

HUNTINGTON UNION FREE SCHOOL DISTRICT
Department of Health, Physical Education and Athletics
Georgia D. McCarthy, Director

HUNTINGTON HIGH SCHOOL
ATHLETIC PROGRAM PACKET

Dear Parent:

Your son/daughter will be entering the ninth grade this coming fall. There will be many new and exciting opportunities available to them, including a more diverse program of interscholastic athletics.

In order for your child to participate on an interscholastic team, they must have an updated physical along with getting re-qualified by the school nurse before each season.

This information is supplied to you so that you can guide your child in their assimilation into the high school program.

Sincerely,

Georgia D. McCarthy

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District Director

Checklist prior to tryouts:

- Physical Examination Form completed by Family Physician or School Physician. (physicals are valid for 1 year)
- Health Screening Form completed and signed by parent/guardian
- Re-qualification by school nurse (must have physical examination and health screening forms on file in nurse's office to be re-qualified)

LISTING OF SPORTS BY SEASON

FALL SEASON

August 16 – November 9*

Football Meeting 8/16

Football Tryouts Start 8/19

August 26 – November 2*

Boys & Girls Soccer

Girls Tennis

Boys Golf

Field Hockey

Boys & Girls Volleyball

Girls Swimming

Boys & Girls Cross Country

WINTER SEASON

November 20 – February 14*

Boys & Girls Basketball

Boys Swimming

Boys & Girls Fencing

Wrestling

Boys & Girls Indoor Track

SPRING SEASON

March 3 – May 17*

Baseball

Boys & Girls Lacrosse

Softball

Boys & Girls Spring Track

Boys Tennis

Crew

*Season end dates may vary due to scheduling and they do not include playoffs for the Varsity Teams.

DATES FOR ATHLETIC PHYSICALS

If your child is not having a physical completed by your family physician, there will be two dates to have a physical done by the school physician for the 2013-14 school year.

HUNTINGTON H.S. NURSE'S OFFICE

Monday, June 10th @ 2:30 – 4:30 PM

Friday, August 16th @ 7:15 – 10:00 AM

DATES FOR RE-QUALIFICATION

Your child must be re-qualified before each sport season by the school nurse. You need a signed Health Screening Form and a Physical Examination Form (if done by family physician) on file in the nurse's office in order to be re-qualified by the school nurse.

HUNTINGTON H.S. NURSE'S OFFICE

Friday, August 16th @ 10:00 – 11:00am for Football Players Only

Friday, August 16th @ 11:00 – 1:00pm for All Fall Athletes

Monday, August 19th @ 9:00 – 12:00pm for All Fall Athletes

Thursday, August 22nd @ 9:00 – 12:00pm for All Fall Athletes

Monday, August 26th @ 7:00 – 10:00am for All Fall Athletes



