



The DISPATCH

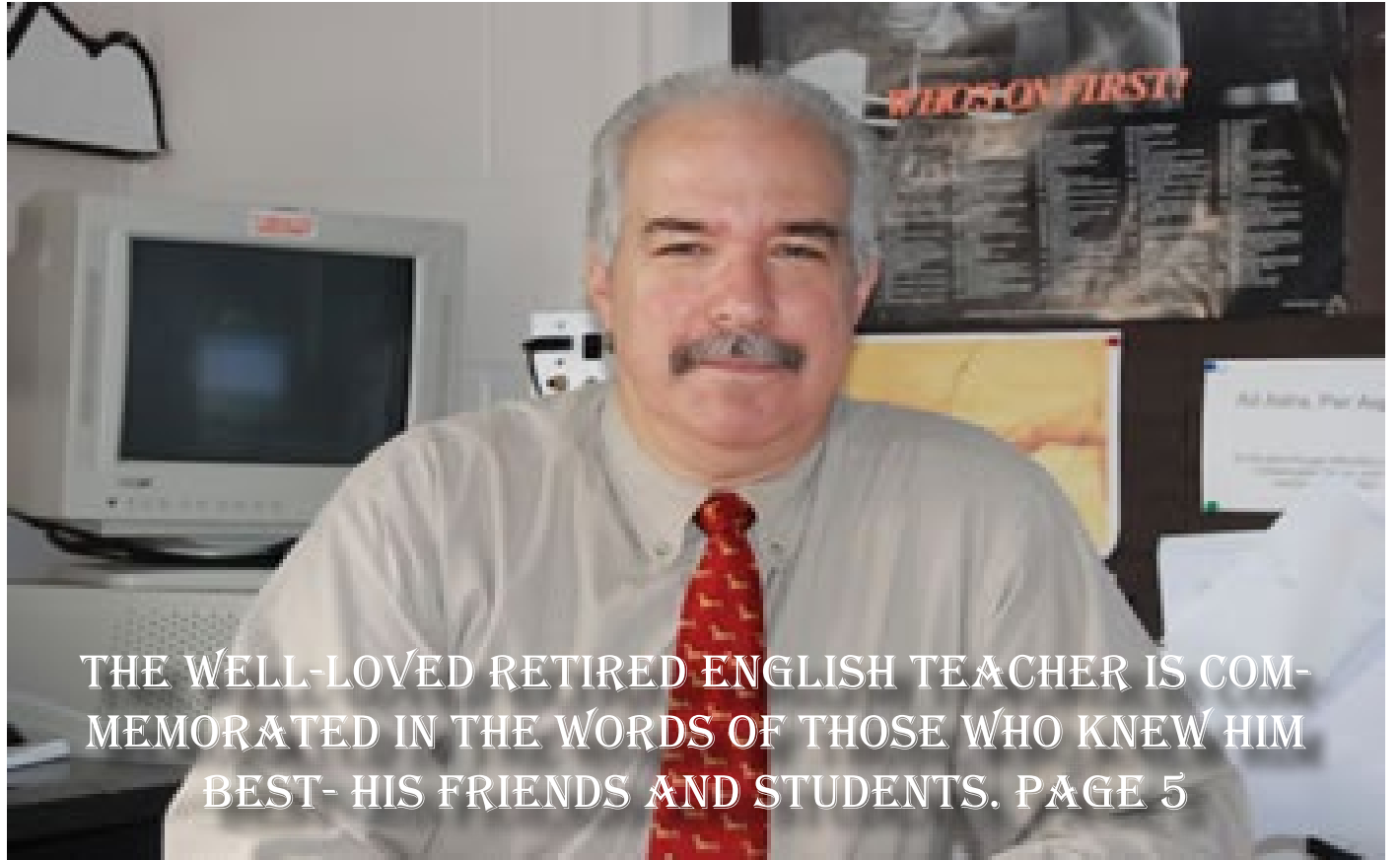
"A BEACON OF TRUTH."

ISSUE 2, VOLUME 44

HUNTINGTON HIGH SCHOOL

OAKWOOD AND MCKAY ROADS HUNTINGTON, NY 11743

THE DISPATCH SAYS FAREWELL TO: MICKEY BARON



THE WELL-LOVED RETIRED ENGLISH TEACHER IS COMMEMORATED IN THE WORDS OF THOSE WHO KNEW HIM BEST- HIS FRIENDS AND STUDENTS. PAGE 5

"MICKEY BARON WAS A KIND AND GENEROUS MENTOR TO MANY OF US. HE SHOWED A GENUINE CARING AND AFFINITY FOR BOTH STUDENTS AND LITERATURE ALIKE."

- Mr. Pagano, English Dept. & Varsity Boys Soccer Coach

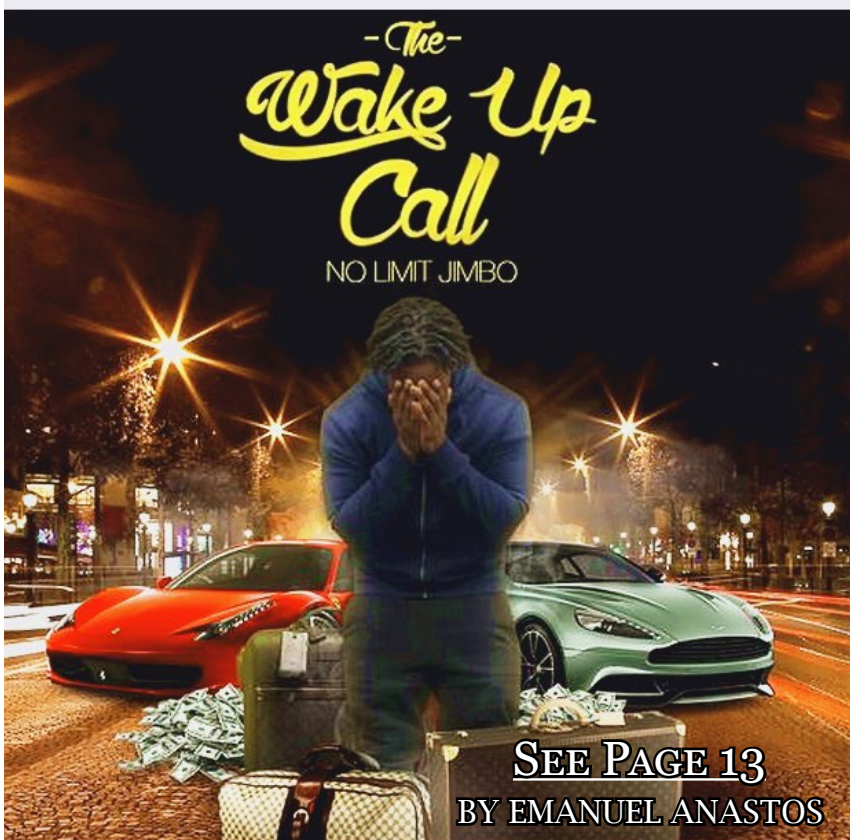
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PUZZLES, YEEZY'S, HOTELIER, SMART WATCHES, LGBT AND MORE!

-REVIEWING 'JIMBO'-



If you didn't know who Jimmie Nelson was before this year, you probably know who the Huntington High senior is now. Why? Jimmie turned into "Jimbo" this summer, as he first began recording rap in his free time. Since he dropped his first single this past October, his music has had 12,000 views on www.soundcloud.com, he has released 29 songs (including a music video on YouTube), and he has led the way for many other Huntingtonians with talent to begin releasing their own music. There are many people who have heard of Jimmie being a rapper, but do not know much about his music and are interesting in finding out more. Let's get started...



{ ALBUMS FEATURED INSIDE }



SE ACERCA EL FINAL DEL AÑO, Y CON ELLA LOS EXÁMENES FINALES.

POR LENNI JOYA

COMO SE SABE, EN EL ESTADO DE NUEVA YORK LAS EXIGENCIAS EN LAS ESCUELAS SON MUY ALTAS. ES UNOS DE LOS ESTADOS DE TODO LOS ESTADOS UNIDOS QUE PRESIONA AL MÁXIMO A TODOS LOS ESTUDIANTES. LOS NERVIOS QUE EL CUERPO ESTUDIANTIL ATRAVIESA EN ESTOS ÚLTIMOS DÍAS DE ESCUELAS SON MUY NOTABLES. PROFESORES QUE PIDEN MÁS DESEMPEÑO DE TODOS LOS ESTUDIANTES, EL ESTADO NEYORQUINO QUE TORTURA A SUS ALUMNOS CON EXÁMENES FUERA DEL ALCANCE Y ENTENDIMIENTO DE LOS ESTUDIANTES.

Se les recomienda a todos los estudiantes de prepararse mejor para pasar sus materias, y también que logren un buen puntaje en los exámenes estatales. Ya no hay tiempo para juegos, esta es la hora de la verdad, en la cual todos los estudiantes determinan el futuro de su verano o mucho más grave, el futuro de sus clases para el próximo año.

Este es un llamado muy personal para los estudiantes que constituyen una parte muy fundamental de nuestra escuela, ustedes estudiantes de ESL. Como un consejo de amigo se les advierte que su camino puede ser mucho más difícil que el de otros, pero ustedes

tienen que demostrar que sí se puede, y que van a lograr todo lo que se proponen. Posiblemente tienen que trabajar mucha más fuerte que otros pero como una de sus compañeras dice "no podemos ver un hermoso arcoíris, hasta que pasemos una terrible tormenta" Ángela Villalta. Los cuales muchos estudiantes de ESL lo saben muy bien porque lo viven día a día.

La lucha por obtener buenas

notas, y representar a los latinos con buena cara en la sociedad queda en manos de ustedes. Los nuevos estudiantes y también los que ya tienen un tiempo de vivir en este país. Todos nosotros constituimos una buena porción de la población hispana en Nueva York, y el resto de los Estados Unidos.

“NO PODEMOS VER UN HERMOSO ARCOÍRIS, HASTA QUE PASEMOS UNA TERRIBLE TORMENTA”

Este es uno de los últimos llamados a todos los estudiantes que reconsideren que el estudio es un factor muy fundamental de este país, el cual los Estados Unidos nos ofrece, una gran oportunidad de estudiar y superarnos. Estudiantes, no desaprovechen el manjar que esta nación de oportunidades les regala. Como un tesoro apreciado guarden y vigilen su propia educación, la cual, aunque

les este dando una pelea ahora; debido a la barrera del idioma inglés, en el futuro les dará recompensas que nunca en su vida se las imaginaban.

La educación pareciera algo sin importancia, pero desde este momento que ustedes se encuentran sentados en un banca de la escuela les digo que deben de ponerle mucho más esmero y ganas al estudio el cual

les ayudará en una manera muy significativa en el futuro.

Tienen que recordar que ustedes son el presente y el futuro modelos para muchas generaciones que vienen detrás de ustedes, y si quieren un mejor mañana para sus hijos y nietos tienen ustedes que

plantar desde ahora la planta la cual cosechará frutos gratificantes para toda nuestra gente.

Muchachos y muchachas, ustedes son el futuro cambio de este país, y no hay una mejor manera para esto que por medio del estudio. La educación es el pilar que sostiene a nuestra sociedad, y sólo a través de ella nosotros, como minoría podemos hacer el cambio.



REINSTATING THE LOST ART OF COURTSHIP

SHARE HUGS, NOT HERPES, PEOPLE

The modern 24-hour love story is a common tragedy. They meet, they swap saliva, they part ways. And the cycle tends to repeat for each half of this so-called 'relationship'. This isn't uncommon, the apparent lack of dedication and class in modern couples. True, relationships between people should be kept private and it's technically all 'their personal business', but when you can start calling hooking up at a party 'romantic', I think society can be officially dubbed problematic. Our generation has lost their touch of class and is more interested in touching each other. Way, way, back, there used to be this thing called chivalry and courtship, concepts so lost on our generation that most people wouldn't recognize it if it came up to them and kissed them on the face.

Our world is constantly revolving around fast-paced action, a constant stream of information and updates, people's most trivial thoughts being voiced in a never-ending stream of mindless blabber. We do not need to know that your 28th frappuccino of the month is 'sooo good lol'. No. If you think about the amount of time you spend on your phone every day, which you don't even need to think about, as there are apps that will calculate it for you, we spend an obscene amount of our time looking at things through a screen. Now I know this sounds a bit off topic, but here is where it all pulls together. We, as a human race, are moving faster, in all parts of our lives. Want food? Order online or with an app and it'll be ready and waiting as soon as you pull over to pick it up. Better yet, get it delivered. Everything is instant and everything is convenient. These standards and expectations are not limited to the realm of putting food in your mouth. They leak into other parts of life. Socially, we as a generation are becoming impatient with customs and simple interactions. This, in the end, begins to alter how we perceive ideal expressions of sentiment and how we have relationships with others, both romantically and platonically. For this subject, we're going to focus on the relationship side of things.

More, now than ever, our small bubble of the young and the 'social' in

which we live is becoming blind to old-fashioned caring and sentimentality. Perhaps it is because everything in our lives is now disposable, that everything is meant for the fleeting moment of relativity and enjoyment, that we begin to lose value in things that last, and eventually, we simply care *less*. Back in the 'old days', people valued their things because it took time and patience to get them, and therefore held a higher level of meaning. Nowadays, we are incredibly attached to one particular and popular item- our phones. Though we state that we 'love' these small boxes of metal and plastic, we are still careless with them. In this case, we learn that it is, in general, okay if they break. They are fixable. They are upgradeable. They are replaceable.

This mentality is shown in the way we can 'love', where our emotions and connections are fleeting and frequently 'dropped'. So maybe it's time to look back to the days when it took time to 'court' a girl, where advances were shown through sentimental actions, not being able to cop a feel and label it as a base. No, this doesn't mean we have to wait a year to begin holding hands because, insert gasp, god forbid we make skin contact. It just means that maybe we should take a moment to appreciate sentimentality and thoughtfulness. Not thot-fulness. Girls will look at certain instagram or other accounts on other apps and swoon over a post about a guy simply showing up with a flower at random for his girlfriend. Why can't simple, romantic, genuine acts be more common, not a rarity that is captioned as 'dream guy' or 'goals'? Now, as this effort may seem like a one-sided effort, it doesn't have to be. The main idea is that everyone should be treated genuinely nicely and romantically, not just that one rare person with an even rarer 'perfect' significant other. We should take more time in showing the way we feel in ways other than a heart emoji and rushed physical contact (you know the type we're talking about).

Courtship is defined as the period in which one is trying to gain the love of someone else. Our generation is definitely the boldest with their feelings and what they do with them, and also the most

reckless. We love, we lose, we move on to love again. Most occasions, love doesn't even properly describe what we think we have. Lust, maybe? Infatuation? A longing to believe we have a meaningful and permanent tie to the other person, in order to validate our actions. We get lost in the moment, and end up with a Romeo and Juliet love affair. Keep in mind, as dubbed as it is as 'romantic' and 'sweet', that they Romeo was able to forget about a girl he was obsessed with in a matter of hours after meeting Juliet, and that they got married within four days of meeting. Married. Four. Days. Then they both ended up dead because their rushed love made them blind to common sense. In our case, we fall in love, consummate these intense feelings, and both end up needing a prescription to certain antibiotics. Bottom line? Calm down a notch and slow down a little and be more thoughtful about what you do. We are all, though almost no one will agree, still kids. Should we be babied? No. On the other hand, should we be having babies? Definitely No. So try to think things through and be smart about what we do, because people tend to forget that everything holds repercussions, even if not as 'extreme' as becoming pregnant. The fact that it is now perfectly fine to call a casual hookup with someone in the stairwell of a public space 'sweet and cute', then it might be time to consider that the current view of sweet has been heavily distorted. Put more care into your efforts, and less time into getting with as many people as possible.

You have the right to disagree with my views but there's as much of a fine line between stating a point of view and stating the truth as there is between kissing and hooking up. With our generation it seems like the latter line has near disappeared...and some of the teens' clothes too.



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HUNTINGTON ROBOTICS WRAPS UP THE YEAR AT HOFSTRA

BY RACHEL MOSS

From the first day the assignment was given in January, to the very end of March, our Huntington Robotics team was busy building and preparing for the annual Long Island Regional FIRST Robotics Competition, hosted at Hofstra University. Beginning on March 26th, fifty-one teams gathered at the college's Sports and Exhibition Complex, where a full arena was built for this year's event, Recycle Rush. The arena was fully equipped with cans and boxes, better known as totes. All teams transported the robots that they had spent months working on to Hofstra for the competition, including ours which was able to lift a can to the top of a stack of six totes. Each team was then able to set up an area for their robot, team members, and supplies, known as their pit. Practice rounds were organized throughout the day and our team competed with not only our future alliance members, but also with future opponents. Our team's captains were confident after the day's practice matches and were eager to return with the rest of the team to compete. With spirit and excitement, our full Huntington Robotics team traveled to Hofstra

to take part in the anticipated event the following day. The day started with opening ceremonies where teams, mentors, and judges were introduced. After the conclusion of the ceremony, the pit was full of team members and parents, all eager to see the robot compete in the many matches to come.

Our experienced drive team, including Joe Saginaw, Thomas Kouttron, Cole Blackburn, and

"COMPETING SIDE BY SIDE WITH TEAMS FROM BRAZIL AND ISRAEL MADE ME REALIZE JUST HOW IMPORTANT ROBOTICS IS FOR THE FUTURE OF STEM LEARNING."

Jacob Strieb, enjoyed their second year leading the robotics team in the arena. Although only four members were able to drive the robot during the competition, many other students were able to watch, cheer, direct safety, strategize, and collect data about other teams. At one point, Huntington dropped low in the rankings, however, with motivation and improvements, our team was able to move up twenty spots in only a few rounds. The day ended on a high note when our final ranking for the day was 26th

place, a great comeback with so many other talented teams. The final day included only three more rounds for the Huntington Robotics team. John Riley, the team's Head Mechanical Technician, was impressed with how the team had done saying, "The team performed very well for just their second year at regionals." This year, many new members were welcomed to the team and enjoyed their first experience with robotics. One of these new members, Lindsay Saginaw, Head of Marketing and Public Relations, was as impressed at how international and widespread FRC is. "Participating in Huntington Robotics with a leadership position this year was a phenomenal experience for me because of how globally celebrated our robotics event is. Competing side by side with teams from Brazil and Israel made me realize just how important robotics is for the future of STEM learning." Competing in the regional competition gave the team even more experience and expanded new team members' interests in the Huntington Robotics team. Huntington Robotics hopes to continue to grow next year and preform even better at the regional competition.



THE TEAM POSES FOR A QUICK PICTURE AT HOFSTRA

EXCITING CHANGES FOR THE HUNTINGTON BLUE DEVILS MARCHING BAND

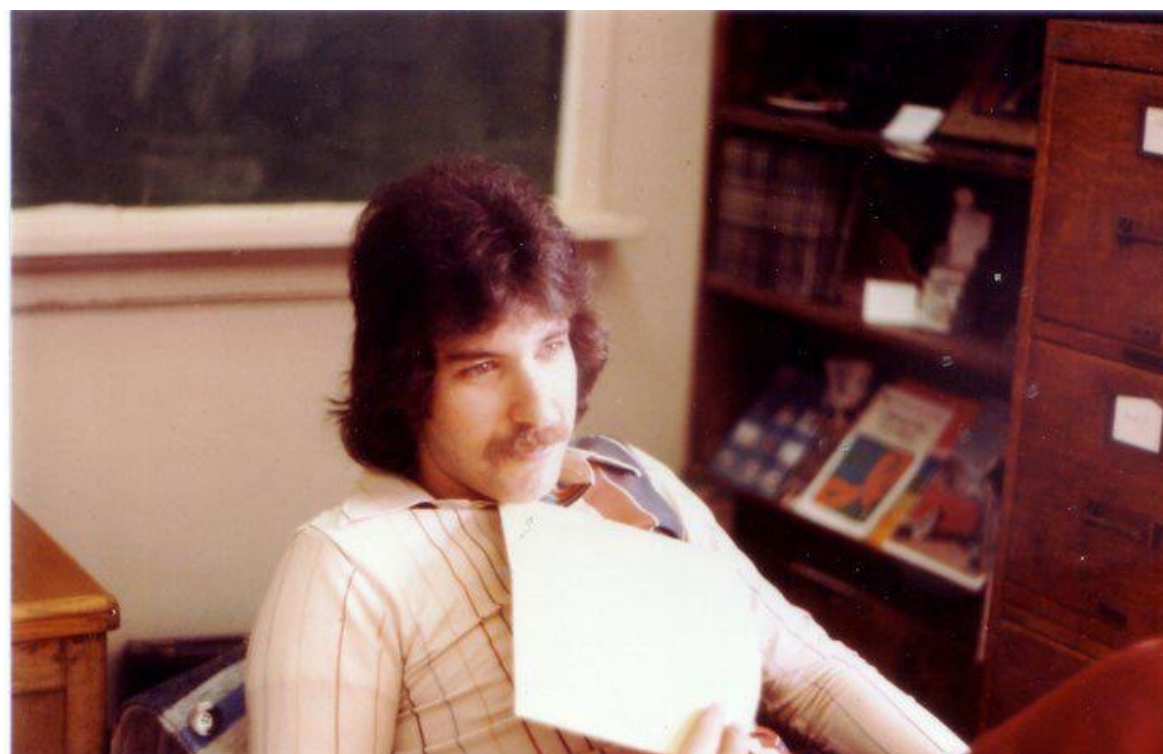
BY KATY DARA

After last season's state victory, the members of Huntington's marching band have a lot to be excited about. But with this upcoming season, the state champions have more to look forward to than ever before. It was announced in late March that the band will be moved up by one competitive division, from Large School 3 to Large School 2. In addition, Ms. Jessica Casteneda will be joining Mr. Brian Stellato as the new co-director. Additional new music and colorguard staff will be joining the program as well. Next season's new student leadership will include Bailey Riordan, Jack Malone and Rachel Roday as drum majors and Nancy Fallon as field major. While these are many changes at once, the band is ready to step up to the challenge. If anything, this whirlwind of recent events will cause the group to work harder than ever before, following their undefeated season with another incredible one. Best of luck to next season's HB-DMB!



SCHOOL NEWS

HUNTINGTONIANS BID FAREWELL TO MICKEY BARON



MR. BARON DURING ONE OF HIS FIRST YEARS TEACHING

"Mr. Baron was one of a kind. He was one of the very first people I had the pleasure of meeting when I started at Huntington High School. From the beginning, I knew he was a special person, the type who would always go the distance for his students, colleagues and friends. He loved people and had empathy for all who faced difficulties. Every day before school, Mr. Baron and I would speak. He would always ask, "What's on tap for today"? Even though he was retired, he never left Huntington High School in spirit. He referred to all of his friends as "My Buddy," a phrase he truly meant for all who were close to him. I will always miss "Mick", but the memories of his stories, experiences and that deep laugh, the type that comes from the gut, will always stay with me."

- MR. BISOGNO, SOCIAL STUDIES TEACHER

I am not sure when I first met Mickey after I came to the high school in 1995, but I remember that in the beginning our relationship was not much more than a casual greeting as we walked by each other in the hallway. We knew each other by name but that was about it. At times, the school seems so spread out and it can be difficult to get to know people if you don't see them that often.

I guess over time those path crossings in the hallway led to a "stop and chat" and that's when we started to get to know each other and become friends. I will always remember his ear-to-ear grin that lit up his face. I found him to be very engaging and he was curious to find out more about my life and me. We found we had a lot in common due to an ethnic upbringing that we shared. He was always so interested in my athletic pursuits and he would love to tell people about my Ironman triathlon experiences.

Many of our conversations were about diet and exercise because Mickey had some difficulty in this area. He became very interested and I was impressed with his ability to focus on his personal health. Although it was a struggle, I was amazed to see that he got himself into shape and he was really looking

- MR. FISHLOW, COACH AND P.E. TEACHER

"Mickey Baron played a very significant role in my career here at the high school. He was a great mentor and friend. Mickey made his students and friends feel like they counted and mattered in the world. He used play music in his classroom each morning and he assigned theme songs to his fellow teachers. His room was a place where everyone felt happy and safe. I will never forget him and the love and support he gave. He will be missed."

-MRS. KRYCINSKI, ENGLISH DEPT.

"MR. BARON WAS A GREAT GUY WITH A COOL PERSONALITY. HE WAS VERY HELPFUL WHEN IT CAME TO COLLEGE ESSAYS AND OTHER REPORTS. ONE OF THE BEST TEACHERS IN THE HIGH SCHOOL."

-FORMER STUDENT

I was so proud of him that I began calling him the Ironman.

When he retired I was honored to be invited to his "personal" retirement party with his closest of school friends. It was at a restaurant in Port Jefferson and it was a great night. It was a combination of a "roast" and tribute to Mickey as he was about to begin a new chapter in his life. We all got to speak and, you could see how much he was loved and appreciated by all his friends. Unfortunately, as life often goes, that was the last time I saw Mickey. There were a few text messages here and there and Facebook, of course, but that was it.

I often thought about my old friend and it always brought a smile to my face. When I heard of his death I was shocked, and heartbroken. I was out running a few days after I got the news, all I could think about was Mickey. As I glided through the woods I began to smile from ear to ear, a Mickey smile. As I ran, I thought he was with me every step of the way. I truly believe that he would want us to continue to live our lives in the most positive way we can. He was a "mensch" in the truest sense of the word! I'll miss you Mickey, but I will never forget you."

"I WAS LUCKY ENOUGH TO HAVE MR. BARON AS MY TENTH GRADE ENGLISH TEACHER BACK IN 2007. ALTHOUGH I WAS SUPPOSED TO SWITCH INTO HONORS ENGLISH THAT YEAR, I DECIDED TO STAY IN MR. BARON'S CLASS AFTER MEETING HIM ON THE FIRST DAY OF SCHOOL AND IMMEDIATELY FEELING COMFORTABLE WITHIN HIS CLASSROOM.

I HADN'T SEEN MR. BARON SINCE GRADUATING FROM HIGH SCHOOL IN JUNE 2010, BUT WE KEPT IN TOUCH OVER THE PAST FIVE YEARS VIA FACEBOOK AND ALWAYS FOUND THE TIME TO CHECK IN WITH ONE ANOTHER. IN MANY WAYS MR. BARON WAS NOT ONLY MY TEACHER, BUT A MENTOR AS WELL. MANY TIMES I LOOKED TO HIM FOR ADVICE AND SUPPORT, AND HE WAS ALWAYS EXTREMELY ENCOURAGING OF MY PASSIONS AND ASPIRATIONS IN LIFE. HIS HONESTY WAS ALSO SOMETHING I DEEPLY ADMIRING AND APPRECIATED.

THE LOSS OF MR. BARON LEAVES ME WITH AN OVERWHELMING SENSE OF SADNESS, BUT I AM ETERNALLY GRATEFUL FOR ALL OF THE TEACHINGS AND WISDOM HE BESTOWED UPON ME, AND MANY OF HIS OTHER STUDENTS."

-2009 HUNTINGTON HIGH ALUM



CONVERSION THERAPY IS REPARATIVE TORTURE

BY ALANNA HARVEY

You are not who you believe you are. "Across the country, therapists and counselors are telling LGBT (Lesbian, Gay, Bisexual and Transgender) people that who they are is wrong." When we are born, each of us has our very own unique sexuality and/or gender. This sexuality and gender that we receive cannot be changed no matter how hard one tries. Whenever the topic of conversion therapy is brought up, most people do not know what it is or how damaging it is. Conversion or reparative therapy is a therapeutic practice that attempts at changing an individual's sexuality or gender.

Samantha Ames, defines conversion therapy as "a set of dangerous and totally discredited practices that attempt to change the sexual orientation or gender identity of a person." This therapy does more harm than good to many people. It triggers suicidal feelings and depression. There are many forms of this conversion therapy, some going as far to involve physical torture. Though there are numerous versions of therapy, they all hurt the patient in some way and are all seen as inhumane. Conversion therapy should be illegal to be performed on minors in all states because it is not scientifically proven to successfully change a person's sexuality or gender.

The ex-gay movement against LGBT began in the early 19th century when people started to believe in psychoanalysis and the idea of studying the mind. The idea of sexuality was being discussed if it was something that should

be attempted to change, or if it should just be left alone. However, at that time, being gay was not acceptable among most people. Many medicines were developed to try to fix many of these behaviors. Kenneth Lewes states "medicine began classifying a whole range of behaviors that were considered at the time, socially unacceptable." In the early 1940's, during World

"MANY ANTI-GAY THERAPIES ALSO HAVE BEEN KNOWN TO PUT PSYCHOLOGICAL TRAUMA ON PATIENTS...BROUGHT UPON BY THE TYPES OF THERAPIES SUCH AS ELECTROCONVULSIVE THERAPY AND EXORCISMS."

War II, gay people started to be seen as people who were mentally ill. Many gays would undergo exorcisms in attempts to relieve themselves from their sexuality. In 1973, the American Psychological Association declared that homosexuality was not a mental illness. Prior to this, many gays and transgender people would undergo many different types of conversion therapy such as aversion and shock therapy, which is a type of therapy when a patient is exposed to a catalyst, while also being exposed to something that causes them distress.

If you ask any counselor or therapist that practices conversion therapy, they will say that it is guaranteed to change a person's sexuality or gender. However, many of the top mental health associations in the nation would disagree.

Many psychologists would disagree because all experiments that claim to have successfully changed a person's sexuality have many flaws. Therapists that practice conversion therapy define success in changing a person's sexuality or gender as "suppression of homoerotic response or mere display of physiological ability to engage in heterosexual intercourse."

Anyhow, this does not mean that their sexuality actually was changed, this just means they stopped engaging in homosexual behavior. Another method they use to attempt to change a person's sexuality is by convincing them that being gay or transgender is wrong. With religious patients, they use the ideology that God doesn't make people gay, or that being homosexual or transgender is a sin. This also does not change a person's homosexuality or gender preference, it just convinces them that acting on their feelings is wrong. These people still remain LGBT. However, they just have many negative thoughts about themselves. There are many studies that do say that person's sexuality has been changed, however these studies have many weaknesses such as many bisexuals being

used; their sexual orientation is not addressed in the beginning of the study. Also, the patients as well as therapists in these cases have bias towards the effectiveness of conversion therapy.

Many anti-gay therapies also have been known to put psychological trauma on patients. This trauma is brought upon by the types of therapies such as electroconvulsive therapy and exorcisms. Frequently, licensed psychologists and psychiatrists perform these tests on patients. These attempts at changing a person to be heterosexual or cisgender, people who identify with the same gender that they were assigned at birth, usually end up with the subjects becoming diagnosed with depression and later performing self mutilation and becoming suicidal. Alex Fisher said, "condemning them to a life of repression and psychological trauma should not be the answer". The answer should be to make conversion therapy illegal to perform on minors to stop them from being exposed to this type of mental trauma. Psychological problems at a young age can cause many problems for victims when they become older.

Carden Crow, a 36 year old transgender man, previously went through conversion therapy twice as a teen and had an exorcism. After, he began to have feelings of depression and later committed suicide due to his depression. LGBT youth that undergo conversion therapy are 8 times more likely to attempt suicide, 6 times more likely to have high levels of

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CONVERSION THERAPY

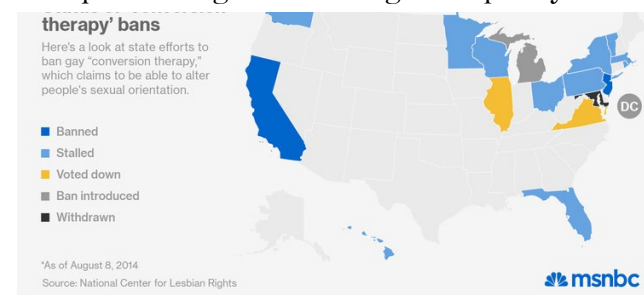
BY ALANNA HARVEY

depression, and 3 times more likely to use illegal drugs.

Some counselors who practice conversion therapy will argue that it should be legal and that it does not inflict any type of real harm on the patient. They believe that through the practice of conversion therapy, all victims will end up straight after a series of sessions. These people are convinced that being homosexual or transgender isn't natural and everyone is born straight and cisgender. To them, homosexuality comes about when a person has a specific event happen in their childhood that causes them to have a change in sexuality. Joseph Nicolosi states "Everyone is inherently heterosexual and experience unwanted homosexual feelings that result from unresolved issues.". Many people that undergo reparative therapy don't see themselves as homosexual. They will consider themselves as heterosexual with "problems". Living a homosexual or transgender life to them is problematic. They feel that they are not doing something that is morally right; most of them believe that they are not working in favor of God. Counselors that believe that reparative therapy is okay, usually end up with patients committing suicide. Also, there are many leaders of ex-gay movements that come out saying that they are gay and do not believe in the process of reparative therapy because it harms many people.

There are only two states so far in the United States that have made a law against practicing conversion therapy on minors, New Jersey and California. Many other states including New York, Washington, Pennsylvania have introduced the idea for this new law, however there is no progress being done on this law because it has been stalled. The first openly gay senator in New York, Tom Duane has recently proposed another bill against conversion therapy, even though the previous bill was shut down. However, many states want to pass laws in the encouragement of conversion therapy. Oklahoma has previously proposed a bill that would "ensure adults and children can undergo conversion therapy without interference by the state." Texas is also trying to pass a law supporting the idea of performing reparative therapy on minors. The Texas Republican Party believes that reparative therapy is extremely legitimate and that it is a good "treatment for those patients seeking healing and wholeness from their homosexual lifestyle."

The use of conversion therapy on minors should be outlawed nationwide to all LGBT patients under the age of 18 because it is not validated to actually change a person's sexual orientation or gender preference. Conversion therapy causes psychological trauma, it is morally wrong, and there is not enough evidence suggesting it can completely change a person's sexuality or gender. It is merely an ignorant therapy that is practiced by licensed health professionals, as well as leaders of many religious groups. This therapy has no positive effects on the victim; it usually leaves them scarred for life. Just think- would you want someone that you care about to go through being electrocuted, and mentally scarred for life, in an attempt to change an unchangeable quality?



WHY BLUE DEVIL FITNESS HAS GOT TO GO

BY WILL BONILLA

REMEMBER A TIME WHEN GYM WAS FUN? BELIEVE IT OR NOT, GYM USED TO BE A STRESS RELIEVER. GYM HAD MANY BENEFITS INCLUDING THE FIGHT AGAINST OBESITY, BETTER FOCUS IN SCHOOL; THE ACQUISITION OF SPORTS SKILLS, AND CREATING SOCIAL BONDS. IT FEELS LIKE THE FUNDAMENTALS GYM CLASS WAS BUILT ON HAVE BEEN DESTROYED WITH THE INTRODUCTION OF CROSSFIT. CROSSFIT IS A TYPE OF WORKOUT THAT PUSHES A STUDENT TO THEIR PHYSICAL LIMIT. BUT WHAT IS THE POINT OF CROSSFIT? WE WERE GETTING A GREAT WORKOUT FROM PLAYING SPORTS, NOT TO MENTION SPORTS ARE MUCH MORE FUN AND ENJOYABLE.

Several students have tried to end Crossfit with petitions. In one instance, a gym teacher noticed a massive accumulation of signatures and ripped the petition to pieces. However, the 1st amendment grants a U.S citizen the right to petition. That right was taken away from the student body, therefore making our learning environment hostile and uncooperative. Having our constitutional rights denied due to Crossfit. Compromise is all the students ask for. At least give us the American right to choose between a traditional gym class or a gym class of all Crossfit. It's time for our gym teachers to show the student body some mutual respect and give us a choice on how we want to spend our gym time. This Crossfit experiment was a clear failure, and the students don't appreciate being used as guinea pigs in a gym experiment. Now we are expressing our grievances, and hope to be taken seriously. But if that is not enough, here are some of drawbacks of Crossfit. (I couldn't think of any benefits)

- B.D.F. makes students uncomfortably overworked
- B.D.F. makes us more sweaty and grimy for following classes
- More B.D.F. days than sports days, despite claims that they're 'evenly planned'
- B.D.F. is less fun than sports, leading to less effort given during B.D.F. than sports days
- B.D.F. alters mood for the rest of the day making us feel tired and abused
- B.D.F. requires fitness test that determine our grade
- B.D.F. fitness tests make us study topics less pertinent to real life
- B.D.F. fitness tests take away from studying things that matter academically
- B.D.F. isn't vital for college/real world, so why must we learn it in school?
- Gym was a break from hard learning, now it is a liability
- B.D.F. makes more students cut gym because it makes them less willing to participate
- B.D.F. is a rigorous course aimed at those who never get exercise and are in bad health, but all students are held accountable and are subjected to it
- Less students are getting prepared for B.D.F. because of pure hatred of it
- Money spent on B.D.F. can be put into academic supplies
- Box jumps cause Achilles injuries
- Grades are lower now that B.D.F. is in play because of less participation
- B.D.F. is for people serious about training not your everyday person
- There are special B.D.F. gyms people can go to if they like it
- B.D.F. does not help individuals in any way for the future
- B.D.F. is too physically demanding. It is designed to train and to lose weight.
- Not to use as a frequent exercise just to maintain general health
- B.D.F. makes the body sore and causes calluses and blisters
- B.D.F. causes fatigue for the rest of the school day, if not for the week
- B.D.F. is training, not exercise, which goes against what is needed for gym class
- B.D.F. makes students self-conscious with excessive sweating, redness and odor
- B.D.F. has challenging techniques that, if not done correctly, can easily hurt us
- B.D.F. adds unnecessary stress onto students, which doesn't help with an already challenging academic system
- There was no vote for B.D.F. vs. traditional sports
- We should be able to schedule what type of gym class we want B.D.F. or sports or project ad-venture
- B.D.F. is not state required, so why do unnecessary harder work?
- B.D.F. does not create motivation to get active. If anything, it hinders it
- B.D.F. can cause Rhabdomyolysis, which can kill you. Do you really want to risk it with our children?
- B.D.F. takes up so much time there is not a dedicated portion of class to properly stretching making the student more prone to muscle injury and strain
- Why fix something that isn't broken?

Almost all schools still do traditional sports over B.D.F.. Why is the State trying to revolutionize gym when there was absolutely nothing wrong with the old system?

THE COMMON CORE - THE CASE AGAINST

BY MIRANDA NYKOLYN

SINCE 2009, YOU MIGHT HAVE HEARD THE WORDS, COMMON CORE, MENTIONED BY TEACHERS, ADMINISTRATORS OR EVEN YOUR PARENTS. SO, WHAT IS THE COMMON CORE EXACTLY? THE COMMON CORE IS A NEW SET OF ACADEMIC STANDARDS FOR MATHEMATICS AND ENGLISH, SPECIFICALLY. THE PURPOSE OF THE COMMON CORE IS TO ESTABLISH A WAY FOR EVERY CHILD IN THE UNITED STATES TO EXPERIENCE EDUCATION THE SAME WAY. ALTHOUGH THIS CONCEPT MIGHT SOUND LIKE IT HOLDS MANY BENEFITS, IT HAS HAD RATHER DETRIMENTAL EFFECTS TO THE EDUCATION SYSTEM IN AMERICA

Many parents are protesting having their children take these Common Core exams, in the hope of preventing the future creation and distribution of these new standardized tests. However, this only applies to students in grades 3 through 8 because it is a requirement for high school students to complete these exams, and, therefore, they are not able to opt out of taking them.

The Common Core has multiple deficits that make it unworthy as an established educational policy. This includes the fact that teachers are forced to learn a completely different style of teaching, after having taught a certain way for several years. It forces them to abandon an already successful teaching technique and adopt the one that the government has created without having full knowledge of the educational process. Common Core also confines children to striving for outstanding test scores that will determine their futures rather than learning and retaining the information taught in school. Children are becoming only as valuable as their test scores rather than the people they are going to

become. The government then uses the scores produced by the students to judge the teacher's capabilities. This does not provide a wholesome perspective of every child, considering some children are not good test takers. The Common Core is providing statistics that don't take into account all of

"CHILDREN ARE BECOMING ONLY AS VALUABLE AS THEIR TEST SCORES RATHER THAN THE PEOPLE THEY ARE GOING TO BECOME."

the different variables that encompass one individual.

As mentioned in the article, "The Case Against Common Core," by Sarah Jean Seman, California Teachers Association stated on their website, "During the presidential campaign, Mr. Obama contended that teachers should not be forced to spend the academic year preparing students to fill in bubbles on standardized tests and that students deserve to learn in an individualized manner. The narrow content focus encourages teaching to the test, which artificially inflates test scores while simultaneously narrowing the curriculum taught in the

classroom." The teachers were trying to convey that people are so much more than what the score of their test represents, and the Common Core does not allow for indi-

vidual skills and abilities to shine.

Recently, the state of Tennessee passed a bill, nearly unanimously, in hopes of repealing the Common Core educational curriculum, and officially eliminating it in two years. What remains in question is, "What will replace the Common Core in Tennessee?" In the article "New Bill Could Repeal Common Core in Tennessee," by Blake Neff, State House member Andy Holt said, "I set out on a mission to do everything in my power to repeal Common Core in State of Ten-

nessee this year. In addition to repealing Common Core, this bill puts even more control back in the hands of families, local schools and the State of Tennessee, which is exactly where it belongs." Tennessee's action in passing a bill that could potentially end the Common Core in that state sends a message to all of America that the Common Core is unjust and doesn't provide students with the individualized education they need.

The Common Core must be repealed because it is just another business scam in an attempt to get more money from the teachers and the parents. We have invested too much money in a whole new set of books and standardized tests, including tutoring to pass all the new tests. Our parents can no longer help us understand the homework. The old system that fostered learning and creativity that yielded innovation and new ideas has gone down the tubes with Common Core. Students fear the exams because so much is expected of them and great teachers could lose their jobs, if their students don't perform well. Much of the day is now spent learning how to pass the exams. Let's repeal the Common Core and get back to real learning.



HURTING OR HELPING? THE CASE FOR

BY SARAH JAMES

THE NEW COMMON CORE CURRICULUM IS COMMONLY VIEWED IN NEGATIVE LIGHT-- A VERY NEGATIVE LIGHT. HOWEVER, THE COMMON CORE CURRICULUM, ALTHOUGH POSSESSING NEGATIVES, ALSO HAS QUITE A FEW POSITIVES WHEN YOU LOOK AT IT FROM A DIFFERENT ANGLE.

One of the few positives is the way it exposes students to a new, more intense form of rigor in learning. Common Core forces students to look deeper, and form conclusions based on critical thinking and analysis. For example, in English, students are now given a specific paragraph structure, enabling them to get to the point of their writing in a more quick, efficient and concise manner. This new structure also allows students to compare writing effectively; students can edit their peer's writing with a clear idea of what it should be like in mind.

Another favorable side effect of the C.C. is the way it shrinks the pool of resources so that teachers and students can easily share and compare notes because they are all required to teach and learn in roughly the same manner. It makes it easier for teachers to analyze their students' performance. This levels the playing field because now students all receive the same education. Students from all backgrounds are coming to school and being pushed to strive for their best in order to meet the rigorous standards of Common Core.



Additionally, Common Core encourages students to broaden their horizons, encouraging them to read outside of their preferred genre and to become immersed in the world of nonfiction-- the world that surrounds them. Students are given passages on everything from speeches spoken in the 1930's to excerpts from classic novels. Developing an understanding of classical literature can help students think more analytically and to work to harder to relate the piece to what they already know and understand. Furthermore, when a younger generation can relate to an older one by a shared knowledge of a book or literary work, they are more apt to making valuable connections with others.

In addition, the results, though minimal, are in favor of this new curriculum. In fact, in one article from the national journal states the following, "A new report from the Brookings Brown Center on Education Policy offers some of the first details on the impact of curriculum changes from the new standards. The bottom line is that there are very slight upticks in both reading and math scores of stu-

dents whose schools are using Common Core. The differences in scores are so small that it wouldn't be credible for a school to cite them as real improvements, but they could suggest a trend in the right direction." All in all, though there are very few noticeable results from the use of the Common Core system, any hard statistical evidence present points to a possible projection of improvement and bettering of children's grades and education.

Although the progress is slow, it is irrefutable that there is not only room for growth with this new system, but a possible positive change resulting from it. If continued where will our educational system be in five years? Ten years? Although hard to adapt to, the Common Core and its impending results are something to anticipate...

DO YOU LIKE:

- MOVIES
- FASHION
- SPANISH
- ENTERTAINMENT
- PUZZLES
- DEBATES
- TECHNOLOGY
- MUSIC
- SCHOOL EVENTS

...and think you could write about it? Or do you have an idea for a new article for the Dispatch? Stop by Mr. Florea's room Thursdays after school. We have meetings every Thursday, so feel free to drop by.

THE VIEWS EXPRESSED IN THESE ARTICLES DO NOT DIRECTLY REPRESENT THE VIEWS OF "THE DISPATCH", ITS EDITORS, ADVISORS OR AUTHORS

GOODBYE GUCCI, HELLO GOOGLE

BY LINDSAY SAGINAW

THE WORLD HAS OFFICIALLY BECOME COMPLETELY IMMERSSED IN A TECHNOLOGICAL ERA, ONE EQUIPPED WITH FANCY NEW GADGETS STRAPPED RIGHT ONTO OUR WRISTS. THE DEBUT OF THE HIGHLY ANTICIPATED ANDROID WEAR™, FROM GOOGLE SMARTWATCH, CAUSED A WAVE OF CRITICS AND FANATICS TO EXCITEDLY SHARE THEIR OPINION ON THE TECH-SAVVY, EXPENSIVE, NEW WATCH. HERE ARE SOME FACTS ABOUT SEVERAL NEW SMART WATCHES TO HELP YOU DECIDE ON A FAVORITE:

ANDROID WEAR MOTO 360

PRICE: \$149.99

WEIGHS: 60 Grams, Approx. 2 Oz

DESIGN: Leather Band And Stainless Steel Face, Single Button

BATTERY LIFE: 24 Hours

DURABILITY: Water And Dust Resistant

MEMORY: 4 Gb

FEATURES: (Must Have Smartphone For Compatibility) Built-In Pedometer And Heart-Rate Tracker

NOTES: Essentially A Fitbit, But Will Not Work With Tattoo Sleeves



APPLE WATCH

PRICE: Ranges From \$349.00 To \$15,000.00 Depending On Model

WEIGHS: : 50 Grams At Most, Less Than 2 Oz

DESIGN: 3 Style Collections, Many Designs In Each Collection, Stainless Steel Face, Retina Display And Touch Interface

BATTERY LIFE: 18 Hour Power Reserve

DURABILITY: Water Resistant, Strong Ion-X Glass Face

FEATURES: (Must Have Iphone 5 Or Newer For Compatibility) Heart Rate Monitor, Access To Certain Apps, Bluetooth Functions

NOTES: Applecare+ Is Available For Extended Coverage, Ability To Send Drawings And Your Heartbeat To Others

PEBBLE SMARTWATCH

PRICE: \$99.00

WEIGHS: 38 Grams, Approx. 1 Oz

DESIGN: 2 Main Styles (Time And Classic), Led Backlight, Rubber Or Silicon Band, Different Colors Available

BATTERY LIFE: Up To 7 Days Between Charges

DURABILITY: Waterproof or Water Resistant

FEATURES: Fitness Tracking, Notification Alerts, Basic Apps Such As Compass And Weather Forecast, Bluetooth With Most Compatible Devices

NOTES: Very Simple Smartwatch, With All The Necessities and Without The Clutter, Additional Accessories Available Online



IT DEPENDS ON YOUR PRIORITIES: DO YOU NEED THE MOST POWER, THE LEAST EXPENSIVE, OR THE MOST CAPABLE? IT ALL DEPENDS ON PERSONAL PREFERENCE. WOULD YOU LIKE TO HAVE A MULTI-FEATURED WATCH THAT CAN READ YOUR PULSE READ BY AN INFRARED LED AND SENT TO YOUR APPLE-SAVVY FRIENDS, OR ARE YOU JUST LOOKING FOR BASIC, RUDIMENTARY CONVENIENCE? ALL OF THE MENTIONED NEW SMART WATCHES HAVE VARIOUS FEATURES THAT ARE USEFUL IN EVERYDAY LIFE. WHETHER IT IS TO TRACK A MORNING RUN OR SWIM, THESE WATCHES CAN KEEP UP WITH YOUR DAILY ACTIVITIES. THE PRICE VARIES, BUT SO DOES THE ABILITY. SO, WHAT'S YOUR FAVORITE?

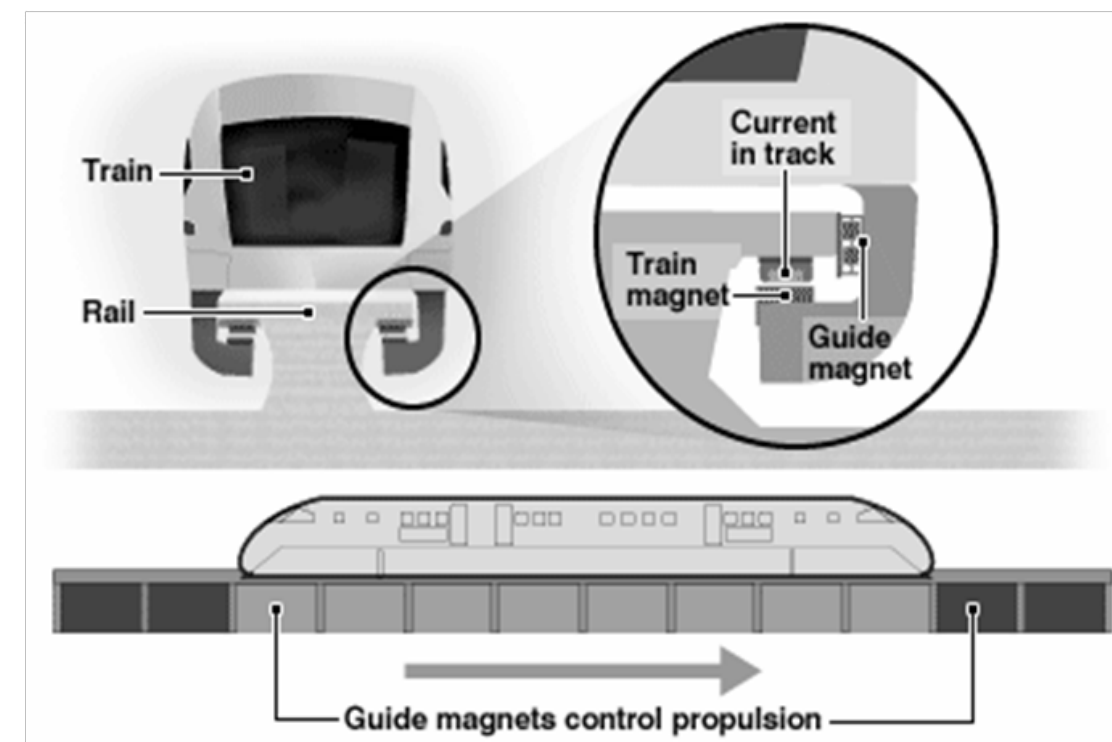
JAPAN - MILES AHEAD

BY WILLIAM BONILLA



Back to the Future Part 2 had the right idea with the creation of a hoverboard. Japan has recently invented a hoverboard, but it's not a board: It's a train. The "Maglev" is a floating train that is also breaking speed records at the same time. The train travels at approximately 374 miles per hour. At this speed a bumpy ride would be expected, but the ride was described as "comfortable and stable." Not only is it blazing fast, but also it levitates at the same time. The train is in the air from about 0.39-3.93 inches. Being in air completely eliminates friction, and paired with the aerodynamic design of the train makes it remarkably fast.

THIS TRAIN CAN VERY WELL CHANGE THE WAY TRANSPORTATION WILL BE CONDUCTED FOREVER.



INSIDE SHANGHAI'S MAGLEV TRAIN

PSA

TEXTING AND DRIVING

TEXTING AND DRIVING HAS BECOME AN EPIDEMIC IN OUR SOCIETY. IT MAKES SENSE; WE TEXT DURING ANY OTHER DAILY ACTIVITY, AND WITH SUCH EASE, THAT IT SEEMS ONLY NATURAL THAT WITH THE SAME SPEED AND GRACE WE COULD TYPE OUT A FEW LETTERS BEHIND THE WHEEL. OF COURSE, TEXTING BEHIND THE WHEEL OF A CAR CAN SPELL DISASTER NOT JUST FOR YOU, BUT FOR ANYONE ELSE ON THE ROAD NEAR YOU.

Texting takes your eyes off the road for a minimum of five seconds. While that may not seem like a long time, it's enough for you to ram into the car in front of you, veer off to the side of the road, or cause any other disaster on the road imaginable. This is exactly the reason why the PTSA found it so important to try to get through to the students of Huntington High School, many of them new drivers, and explain the risks associated with the privilege of having a license.

At the assembly, the threat of texting and driving was brought into reality by the story of the speaker, whose father was tragically killed when he was hit by a car on his jobsite, in an accident caused by a driver texting and not paying attention to the road. What resonated even more, perhaps, than the death of the speaker's father, was that the man that killed him now has to live with that for the rest of his life. That morning, he hadn't set out to end someone's life. A moment of careless distraction was all it took to completely change the course of his life and wreck him with unimaginable guilt.

Unfortunately, a moment of careless distraction is all it takes. It doesn't matter how long someone is driving or how good they are at driving. Texting is a sure way to put your life in danger and the lives of everyone else on the road. No day is ever the day to kill someone. No text is worth the lifetime of regret that it can cause if it's written on the road. The assembly organized by the PTSA truly made that apparent. Always think about the potential consequences of every action you make while you're driving, but especially texting. Remember: it really can wait.



TO PIMP A BUTTERFLY

BY DYLAN DELGIUDICE

ONCE IN A WHILE AN ARTIST COMES ALONG THAT DEFINES THE PROBLEMS OF A GENERATION AND REACHES A WIDE ENOUGH AUDIENCE TO RAISE THE SOCIAL CONSCIOUSNESS ABOUT THOSE ISSUES. BILLIE HOLIDAY DID IT. BOB MARLEY DID IT. BOB DYLAN DID IT. NAS DID IT. AND FOR THE AFRICAN AMERICAN GENERATION, KENDRICK LAMAR IS DOING IT. FOR THE REST OF US, THERE IS A LOT TO BE LEARNED AND ENJOYED. KENDRICK LAMAR IS A WEST COAST RAPPER HAILING FROM COMPTON, CALIFORNIA, THE CITY THAT GAVE BIRTH TO RAP LEGENDS LIKE DR. DRE, ICE CUBE, AND EAZY-E, JUST TO NAME A FEW. IN 1988, COMPTON WAS FOREVER PUT ON THE MAP OF MUSIC HISTORY WHEN GANGSTA RAP GROUP NWA PUT OUT THEIR GAME CHANGING ALBUM *STRAIGHT OUTTA COMPTON*, WHICH BROUGHT THE GRIT OF WEST COAST STREET LIFE INTO HIP HOP AND DEFINED THE WEST COAST SOUND.

Kendrick Lamar has been endorsed and mentored by Dr. Dre and was called “the leader of west coast rap” by Snoop Dogg. Both Dr. Dre and Snoop Dogg appear on this album along with other black music legends including George Clinton (of Parliament-Funkadelic), Pharrell Williams, and Ronald Isley (of the Isley Brothers). Lamar also makes an important point of bringing lesser known artists to the forefront on this album including Flying Lotus (producer and electronic music composer), Robert Glasper (jazz pianist/keyboardist and composer), Terrace Martin (saxophonist and hip hop producer), Ambrose Akinmusire (jazz trumpeter and composer) and Thundercat (jazz fusion bassist and producer), all of whom are absolutely worth checking out.

On his 2012 album *Good Kid Maad City*, Lamar displayed his ability to make a conceptual album where every song works by itself, but also creates a story. On *Good Kid Maad City*, Kendrick told a semi-autobiographical tale of a kid growing up in Compton, joining gangs, experimenting with sexuality, abusing drugs and alcohol, being peer pressured into committing crime and doing drugs, experiencing firsthand the violence that these gangs cause

and eventually becoming a famous rapper rapping alongside Dr. Dre. All of these themes are continued and expanded on in *To Pimp a Butterfly*. The album is unique in its combination of rap, a variety of instrumental styles and the spoken word/poetry. In fact the title comes from a poem read by Lamar, but written by a friend on the album.

“IF YOU’RE LOOKING FOR POPULAR OR TRENDY TRAP SOUNDS FROM THIS ALBUM YOU WON’T FIND IT, BUT THE JAZZY AND FUNKY IDEAS HERE CALL BACK TO THE VARIETY OF MUSICAL INFLUENCES FOUND IN THE EARLY DAYS OF HIP HOP.”

On the opening track, “*Wesley’s Theory*” Lamar plays two characters, one being a young, popular rapper and the other being Uncle Sam who represents America and the way America treats its black entertainers. On the first verse Lamar plays the first character and talks of things he wants to buy to show off his wealth and ego. On the second verse, Uncle Sam speaks to this young character, telling him to keep buying and buying these things just so he can make mistakes in taxes

and have everything taken back just as black entertainer Wesley Snipe did. “*Wesley’s Theory*” is an extended metaphor talking about how the Butterfly (which represents the creativity and artistry in the black man) is “pimped” by the entertainment industry.

On the next track, “*For Free? (Interlude)*”, Lamar again

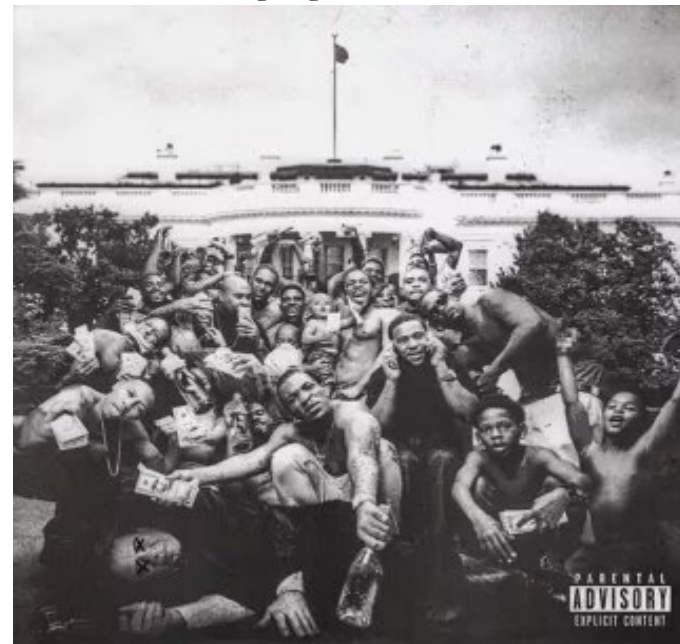
expresses the anger of the inadequacy a black man’s limited prospects for success are outside of sports or entertainment. The song is doubly painful as it expresses the anger of material limitations through a fight between a man and a woman. The woman tearing into Lamar tells him how he doesn’t make enough money for them. The song ends with the woman saying “*I’m gonna get my Uncle Sam to (mess) you up you ain’t no king*” and he uses the next song, “*King Kunta*” to be an over-the-

top youth declaring himself the king. “*King Kunta*” is a perfectly done braggadocios hip hop song with a funk bass line that adds layers of other instruments including a melancholy guitar and neo-soul vocals that really stands out musically.

“*Hood Politics*” talks about the failures of the government to work for people in the ghettos. Lamar goes back to his old neighborhood and falls into his old, gangbanging, violent ways. One of the most chilling lines is where Lamar draws a parallel between two rival gangs, the Crips and Bloods, and their wars with each other while they make the Compton community uninhabitable. “*Ain’t nothin’ new but a flow of new DemoCrips and ReBloodlicans red state versus a blue state, which one you governin’? They give us guns and drugs, call us thugs,..... Obama say, ‘What it do?’*” Ironically the Crips and Bloods go by the colors blue and red, and even a black President won’t make a difference.

“*How Much a Dollar Cost?*” is where Lamar displays his storytelling abilities. Here he talks about finding a bum on the street asking him for a dollar and when Lamar refuses, it is revealed that the bum is God and the Dollar cost Lamar his place in heaven.

CONTINUED ON NEXT PAGE

JIMMIE “JIMBO” NELSON
BRINGING HEAT TO
HUNTINGTON HIGH

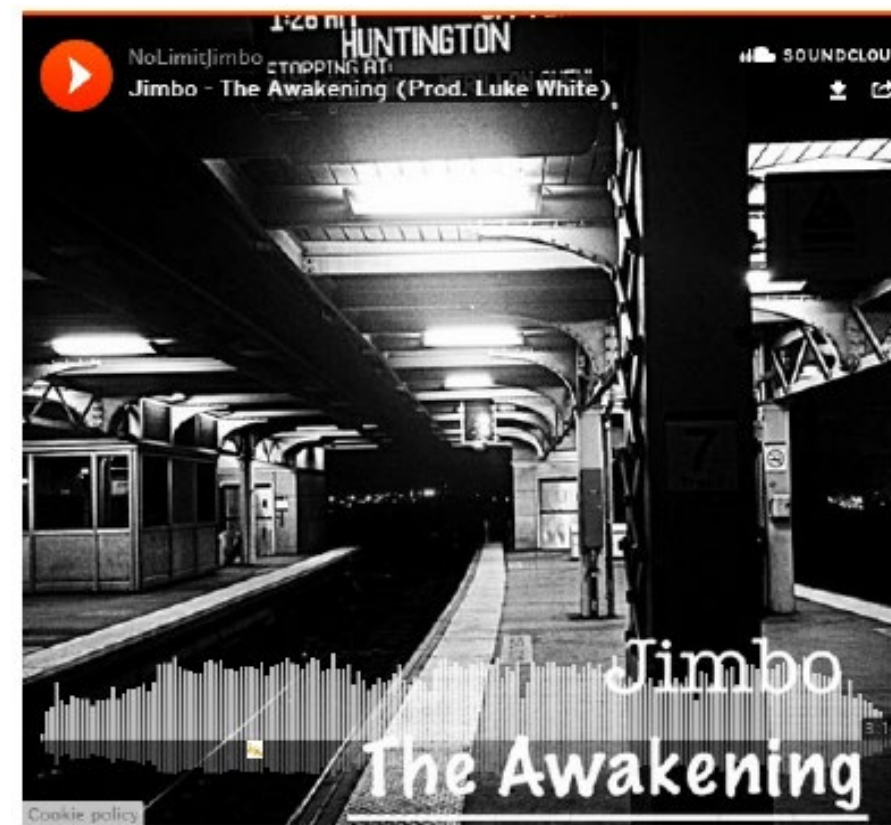
BY EMANUEL ANASTOS

Jimmie’s rapping prestige started out in a fairly basic fashion. “I started rapping over the summer because I had been writing for a long time”, said Jimbo. Since he had been toying around with rap for a while in his spare time, why not just start recording it and see where it goes? Now, “Jimbo” (Jimmie’s rapper title) is probably glad that he asked that question. He has improved his art and gotten better and better at writing and editing ever since he got in the studio, and now is producing well-liked songs which give Huntington High students a home-grown rapper to fill their earphones with.

Rapping is still a hobby for Jimmie Nelson, but he does have ambitions. “If the opportunity arises for me to make money of rapping in the future, that would be A-plus,” Jimbo said. “My greatest goal is to make my studio better so I can make dooper music and create my own flow!” says Jimmie, “Something different than everyone else.” He sure is succeeding, as he is the Huntington rapper standing out most.

Jimbo’s music isn’t different for no reason. He has a “flow” in his music which lets the words come out smoothly and complements his lyrical talent. “You just have to listen to what I say and enjoy the wordplay,” says Jimmie. His most viewed song is even called “Krack Flow”, which was his first single on the web, and has gained over 2,000 views. Jimmie’s style has appealed to many listeners; he flows and is energetic at the same time to give each line more pop.

Jimmie’s favorite song is not his song with the most views; his favorite is the one he finds more distinct from his other music, called “The One” freestyle. “...that song was something different from all of my other music and I personally liked that more (than any other songs)”, said Jimmie. He incorporates a special beat into this song, and raps a bit slower but keeps “bars” coming. And while some may frown upon the explicit nature of some of Jimmie Nelson’s music, the reality is that he is giving Huntington students entertainment, increased pride, and enriching himself through this form of creativity all while having fun.

TO PIMP A
BUTTERFLY

CONTINUED FROM PREVIOUS PAGE

BY DYLAN DELGIUDICE

In two songs, “*u*” and “*i*”, one early in the album and the other near the end, Lamar engages with the inner struggle we all face of self-loathing and love both lyrically and musically. On “*u*” Lamar dives into self-hatred and depression where he’s yelling at himself in the hotel bathroom. In the second half of this song he’s drunk and is yelling at himself blaming himself for his family’s struggles saying how he left Compton for profit and could’ve saved his little brother from being shot, but didn’t. His voice is breaking up, he’s in tears and you can hear the glass of the bottle he’s drinking. It’s a dark and chilling piece. On “*i*” this self-hatred is completely flipped around into self confidence and self-love declaring “I love myself” on the chorus to this song.

Not only is this live version of “*i*” more powerful than the original studio version, but it also comes with a speech at the end where Lamar has a different take on the word “nigga” saying how it comes from an Ethiopian word “negus” which means “black emperor, ruler, king” which ties into his confidence on “*King Kunta*”.

The political message of this album reaches its apex on “*The Blacker the Berry*” where Lamar takes on the issues of African American incarceration and stereotypes, and powerfully expresses his view of “hypocrisy” over the outrage of the death of Trayvon Martin, but not over the black on black gang violence. “*Why did I weep when Trayvon Martin was in the street when gangbanging make me kill a nigga blacker than me.*”, beginning every verse with the words “I’m the biggest hypocrite of 2015.”

The album is tied together by a poem that builds across a number tracks. In the cut the “*Mortal Man*” Lamar reveals that he is reading the poem to legendary west coast rapper Tupac Shakur who he then begins to have a dialogue with. Their conversation ranges across politics, inequality, and protest, which he constructed from bits of past Tupac interviews.

Kendrick Lamar goes on to read a poem written by friend from which the album gets its name, “*To Pimp a Butterfly*”, which contains a message similar to that of Plato’s “Allegory of the Cave.”

The production on this album fits into the black pride theme that is carried on much of the album. It touches on almost every major trend in black music since 1950. Tracks like “*Wesley’s Theory*” and “*King Kunta*” embrace the G-funk west coast hip hop sounds of Dr. Dre and Death Row Records. “*King Kunta*” is also strongly influenced by black funk artists of the 60s and 70s like George Clinton and James Brown. “*i*” embraces a sample of the Isley Brothers and dives into the sounds of black soul music. “*For Free (Interlude)*”’s instrumental sounds like it could’ve come straight from jazz saxophonist John Coltrane’s Live at Birdland, and the jazzy horn lines on “*Mortal Man*” remind me of jazz pianist Herbie Hancock’s work in the 1960s. East coast hip hop sounds of producers like Pete Rock and DJ Premier are also employed on tracks like “*Complexion (A Zulu Love)*” and “*You Ain’t Gotta Lie (Momma Said)*”. If you’re looking for popular or trendy trap sounds from this album you won’t find it, but the jazzy and funky ideas here call back to the variety of musical influences found in the early days of hip hop.

This is the kind of work we should be supporting, music that reflects on the ills of our society and burdens they create for the individual. It is music like this that moves people to tears, changes the way people think and can inspire social change, and I urge all of you to go get a copy and be open to what it has to offer. I doubt you will regret it.

BLUE DEVILS STRUGGLE TO GO GREEN

For a while, our school used to have a very active recycling club, who would make their rounds during the week to collect recyclables from classrooms. However, the once-energetic club and has since lost their spark. Continued by Mr. McKee, the group has all but ceased to exist after the discovery of recycled papers being placed in the regular trash dumpsters, rendering the recycling efforts useless, as well as many other problems that are hindering the effectiveness of an HHS recycling program.

Lately, a group of students has been going around the school collecting the recycled papers from the once-forgotten little blue boxes in most classrooms. There-fore, this is a call to teachers and students alike—find those hidden and ignored little blue bins and use them for what they're made for. This school goes through a small rainforest within the span of a few days, so take those old tests, last quarter's graded do-now, that note from your friend in period 4 and the hall pass from October and give them a chance to be a new test, which you'll probably fail because you were too busy passing notes in 4th period. The Earth's having a hard enough time as it is, so take the effort to move your hand 6 inches to left to drop your paper in the recycling bin and give that paper another chance.

NOTE: PAPER BOTTLES, WHILE RECYCLABLE, SHOULD NOT BE PUT INTO THE BLUE BINS. THOSE BLUE BOXES OF IRONICALLY GREEN HOPE ARE MEANT FOR THOSE FLAT, USUALLY WHITE, THINGS THAT WE WRITE ON CALLED PAPER. DO WE USE WATER BOTTLES FOR NOTES? I HOPE NOT. ANYWAYS, WE SUGGEST THAT YOU KEEP YOUR BOTTLES AND BRING THEM HOME, WHERE THEY CAN AND SHOULD BE PROPERLY RECYCLED.

THE BOTTOM LINE:
RECYCLE YOUR PAPERS!
PLACE RECYCLABLE PAPER IN BLUE BINS SO THEY CAN BE COLLECTED

ARE YOU FEELING SOME KINDA WAY ABOUT A TOPIC? WRITE ABOUT IT!

The Dispatch is always looking for writers and photographers to submit articles they feel passionately about.

Drop in during one of our Weekly Thursday Meetings after school
OR
Contact Sarah or Michelle about submitting writing for the Dispatch.

HHSDISPATCH@GMAIL.COM



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The Dispatch is Huntington High School's official student publication. Written for over 1200 students attending HHS, The Dispatch is distributed to all students, staff and school community members at the school free of charge.

The Editorial Board is the newspaper's decision-making body, organizing and directing its operation. The Dispatch staff has adopted the following editorial policy to express the rights, responsibilities and philosophy of the newspaper for the 2012-2013 school year.

The Dispatch of Huntington High School is a public forum, with its student editorial board making all decisions concerning its content. Unsigned editorials express the views of the majority of the editorial board.

Letters to the editor are welcomed and will be published as space allows. Letters are preferred signed, but may be published by request. The Editorial Board reserves the right to edit letters for grammar and clarity, and all letters are subject to laws governing obscenity, libel, privacy, and disruption of the school process, as are all contents of the paper. Questions, comments, and letters to the editor should be sent electronically to hhsdispatch@gmail.com or submitted to The Dispatch mailbox located in the main office.

Opinions in letters are not necessarily those of the staff, nor should any opinion expressed in a public forum be construed as the opinion of the administration, unless so attributed.

The Dispatch's goal is to provide readers with interesting content in a wide variety of areas. Such areas include the news coverage of school and community events, as well as features on relevant topics. In addition, The Dispatch will provide opinionated editorials on controversial topics, as well as provide previews and reviews for upcoming school and professional sports seasons and other forms of entertainment.

The Dispatch accepts advertisements from local businesses and student organizations. The basic rate for advertisements can be provided on request to any interested organization. Requests for specific pricing, and examples of past advertising may be requested via e-mail through hhsdispatch@gmail.com. The Editorial Board reserves the right to refuse any advertisement deemed inappropriate, specifically those that reference illegal or controlled substances, products, services and/or paraphernalia.

SUBMITTED POETRY

ONE ACT

Kindness.
Simple,
easy,
lifechanging

One act brightens up a day
One act saves a lost soul
One act makes wrongs right
One act can save a life

- ANONYMOUS

CAN YOU SEE ME?

Walking and bumped into,
Can't you see me?
Talking, no one listens
Can't you hear me?
Invisibility is not a superpower

Just a smile, a wave
Just that makes my day
Just that can change my mind
Just that can restore my confidence
Just that can make the world a brighter place

- ANONYMOUS

If you would like to submit a piece, contact Ms. Mohanty and email the PDF file to hhsdispatch@gmail.com, along with a brief artist statement that features your name, grade, and inspiration for the piece.

ARTIST SPOTLIGHT

CHRISTOPHER GIORDANO

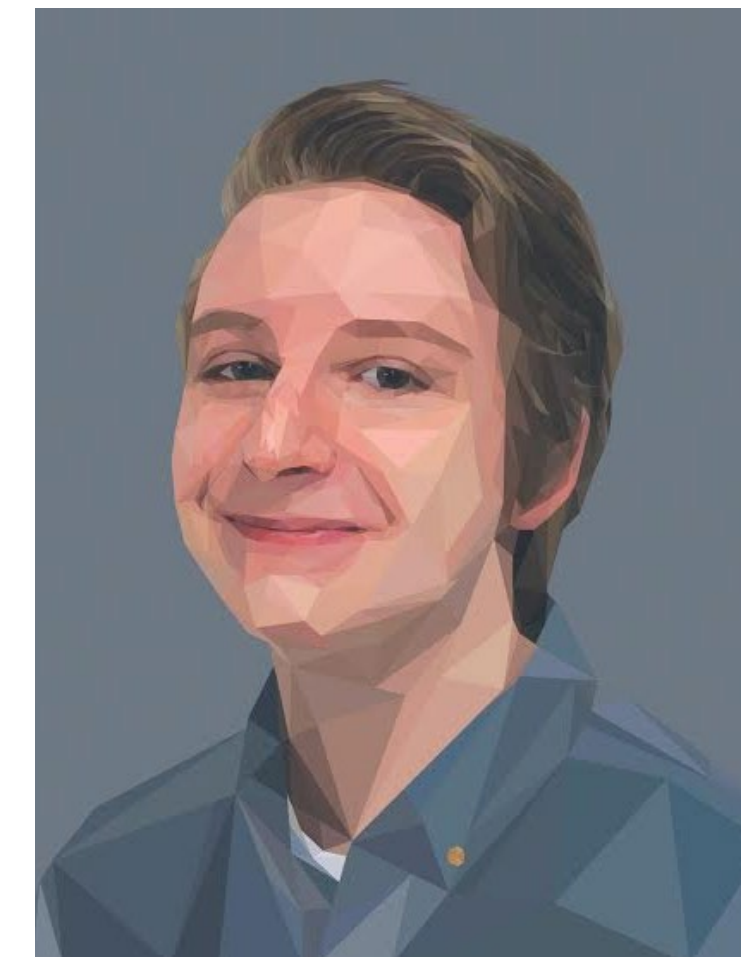
COMPUTER GRAPHICS

GRADE 10

Over the past year or so, I've noticed a new style become more relevant through the internet; low-polygonal portraits. Breno Bitencourt's work on Digital Arts is what I based my piece off of most, since I really liked his style and color choices. I varied mine from his by using polygons of many different sizes, rather than sticking to a single base size. Trying to use polygons of roughly the same size for an image make it look more consistent, but you can lose a lot of detail.

I've always liked art since I was a kid, but my perfectionist mindset made me frustrated frequently, since it's often hard to correct a mistake in a physical piece of art. As a kid I was also interested in working with and playing with computers, and I seemed to be able to use them proficiently at a young age. These two interests woven together, creating digital art is exactly what I needed; I am able to make art with precision, accuracy, and an CTRL+Z (needed for my unfortunate perfectionist mindset). So, overall what I love most about my class is simply working with digital art; I never find myself bored or uninterested.

Recently, I was able to look at the AP Computer Graphics portfolios of the three students enrolled this year at Huntington, and I was blown away by how talented they are. They are definitely an inspiration and act as a motivation for myself, as I can see the potential of digital art and where my skill level may be in a few years. If you ever get a chance, I'd recommend for you to check out their work; it's extremely impressive.



ERICA VAZQUEZ

GRADE 9

COMPUTER GRAPHICS

My name is Erica Vazquez and I am a ninth grader. I am a student in Ms. Mohanty's Computer Graphics class. I wasn't feeling very confident about the class, but after finishing my first project I realized the class was a perfect fit for me. I became so inspired by what we were learning in class that I began creating work on my own. I was encouraged to complete a tutorial by Yulia Sokolova. This city landscape is the result and is my favorite creation to date. I learned how to manipulate new tools such

as using a clipping mask and gradient tool. I also become much more adept at using the pen tool and creating a value study. I am proud that this piece was selected to become an art card that will be sold to help raise money for the Art Honor Society. I am really looking forward to next year's Advanced Computer Graphics class. I intend to truly develop my own personal style and experiment even more with the programs I have begun learning.



FIND THE WORDS YOU NEVER KNEW EXISTED

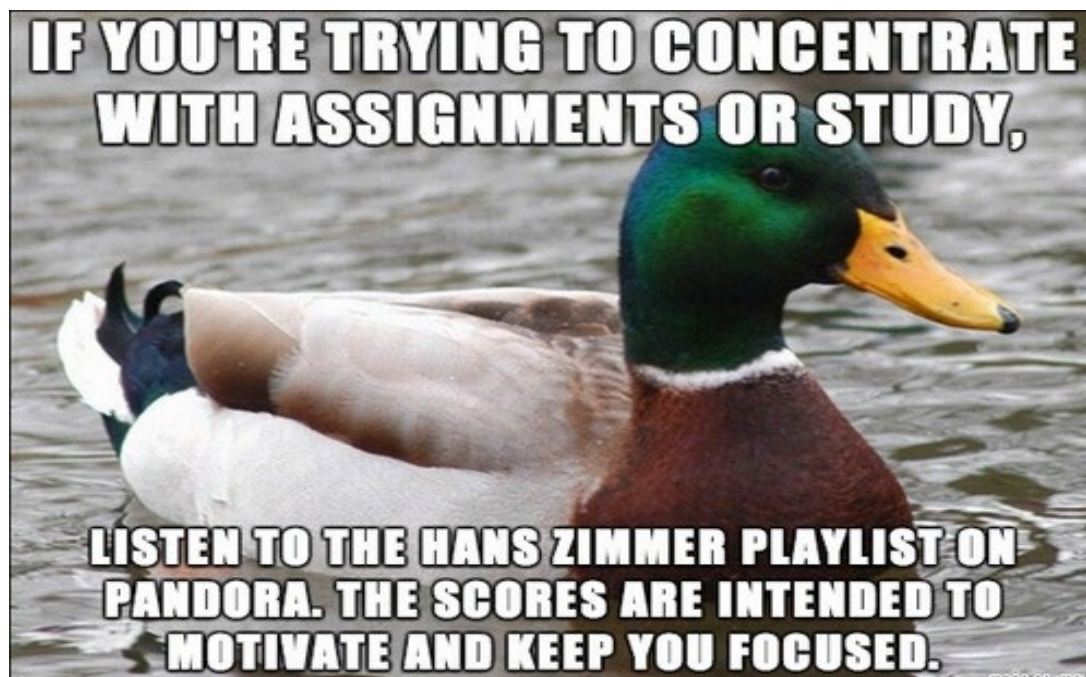
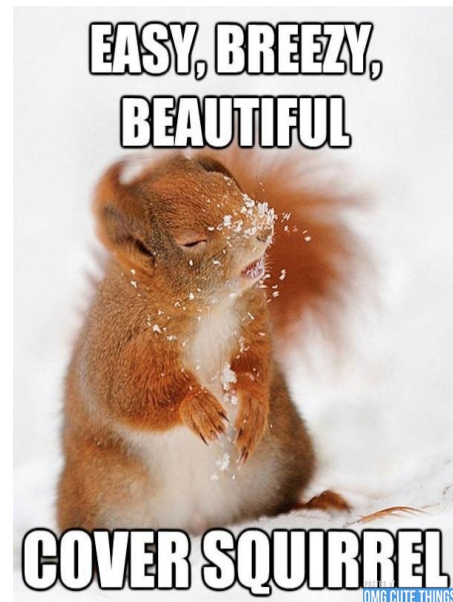
GOWPEN VJ ENTACULAR AZZ
 ABDERIAN ANYCLEPTAOHI OY
 NAIRANI DUTELAVKKCBAN
 CNUDIUSTERTIANHIEONO
 EFCYULOTICHOUSTCAHTH
 HEGATOBACZVSPAAYPPHP
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WORD BANK

- ABDERIAN
- ACCUBATION
- ADOXOGRAPHY
- AGASTOPIA
- APODYOPSIS
- BIBBLE
- BORBORYGMUS
- CABOTAGE
- CALLIPYGEAN
- CAPERNOITED
- ERINACEOUS
- GABELLE
- GAMBRINOUS
- GOWPEN
- HALFPACE
- IMPIGNORATE
- JENTACULAR
- KAKORRHAPHIOPHOBIA
- LAMPROPHONY
- LYGERASTIA
- MACROSMATIC
- NUDIUSTERTIAN
- PAUCILOQUENT
- PYKNIC
- QUIRE
- RATOON
- THELEMIC
- TITTYNOPE
- ULOTICHOUS
- VALETUDINARIAN
- XERTZ
- YARBOROUGH
- YCLEPT
- ZOANTHROPY

MEMES OF THE MONTH

...BECAUSE WHY NOT



INTERESTED IN DRAWING COMICS?

THE DISPATCH IS LOOKING TO ADD A COMICS SECTION

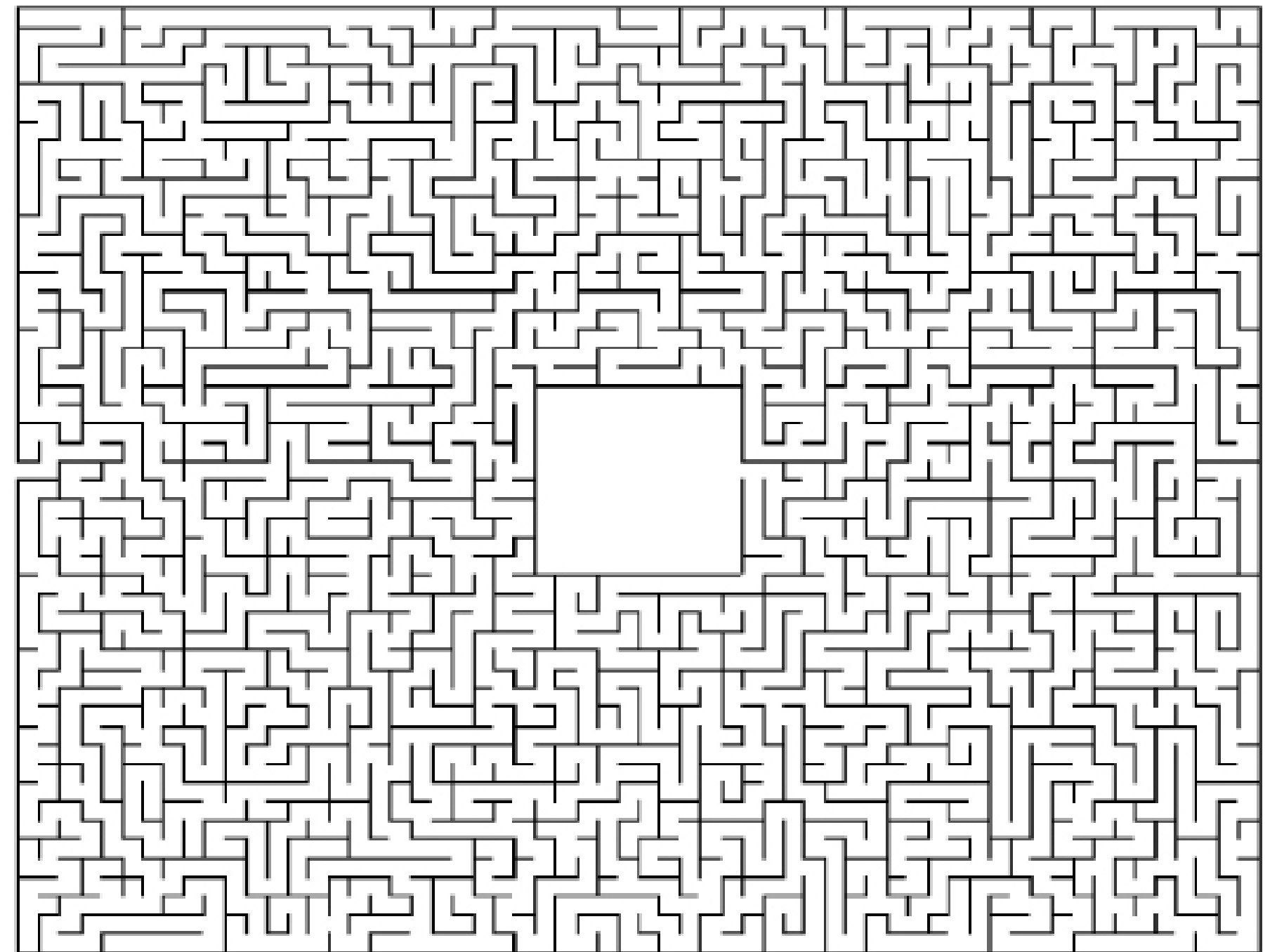
If you are interested, drop by Florea's room Thursdays after school to submit ideas and comic strips

SUDOKU

DIFFICULTY LEVEL: MEDIUM

4	9							
	2	7			8			
	6			2	5			
2			7	6			9	1
1	8			5	4			7
			9	7			1	
			8			5	4	
							6	3

ESCAPE THE MAZE



Welcome to the Five Top Five Section. Every issue will feature lists of the Top 5 of a given topic. Writers may interview others to help make the list and readers (you guys) can all participate. If you have an idea for a list to be featured in the paper, simply talk to an editor or send in your list to the Dispatch e-mail, hhsdispatch@gmail.com.

TOP 5...

...THINGS TO DO WHEN YOUR SHOW IS ON HIATUS... BY KATY DARA

IT'S NEARLY SUMMERTIME, AND YOU KNOW WHAT THAT MEANS: SEASON FINALES! IT CAN BE A SERIOUSLY TRAUMATIZING THING WHEN YOUR FAVORITE TELEVISION SHOW GOES ON HIATUS. THE STORY AND CHARACTERS THAT YOU ONCE DEPEND ON SEEING ONCE A WEEK AT THE SAME TIME ARE GOING TO BE GONE FOR AN EXTENDED AMOUNT OF TIME AND YOU HAVE NO CLUE WHAT YOU'RE GOING TO DO WITH YOURSELF WHILE THEY'RE GONE — WHICH IS WHY YOU GO THROUGH MANY PAINFUL STAGES WHEN TRYING TO MAKE IT THROUGH YOUR SHOW'S HIATUS IN ONE PIECE. THE FINALE ENDS WITH A MIND-BLOWING CLIFFHANGER (WAIT, DEAN IS A DEMON? KILLIAN AND EMMA FINALLY GOT TOGETHER! RORY AND JESS BROKE UP? OH GOD, HE'S NOT REALLY DEAD?). AND YOU DON'T KNOW HOW YOU EVER THOUGHT YOU WERE GOING TO SURVIVE THE THREE MONTHS UNTIL THE NEXT EPISODE. HERE ARE SOME TIPS FOR COPING DURING THIS DIFFICULT TIME...

(1) BINGE-WATCH NEW TV SHOWS

You know those other shows that you've been putting off? You know, the ones that countless friends have recommended, but you just haven't gotten around to watching yet? Now's the time to do it! Catch up on Netflix, it'll help keep your mind off of the impending doom on your other show.

(3) RE-WATCH OLD EPISODES

If this show has seriously taken over your life, sometimes the only solution is to watch it again. Even if it's only a few of your favorites, the conflicts of older seasons may take your mind off of the current cliffhanger gnawing at your mind. Tired of old storylines? Read fanfiction!

(5) DO SOMETHING PRODUCTIVE

Yes, that's right- find something to do. Finally organize that binder. Clean your room. Actually finish that book you've been reading. Focus on school. Beat the boss level that you think is impossible in a video game. Whatever it is, keep yourself busy. It's time to live like a normal person, as if a TV show hasn't dominated your life. Try it, the results may surprise you.

(2) TALK TO PEOPLE WHO WATCH THE SHOW

Venting your feelings to people who can relate is a great outlet, especially when those feelings have to do with fictional characters. You don't know anybody who watches it? Go online! There are bound to be blogs, forums, and pages dedicated to your show. Talk to somebody about it, or hear what others have to say!

(4) THEORIZE ABOUT THE UPCOMING SEASON

Think about what's going to happen next. Yes, you may drive yourself crazy with a million possible scenarios, but hey, it's a start!

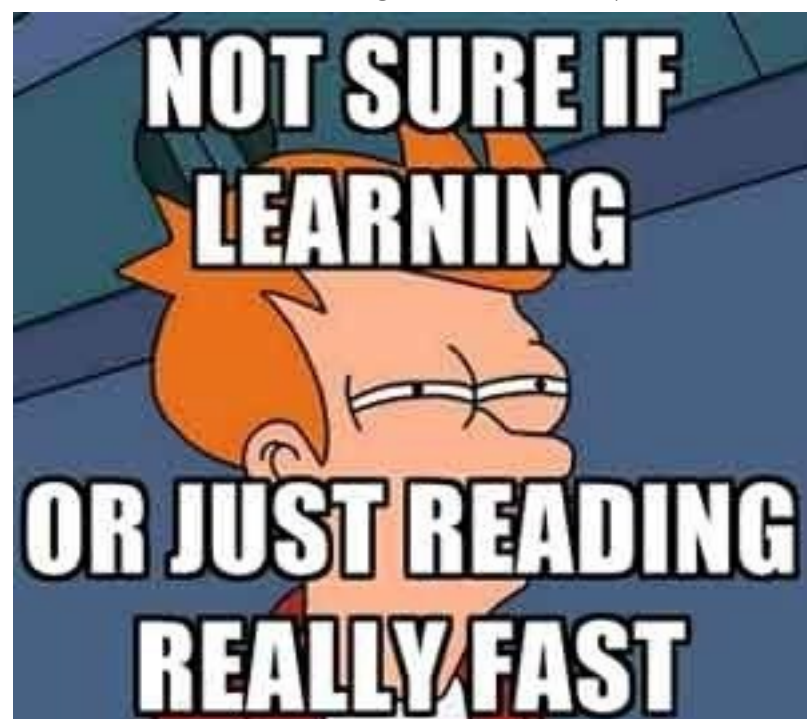


TOP WAYS TO STUDY FOR FINALS

WITH FINALS UPON US, IT CAN SOMETIMES FEEL LIKE YOU HAVEN'T STUDIED ENOUGH AND YOU AREN'T PREPARED. ESPECIALLY WHEN YOU HAVE TO STUDY FOR MANY DIFFERENT SUBJECTS! SO HERE ARE SOME TOP WAYS TO STUDY FOR THOSE FINALS AND ACE THEM:

#1 DO NOT CRAM

Don't under any circumstances, cram for the exam. That's probably the worst way to study, trying to force all that information into your brain at once. Instead of studying for hours upon hours, try to study in intervals. Study for around 20-50 minutes then take a 5-10 minute break to take in what you were just studying. Cramming would only work for a short period of time, while studying over time will help with maximum fact retention. Just don't start texting someone or playing a game during your break. Instead, maybe drink some water or get some brain food.



BY: TAYLOR HABERKERN

#2 ALTERNATE WHERE YOU STUDY

Spending the whole night locked in your room studying can be draining, so try to alternate where you study. Maybe go to the library to study or switch things up with a trip to your living room instead of your bedroom. Alternating where you study can help improve your retention and help you keep all those fact inside your brain for your final.

CONTINUED ON NEXT PAGE

...WAYS TO DESTRESS FOR FINALS...

WHEN IT COMES TO FINALS, WE ALL STRESS AT LEAST A LITTLE. SOME PEOPLE JUST STRESS MORE THAN OTHERS. SOME STRESS CAN BE GOOD THOUGH WHEN IT COMES TO MAKING SURE YOU DON'T PROCRASTINATE. OTHER TIMES THOUGH IT CAN BE THIS HUGE BURDEN ON YOUR SHOULDERS THAT YOU HAVE TO DEAL WITH. HERE ARE SOME OF THE TOP WAYS TO GET THIS STRESS OFF YOUR SHOULDERS:

BY: TAYLOR HABERKERN

#1 EAT WELL

We've all heard the speeches from teachers and parents to eat well, make sure you eat breakfast the day of the test, and all those facts. It's all true though. The food helps give you energy on taking down the things that stress you, like studying for finals or the actual final. You can't just eat a granola bar though and become a genius, it's (sadly) not that easy. It needs to be a balanced breakfast. Like cereal, milk and a banana or a ham and cheese, water and an apple. You need to touch base with as many food groups as possible with your meal. If you can't though, granola bars work too, just try to get your hands on a fruit and something to drink as well.

#2 SLEEP

We all wish we could sleep in every day but we can't. Sleeping is important to your body in many ways. It's like your charger, imagine you were a phone with a 1% battery. You can't just go to sleep and instantly be energized afterward, the same way phones don't instantly charge. It takes time and not sleeping long enough won't do anything. Teens on average, seeing as we grow in our sleep too, need about 9-10 hours of sleep. So if you're waking up at 6:00am don't wait until midnight to go to sleep. Try for at least 8pm, maybe 9 or 10pm if getting rest isn't cool enough for you. Sleep can make a big difference.

#3 PRIORITIZE

This is a big one right here, to figure out your priorities. If something is a priority, it's the most important thing at that moment. Playing on your Xbox and Playstation isn't a priority, where studying would be. In school, much like in life, you have to strike a balance. If you balance the hard work with the fun things though, you can reduce stress.

#4 GETTING ORGANIZED

Being a huge mess can stress anyone out. Can't find this paper or that homework, lost that packet- It can be a lot of work to keep track of everything. Getting organized can help you keep track of study guides and dates while helping you with prioritizing everything. Try an accordion folder, or a date book. If you haven't lost/destroyed your school calendar, use that too. Write and circle important test dates or study sessions. There's a calendar with built in date-book in some phones too. There's even a notepad app for you to jot quick notes down for yourself. Getting organized can prevent the worst from happening as well.

#5 RELAX

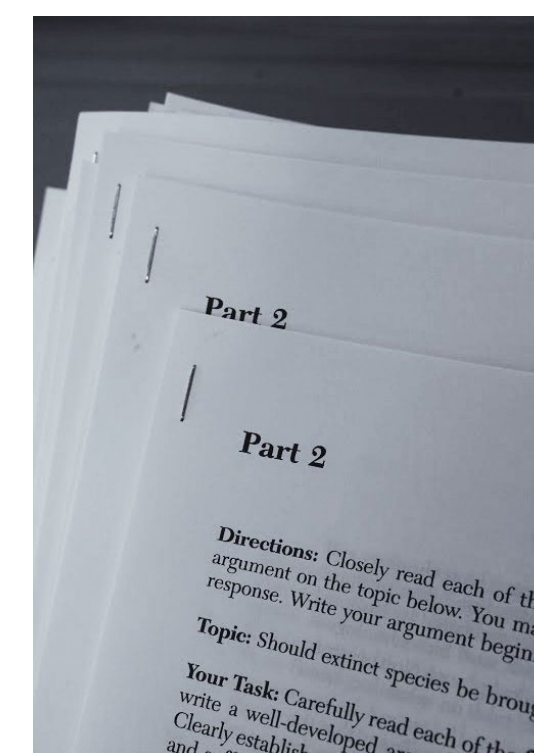
Relaxing isn't the easiest thing in the world, but it's the main power against stress. Finding that one song or one thing that can help relax you can be a game-changer. If you're studying and getting frustrated, you can release your anger safely by listening to music or punching a pillow into next week. However you choose, finding a way to relax and to keep yourself from falling apart is a huge aspect of relieving stress. Don't keep forcing yourself to study, because if you stay angry like that you won't actually take any information into your brain. It'll be like trying to get a wet sponge to soak up water. It's much harder to focus and do well on exams and finals if you're fried, mentally and emotionally.



STUDYING FOR FINALS (CONTINUED)

#3 AVOID ALL-NIGHTERS

Most people have pulled an all-nighter at least once. All-nighters are horrible to participate in though, (despite the seemingly hysterical amusement you get from it at two in the morning) because you don't get any sleep. Sleep is needed to make sure you have enough energy to accomplish things and eventually your brain will start mixing the information together and not taking it in, accomplishing nothing. Secondly, cramming all night just adds to the lack of memory retention, so then when the test comes you're tired and not all the information is there. Get a good night's sleep the night before the test and look over the most important notes before you lay down for bed. Don't go on your phone in-between-- it's notes then straight to bed. This will make the notes a bit fresher in your mind and then these can be the notes you remember best. Don't look at too much, just the most important.



#4 MINIMIZE THE DISTRACTIONS

If you have siblings, pets, or just very loud parents having distractions can be something to struggle with at times. These distractions can affect how well you remember what you're studying so it's best to avoid the distractions as well as you can. Maybe go to the library or a friend's house where it is quiet. You could even study and quiz each other if you want. Just don't get too off-topic.

#5 PRACTICE

The saying goes, 'Practice makes perfect'. Practicing may not perfect your skills, but it'll help them and point out what you still need to study. Try out putting facts on flashcards and testing yourself to see if you know the needed information. Or possibly take a practice tests. Most regents from previous years are available online. Plenty teachers are giving them to their students and you don't have to do every single test available. So if you haven't gotten one, look into it. It'll at least give you some insight on what to expect on your test when it comes around.



THE LATEST ON KANYE

BY CINDY C. RODRIGUEZ



example, the recent trend she has inspired alongside her makeup artist Mario is the contour trend, us-

ing dark and light cream based concealers to create more defined facial features. Currently, Kanye is working on a new album called "Swish". Most blogs online are making claims that Kanye changed his album's name to Swish for his wife Kim. Recently, he tweeted semi nude photos of his wife captioned "Swish", apparently its one of the words he uses to describe his wife. "Swish" will include "only one" ft Paul McCartney and "Wolves" ft Sia. Kanye's is a very influential figure fashion and music wise to our generation whether it is acknowledged or not.

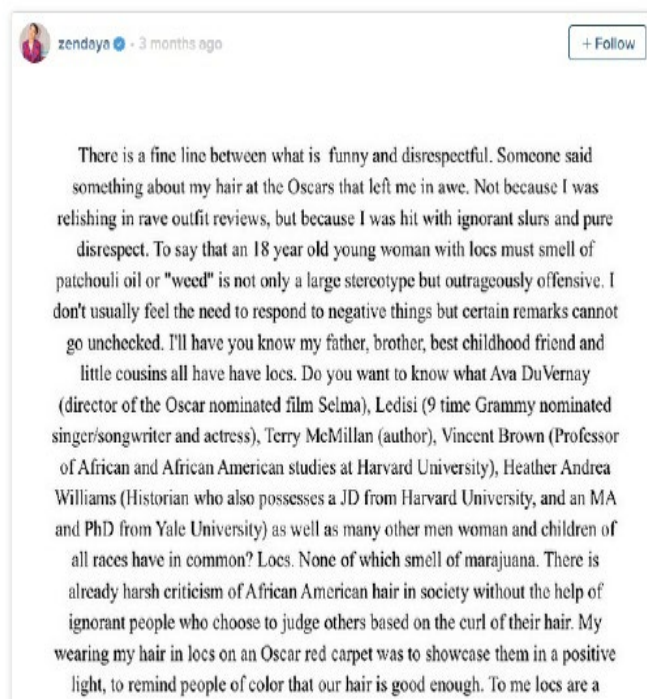


ZENDAYA AND THE FIGHT FOR LOCS

BY CINDY C. RODRIGUEZ

Actress and singer Zendaya Coleman slammed Giuliana Rancic for the comment she made about her hair at the Oscars. Zendaya wore dreads with her white Vivian Westwood dress to the Oscar Red Carpet and Giuliana specifically, and publically, said, "I feel like she smells like patchouli oil, or weed. Maybe weed?" Zendaya replayed through social media later on. She not only felt disrespected, but felt discriminated against as an African American. She claims to have worn her hair in that way to remind people of color that their natural hair is beautiful, and to be proud of the way they are and their heritage. She wanted to bring the style into a positive light. In her statement, she listed several successful people who

all had locs in common. She also stated that to her "locs are a symbol of beauty and strength almost like a lions mane."



She later posted another statement in which she told her fans she accepted Giuliana's apology. She also wrote that she was not right for posting her first words; two wrongs don't make a right. She ended the statement with a beautiful quote from Dr. Martin Luther King "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that." Zendaya proved herself a very influential person not only for her music and acting, but also for how strongly and maturely she speaks out on certain topics in ways that other artists do not. Despite her young age, Zendaya is not only talented and successful, but is also extremely elegant and inspiring and poses a good example of African American pride.



VS.



ARTISTS THROUGH THE AGES

BY SARAH JAMES

It is scientifically proven that as humans we respond to music. Music has the power to sway our emotions, as well as the power to shape cultures and transcend time.

When I asked some people in my classes who was influential in the music industry today I heard the names Beyoncé, Miley Cyrus, and Kanye amongst others. Then I asked of old artists that they knew had been influential in past decades that are still popular today. People said, Journey, Michael Jackson, Prince, Madonna, and Whitney Houston—even the Beatles. These artists were influential back in our parents' day, and are still influential now.

Madonna for instance, was primarily popular in the 80's when she burst onto the scene. Her first single released in 1982, titled "Everybody" hit number three on the charts in the US. One year and another single later she had released her first album, self-titled, Madonna. Since her debut she's released tons of iconic singles, like Holiday and Like a Virgin, all the while stirring up controversy.

Now from our time, there's Miley

Cyrus. From 2004 to 2008, Miley Cyrus became known for her role on the Disney Channel show Hannah Montana depicting a regular teenaged girl by day and a pop superstar by night. The show ran for four successful years and following its finale, Miley released her first album apart from her role as Hannah Montana. It was appropriately titled Breakaway. She released sin-

album Bangerz paired with her new image has caused much talk. But what makes an artist influential? Miley is considered influential now, but like Madonna, will she still be 30 years from now? What makes an icon? What does it take to be a musician that transcends time? Some say it's that "it" factor, but what is "it"? Maybe it's always keeping up with what



people want to hear, whilst somehow maintaining a personal sound. Maybe it's always being in the spotlight whether positive or negative.

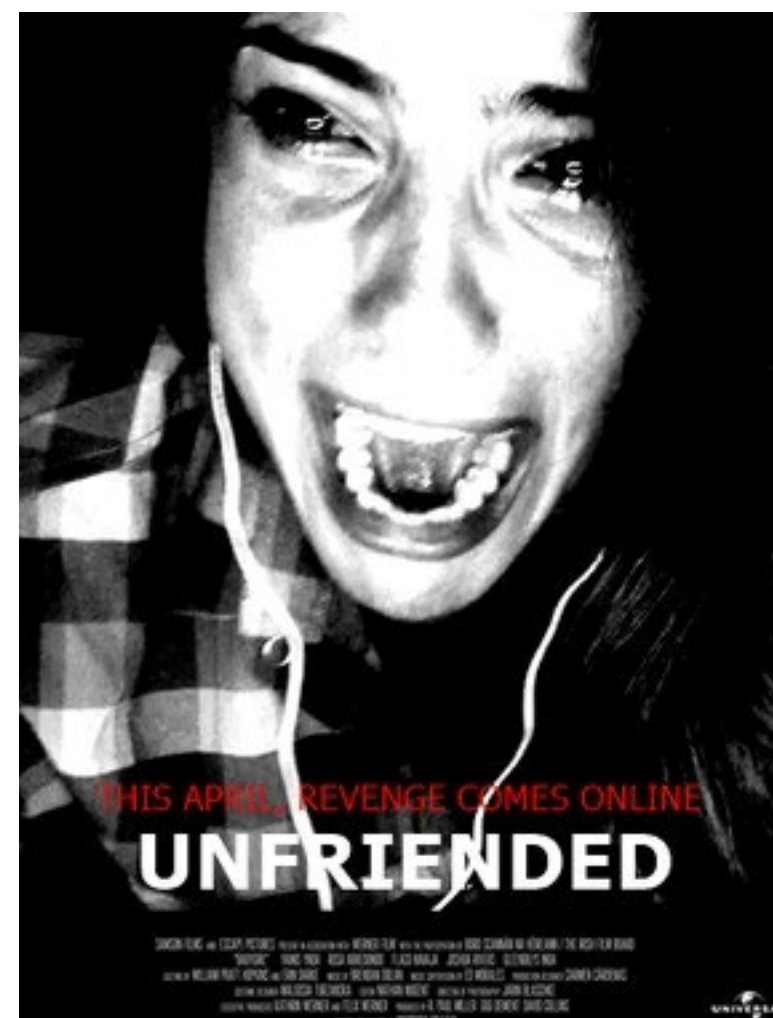
For Madonna, what made her such a legend was her ability to shock people. She was a good catholic girl gone bad. Similarly, Miley Cyrus transformed from wholesome sweet Hannah Montana to—whatever she is today—someone

(quite literally) straddling the line between pop and lewd RnB. Madonna burned crosses, sang provocative lyrics and had dance moves just as provocative to match. Miley rides hotdogs, and dons tight leotards. But maybe it's these similarities, their shared penchant for the overtly sexual that makes these women so instrumental in the media and pop culture.

gles like Party in The USA as well. Then, in 2010, the artist now 18, came out with another album, Untamed which proved to cause quite a buzz in the media. After this she went a little off the radar musically, and focused more on furthering her career in film. Then in 2013 we all heard the name Miley Cyrus again when she released the single We Can't Stop, showing her new style. Since then her

IN THEATERS: UNFRIENDED

BY: TAYLOR HABERKERN



I actually really liked this movie. They really did something most "so called", 'horror movies' haven't done, and that made me laugh. They added so many parts that were funny and that most teenagers can relate with. Honestly, the only problem I had was how fast this movie went. It was about 82 minutes, and to confirm anyone's guess: yes, it is 100% pure Skype call. It's told from a Paranormal Activity-esque point of view, resembling the "found footage" type of horror movie—which depending on your preference can be something of a problem. It was also sort of problematic how there isn't really any character development throughout the film. Other than the amazing ending, it's kind of a sad movie. You could argue that Unfriended is a bloody morality fable, underlining what Plugged In has been telling you for years: Be careful what you do online. Even though Unfriended begins to cheat- springing loud noises and gory cutaways that can't be explained- there's a rigor to its dopey, blood-simple conception that one may smile at. I recommend this movie, but don't go in taking it too seriously. Just sit back, relax and enjoy 82 minutes of a dramatic horror flick.

THE HOTELIER- IT NEVER GOES OUT (REISSUE)

LABEL- TINY ENGINES ~ RELEASE DATE- 3/24/15

BY PAGE MONTECALVO

LAST YEAR INDIE-EMO BAND THE HOTELIER PUT OUT ONE OF THE MOST EMOTIONALLY DRAINING, UPSETTING, BUT PERHAPS THE MOST BEAUTIFUL ALBUMS OF 2014, HOME, LIKE NO-PLACE IS THERE. ITS SELF-REFLECTIVE LYRICS AND HEART-WRENCHING INSTRUMENTATION WAS ACCESSIBLE TO ALL MUSIC FANS, REGARDLESS OF THEIR PREFERRED GENRES, AND PEOPLE TOOK NOTICE OF THE SMALL MASSACHUSETTS-BASED BAND.



Surprisingly, many people who are fans of the record aren't even aware that Home, Like No-Place Is There, albeit an incredible album, isn't the Hotelier's first. In January 2011 the band quietly dropped It Never Goes Out, which quickly became one of the punk scene's hidden gems. Their label, Tiny Engines, decided that following the popularity of The Hotelier's sophomore album that they would re-release It Never Goes Out, and I'm glad they did. The album took me by total surprise with the opening track "Our Lives Would Make a Sad, Boring Movie," reminiscent of a punchy Saves the Day-type track, rather than their usual melodic strumming. Their next track, "Vacancy" although not as lyrically diffuse as most Hotelier tracks, is still a gripping song, and every time vocalist Christian Holden screams out the refrain, "Oh, we

are the same" listeners want to join in. It leaves you thinking about who 'we' really represents. The next track, "Lonely Hearts Club" is alright, but it's really not too engaging and doesn't bring anything new to the table that other bands haven't already done. In contrast, the next song is hands down the best on the album. "Ode to the Nite Ratz Club" is a lyrical masterpiece telling a story of two youths breaking into factories, and falling in love. It leaves listeners on an extremely unexpected somber note, "We had ideas of staying close together for all time; I wish I still had that same state of mind". It's uptempo and it's a fantastic return to form for The Hotelier. The 5th track "Weathered" is very enjoyable. To be honest it sounds like the bastard offspring of a Weakerthans and Turnover track, but I mean that in the most loving way. A very slow buildup resonates with a resounding cry and a harmonica-guitar-drums break that closes the track nicely, with some solid vocals. Sadly, the album drops off in quality here with the next three tracks being, at least in my opinion, shallow and rushed. "I'm Gone" lacks the lead singer (Holden) on vocals, and guitarist Cody Millet who replaces Holden is just inept at carrying the harmonies. "Holiday" is a minute long mess. The instrumental aspect feel cursory and is lyrically (as well as vocally) not on par with other songs on

the album. "Still Water Spectacle" was just boring, with the same chords and structure as the previous track. The last song, "Title-Track (There Is a Light)" makes up for the mistakes made in the previous few tracks, with Holden's voice crooning over a landscape of delicately plucked strings and soft, but somehow strong, drumming. It's a perfect closer to the album and perhaps good foreshadowing to what the band would come to release later on.

OVERVIEW:

SCORE: 7.5/10
 FAVORITE TRACK:
 "Ode to the Nite Ratz Club"
 LEAST FAVORITE TRACK:
 "Holiday"
 FOR FANS OF:
 Turnover-S/t,
 The Get Up Kids'- Something to Write Home About,
 The Hotelier- Home like No-Place is There



EARL SWEATSHIRT-I DON'T LIKE S***, I DON'T GO OUTSIDE.

LABEL-TAN CRESSIDA
 RELEASE DATE- 3/23/15

LOS ANGELES-BASED EARL SWEATSHIRT IS NOTHING SHORT OF AN ENIGMA. THE ODD FUTURE AFFILIATED RAPPERS RIDICULOUS FLOW AND DARK, CRUSHING LYRICS ATTRIBUTED TO THE COMMERCIAL AND CRITICAL SUCCESS OF HIS DEBUT MIX TAPE EARL, AND HIS FOLLOW-UP LP DORIS. NOW HE CONTINUES THE SUCCESS WITH HIS SOPHOMORE EFFORT, "I DON'T LIKE SHIT, I DON'T GO OUTSIDE.". THE ALBUM SHOWS SWEATSHIRT DISCOVERING NEW THEMES AND IDEAS AND IT PAYS OFF TREMENDOUSLY.

HUEY

The album starts off with bouncy organ keys reminiscent of something you would hear in a Tyler, the Creator track, and Earl's entrance is powerful. Lines like, "I'm toasting myself and a toast to all my niggas/And ain't no time limit, I'm toasted as hell/And now I gotta jot it quick cuz I can't focus so well" show Earl's powerful poetry. The track is extremely short (1:20) and has a bit of an unnecessary outro that takes away from the aura of the track, but it's still enjoyable.

7/10

MANTRA

This track is the most confident I've heard Sweatshirt with him rapping braggadocio over a lo-fi bass-heavy instrumental. He references listening to his own track while "His bitch gives him throat" while driving and he still "hates when his girl's home" It's extremely out of character for the usually soft-spoken MC, but it was a risk well taken.

9/10

FAUCET

This song comes off as almost an apology to his mother, where he "doesn't know whose house to call to call home lately". His voice strains while spitting about his father's absence and his drug-riddled past. It's a very in-depth look into Sweatshirt's home life.

7.5/10

GRIEF

Upon listening to the first few seconds of this track I felt like I was underwater. The bass sounds like it's coming from blown-out speakers at the bottom of the ocean, and at first it's a bit odd, but when you get accustomed to it, you can really see the genius behind the production. Again, it's braggadocio as hell and the drug topics are still there, with the second verse even sounding like a drug trip. I think this track balances self-loathing and brashness well enough to go toe to toe with greats like MF DOOM, and even the songs' outros sounds like a DOOM production.

9.5/10

BRAND NEW FINALLY RELEASES NEW SONG, 'MENE'

BY PAGE MONTECALVO

The wait is over. If you're a Brand New fan, you've probably been wondering for about six years now when the band would drop a new track. Well now you have one with the dark, abrasive new song "Mene". It starts off with drums similar to the band's song "Archers", but takes a totally different route, it's in-your-face, hard hitting indie rock that strikes you with lyrics like "We walked to the edge but never left/What sings to you when you disconnect", and the repeated hook of "We don't feel anything". It's a welcome return for the veterans of punk influenced alt-rock and it leaves me wanting more.

OFF TOP

This track is a Left-Brain produced mess. It's a boring crime-fueled rant that doesn't really add to the album's darkness or lyrical mastery.

3/10

GROWN UPS FT. DA\$H

Just like the last track, this one is a bit of a mess with Earl rehashing the same ideas as many songs previous. Da\$H seemed like a great feature to the album with his slick flow, but he actually takes away from the piece, with sophomoric rhymes that actually made me groan a few times.

4.5/10

AM//RADIO FT. WIKI

This is where the album returns to form. New York based rapper Wiki spits the first verse and tells a story of a drunken night where he "gets kicked out the crib" and how "every time he raps he blasts off", and he's just an excellent, excellent feature for this album. Sweatshirt's verse has some really strong lines as well, statements like "Rally the horseman/Tally the corpses" show Earl's newfound confidence and delivery and he pulls it off.

9/10

INSIDE

On this piece Earl's flow is great, the beat is fine, but it just seems forgettable. It's cut too short and it's too vague to really comprehend.

5/10

DNA FT. NA'KEL

The biggest problem on Earl's last album, Doris, were the excessive unnecessary features. It seems to be happening again with this track with Odd Future rapper Na'Kel literally having the worst verse I've heard on a rap song this year. The song is childish and shoddily thrown together.

3.5/10

WOOL FT. VINCE STAPLES

This track is easily the best on the album with Earl and Staples battling it out lyrically until the very end. It has the best lyrics and perhaps the best beat on the album and it's a perfect closer for an album that so desperately needed a great closer

9/10

OVERALL SCORE:

7/10

FOR FANS OF:

Mac Miller's "Faces", Death Grips "Gov't Plates", Madvillain's "Madvillainy"

SHOP, SHOP, SHOP

BY EMMA PANDOLFI

GIRLS, IS IT HARD TO FIND GREAT CLOTHES WITHOUT EMPTY-ING YOUR WALLET? WELL, YOU WON'T HAVE TO LOOK ANYMORE. HERE ARE SOME STORES WITH STYLISH, COMFORTABLE, AND CHEAP CLOTHES, THAT RANGE FROM FANCY DRESSES THAT STUN EVERYONE TO THOSE PERFECT SWEATS FOR BINGE-WATCHING NETFLIX...

G-STAGE- California-born store with \$10.00 dresses and tops

FOREVER 21- Sells all sorts of apparel from \$3.00-\$80.00

CHARLOTTE RUSSE- Want some new maxi dresses/ skirts? This is the place to go.

LOVECULTURE- casual, lace, and fancy dresses of all shapes and sizes for around \$30.00

LULUS- a bit pricey, mostly if you need a party or formal dress

10 DOLLAR MALL- nearly everything is \$10.00 or under

HIDDEN FASHION- everything is £5.00 or less (\$8.00)

SOPHIE AND TREY- great selection of everything, sells dozens of trendy shoulder blouses

SHOPPE BY SCOUT MOB- similar to Etsy.com, handmade items made from people around the world

LUCY IN THE SKY- sells jumpsuits, flowy tops, boots, etc..

TAUTMUN- great for buying the basics and sweats

HUMAN- perfect store for fangirls, fandom clothing, or anyone who wants a funny/highly inappropriate quoted shirt (yes, it has Sherlock, Supernatural, Teen wolf, Dr.who, etc.)

DOROTHY PERKINS- British store with the most adorable floral and old fashioned school-appropriate dresses and pants/tops.

ETSY- sells not just clothes, but amazing jewelry, fandom merchandise, art supplies, home décor, phone cases... They sell almost everything!



YEEZY BOOSTS HIT THE MARKET...

BY WILL BONILLA

A wise man once said breaking up is hard to do. In the case of Kanye West and Nike's break up, it was for the better. Kanye West never fails to deliver a stylish, outlandish, innovative shoe. Even if you aren't an avid sneaker collector you most likely have heard about the famous Yeezy sneakers with Nike. After some discrepancies with Nike, Kanye West made a decision to do fashion with Nike's rival Adidas. Kanye's first shoe with Adidas is the hyped release of the Yeezy Boost. The new generation of Yeezy's goes for a more simplistic look; opposed to the previous flashy Nike Yeezy's. In addition, the previous Nike Yeezy's were used mostly for show, but the new Yeezy Boost is also an exercise shoe. With a price tag of \$350.00 I would expect a little something more. I guess the hype of having a shoe designed by Kanye West is worth \$350.00 though.

Reactions to this shoe are split down the middle. Either you like the shoe or you don't. From a design standpoint, these shoes don't look extraordinary or incredibly notable. However, Kanye West being the designer makes these shoes a hot item. Sophomore Matthew Collins brilliantly put it, "You wouldn't catch me dead in them if they weren't designed by Kanye himself." That beautifully shows the viewpoint of many avid sneaker collectors.

When it is all said and done, Kanye will continue to release shoes that will sell out. Kanye could release a shoe based on a brown paper bag that would have a resale value worth more than many students college tuition.



THE DEVIL WEARS GRUNGE

BY KATYA DANZINGER

SPRING, AMONG MANY THINGS, MARKS THE GLORIOUS END OF THE FASHION CYCLE.

When all of the fashion elitists of the world arrive in the international fashion capitals to watch, with glimmering eyes, the final presentations of the season. And while the gilded logos and Swarovski crystals shine, it's hard to see past the luster to understand the real-world application of the trends. Because let's face it- as awesome as it would be to one day wake up and have inherited Cara Delevingne's wardrobe (her looks and budget would be a plus, too), most of us turn to our favorite fast-fashion retailers for our clothing necessities.

The fashion industry is one of the

richest, most important industries in the world. Everyone has to wear something, right?

Here's the gist on how this whole thing works: Trend forecaster companies analyze trends extensively to produce the fashion forecasts of each season, this information is then supplied to major fashion houses/designers/companies (yup, the people at Old Navy and Dolce & Gabbana look at the same color charts). Designers then incorporate the trends into their designs to produce-- well-- clothing! It's not a coincidence that most brands seem to be on a similar page, if not the

same.

Note: Menswear typically follows a similar pattern to Women's fashion in street style and fast fashion markets (i.e. H&M, Zara), but tends to stay more muted in the business/casual apparel marketplace.

So here's where you come in, the savvy consumers and fashionistas of the world. These are the main trends, straight off the Paris and Milan runways, we'll be seeing this Spring and Summer at our local fast fashion stores. Gear up, ladies and gentlemen. Gingham is back and it's here to stay.

1. TRANSPARENCY

That's right, we're talking sheer fabrics and layers. Think American Apparel/Clueless (the movie) aesthetic. It was all over the runways at Paris Fashion Week in the Dior and Nina Ricci shows. The key to working this trend is subtlety.



2. ATHLETIC CHIC

We've all seen the notorious Instagrams of Adidas tracksuits/sneakers, which are arguably 2015's strangest fashion trend, and fashion houses are catching on. Think Pharrell Williams meets urban street-style. Sporty slides and athletic jackets were featured at the Marc by Marc Jacobs and DKNY shows. Look to Rihanna for inspiration.



3. SLOUCHY JEANS

Boyfriend jeans, mom jeans, bootcut jeans. Grunge-y teens sporting the typical Topshop/Urban Outfitters uniform have brought the 90s back. Widely accepted by the younger and more modern fashion community, this trend is definitely reaching different demographics. Word of advice: try to find the silhouettes that flatter/fit you best.

4. TEXTURE

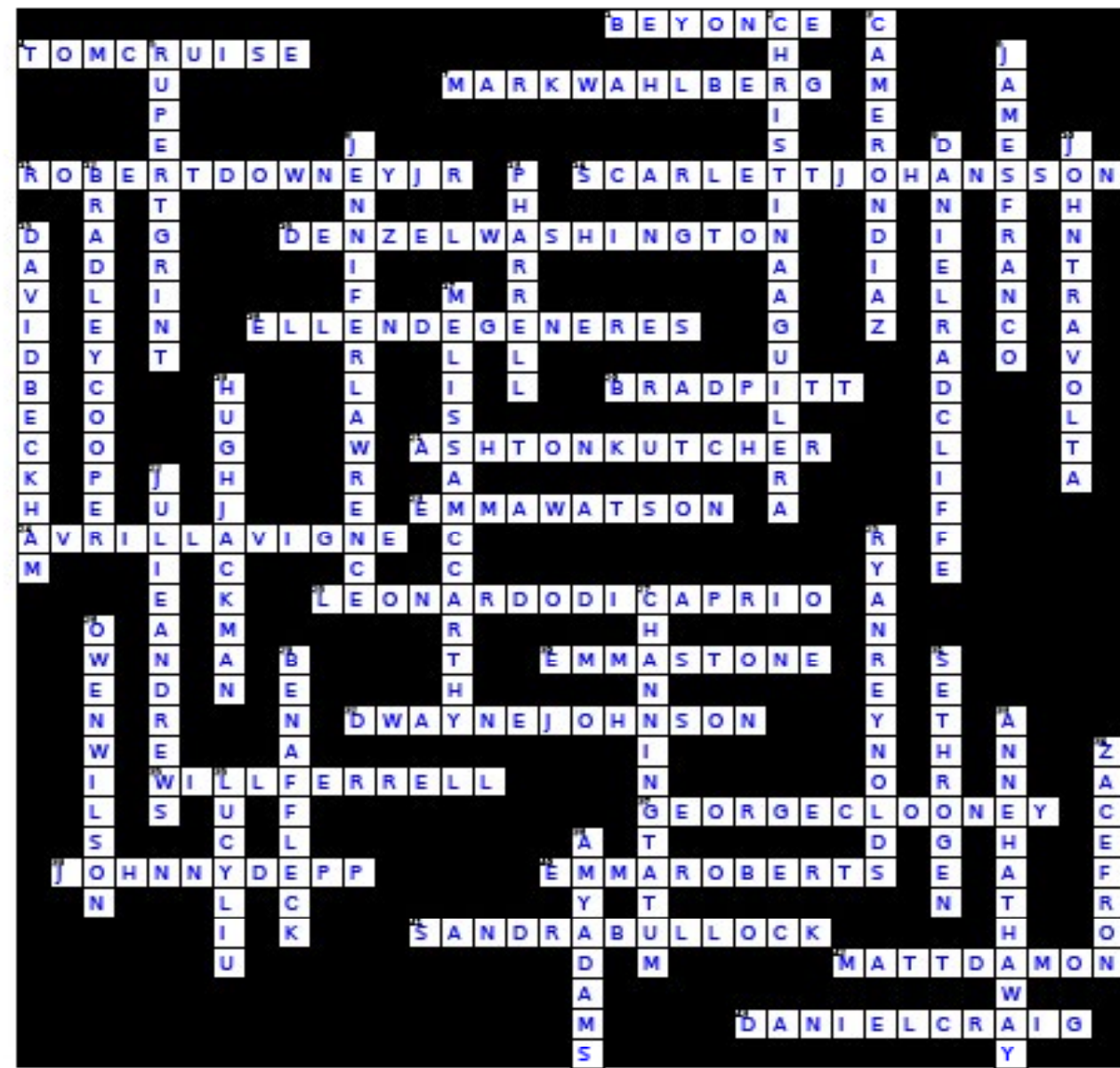
Texture is a reoccurring theme, year after year, but this season designers have been putting interesting spins on the concept. Dianne Von Furtsenberg and Altuzarra were all about Gingham, while Jason Wu and Tibi featured suede in their fashion week collections. Feathers made a comeback at Christopher Kane and Simone Rocha and Paul Smith embraced the tassel.



5. 70S AND 90S

The union of Donna Summer and Nirvana has never been so fashionable. Bold mules paired with 90s minimalism, and we might just be on to something. The retro 70s (jumpsuits, platform shoes and the maxi silhouette) are replacing the grunge aesthetic of the 90s (flannels, chokers, Doc Martens and crop tops), even though the 90s are sticking around. Pop culture archives are definitely the place to score for references.

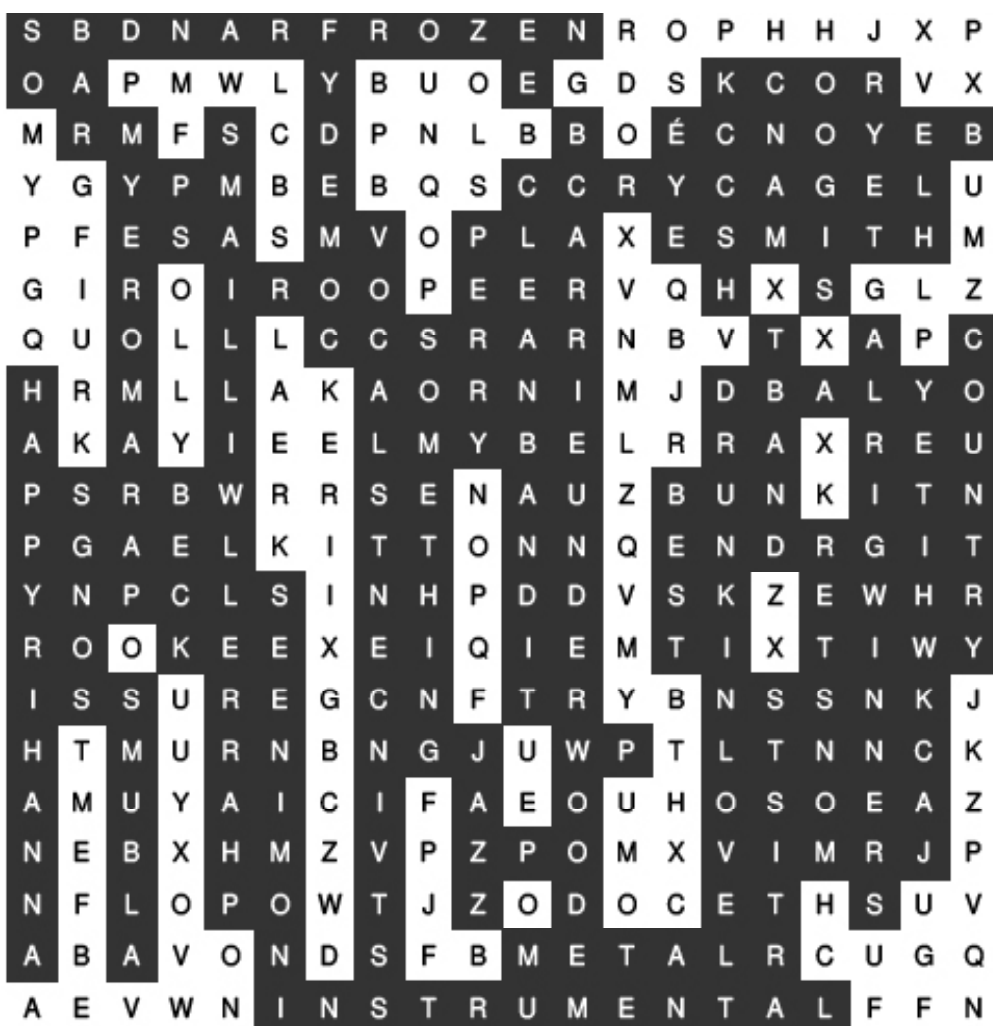




CROSSWORD PUZZLE

SUDOKU

9	1	8	6	2	4	3	5	7
3	5	6	7	8	9	1	4	2
2	7	4	1	5	3	6	9	8
1	8	3	2	6	5	4	7	9
6	2	7	9	4	1	8	3	5
4	9	5	3	7	8	2	6	1
8	4	2	5	3	7	9	1	6
5	3	1	8	9	6	7	2	4
7	6	9	4	1	2	5	8	3



WORD FIND

"THE FIGHT OF THE CENTURY": THE KING RETAINS HIS REIGN

BY VINCENT FREDERICKS

FIGHT OF THE CENTURY, PAC MAN VS MAYWEATHER, EL FILIPINO CONTRA EL AMERICANO, CALL WHAT YOU WILL, BUT MAYWEATHER CAME OUT VICTORIOUS IN VEGAS, EXTENDING HIS RECORD TO 48-0 IN THE RING

TBE? History will judge if Floyd Mayweather Junior truly is the best ever. But he has proved he is a class above his biggest rival, Manny Pacquiao. Mayweather dominated Pacquiao to stretch his unbeaten record to 48-0 and to show he is the greatest fighter of his generation. The judges scored it 118-110 and 116-112, 116-112 and it was as one-sided as that and Mayweather produced a tactical masterclass to bamboozle Pacquiao.

Apart from the fourth when Pacquiao briefly had Mayweather in trouble, the pound-for-pound king was in control throughout. Mayweather said, "It was a smart fight, I outboxed him. We did what we had to do." Bizarrely, Pacquiao disclosed he thought he had

won the fight, claiming Mayweather did not throw enough punches."It was a good fight," he said. "I thought I won the fight. He didn't do anything. I got him many times. I thought I won the



fight. Mayweather step the tempo from the first bell and he dominated the center of the ring, picking off Pacquiao on the counter. He caught Pacquiao with a

straight right in the first round in a warning to the Filipino. That quick start by Mayweather was key and Pacquiao had been expected to be more aggressive early on and win the early rounds. May-

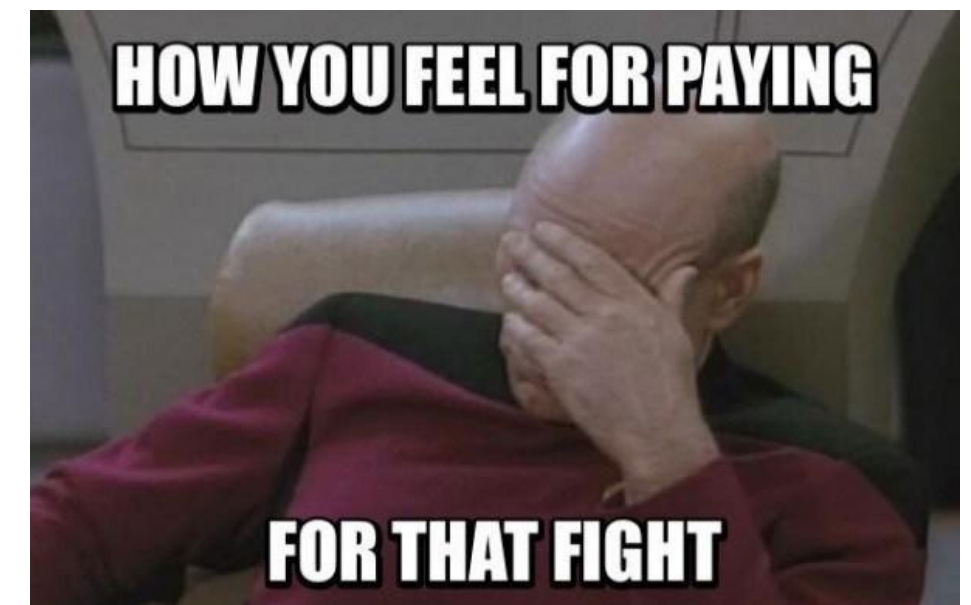
weather was always ahead and Pacquiao was never going to claw back that deficit without a stoppage. This was the pattern of the first three rounds with

Mayweather dictating. Pacquiao's best round was the fourth. He hurt Mayweather with a couple of big lefts and backed him up into a corner. For a few brief seconds, Mayweather looked vulnerable, but he

showed what a champion he is by quickly regaining his composure in the fifth. Pacquiao replied in the sixth, managing to put Mayweather under some pressure

as he pushed him onto the ropes and unloaded on his body. But the pound-for-pound king shook his head after each flurry of punches signaling he wasn't bothered.

Mayweather knew he had won and began to showboat in the 12th round, displaying some fancy footwork. Although Pacquiao raised his hands at the final bell, there was only one winner. In the end, Pacquiao got richer, Mayweather got more richer, people who betted on Mayweather got richer, and I got poorer because I spent 100 dollars to watch the "the fight of the century" on Prime Time TV in the first place, which I wouldn't even pin as the best fight of the century, not even the year, not even that week, saw some more brutal NHL playoffs brawls than that 12 round



SPORTS

MLB SEASON PREDICTIONS

WITH THE MAJOR LEAGUE BASEBALL SEASON IN FULL SWING, I GIVE MY PERSONAL OFFICIAL STANDINGS OF HOW I THINK THIS SEASON WILL PLAY OUT, WITH A FEW ADJUSTMENTS DUE TO INJURIES AND TOTALLY UNBIASED EVALUATIONS. (PLEASE FEEL FREE TO MOCK ME AT THE END OF THE SEASON, WHEN MY PREDICTED FINAL STANDINGS ARE ALL COMPLETELY WRONG.)

BY VINCENT FREDERICKS

AL WEST

SEATTLE MARINERS -- 89-73
LOS ANGELES ANGELS -- 87-75
HOUSTON ASTROS -- 82-80
OAKLAND ATHLETICS -- 79-83
TEXAS RANGERS -- 69-93

The Mariners have two of the most durable stars in the game in Felix Hernandez and Robinson Cano, some new right-handed punch in the lineup and a potential breakout star in Taijuan Walker. Mike Trout should once again be the best all-around player in the league, but will Garrett Richards and Matt Shoemaker be able to match their 2014 performance? The Astros are going to strike out a million times but they're going to be fun to watch with George Springer, Jose Altuve and company plus a better bullpen will be a big factor. The A's will again attempt to mix and match in the lineup but they've lost a lot of

AL CENTRAL

CLEVELAND INDIANS -- 90-72
DETROIT TIGERS -- 83-79
CHICAGO WHITE SOX -- 82-80
KANSAS CITY ROYALS -- 80-82
MINNESOTA TWINS -- 68-94

Corey Kluber and Carlos Carrasco could be the best one-two punch in the AL and look for a big bounce-back season from Jason Kipnis. The Detroit rotation is suddenly full of question marks behind David Price, with Anibal Sanchez never having thrown 200 innings and Justin Verlander's uncertain level of production. It could all come together for the White Sox behind a big top three rotation of Chris Sale, Jeff Samardzija and Jose Quintana and an MVP-type year from Jose Abreu. The Royals still have a bullpen and defense, but no power and they'll miss James Shields. The Twins have offensive ability, but the outfield defense is suspect and the rotation still shaky after Phil Hughes.

AL EAST

BALTIMORE ORIOLES -- 88-74
NEW YORK YANKEES -- 86-76
TORONTO BLUE JAYS -- 85-77
BOSTON RED SOX -- 79-83
TAMPA BAY RAYS -- 74-88

A healthy Manny Machado, and more productive Chris Davis will help ease the loss of Nelson Cruz, for the Orioles. Red Sox will look a lot better when they trade for Cole Hamels or Johnny Cueto in July. I had the Blue Jays in the playoffs before the Marcus Stroman injury, as I projected him to develop into a legit No. 1 starter. The Yankees are too old (one regular under 30) and dependent on too many starters with health risks. The Rays were already on shaky ground before spring injuries landed Alex Cobb and Drew Smyly on the disabled list.



NL WEST

LOS ANGELES DODGERS -- 92-70
SAN DIEGO PADRES -- 88-74
SAN FRANCISCO GIANTS -- 85-77
COLORADO ROCKIES -- 69-93
ARIZONA DIAMONDBACKS -- 65-97

The Dodgers have Clayton Kershaw and position player depth, but the bullpen is undermanned and the rotation is thin if injury-prone starters Brett Anderson or Brandon McCarthy get injured. I've revised my thoughts on the Padres, despite the obvious concerns about the outfield defense and infield offense, as I think the James Shields-Andrew Cashner-Tyson Ross-Ian Kennedy foursome will be excellent and now they've added Craig Kimbrel in the ninth. No respect for the defending champs! The Rockies are starting Kyle Kendrick on Opening Day. The Diamondbacks are kind of a mess.

NL CENTRAL

PITTSBURGH PIRATES -- 91-71
ST. LOUIS CARDINALS -- 88-74
CHICAGO CUBS -- 84-78
MILWAUKEE BREWERS -- 78-84
CINCINNATI REDS -- 77-85

After falling just short the past two seasons, the Pirates edge past the Cardinals this year as Andrew McCutchen wins MVP honors and Gerrit Cole develops into an ace. If Adam Wainwright and Michael Wacha each make 30 starts, the Cardinals will be tough to beat, but there are some age and power concerns in the lineup. The Cubs should make big strides and you don't have to stretch your imagination to envision a playoff team. If Ryan Braun puts up numbers similar to a few years ago and Jonathan Lucroy has another MVP-type season, the Brewers will contend if the thin rotation stays healthy. Reds are difficult to project as Joey Votto and Jay Bruce could lift the offense but the back end of the rotation has to deliver.

NL EAST

WASHINGTON NATIONALS -- 95-67
NEW YORK METS -- 84-78
MIAMI MARLINS -- 80-82
ATLANTA BRAVES -- 68-94
PHILADELPHIA PHILLIES -- 65-97

You worry about Anthony Rendon's knee, but with their rotation the Nationals should blow through the regular season. Zack Wheeler's injury makes me a little less enthusiastic about the Mets, and I have to remember that they're the Mets with maybe the worst ownership in the game. The Marlins have a great outfield but the rotation depth is severely lacking, even with the anticipated midseason return of Jose Fernandez. The Braves are going to be inept at the plate and just traded

PLAYOFFS

AL WILD CARD -- ANGELS OVER YANKEES
ALDS -- ANGELS OVER INDIANS
ALDS -- MARINERS OVER ORIOLES
ALCS -- MARINERS OVER ANGELS

NL WILD CARD -- CARDINALS OVER PADRES
NLDS -- NATIONALS OVER CARDINALS
NLDS -- PIRATES OVER DODGERS
NLCS -- PIRATES OVER NATIONALS

