2015 NYSPHSAAN SWIMMING and DIVING CHAMPIONSHIPS
February 27th and February 28th
Ithaca College, Ithaca, New York

Thursday 02/26/15
Dive Practice 4:00pm-8:00pm
Swim Practice - all sections 4:00pm-8:00pm

Event 6 Bonus Heat - 100 Butterfly 1:31pm
Consolation Heat 1:34pm
Parade Championship Heat 1:37pm
Championship Heat 1:40pm

Session 1 Friday 02/27/15 Swimming Prelims
Swimming Warm-up 10:00am-11:40am
One Way Sprints (Lanes 2,3) 11:00am-11:40am
Relay Starts (Lanes 4,7) 11:00am-11:40am
Diving Warm-up 10:00am-3:15pm
Parade of Swimming Officials 11:42am
Parade of Senior Procession 11:47am
National Anthem 11:55am
Swimming Prelims 12:00pm
Deadline for Diving Sheets / Changes 2:30pm

Event 7 Bonus Heat - 100 Freestyle 1:43pm
Consolation Heat 1:46pm
Parade Championship Heat 1:49pm
Championship Heat 1:52pm

Friday 02/27/15 Diving
Diving (To Completion, 11 Dives) 3:30pm

Event 8 1st Bonus Heat - 500 Freestyle 2:22pm
2nd Bonus Heat - 500 Freestyle 2:28pm
Parade Championship Heat 2:31pm

Session 3 Saturday 02/28/15 Finals
Swimming Warm-Up 10:00am-11:40am
One Way Sprints (Lanes 2,3,4) 11:15am
Relay Starts (Lanes 5,6,7) 11:15am
Awards NYSPHSAA Good Sports Awards 11:45am
Parade of Officials 11:50am
Introductions 11:55am

Event 9 Bonus Heat - 200 Freestyle Relay 2:46pm
Consolation Heat 2:49pm
Parade Championship Heat 2:52pm
Championship Heat 2:55pm

Event 10 Bonus Heat - 100 Backstroke 3:09pm
Consolation Heat 3:12pm
Parade Championship Heat 3:15pm
Championship Heat 3:18pm

Event 11 Bonus Heat - 100 Breaststroke 3:23pm
Awards Scholar Athlete Award 2:34pm
Awards 200 Freestyle Relay 3:04pm
Awards 100 Backstroke 3:38pm
Awards 100 Breaststroke 3:43pm
Awards Outstanding Swimmer / Diver Award 3:48pm

Event 12 Bonus Heat - 400 Freestyle Relay 3:53pm
Consolation Heat 3:57pm
Parade Championship Heat 4:00pm
Championship Heat 4:04pm

Event 13 Bonus Heat - 200 Individual Medley 4:10pm
Consolation Heat 4:15pm
Parade Championship Heat 4:20pm
Championship Heat 4:25pm

Event 14 Bonus Heat - 50 Freestyle 4:30pm
Consolation Heat 4:35pm
Parade Championship Heat 4:40pm
Championship Heat 4:45pm

Event 15 Bonus Heat - 400 Freestyle Relay 4:50pm
Awards 400 Freestyle Relay 4:10pm
Meet Ends 4:15pm

Event 16 200 Individual Medley 4:55pm
Awards 200 Individual Medley 1:10pm
Awards 50 Freestyle 1:16pm
Meet Ends 4:15pm

Warm-Up (20 Minutes)