



## Changes to the NYSPHSAA Handbook

**Please refer to the on-line Handbook for the exact language changes. Please visit [www.nysphsaa.org](http://www.nysphsaa.org) for the complete handbook.**

- With Section Approval 10 games allowed during the season including sectionals (July 2015)
- Starting in 2016 season all adult baseball coaches must wear a hard shell helmet while coaching first and third base (July 2015)
- Modified start dates will abide by the standard calendar weeks (July 2015)
- Sportsmanship Standard changed to allow sections to extend period of ineligibility (July 2015)
- Approved Joe Altieri to position of Assistant Director (July 2015)
- Approved change in title for Joe Agostinelli to Director of Communications (July 2015)
- Approved Kristin Sautoni to the position of Special Programs Director (July 2015)
- Approved 7<sup>th</sup> and 8<sup>th</sup> grade students that have passed APP and participated in the High School level to be subject to the transfer rule effective with the 2017-2018 school year (July 2015)
- Section VI approved to use two libero system for the 2015 season (July 2015)
- Approved to extend Girls Volleyball uniform waiver through the 2018 season (July 2015)
- Approved to extend the football uniform waiver through the 2015 and 2016 seasons (July 2015)
- Approved to lower the minimum number of practices for the individual football player from 11 to 10 (scrimmage) and from 15 to 14 (contest).
- Approved the format for the NYSPHSAA Competitive Cheerleading Championship (July 2015)
- Approved the Unified Basketball Game Rules (July 2015)
- Approved the Transgender Guidelines (July 2015)
- Approved Friends and Neighbors (July 2015)
- Approved New members (July 2015)
- Approved "Proxy" language for Executive/Central Committee (October 2015)
- Starting in 2016 season all adult softball coaches must wear a hard shell helmet while coaching first and third base (October 2015)
- Approved Modified Wrestling Game condition #1b and #6b regarding the number of modified wrestling matches (October 2015)

- **Approved Modified wrestling game condition #6c regarding sudden victory overtime period (October 2015)**
- **Approved with Section/League approval, modified wrestlers shall have the option of wearing an alternative to the tradition wrestling singlet (October 2015)**
- **Approved Tom Fitzpatrick (Section 8) as Modified Tennis Coordinator (October 2015)**
- **Approved NYSPHSAA requiring all private/parochial schools to comply with all coaching certification requirements as outlined in the Commissioner's Part 135.4 effective July 1, 2016 (October 2015)**
- **Approved extending the Boys Volleyball libero uniform waiver through the 2018 Boys Volleyball season (October 2015)**
- **Approved Friends and Neighbors (October 2015)**
- **Approved New Members (October 2015)**
- **Approved Chris Joyce as Director of Sales and Marketing (November 2015)**

*We are pleased to present you with the HANDBOOK of the New York State Public High School Athletic Association, Inc.*

*We encourage you to supply copies of the HANDBOOK to all your coaches. Knowing only the game rules of a sport is not enough to protect student eligibility. We also recommend again that rule reprints be made available at preseason meetings for athletes and their parents to ensure knowledge of the rules.*

*We cannot emphasize enough that the rules and regulations in the HANDBOOK are your standards, developed as the result of your input. We ask your support in the partnership of enforcing these rules and regulations. Each of us must take that responsibility seriously. We know that by working together we can ensure that our students will experience equitable and safe athletic participation.*

*The on-line NYSPHSAA Handbook will be updated at the conclusion of all Executive and Central Committee meetings. The NYSPHSAA will no longer be printing a copy of the handbook.*

*An additional resource to assist Athletic Administrators is the NYSAAA Handbook.*

**ASSOCIATION OFFICE STAFF**  
**8 AIRPORT PARK BLVD.**  
**LATHAM, NY 12110**  
**518-690-0771/fax: 518-690-0775**  
**WEB SITE: [www.nysphsaa.org](http://www.nysphsaa.org)**



**ROBERT J. ZAYAS**

Executive Director

[rzayas@nysphsaa.org](mailto:rzayas@nysphsaa.org)

\*General administration of all NYSPHSAA, Inc. activities,\*Official liaison to the National Federation and State Education Department \*Central and Executive Committee meetings  
 \*Official interpreter of Eligibility Standards, Policies and Eligibility \*Section Appeals Coordinators Committee \*Coordination of Administrative and Office Staff \*Financial and Legal matters



**Joe Altieri**

Assistant Director

[altieri@nysphsaa.org](mailto:altieri@nysphsaa.org)

\*Championship Policies Procedures \*Championship Advisory Committee \*Championship-Competition, Schedule, Finances, Awards, Sites and Contracts  
 \*Championship Hotel and Banquet Contracts  
 \*Time Warner Contract \*Hall of Fame  
 \*Merchandise Contract \*Branding \*On-line Ticketing

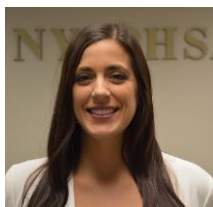


**TODD NELSON**

Assistant Director

[tnelson@nysphsaa.org](mailto:tnelson@nysphsaa.org)

\*Sanctioning \*Modified Committee and Safety and Risk Management Liaison \*Coordination of Rules Publications-ordering and distribution \*School Classification \*Sportsmanship Promotion  
 \*Professional Development \*Weight Certification \*Championship Programs \*Unified Sports  
 \*Cheerleading \*Battle of the Fans \*ImPact Coordinator \*OCF Liaison  
 \*Officiating Services Liaison \*Handbook Updates



**Kristen Suatoni Jadin**

Special Program Director

[kjadin@nysphsaa.org](mailto:kjadin@nysphsaa.org)

\*Life of an Athlete Liaison \*Scholar Athlete Program  
 \*Student Advisory Council \*Community Service  
 \*Student Participation (NYSPHSAA/NFHS) \*Pre and Post Championship Communication \*Coordinator of Ball Adoption Logistics \*Athletic Director Directory



**JOE AGOSTINELLI**

Director of

Communications

[jagostinelli@nysphsaa.org](mailto:jagostinelli@nysphsaa.org)

\*Website management and maintenance \*NYSPHSAA Social Media \*Overtime Sports \*Annual NYSPHSAA Calendar \*Championship Badges \*Championship Previews and Coverage \*MaxPreps Website Integration  
 \*NYSPHSAA Records Database \*Media, Public Relations  
 \*Public Service Announcements \*Technology  
 \*Photography/Videography \*NYSPHSAA News



**Chris Joyce**

Director of Sales and  
Marketing

[cjoyce@nysphsaa.org](mailto:cjoyce@nysphsaa.org)

## ASSOCIATION OFFICERS 2014-2016

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President**

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Vice President**

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845-294-5799

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2nd Vice President**

14 Kimberly Lane  
Morrisonville, NY 12962  
518-563-1587

**Eileen Troy  
Past President**

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**Lisa Arnold  
Treasurer**

518-690-0771

**Renee James  
Counsel**

315-449-4924

### EX-OFFICIO AND CONSULTANTS

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Pupil Benefits Plan, Inc.  
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Glenville, NY 12302  
518-377-5144  
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Darryl Daily  
State Education Department  
Room 320 - EB  
Albany, NY 12234  
518-474-5922: 518-473-4884 (fax)  
ddaily@mail.nysed.gov

Alan Mallanda, Executive Director, NYS Athletic Administrators Association  
Jeff Rabey and Maureen Donahue, NYS Council of School Superintendents  
Colleen Corsi, NYSAHPERD  
Jim Rose, NYSAHPERD Council of Administrators

## MEMBERS OF THE CENTRAL AND EXECUTIVE COMMITTEES

The New York State Public High School Athletic Association, Inc. is administered by a Board of Directors known as the Central Committee, consisting of representatives from each of the eleven sections. The Executive Committee of twenty-two members, two from each section, has general management of the Association in the interval between meetings of the Central Committee. The members of the Central Committee are listed below with the Executive Committee member names capitalized in the first two columns. The branch of service of each member and their year of term expiration in August is listed below each name.

### SECTION 1

KAREN PETERSON  
Bronxville HS  
Bronxville 10708  
914-631-3664  
2014ATH(G)

JAMES MAKIN  
Hendrick Hudson  
Montrose 10548  
914-257-5812  
2017 PRIN

TBD  
2015CSO

Dave Goddard  
Arlington HS  
LaGrangeville 12540  
845-486-4873  
2016 (B)

### SECTION 2

KATHY RYAN  
Albany HS  
Albany 12203  
518-475-6314  
2017ATH(G)

ED DOPP  
Shaker HS  
Latham 12110  
518-785-5511  
2019ATH(B)

Ryan Sherman  
Schuylerville CSD  
Schuylerville 12871  
518-695-3255  
2018CSO

Peter Bednarek  
Scotia-Glenville HS  
Schenectady  
12302  
518-378-1971  
2016PRIN

### SECTION 3

MIKE CARBOINE  
Homer CS  
Homer 13045  
607-749-1213  
2017ATH(B)

MONICA TOOLEY  
Little Falls HS  
Little Falls  
13365  
315-823-1167  
2018ATH(G)

Michael Cring  
Cooperstown CS  
Cooperstown  
13326  
607-547-8181  
2019PRIN

Tim Ryan  
Fabius Pompey HS  
Fabius 13063  
315-683-5301  
2016CSO

### SECTION 4

JULIE BERGMAN  
Franklin CS  
Franklin 13775  
607-829-3551  
2017ATH(G)

CHRIS DURDON  
Windsor HS  
Windsor 13865  
607-655-8258  
2019ATH(G)

Terry Heller  
Chenango Valley  
Binghamton  
13901  
607-762-6900  
2016PRIN

Gordon Daniels  
Franklin CS  
Franklin 13775  
607-829-3551  
2018CSO

### SECTION 5

CRAIG VELEY  
Geneseo HS  
Geneseo  
14454  
585-243-3450  
2017ATH(B)

KIM HENSHAW  
Greece Olympia HS  
Rochester 14615  
585-966-5014  
2018ATH(G)

Merritt Holley  
Caledonia-Mumford  
CSD Caledonia 14423  
585-538-3455  
2019PRIN

Tim Hayes  
Geneseo HS  
Geneseo 14454  
585-243-3450  
2016CSO

**SECTION 6**

MARISA FALLACARO  
Eden CSD  
Eden 14057  
716-992-3643  
2017ATH(G)

JIM GRACZYK  
PioneerHS  
Yorkshire  
14173  
716-492-9328  
2019ATH(B)

Jim Spanbauer  
Niagara Falls HS  
Niagara Falls  
14305  
716-278-5800  
2016PRIN

Mike Wendt  
WilsonCS  
Wilson14172  
716-751-9341ext.120  
2018CSO

**SECTION 7**

C. JOSEPH STAVES  
1 Righi Way  
Plattsburg 12901  
518-563-9631  
2019ATH(B)

PATRICIARYAN-CURRY  
Indian Lake CS  
Indian Lake 12842  
518-648-5024ext.230  
2016ATH(G)

Tim Farrell  
Minerva CS  
Olmstedville  
518-251-2000  
2017PRIN

Dr. John McDonald Jr.  
Ticonderoga CS  
Ticonderoga 12883  
518-585-7442ext.110  
2019CSO

**SECTION 8**

CHRISTINE CERUTI  
Carle Place CS  
Carle Place 11514  
516-622-6465  
2019ATH(G)

JOHN PIROPATO  
Massapequa HS  
Massapequa 11758  
516-308-5080ext. 445  
2016ATH(B)

Neil Connolly  
25 Neptune  
Long Beach  
516-398-0036  
2017PRIN

Henry Grishman  
Jericho SD  
Jericho 11753  
516-203-3600ext.3201  
2018CSO

**SECTION 9**

ROBERT AGREENE  
Washingtonville CSD  
Washingtonville 10992  
845-497-4000ext.27052  
2016ATH(G)

JAMES WOLFE  
8 Gardner Ave. Ext.  
Middletown 10940  
845-342-1274  
2017ATH(B)

Rosario Agostaro  
Rondout Valley  
Accord 12404  
845-687-2400  
2018CSO

David Bernsley  
Monroe Woodbury  
Central Valley 10917  
845-460-7000  
2019PRIN

**SECTION 10**

LORI BREWER  
Edwards-Knox CSD  
Heron 13652  
315-562-8131  
2019ATH(G)

James Guikshank  
Norwood-Norfolk  
Norwood 12668  
315-353-9951  
2017CSO

Tony Bjork  
Ogdensburg Free Academy  
Ogdensburg 13669  
315-393-0900  
2016ATH(B)

Robert Stewart  
Parishville-Hopkinton  
Parishville 13672  
315-265-4642  
2018PRIN

**SECTION 11**

Deb Ferry  
Port Jefferson SD  
Port Jefferson 11777  
631-791-4441  
2019ATH(G)

TIM MULLINS  
Baypoint-Blue  
Point HS  
Baypoint 11705  
631-472-7808  
2016ATH(B)

Patricia Sullivan-Kriss  
Hauppauge UFSD  
Hauppauge 11788  
631-761-8208  
2018CSO

Edwin Thompson  
Smithtown East HS  
St. James 11780  
631-382-2706  
2017PRIN

**Abbreviations:**

CSO-Chief School Officer

PRIN-Principal

ATH(B)-Male Rep

ATH(G)-Female Rep



**2015  
Central Committee**



# NYS PHSAA, INC.

## STANDING COMMITTEE CHAIRPERSONS AND LIAISONS

**HANDBOOK**

Patrick Pizzarelli  
Long Beach NY 11561  
(516) 528-6529

**MODIFIED ATHLETICS**

Jim Rose, Co-Chair  
Yonkers Public Schools  
Yonkers NY 10701  
914-376-8292

**PAST PRESIDENTS**

Eileen Troy  
1705 County Rt. 28, NY 12832  
518-642-9050

Judith Salerno, Co-Chair  
148 Pine Street  
Garden City, NY 11530

**OFFICIALS COORDINATING FEDERATION**

Dennis Burkett, Chairman  
12 Enterprise Rd  
New Paltz NY 12561  
845-475-2565

**APPEALS PANEL**

Eileen Troy  
1705 County Rt. 28  
Granville 13832  
518-563-9050

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NYS PHSAA Liaison  
Latham NY 12110  
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Joe Altieri  
NYS PHSAA  
Latham NY 12110  
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**SPORTSMANSHIP**

Todd Nelson  
NYS PHSAA  
Latham NY 12110  
518-690-0771

**LIFE OF AN ATHLETE**

Thad Lawrence  
Clinton CS  
75 Chenango Ave.  
Clinton NY 13323  
315-557-2232

**BUDGET & AUDIT COMMITTEE**

James Osbourne  
P O Box 656  
Goshen NY 10924  
570-618-2200

Patti Murphy, Co-Coordinator  
65 Davis Street  
Binghamton NY 13905  
607-221-1536

**STUDENT ATHLETE ADVISORY COUNCIL**

Kristen  
Suatoni Jadin  
NYS PHSAA  
Latham NY 12110

**SAFETY**

Todd Nelson  
NYS PHSAA  
Latham NY 12110  
518-690-0771

Murphee Hayes  
Whitney Point Central High School  
Whitney Point NY 13862  
607-692-8245

Questions regarding any Standing Committee may be directed to the  
NYS PHSAA staff at 518-690-0771

## ADMINISTRATION



**2015  
NYSPHSAA SPORT COORDINATORS**

## BOYS' SPORT COMMITTEES

(\*OfficialCoordinator)

BASEBALL: Ed Dopp, Coordinator (August 2018)  
Shaker High School, Latham 12110  
518-785-5511  
Al Roy, Assistant Coordinator (August 2018)

1. \*PhilDiRuocco,Mt.Kisco10549
1. PatAmendola,PleasantvilleHS10570
2. Al Roy,Latham12110
3. RobertSouthworth,Syracuse13207
4. BobFenton,Apalachin13732 (A,B)
4. \*TerryRaymond, Deposit13754(C,D)
5. BillBowe,Canandaigua14424
6. JimConley,Lockport14094
7. LeeYaeger,Saranac12981
8. DonLang,NorthShoreHS,GlenHead11545
9. DaveOnusko,MarlboroCS12542
10. SteveLashomb,Norwood-NorfolkHS13668
11. JosephTasman, Hauppauge HS11788

Modified SteveNolan,WarrensburgCSD12885

BASKETBALL: William Higgins, Coordinator (August 2019)  
Wilton 12831  
518-306-4411

1. RomanCatalino,Somers HS,Lincolndale10540
2. MikeLilac,Stillwater12170
3. ScottSugar, OswegoCitySD 13126
4. KenGoldberg,Conklin13748
4. MarkWoitach,Binghamton13905
5. JackPurifactor,Spencerport14559
6. \*JonRoth, GrandIsland14072
6. Larry Jones,CayugaHeights Elem.,Depew14043
7. BrianCross,MoriahCS,PortHenry12974
8. WalterBachmann, Jericho11753
9. FredAhart,RoscoeHS12776
10. Bill Merna,OgdensburgFreeAcademy,Ogdensburg13669
11. BobMayo, MiddleCountrySD,Centereach11720

ModifiedBobHummel,QueensburyHS12804

BOWLING Mike O'Connell, Coordinator (August 2018)  
Clay 13041

1. RichSilverstein,SolomonSchechterHS,Hartsdale10530
2. WilliamNeumann,Rensselaer12144
3. MikeO'Connell,Clay13041
4. PeteGirolamo,WaverlyHS14892
5. WayneInman,Canandaigua14424
6. DanKaplan,Cheektowaga,HS,Buffalo14225
7. CharlesStone,BeekmantownCS.WestChazy12992
8. Bryan Landini,ClarkeHS,Westbury11590
9. ErenaO'Brien,Poughkeepsie12601
10. EileenKilcullen,FranklinAcademy,Malone12953
11. LarryPhilips,CentralIslipSchools,Central Islip11722

CROSS  
COUNTRY

Chuck Wiltse, Coordinator (August 2019)  
Macedon 14502  
315-986-9660

1. RichardClark,Scarsdale10583
2. EdSpringstead,ShakerHS,Latham12110
3. JackBernard,SouthLewisHS,Turin13473
4. \*SteveBaxter,Binghamton13901
4. ToddJames,MarathonCS13803
5. DaleLadd,CliftonSprings14432
6. MichaelJanisch,SilverCreek 14136
7. MichaelKiely,CrownPoint12928
8. AdamMcKenzie,GreatNeckNorthHS11023
9. TomVandewaterCanton13617
10. ChrisMcRoberts, OgdensburgFreeAcademy,Ogdensburg13669
11. JoePennacchio,Half HollowHillsCSD,DixHills11746

Modified PatrickPatterson,NewarkValleyCS,Newark13811

FOOTBALL:

Gary VanDerzee, Coordinator (August 2016)  
Ravena 12143

1. ChuckScarpulla,SleepyHollowHS10591
2. GaryVanDerzee,Ravena12143
3. BobCampese,E.Syracuse13057
4. \*DaveGarbarino,BinghamtonHS13905
4. JoelWilson,SusquehannaValleyHS,Conklin13748
5. RichardCerone,Rochester14626
6. KenStoldt,AkronCS14001
7. MarkFarmer,SaranacLakeCS12983
8. PatPizzrelli,LawrenceHS,Cedarhurst 11516
9. DavidCoates,MiddletownHS10940
9. GlenMaisch,KingstonHS12401
10. MattTessmer,OgdensburgFreeAcademy 13669
11. TomCombs,Patchogue-MedfordHS,Medford11763

Modified SteveNolan,WarrensburgCSD12885

GOLF:

Doug Courtright, Coordinator (August 2017)  
Endicott 13760  
607-785-3598

Dylan Bronson, Assistant Coordinator (August 2017)  
Pittsford-Sutherland HS 14534  
585-218-1133

1. BradyKittredge,HoraceGreeleyHS,Chappaqua10514
2. JakBestle,AlbanyAcademies12208
3. DanBronchetti,Corcoran HS,Syracuse13207
4. DougCourtright,Endicott13760
5. JoshNorcross,Penfield 14526
6. NateLeary,OrchardParkHS14127
7. ChrisDuBay,AuSableValleyHS,Clintonville12924
8. Tom Reynolds, East Meadow HS, East Meadow 11554
9. TomeHowe,Cornwall HS,NewWindsor12553
10. TimHayes,Massena13662
11. DennisMaloney,SayvilleHS11796

GYMNASTICS: Mike Martin, Coordinator (August 2018)  
Queensbury 12804  
518-793-7728

1. NoProgram
2. MikeMartin,Queensbury12804
3. NoProgram
4. NoProgram
5. NoProgram
6. JosephBuscaglia,StarpointHS,Lockport 14094
7. NoProgram
8. NoProgram
9. NoProgram
10. NoProgram
11. NoProgram

Modified TBA

ICE HOCKEY: Scott Stuart, Coordinator (August 2018)  
Queensbury High School 12084

1. JohnOrlando,Cornwall 12518
2. ScottStuart,QueensburyHS12804
3. JohnCunningham, NewHartford13413
4. RickArmstrong,Ithaca 14850
5. ScottMorrison,WebsterCS14580
6. MarkDiFilippo,NiagaraWheatfieldHS,Sanborn14132
7. TrevorCameron, PeruCS12972
8. NoProgram
9. Paul Bacsardi,Chester10918
10. RandyBrown,CantonHS13617
11. NoProgram

Modified DeanBerardo,BrewsterHS10509

LACROSSE: Jim Amen, Assistant Coordinator (August 2016)  
Manhasset HS 11030  
Tim Mullens, Assistant Coordinator (August 2016)  
Bayport-Blue Point HS, Bayport 11705  
631-472-7800 ext. 278

1. VincentLouther,ClarkstownSouthHS,WestNyack10994
2. RobertGula,Schenectady12303
3. RobertGoss,LowvilleAcademy 13367
4. Barryllse,VestalHighSchool13850
5. MikeSimon,Geneva HS14456
6. JohnFaller,MaplemereElem.Sch.,Amherst14221
7. NoProgram
8. JimAmen,ManhassetHS,Manhasset11030
9. BobSlate,Saugerties HS 12477
10. TimYoungs,CantonHS13617
11. TimMullens,Bayport-BluePointHS,Bayport11705

Modified GordiePollard,Vestal 13850

RIFLERY: George Hathaway, Coordinator (August 2015)  
 Surf City, NC 28445  
 Rich Bullis, Assistant Coordinator (August 2014)  
 Glen Cove HS 11542

1. NoProgram
2. NoProgram
3. PaulMenjik,CentralSquare13036
4. NoProgram
5. NoProgram
6. PaulBorkowski,Lancaster14086
7. NoProgram
8. RichardBullis,GlenCoveHS 11542
9. NoProgram
10. KevinMcBath,MassenaCS13662
11. NoProgram

SKIING: Dennis O'Brien, Coordinator (August 2020)  
 Alfred Almond HS, Almond 14804  
 607-324-5439

1. MarkConklin,Patterson12563
2. JeffDock,Glens Falls 12801
3. MikeMitchell,OldForge13420
4. GeorgeRedden,Margaretville12455
5. Bill Matthews,Henrietta14467
6. No Program
7. ChristianWissler,LakePlacidCS 12946
8. No Program
9. Alpine:JanetCarey,Neversink12765
9. Nordic:JohnStern,New Paltz HS12561
10. SarahBencze,TupperLakeCS12986
11. No Program

SOCCKER: Mike Andrew, Coordinator (August 2016)  
 Binghamton 13903  
 607-722-1034

1. JayKarol,Eastchester10709
2. JimGillis,Schenectady12303
3. CharlesEngle,OriskanyFalls13425
4. \*MichaelAndrew,Binghamton13903
4. AdamHeck,Lansing CS14882
5. GaryPollock,Rochester14612
6. \*ToddMarquardt,KenmoreWestHS,Buffalo14223
6. JohnLuce,Allegany-LimestoneHS,Allegany14706
7. RobMcCauliff,Chazy HS12921
8. Al Freeman,Malverne11565
9. TonyMartelli,Newburgh12550
9. PeteFerguson,HighlandHS12528
10. BillReed,LisbonCS13658
11. MikeHuey,Mattituck11952

Modified MattWood,VestalMS13850

SWIMMING: Peter Hugo (August 2018)  
Great Neck 11023  
516-487-2386  
Scott Warner, Assistant Coordinator (August 2018)  
Walden 12586

1. MegKaplan, SouthSalem10590
  2. BrianMelanson,ZollerElem. School,Schenectady 12308
  3. BobBewley,CBASyracuse13214
  4. DanZembek,Binghamton13905
  5. KeithShields,VictorCSD14564
  6. \*JamesGraczyk,PioneerHS,Yorkshire14173
  6. AlFritzinger,HeimMS,Williamsville14221
  7. \*ScottKeeney,Plattsburgh HS 12901
  7. DougGarrand,AuSableValleyCS,Clintonville12924
  8. PeterHugo,GreatNeck11023
  9. ScottWarner,ValleyCentralHS,Montgomery12549
  10. BrandonPelkey,Malone12953
  11. EdwardKropp,Sayville11782
- Modified TomDeYoung,Newark14513

TENNIS: Selina DeCicco (August 2017)  
Ellenville High School 12428  
845-647-0123 ext. 509

1. CalvinKramer,Bedford10506
  2. StanleyFrance,Middleburgh12122
  3. BobWalrath,CortlandHS13045
  4. ToddGinnan,Elmira 14901
  5. RickSteiner,PerryCS14530
  6. TerryMcMahon,OrchardPark14127
  7. GeorgeBailey, LakePlacidCS 12946
  8. BarryKubit,Oceanside11572
  9. \*UrvashiGupta,Monticello HS12701
  9. LuAnnMcCarthy,PortJervisHS12771
  10. NoProgram
  11. JosephBraico,SoutholdHS11971
- Modified TomFitzpatrick,Wheatley11568

TRACK & Tom Wells, Coordinator (August 2017)  
FIELD New Hartford HS 13413

1. RalphColeman,StonyPoint10980
  2. DavidPeterson,Fonda-FultonvilleHS,Fonda 12068
  3. TomWells,NewHartford13413
  4. LeeStuttle,Dryden13053
  5. KevinRosko,Campbell-Savona HS14821
  6. PaulKsionzyk,OleanHS14760
  7. HeithFord,AusableValleyHS,Clintonville12924
  8. Ed Corona, North Shore HS, Glen Head 11545
  9. Joelatauro,Grahamville12740
  10. JohnTebo,Ogdensburg Free Academy13669
  11. TonyToro,MillerPlace11764
- Modified TeresaKlippelLee,LittleFallsMS13365

VOLLEYBALL: Judith Hartmann, Coordinator (August 2020)  
No. Tonawanda 14120  
716-694-5570

1. VinceLouthier,ClarkstownSouthHS,WestNyack 10994
  2. TBA
  3. \*Michael Lucia,Cicero-North SyracuseHS,Cicero 13039
  3. SamSalamone,LittleFallsHS13365
  4. CrissieRusso,HorseheadsHS14845
  5. KyleSalisbury,MidlakesHS14432
  6. WaltStefani,Orchard Park HS14127
  7. NoProgram
  8. DaveZawatson, GreatNeck HS11020
  9. NoProgram
  10. NoProgram
  11. KathyMasterson, WesthamptonBeach HS 11978
- Modified MiraMartincich

WINTER TRACK Oscar Jensen, Coordinator (August 2014)  
AND FIELD: Baldwinsville 13027  
315-635-7312  
Peter Szymanski, Assistant Coordinator (August 2014)  
JFK High School, Cheektowaga 14227

1. KeithSmith,YorktownHS10598
  2. DouglasHadley,ColumbiaHS,EastGreenbush12061
  3. OscarJensen,Baldwinsville13027
  4. RobbMunro,Bainbridge-GuilfordCS,Bainbridge13733
  5. DaveHennessey,Henrietta14467
  6. PeterSzymanski,JFKHS,Cheektowaga 14227
  7. JimMedieros,SaranacCS12981
  8. Dennis Kornfield,UniondaleHS
  9. MichaelWhite,WashingtonvilleHS10992
  10. JohnTebo,Ogdensburg Free Academy13669
  11. TonyToro,MillerPlace11764
- Modified TeresaKlippelLee,LittleFallsMS13365

WRESTLING: Marty Sherman, Coordinator (August 2018)  
Queensbury 1284  
518-793-7380

1. Eric Romanino,BeaconHS 12508
  2. GeorgeChickanis,HudsonFalls HS12839
  3. BradHamer,Jordan-ElbridgeCS, Jordan13080
  4. \*RichardArmstrong,WaltonCS 13856
  4. Rick Gumble,ChenangoForks HS, Binghamton13901
  5. Chris Bourne,BrockportCSD 14420
  6. MikeDeBarbieri,Portville14770
  6. IsraelMartinez,NiagaraFallsHS14305
  7. GaryEdwards,PeruHS12972
  8. EdRamirez,BaldwinHS11510
  9. JeffCulty,Newburgh12550
  10. RandyMorrison,GouverneurCS 13642
  11. BobPanariello,IslipHS11751
- ModifiedJohnRichard,HollandPatentCS  
13354



## GIRLS' SPORT COMMITTEES

(\*OfficialCoordinator)

BASKETBALL: Pete Bly (August 2016)  
Fort Ann 12827  
518-639-8686

1. SteveYoung,HoraceGreeleyHS,Chappaqua10514
2. DanHytko,Cohoes12047
3. LarryStockwell, WatervilleCS 13480
4. \*KurtEhrensbeck,HarpursvilleHS13787
4. AndyScott,HorseheadsHS14845
5. TimLincoln,WaterlooCSD13165
6. Chris Durr,WilliamsvilleEastHS,E.Amherst14051
7. GregWaters,BeekmantownCS,WestChazy 12992
8. StephanieJoannon, Port WashingtonHS11050
9. SteveBoucher,Rhinebeck12572
10. AmberWilcox,Gouverneur CS13642
11. KevinO'Reilly, Brentwood SD11717

Modified JimMiller,Cato-MeridianHS,Cato13033

BOWLING: Eileen Shultis, Coordinator (August 2018)  
Freeport HS, Freeport, NY 11520

1. JosephArdiri,Pomona 10970
2. HugoMcGroty,Schenectady12306
3. CindyLosurdo,Baldwinsville13027
4. PamBeard,LincolnStreetElementary,Waverly14892
5. TBA
6. JohnSeeley,Cheektowaga14225
7. CharlesStone,BeekmantownCS,WestChazy12992
8. EileenShultis,FreeportHS11520
9. TheresaEckert,HighlandHS12528
10. EileenKilcullen,FranklinAcademy,Malone12953
11. LarryPhilips,CentralslipSchools,Central Islip11722

COMPETITIVE Michele Ziegler(Jan 2020)  
CHEERLEADING Lancaster HS, Lancaster 14086

1. Alice Granger
2. Len Keis/Patty Palmer
3. Nina Baker
4. Josh Gannon
5. Joanne Small
6. Michele Ziegler
7. Vicki Nephew
8. Jonathon Bloom/Jen Keane
9. Cherie Ramsey
10. Lori Brewer
11. Amy Agnesini

Modified: TBD

CROSS Marbry Gansle, Coordinator (August 2020)  
COUNTRY: Shaker HS, Latham 12110  
518-785-5511

1. DanDoherty,PearlRiverHS10965
2. MarbryGansle,ShakerHS,Latham12110
3. \*DanReid,WesthillCS,Syracuse13204
3. MichelleFranklin-Rauber,TullyCS13159
4. LeeSchaeffer,Otego13825
5. RobertGoodell,Shortsville14548
6. JamesZubler,FrontierCS,Hamburg14075
7. \*KathyChampagne, SetonCatholic,Plattsburgh 12901
7. KeithBombard,SetonCatholic,Plattsburgh 12903
8. Neal Levy, North Shore HS, Glen Head 11545
9. SteveLoturco,PineBush HS 12566
10. AprilMartin-Barnes,PotsdamHS13676
11. TonyToro,MillerPlace11764

Modified PatrickPattersonNewark ValleyCS,Newark13811

FIELD HOCKEY: Bev Hooper, Coordinator (August 2018)  
Fairport 14450  
585-223-0826

1. SueHughes,Peekskill10566
  2. MaryAnnBump,WarrensburgHS12885
  3. LindaHarjung,Marcy13403
  4. NicoleHuston,PortCrane13833
  5. KathyHuttZeman,Pittsford-SutherlandHS,Pittsford14534
  6. JudyOtto,BarkerHS14012
  7. NoProgram
  8. BarbaraSellers,Huntington11743
  9. Debra Beam, Red Hook 12571
  10. NoProgram
  11. KarenKauer,East Patchogue11772
- Modified BarbaraFelice,HollandPatentCS13354

GOLF: Jamie Harter, Coordinator (August 2019)  
Franklin HS, Franklin 13775

1. \*ChrisLogan,Congers10920
1. MaureenKern,UrsulineSchool,NewRochelle10801
2. EileenTroy,Granville12832
3. BarbFelice, HollandPatentHS13354
4. JamieHarter,CorningPaintedPostDistrict14830
5. JulieOdenbach,Webster14580
6. BetsyUlmer,Getzville14068
7. Donna Moody,LakePlacidHS 12946
8. DeniseKiernan,GlenCove HS 11542
9. BillEarl,MonroeWoodburyHS,Central Valley10917
10. RoseBronchetti,St.LawrenceCS,BrasherFalls13613
11. DrewWalker,HamptonBaysHS11946

GYMNASTICS: Marbry Gansle, Coordinator (August 2020)  
Shaker HS, Latham 12110  
518-785-5511

1. VinCollins,MahopacHS10541
2. MarbryGansle,ShakerHS,Latham12110
3. DanielleMcQueary, NewHartfordHS13413
4. TBA
5. CarolNancari,Rochester14623
6. DonnaAquino,LancasterCS14086
7. JaniceTrudeau,Plattsburgh12901
8. KimRhatigan-Drexler,LaurelHollow11791
9. LeanneDigsby,WallkillMS12589
10. NoProgram
11. PatrickSmith,SmithtownCSD11787

Modified TBA

LACROSSE:                   Jacquie Gow, Coordinator (August 2020)  
                                   Robert Finley MS, Glen Cove 11542  
                                   516-759-7251  
                                   Liz Parry, Assistant Coordinator (August 2015)  
                                   Emma Willard, Troy 12180  
                                   518-833-1366

1. BethStaropoli,FoxLaneHS,Bedford10506
2. LizParry,Emma WillardTroy12180
3. BridgetMarquart, Skaneateles HS13152
4. DaveWilliams, TBA
5. RonWhitcomb,VictorHS14564
6. RichardSchmitt,WestSenecaEast14224
7. NoProgram
8. DawnCerrone,GardenCityHS11530
9. WendyCrandall, PineBush HS12566
10. LaurenMorley, OgdensburgFreeAcademy,Ogdensburg13669
11. JeremyThode,CenterMorichesHS11934

Modified                   BethStaropoli,FoxLaneHS10506

SKIING:                    Bob Underwood, Coordinator (August 2020)  
                                   Queensbury HS, Queensbury 12804  
                                   518-824-4682

1. BrianBentley,ClarkstownSouthHS,WestNyack10994
2. SteveJackson,QueensburyHS 12804
3. JulieHinsdell,TownofWebb HS,OldForge13420
4. JoHinkley,Roxbury CS12474
5. BernieGardner,HoneoyeHalls-LimaHS,HoneoyeFalls14472
6. NoProgram
7. ChristianWissler,LakePlacidCS12946
8. NoProgram
9. Nordic:Nick Mancuso, Wallkill HS
9. Alpine:JanetCarey,Neversink12765
10. NoProgram
11. NoProgram

SOCCER:                   Joe Vasile-Cozzo, Coordinator (August 2018)  
                                   East Hampton 11937

1. FrankMazzuca,NanuethHS10954
2. TomHusser,Hoosick FallsHS 12090
3. PeterLautensack,Oswego13126
4. BillStepanovsky,UnionEndicottHS,Endicott13760
5. VictorVanVliet,Geneseo 14454
6. ChrisDurr,WilliamsvilleEastHS,EastAmherst14051
7. TimMulligan,PlattsburghHS12901
8. Denise Kiernan, Glen Cove HS, Glen Cove 11542
9. DianeWanser,Otisville10963
10. RoseBroncetti,St.LawrenceCS,BrasherFalls13613
11. JoeVasile-Cozzo,EastHamptonHS11937

Modified                   MattWood,VestalMS13850

**SOFTBALL:** Cathy Allen, Coordinator (August 2016)  
Altamont 12009  
518-595-5047

1. SusanDullea,Croton-HarmonHS,Croton10520
2. Cathy Allen,Altamont12009
3. KerryBennett, Cicero13039
4. \*TerryPalmer, Moravia 13118(C,D)
4. JimTesta, Union-EndicottCS,Endicott13760 (AA,A, B)
5. RobertHuber,AquinasInstitute,Rochester14617
6. \*MarkB.Kruzynski,Medina HS14103
6. DanBrooks,OleanHS14760
7. RalphCross,SaranacCS12981
8. ChrisCeruti,CarlePlaceHS11514
9. Tom Cassata (Red Hook)/Steve Boucher (Rhinebeck)
10. AlMinkler, HeuveltonCS13654
11. JimWright,WaltWhitmanHS,HuntingtonStation11746

Modified MickiBedlington, Yonkers10701

**SWIMMING:** Diane Hicks-Hughes, Coordinator (August 2019)  
Lansing HS 14882  
607-533-4652  
Patrick Ryan, Assistant Coordinator (August 2019)  
Washingtonville HS 10992

1. MegKaplan, SouthSalem10590
2. MatthewTurner,BurntHills-BallstonLakeHS,BurntHills12027
3. TomWells,NewHartford13413
4. DianeHicks-Hughes,LansingHS 14882
5. NormSchueckler, HoneoyeFalls-Lima CSD14472
6. BruceJohnson,FrewsburgCS,Clintonville 12924
7. JayRuff,AusableValleyCS,Clintonville12924
8. GeorgeAmitrano, Valley Stream11581
9. PatRyan, WashingtonvilleCS 10992
10. KatyBrown,BrasherFallsCSD13613
11. EdwardDeYoung,Sayville11782

Modified TomDeYoung,Newark14513

**TENNIS:** Chris Horgan, Coordinator (August 2017)  
Medina MS, Medina 14103  
585-798-2100

1. CalKramer,Bedford10506
2. StanleyFrance,SchoharieHS12157
3. JohnWojcik,LiverpoolHS13090
4. DanPalmer,HorseheadsCS14845
5. ToddBialecki,AlfredAlmondHS,Almond14804
6. MikeVenditti,DodgeElementary School,Williamsville14051
7. GeorgeBailey, LakePlacidCS 12946
8. ShaiFisher,SyossetHS11791
9. SelinaDeCicco,EllenvilleHS12428
10. NoProgram
11. PeteCesare,CopiagueHS11726

Modified TomFitzpatrick,Wheatley,11568

TRACK AND FIELD: Dan Doherty, Coordinator (August 2016)  
 Pearl River HS 10965  
 845-620-3817

1. WalterHall,Mt.Vernon10550
2. MarkTherrien,Fonda-FultonvilleHS,Fonda 12068
3. JohnBun, Frankford HS
4. RobMunro,Bainbridge-GuilfordCS,Bainbridge13733
5. Lancebush,Brockport14420
6. WaltMcLaughlin,EastAuroraHS14052
7. MelanieLopez,Moravia
8. Mike Frazier, Valley Stream North, Franklin Square 11010
9. EricMcLaud,Wallkill HS12589
10. LarryLamere,Madrid-WaddingtonHS,Madrid13660
11. TonyToro,MillerPlace11764

Modified TeresaKlippelLee,LittleFallsMS13365

VOLLEYBALL: Patti Perone, Coordinator (August 2020)  
 Horseheads MS 14845  
 607-739-6357  
 Peggy Seese, Assistant Coordinator (August 2020)  
 Argyle HS 12809  
 518-638-8243

1. DianeSwertfager,BlueMountainMS, Cortland Manor 10567
2. PeggySeese,ArgyleHS 12809
3. MaryJoCerqua,BaldwinsvilleHS13027 (fall)
3. DeniseAbbott,Tully HS13159(winter)
4. PattiPerone,HorseheadsMS14845(fall)
5. Martha Martin,YorkCS, Retsof14539
6. SuePernick,LancasterIntermediate,Lancaster14086
6. \*DebSchruefer,FrontierMS,Hamburg14075
7. VickiMcMillan,Plattsburg HS12901
8. CherylScalice,South SideHS, RockvilleCentre11570
9. Antonia Woody,NewPaltz HS12561
10. SusanMcLean, Ogdensburg FreeAcademy13669
11. LouTuorto,JohnGlennHS,Greenlawn11740

Modified MiraMartincich

WINTER TRACK AND FIELD: David Hennessey, Coordinator (August 2018)  
 Victor CS 14564

1. RosalindGallino,SomersHS,Lincolndale10540
2. RobertWallen,TroyHS12180
3. RobertTuttle,SkaneatelesS13152
4. BenCardamone,ElmiraSouthside,Elmira14905
5. DavidHennessey, Henrietta14467
6. TBA
7. PeterFrenette,Saranac LakeCS12983
8. KristinFrazer,MineolaHS11040
9. DavidFeurCornwall HS12518
10. AmyFarrell,TupperLakeCSD12986
11. TonyToro,MillerPlace11764

Modified TeresaKlippelLee,LittleFallsMS13365

## SECTION DIRECTORS/SECRETARIES

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### SECTION2

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### SECTION10

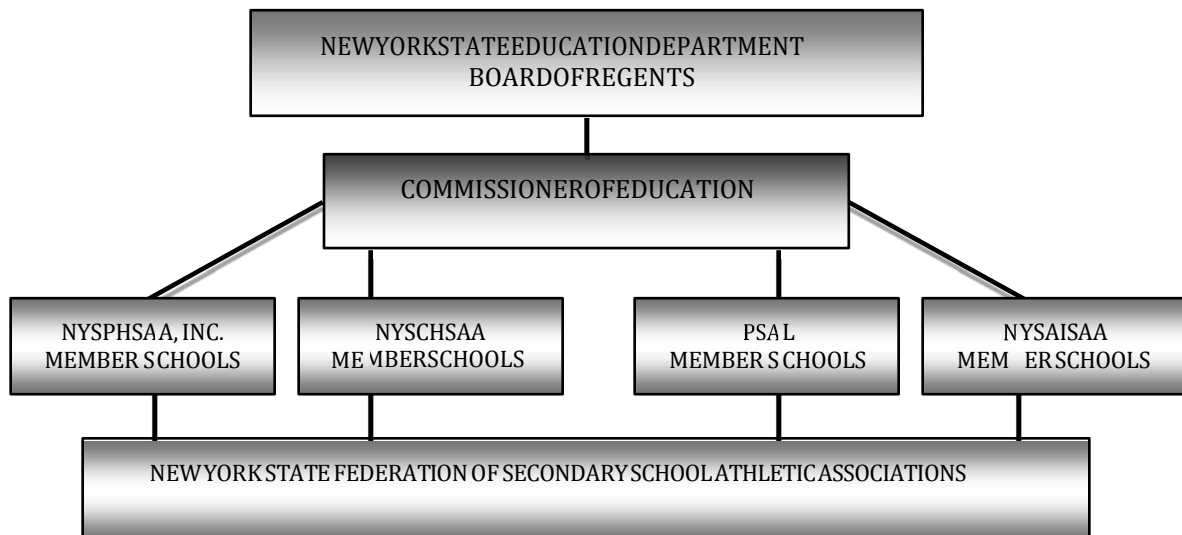
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[cnormandin@sllboces.org](mailto:cnormandin@sllboces.org)

### SECTION11

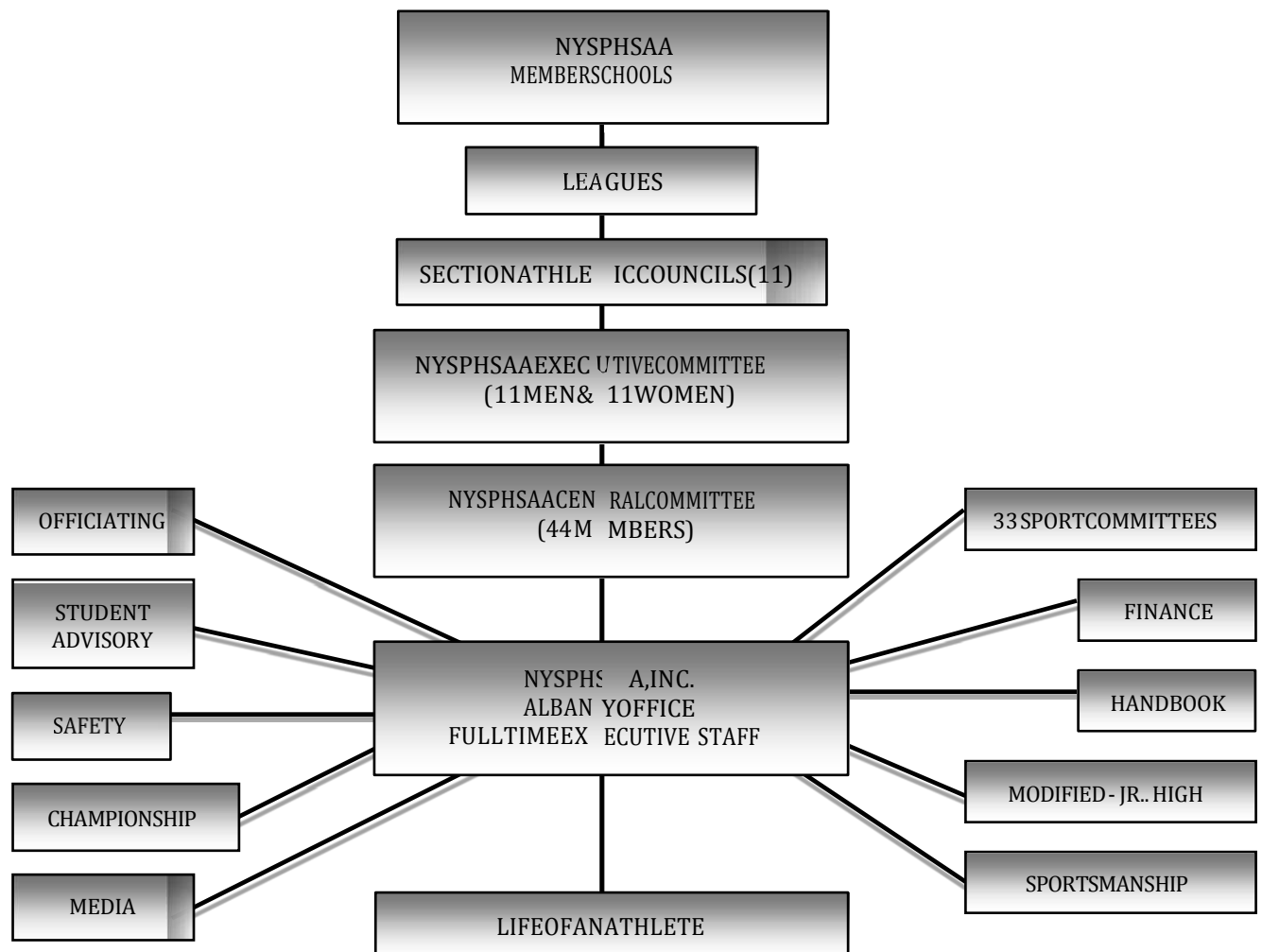
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# NEW YORK STATE ORGANIZATIONAL SYSTEM FOR EXTRA CLASS INTERSCHOOL ATHLETIC PROGRAMS

ADMINISTRATION



## NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.





## 1923-2015 NINETY-TWO YEARS HISTORY OF THE NYSPHSAA

Athletics were always a natural part of the high school program. As the academies and the early high schools were established in New York State, participation grew gradually. Originally, interscholastic sports were operated by outsiders, but problems developed. Local community pride engendered excesses, colleges and commercial agencies became involved, and practices inconsistent with the objectives of education were common. School authorities at first opposed, then tolerated, and finally assumed full control of the interschool competition to correct injustices, inequities and abuses. As someone has said, "We have come a long way."

In 1921, Frank R. Wassung, Superintendent of Schools, Norwich, met with Daniel Chase, Supervisor of Physical Education in the State Education Department, to plan for a statewide organization. Schoolmen agreed to form the New York State Public High School Association of Basketball Leagues to bring consistency to eligibility rules and to conduct state tournaments. Mr. Chase, who became the first president, had the encouragement of Dr. Frank P. Graves, Commissioner of Education.

To provide for additional sports, the New York State Public High School Athletic Association was established in 1923. The NYSPHSAA became a member of the National Federation of State High School Associations in 1926. After a constitution was adopted, President Chase appointed a Central Committee of 14 members, one from each section, which elected John F. Hummer, Principal, Binghamton, as chairman. The provision that each section elect a superintendent, a principal and an athletic director as representatives on the Central Committee was adopted in 1928. The Central Committee was expanded in 1975 to include a representative of girls' athletics from each section. With the addition of these representatives of girls' programs to the Executive Committee in 1976, the NYSPHSAA leads the nation with its decision-making bodies structured for equitable input.

In 1937, at the request of this association and the Associated Academic Principals, nearly all of the NYSPHSAA Eligibility Rules were adopted by the board of Regents and became a part of the Regulations of the Commissioner of Education. The NYSPHSAA became incorporated in 1975. In 1978 each of the 11 sections were incorporated.

The Central Committee approved the establishment of the Athletic Protection Plan in 1932 as a service of the NYSPHSAA. Athletic Protection Plan gains recognition and was incorporated (1941) under State insurance Law. Lawrence Grimes served as Director for 29 years (1949-78). In 1975 the corporate title was changed to Pupil Benefits Plan, Inc.

Through the years the presidents of the NYSPHSAA (p. 26) have shown effective leadership. The NYSPHSAA was strengthened under the guidance of honorary presidents Dr. Frederick Rand Rogers, Dr. Hiram A. Jones, Dr. Ellis Champlin and Dr. George H. Grover, all of the NYS Education Department.

The NYSPHSAA grew under the administration of many capable and dedicated people. Elmer L. Smith, Rochester (1923-25) and Everett T. Grout, Schenectady (1925-29) served as Secretary and Emory A. Bauer was Treasurer (1923-29). In addition to being Secretary/Treasurer (1920- 1942) Frederick R. Wegner initiated and conducted the early operation of the Athletic Protection Plan. John K. Archer served as Secretary/Treasurer from 1942-75. An office was established in Albany in 1962, with J. Kenneth Hafner serving as Field Representative and becoming Director of Field Services in 1970. Alton B. Doyle was appointed the first full time Executive Secretary in 1975, serving until 1990. Administrative staff have included, William Vesp (1977-80), Floyd Jones (1981-97), Walter Eaton (1990-2008), and Lloyd Mott (1997-2008) as Assistant Directors and Marcus Martone (1975-92), Gordon Durnford (1992-96) and Kathy Hagle (1996-2012) as Treasurers. Dr. Sandra Scott (1975-2000) was elected Executive Director in 1990 and became the first woman executive director of a state high school athletic association in the nation. In 2000, Nina Van Erk was appointed as the Executive Director and served in that capacity for 12 years, until 2012. Robert Zayas began his tenure as Executive Director in the Fall of 2012, after spending 10 years at the New Mexico Activities Association. The NYSPHSAA Legal Counsel have consisted of Ron Shaw (1972-2005) and Kevin Seaman during 2005. Today the administrative staff consists of Assistant Directors Robert Stulmaker (2007) and Todd Nelson (2008), Director of Media, Marketing & Public Relations Joseph Altieri (2001), Treasurer Lisa Arnold (2013), Media Content Coordinator Joe Agostinelli (2013) and Counsel Renee James (2006). In February 2006, the NYSPHSAA moved its headquarters to 8 Airport Park Blvd., Latham, NY.

Hundreds of school representatives have contributed to the progress of our Association through their interest, service and leadership.

## ASSOCIATION HIGHLIGHTS

### 1920's

- Consisted of eight sections, each represented by a superintendent, principal and director of physical education.
- Seven eligibility rules (bona fide student, age, duration of competition, amateur, transfer, outside competition, and required academics).
- Adopted "player control" rule which had captains directing game, coach in the stands.
- State Championships for boys in baseball, cross-country, ice hockey, ice skating, swimming, tennis and track. Girls participated only in varsity basketball.

### 1930's

- State championship tournaments abolished due to charges of overemphasis and overspecialization. (1932)
- Association function to develop unified standards for all sections to follow, giving sections authority to conduct own championships for boys.
- Recommended no interscholastic competition be permitted for girls in New York, substituting play days/sport days. (1934)

### 1940's

- Membership was extended to junior high schools.
- Postgraduate problems solved by adopting eight consecutive semester rule.
- Section Athletic Councils recognized in Constitution.
- State Sports Committees established.

**1950's**

- Friends and Neighbors Program initiated to permit nonmember school competition with member schools.
- Reemergence of intersectionals for individual sports beginning with cross-country and track.
- Developed and initiated Modified Program for boys under leadership of Kurt Beyer.
- AWPENYS (Association of Women in Physical Education in NYS) began sponsoring coaching clinics and encouraging competition for girls.

**1960's**

- Winfred S. Thomason (Garden City) hired as first counsel.
- Under the leadership of Mr. Hafner and Safety Chair Louis Obourn, experimental projects for participation safety began.
- Membership in NYS Federation of Secondary School Athletic Associations. (1964)
- State Committee for Girls Athletic Activities established, initiated by Raymond Benjamin. (1966)
- New York State High School Officials Coordinating Federation initiated with William B. Gilbert as first Chairman. (1967)

**1970's**

- Association became incorporated. (1974)
- Expanded Central Committee to include female representatives of athletics. (1974)
- Central office established with full time Executive Director and a support staff.
- 1976-78 Handbook published first joint set of Eligibility Standards for boys and girls.
- Approved membership eligibility for Friend and Neighbor schools.

**1980's**

- Growth of team sport state championships following reinstatement of boys' basketball in 1978. Approved baseball, girls' basketball, field hockey, boys' and girls' soccer, ice hockey and softball.
- First female president for NYSPHSAA office (1986) at 88 Delaware Avenue, Delmar, NY.
- Adopted policy for other state athletic associations to enter NYSPHSAA championships. (1984)
- Eliminated the Outside Competition Standard.

**1990's**

- Insurance group formed for NYSPHSAA and the sections to secure property and liability coverage.
- Initiated corporate sponsorship by event, which includes championships and special programs.
- Development and initiation of Scholar/Athlete Team Award Program and New York Good Sports Program.
- Sponsor 29 championships and three intersectionals.

**2000's**

- Established two new standing Committees: Student Advisory Council and Budget and Finance.
- Purchased larger building for NYSPHSAA office at 8 Airport Park Blvd., Latham, NY.
- First Girls Golf Championship. (2006)
- First Boys Volleyball Championship. (2010)
- First Regional Cheerleading Invitational. (2013)

## PRESIDENTS OF THE NYSPHSAA

\*Deceased

* Daniel Chase .....	1923-25
* John F. Hummer .....	1925-26
* Seward S. Travis .....	1926-27
* Carl H. Burkhardt .....	1928-29
* Heth G. Coons .....	1929-31
* Herbert L. Sackett .....	1931-32
* Frank R. Wassung .....	1932-33
* Elmer K Smith .....	1933-35
* Charles E. Riley .....	1935-37
* Frank C. Densberger .....	1937-39
* Foster S. Brown .....	1939-41
* W. Howard Vanderhoef .....	1941-43
* Kurt Beyer .....	1943-45
* Robert C. McDonald .....	1945-47
* Carl A. Hansen .....	1947-49
* David E. Panebaker .....	1949-51
* Ray Townsend .....	1951-53
* Philip J. Hammes .....	1953-55
* Kenneth E. Smith .....	1955-57
* Andrew J. Smith .....	1957-59
* J. Kenneth Hafner .....	1959-61
* W. Kenneth Doyle .....	1961-63
* Glenn E. Manning .....	1963-65

* Raymond Benjamin .....	1965-67
* Lewis C. Obourn .....	1967-69
* John W. Kickham .....	1969-71
Marcus J. Martone .....	1971-73
* Richard P. McLean .....	1973-76
Peter N. Betrus .....	1976-78
* Bernard LaMay .....	1978-80
* Anthony C. Sabella .....	1980-82
* John D. O'Donnell .....	1982-84
Michaela Kasner .....	1984-86
* Robert W. Zegler .....	1986-88
Richard J. McGuire .....	1988-90
* Thad J. Mularz .....	1990-92
Karen P. Lopez .....	1992-94
James J. Tolle .....	1994-96
* Robert Munn .....	1996-98
Dean Veenhoff .....	1998-01
Patrick J. Calnon .....	2001-04
Kathryn Faber .....	2004-06
Dr. Ronald Black .....	2006-08
Patrick Pizzarelli .....	2008-10
Mark Ward .....	2010-12
Eileen Troy .....	2012-14
Steve Broadwell .....	2014-Present

## HONORARY PAST PRESIDENTS

\*Larry Grimes

\*Alton Doyle

\*Floyd Jones

Sandra Scott

Nina Van Erk

### GENERAL OBJECTIVES OF THE NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

*The Association serves as a central organization through  
which member schools in the state may cooperate to:*

**Encourage** as many pupils as possible to participate in athletic games.

**Promote** sportsmanlike conduct in all athletic contests.

**Maintain** essential minimum standards of eligibility.

**Provide** means to settle disputed athletic contests amicably and authoritatively.

**Conduct** appropriate athletic meets and tournaments.

**Cooperate** with the State Education Department in fostering educationally sound athletic programs.

**Adapt** rules governing sports contests to the particular conditions for school competition.

**Continually** seek data to support rules changes leading to greater safety for school athletics.

## NYSPPHSAA, INC. RECOMMENDATIONS

1. Because the highest standards of good sportsmanship are in opposition to the policy of giving materially valuable awards to high school athletic teams;  
Because such awards create a false sense of the value of school loyalty and service;  
The NYSPPHSAA, INC. **recommends** that school authorities give only awards of limited monetary value appropriate to high school level competition, furthermore, that the school administration be responsible for accepting, selecting and controlling awards that are offered by individuals or organizations or outside agencies such as P.T.A., service clubs, booster clubs, etc.
2. Because experience has shown that the most successful form of school athletic organization and control is in the league;  
Because the league offers opportunity for friendly and sportsmanlike relationships;  
The NYSPPHSAA, INC. **recommends** that schools of similar size, similar interest and within reasonable distance of each other form leagues for all sports wherein they have interschool contests; that the appeal procedure specified in the Eligibility Standards be instituted only after an earnest attempt at settlement within the league.
3. Because athletics are a vital factor in the development of character, personality, physical fitness and leadership;  
Because athletics can only attain their rightful position as a school activity when it is recognized that a healthy body is as necessary as a sound mind;  
The NYSPPHSAA, INC. **recommends** that a student not be barred from an athletic squad for any reason which would not bar one from an academic class or other school activity, excepting recognized eligibility rules.
4. Because there is an obligation to practice the principles of safety in athletics and to take all necessary precautions to prevent injuries;  
The NYSPPHSAA, INC. **recommends** that all participants in interscholastic sports be covered by appropriate insurance.
5. Because school authorities have a responsibility for preventing the exploitation of high school students who have qualified for a letter in school sports;  
The NYSPPHSAA, INC. **recommends** that school authorities discharge this responsibility by protecting students from being exploited by individuals or groups interested in promoting, for any purpose spectator or revenue producing contests such as all-star, charity and similar exhibition games. Senior All-Star contests as stipulated in the Eligibility Standards are permitted. Furthermore, it shall be the responsibility of school authorities to inform their teaching personnel to do nothing which shall impair this responsibility of boards of education to protect athletes against such exploitation.
6. Because our Regulations stipulate that all organized practice and games be conducted in the appropriate season (See Sports Standards), a school district planning or administering out-of-season recreations programs should avoid any implication of out- of-season practice and play. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1) if such programs are not mandated by coaches or school personnel; 2) if such programs are available to all students.

The NYSPHSAA, INC. **recommends** these criteria for the guidance of other agencies which conduct summer recreation programs:

- a. Only contestants of high school age are to compete together.
  - b. No school names may be used.
  - c. Faculty members may not coach contestants who play together as a high school team in the regular season.
  - d. A contestant may compete in only one recreation league.
7. The NYSPHSAA, INC. **believes** that adequate financial support for athletics shall be assured as part of the instructional budget for the school district.
  8. The NYSPHSAA, INC. **believes** that proper medical and first aid care shall be provided by school authorities for students engaged in athletics. Therefore, a doctor shall be present or on call, and a school official with first aid training shall be present during all competitive events. The NYSPHSAA, INC. **recommends** that the school district provide all coaches with a plan for emergency medical action. Furthermore, all coaches must be current in meeting first aid and safety skill requirements.
  9. All interscholastic competition activities shall be conducted in accordance with NYSED regulations and under the rules recommended by the various sport committees and approved by the NYSPHSAA, INC.
  10. The Executive Committee has adopted a policy which prohibits the use of the organization's name as a sponsor or co-sponsor of a conference, meeting or project unless specific permission in writing by the association for a designated event or activity.

## CONSTITUTION OF THE NYSPHSAA, INC.

### ARTICLE I - Purpose

To provide a central association through which public secondary schools of the State may cooperate for the following ends. This association shall be the organization responsible for governing interscholastic athletic activities for boys and girls in grades 7-12 in its member schools. Nonpublic schools may petition and be accepted for full membership.

1. To establish necessary principles and procedures for the conduct of interscholastic athletics.
2. To strengthen the work of the local schools in developing good sportsmanship and high ideals among contestants and teams.
3. To encourage all forms of interschool athletic activities for all boys and girls in grades 7-12 as an integral part of the educational program.
4. To adopt, strengthen, interpret, and enforce uniform eligibility rules and sports standards governing participation in interschool athletics at all levels as established in the Regulations of the Commissioner of Education governing athletics.
5. To conduct regional and state championship tournaments.
6. To enforce the constitution, bylaws, rules, regulations, and sports standards adopted by this association, its sections, and leagues.
7. To strive continually to strengthen programs and minimize risk in sports through study, research and experimentation.

8. To meet with and assist sports officials at the state and sectional levels to identify and solve existing problems.
9. To cooperate with non-school groups engaged in sports activities to establish guidelines for outside competition.
10. To comply with the provisions of the New York State Not-For-Profit Corporation Law.

## **ARTICLE II-Membership**

1. Each eligible school may become a member of this corporation by submitting a request for membership in the association and representation in the section athletic program signed by the chief school officer of the petitioning school district and sent with the enrollment fee to the treasurer of the association.
  - a. The annual membership fee shall be based on the total school district enrollment of boys and girls listed on all attendance registers for Grades 7-12 inclusive from the latest enrollment data provided by NYSED. Annual membership fees shall be set by the Executive Committee. An alternative method for the calculation of member dues assessment may be adopted by the NYSPHSAA Executive Committee.
  - b. Membership fees are due September 1. Schools not paying the annual fee before October 15 of any school year shall be considered as resigning from membership in the association. Schools are readmitted as soon as payment of fees is made. Fees payment is required of schools on austerity if they participate.
  - c. One fee entitles a school to participate in any form of athletics of the association, to participate in the benefits of the Pupil Benefits Plan, Inc., to receive all bulletins and publications of the association and must be paid before the school may participate in any sectional games under the supervision of the association.
  - d. The membership year shall be considered from September 1 to August 31 of the following year.
  - e. Austerity - No committee member or officer of this association shall lose membership because of his/her school's austerity, and resultant nonpayment of dues.
  - f. Nonpublic schools which are registered with the State Education Department may become members of the NYSPHSAA by payment of the annual fee provided to member schools making application. Section athletic councils may determine the appropriate classification for their nonpublic school and charter school members. See Member and Classification Section of the handbook. The NYSPHSAA membership fee shall be assessed on a pro-rata basis if only grades 9-12 inclusive are enrolled.
2. All member schools of this corporation agree to abide by this Constitution and the Eligibility Standards, Sports Standards, Modified Program Rules, Officiating Standards, in all interschool competition as adopted by the Executive or Central Committees or approved by referendum of member schools.
3. Any school violating the constitution, amendments, bylaws, rules, regulations, or sports standards of the association and its sections may be suspended from the association or from the section, or both, by the Central Committee, or by the Executive Committee when the Central Committee is not in session, and barred from participation in any of the interschool athletic activities for a period up to one year. It is provided, however, that a section athletic council may impose penalties and sanctions as the rules and regulations of the association may provide.

4. All superintendents, principals, athletic directors, and coaches of member high schools are advisors of the association. They are eligible to serve on committees and are entitled to make recommendations to the NYSPHSAA staff and Executive Committee on all matters pertaining to the conduct of interscholastic athletics.
5. No part of the net earnings of the association shall inure to the benefit of any member, trustee, officer, or director of the association or any private individual (except that reasonable compensation for services rendered to or for the association affecting one or more of its purposes) and no member (other than a public high school), trustee, officer, or director of the association or any private individual shall be entitled to share in the distribution of any of the association's assets on dissolution of the association.

Upon the dissolution of the association or the winding up of its affairs, the assets of the association shall be distributed exclusively for educational purposes in accordance with the provisions of Not-for-Profit Section 501 (2) 3 of the Internal Revenue Code and its regulations as they now exist or as they may hereafter be amended.

As a means of accomplishing its purposes, the association is authorized to receive and maintain funds of real or personal property, or both, to have, hold, manage, encumber, and sell the same, to change the investments thereof, to invest and reinvest the proceeds thereof, and in general and subject to such limitations and conditions as are or may be prescribed by law, it exercise such other powers which are or hereafter may be conferred by law upon the association organized for the purposes hereinabove set forth, or necessary or incidental to the powers so conferred, or conducive to the attainment of the purposes of the association.

### **ARTICLE III – Central Committee**

1. The corporation shall be administered by a board of directors, known as the Central Committee, consisting of representatives from each of the sections, elected from the member schools in accordance with the following plan:
  - a. The state shall be divided into geographic areas called sections, each of which shall elect four representatives to the Central Committee: viz, one chief school officer, one principal, one male representative of athletics and one female representative of athletics from the member school of the section.
  - b. On or before December 15th of each year, each section secretary shall inform the section athletic council as to the branch of service in which a vacancy by expiration of term shall occur, and each section shall elect a replacement by a method of their choice.
  - c. In the event of the positive unwillingness to serve on the part of any duly elected person, election shall go to the nominee having the second highest number of votes.
  - d. Newly elected Central Committee representatives will assume their positions September 1.
  - e. In case of a vacancy in the membership on the Central Committee arising in any section, it shall be the duty of the three remaining members in such section to choose, with the advice and consent of the section athletic council, the fourth representative from a member school in the section and from that position of service in which the vacancy has occurred. Appointments shall be made for the full period of the unexpired term.



- f. Persons retiring from active public education employment, currently serving on the NYSPHSAA Central Committee, shall be permitted to continue for the duration of their tenure and also be permitted to serve in that capacity if so elected by the section.
  - g. Should any member of the Central Committee be unable to attend a meeting of the Central Committee, then a section athletic council officer shall be designated to represent that section.
2. The Central Committee may from time-to-time adopt rules and regulations for conducting the affairs of the association and shall draw up rules stipulating requirements or admission to membership in the association and shall adopt uniform eligibility rules and sports standards to conform to the minimum regulations adopted by the State Education Department.
3. A majority of members of the Central Committee eligible to vote shall constitute a quorum, provided due notice has been given all to members of the committee on the date, time, and place of the meeting.
  - a. The NYSPHSAA President, Vice Presidents and immediate Past President shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the first vice president, second vice president and immediate past president shall have the right to vote when the Central Committee is in session. The president shall not be entitled to vote, except in the case of a tie.
4. An annual meeting shall be held each year; other necessary meetings may be called by the president.

#### **ARTICLE IV- Officers and Duties**

1. The Central Committee shall elect a president, first vice president, and second vice president from among its own members and persons serving as an officer of a section athletic council to serve two-year terms. It shall also approve the appointment of the members of the professional staff.
  - a. The president of the association shall preside at all meetings of the association, the Central Committee, and the Executive Committee, and shall perform such other duties as the Central Committee may designate, the constitution or bylaws authorize or require, and in general shall perform the duties that usually come under the office of the president.
  - b. The first vice president shall assume the duties of the president during absence or inability to act and shall have the following duties in addition to those designated by the president:
    - i. Chairman of the Budget and Audit Committee,
    - ii. Attend Section Athletic Council meetings (other than in his/her section),
    - iii. Attend sport committee meetings,
    - iv. Attend meetings of the Handbook, Safety, and Championship Advisory Committees,
    - v. Attend NYS Federation meeting.

- c. The second vice president shall assume the duties of the first vice president during absence or inability to act and shall have the following duties in addition to those designated by the president:
    - i. Attend all Budget and Audit Committee meetings,
    - ii. Attend Section Athletic Council meetings (other than in his/her section),
    - iii. Attend Sport Committee meetings,
    - iv. Attend meetings of the Officials Coordinating Federation, Modified Athletics and Chemical Health Committees,
    - v. Attend meetings of ad hoc committees,
    - vi. Chair the Long Range Planning Committee.
  - d. Immediate Past President:
    - i. Chair the Past Presidents Committee
    - ii. Chair the Nominating Committee
    - iii. Member of the Budget and Audit Committee
  - e. The Executive Director shall be the official interpreter of the policies and regulations of the Association, shall be responsible for conducting the business of the Association, shall keep the minutes and records of the Association, the Central Committee and the Executive Committee. The Treasurer shall have custody of the funds of the association, receiving all fees and other income, keeping a careful account of the same, and submitting a report at the annual meeting of the Central Committee. Money shall be disbursed only on vouchers, properly receipted, which shall be audited by a certified public accountant previous to the annual report.
2. A committee of officers in consultation with the staff shall have the authority to act on all matters not provided for in this constitution and bylaws, and on such emergency business as may arise between regular meetings of the Executive Committee.
  3. Vacancies in any office shall be filled by a vote of the members of the Central Committee for the unexpired term of such office. When the Central Committee is not in session the Executive Committee shall fill any vacancy.
  4. Officers shall be elected at the annual meeting. **NOTE:** The nominating committee shall select candidates for office in the following rotation: chief school officer, female representative of athletics, principal, male representative of Athletics. This rotation would provide broad representation from the Central Committee as well as administration experience.
  5. The president shall appoint the members of the nominating committee.
  6. The Honorary Past Presidents, Past Presidents, Executive Director, other Executive staff, Executive Director of the Pupil Benefits Plan, Inc., State Education Department Liaison, affiliate association representatives, and a representative of NYS School Board Association as ex-officio members may participate in the meetings of the association, the Central Committee, the Executive Committee, without the right to vote.

## **ARTICLE V - Executive Committee**

1. The Executive Committee shall consist of twenty-two members, each of eleven sections being represented by one member of the Central Committee who shall receive the position in any manner the section shall determine, and by the female representative of athletics on the Central Committee. This selection shall be made prior to the annual meeting of the Central Committee. The NYSPHSAA President and Vice Presidents shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the president, first vice president, and second vice president shall not be entitled to vote except in the case of a tie with only one of said officers being entitled to vote in the order indicated. Should any member of the Executive Committee be unable to attend a meeting of the Executive Committee, than another member of the Central Committee from the section not so represented, or a section athletic council officer shall be designated to represent that section.
2. The Executive Committee shall have general management of the affairs of the association in the interval between meetings of the Central Committee and shall have the power to act in all matters not covered by this constitution and bylaws. It shall have jurisdiction in all appeals, protests, and questions of eligibility when the Central Committee is not in session.
3. The Executive Committee shall meet at least three times each year. A majority of the members of the Executive Committee eligible to vote shall constitute a quorum. Special meetings of the Executive Committee may be called by the president or at the request of a majority of the members.
4. Any action which needs the approval of the Executive Committee may be taken without a meeting, if authorized by the president, by conducting mail or electronic vote.
5. The Executive Committee shall be responsible for properly administering meets, tournaments, or games in which individuals or teams, determined as winners of sectional contests from two or more sections, participate. The secretaries of the sections to be represented in regional, intersectional, and state contests shall provide a complete list of sports in which that section intends to compete in the ensuing year to the NYSPHSAA, Inc. Executive Director for the approval of the Executive Committee at its spring meeting. Notice of withdrawal from a regional intersectional and state contest must be received at least sixty days prior to the date of the contest. Otherwise the section will be required to pay the proportionate share of the administration and insurance charges involved in the program.

## **ARTICLE VI - League and Section Organization**

1. A school may join with other schools to form a league for the purpose of providing interschool athletic competition among schools of comparable size, similar interests, and within reasonable distance of each other. Leagues so formed shall be organized and affairs conducted in accordance with the rules of the section and of the association. If the section athletic council is unable to provide for league affiliation, they shall refer the problem to the NYSHSAA, Inc. Executive Committee within 30 days for action.

2. The member schools in each section shall establish an athletic council, consisting of the four members of the Central Committee representing the section and one or more representative of each league in the section elected by the league or its member schools. The section may provide for additional members of the athletic council.
3. The athletic council shall elect a president, one or more vice presidents, a secretary, and a treasurer. Each Central Committee member shall serve as an officer or as an ex-officio member of the athletic council. The athletic council shall meet at least three times each year.
4. The athletic council shall:
  - a. Adopt a constitution and bylaws for governing the section and shall file a copy and any amendments with the executive director of the association.
  - b. Manage the affairs of the section and adopt rules and regulations from time-to-time for governing the section with rules and regulations which must be consistent with those of the association and the State Education Department.
  - c. Impose and enforce a suitable penalty upon any member school which violates the constitution, bylaws, rules, regulations, sports standards, or code of ethics of the association or section. A member school found guilty of such violation by the Section Athletic Council may be barred from participation in any or all interschool athletic activities for a period up to one year.
5. The president of the athletic council may call special meetings in the section for the purpose of explaining and discussing all amendments submitted to the member schools or for the purpose of considering the policies and procedures of the leagues, the section, or the association. The president is the representative of all of the member schools in the section and shall at all times exercise the function of democratic leadership.

#### **ARTICLE VII - State Sports Committees**

1.
  - a. Each section may elect or appoint one representative to each state sports committee. Necessary expenses for each delegate to attend sports committee meetings shall be paid by the section.
  - b. Each state sports committee shall hold an annual meeting and shall elect a vice chairman, and a secretary, who will be representatives on that state's sports committee, and who will hold office for the ensuing year. State sports committee meetings must have the approval of Association staff. Notice of the time and place of state committee meetings shall be given to members at least two months prior to the meeting.
  - c. Minutes of all meetings shall be provided to committee members, association officers and staff, section presidents and section executive directors/secretaries.
  - d. The coordinator of the state sports committee shall submit an annual written report to the Central Committee. If requested to attend, the necessary expenses to attend the Central Committee meeting will be paid by the association.
  - e. There shall be a biennial meeting of all state sports coordinators.
2.
  - a. Each state sports committee shall encourage participation in that sport, require observation of the rules, regulations, and sports standards, provide measures of safety, answer questions and receive suggestions pertaining to that sport.

- b. Each section sports committee representative shall conduct studies when needed, review games rules, conduct interpretation meetings, present demonstrations, secure the cooperation of officials, improve game administration in the section, and act as liaison between the section and the state sports committee coordinator.
- c. Each state sports committee may make investigations and surveys, and conduct other research to insure that playing rules are adapted to the needs and abilities of the high school student and submit recommendations to the Executive Committee.
- d. Each state sports committee shall be responsible for informing the sections of the correct procedure to be followed in making changes in policy, regulations, rules or sports standards in that sport.

#### **ARTICLE VIII - Constitutional Amendments**

1. A majority vote of the Central Committee or Executive Committee at any duly authorized meeting is required to propose an amendment to the Constitution. Amendments may be initiated by the Central Committee, Executive Committee, a section athletic council, or the officers of the NYSPHSAA, Inc. Proposals shall be submitted to the executive director by January 15 to allow sectional athletic councils adequate time for their consideration.
2. A referendum is required to approve amendments. During a referendum, each school shall have one vote on a signed ballot. To be valid, this vote shall represent the collective judgment of and include the signatures of the chief school officer, principal, and the director of athletics. An Executive Committee member representing the section shall serve as teller to canvass all ballots to amend the Constitution or amend any other rule or regulation, which was put forth for the referendum.
3. During the referendum, a majority vote of the member schools voting in each section shall be required for the adoption of the amendment in the section. Approval of at least seven sections and approval of two-thirds of the member schools casting valid ballots shall be required for the final adoption of the amendment as a statewide rule or policy or as an amendment to the Constitution, as the case may be.
4. All amendments to this Constitution, which are approved by a referendum vote, shall not become effective until August 1 of the next school year.

#### **ARTICLE IX - Changes in Eligibility Standards**

1. Changes in Eligibility Standards, Sports Standards, Modified Program Rules Operating Code, Officiating Standards, and any other rules and regulations not part of the Constitution may become effective immediately or approved for referendum of member schools at the discretion of the Executive Committee or Central Committee, as the case may be.
2. When a referendum vote is authorized, the procedures stipulated in Article VIII, Item 2, shall be followed.
3. Adoption of a statewide standard, rule, or policy by referendum vote shall require a majority vote of member schools casting valid ballots and approval in a majority of the sections.
4. All changes in the rules and regulations approved by a referendum vote shall not become effective until August 1 of the next school year.

# REGULATIONS OF THE COMMISSIONER OF EDUCATION

## §135.1 Definitions.

### Definitions as used in this Part:

- (a) **Commissioner** means the Commissioner of Education
- (b) **Department** means the Education Department of the State of New York
- (c) Satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, sufficient, Suitable mean satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, Sufficient, suitable, respectively, in the judgment of the commissioner.
- (d) **School personnel** means person employed by school authorities in conducting the schools.
- (e) **Adaptive physical education** means a specially designed program of developmental activities, games sports and rhythms suited to the interests, capacities and limitations of pupils with handicapping conditions who may not safely or successfully engage in unrestricted participation in the activities of the regular physical education program.
- (f) **Athletic association** means an approved central organization of schools joined together on a large geographic area or statewide basis for the purpose of governing athletic programs for all its member schools.
- (g) **Bona fide student** means a regularly enrolled student who is taking sufficient subjects to make an aggregate amount of three courses and who satisfies the physical education requirement.
- (h) **Extraclass periods in physical education** mean those sessions organized for instruction and practice in skills, attitudes and knowledge through participation in individual, group and team activities organized on an intramural, extramural or interschool athletic basis to supplement regular physical education class instruction.
- (i) **Extramural activities** means those games or other events which involve the participation of pupils from two or more school districts and which are conducted as play-days or sports days at the end of the intramural season.
- (j) **Health education** means instruction in understandings, attitudes and behavior in regard to the several dimensions of health. This instruction relates to alcohol, tobacco and other drugs, safety, mental health, nutrition, dental health, sensory perception, disease prevention and control, environmental and public health, consumer health, first aid, and other health-related areas.
- (k) **Instructional physical education** means the required physical education program, which has as its foundation, planned sequential learning experiences for all students.
- (l) **Interschool activities** mean those which provide competition between representatives of two or more schools and which offer enriched opportunities for the selected and more highly skilled individuals.
- (m) **Intramural activities** mean those activities conducted within one school district involving only those pupils enrolled in such school district and which are organized to serve the entire enrollment.
- (n) **Invitation activities** mean those games or other events dealing with one sport, arranged by invitation of one school to one or more other schools without leading to any formal schedule and championship.
- (o)

- (o) **League** means an organization of schools joined for the purpose of providing athletic competition among schools of comparable size, interests, and within reasonable distance of each other.
- (p) **Mixed competition** means the combination of male and female pupils participating on the same interschool athletic teams.
- (q) **Organized practice** means a session of an athletic squad or group organized for interschool athletics for the purpose of providing instruction and practice in physical conditioning activities, skills, team play and game strategy, under the supervision of a qualified school official.
- (r) **Physical fitness activities** mean those physical activities which are designed to develop endurance, strength and agility and to fit the individual so that he can perform the task repeatedly without undue fatigue and with a reserve capacity to meet unexpected stresses and hazards.
- (s) **Physiological maturity** means a stage of maturation identified by the school physician in determining an appropriate level of interschool athletic competition in accordance with standards established by the commissioner.
- (t) **Recreation** means the program which is organized to include types of activities such as arts and crafts, athletics, dramatics, music, rhythms, sports swimming and water safety provided at the discretion of school district authorities under the supervision of qualified personnel and designed to provide for the worthy use of leisure by individuals and groups.
- (u) **Sports day** means a day when pupils from two or more schools meet and engage in a variety of competitive sports events.
- (v) **Section** means an organization of schools within a specified geographic area which holds membership in an athletic association, and is established for the purpose of administering athletic programs for the member schools and leagues within such area.

## § 135.2 General regulations.

- (a) All schools under the jurisdiction of the State Education Department shall provide a program of health, physical education and recreation in an environment conducive to healthful living. This program shall include:
  - (1) health and safety education;
  - (2) physical education, including athletics; and
  - (3) recreation
- (b) It shall be the duty of trustees and boards of education:
  - (1) to provide approved and adequate personnel and facilities;
  - (2) to maintain for each child cumulative records covering the essential features of the health and physical education program and, when a pupil transfers to another school, to provide such school with a certified transcript thereof;
  - (3) to make reports to the department on forms prescribed by the commissioner.

## § 135.4 Physical education.

- (a) School district plans. It shall be the duty of trustees and boards of education to develop and implement school district plans to provide physical education experiences for all pupils as provided in this section. Such current plans shall be kept on file in the school district office and shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. All school districts shall comply with the provisions of this plan by August 1 1982. However, the requirement for submission of a plan shall become effective by January 1, 1983. A school district may conduct an instructional physical education program which differs from, but is equivalent to, the required program of instruction set forth in paragraph (2) of subdivision (c) of this section, with the approval of the commissioner. An equivalent program may be implemented only after approval from the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. A request for approval to conduct an equivalent instructional physical education program shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services, and shall include the:
- (1) program goals and objectives;
  - (2) way in which students are to be scheduled and the length of time daily, weekly, monthly or yearly;
  - (3) program activities offered at each grade level or each year of instruction; and assessment activities for determining the students performance toward the goals and objectives of the program.
- (b) Nonpublic schools. Similar courses of instruction shall be prescribed and maintained in private schools in the State, and all pupils in grade kindergarten through 12 shall attend such courses. If such courses are not established and maintained in any private school, instruction in such school shall not be deemed to be substantially equivalent to instruction given to children of like ages in the public school or schools of city or district in which the child resides.
- (c) Program plans. School district plans shall include the following:
- (1) Curriculum.
    - (i) The curriculum shall be designed to:
      - (a) promote physical activity and the attainment of physical fitness, and a desire to maintain physical fitness throughout life;
      - (b) attain competency in the management of the body and useful physical skills;
      - (c) emphasize safety practices;
      - (d) motivate expression and communication;
      - (e) promote individual and group understanding;
      - (f) provide knowledge and appreciation of physical education activities;
      - (g) make each individual aware of the effect of physical activity upon the body;
      - (h) provide opportunities for the exercise of pupil initiative, leadership and responsibility; and
      - (i) reinforce basic learning of other areas of the total school curriculum.



- (ii) There shall be experiences of sufficient variety in each of the following:
    - (a) basic and creative movement;
    - (b) rhythm and dance;
    - (c) games;
    - (d) perceptual - motor skills;
    - (e) individual and team sports;
    - (f) gymnastics;
    - (g) aquatics, where possible;
    - (h) lifetime sports activities;
    - (i) outdoor living skills; and
    - (j) other appropriate activities which promote the development of boys and girls.
  - (iii) There shall be opportunity provided for participation in appropriate extra-class activities.
  - (iv) There shall be activities adapted to meet the needs of pupils who are temporarily or permanently unable to participate in the regular program of physical education. Adaptive physical education programs shall be taught by a certified physical education teacher.
  - (v) There shall be continuous evaluation of the instructional program and assessment of individual pupil needs and progress. Appropriate cumulative records shall be maintained which cover the essential features of the physical education program for each pupil, and when a pupil transfers to another school, such records shall be transferred with the student's transcript.
- (2) Required instruction.
- (i) Elementary instructional program-grades K through 6.
    - (a) All pupils in grades K-3 shall participate in the physical education program on a daily basis. All pupils in grades 4-6 shall participate in the physical education program not less than three times each week. The minimum time devoted to such programs (K-6) shall be at least 120 minutes in each calendar week, exclusive of any time that may be required for dressing and showering; or
    - (b) As provided in an equivalent program approved by the Commissioner of Education.
  - (ii) Secondary instructional program-grades 7 through 12. All secondary pupils shall have the opportunity for regular physical education, but not less than three times per week in one semester and two times per week in the other semester, taught by a certified physical education program either:
    - (a) a minimum of three periods per calendar week during one semester of each school year and two periods during the other semester; or
    - (b) a comparable time each semester if the school is organized in other patterns; or
    - (c) for pupils in grades 10 through 12 only, a comparable time each semester in extra class programs for those pupils who have demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities; or
    - (d) for pupils in grades 10 through 12 only, a comparable time each semester in out-of-school activities approved by the physical education staff and the school administration; or

(e) as provided in an equivalent program approved by the Commissioner of Education.

(3) Attendance.

- (i) All pupils shall attend and participate in the physical education program as approved in the school plan for physical education and as indicated by physicians' examinations and other tests approved by the Commissioner of Education. Individual medical certificates of limitations must indicate the area of the program in which the pupil may participate.
- (ii) School district plans shall indicate through the sequential curriculum the steps to be taken to insure that each pupil meets the requirement for participation in a physical education program which complies with the provisions of this section. School districts may award local diploma credit for the required program, and may also submit plans for elective units in physical education for additional credit.

(4) Personnel.

- (i) Elementary classroom teachers may provide instruction under the direction and supervision of a certified physical education teacher.
- (ii) When students participate in out-of-school activities as part of alternative programs, such activities may be taught by non-certified personnel, provided they have appropriate experience and are so approved by the board of education.
- (iii) Each school district operating a high school shall employ a director of physical education who shall have certification in physical education and administrative and supervisory service. Such director shall provide leadership and supervision for the class instruction, intramural activities, and interschool athletic competition in the total physical education program. Where there are extenuating circumstances, a member of the physical education staff may be designated for such responsibilities, upon approval of the commissioner. School districts may share the services of a director of physical education.

(5) Facilities. Trustees and boards of education shall provide adequate indoor and outdoor facilities for the physical education program at all grade levels. Appropriate guidelines to schools with respect to facilities will be provided by the Division of Physical Education, Fitness, Health, Nutrition and Safety Services.

(6) Administrative procedures.

- (i) School district plans for the physical education program shall include information on the following administrative procedures:
  - (a) curriculum development in relation to grade levels, as referred to in paragraph (1) of this subdivision;
  - (b) appropriate examinations and tests to be employed by school authorities in determining pupil needs and progress in physical fitness, knowledge and skills;
  - (c) class size and grouping patterns which are compatible with the activities being taught;
  - (d) use of non-school facilities;
  - (e) use of non-certified persons, such as student leaders, practice teachers, etc.;
  - (f) use of supplementary personnel which are described in section 80.33 of this Title;
  - (g) summer school physical education programs, if conducted; and
  - (h) policies and procedures for the conduct of extra class programs.

- (ii) Periodic reports regarding the status and progress of equivalent programs which have been approved by the commissioner shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services as requested.

(7) Basic code for extra class athletic activities. Athletic participation in all schools shall be planned so as to conform to the following:

(i) **GENERAL PROVISIONS.** It shall be the duty of trustees and boards of education:

(a) To conduct school extra class athletic activities in accordance with this Part and such additional rules consistent with this basic code as may be adopted by such boards relating to items not covered specifically in this code. A board may authorize appropriate staff members to consult with representatives of other school systems and make recommendations to the board for the enactment of such rules;

(b) to make the extra class athletic activities an integral part of the physical education program;

(c) to permit individuals to serve as coaches of interschool athletic teams, other than intramural teams or extramural teams, in accordance with the following:

(1) Certified physical education teachers may coach any sport in any school;

(2) teachers with coaching qualifications and experience certified only in areas other than physical education may coach any sport in any school provided they have completed;

(i) the first aid requirement set forth in section 135.5 of this Part;

(ii) an approved pre-service or in-service education program for coaches or will complete such a program within three years of appointment. Such program shall include an approved course in philosophy principles and organization of athletics, which shall be completed within two years after initial appointment as a coach. Upon application to the Commissioner of Education, setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than five years after such appointment. Such approved programs for coaches will consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department approved college program from two to eight credits; or a department approved in-service education program, conducted by schools, colleges, professional organization or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education; **(see Guidelines for Coaching Requirements - [www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html))**

(3) notwithstanding the provisions of section 80.18 of this Title, other persons with coaching qualifications and experience satisfactory to the board of education may be employed as temporary coaches of interschool sport teams, when certified teachers with coaching qualifications and experience are not available, upon the issuance by the commissioner of a temporary coaching license. A temporary coaching license, valid for one year, will be issued under the following conditions:

- (i) the superintendent of schools shall submit an application for a temporary coaching license, in which the inability of the district to obtain the services of a certified teacher with coaching qualifications and experience is demonstrated to the satisfaction of the commissioner;
  - (ii) candidates for initial temporary licensure shall have completed the first aid requirement set forth in section 135.5 of this Part prior to the first day of coaching;
  - (iii) candidates for the first renewal of a temporary license shall have completed or be enrolled in an approved course in philosophy, principles and organization of athletics; and
  - (iv) candidates for any subsequent renewal of a temporary license shall have completed or demonstrate evidence of satisfactory progress towards the completion of an approved pre-service or in-service education program for coaches which shall include an approved course in philosophy, principles and organization of athletics. Such approved programs for coaches shall consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education.
- (4) persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in sub clause (1), (2) or (3) of this clause, may continue to coach any sport. The NYS Board of Regents approved an amendment to section 135.4 of the Commissioner's Regulations to establish a three-year renewable professional coaching certificate. The amendment allows non-teacher coaches to be issued a professional coaching certificate. A professional coaching certificate will be valid for a three-year period, and may be renewed for an additional three-year period upon submission of a renewal application. For additional information please reference section 135.4. **NYSPHSAA NOTE:** Volunteer coaches as a special class of coaches are not recognized by the S.E.D. This means these coaches must meet all the preceding requirements.
- (d) to determine the need for an athletic trainer and to permit individuals to serve as athletic trainers for interschool athletic teams, intramural teams or physical education classes only in accordance with the following:
  - (1) Qualifications. Persons serving as an athletic trainer shall possess a valid certificate from the National Athletic Trainers Association or have completed a course of study comparable to that required for certification by the National Athletic Trainers Association.
  - (2) Scope of duties and responsibilities. The services provided by an athletic trainer shall include, but not limited to, the following:
    - (i) Provide first aid and sport injury emergency services for students;
    - (ii) provide school personnel and students with advice and services on physical conditioning programs, training methods,

- screening procedures, injury prevention and use of safety equipment for sports participation; and
    - (iii) supervise the training room, maintain and order first aid supplies, and maintain records on student injuries and illnesses relative to sports participation in cooperation with the school health service office.
  - (e) to give primary consideration to the well-being of individual boys and girls in the conduct of games and sports;
  - (f) to sacrifice no individual for the sake of winning events;
  - (g) to conduct all activities under adequate safety provisions;
  - (h) to equalize, insofar as possible, the powers of opponents in individual and group athletic competition;
  - (i) to provide adequate health examination before participation in strenuous activity and periodically throughout the season as necessary and to permit no pupil to participate in such activity without the approval of the school medical officer;
  - (j) to maintain an equitable division of facilities, budget and personnel between boys and girls;
  - (k) to permit no athletic team to represent a school except in conformance with this Part;
  - (l) to approve all traveling of individuals or teams under their jurisdiction;
  - (m) to permit no post-season games or tournaments;
  - (n) to permit no post-schedule games or tournaments other than those conducted by school authorities in accordance with approved standards;
  - (o) to permit any individual or team to represent a school only in games, meets or tournaments which are conducted by secondary school authorities;
  - (p) to provide opportunity for instruction, practice and competition for pupils in grade 4 through 6 in extra class programs which shall be basically intramural activities;
  - (q) to provide opportunity for instruction and practice for pupils in grades 7 through 12 in extra class athletic activities which are intramural activities and approved interschool competition;
  - (r) to limit athletic activities conducted by the school to appropriate competition and practice between pupils in grades 7 through 12, except that a post graduate pupil may participate in intramural activities;
  - (s) to provide the same general degree of opportunity for participation in intramural and interscholastic activities to both males and females.
- (ii) **PROVISIONS FOR INTERSCHOOL ATHLETIC ACTIVITIES FOR PUPILS IN GRADES 7 THROUGH 12.** It shall be the duty of the trustees and boards of education to conduct interschool athletic competition for grades 7 through 12 in accordance with the following:
- (a) **Interschool athletic competition for pupils in junior high school grades seven, eight and nine.** Such competition shall be conducted in accordance with the following exceptions:
    - (1) In junior high school, competition may include grades seven through nine.
    - (2) In six-year high schools, ninth grade pupils may participate in junior high competition.
    - (3) A board of education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high school pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness and skills

in relationship to other pupils on those teams in accordance with standards established by the commissioner.

- (ii) **Interschool athletic competition for pupils in senior high school grades 9, 10, 11 and 12.** Inter-high school athletic competition shall be limited to competition between high school teams, composed of pupils in grade 9 to 12 inclusive, except as otherwise provided in sub clause (a)(4) of this subparagraph. Such activities shall be conducted in accordance with the following:

- (4) **DURATION OF COMPETITION.** A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise provided in this sub clause, or except as authorized by a waiver granted under clause (d) of this subparagraph to a student with a disability. If a board of education has adopted a policy, pursuant to sub clause (a)(4) of this subparagraph, to permit pupils in seventh and eighth grades to compete in senior high school athletic competition, such pupils shall be eligible for competition during five consecutive seasons of a sport commencing with the pupil's entry into the eighth grade, or six consecutive seasons of a sport commencing with the pupil's entry into the seventh grade. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. A pupil shall be eligible for interschool competition in grades 9, 10, 11 and 12 until the last day of the school year in which he or she attains the age of 19, except as otherwise provided in sub clause (a)(4) or clause (d) of this subparagraph or in this sub clause. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1st may be extended under the following circumstances.

- (i) If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport was caused by illness or accident beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness or accident beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate.
- (ii) If the chief school officer demonstrated to the satisfaction of the section that the pupil's failure to enter competition during one or more seasons of a sport is caused by such pupil's enrollment in a national or international student exchange program, that as a result of such enrollment the pupil will be required to attend school for one or more additional semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil's eligibility shall be extended accordingly in such sport. (d) Waiver from the age requirement and four-year limitation for interschool athletic competition for students with disabilities in senior high school

grades 9, 10, 11, and 12. For purposes of this clause, the term non-contact sport shall include swimming and diving, golf, track and field, cross country rifle, bowling, gymnastics, skiing and archery, and any other such non-contact sport deemed appropriate by the Commissioner. A student with a disability, as defined in section 4401 of the Education Law, who has not yet graduated from high school may be eligible to participate in a senior high school non-contact athletic competition for a fifth year under the following limited conditions: (1) such student must apply for and be granted a waiver to the age requirement and four-year limitation prescribed in sub clause (b)(1) of this subparagraph. A waiver shall only be granted upon a determination by the superintendent of schools or chief executive officer of the school or school system, as applicable, that the given student meets the following criteria:

- (a) Such student has not graduated from high school as a result of his or her disability delaying his or her education for one year or more;
  - (b) such student is otherwise qualified to compete in the athletic competition for which he or she is applying for a waiver and the student must have been selected for such competition in the past;
  - (c) such student has not already participated in an additional season of athletic competition pursuant to a waiver granted under this sub clause;
  - (d) such student has undergone a physical evaluation by the school physician, which shall include an assessment of the student's level of physical development and maturity, and the school physician has determined that the student's participation in such competition will not present a safety or health concern for such student; and
  - (e) the superintendent of schools or chief executive officer of the school or school system has determined that the given student's participation in the athletic competition will not adversely affect the opportunity of the other students competing in the sport to successfully participate in such competition.
- (2) **REGISTRATION.** A pupil shall be eligible for interschool competition in a sport during a semester, provided that he is a bona fide student, enrolled during the first 15 school days of such semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80 percent of the school time, bona fide absence caused by personal illness excepted.
- (3) **SPORTS STANDARDS.** Interschool athletic programs shall be planned so as to provide opportunities for pupils to participate in a sufficient variety of types of sports. Sports standards, such as number of contests, length of seasons, time between contests, required practice days, etc., for all interschool sports shall conform to guidelines established by the Commissioner of Education.

(c) **Male and female pupils on interschool athletic teams.**

- (1) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex, except in accordance with the provisions of sub clauses (2) and (4) of this clause. For the purposes of this clause, baseball and softball shall be considered to constitute a single sport.
- (2) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.
- (3) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. **NYSPHSAA NOTE:** This clause is to meet the needs of the exceptionally talented girl.
- (4) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.



**§ 135.5 First aid knowledge and skills requirements for coaches.**

- (a) Coaches of extra class periods in physical education, as defined in section 135.1 (h) of this Part, shall meet the requirements of this section.
- (b) Except as provided in subdivision (c) of this section, all coaches must hold valid certification in first aid knowledge and skills, including instruction in the administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.
- (c) By January 15, 1993 all coaches employed on or after January 15, 1992 must hold valid certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.
- (d) For the purpose of this section, the following shall be deemed as equivalent to certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation as issued by the American National Red Cross:
  - (1) completion of an approved course for coaches in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation;
  - (2) completion of an approved college or university first aid knowledge and skills course, including instruction in administration of adult cardiopulmonary resuscitation;
  - (3) completion of approved college or university courses in athletic training and sports medicine, which include first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation; or
  - (4) equivalent experience which is approved by the Commissioner of Education.
- (e) Except as provided in subdivision (c) of this section, prior to the start of each sports season, coaches must provide valid evidence to their chief school officer that their first aid and adult cardiopulmonary resuscitation knowledge and skills are current pursuant to the requirements established by the American National Red Cross or that they meet equivalent requirements as set forth in subdivision (d) of this section.

# **GUIDELINES FOR THE COACHING REQUIREMENTS**



Regulations of the Commissioner of  
Education Section 135.4 (c) (7) (i) (c)  
and Section 135.5 The University of  
the State of New York  
THE STATE EDUCATION

DEPARTMENT July 19, 2009

## **NFHS Coaching Course New York State (NYS) Specific Second Pathway Guidelines**

### **Note**

Effective **July 1, 2015**, coaches in New York State (NYS) will be able to pursue a second alternative pathway to complete the 3 NYS required coaching courses (Principles, Philosophy and organization of Athletics in Education, Health Sciences Applied to Coaching, and Theory & Techniques of Coaching (Sport Specific) by utilizing the NFHS online coaching courses (AIC-Level 1 and CIC-Level 2) and completion of an internship in accordance with guidelines.

See link: [https://nfhslearn.com/home/coaching\\_requirement](https://nfhslearn.com/home/coaching_requirement)

### **The NFHS NYS Specific Second Pathway Process is outlined below:**

- I. First Temporary Coaching License – No Change
  - a. SED Approved First Aid course
  - b. SED Approved CPR/AED course
  - c. Child Abuse recognition course
  - d. School Violence Prevention Course,
  - e. DASA training
  - f. FingerprintingNot required for certification, however required by District to coach: Concussion Course (Every 2 years)
- II. Second Temporary Coaching License (First Renewal) – No Change
  - a. SED Approved First Aid course
  - b. SED Approved CPR/AED course
  - c. Child Abuse recognition course
  - d. School Violence Prevention Course,
  - e. DASA training
  - f. FingerprintingNot required for certification, however required by District to coach: Concussion Course (Every 2 years)
- III. Third, Fourth and Fifth Temporary Coaching License (2<sup>nd</sup> – 4<sup>th</sup> Renewal) – Two Options

<b>Option I (Current Requirements)</b>	<b>Option II NFHS</b>
SED Approved First Aid course	SED Approved First Aid course
SED Approved CPR/AED course	SED Approved CPR/AED course
Completion of Principles, Philosophy and Organization of Athletics in Education	NFHS Accredited Interscholastic Coach Certificate (AIC-Level 1)*

Child Abuse recognition course	Child Abuse recognition course
School Violence Prevention Course,	School Violence Prevention Course,
DASA training	DASA training
Fingerprinting	Fingerprinting
Not required for certification, however required by District to coach: Concussion Course (Every 2 years)(Kept at local level)	

**\*NFHS Accredited Interscholastic Coach Certificate (AIC-Level 1) includes:**

- i. Fundamentals of Coaching (NYS Specific)
- ii. First Aid, Health and Safety For Coaches
- iii. Concussion in Sports
- iv. One Sport Specific course of your choice. All courses can be found at <http://www.nfhslearn.org>

**IV. Professional Coaching Certificate (by year 5)**

<b>Option I (Current Requirements): Must be followed if the coach was issued the third temporary using this option</b>	<b>Option II (NFHS) Must be followed if the coach was issued the third temporary using this option</b>
SED Approved First Aid course	SED Approved First Aid course
SED Approved CPR/AED course	SED Approved CPR/AED course
Completion of Principles, Philosophy and Organization of Athletics in Education	NFHS Accredited Interscholastic Coach Certificate (AIC-Level 1)
Health Sciences Applied to Coaching	NFHS Accredited Interscholastic Coach Certificate (CIC-Level 2)**  Internship – 30 hours***
Theory & Techniques of Coaching (sport specific)	
Verification of three years of coaching	Verification of three years of coaching
Child Abuse recognition course	Child Abuse recognition course
School Violence Prevention Course,	School Violence Prevention Course,
Fingerprinting	Fingerprinting
Not required for certification, however required by District to coach: Concussion Course (Every 2 years) (Kept at local level)	

**\*\* Completion of the following *Certified Interscholastic Coach (CIC-Level 2)* Course Requirements:**

- i. Fundamentals of Coaching (NYS Specific) (Included in AIC)
- ii. First Aid, Health and Safety For Coaches (included in AIC)
- iii. Concussion in Sports (Included in AIC)
- iv. One sport-specific course of your choice (included in AIC)
- v. Creating a Safe and Respectful Environment
- vi. Strength and Conditioning
- vii. Teaching and Modeling Behavior
- viii. Engaging Effectively with Parents
- ix. Sportsmanship
- x. Sports Nutrition
- xi. Heat Illness Prevention

\*\*\*Internship: 30 hour minimum. Includes; Internship Evaluation Form completed (Kept at local level) and Coaching Internship Attestation (Sent to SED).

**Note:** If using Option II -NFHS certification for additional specific sport certificates, the evaluator must submit directly to the Office of Teaching Initiatives, the Coaching Internship Attestation form for the sport and the NFHS Sport Specific course completed.

# Verification of Completion of a Sport Specific Internship for NYS Athletic Coaches using the NFHS Pathway

## Instructions for the Coaching Candidate

Please complete Section I with your information and request your internship evaluator complete section 2 and return the form directly to the Office of Teaching Initiatives.

## Instructions for the Coaching Internship Evaluator

Please complete Section II. This form must be completed by the person that evaluated this coaching candidate. The form must be completed and submitted directly to the Office of Teaching Initiatives by mail to:

New York State Education Department  
Office of Teaching Initiatives  
89 Washington Ave  
Albany, NY 12234

### Section I:

First Name:	Last Name:	Middle Initial:	
Street Address:	City:	State:	Zip Code:
Date of Birth: ____/____/____	Last 4 Digits of the Social Security Number: _____		

### Section II

The coach identified above has completed an internship for: \_\_\_\_\_ Sport

Date internship complete: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mo day year

#### Attestation:

The undersigned hereby attests that he/she is the Internship evaluator of the above-described certification candidate. The coaching candidate has demonstrated the competencies as listed on the Internship Evaluation form and meets or exceeds expectations. See link: <http://www.p12.nysed.gov/ciai/pe/toolkit.html> The Internship Evaluation Form is found under the heading **Athletics and Coaching**.

School District/Agency/Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Signature Internship Evaluator: \_\_\_\_\_

Printed Name of the

Internship Evaluator: \_\_\_\_\_

Title/Position of the Internship Evaluator: \_\_\_\_\_



THE STATE EDUCATION DEPARTMENT / THE UNIVERSITY OF THE STATE OF NEW YORK / ALBANY, NY  
12234

Office Of Curriculum and Instructional Support  
89 Washington Avenue  
Albany, New York 12234  
(518) 474-5922; Fax: (518) 486-1385  
<http://www.emsc.nysed.gov/cia/>

### Internship Evaluation Information Form

Name of Coach: \_\_\_\_\_

Name and Title/Position of Evaluator: \_\_\_\_\_

Sport: \_\_\_\_\_ Date Completed: \_\_\_\_\_

**Directions:** An internship (Minimum of 30 hours) will include practical experience as a coach in a specific sport while under the supervision of a school district athletic administrator and/or agency leader and/or organization leader periods of observing other approved coaches. Evidence of the coaching experience and/or periods of observation must be accompanied by the internship evaluation information form. This information must be kept by the coach being evaluated and the district athletic administrator and/or local district personnel administrator. In addition, after the evaluation is complete, a Coaching Internship Attestation will have to be completed.

See: <http://www.highered.nysed.gov/tcert/teach/login.html>

Please rate demonstrated competencies of the coach in each of the listed areas of responsibilities as determined by your personal observation 4: Exceeds expectations, 3: Meets Expectations, 2: Needs Improvement, 1: Unsatisfactory

A. Team selection.

4 3 2 1

B. Practice planning (clear daily, weekly, and seasonal objectives).

4 3 2 1

C. Warm-up and conditioning activities.

4 3 2 1

D. Organization of drills, etc.

4 3 2 1





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Albany, New York 12234  
(518) 474-5922; Fax: (518) 486-1385  
<http://www.emsc.nysed.gov/cia/>

E. Skill instruction.

4 3 2 1

F. Strategy analysis.

4 3 2 1

G. Awareness of individual and team strengths/weaknesses.

4 3 2 1

H. Use of teaching aids.

4 3 2 1

I. Motivational techniques.

4 3 2 1

J. Professional relationship with fellow coaches.

4 3 2 1

K. Control of player and team behavior/conduct.

4 3 2 1

L. Care of Equipment.

4 3 2 1

The above information is provided as a result of my observation and evaluation of this coach during the \_\_\_\_\_ season for the sport of \_\_\_\_\_.

Signature of Evaluator \_\_\_\_\_

School: \_\_\_\_\_

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## **GUIDELINES FOR THE COACHING REQUIREMENTS**

Regulations of the Commissioner of Education  
Section 135.4 (c) (7) (i) (c) and Section 135.5  
The University of the State of New York  
THE STATE EDUCATION DEPARTMENT

July 19, 2009

### **PURPOSE**

In order to help provide a safe environment and successful experience for boys and girls who participate on interschool athletic teams, Section 135.4 (c) (7) (i) (c) of the Regulations of the Commissioner of Education pertaining to physical education include certain minimum requirements for a person to be appointed as a coach of an interschool athletic team (see Appendix A). This includes all head coaches and assistants for varsity, junior varsity, freshman and junior high (modified) teams of public schools.

Many times a person who would like to coach an interschool athletic team has little or no preparation to teach sport skills and techniques. The only qualification is often the person's participation on a college or university team, coach of a community youth team or perhaps experience as a professional player. While such experience is valuable, it does not constitute an adequate preparation for coaching an interschool team as an integral part of the school physical education program. Courses in techniques of coaching specific sports are necessary for persons not trained and certified as physical education teachers.

The coach needs to possess an understanding of the social, moral and physical values inherent in secondary school athletics. The coach needs to be aware of the basic philosophy and principles of athletics as integral parts of physical education and the total educational program for children. The coach needs to know the various regulations and rules governing athletics so that the decisions a coach makes will not adversely affect the eligibility of the students or penalize students unfairly.

A man or woman who coaches an interschool team must be capable of protecting the health and well-being of the students by having knowledge of the structure and function of the human body. A coach must have a working understanding of how to properly condition athletes and prevent injuries as well as recognize, evaluate and follow the proper course of action when injuries do occur.

The course requirements in the Regulations of the Commissioner of Education are intended to provide a person with an understanding of the basic philosophy and principles of athletics in education, the health related aspects of athletics and the techniques used to coach a specific sport.

## WHO SHALL MEET THE REQUIREMENTS?

Regardless of the experience or teaching certificates a person may have, State Education Law, Article (6), Section 3001b, requires that a person appointed as a coach of an interschool athletic team must hold valid first aid skills and knowledge certification (minimum of 12 hours initial training, valid for 3 years); and adult CPR certification (minimum of 4 hours training, valid for 2 years). Training courses are conducted by the American Red Cross, American Heart Association, National Safety Council, and New York State Education Department approved agencies. First Aid and CPR certification must be approved prior to the first day of practice. The equivalent requirements such as sports medicine and athletic training courses are discussed later in these guidelines. In addition to the first aid certificate, all coaches of interschool teams must meet part or all of the course requirements in a pre-service and/or in-service program. Which requirements apply to the individual coach depend upon the nature of the sport to be coached and the coach's previous experience, training and basic teaching certificate.

Potential secondary school coaches may possess three different backgrounds:

- (1) a certified physical education teacher;
- (2) a teacher certified in an area other than physical education, e.g. English, mathematics;
- (3) holds no teaching certificate and must qualify for a Temporary Coaching License.

## THE FOLLOWING SHOULD BE NOTED FOR EACH TYPE OF BACKGROUND:

**1. Certified Physical Education Teachers.** A person who holds a valid certificate to teach physical education in New York State may coach any sport in any school, but must meet the first aid/CPR requirement prior to starting to coach.

**2. Other Certified Teachers.** Coaching a secondary school athletic team is considered teaching physical education. However, a person who holds a valid teaching certificate in an area other than physical education may also be appointed to coach. The person may either complete appropriate courses or meet the provisions of the "grandfather" clause, as noted below. The "grandfather" clause qualifies a teacher under Section 80.2(c) of the Regulations of the Commissioner of Education to do incidental teaching (coaching) in an area other than the one for which the person holds a certificate.

In addition to the first aid/CPR requirement prior to starting to coach, the certified teacher must (a) complete an approved course (or an equivalent course satisfactory to the commissioner – see Appendix C for the Coaching Equivalent form) in Philosophy, Principles and Organization of Athletics in Education **within two years** from the date of initial appointment as a coach; (b) complete a course on Health Sciences Applied to Coaching **within five years** of appointment as a coach; and (c) also, **within that same five years**, complete a course on Theory and Techniques of Coaching the sport or sports for which he/she is appointed.

A certified teacher does **not** need to apply for a Temporary Coaching License. It is the responsibility of the school administration to monitor and require certified teachers to meet all requirements to coach.

### 3. Non-teacher Coaches.

**A) Temporary Coaching License (TCL).** A person who does not hold a current New York State teaching certificate (e.g. physical education, English, mathematics) may be appointed as a **temporary coach** *only if there are no certified teachers available with experience and qualifications to coach the team*. The non-teacher coach must obtain a Temporary Coaching license from their school district's BOCES (Board of Cooperative Educational Services) by applying on-line through the NYSED TEACH system and meet all of the same course requirements for coaching as does the certified classroom teacher within the same time lines and extensions.

- Application for the initial Temporary Coaching License, must submit **evidence of appropriate first aid and CPR; child abuse prevention workshop and violence abuse prevention workshop to the BOCES certification office**. The appropriate fee must be submitted with **each** application (see Appendix E - Application for a Temporary Coaching License). Only one sport may be applied to a TCL.
- Applications a 1<sup>st</sup> renewal of a Temporary Coaching License must be accompanied by evidence of enrollment or completion of the Principles, Philosophy and Organization of Athletics in Education course.
- Evidence of completion of the remaining required courses must meet the same time line followed by certified teachers (see item #2 above).

**B) Professional Coaching License (PCL).** A person who has completed all the required coaching courses, child abuse and violence abuse workshops, maintains fingerprint clearance, has valid first aid and CPR certification, and has held a minimum of **three Temporary Coaching Licenses for a sport per CR 135.4(c)(7)(4)(A)** may apply for a three-year renewable Professional Coaching License. The PCL may be renewed for an additional three-year period upon the submission of a renewal application. An application for a Professional Coaching License (see Appendix F – Application for a Professional Coaching License) requires a fee of \$50. Only one sport may be applied to each PCL.

Renewal applications must include a renewal application and fee; verification of current first aid and CPR; evaluations prepared by either the Principal or the Director of Physical Education/Athletics for **each year coached**.

#### **TCL AND PCL APPLICATIONS:**

Applicants must begin the licensure process directly through the on-line State Education Department TEACH system application process at [www.highered.nysed.gov/tcert](http://www.highered.nysed.gov/tcert)

#### **ADDITIONAL AUTHORITY IN REGULATION:**

**1)** A coach of a non-strenuous/non-contact sport is not required to take the last two courses on health sciences or theory and techniques courses (see Appendix B - Course Outlines).

**2) Extensions To Complete the Course Requirements:** An extension of up to **two additional years** to complete the last two courses may be obtained if there is sufficient reason given for an extension (see Appendix D - Application Form for an Extension).

**3) Lapse of Coaching Service:** An extension of up to **two additional years** may be granted by application to the Commissioner for extenuating circumstances that resulted in a lapse of coaching service from the time of initial appointment as a coach. (Appendix D – Application Form for an Extension)

**4) Grandfather Clause:** “persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in subclause (1), (2) or (3) of this clause, may continue to coach any sport;”

## **OTHER REQUIREMENTS FOR APPOINTMENT TO COACHING POSITIONS**

### **1) Fingerprinting Requirement**

The legislation on Project SAVE (Safe Schools Against Violence in Education Act) requires new school district employees (both certified and non-certified) as of July 1, 2001 to undergo fingerprinting and clearance for employment. The Teacher Moral Character Unit within the Office of Teaching is responsible for developing regulations for implementing this provision and is working with the Division of Criminal Justice Services and the Federal Bureau of Investigation on this requirement.

The State Education Department will produce fingerprint packets that include two fingerprint cards, information, instructions related to legislation, fees, due process rights and where to get fingerprinted. These packets will be sent to school districts and to colleges and universities that prepare teachers.

Further information regarding the Project Save fingerprinting initiative is available at the Department’s web site at [www.highered.nysed.gov/tcert](http://www.highered.nysed.gov/tcert) or by contacting the Office of Teacher Certification at (518) 474-6440.

### **2) Child Abuse and Violence Abuse Workshops.**

In accordance with Section 80-1.4 completion of a study in child abuse identification and reporting, and school violence prevention and intervention. All candidates shall have completed at least two clock hours of coursework or training regarding the identification and reporting of suspected child abuse or maltreatment in accordance with the requirements of sections 3003(4) and 3004 of the Education Law and completed at least two clock hours of coursework or training in school violence prevention and intervention, as required by section 3004 of the Education Law. Check with the local BOCES for course offerings or go to the following links to find an on-line class: <http://www.highered.nysed.gov/tcert/certificate/ca.htm> (child abuse identification) and <http://www.highered.nysed.gov/tcert/certificate/save.htm> (SAVE) for more information.

## **WHO IS RESPONSIBLE FOR COMPLIANCE AND RECORDS?**

**Compliance:** It is the responsibility of the board of education to appoint only coaches who meet the requirements as outlined in the Regulations of the Commissioner of Education. The chief school officer has the responsibility to see to it that all coaches once appointed by the board of education complete the necessary courses, to determine that the coaches are keeping their first aid skill and knowledge current and are complying with the coaching course requirements. Checking applicants through the SED TEACH system prior to submitting their names for appointment to the Board of Education is highly recommended.

**Record Keeping:** Each school district must keep permanent records on persons who have been and are currently coaching in the district. It is recommended that the director of physical education and athletics maintain these records. Information on the current coaching staff should be listed in the School District Plan for Physical Education.

## **WAYS OF MEETING THE EDUCATIONAL COURSE REQUIREMENTS FOR COACHING**

The courses required to be completed will depend upon the nature of the sport being coached. In addition to the first aid and CPR requirement, a person coaching a non-contact/non-strenuous sport (bowling, golf, archery, rifle, shuffleboard, table tennis) need only complete the Philosophy, Principles and Organization of Athletics in Education course. This is normally a 3-credit college course or a 45-clock hour non-credit course.

Persons coaching contact/strenuous sports (football, soccer, track and field (indoor and outdoor), cross-country, gymnastics, wrestling, basketball, swimming, ice hockey, baseball, softball, lacrosse, field hockey, team handball, volleyball, tennis, fencing, crew, skiing, handball and badminton) must have valid first aid/CPR and must complete:

- Philosophy, Principles and Organization of Athletics in Education course (a 3-credit college course or a 45-clock hour non-credit course).
- Health Sciences Applied to Coaching (a 3 credit or 45 clock hour course) and,
- Theory & Techniques of Coaching (specific to the sport coached) (a 2 credit or 30 clock hour course)

(see Appendix B - Course Outlines and Sport Categories).

## **Ways in which the educational requirements for coaches can be met are:**

1. Complete a State Education Department-approved course for coaches offered by approved agencies: schools, leagues, BOCES, colleges, universities or other like agencies; (an alphabetical list by location of approved agencies may be found on the Physical Education web page: [www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html) Click the item Toolkit, then click on the bullet: Approved Courses); OR
2. Obtain approval for equivalent experience in lieu of attending one or more of the courses. Applications for equivalent experience must be made to the Office of Curriculum and Instruction (click on Toolkit in the above link, then click on the bullet: FORM and send the form and appropriate documentation: transcripts, course descriptions, certifications, etc., to the State Education Department, Office of Curriculum and Instruction, 89 Washington Avenue, Albany, NY 12234, Attention: Physical

Education). **Please note:** approval for equivalent experience applied to the Philosophy, Principles and Organization of Athletics in Education course is seldom given because few people received the practical experiences of working with the specific rules, regulations and interpretations which govern athletics in New York State schools.

The State Education Department does **not** issue course credit. Credit for courses is only given by approved agencies who offer the coaching courses. Partial or full credit towards fulfillment of required courses may be given for participation in appropriate conferences, clinics, coaching schools, other courses or experiences that provide knowledge of a comparable nature. Persons who believe they can qualify for such credit should contact the SED Physical Education Associate for an evaluation of their course experiences (Coaching Course Equivalents). A review may exempt persons from class sessions covering topics in which the person's experience is judged to be sufficient.

All coaches must be **current** in first aid and CPR prior to the first day of practice for the assigned sport. First aid/CPR for coaches can be completed through various options. Options available include the following (First Aid valid for three years and CPR valid for two years for the purpose of coaching):

1. Completion of an approved First Aid or CPR program by the American Red Cross, American Heart Association, National Safety Council or other approved agency included on a list available from the State Education Department; OR
2. A State Education Department-approved college or university course on athletic training or sports medicine that includes first aid certification; OR
3. A State Education Department-approved In-service first aid course; OR
4. A State Education Department-approved college first aid course; OR

A list of State Education Department approved agencies providing in-service first aid courses is available online at: [www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html) click on Toolkit, then click on the bullet: Approved Courses. *Insuring that all coaches continue to meet requirements for first aid and CPR from the date of appointment to coach an interschool team is the responsibility of the chief school officer.* Prior to the start of each sport season, the chief school officer must require valid evidence that each coach has kept current with skill and knowledge of first aid and CPR and that all coaches have completed coaching course work as required.

## **SPORT CATEGORIES:**

### **STRENUOUS/CONTACT SPORTS:**

Football, soccer, track and field (indoor and outdoor), cross-country, gymnastics, wrestling, basketball, swimming, ice hockey, baseball, softball, lacrosse, field hockey, team handball, volleyball, tennis, fencing, crew, skiing, handball and badminton.

### **NON-CONTACT/NON-STRENUOUS SPORTS:**

Bowling, golf, archery, rifle, shuffleboard, table tennis.



## **WHO MAY OFFER APPROVED PROGRAMS**

Programs may be offered by colleges and universities, two year colleges, school districts, BOCES, professional organizations, athletic leagues, section athletic councils, athletic associations or other recognized groups or agencies that have received approval from the State Education Department. Agencies or organizations wishing to offer a coaching program should make application to the Office of Curriculum and Instruction and must receive approval prior to implementation.

### **I. The materials to be submitted with a letter of request for approval shall include:**

1. The contact person for the agency. Include name, full address, phone number and email address;
2. The name of the person(s) teaching the course(s), including evidence of their competence: **see specifics in item II. below**;
3. A statement from the agency indicating it will keep permanent records on persons who complete the courses, where the records will be kept and who will be responsible for them;
4. Indicate which course(s) the agency wishes to be approved to teach:
  - Philosophy, Principles and Organization of Athletics in Education
  - Health Sciences Related to Coaching
  - Theory & Techniques of Coaching – sport specific
  - First Aid
  - CPR;
4. A list of the resource persons that will be used (for coaching courses only);
5. A description of the evaluation techniques to be used.
6. Name, address, and email for each instructor you wish approved, plus the items under Instructor Approvals:

### **II. Instructor Approvals:**

#### **A) Coaching Courses:**

To have instructors approved to teach any of the coaching courses, please see the following list of qualifications necessary to become an instructor. Verification of these items must accompany a request to have the individual approved to be an instructor:

- 1) Earned Master's Degree
- 2) Copy of teacher certification or other NYS Education Department certification (counselors, school psychologists, Nurses license, etc.)
- 3) Documentation of completion of the three coaching courses (for all individuals that are not certified in physical education)
- 4) Minimum of five years recent coaching experience at the interscholastic Varsity - Head coach level – or currently in a Director of Physical Education/Athletics position.
- 5) List of current memberships: (NYS Public High School Athletic Association, NYS Athletic Administrators Association, NYS Council of Administrators, NYS Association of Health, Physical Education, Recreation and Dance, Inc., etc.)
- 6) Knowledge and understanding of the NYSPHSAA Handbook.
- 7) NYS Certified Athletic Trainers may be approved to teach Health Sciences Applied to Coaching without items 2 and 4.
- 8) Three letters of recommendation to be an instructor for SED.

#### **B) First Aid/CPR Courses:**

First Aid and CPR instructors must provide the following verifications:

- 1) Documentation of 5 years experience teaching First Aid and/or CPR for a recognized agency such as the American Red Cross, American Heart Association, National Safety Council, EMS Services, NYS Department of Health, etc.
- 2) Current instructor certifications from one of the above.
- 3) Three letters of recommendation to become an instructor for SED.

### **III. Upon agency approval:**

Once the agency and instructors are approved, a course outline for each of the courses to be taught will be sent to the contact person listed for the agency. Certificates of completion for Coaching Courses, First AID and CPR will be provided for participants (photocopy masters) and approved agencies will be responsible to provide certificates of completion to participants for each coaching course offered.

### **IV. Course Certificates of Completion:**

Participant certificates will be provided by SED for all agencies approved to teach the courses. An original photocopy of the certificates will be sent to the Point of Contact upon approval. These certificates must be used to provide evidence of course completion to the BOCES Certification Units and the Director's of Physical Education/Athletics where the individual is coaching. ONLY THESE CERTIFICATES WILL BE ACKNOWLEDGED BY THE CERTIFICATION UNITS AS EVIDENCE OF COURSE COMPLETION THROUGH A NYSED APPROVED AGENCY.

### **V. Applications to NYSED:**

Send the above to: Associate in Physical Education, State Education Department, Room 320 EB, Albany, New York 12234 for an updated list. If you have questions, please send them via email to: [pkocials@mail.nysed.gov](mailto:pkocials@mail.nysed.gov)

## **APPENDIX A**

### **Regulations of the Commissioner of Education Section 135.4 (c) (7) (i) (c) Effective July 16, 2009**

#### **Coaches of Interschool Athletic Teams**

(7) Basic code for extra-class athletic activities. Athletic participation in all schools shall be planned so as to conform to the following:

(i) General provisions. It shall be the duty of trustees and boards of education:

(a) .....

(b) .....

(c) to appoint individuals to serve as coaches, whether in a paid or non-paid (volunteer) status, of interschool athletic teams, other than intramural teams or extramural teams, in accordance with the following:

(1) Certified physical education teachers may coach any sport in any school;

(2) Teachers with coaching qualifications and experience certified only in areas other than physical education may coach any sport in any school, provided they have completed:

(i) the first aid requirement set forth in section 135.5 of this Part; and

(ii) an approved pre-service or in-service education program for coaches or will complete such a program within three years of appointment. Such program shall include an approved course in Philosophy, Principles and Organization of Athletics in Education which shall be completed within two years after initial appointment as a coach and approved courses in Health Sciences Applied to Coaching, and Theory and Techniques of Coaching that is sport specific, which shall be completed within five years of initial appointment. Upon application to the commissioner of education, setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than five years after such appointment. Such approved programs for coaches will consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department-approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the commissioner of education. Upon application to the Commissioner of Education in a format prescribed by the Commissioner and setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than seven years after such appointment; provided that coaches who have a lapse in service due to maternity leave, military leave, or other extenuating circumstances may apply to the Commissioner for an additional extension of no more than two years to complete course work.

(3) Temporary Coaching License. Notwithstanding the provisions of section 80.18 of this Title, other persons with coaching qualifications and experience satisfactory to the board of education may be appointed as temporary coaches, whether in a paid or non-paid (volunteer) status, of interschool sport teams, when certified teachers with coaching qualifications and experience are not available, upon the issuance by the commissioner of a temporary coaching license. A temporary coaching license, valid for one year, will be issued under the following conditions:

- (i) the superintendent of schools shall submit a statement to the Department that the district is unable to obtain the services of a certified teacher with coaching qualifications and experience;
- (ii) candidates for initial temporary licensure shall have completed the first aid requirement set forth in section 135.5 of this Part prior to the first day of coaching;
- (iii) candidates for the first renewal of a temporary license shall have completed or be enrolled in an approved course in Philosophy, Principles and Organization of Athletics in Education; and
- (iv) candidates for any subsequent renewal of a temporary license shall have completed an approved pre-service or in-service education program for coaches which shall include an approved course in Philosophy, Principles and Organization of Athletics, which shall be completed within two years after initial appointment as a coach, and approved courses in Health Sciences Applied to Coaching, and Theory and Techniques of Coaching that is sport specific, which shall be completed within five years of initial appointment. Such approved programs for coaches shall consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department-approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the commissioner of education. Upon application in a format prescribed by the Commissioner of Education and setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than seven years after such appointment; provided that coaches who have a lapse in service due to maternity leave, military leave, or other extenuating circumstances may apply to the Commissioner for an additional extension of no more than two years to complete course work.

(4) Professional coaching certificate.

- (i) Notwithstanding the provisions of subclauses (1)-(3) of this clause, other persons with coaching qualifications and experience satisfactory to the board of education may coach a specific sport in any school, upon the issuance by the commissioner of a professional coaching certificate. A professional coaching certificate, valid for three years, shall be issued to a candidate who submits a fee of \$50 together with an application, in a form prescribed by the commissioner, which satisfactorily establishes that:

- (A) the candidate has completed the requirements set forth in items (3)(ii), (iii) and (iv) of this clause; and

- (B) the candidate has a minimum of three years coaching experience in a specific sport in a New York State interschool athletic program;

- (ii) a professional coaching certificate shall be valid for a three year period, provided that such certificate may be renewed for additional three year periods upon the submission of a fee of \$50 together with a renewal application for each successive renewal period, in a form prescribed by the commissioner, which satisfactorily establishes that:

- (A) the candidate meets the requirements of sub-items (i)(A) and (B) of this subclause; and

- (B) the candidate has received a satisfactory evaluation by the principal or athletic director for each of the preceding three years that the candidate coached in the specific sport for which a professional coaching certificate is sought;

- (iii) evaluation by principal or athletic director;

(A) A school district that appoints an individual as a coach pursuant to a professional coaching certificate shall ensure that the principal or athletic director responsible for the supervision of such individual conducts an evaluation of such individual during each year in which such individual is so employed;

(B) Each evaluation shall include, but not be limited to, a review of the coach's: communication and interpersonal skills, including interactions with colleagues, students, parents and the general public; supervisory, organizational, and leadership capabilities; knowledge and proficiency in first aid, CPR, sexual abuse guidelines, and other athlete injury-related protocols and procedures; and adherence to guidelines for purchasing equipment, uniforms and related supplies and for storing and maintaining sports equipment;

(5) persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in subclause (1), (2) or (3) of this clause, may continue to coach any sport;

## **APPENDIX B**

### **COACHING COURSE SUMMARIES**

#### **Principles, Philosophy and Organization of Athletics in Education (3 Credits – 45 Hours)**

This 45 hour course will be taught in 15 sessions. Each session is three hours in duration.

The course covers basic philosophy and principles as integral parts of physical education and general education; State, local and national regulations and policies related to athletics; legal considerations; function and organization of leagues and athletic associations in New York State; personal standards for the responsibilities of the coach as an educational leader; public relations; general safety procedures; general principles of school budgets, records, purchasing and use of facilities. (Note: This is not a course in “athletic administration.” In addition to first aid and CPR, this is the *only course required for coaches of non-contact/non-strenuous sports*: bowling, golf, archery, rifle, shuffleboard, table tennis).

#### **Health Sciences Applied to Coaching (3 Credits – 45 Hours)**

This 45 hour course will be taught in 15 sessions. Each session is three hours in duration.

The course is a series of interactive exercises and activities designed to study Health Sciences as they apply to coaching sports. Through these activities, exercises and health application to coaching topics, participants will gain information, organize it for professional and personal use, and apply it to their particular programs. Health Sciences as applied to coaching will also help define: selected principles of biology, anatomy, physiology, kinesiology related to coaching; risk minimization; mixed competition; NYSED selection and classification of athletes; age and maturity of athletes.

This 45 hour course is divided into three parts:

Part I - Philosophy, Physiology, and Psychology (9 hours)

Part II - Fitness, Conditioning, Sport Specific Training, Nutrition, and Weight Management (24 hours)

Part III - Current and On-going Health Issues and Administrative Procedures (12 hours)

## Theory & Techniques of Coaching (2 Credits - 30 Hours)

This 30-hour course will be taught in ten (10) sessions. Each session is three (3) hours in duration. The first five (5) sessions will address the commonalities of all sports. Sessions six through eight (6-8) will deal with the coaching of specific sports. Session nine (9) will result in an internship experience in one specific sport as described below. Session ten (10) will deal with the coach's maintenance of personal health and wellness.

The course will begin with an introductory phase in which the basic concepts common to all sports will be discussed. Topics will include a history of interscholastic athletics in New York State. The objectives, rules, regulations and policies of athletics, as well as performance skills, technical information, and organization and management practices will also be among the topics covered. The special training and conditioning of the athletes in specific sports, the fitting of equipment, specific safety precautions and officiating methods will also be examined. An internship that will include practical experience as a coach in the specific sport and/or periods of observing other approved coaches will also be required.

### Second Sport Certification

If a coach wishes to gain **certification in a second sport** *while taking this course*, he/she must meet additional requirements by completing activities in sessions 6, 7, and 8 for that sport. A second internship experience (Session 9) must also be completed for the additional sport.

If a coach *has already completed* the Theory & Techniques of Coaching course for one sport and at a later date wishes to have certification in a second sport, they must complete only Sessions 6, 7, 8, and 9 for that sport and not the entire course.

The following courses are approved as equivalent instruction for sessions 6-9 when requesting 2<sup>nd</sup> sport certifications only:

- 1) National Federation of High Schools: Fundamentals of Coaching: Soccer, Football, Wrestling, Lacrosse
  - 2) American Sport Education Program: Coaching Technical and Tactical Skills
- Online Courses in Football, Basketball, and Baseball

APPENDIX C

COACHING COURSE EQUIVALENT APPLICATION

**INSTRUCTIONS:**

**Please print legibly or type all information.** This application is a request for the State Education Department to give credit for equivalents to the coaching courses required by the Regulations of the Commissioner of Education, Section 135.4 in lieu of attending courses offered by approved agencies. Send completed form to:

**Physical Education, State Education Department, Room 320 EB Albany, New York 12234**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home

Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ - (ext) \_\_\_\_\_

1. Do you hold a New York State Teaching Certificate? \_\_\_\_\_ Yes \_\_\_\_\_ No

If Yes, in what subject? \_\_\_\_\_ Type \_\_\_\_\_

Effective Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Certificate Number \_\_\_\_\_

2. Are you currently employed as a coach? \_\_\_\_\_ Yes \_\_\_\_\_ No

If Yes, School Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip

Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Date appointed \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Director of Physical Education/Athletics \_\_\_\_\_

3. Courses requested to be met by Equivalent Experience:

\_\_\_\_\_ Philosophy, Principles and Organization of Athletics in Education

\_\_\_\_\_ Health Sciences Related to Coaching

\_\_\_\_\_ Theory and Techniques of Coaching (Sport): \_\_\_\_\_

(OVER)



**List equivalents** related to the courses below **and attach copies** of transcripts, course descriptions, clinics attended with certificates of participation, or other verification of equivalents:

A. Philosophy, Principles and Organization \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

B. Health Sciences Applied to Coaching \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. Theory and Techniques of Coaching (specific to the sport coached) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I declare and affirm that the statements made in the foregoing application, including accompanying statements and transcriptions, are true and correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**FOR BUREAU USE ONLY**

Approved \_\_\_\_/\_\_\_\_/\_\_\_\_ Disapproved \_\_\_\_

\_\_\_\_/\_\_\_\_/\_\_\_\_ Returned for

Clarification \_\_\_\_/\_\_\_\_/\_\_\_\_ Signed \_\_\_\_

\_\_\_\_\_

## APPENDIX D

# COACHING COURSE EXTENSION APPLICATION

### INSTRUCTIONS:

**Please print legibly or type all information.** This application is a request for the State Education Department to give an extension of time to meet the coaching courses required by the Regulations of the Commissioner of Education, Section 135.4. Send completed form to:

**Physical Education, State Education Department, Room 320 EB Albany, New York 12234**

Name \_\_\_\_\_  
(Last) (First) (Middle)

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone (\_\_\_\_\_) \_\_\_\_\_  
(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

1. District where you coach: \_\_\_\_\_
2. Director of Physical Education/Athletics: \_\_\_\_\_

3. The coaching courses **completed** and the agency where courses were taken:

Philosophy, Principles and Organization of Athletics in Education:

Health Science Related to Coaching:

Theory and Techniques of Coaching (Sport):

4. Reasons for requesting an extension:

5. Plans for completing courses (indicate dates and locations):

☐ Philosophy, Principles and Organization of Athletics in Education:

☐ Health Sciences Applied to Coaching:

☐ Theory & Techniques of Coaching:

I declare and affirm that the statements made in the foregoing application are true and correct.

Signature \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### FOR BUREAU USE ONLY

Approved \_\_\_\_/\_\_\_\_/\_\_\_\_ Disapproved \_\_\_\_

\_\_\_\_/\_\_\_\_/\_\_\_\_ Returned for

Clarification \_\_\_\_/\_\_\_\_/\_\_\_\_

Signed \_\_\_\_\_

# COURSES ACCEPTED AS MEETING THE COACHES FIRST AID AND CPR REQUIREMENT AS OF AUGUST 2011

**\*FIRST AID--All cards must be renewed every 3 years or per certifying agency requirements--NO**

## **ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years)  
([www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html) - Click on Toolkit, then on Approved Coaching Courses)
2. American Red Cross:
  - a. Responding to Emergencies **NOW VALID FOR ONLY 2 YEARS** per ARC
  - b. Lifeguard Training (**meets FA & CPR certification**)
  - c. NYS First Aid for Coaches
3. NYSDOH/Bureau of Emergency Medical Services:
  - a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
  - a. Advanced First Aid, CPR & AED (meets FA & CPR certification)

**\*ADULT CARDIOPULMONARY RESUSCITATION (CPR)--All cards must be renewed every 1-**

## **2 years per certifying agency requirements--NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers CPR using the [NEW SED course outline and time requirements](#): 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid) checkout  
[www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html) - Click Toolkit, then on Approved Coaching Course)
2. National Safety Council (NSC):
  - a. CPR/AED Course
  - b. Advanced First Aid, CPR & AED
3. American Heart Association Courses (AHA):
  - a. Advanced Cardiac Life Support (ACLS) -- (**credited only for CPR/AED**)
  - b. Basic Life Support for Health Care Providers (BLS)
  - c. Heartsaver AED (includes CPR)
4. American Red Cross Courses (ARC):
  - a. Adult CPR/AED
  - b. CPR/AED for the Professional Rescuer (**credited for CPR and AED**)
  - c. Lifeguard Training (**credited for both CPR and First Aid**)
5. American Safety & Health Institute (ASHI)
  - a. Adult CPR/AED

**SED does not require the following to have separate certification in First Aid to coach,**

**HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED:** a. All Nurses b. Physician--PA

c. Certified EMT/Paramedic d. Certified Athletic Trainer e. Fire & Police Officers (fulltime)

\*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Ed

## **COMMON ACRONYMS**

<b>AHA</b>	<b>American Heart Association</b>
<b>ARC</b>	<b>American Red Cross</b>
<b>ASEP</b>	<b>American Sport Education Program</b>
<b>BOCES</b>	<b>Board of Cooperative Educational Services</b>
<b>CPR</b>	<b>Cardiopulmonary Resuscitation</b>
<b>EMS</b>	<b>Emergency Medical Services</b>
<b>FA</b>	<b>First Aid</b>
<b>NFHS</b>	<b>National Federation of High Schools</b>
<b>NSC</b>	<b>National Safety Council</b>
<b>NYSAAA</b>	<b>New York State Athletic Administrators Association</b>
<b>NYSAHPERD</b>	<b>New York State Association for Health, Physical Education, Recreation and Dance, Inc.</b>
<b>NYSDOH</b>	<b>New York State Department of Health</b>
<b>NYSED</b>	<b>New York State Education Department</b>
<b>NYSPHSAA</b>	<b>New York State Public High School Athletic Association</b>
<b>PCL</b>	<b>Professional Coaching License</b>
<b>TCL</b>	<b>Temporary Coaching License</b>
<b>Project SAVE</b>	<b>Safe Schools Against Violence in Education Act</b>

## GUIDELINES FOR SPORTS STANDARDS

(As provided for in the Regulations of the Commissioner of Education - Section 135.4 (c) (7) (ii) B9) (3).)

NOTE: The State Education Department shall annually review the sports standards of athletic associations in order to insure that they conform to the intent of the Regulations and these guidelines.

Sports standards adopted by an athletic association shall conform to the following:

1. **Seasons.** Each sport shall be assigned a specific starting and finishing date for all member schools. Any necessary changes in such dates due to local school, league or section problems must be approved by the executive officers of the associations. The length of a season, including all skill testing, conditioning, practice and contests, shall not exceed:
  - a. 15 consecutive weeks for crew, cross-country, field hockey, football, lacrosse, outdoor track and field, soccer and team handball;
  - b. 22 consecutive weeks for basketball, gymnastics, ice hockey, indoor track and field, skiing, swimming, volleyball and wrestling;
  - c. 2 separate 15 week periods (fall and spring) for badminton, baseball, fencing, golf, handball, softball and tennis;
  - d. Unlimited season length for bowling, archery, riflery and table tennis (these need not be schedule in contiguous segments).

NOTE: It is recommended that an athlete finishing a strenuous or contact sport season and starting another be given a week layoff between seasons and adjustments be made in required practices for such cases.

2. **Time Between Contests.** Each sport shall be designated with an appropriate time between contests, including interschool scrimmages. The time between contests shall be consistent with the nature of the sport in terms of: pupil physical recovery time, injury exposure, specialized practice preparation, as well as the administrative, financial and climatic factors.
3. **Required Practice Days.** Each sport shall be assigned a suitable number of practice days prior to the first scrimmage and contest. A minimum number of practice days shall be established as team practices and a minimum number of practice days shall be required of each participant. Team sports of a strenuous nature shall also have an appropriate number of practice days devoted entirely to physical conditioning before commencing with team skill development activities.
4. **Maximum Number of Contests.** The maximum number of contests, which may be established for interscholastic sports during a regular schedule, shall be determined in the sections established by the athletic associations of the State. The maximum number of contests shall be limited in accordance with a majority vote of the chief school officers of the schools located within the section. The maximum number of contests established for each sport during the regular schedule is subject to review by the state athletic associations and may be altered where it is found that disparities in the number of games contribute to unequal competition between teams in different sections.

All sectional post-schedule tournaments shall be approved by the local sectional athletic council or controlling body in which the schools hold membership. All other post-schedule tournaments shall be approved by state associations. (see p. 105)

5. **Mixed Competition.** Mixed competition between male and female pupils shall conform to Section 135.4 (c) (7) (ii) (c). An exceptional girl, under this regulation, is a girl who is so far superior to other girls in her school, league, or section that she can only be challenged through participation on a boys' team. (see p. 39, 47, 80)
6. **Participation Rules.** Eligibility standards adopted by an athletic association shall be the same for male and female pupils.  
Competition standards for each sport must be the same for male and female sports when the events and rules are identical, and associations shall make an effort to have these standards equitable whenever the events and rules are not identical.
7. **Sports Standards** adopted by an association shall be filed with the New York State Federation of Secondary School Athletic Associations and the New York State Education Department.



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To: District Superintendents  
School Superintendents  
Directors of Charter Schools  
Non-Public Schools Fingerprint Contacts  
Private Schools Fingerprint Contacts

From: Deborah A. Marriott

Subject: Fingerprinting Sports Officials

Date: September 23, 2011

The purpose of this memorandum is to clarify and provide guidance on the topic of fingerprint supported criminal history background checks for sports officials, as mandated by the Schools Against Violence in Education ("SAVE") law, which was enacted in 2000 (Ch. 180, Laws 2000).

At the outset, it is important to note that it is the covered school's obligation to comply with the requirements of SAVE. Each individual covered school must analyze each employment situation to determine how to ensure that that employment situation complies with the fingerprinting requirement of SAVE. In other words, each covered school must ensure that the prospective employee, in this case - the sports official, is fingerprinted or meets a fingerprinting exception contained in the Commissioner's regulations at 8 NYCRR §87.2(k). "It is the covered school's responsibility to ascertain how to best meet these requirements and to implement an individualized plan that will ensure compliance. For instance, a covered school could choose to apply a fingerprinting exception, when applicable, to each employee or it could determine, in their discretion, that it cannot meet the exception's conditions for a particular group of employees and adopt a policy that requires that group to be fingerprinted prior to employment.

Specifically, with respect to sports officials, covered schools have advised that they are encountering the following recurring issues and are seeking an interpretation of the application of two exceptions provided for in the Commissioner's regulations. The issues for consideration are:

1. The complexity and cost involved in evaluating whether an official should be grandfathered for any given contest/year in a particular school district;

2. The complexity and cost involved in tracking the number of visits to verify that the 5-visit limitation has not been exceeded for non-grandfathered officials who have not been fingerprinted and cleared;
3. The real possibility that for any given contest, the official who arrives to work may exceed the 5-visit limitation due to the fact that there are many last minute substitutions of officials; and
4. The requirement to provide direct in-person supervision of each non-grandfathered official while that official is on school grounds.

The exceptions to the fingerprinting requirements contained in the regulations are very limited in scope and cannot be "piggybacked" on each other. The exceptions are as follows:

**"Grandfather"** - allows an employee who worked in a school district in the school year prior to July 1, 2001 to be exempt from fingerprinting as long as he or she maintains at least one employment contact with the school district in each subsequent school year after July 1, 2001. A break of a school year means the exception no longer applies to the employee. Employees are grandfathered only within a district. The failure to work in a district during any subsequent school year would mean that the employee must be fingerprinted to work in that school district again. In other words, the employee needed to have one employment contact in the 2000-2001 and at least one employment contact every school year since then. Sports officials, who are grandfathered for one sport at a covered school in a given school year, are automatically grandfathered for all sports at the covered school in the same school year (8 NYCRR §87.2(k)(3)[ii]).

**"5-Day Rule"** - allows an employee who is expected to have no more than five days of contact with a covered school (not a school building and not per sport), to be exempt from fingerprinting as long as that employee has **in-person supervision** by a covered school employee who has complied with SAVE. This exception allows for a total number of contact days with a covered school for a school year (July 1 - June 30). It cannot exceed five. If an official works more than one sport, the total number of contacts days is calculated toward the 5-day rule, not the total number per sport. In other words, a sports official cannot work 5 days for one sport, and then 5 days for another sport (8 NYCRR §87.2(k)(3)[iii]).

Finally, covered schools, may not exempt an employee by using the "5-day rule" in the first year and then claim that they are "grandfathered" in the second year. The only employees that can claim to be "grandfathered" must have had an uninterrupted series of employment contacts since the 2000-2001 school year.



1. Does a covered school have the right to have stricter standards than the law, by requiring a background check on any official prior to allowing that official to work a contest in that school, even if the official may actually be "exempt" from having to be fingerprinted under the law?

Generally no. It is, however, the duty of the covered school to ensure that the requirements of SAVE are satisfied. As was indicated above, a covered school can determine that it cannot meet the conditions of the exceptions contained in the Commissioner's regulations for a particular group of employees and adopt a policy that requires that group to be fingerprinted prior to employment. With respect to sports officials, a covered school could determine that it is too cumbersome to ascertain whether the "grandfather" provision applies to each of the several hundred sports officials it uses in any given school year (prior to him or her providing services on-site) and, therefore, require that he or she be fingerprinted prior to employment.

2. Must a school provide in-person supervision for sports officials so that the sports official can use the 5-day exemption (provided the sports official does not exceed the 5 day rule)?

No, a covered school can determine that it cannot provide in-person supervision for all sports officials when they are officiating sports contests and, therefore, the 5-day rule does not apply. If a covered school chooses to apply the 5-day rule to a sports official, *it is the covered school's responsibility* to ensure that the sports official: 1) has the in-person supervision required by the regulation; and 2) does not exceed the 5-day limitation. Employing an individual without in-person supervision or in excess of the 5-day rule, without completion of the fingerprint background check, does not comply with the Commissioner's regulation.

3. Can a covered school refuse to hire an official who does not have clearance under SAVE legislation, even though the official was not actually required to be cleared under the law?

Yes, if the official does not meet a covered school's policy that reasonably complies with SAVE, the covered school is under no obligation to hire them. Sports officials may choose not to comply with a covered school policy that requires fingerprinting, however, covered schools are under no obligation to hire anyone who refuses to comply with the school policy concerning fingerprinting.

# **ATHLETIC PLACEMENT PROCESS FOR INTERSCHOOL ATHLETIC PROGRAMS**



The University of the State of New York  
The New York State Education Department  
Office of Curriculum and Instruction  
Albany, New York 12234  
February 2015

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## PREFACE

The Athletic Placement Process (APP) is a program for evaluating students who want to participate in sports at higher or lower levels, as approved by the Board of Regents as a part of the school eligibility rules in 1980, and is aligned with Learning Standards 1 and 2. Commissioner's Regulation Section 135.4(c)(7)(ii)(a)(4) states:

*A Board of Education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness, and skills in relationship to other pupils on those teams in accordance with standards established by the Commissioner.*

These standards state that students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, maintain personal health, and acquire both the knowledge and ability to create and maintain a safe and healthy environment.

The New York State Education Department (NYSED) has collaborated with the New York State Athletic Administrators Association (NYSAAA), the New York State Public High School Athletic Association (NYSPHSAA), the Statewide School Health Services Center (SSHSC), district directors of school health services (commonly referred to as medical directors and previously known as school medical officers), and directors of physical education/athletics to promote physical education and interschool athletic competition statewide. This guide to the Athletic Placement Process is the result of that collaboration.

This document represents the shared belief of the NYAAA, the NYSPHSAA, medical directors, directors of physical education/athletics, and the NYSED that physical education and interscholastic athletic competition are important to the development of the whole child, and that students benefit when they can participate in such activities at a pace that is consistent with their physical and emotional maturity, size, fitness level, and athletic skill.

Schools, both public and private, competing in interscholastic sports under the jurisdiction of the Commissioner's Regulations may choose whether or not to adopt a policy that permits students in the 7<sup>th</sup> and 8<sup>th</sup> grades to try out for a high school team, or that permits high school students to play at the modified level. If schools choose to have such a policy, the process outlined in this document is to be followed.

Normally, a student is eligible for senior high athletic competition in a sport during each of four consecutive seasons, beginning with entry into the ninth grade. However, by satisfying the requirements of the APP, a student may receive extended eligibility that permits:

- a) participation during five consecutive seasons in the approved sport, after entry into the eighth grade; or
- b) participation during six consecutive seasons in the approved sport, after entry into the seventh grade.

THE INTENT OF THE APP IS TO PROVIDE A PROTOCOL FOR THOSE DISTRICTS THAT CHOOSE TO ALLOW STUDENTS IN GRADES 7 AND 8 TO MOVE UP; OR FOR STUDENTS IN GRADES 9-12 TO MOVE DOWN, ALLOWING THEM TO PARTICIPATE SAFELY AT AN APPROPRIATE LEVEL OF COMPETITION BASED UPON PHYSICAL AND EMOTIONAL READINESS AND ATHLETIC ABILITY RATHER THAN AGE AND GRADE ALONE.

Students do not mature at the same rate, and there can be tremendous developmental differences between students of the same age. The APP is not to be used to fill positions on teams, provide additional experience, provide an opportunity for middle school or junior high students when no modified program is offered, or to reward a student. Instead, it is aimed at the few, select students who can benefit from such placement because of their level of readiness.

### **How to Use This Guide**

The APP is a program that may be implemented at the discretion of local school districts. It is not mandated.

The APP is intended for use by student athletes in grades 7 - 12, and directly relates to specific interschool sport categories and levels of competition as follows:

#### **Intermediate**

- Grades 7 - 8

#### **Commencement**

- Grades 9 - 12

#### **Interscholastic Sports Categories:**

##### Contact Sports

basketball, baseball, field hockey, ice hockey, lacrosse, soccer, football, softball, volleyball, competitive cheerleading, and wrestling

##### Non-Contact Sports

archery, bowling, cross-country, golf, gymnastics, rifle, swimming & diving, skiing, tennis, track & field, fencing, and badminton

#### **Athletic Competition Levels:**

- Modified
- Freshman
- Junior Varsity
- Varsity

The main body of this document is organized to assist the medical director and the physical education director and/or athletic director in administering all aspects of the APP.

There is great diversity among student athletes throughout New York State. The APP was revised to assess a student's physical and emotional maturation, physical fitness, and sport skill, so that a student may be placed at a level of competition that should result in increased opportunity, a fairer competitive environment, minimized risk, and greater personal satisfaction. In districts that allow the program, safety must be of paramount importance.

The APP is to be used only when an individual athlete's athletic skills warrant moving to the commencement or intermediate sport competition level, and therefore, ideally, it should be initiated by the district's physical education director and/or athletic director and physical education staff, who recognize the student's skill. The APP may be used either prior to the beginning of the season, so that the student athlete can participate in the try-out period, or within the timelines specified by the NYSPHSAA Promotion Rule.

## GENERAL INFORMATION

Physical education teachers, coaches, students, or parents/guardians may ask the physical education director and/or athletic director to evaluate a student, using the APP. Students will not be processed through the evaluation procedures without a request from the physical education director and/or athletic director and parent/guardian written permission. It is not the intent to evaluate all modified students, and evaluation should be considered only for those students with the appropriate physical and emotional readiness, and whose athletic abilities are outside of those of their age-related peers.

### Transition from Selection Classification to Athletic Placement Process for 2014-2015

- Beginning in the fall season of 2015, the APP will be used to advance students to the high school athletic program.
- Students in 7<sup>th</sup> grade will be evaluated through the APP.
- Students in 8<sup>th</sup> grade who have not been Selectively Classified for a sport in the previous year will be processed through the APP.
- Students in 8<sup>th</sup> grade who had been advanced to a higher level through the Selection Classification process in the previous year will not need to be re-evaluated if they remain at the same level of athletic competition in the same sport. If a student changes levels of the sport, the APP will be followed.

### After the fall season of 2015, the following should be implemented:

If a student in grade 7 or 8 has reached the chronological age of 15 years old prior to July 1, he or she is eligible to participate on high school athletics without undergoing the APP; only medical approval by the district medical director is required, as these students are already at an advanced age and would otherwise lose eligibility due to aging out.

A student who has undergone the APP does not need the procedure repeated if he/she achieved the required scores for fitness, maturity, and comparable physical size for the desired sport and level, regardless of the school year in which the testing was completed.

If a student has undergone the APP evaluation procedure and participated in the 7<sup>th</sup> grade, the process would not have to be repeated in the 8<sup>th</sup> grade *provided they remain at the same level of athletic competition in the same sport*. If the student changes levels or sports, the student's scores should be reviewed to see if they meet the requirements for the desired level and sport. APP evaluation procedures must be repeated only if the scores do not meet the requirements for the desired level and sport.

If a student has attained an appropriate level of physical maturity, and has a height and weight that are comparable to those of the proposed team members as determined by the medical director, they may proceed to the next level of skills assessment by the athletic/physical education director. If the medical director does not clear the student to participate in the desired sport and level, **he or she may not proceed any further in the evaluation process**. Medical directors should not be pressured to change their decision. If a student is determined to be comparable with the physical size and maturity of the average age and sex of the students against whom they wish to compete, but fails to meet **more than one** of the physical fitness test standards, or if a student fails to meet an appropriate sport skill level as determined by the coach, **he or she may not proceed any further in the evaluation process**.



In conclusion, the district medical director and the director of physical education/athletics and ultimately the board of education ensure compliance with the APP. It is intended only for the student who is truly at a level of physical and emotional maturity, comparable physical size, fitness, and sport skill that is commensurate with the level of competition that they wish to pursue.

An athlete may not be approved to participate by the medical director due to health impairment and/or the student's physical maturation level. Whenever there is disagreement between a private health care provider and the district medical director, efforts should be made by both parties to come to agreement for the health and safety of the student athlete. In these cases, the primary concern should be allowing an athlete to participate to the fullest level of his or her potential safely, and neither the demands of parents, athletes, or coaches should confound that concern. However, Education Law, Section 3208(a) provides a due process procedure to students or their parents/guardians to petition the courts for relief from a school district's exclusion of the student from participation in an athletic program. In the event of such disqualification, school authorities should advise the parents and the student of the availability of this process. The court may then grant such a petition, if it is satisfied that it is in the best interest of the student and that it is reasonably safe for the student to participate in the athletic program.

# **ATHLETIC PLACEMENT PROCESS**

PHYSICAL EDUCATION DIRECTOR AND/OR ATHLETIC DIRECTOR

## PROCEDURES FOR THE DIRECTOR OF PHYSICAL EDUCATION AND ATHLETICS

The director of physical education/athletics has the responsibility of ensuring that the APP is followed by all parties involved; that the medical director is included at appropriate times; and that the final determinations are sent to the parents, competing school districts, and section executives. Students who pass all parts of the APP are permitted to try out. There are no waivers. A student must meet the appropriate standards of physical and emotional maturity, size, fitness, and skill, in order to qualify.

### IMPLEMENTATION STEPS

ALL STEPS MUST BE FOLLOWED, IN ORDER, FOR EACH APP REQUEST.

**Step 1 District Policy:** Confirm that the school district has approved a resolution to allow students to participate in the APP (and/or revise the language in existing “Selection/Classification” policies to include the new process). If no such resolution exists, proper steps should be taken to ensure that this first requirement is met.(see Appendix A–Sample Resolution).

**Step 2 Parent/Guardian Permission:** All students who are to be evaluated must first obtain written parent/guardian permission before any evaluation may begin (see Appendix B).

**Step 3 Administrative Approval:** The athletic administrator should confirm that the student is suitable for consideration, which includes the likelihood that the student would play in at least 50% of the games. Additionally, because of the increased time demands of participation at the high school level, the student's academic performance (as determined at the local level) should be at or above grade level. Furthermore, administration should assess the student's emotional readiness to socialize with high school-aged students. If the student is not academically or socially ready, the student should not proceed through the APP.

**Step 4 Medical Clearance:** (Must be completed BEFORE the physical fitness portion of the process) The district medical director will determine a student's physical maturity level, and compare the physical size of the student in relation to that of the students against whom the student wishes to compete. If the student is determined to have attained the appropriate physical maturity level and comparable physical size for the desired sport and level (see Appendix C and H), the student may proceed with step 5. If the student is determined to **not** have attained an appropriate physical maturity level for the desired sport and level, **the process stops.**

**Important Note on the Physical Maturity Examination:** For the medical director, determining the physical maturity level of the student is an important step in the APP process. This is done to ensure that the student has attained a level of physical development at which the chances of growth plate or overuse injury is minimized. Since the growth plate is the weakest area of the growing skeleton, weaker than the nearby ligaments and tendons that connect bones to other bones and muscles, injury to a growth plate can lead to a serious and potentially permanent injury to a joint or long bone. While growth plate injuries are usually caused by an acute event such as a fall or a blow to a limb, they can also result from overuse, such as when a gymnast practices for hours on the uneven bars, a runner runs long distances, or a baseball pitcher spends hours perfecting a curve ball. Growth plate trauma and other overuse injuries may

*occur in competitive sports such as football, basketball, softball, track & field, and gymnastics. The likelihood increases when students are doing a single sport year round without substantial rest; therefore, caution must be exercised in determining the physical maturity of students at this age level. Developmental staging reduces, but does not eliminate, the risks of injury to a younger student moving up to sport activities involving more developmentally mature students. Since all growth plates might not be fully matured by the time a student reaches Tanner 5, care must be exercised in determining the physical maturity of athletes. The size of the student in relation to the other athletes is also a critical component in determining the risk of injury.*

*It is always best to err on the side of caution and keep a student at the age-appropriate level of play in order to safeguard the student. There will be many more years for the student to advance in athletics, and success is more likely if he or she does not suffer from permanent injuries.*

**Step 5 Sport Skill Evaluation:** The sport coach will rely on past personal observations and may consider input from the student's former coaches to complete the evaluation. If the coach is unfamiliar with the student, the sport coach may wish to observe the student in a physical education class (see Appendix D).

**Step 6 Physical Fitness Testing:** This must be done by a certified physical education teacher who is not a coach of the sport for which the student will be trying out. The President's Physical Fitness Test has been selected as the test for this process, and the student must meet the 85<sup>th</sup> percentile level for their age in 4 out of 5 test components (see Appendix E, I, and J). For students trying out for swimming, see Appendix J for an alternate fitness test to the 1 mile walk/run- students trying out for swimming may choose to either do the 1 mile walk/ run or the 500 yard swim.

*Exception to the physical fitness test requirement: Students who desire to try out for bowling or golf teams are not required to complete the physical fitness testing.*

**Step 7 Qualification Determination:** The results of the three evaluations will be sent to the director of physical education/athletics. **Only students who pass all parts of the APP are permitted to try out.**

**Step 8 Try Outs:** The student is allowed to try out for the sport and level requested or the student must return to the modified level of competition. For students trying out for bowling or golf, see instructions for try outs for these sports in Appendix G.

**Step 9 Records:** The physical education director and/or athletic director must maintain all records of students who have successfully completed the APP. Items to be kept in the student's file are: Parent/Guardian Permission and Result letters; Maturity Evaluation and Medical Director Form; Physical Fitness results; Coach's Sport Skill Evaluation.

**Step 10 Notifications:** A Notification List (see Appendix F) of the scores of all athletes who have successfully completed the process and have been approved through the APP **after the try-out period has been completed** must be sent to:

- The physical education director and/or athletic director of competitor schools
- Athletic governing board or section office

**DIRECTOR OF PHYSICAL EDUCATION AND/OR ATHLETIC DIRECTOR  
ATHLETIC PLACEMENT PROCESS CHECKLIST**

**STUDENT NAME:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_

☐ **PARENTS/GUARDIANS**

- |                                       |            |
|---------------------------------------|------------|
| ▪ Correspondence sent out             | DATE _____ |
| ▪ Discussions took place              | DATE _____ |
| ▪ Permission slip returned            | DATE _____ |
| ▪ Final determination letter sent out | DATE _____ |

☐ **DISTRICT MEDICAL DIRECTOR (SMD)**

- |                          |            |
|--------------------------|------------|
| ▪ Maturity form sent out | DATE _____ |
| ▪ Evaluation returned    | DATE _____ |

*Process stops if student is not approved by the medical director*

☐ **COACH'S SPORT SKILL EVALUATION**

- |                           |            |
|---------------------------|------------|
| ▪ Correspondence sent out | DATE _____ |
| ▪ Evaluation returned     | DATE _____ |

*Process stops if desired sport skill level is not considered appropriate for desired level of competition*

☐ **PHYSICAL FITNESS TEST**

- |                           |            |
|---------------------------|------------|
| ▪ Correspondence sent out | DATE _____ |
| ▪ Test results returned   | DATE _____ |

*Process stops if student fails more than one component of the fitness test*

☐ **TRY-OUT EVALUATION**

- |                           |            |
|---------------------------|------------|
| ▪ Correspondence sent out | DATE _____ |
| ▪ Evaluation returned     | DATE _____ |

☐ **NOTIFICATIONS SENT**

- |                     |            |
|---------------------|------------|
| ▪ TO SCHOOLS (copy) | DATE _____ |
| ▪ TO SECTION (copy) | DATE _____ |

# **ATHLETIC PLACEMENT PROCESS**

DISTRICT MEDICAL DIRECTOR

## PROCEDURES FOR THE DISTRICT MEDICAL DIRECTOR

The director of school health services, commonly referred to as the medical director, (also known as the medical officer, or the school or district medical director) must approve a student's participation in interscholastic athletics [8NYCRR 135.1(7)(i)]. The medical director, who is a physician, or a nurse practitioner employed by the district has the responsibility of ensuring that all students who enter into the school's interscholastic sport program are physically able to participate in the sport of their choosing. Special attention must be given to students in grades 7 and 8 who wish to move up to a higher level of competition. Students in grades 9-12 may qualify to move to a lower level of competition. This section will provide guidance for making the decision to allow younger students the opportunity to play at a higher level, or older students to play at a lower level, provided that they have the physical maturity, comparable physical size, fitness levels, and sport skill to do so safely and with success. Prior to being sent to the medical director, students are required to have written parent/guardian permission to participate in the APP, approval by administration to move to the desired level, and a recommendation from the athletic administrator.

### IMPLEMENTATION

The medical director will determine:

- the physical maturity level of the student in relation to the sport and level in and at which they wish to participate (see Appendix C and H), using the Tanner Scale
- the size, in height and weight, of the student in relation to the size of the average age and sex of the students against whom they wish to compete

The medical director should take into consideration the height, weight, muscle mass and Tanner rating as compared to the other athletes he/she would compete with. For physical development and maturity, Tanner staging remains the least invasive tool to gauge a person's sexual maturity rating as an indicator of physical maturation. Best practice, therefore, would dictate that the medical director use the Tanner Rating Scale and compare the developmental level of the student to the average Tanner level of students playing the sport at the desired level. The medical director may conduct the Tanner Rating examination him/herself with the prior informed consent of the parent/guardian and of the student. The school must make provisions that allow for a private, dignified, chaperoned examination, with a parent/guardian present if he/she and the student so desire. Alternatively, the medical director may decide to use, but is not obligated to use, the Tanner rating provided by a private medical provider. Additionally, for girls giving a history of having gone through menarche, assigning a Tanner rating of five without a physical examination may also be done at the professional judgment and discretion of the medical director, if the history given is consistent with observation of body appearance while clothed. Since a Tanner Rating requires an intimate examination, it is essential that school districts create a sound protocol with simple and clear information for parents/guardians and students to understand what is required during an examination and whether private medical provider assessments, or a student or parent/guardian reported history of menarche are acceptable.

For physical size comparability, the medical director should have access to the current height and weight of the student, and compare that with the size of the average age and sex of the students against whom they wish to compete. Growth charts are the easiest method of accomplishing this. For consistency, it is recommended that the following growth charts from the Centers for Disease Control and Prevention are used. (see the following page)

Centers for Disease Control and Prevention Growth Charts:

Boys: <http://www.cdc.gov/growthcharts/data/set2clinical/cj411071.pdf>

Girls: <http://www.cdc.gov/growthcharts/data/set2clinical/cj411072.pdf>

The medical director will clear the student to continue the APP if:

- the student is at an appropriate physical maturity\* level by Tanner Scale for the desired level and sport; and
- the student is physically comparable with the average age and sex of the students against whom the student will compete.

The process stops if a student is not at a comparable physical maturity level or physical size in relation to the average age and sex of the students against whom he or she desires to compete, as determined by the medical director. The medical director does not need to do anything more than return that information to the physical education director and/or athletic director (see Appendix C). In cases where the medical director's determination differs from that of a private medical provider, there should be communication between the two to determine the best decision for the student in question. If there can be no consensus between the medical director and the private provider, the medical director's determination is final. It is advisable that the medical director complete his or her own examination of the student in such cases.

***\*Important Note on the Physical Maturity Examination:*** For the medical director, determining the physical maturity level of the student is an important step in the APP. This is done to ensure that the student has attained a level of physical development at which the chances of growth plate or overuse injury are minimized. Since the growth plate is the weakest area of the growing skeleton, weaker than the nearby ligaments and tendons that connect bones to other bones and muscles, injury to a growth plate can lead to a serious and potentially permanent injury to a joint or long bone. While growth plate injuries are usually caused by an acute event, such as a fall or a blow to a limb, they can also result from overuse, such as when a gymnast practices for hours on the uneven bars, a runner runs long distances, or a baseball pitcher spends hours perfecting a curve ball. Growth plate trauma and other overuse injuries may occur in competitive sports such as football, basketball, softball, track & field, and gymnastics. The likelihood increases when students are doing a single sport year round without substantial rest; therefore, caution must be exercised in determining the physical maturity of students at this age level. Developmental staging reduces, but does not eliminate, the risks of injury to a younger student moving up to sport activities involving larger and more developmentally mature students. Since all growth plates might not be fully matured by the time that a student reaches Tanner 5, care must be exercised in determining the physical maturity of athletes. It is always best to err on the side of caution and keep a student at the age-appropriate level of play in order to safeguard the student.



**DISTRICT MEDICAL DIRECTOR**  
**ATHLETIC PLACEMENT PROCESS CHECKLIST**

**STUDENT NAME:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_

☐ **MEDICAL DIRECTOR APPROVAL**

- Physical Maturity Form sent to Dir. PE/ATH

**DATE** \_\_\_\_\_

☐ **MEDICAL DIRECTOR DENIAL**

- Physical Maturity Form sent to Dir. PE/ATH

**DATE** \_\_\_\_\_

# **APPENDIX**

## ATHLETIC PLACEMENT PROCESS

### SAMPLE RESOLUTION BY BOARD OF EDUCATION

#### ATHLETIC PLACEMENT PROCESS POLICY<sup>1</sup>

**WHEREAS**, Section 135.4(c) (7) (ii) (a) (4) of the Regulations of the Commissioner of Education provides for a board of education to permit pupils in grades no lower than seventh grade to compete on interscholastic athletic teams organized for senior high school pupils, or senior high school pupils to compete on interscholastic athletic teams organized for pupils in the seventh and eighth grades; and

**WHEREAS**, these pupils are to be allowed to compete at levels that are appropriate to their physical maturity, physical fitness, and sport skills in relationship to other pupils in accordance with the standards established by the Commissioner of Education; and

**WHEREAS**, the State Education Department issues the competition standards for these pupils to compete under a program called the Athletic Placement Process;

**THEREFORE BE IT RESOLVED** that the (name of school district) Board of Education shall permit pupils to compete after successfully completing the Athletic Placement Process for the requested sport and level.

---

<sup>1</sup> Districts may be more restrictive than the Commissioner's Regulation, but not less restrictive. If any limitation is to be placed on the Athletic Placement Process (example: specific sports or specific levels), it shall be specified within the content of the Board of Education resolution.

(Copy Letter onto District Letterhead)

**ATHLETIC PLACEMENT PROCESS**  
**PARENT/GUARDIAN PERMISSION**

(Page 1 of 2)

Dear Parent/Guardian:

There is a New York State Education Department (NYSED) program that permits physically and emotionally appropriate students to try out for an athletic team that is outside of their grade placement. It is called the Athletic Placement Process (APP).

Your child (name): \_\_\_\_\_ may be eligible to participate in the sport of \_\_\_\_\_ outside of his or her normal grade level. In order to establish the appropriate eligibility, we must have your permission to begin the APP.

This evaluation is a comprehensive evaluation of your child's emotional and physical maturity (including height and weight); as well as athletic abilities, physical fitness, and sport-specific athletic skill in relationship to other student athletes at that level.

Physical maturity is determined by the district medical director during a physical exam, using the Tanner Scale. The Tanner Scale requires the inspection of the entire body, including the breasts and genitals. The district does/does not accept Tanner ratings from private medical providers. The district does/does not accept a history of menarche for girls in place of a physical examination. Upon passing the medical clearance, the student may proceed to the physical fitness and skill assessments. Students must pass all levels in order to meet the requirements of the APP.

If your child successfully meets the requirements of the APP, he/she will be allowed to try out for competitive high school athletics during 7<sup>th</sup> and/or 8<sup>th</sup> grade(s), or compete at the modified level if in grades 9-12. Under normal circumstances, a student is eligible for senior high school athletic competition in a sport for only four consecutive seasons, beginning with the student's entry into the ninth grade. However, by meeting the Athletic Placement Process requirements established by NYSED, your child's eligibility can be extended to permit:

- a) participation during five consecutive seasons in the approved sport after entry into the eighth grade; or
- b) participation during six consecutive seasons in the approved sport after entry into the seventh grade.

It is important for you and your child to understand that, once the requirements are met and if he/she is accepted as a member of the team, he/she cannot return to a lower-level team (modified) in that sport in that season. Remember, at the higher level of play your child will be exposed to the social atmosphere that is common among older students in a high school environment. Therefore, it is important to take into account your child's ability to handle the additional demands.

Please feel free to contact me regarding this program or to discuss any aspect of your child's athletic placement. If you agree to allow your child's participation in this program, please sign and return the parental permission form to my office.

Sincerely,

Physical Education Director and/or Athletic Director

(Copy letter unto District Letterhead)

**ATHLETIC PLACEMENT PROCESS**

**PARENT/GUARDIAN PERMISSION**

**PARENT/GUARDIAN STATEMENT**

I have read the attached letter and I understand the purpose and eligibility implications of the Athletic Placement Process.

My son/daughter (name): \_\_\_\_\_ has my permission to undergo the evaluation process and to participate in this program. I understand that the determination of physical maturity is a private examination involving inspection of breasts and genitals and will be done by a licensed school health professional, and I give my permission for the examination. Upon passing the medical clearance, he/she may proceed to the physical fitness and skill assessments. I understand that passing the evaluation process does not guarantee my child a position on a team, but only permits them to try out.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# ATHLETIC PLACEMENT PROCESS

## PHYSICAL MATURITY FORM

**THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION AND/OR ATHLETIC DIRECTOR:**

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

Home Address \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender: ☐ Male ☐ Female

Parental/Guardian Permission Form Received: ☐ Yes Date Received \_\_\_\_\_

Desired Level: ☐ Varsity ☐ Jr. Varsity ☐ Frosh ☐ Modified

Desired Sport: \_\_\_\_\_ **\*Recommended Tanner Rating for this sport and level** \_\_\_\_\_ \* See Appendix H

### SCREENING PROCEDURES- THIS SECTION TO BE COMPLETED BY THE DISTRICT MEDICAL DIRECTOR

(OR BY PRIVATE MEDICAL PROVIDER FOR REVIEW BY THE DISTRICT MEDICAL DIRECTOR IF PERMITTED)

A. TANNER SCORE AND HEIGHT/WEIGHT ASSESSMENT COMPLETED BY:

☐ District Medical Director

☐ Private Medical Provider

EXAM DATE: \_\_\_\_\_

PROVIDER NAME \_\_\_\_\_

**CIRCLE** THE CURRENT DEVELOPMENTAL STAGE OF THE STUDENT, USING THE TANNER SCALE:

1                      2                      3                      4                      5

B. ALTERNATIVE TO TANNER EXAMINATION FOR FEMALES ONLY (If accepted by district):

☐ Onset of Menarche = Tanner Stage 5

C. HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

D. CHECK APPROPRIATE BOXES BELOW AND RETURN FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS. (See Appendix H)

Student is ☐ cleared ☐ not cleared for the sport of: \_\_\_\_\_

at the following level: ☐ Modified ☐ Freshman ☐ Junior Varsity ☐ Varsity

SIGNED \_\_\_\_\_ DATE \_\_\_\_/\_\_\_\_/\_\_\_\_  
District Medical Director

## ATHLETIC PLACEMENT PROCESS

### COACH'S SPORT SKILL EVALUATION

Page 1 of 2

#### INSTRUCTIONS FOR THE COACH

Coach \_\_\_\_\_ Sport & Level \_\_\_\_\_ / \_\_\_\_\_

Student's Name \_\_\_\_\_ Gender: ☐ M ☐ F Age \_\_\_\_\_

The above-named student has requested evaluation through the Athletic Placement Process. As the coach of the team for which they want to try out, your complete assessment of his/her skill level is an important factor in this process. Please complete and return this form as soon as possible to the Director of Physical Education and /or Athletic Director.

#### NOTE:

*The number of students who are allowed to compete outside of their grade levels should be few and far between. The program is intended only for the athlete who has the physical maturity, physical fitness, and sport skills to be placed with other athletes outside of his/her grade level. Abuses in the program by decision makers who seek to satisfy the needs of the team, rather than considering the well-being of the student cannot be condoned. There are many potential physical and social/emotional pitfalls that must be avoided, and once a student is elevated, the decision is irreversible. Please keep in mind that, until you are notified by the director of physical education's office that the student has successfully completed the entire Interscholastic Athletic Placement Process, that student **may not attend** any practices.*

If you are familiar with the candidate, please write an evaluation of his/her skill level on the back of this sheet. Supporting information would be helpful in determining proper placement, so be specific. If you are not familiar with the candidate, you may wish to contact his/her former coaches for further assessment and/or schedule time to observe the student in a physical education class.

Which level team is the student trying out for?

☐ Modified ☐ Freshman ☐ Junior Varsity ☐ Varsity

Which level of play would you recommend for this student?

☐ Modified ☐ Freshman ☐ Junior Varsity ☐ Varsity

Compare this student's skills relative to other members of the team that the student is trying out for.

☐ Below Average ☐ Average ☐ Above Average ☐ Superior

What percentage of playing time would you estimate he/she would receive at that level?

\_\_\_\_\_ %

## ATHLETIC PLACEMENT PROCESS

## COACH'S SPORT SKILL EVALUATION

Page 2 of 2

List or provide documentation (coaches' evaluations, previous playing statistics, etc.), of any evidence of sport skills in respect to playing at the proposed level (Modified, Freshman, Junior Varsity or Varsity level).

[illegible]



Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_

## ATHLETIC PLACEMENT PROCESS

### PHYSICAL FITNESS TESTING: SCORE FORM

#### INSTRUCTIONS FOR THE TESTER

The student listed below has been approved to take the Physical Fitness Test. Please proceed with the testing as described in the **Physical Fitness Test Descriptions & Directions** in Appendix I of this document

1. Read the instructions for administering the five items carefully. **If you are the coach of the sport that the athlete wants to participate in, you may not be the tester.** Notify the Director of Physical Education and/or Athletic Director that a new tester must be assigned.
2. The test can be given in any time frame and in any order. Any of the five items may be retested up to the number of times defined by your APP district policy. Only the best scores should be recorded. *For Swimming see, Appendix J page 2, for an alternative portion of the fitness test. For bowling and golf, students are not required to complete a physical fitness test.*
3. Encourage the student to do his/her best on each test item. Before commencing with the test, inform the student of the minimum qualification requirement for each component. **They MUST score in the 85<sup>th</sup> percentile for their age.**
4. Return this score sheet to the Physical Education and/or Athletic Director's office as soon as the test is completed.

#### PHYSICAL FITNESS TEST SCORES:

Student's Name\_\_\_\_ Gender: ☐ M ☐ F Age \_\_\_\_\_

Desired Sport\_\_\_\_\_ Desired Level \_\_\_\_\_

Test Administered By\_\_\_\_\_ Date \_\_\_\_\_

SHUTTLE RUN (nearest tenth) 1/10 seconds \_\_\_\_\_

V-SIT REACH  
Or SIT & REACH (feet and inches to nearest inch) \_\_\_\_\_

PULL UPS (# completed)  
Or RIGHT ANGLE PUSH UPS (# completed every 3 seconds) \_\_\_\_\_

STOMACH CURLS (one for each completed movement) number \_\_\_\_\_

ONE MILE RUN/500 YARD SWIM (minutes and nearest second) \_\_\_\_\_

Final Assessment: Student ☐ passed ☐ did not pass at or better than the 85<sup>th</sup> percentile

Signature\_\_\_\_\_ Date\_\_\_\_\_

# ATHLETIC PLACEMENT PROCESS

## NOTIFICATION OF QUALIFIED ATHLETES

**TO:** ☐ Executive Director, Section \_\_\_\_\_ Date \_\_\_\_\_  
☐ Opponent School Districts

**FROM:** \_\_\_\_\_ SCHOOL \_\_\_\_\_  
 Director of PE/Athletics

**SUBJECT:** APP Qualified Students: ☐ Fall ☐ Winter ☐ Spring

This is official notification that the following student(s) successfully completed the requirements for Athletic Placement Process per the revised 2014 guideline.

ATHLETIC PLACEMENT PROCESS				PHYSICAL FITNESS SCORES				
				<u>Curl Ups</u>	<u>Shuttle Run</u>	<u>Endurance</u> * 1 Mile Walk/ Run (a) <u>Or</u> 500 yard swim (b)	<u>Upper Body</u> ** Pull-ups(a) <u>Or</u> Right angle push-ups (b)	<u>Flexibility</u> *** V- sit reach (a) <u>Or</u> Sit & reach (b)
Name	Grade	Sport	Level					

\* Alternative 500 yard swim is only for students who desire to try out for swimming.

\*\* Upper body strength can be tested using either pull-ups or right angle push-ups.

\*\*\* Flexibility can be tested using either the V- sit reach or sit & reach.

*Note: Include the subscript of test completed in the score box. (e.g. if completed 2 pull-ups, then report the score as a-2. a is the subscript for pull-ups, and 2 is the number of pull-ups completed)*

## ATHLETIC PLACEMENT PROCESS

### SPECIAL TRY-OUT PROCESSES

#### BOWLING

Any 7<sup>th</sup> or 8<sup>th</sup> grade student may be given the opportunity to try out for a junior varsity or varsity bowling team. At the completion of the try-out sessions, which must include nine games bowled over a three-day period, if the individual's bowling average puts him/her in the top eight of your bowlers, he/she is eligible for the team.

#### GOLF

Any 7<sup>th</sup> or 8<sup>th</sup> grade student may be given the opportunity to try out for a junior varsity or varsity golf team. At the completion of the tryout sessions, which must include 18 holes golfed over a three-day period (the first three days of the individual's tryout when the course is accessible), if the individual's golf average puts him/her in the top 8 of your golfers, he/she is eligible for the team.

## ATHLETIC PLACEMENT PROCESS

### PHYSICAL MATURITY CHART

**Recommended Tanner Scores for the Athletic Placement Process**

MALES				FEMALES			
Approved Sports	Freshman	JV	Varsity		Freshman	JV	Varsity
Archery	2	2	2		2	2	2
Badminton	2	3	4		2	3	4
Baseball	3	4	5		4	5	5
Basketball	3	4	5		4	5	5
Bowling	2	2	2		2	2	2
Competitive Cheerleading	3	4	5		4	5	5
Cross-Country	3	4	5		4	5	5
Fencing	2	3	4		2	3	4
Field Hockey	3	4	5		4	5	5
Football	3	4	5		4	5	5
Golf	2	2	2		2	2	2
Gymnastics	3	4	5		4	5	5
Ice Hockey	3	4	5		4	5	5
Lacrosse	3	4	5		4	5	5
Rifle	2	2	2		2	2	2
Skiing	3	4	5		4	5	5
Soccer	3	4	5		4	5	5
Softball	3	4	5		4	5	5
Swim/Diving	3	4	5		4	5	5
Tennis	3	4	5		4	5	5
Track & Field	3	4	5		4	5	5
Volleyball	3	4	5		4	5	5
Wrestling	3	4	5		4	5	5



# **ATHLETIC PLACEMENT PROCESS**

## **PHYSICAL FITNESS TEST: INSTRUCTIONS**

### **Curl-ups**

This activity measures abdominal strength and endurance.

#### **Curl-ups Testing**

Here's what you do:

- Have the student lie on a cushioned, clean surface with knees flexed and feet about 12 inches from buttocks. A partner holds the feet.
- Make sure the arms are crossed with hands placed on opposite shoulders and elbows held close to chest.
- Keeping this arm position, the student raises the trunk, curling up to touch elbows to thighs, and then lowers the back to the floor so that the scapulas (shoulder blades) touch the floor, for one curl-up.
- To start, a timer calls out the signal " Ready? Go!" and begins timing the student for one minute. The student stops on the word "Stop."

#### **Curl-ups Tip**

Instruct helpers to count aloud the number of repetitions.

#### **Curl-ups Scoring**

"Bouncing" off the floor is not permitted. The curl-up should be counted only if performed correctly.

### **Shuttle Run**

This activity measures speed and agility.

## Testing

Here's what you do:

- Mark two parallel lines 30 feet apart and place two blocks of wood or similar objects behind one of the lines.
- Student starts behind the opposite line. On the signal "Ready? Go!" the student runs to the blocks, picks one up, runs back to the starting line, places the block behind the line, runs back and picks up the second block, and runs back across the starting line.

## Tips

Be sure the participants understand the importance of running through the finish line. Participants should perform this activity on a gym floor or other appropriate surface.

## Scoring

Blocks should not be thrown across the lines. Scores are recorded to the nearest tenth of a second.

# One Mile Run/Walk

This activity measures heart/lung endurance.

## Testing

Here's what you do:

- On a safe, one-mile distance, students begin running on the count "Ready? Go!"
- Walking may be interspersed with running. However, the students should be encouraged to cover the distance in as short a time as possible.

## Tips

Use a large enough running area so that no more than eight laps are necessary to complete a mile. Help participants learn proper pacing for the mile by having them run at the mile pace for short distances during warm-up time.

### Scoring

Always review students' health status before administering this test. Give students ample instruction on how to pace themselves. Allow them to practice running this distance against time, as well as sufficient time for warming up and cooling down before and after the test. Times are recorded in minutes and seconds.

## Pull-ups

This activity measures upper body strength and endurance.

### Pull-ups Testing

Here's what you do:

- The student hangs from a horizontal bar at a height the student can hang from with arms fully extended and feet free from the floor, using either an overhand grip (palms facing away from body) or underhand grip (palms facing toward body). Small students may be lifted to the starting position.
- The student raises his/her body until chin clears the bar and then lowers his/her body to the full-hang starting position. The student performs as many correct pull-ups as possible.

### Pull-ups Tips

Spend as little time hanging from the bar beforehand as possible because the extra time on the bar may reduce the number of pull-ups performed. Discourage any leg kicking or body swinging, as this may also decrease the number of repetitions.

### Pull-ups Scoring



Pull-ups should be done in a smooth rather than jerky motion. Kicking or bending the legs is not permitted and the body must not swing during the movement.

## Right Angle Push-ups Testing

Here's what you do:

- The student starts in push-up position, with hands under shoulders, arms straight, fingers pointed forward, and legs straight, parallel, and slightly apart (approximately 2-4 inches) with the toes supporting the feet.
- Keeping the back and knees straight, the student then lowers the body until there is a 90-degree angle formed at the elbows, with upper arms parallel to the floor. A partner holds her/his hands at the point of the 90-degree angle so that the student being tested goes down only until her/his shoulders touch the partner's hand, then back up.
- The push-ups are done to a metronome (or audio tape, clapping, drums) with one complete push-up every three seconds, and are continued until the student can do no more at the required pace. The student should remain in motion during the entire three second interval.

### Right Angle Push-ups Tip

As with the pull-up, spend as little time in the starting position beforehand in order to increase the number of repetitions. Any extra movement may also decrease the number of repetitions.

### Right Angle Push-ups Scoring

Record only those push-ups done with proper form and in rhythm.

### Right Angle Push-ups Rationale

Right angle push-ups are a good indicator of the range of strength/endurance found in kids, whereas some kids are unable to do any pull-ups. Pull-ups remain an option for those students at higher levels of strength/endurance.

## V-sit Reach

This activity measures flexibility of the lower back and hamstrings.

### V-sit Reach Testing

Here's what you do:

- A straight line two feet long is marked on the floor as the baseline.
- A measuring line four feet long is drawn perpendicular to the midpoint of the baseline, extending two feet on each side and marked off in half-inches. The point where the baseline and measuring line intersect is the "0" point.
- Student removes his/her shoes and sits on floor with measuring line between his/her legs and the soles of his/her feet placed directly behind the baseline, with the heels 8-12 inches apart.
- With hands on top of each other, palms down, the student places them on measuring line.
- With the legs held flat by a partner, the student slowly reaches forward as far as possible, keeping fingers on the measuring line and feet flexed.
- After three practice tries, the student holds the fourth reach for three seconds while that distance is recorded.

### V-sit Reach Tip

Participants are most flexible after a warm-up run. Best results may occur immediately after performing the endurance run.

### V-sit Reach Rules

Legs must remain straight with soles of feet held perpendicular to the floor (feet flexed). Students should be encouraged to reach slowly rather than "bounce" while stretching. Scores, recorded to the nearest half inch, are read as plus scores for reaches beyond baseline, minus scores for reaches behind baseline.

## Sit and Reach Testing

Here's what you do:

- You'll need a [specially constructed box](#) with a measuring scale marked in centimeters, with 23 centimeters at the level of the feet.
- The student removes shoes and sits on floor with knees fully extended, feet shoulder-width apart and soles of the feet held flat against the end of the box.
- With hands on top of each other, palms down, and legs held flat, student reaches along the measuring line as far as possible. After three practice reaches, the fourth reach is held while the distance is recorded.

### **Sit and Reach Tip**

Participants are most flexible after a warm-up run. Best results may occur immediately after performing the endurance run.

### **Sit and Reach Rules**

Legs must remain straight, soles of feet against box, and fingertips of both hands should reach evenly along the measuring line. Scores are recorded to the nearest centimeter.

## ATHLETIC PLACEMENT PROCESS

### Physical Fitness: Scores Required for the Athletic Placement Process

SEX	AGE	Curl-Ups # in one minute	Shuttle Run in seconds	Choose one <sup>1</sup>		1 Mile- Walk/Run min/sec*	Choose one <sup>2</sup>	
				V-sit Reach in inches	Sit & Reach in centimeters		Pull-Ups # completed	Right Angle Push-ups # every 3 sec.
Males	11	47	10.0	4.0	31	7:32	6	26
	12	50	9.8	4.0	31	7:11	7	30
	13	53	9.5	3.5	31	6:50	7	35
	14	56	9.1	4.5	33	6:26	10	37
	15	57	9.0	5.0	36	6:20	11	40
Females	11	42	10.5	6.5	34	9:02	3	19
	12	45	10.4	7.0	36	8:23	2	20
	13	46	10.2	7.0	38	8:13	2	21
	14	47	10.1	8.0	40	7:59	2	20
	15	48	10.0	8.0	43	8:08	2	20

\*For swimming, see next page for alternative 500 yard swim scores.

<sup>1</sup> Upper body strength can be measured by performing pull-ups, or right angle push-ups.

<sup>2</sup> Flexibility can be measured by performing the V-sit Reach or the Sit and Reach

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## ATHLETIC PLACEMENT PROCESS

### Physical Fitness Scores

Required for the Athletic Placement Process

## SWIMMING

The swimming endurance component of the physical fitness test allows the athlete to choose which endurance test he/she prefers. It will be necessary to choose one: either the one mile run (see Appendix J) or the 500 yard swim.

### SWIMMING TIMES REQUIRED FOR 500 YARD SWIM

#### BOYS

LEVEL	500 Yard Swim Time (min:sec)
Modified	9:15
Freshman	9:00
Junior Varsity	8:45
Varsity	8:30

#### GIRLS

LEVEL	500 Yard Swim Time (min:sec)
Modified	10:00
Freshman	9:45
Junior Varsity	9:30
Varsity	9:00

**REGULATIONS OF THE COMMISSIONER OF EDUCATION  
ON  
MIXED COMPETITION**

SECTION 135.4(C) (7) (II) (C)

(c) Male and female pupils on interschool athletic teams.

- (1) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provisions of sub clauses (2) and (4) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.
- (2) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.
- (3) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.
- (4) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of school, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized or females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

## **GUIDELINES FOR MIXED COMPETITION ON INTERSCHOLASTIC ATHLETIC TEAMS**

These guidelines are issued to assist schools in the implementation of Section 135.4(c)(7)(ii)(c) of the Regulations of the Commissioner of Education which govern interscholastic competition involving members of both sexes on a single school team. The following general information should be noted by the school personnel who are responsible for the implementation of the Regulations:

- The **purpose of the regulation** is to preserve the health and safety of students while assuring that students of both sexes have opportunity to participate successfully in interschool competition. Athletic opportunity in mixed competition is allowed under the conditions set forth in the regulations for specific sports identified in subclause (2) of section 135.4(c)(7)(ii)(c), as well as all other sports not so identified.
- The regulation provides for students involved in mixed competition to be placed on teams at appropriate levels of competition based upon the individual's medical history, maturity, physical data, fitness scores and skills. The guidelines are to be used for both junior high school and senior high school programs.
- If a **team is organized primarily for one sex** and members of the opposite sex are also members, the team should continue to be classified as either a male or female.
- If a team was formed **originally for one sex** but is composed of a significant number of pupils of the opposite sex, it is recommended that separate teams be formed for that sport. This would allow for the greatest number of students to participate and not limit opportunities for or have a disproportionate effect on any one sex.
- When there are **separate teams for each sex** in a specific sport, a male may not try out for a females' team. However, the superintendent of schools may permit a female to try out for a male team, except that competition in the sports identified in subclause (2) of the regulation is subject to the review and approval of a panel. Where separate teams are provided, a female who wishes to try out for a male team in these sports must have the approval of the superintendent and the review panel. This type of crossover should be based upon that female's athletic ability to compete successfully.
- The sport of boxing is identified in the regulation because it appears in the Title IX Federal Regulations. It is not an indication that the State Education Department considers boxing a desirable sport for secondary students.
- Mixed competition in a sport identified in subclause (2) is subject to **review and approval by a panel**. This panel must include the school physician and a physical education teacher appointed by the principal and may include a

physician chosen by the student's parent(s). This panel is responsible for determining the readiness of the student in terms of medical health, maturity, fitness and skill of the individual in relationship to other members of the team. The intent of the regulation is to match the student's readiness with an appropriate placement, as well as to provide the pupil with a successful competitive opportunity. When the physical abilities of the individual are deemed by the panel to be short of or exceed the physical abilities of other team members, thereby creating a hazardous condition or unfair advantage for that student or other members of the team, denial of participation would be appropriate.

- These procedures apply only to a student's eligibility to try out for a team of the opposite sex. The coach must decide if the pupil is to remain on the team or be dropped from the team in the same manner as all other pupils trying out for the team. If a coach has a "no cut" policy, the student of the opposite sex must be allowed to remain on the team the same as other students.

The following chart indicates which regulatory provisions apply to specific sport and program offerings:



**GUIDE TO MIXED COMPETITION  
APPROVAL FOR INTERSCHOLASTIC ATHLETICS**

REGULATIONS OF THE COMMISSIONER OF EDUCATION  
SECTION 135.4(c)(7)(ii)(c)

	<b>TEAMS PROVIDED IN A SPORT</b>		
1. PANEL APPROVED SPORTS *	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Males on a female team	(Not applicable)	With approval of Supt. or Chief School Officer, Review Panel and Section. **  Subclause (2) & (4)	Not Permitted  Subclause (3)
b) Females on a male team	With approval of the Review Panel  Subclause (2)	(Not applicable)	With approval of Superintendent or Chief School Officer and Review Panel.**  Subclause (2) and (3)
2. ALL OTHER SPORTS	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Male on a female team	(Not applicable)	With approval of Supt. or Chief School Officer and Section. Subclause (4)	Not Permitted  Subclause (3)
b) Female on a male team	No approval required  Permitted under Subclauses (1), (3) and (4)	(Not applicable)	With approval of Superintendent or Chief School Officer  Subclause (3)

\* Baseball/Softball, Basketball, Boxing, Field Hockey, Football, Ice Hockey, Lacrosse, Rugby, Soccer, Speedball, Team Handball, Power Volleyball (net height less than 8 feet) and Wrestling.

\*\*This order of approvals is recommended so as to avoid the unnecessary formation of a review panel in cases where the superintendent or chief school officer does not wish to approve the student for mixed competition.

## REVIEW PANEL PROCEDURES

Upon a request to the school authorities for a pupil to participate in mixed competition, as provided in the Regulations of the Commissioner of Education, a review panel shall be formed. The Director of Physical Education should coordinate the activities of the review panel. The information reported on the form, **ATHLETIC PROFILE FOR MIXED COMPETITION**, shall be used by the review panel in making a determination.

### COMPLETING THE ATHLETIC PROFILE

#### Part I: School Information

- Fill in the information as indicated.

#### Review Panel

- A **school physician** and a **physical education teacher** (designated by the principal) shall serve on the review panel as school representatives. The parent(s) of the pupil shall also be given the option of having a **physician of choice** serve on the panel. If parent(s) elect not to have a physician on the panel and a disagreement on the determination of participation by the pupil develops, the parents should be so advised. If the parents still opt not to select a physician for the panel, it is recommended that the school principal appoint another physician so there are two physicians and a physical education teacher on the panel as intended by the regulation.
- The review panel should convene as soon as feasible in order to give the pupil a reasonable opportunity for an early try out for the team, if approved to do so.

#### Part II: Pupil Information

- The Director of Physical Education should be responsible for providing the panel with all available information.

#### Part III: Physical Education and Medical History

- The information on the physical education history of the pupil should be obtained from the physical education teachers who have had the pupil in classes.
- The school nurse should provide the information on the medical history of the pupil by reference to the available health records.

Part IV: Physical Data

- The school physician shall provide the information obtained as part of the normal health examination for participation in athletics.
- The developmental age or maturity level of the pupil can be established by using the Developmental Screening Procedures used in the Athletic Placement Process for Interscholastic programs (APP) (See February 2015 APP: <http://www.p12.nysed.gov/ciai/pe/documents/AthleticPlacementProcess2-11-15Revised.pdf>). Note: For modified students, please see Appendix B in the Mixed Competition Guidelines for recommended Tanner scores.
- A determination of general body type should be made by the physician during the health examination. Comments on joint structure would also be helpful.
- If the school physician determines during the health examination the pupil has a physical impairment which would make it unsafe for the pupil to participate in the sport, the review panel need not convene.

Part V: Athletic Performance Testing (Fitness)

- The Fitness Test scores used are taken from the President's Council Fitness test benchmarks at the 50<sup>th</sup> percentile for the National Physical Fitness Award Qualifying Standards. See: <https://www.presidentschallenge.org/challenge/physical/benchmarks.shtml> This test should be used as a means of assessing the student's fitness level.
  - See: Appendix A in the Mixed Competition Guidelines.
- Scores achieved on this test shall be recorded on the profile form where indicated. The test should be administered by a physical education teacher.
- When reviewing the test scores, the panel needs to be made aware that the relative importance of the test item to the demands of the sport.
- When reviewing the test scores, the panel should refer to the standards related to the sex of the team and the level of play at which the pupil wishes to play.
- Please note that the President's Council Fitness Test scores are not intended as qualifying or disqualifying scores for mixed competition. The scores that appear in the chart are not absolute requirements for the panel to consider. The scores only provide a reference as to what could normally be found among the members of the team for that sex at that level of play. If the scores of the

*pupil differ from the standards, the panel should assess the significance of that difference for the pupil being considered. The panel should also consider the strengths and abilities of the team in question.*

Part VI: Panel Decision

- Once the panel has reached a decision, the pupil and his/her parents shall be so advised.
- A “YES” decision means the pupil may try out for the team. The coach will then apply the same try- out criteria used for all other pupils trying out for the team and determine whether or not the pupil may remain on the team..
- The panel decision applies only to the sport and season for which the application was made. Subsequent seasons or sports will require another review. Therefore, all students that have been previously approved to participate in a mixed competition situation must be re-approved each season for each sport in which he/she wishes to participate.

## INDIVIDUAL ATHLETIC PROFILE FOR MIXED COMPETITION

PLEASE TYPE OR PRINT

### **PART I: School Information**

Date: \_\_\_\_\_

District \_\_\_\_\_ Superintendent \_\_\_\_\_

City \_\_\_\_\_ Director of P.E. \_\_\_\_\_

School Physician \_\_\_\_\_

Family Physician \_\_\_\_\_

Physical Education Teacher \_\_\_\_\_

### **PART II: Pupil Information**

Previous mixed competition \_\_\_\_\_ YES \_\_\_\_\_ NO

What sport and level? \_\_\_\_\_

Name \_\_\_\_\_

Sport and level being requested?

Age \_\_\_\_\_ Grade \_\_\_\_\_

### **PART III: Physical Education and Medical History**

Is the pupil enrolled in regular physical education without restrictions?

\_\_\_\_\_ YES \_\_\_\_\_ NO If NO, Explain \_\_\_\_\_

History of conditions, injuries or illness that would be restricting?

\_\_\_\_\_ YES \_\_\_\_\_ NO If YES, Explain \_\_\_\_\_

### **PART IV: Physical Data**

Weight \_\_\_\_\_ lbs Height \_\_\_\_\_ Feet \_\_\_\_\_ Inches Maturity Level (See

Appendix B) \_\_\_\_\_ Body Type (check) Mesomorph: \_\_\_\_\_ Endomorph:

\_\_\_\_\_ Ectomorph: \_\_\_\_\_ Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PART V: Fitness Test Scores**

Curl-Ups: \_\_\_\_\_ Upper Body (Pull-ups or Pushups) \_\_\_\_\_

Shuttle Run: \_\_\_\_\_ Flexibility: \_\_\_\_\_

Endurance:

1 mile run \_\_\_\_\_ Or 500 yard swim \_\_\_\_\_

**PART VI: Panel Decision**

Approved for try out: \_\_\_\_\_ YES \_\_\_\_\_ NO

Reason(s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Panel Members:**

School Physician (print or type name) \_\_\_\_\_

Signature \_\_\_\_\_

Physical Education Teacher (print or type name) \_\_\_\_\_

Signature \_\_\_\_\_

Family Physician (print or type name) \_\_\_\_\_  
(or other appointee)

Signature \_\_\_\_\_

### FITNESS TEST FOR MIXED COMPETITION

Benchmarks as provided by the Presidents Council Fitness Test at the 50<sup>th</sup> percentile: See:  
<https://www.presidentschallenge.org/challenge/physical/benchmarks.shtml>

The standards are based on the 50<sup>th</sup> percentile for a 13 year old (modified), 15 year old (freshman/JV), and a 16 year old (Varsity).

				Choose one <sup>1</sup>			Choose one <sup>2</sup>	
Gender	Level	Curl-Ups	Shuttle Run	V-sit or	Sit and Reach	1 mile walk/run	Pull-Ups or	Right Angle Push-Ups
Male	Modified	42	10.2	+0.5	26	8:06	3	24
	Fresh/JV	45	9.7	+2.0	30	7:30	6	30
	Varsity	45	9.4	+3.0	30	7:10	7	30
Female	Modified	37	11.1	+3.5	31	10:23	1	11
	Fresh/JV	36	11.0	+5.0	36	9:58	1	15
	Varsity	35	10.9	+5.5	34	10:31	1	12

### SWIMMING

The swimming endurance component of the physical fitness test allows the athlete to choose which endurance test he/she prefers. It will be necessary to choose one: either the one mile run or the 500 yard swim.

#### SWIMMING TIMES REQUIRED FOR 500 YARD SWIM

##### BOYS

LEVEL	500 Yard Swim Time (min:sec)
Modified	9:15
Freshman	9:00
Junior Varsity	8:45
Varsity	8:30

##### GIRLS

LEVEL	500 Yard Swim Time (min:sec)
Modified	10:00
Freshman	9:45
Junior Varsity	9:30
Varsity	9:00

<sup>1</sup> Flexibility can be measured by performing the V-sit Reach or the Sit and Reach

<sup>2</sup> Upper body strength can be measured by performing pull-ups, or right angle push-ups.



**PHYSICAL MATURITY CHART**

Recommended Tanner Scores for the Athletic Placement Process

*\* Modified levels are used for mixed gender competition only*

Approved Sports	MALES				FEMALES			
	Modified*	Freshman	JV	Varsity	Modified*	Freshman	JV	Varsity
Archery	1	2	2	2	1	2	2	2
Badminton	1	2	3	4	1	2	3	4
Baseball	2	3	4	5	2	4	5	5
Basketball	2	3	4	5	2	4	5	5
Bowling	1	2	2	2	1	2	2	2
Competitive Cheerleading	2	3	4	5	2	4	5	5
Cross-Country	2	3	4	5	2	4	5	5
Fencing	1	2	3	4	1	2	3	4
Field Hockey	2	3	4	5	2	4	5	5
Football	2	3	4	5	2	4	5	5
Golf	1	2	2	2	1	2	2	2
Gymnastics	2	3	4	5	2	4	5	5
Ice Hockey	2	3	4	5	2	4	5	5
Lacrosse	2	3	4	5	2	4	5	5
Rifle	1	2	2	2	1	2	2	2
Skiing	2	3	4	5	2	4	5	5
Soccer	2	3	4	5	2	4	5	5
Softball	2	3	4	5	2	4	5	5
Swim/Diving	2	3	4	5	2	4	5	5
Tennis	2	3	4	5	2	4	5	5
Track & Field	2	3	4	5	2	4	5	5
Volleyball	2	3	4	5	2	4	5	5
Wrestling	2	3	4	5	2	4	5	5

## DEFINITIONS

**ADVISORY COUNCIL:** All school personnel of member schools are considered advisory members. They may make recommendations on athletics to the Executive Committee and serve on committees of the Association. (Constitution, Article II, (4)).

**AGE OF MAJORITY:** Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

**ATHLETIC COUNCIL:** The administrative body for each of the sections of the NYSPHSAA, Inc. consisting of representatives from leagues and member schools. (Constitution, Article VI, (2))

**BONA FIDE STUDENT:** A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. (Eligibility Standard #6)

**CENTRAL COMMITTEE:** The Central Committee is the legislative body of the NYSPHSAA, Inc. consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1) (a)).

**CLUB TEAM:** Neither the regulations of the Commissioner of Education nor the NYSPHSAA recognize extra class activities called "club teams". Interscholastic teams may not practice/scrimmage with or compete against "club teams".

**COMMISSIONER'S REGULATIONS:** The Regulations of the Commissioner of Education are policies and controls enacted by the Board of Regents and administered by the State Education Department. The NYSPHSAA has additional regulations and standards. *See By-Laws and Regulations.* **NOTE:** All NYSPHSAA private/parochial schools must comply with all coaching certification requirements as outlined in the Commissioner's Part 135.4 effective July 1, 2016.

**COMPETITOR:** Any competitor must be a bona fide student in the member school district represented and is considered to be the school team or part of such team. Compliance with all NYSPHSAA bylaws and standards and conformance with all NYSED regulations is required. Participation as an individual competitor counts toward the maximum number of contests permitted and meets the requirements of the Representation Standard #25.

**CONDUCTING A CONTEST:** All contests shall be under the direction and supervision of qualified school personnel who shall have full knowledge of and give full approval to the plans for the contest. It is necessary to be physically present with authority to change any part of the procedures which are contrary to NYSPHSAA, Inc. policy or not in the best interests of secondary school competitors (Eligibility Standard #25). When a contest or game is held in conjunction with a fund raising effort, the following criteria is required to be met:

1. The host school is required to have the charity event approved by a school administrator and /or Board of Education.
2. The sport specific game rules (NFHS, NCAA, etc.) may not be altered.
3. All NYSPHSAA and NYSED eligibility standards must be followed.
4. Donations may not be made based on the outcome of student performance.

5. If an outside agency or charity is directly involved in the administration, coordination, or organization of the contest, the event must be approved under the Outside Agency rule through the Section Athletic Council.
6. League or conference schedules may not be altered unless mutually agreed upon.

**CONDUCTING A HEARING:** An impartial panel of three or more representatives may be authorized by a league or a section athletic council to conduct a hearing at an early date after an appeal is made. The presiding officer shall designate a member to keep the minutes of the meeting which should record: those present, the issue in question, the argument of the appellant, the statement of the respondent, the decision of the panel. These minutes become a part of the record of the league or section for transmittal in the event of additional hearings. Each litigant is entitled to representation by counsel.

**CONTEST:** An interschool competition arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards.

**EXHIBITION COMPETITOR:** An exhibition competitor is a bona fide student in the member school district represented and is a non-scoring participant in an interschool contest or tournament. Exhibition competitors may only compete with or against other exhibition competitors and be non-scoring/non-placing in the event. Exhibition competitors may fill open lanes in the sports of swimming and track and field. Participation as an exhibition competitor counts towards the maximum number of contests permitted and meets the requirements of the Representation Standard.

**FRESHMAN TEAM:** A team comprised of ninth grade students which must follow all high school eligibility rules and standards, and compete only against high school teams. NOTE: A freshman team cannot compete against a modified team.

**INVITATIONAL ACTIVITIES:** Invitational activities are those games or other events dealing with one sport, arranged by invitation from one school to one or more other schools.

**LEAGUE:** A group of schools, preferably of similar size and location, who join together for the purpose of administering athletic competition and other educational activities.  
(Constitution, Article VI)

**MAXIMUM NUMBER OF CONTESTS:** An individual may not participate in more than the number of contests established for a sport (Sports Standards Charts). A participant is a contestant representing a school that enters and engages in that contest. Furthermore, a team may not schedule more than the maximum number of contests stipulated in the Sports Standards Chart (even though some members of the team have not participated in the maximum number of contests.) NOTE: Forfeiture is considered a contest.

**NATIONAL TEAM MEMBER:** One who is selected by the national governing body of a sport on a national qualification basis either through a defined selective process or actual tryouts for the purpose of international competition which requires the entries to officially represent their respective nation?

**NEXT PREVIOUSLY SCHEDULED CONTEST:** This is the same as the next contest which originally was in the schedule. No attempt should be made to insert a non-league contest into a sports schedule after a key player has been disqualified in order that the player would not participate in a meaningless game. This totally violates the intent of this rule and is not permitted. The ejected player or coach must not participate in the next previously scheduled contest. Any post season competition is considered previously scheduled. (Sportsmanship #27)

**OLYMPIC DEVELOPMENT PROGRAM:** A training program for competition:

- (a) conducted or sponsored by the United States Olympic Committee or
- (b) directly funded and conducted by a national governing body on a national level or
- (c) Authorized by a national governing body for athletes having potential for future national team participation.

**OUTSIDE TEAMS:** An outside team is a group of contestants organized and/or sponsored by other than secondary school authorities for competition in a specific sport.

**OVERTIME:** Sections will have the authority to decide if overtime sessions will be played in a particular sport. If approved, the overtime procedure included in the sport specific rule book must be followed. Any approved waiver or modification of the overtime procedures are noted in the Sport Standards section.

**PARTICIPATION:** Except as found in the Duration of Competition standard, "participation" defines if an athlete has competed in a contest. Students are charged with a contest once they enter the contest. In team sports once they enter the game they are charged with a contest. In individual sports, once they enter the contest (or event) they are charged with a contest. It matters not if the athlete competes for two seconds or the entire competition; they have participated in a contest. (Representation #25)

**POST SEASON:** A post-season contest is a game, meet or tournament played after the close of the last day of the season for that sport. (Eligibility Standard #21).

**POST SCHEDULE:** A post schedule contest is a game, meet or tournament that is held following the completion of the league and/or sectional schedule but prior to the end of the season established by the section.

**PROFESSIONAL:** A professional is (1) a contestant (or other person acting in his / her behalf) who accepts money or merchandise) other than medals, ribbons, or appropriate trophies) for participation in an athletic event, or (2) a contestant who signs a contract with a professional team. (Eligibility Standard #2)

**RECRUITMENT:** An act, on behalf of or for the benefit of a school, which attempts to influence a student to transfer to a member school for the purpose of participating in athletics.

**REGIONAL COMPETITION:** Any competition between sections after the sectional tournament in that sport are completed.

**SCHEDULED GAME OR TOURNAMENT:** A contest arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards is a scheduled game or tournament.

**SCHOOL AUTHORITIES:** Trustees and boards of education are school authorities who may employ school personnel to act as their agents in carrying out their duties.

**SECTION:** One of the eleven geographic areas into which the state is divided by the NYSPHSAA, Inc. for the purpose of administering the athletic program for the member schools therein is under the jurisdiction of the Section Athletic Council.  
(Constitution, Article V, (2) - (5))

**SECTIONAL COMPETITION:** Games or meets conducted at the conclusion of the league schedule for the purpose of determining sectional champions. In those activities in which state championships are held in classes, sections may conduct interclass contests after determining their winners by classification.

**SEMESTER:** A semester is one-half of the school year covering a span of 18 - 20 weeks between September 1 and January 31, or the span of 18 - 20 weeks between the close of the first semester and June 30.

**SPORTS SEASON:** A sports season is a period of participation in a specific sport with limitations indicated in the Sports Standards. (Eligibility Standard #28)

**SUMMER:** The last rating day of the school year until the Section's official Fall Sports start date.

**SUSPENDED GAMES/PROTESTED GAMES:** For suspended games, the game rules for that sport must be followed or in the absence of such rules the game will continue from the point of interruption and may be scheduled on the next consecutive day. This applies to all sports. A game or part of a game replayed as a result of a protest decision must adhere to the required nights for rest. The latter will not count as an extra game. If a contest is suspended, all violations of the NYSPHSAA Sportsmanship Rule and/or any yellow/red cards received during that contest will be enforced regardless if the contest is replayed in its entirety or resumed from the point of interruption.

**TAUNTING:** Taunting includes, but is not limited to, any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean other players, coaches or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talk,") reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling tackled or fallen player, etc. (sportsmanship #27)

**TRANSFER STUDENT:** A transfer student is one who has changed registration from one school to another. (Eligibility Standard #30).

**TRY-OUT:** A tryout consists of a sport specific demonstration in front of professional scouts. This does not include the playing of games where scouts are present. This would include placing students in front of professional scouts to perform drills specific to that sport, independent of playing of a game.

## NYSPHSAA, Inc. BYLAWS and ELIGIBILITY STANDARDS

These standards are the rules of the New York State Public High School Athletic Association, Inc. and apply to grades 9-12. **Athletes must meet all standards of eligibility for practice and competition.** "All schools agree to abide by the minimum eligibility rules adopted by the Central Committee in all interscholastic competitions." – NYSPHSAA, Inc., Constitution, Article II. (2). They are effective August 1, 2014.

1. **AGE AND GRADE:** *Regulation of the Commissioner of Education:* A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Selection/Classification Program. The 15 year old below the 9th grade needs only to meet selection/classification maturity standards to be eligible at the high school level. (Duration of Competition #8)

***Reporting Procedure: All violations shall be reported to the League and Section.***

### 2. AMATEUR:

- a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:
  1. Competing for money or other compensation (allowable entry fees, travel, meals, and lodging expenses may be accepted.)
  2. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of two hundred fifty dollars (\$250) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition.
  3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).
  4. Signing a professional playing contract in that sport.
- b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not affect amateur standing.
- c. A student who violates the above rule may apply to the league or to the designated body within that section for reinstatement one year from the date of the latest violation.

***Reporting Procedure: All violations shall be reported to the League and Section.***

**3. APPEAL PROCEDURE:** The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

- a. All questions of eligibility and all questions regarding the implementation of the rules and regulations of the NYSPHSAA, Inc. or of any of its subdivisions shall be referred to the league president for a decision unless the league provides for another method for reaching a decision. The league shall be guided by the constitution, bylaws, rules, regulations, and sports standards of the league, the section, and the association. A school which does not belong to a league may apply to the section president for a decision. All appeals are to be in writing and are to be initiated at the league level. NOTE: While an appeal is being processed a student(s) may participate in practice sessions commencing from the date the appeal was filed. It is provided, however, that all questions pertaining to general eligibility involving a Sectional activity shall be taken directly to the Athletic Council or its designee; and it is provided further, however, that during regional and state championship activity, all questions concerning the rules and regulations of the NYSPHSAA, Inc. and questions of general eligibility shall be referred to the Executive Director of the NYSPHSAA, Inc. or his or her designated representative for such contest if he or she is unavailable. Because of time constraints, the decision of the Athletic Council or the Executive Director as the case may be, will be final with no right of formal appeal to the Appeal Panel or other administrative body. Any and all questions and/or protests as to game/meet rules or as to the conduct of the game or meet shall be heard and decided by the game/meet committee established by that Section or State Sport Championship Committee as the case may be; and all such decisions shall be final with no right of appeal.
- b. Appeals from the decision of league presidents and section presidents may be made to the Athletic Council which will review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decisions of the league or section president. The decisions of game officials shall be final unless the individual league or section has made provisions for review. In any event, the Appeal Panel will not review any such decisions.
- c. An appeal from the decision of the athletic Council may be taken to the Appeal Panel of the NYSPHSAA, Inc., which shall review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decision of the Athletic Council. Such decisions shall not be reversed or modified unless the Appeal Panel finds that:
  1. The decision of the Athletic Council clearly is contrary to the evidence presented.
  2. The facts found by the Athletic Council constitute a violation of the Association's Constitution, standards or rules, or Regulations of the Commissioner of Education, or
  3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.
- d. An aggrieved party shall be one or more member schools of the NYSPHSAA, Inc., and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc., of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of \$200.00 must be received from the aggrieved party prior to the appeal hearing. The Executive

Director of the NYSPHSAA, Inc., shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.

A written brief shall contain: **1)** A table of contents, **2)** A concise statement of the nature of the appeal and the questions involved, **3)** A concise statement of the facts with the supporting references to the transcript of any proceedings had or to a summary of the proceedings as submitted by the recording secretary if there be no transcript, **4)** The arguments, which shall be divided into points by appropriate and distinct headings, **5)** Exhibits, if any.

- e. The Appeal Panel shall be comprised of three persons consisting of the NYSPHSAA, Inc., current past president, who shall serve as chairperson, one representative from the coordinators of a sectional appeals committee, and one representative from section executive directors/secretaries. Should a representative from any of these categories be unable to serve, the Executive Director of NYSPHSAA, Inc., and d / o r Counsel shall serve in an ex-officio capacity.
- f. Expenses incurred by the Appeal Panel members shall be shared in the following manner: One-fourth from the NYSPHSAA, Inc., one-fourth from the section involved and one-half from the appellant. Expenses include all necessary and customary travel expenses, including, but not limited to mileage, lodging and meals. When telephone conference calls are requested a fee of \$300 will be paid in full by the appellant (Jan. 2012).
- g. If a section is involved in an appeal, no representation shall be selected from that section.
- h. The decision of the Appeal Panel shall be the final administrative appeal through the NYSPHSAA, Inc., and shall be final.
- i. Any member school which institutes an unsuccessful legal action or appeal to the courts or the Commissioner of Education to overturn, stay or enjoin an eligibility ruling or a rule or rules of the NYSPHSAA or its subdivisions will be liable for reasonable costs and attorney fees incurred by the NYSPHSAA, section(s) or leagues in defending against such action. Further, should the Association or its subdivisions be forced to initiate legal action to collect the aforementioned costs and attorney fees, the member school shall be additionally liable for the Association's reasonable costs and attorney fees resulting from the collection action and shall be deprived of all rights to participate in any post schedule championship conducted by the NYSPHSAA or its sections.

Any member school which does not make final payment of costs and fees by June 30 of that year shall be denied membership in the Association.

- j. Eligibility Standards may be made more restrictive by individual sections. Any appeal involving a more restrictive standard shall not be heard by the Appeal Panel and the decision of the section shall be final. NOTE: If a school, League, or Section becomes a plaintiff or defendant in litigation based on the enforcement of its own rules, NYSPHSAA, Inc., rules, or the Regulations of the Commissioner of Education, this Association offers consultative legal advisement. Requests for consultation are to be directed to the President or the Executive Director, who may refer the question to Counsel. The authorization for payment of legal fees for representation by this Association is limited to actions in which the NYSPHSAA, Inc. is the primary defendant or respondent. After the local action is completed, the Association may offer to appear amicus curiae during Appellant Review.

**4. APPROVED OFFICIALS:** Officials shall qualify through completion of the Officials' Five Point Program. Each approved official shall:



1. Observe the constitution and bylaws of their local and state official's organization.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Be listed with the NYSPHSAA, Inc., Executive Director.

NOTE: To insure quality competitive experiences, the selection and assignment of officials must provide priority to competent officials (those who have been trained and tested in the approved rules and regulations of the specific game to be officiated).

(See OCF section of the Handbook)

5. **ASSUMED NAME:** Participating under an assumed name in any athletic contest shall make the student/athlete ineligible for the remainder of that sport season. The Section may extend the period of ineligibility in that sport to one year from the date of violation. The coach responsible for the student's participation will be ineligible to coach for the remainder of the season and furthermore, the Section may extend the period of ineligibility as deemed appropriate.

6. **BONA FIDE STUDENTS:** *Regulation of the Commissioner of Education:* A contestant must be A bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school. NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPHSAA office.

Students may only be selectively classified into a member school. Furthermore, to be eligible to be selectively classified into a member schools' athletic programs a student must be registered in that school district.

**COMBINING OF TEAMS** - The joining together of students from two or more member schools in the same district or close proximity to form a single team shall be permitted subject to the following conditions:

1. Permission must be obtained from their league and section on an annual basis.
2. Section approval must be reported to the NYSPHSAA, Inc., Executive Committee. NOTE: If a combined school team goes beyond sectional level competition their boys and girls grade 9-11 enrollment shall be combined, using the below criteria, for state level competition. (2015-16 and 2016-17)
  - a. The school(s) with the higher (est.) classification number will have a percentage of the other school(s) classification number added according to the graduated scale below. The percentage is dependent upon the association's "5 sport classification cut-off numbers".

Class AA = 50%	Class B = 30%	Class D = 20%
Class A = 40%	Class C = 30%	

3. Section shall determine the deadlines for schools to merge or demerge programs.
4. If a non-public school is part of the merger, the "merged" team may be subject to the Section's Classification of Non-Public School Committee.

***Reporting Procedure: All violations shall be reported to the League and Section.***

7. **COLLEGE:** A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the College Rule. (Jan. 2012)

***Reporting Procedure: All violations shall be reported to the League and Section.***

8. **DURATION OF COMPETITION:** *Regulation of the Commissioner of Education:* A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise specified by the Commissioner Regulations. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1 may be extended under the following circumstances.

- i. If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport caused by illness or accident beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness or accident beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate.

***Appeals should be filed with the Section office.***

- ii. If the chief school officer demonstrated to the satisfaction of the section that the pupil's failure to enter competition during one or more seasons of a sport is caused by such pupil's enrollment in a national or international student exchange program or foreign study program, that as a result of such enrollment the pupil will be required to attend school for one or more semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil's eligibility shall be extended accordingly in such sport.

***Appeals should be filed with the Section office.***

## 9. FOREIGN STUDENTS and INTERNATIONAL STUDENTS:

The following criteria apply to all Foreign Exchange and International students:

1. Students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program.
2. No member of the school's coaching staff or athletic director, paid or voluntary, shall serve as a host family. School districts may apply to the Section for a waiver if the student is living with a member of the school's coaching staff or athletic director and if the student has not played the sport competitively.
3. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.
4. Students must possess the appropriate visa.
5. The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.

In addition to the aforementioned criteria, the following applies too:

- A. **FOREIGN EXCHANGE STUDENTS** - All **Foreign Exchange Students must be reported to the Section office using the appropriate form.** Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval from the Section.

**1. Foreign Exchange Student definition:** A foreign exchange student is a student that is enrolled in a NYSPHSAA member school that is a participant in a foreign exchange program. The foreign exchange program may or may not be accepted for listing by the CSIET.

- a. A bona fide Foreign Exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student (a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for International Travel (CSIET) and (b) complies with all State Education Department and NYSPHSAA, Inc., standards. Students that are not in an approved CSIET program are subject to the Transfer Rule. NOTE: CSIET list is available at [www.nysphsaa.org](http://www.nysphsaa.org)
- b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign Exchange student to a school for athletic purposes. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The Foreign Exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities. School districts will be notified by NYSPHSAA if a student is considered to be a "Direct Placement" by CSIET standards. Those Foreign Exchange students who are Direct Placements are subject to the Transfer Rule #30

- B. **INTERNATIONAL STUDENTS** - When needed, International students must receive a waiver of the Transfer Rule to be eligible to practice or compete. Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

**1. International Student definition:** An International student is a student that is enrolled in a NYSPHSAA member school, who is not enrolled in a foreign exchange program nor living with his/her parents (or other persons with whom the student has resided for at least six months prior).

- a. All international students are considered to be transfer students. Eligibility is determined under the transfer rule. NOTE: If an International student has participated in an organized sports program in a particular sport, equivalent to or

On a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

- b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the International student to a school for athletic purposes:

NOTE: Noncompliance with one or more of the foregoing provisions shall render the Foreign Exchange or International student ineligible for interscholastic athletics at any high school which is a member of the NYSPHSAA. (2010)

**10. HEALTH EXAMINATION:** *Regulation of the Commissioner of Education:* A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil, whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence, must be prequalified by the school physician prior to participation. If the 12-month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts. NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

**11. INTERNATIONAL CONTESTS:** Member schools may sponsor contests for their athletic teams with foreign countries secondary school teams for the purpose of cultural exchange and competition under the following conditions:

- a. League, Conference and Sectional schedule may not be altered to accommodate such a contest.
- b. Teams with whom contests are scheduled must be comprised of players comparable in ages to our senior high school level.
- c. All competitors on the New York State high school team must be eligible according to NYSPHSAA Inc. regulations.
- d. All contests must be scheduled according to appropriate sport standards.
- e. No such competition may take place four weeks prior to the starting date of that sport season as established by the Section.
- f. The number of organized practice sessions in preparation for international competition shall be restricted to the number required before a first contest in that sport.
- g. The Section must approve the plans and the NYSPHSAA, Inc., Executive Director must be notified at least sixty days prior to the scheduled departure.
- h. When hosting an international contest, sanctioning request forms must be initiated by the host member school through NFHS ([www.NFHS.org](http://www.NFHS.org)). One application per state will be filed when a foreign team tours and plays more than one school.

- i. When hosting an international contest, the contest must be conducted within the school's sport season as established by its Section Athletic Council and must be counted as one of the maximum number of contests. The hosting of a scrimmage with a foreign school's team does not require sanctioning. It is the school's responsibility to determine that the criteria listed in this section and Eligibility Standard #12; Interschool Scrimmage/Practice Sessions satisfied.
- j. A complete report, including a detailed financial statement, involving all phases of the competition shall be filed with the NFHS and the State Association within thirty (30) Days following final competition.

National Federation Sanction is necessary for international competition. Forms for requesting this sanction must be completed online using the NFHS web site ([www.NFHS.org/sanctioning](http://www.NFHS.org/sanctioning)) and must be filed 60 days prior to date of competition.

**12. INTERSCHOOL SCRIMMAGE:** A scrimmage is a practice that is a SIMULATED CONTEST. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) GAME RULES MUST BE ALTERED - SEE SPORT SPECIFIC REQUIREMENTS (High School Sport Standards), (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook, (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

**13. INTERSTATE CONTESTS:** Sanctioning is a means of encouraging well-managed competition. The sanctioning program has the primary purpose of protecting the welfare of high school students. A secondary purpose of the sanctioning program is to protect the existing programs sponsored by member schools. Schools may obtain information regarding the sanctioning process and print Application for Sanction forms (NYSPHSAA or NFHS applications) from the NYSPHSAA web site ([www.nysphsaa.org](http://www.nysphsaa.org)).

- a. When schools schedule interscholastic contests with schools in other states, each school will observe its own state regulations and standards of eligibility.
- b. No member school will engage in athletic competition, scrimmage and/or practice with an out-of-state school which is not a member in good standing of its respective state high school athletic association or has not been approved by the respective state association if the school is ineligible to join. Furthermore, member schools will not compete in any interstate contest which is sponsored solely by an outside agency. For dual contests it is the school's responsibility to determine that these criteria are satisfied.
- c. A member school wishing to host a contest involving an out-of-state school must file an application for Sanction for any contest involving four or more schools, or any contest involving three or more states. Timeline, application fee and application form information is available on the NYSPHSAA web site, [www.nysphsaa.org](http://www.nysphsaa.org).
- d. A member school planning to participate in an interstate contest involving four or more schools, or any interstate contest which is co-sponsored by an organization other than a member high school, must give notice of entry to the NYSPHSAA, Inc., office so that the school may receive verification that the contest has been sanctioned. NOTE: Failure to comply with the above regulation may cause a team or individuals to be ineligible from that date of participation for the remainder of that sport season.

**NOTE:** NYSPHSAA will approve events that have non-member schools participating provided there can be no direct competition with a non-member school.

**14. MIDDLE OR JUNIOR HIGH SCHOOL:** Member schools with students in grades 7, 8, or 9 have agreed to abide by the rules of our Modified Programs. Situations not covered in the Modified Rules will follow the high school standards.

**15. MIXED COMPETITION:** *Regulation of the Commissioner of Education.* Male and female pupils on interschool athletic teams. **See Commissioner Regulation.**

- a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.
- b. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.
- c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. **NYSPHSAA NOTE:** This clause is to meet the needs of the exceptionally talented girl.
- d. Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

***The NYSPHSAA requires that the names of girls and boys who participate on a team of the opposite sex be submitted to the league and section before any interschool contest in that sport. Teams with multiple representations of boys and girls must be declared either a girls or a boys' team by their schools, prior to the first competition.***

**NOTE:** Teams organized for one sex may only practice and compete against teams of that same sex. Furthermore, once an individual competes on a team for one sex during a season, he/she may not compete for or against a team organized for the other sex during that season. (Representation #25)

**16. NATIONAL TEAM/OLYMPIC DEVELOPMENT PROGRAMS:** A student may participate as an individual as a member of a National Team or in an Olympic Development Program during the school year. To participate in NYSPHSAA programs in that sport, individuals must meet the sports' standards.

**17. NON-FEDERATION MEMBER SCHOOLS:** No scrimmage or game shall be played with other than public and those private and parochial schools that belong to the New York State Federation of Secondary School Athletic Associations. Verification of membership may be secured from the NYSPHSAA website ([www.nysphsaa.org](http://www.nysphsaa.org)).

All other schools which are registered with the State Education Department shall apply for Friends and Neighbors status to be eligible to compete with NYSPHSAA, Inc., member schools. Applications must be processed through the Sectional Athletic Council in which the school is located. The application shall contain the agreement to abide by the NYSPHSAA, Inc., rules and will be signed by the applicant. The application, with an administrative fee of two hundred dollars, shall be forwarded by the Section Secretary to the Executive Director of the State Association with recommendations and substantiating statements for or against approval. The State Executive Committee shall make the final determination. Approval shall only be for a period of two years at which time schools may reapply for Friends and Neighbors status.

**NOTE:** **1)** Friends and Neighbors schools may compete against NYSPHSAA, Inc., member schools only through the league level of play. **2)** Friends and Neighbors schools are eligible to compete with NYSPHSAA, Inc., member schools in all Sections excluding post-scheduled contests. **3)** The two hundred dollar fee is payable every year.

**18. OUTSIDE AGENCIES:** Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.
2. Secondary school personnel shall be responsible for planning and for conducting the activity.
3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner's Regulations, and policies and standards of the NYSPHSAA, Inc.
4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.
5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.
6. Financial arrangements are to be clearly specified in the application for approval.

**19. PENALTIES:**

- a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.
- b. Procedures to address forfeitures during post schedule tournaments shall be as follows:
  1. Team Sports: Participation by an ineligible player or team in any post schedule tournament game (sectional, intersectional, regional, semifinal or final) shall result in forfeiture of that game. At the time of discovery the school declared ineligible will be disqualified from the tournament immediately and their last opponent will advance in their place. Schools eliminated prior to the last opponent will not reenter tournament competition.

2. Individual Sports: Participation by an ineligible contestant in any post schedule tournament competition (sectional, intersectional or state championship) shall result in the forfeiture of that competition. The contestant will be disqualified from the tournament immediately and his/her last opponent will advance in their place. Individuals eliminated prior to the last opponent will not reenter the tournament competition.
- c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, swimming and diving when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.
- d. For any violation of eligibility or sports standards a school authority may be censured, placed on probation, or suspended by the Section Athletic Council.
- e. *Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.*
- f. *School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District's control.*
- g. If a coach/supervisor violated the NYSPHSAA Code of Conduct the following actions will be taken:
  1. The school and Section will be notified immediately.
  2. Documentation of the incident will occur.
  3. A recommendation from the Section for disciplinary action will be given.

If a student or team is ineligible according to NYSPHSAA, Inc., Bylaws and Eligibility Standards or Commissioner's Regulations but is permitted to participate in interschool competition contrary to such rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the NYSPHSAA Inc., and side injunction is subsequently voluntarily vacated, stayed, reversed, or finally determined by the courts that injunction relief is not or was not justified, any one or more of the following actions may be taken against such school in the interest of restitution and fairness to competing schools.

1. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.
2. Require that team victories shall be forfeited to opponent.
3. Require that team or individual awards earned by such ineligible student be returned to the Association.

**20. POST-SCHEDULE:** No team or individual student may represent its school in any post-schedule contest other than those conducted by school or State Association authorities in accordance with approved standards. NOTE: If contests are within the season established by the Section, within the maximum number allowed and conducted by school authorities, they are allowed.

**21. POST SEASON:** No team, or individual student, may represent its school in any post-season games, meets, or tournaments.



## 22. PRACTICE SESSIONS: Athletes must meet all Standards of Eligibility to participate in practice.

- a. An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport. Athletes who switch from a contact/collision or limited contact/impact sport to a strenuous/non-contact or non-strenuous/non-contact sport are permitted to count conditioning practices toward their new sport as follows:
  1. Sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days.
  2. Sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days. (Contact/collision or limited contact/impact sports include field hockey, football, ice hockey, lacrosse, soccer, wrestling, basketball, baseball, softball, diving, gymnastics, skiing, and volleyball. Strenuous/non-contact or non-strenuous/non-contact sports include cross country, track and field, swimming, tennis, bowling, golf and riflery.)

**NOTE:** Athletes whose seasons are lengthened due to participation in NYSPHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1) sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days; 2) sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days.
- b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited. **NOTE: Any contests leading up to Sectional play is considered regular season.** Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities. **NOTE:** Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.
- c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1) if such programs are not mandated by coaches or school personnel; 2) if such programs are available to all students.
- d. Non-school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. It is recommended that no school equipment be used for these programs as per State Comptroller Opinion 85-37.
- e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed

By the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

- f. Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation as long as the athletes/teams do not scrimmage before the required number of practices has been completed.

**23. PROFESSIONAL TRYOUTS:** No tryouts for, or practice, with a specific professional team and their affiliates, are approved except during the summer vacation. A student who participates in such a tryout is ineligible to represent the school in that sport. (See Amateur Rule,) *A school may apply on behalf of the student to their section for reinstatement one year from the date of the latest violation.*

**24. RECRUITMENT AND UNDUE INFLUENCE:** Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or to enter the ninth grade at a member school for athletic purposes - whether or not the school presently attended by the student is a member of NYSPHSAA.

- a. The use of undue influence to secure a student for competitive purposes in a sport is prohibited. An infraction shall cause the student to forfeit eligibility in that sport for one year from the date of enrollment. The offending school shall be subject to provisions of Bylaw #19 (D).
- b. Evidence of undue influence includes, but is not limited to, personal contact by coaches and sponsors in an attempt to persuade transfer, gifts of money, jobs, supplies, clothing, free transportation, admission to contests, invitation to attend practices and/or games, or free and/or reduced tuition.

**25. REPRESENTATION:**

- a. A contestant or athletic team shall not represent a school except in conformance with all rules and regulations. It shall be the duty of trustees and boards of education to require that athletic activities be limited to competition between secondary school students.

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests which occurred on six (6) different dates during the season.

**Team Sports:** For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. For Competitive Cheerleading, a student must be an eligible participant for a minimum of two (2) competitions.

**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team's regular schedule.

*Section Athletic Councils may request in writing approval of the State Executive Committee to adjust the number of school scheduled contests required on an annual basis.*

*The request is to be submitted prior to the governing board meeting. School districts may submit a written request to the Section for adjustment of contests for individual participant based on medical documentation that confirms the individual was not able to participate in the required number of contests. NOTE: For the sports of golf and girls gymnastics, a waiver of the Representation Standard may be granted by the NYSPHSAA Executive Director when a student has qualified for participation in the current school year's NYSPHSAA Championship event and has subsequently transferred to a NYSPHSAA member school. The athlete must meet all other eligibility standards, including transfer, to receive the waiver.*

- b. All games, meets, and tournaments must be conducted by appropriate secondary school authority.
- c. Participation by a student in more than one sport in the same time division shall be determined by the Section Athletic Council.
- d. Games and practice between students and adults (alumni or faculty) are not approved.
- e. To avoid unfair advantage a student who elects to participate in an interschool sport may not represent a school in that sport in a subsequent season in that school year.

**26.SENIOR ALL-STAR CONTEST:** A senior all-star contest shall be any athletic contest for which admission is charged or donations accepted in which one or more of the competing teams is composed of one or more players who during the school year was a member of the high school team in the same sport, and whose participation in the senior all-star contest is based on outstanding performance as a member of the high school team.

- a. The only senior all-star contests approved by the NYSPHSAA, Inc., are those approved by a section. These contests must be approved first by the Section in which the contest is to be held, by the NYSPHSAA, Inc. Executive Director, and reported to the Executive Committee.
- b. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests. Special circumstances may be appealed to the Section Executive Director.
- c. A contestant may participate in any approved senior all-star contest in the same sport during the school year.
- d. All approved senior all-star athlete contests must be conducted within the approved sport season.
- e. All application criteria established for the Senior All-Star Contest must be followed. The criteria and contest application shall be obtained from the Section Secretary or Association office.

**27.SPORTSMANSHIP:** The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.

**a. Coach**

1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

**NOTE:** "Not being physically present at the site" means a disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. (See definitions section of the handbook)

Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

**Any coach:**

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
  2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
  3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
  4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.
2. A coach who strikes, shoves, kick or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

**b. Player:**

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation. (See definitions section in the handbook)

**Any Player:**

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,)

the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense. **NOTE:** Members of the squad includes player, manager, score keepers, timers, and statisticians.

**c. Official:**

1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport official's chapter to investigate the incidence and to report their action to the section in a timely manner.

**28. SPORTS SEASONS:** Section Athletic Councils, with the approval of the NYSPHSAA, Inc. Executive Committee, shall determine all sports seasons within the limits of the Commissioner's Regulations. **NOTE:** If a team competes in the same season in which a state championship (regional competition and beyond) is conducted as designated by the NYSPHSAA, Inc. Executive Committee, then the team and its players are ineligible to compete in any other season in that sport in that school year.

**29. STATE CHAMPIONSHIP CONTESTS:**

- a. Contestants who have shown their proficiency in the sectional contests may be selected for a post-schedule contest. All participating teams and athletes must be approved by their section to be eligible to compete in NYSPHSAA Regional and State Championships. **NOTE:** Any student-athlete who has tested positive for the use of anabolic/androgenic steroids within the preceding six (6) months of a regional or state championship event may be required by the NYSPHSAA Executive Director to provide evidence of a negative test result for anabolic/androgenic steroids prior to participating in the event involved.
- b. Plans for all state championship contests are to be submitted for approval to the NYSPHSAA, Inc. Executive Committee (Constitution, Article V, (5)).
- c. Policies or procedures for state championship contests shall be determined by the NYSPHSAA, Inc. Executive Committee or Central Committee upon the recommendation of the State Championship Committee. Any awards or items presented to participants not provided by the Association, must receive prior approval. **NOTE:** No NYSPHSAA student athlete will be allowed to participate in any post schedule contests (regional, state, Federation) without completed Code of Conduct document.
- d. No raffles (50/50), and other games of chance, will be permitted at any post sectional competition sponsored by the NYSPHSAA. Promotional activities may be permitted with the approval of the NYSPHSAA Executive Director.
- e. If a physician is assigned and/or designated by the New York State Public High School Athletic Association or any of its subdivisions for post-schedule competition, that physician shall have the final decision-making authority concerning the entry/reentry of an athlete to competition at the particular contest; however a participating school may use its own physician for final decision-making if it provides a statement by the chief school officer stating the school agrees to indemnify and hold harmless the NYSPHSAA or any of its subdivisions from any claims or lawsuits brought against the NYSPHSAA or any of its subdivisions based on the decision made or advice given by the school district provided physician.
- f. Each section shall determine and be responsible for the selection, methods of financing, travel, and supervision of its contestants in a state championship contest.
- g. The State Sports Committee Coordinator shall submit complete plans and budget to the State Championship Committee. Financial reports, results, and requests for changes and improvements shall be submitted within 60 days after the event.

The State Sports Coordinators shall be responsible for:

1. Conducting these contests according to the policies adopted by the Executive or Central Committees.
  2. The selection of the Contest Director from the membership of the State Sports Committee, who shall submit plans and reports to the Coordinator to be forwarded to the Chairman of the State Championship Committee.
  3. Reporting the results of each contest and submitting a financial report to the NYSPHSAA, Inc. Executive Director, prior to the next meeting of the Executive Committee.
- h. Dual Seasons: Approved state championship contests are to be held before the end of the season established for that sport. Only those sections conducting the specific sport during the season of, or prior to, the state championship are eligible to send representatives. A Section Athletic Council which votes to conduct a sport in a season other than that specified for the state championship may conduct a qualifying tournament for state championship competition in a subsequent season shall be limited to those individuals who qualified during the selected season of competition and the number of organized practice sessions shall be no more than or less than the number required before a first contest in that sport.

### 30. TRANSFER: (Foreign Exchange/International # 9)

**NOTE:** The Transfer Rule will be enforced as written with no variations permitted.

- a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.
- b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career.  
***Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.*** **NOTE:** A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.  
 Exemptions to (b): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

**Note:** Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used

Will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.
3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

***NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school years.***

- c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.  
**NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.
- d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.
- e. 7<sup>th</sup> and 8<sup>th</sup> graders that compete at the HS level will be subject to the transfer rule, effective with the 2017-2018 school year.

- 31. Proxies:** In addition to the individuals designed to act as proxies in Article III Section (1)(g) and Article V Section (1) of the NYSPHSAA Constitution a member who is not able to attend a Central or Executive Committee meeting may designate the Section Executive Director of that Section to act as a proxy.



## **Transfer Appeal Guidelines:**

***Financial*** – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
  - Evidence of loss income or change in financial obligation that are not self-imposed.
  - Family W2 forms – pay stubs
  - Notarized statement from parent
  - Statement from employer or professional with knowledge of circumstances
  - Most recent tax returns – two years

***Health and Safety*** – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

## **New York State Public High School Athletic Association Transgender Guidelines**

The NYSPHSSAA recognizes the value of participation in interscholastic sports for all student athletes. The NYSPHSSAA is committed to providing all students with the opportunity to participate in NYSPHSSAA activities in a manner consistent with their gender identity and the New York State Commissioner of Education's Regulations.

The Dignity for All Students Act (DASA) prohibits discrimination and/or harassment of students on school property or at school functions by students or employees. The prohibition against discrimination includes discrimination based on a student's actual or perceived sex and gender. Gender includes a person's actual or perceived sex as well as gender identity and expression.

### Definitions:

For purposes of these guidelines the following definitions will apply:

**Assigned Sex at Birth:** the sex designation, usually male or female, assigned to a person when they are born.

**Gender Expression:** the manner in which a person represents or expresses gender to others, often through behavior, clothing, hairstyles, activities, voice or mannerisms.

**Gender Identity:** a person's gender-related identity, appearance or behavior, whether or not that gender-related identity, appearance or behavior is different from that traditionally associated with the person's physiology or behavior assigned sex at birth.

**Gender non-conforming (GNC):** a term used to describe people whose gender expression differs from stereotypic expectations. The term "gender variant" or "gender atypical" are also used. Gender nonconforming individuals may identify as male, female, some combination of both, or neither.

**Sexual Orientation:** a person's sexual orientation and sexual attraction to other people based on the gender of the other person. Sexual orientation is not the same as gender identity. Not all transgender youth identify as gay, lesbian or bisexual, and not all gay, lesbian and bisexual youth display gender-nonconforming characteristics.

Transgender: an adjective describing a person whose sex assigned to him or her at birth does not correspond to their gender identity.

Transition: the process in which a person goes from living and identifying as one gender to living and identifying as another.

**Privacy Policy:**

All discussions and documentation shall be kept confidential to the extent permitted by law unless the student and the family make a specific request in writing.

**Procedure:**

1. The student and the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.
2. The student's home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student's gender identity does not correspond to his/her sex assigned at birth.
3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.
4. Once a member school has rendered a determination of eligibility to try out for an interscholastic sports team or teams which corresponds to the student's gender identity the eligibility is granted for the duration of the student's participation in interscholastic athletics. The student must meet all NYSPHSAA standards for eligibility for practice and competition.
5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

**Appeals:**

All appeals with respect to a District's determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

Reference: New York State Education Department: Guidance to School Districts for Creating a Safe and Supportive School Environment for Transgender and Gender Nonconforming Student.

# HIGH SCHOOL SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

Number Practices Prior to First Scrimmage			Number Practices Prior to First Contest		Team and Individual Maximum No. Contests *	Min. Time Between Contests or Scrimmages	Individual Contest Limitations Per Day	RULES	Scrimmage Limitations Per Day
Sport	TEAM	IND	TEAM	IND					
Badminton	6	4	8	6		1 night	3 matches 1 contest	USBA	1
Baseball	10	6	15	8	20	1 night	2 contests	NFHS	2
Battery	10	8	15	13					
Basketball	8	6	10	8	20	1 night	1 contest	NF-Boys NCAA-Girls	
Bowling	Training		Training		20	1 night	6 games	USBC	1
Competitive Cheerleading	10	8	10	8	12	1 night	1 competition	NFHS	1
Cross Country	10	8	10	10	16	2 nights	5000 meters or 3.1 miles	NFHS	1
Fencing	10	8	15	13	20	1 night	3 contest	USFA	1
Field Hockey	8	6	10	8	16	1 night	1 contest	NFHS	1
Football	11	10	15	14	10	4 nights(1)	1 contest	NFHS	1
Golf	Training		Training		16	1 night	1 match 2 - 9 hole M non-school days.	USGA & Local course rules	1
Gymnastics	10	8	15	13	16	1 night	6 events (boys) 4 events (girls) 1 contest	NFHS Boys USAGJO - Girls	1
Ice hockey	8	6	10	8	20	1 night	1 contest	NFHS	1
Lacrosse	8	6	10	8	16	1 night	1 contest	NFHS-Boys US Lacrosse -Girls	1
Rifle	3	2	5	3	16	1 night	1 contest	NRA	1
Skiing	8	6	10	8	16	1 night	2 events	FIS & USSA	1
Soccer	8	6	10	8	16	1 night	1 contest	NFHS	1
Softball	6	4	8	6	20	1 night	2 contests	ASA	2
Swimming/ Diving	12	10	12	10	16+	1 night	4 events 1 contest	NFHS	1
Tennis	6	4	8	6	16	1 night	2 matches ++	USTA	1
Outdoor Track	10	8	10	10	16+	1 night	4 events 1 contest	NFHS	1
Winter Track	10	8	10	10	16+	1 night	3 events 1 contest	NFHS	1
Volleyball	6	4	8	6	20	1 night	2 matches/day	NCAA	1
Wrestling	10	8	15	13	20 points +	1 night	4 bouts	NFHS	1
							5 bouts tournament only		

(1) 2 nights for scrimmage

\* indicates maximum plus section, state championships and games necessary to break divisional or league ties

+ indicates maximum number of contests in which an individual competitor may participate

++ Modified scoring system must be used (see Tennis Standard)

The maximum number of contests is in effect for the 2015-2016 school year.

## NYSPHSAA, Inc. SPORTS STANDARDS

**JEWELRY RULE** - No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. **NOTE:** The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and in practice only for track and field. Hair restraints, to control a competitor's hair, are permitted in track and field and cross country. (Dec. 2010)

**UNIFORMS** - The use of an American flag or a memorial patch/arm band is approved when it is worn and/or placed in accordance to the sport specific rules. THE NYSPHSAA Executive Director may grant individual schools a waiver of the uniform rule when compliance is related to budget concerns. (Jan. 2011)

**GAME BALLS** - NFHS authenticating mark is not required on game balls for competition.

**THUNDER & LIGHTENING POLICY** (EFFECTIVE 10/25/01): Applied to regular season through NYSPHSAA Finals:

Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning.

With your site administrator, set up a plan for shelter prior to the start of any contest.

When thunder is heard and /or lightning is seen, the following procedures should be adhered to Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).

Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

After thunder and /or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

**HEAT INDEX AND WIND CHILL POLICY** (EFFECTIVE SPRING 2010): Applies to regular season through NYSPHSAA finals. Go to [www.nysphsaa.org](http://www.nysphsaa.org).

**BADMINTON** - A contestant may participate in no more than 3 matches per day. There must be a 15 minute rest between matches 1 and 2, and a 30 minute rest between matches 2 and 3. For other requirements see HS Sport Standards Chart.

**BASEBALL** - Battery candidates shall have at least thirteen practice sessions. All catchers shall wear a throat guard protector attached to the mask. It is recommended the protector be rubber. A contestant may participate in two regulation games per day with a fifteen-minute rest between games. A pitcher in a maximum of twelve (12) innings in one (1) day but no more than eighteen (18) innings in any six (6) consecutive day period. Delivery of one (1) pitch constitutes having pitched an inning. If he pitches in eight (8) or more innings in a day, he must have two (2) nights of rest before he can pitch again. Any violation of the rule will be considered in the same light as a school using an ineligible player. The game will be forfeited.

**NOTE: The baseball Agreement between the National Federation and the Major and Minor Baseball Leagues provides that no professional team may enter into a contract with a student until after graduation or that class has been graduated from high school, or one is no longer eligible for high school competition. Contact NFHS for more details.**

### **State Association Adoptions:**

1. Commemorative patches are permitted in accordance with Rule 1-4-4. (Jan. 2006)
2. Umpires may wear navy, light blue or red uniform shirts. (Oct. 2007)
3. All Adult base coaches will wear a hard shell helmet while on the first and third baselines during a game, effective with the 2016 season. (July 2105)
4. **TIED AND SUSPENDED GAME RULE:** To be used for NYSPHSAA Championship Tournament. May also be used during regular season play with Section approval:
  - 1) An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings.
  - 2) If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in the scorebook.
  - 3) If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point score, inning, count of batter etc., should all be recorded in the scorebook.
  - 4) If a game is stopped after having gone long enough to become an official game and;
    - a) The visitors score a run or runs in the top half of the inning. Then game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. Or,
    - b) The visitors score a run or runs in the top half of the inning and the home team does not complete their at bat. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. If we have a tied/suspended game we pick up from that point (Visitors runs in the top half of the inning and home team runs in the bottom half count). This game will be picked up at that point. Score, inning, count of batter etc., should all be recorded in the scorebook.
    - c) The home team ties the game in the bottom half of the inning but doesn't complete the inning. If we cannot play anymore we have a tied/suspended game at point. This game will be picked up at that point. Score, inning, count of batter, etc., should all be recorded in the scorebook. Or,
    - d) The home team takes the lead in the bottom half of the 5<sup>th</sup> or 6<sup>th</sup> inning, and then the game is called. At that point the home team is declared the winner.

**Scrimmages:** A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include one or more of the following:

1. Play six (6) outs per half inning (example – 3 outs clear the field/3 more outs).
2. Batting order must be altered or modified to include more batters than rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two (2) full innings. Adopted January 2009.

### **33. BASKETBALL** – Boys' basketball will use a 35 second shot clock.

#### **Waivers/Modifications – Girls Basketball:**

1. The game will consist of four (4) quarters of eight (8) minutes each. Intermission will be one (1) minute after the first (1<sup>st</sup>) and third (3<sup>rd</sup>) quarter and ten (10) minutes at the half. Extra periods shall be four (4) minutes in length. (Oct. 2003)
2. Modification of foul and penalties, Rule 10, Sections 4, 6 and 8, have been approved. (Oct. 2000)
3. A waiver of the requirement for officials to request a physician's note when an athlete wears a "sleeve" on the arms or legs. (Oct. 2008)
4. For the 2012-2014 seasons, a waiver of the NCAA womens' rules to allow for the sections that so desire to experiment with sixteen (16) minute halves. This waiver applies only to non-league contests at the varsity level upon mutual agreement of both schools (August 2012-2014)
5. A waiver of the NCAA Rule Book requiring two (2) visible shot clocks, one (1) at each end of the court. If the shot clocks are not functional, the waiver would permit the game to be played with an alternate timing device. (Dec. 2009)
6. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)
7. The NFHS Concussion Rule will be utilized. (Dec. 2010)
8. A waiver of NCAA Rule 1-7 to maintain the 3 point line at a distance of 19'9". (Oct. 2011)
9. A waiver of the NCAA Rule 1 requiring the use of the restricted area. (Oct. 2011)

#### **Waivers/Modifications – Boys Basketball:**

1. With Section approval schools may experiment with two 16 minutes halves in tournament and non-league games during the 2012-2014 seasons. (Oct. 2010-August 2014)
2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.
3. A waiver of the orange ball for the month of February if both teams agree. (Dec, 2010)
4. A waiver of Rule 2-12 to require the officials' scorer to wear a striped shirt only in NYSPHSAA Semi-finals and Finals.

**Scrimmages – Boys and Girls:** A basketball scrimmage must include ten (10) minute time periods with running time (except time-outs) and unlimited time outs. The score will be cleared at the end of the time period and the time will be reset. Scrimmages must also include *one or more* of the following.

1. Optional shot clock
2. Shoot only fouls against the shooter with free throws awarded in a one plus one.
3. At the end of the first (1<sup>st</sup>) and third (3<sup>rd</sup>) quarters, each team will run five (5) special plays. Example: out-of-bounds play underneath the basket: sideline out-of-bounds.

**34. Bowling** – USBC rules will be used for scoring purposes only, with the exception of USBC rule #400 pertaining to amateur status. Any violation of USBC rule #400 will result in a one year suspension from the date of the infraction which mirrors the penalty for Eligibility Standard #2.

GAME: A game consists of 10 frames. MATCH (contests): Consists of a maximum of three (3) games.

**Tournament:** Consists of a maximum of six (6) games and counts as one (1) contest. The Baker format may be used a maximum of two (2) times per season with a maximum of fifteen (15) Baker format games per tournament. A combination tournament is permitted with the maximum of eight (8) Baker format games and three (3) individual games. A Combination Tournament counts towards the maximum of two (2) Baker format tournaments. Individual Limitations: A student may not participate in more than one contest per day. Tie Breaking Procedures: In tournament competition only one of the following tie breaking procedures may be used until the tie is broken.

1) regular game; 2) 9<sup>th</sup> and 10<sup>th</sup> frame roll; 3) one game Baker format. The tie breaking procedure must be designated prior to the start of the tournament. With Section approval, Section championship tournaments may utilize a combination tournament that will consist of a maximum of three (3) standard team games and a maximum of fifteen (15) Baker style games (Dec. 2009). No practice bowling will be allowed in the tournament house after midnight of the day preceding the State Championship. Violations of this rule will result in individual or team disqualification. The oil pattern will be prepared for the practice round, with the understanding that pattern will be set as consistent as possible throughout the tournament. Other pertinent lane information will be included in the pre-tournament announcement. (August 2009). It is recommended that training should precede the first contest and that all competitions be in uniform. The foul line rule shall never be set aside.

**Scrimmages:** In a bowling scrimmage any format may be used and substitutions may be made at any time. No official scores may be kept; therefore, scores may not be used in calculating season average or for qualifying for sectional or state tournaments. Scores may not be used toward league or not-league standing.

**35. Competitive Cheerleading** – A routine will be 2 minutes and 30 seconds and must include cheer and dance. A competition must use a minimum of 3 panel judges and 1 safety judge. All competitive cheerleading coaches must have a current AACCA Safety course completed (October 2014). Students and teams may be able to compete in both the Fall and Winter Competitive Cheerleading season. Championship format will be a preliminary round for all divisions/classes in the morning and then a final round for the top 5 teams.

**36. CROSS COUNTRY** – Interschool cross country runs shall not exceed 3.1 miles or 5000 meters in length. A maximum of two (2) meets per week (Monday – Sunday) shall be permitted. An individual competitor may participate in a maximum of sixteen (16) contests.

**Waivers/Modifications:**

1. Waiver of the NYSPHSAA Jewelry Rule to allow the wearing of a wristwatch. (Oct. 2008)

**37. FENCING** – Interschool competition in fencing shall be conducted under the rules of the United States Fencing Association, provided such rules do not conflict with NYSPHSAA, Inc., requirements. A contest consists of three (3) bouts. Individual competition may not exceed nine (9) bouts in one day.

**38. FIELD HOCKEY** – Protective eye wear which meets the ASTM Standards shall be worn by all member school field hockey players (May 2007). If undershirts are worn, they must be white in color for the home team and dark in color for the away team (Feb. 2008). Sections may determine which of the approved overtime procedures to follow (May 2006).

**State Association Adoptions:**

1. Officials may wear a colored or black and white striped shirt. (Jan. 2005)
2. The game clock may continue to run after goals are scored and when one team is ahead by five (5) or more goals. (Jan. 2005)
3. When a player is yellow carded during overtime, the offended team will play shorthanded.
4. A waiver of rule 1-5-1, player uniforms, for the 2015-2017 seasons. (May 2014)



5. Field Hockey overtime procedures will be a ten (10) second one-on-one from Sectional play and beyond. Penalty strokes have been eliminated. With Sectional approval the procedure may be used during the regular season.

**Scrimmages:** A field hockey scrimmage must start with a sideline or sixteen (16) yard hit and includes *one or more* of the following:

1. A running clock and/or modified periods
2. Incorporate all or part of the Overtime Procedure into the scrimmage
3. Each team will take five (5) offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25 yard line.

**39. FOOTBALL:** With Section approval a contestant (or team) may participate in no more than ten (10) interschool football contests, inclusive of sectional championships. For those sections involved in the state championship three additional games are permitted for a total of thirteen (13) games for the season: (1) game for regionals, (1) game for semifinals, and (1) game for championships. Interscholastic contacts (both scrimmages and contests) in football shall be permitted only in those schools which have an adequate number of students on the squad who are physically fit, eligible and prepared for each game as follows: Eleven (11) man football – sixteen (16) or more: eight (8) or nine (9) man football – fourteen (14) or more; six (6) man football – twelve (12) or more. All football games of the NYSPHSAA, Inc., shall be played following National Federation Football rules. **The first two (2) days** of practice must be noncontact, without the use of protective equipment and mechanical blocking devices. The use of cones, ropes, ladders, step-over dummies, soft hand shields and similar devices as teaching aids is permissible. Helmets may be worn. **The next three (3) days** provide a transition from the conditioning phase to full contact. During this phase, players are permitted to wear helmet and shoulder pads. Blocking dummies, sleds and similar devices are permitted. During this phase, player to player tackling drills, team scrimmaging, running full contact plays, etc., are not permitted. **The following six (6) days** consist of contact practice with full protective equipment and the use of all training devices. Full player to player contact and team scrimmaging is permitted. **Four (4) additional practices** must be completed by the individual and team prior to the first contest. Interscholastic scrimmages may commence after eleven (11) practices have been completed by the individual player and team. Interscholastic contests may commence after fifteen (15) practices have been completed by the individual player and team. (May 2010)

**NOTE:** For any violation of this rule, the head coach will be suspended from the next regularly scheduled contest. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. Not being present at the site means the disqualified coach is not present in the locker room, on the sidelines, in the stands or site area before, during or after the game. The minimum time between interschool football scrimmages shall be two (2) days. It is recommended that a physician be present at all football games. If the services of a physician cannot be obtained, coverage should be provided by persons qualified to give emergency care (e.g. physician assistants, emergency squads, athletic trainers).

**Football Contact Limitations:** Contact in the sport of football for High school and modified football teams shall have no more than two “Full-Contact practices” per week during the season; with no Full-Contact” session to exceed 90 minutes. “Full-contact” means a practice where drills or live action is conducted that involves collisions at game speed, where players execute tackles and other activity that is typical of an actual tackle football game. *Limitation of “Full-Contact practices” will begin with the 13<sup>th</sup> day (high school and the 14<sup>th</sup> day (modified)).*

**Waivers/Modifications:**

1. A waiver to rule 1-5-1b, 6 and 7 for home and visiting jerseys for the 2015-2016 seasons. (July 2015)
2. Waived NFHS rule for officials to wear Northwestern socks when wearing shorts and to wear all black shoes.

**Scrimmages:** Football scrimmages shall be governed by the following: (a) no official score is kept, (b) no definite time is set or kept, (c) coaches are permitted on the field to provide instruction and make corrections, (d) different configurations governing possession time and down and distance situations (than those normally used in a game) may be used to govern play, (e) unlimited time-outs and stoppages of play are permitted and encouraged for the purpose of both providing instruction and adequate rest periods, (f) the use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules, (g) no kickoffs are permitted, (h) punts and extra point kick attempts may involve live play until the ball is kicked. Punts may not be advanced and all fumbled punts and muffs will be blown dead immediately, (i) the total number of plays should be recorded to prevent an individual player from being involved in more than a maximum of 90 live contact plays during the entire scrimmage, (j) no admission may be charged, (k) the participation of student support groups such as cheerleaders, bands, kick lines, etc., are prohibited.

**40. GOLF – Practice sessions should precede the first match. It is recommended that practice and matches be carefully supervised by the school coach.**

**Waivers/Modifications – Girls/Boys Golf:**

1. Allow competitors to use non-motorized push or pull carts during league, sectional or NYSPHSAA Championship competition. (Jan. 2012)
2. The use of distance measuring devices as stated by the USGA Rules for all NYSPHSAA regular season, Sectional and State Championship events.
3. Teams and individuals may play two 9 hole matches in a day on non-school days. (Jan 2015).

**For NYSPHSAA Championship play:**

1. The use of distance measuring devices in Boys Golf is approved as stated by the USGA rules for all NYSPHSAA regular season, sectional, and State Championship events. The use of cell phones is prohibited.
2. Rulings may only be pointed out by the competitors and markers. Spectators are not permitted to make rulings.
3. Practice Rounds: Only competitors may play in the student-athlete's practice rounds. Coaches are limited to being on the course in a supervisory and coaching capacity.

**Scrimmages:** A golf scrimmage must include *one or more* of the following:

1. Use different tees
2. Play multiple shots and multiple putts
3. Play two (2) or three (3) balls
4. Alter playing format: match play, Ryder Cup, or best ball format

**41. GYMNASTICS –** Metal hair fasteners are permissible. For all competition the Technical Handbook for Girls' Gymnastics, 4<sup>th</sup> edition will be used (approved August 2014). Handspring and twisting vaults are only permitted if a facility does not have the appropriate runway length and no Salto type vaults will be allowed.

**42. ICE HOCKEY –** All games shall be played according to the rules of the NFHS Hockey Rulebook with all approved changes and interpretations as established by the NYSPHSAA, Inc., Ice Hockey Committee. Ice Hockey games shall consist of three (3) fifteen (15) minute periods. The minimum number of ice hockey players for competition as well as interschool practice shall be nine (9) players and one (1) goaltender. All players shall wear helmet including ear piece, full face masks and throat protectors and all goalkeepers must wear a throat guard or neck protector. All players must wear helmets while on the bench or in the penalty box. During regular season each game begins on a clean sheet of ice and at a minimum the ice is cleared after the second (2<sup>nd</sup>) period. If

Ice is not cleaned after each period there will be at least a three (3) minute rest period or intermission between periods one (1) and two (2).

**Waivers/Modifications:** A waiver of the NFHS rule in Ice Hockey to allow a maximum of two disqualification penalties per contest for a coach or player. (May 2011).

**Scrimmages:** An ice hockey scrimmage shall be divided into two (2) halves with the time to be determined by coaches. The time clock and penalty clocks may be used for time keeping only but no score may be kept. During the scrimmage one or more of the following must be included.

1. Each team must play short-handed in predefined situations.
2. Use of half (1/2) ice situations.

**43. LACROSSE** – All games shall be played according to the rules of the NFHS Lacrosse Guide (boys) or U.S. Lacrosse Standards (girls) with all approved changes and interpretations as established by the NYSPHSAA, Inc., Lacrosse Committees. In girls' lacrosse field players are required to wear lacrosse goggles which meet ASTM standards.

**Waivers/Modifications:**

**Boys Lacrosse:**

1. Boys JV Lacrosse will play twelve (12) minute quarters. (May 2007)
2. A waiver to NFHS rule 2-5-2, to permit officials to wear black shorts.

**Girls Lacrosse:**

1. Permanently waive Rule 1 Field Dimension for regular season play only (Aug. 2004). Waiver to rule 2-13, 3" panel and trim around the neck for the 2013-2015 seasons. (Jan. 2012)
2. Goalkeeper Substitutions: After reporting to the score table, a goalkeeper is permitted to move down the sideline to await the current goalkeeper to exit the field. She then may enter the field of play. (Oct. 2005)
3. Suspend Game: In Sectional, Regional and State Semi-finals and Finals the game will be resumed from the point of interruption on the next available date. Teams that have possession at the point of interruption will retain possession in a draw alignment with the opposing center four (4) meters away. IF there is not team possession, it will be a draw. (May 2010)

**Scrimmages:** A lacrosse scrimmage must have modified time periods and include *one or more* of the following:

1. Alternate possessions
2. Start the scrimmage with either a Draw (girls) or a Face-off (boys)
3. Include the following game situations:
  - a. Face-off/Draws – Boys/Girls
  - b. Clears and Rides – Boys/Girls
  - c. Extra Man and Man-Down – Boys/Girls
  - d. Fast Breaks – Boys/Girls

**44. OUTDOOR TRACK AND FIELD** – A contestant shall be permitted in any one meet to compete in any four (4) events. There must be one night of rest between contests and not more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only. **NOTE:** Failure of the home school to meet its obligation of providing legal equipment for an event shall result in all points for the event being forfeited to the offended team.

**Scrimmages:** A track and field scrimmage must conform to the following:

1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

**45. RIFLERY** – Interschool competition in riflery shall be conducted according to the rules of the National Rifle Association. For competition between teams in both small bore and air rifle, four (4) contestants may fire with all four (4) scores to count for the team score. One or more of these three (3) positions are to be used: prone, offhand, or kneeling as determined by the Section. Only .22 caliber rifles with iron sights and .22 caliber rim fire ammunition are to be used. Air rifle events are approved. The home team is to furnish official N.R.A. targets for both teams. All safety precautions must be observed at all times. Rifles shall be cased when transported. Competitors shall wear hearing protective devices. The use of eye protection is recommended. For other requirements see HS Sports Standards Chart. Coaching will be permitted for air rifle during Regional competition. (Oct. 2006)

**46. SKIING** – Each contestant shall wear a protective hard shell helmet during practice and competition for all alpine skiing practices and races, giant slalom and slalom. A contestant may participate in no more than two (2) events in any one day of competition, provided that the last event of the day is cross country and that no more than one cross country event is raced per day. It is recommended that all meets be conducted under the rules of the U. S. Eastern Amateur Ski Association, the National Ski Association of America, and the Federation International de ski (F.I.S.).  
**Waivers/Modifications:** The minimum ski lengths for slalom and giant slalom. (May 2005)  
**Scrimmages:** A skiing scrimmage will consist of one (1) or more runs of slalom, giant slalom and/or Nordic. Electronic timing and officials may be used for instructional purposes only.

#### **47. SOCCER –**

##### **Waivers/Modifications:**

Waiver to rule 4-1-1i1; goal keeper jersey for the 2012-2014 seasons and a waiver to rule 4-1-1b; home white jerseys for the 2013-2015 seasons. (Jan. 2012)

**Boys Overtime Procedure:** Regular season games should consist of two (2) 40-minute halves with two (2) 10-minute sudden victory overtimes, if needed, to break the tie. Beginning with Section play and continuing on through the State Tournament, overtimes would consist of two (2) 15-minute sudden victory periods and, if still tied, penalty kicks. The only exception to this would be in the State Championship game where co-champions would be declared after the two (2) sudden victory overtime periods. (May 2008)

**Girls Overtime Procedure:** Regular season games should consist of two (2) 40-minute halves followed by two (2) mandatory ten-minute fully played overtimes. In Sectional and State Tournament play, the overtimes would be two (2) 10-minute periods of full play followed by two (2) five-minute sudden victory overtime periods, if needed. Co-champions would be declared in the State Championship game if the tie was not broken after two (2) 5-minute sudden victory overtimes. (May 2008)

**State Association Adoptions:** (May 2008)

**Length of Period:** The game will be played in two (2) equal halves of 40-minutes each.

**Shorten Periods:** By mutual agreement or in any emergency, by agreement of coaches or ordered by the head referee, provided it is determined to shorten the periods before the game or before the second half begins and all remaining periods are the same length.

**Suspended Game:** If less than one-half of the game has been completed, the game will be restarted from the point of interruption.

**Time on Field:** Time may be kept on the field by the head referee.

**Score of Game:** The official score may be kept by the head referee.

**Reserve Official:** The reserve official may assume the duties of the scorer.

**Yellow Card Accumulation Policy:** It is the intention of the NYSPHSAA Sportsmanship Committee to address the issue of the accumulation of Yellow Cards during the soccer season by an individual player or coach. The situation surrounding Red Cards are dealt with directly under the NYSPHSAA Guidelines for Sportsmanship and Misconducts outlined in the State Handbook for all sports. The consequences for the accumulation of excessive Yellow Cards will be as follows:

1. Five Yellow Cards accumulated by a single player or coach in the regular season will result in a one game suspension. Disqualifications due to an accumulation of five (5) Yellow Cards occurring in the last game of the season will carry over into the next season of participation, if the team does not enter post season play.
2. The continued accumulation of Yellow Cards by the same individual or coach will result in a one game suspension per additional Yellow Card.
3. In the event that the player or coach receives two Yellow Cards in the same game, resulting in a Red Card, the two (2) Yellow Cards will not count towards the season total, since the player or coach will receive a one game suspension as a result of the misconduct and ejection.
4. The accumulation card total is for regular season play only and the process will start over again for post season play. However, any penalties awarded as a result of the last regular season game will carry over into the post season.
5. The post season policy will provide a one game suspension after three (3) Yellow Cards and a one game suspension for each additional card received through the State Final. A one game suspension resulting from a yellow card in a team's last post season game will carry over into the next season of participation.
6. The coaches of both schools are to report all Yellow Cards to their League and Section by means of mail, email or fax for tabulation. The officials should report to their boards concerning games in which cards are given and the reasons for issuance of the card. Board policy will determine the method of notification to the League and Section. A final end of the year report including data on disqualifications shall be sent to the NYSPHSAA Sportsmanship Coordinator.
7. Refusing to report, or failing to report infractions and allowing players to continue play under these circumstances will result in the forfeiture of all games in which the individual in question participated.

**Scrimmages:** A soccer scrimmage may not exceed a total of 100 minutes and unlimited substitutions are permitted. The length of time for the periods of play is to be determined by the coaches, not to exceed 40-minutes in any one period: halves, three-quarters or quarters. Scoreboards may be used for timekeeping only. The clock will begin with the goal keeper in possession of the ball. When a goal is scored, play will be restarted with goalie possession. The goalie can restart play with a goal kick, goalie throw or goalie punt.

**47. SOFTBALL** – A contestant may participate in two (2) regulation games per day with at least a 15-minute rest between games. By Section adoption five (5) inning double headers may be played. Varsity softball teams can play three (3) contests in one day only for invitational tournaments during the regular season. Tie breaker rule in effect at top of the tenth (10th) inning. An unannounced substitution during a contest will not be penalized.

**Waivers/Modifications:**

1. The pitching distance will be 43 feet for the varsity, JV and freshman levels. (Dec. 2010)
2. Metal cleats are prohibited on all levels of play. (Dec. 2010)
3. Waiver to ASA rule 3-1D to keep that bat grip at 10" to 15".
4. Two year pilot to eliminate the International tie breaker rule for NYSPHSAA semi-final and final championship games. (January 2015).
5. All adult base coaches would be required to wear a hard shell protective helmet while on the first and third baselines during the game effective with the 2016 season.

**Scrimmages:** A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include *one or more* of the following:

Play six (6) outs per halfinning (example – 3 outs clear the field/3 more outs).

Batting order must be altered or modified to include more batters than rules permit.

Start with a runner(s) on base with a predetermined situation for at least two (2) full innings.

**48. SWIMMING** – Shaving (wet or dry) is prohibited at all swimming competitions and practice sites. Violation will result in disqualification. Sections may permit schools to compete in quad/dual meets. The minimum diving depth requirements are as follows: Pools built before January 1987 meet the NFHS minimum depth requirement (currently 10 feet) and pools built after January 1987 meet the NYS Department of Health's minimum requirement (currently 11 feet).

**Waivers/Modifications:**

1. Sections may reduce the number of dives for junior varsity and freshman meets. (Aug. 2002)
2. The NFHS Metric Conversion Chart will be used when applicable. (Jan. 2012)
3. Approved to use the track style blocks in practice but not in competition in both boys and Girls swimming for 2013-2014 season.

**Scrimmages:** In swimming scrimmage no official times or scores will be kept. Times may not be used to meet the qualifying standard. More than one heat per event is permitted.

**49. TENNIS** – A player may compete in either a singles or doubles competition on the same day. Only two (2) matches are allowed per day and both matches must use a modified scoring system that conforms to one of the following formats: best 2 of 3 sets, using no-add scoring, with a 12-point tie breaker at 6-all; or, ten-game pro-set, using regular scoring with a 12-point tie breaker at 9-all (May 2011). In tournament play, the maximum number of matches shall be three in one day. Participation in a two-day invitational tennis tournament shall count as one of the 20 contests permitted and only three (3) such tournaments shall be allowed within the 20 meet limitation. In league and sectional competition, sections would have the option to increase the number of matches to four (4) in one day using modified scoring with rest periods being 30-minutes for the quarter final and below, 45-minutes for the semi-finals and 60-minutes for the finals. (May 2010) The Commitment to Compete form must be completed to be eligible to compete in the NYSPHSAA tournament (Boys-May 2003; Girls-May 2006). Failure to honor your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament and ineligibility from next year's NYSPHSAA State Tennis Tournament. This incident will also be reported to the student's school administration (May 2011). At the NYSPHSAA Championship coaching on the court is permitted, however cheering remains prohibited (Jan. 2009).

**Scrimmages:** A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play. Suggested formats include but are not limited to:

Teams use tie breaks only

Five (5) game pro-set – first (1<sup>st</sup>) one to three (3) points

Modified eight (8) game pro-set – first (1<sup>st</sup>) players to three (3) points completes the scrimmage

Teams compete using an eight (8) game pro-set rather than two (2) out of three (3) sets with tie breakers at six-six (6-6).

**50. VOLLEYBALL:** A contestant (or team) may participate in a maximum of two (2) matches in a day. Each day of a tournament shall count as one (1) contest. The total number of tournament games played in one day shall not exceed fifteen (15) games. An additional 15-point game is permitted only to break ties in pool play to advance to finals as per tie-breaking procedures. In tournament play, volleyball teams shall have at least ten-minutes of rest between matches. All games will be played according to NCAA Rules with all games played to 25-points. Teams will be permitted eighteen (18) substitutions and will switch at 13-points in the deciding game.

**Waivers/Modifications:**

A. Girls and Boys Volleyball

1. Two score keepers are permitted with a home score book as the official score book. (Feb. 2008)
2. With Section approval, the use of lines of people during league play may be waived. (May 2007)
3. Teams can warm-up behind or adjacent to the court during the warm-up period. (May 2005)
4. If uniform specifications are not compliant, these procedures will be followed:
  - a. Notify the coach of the team at fault of the violation. The team will attempt to legalize the uniform of the team member(s) in question.
  - b. If the uniform fault cannot be legalized, meet with the opposing coach to determine whether a protest will be filed.
  - c. If no protest is filed at this time, no future protest will be accepted on this issue.
  - d. If no protest is filed, follow protest procedure and play the match.
  - e. The libero uniform is exempt from this modification.
5. The time length of all time outs is 60 seconds (August 2009)
6. Jewelry Rule: A waiver of NCAA Rule 7.2.3 to permit, if a substitution request is acknowledged (whistled), and the player is wearing an illegal uniform or jewelry or has illegal equipment, the substitution is denied and a delay sanction assessed. If warm-up activities or play must be interrupted because player wearing an illegal uniform, jewelry or equipment, that team is assessed a delay sanction. The jewelry must be removed before the player can participate further. If, during the warm-up period, a player responds promptly to a referee's request to remove jewelry or illegal equipment, a delay sanction is not assessed. (May 2010)
7. Officials may not issue a yellow card to a coach for un-sportsmanship like behavior. (August 2012)
8. Waiver of rule 1.5.4 – referee stand in Boys and Girls Volleyball.

**Scrimmages:** A volleyball scrimmage must include one or more of the following:

1. Each server shall serve 3-5 consecutive serves regardless if the point was scored before the other team would get the ball. (rotate)
2. Games would start at point 4 all and end at point 25 or a game could be timed with no point cap.

## B. Boys Volleyball

1. The use of NCAA Volleyball Rules with the same modifications used in girls' volleyball beginning in the fall of 2009 (Jan. 2009)
2. A player may touch the opponent's court with hand(s) or feet, provided some part of the hand(s), foot/feet remain either in contact with or directly above the centerline, and the penetration does not interfere with the opponents play.
3. For boys' competition, the height of the net from the center of the court is 7' 11 5/8". (August 2011)
4. Section VI experiment to allow the use of two liberos for the 2015 season. (July 2015)
5. Libero uniform waiver through the 2018 season. (October 2015).

**51. WINTER TRACK** – A contestant (girl or boy) shall be limited to participation in three (3) events. There must be one night of rest between contests and no more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only.

**Scrimmages:** A track and field scrimmage must conform to the following:

1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

**52. WRESTLING** – *Multiple Dual Meet Events:* Each individual competing in these events is charged one (1) point for each dual meet. *Triangular Meet:* Three (3) teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. *Double-Dual Meet:* Three (3) (or more) teams compete, with each team wrestling a dual meet against two (2) of the other teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. *Quadrangular Meet:* Four (4) teams compete, with each team wrestling a dual meet against each of the other three (3) teams at the same site. Each individual is charged one (1) point for each match wrestled counting toward their dual meet schedule. *Dual Meet Tournaments – Bracket Tournament:* Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement. *Pool Tournament:* Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement. *Round-Robin Tournament:* Each team wrestles a dual meet against every other team in the tournament. Team placements may be determined by win/loss record, or by total points accumulated in all meets. Each individual competing in these events will be charged two (2) points towards their twenty (20) point limitation and one tournament of the allowable six maximum tournaments as per the NYSPHSAA Handbook. Any school wishing to conduct a dual meet tournament with a unique format shall apply to NYSPHSAA for consideration. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two (2) meets in one day, with a limitation of two (2) per season.

- a. A contestant may participate in competitions not to exceed twenty (20) points during the regular season. A dual meet will be assessed one (1) point, while tournaments will be assessed two (2) points. Participation as a contestant or in any exhibition match in any meet shall count as a contest and only six (6) tournaments shall be permitted within the twenty (20) point limitation. If a wrestler exceeds the six (6) permitted tournaments allowed within the twenty (20) point limitation, said wrestler shall be ineligible for the remainder of the season, the coach will be suspended from the next regularly scheduled contest. Any additional penalty will be determined by the Section Athletic Council. Of the six (6) permitted tournaments, a maximum of two (2) two-day dual meet tournaments will be allowed during the season. A contestant may compete in a maximum of five (5) bouts in one day in tournament competition only. A wrestler



must compete (exhibition, forfeit, varsity/JV match) and be charged a competition point, towards the twenty (20) point maximum, in order to count toward the minimum required contests under the Representation Standard (six (6) contests).

- b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. A contestant shall be prohibited from wrestling within a weight classified Program. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. For other requirements see HS Sports Standard Chart.
- c. A contestant may compete in a maximum five (5) bouts in one day in tournament competition only.
- d. A wrestler may compete two (2) times in a regular two-team dual meet in the following situations:
  1. A wrestler from Team A accepts a forfeit from Team B.
    - a. The Team A wrestler may wrestle an exhibition match with a Team B member.
    - b. Points Team A: One (1) for the forfeit and One (1) for the exhibition match.
    - c. Points Team B: One (1) for the exhibition match
  2. Wrestling vs. the extra wrestlers weighed in.
    - a. A wrestler from Team A wrestles a match vs. Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.
    - b. Points Team A: One (1) for the first match and one (1) for the exhibition match.
    - c. Points Team B: One (1) for the exhibition match.
  3. Team A and B may match a wrestler in two exhibitions.
    - a. Points Team A: Two (2) for the exhibitions.
    - b. Points Team B: Two (2) for the exhibitions.

The following must be followed in each of the above situations:

1. There must be a 45 minute rest between matches.
2. The wrestlers may only wrestle one weight class higher than their weighed in weight class.
3. Each match/forfeit counts one (1) point toward the individual's twenty (20) point limit. (May 2008)

**Additional information:**

- a. All wrestlers with braces on their teeth are required to wear a mouth guard to cover all appliances. (Oct. 2006)
- b. NFHS 1.5% Weight Loss Rule is waived. (May 2007)
- c. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
- d. A Parents' Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director.

**Waivers/Modifications:**

1. A waiver to rule 4-1-5 to allow tape on the chin straps and straps on the top of the head gear. (Jan.2012)
2. A waiver of the uniform rule during the month of February to permit pink ribbon(s) on the uniform in recognition of Breast Cancer Awareness initiatives. (Jan. 2012)

**Scrimmages:** A wrestling scrimmage must include *one or more* of the following:

1. Must wrestle in predefined situations such as pinning, takedowns, turns, etc.
2. Must wrestle in neutral position. If a takedown occurs would go back to the neutral position.
3. Must wrestle in the referee's position using both styles. If a pin occurs, restart in the referee's position.

## NYSPHSAA, INC. WRESTLING WEIGHT CONTROL PLAN

On the recommendation of the State Wrestling Committee and with the approval of the State Executive Committee the following weight classes are in effect: 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285 for dual meets and tournaments. (August 2011)

1. The NYSPHSAA Wrestling Minimum Weight Certification Program is to be followed by all high schools sponsoring wrestling. Based on 7% body fat for males/14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within 14 days, exclusive of Sundays and school closing for holidays or emergencies, from the first day of the season. Wrestlers will be certified at a minimum weight (May 2010 and May 2012). A wrestler cannot begin practice until the waiver is approved. The approved date of the waiver starts the 14-day clock for certification (Aug. 2011).  
Centralized Assessment Sites will be mandated for the minimum weight assessment of all wrestlers. Only the refractometer will be used to test hydration.  
**Option 2:** Wrestlers that are involved in the Fall NYSPHSAA Championships may apply for a waiver of the 14 day rule. Wrestlers that chose this option may not begin practice until the waiver has been approved by the section coordinator.
2. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. See NFHS Rule 4-4-4.
3. A profile form from a NYSPHSAA Approved Assessor must be filed in the home school prior to competition. Sectional wrestling forms must be received by the Section Wrestling Chairman before competition.
4. Dual meets scheduled on a school day shall use the honor weigh-in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh-in before the meet. Honor Weigh-Ins for a school day, dual meet wrestling matches are allowed; Honor Weigh-Ins for non-school day, dual meet wrestling matches are not allowed and if one team has school and the opponent does not have school on the day of a dual meet, Honor Weigh-Ins are allowed. Each wrestler shall make the scratch weight at the weigh-in to be conducted prior to the school's first scheduled academic instruction period on the day of the match and may be permitted an allowance of 3 pounds at the mat side weigh-in. One not making the scratch weight at the early weigh-in will not be permitted the 3 pounds allowable and must make scratch weight at the mat side in order to compete. In the event that a competition is postponed or cancelled, the honor weigh-ins are not an official weigh-in, and therefore does not count towards the 50% rule.

5. Restrictions for Competition: A minimum weight is required for selectively classified athletes. Students in grades 9-12 do not have to make minimum weight (Aug, 2011). The minimum required weight for all weights as listed **MUST** be met and **RECORDED** at both the honor weigh-in and the mat side weigh-in.
  - a. To compete at the 99 lb. class a wrestler **MUST** weigh in excess of 91 lbs. to be eligible.
  - b. To compete at the 106 lb. class a wrestler **MUST** weigh in excess of 96 lbs. to be eligible.
  - c. To compete at the 220 lb. class a wrestler **MUST** weigh in excess of 185 lbs. to be eligible.
  - d. To compete at the 285 lb. class a wrestler **MUST** weigh in excess of 210 lbs. to be eligible.
6. The minimum required weight for the 99 lb., 106 lb., 220 lb., and 285 lb., weight class **MUST** be met and **RECORDED** at both the honor weigh-in and the mat side weigh-in.
7. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season.
8. There shall be an allowance of one (1) pound granted each day over the weight limit of the previous day in tournament competition. There is a one (1) pound allowance for all involved teams the second day of a dual meet or tournament competition conducted on consecutive days. The maximum allowance for consecutive dual meets or the first day of a tournament following a dual meet is two (2) pounds. **NOTE:** A minimum of 48 hours notification to your opponent is required in order to be granted this one-pound allowance. This rule is voided at post-season wrestling tournaments, namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition. NYSPHSAA will grant a two (2) pound growth allowance for each weight class on December 25. This two (2) pound growth allowance does not apply to the minimum weight requirements for the weights of 99 lbs., 106 lbs., 220 lbs., and 285 lbs.
9. Weigh-in for the second day of a tournament must be on the morning of the second day, with a 1 lb. allowance.
10. Effective in 2006-2007 and after, 50% of the weigh-ins during the season must be at the minimum weight he/she will wrestle during the state tournament series.
  - a. An official weigh-in counts towards this 50% rule whether an athlete competes or not, as long as he/she is eligible to compete and has made weight at both the honor weigh-in (a.m.) and the mat side weigh-in (p.m.)
11. Section sponsored tournaments are not considered part of the regular season; therefore, do not count toward the 50% rule, 20 point rule, or the Representation Standard.

## CODE OF ETHICS

*IT IS THE DUTY OF ALL CONCERNED WITH  
HIGH SCHOOL ATHLETICS:*

1. **To emphasize** the proper ideals of sportsmanship, ethical conduct and fair play.
2. **To eliminate** all possibilities which tend to destroy the best values of the game.
3. **To stress** the values derived from playing the game fairly.
4. **To show** cordial courtesy to visiting teams and officials.
5. **To establish** a happy relationship between visitors and hosts.
6. **To respect** the integrity and judgment of the sports officials.
7. **To achieve** a thorough understanding and acceptance of the rules of the game and standards of eligibility.
8. **To encourage** leadership, use of incentive, and good judgment by the players on the team.
9. **To recognize** that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
10. **To remember** that an athletic contest is only a game . . . not a matter of life or death for player, coach, school, official, fan, community, state or nation.

**MODIFIED PROGRAM**

*Grades 7, 8, 9*

**NYSPHSAA, INC., COMMITTEE  
FOR MODIFIED ATHLETICS GRADES 7, 8, 9**

Jim Rose, State Coordinator  
*Yonkers Public Schools*  
914-376-8292

Judith Salerno, State Coordinator  
*Hofstra University*  
516-463-5810

Mira Martincich, Secretary

**Section Representatives**

1. Rich Silverstein, Solomon Schechter School, Hartsdale 10530  
Beth Staropoli, Fox Lane HS 10506
2. James Schlegel, CBA, Albany 12205  
Michael Kardash, Stillwater HS 12170
3. Chris Doroshenko, Morrisville Eaton 13408  
Barb Felice, Holland Patent HS 13354
4. Carl Koenig, Oxford 13830  
Sue Franco, Oxford 13830
5. Tom DeYoung, Newark 14513  
Ann Hosmer, Canisteo-Greenwood CSD, Canisteo 14825
6. Adam Stoltman, Alden CS, Akron 14004  
Katie McGowan, Wilson CS 14172
7. Matt Winslow, Newcomb CSD 12852  
Victoria McMillan, Morrisville 12962
8. Jonathon Bloom, Freeport PS, Freeport 11520 Denise  
Romanello, Roslyn MS, Roslyn Heights 115477
9. Jeremy Weber, Pine Plains 12567  
Michele Henn, Washingtonville, 10992
10. Gary Tischler, Madrid-Waddington CS 13660  
Lori Brewer, Russell 13684
11. Dan Robinson, Brentwood USFD 11717  
Georgia McCarthy, Huntington UFSD 11743

## Boy's Modified Athletics Sports Coordinators

**Baseball:** Steve Nolan, Warrensburg CSD 12885  
**Basketball:** Bob Hummel, Queensbury HS 12804  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 12811  
**Football:** Steve Nolan, Warrensburg CSD 12885  
**Ice Hockey:** Dean Berardo, Brewster HS 10509  
**Lacrosse:** Gordie Pollard, Vestal HS 13850  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Tennis:** Tom Fitzpatrick, Wheatley School 11568  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich  
**Wrestling:** John Richard, Holland Patent CS 13354

## Girl's Modified Athletics Sports Coordinators

**Basketball:** Jim Miller, Cato-Meridian HS, Cato 13033  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 13811  
**Cheerleading:** T B D  
**Field Hockey:** Barbara Felice, Holland Patent CS 13354  
**Gymnastics:** TBA  
**Lacrosse:** Beth Staropoli, Fox Lane HS, Bedford 10506  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Softball:** Micki Bedlington, Yonkers 10701  
**Swimming:** Tom DeYoung, Newark 14513  
**Tennis:** Tom Fitzpatrick, Wheatley School 11568  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich

**Staff Liaison:** Todd Nelson, Assistant Director

## THE MODIFIED INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic competition in sports for pupils below the tenth grade level has been modified by the NYSPHSAA, Inc., and adapted to students in grades 7-8-9. School administrators need to realize that the NYSPHSAA, Inc., Modified Sports Program has been approved by its member schools and is based on twenty years of experimentation and implementation with SAFETY as the major concern.

### MEDICAL APPROVAL

The Medical Society of the State of New York and the American Medical Association has officially approved the NYSPHSAA, Inc., Modified Program as a sound, safe program. It is most important that all school administrators, directors, and coaches note this approval. The safety of the pupil has been the dominant factor in the establishment of the policies, rules, game conditions, and modified rules under which participants in this program compete.

INDIVIDUAL SCHOOLS, ATHLETIC LEAGUES, AND SECTIONAL ATHLETIC COUNCILS have definite responsibilities to assure proper administration of the program:

#### THE SCHOOL

1. Abides by the rules by providing proper administration of the program.
2. Informs all essential personnel of program rules, regulations, and program philosophy.
3. Participates actively in the organized group of schools to properly administer the interscholastic athletic competition within the rules of the Modified Program.
4. Becomes involved in sectionally sponsored modified sports administrative committee or council, participating in rules and games clarification programs and clinics.

#### THE LEAGUE

1. Abides by the rules by providing proper league administration of the modified program through chairmen and committee members.
2. Gives consideration to more restrictive program policies if desired.
3. Expects league sports chairmen to participate actively on sectional sports committees.
4. Provides official, active representation on sectional council.

#### THE SECTION-COUNCIL FOR MODIFIED ATHLETICS

1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section's Council for Modified Athletics.
  - a) Shall establish the dates for the opening of all sports seasons.
 

**Fall** – With Section/League approval the modified program Fall season starting date will be week #8 in the NYSPHSAA Standard Calendar.

**Winter** – Week #18 is the earliest possible date for the winter sports season. Later dates may be set.

**Spring** – Week #35 is the earliest possible date for the spring sports season. Later dates may be set.

Four sports seasons may be set by sectional action and approval. The established fall starting date may not be changed without approval of both the NYSPHSAA Modified Committee and the NYSPHSAA Executive Committee. Earlier winter and spring starting dates may be established by sectional action. These dates must be reported to the Modified Committee.

- b) Conducts all organized team practice and competition during one season.
  - c) Cooperates with officials' organizations – to provide officials with the essential information relating to the modified program and to secure competent officiating for the Modified Sports Program.
  - d) Administers all policies essential for proper functioning of the modified program of sports.
    - No sectional championships or tournaments shall be conducted.
    - Clarifies sectional participation in innovative programs to assist in experimentation to meet obvious needs for program improvement.
2. Participates actively in the functioning of the NYSPHSAA, Inc., State Committees on Modified Athletics by:
- a) Having official, active representation on the State Committee.
  - b) The officially selected sectional sports chairmen shall provide the leadership for the sports conducted in the schools of the section and cooperate with the State Sports Chairmen in their continuing efforts to improve the sports programs and the safety of the participants.
3. Establishes a relationship with the Sectional H.S. Athletic Council and Central Committee members to clarify section's final approval of policies, programs, and with representatives involved in the Modified Sports Program of the schools of the section.
- a) More restrictive policies may be adopted for sectionally approved programs if desired.
  - b) Recommendations for additional programs that may be desirable to meet particular needs in the section may be inaugurated.
  - c) Participation in innovative programs may be clarified and approved.
  - d) With sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.
  - e) Essential communications should be established so that all schools are informed as to programs, policies, and administrative procedures necessary for the proper functioning of the Modified Sports Program.
  - f) Definite understanding needs to exist between the Section Council for Modified Athletics and the Senior H.S. Sectional Athletic Council relative to the responsibilities and authority of each.
- The elected Central Committee members are the section's official representatives to the NYSPHSAA, Inc., governing bodies – the Central and Executive Committees. The Modified Sports Program for Grades 7-8-9 is their responsibility and complete understanding of the actions and activities of the Modified Athletics Council needs to exist.



## **INNOVATIVE PROGRAMS**

The establishment of essentially sound, safe, and modified sports programs to meet the needs of varying sized schools has always been a challenge for the State Committee. When new programs have been presented to meet specific needs the committee has requested sections to experiment with the new program to determine its value before recommending the program for official approval and referenda. Equitable competition is the constant aim.

Innovative programs may be participated in only after being officially requested by Sectional Representatives on the Committee and the approval of the State Committee. This procedure has been of real value in presenting practical programs for referenda.

GIRLS may participate on boys' teams according to Eligibility Standard #15.

LIFETIME SPORTS competition is a part of the athletic program in some schools involving grades 7-8-9. The Committee coordinators welcome suggestions from any schools involved in these sports and who feel standards need to be established. There definitely needs to be a very close correlation of intramurals, extramurals, and interscholastic activities to provide a broad program for all interested students of all levels of ability.

If a student or school participates in the Modified Program on an interschool level in the lifetime sports, then all General Eligibility Rules must be observed.

## **PROGRAM CONTROLS**

**SPECTATORS:** Parents and interested students are usually the great majority of spectators at Modified Program games. Spectator buses to away games are most questionable and never should be permitted without the approval of the host school. When spectators visit another school, adequate and appropriate staff members should be available to supervise their spectators.

**SCHOOL BANDS:** Bands at Modified Program games are not desirable, since they tend to develop an overemphasized atmosphere for the competitors.

**COACHES:** The most important factor in the program is the coach. One must adapt coaching to the age level and the abilities of the junior high school youngsters and must teach the basic fundamentals of the games and avoid the intricacies of more advanced programs. Real patience and knowledge of the youngsters at this particular age level is necessary. An understanding of all program policies and game rules and conditions is essential. Relations with opposing coaches should be one of cooperativeness and good sportsmanship, yet teaching and coaching the team to be the best of one's ability, realizing that the chief obligations are to the pupils and their proper sports education.

**SCOUTING:** There is no need for scouting of opponents' games at this level of completion.

## GENERAL ELIGIBILITY RULES FOR THE MODIFIED PROGRAM

**Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.**

1. **AGE:** Upon entry into the 7<sup>th</sup> grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. **NOTE:** Schools, leagues and sections may organize Modified Program competition by age, grade, geography and/or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (i.e. age, grade, performance).
2. **BONA FIDE STUDENTS:** A contestant must be a bona fide student of grades 7, 8, 9 of the school represented. **NOTE:** If it becomes necessary to combine member schools to maintain a team or sport, a written request must be submitted and approval obtained from the league and section involved. Schools which have combined must submit a report to the Modified Committee and this will be submitted to the Executive Committee.
3. **CHAMPIONSHIPS-TOURNAMENTS:** Tournament competition is not permitted in the Modified Program. No sectional team or individual championships are to be conducted, nor are there to be championship playoffs on a team or individual basis.
4. **DURATION OF COMPETITION:** High School Eligibility Standard #8 becomes effective on the date of entry in ninth grade.
5. **EMERGENCY PROCEDURES:** It is recommended that all schools develop emergency procedures to be followed by coaches.
6. **EXTENDED PLAYING TIME:** Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:
  - a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.
  - b) Players whose participation in the regular contest is limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.
  - c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute "participation" in the regulation contest.

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply.

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart); however no player may play more than three (3) quarters (\*see exception). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see following chart).

SPORT	TIMELIMIT			MINIMUM #OF PLAYERS REQUIRED
	Regulation Game	5 Period Play	4 Quarter Extended Play	4 Quarter Extended Play
BASKETBALL	7 minute quarters	7 minute periods	9 minute quarters (quarter 1-8 min)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 quarters periods	19
BOYS LACROSSE	9 minute quarters	9 minute periods	11 minute quarters	14
GIRLS LACROSSE	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	15 minute quarters	15 minute periods	18 minute quarters	15

In boys' and girls' lacrosse and in girls' field hockey, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the "time" allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.

7. **HEALTH EXAMINATION:** A student who may engage in interschool competition shall receive an adequate health examination and may not practice or participate without the approval of the school medical officer. **NOTE:** Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months after the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex, football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts.

**NOTE:** The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

8. **INTERSCHOOL PRACTICE SESSIONS/SCRIMMAGES:** A school is limited to three (3) interschool practice sessions/scrimmages which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. By sectional approval, in cases where officials are not available for contests and all avenues of obtaining certified official have been exhausted, additional scrimmages are permissible as replacements to the scheduled contests. Interschool practice sessions/scrimmages are governed by the same hours to elapse between such sessions/scrimmages as for regularly scheduled contests with the exception of football.

**NOTE:** With Section/League approval, up to 50% of the maximum number of games permitted for each modified level sport may be designated as scrimmages. (Example: Basketball – 14 games scheduled, 50% (7) could be scrimmages plus 7 games for a total of 14. Under this option, if a contest is converted to a scrimmage, the scrimmage would count toward the 50% as outlined in the Promotion Rule. **NOTE:** In practice sessions/scrimmages:

- a) Both squads use the same field simultaneously with both coaches making corrections and giving instruction to players as they would do during their own practice,
- b) No official score is kept'
- c) No admission is charged,
- d) No spectators are permitted unless such is the usual plan whenever the squad has a practice.

9. **MIXED COMPETITION:** see Eligibility Standard #15.

10. **MULTI-SCHOOL CONTESTS/TOURNAMENT COMPETITION/CHAMPIONSHIP/FINALS AND AWARDS:** Tournament competition is not permitted in the modified program. No sectional team or individual championships are to be conducted. With sectional/league approval in multi-school contest and invitational, may award place ribbons to the top competitors. Championship playoffs on a team or individual basis are prohibited. Sections, leagues, devices or groupings should not host an end-of-season final multi-school contest that can be construed as a jamboree, carnival, or invitational tournament. Multiple school contests can be conducted at the end of the season only if it is in a sport in which multiple team contests are regularly scheduled throughout the season and the final contest mirrors that of the rest of the schedule, thus the contest is not larger than all the others. This may be true for individual dual sports (i.e. squad meets for wrestling, cross country or track). Team sport multiple school contests prior to the end of the season are permitted provided:

- a. No participant shall compete in more events, matches or games than permitted in any other regularly scheduled contest in that sport, on that day
- b. All handbook rules are applicable.

Coaches and directors are encouraged to design ideas that follow the spirit of, and guidelines for, modified athletics.

**11. PENALTIES:**

- a) If a school uses an ineligible student in any interschool contest, the penalties shall be as follows:
  - 1. In all team sports-forfeiture of the contest. In individual sports, the use of an ineligible player would result in the contest being forfeited. However, the performances and outcomes of the other individuals would stand.
  - 2. In the individual sports-bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, track, wrestling – all points scored by the individual shall be forfeited and places moved up accordingly.
- b) For any violation of eligibility or sports standards a school or a school authority may be censured, placed on probation, or suspended.
- c) Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.
- d) School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District's control.

- 12. PRACTICE SESSIONS:** Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days.

All required practice sessions shall include vigorous activity related to the specific sport.

A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.

- 13. PROMOTION:** A contestant in grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

**NOTE: EXCEPTIONS:**

- a) General Eligibility Rule #17 "TRYOUTS".
- b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted 9th grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined in the HS Sport Standards Chart.
- c) In a section whose "early winter" season ends in mid-winter, followed by the "late winter" season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the "early winter" modified season.
- d) Promotion Regulation shall be waived for Boys' and Girls' Swimming & Diving and Boys' and Girls' Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.
- e) The NYSPHSAA Executive Director may grant a waiver of the promotion rule if a High School team is dropped by the school district.

- 14. SPORTS SEASONS:** All competition shall be completed within the sport season indicated by each individual section.

15. **TIME INTERVAL:** Unless extenuating circumstances arise, it is recommended that no more than two contests should be scheduled per week. Except in football and cross country, contests may be played with only one night of rest three times per season for rescheduling purposes only. A team may never play three days in a row. There shall not be more than three contests played per calendar week. Baseball and softball shall be permitted to play two games a day twice during the season. (See Baseball and Softball – Game Conditions.)
16. **TRANSFER:** A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.
- a) A student who transfers from one school to another becomes eligible after starting regular attendance.
  - b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.  
**NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.
  - c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.
17. **TRYOUTS:**
- a) A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Selection/Classification (S/C) Procedures and Standards the opportunity to be selected for a high school team.
  - b) Seventh and eighth grade students must pass the S/C qualifications prior to the tryout period.
  - c) Ninth grade students do not have to pass the S/C qualification to participate in the tryout.
  - d) The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete's tryout is complete.
  - e) Tryout periods for wrestling, boys lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.
  - f) The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.
  - g) Student athletes participating in sectionally approved tryout sessions are not subject to the Promotion rule.
  - h) In cases involving new transfer students, overlapping season, and/or medical conditions the student's try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.

## PROGRAM SAFETY

**PHYSICIANS:** It is recommended that a physician be present at all football games and to be readily available during practice sessions. If an injury occurs during a game in any sport, the physician in attendance will determine the athlete's fitness to continue play. During practice sessions, in the event of potentially serious injury to head, neck or spine of a player, a physician should see the injured as soon as possible. Any pupil whose safe participation is in question as a result of the health history review interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation.

**OFFICIATING:** Proper officiating is a most important safety factor. The following policies should be in effect:

1. The use of the "fast whistle" is mandatory when participant safety is questionable.
2. Strict enforcement of all rules violations will inculcate the proper playing habits and attitudes.
3. Special attention should be made to determine "potentially dangerous" holds in wrestling and to eliminate them.
4. It is required that certified officials should be used in contact sports to provide the safest possible game supervision. Three (3) officials are preferred for football.

**EQUIPMENT:** Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Protective equipment which is properly fitted should be provided for sports of a contact nature. Supporter cups should be worn in those sports where this protection is logical.

Protective headgear may be worn by soccer goalies for protective purposes. Shin guards must be worn at all times by all soccer players and field hockey players.

**COACH ON THE FIELD:** The coach is permitted to be on the field during timeout periods to check such matters as seem desirable to control the safety of the games and to use the existing situation as a teaching opportunity. It is realized that this rule is subject to abuse by overzealous coaches. Any coach violating the spirit of this rule should be removed from the program.

**RULES OF THE GAME:** The approved game rules for all sports are listed in the Modified Sports Standards. All adopted modifications indicated for each sport take precedence.

## IT IS THE DUTY OF ALL CONCERNED WITH THE MODIFIED PROGRAM OF ATHLETICS:

1. To provide as broad and varied an athletic program as is possible with an opportunity for competition on an equal basis for all students. A desirable modified interscholastic program will encourage participation at several achievement levels. Interschool competition in a modified sports program should encourage participation for as many children as possible.
2. To realize that the individual schools have the final responsibility to equalize competition and must administer the program so that no overmatching of teams or individuals shall be permitted.
3. To conduct the athletic program so that educational objectives shall be achieved; so that the highest ideals of sportsmanship are upheld; so that no single phase of the educational program is promoted at the expense of other equally important programs.
4. To realize that the athletic program should be balanced with all other activities essential to youth, including those which may be conducted by out-of-school groups, to avoid an excessive load for any student.
5. To administer the program in such a manner that participants are properly examined, approved, equipped, insured, selected, classified, instructed, and supervised so that as safe a program as is possible is conducted.
6. To administer the educationally based athletic program in its proper perspective, with minimal loss of school time, limited publicity, competent officiating, and limited awards focused on participation.
7. To provide qualified leadership that understands the teaching of sports to the age group, the objectives of this modified sports program, and the emphasis on safety procedures.
8. To cooperate with schools in the area in providing an interscholastic athletics administrative organization within your section that will achieve the objectives and will aid in the development of the highest type of cordial interschool relationships.
9. To conduct the program so that proper respect for authority is achieved. All participants, coaches, parents, spectators and interested individuals will demonstrate appropriate conduct at all times.
10. To promote sportsmanship by competing within the spirit of the rules, to give every opponent due credit and respect, and to win honorably and to lose graciously.
11. To finance the program through Board of Education approved funds.
12. To cooperate with the Sectional Athletic Council, League or Conference in its efforts to provide sound leadership for all in modified athletics program. No sectional team or individual championships are to be conducted in modified interscholastic athletics.



# MODIFIED SPORTS STANDARDS

MODIFIED SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

SPORT	Number of Practices Prior to First Scrimmage Team & Individual	Number of Practices Prior to First Contest Team & Individual	Team and Individual Maximum No. Contests	Minimum Time Between Contests*	Individual Limitations per Day	Rules	TIME AND DISTANCE LIMITS
Badminton	6	8	14	1 night	2 matches* 1 contest	USBA	
Baseball	10	15	14	1 night	2 games* 1 game	NFHS	7 innings Pitchers*
Basketball	9	11	14	2 nights	1 game	NFHS-Boys NCAA-Girls	7 minute quarters
Bowling	3	3	14	1 night	3 games	USBC	
Cross Country	10	11	10	3 nights	1 run	NFHS	
Field Hockey	9	11	12	2 nights	1 game	NFHS	25 min. halves
Football	13	17	7	4 nights**	1 game	NFHS	10 min. quarters
Golf	3	3	14	1 night	1 match	USGA & Local Course Rules	
Gymnastics	10	15	10	2 nights	3 events* 1 contest	NFHS-Boys USAJO-Girls	
Ice Hockey	10	15	14	2 nights***	1 game	NFHS	13 min. periods
Lacrosse-Boys	10	15	12	2 nights	1 game	NFHS	9 min. quarters
Lacrosse-Girls	10	13	12	2 nights	1 game	US Lacrosse	25 min. halves
Skiing	8	10	12	2 nights	2 events	FIS & ESA	
Soccer	9	11	12	2 nights	1 game	NFHS	15 min. quarters
Softball	8	10	14	1 night	2 games* 1 game	ASA	7 innings Pitchers (1)
Swimming/ Diving	12	15	14	2 nights	3 events* 1 contest	NFHS	
Tennis	6	8	14	1 night	2 matches*	USTA	
Outdoor Track	10	13	10	2 nights	3 events* 1 contest	NFHS	
Winter Track	10	15	10	2 nights	3 events* 1 contest	NFHS	
Volleyball	8	10	14	2 nights	2 matches*	NCAA-Girls and Boys	
Wrestling	13	15	14 pts.	2 nights	2 bouts *	NFHS	Max of 10 pts. Thru 2 pt.

(\*) See details in Game Rules Section

\*Except in football and cross country, contests may be played with only one night's rest three nights/scrimmage

(\*\*) Three nights/scrimmage

(\*\*\*) In Ice Hockey, contests may be played with only one night's rest three times per season scheduling or rescheduling. See details in Game Rules section.

## NYSPHSAA, Inc.

### MODIFIED GAME RULES AND GAME CONDITIONS

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

With Sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.

#### 1. Badminton

**Game Conditions:** See MS chart

**Games Rules:**

1. NAGWS Rules
2. Contests should consist of 4 singles and 4 doubles matches, unless agreed upon prior to the contest.
3. For the purpose of ensuring that every eligible badminton player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for badminton (References; Modified Sports Standards Chart, NYSPHSAA Handbook) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

#### 2. BASEBALL

**Game Conditions:** See MS Chart

1. Pitchers must participate in at least 15 practices before an interschool game.
2. Doubleheaders: A team may play two (2) games in one day twice during a season, either a doubleheader against a single opponent, or two successive games against two different opponents. The following doubleheader restrictions must be followed:
  - a) The maximum number of doubleheaders allowed is two (2).
  - b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.
  - c) Pitching limitations remain the same.
  - d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s).
3. Equipment–
  - a) Catchers shall wear the full protective equipment of helmet, mask with throat protector, chest protector, shin guards and cup.
  - b) Batters and base runners shall wear protective headgear.
  - c) Any player warming up a pitcher, on or off the diamond, shall wear a mask.
  - d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoe with metal posts or spikes are not permitted in any modified sport.

**Game Rules:**

1. Regulation game shall be 7 innings. With Section/League approval, a “Mercy Rule” will be permitted; allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat. (Dec. 2010)
2. A pitcher may pitch no more than 12 full innings in any one calendar week and no more than 7 innings in any one game. After pitching 4 or more full innings in any one game

there must be at least 2 nights of rest before pitching again. When removed, the contestants may play any other position.

3. Designated hitter will not be allowed.
4. An extra player, referred to as EP is optional (on a game-by-game basis), but if one is used, it must be known prior to the start of the game (official lineup card) and be listed on the scoring sheet in the regular batting order. If the EP is used, he must be used for the entire game. Failure to complete the game with the EP results in the forfeiture of the game (except in case of injury or ejection from game with no eligible players left to enter, the rules permit play with eight men). If an EP is used, all 10 players bat, but only 9 can play defense each inning. The person designated as the EP (not a defensive player at the start of the game) may at a later time play a defensive position; the defensive player now is only a batter for that inning and not a fielder. There will always be one player in the lineup not on the field defensively. The EP may be substituted for at any time, either by a pinch-hitter who then becomes the EP. The substitute must be a player who has not yet been in the game. Substitutes and re-entry will be treated as in the past. A starter may re-enter the game into his same batting order position.
5. The re-entry rule may be waived only if an injured player must be replaced and all eligible substitutions were used during the game.
6. With Section/League approval, when the team at bat has two outs with the catcher on base, a pinch runner may be used to allow the catcher to get his/her gear on prior to the third out. (The pinch runner is a player who is a substitute, or in the case that all substitutes have been used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings).
7. With Section/League approval, a new substitution game rule may be used to maximize modified players' participation in their baseball/softball games. The official lineup card will list all players on the team in a designated batting order, allowing any of the players listed in a slot to bat when that slot occurs.

## 20. BOYS BASKETBALL

**Game Conditions:** See MS chart

**Game Rules:**

1. The maximum length of the quarter shall be seven (7) minutes.
2. If a game is tied at the end of regulation play, there will be an overtime period of four (4) minutes duration. If it is still tied, the game will end in a tie.
3. Free substitution is facilitated by permitting substitutions on:
  - a) Any dead ball
  - b) Any violation
4. Sections may adopt the use of a small ball. The section shall determine the actual size of the ball.
5. The three (3) point shot is not allowed.

## 21. GIRLS BASKETBALL

**Game Conditions:** See MS chart

**Game Rules:**

1. NCAA Women's Rules. The thirty-second clock rule shall be optional.
2. The maximum length of the quarter shall be seven (7) minutes.

3. If a game is tied at the end of regulation play, there will be an overtime period of four (4) minutes duration. If it is still tied, the game will end in a tie.
4. The three (3) point shot is not allowed. Ten (10) second rule waived 2013-2014 season.

## 22. BOWLING

**Game Conditions:** See MS chart

**Game Rules:**

1. All competition shall be conducted under United States Bowling Congress Rules and NYSPHSAA, Inc., requirements.
2. At no time shall the foul line rule be set aside.

## 23. CROSSCOUNTRY

The section Athletic Council shall determine the date for the mid-season change-over.

**Game Conditions:**

1. See MS chart
2. Equipment – only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
3. Pilot Program: Section III shall be permitted to adopt a two year (2015/2016) pilot program in modified cross country that will permit modified cross country runners to wear spiked running shoe. With section/league approval, other sections may participate in this pilot program. Each section/league participating will be required to provide injury data after the 2015 and 2016 modified cross country season.

**Game Rules:**

1. NFHS Rules
2. The maximum distance shall be 1-1/2 miles in the first half and should increase to 2 miles in the second half of the season, on the date designated by the Section Athletic Council.
3. For multi-school contests refer to General Eligibility Rule #10.

## 24. FIELDHOCKEY

**Game Conditions:** See MS chart

**Game Rules:**

1. NFHS Rules
2. Halves shall consist of 25 minutes, maximum
3. Substitution: Utilize the NFHS Rolling substitution rule.
4. Time outs: A time out may be called by a team when the ball is dead. Play is restarted as though time out had not been called. Duration of the time out is two (2) minutes. Three (3) time outs may be called by each coach; two (2) in one half and one (1) in the other half.
5. Equipment: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

## 25. FOOTBALL

**Game Conditions:** See MS chart

**Administration:**

Modified football should be administered so that all safety precautions are in effect. Every effort should be made during practice and game situations to pair contestants of as nearly equal ability as is possible. Factors to be considered in the selection of squad members are age, weight, physiological maturity, skills, coordination and desire.

**Tests:**

Each pupil should be carefully checked to determine readiness before being allowed to participate in interschool contests as follows:

1. Physical - Medical examination which shall include a thorough review of health history before, and as needed, during the season. Tetanus shots as recommended.
2. Maturity - Careful evaluation of the individual's age, weight, height, physiological maturity and degree of coordination with relation to all of the others, especially one above or below average of others in height, weight, physiological maturity as related to age, should be made.
3. Individual Skills - A thorough program of screening for a period of two weeks shall be conducted. Basic conditioning, running, cutting, falling, rolling, catching, line, and backfield fundamentals, blocking and tackling techniques, ball handling drills should be participated in. Dummies and sleds should be used and no one should be permitted in live contact drills until ability has been proven to partake in them. Match participants of equal size and ability for participation during live contact drills.
4. Team Skills - Team play leading to game situations should be taught through controlled scrimmages with contestants placed in groups of similar maturity and skills.
5. Desire - Observation of the individual's alertness and general desire to participate must be noted. (The above mentioned types of testing and teaching, with complete cataloging of the individual's ability, should enable the coach to screen all candidates and determine their readiness for competition.)

**THE MODIFIED PROGRAM OF FOOTBALL  
FOR BOYS IN GRADES 7-8-9.**

6. Equipment -
  - a. Properly fitted equipment of good quality is mandatory for safe participation in football.
  - b. All essential protective devices are to be used.
  - c. In addition to the normal pads and helmets, dental and face protection guards should be provided.
  - d. Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts and spikes are not permitted in any modified sport.
  - e. All protective pads should be covered by the uniform.
  - f. If protective pads are exposed, the uniform part should be replaced or repaired.

**Game Conditions for 11-Man and 8-Man Football:**

1. The first three (3) days of practice sessions must be non-contact exercises and equipment shall be limited to the helmet, face mask, dental protection device, T-shirt, supporter, shoes, ankle supports, socks, shoes, protective pads for elbow and/or knee areas. During the next five (5) days the addition of shoulder pads, along with the use of blocking dummies, sleds, and other similar teaching and training devices is permissible. No scrimmages or live contact drills are allowed. The next five (5) days shall consist of contact with full protective equipment and the use of training devices. Scrimmages are permitted on the fourteenth (14<sup>th</sup>) day. Four (4) additional practice days must be held prior to the first contest.

2. No school team, or individual player, may participate in more than seven (7) games. These games shall be scheduled with no more than one game per week. In extreme cases, games may be rescheduled if approved by the Sectional Athletic Council. A minimum of four (4) nights of rest must elapse between any games. The time between football scrimmages and the time between football games and scrimmages must be three (3) nights.
3. At least sixteen (16) players must be dressed and available to play on an 11-man team; at least sixteen (16) players for an 8-man team for all interschool contacts, both scrimmages and contests.

***Game Rules for 11-Man Football:***

1. Time periods shall be 10 minute quarters.
2. Team offensive formations are limited to standard formations. There may be a maximum split of 1 yard between linemen. If a wide receiver is employed, the maximum split from the tackle cannot be more than 10 yards. On the snap of the ball, there may be only two (2) players outside of the normal tackle alignment on either or both sides of the field. Motion is allowed toward the two (2) receiver side of the formation provided the ball is snapped before the player crosses the middle of the formation. If the ends split on punt formation, the team must punt. There are no "walkaway" ends when receiving the punt from this formation. Definition of side of formation – the half of the formation from midline of the center that has a set back to that side and two (2) players outside the tackle. All downfield blocking must be done above the waist. Until the snap the defense shall be 6-2-2-1 or 6-2-3 with six (6) players in an imaginary straight line within 2 yards of the ball; two (2) linebackers must be at least 1 yard behind the deepest lineman; three (3) defensive backs must be at least 3 yards behind the deepest linebacker, inside the 10 yard line defensive backs may be 2 yards behind the deepest linebacker. Penalties: improper formation – 5 yards; downfield blocking – 15 yards.
3. No kick-off – start play from own 35 yard line.
4. Two (2) points shall be allowed for a kick extra point and one (1) point for a run or pass. (Optional for section wide use with approval of the section.)
5. Safety – scoring team put ball in play on 50 yard line.
6. All downfield blocking must be done above the waist. Downfield blocking is interpreted as any blocking of an opponent taking place downfield from the free blocking zone, which for this rule is extended from sideline to sideline. The downfield blocking rule is also in effect whenever a defensive team becomes an offensive team as the result of receiving a punt, pass interception, or the recovery of certain types of fumbles. The point that offensive play begins extending from sideline to sideline, would be interpreted as the inception of that play and thus, for rule clarification purposes, would be the scrimmage line for that play (i.e. the point the punt or interception was received). The penalty for a violation of this rule will be 15 yards as spelled out in Rule 9, Section 1 of National Federation Football Rules.
7. Sections may adopt the use of a small ball.
8. Coaches shall be permitted on the field in the experimental five quarter football program. (Optional for section wide use with approval of the section.)
9. When an offensive team employs a wide receiver (split end or flanker), the defensive end to the side of the formation may assume a "walkaway" position. The end may align at a maximum depth even with the two (2) inside linebackers and no wider than half the distance between the wide receiver and the next lineman.
10. With Section approval, schools will be allowed to use two (2) wide receivers on opposite sides of the formation.

**Game Rules For 8-Man Football:**

1. 11-man rules are used for 8-man football with modifications.
2. The field size shall be 80 yards between the goal lines and 40 yards wide with 15 yard side zones and team box boundaries being between the 25 yard lines.
3. At least Five (5) offensive players shall be on their line at the snap with three (3) players assigned in the backfield. Note: Line splits, formations, motion, etc. as per existing modified rules.
4. Until the snap, the defense shall be 4-2-2 with four (4) players in an imaginary, straight line 2 yards off the ball. Two (2) linebackers must be at least 1 yard behind the deepest lineman; two (2) defensive backs must be at least 3 yards behind the deepest linebacker.
5. No kick-off. Start play from own 30 yard line.
6. Safety – scoring team puts ball in play on the 40 yard line.

**Modified Football Pilot Program:** The following sections are participating in the Modified Football Pilot for the 2014 and 2015 season. Section 2, 3, 4, 5, 6, 7 (2015), and 9. For more information on the Pilot Program please contact your section Modified Representative or Todd Nelson in the NYSPHSAA office.

**Football Contact Limitations:** Contact in the sport of football for High school and modified football teams shall have no more than two “Full-Contact practices” per week during the season; with no Full-Contact” session to exceed 90 minutes. “Full-contact” means a practice where drills or live action is conducted that involves collisions at game speed, where players execute tackles and other activity that is typical of an actual tackle football game. *Limitation of “Full-Contact practices” will begin with the 13th day (high school and the 14th day (modified)).*

**26. GOLF****Game Conditions:**

See MS chart Game

**Rules:**

1. USGA Rules

**27. BOYS****GYMNASTICS****Game Conditions:**

See MS chart **Game**

**Rules:**

1. NFHS Rules shall govern
2. A gymnast may enter three (3) events with the exception of two team members whose entries may be unlimited.
3. Events – Special Specifications-Minimum Exercise (specific events for meets and their order may be determined by League or Section).
  - Free Exercise – 40’ x 40’ mats placed diagonally across 40’ square. Exercise should combine elements of agility, tumbling, strength and flexibility. The competitor should move in different direction and utilize entire areas. The minimum time of routing is 45 seconds with a maximum time of 70 seconds.
  - Long Horse Vaulting – 47” height with type of takeoff board determined by League or Section. Two vaults may be performed utilizing National Federation Table of Difficulty with best vault to score.
  - Side Horse – Gymnast must work on all three parts of horse without

stops or holds and with a minimum of four moves.

- Horizontal Bar – An adult spotter (the gymnast's coach) must be used. The exercise should consist of a minimum of six moves including a mount and dismount with a minimum of holding and stopping.
- Parallel Bars – The exercise should consist of a minimum of six moves, including a mount and dismount, and consist of swinging and vaulting movements combined with strength and holding positions. Movements below and above the bars should also be shown as well as one change of direction.
- Still Rings – The exercise should consist of a minimum of six moves, including mount and dismount, and should include swinging, strength and hold positions.

### ***Specific Rules for Events***

1. Safety and Spotting – a contestant shall be allowed to have a spotter while performing without deduction, unless spotter aides or assists contestant.
2. The coach shall check all apparatus for safety and correct height setting.
3. The use of 4" landing mats are recommended on all events with the equivalent of 4" of mats required under the horizontal bar, still rings and vault landing area. A 12" mat may be used for dismounts without deduction.

## **28. GIRLS GYMNASTICS**

***Game Conditions:*** See MS chart

***Game Rules:***

1. USA Gymnastics Junior Olympic Rules
2. A gymnast may enter three (3) events per meet, however, two (2) team members are permitted to enter all events.
3. Each team shall be permitted at least 15 minutes of warm-up before the start of the meet.
4. Specific Rules for Events:
  - It is the coaches' responsibility to check all apparatus for safety and correct settings.
  - Only unaltered manufactured vaulting boards shall be used.
5. Required dimensions and specifications for events:
  - Vaulting: Competitors can set the vault from 100cm to 135 cm. The horse may be adjusted only once per team; therefore, lineups should reflect this change if needed.
  - Uneven Bars: Either bar can be adjusted to accommodate the gymnasts within the manufacturer's specifications.
  - Balance Beam: Height between 100cm and 125cm.

## **29. ICE HOCKEY**

***Administration***

1. Tests: Every contestant should be carefully checked to determine his readiness before being allowed to participate, as for football, with exception of:  
Individual Skills – A thorough program of physical conditioning, skating and ice hockey skills should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proved in the individual skills. (It is recommended that all players watch the USA Ice Hockey video covering the proper techniques of body checking.)
2. Equipment:
  - a) All players, including the goalkeeper, shall wear all protective equipment.
  - b) Properly fitted equipment of good quality is mandatory for safe participation in ice hockey.
  - c) The essential protective equipment must include an ice hockey helmet with a



face mask, elbow pads, ice hockey shoulder pads, ice hockey pants, shin guards, ice hockey gloves, neck guard, ice hockey skates and a mouthpiece.

- d) It is recommended that a player's personal equipment be tested for safety protection in a manner that is satisfying to the individual school district.
3. For the purposes of scheduling or rescheduling, the minimum time interval between ice hockey contests may be decreased from two (2) nights to one (1) night, with the following restrictions:
- a) This may occur no more than three (3) times per season
  - b) A team may never play three (3) days in a row.
  - c) There shall not be more than three (3) contests played per calendar week.

**Game Conditions:** See MS chart

1. NFHS Ice Hockey rules and NYSPHSAA Ice Hockey Rules Addendum.
2. One and on-half hours of ice time shall be used for a game.
3. Games shall consist of three periods of 13 minutes in length (see Mod Chart).
4. Ice resurfacing between periods is not necessary.
5. No overtime periods shall be permitted.

**30. BOYS LACROSSE****Administration:**

1. Tests: Every contestant should be carefully checked to determine his readiness before being allowed to participate as for football (see above) with exception of:  
Individual Skills – A thorough program of physical conditioning, running and lacrosse skills such as throwing, catching, scooping, faking and dodging should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proven in the individual skills.  
Contact drills should be conducted against equals only.
2. Equipment –
  - All players, including the goalkeeper, shall wear all protective equipment.
  - Properly fitted equipment of good quality is mandatory for safe participation in lacrosse.
  - The essential protective equipment must include a lacrosse helmet with a face mask, lacrosse arm guards, lacrosse shoulder pads, lacrosse gloves, and a mouthpiece. Goalkeepers must wear a chest protector and throat protection.
  - Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
  - Face masks for lacrosse competition must have a center bar.
  - With the exception of the goalie's stick, there shall be no rule restriction on the length of the stick in modified lacrosse if the stick falls between 40-72 inches.
  - Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations (Rule 1, Section 9, article 1a and 2c).

**Game Conditions:** See MS chart**Game Rules:**

1. The length of quarters shall be 9 minutes.
2. Two overtime periods of 2 minutes are to be played in the event the game is a tie; and no sudden death period is to be allowed.
3. A team shall be permitted 3 time-outs per half. The time-outs cannot be accrued in the course of the game.
4. A one-arm swing with a Crosse, whether contact is made or not, shall be considered a personal foul – slashing. This includes the over-the-head check.
5. There is no such call as a "Brush" in the Modified Program. Contact between Crosse and helmet is a personal foul.
6. Contact with the ball is disallowed by any offensive players when the ball is loose in the crease.
7. Body checking is allowed ONLY against a player who is in possession of the ball.
8. There will be no timed counts for advancing the ball.
9. In a 5 period lacrosse game the mercy rule shall be in effect at the end of the third period of play.
10. A horn will be used to substitute players when the ball goes out of bounds.
11. When a goalkeeper gets a penalty, the in home player will serve the penalty if a second goalkeeper is unavailable.

### 31. GIRLS LACROSSE

**Game Conditions:** See MS chart

**Game Rules:**

1. US Lacrosse
2. Halves shall consist of 25 minutes, maximum.
3. Equipment–
  - Properly fitted equipment of good quality is mandatory for safe participation in lacrosse. All field players are required to wear lacrosse goggles which meet ASTM standards.
  - Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
  - All players must wear mouthpieces.
  - Goalkeepers must wear the following equipment: 1) Helmet with facemask, 2) Mouthpiece, 3) Throat protector. 4) Padding on hands, arms, legs, shoulders and chest to conform to US Lacrosse rules (padding does not excessively increase the size of these body parts, maximum thickness is one inch).
4. Modified stick-checking in modified girls' lacrosse, as outlined in the US Lacrosse Rulebook under the Girls' Youth Rules – Level A, must be used.
5. A time out may be called when the ball is not in play. One time out per team, per half will be allowed. Duration of the time out will be two minutes.

### 32. SKIING

**Game Conditions:** See MS chart

**Game Rules:**

1. FIS/ESA Rules
2. A skier may enter two (2) events.

### 33. SOCCER

**Game Conditions:** See MS chart

**Game Rules:**

1. NFHS Rules.
2. The maximum length of the quarter shall be fifteen (15) minutes.
3. Free substitution is permitted when the ball goes over the side line or end line.
4. Equipment–
  - Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
  - Shin guards must be worn at all times by all players.
  - An all-purpose type foam helmet may be worn and a mouthpiece shall be worn by the soccer goalie for protective purposes.
5. One time out period per quarter (including each overtime period) may be called whenever the ball is dead. The coach is permitted on the field during the time out period to instruct the players.
6. The sliding tackle is not permitted.
7. The overhead scissors kick is not permitted.
8. Corner flag posts must be flexible in nature (wood, plastic or plastic foam) and conform to the NFHS rule standard of not being less than 5 feet high. Plastic traffic cones may be substituted in place of corner flags.

9. There shall be two overtime periods of four minutes when the regulation game ends in a tie. A coin shall be flipped prior to the first overtime period. If time still exists after the second overtime, no further play shall be conducted.
10. In the event of a disqualification of a player, a substitution must be made for that disqualified player. If a team has no eligible substitute, the team may continue to play shorthanded.
11. The flip throw-in shall not be permitted.
12. The NFHS regulation that the boys' and girls' soccer goalie uniform jersey be numbered shall be waived at the modified level for two years. (2015-2016).

### 34. SOFTBALL

**Game Conditions:** See MS chart

1. Any pitcher pitching more than four (4) innings in one game must have at least two (2) nights of rest before pitching again. When removed from pitching, the contestant may play any other position.
2. Ten (10) player teams optional with section approval.
3. Doubleheaders: A team may play two (2) games in one day twice during a season, either a doubleheader against a single opponent, or two successive games against two different opponents. The following doubleheader restrictions must be followed:
  - a) The maximum number of doubleheaders allowed is two (2).
  - b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.
  - c) Pitching limitations remain the same.
  - d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s). See Mod chart for other requirements.

**Game Rules:**

1. ASA Rules, seven (7) innings. With Section/League approval, a "mercy rule" will be permitted; allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat. (Dec. 2010)
2. With Sectional/League approval, the modified softball pitching distance may be established at 40' or 43' / (May 2011)
3. A player may re-enter the game once.
4. Equipment–
  - a) Catchers shall wear the full protective equipment: 1) Helmet, 2) Mask, 3) Chest Protector, 4) Shin Guards, 5) Throat Protector.
  - b) Batters and base runners shall wear protective headgear.
  - c) Any player warming up a pitcher, on or off the field, shall wear protective equipment.
  - d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
5. The re-entry rule may be waived only if an injured player must be replaced and all eligible substitutions were used during the game.
6. With Section/League approval, when the team at bat has two (2) outs with the catcher on base, a pinch runner may be used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings.)
7. In Modified Softball, with section/league approval, innings 1-6 may be completed at five (5) runs or three (3) outs and the seventh inning shall be played as a normal inning, with three (3) outs and no run restrictions for that inning. (Oct. 2011)

8. With Section/League approval, a new substitution game rule may be used to maximize modified players' participation in their baseball/softball games. The official lineup card will list all players on the team in a designated batting order, allowing any of the players listed in a slot to bat when that slot occurs.

### 35. SWIMMING & DIVING

#### **Administration:**

Schools may have the option of running combined modified and varsity swimming and diving meets, alternating the events.

#### **Game Conditions:** See MS chart

#### **Game Rules:**

1. The NFHS Rules of Swimming and Diving shall be followed except as indicated below.
2. A swimmer is permitted one false start before disqualification. The use of the no re-call false start rule shall **not** be utilized.
3. Swimmers may compete in a maximum of three (3) events. (1 relay and 2 individual, or 2 relay and 1 individual)
4. The events and their order shall be:
  - 200 yd./m. medley relay
  - 200 yd./m. freestyle
  - 100 yd./m. Individual medley
  - 50 yd./m. freestyle
  - Diving competition shall consist of (1) voluntary dive (not to exceed 1.8) which shall be done first: week 1-forward group; week 2-back group; week 3-inward group (begin rotation over), and three (3) optional dives: two (2) of the three (3) must be from different groups.
  - 50 yd./m. butterfly (optional – 100 yd. butterfly)
  - 100 yd./m. freestyle
  - 50 yd./m. backstroke (optional – 100 yd. backstroke)
  - 50 yd./m. breaststroke (optional – 100 yd. breaststroke)
  - 200 yd./m. freestyle relay

#### **Order of Events for Combined Modified/Varsity Swimming Meets**

1. Modified 200 yd./m. medley relay
2. Varsity 200 yd./m. medley relay
3. Modified 200 yd./m. freestyle
4. Varsity 200 yd./m. freestyle
5. Modified 100 yd./m. individual medley
6. Varsity 100 yd./m. individual medley
7. Modified 50 yd./m. freestyle
8. Varsity 50 yd./m. freestyle
9. Modified diving (1 voluntary + 3 optional dives) – two separate diving events are to occur with all modified diving completed before varsity diving occurs.
10. Varsity diving (1 voluntary + 5 optional dives as per NFHS rules book)
11. Modified 50 yd./m. butterfly
12. Varsity 100 yd./m. butterfly
13. Modified 100 yd./m. freestyle
14. Varsity 100 yd./m. freestyle
15. Varsity 500 yd./m. freestyle
16. Varsity 200 yd./m. freestyle relay

17. Modified 50 yd./m. backstroke
18. Varsity 100 yd./m. backstroke
19. Modified 50 yd./m. breaststroke
20. Varsity 100 yd./m. breaststroke
21. Modified 200 yd./m. freestyle relay
22. Varsity 400 yd./m. freestyle relay
5. With prior mutual agreement of teams, league or section races may be conducted by seeded heats with the winners established on time alone. No final events may be conducted.
6. For multi-school contests, refer to General Eligibility Rule #10

### 36.TENNIS

**Game Conditions:** See MS chart

**Game Rules:**

1. USTA
2. Contests should consist of 4 singles and 4 doubles matches, unless agreed upon prior to the contest.
3. One 8 game set shall be played. A 4 point scoring system shall be used with no deuce point. Sections may modify the scoring system.
4. For the purpose of ensuring that every eligible tennis player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for tennis (Reference: Modified Sports Standards Chart, NYSPHSAA Handbook) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

### 37.TRACKANDFIELD(OUTDOORANDWINTER)

**Game Conditions:** See MS chart

**Game Rules:**

1. Equipment – only sneakers or shoes with rubber molded soles and rubber molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
2. A runner is permitted one false start before disqualification.
3. A student may enter a maximum of three (3) events per day; no more than two track events or two field events may be entered each day. If a student is participating in two running events, the total distance may not exceed 1200 meters for indoor track and 2300 meters for outdoor track (total distance refers to specific events, not total distance of heats).
4. The 55 meter 30" hurdle race with five hurdles shall have the following spacing's:
  - Start to first hurdle – 12 meters
  - Distance between hurdles – 8 meters
  - Fifth hurdle to finish – 11 meters
 With section/league approval, the height of the hurdles in the 55m modified boys' hurdles may be increased from 30 inches to 33 inches. (Oct. 2011)
5. The 200 meter 30" hurdle race with 5 hurdles shall have the following spacing's:
  - Start to first hurdle – 20 meters
  - Distance between hurdles – 35 meters
  - Fifth hurdle to finish – 40 meters
6. The 4 K metal shot put may be used for outdoor track.

7. A. The suggested running events and their recommended order for spring track and field meets shall be:

- |                      |                          |
|----------------------|--------------------------|
| a. 55 m 30" hurdles  | g. 800 m run             |
| b. 200 m dash        | h. 3000 m run (optional) |
| c. 1500 m run        | i. 4 x 200 m relay       |
| d. 100 m dash        | j. 4 x 100 m relay       |
| e. 400 m dash        | k. 4 x 400 m (optional)  |
| f. 200 m 30" hurdles |                          |

B. The suggested field events shall be: 4 K shot put, 1 K discus, high jump, long jump, pole vault and triple jump. With Section/League approval, a six (6) pound shot put may be used for modified girls' track and field, rather than a 4K shot put (Oct. 2011)

8. The suggested running events and their recommended order for combined boy-girl outdoor track meets shall be:

- |                                |       |
|--------------------------------|-------|
| a. 55 m 30" hurdles            | boys  |
| b. 55 m 30" hurdles            | girls |
| c. 200 m dash                  | boys  |
| d. 200 m dash                  | girls |
| e. 1500 m run                  | boys  |
| f. 1500 m run                  | girls |
| g. 100 m dash                  | boys  |
| h. 100 m dash                  | girls |
| i. 3000 m run (optional)       | girls |
| j. 400 m dash                  | boys  |
| k. 400 m dash                  | girls |
| l. 200 m hurdles               | boys  |
| m. 200 m hurdles               | girls |
| n. 800 m run                   | boys  |
| o. 800 m run                   | girls |
| p. 3000 m run (optional)       | boys  |
| q. 4 x 200 m relay             | boys  |
| r. 4 x 200 m relay             | girls |
| s. 4 x 100 m relay             | boys  |
| t. 4 x 100 m relay             | girls |
| u. 4 x 400 m relay (Optional)* | boys  |
| v. 4 x 400 m relay (Optional)* | girls |

\* The maximum distance limitation for each athlete must be upheld if this event is included

7. Possible events for winter track and field competition include:

- |                          |                                   |
|--------------------------|-----------------------------------|
| a. 50/55 m dash (boys)   | j. 3000 m run                     |
| b. 50/55 m dash (girls)  | k. 4 K shot put (plastic covered) |
| c. 200 m dash            | l. Long jump                      |
| d. 300 m dash            | m. Triple jump                    |
| e. 400 m dash            | n. High jump                      |
| f. 600 m dash            | o. Pole vault                     |
| g. 800 m run             | p. 4 x 200 m relay                |
| h. 1000 m run            | q. 4 x 400 m relay                |
| i. 1500 m run            | r. Sprint medley relay            |
| (400m, 200m, 200m, 800m) |                                   |

In facilities with tracks other than 200m in length appropriate modifications in distances are acceptable. For multi-school contests, refer to General Eligibility Rule #10

### 38. VOLLEYBALL

**Game Conditions:** See MS chart

**Boys' Game Rules:** NCAA

**Girls' Game Rules:** NCAA

1. Rally scoring in a five (5) game match shall be utilized at the modified level.
2. The number of points in each game of the modified match shall be consistent.  
With sectional approval, either 20 or 25, but not less than 20 points per game may be used.
3. Two (2) tosses will be permitted per turn of service.
4. With Sectional/League approval, the service line may be moved up into the court, at a distance not to exceed two meters from the regulation service line.
5. With Sectional approval, the use of the three (3) game match, rather than the five (5) game match may be used.
6. With Sectional/League approval, the Libero player may be used at the modified level. The uniform requirement for the Libero is waived.
7. With Sectional approval, the minimum net height shall be seven (7) feet for boys and girls.
8. With Section/league approval, the boys' and girls' modified volleyball rotation may be adjusted so that when a modified athlete successfully serves five(5) consecutive serves that are not returned, that team rotates to its next server.

### 39. WRESTLING

**Game Conditions:** See MS chart

1. A contestant (or team) may participate in competitions not to exceed 14 points during their season. Points assessed to competitions are as follows:
  - a) 1 Point Meets are any competitions where a wrestler or wrestlers compete in one or two bouts.
  - b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 or 4 bouts.
2. No contestant (or team) can accumulate more than 10 points out of the maximum 14 points allowed via 2 point competitions.
3. No contestant (or team) can accumulate more than 3 points per week.
4. There shall be no competition between wrestlers with an age difference of more than 24 months.
5. At least 2 nights shall elapse between contests.
6. The time periods for bouts shall be as follows:
  - a) If a contestant competes in only one (1) bout per contest, the time periods are: Program 1: Three 1 and ½ minute periods  
Program 2: 1<sup>st</sup> Period – 1 minute, 2<sup>nd</sup> & 3<sup>rd</sup> periods – 1 and ½ minutes
  - b) If contestant competes in two, three or four bouts per contest, the time periods will be either: (1) Three one (1) minute periods, or (2) 1<sup>st</sup> period: One (1) minute, 2<sup>nd</sup> & 3<sup>rd</sup> periods: 1 ½ minutes.  
***There must be a 45 minute rest period between bouts.***
  - c) With Section approval, a sudden victory overtime period shall be permitted in modified wrestling. Wrestlers must start in the standing position or the referee's position, and the period shall not exceed 30 seconds. (May 2010)
7. Weight Control:
  - a) The Physical Education Director shall establish each wrestler's weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under b.
  - b) No attempt at weight reduction before the official weigh-in is permitted except on written permission from the parents and a written recommendation of a physician.



Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor's authorization and with the parent's permission.

- c) A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.
- d) Wrestler's participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.
- 8. Weigh-ins on the day of a dual meet shall be established by the Section Athletic Council.
- 9. For multi-school contests, refer to General Eligibility Rule #10
- 10. With Section/League approval, wrestlers shall have the option of wearing an alternative to the traditional singlet. Uniform must include a form-fitting compression shirt and compression shorts, or a form-fitting compression shirt under the school uniform singlet.

### ***Game Rules (Program 1)***

- 1. **Weight Classes:** the official weight classes for competition are 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7<sup>th</sup> and 8<sup>th</sup> grade students a 155 pound weight class may be optional. Optional classes may be 74, 165 and unlimited classes with contestants competing weighing within 10 pounds of each other. A minimum weight of 67 lbs. will be required to compete in the optional 74 lb. weight class.
- 2. **Honor Weigh-In:** The procedures described in the Wrestling Weight Control Plan shall be followed.
- 3. There is no limit to the total team bouts in a contest.
- 4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

### ***Game Rules (Program 2)***

- 1. **Weights:** Weight class is listed first, variance second: 70-80 lbs. (6 lbs.); 80-90 lbs. (6 lbs.); 90-100 lbs. (6 lbs.); 100-110 lbs. (6 lbs.); 110-120 lbs. (6 lbs.); 120-130 lbs. (6 lbs.); 130-140 lbs. (6 lbs.); 140-150 lbs. (6 lbs.); 150-160 lbs. (6 lbs.); heavier weights (as much as 6 lbs.).  
**Variance:** The variance listed above permits a contestant to compete against a contestant who is either in a lower or upper weight group. As long as both wrestlers stay within the variance listed. (i.e. a wrestler in the 70-80 lbs. group who weighs 78 lbs. can compete with a wrestler in the 80-90 lbs. group as long as the heavier wrestler does not weigh more than 82 lbs.)
- 2. **Matching wrestlers:** both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.
- 3. There is no limit to the total team bouts in a contest.
- 4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

## REVISED SELECTION/CLASSIFICATION SCREENING PROCEDURE MODIFIED PROGRAM PLACEMENT

The State Education Department's Regulations for the Selection/Classification Program now include Modified Program placement criteria. The Modified Program structure (grades 7,8,9) is only recognized by the NYSPHSAA, Inc.

\* The procedures established by the Regulations of the Commissioner of Education and the State Education Department shall be followed.

\* Placement in the Modified Program shall be based on the maturation and physical fitness standards established by the NYSED.

\* Only after evaluation and approval by the NYSED may student's ineligible for participation by the Modified Program standard of age and grade be placed downward into the Modified (junior high school) sports programs.

NOTE: Refer to the State Education Department's manual on Selection/Classification for procedures and standards.



**Through our special partnership with Special Olympics New York, we are pleased to offer Unified Sports Programs to our membership. Unified Sports is an inclusive sports program that combines an approximately equal number of athletes (students with intellectual disabilities) and partners (students without intellectual disabilities) on teams for training and competitions.**

Currently, the NYSPHSAA and Special Olympics have just completed a pilot program in Section 2 and are starting a pilot program in Section 5. All pilot programs are for a Spring Unified Basketball season. A key component of the pilot program is the Youth Activation Committee (YAC). The YAC is responsible to help increase awareness and acceptance of students with disabilities within the school district by supporting the Unified Basketball team.

A Unified Sport Committee will be formed in the Fall of 2014 with representatives from all 11 sections. The objective of the committee will be to establish pilot programs in all 11 sections on a voluntary basis and to recommend rules and regulations that will be followed for all Unified Sport Programs within the Association.

**Project Objective:** Unified Sports participation is rooted in the principle of meaningful involvement which ensures that every player is given an opportunity to contribute to the success of his or her team through their unique skills and qualities. This means that every team member: (a) demonstrates sufficient sport-specific skills and game understanding; (b) plays a valued role on the team that emphasizes his or her personal talents; and (c) has an opportunity to play without a heightened risk of injury.

#### **Basketball:**

##### **NFHS Playing Rules:**

1. All NFHS Basketball rules will be followed unless a NYSPHSAA or Special Olympics Rule Adaptation is in place.
2. There will not be a shot clock (NFHS rule).
3. The ball used for game play will be a 29.5 inch basketball. (NFHS Rule)
4. If extra time is needed, overtime periods will be 4 minutes. (NFHS Rule)
5. Each team is allowed three Full and two 30 second timeouts per half. Each team is allowed

1 additional Full timeout in Overtime. (NFHS Rule)

6. Three point shots are in effect.

7. Team bonus will be reached at 7 team fouls and double bonus will be reached at 10 team fouls in each half.

**NYSPPHSAA and Special Olympics Modifications:**

1. The objective of Unified Basketball is to have 3 Athletes and 2 Partners on the court.

2. Traveling will be called if a player scores or has a clear advantage because of the traveling.

3. A game may consist of either four 8 minute quarters or two 16 minute halves.

**Points of Emphasis:**

1. Double dribbles will be strictly enforced.

2. Any defense is allowed.

3. Free throw lane and 3 second lane violations will be enforced.

**Note:**

**It is our belief that sports and other co-curricular student activities are of the greatest benefit to all students when done in the least restrictive environment.**

1. Philosophy - The NYSPHSAA, Inc. recognizes the use of mind-altering/performance enhancing chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The use of mind-altering/performance enhancing chemicals for some adolescents affects curricular participation and development of related skills. The lives of other adolescents are affected when family members, team members and other significant persons use these chemicals.
2. Position Statements - It is the position of the NYSPHSAA, Inc. that:
  1. Scholastic athletes and other students should abstain from the use of alcohol and controlled substances as well as refrain from using tobacco and smokeless tobacco.
  2. Coaches and other adult school personnel should demonstrate responsible use of alcohol and tobacco in an appropriate setting and abstain from the use of controlled substances.
  3. No coach should use alcohol, tobacco, or other drugs before, during or immediately after or until his/her supervisory duties are completed.
  4. Adults should abstain from the use of 1) alcohol before and during, and 2) tobacco during meetings when business related to athletics is conducted.
3. Guidelines for Developing a Code of Conduct for Schools
  1. *Statement of Purpose*
    - a) To emphasize the school's concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.
    - b) To promote equity and a sense of order and discipline among students.
    - c) To confirm and support existing state laws and local regulations which restrict the use of such mind-altering/performance enhancing chemicals.
    - d) To establish standards of conduct for those students who are leaders and standard-bearers among their peers.
    - e) To assist students who desire to resist peer pressure which directs them toward the use of mind-altering/performance enhancing chemicals.
    - f) To assist students who should be referred for assistance or evaluation regarding their use of mind-altering/performance enhancing chemicals.
  2. *Model Code*

A student shall not (1) use a beverage containing alcohol; (2) use tobacco; (3) use steroids; (4) or use or consume, have in possession, buy, sell or give away any controlled substance defined by law as a drug. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by her/his doctor.

3. *Consequences for Code Violations:* Consequences for rule violations should incorporate the following standards:
- a) A standard of Certainty: An expectation by those to be affected by the rule that it will be applied with a measure of consistency and uniformity to all involved.
  - b) A Standard of Severity: An expectation that the consequences for the violation are fair for the act committed and that those affected will be encouraged to follow through with the consequences, including coaches, students, and parents.
  - c) A Standard of Celerity: An expectation that the due process will promptly be applied following an alleged violation.

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#### **THE NYSPHSAA, INC. CHEMICAL HEALTH MANDATE**

Each section must hold at least one chemical health workshop during the school year emphasizing educational and preventative strategies, and attended by representation from each school in their section. The chemical health workshops were mandated in 1990-91.

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#### **NFHS DIETARY SUPPLEMENT**

All student-athletes and their parents/guardians should consult with their physicians before taking any supplement product. In addition, coaches and school staff should not recommend or supply any supplement product to student-athletes.

## OFFICIATING 2015 – 2017

### A STATEMENT OF PRINCIPLES FOR OFFICIATING INTERSCHOLASTIC GAMES

When NYSPHSAA, Inc. approves a change in rules for the conduct of a sport, the established official's organization which has been servicing a particular sport program will continue to service that sport provided they have met the new certifying qualifications. Officials who wish to service that program must be certified by this established officials group.

**WHEREAS**, our high school athletic program is an integral part of our curriculum to be conducted by secondary-school authorities under playing rules adapted to the capacities and safety of our students.

**AND WHEREAS**, it is essential that the officiating of games shall be performed as a part of the educational program of the school, **the details of game administration for interscholastic contests are the responsibility of secondary-school authorities.**

**WE BELIEVE THAT:**

1. Officials who work for our member schools are rendering a valuable service.
2. An official performs an exacting task and one's judgment is to be respected.
3. Continued cooperation with officials' organizations is essential.
4. Existing officials' organizations which meet the standards of the NYSPHSAA, Inc. are to be maintained or new ones formed when the need arises.
5. Since annual elections are held by officials' organizations, these Chapters, Boards, or Associations shall be registered with the NYSPHSAA, Inc. each year.
6. No implication should be evident that prospective competent officials are prevented from having an opportunity to qualify for officiating.
7. Officials should be able to fulfill requirements comparable to those specified for the licensure of professionally trained personnel who deal with secondary-school students.
8. Officials shall be selected and assigned by secondary-school authorities in the school, the league, or the section, State Association or their designee.
9. Officiating is worthy of recompense commensurate with the experience and training of the official and with the responsibilities assumed.
10. Fees for officiating should be determined in a joint conference between schools' and officials' representatives.

**WE DEPEND UPON OFFICIALS' ORGANIZATIONS:**

1. To establish standards for their members for competent officiating.
2. To recruit and train new members.
3. To provide for the promotion of members.
4. To conduct rules interpretation.
5. To use high school rules interpretations.
6. To administer high school rules examinations.
7. To certify members as to their performance in the game.
8. To make an annual report on each member to the NYSPHSAA, Inc.

**NEW YORK STATE HIGH SCHOOL OFFICIALS  
COORDINATING FEDERATION**

Dennis Burkett, Chairman, New Paltz 12561  
 Louis Stellato, Vice-Chairman, Ballston Spa 12020  
 Robert Stulmaker, Secretary, Latham 12110  
 Vince DeFeo, Recording Secretary, Glenmont 12077

**OFFICIALS' REPRESENTATIVES**

**Baseball:** Ron Gabriel, Hudson 12534  
**Basketball-Boys:** Len Maida, Whitesboro 13492  
**Basketball-Girls:** Louis Stellato, Ballston Spa 12020  
**Cheerleading:** Marsha Tessler  
**Field Hockey:** Vince DeFeo, Glenmont 12077  
**Football:** John Whalen, Binghamton 13903  
**Gymnastics-Boys:** Kurt Stumpf, Williamsville 14221  
**Gymnastics-Girls:** Sarah Jane Clifford, Penfield 14526  
**Ice Hockey:** Jim Keegan, Camillus 13031  
**Lacrosse-Boys:** Skip Spensieri, Ballston Spa 12020  
**Lacrosse-Girls:** Joe Fanning, Farmingdale 11235  
**Soccer-Boys/Girls:** Richard Leaf, Somers 10589  
**Softball:** James Berkery, Cohoes 12047  
**Swimming-Boys/Girls:** Pat Potter, Queensbury 12804  
**Track & Field-Boys/Girls:** Jan O'Shea, Greene 13778  
**Volleyball-Boys/Girls:** Sally Wise, Pulaski 13142  
**Wrestling:** Louis R. Pettinelli, Brewerton 13029



**SECTION REPRESENTATIVES:**

1. TBA
2. TBA
3. John Rathbun/Dawn Field, E. Syracuse 13057
4. TBA
5. Dennis O'Brien, Hornell 14843
6. Timm Slade, West Seneca 14224
7. John Gallagher, Plattsburg 12901
8. Jay Gallagher, Garden City 11530
9. Dennis Burkett, Marlboro 12542
10. Carl Normandin, Canton 13617
11. Ed Cinelli, Smithtown 11787

**CONSTITUTION OF THE NEW YORK STATE  
HIGH SCHOOL OFFICIALS  
COORDINATING FEDERATION**

**ARTICLE 1 – NAME**

The name of this Council shall be the New York State High School Officials Coordinating Federation.

**ARTICLE 11 – PURPOSE**

To provide a central association of officials and schools through which all approved officials organizations, all Section Athletic Councils, and all high schools may cooperate in making recommendations to the NYSPHSAA, Inc. and to State Officials Organizations toward the following goals.

1. To ensure a sufficient number of well-qualified officials.
2. To maintain good working relationships among all agencies and individuals connected with interscholastic sports.
3. To create equitable standards and procedures for the rating, assigning, and paying of officials.
4. To promote fair officiating policies.
5. To communicate on a state-wide basis all facets relative to the athletic programs sponsored by the NYSPHSAA, Inc.
6. To establish uniform state-wide officiating.
7. To guarantee in-service training of officials according to the Five Point Program.

Under the **Five Point Program** approved officials are those who:

1. Observe the constitutions and bylaws of their local and state officials' organizations.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Are listed with the NYSPHSAA, Inc.

### **ARTICLE III – MEMBERSHIP**

Membership shall be open to any officials' organization that is organized on a state-wide basis and:

1. Is accredited and approved by the NYSPHSAA, Inc.
2. Maintains satisfactory membership in the N.Y.S.H.S.O.C.F.

### **ARTICLE IV – REPRESENTATION**

Representation shall consist of the following:

1. One representative from each approved sports officials group.
2. One representative from each Section who will represent all sports in that Section.
3. One representative from the New York State Public High School Athletic Association, Inc.
4. One representative from the New York State Education Department, (Ex-Officio).
5. State Sports Committee Chairman (Ex-Officio).

### **ARTICLE V – FUNCTION**

The New York State High School Officials' Coordinating Federation shall be the organization to which matters of concern related to officiating shall be referred by the State and Local Officials Organizations, Athletic Associations, Section Athletic Councils, for consideration and recommendations, after all local and sectional efforts have failed to bring agreement to all parties concerned, or injustice being done.

### **ARTICLE VI – OFFICERS AND DUTIES**

1. The Chairman shall prepare the agenda and preside over all meetings.
2. The Vice-Chairman shall preside at meetings in the absence of the Chairman.
3. The Secretary shall be the Assistant Director of the NYSPHSAA, Inc. who will be responsible for arranging all meetings, notifying all officials, State organizations, sectional councils, State Education Department, as requested by the Chairman, and will be responsible for the mailing of the minutes of each meeting.
4. The Recording Secretary will be responsible for the taking of minutes of each meeting.
5. The Treasurer shall be the Executive Director of the NYSPHSAA, Inc.

## **ARTICLE VII – MEETINGS**

1. The Coordinating Federation shall hold a minimum of two meetings per school year, plus any special meetings as needed. (At least one meeting shall be devoted exclusively to Article II.) The meetings shall, whenever possible, be held in conjunction with meetings of the NYSPHSAA, Inc.
2. State Sports Committee Meetings. There shall be at least one meeting per year between Sports Officials representatives and the State Sports Committee Chairman of each individual sport; this shall be held prior to the Coordinating Federation meeting, at which time each Sports Chairman will report on matters of mutual interest and concern.
3. Rules Interpretation Meetings. There shall be one rules interpretation meeting per school year for each sport for the purpose of standardizing officiating procedure to be attended by an officer or representative of the Coordinating Federation, at least one representative from each section for each sport and the State Sports Committee Chairman.

## **ARTICLE VIII – AMENDMENTS AND BYLAWS**

1. Proposals to amend this Constitution, Bylaws, or an addition to, change in, or deletion of any policy, relative to the activities of the Federation may be presented at any regular meeting of the Coordinating Federation. Written notice of the proposed amendment must be provided with the mailing of the agenda for the next scheduled meeting of the Federation.
2. A two-thirds (2/3) vote of the members of the Coordinating Federation shall be necessary to approve any amendment.
3. Amendments become effective beginning with the next Federation meeting following approval.
4. All meetings of the Federation shall be conducted in accordance with accepted practice of parliamentary procedure.
5. All amendments and bylaws shall conform to all rules and regulations regarding officiating as set forth by the NYSPHSAA, Inc. and the New York State Education Law.

AGREEMENT, made this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_, by and between the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC., hereinafter referred to as the NYSPHSAA, Inc. and the #, hereinafter referred to as #.

WHEREAS, the # is an association whose members are qualified # officials who are also officials of the local # officials association throughout the State of New York, and members in good standing of the state officials' organization.

WHEREAS, the # desires to furnish officials for # to member schools of the NYSPHSAA, Inc. and

WHEREAS, the NYSPHSAA, Inc. is an association whose members are secondary schools within the State of New York.

NOW THEREFORE, IT IS AGREED AS FOLLOWS:

1. The # will accept and comply with the Five Point Program of the NYSPHSAA, Inc. with respect to each if its local # officials associations and its members, and through its local chapters, shall assume the responsibility of training, testing and certifying competent officials for all interscholastic # contests scheduled by each of the member schools at all levels of competition in each of the sections of the NYSPHSAA, Inc.
2. The # will cooperate with the sectional athletic councils in the expansion of recruiting and training programs to achieve these objectives and to provide an opportunity for all interested individuals to become qualified officials.
3. The # will establish territories of service for its local # official's chapters. The NYSPHSAA, Inc. and its subdivisions will recognize and abide by the territorial rights of these chapters to service schools within these areas.
4. The # will provide a representative to the NEW YORK STATE HIGH SCHOOL OFFICIALS' COORDINATING FEDERATION and will ensure that each # chapter that has territorial rights in a section will participate with the sectional council(s) of officials.
5. The NYSPHSAA, Inc. may be represented among those administering and grading the local test, written and practical, and will be furnished a copy of the name of each individual tested.
6. The # will submit a list of approved or certified officials (with updates as they occur) of each of its local associations (chapters) to the Assistant Director of the NYSPHSAA, Inc. each year.
7. The # will discipline its officials through its local # officials' association when necessary and will process and resolve all controversies regarding officiating procedures.
8. The # recognized that the member schools of the NYSPHSAA, Inc. bear the primary responsibility for creating and maintaining qualified athletic programs. The NYSPHSAA, Inc. will process and resolve all controversies regarding actions of contestants, coaches or authorities of its member schools and will discipline such persons or its member schools in accordance with the provisions of the Eligibility Standards entitled APPEAL PROCEDURE and PENALTIES of the NYSPHSAA, Inc. HANDBOOK.

9. The # agrees that the officials shall be selected and assigned by the secondary school authorities in the school, the league, the section or their designee as the case may be. The NYSPHSAA, Inc. and its member schools shall use only those approved officials who are active members in good standing of a local officials association of the #.
10. The NYSPHSAA, Inc., represented by its sections, shall initiate negotiation sessions. Furthermore, the NYSPHSAA, Inc. or its sections shall determine the structure and format of negotiations including the number of representatives. Each chapter of officials servicing a section will be involved in these negotiations with representation being indirect.
11. Should any member school of the NYSPHSAA, Inc. or any of its subdivisions fail to reach contract terms with regards to officiating for any sport season with #, or if a grievance of any nature should arise after the execution of such contract, the parties agree to abide by the following procedure:

Step No. 1: In case of failure to reach contract terms, the NYSPHSAA, Inc. must be notified no later than the first day of the month of October proceeding the school fiscal year in question. Sections and/or officials groups may not be entitled to impasse resolution procedures unless a minimum of 4 bargaining sessions were held (exclusive of ground rules meetings). Within thirty (30) days of notifying the NYSPHSAA, Inc., a concise statement of the issues and supporting facts, as well as evidence of agreed upon ground rules that governed the conduct of the negotiations and the schedule (record) of bargaining sessions held, must be submitted in writing to the Assistant Director. Should the declared impasse concern a grievance of any nature, the appealing party will also submit a filing fee of \$100.00, c/o the NYSPHSAA, Inc., prior to the convening of a hearing conducted by the NYSPHSAA, Inc. A hearing will be convened by a representative of the NYSPHSAA, Inc. and a representative of a sports officials organization both selected by the President of the NYSPHSAA, Inc. These two (2) representatives will serve to determine the facts and to recommend resolution of the issues as presented by two (2) representatives of the section involved and two (2) representatives of the Sport Chapter(s) involved. Neither party may introduce new topics for resolution that were not introduced during contract/grievance negotiations. All discussions and agreements should be completed by the following first day of January.

Step No. 2: If contract terms are not reached by the aforementioned first day of January; or if a grievance has not been resolved within ten (10) days of its presentation, a written report stating the issues involved, discussions held at the hearing and recommendations for settlement shall be presented to the parties. Acknowledgement of acceptance (or not) shall be dated and signed by all participating representatives; and submitted to the Assistant Director of the NYSPHSAA, Inc. Failure to respond to the proposed report within thirty (30) calendar days after receipt shall result in acceptance of the report. The report will be sent certified mail.

Step No. 3: If contract terms are not reached nor the grievance resolved within thirty (30) days after receipt of the recommendations under the provisions of Step No. 2, the issues shall be submitted by the Assistant Director for arbitration. The Arbitration Panel will consist of three (3) members: one (1) representative from the NYSPHSAA, Inc., one (1) representative from the Officials and one (1) Arbiter from the American Arbitration Association (AAA). If issue(s) concern a grievance of any nature, the appealing party will remit a filing fee of \$200 to convene the committee.

All fees and expenses, including those required by the American Arbitration Association (AAA) and arbiter, will be split equally between both parties.

12. Expenses incurred by the personnel of the NYSPHSAA, Inc. in accordance with implementing any of the steps listed above shall be shared equally by the officials' organization(s) involved and the section involved. Expenses include all necessary and customary travel expenses, including, but not limited to mileage at the prevailing rate paid Executive Committee members, lodging and meals.
13. Since this agreement provides for the orderly and amicable adjustment and settlement of any and all disputes, differences and grievances, there will be no resort to strikes (withholding of services) by the # or its local chapters or lockouts by the NYSPHSAA, Inc., its subdivisions or any of its member schools.
14. The # shall retain its autonomy and the autonomy of each of its member associations shall be preserved.
15. Notwithstanding any other provisions to the contrary, each approved official shall be acting in his/her capacity as an official who is an independent contractor with regard to his/her relationship to any member school, the NYSPHSAA, Inc. or any of its subdivisions and in no way does an employer-employee relationship exist. Each official shall perform services in accordance with currently approved methods and practices in his or her professional capacity and in accordance with the standards of the # and of the NYSPHSAA, Inc. Such services shall include any reporting requirements established by the NYSPHSAA or its subdivisions concerning student/athlete and/or coach misconduct.

This AGREEMENT shall remain in effect until the 30<sup>th</sup> day of June, 20 .

IN WITNESS WHEREOF, the parties hereto have executed this agreement on the date first above written.

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**PUPIL BENEFITS PLAN, INC.  
1932-2015**

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# PUPIL BENEFITS PLAN, INC. BOARD OF DIRECTORS 2011-2015

**David Alena**  
Ass't. Superintendent  
Lyons  
17 years

**Dr. Eric Aronowitz**  
Orthopedic Surgeon  
Schenectady  
2 years

**Margaret Boice**  
Ass't Superintendent  
Ithaca City SD  
3 years

**Ed Cinelli**  
Executive Director  
Section XI, Smithtown  
1 year

**Dr. David Civale**  
Chiropractor, Scotia  
12 years

**Tom Heinzelman**  
Retired Athletic Director  
Potsdam  
4 years

**Dr. Donald Henline**  
Orthopedic Surgeon  
Potsdam  
5 years

**Doug Kenyon**  
Executive Director  
Section 2, Glens Falls  
6 years

**Dr. Dan MacGregor**  
Retired Superintendent  
North Warren  
6 years

**Dr. Stanley Maziejka**  
Superintendent  
Stillwater  
3 years

**Dr. Michael McCarthy**  
Superintendent  
Mechanicville  
7 years

**Cliff Moses**  
Retired Superintendent  
Galway  
8 years

**Michael Picciano**  
Retired Superintendent  
Weedsport  
24 years

**Patrick Pizzarelli**  
Past President  
Lawrence  
3 years

**Dr. Virginia Plaisted**  
Dentist, Delmar  
18 years

**Luigi Rendi, MD, ATC**  
Director, Center for  
Sports Medicine, Waterford  
1 year

**Carol Rog**  
Retired Director of  
Physical Education  
Chenango Forks  
12 years

**Dale Schumacher**  
Retired Superintendent  
Whitney Point CSD  
11 years

**Dr. Frank Segreto**  
Orthopedic Surgeon  
Ronkonkoma  
11 years

**Dr. Ryan Sherman**  
Superintendent  
Schuylerville  
3 years

**Martha Slack**  
Retired Athletic Director  
Massena  
6 years

**Kathy Sullivan**  
Superintendent  
Johnstown  
3 years

**Dr. W. Bruce Watkins**  
Retired Ass't Superintendent  
Briarcliff Manor  
16 years

**Theodore Woods**  
Retired Executive Secretary  
Section V, North Rose  
24 years

Dr. Dan MacGregor  
President  
Ballston Spa

Cliff Moses  
Galway

Dr. Michael McCarthy  
Mechanicville

Dr. Stanley Maziejka  
Stillwater

Carol Rog  
Chenango

Thomas McGuire  
Executive Director  
30 years

William Bate  
Council  
34 years

Theodore Woods  
Recording Secretary  
North Rose

## EXECUTIVE COMMITTEE



# **PUPIL BENEFITS PLAN, INC. BYLAWS**

## **ARTICLE I**

### **The purpose of the corporation shall be:**

- A. To furnish medical, dental and hospital expense indemnity under the supervision of the New York State Public High School Athletic Association to bona fide students in elementary and high schools injured in intramural and interscholastic athletic games and sports activities, or while engaged in preparation for such games, sports, or contests, or in physical education classes, or in any other accidents which in the judgment of the Superintendent of Insurance, should be included. The Plan shall be open to the participation of every duly licensed physician and dentist in the territory to be served and there shall be free choice by the subscribers of physicians and dentists admitted to such a plan, subject to the acceptance of patients by the physicians and dentists.
- B. To do all and everything necessary and proper for the accomplishment of any or all of the objects herein enumerated or necessary or incidental thereto or to the protection and benefit of the corporation and in general to carry on any lawful business or understanding necessary to the attainment of the purposes of the corporation, subject, however, to all provisions of the Insurance Law of the State of New York.

## **ARTICLE II**

The corporation shall be organized for the benefit of its members and not for profit.

## **ARTICLE III**

### **Members**

The members of the corporation shall be divided into two classes, active members, and subscribing members.

- A. The active members shall be not less than twenty-four (24) of whom at least one-fourth shall be persons other than physicians and/or dentists and of whom at least one-fifth shall be physicians and/or dentists duly licensed to practice in the State of New York.
- B. The active members of the corporation shall be the persons signing the Certificate of Incorporation and each person thereafter elected as Director. Active membership shall terminate when such person ceases to be a Director.  
If for any reason a member of the Board of Directors does not attend two consecutive meetings of the Board of Directors, unless excused by the Board of Directors of which he is a member, which action shall be entered on the minutes of such Board, that member is disqualified to serve as a member of the Board of Directors for the ensuing year.
- C. Subscribing members shall consist of any schools registered and approved by the Board of Regents of the State of New York who may subscribe to the corporation's insurance plan. "Schools" as herein defined shall be deemed to include Boards of Education, high school athletic associations, groups of students or agents or representatives thereof.

**ARTICLEIV**

## Directors

- A. The corporation shall be managed by a Board of Directors consisting of twenty-four (24) members who shall be elected by the active members of the corporation. At least one-fourth of the said directors shall be persons other than physicians and/or dentists and at least one-fourth shall be physicians and/or dentists licensed to practice in the State of New York. At no time shall more than one-half of the directors be persons who are licensed to practice medicine in this state (other than physicians employed on a full-time basis in the fields of public health welfare, medical research, or medical education) or who are employees of a corporation organized for hospital purposes or any combination thereof.
- B. Nominations for director of the corporation may be made by any member whether subscribing or active but all elections shall be conducted by the corporation and only active members shall have a right to vote.
- C. Directors shall be elected at the annual meeting of the corporation and shall serve for a period of one year.
- D. Vacancies occurring in the office of director shall be filled by vote of the remaining directors of the corporation at a regular or special meeting of the Board of Directors.
- E. The majority of members of the Board of Directors shall be designated representatives of the member schools of the New York State Public High School Athletic Association.

**ARTICLEV**

## Officers

- A. The officers of the corporation shall consist of a president, a vice president, a secretary, a treasurer, and shall be elected by the Board of Directors immediately following the annual meeting of the corporation as hereinafter provided, and such other officers to be appointed by the president as the directors may designate. Any two offices, except those of president and vice president, may be held by the same person.
- B. Duties:
  - 1. The president shall preside at meetings of the Board of Directors and the corporation, and shall perform such other duties as the Board of Directors may designate. The president shall have power to appoint such other subordinate employees of the corporation as may be authorized by the Board of Directors, whose compensation shall be fixed by the Board of Director of the Executive Committee.
  - 2. The vice president shall assume the duties of the president during his absence or inability to act.
  - 3. The secretary shall keep the minutes and records of the corporation and the Board of Directors, and shall perform such other duties as the Board of Directors may designate.
  - 4. The treasurer shall have custody of the funds of the corporation and shall disburse them in insurance benefits or in such other manner as the Board of Directors may direct. If required by the Board of Directors, the treasurer shall furnish a surety bond in an amount designated by resolution of the directors.

- C. Vacancies in any office shall be filled by the directors for the unexpired term of such office.

## **ARTICLE VI**

### **Meetings**

- A. The annual meeting of the corporation shall be held on the Saturday after Labor Day in September.
- B. A regular meeting of the Board of Directors shall be held once a year, immediately following the annual meeting of the corporation.
- C. Special meetings of the corporation or the Board of Directors may be called at any time by the president and shall be called at the request of any five (5) members of the Board of Directors. At least five (5) days' notice of time and place of such special meetings shall be given by postpaid mail.

## **ARTICLE VII**

### **Quorum**

- A. At any meeting of the corporation ten (10) active members shall constitute a quorum.
- B. At any meeting of the Board of Directors eight (8) members shall constitute a quorum.
- C. At any meeting of the Executive Committee, three (3) members shall constitute a quorum.
- D. Consent of Absentees. The transaction of any meeting of any constituted body of this corporation, either annual, regular, or special, however called or noticed, shall be valid as though it had a meeting duly held after regular call and notice, if a quorum be present and if, either before or after the meeting, each of the members entitled to vote, not present, sign a written waiver of notice or consent to the holding of such meeting or an approval of the minutes thereof. All such waivers, consents, or approvals shall be filed with the corporate records or made a part of the corporate minutes of the meeting.
- E. Acting Without Meeting – Mail Vote. Any action which may be taken at a meeting of members, directors, or the Executive Committee may be taken without a meeting, if authorized by a writing signed by two-thirds of such members, directors, or members of the Executive Committee entitled to vote at a meeting for such purposes and filed with the secretary of the corporation.

## **ARTICLEVIII**

### **Committees**

The Committees for the Board of Directors shall consist of an executive committee consisting of five (5) members to be appointed by the President and such other committees as may from time to time be authorized by resolution of the Board of Directors. The Executive Committee shall meet from time to time when summoned by the Chairman and shall have general management of affairs of the corporation in the intervals between meetings of the Board of Directors.

## **ARTICLEIX**

### **Rules and Regulations**

The Board of Directors may from time to time adopt rules and regulations for the management of the corporation and fixing the form of insurance contract to be issued by the corporation and the terms thereof, including the schedule of benefits and the premiums and the rate to be charged.

## **ARTICLEX**

### **Amendments**

These bylaws may be amended by a two-thirds vote of the members present at any regular or special meeting of the corporation provided notice of the proposed amendment is given by mail at least ten (10) days before such meeting.

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**NEW YORK STATE FEDERATION OF  
SECONDARY SCHOOL ATHLETIC ASSOCIATIONS**

DONALD DOUGLAS, President  
JOHN PRIZZI, Vice President  
DENISE HILLIG, Treasurer  
DENISE HILLIG, Secretary  
JIM FOSTER, Executive Secretary

New York State Association of Independent Schools Athletic Association:

JOHN PIZZI, Riverdale  
M.J. QUIGLEY, New York City  
ROBERT ANNUNZIATA, Bronx

New York State Catholic High Schools Athletic Association:

DENISE HILLIG, Astoria  
DONAL BUCKLEY, South Huntington  
THOMAS MURRAY, Bronx

New York State Public High School Athletic Association:

ROBERT ZAYAS, Latham  
STEPHEN BROADWELL, Willsboro

Public Schools Athletic League of the City of New York:

DONALD DOUGLAS, New York City  
BRENDA MORGAN, New York City  
DANIEL HARRIS, New York City

Consultants:

DARRYL DAILY, State Education Dept., Albany

# CONSTITUTION OF THE NEW YORK STATE FEDERATION OF SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

## ARTICLE I-NAME:

The name of this organization shall be the New York State Federation of Secondary School Athletic Associations.

## ARTICLE II-PURPOSES:

The purposes of this Federation shall be:

1. To coordinate the cooperative efforts of its member Associations to insure fair interschool amateur competition among all schools.
2. To support each of its member Associations in the observance of good sportsmanship and high ideals in amicable interschool relations.
3. To encourage maximum participation in a variety of appropriate athletic activities.
4. To assist in the proper interpretation, observance, and improvement of the Regulations of the Commissioner of Education (135.4) governing athletics so that interschool athletics are an integral part of the secondary school curriculum.
5. To assure that secondary school competitions are in compliance with Regulations of the Commissioner.
6. To protect student athletes from exploitation, commercialism, and professionalism in order to uphold the values of wholesome, clean, appropriate competition for boys and girls in our schools.
7. To participate in research and experimentation to strengthen programs and to improve safety in sports.
8. To cooperate in the development of high standards for officiating.
9. To support the Constitution, Bylaws and Rules adopted by this Federation.

## ARTICLE III-MEMBERSHIP:

1. Membership in this Federation shall be open to these recognized Associations representing secondary schools chartered by the State Education Department: New York Catholic High Schools Athletic Association, New York State Public High School Athletic Association, Public Schools Athletic League of the City of New York, and NYS Association of Independent Schools Athletic Associations of this State. Other Associations may apply for membership in this Federation if organized on a similar basis as the member Associations named above.
2. The governing Board of each of these Associations shall ratify this Constitution in order to approve membership in this Federation.
3. The Executive Committee of this Federation shall prepare and approve a budget for allocation of expenditures for the ensuing year and notify each member Association of the amount of its annual assessment.
4. A membership fee for each Association may be assessed as an equal share of the total amount required.

5. The membership year shall be from July 1 through June 30.
6. No part of the net earnings of this Federation shall inure to the benefit of any member, trustee, officer, or director of the Federation or any private individual (except that reasonable compensation may be paid for services rendered to or for the Federation affecting one or more of its purposes) and no member, trustee, officer, or director of the Federation or any private individual shall be entitled to share in the distribution of any of the Federation's assets on dissolution of the Federation. Upon the dissolution of the Federation or the winding up of its affairs, the assets of the Federation shall be distributed exclusively for educational purposes in accordance with the provisions of Section 501 (c) 3 of the Internal Revenue Code and its Regulations as they now exist or they may hereafter be amended.

#### **ARTICLE IV-EXECUTIVE COMMITTEE:**

1. The Executive Committee of the Federation shall consist of a number not to exceed three (3) representatives designated by each member association.
2. Each member Association shall have one vote on any action to be taken by the Executive Committee.
3. The Executive Committee may invite representatives of organizations and agencies as well as individuals to participate as consultants to the Federation.
4. The Executive Committee shall meet at least twice a year.
5. Notice of a meeting of the Executive Committee shall be sent to each representative at least thirty (30) days prior to a meeting date.
6. The president of the Federation may call a special meeting of the Executive Committee, providing twenty (20) days' notice is given to each representative.
7. Any action which may be taken at any meeting of the Executive Committee may be taken without a meeting by a mail vote, if authorized in writing signed by a majority of the member Associations.

#### **ARTICLE V-OFFICERS**

1. The Federation Executive Committee shall elect a slate of officers at the spring meeting as presented by the Nominating Committee. Officers shall be elected from members of the Executive Committee for a two year term of office: President, Vice President (2), Secretary, Treasurer, and Executive Secretary. The duties of the officers shall be as follows:
  - a. President
    - i. Preside at all meetings of the Federation.
    - ii. Convene, when necessary, special meetings of the Executive Committee.
    - iii. Appoint coordinators of all subcommittees approved by the Executive Committee.
    - iv. Prepare agendas for meetings of the Executive Committee.
    - v. Represent the Federation in venue contract negotiations with the Executive Secretary.
    - vi. Attend Federation Championship events.

# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

**Bob Gardner, Executive Director**

PO Box 690  
Indianapolis, Indiana 46206  
(317) 972-6900

*The mission of the National Federation is to serve its members and its related professional groups by providing leadership and national coordination for the administration of interscholastic activities which will enhance the educational experiences of high school students and reduce risks of their participation. The National Federation will promote participation and sportsmanship to develop good citizens through interscholastic activities which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals.*

National Federation Mission Statement

High school activities programs will attract more than 10 million participants this year. Nearly 50% of the student body of most schools will be involved in some phase of the interscholastic program.

In virtually all of these schools, the interscholastic activities program will require a school board subsidy between one and three percent of the total school budget. That includes equipment, supplies, transportation, coaches' salaries and a portion of the utility bills.

Fifty percent of the students at one to three percent of the budget: that could be the best bargain in public is demanding. Rather than being squeezed out of school programs, interscholastic activities programs should be held up to the communities as model programs for these times.

THE MEMBERSHIP of the National Federation consists of 51 individual state high school athletic and/or activity associations and the association of the District of Columbia. Also benefiting from National Federation services are affiliated members of 11 Canadian provincial associations and similar groups in the Philippines, Guam, Bermuda and the Virgin Islands. Policies for high school athletics emanate from the National Federation and its members.

THE SERVICES of the National Federation are based on the belief that strong state and national high school organizations are necessary to: protect the activity and athletic interests of high schools and the student participants, and promote growth of programs which are educational in both means and ends for the participants.

COACHES AND OFFICIALS are also served in a variety of ways through the National Federation Interscholastic Coaches Association (NFICA) and National Federation Interscholastic Officials Association (NFIOA). Each individual member receives a monthly tabloid containing information to assist individual professional development as well as inform and involve high school coaches and officials in the work of their state and national administrative organizations.



ATHLETIC DIRECTORS benefit directly from National Federation services, including an annual conference conducted for them and printed proceedings distributed to them. A quarterly journal, Interscholastic Athletic Administration, is published as a continuing forum for the exchange of ideas pertinent to athletic administration, a growing profession which the National Federation recognizes as vital to the welfare of high school sports.

NATIONAL FEDERATION PUBLICATIONS are published in 17 sports. The National Federation rules committees consist of high school coaches and administrators.

THE HIGH SCHOOL TODAY is a comprehensive publication distributed ten times a year. Included in each publication are all major athletic rule changes, questions and answers for various sports while in session, plus a section containing music and speech information. The HS TODAY is provided to members of the various National Federation professional organizations as part of their membership. The Publication reaches thousands of high school administrators, coaches and officials, as well as the general public and news media across the nation.

FEDERAL LEGISLATION is monitored by the National Federation staff, and the membership aggressively opposes bills which would adversely affect interscholastic activities programs on the local, state or national levels.

ATHLETIC EXPERIMENTATION is conducted by the National Federation through its rules committees and cooperating agencies, such as the National Operating Committee for Standards of Athletic Equipment. The result is safety in high school athletics which is unparalleled on any other level of competition.

SANCTIONING of interstate and international contests is carried out by the National Federation to curb abuses which might result without such a program. Applications for sanction are carefully reviewed to assure that students will not be exploited and that certain programs are not overemphasized to the expense of others.

NATIONAL RECORDS are maintained by the National Federation in order to bring proper recognition to boys and girls who achieve unprecedented performances in interscholastic competition. It is believed such recognition stimulates public interest in high school programs and motivates other boys and girls to improve their skills.

HIGH SCHOOLS are represented by the National Federation on the U.S. Olympic Committee and national sport governing bodies. The National Federation cooperates with many other national organizations such as Major League Baseball, the National Collegiate Athletic Association, the National Junior College Athletic Association, the National Association of Secondary School Principals and the Young Men's Christian Association to the extent that such organizations' activities affect interscholastic programs and participants.

## **NEW YORK STATE INVOLVEMENT WITH THE NATIONAL FEDERATION**

The New York State Public High School Athletic Association, Inc.  
has been a member of the National Federation of  
State High School Associations since 1926

### **COMMITTEE REPRESENTATIVE**

Coaches Quarterly: Carl Normandin  
Officials Quarterly: Bob Kersch  
Girls Lacrosse: Jackie Gow  
Swimming: Diane Hicks-Hughes

**NYSPHSAA, INC. MEMBERSHIP**

	<b>Members (Sr.HS)</b>	<b>Members (Jr.HS)</b>	<b>Total Schools</b>
Section1(Dutchess,Putnam,Rockland,Westchester)	83	83	168
Section2(CapitalDistrict)	95	101	194
Section3(CentralNewYork)	104	114	218
Section4 (SouthernTier)	72	79	151
Section5(GeneseeValley)	119	115	238
Section6(WesternNewYork)	94	81	175
Section7(ChamplainArea)	25	23	48
Section8(Nassau)	57	56	113
Section9(Orange,Sullivan,Ulster,Dutchess)	44	45	89
Section10(St.Lawrence)	24	25	49
Section11(Suffolk)	61	80	141
	<hr/> 778	<hr/> 802	<hr/> 1584

**CLASSIFICATION PROCEDURE**

For school classification purposes, enrollment figures are collected by the Section Athletics Councils from the October State Education Department BEDS (Bureau of Education Data Systems) forms. The classification of schools shall be approved and set for the following school year by executive committee in January. For classification purposes the school's total enrollment, boys and girls, grades 9, 10, 11 are used.

Classification numbers are verified with the State Education Department numbers when they become available.

The classification of a single gender school will be established by doubling its enrollment (9-11). Publically funded special act schools may be classified by the Section by sport according to the unique enrollment of such school. Non-public and charter schools may be classified by sport. Sections will establish a process for the review of the classification of all nonpublic and charter schools in their section.

If a combined school team goes beyond sectional level competition, their boys' and girls' grades 9, 10, 11 enrollments shall be combined for state level competition.

Schools within each section may choose to move up but not down in classification prior to the season. A school, following its section's established procedure for moving up in class for a particular sport, must remain in that class throughout that entire sports' season.

## 2015-2016 FIVE CLASS NUMBERS

Class AA 910-up  
Class A 480-909  
Class B 280-479

Class C 170-279  
Class D 169-below

### INDIVIDUAL SPORTS

DIVISION I 600-up  
DIVISION II 599-below

### TEAM SPORTS (3 CLASS)

A 800-up  
B 400-799  
C 399-below

### CLASSIFICATION VARIATIONS

(as approved by the NYSPHSAA Executive Committee)

All Variation Sports will receive Championship Advisory approval prior to presenting changes to classification cut-off numbers to the Executive/Central Committee and to abide by a uniformed calendar.

#### Cross Country

Class A 850 -up  
Class B 445-849  
Class C 261-444  
Class D 260 - below

#### Girls Volleyball

Class AA 941 - up  
Class A 587-940  
Class B 345-586  
Class C 203-344  
Class D 202-below

#### Field Hockey

Class A 915-up  
Class B 914-450  
Class C 449-below

#### Girls Lacrosse

Class A 1050-up  
Class B 650-1049  
Class C 649-below

#### Football

Class AA 930-up  
Class A 570-929  
Class B 365-569  
Class C 240-364  
Class D 0-239

#### Boys Lacrosse

Class A 1000-up  
Class B 590-999  
Class C/D 589-below

#### Boys Volleyball

Div I 950-up  
Div II 949-below

#### Ice Hockey

Division I 1100-up  
Division II 1099-below

#### Winter

Class B 340-up  
Class C 339 - below

THE NYSPHSAA's official school address directory is the  
Clell Wade New York State Coaches Directory,  
Available for purchase with the seasonal rule book order.

## SECTION 1

PRESIDENT: Jim Lindsay, Dobbs Ferry HS 10522  
 VICE PRESIDENT: Scott Mosenthal, Irving UFSD 10533  
 EXECUTIVE DIRECTOR: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523  
 TREASURER: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523

Ardsley ARDSLEY UNION FREE SCHOOL DISTRICT 10502  
**Ardsley High School, Ardsley 10502**  
 Ardsley Middle School, Ardsley 10502  
 Armonk BYRAM HILLS CENTRAL SCHOOL DISTRICT 10504  
**Byram Hills Sr. High School, Armonk 10504**  
 H.C. Crittenden Middle School, Armonk 10504  
 Bardonia ALBERTUS MAGNUS HIGH SCHOOL 10954  
**Albertus Magnus High School, Bardonia**  
 Beacon BEACON CITY SCHOOL DISTRICT 12508  
**Beacon High School, Beacon 12508**  
 Rombout Middle School, Beacon 12508  
 Blauvelt SOUTH ORANGETOWN CENTRAL SCHOOL DISTRICT 10913  
**Tappen Zee High School, Orangeburg 10962**  
 South Orangetown Middle School, Blauvelt 10913  
 Brewster BREWSTER CENTRAL SCHOOL DISTRICT 10509  
**Brewster High School, Brewster 10509**  
 Henry H. Wells Middle School, Brewster 10509  
 Briarcliff Manor BRIARCLIFF MANOR UNION FREE SCHOOL DISTRICT 10510  
**Briarcliff High School, Briarcliff Manor 10510**  
 Briarcliff Middle School, Briarcliff Manor 10510  
 Bronxville BRONXVILLE UNION FREE SCHOOL DISTRICT 10708  
**Bronxville High School, Bronxville 10708**  
 Bronxville Middle School, Bronxville 10708  
 Chappaqua CHAPPAQUA CENTRAL SCHOOL DISTRICT 10514  
**Horace Greeley High School, Chappaqua 10514**  
 Robert E. Bell School, Chappaqua 10514  
 Cold Spring HALDANE CENTRAL SCHOOL DISTRICT 10516  
**Haldane Jr./Sr. High School, Cold Spring 10516**  
 Croton CROTON-HARMON UNION FREE SCHOOL DISTRICT 10520  
**Croton-Harmon Sr. High School, Croton 10520**  
 Pierre Van Cortlandt School, Croton 10520  
 Dobbs Ferry DOBBS FERRY UNION FREE SCHOOL DISTRICT 10522  
**Dobbs Ferry High School, Dobbs Ferry 10522**  
 Dobbs Ferry Middle School, Dobbs Ferry 10522  
 Dobbs Ferry GREENBURGH ELEVEN UFSD 10522  
**Greenburgh Eleven High School, Dobbs Ferry 10522**  
 Greenburgh Eleven Middle School, Dobbs Ferry 10522  
 Dobbs Ferry GREENBURGH-NORTH CASTLE UFSD 10522  
**Clark Academy, Dobbs Ferry 10522**  
**Greenburgh Academy, Yonkers 10701**  
 Eastchester EASTCHESTER UNION FREE SCHOOL DISTRICT 10707  
**Eastchester Sr. High School, Eastchester 10707**  
 Eastchester Middle School, Eastchester 10707  
 Eastchester TUCKAHOE UNION FREE SCHOOL DISTRICT 10707  
**Tuckahoe High School, Eastchester 10707**  
 Tuckahoe Middle School, Eastchester 10707  
 Elmsford ELMSFORD UNION FREE SCHOOL DISTRICT  
**Alexander Hamilton Jr./Sr. High School, Elmsford 10523**

# MEMBERSHIP

GarnervilleHAVERSTRAW-STONY POINTCENTRAL SCHOOL DISTRICT

**NorthRocklandHighSchool,Thiells10984**

HaverstrawMiddleSchool,Haverstraw10927

JamesAFarleyMiddleSchool,StonyPoint10980

WillowGroveMiddleSchool, Thiells10984

GarrisonGARRISONUNIONFREESCHOOLDISTRICT10524

GarrisonHighSchool,Harrison10528

HarrisonHARRISONCENTRALSCHOOL DISTRICT10528

**HarrisonHighSchool,Harrison10528**

LouisM KleinMiddleSchool, Harrison10528

HartsdaleSOLOMONSCHECHTERSCHOOL10530

**SolomonSchechterSchool,Hartsdale10530**

Hastings-on-HudsonHASTINGS-ON-HUDSONUNIONFREESD10706

**HastingsHighSchool,Hastings-on-Hudson10706**

FarragutMiddleSchool,Hastings-on-Hudson10706

Hastings-on-HudsonGREENBURGH-GRAHAMUFSD10706

**MartinLutherKingSchool,Hastings-on-Hudson10706**

HartsdaleGREENBURGHCENTRALSCHOOLDISTRICT10530

**WoodlandsSeniorHighSchool,Hartsdale10530**

WoodlandsMiddleSchool,Hartsdale10530

HawthorneHAWTHORNE-CEDARKNOLLSUFSD10532

**Hawthorne-CedarKnollsHighSchool,Hawthorne10532**

HillburnRAMAPOCENTRAL SCHOOLDISTRICT10931

**SuffernSr.HighSchool,Suffern10901**

SuffernMiddleSchool, Suffern10901

IrvingtonIRVINGTON UNION FREE SCHOOL DISTRICT10533

**IrvingtonHighSchool,Irvington10533**

IrvingtonMiddleSchool,Irvington10533

KatonahKATONAH-LEWISBOROUNIONFREE SCHOOLDISTRICT10536

**JohnJaySr.HighSchool,CrossRiver10518**

JohnJay MiddleSchool,CrossRiver10518

LincolndaleSOMERSCENTRALSCHOOLDISTRICT10540

**SomersSr.HighSchool,Lincolndale10540**

SomersMiddleSchool,Somers10589

MahopacMAHOPACCENTRALSCHOOL DISTRICT10541

**MahopacHighSchool, Mahopac 10541**

MahopacMiddleSchool,Mahopac10541

MamaroneckMAMARONECKUNIONFREESCHOOLDISTRICT10543

**MamaroneckHighSchool,Mamaroneck10543**

HommocksSchool,Larchmont10538

MamaroneckRYENECKUNIONFREESCHOOLDISTRICT10543

**RyeNeckSr.HighSchool,Mamaroneck10543**

RyeNeckMiddleSchool,Mamaroneck10543

MontroseHENDRICKHUDSONCENTRALSCHOOL10548

**HendrickHudsonHigh School,Montrose10548**

BlueMountainMiddleSchool,CortlandManor10567

Mt.KiscoBEDFORDCENTRALSCHOOLDISTRICT10549

**FoxLaneHighSchool, Bedford10506**

FoxLaneMiddleSchool,Bedford 10506

MountVernonMOUNTVERNONCITYSCHOOLDISTRICT10553

**MountVernonHighSchool,MountVernon10552**

**NelsonA.MandelaCommunityHighSchool,MountVernon10550**

**ThorntonSchool,MountVernon 10550**

DavisMiddleSchool,MountVernon10552

NanuetNANUET UNIONFREE SCHOOL DISTRICT10954  
**NanuetSr.High School,Nanuet10954**  
 A MacArthur Barr Middle School, Nanuet10954  
 NewCityCLARKSTOWNCENTRALSCHOOLDISTRICT10994  
**ClarkstownNorth Sr.High School,NewCity10956**  
**ClarkstownSouthSr.High School,WestNyack10994**  
 FelixVFestaMiddleSchool,WestNyack10994  
 NewRochelleNEWROCHELLE CITYSCHOOLDISTRICT10801  
**NewRochelleSr.HighSchool, NewRochelle 10804**  
 AlbertLeonardMiddleSchool,NewRochelle10804  
 Isaac E YoungMiddleSchool,New Rochelle10805  
 NewRochelleURSULINESCHOOL 10804  
**UrsulineJr./Sr.School,NewRochelle10804**  
 NorthSalemNORTHSALEMCENTRALSCHOOLDISTRICT10650  
**NorthSalemJr./Sr.HighSchool,NorthSalem10560**  
 NyackNYACKUNIONFREESCHOOLDISTRICT10960  
**NyackSr.HighSchool,Nyack10960**  
 NyackMiddleSchool,Nyack10960  
 OssiningOSSINING UNION FREE SCHOOLDISTRICT10562  
**OssiningSr.HighSchool,Ossining10562**  
 AnneMDornerMiddleSchool, Carmel 10512  
 PattersonCARMELCENTRALSCHOOL DISTRICT12563  
**CarmelSr.HighSchool,Carmel10512**  
 GeorgeFischerMiddleSchool,Carmel10512  
 PawlingPAWLINGCENTRALSCHOOLDISTRICT  
**PawlingHigh School,Pawling12564**  
 PawlingMiddle School,Pawling 12564  
 PearlRiverPEARLRIVER UNIONFREE SCHOOL DISTRICT10965  
**Pearl RiverSr.High School,Pearl River10965**  
 PearlRiverMiddleHighSchool,PearlRiver10965  
 PeekskillPEEKSKILL CITYSCHOOL DISTRICT10566  
**PeekskillHighSchool,Peekskill 10566**  
 PeekskillMiddleSchool,Peekskill 10566  
 PelhamPELHAMUNION FREE SCHOOL DISTRICT10803  
**PelhamMemorial HighSchool,Pelham 10803**  
 PelhamMiddleSchool,Pelham10803  
 PleasantvilleMOUNTPLEASANTVILLE-COTTAGE SCHOOL UFSD 10570  
**Mount Pleasant-Cottage School,Pleasantville 10570**  
 PleasantvillePLEASANTVILLEUNIONFREESCHOOLDISTRICT10570  
**PleasantvilleJr./Sr.HighSchool,Pleasantville10570**  
 PortChesterPORT CHESTER-RYEUNION FREE SCHOOL DISTRICT10573  
**PortChesterSr.HighSchool, PortChester 10573**  
 PortChesterMiddleSchool, PortChester10573  
 PoughkeepsieARLINGTON CENTRALSCHOOLDISTRICT12603  
**ArlingtonHighSchool,LaGrangeville12540**  
 ArlingtonMiddleSchool,Poughkeepsie12603  
 LaGrangeMiddleSchool,LaGrangeville12540  
 Union ValeMiddle School,LaGrangeville 12603  
 PoughkeepsieOURLADYOFLOURDES12603  
**OurLady of LourdesHighSchool,Poughkeepsie12603**  
 PoughkeepsiePOUGHKEEPSIECITYSCHOOLDISTRICT12603  
**PoughkeepsieHighSchool,Poughkeepsie12603**  
 PoughkeepsieMiddleSchool,Poughkeepsie12603  
 PurchaseKEIOACADEMY10577  
**KeioAcademy,Purchase10577**

PutnamValleyPUTNAM VALLEY CENTRAL SCHOOL DISTRICT10579  
**PutnamValleyHighSchool,PutnamValley10579**  
 PutnamValleyMiddleSchool, PutnamValley10579  
 RyeRYECITY SCHOOLDISTRICT 10580  
**RyeHigh School,Rye10580**  
 RyeMiddle School,Rye10580  
 RyeBrookBLINDBROOK-RYEUNIONFREESCHOOLDISTRICT10573  
**BlindBrookMiddle/HighSchool,RyeBrook10573**  
 ScarsdaleEDGEMONTUNION FREESCHOOL DISTRICT10583  
**EdgemontJr./Sr.HighSchool, Edgemont 10583**  
 ScarsdaleSCARSDALEUNIONFREESCHOOLDISTRICT10583  
**ScarsdaleSr.HighSchool, Scarsdale 10583**  
 ScarsdaleMiddleSchool,Scarsdale10583  
 ShrubOakLAKELANDCENTRALSCHOOLDISTRICT10588  
**Lakeland Sr.HighSchool,ShrubOak10588**  
**WalterPanasHighSchool,Peekskill10566**  
 Lakeland-CooperBeechMiddleSchool,YorktownHeights 10598  
 SleepyHollowUNIONFREESCHOOLDISTRICTOFTHE TARRYTOWNS10591  
**SleepyHollowMiddle/High School,SleepyHollow10591**  
 SleepyHollowPOCANTICOHILLS CENTRAL SCHOOL DISTRICT10591  
 PocanticoHills (Jr.)CentralSchool,SleepyHollow10591  
 Somers JOHN F KENNEDYHIGH SCHOOL10589  
**JohnFKennedy,CatholicHighSchool,Somers10589**  
 SpringValleyEASTRAMAPOCENTRALSCHOOLDISTRICT10977  
**RamapoSr.HighSchoolSpringValley10977**  
**SpringValleySr.HighSchool,SpringValley10977**  
 Pomona MiddleSchool,Suffern 10901  
 ChestnutRidgeMiddle School, Chestnut Ridge10977  
 ThornwoodMOUNTPLEASANT UNION FREESCHOOLDISTRICT10594  
**WestlakeHighSchool,Thornwood 10594**  
 WestlakeMiddleSchool,Thornwood10594  
 Valhalla VALHALLAUNION FREECENTRAL SCHOOL DISTRICT10595  
**ValhallaHigh School,Valhalla10595**  
 Valhalla MiddleSchool,Valhalla 10595  
 WappingersFallsWAPPINGERSCENTRALSCHOOL DISTRICT12590  
**JohnJaySr.HighSchool,HopewellJct.12533**  
**RoyCKetcham Sr.HighSchool, WappingersFalls12590**  
 VanWyckJr.HighSchool,WappingersFalls12590  
 WappingersFallsJr.HighSchool,WappingersFalls12590  
 WhitePlainsWHITE PLAINSCITYSCHOOL DISTRICT10605  
**WhitePlainsSr.High School, WhitePlains10601**  
 WhitePlainsMiddleSchool, WhitePlains10601  
 YonkersCAROL&FRANKBIONDI EDUCATIONCENTER10705  
**Carol &FrankBiondiEducationCenterJr./Sr.HighSchool, Yonkers10705**  
 YonkersYONKERSCITYSCHOOL DISTRICT 10701  
**GortonHighSchool,Yonkers10701**  
**LincolnHighSchool, Yonkers10704**  
**PalisadesPrepHS,Yonkers10701**  
**RiversideHS,Yonkers10701**  
**RooseveltHighSchool,Yonkers10710**  
**SaundersTrade & TechHigh School,Yonkers10701**  
**YonkersHighSchool,Yonkers10705**  
**YonkersMontessoriAcademy,Yonkers10704**  
 CasimirPulaskiSchool,Scarsdale10583  
 CedarPlaceElementarySchool,Yonkers10705  
 CrossHillAcademy,Yonkers10703



EnricoFermiSchool,Yonkers10701  
 EugeneMariaDeHostosMicrosociety,Yonkers10705  
 FamilySchool32,Yonkers 10710  
 FoxfireSchool,Yonkers 10701  
 KahlilGibranSchool,Yonkers10710  
 MartinLuther KingJr. HighTech&ComputerMagnetSchool, Yonkers 10701  
 PaideiaSchool15,Yonkers 10707  
 PatriciaA DichiaroSchool,Yonkers10708  
 PearlsHawthorneSchool,Yonkers10705  
 RobertC.DodsonSchool,Yonkers10710  
 School5MS,Yonkers10701  
 ScholasticAcademy,Yonkers10701  
 School23MS,Yonkers10701  
 School29,Yonkers10710  
 School30,Yonkers10708  
 Yonkers MiddleSchool,Yonkers 10705  
 YorktownHeightsYORKTOWN CENTRALSCHOOLDISTRICT10598  
**YorktownHighSchool,YorktownHeights 10598**  
 MildredE.StrangMiddleSchool,YorktownHeights10598

**Section 1 FRIEND & NEIGHBOR ..... Expiration Date**  
 Hallen School (7-12), 97 Center St., New Rochelle, NY 10801.....8/16  
 HoraceMann School (7-12), 231 West 246<sup>th</sup> St., Bronx, NY 14071.....8/17  
 St. Margaret School (7-8), 34 No. Magnolia Street, Pearl River, NY 10965.....8/16  
 NYSchool for the Deaf, Fanwood (7-12), 555 Knollwood Rd, WhitePlains, NY10603.....8/17  
 The Montfort Academy (7-12), 125 E.Birch St.Mount Vernon NY 10552 ..... 8/16

## SECTION 2

PRESIDENT: PaulJenkins,Glens FallsHS 12801  
 1<sup>ST</sup>VICEPRESIDENT: JamianRockhill,SchoharieCS 12866  
 EXECUTIVE DIRECTOR: WayneBertrand,SaratogaSprings 12866  
 TREASURER:TBA

AlbanyACADEMYOFTHEHOLYNAMES 12208  
**Academyofthe Holy NamesHigh School,Albany12208**  
 AcademyoftheHolyNamesMiddleSchool,Albany12208  
 AlbanyALBANY ACADEMIES(THE)12208  
**TheAlbanyJr./Sr. Academies,Albany12208**  
 AlbanyALBANYCITYSCHOOL DISTRICT12207  
**AlbanyHighSchool,Albany12203**  
 NorthAlbanyAcademyMS,Albany12204  
 Stephen&HarrietMyersMS,Albany12209  
 WilliamSHackettMiddleSchool,Albany12202  
 AlbanyALBANYLEADERSHIPCHARTERSCHOOL12208  
**AlbanyLeadershipCharterSchool,Albany12208**  
 AlbanyBISHOPMAGINNHIGH SCHOOL12202  
**BishopMaginnHighSchool,Albany12202**  
 AlbanyCHRISTIANBROTHERSACADEMY12205  
**ChristianBrothers Jr./Sr.Academy, Albany12205**  
 AlbanyDOANESTUARTSCHOOL12202  
**DoaneStuartJr./Sr.HighSchool,Albany12202**

AlbanyGREEN TECHHIGHCHARTERSCHOOL12210  
**GreenTechHighCharterSchool,Albany12210**  
 AlbanyKIPPTECHCHARTERSCHOOL12110  
 KippTechCharterJr.School,Albany12110  
 AlbanySOUTHCOLONIECENTRAL SCHOOL DISTRICT 12205  
**ColonieCentralHighSchool,Albany12205**  
 LishaKill MiddleSchool,Albany12205  
 SandCreekMiddleSchool,Albany 12205  
 AmsterdamAMSTERDAMCITYSCHOOLDISTRICT12010  
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 Waldorf School of Saratoga (7-12), 122 Regent, Saratoga Springs, NY 12866.....8/16  
 Grapeville Christian School (7-12), 2416 CR 26, Climax, NY 12042.....8/17  
 Saint Gregory's School (7-8), 121 Old Niskayuna Rd, Loudonville NY 12211 .....8/16  
 The Kings School (7-12), PO Box 300,Lake Luzerne NY 12846 .....8/17  
 Gardner Dickinson (7-8),25 East Ave, Troy NY 12180 .....8/17

## SECTION3

PRESIDENT: BradHamer,JordanElbridge HS,Jordan13080  
 VICEPRESIDENT-GIRLS: AprilWertheim,CorcoranHS,Syracuse13207  
 VICE PRESIDENT-BOYS: ChristopherDoroshenko,Morrisville-EatonCS,Morrisville13408  
 EXECUTIVEDIRECTOR: JohnRathbun,4983BrittonfieldPkwy,Ste201, E.Syracuse13057

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# MEMBERSHIP

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St. Mary's School (7), 61 N. Main St., Cortland, NY 13045 ..... 8/15

Southside Academy (7-8), 2200 Onondaga Creek Blvd Syracuse NY 13207 ..... 8/16

### SECTION 4

PRESIDENT: Ramona Wench, Laurens CS 13796

VICEPRESIDENT: Margo Martin, Tioga CS, Tioga Center 13845

INTERSCHOLASTIC SPORTS COORDINATOR: Ben Nelson, 21 Liberty Street, Civic Center Box 7, Sidney 13838

TREASURER: Thomas DeLaurentiis, 21 Liberty Street, Civic Center Box 7, Sidney 13838

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 Elmira Christian Academy ..... 8/15  
 Twin Tiers Christian Academy (7-12), 1811 N.Chemung Rd. Breesport, NY 14816 ..... 8/16

PRESIDENT: JoeBacker,Letchworth HS,Gainesville14066  
 EXECUTIVEDIRECTOR: EdStores, 5151KellyRd.,Wyoming14591  
 TREASURER: JackieMeyer,Box55, Wolcott14590

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 AlexanderALEXANDERCENTRALSCHOOLDISTRICT14005  
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 Rochester GREECE CHRISTIAN SCHOOL 14612  
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 Rochester ROCHESTER CITY SCHOOL DISTRICT 14614  
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 Scottsville WHEATLAND-CHILICENTRAL SCHOOL DISTRICT 14546  
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 SenecaFallsSENECAFALLSCENTRALSCHOOLDISTRICT13148  
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 ShortsvilleMANCHESTER-SHORTSVILLE CENTRAL SCHOOLDISTRICT14548  
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 SpencerportSPENCERPORTCENTRALSCHOOLDISTRICT14559  
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 AMCosgroveMiddleSchool,Spencerport14559  
 VictorVICTORCENTRALSCHOOLDISTRICT14564  
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 WalworthGANANDACENTRAL SCHOOLDISTRICT14568  
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 WebsterWEBSTERCHRISTIANACADEMY14580  
**WebsterChristianAcademy (7-12),Webster14580**  
 WellsvilleWELLSVILLECENTRALSCHOOLDISTRICT14895  
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 WellsvilleIMMACULATE CONCEPTION SCHOOL 14895  
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 WhitesvilleWHITESVILLE CENTRALSCHOOLDISTRICT14897  
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 WolcottNORTHROSE-WOLCOTTCENTRALSCHOOLDISTRICT14590  
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 WilliamsonWILLIAMSONCENTRALSCHOOLDISTRICT14589  
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 WyomingWYOMINGCENTRALSCHOOL14590  
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 St. Mary's School (7-8), 16 E. Gibson St., Canandaigua, NY 14424..... 8/17  
 Rochester Academy Charter School (7-12), 901 Portland Ave., Rochester, NY 14621..... 8/15  
 Rochester Christian School (7-8), 260 Embury Rd, Rochester, NY 14625 ..... 8/16  
 Andrews Trahey School (7-12), 1183 Monroe Ave, Rochester, NY 14624..... 8/16

## SECTION6

PRESIDENT: Brett Banker, Kenmore-Tonawanda Union Free School District 14223  
 PRESIDENTELECT: Alan Gens, Dunkirk City Schools 14048  
 EXECUTIVEDIRECTOR: Timm Slade, 355 Harlem Road, West Seneca 14224  
 TREASURER: Donald Scholla, 355 Harlem Rd, West Seneca 14224

AkronAKRONCENTRALSCHOOLDISTRICT14001  
**AkronSr.HighSchool,Akron14001**  
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 AlbionALBION CENTRALSCHOOLDISTRICT 14411  
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 AldenALDENCENTRAL SCHOOL DISTRICT14004  
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 AngolaEVANS-BRANTCENTRAL SCHOOLDISTRICT14006  
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 Clarence CLARENCE CENTRAL SCHOOL DISTRICT 14031  
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 Clymer CLYMER CENTRAL SCHOOL DISTRICT 14724  
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 Dunkirk DUNKIRK CITY SCHOOL DISTRICT 14048  
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 East Aurora EAST AURORA UNION FREESCHOOL DISTRICT 14052  
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 Falconer FALCONER CENTRAL SCHOOL DISTRICT 14733  
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 Forestville FORESTVILLE CENTRAL SCHOOL DISTRICT 14062  
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 Fredonia FREDONIA CENTRAL SCHOOL DISTRICT 14063  
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 Frewsburg FREWSBURG CENTRAL SCHOOL DISTRICT 14738  
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 Gowanda GOWANDA CENTRAL SCHOOL DISTRICT 14070  
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 Grand Island GRAND ISLAND CENTRAL SCHOOL DISTRICT 14072  
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 Hamburg FRONTIER CENTRAL SCHOOL DISTRICT 14075  
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 Hamburg HAMBURG CENTRAL SCHOOL DISTRICT 14075  
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 Holland HOLLAND CENTRAL SCHOOL DISTRICT 14080  
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# MEMBERSHIP

JamestownJAMESTOWNCITYSCHOOLDISTRICT14701  
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 PersellMiddleSchool,Jamestown14701  
 ThomasJeffersonMiddle School, Jamestown14701  
 GeorgeWashingtonMiddleSchool,Jamestown14701  
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 MiddleportROYALTONHARTLAND CENTRALSCHOOLDISTRICT14150  
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 MedinaMEDINA CENTRALSCHOOLDISTRICT14103  
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 NorthCollinsNORTHCOLLINSCENTRAL SCHOOL DISTRICT14111  
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 NorthTonawandaNORTH TONAWANDACITY SCHOOL DISTRICT14120  
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 OleanOLEAN CITYSCHOOL DISTRICT14760  
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 OrchardParkORCHARDPARKCENTRALSCHOOLDISTRICT14127  
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 PortvillePORTVILLECENTRALSCHOOL DISTRICT14770  
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 RandolphRANDOLPHCENTRALSCHOOLDISTRICT14772  
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 SanbornNIAGARA-WHEATFIELDCENTRALSCHOOLDISTRICT14132  
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 Edward TownMiddleSchool, Sanborn14132  
 ShermanSHERMANCENTRALSCHOOL DISTRICT14781  
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 SilverCreekSILVERCREEKSVCENTRALSCHOOLDISTRICT14136  
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 SinclairvilleCASSADAGAVALLEYCENTRALSCHOOLDISTRICT14782  
**CassadagaValleyJr./Sr.High School,Sinclairville14782**  
 SloanCHEEKTOWAGA-SLOANUNIONFREESCHOOLDISTRICT14212  
**JohnF.KennedySr.HighSchool,Cheektowaga14227**  
 JohnF.KennedyMiddleSchool,Cheektowaga14227  
 SouthDaytonPINEVALLEYCENTRAL SCHOOLDISTRICT14138  
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 SpringvilleSPRINGVILLEGRIFFITHINSTITUTE14141  
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 WilliamsvilleWILLIAMSVILLECENTRALSCHOOLDISTRICT14221  
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**WilliamsvilleNorth HighSchool,Williamsville14221**  
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**Section 6 FRIEND & NEIGHBOR..... Expiration Date**  
 Christian Central Academy (7-12), 39 Academy St., Williamsville, NY 14221 ..... 8/17

Northern Chautauqua Catholic School (7-8), 336 Washington Ave, Dunkirk, NY 14048.....	8/15
St. Mary's School for the Deaf (7-12), 2253 Main Street, Buffalo, NY 14214 .....	8/15
Elmwood Franklin School (7-8), 104 New Amsterdam Ave, Buffalo, NY 14216.....	8/16
New Life Christian School (7-12), 102 Wake Forest Ave., Olean, NY 14760 .....	8/16
St. Gregory The Great (7-8), 200 St. Gregory Court, Williamsville, NY 14221.....	8/15
Southern Tier Catholic School (7-8), 208 North 24 <sup>th</sup> St., Olean, NY 14760.....	8/16

## SECTION 7

PRESIDENT: Fred Hooper, Keene CS, Keene Valley 12943  
 1<sup>st</sup> VICE PRESIDENT: Patricia Ryan-Curry, Indian Lake CS 12842  
 2<sup>nd</sup> VICE PRESIDENT: TBA  
 PAST PRESIDENT: Paul Savage, AuSable Valley CVS, Clintonville 12924  
 EXECUTIVE DIRECTOR: Karen Lopez, 3 Tanglewood Drive, Peru 12972  
 TREASURER: Joe Staves, Plattsburgh HS 12901

Chazy CHAZY UNION FREE SCHOOL DISTRICT 12921  
**Chazy Central Rural Jr./Sr. High School, Chazy 12921**  
 Champlain NORTHEASTERN CLINTON CENTRAL SCHOOL DISTRICT 12919  
**Northeastern Clinton Sr. High School, Champlain 12919**  
 Northeastern Clinton Middle School, Champlain 12919  
 Clinton AUSABLE VALLEY CENTRAL SCHOOL DISTRICT 12924  
**Ausable Valley Middle/High School, Clintonville 12924**  
 Crown Point CROWN POINT CENTRAL SCHOOL DISTRICT 12928  
**Crown Point Jr./Sr. High School, Crown Point 12928**  
 Elizabethtown ELIZABETHTOWN-LEWIS CENTRAL SCHOOL DISTRICT 12932  
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 Ellenburg Depot NORTHERN ADIRONDACK CENTRAL SD 12935  
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 Indian Lake INDIAN LAKE CENTRAL SCHOOL DISTRICT 12842  
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 Keene Valley KEENE CENTRAL SCHOOL DISTRICT 12943  
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 Lake Placid LAKE PLACID CENTRAL SCHOOL DISTRICT 12946  
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 Lake Pleasant LAKE PLEASANT CENTRAL SCHOOL DISTRICT 12164  
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 Long Lake LONG LAKE CENTRAL SCHOOL DISTRICT 12847  
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 Newcomb NEWCOMB CENTRAL SCHOOL DISTRICT 12852  
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 Olmstedville MINERVA CENTRAL SCHOOL DISTRICT 12857  
**Minerva Jr./Sr. High School, Olmstedville 12857**  
 Peru PERU CENTRAL SCHOOL DISTRICT 12972  
**Peru Jr./Sr. High School, Peru 12972**  
 Plattsburgh BEEKMANTOWN CENTRAL SCHOOL DISTRICT 12901  
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 Plattsburgh PLATTSBURGH CITY SCHOOL DISTRICT 12901  
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 Plattsburgh SETON CATHOLIC CENTRAL HIGH SCHOOL 12901  
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 TiconderogaTICONDEROGACENTRALSCHOOLDISTRICT12883  
**TiconderogaSr.HighSchool,Ticonderoga12883**  
 TiconderogaMiddleSchool,Ticonderoga12883  
 WellsWELLSCENTRAL SCHOOL DISTRICT12190  
**WellsJr./Sr.HighSchool,Wells12190**  
 WestportWESTPORTCENTRAL SCHOOLDISTRICT 12993  
**WestportJr./Sr.HighSchool, Westport12993**  
 WillsboroWILLSBOROCENTRALSCHOOLDISTRICT12996  
**WillsboroJr./Sr.HighSchool, Willsboro12996**

**Section 7 FRIEND & NEIGHBOR..... Expiration Date**  
 St. Mary's (7-8), 64 Amherst Avenue, Ticonderoga, NY 12883 .....8/16  
 Adirondack Christian School (7-12), 6065 Rt. 86, Wilmington, NY 12997 .....8/17

## SECTION 8

PRESIDENT: StephanieJoannon,PortWashingtonUFSD11050  
 PAST PRESIDENT: GlenZakian,FarmingdaleHighSchool11735  
 VICEPRESIDENT(women): DawnCerrone,GardenCityHighSchool 11530  
 VICE PRESIDENT(men): Pat Pizzarelli,LawrenceHS,Cedarhurst11516  
 EXECUTIVE DIRECTOR: Nina VanErk,c/oNassauBOCES,71ClintonRoad,GardenCity11530  
 TREASURER: GeorgeMcElroy,c/oNassauBOCES,GeorgeFarberAdministrativeCenter,  
 71ClintonRoad,GardenCity11530

BaldwinBALDWINUNION FREESCHOOLDISTRICT11510  
**BaldwinSr.HighSchool,Baldwin11510**  
 BaldwinMiddleSchool,Baldwin 11510  
 BethpageBETHPAGE UNIONFREE SCHOOL DISTRICT11714  
**BethpageSr.HighSchool,Bethpage11714**  
 JohnF.KennedyMiddleSchool,Bethpage11714  
 CarlePlaceCARLEPLACEUNIONFREESCHOOL DISTRICT11514  
**CarlePlace Middle/High School,CarlePlace 11514**  
 ColdSpringHarborCOLDSRINGHARBOR CENTRALSCHOOLDISTRICT11724  
**ColdSpringHarborJr./Sr.HighSchool,ColdSpringHarbor11724**  
 EastMeadowEASTMEADOWUNIONFREESCHOOLDISTRICT11554  
**EastMeadowHighSchool, EastMeadow11554**  
**W.TresperClarkeHighSchool,Westbury11590**  
 WoodlandMiddleSchool,East Meadow11554  
 ClarkeMiddleSchool,Westbury11590  
 EastRockawayEASTROCKAWAYUNIONFREESCHOOLDISTRICT11518  
**EastRockawayJr./Sr.HighSchool,EastRockaway11518**  
 ElmontSEWANHAKACENTRAL HIGHSCHOOLDISTRICT11003  
**ElmontMemorialJr./Sr.HighSchool,Elmont11003**  
**FloralParkMemorial High School,FloralPark11001**  
**HFrank CareyJr./Sr.High School,FranklinSquare11010**  
**NewHydeParkMemorialJr./Sr.HighSchool,NewHydePark11040**  
**SewanhakaHighSchool,FloralPark11001**

# MEMBERSHIP

FarmingdaleFARMINGDALEUNIONFREE SCHOOLDISTRICT11735

**FarmingdaleSr.HighSchool,Farmingdale11735**

HowittSchool,Farmingdale11735

FreeportFREEPORTUNIONFREESCHOOLDISTRICT11520

**FreeportHighSchool,Freeport11520**

JohnEDodd Jr.High School,Freeport11520

GardenCityGARDEN CITYUNIONFREESCHOOLDISTRICT11530

**GardenCitySr.HighSchool,GardenCity11530**

GardenCityMiddleSchool,GardenCity11530 Glen

CoveGLENCOVE CITYSCHOOL DISTRICT11542

**GlenCoveHighSchool, GlenCove 11542**

RobertM.FinleyMiddle School, GlenCove 11542

GreatNeckGREATNECKUNION FREESCHOOLDISTRICT11020

**GreatNeckNorthSr.HighSchool,GreatNeck11023**

**GreatNeckSouthSr.HighSchool,GreatNeck11020**

GreatNeckNorthMiddleSchool,GreatNeck11023

GreatNeck SouthMiddleSchool, GreatNeck 11020

HempsteadHEMPSTEAD UNIONFREESCHOOLDISTRICT11550

**HempsteadHighSchool,Hempstead 11550**

AlvertaBGray SchultzMiddleSchool,Hempstead11550

HewlettHEWLETT-WOODMEREUNIONFREESCHOOLDISTRICT11557

**GeorgeWHewlettHighSchool,Hewlett11557**

WoodmereMiddleSchool, Hewlett11557

HicksvilleHICKSVILLEUNION FREE SCHOOL DISTRICT11801

**HicksvilleHighSchool,Hicksville 11801**

HicksvilleMiddleSchool,Hicksville11801

IslandParkISLANDPARKUNION FREESCHOOL DISTRICT11558

LincolnOrensMiddleSchool, IslandPark11558

JerichoJERICHOUNION FREE SCHOOL DISTRICT11558

**JerichoSr.HighSchool,Jericho11753**

JerichoMiddleSchool, Jericho 11753

LawrenceLAWRENCEUNION FREE SCHOOL DISTRICT11559

**LawrenceSr.High School, Cedarhurst11516**

LawrenceMiddleSchool,Lawrence11559

LevittownLEVITTOWNUNION FREE SCHOOL DISTRICT11756

**DivisionAvenueSr.HighSchool,Levittown11756**

**Gen.DouglasMcArthurSr.HighSchool,Levittown11756**

JonasESalkMiddleSchool,Levittown11756

WisdomLaneMiddleSchool, Levittown11756

LevittownISLAND TREESUNION FREESCHOOLDISTRICT 11756

**IslandTreesSr.HighSchool,Levittown11756**

IslandTreesMiddleSchool,Levittown11756

LocustValleyLOCUSTVALLEY CENTRAL SCHOOL DISTRICT11560

**LocustValleyMiddle/High School,LocustValley11560**

LocustValleyFRIENDSACADEMY11560

**FriendsAcademy,LocustValley 11560**

LongBeachLONGBEACH CITYSCHOOLDISTRICT11561

**LongBeachSr.HighSchool,LongBeach11561**

LongBeachMiddleSchool, Long Beach 11561

LynbrookLYNBROOKUNIONFREESCHOOLDISTRICT

**LynbrookSr.High School,Lynbrook11563**

LynbrookNorthMiddleSchool,Lynbrook11563

LynbrookSouthMiddleSchool,Lynbrook11563

MalverneMALVERNEUNION FREE SCHOOL DISTRICT 11565

**MalverneSr.HighSchool,Malverne11565**  
 HowardTHerberMiddleSchool,Malverne11565  
 ManhassetMANHASSETUNION FREESCHOOL DISTRICT 11030  
 ManhassetMiddle/High School, Manhasset 11030  
 MassapequaMASSAPEQUA UNION FREESCHOOL DISTRICT11758  
**MassapequaHighSchool,Massapequa11758**  
 BernerJr.High School,Massapequa11758  
 MineolaMINEOLAUNIONFREESCHOOLDISTRICT11501  
**MineolaHighSchool,GardenCityPark11040**  
 Mineola MiddleSchool,Mineola 11501  
 NewHydeParkHERRICKSUNIONFREESCHOOLDISTRICT11040  
**HerricksHighSchool,New HydePark 11040**  
 HerricksMiddleSchool,Albertson11507  
 NorthMassapequa PLAINEDGE UNION FREESCHOOLDISTRICT11758  
**PlainedgeSr.HighSchool,Massapequa11758**  
 PlainedgeMiddleSchool,Bethpage11714  
 NorthMerrickBELLMORE-MERRICKCENTRALSCHOOLDISTRICT11566  
**SanfordH.CalhounSr.High School,Merrick11566**  
**JohnF.KennedySr.HighSchool,Bellmore11710**  
**WellingtonC.Mephamsr.HighSchool,Bellmore11710**  
 GrandAvenueJr.High School,Bellmore11710  
 MerrickAvenueJr.HighSchool, Merrick 11566  
 OceansideOCEANSIDEUNION FREESCHOOLDISTRICT11572  
**OceansideSr.High School,Oceanside 11572**  
 OceansideMiddleSchool,Oceanside11572  
 OldWestbury EAST WILLISTONUNION FREESCHOOLDISTRICT11568  
**TheWheatleySchool, Old Westbury11568**  
 WilletsRoadSchool,RoslynHeights11577  
 OysterBay OYSTER BAY-EASTNORWICH CENTRALSCHOOL DISTRICT11771  
**OysterBayJr./Sr.High School,OysterBay11771**  
 PlainviewPLAINVIEW-OLDBETHPAGE CENTRALSCHOOLDISTRICT11803  
**Plainview-OldBethpage JFKHighSchool,Plainview11803**  
 Plainview-OldBethpageMiddleSchool,Plainview11803  
 HBMattlin MiddleSchool,Plainview11803  
 PortWashingtonPORT WASHINGTONUNION FREESCHOOLDISTRICT11050  
**PaulDSchreiberSr.HighSchool,PortWashington11050**  
 CarriePalmerWeberMiddleSchool,PortWashington11050  
 RockvilleCentreROCKVILLE CENTREUNION FREESCHOOLDISTRICT11570  
**SouthSideHighSchool,RockvilleCentre11570**  
 SouthSideMiddleSchool,RockvilleCentre11570 Roosevelt  
 ROOSEVELTUNION FREESCHOOLDISTRICT11575  
**RooseveltJr./Sr.High School, Roosevelt 11575**  
 RoslynROSLYN UNIONFREE SCHOOL DISTRICT11576  
**RoslynHighSchool,RoslynHeights11577**  
 RoslynMiddleSchool,RoslynHeights11577  
 SeaCliffNORTHSHORECENTRALSCHOOLDISTRICT11579  
**NorthShoreSr.HighSchool,GlenHead11545**  
 NorthShoreMiddleSchool, GlenHead11545  
 SeafordSEAFORDUNIONFREESCHOOLDISTRICT11783  
**SeafordSr.HighSchool,Seaford11783**  
 SeafordMiddleSchool,Seaford 11783  
 SyossetSYOSSETCENTRAL SCHOOL DISTRICT11791  
**SyossetSr.HighSchool,Syosset11791**  
 HBThompsonMiddleSchool, Syosset11791  
 SouthWoodsMiddleSchool,Syosset11791  
 UniondaleUNIONDALEUNION FREESCHOOL DISTRICT11553

**MEMBERSHIP**

**UniondaleHighSchool,Uniondale11553**  
LawrenceRoadJr.HighSchool,Hempstead11550  
TurtleHookJr.HighSchool,Uniondale11553  
ValleyStreamVALLEYSTREAMCENTRAL HIGHSCHOOLDISTRICT11582  
**ValleyStreamCentralHighSchool,ValleyStream11582**  
**ValleyStream NorthHighSchool,FranklinSquare11010**  
**ValleyStreamSouthHighSchool,ValleyStream11582**  
Valley StreamMemorialJr.High School,ValleyStream11582  
WantaghWANTAGHUNIONFREESCHOOLDISTRICT  
**WantaghSr.HighSchool,Wantagh11793**  
WantaghMiddleSchool, Wantagh 11793  
WestburyWESTBURYUNIONFREE SCHOOL DISTRICT11590  
**WestburySr.HighSchool,OldWestbury11568**  
WestburyMiddleSchool, Westbury11590

**Section 8 FRIEND & NEIGHBOR.....Expiration Date**

**SECTION9**

PRESIDENT: JohnLandro,TuxedoUFSD10987  
EXECUTIVEDIRECTOR: RobertThabet,Orange-UlsterBOCES,53GibsonRd.,Goshen10924  
SECRETARY/TREASURER:JamesOsborne,Orange-UlsterBOCES,53GibsonRd.,Goshen10924

AccordRONDOUTVALLEY CENTRAL SCHOOLDISTRICT 12404  
**RondoutValleySr.HighSchool,Accord 12404**  
RondoutValleyJr.HighSchool,Accord12404  
AmeniaNORTHEASTCENTRALSCHOOLDISTRICT12501  
**WebutuckJr./Sr.HighSchool, Amenia12501**  
BoicevilleONTEORACENTRALSCHOOL DISTRICT12412  
**OnteoraJr./Sr.High School, Boiceville12412**  
CentralValleyMONROE-WOODBURYCENTRALSCHOOLDISTRICT10917  
**Monroe-WoodburySr.High School,CentralValley10917**  
Monroe-WoodburyMiddleSchool,CentralValley10917  
ChesterCHESTERUNIONFREESCHOOLDISTRICT10918  
**ChesterJr./Sr.HighSchool,Chester10918**  
CornwallCORNWALLCENTRALSCHOOLDISTRICT12518  
**CornwallHighSchool,Cornwall12518**  
WillowAvenueSchool,Cornwall 12518  
DoverPlainsDOVERUNIONFREE SCHOOLDISTRICT12522  
**DoverHighSchool,DoverPlains12522**  
DoverMiddleSchool,DoverPlains12522  
EldredELDRED CENTRAL SCHOOLDISTRICT12732  
**EldredJr./Sr.HighSchool,Eldred12732**  
EllenvilleELLENVILLECENTRALSCHOOL DISTRICT12428  
**EllenvilleMiddle/HighSchool,Ellenville12428**  
FallsburgFALLSBURGCENTRALSCHOOLDISTRICT12733

**Fallsburg Jr./Sr. High School, Fallsburg 12733**  
 Florida FLORIDA UNION FREESCHOOL DISTRICT 10921  
**SSSeward Jr./Sr. Institute, Florida 10921**  
 Goshen GOSHEN CENTRAL SCHOOL DISTRICT 10924  
**Goshen Central High School, Goshen 10924**  
 CJ Hooker Middle School, Goshen 10924  
 Goshen JOHNS.BURKE CATHOLIC HIGH SCHOOL 10924  
**John S. Burke Catholic High School, Goshen 10924**  
 Grahamsville TRI-VALLEY CENTRAL SCHOOL DISTRICT 12740  
**Tri-Valley Secondary School, Grahamsville 12740**  
 Greenwood Lake GREENWOOD LAKE UNION FREESCHOOL DISTRICT 10925  
 Greenwood Lake Middle School, Greenwood Lake 10925  
 Hancock THE FAMILY FOUNDATION SCHOOL 13783  
**The Family Foundation School, Hancock 13783**  
 Highland HIGHLAND CENTRAL SCHOOL DISTRICT 12528  
**Highland High School, Highland 12528**  
 Highland Middle School, Highland 12528  
 Highland Falls HIGHLAND FALLS CENTRAL SCHOOL DISTRICT 10928  
**James O'Neill Jr./Sr. High School, Fort Montgomery 10922**  
 Hyde Park HYDE PARK CENTRAL SCHOOL DISTRICT 12538  
**Franklin D. Roosevelt Sr. High School, Hyde Park 12538**  
 Haviland Middle School, Hyde Park 12538  
 Jefferson SULLIVAN WEST CENTRAL SCHOOL DISTRICT 12748  
**Sullivan West Jr./Sr. High School, Lake Huntington 12752**  
 Hurley JOHNA.COLEMAN HIGH SCHOOL 12443  
**John A. Coleman Catholic High School, Hurley 12443**  
 Kingston KINGSTON CITY SCHOOL DISTRICT 12401  
**Kingston Sr. High School, Kingston 12401**  
 M.Clifford Miller Middle School, Lake Katrine 12449  
 J.Watson Bailey Middle School, Kingston 12401  
 Liberty LIBERTY CENTRAL SCHOOL DISTRICT 12754  
**Liberty High School, Liberty 12754**  
 Liberty Middle School, Liberty 12754  
 Livingston Manor LIVINGSTON MANOR CENTRAL SCHOOL DISTRICT 12758  
**Livingston Manor Jr./Sr. High School, Livingston Manor 12758**  
 Marlboro MARLBORO CENTRAL SCHOOL DISTRICT 12542  
**Marlboro Central High School, Marlboro 12542**  
 Marlboro Middle School, Marlboro 12542  
 Middletown MIDDLETOWN CITY SCHOOL DISTRICT 10940  
**Middletown Sr. High School, Middletown 10940**  
 Monhagen Middle School, Middletown 10940  
 Middletown Twin Towers Middle School, Middletown 10940  
 Millbrook MILLBROOK CENTRAL SCHOOL DISTRICT 12545  
**Millbrook Jr./Sr. High School, Millbrook 12545**  
 Montgomery VALLEY CENTRAL SCHOOL DISTRICT 12549  
**Valley Central Sr. High School, Montgomery 12549**  
 Valley Central Middle School, Montgomery 12549  
 Monticello MONTICELLO CENTRAL SCHOOL DISTRICT 12701  
**Monticello High School, Monticello 12701**  
 Monticello Middle School, Monticello 12701  
 New Paltz NEWPALTZ CENTRAL SCHOOL DISTRICT 12561  
**New Paltz Sr. High School, New Paltz 12561**  
 New Paltz Middle School, New Paltz 12561  
 Newburgh NEWBURGH CITY SCHOOL DISTRICT 12550  
**Newburgh Free Academy, Newburgh 12550**

## MEMBERSHIP

Heritage Jr. High School, New Windsor 12553  
 Newburgh Free Academy-North Campus, Newburgh 12550  
 South Jr. High School, Newburgh 12550  
 Pine Bush CHAPEL FIELD CHRISTIAN SCHOOL 12566  
**Chapel Field Christian Jr./Sr. High School, Pine Bush 12556**  
 Pine Bush PINEBUSH CENTRAL SCHOOL DISTRICT 12566  
**Pine Bush Sr. High School, Pine Bush 12566**  
 Circleville Middle School, Circleville 10919  
 Crispell Middle School, Pine Bush 12566  
 Pine Plains PINE PLAINS CENTRAL SCHOOL DISTRICT 12567  
**Stissing Mountain Jr./Sr. High School, Pine Plains 12567**  
 Port Jervis PORT JERVIS CITY SCHOOL DISTRICT 12771  
**Port Jervis Sr. High School, Port Jervis 12771**  
 Port Jervis Middle School, Port Jervis 12771  
 Poughkeepsie SPACKENKILL UNION FREE SCHOOL DISTRICT 12603  
**Spackenkill High School, Poughkeepsie 12603**  
 Orville A Todd Middle School, Poughkeepsie 12506  
 Red Hook RED HOOK CENTRAL SCHOOL DISTRICT 12571  
**Red Hook Sr. High School, Red Hook 12571**  
 Red Hook Middle School, Red Hook 12571  
 Rhinebeck RHINEBECK CENTRAL SCHOOL DISTRICT 12572  
**Rhinebeck Sr. High School, Rhinebeck 12572**  
 Bulkeley School, Rhinebeck 12572  
 Roscoe ROSCOE CENTRAL SCHOOL DISTRICT 12776  
**Roscoe Jr./Sr. High School, Roscoe 12776**  
 Saugerties SAUGERTIES CENTRAL SCHOOL DISTRICT 12477  
**Saugerties Sr. High School, Saugerties 12477**  
 Saugerties Jr. High School, Saugerties 12477  
 Slate Hill MINISINK VALLEY CENTRAL SCHOOL DISTRICT 10973  
**Minisink Valley Sr. High School, Slate Hill 10973**  
 Minisink Valley Middle School, Slate Hill 10973  
 Tuxedo Park TUXEDO UNION FREE SCHOOL DISTRICT 10987  
**George F. Baker Jr./Sr. High School, Tuxedo Park 10987**  
 Walden THE MOUNT ACADEMY 12586  
**The Mount Academy, Walden 12586**  
 Wallkill WALL KILL CENTRAL SCHOOL DISTRICT 12589  
**Wallkill Sr. High School, Wallkill 12589**  
 John G Borden Middle School, Wallkill 12589  
 Warwick WARWICK VALLEY CENTRAL SCHOOL DISTRICT 10990  
**Warwick Valley High School, Warwick 10990**  
 Warwick Valley Middle School, Warwick 10990  
 Washingtonville WASHINGTONVILLE CENTRAL SCHOOL DISTRICT 10992  
**Washingtonville Sr. High School, Washingtonville 10992**  
 Washingtonville Middle School, Washingtonville 10992  
 Wawarsing WAWARSING CHRISTIAN ACADEMY 12489  
**Wawarsing Christian Academy, Wawarsing 12489**

**Section 9 FRIEND & NEIGHBOR ..... Expiration Date**

Faith Christian Academy (7-12), Spackenkill Rd., Poughkeepsie, NY 12603 ..... 8/16  
 West Point Middle School (7-8), 705 Barry Rd., West Point, NY 10996 ..... 8/16  
 Upton Lake Christian School (7-12), 37 Shepards Way, Clinton Corners, NY 12514 ..... 8/17



## SECTION 10

PRESIDENT: Paul Harrica, Chateaugay Central School 12920  
 VICEPRESIDENT: Anthony Bjork, Ogdensburg Free Academy 13669  
 SECRETARY: Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613  
 TREASURER: Martha Slack, 95 Highland Ave., Massena 13662  
 DIRECTOR OF ATHLETICS: Carl Normandin, 30 Court St., Canton 13617

Brasher Falls BRASHER FALLS CENTRAL SCHOOL DISTRICT 13613  
**St. Lawrence Jr./Sr. High School, Brasher Falls 12613**  
 Brushton BRUSHTON-MOIR CENTRAL SCHOOL DISTRICT 12916  
**Brushton-Moria Jr./Sr. School, Brushton 12916**  
 Canton CANTON CENTRAL SCHOOL DISTRICT 13617  
**HC Williams Sr. High School, Canton 13617**  
 JMMcKenney Middle School, Canton 13617  
 Chateaugay CHATEAUGAY CENTRAL SCHOOL DISTRICT 12920  
**Chateaugay Jr./Sr. High School, Chateaugay 12920**  
 Colton COLTON-PIERREPONT CENTRAL SCHOOL DISTRICT 13625  
**Colton-Pierrepont Jr./Sr. High School, Colton 13625**  
 DeKalb Jct. HERMON-DEKALB CENTRAL SCHOOL DISTRICT 13630  
**Hermion-DeKalb Jr./Sr. High School, DeKalb Jct. 13630**  
 Fort Covington SALMON RIVER CENTRAL SCHOOL DISTRICT 12937  
**Salmon River Jr./Sr. High School, Ft. Covington 12937**  
 Gouverneur GOUVERNEUR CENTRAL SCHOOL DISTRICT 13642  
**Gouverneur Jr./Sr. High School, Gouverneur 13642**  
 Hammond HAMMOND CENTRAL SCHOOL DISTRICT 13646  
**Hammond Jr./Sr. High School, Hammond 13646**  
 Harrisville HARRISVILLE CENTRAL SCHOOL DISTRICT 13648  
**Harrisville Jr./Sr. High School, Harrisville 13648**  
 Heuvelton HEUVELTON CENTRAL SCHOOL DISTRICT 13654  
**Heuvelton Jr./Sr. High School, Heuvelton 13654**  
 Lisbon LISBON CENTRAL SCHOOL DISTRICT 13658  
**Lisbon Jr./Sr. High School, Lisbon 13658**  
 Madrid MADRID-WADDINGTON CENTRAL SCHOOL DISTRICT 13660  
**Madrid-Waddington Jr./Sr. High School, Madrid 13660**  
 Malone HOLY FAMILY SCHOOL 12953  
 Holy Family (Jr.) School, Malone 12953  
 Malone MALONE CENTRAL SCHOOL DISTRICT 12953  
**Franklin Academy High School, Malone 12953**  
 Malone Middle School, Malone 12953  
 Massena MASSENA CENTRAL SCHOOL DISTRICT 13662  
**Massena Sr. High School, Massena 13662**  
 JWilliam Leary Jr. High School, Massena 13662  
 Morristown MORRISTOWN CENTRAL SCHOOL DISTRICT 13664  
**Morristown Jr./Sr. High School, Morristown 13664**  
 Norwood NORWOOD-NORFOLK CENTRAL SCHOOL DISTRICT 13668  
**Norwood Jr./Sr. High School, Norwood 13668**  
 Ogdensburg OGDENSBURG CITY SCHOOL DISTRICT 13669  
**Ogdensburg Free Academy High School, Ogdensburg 13669**  
 Ogdensburg Middle School, Ogdensburg 13669  
 Parishville PARISHVILLE-HOPKINTON CENTRAL SCHOOL DISTRICT 13672  
**Parishville-Hopkinton Jr./Sr. High School, Parishville 13672**  
 Potsdam POTSDAM CENTRAL SCHOOL DISTRICT 13676

**PotsdamSr.HighSchool,Potsdam13676**  
 AAKingstonMiddleSchool,Potsdam13676  
 RusselLEDWARDS-KNOXCENTRALSCHOOLDISTRICT13684  
**Edwards-Knox Jr./Sr.High School,Russell13684**  
 St.RegisFallsST.REGISFALLS CENTRAL SCHOOL DISTRICT12980  
**St.RegisFallsJr./Sr.HighSchool,St.RegisFalls12980**  
 StarLakeCLIFTON-FINE CENTRAL SCHOOLDISTRICT 13690  
**Clifton-FineJr./Sr.HighSchool,StarLake13690**  
 TupperLakeTUPPERLAKECENTRALSCHOOLDISTRICT12986  
**TupperLakeMiddle/HighSchool,TupperLake12986**

## SECTION11

PRESIDENT: JeremyThode,CenterMoriches HS11934  
 EXECUTIVE DIRECTOR: Don Webster,180EastMainSt.,Suite302,Smithtown11787  
 TREASURER: LarryLight,40Mills Road,StonyBrook 11790

AmityvilleAMITYVILLEUNION FREESCHOOL DISTRICT11701  
**AmityvilleMemorialHighSchool,Amityville11701**  
 EdmundWMiles MiddleSchool,Amityville11701  
 BabylonBABYLONUNION FREE SCHOOL DISTRICT11702  
**BabylonJr./Sr. High School,Babylon11702**  
 BayShoreBAYSHOREUNION FREE SCHOOLDISTRICT11706  
**BayShoreSr.HighSchool,BayShore11706**  
 BayShoreMiddleSchool,Bay Shore11706  
 BayportBAYPORTBLUE POINTUNIONFREESCHOOLDISTRICT11705  
**Bayport-BluePointHigh School,Bayport11705**  
 JamesWilsonYoungMiddleSchool,Bayport11705  
 BohemiaCONNETQUOT CENTRALSCHOOLDISTRICT11716  
**ConnetquotHighSchool,Bohemia11716**  
 Oakdale-Bohemia Jr.High School,Oakdale1769  
 Ronkonkoma Jr.HighSchool,Ronkonkoma 11779  
 BrentwoodBRENTWOODUNIONFREESCHOOL DISTRICT11717  
**BrentwoodHighSchool,Brentwood 11717**  
 FreshmanCenter,Brentwood11717  
 EastMiddle School,Brentwood 11717  
 NorthMiddleSchool,Brentwood11717  
 SouthMiddleSchool,Brentwood11717  
 WestMiddleSchool,Brentwood 11706  
 BridgehamptonBRIDGEHAMPTONUNIONFREESCHOOL DISTRICT11932  
 BridgehamptonJr./Sr.HighSchool,Bridgehampton11932  
 CentereachMIDDLECOUNTRYCENTRALSCHOOLDISTRICT11720  
**CentereachHighSchool,Centereach 11720**  
**NewfieldSr.HighSchool,Selden11784**  
 DawnwoodMiddleSchool,Centereach11720  
 SeldenMiddleSchool,Centereach11720  
 CenterMoriches CENTERMORICHESUNIONFREE SCHOOL DISTRICT 11934  
**CenterMorichesJr./Sr.HighSchool,CenterMoriches11934**  
 CentralIslipCENTRALISLIPUNIONFREESCHOOLDISTRICT11722  
**Central IslipSr.HighSchool,Central Islip 11722**  
 RalphReedJr.HighSchool,Central Islip11722  
 CopiagueCOPIAGUEUNIONFREESCHOOLDISTRICT11726  
**WalterG.O'ConnellCopiagueHighSchool,Copiague11726**  
 CopiagueMiddleSchool,Copiague11726

DeerParkDEERPARKUNION FREE SCHOOLDISTRICT11729  
**DeerParkHighSchool,DeerPark11729**  
 RobertFrostMiddleSchool, DeerPark 11729

DixHillsHALFHOLLOWHILLSCENTRAL SCHOOLDISTRICT11746  
**HalfHollowHillsHighSchoolEast,DixHills11746**  
**HalfHollowHillsHighSchoolWest,DixHills11746**  
 CandlewoodMiddleSchool,DixHills11746  
 WestHollowMiddleSchool,DixHills11746

EastHamptonEASTHAMPTONUNIONFREE SCHOOLDISTRICT11937  
**EastHamptonHighSchool,EastHampton11937**  
 EastHamptonMiddleSchool, EastHampton11937

EastHamptonSPRINGSUNIONFREESCHOOLDISTRICT11937  
**SpringsJr.HighSchool,EastHampton11937**

EastHamptonTHEROSSSCHOOL 11937  
**TheRossJr./Sr.School,East Hampton11937**

EastMorichesEASTMORICHESUNIONFREESCHOOLDISTRICT11940  
 EastMorichesJr.HighSchool,EastMoriches11940

EastNorthportCOMMACKUNIONFREE SCHOOL DISTRICT11731  
**CommackHighSchool,Commack 11725**  
 CommackMiddleSchool,Commack 11725

EastPatchogueSOUTHCOUNTRYCENTRAL SCHOOL DISTRICT11772  
**BellportSr.High School, Brookhaven 11719**  
 BellportMiddleSchool,Bellport 11713

EastSetauketTHREE VILLAGECENTRALSCHOOLDISTRICT11733  
**Ward MelvilleSr.HighSchool,EastSetauket11733**  
 PaulJGelinasJr.HighSchool,Setauket11733  
 RobertCushmanMurphy Jr. HighSchool,StonyBrook 11790

GreenlawnELWOODUNION FREE SCHOOL DISTRICT11740  
**Elwood/JohnHGlennHigh School,Elwood11731**  
 ElwoodMiddleSchool,Elwood11731

GreenlawnHARBORFIELDSCENTRALSCHOOLDISTRICT11740  
**HarborfieldsHighSchool,Greenlawn11740**  
 OldfieldMiddleSchool,Greenlawn11740

GreenportGREENPORTUNIONFREESCHOOLDISTRICT11944  
**GreenportJr./Sr.HighSchool, Greenport11944**

HamptonBaysHAMPTONBAYSUNIONFREESCHOOLDISTRICT11946  
**HamptonBaysJr./Sr.High School,HamptonBays11946**

HauppaugeHAUPPAUGEUNIONFREESCHOOL DISTRICT11788  
**HauppaugeHighSchool,Hauppauge11788**  
 HauppaugeMiddleSchool,Hauppauge11788

HolbrookSACHEMCENTRALSCHOOL DISTRICT11741  
**SachemEastHighSchool,Farmingville11738**  
**SachemNorth HighSchool,LakeRonkonkoma11779**  
 SamosetJr.HighSchool,LakeRonkonkoma 11779  
 SagamoreJr.HighSchool,Holtsville11742  
 SenecaJr.HighSchool,Holbrook 11741  
 SequoyaJr.HighSchool,Holtsville11742

HuntingtonHUNTINGTON UNIONFREESCHOOL DISTRICT11743  
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