoga Sr. High School, Ticonderoga 12883
Ticonderoga Middle School, Ticonderoga 12883
Wells WELLS CENTRAL SCHOOL DISTRICT 12190
Wells Jr./Sr. High School, Wells 12190
Westport WESTPORT CENTRAL SCHOOL DISTRICT 12993
Westport Jr./Sr. High School, Westport 12993
Willsboro WILLSBORO CENTRAL SCHOOL DISTRICT 12996
Willsboro Jr./Sr. High School, Willsboro 12996

Section 7 FRIEND & NEIGHBOR ................................................................. Expiration Date
St. Mary’s (7-8), 64 Amherst Avenue, Ticonderoga, NY 12883 ......................................................... 8/14

SECTION 8

PRESIDENT: Joseph Rainis, Lynbrook HS 11563
PAST PRESIDENT: Dave Zawatson, Great Neck District 11020
VICE PRESIDENT (women): Nancy Kalafus, Garden City High School 11530
VICE PRESIDENT (men): Pat Pizzarelli, Lawrence HS, Cedarhurst 11516
EXECUTIVE DIRECTOR: Nina Van Erk, c/o Nassau BOCES, 71 Clinton Road, Garden City 11530
TREASURER: George McElroy, c/o Nassau BOCES, George Farber Administrative Center,
71 Clinton Road, Garden City 11530

Baldwin BALDWIN UNION FREE SCHOOL DISTRICT 11510
   Baldwin Sr. High School, Baldwin 11510
   Baldwin Middle School, Baldwin 11510
Bethpage BETHPAGE UNION FREE SCHOOL DISTRICT 11714
   Bethpage Sr. High School, Bethpage 11714
   John F. Kennedy Middle School, Bethpage 11714
Carle Place CARLE PLACE UNION FREE SCHOOL DISTRICT 11514
   Carle Place Middle/High School, Carle Place 11514
Cold Spring Harbor COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT 11724
   Cold Spring Harbor Jr./Sr. High School, Cold Spring Harbor 11724
East Meadow EAST MEADOW UNION FREE SCHOOL DISTRICT 11554
   East Meadow High School, East Meadow 11554
   W. Tresper Clarke High School, Westbury 11590
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   H Frank Carey Jr./Sr. High School, Franklin Square 11010
   New Hyde Park Memorial Jr./Sr. High School, New Hyde Park 11040
   Sewanhaka High School, Floral Park 11001
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<th>High SchoolName</th>
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<td>Farmingdale Sr. High School, Farmingdale</td>
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<td>Island Park Jr. High School, Island Park</td>
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<td>Island Trees Jr. High School, Island Trees</td>
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<td>Friends Academy, Locust Valley</td>
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<td>Long Beach Jr. High School, Long Beach</td>
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<td>Malverne Jr. High School, Malverne</td>
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<td>Manhasset MANHASSET UNION FREE SCHOOL DISTRICT 11030</td>
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<td>Mineola MINEOLA UNION FREE SCHOOL DISTRICT 11501</td>
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<td>Herricks High School, New Hyde Park</td>
<td>Herricks Middle School, Albertson 11507</td>
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<td>John F. Kennedy Sr. High School, Bellmore 11710</td>
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<td>Oceanside OCEANSIDE UNION FREE SCHOOL DISTRICT 11572</td>
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<td>Willets Road School, Roslyn Heights 11577</td>
<td>Oyster Bay OYSTER BAY-EAST NORWICH CENTRAL SCHOOL DISTRICT 11771</td>
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<td>Plainview-Old Bethpage Middle School, Plainview 11803</td>
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<td>H B Mattlin Middle School, Plainview 11803</td>
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<td>Washington PORT WASHINGTON UNION FREE SCHOOL DISTRICT 11050</td>
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<td>Paul D Schreiber Sr. High School, Port Washington 11050</td>
<td>Carrie Palmer Weber Middle School, Port Washington 11050</td>
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<td>Rockville Centre ROCKVILLE CENTRE UNION FREE SCHOOL DISTRICT 11570</td>
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<td>Roosevelt ROOSEVELT UNION FREE SCHOOL DISTRICT 11575</td>
<td>Roosevelt Jr./Sr. High School, Roosevelt 11575</td>
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<td>Roslyn High School, Roslyn Heights 11577</td>
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<td>Sea Cliff NORTH SHORE CENTRAL SCHOOL DISTRICT 11579</td>
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<td>North Shore Sr. High School, Glen Head 11545</td>
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<td>Uniondale UNIONDALE UNION FREE SCHOOL DISTRICT 11553</td>
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    Westbury Middle School, Westbury 11590

Section 8 FRIEND & NEIGHBOR ............................................................... Expiration Date
Yeshiva Derech Hatorah (9-12), 321 Avenue NY, Brooklyn, NY 11210 ........................................... 8/13
Long Island Lutheran MS-HS (7-12), 131 Brookville Rd., Brookville, NY 11545. ............................... 8/14

SECTION 9

PRESIDENT: John Landro, Tuxedo UFSD 10987
EXECUTIVE DIRECTOR: Robert Thabet, Orange-Ulster BOCES, 53 Gibson Rd., Goshen 10924
SECRETARY/TREASURER: James Osborne, Orange-Ulster BOCES, 53 Gibson Rd., Goshen 10924

Accord RONDOUT VALLEY CENTRAL SCHOOL DISTRICT 12404
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    Rondout Valley Jr. High School, Accord 12404
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    Monroe-Woodbury Middle School, Central Valley 10917
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    Chester Jr./Sr. High School, Chester 10918
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    Cornwall High School, Cornwall 12518
    Willow Avenue School, Cornwall 12518
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    Dover High School, Dover Plains 12522
    Dover Middle School, Dover Plains 12522
Eldred ELDRED CENTRAL SCHOOL DISTRICT 12732
    Eldred Jr./Sr. High School, Eldred 12732
    Ellenville ELLENVILLE CENTRAL SCHOOL DISTRICT 12428
    Ellenville Middle/High School, Ellenville 12428
    Fallsburg FALLSBURG CENTRAL SCHOOL DISTRICT 12733
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Heritage Jr. High School, New Windsor 12553
Newburgh Free Academy-North Campus, Newburgh 12550
South Jr. High School, Newburgh 12550

Pine Bush CHAPEL FIELD CHRISTIAN SCHOOL 12566
Chapel Field Christian Jr./Sr. High School, Pine Bush 12556

Pine Bush PINE BUSH CENTRAL SCHOOL DISTRICT 12566
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Circeville Middle School, Circeville 10919
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Pine Plains PINE PLAINS CENTRAL SCHOOL DISTRICT 12567
Stissing Mountain Jr./Sr. High School, Pine Plains 12567

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John G Borden Middle School, Wallkill 12589

Warwick WARWICK VALLEY CENTRAL SCHOOL DISTRICT 10990
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Washingtonville WASHINGTONVILLE CENTRAL SCHOOL DISTRICT 10992
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Washingtonville Middle School, Washingtonville 10992

Wawarsing WAWARSING CHRISTIAN ACADEMY 12489
Wawarsing Christian Academy, Wawarsing 12489

Section 9 FRIEND & NEIGHBOR .......................................................... Expiration Date
Faith Christian Academy (7-12), Spackenkill Rd., Poughkeepsie, NY 12603................................. 8/14
Regina Coeli School (7-8), 4337 Albany Post Rd., Hyde Park, NY 12538 ................................. 8/14
West Point Middle School (7-8), 705 Barry Rd., West Point, NY 10996 ................................. 8/14
Upton Lake Christian School (7-12), 37 Shepards Way, Clinton Corners, NY 12514 ..................... 8/15
Highland Residential Center (7-12), 629 No. Chodikee Lake Rd., Highland, NY ........................ 8/15
Harmony Christian School (7-12), 1790 Rt. 211E, Middletown, NY 10941 .............................. 8/15
SECTION 10

PRESIDENT: Paul Harrica, Chateaugay Central School 12920
VICE PRESIDENT: Anthony Bjork, Ogdensburg Free Academy 13669
SECRETARY: Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613
TREASURER: Martha Slack, 95 Highland Ave., Massena 13662
DIRECTOR OF ATHLETICS: Carl Normandin, 30 Court St., Canton 13617

Brasher Falls BRASHER FALLS CENTRAL SCHOOL DISTRICT 13613
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Brushton BRUSHTON-MOIRA CENTRAL SCHOOL DISTRICT 12916
  Brushton-Moria Jr./Sr. School, Brushton 12916
Canton CANTON CENTRAL SCHOOL DISTRICT 13617
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Chateaugay CHATEAUGAY CENTRAL SCHOOL DISTRICT 12920
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Colton COLTON-PIERREPONT CENTRAL SCHOOL DISTRICT 13625
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  Parishville-Hopkinton Jr./Sr. High School, Parishville 13672
Potsdam POTSDAM CENTRAL SCHOOL DISTRICT 13676

Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor Updates

V.6/2014
High school enrollment numbers used for classification purposes can be found on the Association website: www.nysphsaa.org

SECTION 11

PRESIDENT: Jeremy Thode, Center Moriches HS 11934
EXECUTIVE DIRECTOR: Edward Cinelli, 180 East Main St., Suite 302, Smithtown 11787
TREASURER: Larry Light, 40 Mills Road, Stony Brook 11790

Amityville AMITYVILLE UNION FREE SCHOOL DISTRICT 11701
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  Edmund W Miles Middle School, Amityville 11701
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Walt Whitman High School, Huntington Station 11746
Henry L. Miller Middle School, Huntington Station 11746
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- William T Rogers Middle School, Kings Park 11754

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- Lindenhurst Middle School, Lindenhurst 11757

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- Eastport-South Manor Jr. / Sr. High School, Manorville 11949

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- William Floyd Middle School, Moriches 11955
- William Paca Jr. High School, Mastic Beach 11951

Mattituck MATTITUCK-CUTCHOGUE UNION FREE SCHOOL DISTRICT 11952
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Middle Island LONGWOOD CENTRAL SCHOOL DISTRICT 11953
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- Longwood Jr. High School, Middle Island 11953
- Longwood Middle School, Middle Island 11953

Miller Place MILLER PLACE UNION FREE SCHOOL DISTRICT 11764
- Miller Place High School, Miller Place 11764

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- Montauk Jr. High School, Montauk 11954

Mount Sinai MOUNT SINAI UNION FREE SCHOOL DISTRICT 11766
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- Mount Sinai Middle School, Mount Sinai 11766

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- Northport Middle School, Northport 11731

Patchogue PATCHOGUE-MEDFORD UNION FREE SCHOOL DISTRICT 11772
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- Saxton Middle School, Patchogue 11772
- South Ocean Middle School, Patchogue 11772

Port Jefferson PORT JEFFERSON UNION FREE SCHOOL DISTRICT 11777
- Port Jefferson High School, Port Jefferson 11777
- Port Jefferson Middle School, Port Jefferson 11777

Port Jefferson Station NROOKHAVEN-COSEWOGUE UNION FREE SCHOOL DISTRICT 11776
- Comsewogue Sr. High School, Port Jefferson Station 11776
- John F Kennedy Middle School, Port Jefferson Station 11776

Riverhead RIVERHEAD CENTRAL SCHOOL DISTRICT 11901
- Riverhead Sr. High School, Riverhead 11901
- Riverhead Middle School, Riverhead 11901
- Riverhead MERCY HIGH SCHOOL 11901

Bishop McGann-Mercy High School, Riverhead 11901

Rock Point ROCKY POINT UNION FREE SCHOOL DISTRICT 11778
Rocky Point High School, Rocky Point 11778
Rocky Point Middle School, Rocky Point 11778
Sag Harbor SAG HARBOR UNION FREE SCHOOL DISTRICT 11963
Pierson Jr./Sr. High School, Sag Harbor 11963
Saint James THE KNOX SCHOOL (7-12) 11780
The Knox School, St. James 11780
Sayville SAYVILLE UNION FREE SCHOOL DISTRICT 11782
Sayville High School, West Sayville 11796
Sayville Middle School, Sayville 11782
Shelter Island SHELTER ISLAND HIGH SCHOOL 11964
Shelter Island Jr./Sr. High School, Shelter Island 11964
Shoreham-Wading River High School, Shoreham 11786
Shoreham-Wading River Middle School, Shoreham 11786
Smithtown SMITHTOWN CENTRAL SCHOOL DISTRICT 11787
Smithtown High School West, Smithtown 11787
Smithtown High School East, St. James 11780
Accompsett Middle School, Smithtown 11787 Great
Nesaquake Middle School, St. James 11780
Smithtown SMITHTOWN CHRISTIAN SCHOOL 11787
Smithtown Christian Jr./Sr. High School, Smithtown 11787
Southampton SOUTHAMPTON UNION FREE SCHOOL DISTRICT 11968
Southampton Sr. High School, Southampton 11968
Southampton Intermediate School, Southampton 11968
Southampton TUCKAHoe COMMON SCHOOL DISTRICT 11968
Tuckahoe Common Jr. High School, Southampton 11968
Southold SOUTHOLD UNION FREE SCHOOL DISTRICT 11971
Southold Jr./Sr. High School, Southold 11971
Stony Brook THE STONY BROOK SCHOOL 11790
Stony Brook Jr./Sr. High School, Stony Brook 11790
West Babylon WEST BABYLON UNION FREE SCHOOL DISTRICT 11704
West Babylon Sr. High School, West Babylon 11704
West Babylon Jr. High School, West Babylon 11704
West Islip WEST ISLIP UNION FREE SCHOOL DISTRICT 11795
West Islip Sr. High School, West Islip 11795
West Islip Intermediate School, West Islip 11795
Westhampton Beach WESTHAMPTON BEACH UNION FREE SCHOOL DISTRICT 11978
Westhampton Beach Sr. High School, Westhampton Beach 11978
Westhampton Middle School, Westhampton Beach 11978
Wyandanch WYANDANCH UNION FREE SCHOOL DISTRICT 11798
Wyandanch Memorial High School, Wyandanch 11798
Milton L Olive Middle School, Wyandanch 11798

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