

ADULT EDUCATION PROGRAM – SPRING 2014

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Senior Citizen \$15

Name

School District

Address Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.**

ONLINE PAYMENT

1. CODE - jhauyco

2. Link - <http://www.TurboRoster.com/Code/jhauyco>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.



Non-Profit Org.
U.S. Postage
PAID
Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

SPRING 2014

POSTAL PATRON

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, February 5, 2014
HUNTINGTON HIGH SCHOOL LOBBY

Mr. James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION

Emily Rogan, President • Adam Spector, Vice President
Tom DiGiacomo • William Dwyer • Bari Fehrs • Jennifer Hebert • Xavier Palacios

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 812-2380 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Wednesday, February 5, 2014** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

ON-LINE. You may register on-line at **TURBOROSTER.com** (see front of brochure for instructions)

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Nonresidents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education course for a fee of \$15.00 **WHENEVER SPACE IS AVAILABLE** (except those classes marked **limited, special fee or no senior discount**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR SPRING 2014

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

R = REGISTRATION

() = HOLIDAY/SCHOOL CLOSED

CB = CLASSES BEGIN

* = MAKE-UP DAYS

FEBRUARY				MARCH				APRIL				MAY			
M	T	W	TH	M	T	W	TH	M	T	W	TH	M	T	W	TH
3	4	5R	6	3	4	5	6		1	2	3				1
10	11	12	13	10	11	12	13	7	8	9	10	5	6	7	8
(17)	(18)	(19)	(20)	17	18	19	20	(14)	(15)	(16)	(17)	12	13	14	15
24CB	25CB	26CB	27CB	24	25	26	27	(21)	22	23	24	19	20	21	22
				31				28	29	30					

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY

SPANISH – BEGINNER I

Room 126

Carlos Pumar

6:30-8:30

Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

CROCHETING

Library

Kelly Hatzmann

7:00-9:00

For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring in projects (and any materials needed) that they are interested in or working on currently.

12 Maximum

STREET LAW

Room 124

TBA

7:00-9:00

This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. **There will be a workbook fee which will be discussed at the first class.**

COOKING- SIMPLE & DELICIOUS

Finley Room 208

Anna Naccarato

7:00-9:00

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

DIGITAL PHOTOGRAPHY

Room 251

Beth Laraia

6:30-8:30

8 Sessions

FEE: \$67 Resident-\$77 Non Resident

Limited. No Senior Citizen Discount

This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. Students should have a working knowledge of computers and a camera.

THE NATIVE-AMERICAN

Room 204

Chet Lukaszewski

7:00-9:00

This course is offered to give members of the community an overview of Native American people-their earliest migrations into North America, their traditional lifestyles: PERSIA (Political, Economic, Religious, Social, Intellectual, Aesthetic), and current issues. Differences among the tribes will be illustrated by looking at 9 regions: Northwest, California, Southwest, Great Basin, Plateau, Oklahoma, Southeast and Northeast. Photos, handouts, and the instructor's experiences will be used to supplement the subject matter.

INTERNET A TO Z

Room 250

Richard Gress

7:30-9:30

4 Sessions: 3/17, 3/24, 3/31, 4/7

FEE: \$30 Resident, \$40 Non-Resident

This fun beginner's course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

YOGA in the IYENGAR STYLE

Southdown Gym

Linda Kundla

7:00-8:30

8 Sessions- No Senior Discount

Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance. Please bring a sticky mat and 2 blankets.

ZUMBA GOLD

Woodhull Gym

Janeen Wasoski

6:00-7:00

NO SENIOR CITIZEN DISCOUNT

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

SOCCER FOR MEN (Indoor)

Huntington High Gym

Kieran Mock

8:30-10:00

10 SESSIONS

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended.

TUESDAY

BEGINNING RAHINI YOGA

Jack Abrams Cafeteria

Deidre Mayer

5:15-6:15

No Senior Discount

No experience necessary. A perfect class for the beginner that has little or no experience with yoga. The basics of yoga will be introduced at a pace that is comfortable, safe and non-intimidating. Bring blocks, straps and a towel or blanket. It is a great way to explore and experience the joy of yoga.

Maximum 15

SPANISH – BEGINNER II

Room 126

Carlos Pumar

6:30-8:30

A continuation of Beginner Spanish I with a further introduction to basic grammar and extensive vocabulary. An elementary level of conversation will be taught.

AUTHENTIC CHINESE COOKING

Finley Room 208

Shirley Xu Gambardella

7:00-9:00

Learn to cook authentic Chinese dishes including spring rolls, dumplings, Kong Pong chicken, Qin Jiao beef, stick rice in bamboo leaves, seafood fried noodles, vegetables and many others. Class includes Chinese techniques, spices, sauces and ingredients. "Kai Chi Ba!" ("Let's eat!")

BEGINNING WATERCOLOR

Room 108

Anne Gunthner

7:00-9:00

NO SENIOR CITIZEN DISCOUNT. This class is an introduction to watercolor and its many wonderful attributes. Techniques covered will include creating textures; washes; lifting out; wet-on-wet; dry brush glazing and much more. Basic composition and color theory will be covered, as well. Please bring a watercolor paper pad (no larger than 12"x16") watercolor brushes (suggested sizes: #2, #6, #10 rounds and #3/4" flat); watercolors (preferably in tubes) a small mixing tray, paper towels and a small bowl for water. Students may choose subject matter from either still life or landscape (photographs). Further information will be discussed first night of class.

AMERICAN HISTORY

Room 127

TBA

7:00-9:00

This American History class covers events before 1865, ending with the Civil War and the surrender of the South. There will be a workbook fee which will be discussed at the first class.

VOLLEYBALL FOR WOMEN

Location - TBA

Linda Roth

8:30-10:00

10 Sessions

Intermediate to advanced players welcomed. Knee pads are required and a water bottle is recommended. **Minimum 14 women.**

WEDNESDAY

RAHINI FLOW YOGA **Jack Abrams Cafeteria** **No Senior Discount**

Deidre Mayer
4:15-5:15

A class with stimulating and challenging yoga flow sequences. The class emphasizes fundamentals, natural body alignment and breath awareness. Class ends with soothing, relaxing, restorative poses or stretches.

BEGINNER'S ITALIAN

Room 124

TBA

7:00-9:00

This course is for students with no or beginner's knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

SPANISH - Intermediate Level

Room 126

Carlos Pumar

6:30-8:30

A continuation of the beginners' Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language.

KNITTING

Library

Martha Reilly

6:30-8:30

This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting.

COOKING - SIMPLE & DELICIOUS

Finley Room 208

Anna Naccarato

7:00-9:00

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

CHINESE - Intermediate Level

Room 123

Annie Hsiao

7:00-9:00

The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for "daily life" communication. The main textbook used in class will be "Speak Mandarin in One Thousand Words".

INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE

Room 251

Richard Gress

7:30-9:30

FEE \$67 - \$77 Non-Resident

LIMITED- NO SENIOR CITIZEN DISCOUNT.

The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

BASKETBALL FOR MEN

H.S. Gym

Johnnie Morales

8:30-10:30

10 SESSIONS

Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

TAI CHI CHI KUNG

Jefferson Cafeteria

8 SESSIONS

LIMITED. NO SENIOR CITIZEN DISCOUNT.

Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

Richard Wos

7:00-8:30

THURSDAY

IYENGAR YOGA

Jefferson Gym

8 SESSIONS

NO SENIOR CITIZEN DISCOUNT.

Yoga is the union of mind, body and spirit. In Iyengar yoga, postures are presented accentuating precision and alignment. Through the use of various props such as blocks and blankets, individuals are able to access better alignment and intelligence, and address any specific physical conditions. This process brings a state of well-being, contentment, flexibility, poise, balance and equanimity. Please wear comfortable clothing and bring two blankets, and a mat. **General level—all students welcome.**

Carmella Stone Klein

6:30-8:00

SPANISH – ADVANCED LEVEL

Room 126

Carlos Pumar

6:30-8:30

A continuation of the Intermediate Level Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language.

INTRODUCTION to CERAMICS

Room 107

Devin Auricchio

7:00-9:00

Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. Pottery tools are to be purchased by each student prior to the first class. **Materials** (to be purchased by students) Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit)

SOCIAL DANCE

Woodhull Cafeteria

10 Sessions

LIMITED. NO SENIOR CITIZEN DISCOUNT.

This course includes basic steps in the Foxtrot, Waltz, Cha Cha, Rumba and Swing. You will also learn to join steps together and how to lead and follow so you can dance comfortably and stay in time with the music. Students are requested to wear leather-soled shoes. **Couples only!**

Edward Enyart

7:00-9:00

MICROSOFT OFFICE ADVANCED

Room 251

8 Sessions

FEE: \$67 - \$77 Non-resident

LIMITED. NO SENIOR CITIZEN DISCOUNT.

Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

Richard Gress

7:30-9:30

ECONOMICS**Room 126****TBA****7:00-9:00**

This Economics class will cover basic Economic theory and practice. There will be a workbook fee which will be discussed at the first class.

PAINTING**Room 108****Ellen Winter****7:00-9:00****LIMITED. NO SENIOR CITIZEN DISCOUNT.**

Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class. If you know you will be using a table top or floor easel and you have one, please bring it with you.

PREPARATION FOR CITIZENSHIP**Room 124****TBA****7:00-9:00**

This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen. **Materials fee for workbook \$17.**

ZUMBA GOLD**Woodhull Gym****Janeen Wasoski****6:00-7:00****NO SENIOR CITIZEN DISCOUNT**

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

SEMINARS/FOOD FOR THOUGHT

Addressing Long Term Care

Auto Insurance Reduction Program

NEW! Creating Your Brand**NEW!** Financial Strategies 101-Dollars & Sense

Friends & Families CPR and First Aid for Children

Getting Paid To Talk, Making Money With Your Voice

NEW! Love, Business and Success**NEW!** Money:The 60 Minute Money Course

Passport to Retirement

NEW! The Power That Made You is the Same

Power That Heals You

NEW! Your Digital Footprint & Social Media Persona**SPRING COURSES 2014**

American History	Tues.
Authentic Chinese Cooking	Tues.
Basketball For Men	Wed.
Beginner's Italian	Wed.
Beginning Watercolor	Tues.
Ceramics	Thurs.
Chinese Intermediate Level.....	Wed.
Cooking	Mon.
Cooking	Wed.
Crocheting	Mon.
Dance	Thurs.
Digital Photography	Mon.
Economics	Thurs
Internet A to Z	Mon.
Introduction to Computers-	
Using Microsoft Office.....	Wed.
Iyengar Yoga	Thurs.
Knitting.....	Wed.
Microsoft Office Advanced	Thurs.
Native-American	Mon.
Rahini Yoga for Beginner	Tues.
Rahini Flow Yoga	Wed.
Painting.....	Thurs.
Preparation for Citizenship	Thurs.
Spanish – Beginner I.....	Mon.
Spanish – Beginner II.....	Tues.
Spanish - Intermediate level.....	Wed.
Spanish - Advanced level.....	Thurs.
Soccer for Men (Indoor)	Mon.
Street Law	Mon.
Tai Chi Chi Kung	Wed.
Volleyball for Women	Tues.
Yoga in the Iyengar Style	Mon.
Zumba Gold.....	Mon.
Zumba Gold.....	Thurs.

EXPANDED HORIZONS**WESTERN SUFFOLK BOCES - SUFFOLK COUNTY****SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.**

REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)**Huntington High School, Room 206****Tues. & Thurs.****6:30-9:00****NO FEE**

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L.(English as a Second Language)**I-Beginner****Huntington High School, Room 204****Tues. & Thurs.****6:30-9:00****NO FEE****THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.****E.S.L.(English as a Second Language)****II-Intermediate/III-Advanced****Huntington High School, Room 205****Tues. & Thurs.****6:30-9:00****NO FEE**

THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

FRIENDS and FAMILIES
CPR and FIRST AID FOR CHILDREN
Monday - March 10
FEE: \$25 Resident - \$30 Non-Resident
Room 114

Olena Kropp
6:30-10:00

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. **Maximum number of students is 12.** There will be a **materials fee of \$20** payable to the instructor, Olena Kropp, on the night of the class.

MONEY: The 60 Minute "Money Course" **Michelle Marie Re'**
Room 112 **7:00-8:00**
Tuesday 3/25

Fee: \$20 Resident - \$25 Non Resident

Having trouble with money? Learn what the Banks, Insurance Companies, and Credit Card Companies, DON'T want you to know. The simple concepts taught in this exciting class are the industry's *best-kept secrets* for creating and preserving a prosperous financial future. Register for this workshop now and learn how to:

- Eliminate debt faster
- Protect your income better
- Build Retirement and Educational savings BIGGER!
- Secure your future by planning properly

THE POWER THAT MADE YOU IS THE SAME POWER THAT HEALS YOU

3 Sessions: Thursdays 3/13, 3/20, 3/27
Room 113

Dr. Michael Posner
7:00-8:30

FEE: \$35 Resident - \$40 Non-Residents

What really heals us? How do we increase our healing energy? What is the real reason we get sick, is sickness an inevitable part of living and aging? Dr. Posner will explore with some of the myths and limitations that you have been told about health and then offer you simple Wholistic natural time proven mind/body methods that increase your healing abilities. You will learn ways to relax, and be shown how to improve your overall health. These techniques have anti-aging benefits and will give your life real "Health Assurance". All you need to do is come with an open mind!

PASSPORT TO RETIREMENT
3 Sessions: Thursdays 3/6, 3/13, 3/20
Room 140

Bud Levy, CFP
7:00-9:30

FEE: \$20 per person - \$30 per couple

This exciting course will prepare you for a financially secure retirement by showing you how to determine your retirement income needs and develop a personalized plan to achieve your retirement goals. You will discover key strategies for maximizing retirement income and obtaining the highest payout from Social Security. You will learn how to optimize your investment portfolio and create an asset allocation – pre-retirement and post-retirement. This course will show you how to "flip the switch" on your nest egg to generate an inflation adjusted income stream for life. Additional topics include how to reduce your taxes, protect your assets, provide for health care and preserve your estate. Each participant will receive a 140-page workbook with worksheets, illustrations, and key descriptions designed to reinforce concepts learned during the course. Whether you plan to retire in the next ten years or you are already retired, the information you learn in this course will deliver rewards throughout your life. **Workbook fee of \$20.00 payable to instructor.**

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE AN INTRODUCTION TO PROFESSIONAL VOICE OVERS

Jenny Marcotte
Wednesday – April 30 **6:30-9:00**
FEE: \$25 Resident - \$30 Non-Residents
Room 110

Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet

in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here <http://www.voicecoaches.com/gppt>
Registration deadline of April 9 for this seminar.

ADDRESSING LONG TERM CARE

Michael Donnelly
Tues. 3/18 **7:00-8:30**
Room 113

FEE: \$25 Resident - \$30 Non Resident

This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

Registration deadline of March 10 for this seminar.

AUTO INSURANCE REDUCTION PROGRAMS

TBA

NATIONAL TRAFFIC SAFETY INSTITUTE **7:00-10:00**

Tues. 4/1 & Thurs. 4/3

FEE: \$35 - \$40 Non-Resident

Room 114

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

Registration deadline of March 11 for this seminar.

FINANCIAL STRATEGIES 101-Dollars & Sense **Michael Donnelly**
Thurs. April 3 **7:00-8:30**
Room 113

FEE:\$25 Resident - \$30 Non Resident

This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.

Registration deadline of March 13 for this seminar.

YOU, BUSINESS, SOCIAL MEDIA!

Kimberly Hawkins

Part I

LOVE, BUSINESS and SUCCESS

7:00-8:30

Tuesday, February 25

Room 113

FEE: \$25 Resident - \$30 Non Resident

*Explore different visioning techniques

*Find your true self

*Begin the process of finding your passions

*Create a Mastermind for Life Success

Part II

CREATING YOUR BRAND

7:00-8:30

Tuesday, March 11

Room 113

FEE: \$25 Resident - \$30 Non Resident

*Introduction to Social Media

*Explore different Social Media Sites

Part III

YOUR DIGITAL FOOTPRINT & SOCIAL MEDIA PERSONA

7:00-8:30

Wednesday, April 2

Room 113

FEE: \$25 Resident - \$30 Non Resident

*You and Social Media

*What sites should you be using to maximize exposure

Registration deadline of March 12 for this seminar.