

ADULT EDUCATION PROGRAM – FALL 2012

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Senior Citizen \$15

Name

School District

Address Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.**

ONLINE PAYMENT

1. CODE - jhauyco

2. Link - <http://www.TurboRoster.com/Code/jhauyco>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.



Non-Profit Org.
U.S. Postage
PAID
Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

POSTAL PATRON

FALL 2012

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, September 12, 2012
HUNTINGTON HIGH SCHOOL LOBBY

James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION

Emily Rogan, President • John Paci, Vice President
Tom DiGiacomo • Jennifer Hebert • Richard McGrath • Xavier Palacios • Adam Spector

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 812-2380 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

ON-LINE: See instructions on cover page.

IN PERSON. Register for all classes **Wednesday, September 12, 2012** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Non-residents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD.** Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend any adult education course for a fee of \$15.00 **WHENEVER SPACE IS AVAILABLE** (except those classes marked **limited or special fee**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be cancelled and you will be notified by phone when possible. Your refund will be mailed from the School Board Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELLED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR FALL 2012

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

R = REGISTRATION

() = HOLIDAY/SCHOOL CLOSED

C = CLASSES BEGIN

SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER			
M	T	W	T	M	T	W	T	M	T	W	T	M	T	W	T
3	4	5	6	1	2C	3C	4	5	6	7	8	9	10	11	12
10	11	12R	13	15	16	17	18	19	20	21	22	23	24	25	26
(17)	(18)	19	20	22	23	24	25	26	27	28	29	30	31		
24C	(25)	(26)	27C	29	30	31									

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY**SPANISH FOR BEGINNERS****Room 126**

Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

Carlos Pumar**7:00-9:00****CROCHETING****Library**

For those with little to no crochet experience who want to learn the basics of crochet and complete a project in 8 weeks. Crocheters are encouraged to bring in projects that they are working on or need help with.

16 Maximum**Kelly Hatzmann****6:30-8:30****THE NATIVE-AMERICAN****Room 124**

This course is offered to give members of the community an overview of Native-American people – their earliest migrations into North America, their traditional lifestyles: PERSIA (political, economic, religious, social, intellectual, aesthetic), and current issues. Differences among tribes will be illustrated by covering 9 distinct regions – Northwest, California, Southwest, Great Basin, Plateau, Great Plains, Oklahoma, Southeast, and Northeast. Photos and the instructor's experiences will be used to enhance the subject matter.

Chet Lukaszewski**7:00-9:00****COOKING- SIMPLE & DELICIOUS****Finley Room 208**

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

John Gurreri**7:00-9:00****DIGITAL PHOTOGRAPHY I****Room 251****10 Sessions****FEE: \$67 Resident-\$77 Non Resident****Limited. No Senior Citizen Discount**

This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. You will be instructed in the basics of Adobe Photoshop to take your photos to the next level. Students should have a working knowledge of computers.

Beth Laraia**6:30-8:30****BASKETBALL FOR WOMEN****Jefferson Gym****10 Sessions**Choose up sides and play. For women over 21 years. **Minimum 20****Johnnie Morales****8:00-9:30****SOCCER FOR MEN (Indoor)****Huntington High Gym****10 SESSIONS**

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended.

Kieran Mock**8:30-10:00****TUESDAY****INTRODUCTION to CERAMICS****Room 107**

Students will use air dry clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and indi-

Devin Auricchio**7:00-9:00**viduality will be encouraged. Students will also have the opportunity to apply surface designs and paint their finished pieces. Clay and pottery tools are to be purchased by each student prior to the first class. **Materials** (to be purchased by students) Amaco Stonex Air Dry Clay- 25 lbs. Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit), Acrylic paints and paint brushes. Any gloss medium or Deco Art Gloss Medium Spray.**BRIDGE****High School Library****No Senior Discount**

Learn the basics of bidding and play of the hand. Class will consist of a lesson followed by play of the hands plus analysis. There may be a workbook fee; to be discussed at the first class.

TBA**7:00-9:00****SPANISH LEVEL II****Room 126**

A continuation of the beginners' Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language.

Carlos Pumar**7:00-9:00****SIGN LANGUAGE****Room 123**

We will introduce you to the structure and grammar of American Sign Language as well as look into the culture/community of those who use ASL as their primary language. You will learn to speak with your hands through the use of videos, hands-on activities and interaction of the language.

Peter Brosoff**7:00-9:00****THE ESSENCE of YOGA****Jefferson Gym****8 Sessions-No Senior Discount**

True yoga is about centering yourself and coming into the present moment. We learn to do this through the yoga practices of physical postures, breath work and meditation. These practices also increase our flexibility, open our joints, reduce our stress and calm our busy minds. This class is suitable for any level. Please bring yoga mat, a pillow to sit on and a small blanket.

Jane Voorhees**7:00-8:30****INTRO TO COMPUTER KEYBOARDING Allison Matthews****Room 250**

Learn how to touch-type properly using a computer. Develop essential keyboarding skills and techniques. Practice drills are used throughout the course to increase typing speed and accuracy. Additional activities and dictation exercises will be used in this course for added reinforcement. Proper keying technique will be taught throughout the course.

7:00-8:00**MICROSOFT OFFICE ADVANCED****Room 251****8 Sessions****FEE: \$67 - \$77 Non-resident****LIMITED. NO SENIOR CITIZEN DISCOUNT.** Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.**Richard Gress****7:30-9:30****VOLLEYBALL FOR WOMEN****Location - TBA****10 Sessions**Intermediate to advanced players welcomed. Knee pads are required and a water bottle is recommended. **Minimum 14 women.****Linda Roth****8:30-10:00**

WEDNESDAY**YOGA****Jack Abrams Cafeteria
No Senior Discount****Deidre Mayer
4:15-5:15**

Yoga is the union of mind, body and spirit. Yoga brings a state of well-being, contentment, flexibility, poise and balance. Please wear comfortable clothing and bring a mat. **Maximum 15**

BEGINNER'S ITALIAN**Room 126****Melissa Caravello
6:30-8:30**

This course is for students with no or beginner's knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

INTERMEDIATE ITALIAN**Room 127****TBA
6:30-8:30**

A continuation of the beginners' Italian course for people who want to extend their fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

KNITTING**Library****Martha Reilly
7:00-9:00**

This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting.

DIGITAL PHOTOGRAPHY II**Room 251****Beth Laraia
6:30-8:30****10 Sessions****FEE: \$67 Resident-\$77 Non Resident****Limited. No Senior Citizen Discount**

This advanced Digital Photography course is about understanding technology, effective implementation and achieving the results one envisions. Skills are necessary to overcome the barrier that machinery poses between you and great results. This course allows you to develop the concepts of photography learned in the beginner Digital Photography course.

COOKING- SIMPLE & DELICIOUS**Finley Room 208****John Gurreri
7:00-9:00**

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

CHINESE FOR BEGINNERS**Room 123****Annie Hsiao
7:00-9:00**

The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for "daily life" communication. The main textbook used in class will be "Speak Mandarin in One Thousand Words".

INTERNET A TO Z**Room 250****Richard Gress****7:30-9:30****4 Sessions:10/3, 10/10, 10/17, 10/24****FEE: \$30 Resident, \$40 Non-Resident**

This fun beginner's course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

BASKETBALL FOR MEN**H.S. Gym****Johnnie Morales****8:30-10:30****10 SESSIONS**

Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

TAI CHI CHI KUNG**Jefferson Cafeteria****Richard Wos****7:00-8:30****8 SESSIONS**

LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

THURSDAY**SOCIAL DANCE****Woodhull Cafeteria****Edward Enyart****7:00-9:00****10 Sessions**

LIMITED. NO SENIOR CITIZEN DISCOUNT. This course includes basic steps in the Foxtrot, Waltz, Cha Cha, Rumba and Swing. You will also learn to join steps together and how to lead and follow so you can dance comfortably and stay in time with the music. Students are requested to wear leather-soled shoes. **Couples only!**

GOLF/BEGINNERS**Finley Gym****Robert Mallon****8:15-9:30**

LIMITED. NO SENIOR CITIZEN DISCOUNT. Learn about the sport of golf from tee to green. Lectures, practice and club selection. Equipment needed: ½ dozen whiffle golf balls, 7 iron, astroturf mat or carpet, sneakers and memo pad

IYENGAR YOGA**Jefferson Gym****Carmella Stone Klein****7:30-9:00****8 SESSIONS**

NO SENIOR CITIZEN DISCOUNT. Yoga is the union of mind, body and spirit. In Iyengar yoga, postures are presented accentuating precision and alignment. Through the use of various props such as blocks and blankets, individuals are able to access better alignment and intelligence, and address any specific physical conditions. This process brings a state of well-being, contentment, flexibility, poise, balance and equanimity. Please wear comfortable clothing and bring two blankets, and a mat. **General level—all students welcome.**

**INTRODUCTION TO COMPUTERS –
USING MICROSOFT OFFICE
Room 251**

**Richard Gress
7:30-9:30**

FEE \$67 - \$77 Non-Resident

LIMITED- NO SENIOR CITIZEN DISCOUNT. The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

**PAINTING
Room 108**

**Ellen Winter
7:00-9:00**

LIMITED. NO SENIOR CITIZEN DISCOUNT. Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class.

**PREPARATION FOR CITIZENSHIP
Room 124**

**Katie Reyes
7:00-9:00**

This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen. **Materials fee for workbook \$17.**

**ZUMBA
Woodhull Gym**

**Diane Dentico
7:15-8:15**

NO SENIOR CITIZEN DISCOUNT

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements. Zumba integrates some of the basic principles of aerobic, interval, and resistance training to maximize caloric-output, cardiovascular benefits, and total body toning. Dancers and non-dancers can easily master a Zumba class because you do not have to know how to dance to succeed at Zumba. Students should bring a water bottle and a towel.

**ZUMBA GOLD
Woodhull Gym**

**Janeen Wasoski
6:00-7:00**

NO SENIOR CITIZEN DISCOUNT

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

FALL COURSES 2012

Basketball For Men	Wed.
Basketball For Women	Mon.
Beginner's Italian	Wed.
Bridge	Tues.
Ceramics	Tues.
Chinese For Beginners	Wed.
Cooking	Mon.
Cooking	Wed.
Crocheting	Mon.
Dance	Thurs
Digital Photography I	Mon.
Digital Photography II	Wed.
Essence of Yoga	Tues.
Golf/Beginners	Thurs.
Intermediate Italian	Wed.
Internet A to Z	Wed.
Intro to Computer Keyboarding	Tues.
Introduction to Computers- Using Microsoft Office	Thurs.
Iyengar Yoga	Thurs.
Knitting	Wed.
Microsoft Office Advanced	Tues.
Native-American	Mon.
Painting	Thurs.
Preparation for Citizenship	Thurs.
Sign Language	Tues.
Spanish for Beginners	Mon.
Spanish Level II	Tues.
Soccer for Men (Indoor)	Mon.
Tai Chi Chi Kung	Wed.
Volleyball for Women	Tues.
Yoga	Wed.
Zumba	Thurs.
Zumba Gold	Thurs.

SEMINARS/FOOD FOR THOUGHT

- NEW!** Addressing Long Term Care
- Auto Insurance Reduction Program
- Chi Kung, Meditation and Yoga
- NEW!** Financial Strategies 101-Dollars & Sense
- Friends & Families CPR and First Aid for Children
- Getting Paid To Talk, Making Money With Your Voice
- NEW!** Intro to Online Marketing for Small Business Owners
- Passport to Retirement

EXPANDED HORIZONS

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY

**SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS
ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.**

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.) **Tues. & Thurs.**
Huntington High School, Room 206 **6:30-9:00**
NO FEE

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L. (English as a Second Language) **Tues. & Thurs.**
I-Beginner **6:30-9:00**
Huntington High School, Room 204 **NO FEE**
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

E.S.L. (English as a Second Language) **Tues. & Thurs.**
II-Intermediate/III-Advanced **6:30-9:00**
Huntington High School, Room 205 **NO FEE**
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

FRIENDS and FAMILIES CPR and FIRST AID FOR CHILDREN

Olena Kropp
6:30-10:00

Thurs. 9/27

FEE: \$25 Resident - \$30 Non-Resident
Room 114

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. **Maximum number of students is 12. There will be a materials fee of \$20 payable to the instructor, Olena Kropp, on the night of the class.**

CHI KUNG, MEDITATION and YOGA

Dr. Michael Posner
7:00 - 8:30

3 Sessions: Thurs. 10/11, 10/25, 11/1

FEE: \$35 Resident - \$40 Non-Residents

Come learn fast and practical ways to deal with your stress and to improve your health. Utilizing the Power of Now meditations, ancient Chinese Chi Kung breathing and Hatha Yoga stretches. This mind/body experience can change your life with minimal daily efforts. Your life is your own creation! Come learn ways to make it better, if you do not who will? This class is for all levels and if you have taken my classes before this will not be the same.

PASSPORT TO RETIREMENT

Bud Levy, CFP
7:00-9:30

3 Sessions: Thursdays- 10/18, 10/25, 11/1

Room 110

FEE: \$20 per person - \$30 per couple

This exciting course will prepare you for a financially secure retirement by showing you how to determine your retirement income needs and develop a personalized plan to achieve your retirement goals. You will discover key strategies for maximizing retirement income and obtaining the highest payout from Social Security. You will learn how to optimize your investment portfolio and create an asset allocation - pre-retirement and post-retirement. This course will show you how to "flip the switch" on your nest egg to generate an inflation adjusted income stream for life. Additional topics include how to reduce your taxes, protect your assets, provide for health care and preserve your estate. Each participant will receive a 140-page workbook with worksheets, illustrations, and key descriptions designed to reinforce concepts learned during the course. Whether you plan to retire in the next ten years or you are already retired, the information you learn in this course will deliver rewards throughout your life. *Workbook fee of \$20.00 payable to instructor.*

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE AN INTRODUCTION TO PROFESSIONAL VOICE OVERS

Jenny Marcotte
6:30-9:00

Mon. 10/1

FEE: \$25 Resident - \$30 Non-Residents

Room 110

Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here <http://www.voicecoaches.com/gptt>

ADDRESSING LONG TERM CARE

Michael Donnelly
7:00-8:30

Tues. 11/13

Room 113

FEE: \$25 Resident - \$30 Non Resident

This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

AUTO INSURANCE REDUCTION PROGRAMS

TBA

NATIONAL TRAFFIC SAFETY INSTITUTE

7:00-10:00

Tues. 10/23 & Thurs. 10/25

FEE: \$35 - \$40 Non-Resident

Room 114

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

FINANCIAL STRATEGIES 101-Dollars & Sense

Thurs. 10/18

Michael Donnelly
7:00-8:30

Room 113

FEE: \$25 Resident - \$30 Non Resident

This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.

INTRODUCTION TO ONLINE MARKETING FOR SMALL BUSINESS OWNERS

Joan Boccafola
7:00-9:30

Wed. 10/24

Room 113

FEE: \$35 Resident - \$40 Non-Resident

This seminar provides small business owners with a basic overview of online marketing presented in an experiential, easy to understand format. The class will help demystify some of the techno-babble and provide students with a better understanding of what online marketing is and how to use it. Topics include Social Media, Email Marketing, Search Engine Optimization and Promotional Video.

INTRODUCTION TO ONLINE MARKETING FOR SMALL BUSINESS OWNERS

Joan Boccafola
7:00-9:30

Thurs. 11/8

Room 113

FEE: \$35 Resident - \$40 Non-Resident

This seminar provides small business owners with a basic overview of online marketing presented in an experiential, easy to understand format. The class will help demystify some of the techno-babble and provide students with a better understanding of what online marketing is and how to use it. Topics include Social Media, Email Marketing, Search Engine Optimization and Promotional Video.