



THE DISPATCH

SCHOOL NEWSPAPER

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HUNTINGTON HIGH SCHOOL

OAKWOOD AND MCKAY ROADS HUNTINGTON, NY 11743

GRADUATION

2016





SITTING AND SHARING WITH THE SALUTATORIAN

by Sarah James

HOW DID YOU FIND OUT THAT YOU WERE SALUTATORIAN? DESCRIBE THE EXPERIENCE.

When I found out that I was the salutatorian, I was absolutely confounded. The last thing I expected was to receive such wonderful news before going on a family vacation during February break. Rachel and I were called down to the main office third period, and we had no idea why we were going there. Next thing I know, Mr. Cusack was shaking my hand and congratulating me on my achievement! My heart was racing and I was filled with such happiness that I didn't really know what to do. It was the perfect ending to an already perfect week.

WHAT WAS YOUR FAVORITE PART ABOUT HUNTINGTON?

My favorite part about Huntington was having the opportunity to meet such extraordinarily talented teachers and students. Everyone here is so unique and it has been a privilege and a blessing to be able to learn from them everyday.

WHAT EXTRACURRICULAR ACTIVITIES HAVE YOU BEEN INVOLVED IN DURING YOUR TIME AT HUNTINGTON?

I was most actively involved in the Lynch School of Ballet, where I took ballet classes five days a week and attended Sunday rehearsals for our winter and spring productions. I was also President of the Italian Honor Society and an active member in the Math, Science, English, Social Studies, Tri-M and National Honor Societies. I particularly enjoyed the time I spent tutoring younger students in Italian after school on Tuesdays and Wednesdays. Every Thursday, I also attended Ms. Racz's extra help sessions to assist her with her Geometry students. I involved myself even further in the Mathletes Department when I partici-

pated in Mathletes competitions with Mr. Mattis. I thoroughly enjoyed the opportunity to brush up on my knowledge from previous years and learn about different approaches to solving critical thinking problems. Aside from my academic extracurricular activities, I also loved delving into the world of music. I was a member of the Wind Ensemble as well as the Junior and Senior Bands, and I was even able to play with the Atlantic Wind Symphony, the oldest professional concert band on Long Island.

WHAT WERE YOUR FAVORITE CLASSES?

AP Physics, AP Calculus BC, Italian and Band. Although Calculus and Physics sometimes greatly stressed me out, Ms. Paz and Mrs. Racz made their classes immensely enjoyable, and I always looked forward to the opportunity to be challenged. Meanwhile, Italian not only offered me the opportunity to learn about my heritage, but also fostered my appreciation of the Italian language and culture. The skills I acquired in Signora Gilbert's class rendered me capable of actually communicating with my relatives in Sardinia in 10th grade! I hope I never forget how to speak such a beautiful language. And last, but certainly not least, Band was always the one class where I could revel in a truly transcendent experience. Music has always touched my soul, and having the opportunity to make music every day from a bunch of dots in lined pieces of paper made my day even more enjoyable. Mr. Stellato's and Mr. Giachetti's stories, life lessons and passion for music are truly inspiring and I know that I will never forget the memories I made while I was a band student.

WHO WERE SOME OF YOUR MOST INFLUENTIAL TEACHERS/MENTORS?

Mrs. Judy Paziienza, Mrs. Monica Racz, Mrs. Silvia Gilbert, Mr.



OLIVIA STAMATOS WILL BE ATTENDING CORNELL NEXT YEAR

Kenneth Donovan, and Mr. Jason Giachetti. Each of these teachers always pushed me to reach my fullest potential as a student, musician and a person, and I will forever cherish the time I spent with them.

HOW DID YOUR TIME AT HUNTINGTON SPARK AN INTEREST IN YOUR FUTURE MAJOR, OR FOCUS OF STUDY?

Although the knowledge I acquired from Huntington did not necessarily spark my interest in Nutritional Sciences, I know that the knowledge I have acquired in the realms of Math, Science, English, and History will be greatly useful as I embark on my journey.

WHAT ARE YOUR PLANS FOR THE SUMMER?

I plan to completely enjoy myself before diving headfirst into my college work. I will attend the three week July Summer intensive at my ballet studio, read for pleasure, and most importantly, enjoy time with my family.

WHY DID YOU CHOOSE THE COLLEGE YOU'LL BE ATTENDING?

I love the Nutritional Sciences Major at the College of Human Ecology in Cornell! Although this may sound boring to some students, I will be studying the biochemical compounds found in everyday foods and analyzing how nutrition has an impact on the human body. I have been intrigued

by the effects of nutrition on the human body since I read about a German doctor whose approach to treating patients is naturopathic; he does not prescribe pharmaceuticals, but instead recommends remedies from nature. I ultimately hope to expand the breadth of my knowledge and somehow enrich the lives of others by applying the knowledge I gain.

WHAT ARE YOUR PLANS FOR THE FUTURE?

I am currently undecided about the profession I would like to have, but my immediate plans are to explore my interests across many disciplines as possible so I may find a career that brings me exorbitant joy.

WHAT ADVICE CAN YOU OFFER TO UPCOMING SENIORS?

Don't take anything for granted. All the privileges we have can easily be taken away from us in the blink of an eye, so cherish every moment and seize every opportunity that comes your way.

WHAT WOULD YOU LIKE TO SAY TO YOUR CLASS AS YOU ALL MOVE ON INTO THE NEXT STAGE OF YOUR LIFE?

Life is too short to be filled with regrets; seize every opportunity that comes your way, and never let anyone make you feel like you don't deserve what you want, for you all deserve to be happy. And, most importantly, Congratulations!

OUR GRADUATING SENIORS OF 2016

Some Seniors Have Chosen Not To Be Included In The List Of Graduating Seniors

- | | |
|---|---|
| A ABBONDANDELO, Christopher James Madison University | ALOE, Sarah Grace..... New York Institute of Technology |
| ACEVEDO, Katherine Nyack College | ALVARES, Paola Suffolk County Community College |
| AGUILAR CHAVEZ, Renato..... Suffolk County Community College | AMIN, Elyas..... CUNY Macaulay Honors College at Hunter College |
| ALEXANDER, Vernon Utica College | AMMIRATI, Marco SUNY Oneonta |
| ALOE, DylanSUNY Oneonta | ANNUNZIATA, Louis Manhattan College |
| | ARIAS, JohnNassau Community College |
| B BAADE, Brooke SUNY Albany | BLACK, Emma C.Iona College |
| BAST, Heather L Long Island University, Post | BLACKBURN, ColeUniversity of Illinois at Urbana-Champaign |
| BAST, Michael College of Charleston | BLAKLEY, Jack M.....Fairfield University |
| BAUER, Arianna.....Maryland Institute College of Art | BRAND, JuliaSUNY Farmingdale |
| BENGSTON, HaileySyracuse University | BREWSTER, Kintara.....Iona College |
| BENTON, ElijahSUNY New Paltz | BROOKS, Christopher.....SUNY Potsdam |
| BEREJKA, Allison Manhattan College | BROSOFF, AnnaUniversity of South Carolina |
| BERWICK, AlexandraWagner College | BRUNO, JesusSUNY University at Buffalo |
| BERWICK, CassandraSyracuse University | BUONIELLO, Carolanne.....Quinnipiac University |
| C CAMACHO-ROSA, Neysha Tompkins Cortland Community College | CONNELL, ChelseaSUNY Binghamton University |
| CANAS, JonathanNassau Community College | CONTE, SamanthaStevens Institute of Technology |
| CARPENTER, RachelUniversity of North Carolina at Chapel Hill | CORTES, KiaraSuffolk County Community College |
| CARTWRIGHT, NinaUnited States Naval Academy | COTO, JayvinNassau Community College |
| CATARINO, Jason.....Iona College | COX, AriannaIndiana University of Pennsylvania |
| CHARLES, KennySUNY Cortland | COZINE, DylanNassau Community College |
| COGAN, DavidSUNY Farmingdale | CROCKETT, GavinThe University of Tampa |
| COLLIER, DylanSUNY Oneonta | CROWELL, ExzayvianHartwick College (NY National Guard) |
| D DANIEL, YardalieSUNY Cortland | DELGIUDICE, DylanColumbia University |
| DAYTON, Thomas.....Adelphi University | DESIMONE, IrinaHigh Point University |
| DEGENNARO, EmmaBrown University | DRAKE, ThomasUniversity of Arizona |
| E ESPINAL, AlvinSUNY Farmingdale State College | ESTRADA RODRIGUEZ, Cindy.....Suffolk County Community College |
| | EVANS, RachelPierce College |
| F FALLON, NancyJohns Hopkins University | FLORES, Llanira NSUNY Farmingdale |
| FEHRS, WilliamUniversity of Tampa | FORE, JanelleSUNY University at Buffalo |
| FELTMAN, AaronPennsylvania Academy of the Fine Arts | FRANCOIS, KaysieSUNY Farmingdale State College |
| | FREDERICKS, VincentSUNY Geneseo |

THE GRADUATING

- G** GALLAGHER, JackSUNY University at Buffalo
 GARCIA AVELAR, SantosCUNY John Jay College of Criminal Justice
 GARCIA-CAMPOS, JessicaNassau Community College
- H** HEBERT, BenjaminJohns Hopkins University
 HEFFERNAN, SkylarSUNY Stony Brook University
- I** IDLER, KaiyaKeene State College
 IKUOMENISAN, OluwatoyinCUNY Queens College
 INGLE, MelissaPace University, New York City
- K** KARASIK, MichaelLehigh University
 KARATZAS, JohnSuffolk County Community College
- L** LANG, Matthew B.Gettysburg College
 LANHAM-CIANCIA, MelanyRutgers University-New Brunswick
 LATT, SamuelCornell University
 LATT, SophiaAmerican University
- M** MAGGIO, CarolineQuinnipiac University
 MALONE, John V.University of Delaware
 MARINI, DanielleLynn University
 MARTINEZ, AmandaUtica College
 MARTINOLICH, Justin.... Virginia Commonwealth University
 MAVROGIAN, DanielSUNY University at Buffalo
 MCCARTNEY, CarolineUniversity of Richmond
 MCCARTY, Dylan BSUNY New Paltz
 MCCONNELL, KevinBoston College
 MCDONALD, BriannaFairfield University
 MEDINA-JAUDES, ElisaCornell University
 MELGAR, DanielleSUNY Binghamton University
 MENDOZA, JavierTompkins Cortland Community College
- N** NADEEM, HassanSuffolk County Community College
 NEIRA, BrianneMarymount Manhattan College
 NELSON, QuincyDean College
- GBALAZEH, MeazeFlorida Gulf Coast University
 GLACKIN, AnnNew York University
 GORDON, JackBryant University
 GOURGUE, GiuliaSaint Leo University
 GRABOWSKI, HollyCUNY Queens College
 GUERRERO-SORIANO, ValerieDowling College
- HERKOMMER, Ashley SuffolkCounty Community College
 HONORATO, VictoriaNassau Community College
- J** JAMISON, KelseySUNY Farmingdale
 JONES, Amaru WHartwick College
 JONES, BriannaSUNY Farmingdale
- KEYS, KathleenPennsylvania State University
 KNOX, CameronCollege of Saint Rose
- LEMBECK, GageSuffolk County Community College
 LEMUS, Cristian.....Suffolk County Community College
 LONERGAN, MichaelSUNY Oswego
 LOTURCO, Holly MDuke University
- MEYER, Justin.....University of Cincinnati
 MILLS, AlexandraUniversity of Connecticut
 MOLLITOR, DanielSUNY Binghamton University
 MONTECALVO, PageSUNY Delhi
 MORA, BrianSt. John's University
 MOREIRA-GONZALEZ, OsvaldoHofstra University
 MORENO, RitaNassau Community College
 MORENO, TaylorUniversity of North Carolina at Chapel Hill
 MORGENSTERN, JeanNew York University
 MORGENSTERN, OliviaCUNY Hunter College
 MOZER, Annalise.....SUNY Potsdam
 MUSZYNSKI, MatthewUniversity of Tampa
- O** O'BRIEN, KyleSUNY Maritime College
 O'HEIR, JackSUNY Stony Brook University
 ODABAS, DeryaLIM College (Laboratory Institute of Merchandising)
 OSORIO-DOMINGUEZ, Tracy.....Nassau Community College

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CLASS OF 2016

- P** PALACIOS, Sabrina.....University of Pennsylvania
 PALLADINO, KellySUNY Geneseo
 PARADA, WilberSUNY Potsdam
 PARAGALLO, JamieSt. Lawrence University
 PASHKIN, SpencerUniversity of Michigan
- PETROZZO, CarolineSiena College
 PLANT, MeghanUniversity of Alabama
 POSTIGLIONE, Ryan Joseph.....SUNY Cortland
 POWERS, StephanieRutgers University-New Brunswick
- Q** Quesquen, GabrielSUNY Alfred State College
- R** RASKIN, HallieSUNY Buffalo State College
 REILLY, KatiePrinceton University
 RICHARDSON, SavannahGeorge Washington University
 RINERE, MadelineUniversity of Tampa
 RIORDAN, Darle BUniversity of Hartford
 RIOS, CoamoSUNY Cobleskill
- RIVAS, LandarySanta Monica College
 RODRIGUEZ, DiegoNassau Community College
 RODRIGUEZ, IsaacSuffolk County Community College
 ROMERO-CISNEROS, ArlyMolloy College
 RORKE, GregoryIona College
 RUDISH, MitchelSyracuse University
- S** SALMERON-ZERON, JoseUniversity of New Haven
 SANDS, Jahnai' iMcDaniel College
 SANTOS-MENDEZ, Kevin.....Nassau Community College
 SCHULTZ, Jaclyn.....University of Delaware
 SCOLO, Meghan D.SUNY Oswego
 SEGOVIA-TICAS, KevinNassau Community College
 SGRIZZI, MatthewAmerican University
 SHAND, Latoya MSUNY Binghamton University
- SHUTMAN, EmilyHaverford College
 SMOOT, JamesSt. John's University
 SORRENTINO, CaraUniversity of Virginia
 SPECTOR, JacksonLehigh University
 STAMATATOS, OliviaCornell University
 STICKELL, JasonSuffolk County Community College
 STRAUB, Jessica.....Royal Academy of Music (London, England)
 SUAREZ, Sofia C.Boston University
- T** TACOPINA, AlexSUNY New Paltz
 TELLEZ, MarlemCUNY City College
 THOMAS, WilliamUtica College
- TROUSDELL, AnnieSUNY Binghamton University
 TUCKER, Infinite.....University of Massachusetts, Amherst
- V** VELASQUEZ, JaileneSUNY Farmingdale
 VELIZ, MichelleNassau Community College
 VENTURINO, ScottSUNY Albany
- W** WADA, HanaeRoger Williams University
 WHITCHER, Benjamin.....SUNY Binghamton University
- WOHL, AaronNew York Institute of Technology
 WOHL, AlyssaSUNY Binghamton University

Some Seniors Have Chosen Not To Be Included In The List Of Graduating Seniors

COLLEGE DONE RIGHT: WISE ADVICE FROM LOU PUCA



LOU PUCA, "KING OF SUNY CORTLAND"
by jp puca

Every year Huntington High School sends a well prepared senior class off to college to further their education and life experiences. Graduating high school is a turning point, a time in a lot of people's lives where they experience a lot of changes. Here are a few tips from Huntington High School Alumni, Lou Puca, on how to make the most of your college experience.

WHAT IS THE BEST WAY TO MANAGE YOUR TIME?

"It can be very easy to become overwhelmed, especially if you practice poor time management. I'd suggest whatever is the highest priority at the time-- do that first. It's important to have fun in college but if you don't take care of what needs to be taken care of, they'll throw you can out so fast, your head will spin. Don't forget, first and foremost, you're there for a degree."

HOW SHOULD YOU SPEND YOUR FREE TIME?

"Try not to sit in your room; go out, explore, and meet new people. Don't stay on your computer or play video games all day-- it accomplishes nothing.

Get involved, join teams, join clubs, and romance as many young women (or young men) as you can, while you can. Don't be afraid to let your inner Casanova out. College is a dynamic time to be the you you've always wanted to be. You want to be James Bond? Don Juan? Do it! It's your time to shine."

HOW DOES PLAYING A SPORT AFFECT YOUR COLLEGE EXPERIENCE?

"It makes the college experience worthwhile because you make friends that share a common goal and you keep each other motivated. Also, you'll appreciate your free time much more, and be less inclined to be lazy. You'd be surprised how tiring doing nothing can be."

you get breaks in between. This gives you time to rest your brain and makes it easier to focus during your next class. In high school you are stuck in class for seven straight hours making it harder to focus and learn the material being taught. Also, management of time becomes an important factor in your college life because you have so much more free time that it is easy to be become distracted and procrastinate from doing school work."

FROM HIGH SCHOOL TO COLLEGE, HOW DOES ONE'S SOCIAL LIFE CHANGE?

"In college your social life becomes meshed with your 'regular life' because you live with your friends, or near by; as opposed to high school, where you go home to your family everyday. That is the biggest change, but when you are first starting out you become much more outgoing and social because, like all of the other freshman, you're a new guy. The first month or so of school is the best time to meet people because everyone talks to one another unabashedly, and everyone is eager to make new friends."

"Don't forget, first and foremost, you're there for a degree"

WHAT ARE A FEW MAJOR DIFFERENCES BETWEEN HIGH SCHOOL AND COLLEGE?

"College is a much better learning environment because you go to your classes and most of the time

SUMMER ACTIVITIES ON A BUDGET

BY ZENIA DIA AND
KARLA REYES

The school season is over and summer has finally arrived. It's inevitable that you'll find a day you're out of ideas, so here are a few options to keep in mind when exploring your summertime fun activities.

1. COOL OFF AT THE POOL/ BEACH

This is a very popular thing to do on hot days; a relaxing way to cool off. If you don't have access to a pool, you can always pay a small fee for the day at the beach or buy a sticker for a season pass at one price.

2. VISIT AN ART MUSEUM

Into art? Go check out some exhibits at your local museum, such as the Hecksher Museum of Art. If you're looking for a more memorable experience, try the Museum of Modern Art (MOMA, kids/teens get in free admission!) or the Metropolitan Museum of Art.

3. HAVE A PICNIC

Grab a couple of your friends, prepare some snacks & games, and find a nice location. The park is a great place to do so, but you can also set up at a beach or even in someone's yard! This option will be sure to bring many laughs and memories to share.

4. BE ATHLETIC

This is hands down the cheapest and easiest thing to do in your spare time. You can go for a run, join a gym to work on your summer body goals, bring out the old bat and swing some home runs in a good old fashioned game of baseball, or even head to the bowling alley! Everything is more enjoyable with friends, so call some up and plan your outing.

5. PICK UP A HOBBY (LIKE PHOTOGRAPHY)

This option is a very inexpensive thing to take on; all you need is a phone with a camera or if you already have one, an actual camera used for photography purposes. From there, the photo opportunities are endless. Take pictures of people, nature, basically anything else you'd like. Other hobbies could be reading, drawing, collecting things, etc.

Here's a list of more places and things you can do to make this the best summer!

- Go to a concert or free music festival (Hecksher Park's Concert Summer Series is free)

- Visit a farm (See animals, fruit picking, etc.)

- Take classes for a hobby you like (Yoga, spinning, art)

- Have a water balloon fight

- Get a summer job

- Watch fireworks (Jones Beach is hosting a firework show 4th of July)

- Go to an amusement park (Adventureland, Six Flags Great Adventure, etc.)

- Start a Netflix series (see page 11 for recommendations)

- Go to Vanderbilt Museum and the planetarium in Centerport

TRADING OUR ZZZ'S FOR A'S

by alex muller

Most students hear the words, "I'm so tired," at least ten times a day. It's become so accepted, so normal, what with our extracurricular activities, hours upon hours of homework, and attempts to maintain a social life, it's not really that surprising. But shouldn't there be concern? Health professionals say that teenagers need between eight and ten hours of sleep. But in actuality, most teens are getting significantly less than that. Junior, Chloe Liepa, states, "I get anywhere from 3-3.5 hours of sleep depending on the night, however the last month has been more difficult. Between deadlines for assignments in classes, portfolio work and out of school competitions, there have been weeks where I've run on 2-3 hours each night."

From personal experience, I find it incredibly difficult to maintain a healthy sleep schedule. Life gets in the way. And that's completely understandable, if only I actually got a good night sleep once a week. On average, I'd say I get about three hours of sleep a night- and I'm not alone in that. Students are well aware that many teachers t as though their class is the most important, meaning that I, amongst others, have 9 classes that are all "first priority." Clubs, jobs, and volunteering take up another percentage of my time.

And not to mention the fact that I still have to maintain friendships. I'm not saying this is only my situation, many other high school students have to deal with the same workload, if not more, the same kind of extracurricular activities, and maintain their own relationships. Sleep hardly fits into this complicated mixture of activities we're forced to endure every single day.

It's an obvious and well known fact that sleep is necessary for humans to function. So when people are deprived of sleep for long periods of time, it causes stresses on their body that are incredibly unhealthy. Small stressors eventually add up and can cause higher risks for health problems later in life. Depriving oneself can also cause droos in grades, drowsiness in class and problems in interpersonal relationships.

It's incredibly upsetting that at least ten times a day, I walk through the halls hearing "I only got three hours of sleep last night," or "I didn't sleep at all," or the ever-so-common "I'm so exhausted." You can tell students to try to get some more sleep all you want, but it's so much easier said than done. Talking to teachers and hearing them say, "I went to sleep at eight o'clock last night, just like I do every night," makes me incredibly angry. I'm happy that they've set up such

healthy sleep habits, but I stay up all hours of the night working on their assignments. Why should we have to sacrifice our own sleep, our own health for some four hour-long assignment? This whole concept seems completely unfair, and it is. Granted, not every teacher gets this much sleep, and I'm sure that most teachers get less sleep than students do. But the fact of the matter is that we spend hours on the work they assign just to ensure that we pass some class that we sleep through ninety percent of the time.

So I ask administrators, teachers, students, whomever, to create a system that values the average student's health over all else. I ask that a system is created that won't keep them up hours on end just to complete an assignment. Make changes, for the sake of the students. Make changes for the sake of our health. If you truly care about our health and safety as much as you say you do, do not deprive us of our sleep. Limit homework and other at-home assignments. Extend class time to work on these things. Falling asleep in class is not something to get angry at, it's concerning. Make it easier for us to sleep at night so that we can be more productive during the day. Speaking directly to the staff, value us just as we value your classes; value us just as we value you.

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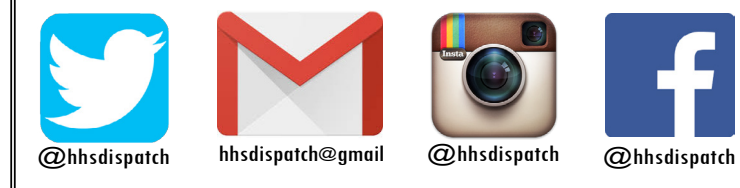
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...and think you could write about it? Or do you have an idea for a new article for the Dispatch? It's never too late to join! Join our remind (Text @hdisp to 81010), follow us, and come to our meetins in room 252 on Wed. and Thurs.





PHOTOS SUBMITTED BY SENIORS | FORMATTED BY MICHELLE D'ALESSANDRO

NETFLIX'S MOST BINGE-WORTHY

by michelle d'alessandro



1. THE OFFICE (U.S.)

Most people have already either heard of or watched this U.S. remake, but for those who haven't, I highly recommend it. With the comedic mockumentary spanning 9 great seasons, the show surrounds the antics of the employees of Dunder Mifflin Paper Company. Each character is highly developed and has their own story, seen in glimpses throughout every episode.

2. HOW TO GET AWAY WITH MURDER

As a show that combines investigative mystery with queen Viola Davis and a cast that will give you life, there are countless reasons why this is a must-see show. Currently airing on ABC's TGIT, you can easily catch up with the current episodes after finishing the 2 seasons available on Netflix. Each episode is a satisfying 40-ish minutes that packs in overlapping storylines and continually develops each character. Be sure not to miss out on this gem.

3. BOB'S BURGERS

This comedic animated sitcom will keep you laughing in every episode. Artfully combining family-friendly jokes with dark humor, *Bob's Burgers* is a show that can appeal to everyone in the family (or, you know just you alone on the weekends). Each episode is guaranteed at least one nose-exhale, if not a full-blown audible laugh, a real rarity with family comedies.



4. PARKS AND REC.

Parks and Recreation is, quite simply, a great show. The characters are loveable and each play of each other perfectly. Amy Poehler's character, Leslie Knope, tackles a countless amount of new projects with her undying desire to better her small town of Pawnee. The jokes are great (and often improvised) and work to create a show worth the 7 season commitment.

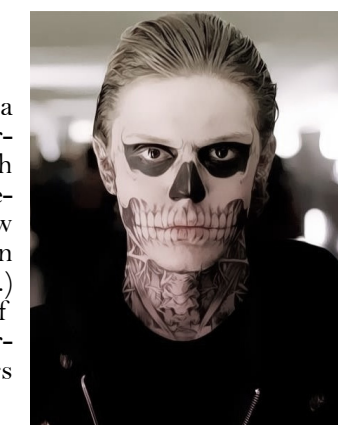


5. SCANDAL

Olivia Pope, played by Kerry Washington, is the true answer of Beyonce's question, "Who runs the world?" She's powerful, insanely smart, and flat out gorgeous. As a "problem-solver", she works for both private cases and for her former employer, the White House. She and her team take on anything that come their way and leaves viewers in awe at her ability to handle some of the hardest cases and problems.

6. AMERICAN HORROR STORY

This TV. movie series is a wonderful mix of both horror and drama, with each season bringing a completely new story line with new characters. Each new season (*Murder House*, *Coven*, *Etc.*) has a wonderful array of strange and fascinating characters, and draws in viewers with breathless suspense.



7. MAD MEN

Based in the advertising industry of 1960's New York, *Mad Men* captivates viewers with Don Draper's struggle to stay on top of the stressful and competitive world of advertising. He's dark and mysterious, and John Hamm's performance shines in the leading role. He battles hidden inner demons and vices, all while upholding the cool and confident guise of New York's top ad man.

8. THAT 70'S SHOW

Set in the 70's, this comedy revolves around a close-knit group of teens who work through relationship problems, acts of rebellion and sticky situations. You'll find it hard to find a favorite character from the array of amazing personalities on screen.

11. ARROW

CW's adaptation of the DC comic character is a lot of things. Thrilling? Yes. A cast-away backstory? Check. Funny? It happens. When billionaire playboy Oliver Queen returns home after being presumed dead for 5 years after his yacht is lost at sea, he's equipped with a set of kick-ass skills and a need to rid the city of those who failed it.



9. ORANGE IS THE NEW BLACK

OITNB has already accumulated a close cult following, and for good reason. The show follows the many characters in a woman's prison, combining both humor and drama. With Season 4 finally coming to Netflix on June 17th, you'll be able to binge happily knowing you're all caught up with the current season. (Rated TV-MA)

10. THE 100

The 100 is a great show. The only reason it ranks a little lower in the list is because there are only 2 seasons available on Netflix. It's a new-ish take the classic "post-apocalyptic world", where 100 teens are sent down to earth from their "space colony" of sorts to see if it's inhabitable, only to find that they aren't alone. The show is a great mix of action, suspense, and a little romance that keeps you wanting more.

NUMBER 12. DAREDEVIL

Daredevil is another adaptation off of a comic character, this one originally from Marvel. After being blinded as a young kid, Matt Murdock develops heightened senses to compensate. A lawyer by day and a costumed hero by night, he uses them to fight off bad and protect the citizens of Hell's Kitchen, New York.

NUMBER 13. JESSICA JONES

Taking a more realistic and look into the Marvel world, *Jessica Jones* puts a new spin on the word "superhero". The show follows the life of Jessica Jones, now a private detective, who struggles with her past as a hero.

NUMBER 14. ONE TREE HILL

One Tree Hill is a classic 'early 2000' teen show. You have the flip phones, the super low-riding jeans, and all the typical drama. You'll hate certain people (looking at you, Dan), you'll yell at the characters, but you'll love it all the same.

NUMBER 15. PRISON BREAK

Micheal Scofield breaks into prison to break his brother out, who was wrongly convicted. With an only-in-movies level of intelligence, he plans their great escape, and overcomes all the unexpected and unbelievable obstacles he finds.





BY SARAH JAMES

If Drake was the type to keep a journal-- which he probably is-- this would be it. Now just imagine this journal as an 82 minute long, 20 track, long awaited album and you get Views. A convoluted trip through Drake's mind and what it's like to be a celebrity with pop star privileges and rap star problems, Views is a candid, slightly whiny peek at Drake's inner monologue. It's wrapped up in a weird but definitely interesting, and no doubt intentional, likeness to the seasons- like a huge musical analogy.

1. "KEEP THE FAMILY CLOSE"

It's cold, it's blustery, it's like something out of a Bond movie. It's got a smooth orchestra, a swooning, swinging style, and occasional bold punches all to back up our long awaited rap star as he confides about all the betrayal he's faced all to conclude that the drama is made extra-nous by the close "family" circle he keeps.

2. "9"

The beat is like this weird cracked out video game with a message like many of his other songs. Drake talks about his influence on the 6, so much influence that he's turned the sprawling city on its head. May the hyped up ego-trips begin.

3. "U WITH ME?"

This one starts with a phone call so you know it's gonna be a good one. His opening line is, "On some DMX s***" and he actually is. He samples a couple DMX tracks, one of them being "How's it Goin' Down", and raps about loyalty in relationships, drama, the signature

Drake stuff, you know. What he wants to know is: Is his girl really with him?

4. "FEEL NO WAYS"

Very 80s, which makes sense because he throws in an old tune (1983), Malcolm McLaren's "World Famous".

5. "HYPE"

"My enemies want to be friends with my other enemies I don't let it get to me" The title speaks for itself, it's a hyped up song with average lyrics but a great bassline.

6. "WESTON ROAD FLOWS"

Mary J. Bilge's "Mary's Joint" hazy lazy laid-back 90's mood is very reminiscent, which plays into his introspective nostalgia as he raps about the contrast of pre-fame Drake and the Drake he is now.

7. "REDEMPTION"

Another trademark Drake song that features him lamenting about girls who have since moved on. An, "I knew you back when you..." type of song, with a nice throw-back to Ray J's "One Wish" as the sampled track.

8. "WITH YOU"

To be honest, this was a pretty forgettable song. It was brief song about Drake looking back tenderly on a relationship that had met its expiration date because the lady was leaving him. PARTYNEXTDOOR makes a pretty average appearance.

9. "FAITHFUL"

This song feels a little bit like "Nothing Was the Same", and feels even more like "Take Care". The track starts with some dialogue then heads straight on to one of the featured artists, Pimp C.

Drake. On the other hand fluctuates between that signature sing-song Drake thing he does and some easy rapping about a girl that has no time for him because, shockingly, she's focused on work and seems to be goal oriented. God forbid right? Makes for a good song though, throw DVSN in at the end and it's a pretty good song off the album.

10. "STILL HERE"

An I-Made-It-All-By-Myself type song talking about his city, and his friends, look at me now type song. Drake is letting everyone know he's here, he's presiding over the 6 and he's back to stay. Expect to see lyrics from this song accompanying every annoying dude-bro picture you see on your Instagram feed this summer

11. "CONTROLLA"

This track is certainly a crowd pleaser. A sure summer anthem, Drake showcases the diversity of the 6-- a place teeming with 100's of different languages and dialects-- by tapping into it's Caribbean side, sampling from the legendary Beenie man. He works over a modified dancehall sound. He even added the horns. A nice touch in my opinion. Even with a different sound though, Drake maintains his signature emotional lyricism: he'd do anything for a girl but all they ever want is his status and wealth. When oh when will Drake find a girl that is true to him, and loves him for who he is? Hopefully never so we can keep getting good music.

12. "ONE DANCE"

This song continues the party anthem, featuring a Caribbean theme as he raps over

a couple different samples of "Dying", a 2007 song from Jamaican singers Mavado and Serani.

13. "GRAMMYS"

The DrakeFuture duo is back on this song Grammy, a track that has a really nasty beat by Southside... and terrible lyrics. Future basically says the same thing over, and over and over. Drake talks about his fame. It's the kinda song that you just have to blast in the car, the lyrics are simple so everyone can rap along, and it'll have your car literally bumping and bouncing, but otherwise it's a pretty commonplace song, sounds like something you hear on the radio all the time.

14. "CHILD'S PLAY"

As the title would suggest this is a track where Drake is just super petty, and apparently so is his girl. However, it's a wonderful and melodic fusion of an arena singalong moment, an obscure sample from artist, New Orleans Bounce, and a very IYRTITL flow.

15. "POP STYLE"

Pop Style" is a phrase that is the Jamaican equivalent of "ballinn" which makes sense when you hear a sure to be popular line, "Turn my birthday into a lifestyle." The beginning of this track has a groove, that to me, is once again very reminiscent of IYRTITL, more specifically, Company. Throw in some Jay-Z and Kanye and it has an ominous sound.

16. "TOO GOOD"

Another romantically vulnerable, relationship song from our favorite duo, Rihanna and Drizzy. The emotional lyrics are offset by the fun beat.

17. "SUMMER OVER INTERLUDE"

In an interview with Zane Lowe Drake commented, "The album is based around the change of the season[s] in our city. It starts around in wintertime. Starts with "Keep The Family Close." Winter to summer and back to winter again. It's just to show you the two extreme moods that we have. We love our summers but we also make our winters work. You start to value your days a lot more when most people won't go outside type of thing. It creates a different person. I thought it was important to make the album here during the winter." This song is like something you hear on the transition from summer to winter, with vocals from Majid Al Maskati capturing the melancholic vibe.

18. "FIRE & DESIRE"

This is one of my personal favorites. From the moment I heard Brandy on the track it was over. Drizzy uses his emotional finesse and easy-going flow to rap all about a deep connection with that girl he can't have all the while Brandy is just killing it in the background laying down riffs and runs from her 1994 song, I Dedicate (Part 1).

19. "VIEWS"

The album is wrapped up with a sound that is distinctly different from the icy beginning. It has a lush, warm melody that you just have to lean and rock with, all facilitated by another fantastic use of a classic beat. This time it's "The Question Is", a song by The Winans, a legendary gospel and RnB group from the 80's. Then the music stalls for a beat and the last line is delivered, "If I was you I wouldn't like me either." If that isn't a mic drop I don't know what is.



BACKGROUND:

Screenagers is a documentary about the impact that devices with screens have on children and teenagers' lives. This movie hits upon beyond issues social media platforms themselves, by examining overuse of the internet and video games. The movie does not only provide numbers and statistics. It isn't far removed from the issue, it isn't a clinical recitation of stats. In fact, the creator of the film (a mother) narrates it based on her experiences with her daughter and son and the effect social media and video games has left on them. The goal of this documentary was not to push for bans or restrictions on social media

or video games, but rather to begin conversations from parent to child about their usage of screens and how it affects their personal and educational life. "Our goal is to start a conversation about fostering a healthy relationship with screens."

STORY:

Screenagers was made by Delaney Ruston, a filmmaker and physician from Seattle. She used her kids in the film to make it more relatable for both parents and children. Ruston's daughter Tessa got a new cell phone and her son Chase was addicted to video games, a situation that is not uncommon in a modern day, middle class household. Her

children changed throughout the movie and the catalyst for all the change seemed to be technology. For example, Tessa became annoyed with her "phone contract" and complained about it, which ultimately damaged her relationship with her mother. Similarly, Chase ignored his family completely as he played more video games, this created a problem in the house. This effect of screens on the welfare of Ruston's family helped to support the main idea expressed in the documentary.

Other instances of social media addiction/issues are shown besides Delaney Ruston's family. These include a boy who quit college to play video games, a girl who consumed most of

her hours taking pictures to post for "likes", and another boy who became aggressive and rude towards his grandmother after being told to turn off a game. The movie does a good job showing that teenagers from all backgrounds can have problems with social media or video games.

The solutions presented included going to therapy and rehabilitation designed for internet and social media addiction. The main goal was to start a conversation between the parent and the teenager about limits and restrictions of internet usage. "Phone contracts" were another possible solution with conditions on what the teenager could do with their new phone, so their so-

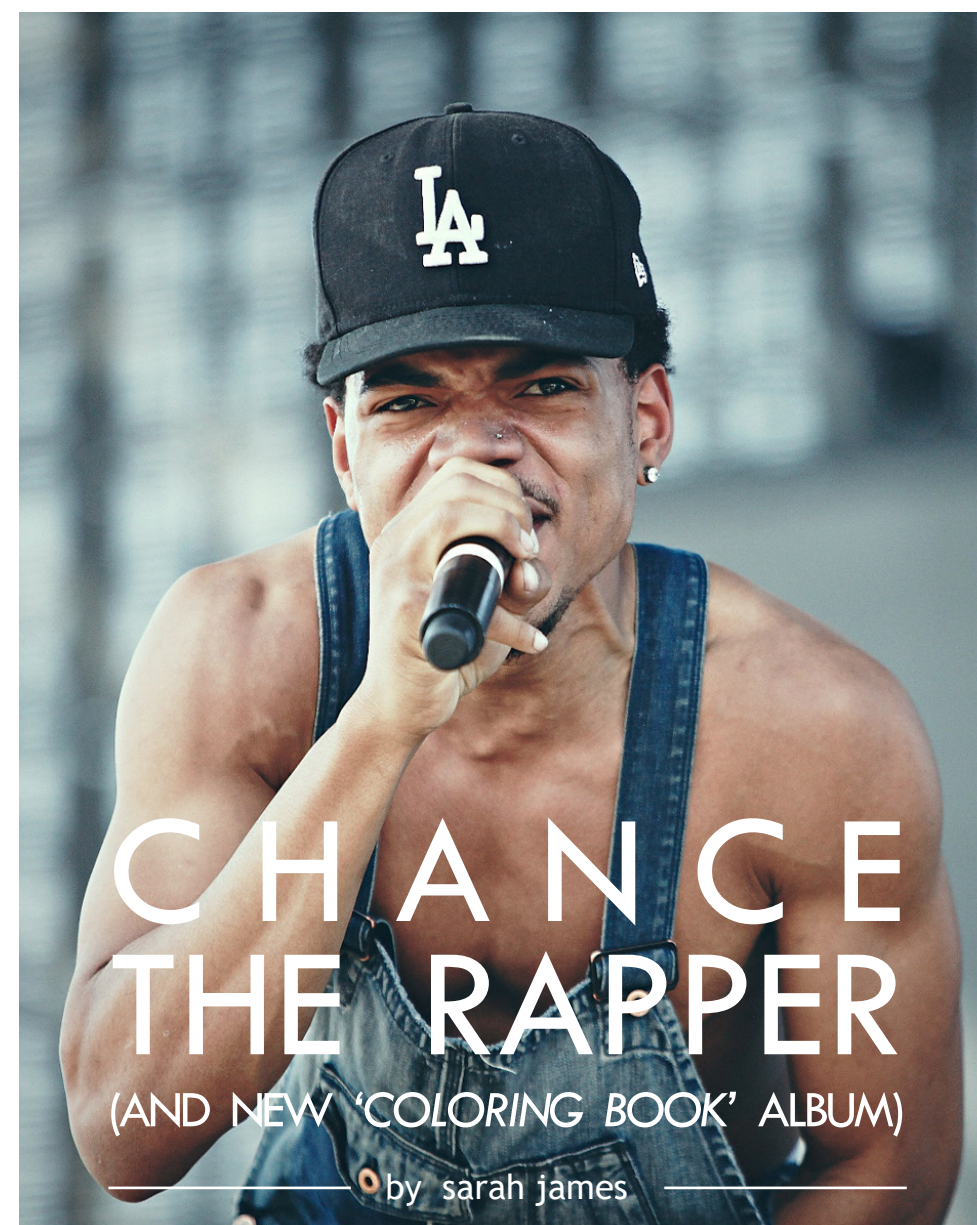
cial life or academic life was not harmed (times where it couldn't be used, restriction of social networks)

VERDICT:

I thought the movie was good for what it was supposed to be, a low-budget independent documentary aimed at spreading awareness for what social media and video game overuse can do to a teenager. However, I do think some of the comments and reactions by Ruston's children were exaggerated to make the story more interesting.

RATING:

7.5/10



As I listen to Chance The Rapper's third mixtape for the umpteenth time, I can say that there is honestly not one song that I dislike on this mixtape. A rich and fantastically eclectic sound. An impressive blend of today's mainstream hip-hop, gospel and funk. This is the fusion of musical genius that is Coloring Book.

I'm not gonna lie, I didn't always like Chance. Back in middle school during my unfortunate music snob phase, I thought he was corny and weird. However, the very things that I didn't like about him then are the things I so enjoy now. Chance The Rapper has a style that is very unique, a new voice in a genre where everyone raps about the same thing- their come up, which is basically one big ego trip, and where everyone tends to sound the same. The thing that I like about Chance that sets him apart from other rappers is the intimacy of his music, the realism. Listening to every single song I feel as though I'm listening to a story, a part of his life, his passions unfurled. I can even relate to some lines, or simply imagine it, unlike when I'm listening to Kanye

rap about how he thinks he's Jesus, or Drake rapping about his huge pool or his Bugatti. Chance's lyrics don't seem like something born in a studio alone, instead, they seem like words he penned quickly on a napkin during lunch or bars he came up with while he was kicking it with his friends.

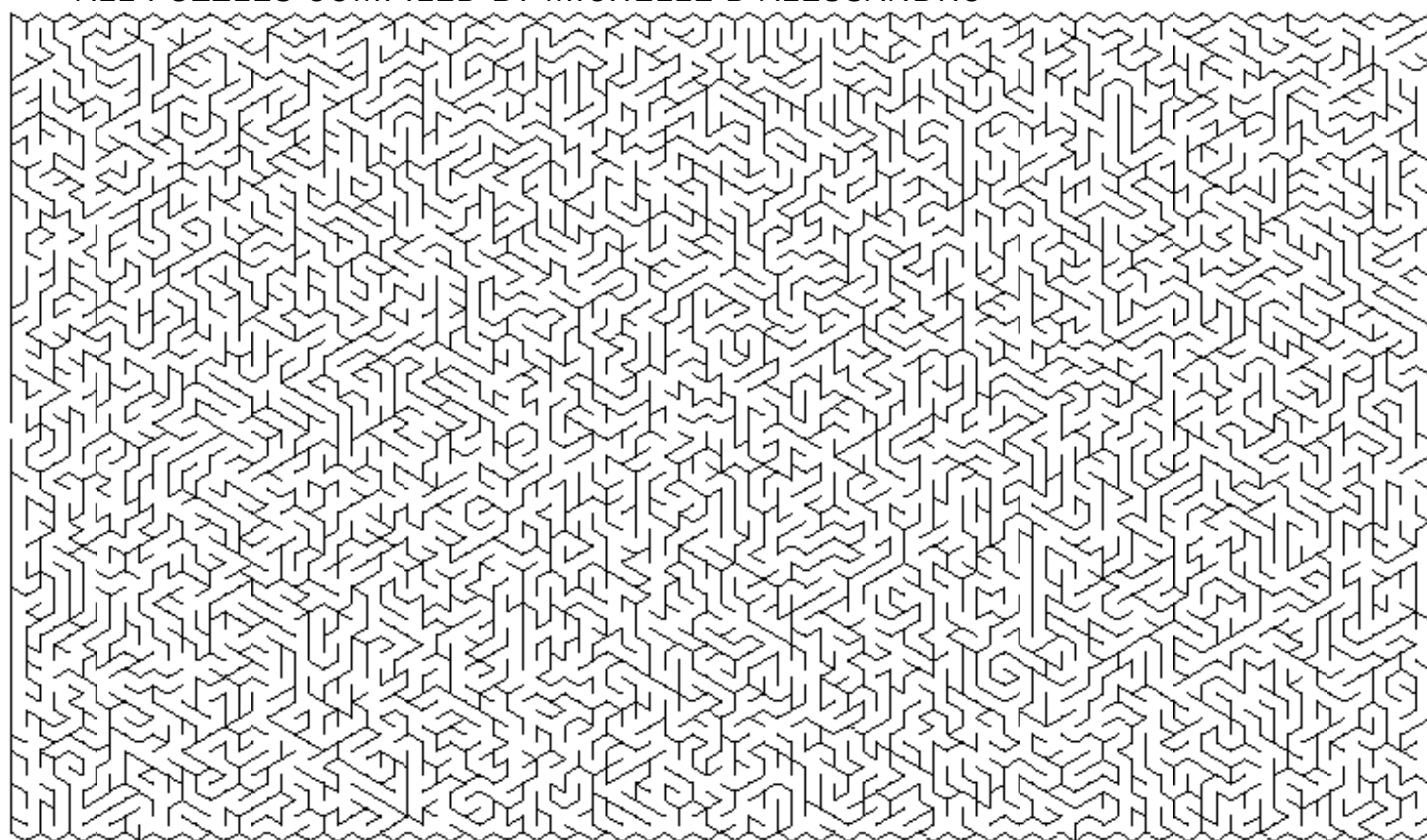
Another thing I appreciate about Chance The Rapper is how artfully he melds his style with his featured artists. A lot of times on tracks with features, one of two things happen. Either the featured artist is completely forgettable, or they're so good they're the ones who make the song instead of the tracks original artist. In Coloring Book, Chance tailored his style in order to cater to the featured artist's original sound without losing his own.

So you know what? Yeah, Chance The Rapper may be weird, yeah he covered the theme song of Arthur (the children's show), but the very things that some may think make him weird are the things that make him a fantastically original and talented artist. In fact, these traits are exactly what made Coloring Book everything I never knew I needed.

ALL PUZZLES COMPILED BY MICHELLE D'ALESSANDRO

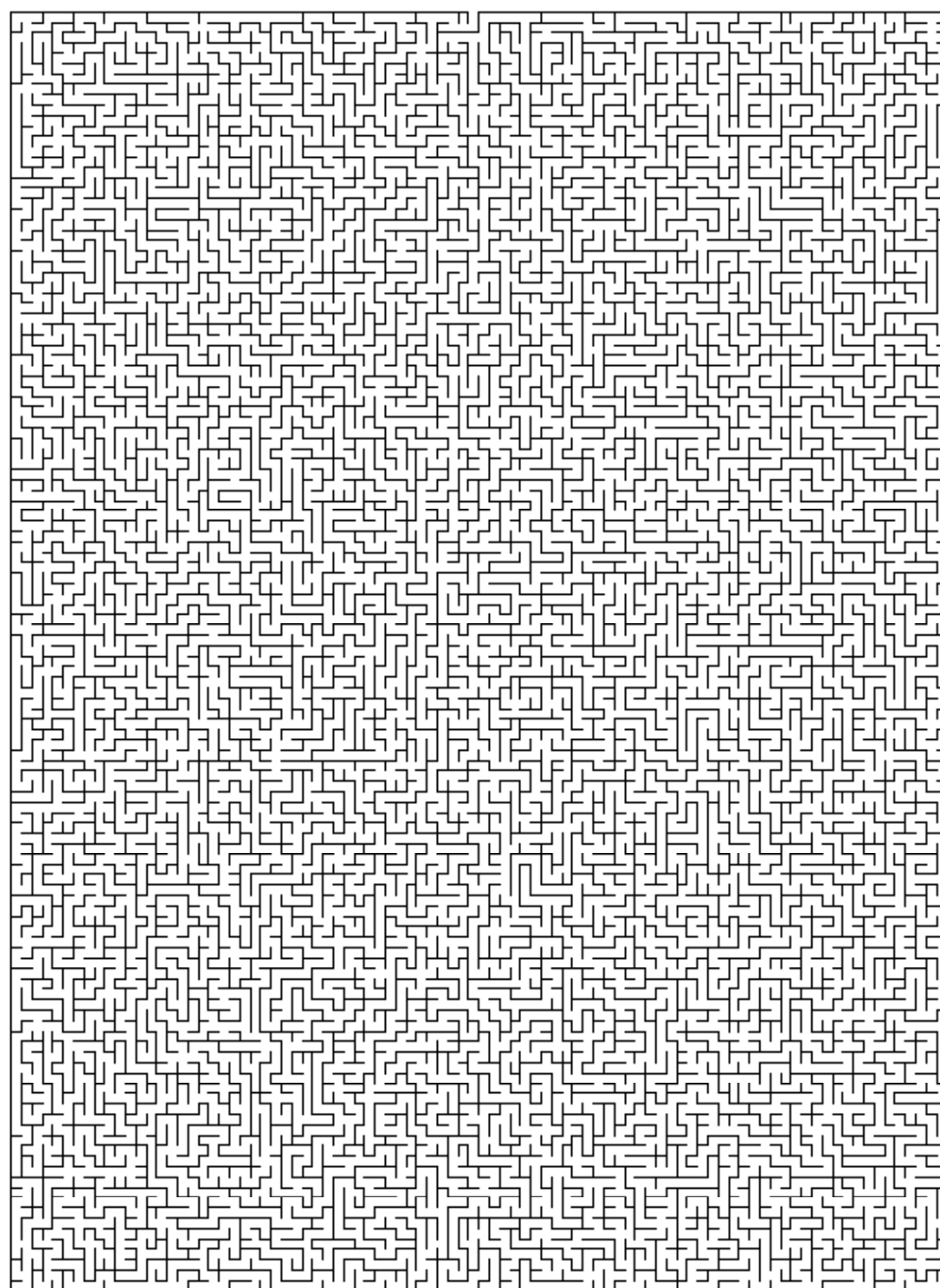
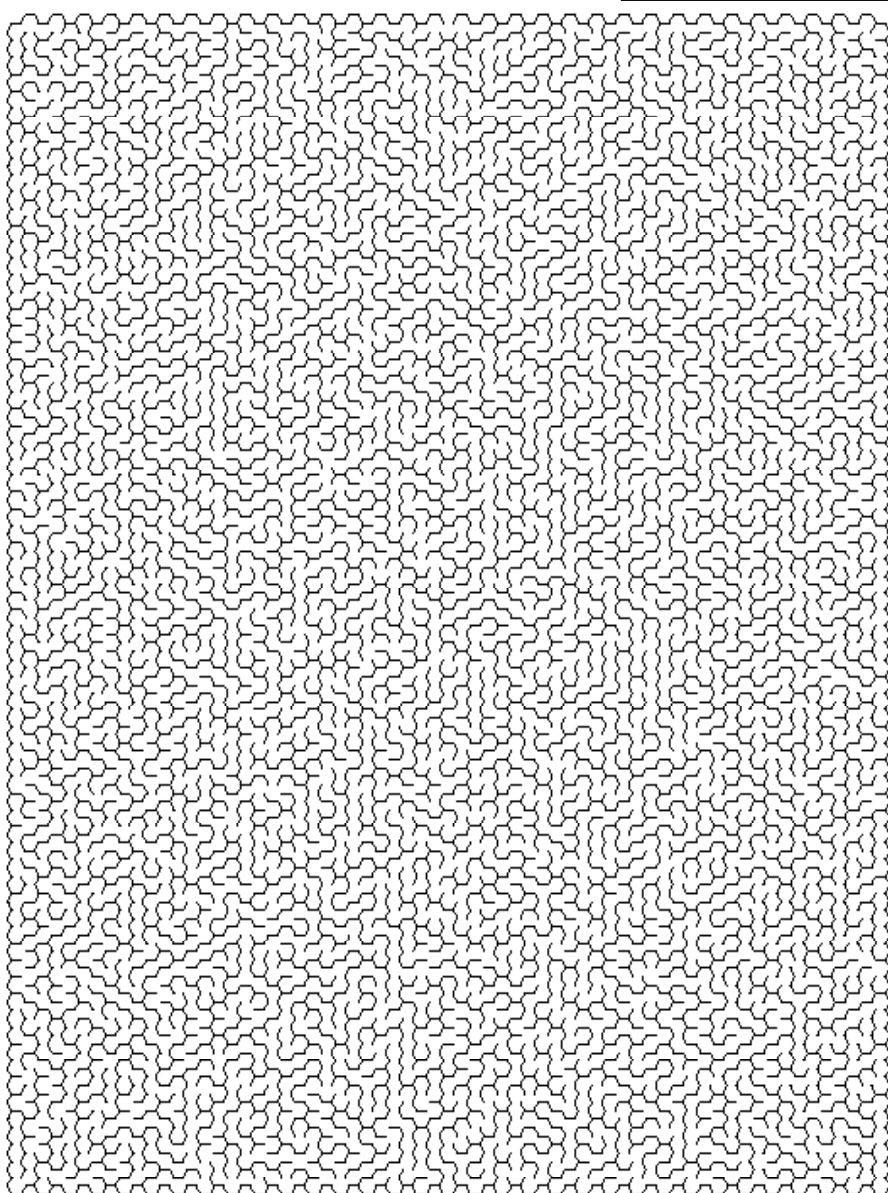
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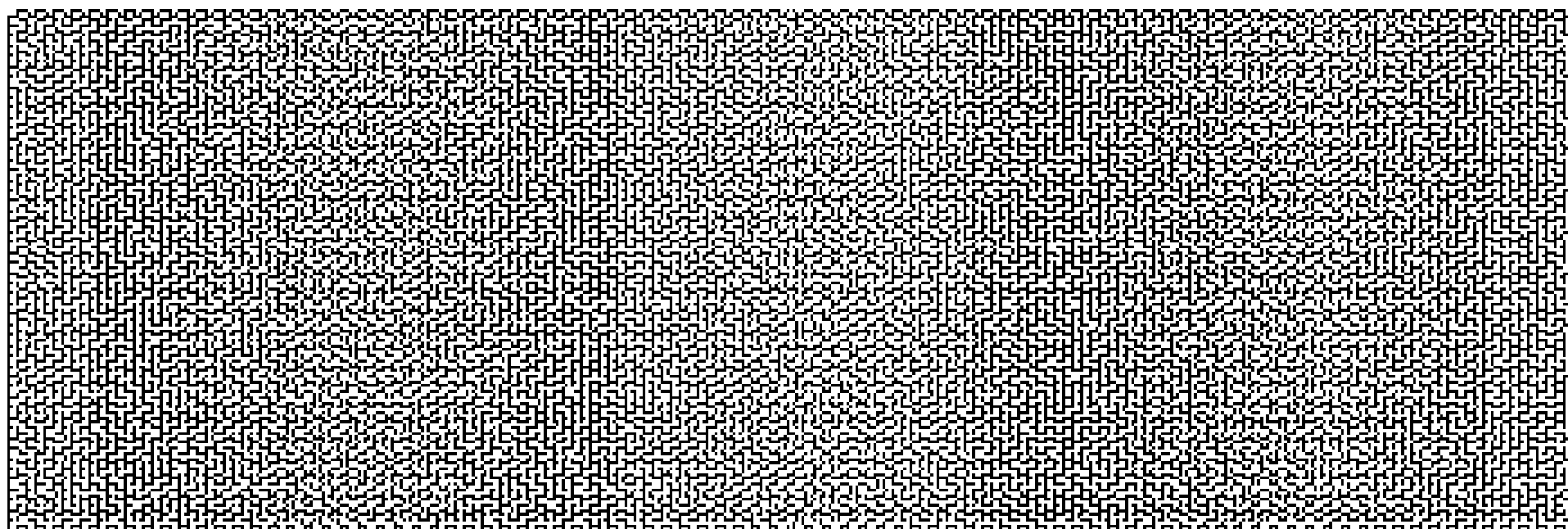


MED: ↓

HARD: →



SUPER HARD: ↓



ALL PUZZLES COMPILED BY MICHELLE D'ALESSANDRO

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LAST ISSUE'S SUDOKU SOLUTIONS:

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HARD 2:

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3	8	6	7	2	4	9	5	1

MAZES:

EASY: ↑

HARD:

MEDIUM: ↓

SUPER HARD: ↓

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SPECIAL THANKS TO THE JOURNALISM CLASS

ADVISORS
MS. AIMEE ANTORINO AND MR. EDWARD FLOREA

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The Editorial Board is the newspaper's decision-making body, organizing and directing its operation. The Dispatch staff has adopted the following editorial policy to express the rights, responsibilities and philosophy of the newspaper for the 2012-2013 school year.

The Dispatch of Huntington High School is a public forum, with its student editorial board making all decisions concerning its content. Unsigned editorials express the views of the majority of the editorial board.

Letters to the editor are welcomed and will be published as space allows. Letters are preferred signed, but may be published by request. The Editorial Board reserves the right to edit letters for grammar and clarity, and all letters are subject to laws governing obscenity, libel, privacy, and disruption of the school process, as are all contents of the paper. Questions, comments, and letters to the editor should be sent electronically to hhsdispatch@gmail.com or submitted to The Dispatch mailbox located in the main office.

Opinions in letters are not necessarily those of the staff, nor should any opinion expressed in a public forum be construed as the opinion of the administration, unless so attributed.

The Dispatch's goal is to provide readers with interesting content in a wide variety of areas. Such areas include the news coverage of school and community events, as well as features on relevant topics. In addition, The Dispatch will provide opinionated editorials on controversial topics, as well as provide previews and reviews for upcoming school and professional sports seasons and other forms of entertainment.

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LET'S RAISE THE WAGE

Last issue I wrote about the cons of raising the minimum wage. This issue I am here to expand upon the opposite view, to show you why raising minimum wage is a fantastic fair and logical move.

One pro to a bump in minimum wage is actually one I can relate to. Imagine this- you just got hired as a minor and you're stoked. You're ready to make money and flourish, you're ready to be able to rely on yourself and not have to ask for money all the time. You have all these grand plans of saving up for a car, of being able to shop when you feel like it here and there, of being able to treat yourself to lunch. And then all these plans come crashing down around you because once you start working you realize that your workplace is giving you the bare minimum when it comes to shifts. You realize that you're new, and you're a minor so they don't make a point of giving you hours. You realize that if you're only signed on to work four hours a week, that means you only make \$29 dollars, according to federal minimum wage. You also realize that a bulk of that money will also never actually reach your hands because of taxes. All of a sudden work is a drag because you had to say goodbye to that cute new shirt on sale or those concert tickets you thought you would've had the money for by now. The fact that minors are only legally allowed to work 18 hours at most for one week and only three hours at most on a school day really makes it hard for ten to make even pocket change kind of money. Things are expensive. This is one reason minimum wage should go up. Do it for the kids.

You should also do it for the adults. The average age of minimum wage workers has risen to 33, and 88% of them are older than 20. Having an entry-level job is no longer kid's play- it's something with much more consequential effects. 27% of those who work minimum wage jobs are parents, meaning their income needs to stretch as far as possible to support both themselves and their families.

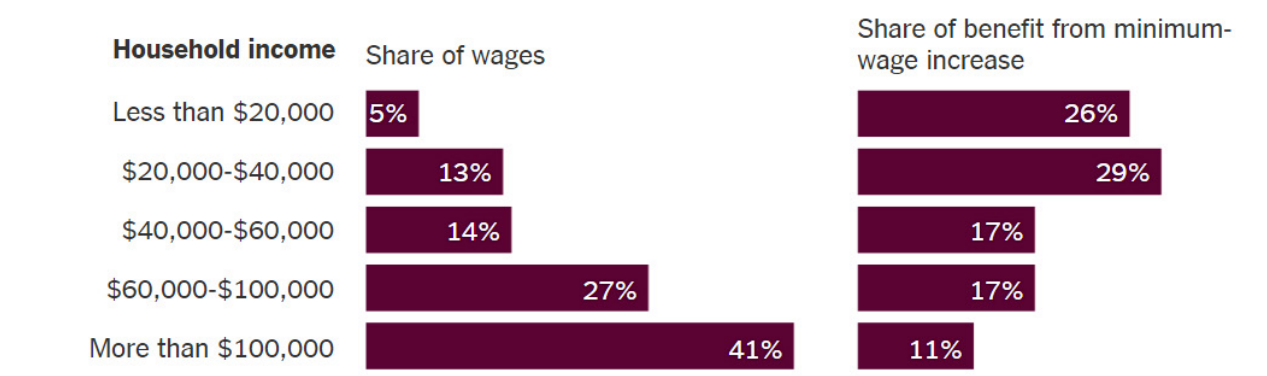
Raising minimum wage could also simply equate to more economic stimuli. If minimum wage workers are making more then they'll be spending more theoretically. The more they operate as consumers the more jobs will be made available because the more minimum wage workers spend the more business profit the more people they hire etc. I'm not saying this is a flawless the cycle- there may be a couple holes in the process, but there will definitely be more economic stimuli.

Lastly, increasing minimum wage would make up for inflation and would, in a way, counteract it. Inflation rises every year, whereas minimum wage has only been risen three times in the past three decades.

There are always two sides of a situation, and maybe this will help show both.

Who Benefits From a Minimum-Wage Increase?

A federal proposal to increase the minimum wage to \$10.10 an hour, from \$7.25, would help some high-income households but mostly low- and middle-income ones.



ARE YOU FEELING SOME KINDA WAY ABOUT A TOPIC? WRITE ABOUT IT!

THE DISPATCH IS ALWAYS LOOKING FOR WRITERS AND PHOTOGRAPHERS TO SUBMIT ARTICLES.

Drop in during one of our Weekly Wednesday Meetings or Thursday Workshops after school in Room 252

SEE FRONT PAGE FOR CONTACT INFO

JOIN OUR REMIND: TEXT @HDISP TO 81010



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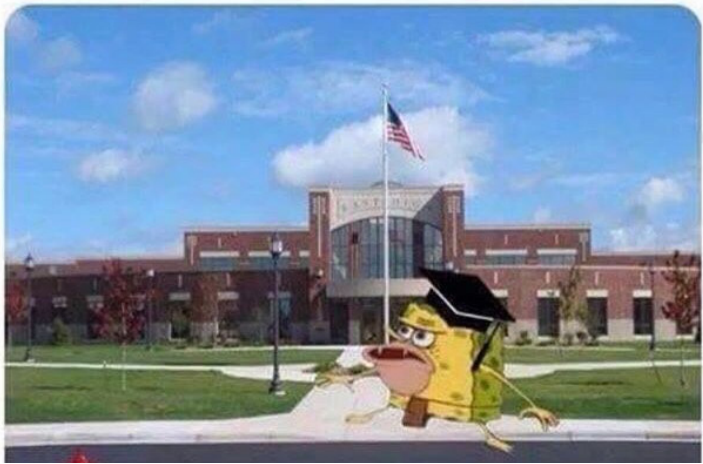


AMARA'S MEME SPOT

when you're about to pay at the grocery store but your mom tells you to run and grab something she forgot



When you graduate but you don't know what to do with your life now.



Gonna be honest, Dj Khaled is the most supportive person in my life right now

When you're taking a test, and all you know is your name and the date.



Normal teenager: sneaking out the house at 1 am

Me: sneaking out of my bedroom to get a bag of cheetos and making myself a sandwich at 1 am



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ALBUM REVIEW:

CHANCE THE RAPPER- COLORING BOOK

SCORE :

6.5 / 10

FAVORITE TRACKS:

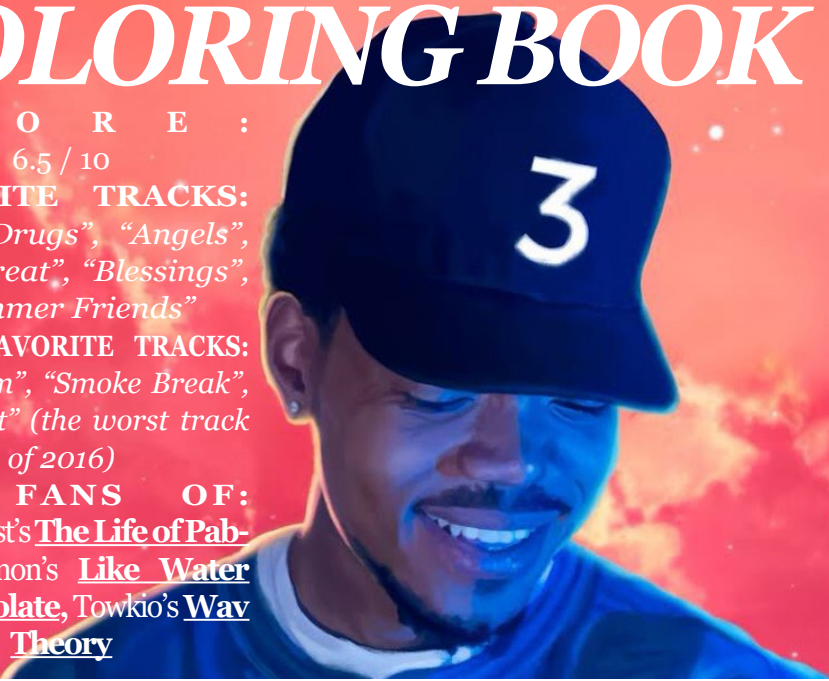
"Same Drugs", "Angels", "How Great", "Blessings", "Summer Friends"

LEAST FAVORITE TRACKS:

"Juke Jam", "Smoke Break", "All Night" (the worst track of 2016)

FOR FANS OF:

Kanye West's The Life of Pablo, Common's Like Water for Chocolate, Towkio's Way Theory



DESPITE THE NAME, CHANCE THE RAPPER IS NO LONGER A RAPPER. He is a soulful singer, a preacher and an idol we might need in today's rap scene. Diverting from 2013's drug-addled and feature driven Acid Rap, Coloring Book is a hard album to pinpoint. Chance fans either love it or hate it. Junior Sarah James was quoted as saying that it was "really great all around", but Senior Dylan Delguidice is quoted as saying, "With more listens it gets stagnant and some of the songs are just straight up bad." They're both right.

Coloring Book was my most anticipated album of the year (and as much as this will make me seem like a tool), besides Danny Brown's XXX, Acid Rap is probably my favorite mixtape of all time. Upon first listen I was devastated, I felt that the project was bland, and the themes of religion and self-actualization on the project were half-hearted and almost cringe inducing at some points. Everything I didn't like about Chance had come to fruition and his frequent collaborators, The Social Experiment (who Chance had made 2015's God-awful Surf with) had bogged down Coloring Book's sound, not to mention the mixing on the project was abysmal for such an anticipated and commer-

cially successful album.

Songs like All Night and Smoke Break were the weakest points by far because of their pop-oriented sound and terrible, terrible lyrics. Chance is somewhat of an oddball and taking this new route felt like a cop-out to me. Instead of him being the underground darling he once was, I believed he had become the one thing he hoped he would never be; a bland, pop rapper with "woke" lyrics that really don't say much - even when he thinks they do. Diminishing his underground cred by trading Absoul for Young Thug, Action Bronson for 2 Chainz, Twista for Lil' Yatchy, I gave up on this album after its first listen, believing that this was the end of Chance the Rapper for me. And the worst part about that was Chance's lack of individuality. On tracks like No Problem and How Great, he sounds just like his features. Listen to How Great again and tell me Chance isn't stealing Jay Electronica's flow syllable for syllable.

But then something happened. "I'm gon' praise him, praise him 'til I'm gone". That's the hook to the track, Blessings 1. I literally couldn't escape it. Everywhere I went, it followed me like a curse, constantly replaying. Over, and over, and over. So naturally, I went

back to the album and re-listened to a few tracks I liked. Out of nowhere, something clicked.

Chance the Rapper is not the person he once was, he's older, more mature, and now he's a father. Taking that into account and listening to Coloring Book without any preconceived notions, is how I finally came to truly enjoy this project. I realized that there are higher highs on this album that Acid Rap, the stuttering synths and Chicago Juke influences on Angels are stupendous, and a song like Mixtape shows that Chance has a lock on the experimental hip-hop scene.

The biggest improvement from Acid Rap to now has to be Chance's singing though. On the song Same Drugs, he is crooning soft, and sweet and his voice doesn't waver and crack like on other Chance projects. The track Finish Line/Drown is reminiscent of Kendrick Lamar's "Sing about Me" in terms of its storytelling and composition and gives the album a sweet little recap before the last track Blessings 2, which is also a standout track.

Even though Coloring Book is a good project, with unforgettable songs. It's features are weak points, and some unexcusable songs drag it down. If you love Chance, it's definitely worth a listen!

WONDERING WHERE THE SPORTS SECTION IS? SO ARE WE. IF YOU WANT A SPORTS SECTION, WE NEED SPORTS WRITERS, SO ENCOURAGE PEOPLE WITH AN INTEREST IN SPORTS TO WRITE ABOUT IT. WRITE ABOUT ANYTHING ABOUT SPORTS. JUST DO IT.

