



# THE DISPATCH

SCHOOL NEWSPAPER

ISSUE III, VOLUME 45

HUNTINGTON HIGH SCHOOL

OAKWOOD AND MCKAY ROADS HUNTINGTON, NY 11743

## EXTRA! ISSUE



### CHIPOTLE FACES E.COLI'S AFTERMATH

The popular foodchain struggles to regain its footing following the news of their food contamination

By RACHEL MOSS

The outbreak of E.coli linked to Chipotle Mexican restaurant food chain beginning in October and November has lead to the infection of 53 individuals in nine states, including Illinois, Maryland, Pennsylvania, California, Minnesota, New York, Ohio, Oregon, and Washington. This bacteria strain has been linked to food served at Chipotle, though a single menu item or food source has not yet been identified as the offender. Chipotle's negative publicity has resulted in a decrease in customer traffic and has lead to plummeting stock prices. At its peak, Chipotle's stock was at a high of approximately \$750 per share; however, it has since dropped to as low as \$410.

Continued on Page 5

#### NEWS IN BRIEF:



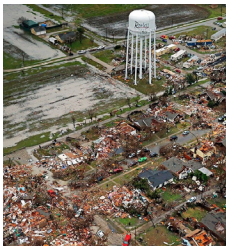
Author Harper Lee dies peacefully at age 89



Samsung reveals Galaxy 7 & 7 Edge; New LG G5 flagship brings tough competition



Trump wins again in Nevada Caucus



Tornadoes in south; mass casualties @ RV park

### Huntington Robotics Gears Up for Competition

LINDSAY SAGINAW

THE WOODSHOP- Students and mentors alike are busy bustling around the room, preparing for this year's competition by building, marketing, and fundraising for an all-new robot.

Huntington Robotics had just wrapped up it's third consecutive build season, and with the competition looming on the horizon, it's crunch time for members of this student-run organization. Also known as Team 5016, (They were the 5,016 team to register for their competition) the robotics team here at Huntington works year-round to be able to successfully compete in the FIRST robotics competition.

FIRST (For Inspiration and Recognition of Science and Technology)

gy) is an organization founded by Dean Kamen, the inventor of the Segway and renowned entrepreneur who holds over 600 patents worldwide. Kamen founded FIRST on the principle that if kids look up to famous athletes, why not put a sports-like twist on engineering to inspire the engineers and businessmen/women of the future? Each year, over 73,000 students participate globally in FIRST events, with over 5,000 teams. Each year at a kickoff event, a new challenge is announced to teams all over the world in a live broadcast, and teams have 6 weeks to build a robot that could successfully compete in this year's competition.

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2015-2016  
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## Ms. AIMEE ANTORINO AND Mr. EDWARD FLOREA

The Dispatch is Huntington High School's official student publication. Written for over 1200 students attending HHS, The Dispatch is distributed to all students, staff and school community members at the school free of charge.

The Editorial Board is the newspaper's decision-making body, organizing and directing its operation. The Dispatch staff has adopted the following editorial policy to express the rights, responsibilities and philosophy of the newspaper for the 2012-2013 school year.

The Dispatch of Huntington High School is a public forum, with its student editorial board making all decisions concerning its content. Unsigned editorials express the views of the majority of the editorial board.

Letters to the editor are welcomed and will be published as space allows. Letters are preferred signed, but may be published by request. The Editorial Board reserves the right to edit letters for grammar and clarity, and all letters are subject to laws governing obscenity, libel, privacy, and disruption of the school process, as are all contents of the paper. Questions, comments, and letters to the editor should be sent electronically to hhsdispatch@gmail.com or submitted to The Dispatch mailbox located in the main office.

Opinions in letters are not necessarily those of the staff, nor should any opinion expressed in a public forum be construed as the opinion of the administration, unless so attributed.

The Dispatch's goal is to provide readers with interesting content in a wide variety of areas. Such areas include the news coverage of school and community events, as well as features on relevant topics. In addition, The Dispatch will provide opinionated editorials on controversial topics, as well as provide previews and reviews for upcoming school and professional sports seasons and other forms of entertainment.

The Dispatch accepts advertisements from local businesses and student organizations. The basic rate for advertisements can be provided on request to any interested organization. Requests for specific pricing, and examples of past advertising may be requested via e-mail through hhsdispatch@gmail.com. The Editorial Board reserves the right to refuse any advertisement deemed inappropriate, specifically those that reference illegal or controlled substances, products, services and/or paraphernalia.

## SCHOOL NEWS

# MRS. BIAGI

BY JANELLE FORE

Have you ever taken a business class? If so, you must've heard the name Mrs. Biagi, who is one of our business teachers here at Huntington High School. Here's a glimpse into the supportive Huntington High School graduate...

Teaching at Huntington High School for about 21 years, she has developed a love for our school. Throughout her years at Huntington, Mrs. Biagi has learned from her students that "If you want something bad enough, you'll get it". Though she loves teaching, there are some things that she finds challenging, such as keeping everyone engaged and "trying to get it all done."

When asked what she likes about Huntington High School she said, "I feel like I make a difference. I like the diversity; I know who I am here." Biagi is definitely making her mark; little do many people know that in her spare time, Mrs. Biagi runs three clubs (Grandfriends, AWOD, and Mock Trial), is certified as a Drug and Alcohol counselor and volunteers as an EMT. The sky is the limit with Mrs. Biagi, constant-

ly trying to learn new things about her students and her course.

Students that have had Mrs. Biagi see her as much more than just a teacher. Senior Joselyn Granados said, "She is the funniest, most understanding teacher and is like a mom to me."

Teachers also share their positive views about Mrs. Biagi, including English teacher Mrs. Antorino, who said she is "probably one of the hardest working teachers. She truly goes the extra mile for her students and works after hours to perfect her craft. She is has done a great job with her clubs and it is shown as they continue to thrive each year." Mrs. Biagi continues to inspire and enrich her students at Huntington High School.



## ROBOTICS PREPARES FOR COMPETITION

continued from front page

The 2016 Challenge: FIRST Stronghold ®. This year's game has a fun medieval twist on it, with towers and defense systems and drawbridges galore. Teams are placed on alliances at the competition, and have to work together to garner points for their team, either by programming their robot beforehand to control itself automatically in the beginning of each match during the autonomous period, throwing foam "boulders" into gothic castles, or at the end, scaling the towers for even more points. For more information on this year's challenge, visit [www.firstinspires.org](http://www.firstinspires.org).

Huntington Robotics has been hard at work for the past few weeks. After it's first-ever kickoff event hosted here at the high school, school administrators, mentors, and members alike got busy brainstorming designs for their robot. They decided on a smaller, more agile robot that will be able to throw boulders and move quickly past the other alliances' defenses. Members stay from right after school to very late at night, sometimes around 9 to 10 o'clock at night.

The mechanical, electrical, and programming divisions of the team have been toiling away for weeks, along with several dedicated advisors and parents.

In addition to the engineering aspects of the team, the business section, specifically marketing, has also had it's hands full since the season began. Recently, they presented to local Huntington orthodontist Dr. Inna Gellerman, an ongoing sponsor for the team. Furthermore, the marketing team has also presented to several more potential sponsors, including former Legislator Mr. Jon Cooper at his Spec-tronics facility in Woodbury.

Legislator William Spencer also paid a visit to Team 5016 here at the high school on February 4th. The team gave him a tour of their workspaces, including the engineering lab, design room, and electrical room, before pitching

him a small presentation about the team's history and goals. Leg. Spencer was very supportive of the team's endeavors, and they are very thankful for his support.

Huntington Robotics' Teacher Advisor Mr. Brian Reynold's was also honored in the beginning of February at the annual HFEE (Huntington Foundation for Excellence in Education) gala, for his work as a technology teacher and his involvement in the team. Several team members were there with last year's robot to support him. People in attendance were also Mr. Reynold's family, Dr. Gellerman's staff, and many other school administrators. It was a great night to honor Mr. Reynolds for his commitment to not only the team, but to the whole school-wide community.

The annual regional competition for Huntington Robotics is approaching fast. It will be held at Hofstra University from March 30th-April 2nd. Everybody is welcome to come cheer on the team, as team spirit is actually a deciding factor in picking alliances this year. For more information about the team, visit [www.team5016.com](http://www.team5016.com).



Team members pose with Legislator William Spencer

## LA PÁGINA EN ESPAÑOL

# ENTRE LA ESPADA Y LA PARED~

Escrito Por Santos Garcia Avelar

El triangulo norte que forma Honduras, El Salvador y Guatemala es una celda en la cual, un niño llora la muerte de su padre, el otro tiene que escoger entre ser asesinado o convertirse en asesino, miles kilómetros al norte otros toman la decisión que es mejor morir al cruzar una frontera, que mancharse las manos de sangre en una guerra de maras que no cesa y al igual que el cáncer se reproduce devorando los órganos vitales de nuestros países.

Alzo la mano, al formar parte de llorar a mi padre años atrás cuando fue asesinado y de arriesgarme el pellejo al cruzar la frontera cometiendo un delito al cruzar ilegalmente en acuerdo con las leyes americanas, un delito que muchos entenderán y otros juzgaran. Desde mi punto de vista no lo llamo una falta a la ley sino, desesperación primitiva. Vosotros también habéis visto este fenómeno cuando los animales inmigran por falta de necesidades, como desesperación por comida. Como verán en nuestros países la causa de la inmigración se esconde detrás de la violencia, en la cual si te paras en la cuadra de la mara contraria tus opciones son que llegas envuelto como una momia del hospital de la paliza o en el peor de los casos te encuentras dos metros bajo tierra. Tristemente la gente vive su día a día con el cuchillo entre los dientes en este triangulo encantado, en el cual asistir a la escuela a veces se paga con la vida al encontrarse entre el fuego cruzado de pandillas.

La frustración y la desesperación



en la que viven los niños centroamericanos se reflejo entre los años 2012-2015 cuando exploto la inmigración de menores no acompañados llegando a los 60,000 mil cada año, rompiendo records. Esta explosión nos indica que nuestros países han dejado de ser fértiles para plantar nuestras raíces y el que un día fue el futuro de Honduras o El Salvador por ejemplo ahora arranca sus raíces y las planta en Estados Unidos buscando el sueño americano. En este tramo que recorremos perdemos nuestros amigos, la violencia y la falta de educación nos quita nuestras familias al tener que abandonar nuestro pueblo querido, al que después recordamos con nostalgia y melancolía, al recordar aquellas navidades con juegos pirotécnicos que alumbraban la noche buena. Para entender el motivo de la inmigración y antes de juzgar como delito este viaje de menores hay que pararse en sus zapatos y caminar en ellos, porque se los digo no hay peor espinita patriótica que se clava

en tu pecho, como la de al darte cuenta que le diste la espalda a tu país y como soldado vencido en la batalla también le diste la espada a tu cultura y costumbres y simplemente caminaste como un perro vencido con la cola entre las patas. Ese sentimiento del cual también soy víctima me hace sentir ingrato y traidor a mi país, entonces la reflexión siguiente es que en este triangulo la delincuencia y la violencia ha despojado el patriotismo de nuestra gente, el cual vuelve al escuchar el himno nacional de tu país en un partido de fútbol, poniéndote la piel de gallina y el corazón a mil pulsaciones por segundo.

En pocas palabras lo que he tratado de decir es que antes de juzgar a un inmigrante hay que entender el motivo detrás de esa inmigración y abrir los ojos que no en todo país la vida es tan buena, con oportunidades para aprovechar y errores de los cuales puedes aprender, en otros países un error se paga con la vida o con la vida de tus seres más queridos.





# Mohanty Shines in Main Street Gallery

Huntington High School is extremely fortunate to have such a varied, experienced, passionate and dedicated visual arts department. These art educators shine not only in the classroom, but in our community as well.

One such example is digital arts instructor Kasmira Mohanty's recent exhibition at the Main Street Gallery in Huntington. She was delighted to have received an invitation by the Huntington Arts Council to exhibit alongside only three other artists: fellow digital artist Alan Richards, sculptor Andrea Davide, and painter Ginger Balizer-Hendler.

Mohanty is no stranger to the Main Street Gallery. She has

had a working relationship with Huntington Arts Council while wearing her teacher hat in order to help Huntington High School art students exhibit their work at the gallery. This time it was her turn.

The exhibition solidified the growing realization that traditional techniques and con-

cepts in the art world are evolving and being fully embraced by adventurous and daring artists. When we asked Mohanty about her artwork and the exhibition she replied, "I'm so grateful that the artistic community is finally beginning to deem digital pieces of artwork just as important as traditional forms of art. It's

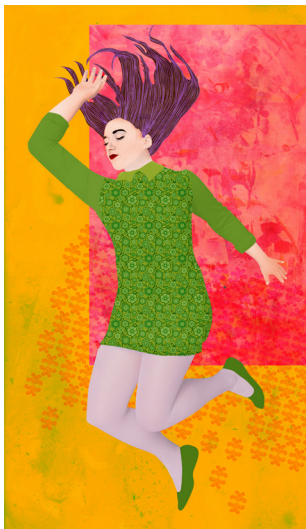
a huge turn around even in the last five years. I've experienced artistic prejudice so many times in the past because of the medium I have chosen to work in. It was viewed as not being 'real art'. I was moved by how many people were curious about my process and influences at this last exhibition." Mohanty was touched to see in attendance at the opening Mrs. Singer and former art students

Gabriella Ferreira, who is now working in the textile design industry and Kean Ferin.

Mohanty's artwork included in the show focused on her interpretive portraits, some of which were inspired by a few of our very own students here at Huntington High school. All but one of the images exclude color and pattern, while the individuals themselves have been given the Mohanty semi-surrealist touch. To Mohanty's surprise her lone black and white image was a favorite amongst the attendees at the opening.

"Being an artist has enriched my life

beyond what I could have imagined for myself. I am also so very blessed that my teaching position allows me to inspire and be inspired by my students. I count how many times while in the process of demonstrating a new technique, sharing a new artist or helping a student put a portfolio together that I become



flooded with ideas for my own work. It's an amazing exchange, one that I cherish." To learn more about upcoming exhibits at the Main Street Gallery you can visit their website <http://www.huntington-arts.org/category/exhibition/main-street-gallery>.



## ARTIST SPOTLIGHT

IF YOU WOULD LIKE TO SUBMIT A PIECE, CONTACT MS. MOHANTY AND EMAIL THE PDF FILE TO [HHSDISPATCH@GMAIL.COM](mailto:HHSDISPATCH@GMAIL.COM), ALONG WITH A BRIEF ARTIST STATEMENT THAT FEATURES YOUR NAME, GRADE, AND INSPIRATION FOR THE PIECE.

### SYDNEY JEAN-BAPTISTE

GRADE 12

My interest in Interior Design all started when I was very young, and I began watching the "Extreme Home Makeover Edition" TV show. This show inspired me to create artwork based on concepts and themes derived from Interior Decorating. The art classes I have taken at Huntington High School, Painting and Drawing with Mrs. Singer and Computer Graphics with Mrs. Mohanty have helped me work towards my goal of becoming an interior decorator.

I always knew I had a passion for art and wanted use my artistic skills for a career in the future. I enjoy drawing pictures of rooms and house plans. My creations tend to incorporate a variety of color palettes and pattern. For example, I handcrafted a female teenager's bedroom as the three-dimensional model of a residential space. A big challenge for the model was cutting the pieces of wood to make the furniture: bed, dresser and the desk. The fun part was adding the wall treatments, fabrics and textures to the room.

Another interior I illustrated is called The Orange

Couch which is a colored pencil drawing. This drawing demonstrates my artistic abilities to create a room from my imagination. I played with bright colors, a variety of patterns and used depth and perspective on a 2D surface to indicated a 3 dimensional space.

Most of my design inspiration comes from pictures of contemporary designs because I love simplistic and clean spaces. Since I am interested in contemporary residential spaces, I like to express those ideas throughout my art projects with my own special twist. One of my design signatures is the use of animal prints in my designs and artwork. I like to use animal prints on different pieces of furniture to add vibrancy and boldness. In addition, I prefer black and white furniture with accent colors to accentuate the sculpture nature of great furniture design.

Once I have obtained my degree in Interior Design and have established myself as a working designer I would like to donate my time and experience to organizations that sponsor and fund home restorations and repairs for deserving families.

BEDROOM (3D MODEL) THE ORANGE COUCH (ILLUSTRATION)



### LARS DRACE



GRADE 10

Inspiration for my work comes mainly from my childhood. I watched an excess of cartoons and that's where I began to develop my style of illustration. At first glance my work appears childish, but upon closer inspection one can see that the content addresses social, emotional and political issues. I am grateful for programs like Illustrator that helps me to create my images as quickly as I can come up with ideas.

I was presented with the opportunity to create a piece of artwork based on a personal selection from work exhibited at the Heckscher Museum this year. This was during a field trip with my Advanced Computer Graphics class taught by Mrs. Mohanty. When I walked into the museum my eyes instantly went to Crosstown Traffic by Emilio



HIS INSPIRATION-CROSSTOWN

Sanchez. It captured my interest because of its simplicity and use of geometric shapes. What also intrigued me was its simplistic color palette, which included variations of yellow and black. To me the yellows represented hope and the darker areas expressed impending doom. I

used these themes as a catalyst for my artwork.

My piece contains a similar enhanced perspective and flattened color scheme. When I first encountered Crosstown Traffic from afar, I thought the cars were people and the headlights were eyes. This is where I got the idea of one lone figure instead of several. This seemingly small and insignificant individual is being stalked by an unknown threat in the form of a larger figure. The viewer is intentionally left to come up with their own story to the piece.

# ST. HELENA- THE SECRET OF THE SOUTH ATLANTIC

BY LINDSAY SAGINAW

The largest travel guide book publisher in the world, The Lonely Planet, released its annual top list of destinations, "Best in Travel 2016." Named number one on the list is Botswana, and even more interesting than that, the island of St. Helena was ranked number ten.

### WHERE IS IT?

St. Helena is a small, semi-deserted island about 1,200 miles west of the Southwestern coast of Africa. It is just over 10 miles long and does not exceed a width of 6.5 miles. St. Helena is British overseas territory and is around 47 square miles. Although St. Helena is of volcanic origin, any previously existing volcanoes are now extinct. Its tallest point is Diana Peak, standing at 2,690 feet. It lies in the path of South Atlantic trade winds and the annual rainfall is 19 inches. "Despite drawing in day-trippers by the busload, the area's well-protected and spread-out natural attractions have somehow managed to escape the frenzied tourist circus of other less well-managed places," says Lonely Planet.



### WHY IS IT FAMOUS?

Napoleon I of France reigned from 1804 to 1815, not considering his short abolishment of power in 1815. In April 1814, Napoleon was forced to renounce his throne and was exiled to the Mediterranean island of Ebna, but within a year, he was already back on the mainland throwing together a hastily-made army. However, at the Battle of Waterloo in June of 1815, Napoleon was once again defeated and the European powers would not let him escape imprisonment again. He was banished to the barren, rocky island of St. Helena and left there to die. Napoleon was recorded by the Compte de las Casas, an atlas-maker who was part of his entourage in exile, to have said: "For what infamous treatment are we reserved!" he exclaimed. This is the anguish of death. To injustice and violence they now add insult and protracted torment. If I were so hateful to them, why did they not get rid of me? A few musket balls in my heart or my head would have done the business, and there would at least have been some energy in the crime." Six

years after his expulsion from Europe, Napoleon Bonaparte died most likely from stomach cancer on the island of St. Helena.

### WHY GO THERE?

St. Helena used to be one of the most forbidding and inaccessible places on Earth, reachable only by mail ship or private yacht. However, with the opening of a new airport, St. Helena is sure to draw in large crowds due to its infamous history as well as the lush environment. St. Helena will soon become open to air travel. The climate stays around 70-80 degrees Fahrenheit, and the hottest months are usually between January and March. The South East trade winds keep the weather equable yet variable.



### THINGS TO DO:

Whether you're a history buff or adventurer, there are lots of places to see and things to do on St. Helena. The Napoleonic properties such as Napoleon's Tomb and the Longwood House can be visited. At the Plantation House, tourists can visit Jonathan, the world's oldest living animal, who is around 180 years old. The governor also lives here. In Jamestown, the island's capital, there are memorials, gardens, museums, and churches to visit. Don't forget to take advantage of the island's geography, as there are inviting beaches, waterfalls, and forests to visit.



### THE LONELY PLANET BEST IN TRAVEL 2016 INCLUDES:

- 1.) Botswana
- 2.) Japan
- 3.) USA
- 4.) Palau
- 5.) Latvia
- 6.) Australia
- 7.) Poland
- 8.) Uruguay
- 9.) Greenland
- 10.) St. Helena

Gruesome history or not, St. Helena is definitely one to add to your travel list.



CONTINUED FROM FRONT PAGE

# CHIPOTLE- BACK ON TRACK

BY RACHEL MOSS

If you've been a part of Chipotle's loyal following after its adoption of non-GMO standards and other health conscious measures, don't lose faith quite yet. Co-CEO and founder Steve Ells stated, "I have confidence that we're going to recover from this." The company has taken full accountability for the situation and has published a number of apologies.

Hoping to reverse the damage E.coli has caused, Chipotle introduced new food safety programs starting back in November and launched agendas for employees to improve internal standards concerning food handling. They have taken steps such as moving the chopping of tomatoes and lettuce to a central location and blanching onions before they are diced to kill germs. Additionally, after voluntarily closing 43 restaurants, there has not been a single E.coli case in two months. The company says it has been serving at least one million customers each day without incident.

Planning to lure back customers, Chipotle has developed several new marketing strategies. A popular and desired plan among customers has been the rumored 'free burritos'. Allowing managers to create their own campaigns, the exact dates for these giveaways are still undetermined, yet they are excitedly anticipated by many. Most importantly, Chipotle is shutting down more than 1,900 restaurants for a few hours on February 8th to hold a national staff meeting. The corporation stated that the conference "would provide an opportunity to thank employees, discuss changes and answer questions".

Working closely with federal, state, and local government agencies to ensure that vigorous food safety standards are in place, Chipotle restaurants nationwide hope to restore their image and entirely regain their reputation. Though almost half of Chipotle's past customers claim they are now avoiding the stores after the E.coli incidents, the company has now established the ultimate goal of eliminating all risks of future outbreaks.

Steve Ells noted, "As a chef, nothing is more important to me than serving my guests food that is safe, delicious, and wholesome."



# How Do I Ask A Girl Out?

## A GUY'S OPINION

BY ALEX TACOPINA

While many guys out there vie for the chance to pursue a relationship, many guys however don't have any idea on how to ask a girl out on a date. Here are some steps that can aid you in your quest in going out with the partner of your dreams;

### STEP 1) GET TO KNOW THE PERSON BEFORE YOU EVEN GO FOR THE HOME RUN.

If you just walk up to a girl and ask her to go out on a date without even getting to know her, 9 times out of 10 that girl is going to think you're very weird and won't give you the time of day to take things any further. Making a good impression on the girl can lead to good things in the future that will help you in getting to know your desired partner. It helps if you can find common interests and hold a conversation.

### STEP 2) ENGAGE IN SOME MINOR FLIRTING WITH HER

Just in case you didn't already realize, this doesn't mean buying her chocolates and flowers after you guys have only talked for one week. You don't want to fall into that trap of the "friend zone" where she sees you only as a good friend because that obviously isn't what you want! Creat-

BY SARAH JAMES

## A GIRL'S TAKE

Apparently, asking a girl out can be intimidating. We don't really see it... but based on what we've heard, it is. So, here are some tips on how to ask a girl out, or more importantly, some tips that will really help you get to know her and her get to know you. P.S. keep in mind we can ask you out too.

### START SMALL: JUST TALK TO HER

Talking to someone is the first step to really getting to know them. How can you know for sure that you want to pursue a relationship with someone if you haven't spoken to them? In talking to them you can find that you like them even more than you did before, or you can find that you have absolutely no common knowledge and no chemistry. This is important to know before you wind up on a date that is just one big awkward silence. No one likes that. Just tell her something that you're interested in and see how it goes- hopefully, you guys have lots of common interests. Bonus brownie points if you guys have a shared sense of humor.

### DON'T BE A JERK

Girls don't like mean guys. They may pretend that they're into "bad boys" or something dumb like that but what a girl really wants is someone who'll treat them right. And if a guy can't be respectful to his teachers, or parents, if he can't be nice to his

ing some tension between the two of you will lead her to be more inclined to go out on a date with you.

### STEP 3) BEFORE YOU ASK HER, READ HER BODY LANGUAGE.

If you can tell that she is feeling upset or she is stressed out about something, this isn't the time to ask her. You are asking a very stressful question, and adding more stress onto her plate will make it even worse. Find a time to ask when she is in a happy mood and you guys are in a casual conversation.

### STEP 4) CASUALLY ASK HER WHAT SHE IS DOING THIS WEEKEND.

You don't want to start the conversation off by asking the million dollar question. If you ease into the conversation and you guys begin to casually talk, it won't be as awkward. Be careful though on how you ask her. Simply asking her to hang out with you over the weekend could go a long way.

friends and random strangers in the hall then he won't be nice to a girl. So, if you're going to ask a girl out be respectful, and polite. This should be common sense but evidently common sense isn't that common anymore. Long story short it's refreshing to talk to a guy that's polite, so be that guy.

*Disclaimer: Polite doesn't equate to boring, doesn't mean you can't tell jokes or be yourself. It just means you know how to treat people nicely*

### PAY ATTENTION TO HER

We don't need you to know our blood type or anything. You don't even need to know all that much but remembering something as small as their favorite song or drink or something they said last week shows you care at least a little. It's sweet. We enjoy it.

### DON'T FORCE IT

If you've followed all these previous tips, or if you're simply winging it and it doesn't seem to be working out— don't force it.

# BREAKOUT NEWS

*In this day and age, acne is a very “hush-hush” topic. No one really talks about it and no one wants to admit they have it, despite being a completely normal part of life. We spend our time covering it up when we should actually be learning more about it and which solution is best for you.*

BY ASHLEY HERKOMMER

## NEUTROGENA- this line of skincare, hair care, and cosmetics is known primarily for its amazing variety of skin/acne care products

**MAKEUP-**Their foundations and concealers aren't the best for acne and isn't made to clear up your skin, but instead acts as a blanket to cover it. It can make your skin oily and clog your pores, and is definitely not recommended for sensitive skin. If you want to clear up your skin, try buying facial scrubs and washes they offer.

**GRAPEFRUIT CLEANSING LINE-**Although it does a lovely job in cleaning your skin and the microbeads give you the deep cleansing your skin might need, it's very drying so you have to use a good moisturizer right after. However, it smells very good and leaves you with a clean, fresh feeling.

**MAKEUP REMOVERS-** The wipes themselves are very smooth and gentle. They wipe away any makeup, even waterproof, like magic. They're also a part of the grapefruit line so they smell amazing.

## PROACTIV-

*One of the most popular and reputable skincare brands of all time, this line of moisturizers, hair care, and body washes founded by two American dermatologists is best known for its famous 3 step acne kit.*

**MAKEUP-** Proactiv offers the best foundations and concealers for acne in many different shades and colors and works well because it doesn't clog pores. If you're trying to cover up acne scars or current acne, try using the concealer under the sheer and thin foundation.

**3 STEP PROGRAM-** This is the most famous line of Proactive products, and the results can come with a price. It's very rough and can dry out your skin and cause irritation if you have combination or sensitive skin.

**MAKEUP REMOVERS-** These wipes remove all makeup completely, even tricky waterproof mascara. It's good for oily skin because it leaves you with a refreshing feeling after use. If you buy this product, be careful around the eyes- the wipes themselves are soapy and may cause burning.

## YOUR FAQ'S, ANSWERED

### Q: Why do I get acne in the places I get it?

**FOREHEAD:** your skin is telling you you're stressed out or have a poor diet  
**TEMPLES AND EYEBROWS:** you have a diet too high in fat and processed foods  
**NOSE:** poor diet as well or could be where oil and dirt builds up  
**NEAR MOUTH/ LIP AREA:** though uncommon, this could be from eating spicy foods or the toothpaste you're using

**CHEEKS:** that's due to stress and lack of hydration or from dirty cell phones touching your face

**CHIN:** possibly hormonal problems or from touching that area too often or from foods or toothpaste in that area  
**Q: How else can I prevent acne?**  
**USE SUNSCREEN EVERY DAY DURING SPRING AND SUMMER.** Aside from preventing skin cancer, it evens complexion and tightens your skin to prevent wrinkles.

## CLEAN AND CLEAR- Similar to Neutrogena products, but at a lower cost, their acne products are easy to use and soothing.

**ACNE CONTROL KIT-**This treatment is very soothing and hydrates the skin while minimizing pore visibility. This could irritate your skin if you have sensitive skin and can bleach some fabrics. However, it's great for moderate acne, blackheads and whiteheads.

**MAKEUP REMOVERS-** These wipes are very gentle, inexpensive and they smell great. They're also soft and great for waterproof makeup and primers as well. Unfortunately, like many other products, this could dry out your skin so remember to apply moisturizer.

## NATURAL TREATMENTS-

*If you don't want to spend as much money and would rather explore a more natural option to clean your face that avoids all of the harsh chemicals, there's a few home remedies you can try.*

**HONEY, NUTMEG, AND CINNAMON SCRUB-** Honey is a natural moisturizer and antibacterial treatment. Cinnamon will also help reduce bacteria on the surface of your skin and helps dry out existing pimples on your face. The nutmeg may be the best part of this scrub because it acts like microbeads and gets rid of annoying blackheads. All you need is one tbsp of honey, and 1 tsp each of nutmeg and cinnamon.

**YEAST AND YOGURT MASK-**This home remedy can reduce oily skin and help clear up acne. To make the mask, combine 1 tsp of brewer's yeast with a little bit of plain yogurt to create a thin mixture and apply it to all the oily areas; leave it on for 15-20 minutes, and wash away with warm water.

**LEMON AND EGG FACE MASK-**This is a great natural face brightener. The lemon itself is a natural lightener that can diminish acne scars and the red complexion on your cheeks as well as tighten pores. For this recipe, mix juice from half a lemon with one beaten egg and leave the mixture on overnight. Be careful to keep this out of your eyes and mouth and wash with warm water the next morning.

**DAIRY PRODUCTS MAY CAUSE ACNE-** they contain growth hormones that can "turn on" your oil glands and contain inflammatory substances that can clog pores. Almond milk and soy milk make a great substitute.  
**RESIST TOUCHING, PICKING OR SQUEEZING CURRENT PIMPLES.** This leads to scarring that takes months to fade away, if ever. Sweat and dirt constantly rubbing against your skin can cause a breakout.



## The Revenant

is a film that I've been looking forward to for almost a year. I placed it in the #1 position of my 'Top Five Films Movie-Goers Should Look Forward To,' so I clearly had high expectations. Now that it is finally released, I can confidently say that this film exceeded those expectations.

Directed by Alejandro G. Iñárritu, (Academy-Award-winning director of Birdman) and starring Leonardo DiCaprio, Tom Hardy and Domhnall Gleeson, this film is [loosely] based on the true events of an 1820s frontiersman Hugh Glass (played by DiCaprio). Glass struggles to survive and seeks revenge when his own hunting team leaves him for dead after he is mauled by a grizzly bear.

First and foremost, the performances in *The Revenant* were incredible— most notably Leonardo DiCaprio and Tom Hardy. Of course, DiCaprio is known for never winning an Academy Award despite his five nominations and great performances, though I truly think this could be his year.

The technical achievement of *The Revenant* is another thing to be praised. The cinematography is perhaps the most impressive aspect of this film. Emmanuel Lubezki (cinematographer of *Gravity*, *Birdman* — both Academy-Award-winners in cinematography) is a master of his craft and delivers some of the most beautiful and immersive imagery I have ever seen. Long, steady takes are used as opposed to quick cuts which



are usually associated with action scenes. Along with simply being stunning to look at, these long, continuous shots strengthen the intense sense of realism that *The Revenant* does so well— actions aren't obstructed by cuts or transitions or overly-obnoxious 'shaky cam', but rather shown directly in a raw, and often a more graphic way.

The CGI (computer generated imagery) used also lives up to the rest of the film's realism. Although CGI is used sparingly in *The Revenant* in favor of practical effects and real settings, the CGI that is used is fantastic. The grizzly bear which attacks Glass in the beginning of the film is one of the most believable computer-generated animals I have seen onscreen, making the sequence (and the rest of the film) all the more terrifying.

One last notable achievement of *The Revenant* which I appreciated most was the musical score. The hypnotizing score, composed by Ryuichi Sakamoto in collabo-

ration with Bryce Dessner and Alva Noto, is extremely ominous and erratic. It's very unique and unlike any other conventional soundtrack. Sakamoto describes it as "a layer of sounds — rather than melodies." This, paired alongside the natural sounds of the wilderness in which the film takes place, sets the tone perfectly.

One thing I must say that some might dislike about *The Revenant* is its length. I don't think it was too long, but running in at 2 hours 36 minutes, it's a bit exhausting to sit through— especially due to its relentless ferocity. I recommend seeing it in a theater with those nice leather recliners since you'll be there for quite a while. Simply put, *The Revenant*, although a bit long, is an unsettling masterpiece. It has fantastic performances, exceptional cinematography, and an engrossing story. I highly recommend you see it.

**“I ain’t afraid to die anymore. I’d done it already.” —HUGH GLASS, THE REVENANT**





# EXTRA ISSUE



## HIGHLIGHTS OF THIS ISSUE



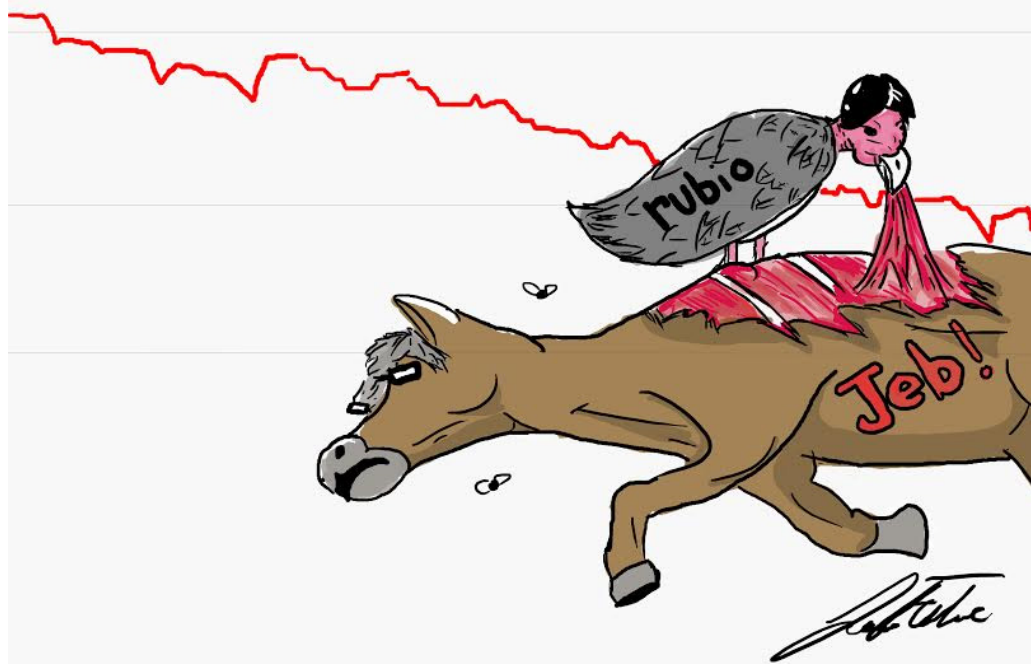
WONDERING WHERE THE SPORTS SECTION IS? SO ARE WE. IF YOU WANT A SPORTS SECTION, WE NEED SPORTS WRITERS, SO ENCOURAGE PEOPLE TO WRITE.

### WHICH DO YOU PREFER?



## VOTE VULTURES

a political cartoon by Jacob Fuller



TO SUBMIT A CARTOON, POLITICAL OR COMIC, EMAIL DIGITAL VERSIONS TO HHSDISPATCH@GMAIL.COM OR HAND IN HARD COPIES TO RM.209 OR 252

## TECHNOLOGY -

# APPLE'S NEW BATTERY CASE

BY MICHELLE D'ALESSANDRO

As Apple recently released their own Apple battery case, a wave of mixed reactions followed the product's unveiling. Some thought it was a great move on Apple's part, as it gave them an edge in the market for phone accessories that are typically distributed by independent companies. The release of their own design could result in more profit and could be a guaranteed buy for 'Apple fanboys', people completely dedicated to the brand, as well as those more weary of the quality of third-party case companies.

On the other hand, many viewed the case in a much more critical light. With the steep price of about \$100, it costs considerably more than the majority of phone cases offered by other companies, causing many to see it as a rip off and an opportunity for the enormous company to make a huge profit off those who swear by their brand. The need for such an excessive price is a greedy move, and doesn't seem to factor in the much more competitive prices of other cases, instead betting on the Apple name to bring in buyers.

Looking at the case, it's hard to tell that it's an Apple design (given, of course, you ignore their trademark logo emblazoned on the back). Simply put, it doesn't \*look\* Apple. It's awkwardly shaped, extending down, making the phone look much longer than before with a rectangular hump hanging out on the back. This is only to be expected with any battery case, but where Apple prides themselves on the sleek design and the feel of their products, they seemed to fall short on their battery case. There are many other cases on the market that are less than a quarter of the price and have a much more cohesive feel to them, instead of trying to 'preserve' the coveted thinness of iPhones by covering the battery in a tight casing that causes it to stick out in the middle. Not only does this make the phone feel weird to hold, but it simply looks bad.

In fact, let's talk about Apple and thinness. Back when cell phones were very new, they were huge. They were bricks, in shape, size and weight. It only made sense then to pursue a smaller, thinner phone. Enter the touch screen smart phones, Apple steadily creates phones

that are larger and thinner, daring to constantly design around thinness. That desire, although beneficial in the beginning, is now rendered generally unnecessary, yet they continue to value the need to be the thinnest phone on the market over many other much more noticeable and useful features, such as battery power.

Studies have shown that each year, though their models get slightly thinner and thinner, people seem to care less and less. It was a big deal when a new model would go from a bulky design to one much more manageable and easier to use, but when a phone simply goes from super thin to ultra thin, it begs the question 'what's the point?' To simply retain bragging rights? That doesn't seem like a worthy justification of the sacrifices made in designing a phone that's infinitesimally thinner. Apple already lacks many features present on other phones, such as the option to remove the back cover to pop in a fresh battery when there's no time to wait for a charge, so it only stands to hurt them when they create thinner phones that lack additional power that they could gain if only they ceded their relentless search for a thinner phone, not to mention to cons of impossibly thin phones (remember 'bendgate'?).

The new battery case only serves as a reminder of one of their most notable shortcomings- their battery. There are endless accounts of iPhones running out of power in a matter of hours despite minimal usage, the deteriorating quality of battery power over time, and the death of phones in situations where extended battery power could make a real difference. Yes, a battery case is nice, especially those that don't cost \$100, but the need for one that's awkwardly shaped and inconvenient to have to carry around could be rendered unnecessary by simply easing up on the fight to create smaller phones.

All in all, the new Apple battery case seems useful, but iPhones shouldn't need them. At their steep price, iPhones should be able to hold their own in the power category, but the hard-headed need to create the thinnest phone stands in the way of longer battery life, creating an expensive need for alternative power add-ons.