

ADULT EDUCATION PROGRAM – FALL 2014

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Senior Citizen \$15

Name

School District

AddressTown:.....Phone No.

E-Mail

Course.....Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.**

ONLINE PAYMENT

1. CODE - jhauyco

2. Link - <http://www.TurboRoster.com/Code/jhauyco>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.



Non-Profit Org.
U.S. Postage
PAID
Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

FALL 2014

POSTAL PATRON

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, September 10, 2014
HUNTINGTON HIGH SCHOOL LOBBY

Inclement weather registration date - September 17, 2014 6-9pm

Mr. James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION

Emily Rogan, President • Jennifer Hebert, Vice President
Tom DiGiacomo • William Dwyer • Bari Fehrs • Xavier Palacios

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 812-2380 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Wednesday, September 10, 2014** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington. An inclement weather registration date is set for September 17, 2014 from 6-9pm.

ON-LINE. You may register on-line at **TURBOROSTER.com** (see front of brochure for instructions)

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Nonresidents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education courses for a fee of \$15.00 (except those classes marked **limited or no senior discount**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR FALL 2014

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

*R = REGISTRATION () = HOLIDAY/SCHOOL CLOSED *CB = CLASSES BEGIN **** = INCLEMENT WEATHER REGISTRATION DATE

SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER			
M	T	W	TH	M	T	W	TH	M	T	W	TH	M	T	W	TH
1	2	3	4			1*CB	2*CB	3	(4)	5	6	1	2	3	4
8	9	10*R	11	6	7	8	9	10	(11)	12	13	8	9	10	11
15	16	17****	18	(13)	14	15	16	17	18	19	20	15	16	17	18
22*CB	23*CB	(24)	(25)	20	21	22	23	24	25	(26)	(27)				
29	30			27	28	29	30								

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY**SPANISH – BEGINNER****Room 126**

Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

Carlos Pumar**7:00-9:00****CROCHETING****Library**For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring in projects (and any materials needed) that they are interested in or working on currently. **12 Maximum****Kelly Hatzmann****7:00-9:00****STREET LAW****Room 124**This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U. S. legal system. **There will be a workbook fee which will be discussed at the first class.****TBA****7:00-9:00****COOKING – SIMPLE & DELICIOUS****Finley Room 208**

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

Anna Naccarato**7:00-9:00****DIGITAL PHOTOGRAPHY****Room 251****8 Sessions****FEE: \$67 Resident-\$77 Non Resident Limited. No Senior Citizen Discount**

This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. You will be instructed in the basics of Adobe Photoshop to take your photos to the next level. Students should have a working knowledge of computers.

Beth Laraia**6:30-8:30****THE NATIVE-AMERICAN****Room 204**

This course is offered to give members of the community an overview of Native American people-their earliest migrations into North America, their traditional lifestyles: PERSIA (Political, Economic, Religious, Social, Intellectual, Aesthetic), and current issues. Differences among the tribes will be illustrated by looking at 9 regions: Northwest, California, Southwest, Great Basin, Plateau, Oklahoma, Southeast and Northeast. Photos, handouts, and the instructor's experiences will be used to supplement the subject matter.

Chet Lukaszewski**7:00-9:00****RESTORATIVE YOGA****Southdown Gym****4 Sessions- 11/3,11/10,11/17,11/24****FEE: \$30 Resident, \$40 Non-Resident No Senior Discount**

A great way to prepare for the holidays and winter. Rejuvenating and supported postures will be introduced to help soothe your nervous system and reduce chronic tension. Supine pranayama, (breathing exercises) will also be introduced. Please bring 3 blankets, 2 blocks and a yoga mat. Wear loose fitting comfortable attire.

Linda Kundla**7:00-8:30****ZUMBA GOLD****Woodhull Gym****NO SENIOR CITIZEN DISCOUNT**

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

Janeen Wasoski**6:00-7:00****SOCCER FOR MEN (Indoor)****Huntington High Gym****10 SESSIONS**Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended. **Minimum 10****Kieran Mock****8:30-10:00****TUESDAY****BEGINNING WATERCOLOR****Room 108****NO SENIOR CITIZEN DISCOUNT.** This class is an introduction to watercolor and its many wonderful attributes. Techniques covered will include creating textures; washes; lifting out; wet-on-wet; dry brush glazing and much more. Basic composition and color theory will be covered, as well. Please bring a watercolor paper pad (no larger than 12"x16") watercolor brushes (suggested sizes: #2, #6, #10 rounds and #3/4" flat); watercolors (preferably in tubes) a small mixing tray, paper towels and a small bowl for water. Students may choose subject matter from either still life or landscape (photographs). Further information will be discussed first night of class.**Anne Gunthner****6:30-8:30****AMERICAN HISTORY****Room 126**

This American History class covers events before 1865, ending with the Civil War and the surrender of the South. There will be a workbook fee which will be discussed at the first class.

TBA**7:00-9:00****THE PLEASURES OF MUSIC****Room 127****6 sessions- 9/23,9/30,10/7,10/14,10/21,10/28****FEE: \$45 Resident, \$50 Non-Resident**

This series of lectures offers an in depth look at Classical music as it relates to society and to the other arts. The powerful role of music throughout the centuries can be understood and enjoyed with reference to history, literature and the arts. This is a colorful, interesting series for all Classical Music lovers and those who would love to learn more about composers and the origins and appeal of their greatest works. Margaretha Maimone is a violinist, conductor and presenter of concerts, including the Ridotto Concert with a touch of theater.

Margaretha Maimone**Director of the Ridotto Series****7:30-9:00****INTRODUCTION TO COMPUTERS –****USING MICROSOFT OFFICE****Room 251****FEE \$67 - \$77 Non-Resident LIMITED- NO SENIOR CITIZEN DISCOUNT.**

The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

Richard Gress**7:30-9:30****PREPARATION FOR CITIZENSHIP****Room 124**This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen. **Materials fee for workbook \$17.****TBA****7:00-9:00****WEDNESDAY****BEGINNING RAHINI YOGA****Jack Abrams Cafeteria****No Senior Discount**No experience necessary. A perfect class for the beginner that has little or no experience with yoga. The very basics of yoga will be introduced at a pace that is comfortable, safe and non-intimidating. Bring blocks, straps and a towel or blanket. It is a great way to explore and experience the joy of yoga. **Maximum 15****Deidre Mayer****5:30-6:30**

RAHINI FLOW YOGA
Jack Abrams Cafeteria
No Senior Discount

A class with stimulating and challenging yoga flow sequences for an intermediate level yogi. The class emphasizes body alignment and breath awareness. Each class ends with soothing and relaxing restorative poses or stretches.

Deidre Mayer
4:15-5:15

BEGINNER'S ITALIAN
Room 124

This course is for students with no or beginner's knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

TBA
7:00-9:00

KNITTING
Library

This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting.

Martha Reilly
6:30-8:30

HISTORY of SPORTS and its EFFECT on AMERICAN CULTURE
Room 110

Everyone loves to talk about sports! This course is designed to introduce sports to the total novice that has no idea what a Hat Trick is (hint: it doesn't involve a rabbit or magic wand), while also expanding to provide each participant with enough information to make sports their profession. Sports has become a staple of our society here in the United States. Understanding sports on just the most basic level will help anyone as they move forward in life.

Mark Kelly
7:00-8:30

PASTEL LANDSCAPES
Room 108
No Senior Discount

Versatility, immediacy, luminosity, brilliance, ease of use— these are just a few of the many attributes of working in pastel. Learn to create beautiful, vibrant paintings using this often misunderstood medium of the art world. Basic supplies, techniques and compositional theory will be discussed. Students should bring EITHER a pad or a few sheets of pastel paper, a firm board to back your paper with, a box of pastels (brands and quality will be discussed the first night of class) and a roll of paper towels. Also, please bring several reference photos to work from. An easel (either table or floor model) is recommended.

Anna Gunthner
6:30-8:30

COOKING – SIMPLE & DELICIOUS
Finley Room 208

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

Anna Naccarato
7:00-9:00

CHINESE – for Beginners
Room 123

The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for "daily life" communication. The main textbook used in class will be "Speak Mandarin in One Thousand Words".

Annie Hsiao
7:00-9:00

E.S.L. (English as a Second Language)
For Parents of Enrolled ELL Students
Room 126

This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.

TBA
7:00-9:00

INTERNET A TO Z
Room 251

4 Sessions: 10/15, 10/22, 10/29, 11/5
FEE: \$30 Resident - \$40 Non-Resident

This fun beginner's course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

Richard Gress
7:30-9:30

BASKETBALL FOR MEN
H.S. Gym
10 SESSIONS

Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

Johnnie Morales/David Burkhart
8:30-10:30

TAI CHI CHI KUNG
Jefferson Cafeteria
8 SESSIONS

LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

Richard Wos
7:00-8:30

THURSDAY

IYENGAR YOGA
Jefferson Gym
8 SESSIONS

NO SENIOR CITIZEN DISCOUNT. Yoga is the union of mind, body and spirit. In Iyengar yoga, postures are presented accentuating precision and alignment. Through the use of various props such as blocks and blankets, individuals are able to access better alignment and intelligence, and address any specific physical conditions. This process brings a state of well-being, contentment, flexibility, poise, balance and equanimity. Please wear comfortable clothing and bring two blankets, and a mat. **General level—all students welcome**

Carmella Stone Klein
6:30-8:00

SPANISH – ADVANCED LEVEL
Room 126

A continuation of the Beginner Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language.

Carlos Pumar
7:00-9:00

INTRODUCTION to CERAMICS
Room 107

Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. Pottery tools are to be purchased by each student prior to the first class.

Devin Auricchio
7:00-9:00

Materials (to be purchased by students)

Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit)

MICROSOFT OFFICE ADVANCED
Room 251
8 Sessions

FEE: \$67 - \$77 Non-resident LIMITED. NO SENIOR CITIZEN DISCOUNT. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

Richard Gress
7:30-9:30

ECONOMICS

Room 123

TBA

7:00-9:00

This Economics class will cover basic Economic theory and practice. There will be a workbook fee which will be discussed at the first class.

PAINTING

Room 108

Ellen Winter

7:00-9:00

LIMITED. NO SENIOR CITIZEN DISCOUNT. Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class. If you know you will be using a table top or floor easel and you have one, please bring it with you.

PHOTOGRAPHY LESSONS

Room 124

Robert Mayer

7:00-8:30

This Photography class is for Beginner to Advanced and all levels in between if you have a strong passion for Photography and the desire to learn. **Camera requirements:** Point and shoot, DSLR or any other format camera will do.

This class will cover the following Basic photographic skills:

-On the artistic level, we will cover elements like: Light, Exposure, Exposure Compensation, Composition, Depth of field, leading lines and more.

-On the technical level, we will cover elements like: ISO, Shutter Speed, Aperture, Selective Focus, Bokeh, Manual Focusing, Histogram and more.

-Types of photography covered: Landscape, Portraiture (adults and children), Wildlife and Sports.

ZUMBA GOLD

Woodhull Gym

Janeen Wasoski

6:00-7:00

NO SENIOR CITIZEN DISCOUNT

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

FALL COURSES 2014

American History	Tues.
Basketball For Men	Wed.
Beginner's Italian	Wed.
Beginning Watercolor	Tues.
Ceramics	Thurs.
Chinese - Beginner.....	Wed.
Cooking	Mon.
Cooking	Wed.
Crocheting	Mon.
Digital Photography	Mon.
Economics	Thurs
ESL for Parents of ELL Students	Wed.
History of Sports.....	Wed.
Internet A to Z	Wed.
Introduction to Computers-	
Using Microsoft Office	Tues.
Iyengar Yoga	Thurs.
Knitting.....	Wed.
Microsoft Office Advanced	Thurs.
Native-American	Mon.
Rahini Yoga for Beginner	Wed.
Rahini Flow Yoga	Wed.
Restorative Yoga.....	Mon.
Painting.....	Thurs.
Pastel Landscapes	Wed.
Photography	Thurs.
Pleasures of Music.....	Tues.
Preparation for Citizenship	Tues.
Spanish – Beginner.....	Mon.
Spanish - Advanced	Thurs.
Soccer for Men (Indoor)	Mon.
Street Law	Mon.
Tai Chi Chi Kung	Wed.
Zumba Gold.....	Mon.
Zumba Gold.....	Thurs.

SEMINARS/FOOD FOR THOUGHT

Addressing Long Term Care

Auto Insurance Reduction Program

NEW! Eliminate Stress at Home and in the Workplace

Financial Strategies 101-Dollars & Sense

Friends & Families CPR and First Aid for Children

Getting Paid To Talk, Making Money With Your Voice

NEW! Line Dancing**NEW!** Social Security Planning**EXPANDED HORIZONS****WESTERN SUFFOLK BOCES - SUFFOLK COUNTY****SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.**

REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)

Huntington High School, Room 206

Tues. & Thurs.

6:30-9:00

NO FEE

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L.(English as a Second Language)

I-Beginner

Huntington High School, Room 204

Tues. & Thurs.

6:30-9:00

NO FEE

THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

E.S.L.(English as a Second Language)

II-Intermediate/III-Advanced

Huntington High School, Room 205

Tues. & Thurs.

6:30-9:00

NO FEE

THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

FRIENDS and FAMILIES

CPR and FIRST AID FOR CHILDREN

Monday - 9/29

Room 114

FEE: \$25 Resident - \$30 Non-Resident

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. **Maximum number of students is 12.** There will be a **materials fee of \$20** payable to the instructor, Olena Kropp, on the night of the class.

Olena Kropp

6:30-10:00

ELIMINATE STRESS at HOME and in the WORKPLACE

Dr. Michael Posner

Room 113

7:00-8:30

3 Sessions: Thurs. 10/15, 10/22, 10/29

FEE: \$35 Resident - \$40 Non-Residents

Do you sit a lot during the day? Does your body and mind feel stressed? Does your neck, shoulders, hands and lower back feel tense, achy and in pain? What if you could eliminate the stress and tension in your mind, body and emotions within minutes without getting up from your chair? Would you give yourself that gift? If you said yes to any of the above questions, then do not procrastinate any longer because I have the solutions. Invest in 3 sessions that could change your life with minimal effort! Join us and stop putting off your most valued asset, yourself!

SOCIAL SECURITY PLANNING

What Everyone Needs To Know (especially boomers)

Tuesday, 10/7

Bud Levy, CFP, CPA, MBA

Room 110

7:00-9:00

FEE: \$20 per person - \$30 per couple

After being told for years that Social Security is "going broke," baby boomers are realizing that it will soon be their turn to collect. But the decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. This informative workshop not only covers the basics but also reveals little known strategies for maximizing your benefits. You will learn: the 5 factors to consider in deciding when to apply for benefits, when it makes sense to delay benefits, how to integrate benefits with other retirement income sources, and how to coordinate benefits with your spouse to maximize the total drawdown from Social Security. Each attendee will receive a free copy of *"The Baby Boomer's Guide To Social Security"* which summarizes key retirement benefit provisions.

LINE DANCING

Tuesdays - 10/14, 10/21, 10/28

FEE: \$35 Resident - \$40 Non-Residents

Jefferson Gym

Be ready for your next special event you will be attending! Join us for some nights of fun learning dances such as the Cha Cha Slide, Electric Slide, Cupid Shuffle and more. Beginners and those familiar with these dances are welcome.

Linda Leake

6:30-8:30

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE AN INTRODUCTION TO PROFESSIONAL VOICE OVERS

Thursday - 11/13

Room 110

FEE: \$25 Resident - \$30 Non-Residents

Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally.

Learn more here <http://www.voicecoaches.com/gppt>

Registration deadline of November 1 for this seminar.

Jenny Marcotte

6:30-9:00

ADDRESSING LONG TERM CARE

Tues. 10/21

Room 113

FEE: \$25 Resident - \$30 Non Resident

This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

Registration deadline of October 7 for this seminar.

Michael Donnelly

7:00-8:30

AUTO INSURANCE REDUCTION PROGRAMS

NATIONAL TRAFFIC SAFETY INSTITUTE

Tues. 10/28 & Thurs. 10/30

Room 114

FEE: \$35 - \$40 Non-Resident

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

Registration deadline of October 14 for this seminar.

TBA

7:00-10:00

FINANCIAL STRATEGIES 101-Dollars & Sense

Thurs. 11/6

Room 113

FEE: \$25 Resident - \$30 Non Resident

This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.

Registration deadline of October 23 for this seminar.

Michael Donnelly

7:00-8:30