

We are pleased to present you with the 2010-2012 edition of the HANDBOOK of the New York State Public High School Athletic Association, Inc. Clarification of, and changes in, the regulations and standards are indicated by shading.

We encourage you to supply copies of the HANDBOOK to all your coaches. Knowing only the game rules of a sport is not enough to protect student eligibility. We also recommend again that rule reprints be made available at preseason meetings for athletes and their parents to ensure knowledge of the rules.

We cannot emphasize enough that the rules and regulations in the HANDBOOK are your standards, developed as the result of your input. We ask your support in the partnership of enforcing these rules and regulations. Each of us must take that responsibility seriously. We know that by working together we can ensure that our students will experience equitable and safe athletic participation.



The on-line NYSPHSAA Handbook will be updated at the conclusion of all Executive and Central Committee meetings.

An additional resource to assist Athletic Administrators is the NYSAAA Handbook.

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The on-line version of the NYSPHSAA Handbook will be updated at the conclusion of Executive and Central Committee meetings.

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The New York State Public High School Athletic Association, Inc. is administered by a Board of Directors known as the Central Committee, consisting of representatives from each of the eleven sections. The Executive Committee of twenty-two members, two from each section, has general management of the Association in the interval between meetings of the Central Committee. The members of the Central Committee are listed below with the Executive Committee member names capitalized in the first two columns. The branch of service of each member and their year of term expiration in August is listed below each name.

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Explanation of abbreviations

CSO - Chief School Officer

PRIN - Principal

ATH(B) - Male Representative of Athletics

ATH(G) -Female Representative of Athletics



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- 8. Walter Bachmann, Jericho 11753
- 9. Fred Ahart, Roscoe HS 12776
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 9. Michael White, Washingtonville HS 10992
 10. John Tebo, Ogdensburg Free Academy 13669
 11. Tony Toro, Miller Place 11764
- Modified Teresa Klippel Lee, Little Falls MS 13365

WRESTLING: Marty Sherman, Coordinator (August 2013)
Queensbury 12804
518-793-7380

1. Eric Romanino, Beacon HS 12508
 2. George Chickanis, Hudson Falls HS 12839
 3. Brad Hamer, Jordan-Elbridge CS, Jordan 13080
 - *4. Richard Armstrong, Walton CS 13856
 4. Rick Gumble, Chenango Forks HS, Binghamton 13901
 5. Chris Bourne, Brockport CSD 14420
 - *6. Mike DeBarbieri, Portville 14770
 6. Israel Martinez, Niagara Falls HS 14305
 7. Gary Edwards, Peru HS, 12972
 8. Ed Ramirez, Baldwin HS 11510
 9. Jeff Culty, Newburgh 12550
 10. Randy Morrison, Gouverneur CS, 13642
 11. Bob Panariello, Islip HS 11751
- Modified John Richard, Holland Patent CS 13354

GIRLS' SPORT COMMITTEES

BASKETBALL: Pete Bly (August 2016)
 Fort Ann 12827
 518-639-8686

1. Steve Young, Horace Greeley HS, Chappaqua 10514
2. Pete Bly, Fort Ann CS 12827
3. Larry Stockwell, Waterville CS 13480
- *4. TBA
4. Andy Scott, Horseheads HS 14845
5. Kelly Bissell, Attica Elem. School 14011
6. Chris Durr, Williamsville East HS, E. Amherst 14051
7. Greg Waters, Beekmantown CS, West Chazy 12992
8. Stephanie Joannon, Port Washington HS 11050
9. Brian DeVincenci, Millbrook CS 12545
10. Amber Wilcox, Gouverneur CS 13642
11. Kevin O'Reilly, Brentwood SD 11717

Modified Jim Miller, Cato-Meridian HS, Cato 13033

BOWLING: **Kathy Ferreri, Coordinator (August 2013)**
 Webster-Schroeder HS, Webster 14580
 585-670-5001

1. Joseph Ardiri, Pomona 10970
2. Hugo McGroty, Schenectady 12306
3. Cindy Losurdo, Baldwinsville 13027
4. Pam Beard, Lincoln Street Elementary, Waverly 14892
5. Kathy Ferrari, Webster CS 14580
6. John Seeley, Cheektowaga 14225
7. Charles Stone, Beekmantown CS, W. Chazy 12992
8. Eileen Shultis, Freeport HS 11520
9. Erena O'Brien, Franklin D. Roosevelt HS, Hyde Park 12538
10. Eileen Kilcullen, Franklin Academy, Malone 12953
11. Larry Philips, Central Islip Schools, Central Islip 11722

CROSS **Marbry Gansle, Coordinator (August 2015)**
COUNTRY: **Shaker HS, Latham 12110**
 518-785-5511

1. Dan Doherty, Pearl River HS 10965
2. Marbry Gansle, Shaker HS, Latham, 12110
- *3. Dan Reid, Westhill CS, Syracuse 13204
3. Michelle Franklin-Rauber, Tully CS 13159
4. Lee Schaeffer, Otego 13825
5. Robert Goodell, Shortsville 14548
6. James Zubler, Frontier CS, Hamburg 14075
- *7. Kathy Champagne, Seton Catholic, Plattsburgh 12901
7. Keith Bombard, Seton Catholic, Plattsburgh 12903
8. Katie Dunne, Farmingdale High School 11735
9. Steve Loturco, Pine Bush HS 12566
10. April Martin-Barnes, Potsdam HS 13676
11. Tony Toro, Miller Place 11764

Modified Patrick Patterson, Newark Valley CS, Newark 13811

FIELD HOCKEY: Bev Hooper, Coordinator (August 2013)**Fairport 14450****585-223-0826**

1. Sue Hughes, Peekskill 10566
 2. Mary Ann Bump, Warrensburg HS 12885
 3. Linda Harjung, Marcy 13403
 4. Nicole Huston, Port Crane 13833
 5. Kathy Huttelman, Pittsford-Sutherland HS, Pittsford 14534
 6. Judy Otto, Barker HS 14012
 7. No Program
 8. Barbara Sellers, Huntington 11743
 9. Carol Jean Bull-Knuth, Pine Bush 12566
 10. No Program
 11. Karen Kauer, East Patchogue 11772
- Modified Barbara Felice, Holland Patent CS 13354

GOLF: Jamie Harter, Coordinator (August 2014)**Waverly HS 14892****607-565-8101 x1322**

1. Chris Logan, Congers 10920
1. Maureen Kern, Ursuline School, New Rochelle 10801
2. Eileen Troy, Greenwich HS 12834
3. Barb Felice, Holland Patent HS 13354
4. Jamie Harter, Waverly HS 14892
5. Julie Odenbach, Webster 14580
6. Betsy Ulmer, Getzville 14068
7. Donna Moody, Lake Placid HS 12946
8. Denise Kiernan, Glen Cove HS 11542
9. Bill Earl, Monroe Woodbury HS, Central Valley 10917
10. Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613
11. Drew Walker, Hampton Bays HS 11946

GYMNASTICS: Marbry Gansle, Coordinator (August 2015)**Shaker HS, Latham 12110****518-785-5511**

1. Vin Collins, Mahopac HS 10541
 2. Marbry Gansle, Shaker HS, Latham 12110
 3. Danielle McQueary, New Hartford HS 13413
 4. TBA
 5. Carol Nancari, Rochester 14623
 6. Donna Aquino, Lancaster CS, 14086
 7. Janice Trudeau, Plattsburgh 12901
 8. Kim Rhatigan, Laurel Hollow 11791
 9. Leanne Digsby, Wallkill MS 12589
 10. No Program
 11. Patrick Smith, Smithtown CSD 11787
- Modified TBA

LACROSSE: **Jacquie Gow, Coordinator (August 2015)**
Robert Finley MS, Glen Cove 11542
516-759-7251
Liz Parry, Ass't Coord. (August 2015)
Emma Willard, Troy 12180
518-833-1366

1. Beth Starpoli, Fox Lane HS, Bedford 10506
2. Liz Parry, Emma Willard, Troy 12180
3. Doug Pasquerella, Cortland HS 13045
4. TBA
5. Pete Shambo, Penfield HS 14526
6. Richard Schmitt, West Seneca East 14224
7. No Program
8. Dawn Cerrone, Roslyn HS 11577
9. Wendy Crandall, Pine Bush HS 12566
10. Lauren Morley, Ogdensburg Free Academy, Ogdensburg 13669
11. Jeremy Thode, Center Moriches HS 11934

Modified TBA

SKIING: **Bob Underwood, Coordinator (August 2015)**
Queensbury HS, Queensbury 12804
518-824-4682

1. Brian Bentley, Clarkstown South HS, West Nyack 10994
2. Steve Jackson, Queensbury HS 12804
3. Julie Hinsdell, Town of Webb HS, Old Forge 13420
4. Jo Hinkley, Roxbury CS 12474
5. Bernie Gardner, Honeoye Falls-Lima HS, Honeoye Falls 14472
6. No Program
7. Christian Wissler, Lake Placid CS 12946
8. No Program
9. Nordic: John Stern, New Paltz HS 12561
9. Alpine: Janet Carey, Neversink 12765
10. No Program
11. No Program

SOCCER: **Chuck Goehring, Coordinator (August 2013)**
Bay Shore 11706
631-242-1592

1. Frank Mazzuca, Nanuet HS 10954
2. Tom Husser, Hoosick Falls HS 12090
3. Peter Lautensack, Oswego 13126
4. Bill Stepanovsky, Union Endicott HS, Endicott 13760
5. Todd Bialecki, Alfred Almond HS, Almond 14804
6. Chris Durr, Williamsville East HS, E. Amherst 14051
7. Keith Raines, AuSable Valley CS, Clintonville 12924
8. Phil Goldberg, Levittown 11756
9. Diane Wanser, Otisville 10963
10. Rose Broncetti, St. Lawrence CS, Brasher Falls 13613
11. Joe Vasile-Cozzo, East Hampton HS 11937

Modified Matt Wood, Vestal MS 13850

SOFTBALL: **Cathy Allen, Coordinator (August 2016)**
 Altamont 12009
 518-595-5047

1. Tony Toronto, Oakland, NJ 07436
 2. Cathy Allen, Altamont 12009
 3. Kerry Bennett, Cicero 13039
 4. Terry Palmer, Moravia 13118 (C, D)
 4. Jim Testa, Union-Endicott CS, Endicott 13760 (AA, A, B)
 5. Robert Huber, Aquinas Institute, Rochester 14617
 - *6. Mark B. Kruzynski, Medina HS 14103
 6. Dan Brooks, Olean HS 14760
 7. Ralph Cross, Saranac CS 12981
 8. TBA
 9. Bruce Guyette, Minisink HS, Slate Hill 10973
 10. Al Minkler, Heuvelton CS 13654
 11. Jim Wright, Walt Whitman HS, Huntington Station 11746
- Modified Micki Bedlington, Yonkers MS 10705

SWIMMING: **Diane Hicks-Hughes, Coordinator (August 2014)**
 Lansing HS 14882
 607-533-4652
 Patrick Ryan, Assistant Coordinator (August 2014)
 Washingtonville HS 10992

1. Meg Kaplan, South Salem 10590
 2. Matthew Hunter, Burnt Hills-Ballston Lake HS, Burnt Hills 12027
 3. Tom Wells, New Hartford 13413
 4. Diane Hicks-Hughes, Lansing HS 14882
 5. Henry Savage, Canandaigua 14424
 6. Bruce Johnson, Frewsburg CS 14738
 7. Jay Ruff, Ausable Valley CS, Clintonville 12924
 8. George Amitrano, Valley Stream 11581
 9. Pat Ryan, Washingtonville CS 10992
 10. Katy Brown, Brasher Falls CSD 13613
 11. Gary Beutel, Sachem Schools, Lake Ronkonkoma 11779
- Modified Tom DeYoung, Newark 14513

TENNIS: **Chris Horgan, Coordinator (August 2012)**
 Medina MS, Medina 14103
 585-798-2100

1. Ray Pappalardi, Edgemont HS 10583
 2. Stanley France, Schoharie HS 12157
 3. John Wojcik, Liverpool HS 13090
 4. Dan Palmer, Horseheads CS 14845
 5. Todd Bialecki, Alfred Almond HS, Almond 14804
 6. Mike Venditti, Dodge Elementary School, Williamsville 14051
 7. George Bailey, Lake Placid CS 12946
 8. Shai Fisher, Syosset HS 11791
 9. Selina DeCicco, Ellenville HS 12428
 10. No Program
 11. Pete Cesare, Copiague HS 11726
- Modified Pat Levy, Woodlands HS 10530

**TRACK AND
FIELD:**

Dan Doherty, Coordinator (August 2016)
Pearl River HS 10965
845-620-3817

1. Walter Hall, Mt. Vernon 10550
 2. Mark Therrien, Fonda-Fultonville HS, Fonda 12068
 3. John Bubbs, Holland Patent CS 13354
 4. Rob Munro, Bainbridge-Guilford CS, Bainbridge 13733
 5. Lance Bush, Brockport, 14420
 6. Walt McLaughlin, East Aurora HS 14052
 7. Melanie Lopez, Moriah CS 12974
 8. Ken Becker, Garden City 11530
 9. Eric McLaude, Wallkill HS 12589
 10. Larry Lamere, Madrid-Waddington HS, Madrid 13660
 11. Tony Toro, Miller Place 11764
- Modified Teresa Klippel Lee, Little Falls MS 13365

VOLLEYBALL:

Patti Perone, Coordinator (August 2015)
Horseheads MS, 14845 607-739-6357
Peggy Seese, Assistant Coordinator (August 2015)
Argyle HS 12809 518-638-8243

1. Diane Swertfager, Blue Mtn. MS, Cortlandt Manor 10567
 2. Peggy Seese, Argyle HS 12809
 3. Mary Jo Cerqua, Baldwinsville HS 13027 (fall)
 3. Denise Abbott, Tully HS 13159 (winter)
 - *4. Patti Perone, Horseheads MS 14845 (fall)
 4. Christine Bienick, Unadilla Valley HS, New Berlin 13411 (winter)
 5. Martha Martin, York CS, Retsof 14539
 6. Sue Pernick, Lancaster Intermediate, Lancaster 14086
 - *6. Deb Schrueder, Frontier MS, Hamburg 14075
 7. Vicki McMillan, Plattsburgh HS 12901
 8. Cheryl Scalice, South Side HS, Rockville Centre 11570
 9. Antonia Woody, New Paltz HS 12561
 10. Susan McLean, Ogdensburg Free Academy 13669
 11. Lou Tuorto, John Glenn HS, Greenlawn 11740
- Modified Mira Martincich

**WINTER TRACK
AND FIELD:**

David Hennessey, Coordinator (August 2013)
Victor CS 14564 585-924-3252
Marsha Horan, Assistant Coordinator (August 2013)
Chittenango HS 13037

1. Rosalind Gallino, Somers HS, Lincolndale 10540
 2. Robert Wallen, Troy HS 12180
 3. Robert Tuttle, Skaneateles CS 13152
 4. Ben Cardamonne, Elmira Free Academy, Elmira 14905
 5. David Hennessey, Henrietta 14467
 6. Emilio Mancino, W. Seneca West HS 14224
 7. Jim Medieros, Saranac CS 12981
 8. Kristin Frazer, Mineola HS 11040
 9. David Feur, Cornwall HS 12518
 10. Amy Farrell, Tupper Lake CSD 12986
 11. Tony Toro, Miller Place 11764
- Modified Teresa Klippel Lee, Little Falls MS 13365

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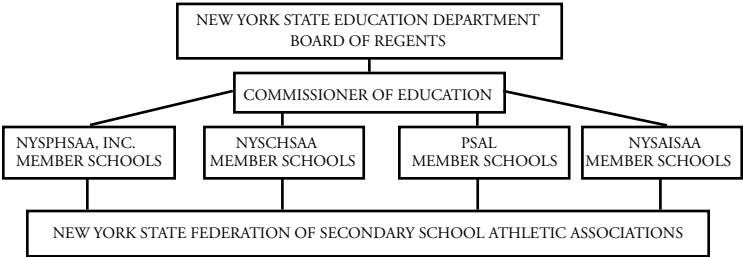
Section 10

Carl Normandin
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Canton NY 13617
315-386-2226, Ext. 103
FAX: 315-386-2424
cnormandin@sllboces.org

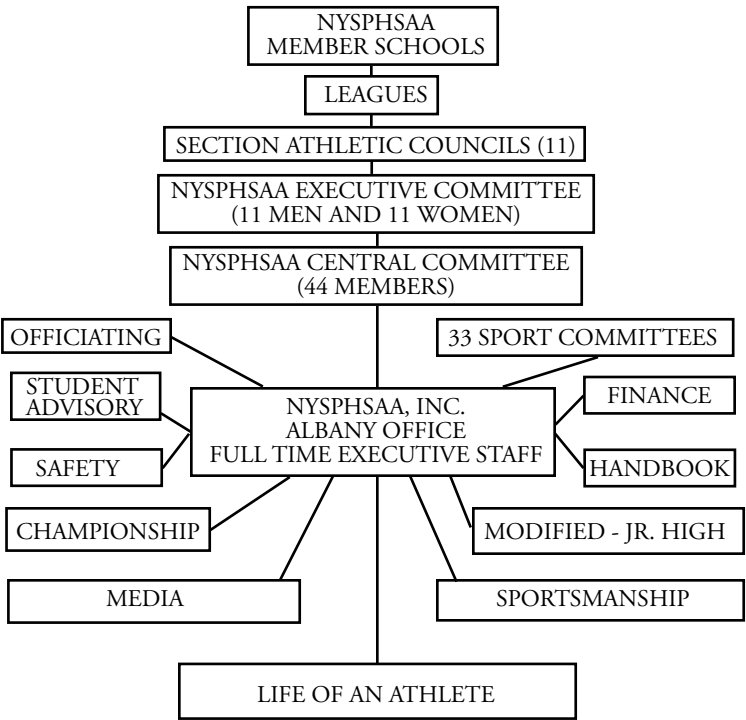
Section 11

Ed Cinelli
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ecinelli@sectionxi.org
www.sectionXI.org

NEW YORK STATE ORGANIZATIONAL SYSTEM
FOR EXTRA CLASS INTERSCHOOL ATHLETIC PROGRAMS



NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION, INC.



1923-2010 EIGHTY SEVEN YEARS HISTORY OF THE NYSPHSAA

Athletics were always a natural part of the high school program. As the academies and the early high schools were established in New York State, participation grew gradually. Originally, interscholastic sports were operated by outsiders, but problems developed. Local community pride engendered excesses, colleges and commercial agencies became involved, and practices inconsistent with the objectives of education were common. School authorities at first opposed, then tolerated, and finally assumed full control of the interschool competition to correct injustices, inequities and abuses. As someone has said, "We have come a long way."

In 1921, Frank R. Wassung, Superintendent of Schools, Norwich, met with Daniel Chase, Supervisor of Physical Education in the State Education Department, to plan for a statewide organization. Schoolmen agreed to form the New York State Public High School Association of Basketball Leagues to bring consistency to eligibility rules and to conduct state tournaments. Mr. Chase, who became the first president, had the encouragement of Dr. Frank P. Graves, Commissioner of Education.

To provide for additional sports, the New York State Public High School Athletic Association was established in 1923. The NYSPHSAA became a member of the National Federation of State High School Associations in 1926. After a constitution was adopted, President Chase appointed a Central Committee of 14 members, one from each section, which elected John F. Hummer, Principal, Binghamton, as chairman. The provision that each section elect a superintendent, a principal and an athletic director as representatives on the Central Committee was adopted in 1928. The Central Committee was expanded in 1975 to include a representative of girls' athletics from each section. With the addition of these representatives of girls' programs to the Executive Committee in 1976, the NYSPHSAA leads the nation with its decision making bodies structured for equitable input.

In 1937, at the request of this association and the Associated Academic Principals, nearly all of the NYSPHSAA Eligibility Rules were adopted by the Board of Regents and became a part of the Regulations of the Commissioner of Education. The NYSPHSAA became incorporated in 1975. In 1978 each of the 11 sections were incorporated.

The Central Committee approved the establishment of the Athletic Protection Plan in 1932 as a service of the NYSPHSAA. Athletic Protection Plan gains recognition and was incorporated (1941) under State Insurance Law. Lawrence Grimes served as Director for 29 years (1949-78). In 1975 the corporate title was changed to Pupil Benefits Plan, Inc.

Through the years the presidents of the NYSPHSAA (p. 27) have shown effective leadership. The NYSPHSAA was strengthened under the guidance of honorary presidents Dr. Frederick Rand Rogers, Dr. Hiram A. Jones, Dr. Ellis Champlin and Dr. George H. Grover, all of the NYS Education Department.

The NYSPHSAA grew under the administration of many capable and dedicated people. Elmer K. Smith, Rochester (1923-25) and Everett T. Grout, Schenectady (1925-29) served as Secretary and Emory A. Bauer was Treasurer (1923-29). In addition to being Secretary/Treasurer (1929-1942) Frederick R. Wegner initiated and conducted the early operation of the Athletic Protection Plan. John K. Archer served as Secretary/Treasurer from 1942-75. An office was established in Albany in 1962, with J. Kenneth Hafner serving as Field Representative and becoming Director of Field Services in 1970. Alton B. Doyle was appointed the first full time Executive Secretary in 1975, serving until 1990. Administrative staff have included William Vesp (1977-80), Floyd Jones (1981-97), Walter Eaton (1990-2008), and Lloyd Mott (1997-2008) as Assistant Directors and Marcus Martone (1975-92) and Gordon Durnford (1992-96) as Treasurers. Dr. Sandra Scott (1975-2000) was elected Executive Director in 1990 and became the first woman executive director of a state high school athletic association in the nation. In 2000, Nina VanErk was appointed as the Executive Director. The NYSPHSAA Legal Counsel have consisted of Ron Shaw (1972-2005) and Kevin Seaman during 2005. Today the administrative staff consists of Assistant Directors Robert Stulmaker (2007) and Todd Nelson (2008), Director of Media, Marketing & Public Relations Joseph Altieri (2001), along with Treasurer Kathleen Hagle (1996) and Counsel Renee James (2006). In February 2006 the NYSPHSAA moved its headquarters to 8 Airport Park Blvd., Latham, NY.

Hundreds of school representatives have contributed to the progress of our Association through their interest, service and leadership.

ASSOCIATION HIGHLIGHTS

1920's

- * Consisted of 8 sections, each represented by a superintendent, principal and director of physical education.
- * Seven eligibility rules (bona fide student, age, duration of competition, amateur, transfer, outside competition, and required academics).
- * Adopted "player control" rule which had captains directing game, coach in the stands.
- * State Championships for boys in baseball, cross country, ice hockey, ice skating, swimming, tennis and track. Girls participated only in varsity basketball.

1930's

- * State championship tournaments abolished due to charges of overemphasis and overspecialization. (1932)
- * Association function to develop unified standards for all sections to follow, giving sections authority to conduct own championships for boys.
- * Recommended no interscholastic competition be permitted for girls in New York, substituting play days/sport days. (1934)

1940's

- * Membership was extended to junior high schools.
- * Postgraduate problems solved by adopting eight consecutive semester rule.
- * Section Athletic Councils recognized in Constitution.
- * State Sports Committees established.

1950's

- * Friends and Neighbors Program initiated to permit nonmember school competition with member schools.
- * Reemergence of intersectionals for individual sports beginning with cross country and track.
- * Developed and initiated Modified Program for boys under leadership of Kurt Beyer.
- * AWPENYS (Association of Women in Physical Education in NYS) began sponsoring coaching clinics and encouraging competition for girls.

1960's

- * Winfred S. Thomason (Garden City) hired as first counsel.
- * Under the leadership of Mr. Hafner and Safety Chair Louis Obourn, experimental projects for participant safety began.
- * Membership in NYS Federation of Secondary School Athletic Associations. (1964)
- * State Committee for Girls Athletic Activities established, initiated by Raymond Benjamin. (1966)
- * New York State High School Officials Coordinating Federation initiated with William B. Gilbert as first Chairman. (1967)

1970's

- * Association became incorporated. (1974)
- * Expanded Central Committee to include female representatives of athletics. (1974)
- * Central office established with full time Executive Director and a support staff.
- * 1976-78 Handbook published first joint set of Eligibility Standards for boys and girls.
- * Approved membership eligibility for Friend and Neighbor schools.

1980's

- * Growth of team sport state championships following reinstatement of boys basketball in 1978. Approved baseball, girls basketball, field hockey, boys and girls soccer, ice hockey and softball.
- * First female president elected, Michaela Kasner. (1984-86)
- * Purchased building for NYSPHSAA office (1986) at 88 Delaware Avenue, Delmar, NY.
- * Adopted policy for other state athletic associations to enter NYSPHSAA championships. (1984)
- * Eliminated the Outside Competition Standard.

1990's

- * Insurance group formed for NYSPHSAA and the sections to secure property and liability coverage.
- * Initiated corporate sponsorship by event which includes championships and special programs.
- * Development and initiation of Scholar/Athlete Team Award Program and New York Good Sports Program.
- * Sponsor 29 championships and 3 intersectionals.

2000's

- * Established two new standing Committees: Student Advisory Council and Budget and Finance.
- * Purchased larger building for NYSPSHAA office at 8 Airport Park Blvd., Latham, NY.
- * First Girls Golf Championship. (2006)
- * First Boys Volleyball Championship. (2010)

PRESIDENTS OF THE NYSPHSAA

* deceased

* Daniel Chase	1923-25
* John F. Hummer	1925-26
* Seward S. Travis	1926-27
* Carl H. Burkhardt	1928-29
* Heth G. Coons	1929-31
* Herbert L. Sackett	1931-32
* Frank R. Wassung	1932-33
* Elmer K. Smith	1933-35
* Charles E. Riley	1935-37
* Frank C. Densberger	1937-39
* Foster S. Brown	1939-41
* W. Howard Vanderhoef	1941-43
* Kurt Beyer	1943-45
* Robert C. McDonald	1945-47
* Carl A. Hansen	1947-49
* David E. Panebaker	1949-51
* Ray Townsend	1951-53
* Philip J. Hammes	1953-55
* Kenneth E. Smith	1955-57
* Andrew J. Smith	1957-59
* J. Kenneth Hafner	1959-61
* W. Kenneth Doyle	1961-63

* Glenn E. Manning	1963-65
* Raymond Benjamin	1965-67
* Lewis C. Obourn	1967-69
* John W. Kickham	1969-71
Marcus J. Martone	1971-73
* Richard P. McLean	1973-76
Peter N. Betrus	1976-78
* Bernard LaMay	1978-80
* Anthony C. Sabella	1980-82
* John D. O'Donnell	1982-84
Michaela Kasner	1984-86
* Robert W. Zegler	1986-88
Richard J. McGuire	1988-90
* Thad J. Mularz	1990-92
Karen P. Lopez	1992-94
James J. Tolle	1994-96
Robert Munn	1996-98
Dean Veenhoff	1998-01
Patrick J. Calnon	2001-04
Kathryn Faber.....	2004-06
Dr. Ronald Black	2006-08
Patrick Pizzarelli.....	2008-10

HONORARY PAST PRESIDENTS

* Larry Grimes

* Alton Doyle

* Floyd Jones

Sandra Scott

GENERAL OBJECTIVES OF THE NEW YORK STATE
PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

*The Association serves as a central organization through
which member schools in the state may cooperate to:*

Encourage as many pupils as possible to participate in athletic games.

Promote sportsmanlike conduct in all athletic contests.

Maintain essential minimum standards of eligibility.

Provide means to settle disputed athletic contests amicably and authoritatively.

Conduct appropriate athletic meets and tournaments.

Cooperate with the State Education Department in fostering educationally sound athletic programs.

Adapt rules governing sports contests to the particular conditions for school competition.

Continually seek data to support rules changes leading to greater safety for school athletes.

NYSPHSAA, INC. RECOMMENDATIONS

1. Because the highest standards of good sportsmanship are in opposition to the policy of giving materially valuable awards to high school athletic teams;

Because such awards create a false sense of the value of school loyalty and service;

The NYSPHSAA, INC. recommends that school authorities give only awards of limited monetary value, furthermore, that the school administration be responsible for accepting, selecting and controlling awards that are offered by individuals or organizations or outside agencies such as P.T.A., service clubs, booster clubs, etc.

2. Because experience has shown that the most successful form of school athletic organization and control is in the league;

Because the league offers opportunity for friendly and sportsmanlike relationships;

The NYSPHSAA, INC. recommends that schools of similar size, similar interest and within reasonable distance of each other form leagues for all sports wherein they have interschool contests; that minor differences and protests arising within the league be settled by the league; that the appeal procedure specified in the Eligibility Standards be instituted only after an earnest attempt at settlement within the league.

3. Because athletics are a vital factor in the development of character, personality, physical fitness and leadership;

Because athletics can only attain their rightful position as a school activity when it is recognized that a healthy body is as necessary as a sound mind;

The NYSPHSAA, INC. recommends that a student not be barred from an athletic squad for any reason which would not bar one from an academic class or other school activity, excepting recognized eligibility rules.

4. Because there is an obligation to practice the principles of safety in athletics and to take all necessary precautions to prevent injuries;

The NYSPHSAA, INC. recommends that all participants in interscholastic sports be covered by appropriate insurance.

5. Because school authorities have a responsibility for preventing the exploitation of high school students who have qualified for a letter in school sports;

The NYSPHSAA, INC. recommends that school authorities discharge this responsibility by protecting students from being exploited by individuals or groups interested in promoting, for any purpose, spectator or revenue producing contests such as all-star, charity, and similar exhibition games. Senior All-Star contests as stipulated in the Eligibility Standards are permitted. Furthermore, it shall be the responsibility of school authorities to inform their teaching personnel to do nothing which shall impair this responsibility of boards of education to protect athletes against such exploitation.

6. Because our Regulations stipulate that all organized practice and games be conducted in the appropriate season (See Sports Standards), a school district planning or administering a summer recreation program should avoid any implication of out-of-season team practice and play.

The NYSPHSAA, INC. recommends these criteria for the guidance of other agencies which conduct summer recreation programs:

- a) Only contestants of high school age are to compete together.
- b) No school names may be used.
- c) Faculty members may not coach contestants who play together as a high school team in the regular season.
- d) A contestant may compete in only one recreation league.

7. **The NYSPHSAA, INC. believes** that adequate financial support for athletics shall be assured as part of the instructional budget for the school district.

8. **The NYSPHSAA, INC. believes** that proper medical and first aid care shall be provided by school authorities for students engaged in athletics. Therefore, a doctor shall be present or on call, and a school official with first aid training shall be present during all competitive events. **The NYSPHSAA, INC. recommends** that the school district provide all coaches with a plan for emergency medical action. Furthermore, all coaches must be current in meeting first aid and safety skill requirements.

9. All interscholastic competitive activities shall be conducted under rules recommended by the various sport committees and approved by the NYSPHSAA, INC.

10. The Executive Committee has adopted a policy which prohibits the use of the organization's name as a sponsor or co-sponsor of a conference, meeting or project unless specific permission in writing is granted by the association for a designated event or activity.

CONSTITUTION OF THE NYSPHSAA, INC.

ARTICLE I - Purpose

To provide a central association through which public secondary schools of the State may cooperate for the following ends. This association shall be the organization responsible for governing interscholastic athletic activities for boys and girls in grades 7-12 in its member schools. Nonpublic schools may petition and be accepted for full membership.

1. To establish necessary principles and procedures for the conduct of interscholastic athletics.
2. To strengthen the work of the local schools in developing good sportsmanship and high ideals among contestants and teams.
3. To encourage all forms of interschool athletic activities for all boys and girls in grades 7-12 as an integral part of the educational program.
4. To adopt, strengthen, interpret, and enforce uniform eligibility rules and sports standards governing participation in interschool athletics at all levels as established in the Regulations of the Commissioner of Education governing athletics.
5. To conduct regional and state championship tournaments.
6. To enforce the constitution, bylaws, rules, regulations, and sports standards adopted by this association, its sections, and leagues.
7. To strive continually to strengthen programs and improve safety in sports through study, research and experimentation.

8. To meet with and assist sports officials at the state and sectional levels to identify and solve existing problems.
9. To cooperate with non-school groups engaged in sports activities to establish guidelines for outside competition.
10. To comply with the provisions of the New York State Not-For-Profit Corporation Law.

ARTICLE II - Membership

1. Each eligible school may become a member of this corporation by submitting a request for membership in the association and representation in the section athletic program signed by the chief school officer of the petitioning school district and sent with the enrollment fee to the treasurer of the association.

a) The annual membership fee shall be based on the total school district enrollment of boys and girls listed on all attendance registers for Grades 7-12 inclusive from the latest Bureau of Educational Data Services (BEDS) Report. Annual membership fees shall be set by the Executive Committee.

b) Membership fees are due September 1. Schools not paying the annual fee before October 15 of any school year shall be considered as resigning from membership in the association. Schools are readmitted as soon as payment of fees is made. Fees payment is required of schools on austerity if they participate.

c) One fee entitles a school to participate in any form of athletics of the association, to participate in the benefits of the Pupil Benefits Plan, Inc., to receive all bulletins and publications of the association and must be paid before the school may participate in any sectional games under the supervision of the association.

d) The membership year shall be considered from September 1 to August 31 of the following year.

e) Austerity - No committee member or officer of this association shall lose membership because of his/her school's austerity, and resultant nonpayment of dues.

f) Nonpublic schools which are registered with the State Education Department may become members of the NYSPHSAA by payment of the annual fee provided the member schools in any section and the State Executive Committee votes to authorize those schools making application. Section athletic councils may determine the appropriate classification for their nonpublic school and charter school members. See p. 179 - Classification Procedure. The NYSPHSAA membership fee shall be assessed on a pro-rata basis if only grades 9-12, inclusive, are enrolled.

2. All member schools of this corporation agree to abide by this Constitution and the Eligibility Standards, Sports Standards, Modified Program Rules, Officiating Standards, in all interschool competition as adopted by the Executive or Central Committees or approved by referendum of member schools.

3. Any school violating the constitution, amendments, bylaws, rules, regulations, or sports standards of the association and its sections may be suspended from the association or from the section, or both, by the Central Committee, or by the Executive Committee when the Central Committee is not in session, and barred from participation in any of the interschool athletic activities for a period up to one year. It is provided, however, that a section athletic council may impose penalties and sanctions as the rules and regulations of the association may provide.

4. All superintendents, principals, athletic directors, and coaches of member high schools are advisors of the association. They are eligible to serve on committees and are entitled to make recommendations to the Executive Committee on all matters pertaining to the conduct of interscholastic athletics.

5. No part of the net earnings of the association shall inure to the benefit of any member, trustee, officer, or director of the association or any private individual (except that reasonable compensation for services rendered to or for the association affecting one or more of its purposes) and no member (other than a public high school), trustee, officer, or director of the association or any private individual shall be entitled to share in the distribution of any of the association's assets on dissolution of the association.

Upon the dissolution of the association or the winding up of its affairs, the assets of the association shall be distributed exclusively for educational purposes in accordance with the provisions of Section 501 (c) 3 of the Internal Revenue Code and its regulations as they now exist or as they may hereafter be amended.

As a means of accomplishing its purposes, the association is authorized to receive and maintain funds of real or personal property, or both, to have, hold, manage, encumber, and sell the same, to change the investments thereof, to invest and reinvest the proceeds thereof, and in general and subject to such limitations and conditions as are or may be prescribed by law, to exercise such other powers which are or hereafter may be conferred by law upon the association organized for the purposes hereinabove set forth, or necessary or incidental to the powers so conferred, or conducive to the attainment of the purposes of the association.

ARTICLE III - Central Committee

1. The corporation shall be administered by a board of directors, known as the Central Committee, consisting of representatives from each of the sections, elected from the member schools in accordance with the following plan:

a) The state shall be divided into geographic areas called sections, each of which shall elect four representatives to the Central Committee: viz., one chief school officer, one principal, one male representative of athletics and one female representative of athletics from the member schools of the section.

b) On or before December 15th of each year, each section secretary shall inform the section athletic council as to the branch of service in which a vacancy by expiration of term shall occur, and each section shall elect a replacement by a method of their choice.

c) In the event of the positive unwillingness to serve on the part of any duly elected person, election shall go to the nominee having the second highest number of votes.

d) Newly elected Central Committee representatives will assume their positions September 1.

e) In case of a vacancy in the membership on the Central Committee arising in any section, it shall be the duty of the three remaining members in such section to choose, with the advice and consent of the section athletic council, the fourth representative from a member school in the section and from that position of service in which the vacancy has occurred. Appointments shall be made for the full period of the unexpired term.

f) Persons retiring from active public education employment, currently serving on the NYSPHSAA Central Committee, shall be permitted to continue for the duration of their tenure and also be permitted to serve in that capacity if so elected by the section.

g) Should any member of the Central Committee be unable to attend a meeting of the Central Committee, then a section athletic council officer shall be designated to represent that section.

2. The Central Committee may from time to time adopt rules and regulations for conducting the affairs of the association and shall draw up rules stipulating requirements for admission to membership in the association and shall adopt uniform eligibility rules and sports standards to conform with the minimum regulations adopted by the State Education Department.

3. A majority of members of the Central Committee eligible to vote shall constitute a quorum, provided due notice has been given to all members of the committee of the date, time, and place of the meeting.

a) The NYSPHSAA President and Vice Presidents shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the president, first vice president and second vice president shall not be entitled to vote, except in the case of a tie, with only one of the said officers being entitled to vote in the order indicated.

4. An annual meeting shall be held each year; other necessary meetings may be called by the president.

ARTICLE IV - Officers and Duties

1. The Central Committee shall elect a president, first vice president, and second vice president from among its own members and persons serving as an officer of a section athletic council to serve two-year terms. It shall also approve the appointment of the members of the professional staff.

a) The president of the association shall preside at all meetings of the association, the Central Committee, and the Executive Committee, and shall perform such other duties as the Central Committee may designate, the constitution or bylaws authorize or require, and in general shall perform the duties that usually come under the office of the president.

b) The first vice president shall assume the duties of the president during absence or inability to act and shall have the following duties in addition to those designated by the president:

- (1) Chairman of the Budget Committee,
- (2) Attend five Section Athletic Council meetings (other than in his/her section) per term,
- (3) Attend sport committee meetings,
- (4) Attend meetings of the Handbook, Safety, and Championship Advisory Committees,
- (5) Attend NYS Federation meetings.

c) The second vice president shall assume the duties of the first vice president during absence or inability to act and shall have the following duties in addition to those designated by the president:

- (1) Attend all Budget Committee meetings,
- (2) Attend five Section Athletic Council meetings (other than in his/her section) per term,
- (3) Attend sport committee meetings,
- (4) Attend meetings of the Officials Coordinating Federation, Modified Athletics and Chemical Health Committees,
- (5) Attend meetings of ad hoc committees,

(6) Chair the Long Range Planning Committee.

d) Immediate Past President:

(1) Chair the Past Presidents Committee,

(2) Chair the Nominating Committee.

e) The executive director shall be the official interpreter of the policies and regulations of the Association, shall be responsible for conducting the business of the Association, shall keep the minutes and records of the Association, the Central Committee and the Executive Committee. The treasurer shall have custody of the funds of the association, receiving all fees and other income, keeping a careful account of the same, and submitting a report at the annual meeting of the Central Committee. Money shall be disbursed only on vouchers, properly receipted, which shall be audited by a certified public accountant previous to the annual report.

2. A committee of officers and staff shall have the authority to act on all matters not provided for in this constitution and bylaws, and on such emergency business as may arise between regular meetings of the Executive Committee.

3. Vacancies in any office shall be filled by a vote of the members of the Central Committee for the unexpired term of such office. When the Central Committee is not in session the Executive Committee shall fill any vacancy.

4. Officers shall be elected at the annual meeting. **NOTE:** The nominating committee shall select candidates for office in the following rotation: chief school officer, female representative of athletics, principal, male representative of athletics. This rotation would provide broad representation from the Central Committee as well as administration experience.

5. The president shall appoint the members of the nominating committee.

6. The Honorary Past Presidents, Past Presidents, Executive Director, other Executive staff, Executive Director of the Pupil Benefits Plan, Inc., State Education Department Liaison, affiliate association representatives, and a representative of NYS School Board Association as ex-officio members may participate in the meetings of the association, the Central Committee, the Executive Committee, without the right to vote.

ARTICLE V - Executive Committee

1. The Executive Committee shall consist of twenty-two members, each of eleven sections being represented by one member of the Central Committee who shall receive the position in any manner the section shall determine, and by the female representative of athletics on the Central Committee. This selection shall be made prior to the annual meeting of the Central Committee. The NYSPHSAA President and Vice Presidents shall not represent their respective sections. Sectional representatives constitute the voting body of the committee and the president, first vice president, and second vice president shall not be entitled to vote except in the case of a tie with only one of said officers being entitled to vote in the order indicated. Should any member of the Executive Committee be unable to attend a meeting of the Executive Committee, then another member of the Central Committee from the section not so represented, or a section athletic council officer shall be designated to represent that section.

2. The Executive Committee shall have general management of the affairs of the association in the interval between meetings of the Central Committee and shall have the power to act in all matters not covered by this constitution and bylaws. It shall have jurisdiction in all appeals, protests, and questions of eligibility when the Central Committee is not in session.

3. The Executive Committee shall meet at least three times each year. A majority of the members of the Executive Committee eligible to vote shall constitute a quorum. Special meetings of the Executive Committee may be called by the president or at the request of a majority of the members.
4. Any action which needs the approval of the Executive Committee may be taken without a meeting by conducting a mail vote, if authorized in writing by two-thirds of the members of the Executive Committee and filed with the executive director.
5. The Executive Committee shall be responsible for properly administering meets, tournaments, or games in which individuals or teams, determined as winners of sectional contests from two or more sections, participate. The secretaries of the sections to be represented in regional, intersectional, and state contests shall provide a complete list of sports in which that section intends to compete in the ensuing year to the NYSPHSAA, Inc. Executive Director for the approval of the Executive Committee at its spring meeting. Notice of withdrawal from a regional, intersectional, and state contest must be received at least sixty days prior to the date of the contest. Otherwise the section will be required to pay the proportionate share of the administration and insurance charges involved in the program.

ARTICLE VI - League and Section Organization

1. A school may join with other schools to form a league for the purpose of providing interschool athletic competition among schools of comparable size, similar interests, and within reasonable distance of each other. Leagues so formed shall be organized and affairs conducted in accordance with the rules of the section and of the association. All member schools are entitled to league affiliation. It is the section's responsibility to provide for league affiliation for those schools desiring affiliation. If the section athletic council is unable to provide for league affiliation, they shall refer the problem to the NYSPHSAA, Inc. Executive Committee within 30 days for action.
2. The member schools in each section shall establish an athletic council, consisting of the four members of the Central Committee representing the section and one or more representatives of each league in the section elected by the league or its member schools. The section may provide for additional members of the athletic council.
3. The athletic council shall elect a president, one or more vice presidents, a secretary, and a treasurer. Each Central Committee member shall serve as an officer or as an ex-officio member of the athletic council. The athletic council shall meet at least three times each year.
4. The athletic council shall:
 - a) Adopt a constitution and bylaws for governing the section and shall file a copy and any amendments with the executive director of the association.
 - b) Manage the affairs of the section and adopt rules and regulations from time to time for governing the section which rules and regulations must be consistent with those of the association and the State Education Department.
 - c) Act upon questions arising between member schools and appeals from the decisions of the leagues.
 - d) Impose and enforce a suitable penalty upon any member school which violates the constitution, bylaws, rules, regulations, sports standards, or code of ethics of the association or section. A member school found guilty of such a violation by the Section Athletic Council may be barred from participation in any or all interschool athletic activities for a period up to one year.

5. The president of the athletic council may call special meetings in the section for the purpose of explaining and discussing all amendments submitted to the member schools or for the purpose of considering the policies and procedures of the leagues, the section, or the association. The president is the representative of all of the member schools in the section and shall at all times exercise the function of democratic leadership.

ARTICLE VII - State Sport Committees

1. a) The Central Committee may establish a state sports committee in any sport, composed of one representative of each of as many sections as may decide to participate. The Executive Committee shall appoint a coordinator upon the recommendation of the members of that state sports committee who shall not have a vote except to break a tie, and who shall be directly responsible to the Executive Committee and serve at its pleasure.

b) Each section may elect or appoint one representative to each state sports committee. Necessary expenses of each delegate to attend sports committee meetings shall be paid by the section.

c) Each state sports committee shall hold an annual meeting and shall elect a vice chairman and a secretary who shall be representatives on that state sports committee and who are to hold office for the ensuing year. State sports committee meetings must have the approval of Association staff. Notice of the time and place of state committee meetings shall be given to members at least two months prior to the meeting.

d) Minutes of all meetings shall be mailed to committee members, association officers and staff, section presidents and section executive directors/secretaries.

e) The coordinator of the state sports committee shall submit an annual written and oral report to the Central Committee. The necessary expenses to attend the Central Committee meeting will be paid by the association.

f) There shall be a biennial meeting of all state sports coordinators.

2. a) Each state sports committee shall encourage participation in that sport, require observance of the rules, regulations, and sports standards, provide measures of safety, answer questions and receive suggestions pertaining to that sport.

b) Each section sports committee representative shall conduct studies when needed, review game rules, conduct interpretation meetings, present demonstrations, secure the cooperation of officials, improve game administration in the section, and act as liaison between the section and the state sports committee coordinator.

c) Each state sports committee may make investigations and surveys, and conduct other research to insure that playing rules are adapted to the needs and abilities of the high school student and submit recommendations to the Executive Committee.

d) Each state sports committee shall be responsible for informing the sections of the correct procedure to be followed in making changes in policy, regulations, rules, or sports standards in that sport.

ARTICLE VIII Constitutional Amendments

1. A majority vote of the Central Committee or Executive Committee at any duly authorized meeting is required to propose an amendment to the Constitution. Amendments may be initiated by the Central Committee, Executive Committee, a

section athletic council, or the officers of the NYSPHSAA, Inc. Proposals shall be submitted to the executive director by January 15 to allow sectional athletic councils adequate time for their consideration.

2. A referendum is required to approve amendments. During a referendum, each school shall have one vote on a signed ballot; senior high school members may vote on matters pertaining to the senior high school program and junior high school members may vote on matters pertaining to the junior high school program. To be valid, this vote shall represent the collective judgement of and include the signatures of the chief school officer, principal, and the male representative of athletics, and the female representative of athletics. An Executive Committee member representing the section shall serve as teller to canvass all ballots to amend the Constitution or amend any other rule or regulation which was put forth for the referendum.

3. During the referendum, a majority vote of the member schools voting in each section shall be required for the adoption of the amendment in the section. Approval of at least seven sections and approval of two-thirds of the member schools casting valid ballots shall be required for the final adoption of the amendment as a statewide rule or policy or as an amendment to the Constitution, as the case may be.

4. All amendments to this Constitution which are approved by a referendum vote shall not become effective until August 1 of the next school year.

ARTICLE IX

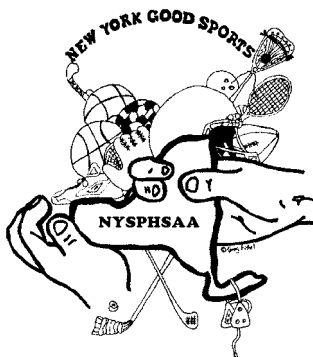
Changes in Eligibility Standards

1. Changes in Eligibility Standards, Sports Standards, Modified Program Rules, Operating Code, Officiating Standards, and any other rules and regulations not part of the Constitution may become effective immediately or approved for referendum of member schools at the discretion of the Executive Committee or Central Committee, as the case may be.

2. When a referendum vote is authorized, the procedures stipulated in Article VIII, Item 2, shall be followed.

3. Adoption of a statewide standard, rule, or policy by referendum vote shall require a majority vote of member schools casting valid ballots and approval in a majority of the sections.

4. All changes in the rules and regulations approved by a referendum vote shall not become effective until August 1 of the next school year.





THE STATE EDUCATION DEPARTMENT / THE UNIVERSITY OF THE STATE OF NEW YORK / ALBANY, NY 12234

COMMISSIONER OF EDUCATION
PRESIDENT OF THE UNIVERSITY OF THE STATE OF NEW YORK

June 2010

To: Member Schools of the New York State Public High School Athletic Association

The New York State Education Department and the New York State Public High School Athletic Association have a partnership that extends decades. Our cooperative partnership ensures student-athletes, families, schools and communities continue to experience quality, productive and enjoyable athletic opportunities that are an extension of the district's physical education program.

The New York State Public High School Athletic Association is to be commended for its efforts to promote and provide healthy, safe, and challenging opportunities for all students through quality sports programs.

Lessons learned through athletic participation in organized sports programs are the intangible elements of the educational process. It is the uniqueness of sports competition that fosters well-rounded students.

Hard work, dedication, cooperation, respect, teamwork, and sportsmanship are important benefits and valuable results of participating in sports programs. To reach high standards of excellence, it is essential to work together toward a common goal.

The New York State Education Department is pleased to work in partnership with the New York State Public High School Athletic Association in achieving our common goals.

Good luck and best wishes to all.

Sincerely,

David M. Steiner

REGULATIONS OF THE COMMISSIONER OF EDUCATION

§ 135.1 Definitions.

Definitions as used in this Part:

- (a) **Commissioner** means the Commissioner of Education.
- (b) **Department** means the Education Department of the State of New York.
- (c) Satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, sufficient, suitable mean satisfactory, appropriate, approved, acceptable, adequate, equivalent, essential, sufficient, suitable, respectively, in the judgment of the commissioner.
- (d) **School personnel** means persons employed by school authorities in conducting the schools.
- (e) **Adaptive physical education** means a specially designed program of developmental activities, games, sports and rhythms suited to the interests, capacities and limitations of pupils with handicapping conditions who may not safely or successfully engage in unrestricted participation in the activities of the regular physical education program.
- (f) **Athletic association** means an approved central organization of schools joined together on a large geographic area or statewide basis for the purpose of governing athletic programs for all its member schools.
- (g) **Bona fide student** means a regularly enrolled student who is taking sufficient subjects to make an aggregate amount of three courses and who satisfies the physical education requirement.
- (h) **Extraclass periods in physical education** mean those sessions organized for instruction and practice in skills, attitudes and knowledge through participation in individual, group and team activities organized on an intramural, extramural or interschool athletic basis to supplement regular physical education class instruction.
- (i) **Extramural activities** mean those games or other events which involve the participation of pupils from two or more school districts and which are conducted as play-days or sports days at the end of the intramural season.
- (j) **Health education** means instruction in understandings, attitudes and behavior in regard to the several dimensions of health. This instruction relates to alcohol, tobacco and other drugs, safety, mental health, nutrition, dental health, sensory perception, disease prevention and control, environmental and public health, consumer health, first aid, and other health-related areas.
- (k) **Instructional physical education** means the required physical education program which has as its foundation, planned sequential learning experiences for all students.
- (l) **Interschool activities** mean those which provide competition between representatives of two or more schools and which offer enriched opportunities for the selected and more highly skilled individuals.
- (m) **Intramural activities** mean those activities conducted within one school district involving only those pupils enrolled in such school district and which are organized to serve the entire enrollment.
- (n) **Invitation activities** mean those games or other events dealing with one sport, arranged by invitation of one school to one or more other schools without leading to any formal schedule and championship.

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- (o) **League** means an organization of schools joined for the purpose of providing athletic competition among schools of comparable size, interests, and within reasonable distance of each other.
- (p) **Mixed competition** means the combination of male and female pupils participating on the same interschool athletic teams.
- (q) **Organized practice** means a session of an athletic squad or group organized for interschool athletics for the purpose of providing instruction and practice in physical conditioning activities, skills, team play and game strategy, under the supervision of a qualified school official.
- (r) **Physical fitness activities** mean those physical activities which are designed to develop endurance, strength and agility and to fit the individual so that he can perform the task repeatedly without undue fatigue and with a reserve capacity to meet unexpected stresses and hazards.
- (s) **Physiological maturity** means a stage of maturation identified by the school physician in determining an appropriate level of interschool athletic competition in accordance with standards established by the commissioner.
- (t) **Recreation** means the program which is organized to include types of activities such as arts and crafts, athletics, dramatics, music, rhythms, sports, swimming and water safety provided at the discretion of school district authorities under the supervision of qualified personnel and designed to provide for the worthy use of leisure by individuals and groups.
- (u) **Sports day** means a day when pupils from two or more schools meet and engage in a variety of competitive sports events.
- (v) **Section** means an organization of schools within a specified geographic area which holds membership in an athletic association, and is established for the purpose of administering athletic programs for the member schools and leagues within such area.

§ 135.2 General regulations.

- (a) All schools under the jurisdiction of the State Education Department shall provide a program of health, physical education and recreation in an environment conducive to healthful living. This program shall include:
- (1) health and safety education;
 - (2) physical education, including athletics; and
 - (3) recreation.
- (b) It shall be the duty of trustees and boards of education:
- (1) to provide approved and adequate personnel and facilities;
 - (2) to maintain for each child cumulative records covering the essential features of the health and physical education program and, when a pupil transfers to another school, to provide such school with a certified transcript thereof;
 - (3) to make reports to the department on forms prescribed by the commissioner.

§ 135.4 Physical education.

(a) School district plans. It shall be the duty of trustees and boards of education to develop and implement school district plans to provide physical education experiences for all pupils as provided in this section. Such current plans shall be kept on file in the school district office and shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. All school districts shall comply with the provisions of this section by August 1, 1982. However, the requirement for submission of a plan shall become effective by January 1, 1983. A school district may conduct an instructional physical education program which differs from, but is equivalent to, the required program of instruction set forth in paragraph (2) of subdivision (c) of this section, with the approval of the commissioner. An equivalent program may be implemented only after approval from the Division of Physical Education, Fitness, Health, Nutrition and Safety Services. A request for approval to conduct an equivalent instructional physical education program shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services, and shall include the:

- (1) program goals and objectives;
- (2) way in which students are to be scheduled and the length of time daily, weekly, monthly or yearly;
- (3) program activities offered at each grade level or each year of instruction; and
- (4) assessment activities for determining the students' performance toward the goals and objectives of the program.

(b) Nonpublic schools. Similar courses of instruction shall be prescribed and maintained in private schools in the State, and all pupils in grades kindergarten through 12 shall attend such courses. If such courses are not established and maintained in any private school, instruction in such school shall not be deemed to be substantially equivalent to instruction given to children of like ages in the public school or schools of the city or district in which the child resides.

(c) Program plans. School district plans shall include the following:

(1) Curriculum.

(i) The curriculum shall be designed to:

(a) promote physical activity and the attainment of physical fitness, and a desire to maintain physical fitness throughout life;

(b) attain competency in the management of the body and useful physical skills;

(c) emphasize safety practices;

(d) motivate expression and communication;

(e) promote individual and group understanding;

(f) provide knowledge and appreciation of physical education activities;

(g) make each individual aware of the effect of physical activity upon the body;

(h) provide opportunities for the exercise of pupil initiative, leadership and responsibility; and

(i) reinforce basic learnings of other areas of the total school curriculum.

(ii) There shall be experiences of sufficient variety in each of the following:

- (a) basic and creative movement;
- (b) rhythm and dance;
- (c) games;
- (d) perceptual -motor skills;
- (e) individual and team sports;
- (f) gymnastics;
- (g) aquatics, where possible;
- (h) lifetime sports activities;
- (i) outdoor living skills; and
- (j) other appropriate activities which promote the development of boys

and girls.

(iii) There shall be opportunity provided for participation in appropriate extra-class activities.

(iv) There shall be activities adapted to meet the needs of pupils who are temporarily or permanently unable to participate in the regular program of physical education. Adaptive physical education programs shall be taught by a certified physical education teacher.

(v) There shall be continuous evaluation of the instructional program and assessment of individual pupil needs and progress. Appropriate cumulative records shall be maintained which cover the essential features of the physical education program for each pupil, and when a pupil transfers to another school, such records shall be transferred with the student's transcript.

(2) Required instruction.

(i) Elementary instructional program-grades K through 6.

(a) all pupils in grades K-3 shall participate in the physical education program on a daily basis. All pupils in grades 4-6 shall participate in the physical education program not less than three times each week. The minimum time devoted to such programs (K-6) shall be at least 120 minutes in each calendar week, exclusive of any time that may be required for dressing and showering; or

(b) as provided in an equivalent program approved by the Commissioner of Education.

(ii) Secondary instructional program-grades 7 through 12. All secondary pupils shall have the opportunity for regular physical education, but not less than three times per week in one semester and two times per week in the other semester, taught by a certified physical education teacher, and all such pupils shall participate in the physical education program either:

(a) a minimum of three periods per calendar week during one semester of each school year and two periods during the other semester; or

(b) a comparable time each semester if the school is organized in other patterns; or

(c) for pupils in grades 10 through 12 only, a comparable time each semester in extra class programs for those pupils who have demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities; or

(d) for pupils in grades 10 through 12 only, a comparable time each semester in out-of-school activities approved by the physical education staff and the school administration; or

(e) as provided in an equivalent program approved by the Commissioner of Education.

(3) Attendance.

(i) All pupils shall attend and participate in the physical education program as approved in the school plan for physical education and as indicated by physicians' examinations and other tests approved by the Commissioner of Education. Individual medical certificates of limitations must indicate the area of the program in which the pupil may participate.

(ii) School district plans shall indicate through the sequential curriculum the steps to be taken to insure that each pupil meets the requirement for participation in physical education program which complies with the provisions of this section. School districts may award local diploma credit for the required program, and may also submit plans for elective units in physical education for additional credit.

(4) Personnel.

(i) Elementary classroom teachers may provide instruction under the direction and supervision of a certified physical education teacher.

(ii) When students participate in out-of-school activities as part of alternative programs, such activities may be taught by non-certified personnel, provided they have appropriate experience and are so approved by the board of education.

(iii) Each school district operating a high school shall employ a director of physical education who shall have certification in physical education and administrative and supervisory service. Such director shall provide leadership and supervision for the class instruction, intramural activities, and interschool athletic competition in the total physical education program. Where there are extenuating circumstances, a member of the physical education staff may be designated for such responsibilities, upon approval of the commissioner. School districts may share the services of a director of physical education.

(5) Facilities. Trustees and boards of education shall provide adequate indoor and outdoor facilities for the physical education program at all grade levels. Appropriate guidelines to schools with respect to facilities will be provided by the Division of Physical Education, Fitness, Health, Nutrition and Safety Services.

(6) Administrative procedures.

(i) School district plans for the physical education program shall include information on the following administrative procedures:

(a) curriculum development in relation to grade levels, as referred to in paragraph (1) of this subdivision;

(b) appropriate examinations and tests to be employed by school authorities in determining pupil needs and progress in physical fitness, knowledge and skills;

(c) class size and grouping patterns which are compatible with the activities being taught;

(d) use of non-school facilities;

(e) use of non-certified persons, such as student leaders, practice teachers, etc.;

(f) use of supplementary personnel which are described in section 80.33 of this Title;

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(g) summer school physical education programs, if conducted; and

(h) policies and procedures for the conduct of extra class programs.

(ii) Periodic reports regarding the status and progress of equivalent programs which have been approved by the commissioner shall be filed with the Division of Physical Education, Fitness, Health, Nutrition and Safety Services as requested.

(7) Basic code for extra class athletic activities. Athletic participation in all schools shall be planned so as to conform to the following:

(i) **GENERAL PROVISIONS.** It shall be the duty of trustees and boards of education:

(a) to conduct school extra class athletic activities in accordance with this Part and such additional rules consistent with this basic code as may be adopted by such boards relating to items not covered specifically in this code. A board may authorize appropriate staff members to consult with representatives of other school systems and make recommendations to the board for the enactment of such rules;

(b) to make the extra class athletic activities an integral part of the physical education program;

(c) to permit individuals to serve as coaches of interschool athletic teams, other than intramural teams or extramural teams, in accordance with the following:

(1) certified physical education teachers may coach any sport in any school;

(2) teachers with coaching qualifications and experience certified only in areas other than physical education may coach any sport in any school, provided they have completed:

(i) the first aid requirement set forth in section 135.5 of this Part; and

(ii) an approved pre-service or in-service education program for coaches or will complete such a program within three years of appointment. Such program shall include an approved course in philosophy, principles and organization of athletics which shall be completed within two years after initial appointment as a coach. Upon application to the Commissioner of Education, setting forth the reasons for which an extension is necessary, the period in which to complete such training may be extended to no more than five years after such appointment. Such approved programs for coaches will consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education; (**see Guidelines for Coaching Requirements - www.emsc.nysed.gov/ciai/physed.html**)

(3) notwithstanding the provisions of section 80.18 of this Title, other persons with coaching qualifications and experience satisfactory to the board of education may be employed as temporary coaches of interschool sport teams, when certified teachers with coaching qualifications and experience are not available, upon the issuance by the commissioner of a temporary coaching license. A temporary coaching license, valid for one year, will be issued under the following conditions:

(i) the superintendent of schools shall submit an application for a temporary coaching license, in which the inability of the district to obtain the services of a certified teacher with coaching qualifications and experience is demonstrated to

the satisfaction of the commissioner;

(ii) candidates for initial temporary licensure shall have completed the first aid requirement set forth in section 135.5 of this Part prior to the first day of coaching;

(iii) candidates for the first renewal of a temporary license shall have completed or be enrolled in an approved course in philosophy, principles and organization of athletics; and

(iv) candidates for any subsequent renewal of a temporary license shall have completed or demonstrate evidence of satisfactory progress towards the completion of an approved pre-service or in-service education program for coaches which shall include an approved course in philosophy, principles and organization of athletics. Such approved programs for coaches shall consist of one of the following (credits and hours vary depending upon the contact and endurance involved in the sport): a department-approved college program of from two to eight credits; or a department approved in-service education program, conducted by schools, colleges, professional organizations or other recognized groups or agencies, from 30 to 120 clock hours; or an equivalent experience which is approved by the Commissioner of Education;

(4) persons who were employed as coaches in New York State schools on or before September 1, 1974 and who do not meet the requirements set forth in subclause (1), (2) or (3) of this clause, may continue to coach any sport. The NYS Board of Regents approved an amendment to section 135.4 of the Commissioner's Regulations to establish a three-year renewable professional coaching certificate. The amendment allows non-teacher coaches to be issued a professional coaching certificate. A professional coaching certificate will be valid for a three-year period, and may be renewed for an additional three-year period upon submission of a renewal application. For additional information please reference section 135.4.

NYSPHSAA NOTE: Volunteer coaches as a special class of coaches are not recognized by the S.E.D. This means these coaches must meet all the preceding requirements.

(d) to determine the need for an athletic trainer and to permit individuals to serve as athletic trainers for interschool athletic teams, intramural teams or physical education classes only in accordance with the following:

(1) Qualifications. Persons serving as an athletic trainer shall possess a valid certificate from the National Athletic Trainers Association or have completed a course of study comparable to that required for certification by the National Athletic Trainers Association.

(2) Scope of duties and responsibilities. The services provided by an athletic trainer shall include, but not be limited to, the following:

(i) provide first aid and sport injury emergency services for students;

(ii) provide school personnel and students with advice and services on physical conditioning programs, training methods, screening procedures, injury prevention and use of safety equipment for sports participation; and

(iii) supervise the training room, maintain and order first aid supplies, and maintain records on student injuries and illnesses relative to sports participation in cooperation with the school health service office.

(e) to give primary consideration to the well-being of individual boys and girls in the conduct of games and sports;

Questions contact: Trish Kocialski, NYSED at pkocials@mail.nysed.gov

(f) to sacrifice no individual for the sake of winning events;
 (g) to conduct all activities under adequate safety provisions;
 (h) to equalize insofar, as possible the powers of opponents in individual and group athletic competition;

(i) to provide adequate health examination before participation in strenuous activity and periodically throughout the season as necessary, and to permit no pupil to participate in such activity without the approval of the school medical officer;

(j) to maintain an equitable division of facilities, budget and personnel between boys and girls;

(k) to permit no athletic team to represent a school except in conformance with this Part;

(l) to approve all traveling of individuals or teams under their jurisdiction;

(m) to permit no post-season games or tournaments;

(n) to permit no post-schedule games or tournaments other than those conducted by school authorities in accordance with approved standards;

(o) to permit any individual or team to represent a school only in games, meets or tournaments which are conducted by secondary school authorities;

(p) to provide opportunity for instruction, practice and competition for pupils in grades four through six in extraclass programs which shall be basically intramural activities;

(q) to provide opportunity for instruction and practice for pupils in grades 7 through 12 in extraclass athletic activities which are intramural activities and approved interschool competition;

(r) to limit athletic activities conducted by the school to appropriate competition and practice between pupils in grades 7 through 12, except that a post-graduate pupil may participate in intramural activities;

(s) to provide the same general degree of opportunity for participation in intramural and interscholastic activities to both males and females.

(ii) **PROVISIONS FOR INTERSCHOOL ATHLETIC ACTIVITIES FOR PUPILS IN GRADES 7 THROUGH 12.** It shall be the duty of the trustees and boards of education to conduct interschool athletic competition for grades 7 through 12 in accordance with the following:

(a) Interschool athletic competition for pupils in junior high school grades seven, eight and nine. Such competition shall be conducted in accordance with the following: Seventh and eighth grade teams may participate only with teams of like grade groups, with the following exceptions:

(1) In junior high school, competition may include grades seven through nine.

(2) In six-year high schools, competition may include grades seven through nine.

(3) In four-year high schools, ninth grade pupils may participate in junior high competition.

(4) A board of education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high school pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity,

physical fitness and skills in relationship to other pupils on those teams in accordance with standards established by the commissioner.

(b) Interschool athletic competition for pupils in senior high school grades 9, 10, 11 and 12. Inter-high school athletic competition shall be limited to competition between high school teams, composed of pupils in grades 9 to 12 inclusive, except as otherwise provided in subclause (a)(4) of this subparagraph. Such activities shall be conducted in accordance with the following:

(1) DURATION OF COMPETITION. A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise provided in this subclause, or except as authorized by a waiver granted under clause (d) of this subparagraph to a student with a disability. If a board of education has adopted a policy, pursuant to subclause (a)(4) of this subparagraph, to permit pupils in the seventh and eighth grades to compete in senior high school athletic competition, such pupils shall be eligible for competition during five consecutive seasons of a sport commencing with the pupil's entry into the eighth grade, or six consecutive seasons of a sport commencing with the pupil's entry into the seventh grade. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. A pupil shall be eligible for interschool competition in grades 9, 10, 11 and 12 until the last day of the school year in which he or she attains the age of 19, except as otherwise provided in subclause (a)(4) or clause (d) of this subparagraph or in this subclause. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1st may be extended under the following circumstances.

(i) If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport was caused by illness, accident, or similar circumstances beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport. In order to be deemed sufficient, the evidence must include documentation showing that is a direct result of the illness, accident or other circumstance beyond the control of the student, the pupil will be required to attend school or one or more additional semesters in order to graduate.

(ii) If the chief school officer demonstrates to the satisfaction of the section that the pupil's failure to enter competition during one or more seasons of a sport is caused by such pupil's enrollment in a national or international student exchange program, that as a result of such enrollment the pupil will be required to attend school for one or more additional semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil's eligibility shall be extended accordingly in such sport. (d) Waiver from the age requirement and four-year limitation for interschool athletic competition for students with disabilities in senior high school grades 9, 10, 11, and 12. For purposes of this clause, the term non-contact sport shall include swimming and diving, golf, track and field, cross country, rifle, bowling, gymnastics, skiing and archery, and any other such non-contact sport deemed appropriate by the Commissioner. A student with a disability, as defined in section 4401 of the Education Law, who has not yet graduated from high school may be eligible to participate in a senior high school non-

contact athletic competition for a fifth year under the following limited conditions: (1) such student must apply for and be granted a waiver to the age requirement and four-year limitation prescribed in subclause (b) (1) of this subparagraph. A waiver shall only be granted upon a determination by the superintendent of schools or chief executive officer of the school or school system, as applicable, that the given student meets the following criteria:

(i) such student has not graduated from high school as a result of his or her disability delaying his or her education for one year or more;

(ii) such student is otherwise qualified to compete in the athletic competition for which he or she is applying for a waiver and the student must have been selected for such competition in the past;

(iii) such student has not already participated in an additional season of athletic competition pursuant to a waiver granted under this subclause;

(iv) such student has undergone a physical evaluation by the school physician, which shall include an assessment of the student's level of physical development and maturity, and the school physician has determined that the student's participation in such competition will not present a safety or health concern for such student; and

(v) the superintendent of schools or chief executive officer of the school or school system has determined that the given student's participation in the athletic competition will not adversely affect the opportunity of the other students competing in the sport to successfully participate in such competition.

(2) REGISTRATION. A pupil shall be eligible for interschool competition in a sport during a semester, provided that he is a bona fide student, enrolled during the first 15 school days of such semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80 percent of the school time, bona fide absence caused by personal illness excepted.

(3) SPORTS STANDARDS. Interschool athletic programs shall be planned so as to provide opportunities for pupils to participate in a sufficient variety of types of sports. Sports standards, such as number of contests, length of seasons, time between contests, required practice days, etc., for all interschool sports shall conform to guidelines established by the Commissioner of Education.

(c) Male and female pupils on interschool athletic teams. (See p. 79)

(1) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex, except in accordance with the provisions of subclauses (2) and (4) of this clause. For the purposes of this clause, baseball and softball shall be considered to constitute a single sport.

(2) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of the pupil, a physician

selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

(3) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. NYSPHSAA NOTE: This clause is to meet the needs of the exceptionally talented girl.

(4) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

§ 135.5 First aid knowledge and skills requirements for coaches.

(a) Coaches of extra class periods in physical education, as defined in section 135.1(h) of this Part, shall meet the requirements of this section.

(b) Except as provided in subdivision (c) of this section, all coaches must hold valid certification in first aid knowledge and skills, including instruction in the administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.

(c) By January 15, 1993 all coaches employed on or after January 15, 1992 must hold valid certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation, as issued by the American National Red Cross, or meet equivalent requirements as set forth in this section.

(d) For the purpose of this section, the following shall be deemed as equivalent to certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation as issued by the American National Red Cross:

(1) completion of an approved course for coaches in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation;

(2) completion of an approved college or university first aid knowledge and skills course, including instruction in administration of adult cardiopulmonary resuscitation;

(3) completion of approved college or university courses in athletic training and sports medicine, which include first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation; or

(4) equivalent experience which is approved by the Commissioner of Education.

(e) Except as provided in subdivision (c) of this section, prior to the start of each sports season, coaches must provide valid evidence to their chief school officer that their first aid and adult cardiopulmonary resuscitation knowledge and skills are current pursuant to the requirements established by the American National Red Cross or that they meet equivalent requirements as set forth in subdivision (d) of this section.

GUIDELINES FOR SPORTS STANDARDS

(As provided for in the Regulations of the Commissioner of Education - Section 135.4 (c) (7) (ii) (b) (3).)

NOTE: The State Education Department shall annually review the sports standards of athletic associations in order to insure that they conform to the intent of the Regulations and these guidelines.

Sports standards adopted by an athletic association shall conform to the following:

1. **Seasons.** Each sport shall be assigned a specific starting and finishing date for all member schools. Any necessary changes in such dates due to local school, league or section problems must be approved by the executive officers of the associations. The length of a season, including all skill testing, conditioning, practice and contests, shall not exceed:

a. **15 consecutive weeks** for crew, cross-country, field hockey, football, lacrosse, outdoor track and field, soccer and team handball;

b. **22 consecutive weeks** for basketball, gymnastics, ice hockey, indoor track and field, skiing, swimming, volleyball and wrestling;

c. **2 separate 15 week periods** (fall and spring) for badminton, baseball, fencing, golf, handball, softball and tennis;

d. **Unlimited season length** for bowling, archery, riflery and table tennis (these need not be scheduled in contiguous segments).

NOTE: It is recommended that an athlete finishing one strenuous or contact sport season and starting another be given a week layoff between seasons and adjustments be made in required practices for such cases.

2. **Time Between Contests.** Each sport shall be designated with an appropriate time between contests, including interschool scrimmages. The time between contests shall be consistent with the nature of the sport in terms of: pupil physical recovery time, injury exposure, specialized practice preparation, as well as the administrative, financial and climatic factors.

3. **Required Practice Days.** Each sport shall be assigned a suitable number of practice days prior to the first scrimmage and contest. A minimum number of practice days shall be established as team practices and a minimum number of practice days shall be required of each participant. Team sports of a strenuous nature shall also have an appropriate number of practice days devoted entirely to physical conditioning before commencing with team skill development activities.

4. **Maximum Number of Contests.** The maximum number of contests which may be established for interscholastic sports during a regular schedule shall be determined in the sections established by the athletic associations of the State. The maximum number of contests shall be limited in accordance with a majority vote of the chief school officers of the schools located within the section. The maximum number of contests established for each sport during the regular schedule is subject to review by

the state athletic associations and may be altered where it is found that disparities in the number of games contribute to unequal competition between teams in different sections.

All sectional post-schedule tournaments shall be approved by the local sectional athletic council or controlling body in which the schools hold membership. All other post-schedule tournaments shall be approved by state athletic associations. (see page 105)

5. **Mixed Competition.** Mixed competition between male and female pupils shall conform to Section 135.4 (c) (7) (ii) (c). An exceptional girl, under this regulation, is a girl who is so far superior to other girls in her school, league, or section that she can only be challenged through participation on a boys' team. (see pages 39, 47, 79)

6. **Participation Rules.** Eligibility standards adopted by an athletic association shall be the same for male and female pupils.

Competition standards for each sport must be the same for male and female sports when the events and rules are identical, and associations shall make an effort to have these standards equitable whenever the events and rules are not identical.

7. **Sports Standards** adopted by an association shall be filed with the New York State Federation of Secondary School Athletic Associations and the New York State Education Department.



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MEMO

From: Trish Kocalski (CIIT), Deb Marriott (OSPRA)

Re: Fingerprinting of Sport Officials

Date: February 19, 2010

OSPRA interpretation of SAVE Legislation on Fingerprinting for Sport Officials:

- 1) A sport official who participates in *less than five events* in a *school district*, per school year, and is under the direct supervision of an employee from the district who meets the SAVE requirement, may be waived from fingerprinting.
- 2) Less than five events includes:
 - all sport levels;
 - all sports;
 - all school buildings in the district during one school year.
- 2) Districts may require all sport officials to be fingerprinted if the monitoring of items 1 and 2 is determined to be too burdensome for the district to manage.



**NEW YORK STATE
SELECTION /CLASSIFICATION PROGRAM
FOR INTERSCHOOL ATHLETIC PROGRAMS**

**New York State Learning Standards for
Health, Physical Education, Family and Consumer Sciences**

*"It is not at what age you participate,
but rather with whom and under what conditions"*

J. Kenneth Hafner

March 2005

**The University of the State of New York
The New York State Education Department
Office of Elementary, Middle, Secondary
and Continuing Education
Albany, New York 12234**

PREFACE



With the adoption of *Learning Standards in Health, Physical Education, Family and Consumer Science*, physical education has been included as a content area in the curriculum, along with other academic subjects. Selection/Classification, a process for screening students approved by the Board of Regents as part of the school eligibility rules* in 1980, is aligned with Learning Standards 1 and 2. These standards state that students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, maintain personal health, and acquire the knowledge and ability to create and maintain a safe and healthy environment.

The State Education Department (SED) has worked collaboratively with the New York State Athletic Administrators Association (NYSAAA), New York State Public High School Athletic Association (NYSPHSAA) and directors of physical education/athletics, to promote physical education and interschool athletic competition statewide. This guide to Selection/Classification procedures, the culmination of a two-year revision process, is one result of this collaboration.

The document represents the shared belief of NYSAAA, NYSPHSAA, the directors of physical education/athletics, and SED that physical education and interscholastic athletic competition are important to the development of the whole child and that students benefit when they can participate in such activities at appropriate levels of maturity and physical ability.

Normally, a student is eligible for senior high athletic competition in a sport during each of four consecutive seasons commencing with entry into the ninth grade. However, by satisfying the requirements of Selection/Classification, a student may receive extended eligibility to permit:

- a) Participation during five consecutive seasons in the approved sport after entry into the eighth grade; or
- b) Participation during six consecutive seasons in the approved sport after entry into the seventh grade.

The intent of Selection/Classification is to provide for students in grades 7 through 12 a mechanism allowing them to participate safely at an appropriate level of competition based upon readiness rather than age and grade. Students do not mature at the same rate and there can be a tremendous range of developmental differences between students of the same age. The program is not to be used to fill positions on teams, provide additional experience, provide a place for junior high students when no modified program is offered, or reward a student. Instead, it is aimed at the few select students who can benefit from such placement because of their level of readiness. It will also be *fairer* to the other students on the modified teams.

*“A Board of Education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness and skills in relationship to other pupils on those teams in accordance with standards established by the Commissioner.” – Commissioner’s Regulation Section 135.4 (c)(7)(ii)(a)(4)

How to Use This Guide



New York State Selection/Classification is a model program that may be implemented at the discretion of all local school districts. It is not mandated. Selection/Classification is intended for use by female and male student athletes in grades 7 - 12, and directly relates to specific interschool sport categories and levels of competition as follows:

Intermediate
Grades 7 – 8

Commencement
Grades 7 – 12

Sports Categories (Girls and Boys)
Attachment J (Girls)
Attachment K (Boys)

Athletic Competition Levels
Modified
Frosh
Junior Varsity
Varsity

The main body of this document is organized to assist the director of physical education/athletics in administering all aspects related to Selection/Classification. This includes the following sections:

Selection/Classification
Implementation Procedures

Selection/Classification
Procedure Checklist

Attachment Forms

There is great diversity among student athletes throughout New York State. Selection/Classification was designed to assess a student's physical maturation, physical fitness and skill, so that the student may be placed at a level of competition that should result in increased opportunity, a fairer competitive environment, reduced injury, and greater personal satisfaction.

SELECTION/CLASSIFICATION IMPLEMENTATION PROCEDURES



Students, teachers, coaches, or parents/guardians may request the director of physical education/athletics to process a student through the Selection/Classification screening procedure. Students will not be exposed to the screening procedure without a specific request.

If a student in grade 7 or 8 has reached the chronological age of 15 years old prior to July 1, they are eligible to participate on high school athletic teams without being processed through the Selection/Classification screening procedure. Only medical approval by the school district physician is required. The reason that these students are eligible for the high school teams is that they are already at an advanced age and will lose some of their four years of high school eligibility due to being over age if not allowed eligibility.

If a student has been processed through the Selection/Classification screening procedure and participated in the 7th grade, the process would not have to be repeated in the 8th grade as long as they remain at the same level of athletic competition in the same sport category. If the student changes levels or sports, the Selection/Classification screening procedure must be repeated to meet the specific athletic performance and developmental standards.

If a student fails to meet one or more of the athletic performance standards related to the Selection/Classification screening process, he/she may be retested as many times as is appropriate for a specific item or items. If there is a sound basis for a special approval, it can be requested from the State Education Department (see Attachment B).

In conclusion, the director of physical education/athletics ensures compliance with the Selection/Classification regulations. Working in this capacity, the director of physical education/athletics is required to implement the following required procedural phases:

- | | |
|----------------|---|
| Phase 1 | Confirm that the school district has approved a resolution to allow students to participate in the Selection/Classification model program. If no such resolution exists, proper steps should be taken to ensure that this first requirement is accomplished. (see Attachment A - Sample Resolution). |
| Phase 2 | Convene a committee, similar to the mixed competition panel, to perform a pre-evaluation assessment of the student to determine if the student has the potential to successfully participate at a higher level of athletic competition. |
| Phase 3 | Process a student through the Selection/Classification procedures when requested by the student, recommended by a coach or physical education teacher, or suggested by the director of physical education/athletics. All students who are to be screened for the program must first obtain parental permission and then start with the school physician. Athletic performance testing may be done only after the school physician gives Selection/Classification approval. |
| Phase 4 | Send letters and forms to the individuals involved in the Selection/Classification process as follows: <ul style="list-style-type: none"> a) Parents – The screening procedure must not begin until the director of physical education/athletics has received parental permission (see Attachment C). b) Health and Developmental Rating by the School Physician – Care must be taken to familiarize the school physician with the Selection/Classification model program and its purpose. It should be emphasized that the screening process to determine the developmental rating of each candidate be as |



- c) **Sport Skill Evaluation by the Coach** – The coach must understand the intent and purpose of the program and he/she must place the student's welfare above all else (See Attachment G).
- d) **Performance Testing** – The performance test must be administered by a physical educator who is not the coach of the team for which the student is being evaluated (See Attachment I).
- e) **Special Approval Request** – If a student is unable to achieve all of the athletic performance testing requirements, the director of physical education/athletics may request special approval from the State Education Department by submitting the Attachment B and the Special Approval Request Application to the Associate in Physical Education. In return, a review process to determine approval or nonapproval will be conducted.

Phase 5 When final approval related to all procedural requirements of Selection/Classification has been granted to the student, he/she may now participate in the tryout period associated with the higher level of specific athletic competition. Additionally, all New York State Public High School Athletic Association (NYSPHSAA) TryOut Regulations found on page 134 of the NYSPHSAA 2010 - 2012 Handbook must be followed.

Phase 6 Mail notices to all schools director of physical education/athletics and section officials announcing the students approved to participate in Selection/Classification and listing their athletic performance scores (See Attachment H).

Mail a letter to the parents of the child explaining the outcome of the screening procedure and outlining the eligibility limitations for their child.

Phase 7 The director of physical education/athletics must maintain a permanent Selection/Classification record for each student who qualifies. This record is to remain on file in the director's office. The following information must be included:

- Individual Athletic Profile (Attachment B)
- Parental Permission (Attachment C)
- Developmental Screening
 - (Attachment D - Males)
 - (Attachment E - Females)
- Athletic Performance Testing (Attachment F)
- Coach's Sport Skill Evaluation (Attachment G)
- Notification of Qualifications (Attachment H)
- Letter to Parent

**DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS
SELECTION/CLASSIFICATION PROCEDURE CHECKLIST**

STUDENT NAME: _____

DATE: _____

☐ **PARENTS**

- Correspondence sent out
- Discussions took place
- Permission slip returned

DATE _____

DATE _____

DATE _____

☐ **MEDICAL APPROVAL**

- Correspondence sent out
- Evaluation returned

DATE _____

DATE _____

☐ **COACH'S SKILL EVALUATION**

- Correspondence sent out (if applicable)
- Evaluation returned

DATE _____

DATE _____

DATE _____

☐ **ATHLETIC PERFORMANCE**

- Correspondence sent out
- Test results returned

DATE _____

DATE _____

DATE _____

☐ **TRYOUT EVALUATION**

- Correspondence sent out (if applicable)
- Evaluation returned

DATE _____

DATE _____

DATE _____

☐ **INDIVIDUAL ATHLETIC PROFILE**

DATE _____

☐ **LETTER SENT TO SCHOOLS/SECTION (copy)**

DATE _____

PARENT LETTER (copy)

DATE _____

**RESOLUTION BY BOARD OF EDUCATION**

WHEREAS, Section 135.4(c) (7) (ii) (a) (4) of the Regulations of the Commissioner of Education provides for a board of education to permit pupils in grades no lower than seventh grade to compete on interscholastic athletic teams organized for senior high school pupils, or senior high school pupils to compete on interscholastic athletic teams organized for pupils in the seventh and eighth grade; and

WHEREAS, these pupils are to be placed at levels of competition appropriate to their physiological maturity, physical fitness and skills in relationship to other pupils in accordance with the standards established by the Commissioner of Education; and

WHEREAS, the State Education Department issues the standards for these pupils to compete under a program called the Selection/Classification Program;

THEREFORE BE IT RESOLVED that the (name of school district) Board of Education shall permit pupils to compete under the Selection/Classification Program in all sports.*

***NOTE:** If any limitation is to be placed on the Selection Classification Program (example: specific sports or specific levels) it shall be specified within the content of the Board of Education resolution.



SELECTION/CLASSIFICATION

INDIVIDUAL ATHLETIC PROFILE

(PLEASE PRINT OR TYPE)

PART I – SCHOOL INFORMATION FOR 20__ - 20__

School _____	Superintendent _____
Address _____	School Physician _____
City _____	Director of P.E./Athletics _____
Zip Code _____	Phone () _____

PART II – PUPIL INFORMATION

Name _____	Date of Birth _____	Age _____
Height _____ (inches)	Weight _____ (lbs)	Sex: ☐ Male ☐ Female Grade _____

PART III – EVALUATION INFORMATION

Sport _____	Desired Level _____ (Varsity, Jr. Varsity, Frosh, Modified)
Parental Permission Received: ☐ (Check)	
Medical Approval: ☐ (Check)	Examination Date ____ / ____ / ____

DEVELOPMENTAL RATING:

Female:
Post Menarche Age (Years + Months)
Developmental Rating:

Male:
Developmental Rating:

ATHLETIC PERFORMANCE TEST RESULTS:

Shuttle Run [] (1/10 sec)	Standing Long Jump [] (feet + inches)	Fixed Arm Hang [] (seconds)	Stomach Curls [] (number)	50 Yard Dash [] (1/10 sec)	1.5 Mile Run [] (min + sec)
----------------------------------	--	------------------------------------	----------------------------------	-----------------------------------	------------------------------------

PART IV – SPORTS SKILLS

Prior Sports Experience: _____

Coach's Rating in Desired Sport: (check)

Below Average ☐ Average ☐ Above Average ☐ Superior ☐

PART V – FINAL PLACEMENT

CHECK LEVEL OF FINAL PLACEMENT AFTER ALL PROCEDURES HAVE BEEN COMPLETED:

VARSITY ☐ JR. VARSITY ☐ FROSH ☐ MODIFIED ☐

**SEE THE REVERSE SIDE FOR SPECIAL ATHLETIC PERFORMANCE APPROVALS
FROM THE STATE EDUCATION DEPARTMENT**



SPECIAL APPROVAL REQUEST APPLICATION

If the pupil listed on the reverse side of this form is unable to achieve the Athletic Performance requirements for the Selection/Classification Program and there is a justified reason for this student be allowed to compete at the desired level despite the unachieved scores, the director of physical education/athletics may request special approval from the State Education Department for permission for this pupil to compete.

Please note that the State Education Department cannot give such an approval unless the school physician has given this pupil an acceptable developmental rating or signed the special case form. Please attach a copy of the developmental rating form signed by the school physician.

Mail this request to: New York State Education Department
Physical Education
Office of Curriculum, Instruction,
and Instructional Technology, Room 320 EB
Albany, NY 12234

This pupil is unable to achieve the physical fitness scores for the following items for _____ (Sport – Level)						
	Shuttle Run	Standing Long Jump	Flexed Arm Hang	Stomach Curls	50 Yard Dash	1.5 Mile Run
Pupil Scores						
Required Scores						

I request that special approval for _____ be granted for the following reasons:

Director of Physical Education/Athletics

_____/_____/_____
Date

STATE EDUCATION DEPARTMENT USE ONLY	
☐ APPROVED	☐ DISAPPROVED
COMMENTS:	
SIGNED: _____ DATE ____/____/____	

PARENTAL PERMISSION

Dear Parent/Guardian:

There is a New York State program that permits a few qualified students to participate on an athletic team beyond their grade placement. It is called the Selection/Classification Program.

Your child _____ (name) may be eligible to participate in _____ (sport) above normal grade level. In order to establish the appropriate eligibility, we must have your permission to begin the Selection/Classification screening process. This screening evaluates your child's physiological maturity, athletic performance abilities (physical fitness), and athletic skill in relationship to other student athletes at the specific participation level. The school physician will evaluate your child using the Tanner Scale, to determine his or her physiological maturity.

If your child can successfully meet the requirements of the Selection/Classification Program, he/she will be allowed to participate in an extended athletic career. Under normal circumstances, a student is only eligible for senior high school athletic competition in a sport for four consecutive seasons commencing with the student's entry into the ninth grade. However, by meeting the Selection/Classification requirements established by the New York State Education Department, your child's eligibility can be extended to permit:

- a) Participation during five consecutive seasons in the approved sport after entry into the eighth grade; or
- b) Participation during six consecutive seasons in the approved sport after entry into the seventh grade.

It is important for you and your child to understand that once the requirements are met and he/she is accepted as a member of the team, he/she cannot return to a lower level team (modified) in that sport in that season. Your child will be exposed to the social atmosphere that is inherent to older students and the high school environment.

Please feel free to contact me regarding this program or to discuss any aspect of your child's athletic placement. If you agree to allow your child's participation in this program, please sign and return the parental permission form to my office.

Sincerely,

Director of Physical Education/Athletics

PARENT/GUARDIAN STATEMENT

I understand the purpose and eligibility implications of the Selection/Classification Program. My son/daughter _____ (name) has my permission to participate in the Selection/Classification Program.

Parent/Guardian signature _____ Date _____

**SELECTION/CLASSIFICATION**
Developmental Screening – Male**THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS**

Student's Name _____ Grade _____
Home Address _____
Date of Birth ____/____/____ Age _____ Sport _____
Desired Level ☐ Varsity ☐ Jr. Varsity ☐ Frosh ☐ Modified
Parental/Guardian Permission Form Received: ☐ Yes

**REQUIRED
RATING FOR THIS LEVEL****TO THE SCHOOL PHYSICIAN:**

Adolescent development of boys is visibly noticeable in body changes at about the age of 13 years and can take as long as four years to complete. The physiological changes are concurrent with sexual development. While it is not true of all boys, most will show stages of this development by hair growth on the face, under the arms, and in the pubic area.

Note: For the purposes of this screening test, a boy will be given a developmental rating based upon the stage of pubic hair growth as observed by you during the health examination.

SCREENING PROCEDURES:

1. REFERENCE THE STAGE OF PUBIC HAIR GROWTH ON THE CHART PROVIDED IN THE MATURITY SCALE BELOW.
2. IDENTIFY THE MATCHING DEVELOPMENTAL RATING NUMBER AND CIRCLE IT.
3. RETURN COMPLETED FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS.

THIS SECTION TO BE COMPLETED BY THE SCHOOL PHYSICIAN**MATURITY RATING**

CIRCLE the number of the drawing and description below which best matches his pubic hair growth.

		NOTE: Directors of physical education/athletics must obtain the male developmental screening page (graphics included) by forwarding an e-mail address or facsimile number to NYSED at emscurric@mail.nysed.gov		
--	--	--	--	--

1

2

3

4

5

CIRCLE THE DEVELOPMENTAL RATING NUMBER**THIS STUDENT HAS A DEVELOPMENTAL RATING AS INDICATED ABOVE:**

SIGNED _____ EXAMINATION DATE ____/____/____
School Physician

SPECIAL CASE

If this boy does not qualify for the developmental rating required by using the standards of the maturity scale on the reverse side of this form, but in your opinion he can safely compete with older boys at the level of play indicated below, you as the school physician may give him approval as a SPECIAL CASE.

STUDENT: _____

SPORT: _____

Physician Statement:

I give my permission for this boy to participate on the team for this sport at the level indicated below:

(Check appropriate level)

☐ Varsity

☐ Jr. Varsity

☐ Frosh

☐ Modified

I realize he did not meet the requirements for this sport using the maturity scale for the Selection/Classification Program, but in my opinion he can safely compete with older boys. I, therefore, give him SPECIAL APPROVAL to play provided he can achieve the required scores on the athletic performance tests and has skills satisfactory to the coach.

NOTE: Before signing, be sure to read the above physician statement carefully.

Signed _____

School Physician

Date ____ / ____ / ____



SELECTION/CLASSIFICATION

Developmental Screening – Female

THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS

Examination Date ____/____/____
 Student's Name _____ Age _____ Grade _____
 Date of Birth ____/____/____ Date of Onset of Menarche ____/____/____
 Sport _____ Level: ☐ Varsity ☐ Jr. Varsity ☐ Frosh ☐ Modified
 Parental/Guardian Permission Form Received: ☐ Yes

**REQUIRED
RATING FOR THIS LEVEL**

TO THE SCHOOL PHYSICIAN:

Signs of female adolescent development may be noticeable as early as age eleven. The physiological changes are normally concurrent with or followed by menarche, and usually take four years to complete. The mean age at which menarche occurs in females is approximately 12 years 7 months.

Note: For the purposes of this screening test, a girl is assumed to have a Tanner 4 developmental age once she has had the onset of menarche. This may be used as an alternative to a breast-staging exam.

SCREENING PROCEDURES:

1. Ask whether the girl has started menstruation.
 - If yes to #1, check Tanner 4 as indicated in box marked "alternative to exam."
 - If no to #1, examine breast development and assign a maturity scale rating (Tanner scale).
2. Return the completed form to the school nurse.

TO BE COMPLETED BY THE SCHOOL PHYSICIAN OR DESIGNATE
OR THE PRIVATE PHYSICIAN FOR REVIEW BY THE SCHOOL
PHYSICIAN

MATURITY SCALE

ALTERNATIVE TO EXAM:

If a girl has had the onset of
menarche, she may be rated
Tanner 4. **TANNER 4** ☐

1. Prepubertal

2. Budding

3. Small adult breast.
Areola not mounded

4. Areola
mounded

5. Adult. Areola
not mounded

NOTE: Directors of
physical education/athletics
must obtain the female
developmental screening
page (graphics included) by
forwarding an email address
or facsimile number to
NYSED at
emscurric@mail.nysed.gov

1

2

3

4

5

CHECK THE APPROPRIATE TANNER RATING SCALE

THIS STUDENT HAS A DEVELOPMENTAL RATING AS INDICATED ABOVE:

☐ Approved ☐ Not Approved

SIGNED _____

School Physician

EXAMINATION DATE ____/____/____



SPECIAL CASE

If this girl does not qualify for the developmental rating required by using the standards of the maturity scale on the reverse side of this form, but in your opinion she can safely compete with older girls at the level of play indicated below, you as the school physician may give her approval as a SPECIAL CASE.

STUDENT: _____

SPORT: _____

Physician Statement:

I give my permission for this girl to participate on the team for this sport at the level indicated below:

(Check appropriate level)

☐ Varsity ☐ Jr. Varsity ☐ Frosh ☐ Modified

I realize she did not meet the requirements for this sport using the maturity scale for the Selection/Classification Program, but in my opinion she can safely compete with older girls. I, therefore, give her SPECIAL APPROVAL to play provided she can achieve the required scores on the athletic performance tests and has skills satisfactory to the coach.

Signed _____

School Physician Date ____ / ____ / ____



ATHLETIC PERFORMANCE TESTING INSTRUCTIONS FOR THE TESTER

_____ (name) has been approved by the school physician to take the Athletic Performance Test components for the sport indicated below. Please proceed with the testing as described in Attachment I and in the following manner:

1. Refer to the instructions on administering the six-item Athletic Performance Test. Read Attachment I and the Description of Athletic Performance Test Items carefully.
2. The test can be given in any time frame and in any order. Any of the six-items may be retested as many times as desired. Please note that the entire six-items may not be required in some sports. Test only those items required for the sport that the student would be playing. Only the best scores should be recorded.
3. Encourage the student to do his/her best on each test item. Before commencing with the test, inform the student of the minimum requirement for each component in order to qualify (See Attachment J).
4. Return this score sheet to the director's office as soon as the test is completed.

ATHLETIC PERFORMANCE TEST SCORES

Student's Name _____ Grade _____ Age _____

Desired Sport _____ Desired Level _____

Test Administered By _____ Date _____

Components

Score

SHUTTLE RUN (nearest tenth) 1/10 seconds

STANDING LONG JUMP (feet and inches to nearest inch) feet + inches

FLEXED ARM HANG (nearest second) seconds

STOMACH CURLS (one for each completed movement) number

50 - YARD DASH (nearest tenth of a second) 1/10 seconds

1.5 - MILE RUN (minutes and nearest second) min + sec



COACH'S SPORT SKILL EVALUATION INSTRUCTIONS FOR THE COACH

Coach _____

Sport _____ Level _____

_____ (student's name) is a candidate for the Selection/Classification Program. As the coach of the team, your complete assessment of his/her skill level is an important factor in this process. Please complete and return this form as soon as possible. The student's parents have given their child permission and the school physician has cleared him/her to be evaluated by you.

1. If you are familiar with the candidate, please write an evaluation of his/her skill level on the back of this sheet. Supporting information would be helpful in determining proper placement, so be specific. If you are not familiar with the candidate, I would appreciate it if you would contact his/her former coaches for their assessment and schedule a short "audition" session if practical.
2. What level of play would you recommend for this student? _____ (level)
Is it likely he/she would be in the starting lineup? ____ Yes ____ No

If not, what percentage of quality playing time would you estimate he/she would receive at that level? ____ %

NOTE:

Students elevated to advanced levels of competition by this process should be few and far between. The program is intended only for the unusually gifted athlete who has the physical maturity and athletic skills to be placed beyond other youngsters in his/her chronological age bracket. Abuses in the program by the decision makers who seek to satisfy the needs of the team rather than considering the well-being of the individual cannot be condoned. There are many potential social/emotional pitfalls that must be avoided, and once a student is elevated, the decision is irreversible. Please keep in mind that no practices may be attended until you are notified by the director's office that the student's parental permission has been granted and the student has successfully completed an athletic health appraisal and development screening by the school physician.

3. Rate this student's skills relative to other members of the team.

☐ Below Average ☐ Average ☐ Above Average ☐ Superior

Coach's Signature

Date

**NOTIFICATION OF QUALIFICATIONS**

TO: Executive Director, Section _____ Date _____

FROM: Director of Physical Education/Athletics School _____

SUBJECT: Selection/Classification - Qualified Students Season: ___Fall ___Winter ___Spring

Please accept this as official notification that the following student(s) successfully completed the requirements of the January 2005 Revised Selection/Classification Program:

				ATHLETIC PERFORMANCE SCORES					
				Shuttle Run	Standing Long Jump	Flexed Arm Hang	Stomach Curls	50 Yard Dash	1.5 Mile Walk/ Run
Name	Grade	Sport	Level						
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									
11.									
12.									
13.									
14.									
15.									

cc: A copy of Notification of Qualifications should be forwarded to the office of the director of physical education/athletics of each school district scheduled for interschool athletic sport competition (use another sheet for additional names).



ATHLETIC PERFORMANCE TEST SELECTION/CLASSIFICATION

Components:

1. Lower Limbs
 - a) Agility - **SHUTTLE RUN**
 - b) Explosive power of muscles – **STANDING LONG JUMP**
2. Upper Body

Arm and shoulder muscle strength and endurance – **FLEXED ARM HANG**
3. Abdomen

Abdominal muscle strength and endurance – **CURL-UPS** (Sit-ups)
4. Speed

Running Speed – **50 YARD DASH**
5. Cardiovascular

Cardiorespiratory system endurance – **1.5 MILE RUN/WALK**

General Rules of Testing

- Component may be retested as many times as desired to achieve the best performance.
- Test components may be administered in any order.
- There is no time frame for testing.

DESCRIPTION OF ATHLETIC PERFORMANCE TEST ITEMS

1. LOWER LIMBS

a) *Item:* **SHUTTLE RUN**

Equipment: Two blocks of wood, 2" x 2" x 4", a split-second stopwatch

Description: Two parallel lines are marked on the floor 30 feet apart. Place blocks of wood behind one of the lines. Athlete starts from behind the other line. On the signal "Ready – Go," the athlete runs to the blocks, picks up one, runs back to the starting line and places it behind the line; then runs back and picks up the second block which and carries it back across the starting line.

Rules: Allow two trials with a maximum of five minutes, rest in between. Athlete may not throw the block of wood; it must be placed behind the line.

Scoring: Record the fastest of the trials to the nearest tenth of a second.

b) *Item:* **STANDING LONG JUMP**

Equipment: Mat or floor and tape measure.

Description: Athlete stands with feet several inches apart and toes just behind the takeoff line. Swing the arms backward and bending the knees, the jump is accomplished extending the knees and swinging the arms forward.

Rules: Allow three trials. Measure from the back edge of the take-off line to the heel or part of the body that touches the floor nearest the take-off line. (Suggestion: Tape the measure to the floor starting at the back of the take-off line and have the athlete jump along the tape so scorer can observe the mark to the nearest inch.

Scoring: Record the best of three trials in feet and inches to the nearest inch.

2. UPPER BODY

Item: **FLEXED ARM HANG**

Equipment: Horizontal bar approximately 1-1/2" in diameter

Description: Adjust bar height so it is approximately equal to the athlete's standing height. Use an overhand grasp (palms away from the face). With two spotters, one in front and one in back, athlete raises body off the floor to a position where the chin is above the bar, the elbows are flexed, and the chest is close to the bar. Hold this position as long as possible.

Rules: a) Start watch as soon as athlete has chin above the bar.
b) Stop watch when chin touches the bar, head tilts back to keep chin above the bar, or chin falls below level of the bar.

3. **ABDOMEN**

Item: **CURL-UPS (Sit-ups)**

Equipment: Mat and stopwatch

Description: Athlete lies on back with knees bent, feet flat on the floor, heels 12" from the buttocks, and back flat on floor. Arms across the chest, fingers on the opposite shoulder, elbows against chest. For a taller athlete, this distance may be adjusted to accommodate him/her. With someone holding the feet down, the athlete brings upper body forward, curling up (sitting up) to touch elbows to thighs. That is one curl-up. Athlete must return to start position before starting next curl-up. Exercise is repeated for one minute and athlete completes as many curl-ups as possible in the one-minute interval.

Rules: Fingers must remain in contact with shoulders, back should be rounded and head should be forward on the way up. Scapula must touch the floor before starting next curl-up. Hips must remain on the floor.

Scoring: Record one curl-up (sit-up) for each completed movement of touching elbows to thighs. No score is giving if the fingertips do not maintain contact with shoulders, or if the elbows are extended, or if the hips leave the ground.

4. **SPEED**

Item: **50 YARD DASH**

Equipment: Track or area marked off 50 yards and split-second stopwatch

Description: With arm raised, a starter uses the command "Ready – Go" and accompanies the command with a fast downward sweep of the arm to provide the time with a visual signal to start the watch.

Rules: Time required between the starter's signal and the instant the athlete crosses the finish line.

Scoring: Record in seconds to nearest tenth of a second.

5. **CARDIOVASCULAR**

Item: **1.5-MILE RUN/WALK**

Equipment: Track or area marked off for 1.5 miles and stopwatch

Description: Standing at starting line, athlete begins to run on the signal "Ready - Go" from starter/timer. Starter/timer positions self at the finish line.

Rules: Walking is permitted. However, the object is to cover the distance in the shortest possible time.

SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

		R A T I O N A L	ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS					
			GIRLS				AUGUST 1992	
			SHUTTLE RUN	LONG JUMP	FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	1.5 MILE RUN
SPORT	LEVEL		1/10 SEC	FT – IN"	SECONDS	NUMBER	1/10 SEC	MIN – SEC
BASKETBALL	VAR	4	10.5	5' 8"	10	46	7.8	15:00
	JV	3	10.7	5' 6"	8	43	8.0	15:30
	FROSH	2	11.0	5' 4"	7	40	8.2	15:45
	MOD	1	11.2	5' 2"	7	38	8.4	16:00
BOWLING	VAR	2	*	*	Special	*	*	
	JV	1	*	*	Tryout	*	*	
	FROSH	1	*	*	Procedure	*	*	
	MOD	1	*	*	Page 77	*	*	
CROSS COUNTRY	VAR	3	11.0	5' 6"	NOT Required	46	8.0	12:00
	JV	2	11.2	5' 4"		43	8.2	12:30
	FROSH	1	11.6	5' 2"		40	8.4	13:00
	MOD	1	11.8	5' 0"		38	8.5	13:30
FIELD HOCKEY	VAR	4	10.5	5' 6"	15	46	7.6	15:00
	JV	3	10.7	5' 4"	13	43	7.8	15:30
	FROSH	2	11.0	5' 2"	10	40	8.0	15:45
	MOD	1	11.2	5' 0"	10	38	8.2	16:00
GOLF	VAR	2	*		Special	*	*	*
	JV	1	*		Tryout	*	*	*
	FROSH	1	*		Procedure	*	*	*
	MOD	1	*		Page 77	*	*	*
GYMNASTICS	VAR	2	11.0	5' 6"	20	46	8.3	NOT Required
	JV	2	11.2	5' 4"	18	43	8.5	
	FROSH	1	11.6	5' 2"	15	40	8.7	
	MOD	1	11.8	5' 0"	13	38	8.9	
LACROSSE	VAR	4	10.5	5' 6"	15	46	7.6	15:00
	JV	3	10.7	5' 4"	13	43	7.8	15:30
	FROSH	2	11.0	5' 2"	10	40	8.0	15:45
	MOD	1	11.2	5' 0"	10	38	8.2	16:00
SKIING	VAR	3	11.0	5' 8"	15	44	NOT Required	15:00
	JV	2	11.2	5' 6"	13	40		15:30
	FROSH	1	11.6	5' 4"	10	38		15:45
	MOD	1	11.8	5' 2"	10	36		16:00
SOCCER	VAR	4	10.5	5' 6"	NOT Required	46	7.6	15:00
	JV	3	10.7	5' 4"		43	7.8	15:30
	FROSH	2	11.0	5' 2"		40	8.0	15:45
	MOD	1	11.2	5' 0"		38	8.2	16:00



SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

		R A T I N G	ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS					
			GIRLS					AUGUST 1992
			SHUTTLE RUN	LONG JUMP	FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	1.5 MILE RUN
SPORT	LEVEL		1/10 SEC	FT – IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC
SOFTBALL	VAR	4	10.5	5' 4"	15	42	7.6	NOT Required
	JV	3	10.7	5' 2"	13	40	7.8	
	FROSH	2	11.0	5' 0"	10	38	8.0	
	MOD	1	11.2	4' 10"	10	36	8.2	
SWIMMING	VAR	3	NOT Required	5' 2"	* 15	44	NOT Required	*15:00 +
	JV	2		5' 1"	13	40		15:30 +
	FROSH	1		5' 0"	10	38		15:45 +
	MOD	1		5' 0"	10	36		16:00 +
* NOT REQUIRED FOR DIVERS – ANY LEVEL								
+ ATHLETES MAY CHOSE EITHER THE 1.5 MILE RUN OR THE 500 YARD SWIM (see page 78 for requirements)								
TENNIS	VAR	2	10.7	5' 2"	10	38	8.3	15:00
	JV	2	10.9	5' 0"	8	36	8.5	15:30
	FROSH	1	11.2	4' 10"	7	33	8.7	15:45
	MOD	1	11.4	4' 10"	7	30	8.9	16:00
TRACK & FIELD	VAR	3	10.7	5' 4"	15	44	7.6	**12:00
	JV	2	10.9	5' 2"	13	40	7.8	12:30
	FROSH	1	11.2	5' 0"	10	38	8.0	13:00
	MOD	1	11.4	5' 0"	10	36	8.2	13:30

* NOT REQUIRED FOR THROWING EVENTS - ANY LEVEL

** REQUIRED FOR DISTANCE RUNNERS (800 meters or above) ONLY - ANY LEVEL

VOLLEYBALL	VAR	3	10.5	5' 8"	15	46	7.8	15:00
	JV	2	10.7	5' 6"	13	43	8.0	15:30
	FROSH	1	11.0	5' 4"	10	40	8.2	15:45
	MOD	1	11.2	5' 2"	10	38	8.4	16:00

Questions contact: Trish Kocialski, NYSED at pkocials@mail.nysed.gov



SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

SPORT	LEVEL	R A T I N G	ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS					
			BOYS					
			SHUTTLE RUN	LONG JUMP	FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	1.5 MILE RUN
			1/10 SEC	FT - IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC
BASEBALL	VAR	4	9.5	7' 3"	30	50	6.5	NOT Required
	JV	3	9.7	7' 0"	26	48	6.8	
	FROSH	2	10.0	6' 6"	22	44	7.0	
	MOD	1	10.5	6' 3"	20	42	7.5	
BASKETBALL	VAR	4	9.5	8' 0"	30	50	6.5	11:00
	JV	3	9.7	7' 6"	26	48	6.8	11:30
	FROSH	2	10.0	6' 10"	22	44	7.0	11:50
	MOD	2	10.5	6' 3"	20	42	7.5	12:00
BOWLING	VAR	2			Special Tryout Process Page 77			
	JV	2						
	FROSH	1						
	MOD	1						
CROSS COUNTRY	VAR	3	10.0	7' 0"	NOT Required	50	6.8	10:15
	JV	2	10.3	6' 6"		48	7.0	10:30
	FROSH	1	10.5	6' 3"		44	7.2	10:50
	MOD	1	10.7	6' 0"		42	7.4	11:00
FOOTBALL	VAR	4	10.0	7' 3"	30	50	6.5	NOT Required
	JV	3	10.3	7' 0"	26	48	6.8	
	FROSH	2	10.5	6' 6"	22	44	7.0	
	MOD-A	2	10.5	6' 3"	20	42	7.5	
	MOD-B	1	10.9	6' 0"	20	40	7.8	
GOLF	VAR	2			Special Tryout Process Page 77			
	JV	2						
	FROSH	1						
	MOD	1						
GYMNASTICS	VAR	3	10.0	7' 0"	35	54	7.3	NOT Required
	JV	2	10.3	6' 6"	30	50	7.5	
	FROSH	1	10.5	6' 3"	26	46	7.8	
	MOD	1	10.7	6' 0"	22	42	8.0	
ICE HOCKEY	VAR	4	10.0	7' 0"	30	50	7.3	11:00
	JV	3	10.3	6' 6"	26	48	7.5	11:30
	FROSH	2	10.5	6' 3"	22	44	7.8	11:50
	MOD	2	10.7	6' 0"	20	42	8.0	12:00



SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

SPORT	LEVEL	R A T I N G	ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS					
			BOYS AUGUST 1992					
			SHUTTLE RUN	LONG JUMP	FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	1.5 MILE RUN
			1/10 SEC	FT" - IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC
LACROSSE	VAR	4	9.5	7' 3"	30	50	6.5	11:00
	JV	3	9.7	7' 0"	26	48	6.8	11:30
	FROSH	2	10.0	6' 6"	22	44	7.0	11:50
	MOD-A	2	10.0	6' 3"	20	42	7.5	12:00
	MOD-B	1	10.5	6' 0"	20	40	7.8	12:30
RIFLERY	VAR	2	NOT Required		15	40	NOT Required	
	JV	2			10	36		
	FROSH	1			7	34		
	MOD	1			4	32		
SKIING	VAR	3	10.0	7' 3"	26	50	NOT Required	11:45
	JV	2	10.3	7' 0"	22	48		12:00
	FROSH	1	10.5	6' 6"	20	44		12:15
	MOD	1	10.7	6' 3"	18	42		12:30
SOCCER	VAR	4	9.5	7' 3"	NOT Required	50	6.5	11:00
	JV	3	9.7	7' 0"		48	6.8	11:30
	FROSH	2	10.0	6' 6"		44	7.0	11:50
	MOD	2	10.0	6' 3"		42	7.5	12:00
SWIMMING	VAR	3	NOT Required	7' 0"	* 30	50	NOT Required	* 11:00 +
	JV	2		6' 6"	26	48		11:30 +
	FROSH	1		6' 3"	22	44		11:50 +
	MOD	1		6' 0"	20	42		12:00 +

* NOT REQUIRED FOR DIVERS - ANY LEVEL

+ ATHLETES MAY CHOOSE EITHER THE 1.5 MILE RUN OR THE 500 YARD SWIM (see page 78 for requirements)

TENNIS	VAR	3	10.0	6' 6"	26	50	7.0	11:45
	JV	2	10.3	6' 3"	22	48	7.3	12:00
	FROSH	1	10.5	6' 0"	20	44	7.5	12:15
	MOD	1	10.7	6' 0"	18	42	7.8	12:30
TRACK & FIELD	VAR	3	10.0	7' 0"	30	50	* 6.8	**10:15
	JV	2	10.3	6' 6"	26	48	7.0	10:30
	FROSH	1	10.5	6' 3"	22	44	7.2	10:50
	MOD	1	10.7	6' 0"	20	42	7.4	11:00

* NOT REQUIRED FOR THROWING EVENTS - ANY LEVEL

** REQUIRED FOR DISTANCE RUNNERS (800 meters or above) ONLY - ALL LEVELS



SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS

SPORT	LEVEL	R A T I N G	ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS					
			BOYS			AUGUST 1992		
			SHUTTLE RUN	LONG JUMP	FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	1.5 MILE RUN
			1/10 SEC	FT" - IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC
VOLLEYBALL	VAR	3	9.8	7' 3"	30	50	7.0	11:45
	JV	2	10.3	7' 0"	26	48	7.3	12:00
	FROSH	1	10.5	6' 6"	22	44	7.5	12:15
	MOD	1	10.6	6' 3"	20	42	7.8	12:30
WRESTLING	VAR	4	9.5	7' 0"	35	54	NOT Required	11:00
	JV	3	9.7	6' 6"	30	48		11:30
	FROSH	2	10.0	6' 3"	26	44		11:45
	MOD	2	10.5	6' 0"	22	42		12:00



SPECIAL TRYOUT PROCESS

BOWLING

As of September 1, 1995, any 7th - or 8th -grade student may be given the opportunity to tryout for a junior varsity or varsity bowling team. At the completion of the tryout sessions, which must include 9 games bowled over a 3-day period, if the individual's bowling average puts him/her in the top 8 of your bowlers, he/she is eligible to be selectively classified.

Every student must continue to meet the developmental screening requirement found in the 1992 Selection/Classification guidelines.

GOLF

As of September 1, 1995, any 7th - or 8th -grade student may be given the opportunity to tryout for a junior varsity or varsity golf team. At the completion of the tryout sessions, which must include 18 holes, golfed over a 3-day period (the first 3 days of the individual's tryout when the course is accessible), if the individual's golf average puts him/her in the top 8 of your golfers, he/she is eligible to be selectively classified.

Every student must continue to meet the developmental screening requirement found in the 1992 Selection/Classification guidelines.

USE THE FOLLOWING CHECKLIST TO ASSIST YOU IN SELECTIVELY CLASSIFYING BOWLERS AND GOLFERS:

- ☐ **PARENTAL PERMISSION (ATTACHMENT C)**
- ☐ **SCHOOL PHYSICIAN APPROVAL**
- ☐ **DEVELOPMENTAL SCREENING (ATTACHMENT D - MALE; ATTACHMENT E - FEMALE)**
- ☐ **TRYOUT SESSION**
- ☐ **DETERMINATION OF ATHLETE'S POSITION IN TEAM LINEUP**
- ☐ **SELECTION/CLASSIFICATION DECISION**

Questions contact: Trish Kocialski, NYSED at pkocials@mail.nysed.gov



SWIMMING

The physical fitness testing procedure for swimming will remain, as stated in the January 1992 Selection/Classification guidelines. The modification is the addition of a swimming option for the endurance component of the physical fitness test. This will allow the athlete to choose which endurance test he/she prefers. It will be necessary to choose one: either the 1.5-mile run or the 500-yard swim. Please note the following scores:

SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS BOYS SEPTEMBER 1995

SPORT	LEVEL	DEV LEVEL	SHUTTLE RUN	LONG JUMP	*FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	*1.5 MILE RUN	*500 YARD SWIM
			1/10 SEC	FT – IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC	MIN - SEC
	VAR	3		7' 0"	30	50		11:00	8:30
	JV	2		6' 6"	26	48		11:30	8:45
	FROSH	1		6' 3"	22	44		11:50	9:00
	MOD	1		6' 0"	20	42		12:00	9:10

* NOT REQUIRED FOR DIVERS – ANY LEVEL

SELECTION/CLASSIFICATION PROGRAM REQUIREMENTS ATHLETIC PERFORMANCE & DEVELOPMENT STANDARDS GIRLS SEPTEMBER 1995

SPORT	LEVEL	DEV LEVEL	SHUTTLE RUN	LONG JUMP	* FLEXED ARM HANG	STOMACH CURLS	50 YARD DASH	*1.5 MILE RUN	* 500 YARD SWIM
			1/10 SEC	FT – IN"	SECONDS	NUMBER	1/10 SEC	MIN - SEC	MIN - SEC
	VAR	3		5' 2"	15	44		15:00	9:00
	JV	2		5' 1"	13	40		15:30	9:30
	FROSH	1		5' 0"	10	38		15:45	9:45
	MOD	1		5' 0"	10	36		16:00	10:00

* NOT REQUIRED FOR DIVERS – ANY LEVEL

REGULATIONS OF THE COMMISSIONER OF EDUCATION ON MIXED COMPETITION

Section 135.4 (c) (7) (ii) (c)

(c) Male and female pupils on interschool athletic teams.

(1) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provisions of subclauses (2) and (4) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

(2) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

(3) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.

(4) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

GUIDELINES FOR MIXED COMPETITION ON INTERSCHOLASTIC ATHLETIC TEAMS

These guidelines are issued to assist schools in the implementation of Section 135.4(c)(7)(ii)(c) of the Regulations of the Commissioner of Education which govern interscholastic competition involving members of both sexes on a single school team. The following general information should be noted by the school personnel who are responsible for the implementation of the Regulations:

- The purpose of the regulation is to preserve the health and safety of students while assuring that students of both sexes have opportunity to participate successfully in interschool competition. Athletic opportunity in mixed competition is allowed under the conditions set forth in the regulations for specific sports identified in subclause (2) of section 135.4(c)(7)(ii)(c), as well as all other sports not so identified.
- The regulation provides for students involved in mixed competition to be placed on teams at appropriate levels of competition based upon the individual's medical history, maturity, physical data, fitness scores and skills. The guidelines are to be used for both junior high school and senior high school programs.
- If a team is organized primarily for one sex and members of the opposite sex are also members, the team should still be classified as either a males' or females' team and continue playing in the same type league.
- If a team was formed originally for one sex but is composed of a significant number of pupils of the opposite sex, it is recommended that separate teams be formed for that sport. This would allow for the greatest number of students to participate and not limit opportunities or have a disproportionate effect on any one sex.
- When there are separate teams for each sex in a specific sport, a male may not try out for a females' team. However, the superintendent of schools may permit a female to try out for a male team, except that competition in the sports identified in subclause (2) of the regulation is subject to the review and approval of a panel. Where separate teams are provided, a female who wishes to tryout for a male team in these sports must have the approval of the superintendent and the review panel. This type of crossover should be based upon that female's athletic ability to compete successfully.
- The sport of boxing is identified in the regulation because it appears in the Title IX Federal Regulations. It is not an indication that the State Education Department considers boxing a desirable sport for secondary students.
- Mixed competition in a sport identified in subclause (2) is subject to review and approval by a panel. This panel must include the school physician and a physical education teacher appointed by the principal and may include a physician chosen

by the student's parent(s). This panel is responsible for determining the readiness of the student in terms of medical health, maturity, fitness and skill of the individual in relationship to other members of the team. The intent of the regulation is to match the student's readiness with an appropriate placement, as well as to provide the pupil with a successful competitive opportunity. When the physical abilities of the individual are deemed by the panel to be short of or exceed the physical abilities of other team members, thereby creating a hazardous condition or unfair advantage for that student or other members of the team, denial of participation would be appropriate.

- These procedures apply only to a student's eligibility to tryout for a team of the opposite sex. The coach must decide if the pupil is to remain on the team or be dropped from the team in the same manner as all other pupils trying out for the team. If a coach has a "no cut" policy, the student of the opposite sex must be allowed to remain on the team the same as other students.

The following chart indicates which regulation provision applies to specific sports and program offerings.

GUIDE TO MIXED COMPETITION APPROVAL FOR INTERSCHOLASTIC ATHLETICS

REGULATIONS OF THE COMMISSIONER OF EDUCATION SECTION 135.4(c)(7)(ii)(c)

	TEAMS PROVIDED IN A SPORT		
1. PANEL APPROVED SPORTS *	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Males on a female team	(Not applicable)	With approval of Supt. or Chief School Officer, Review Panel and Section. ** Subclause (2) & (4)	Not Permitted Subclause (3)
b) Females on a male team	With approval of the Review Panel Subclause (2)	(Not applicable)	With approval of Superintendent or Chief School Officer and Review Panel. ** Subcluse (2) and (3)

2. ALL OTHER SPORTS	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Male on a female team	(Not applicable)	With approval of Supt. or Chief School Officer and Section. Subclause (4)	Not Permitted Subclause (3)
b) Female on a male team	No approval required Permitted under Subclauses (1), (3) and (4)	(Not applicable)	With approval of Superintendent or Chief School Officer Subclause (3)

* Baseball/Softball, Basketball, Boxing, Field Hockey, Football, Ice Hockey, Lacrosse, Rugby, Soccer, Speedball, Team Handball, Power Volleyball (net height less than 8 feet) and Wrestling.

**This order of approvals is recommended so as to avoid the unnecessary formation of a review panel in cases where the superintendent or chief school officer does not wish to approve the student for mixed competition.

Questions contact: Trish Kocialski, NYSED at pkocials@mail.nysed.gov

REVIEW PANEL PROCEDURES

Upon a request to the school authorities for a pupil to participate in mixed competition, as provided in the Regulations of the Commissioner of Education, a review panel shall be formed. The Director of Physical Education should coordinate the activities of the review panel. The information reported on the form, **ATHLETIC PROFILE FOR MIXED COMPETITION**, shall be used by the review panel in making a determination.

COMPLETING THE ATHLETIC PROFILE

Part I: School Information

- Fill in the information as indicated.

Review Panel

- A school physician and a physical education teacher (designated by the principal) shall serve on the review panel as school representatives. The parent(s) of the pupil shall also be given the option of having a physician of choice serve on the panel. If parent(s) elect not to have a physician on the panel and a disagreement on the determination of participation by the pupil develops, the parents should be so advised. If the parents still opt not to select a physician for the panel, it is recommended that the school principal appoint another physician so there are two physicians and a physical education teacher on the panel as intended by the regulation.

- The review panel should convene as soon as feasible in order to give the pupil a reasonable opportunity for an early tryout for the team, if approved to do so.

Part II: Pupil Information

- The Director of Physical Education should be responsible for providing the panel with all available information.

Part III: Physical Education and Medical History

- The information on the physical education history of the pupil should be obtained from the physical education teachers who have had the pupil in classes.

- The school nurse should provide the information on the medical history of the pupil by reference to the available health records.

Part IV: Physical Data

- The school physician shall provide the information obtained as part of the normal health examination for participation in athletics.

- The developmental age or maturity level of the pupil can be established by using the Developmental Screening Procedures used in the Selection/Classification Program (see the August 1992 Selection/Classification Procedures and Standards).

- A determination of general body type should be made by the physician during the health examination. Comments on joint structure would also be helpful.

- If the school physician determines during the health examination the pupil has a physical impairment which would make it unsafe for the pupil to participate in the sport, the review panel need not convene.

Part V: Athletic Performance Testing (Fitness)

- The Athletic Performance Test used in the Selection/Classification Program should be used as a means of assessing the student's fitness level.

- Scores achieved on this test shall be recorded on the profile form where indicated. The test should be administered by a physical education teacher.

- When reviewing the test scores, the panel needs to be made aware that the relative importance of the test item to the demands of the sport in question is reflected in the Selection/Classification Standards.

- When reviewing the test scores, the panel should refer to the standards related to the sex of the team and the level of play at which the pupil wishes to play.

- The Athletic Performance Standards of the Selection/Classification Program are not intended as qualifying or disqualifying scores for mixed competition. The scores that appear in the chart are not absolute requirements for the panel to consider. The scores only provide a reference as to what could normally be found among the members of the team for that sex at that level of play. If the scores of the pupil differ from the standards, the panel should assess the significance of that difference for the pupil being considered. Known strengths and abilities of the team in question should also be considered.

Part VI: Panel Decision

- Once the decision of the panel has been made, the pupil and parents shall be so advised.

- A "YES" decision means the pupil may try out for the team. The coach will then either allow the pupil to remain on the team or be dropped by using the normal try out criteria used for all other pupils trying out for the team.

- The panel decision applies only to the sport and season for which the application was made. Subsequent seasons or sports will require another review. Therefore, all students that have been previously approved to participate in a mixed competition situation must be re-approved each season for each sport in which he/she wishes to participate.

INDIVIDUAL ATHLETIC PROFILE FOR MIXED COMPETITION

PLEASE TYPE OR PRINT

PART I: School Information

Date: _____

District _____ Superintendent _____

City _____ Director of P.E. _____

School Physician _____

Family Physician _____

Physical Education Teacher _____

PART II: Pupil Information

Previous mixed competition ___ YES ___ NO

What sport and level? _____

Name _____

Sport and level being requested?

Age _____ Grade _____ _____

PART III: Physical Education and Medical History

Is the pupil enrolled in regular physical education without restrictions?

___ YES ___ NO If NO, Explain _____

History of conditions, injuries or illness that would be restricting?

___ YES ___ NO If YES, Explain _____

PART IV: Physical Data

Weight _____ lbs Height _____ Feet _____ Inches Maturity Level _____

Body Type (☒ check) Mesomorph: _____ Endomorph: _____ Ectomorph: _____

Comments:

PART V: Athletic Performance Test Scores

Shuttle Run _____ Stomach Curls _____

Long Jump _____ 50 yard dash _____

Flexed Arm Hang _____ 1.5 mile run _____

PART VI: Panel Decision

Approved for tryout: _____ YES _____ NO

Reason(s) _____

Panel Members:

School Physician (print or type name) _____

Signature _____

Physical Education Teacher (print or type name) _____

Signature _____

Family Physician (print or type name) _____
(or other appointee)

Signature _____

DEFINITIONS

ADVISORY COUNCIL: All school personnel of member schools are considered advisory members. They may make recommendations on athletics to the Executive Committee and serve on committees of the Association. (Constitution, Article II, (4)).

AGE OF MAJORITY: Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

ATHLETIC COUNCIL: The administrative body for each of the sections of the NYSPHSAA, Inc. consisting of representatives from leagues and member schools. (Constitution, Article VI, [2])

BONA FIDE STUDENT: A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. (Eligibility Standard #6)

CENTRAL COMMITTEE: The Central Committee is the legislative body of the NYSPHSAA, Inc. consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1) (a)).

CLUB TEAM: Neither the regulations of the Commissioner of Education nor the NYSPHSAA recognize extraclass activities called "club teams". Interscholastic teams may not practice/scrimmage with or compete against "club teams."

COMMISSIONER'S REGULATIONS: The Regulations of the Commissioner of Education are policies and controls enacted by the Board of Regents and administered by the State Education Department. The NYSPHSAA has additional regulations and standards. (see p. 91-155)

COMPETITOR: Any competitor must be a bona fide student in the member school district represented and is considered to be the school team or part of such team. Compliance with all NYSPHSAA bylaws and standards and conformance with all NYSED regulations is required. Participation as an individual competitor counts toward the maximum number of contests permitted and meets the requirements of the Representation Standard (p. 102)

CONDUCTING A CONTEST: All contests shall be under the direction and supervision of qualified school personnel who shall have full knowledge of and give full approval to the plans for the contest. It is necessary to be physically present with authority to change any part of the procedures which are contrary to NYSPHSAA, Inc. policy or not in the best interests of secondary school competitors (Eligibility Standard #25). When a contest or game is held in conjunction with a fund raising effort, the following criteria is required to be met:

1. The host school is required to have the charity event approved by a school administrator and/or Board of Education.
2. The sport specific game rules (NFHS, NCAA, etc.) may not be altered.
3. All NYSPHSAA and NYSED eligibility standards must be followed.
4. Donations may not be made based on the outcome of student performance.

5. If an outside agency or charity is directly involved in the administration, coordination, or organization of the contest, the event must be approved under the Outside Agency rule through the Section Athletic Council.

6. League or conference schedules may not be altered unless mutually agreed upon.

CONDUCTING A HEARING: An impartial panel of three or more representatives may be authorized by a league or a section athletic council to conduct a hearing at an early date after an appeal is made. The presiding officer shall designate a member to keep the minutes of the meeting which should record: those present, the issue in question, the argument of the appellant, the statement of the respondent, the decision of the panel. These minutes become a part of the record of the league or section for transmittal in the event of additional hearings. Each litigant is entitled to representation by counsel.

CONTEST: An interschool competition arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards. (Scheduled Game or Tournament, p. 90)

EXHIBITION COMPETITOR: An exhibition competitor is a bona fide student in the member school district represented and is a non-scoring participant in an interschool contest or tournament. Exhibition competitors may only compete with or against other exhibition competitors and be non-scoring/non-placing in the event. Exhibition competitors may fill open lanes in the sports of swimming and track and field. The maximum number of events permitted at a meet may not be exceeded. Participation as an exhibition competitor counts toward the maximum number of contests permitted and meets the requirements of the Representation Standard (p. 102).

FRESHMAN TEAM: A team comprised of ninth grade students which must follow all high school eligibility rules and standards, and compete only against high school teams. **NOTE:** A freshman team cannot compete against a modified team.

INTERSCHOOL ACTIVITIES: Interschool Activities are those in which students are selected to participate in regularly scheduled practices, are trained, conditioned, coached and play a series of scheduled games with teams of similar skills from other schools.

INVITATIONAL ACTIVITIES: Invitational activities are those games or other events dealing with one sport, arranged by invitation from one school to one or more other schools.

LEAGUE: A group of schools, preferably of similar size and location, who join together for the purpose of administering athletic competition and other educational activities. (Constitution, Article VI)

MAXIMUM NUMBER OF CONTESTS: An individual may not participate in more than the number of contests established for a sport (Sports Standards Chart p. 108, 138). A participant is a contestant representing a school who enters and engages in that contest. Furthermore, a team may not schedule more than the maximum number of contests stipulated in the Sports Standards Chart (even though some members of the team have not participated in the maximum number of contests.) **NOTE:** A forfeiture is considered a contest.

NATIONAL TEAM MEMBER: One who is selected by the national governing body of a sport on a national qualification basis either through a defined selective process or actual tryouts for the purpose of international competition which requires the entries to officially represent their respective nations.

NEXT PREVIOUSLY SCHEDULED CONTEST: This is the same as the next contest which originally was in the schedule. No attempt should be made to insert a non-league contest into a sports schedule after a key player has been disqualified in order that the player would not participate in a meaningless game. This totally violates the intent of this rule and is not permitted. The ejected player or coach must not participate in the next previously scheduled contest. Any post season competition is considered previously scheduled. (Sportsmanship, p. 103)

OLYMPIC DEVELOPMENT PROGRAM: A training program for competition:

(a) conducted or sponsored by the United States Olympic Committee or

(b) directly funded and conducted by a national governing body on a national level or

(c) authorized by a national governing body for athletes having potential for future national team participation.

OUTSIDE TEAMS: An outside team is a group of contestants organized and/or sponsored by other than secondary school authorities for competition in a specific sport.

OVERTIME: Sections will have the authority to decide if overtime sessions will be played in a particular sport. If approved, the overtime procedure included in the sport specific rule book must be followed. Any approved waiver or modification of the overtime procedures are noted in the Sport Standards section (110-123).

PARTICIPATION: Except as found in the Duration of Competition standard, "participation" defines if an athlete has competed in a contest. Students are charged with a contest once they enter the contest. In team sports once they enter the game they are charged with a contest. In individual sports, once they enter the contest (or event) they are charged with a contest. It matters not if the athlete competes for two seconds or the entire competition, they have participated in a contest. (Representation, p. 102)

POST SEASON: A post-season contest is a game, meet or tournament played after the close of the last day of the season for that sport. (Eligibility Standard #21).

POST SCHEDULE: A post schedule contest is any game, meet or tournament that is held following the completion of the league and/or sectional schedule but prior to the end of the season established by the section.

PROFESSIONAL: A professional is (1) a contestant (or other person acting in his behalf) who accepts money or merchandise (other than medals, ribbons, or appropriate trophies) for participation in an athletic event, or (2) a contestant who signs a contract with a professional team. (Eligibility Standard #2).

RECRUITMENT: An act, on behalf of or for the benefit of a school, which attempts to influence a student to transfer to a member school for the purpose of participating in athletics.

REGIONAL COMPETITION: Any competition between sections after the sectional tournaments in that sport are completed.

SCHEDULED GAME OR TOURNAMENT: A contest arranged by school personnel in accordance with the Regulations, Eligibility and Sports Standards is a scheduled game or tournament. (Contest, p. 88)

SCHOOL AUTHORITIES: Trustees and boards of education are school authorities who may employ school personnel to act as their agents in carrying out their duties.

SECTION: One of the eleven geographic areas into which the state is divided by the NYSPHSAA, Inc. for the purpose of administering the athletic program for the member schools therein is under the jurisdiction of the Section Athletic Council. [Constitution, Article VI, (2) - (5)]

SECTIONAL COMPETITION: Games or meets conducted at the conclusion of the league schedule for the purpose of determining sectional champions. In those activities in which state championships are held in classes, sections may conduct interclass contests after determining their winners by classification.

SEMESTER: A semester is one-half of the school year covering a span of 18 to 20 weeks between September 1 and January 31, or the span of 18 to 20 weeks between the close of the first semester and June 30.

SPORTS SEASON: A sports season is a period of participation in a specific sport with limitations indicated in the Sports Standards. (Eligibility Standard #28)

SUSPENDED GAMES/PROTESTED GAMES: For suspended games, the game rules for that sport must be followed or in the absence of such rules the game will continue from the point of interruption and may be scheduled on the next consecutive day. This applies to all sports. A game or part of a game replayed as a result of a protest decision must adhere to the required nights of rest. The latter will not count as an extra game. If a contest is suspended, all violations of the NYSPHSAA Sportsmanship Rule and/or any yellow/red cards received during that contest will be enforced regardless if the contest is replayed in its entirety or resumed from the point of interruption.

TAUNTING: Taunting includes, but is not limited to, any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean other players, coaches or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talk"), reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc. (Sportsmanship, p. 103)

TRANSFER STUDENT: A transfer student is one who has changed registration from one school to another. (Eligibility Standard #30).

NYSPHSAA, Inc. BYLAWS and ELIGIBILITY STANDARDS

These standards are the rules of the New York State Public High School Athletic Association, Inc. and apply to grades 9-12. **Athletes must meet all standards of eligibility for practice and competition.** "All schools agree to abide by the minimum eligibility rules adopted by the Central Committee in all interscholastic competitions." - NYSPHSAA, Inc.. Constitution, Article II. (2). They are effective August 1, 2010.

1. AGE AND GRADE: Regulation of the Commissioner of Education: A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. **NOTE:** Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Selection/ Classification Program. The 15 year old below the 9th grade needs only to meet selection/classification maturity standards to be eligible at the high school level. (Duration of Competition, p. 46, 94)

Reporting Procedure: All violations shall be reported to the League and Section.

2. AMATEUR:

a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:

1. Competing for money or other compensation (allowable travel, meals, and lodging expenses may be accepted).

2. Receiving an award or prize of monetary value which has not been approved by this Association. **NOTE:** Only awards or prizes having a monetary value of two hundred fifty dollars (\$250) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition.

3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).

4. Signing a professional playing contract in that sport.

b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not effect amateur standing.

c. A student who violates the above rule may apply to the league or to the designated body within that section for reinstatement one year from the date of the latest violation.

Reporting Procedure: All violations shall be reported to the League and Section.

3. APPEAL PROCEDURE: The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from schools, leagues and sections.

a. All questions of eligibility and all questions regarding the implementation of the rules and regulations of the NYSPHSAA, Inc. or of any of its subdivisions shall be referred to the league president for a decision unless the league provides for another method for reaching a decision. The league shall be guided by the constitution, bylaws, rules, regulations, and sports standards of the league, the section, and the association.

A school which does not belong to a league may apply to the section president for a decision. All appeals are to be in writing and are to be initiated at the league level. NOTE: While an appeal is being processed a student(s) may participate in practice sessions commencing from the date the appeal was filed.

It is provided, however, that all questions pertaining to general eligibility involving a Sectional activity shall be taken directly to the Athletic Council or its designee; and it is provided further, however, that during regional and state championship activity, all questions concerning the rules and regulations of the NYSPHSAA, Inc. and questions of general eligibility shall be referred to the Executive Director of the NYSPHSAA, Inc. or his or her designated representative for such contests if he or she is unavailable. Because of time constraints, the decision of the Athletic Council or the Executive Director, as the case may be, will be final with no right of formal appeal to the Appeal Panel or other administrative body. Any and all questions and/or protests as to game/meet rules or as to the conduct of the game or meet shall be heard and decided by the game/meet committee established by that Section or State Sport Championship Committee as the case may be; and all such decisions shall be final with no right of appeal.

b. Appeals from the decisions of league presidents and section presidents may be made to the Athletic Council which will review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decisions of the league or section president. The decisions of game officials shall be final unless the individual league or section has made provisions for review. In any event, the Appeal Panel will not review any such decisions.

c. An appeal from the decision of the Athletic Council may be taken to the Appeal Panel of the NYSPHSAA, Inc. which shall review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decision of the Athletic Council. Such decisions shall not be reversed or modified unless the Appeal Panel finds that:

1. The decision of the Athletic Council clearly is contrary to the evidence presented.

2. The facts found by the Athletic Council constitute a violation of the Association's Constitution, standards or rules, or Regulations of the Commissioner of Education, or

3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.

d. An aggrieved party shall be one or more member schools of the NYSPHSAA, Inc. and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc. of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of \$200.00 must be received from the aggrieved party prior to the appeal hearing. The Executive Director of the NYSPHSAA, Inc. shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.

A written brief shall contain: 1. A table of contents, 2. A concise statement of the nature of the appeal and the questions involved, 3. A concise statement of the facts with the supporting references to the transcript of any proceedings had or to a

summary of the proceedings as submitted by the recording secretary if there be no transcript, 4. The arguments, which shall be divided into points by appropriate and distinct headings, 5. Exhibits, if any.

e. The Appeal Panel shall be comprised of three persons consisting of the NYSPHSAA, Inc. current past president, who shall serve as chairperson, one representative from the coordinators of a sectional appeals committee, and one representative from section executive directors / secretaries. Should a representative from any of these categories be unable to serve, the Executive Director will select a representative from the Central Committee. The Executive Director and NYSPHSAA, Inc. Counsel shall serve in a ex-officio capacity.

f. Expenses incurred by the Appeal Panel members shall be shared in the following manner: One-fourth from the NYSPHSAA, Inc., one-fourth from the section involved and one-half from the appellant. Expenses include all necessary and customary travel expenses, including, but not limited to mileage, lodging and meals.

g. If a section is involved in an appeal no representation shall be selected from that section.

h. The decision of the Appeal Panel shall be the final administrative appeal through the NYSPHSAA, Inc. and shall be final.

i. Any member school which institutes an unsuccessful legal action or appeal before the Commissioner of Education to overturn, stay or enjoin an eligibility ruling or a rule or rules of the NYSPHSAA or its subdivisions will be liable for reasonable costs and attorney fees incurred by the NYSPHSAA, section(s) or leagues in defending against such action. Further, should the Association or its subdivisions be forced to initiate legal action to collect the aforementioned costs and attorney fees, the member school shall be additionally liable for the Association's reasonable costs and attorney fees resulting from the collection action and shall be deprived of all rights to participate in any post schedule championship conducted by the NYSPHSAA or its sections.

Any member school which does not make final payment of costs and fees by June 30 of that year shall be denied membership in the Association.

j. Eligibility Standards may be made more restrictive by individual sections. Any appeal involving a more restrictive standard shall not be heard by the Appeal Panel and the decision of the section shall be final. **NOTE:** If a school, League, or Section becomes a plaintiff or defendant in litigation based on the enforcement of its own rules, NYSPHSAA, Inc. rules, or the Regulations of the Commissioner of Education, this Association offers consultative legal advisement. Requests for consultation are to be directed to the President or the Executive Director, who may refer the question to Counsel. The authorization for payment of legal fees for representation by this Association is limited to actions in which the NYSPHSAA, Inc. is the primary defendant or respondent. After the local action is completed, the Association may offer to appear amicus curiae during Appellant Review.

4. APPROVED OFFICIALS: Officials shall qualify through completion of the Officials' Five Point Program. Each approved official shall:

1. Observe the constitution and bylaws of their local and state officials organization.

2. Attend interpretation meetings and clinics of the local organization each year.

3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.

4. Pass the National Federation, State, or other approved rules examination.

5. Be listed with the NYSPHSAA, Inc. Executive Director.

NOTE: To insure quality competitive experiences, the selection and assignment of officials must provide priority to competent officials (those who have been trained and tested in the approved rules and regulations of the specific game to be officiated). (See OCF, p. 158-165)

5. **ASSUMED NAME:** Participating under an assumed name in any athletic contest shall make the student/athlete ineligible in that sport for one year from the date of the violation.

Reporting Procedure: *All violations shall be reported to the League and Section.*

6. **BONA FIDE STUDENTS: Regulation of the Commissioner of Education:** A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school. **NOTE:** A student in a shared services part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three subjects as well as meeting the Physical Education requirement, who has not completed requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPSHAA office.

Students may only be selectively classified between member schools. Furthermore, to be eligible to be selectively classified into a member schools' athletic programs a student must be registered in that school district.

COMBINING OF TEAMS - The joining together of students from two or more member schools in the same district or close proximity to form a single team shall be permitted subject to the following conditions:

1. Permission must be obtained from their league and section on an annual basis.

2. Section approval must be reported to the NYSPHSAA, Inc. Executive Committee.

NOTE: If a combined school team goes beyond sectional level competition their boys and girls grades 9-11 enrollment shall be combined for state level competition.

Reporting Procedure: *All violations shall be reported to the League and Section.*

7. **COLLEGE:** A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season.

Reporting Procedure: *All violations shall be reported to the League and Section.*

8. **DURATION OF COMPETITION: Regulation of the Commissioner of Education:** A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise specified by the Commissioner's Regulations. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July first may be extended under the following circumstances.

(i) If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport was caused by illness, accident, or similar circumstances beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport.

Appeals should be filed with the Section office.

(ii) If the chief school officer demonstrates to the satisfaction of the section that the pupil's failure to enter competition during one or more seasons of a sport is caused by such pupil's enrollment in a national or international student exchange program or foreign study program, that as a result of such enrollment the pupil will be required to attend school for one or more additional semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil's eligibility shall be extended accordingly in such sport (see p. 46, 94).

Appeals should be filed with the Section office.

9. FOREIGN STUDENTS and INTERNATIONAL STUDENTS:

The following criteria apply to all Foreign Exchange and International students:

1. Students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program.

2. No member of the school's coaching staff or athletic director, paid or voluntary, shall serve as the host family. School districts may apply to the Section for a waiver if the student is living with a member of the school's coaching staff or athletic director and if the student has not played the sport competitively.

3. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.

4. Students must possess the appropriate visa.

5. The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.

In addition to the aforementioned criteria, the following applies to:

A. FOREIGN EXCHANGE STUDENTS - All Foreign Exchange Students must be reported to the Section office using the appropriate form.

1. Foreign Exchange Student definition: A foreign exchange student is a student that is enrolled in a NYSPHSAA member school that is a participant in a foreign exchange program. The foreign exchange program may or may not be accepted for listing by the CSIET.

a. A bona fide Foreign Exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student (a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for International Travel (CSIET) and (b) complies with all State Education Department and NYSPHSAA, Inc. standards. Students that are not in an approved CSIET program are subject to the Transfer Rule. NOTE: CSIET list is available at www.nysphsaa.org

b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the Foreign Exchange student to a school for athletic purposes. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The Foreign Exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities. School districts will be notified by NYSPHSAA if a student is considered to be a "Direct Placement" by CSIET standards. Those Foreign Exchange students

who are Direct Placements are subject to the Transfer Rule. (page 106)

B. INTERNATIONAL STUDENTS - When needed, International students, must receive a waiver of the Transfer Rule to be eligible to practice or compete. Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

1. International Student definition: An International student is a student that is enrolled in a NYSPHSAA member school, who is not enrolled in a foreign exchange program nor living with his/her parents (or other persons with whom the student has resided for at least six months).

a. All International students are considered to be transfer students. Eligibility is determined under the transfer rule. **NOTE:** If an International student has participated in an organized sports program in a particular sport, equivalent to or on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the International student to a school for athletic purposes.

NOTE: Noncompliance with one or more of the foregoing provisions shall render the Foreign Exchange or International student ineligible for interscholastic athletics at any high school which is a member of the NYSPHSAA. (2010)

10. HEALTH EXAMINATION: Regulation of the Commissioner of Education: A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer.

NOTE: Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be requalified by the school physician prior to participation. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts. **NOTE:** The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

11. INTERNATIONAL CONTESTS: Member schools may sponsor contests for their athletic teams with foreign countries secondary school teams for the purpose of cultural exchange and competition under the following conditions:

a. League, Conference and Sectional schedules may not be altered to accommodate such a contest.

- b. Teams with whom contests are scheduled must be comprised of players comparable in ages to our senior high school level.
- c. All competitors on the New York State high school team must be eligible according to NYSPHSAA, Inc. regulations.
- d. All contests must be scheduled according to appropriate sport standards.
- e. No such competition may take place four weeks prior to the starting date of that sport season as established by the Section.
- f. The number of organized practice sessions in preparation for international competition shall be restricted to the number required before a first contest in that sport.
- g. The Section must approve the plans and the NYSPHSAA, Inc. Executive Director must be notified at least sixty days prior to the scheduled departure.
- h. When hosting an international contest, sanctioning request forms must be initiated by the host member school through NFHS (www.NFHS.org). One application per state will be filed when a foreign team tours and plays more than one school.
- i. When hosting an international contest, the contest must be conducted within the school's sport season as established by its Section Athletic Council and must be counted as one of the maximum number of contests. The hosting of a scrimmage with a foreign school's team does not require sanctioning. It is the school's responsibility to determine that the criteria listed in this section and Eligibility Standard 12; Interschool Scrimmage/Practice Session are satisfied.
- j. A complete report, including a detailed financial statement, involving all phases of the competition shall be filed with the NFHS and the State Association within thirty (30) days following final competition.

National Federation Sanction is necessary for international competition. Forms for requesting this sanction must be completed online using the NFHS website (www.NFHS.org/sanctioning) and must be filed 60 days prior to date of competition.

12. INTERSCHOOL SCRIMMAGE: A scrimmage is a practice that is a **SIMULATED CONTEST**. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) **GAME RULES MUST BE ALTERED - SEE SPORT SPECIFIC REQUIREMENTS** (p. 111-123), (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook, (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

13. INTERSTATE CONTESTS: Sanctioning is a means of encouraging well-managed competition. The sanctioning program has the primary purpose of protecting the welfare of high school students. A secondary purpose of the sanctioning program is to protect the existing programs sponsored by member schools. Schools may obtain information regarding the sanctioning process and print Application for Sanction forms (NYSPHSAA or NFHS applications) from the NYSPHSAA website www.nysphsaa.org/sanctioning.

- a. When schools schedule interscholastic contests with schools in other states, each school will observe its own State regulations and standards of eligibility.
- b. No member school will engage in athletic competition, **scrimmage and/or practice** with an out-of-state school which is not a member in good standing of its respective state high school athletic association or has not been approved by the respective state association if the school is ineligible to join. Furthermore, member schools will not

compete in any interstate contest which is sponsored solely by an outside agency. For dual contests it is the school's responsibility to determine that these criteria are satisfied.

c. A member school wishing to host a contest involving an out-of-state school must file an application for Sanction for any contest involving four or more schools, or any contest involving three or more states. Timeline, application fee and application form information is available on the NYSPHSAA website, www.nysphsaa.org/sanctioning.

d. A member school planning to participate in an interstate contest involving four or more schools, or any interstate contest which is cosponsored by an organization other than a member high school, must give notice of entry to the NYSPHSAA, Inc. office so that the school may receive verification that the contest has been sanctioned. **NOTE:** Failure to comply with the above regulation may cause a team or individuals to be ineligible from that date of participation for the remainder of that sport season.

14. **MIDDLE OR JUNIOR HIGH SCHOOL:** Member schools with students in grades 7, 8, or 9 have agreed to abide by the rules of our Modified Programs. Situations not covered in the Modified Rules will follow the high school standards.

15. **MIXED COMPETITION: Regulation of the Commissioner of Education.** Male and female pupils on interschool athletic teams. See p. 79 for details.

(a) Equal opportunity to participate in interschool competition, either on separate teams or in mixed competition on the same team, shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provisions of subclauses (b.) and (d.) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

(b) In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school, and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

(c) Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. NYSPHSAA NOTE: This clause is to meet the needs of the exceptionally talented girl.

(d) Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

The NYSPHSAA requires that the names of girls and boys who participate on a team of the opposite sex be submitted to the league and section before any interschool contest in that sport. Teams with multiple representation of boys and girls must be declared either a girls team or a boys team by their schools, prior to the first competition.

NOTE: Teams organized for one sex may only practice and compete against teams of that same sex. Furthermore, once an individual competes on a team for one sex during a season, he/she may not compete for or against a team organized for the other sex during that season. (Representation, p. 102)

16. NATIONAL TEAM/OLYMPIC DEVELOPMENT PROGRAMS: A student may participate as an individual as a member of a National Team or in an Olympic Development Program during the school year. To participate in NYSPHSAA programs in that sport, individuals must meet the sports' standards.

17. NON-FEDERATION MEMBER SCHOOLS: No scrimmage or game shall be played with other than public and those private and parochial schools that belong to the New York State Federation of Secondary School Athletic Associations. Verification of membership may be secured from the NYSPHSAA, Inc. Executive Director.

All other schools which are registered with the State Education Department shall apply for Friends and Neighbors status to be eligible to compete with NYSPHSAA, Inc. member schools. Applications must be processed through the Sectional Athletic Council in which the school is located. The application shall contain the agreement to abide by the NYSPHSAA, Inc. rules and will be signed by the applicant. The application, with an administrative fee of two hundred dollars, shall be forwarded by the Section Secretary to the Executive Director of the State Association with recommendations and substantiating statements for or against approval. The State Executive Committee shall make the final determination. Approval shall only be for a period of two years at which time schools may reapply for Friends and Neighbors status. **NOTE:** 1. Friends and Neighbors schools may compete against NYSPHSAA, Inc. member schools only through the league level of play. 2. Friends and Neighbors schools are eligible to compete with NYSPHSAA, Inc. member schools in all Sections excluding post-schedule contests. 3. The \$200.00 fee is payable every two years.

18. OUTSIDE AGENCIES: Cooperation is permitted with any organization, college, or university which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.
2. Secondary school personnel shall be responsible for planning and for conducting the activity.
3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner's Regulations, and policies and standards of the NYSPHSAA, Inc.
4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.
5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc. HANDBOOK.
6. Financial arrangements are to be clearly specified in the application for approval.

19. PENALTIES:

(a) If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however the performances and outcomes of the other individuals would stand.

(b) Procedures to address forfeitures during post schedule tournaments shall be as follows:

1. **Team Sports.** Participation by an ineligible player or team in any post schedule tournament game (sectional, intersectional, regional, semifinal or final) shall result in forfeiture of that game. At the time of discovery the school declared ineligible will be disqualified from the tournament immediately and their last opponent will advance in their place. Schools eliminated prior to the last opponent will not reenter tournament competition.

2. **Individual Sports.** Participation by an ineligible contestant in any post schedule tournament competition (sectional, intersectional or state championship) shall result in the forfeiture of that competition. The contestant will be disqualified from the tournament immediately and his/her last opponent will advance in their place. Individuals eliminated prior to the last opponent will not reenter the tournament competition.

(c) If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

(d) For any violation of eligibility or sports standards a school or a school authority may be censured, placed on probation, or suspended by the Section Athletic Council.

(e) *Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.*

(f) *School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District's control.*

(g) If a coach/supervisor violates the NYSPHSAA Code of Conduct the following action will be taken:

1. The school and Section will be notified immediately.
2. Documentation of the incident will occur.
3. A recommendation from the Section for disciplinary action will be given.

If a student is ineligible according to NYSPHSAA, Inc. Bylaws and Eligibility Standards or Commissioner's Regulations but is permitted to participate in interschool competition contrary to such rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the NYSPHSAA, Inc. and said injunction is subsequently voluntarily vacated, stayed, reversed, or finally determined by the courts that injunctive relief is not or was not justified, any one or more of the following actions may be taken against such school in the interest of restitution and fairness to competing schools:

1. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.
2. Require that team victories shall be forfeited to opponent.

3. Require that team or individual awards earned by such ineligible student be returned to the Association.

20. POST-SCHEDULE: No team, or individual student may represent its school in any post-schedule contest other than those conducted by school or State Association authorities in accordance with approved standards. **NOTE:** If contests are within the season established by the Section, within the maximum number allowed and conducted by school authorities, they are allowed.

21. POST SEASON: No team, or individual student, may represent its school in any post-season games, meets, or tournaments.

22. PRACTICE SESSIONS: Athletes must meet all Standards of Eligibility to participate in practice.

a. An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport. Athletes who switch from a contact/collision or limited contact/impact sport to a strenuous/noncontact or nonstrenuous/noncontact sport are permitted to count conditioning practices toward their new sport as follows:

1. Sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days.

2. Sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days. (Contact/collision or limited contact/impact sports include field hockey, football, ice hockey, lacrosse, soccer, wrestling, baseball, softball, diving, gymnastics, skiing, and volleyball. Strenuous/noncontact or nonstrenuous/noncontact sports include cross country, track and field, swimming, tennis, bowling, golf and riflery.)

NOTE: Athletes whose seasons are lengthened due to participation in NYSPHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1. sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days; 2. sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days.

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days is prohibited. Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities. **NOTE:** Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the

high school squad in that sport.

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1. if such programs are not mandated by coaches or school personnel; 2. if such programs are available to all students.

d. Non school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. *It is recommended that no school equipment be used for these programs as per State Comptroller Opinion 85-37.*

e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

f. Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation as long as the athletes/teams do not scrimmage before the required number of practices has been completed.

23. PROFESSIONAL TRYOUTS: No tryouts for, or practice, with professional teams and their affiliates, are approved except during the summer vacation. A student who participates in such a tryout is ineligible to represent the school in that sport. (see Amateur Rule, p. 91) *A school may apply on behalf of the student to their section for reinstatement one year from the date of the latest violation.*

24. RECRUITMENT AND UNDUE INFLUENCE: Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or to enter the ninth grade at a member school for athletic purposes - whether or not the school presently attended by the student is a member of the NYSPHSAA.

a. The use of undue influence to secure a student for competitive purposes in a sport is prohibited. An infraction shall cause the student to forfeit eligibility in that sport for one year from the date of enrollment. The offending school shall be subject to provisions of Bylaw 19 (D).

b. Evidence of undue influence includes, but is not limited to, personal contact by coaches and sponsors in an attempt to persuade transfer, gifts of money, jobs, supplies, clothing, free transportation, admission to contests, invitation to attend practices and/or games, or free and/or reduced tuition.

25. REPRESENTATION:

a. A contestant, or athletic team, shall not represent a school except in conformance with all rules and regulations. It shall be the duty of trustees and boards of education to require that athletic activities be limited to competition between secondary school students.

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests during the season. To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests which occurred on six different dates during the season. An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. Contestants in individual sports (archery, badminton, bowling,

cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling) must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule. (Participation, p. 89)

Section Athletic Councils may request in writing approval of the State Executive Committee to adjust the number of school scheduled contests required on an annual basis. The request is to be submitted prior to the governing board meeting. School districts may submit a written request to the Section for adjustment of contests for individual participants. Note: For the sports of golf and girls gymnastics, a waiver of the Representation Standard may be granted by the NYSPHSAA Executive Director when a student has qualified for participation in the current school year's NYSPHSAA championship event and has subsequently transferred to a NYSPHSAA member school. The athlete must meet all other eligibility standards, including transfer, to receive the waiver.

b. All games, meets, and tournaments must be conducted by appropriate secondary school authorities.

c. Participation by a student in more than one sport in the same time division shall be determined by the Section Athletic Council.

d. Games and practice between students and adults (alumni or faculty) are not approved.

e. To avoid unfair advantage a student who elects to participate in an interschool sport may not represent a school in that sport in a subsequent season in that school year.

26. SENIOR ALL-STAR CONTEST: A senior all-star contest shall be any athletic contest for which admission is charged or donations accepted in which one or more of the competing teams is composed of one or more players who during the school year was a member of the high school team in the same sport, and whose participation in the senior all-star contest is based on outstanding performance as a member of the high school team.

a. The only senior all-star contests approved by the NYSPHSAA, Inc. are those approved by a section. These contests must be approved first by the Section in which the contest is to be held, by the NYSPHSAA, Inc. Executive Director, and reported to the Executive Committee.

b. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.

c. A contestant may participate in no more than one approved senior all-star athlete contest in the same sport during the school year.

d. All approved senior all-star athlete contests must be conducted within the approved sport season.

e. All application criteria established for the Senior All-Star Contest must be followed. The criteria and contest application shall be obtained from the Section Secretary or Association office.

27. SPORTSMANSHIP: The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

a. Coach:

1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. **NOTE:** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. (see Taunting, p. 90, Next Previously Scheduled Contest, p. 89) Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

Any coach:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the disqualification penalty takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

2. A coach who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

b. Player:

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation. (see Taunting, p. 90, Next Previously Scheduled Contest, p. 89)

Any player:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense. **NOTE:** Member of the squad includes player, manager, score keepers, timers, and statisticians.

c. **Official:**

1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the section executive director. A request will be made to the appropriate sport officials chapter to investigate the incidence and to report their action to the section in a timely manner.

28. SPORTS SEASONS: Section Athletic Councils, with the approval of the NYSPHSAA, Inc. Executive Committee, shall determine all sports seasons within the limits of the Commissioner's Regulations. **NOTE:** If a team competes in the same season in which a state championship (regional competition and beyond) is conducted as designated by the NYSPHSAA, Inc. Executive Committee, then the team and its players are ineligible to compete in any other season in that sport in that school year.

29. STATE CHAMPIONSHIP CONTESTS:

a. Contestants who have shown their proficiency in the sectional contests may be selected for a post-schedule contest. All participating teams and athletes must be approved by their Section to be eligible to compete in NYSPHSAA Regionals and State Championships. **NOTE:** Any student-athlete who has tested positive for the use of anabolic/androgenic steroids within the preceding six (6) months of a regional or state championship event may be required by the NYSPHSAA Executive Director to provide evidence of a negative test result for anabolic/androgenic steroids prior to participating in the event involved.

b. Plans for all state championship contests are to be submitted for approval to the NYSPHSAA, Inc. Executive Committee (Constitution, Article V, [5]).

c. Policies or procedures for state championship contests shall be determined by the NYSPHSAA, Inc. Executive Committee or Central Committee upon the recommendation of the State Championship Committee. Any awards or items presented to participants not provided by the Association, must receive prior approval. **NOTE:** No NYSPHSAA student athlete will be allowed to participate in any post schedule contests (regional, state, Federation) without a completed Code of Conduct document.

d. No raffles (50/50), and other games of chance, will be permitted at any post-sectional competition sponsored by the NYSPHSAA. Promotional activities may be permitted with the approval of the NYSPHSAA Executive Director.

e. If a physician is assigned and/or designated by the New York State Public High School Athletic Association or any of its subdivisions for post-schedule competition, that physician shall have the final decision-making authority concerning the entry/re-entry of an athlete to competition at the particular contest; however a participating school may use its own physician for final decision-making if it provides a statement by the chief school officer stating the school agrees to indemnify and hold harmless the NYSPHSAA or any of its subdivisions from any claims or lawsuits brought against the NYSPHSAA or any of its subdivisions based on the decision made or advice given by the school district provided physician.

f. Each section shall determine and be responsible for the selection, methods of financing, travel, and supervision of its contestants in a state championship contest.

g. The State Sports Committee Coordinator shall submit complete plans and budget to the State Championship Committee. Financial reports, results, and requests for changes and improvements shall be submitted within 60 days after the event. The State Sports Coordinators shall be responsible for:

1. Conducting these contests according to the policies adopted by the Executive or Central Committees.

2. The selection of the Contest Director from the membership of the State Sports Committee, who shall submit plans and reports to the Coordinator to be forwarded to the Chairman of the State Championship Committee.

3. Reporting the results of each contest and submitting a financial report to the NYSPHSAA, Inc. Executive Director, prior to the next meeting of the Executive Committee.

h. Dual Seasons: Approved state championship contests are to be held before the end of the season established for that sport. Only those sections conducting the specific sport during the season of, or prior to, the state championship are eligible to send representatives. A Section Athletic Council which votes to conduct a sport in a season other than that specified for the state championship may conduct a qualifying tournament for state championship competition during the selected season. Preparation for state championship competition in a subsequent season shall be limited to those individuals who qualified during the selected season of competition and the number of organized practice sessions shall be no more than or less than the number required before a first contest in that sport.

30. **TRANSFER:** (see Transfer, p. 90, 95) NOTE: The Transfer Rule will be enforced as written with no variations permitted.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from one public school district to another public school district, for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parents' residency. The Superintendent, or designee, will determine if the student has met district residency requirements.

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons with whom the student has resided for at least six months) or a private school within that district's boundaries shall **receive a waiver** from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. *Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.* NOTE: A student in a foreign exchange program listed by CSIET has a one year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (b): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and establishes residency in a district and can substantiate that they are independent and self supporting.

2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.

3. A student who is a ward of the court or state and is placed in a district by court order. **Guardianship does not fulfill this requirement.**

4. A student from divorced or separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months.

5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.

6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: *It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student.*

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.

NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

HIGH SCHOOL SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

SPORT	Number Practices Prior To First Scrimmage		Number Practices Prior To First Contest		Team And Individual Maximum No. Contests *	Min. Time Between Contests or Scrimmages	Individual Contest Limitations Per Day	RULES	Scrimmage Limitations Per Day
Badminton	TEAM 6	IND. 4	TEAM 8	IND. 6	---	1 night	3 matches	USBA	1
Baseball	TEAM 8	IND. 6	TEAM 10	IND. 8	20	1 night	2 contests	NFHS	2
Battery	TEAM 10	IND. 8	TEAM 15	IND. 13					
Basketball	TEAM 8	IND. 6	TEAM 10	IND. 8	18	1 night	1 contest	NF - BOYS NCAA - GIRLS	1
Bowling	TEAM training	IND. training	TEAM training	IND. training	20	1 night	6 games	USBC	1
Cross Country	TEAM 10	IND. 8	TEAM 10	IND. 10	16	2 nights	5000 meters or 3.1 miles	NFHS	1
Fencing	TEAM 10	IND. 8	TEAM 15	IND. 13	20	1 night	3 contest	USFA	1
Field Hockey	TEAM 8	IND. 6	TEAM 10	IND. 8	16	1 night	1 contest	NFHS	1
Football	TEAM 11	IND. 11	TEAM 15	IND. 15	9	4 nights (1)	1 contest	NFHS	1
Golf	TEAM training	IND. training	TEAM training	IND. training	18	1 night	1 match	USGA & LOCAL COURSE RULES	1
Gymnastics	TEAM 10	IND. 8	TEAM 15	IND. 13	16	1 night	6 events (boys) 4 events (girls)	NFHS BOYS USAGJO - GIRLS	1

Ice Hockey	8	6	10	8	20	1 night	1 contest	NFHS	1
Lacrosse	8	6	10	8	16	1 night	1 contest	NFHS- BOYS US Lacrosse - GIRLS	1
Rifle	3	2	5	3	16	1 night	1 contest	NRA	1
Skiing	8	6	10	8	16	1 night	2 events	FIS & USSA	1
Soccer	8	6	10	8	16	1 night	1 contest	NFHS	1
Softball	6	4	8	6	20	1 night	2 contests	ASA	2
Swimming	12	10	12	10	16	1 night	4 events	NFHS	1
Tennis	6	4	8	6	18	1 night	2 matches ++	USTA	1
Outdoor Track	10	8	10	10	16+	1 night	4 events	NFHS	1
Winter Track	10	8	10	10	16+	1 night	3 events	NFHS	1
Volleyball	6	4	8	6	20	1 night	2 matches/day Tournament: 15 games	USVBA Jr.- BOYS NCAA - GIRLS	1
Wrestling	10	8	15	13	20 points +	1 night	4 bouts 5 bouts tournament only	NFHS	1

(1) 2 nights for scrimmage

* indicates maximum plus section, state championships and games necessary to break divisional or league ties

+ indicates maximum number of contests in which an individual competitor may participate

++ modified scoring system must be used (see p. 118)

NYSPHSAA, Inc. SPORTS STANDARDS

JEWELRY RULE - No jewelry, which includes visible body piercing objects, shall be worn in any sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. Metal barrettes are permissible in Girls Gymnastics only. **NOTE:** The sports of Bowling and Golf are exempt from this rule. Wrist watches are permitted in cross country. [Hair restraints are permitted in track and field and cross country. \(Dec. 2010\)](#)

UNIFORMS - The use of an American flag or a memorial patch/arm band is approved when it is worn and/or placed in accordance to the sport specific rules. [The NYSPHSAA Executive Director may grant individual schools a waiver of the uniform rule when compliance is related to budget concerns. \(Jan. 2011\)](#)

GAME BALLS - NFHS authenticating mark is not required on game balls for competition.

THUNDER & LIGHTNING POLICY (EFFECTIVE 10/25/04): Applies to regular season through NYSPHSAA Finals:

1) Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning.

a) With your site administrator, set up a plan for shelter prior to the start of any contest.

2) When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:

a) Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).

b) Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

c) After thunder and/or lightning have left the area, wait **30 minutes** after the last boom is heard or strike is seen before resuming play or competition.

31. **BADMINTON** - A contestant may participate in no more than 3 matches per day. There must be a 15 minute rest between matches 1 and 2, and a 30 minute rest between matches 2 and 3. **For other requirements see p. 108.**

32. **BASEBALL** - Battery candidates shall have at least fifteen practice sessions. All catchers shall wear a throat guard protector attached to the mask. It is recommended the protector be rubber. A contestant may participate in two regulation games per day with at least a fifteen minute rest between games. A pitcher may pitch in a maximum of twelve (12) innings in one (1) day but no more than eighteen (18) innings in any six (6) consecutive day period. Delivery of one (1) pitch constitutes having pitched an inning. If he pitches in eight (8) or more innings in a day, he must have two (2) nights of rest before he can pitch again. Any violation of the rule will be considered in the same light as a school using an ineligible player. The game will be forfeited. **For other requirements see p. 108.** **NOTE:** The Baseball Agreement between the National Federation and the Major and Minor Baseball Leagues provides that no professional team may enter into a contract with a student until after graduation or that class has been graduated from high school, or one is no longer eligible for high school competition. Contact NFHS for more details.

State Association Adoptions:

1. Commemorative patches are permitted in accordance with Rule 1-4-4. (Jan. 2006)
2. Umpires may wear navy, light blue or red uniform shirts. (Oct. 2007)

3. TIED AND SUSPENDED GAME RULE: To be used for NYSPHSAA Championship Tournament. May also be used during regular season play with Section approval:

1) An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings.

2) If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in scorebook.

3) If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in scorebook.

4) If a game is stopped after having gone long enough to become an official game and;

a) The visitors score a run or runs in the top half of the inning. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. Or,

b) The visitors score a run or runs in the top half of the inning and the home team does not complete their at bat. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. If we have a tied/suspended game we pick up from that point (Visitors runs in the top half of the inning and home team runs in bottom half count). This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in scorebook.

c) The home team ties the game in the bottom half of the inning but doesn't complete the inning. If we cannot play anymore we have a tied/suspended game at that point. This game will be picked up at that point. Score, inning, count of batter, etc., should all be recorded in scorebook. Or,

d) The home team takes the lead in the bottom half of the 5th or 6th inning, then game is called. At that point the home team is declared the winner.

Scrimmages: A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include *one or more* of the following:

1. Play six (6) outs per half inning (example - 3 outs clear the field/ 3 more outs).
2. Batting order must be altered or modified to include more batters than rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two

(2) full innings. Adopted January 2009.

33. BASKETBALL - Boys' basketball will use a 35 second shot clock. For requirements see p. 108.

Waivers/Modifications - Girls Basketball:

1. The game will consist of 4 quarters of eight (8) minutes each. Intermission will be 1 minute after the 1st and 3rd quarter and 10 minutes at the half. Extra periods shall be four (4) minutes in length. (Oct. 2003)

2. Modification of fouls and penalties, Rule 10, Sections 4, 6 and 8, have been approved. (Oct. 2000)

3. A waiver until 2011 of the requirement of the home team to wear a light colored uniform in girls' basketball. (Oct. 2008)

4. A waiver of the requirement for officials to request a physician's note when an athlete wears a "sleeve" on the arms or legs. (Oct. 2008)

5. For the 2010-2012 season, a waiver of the NCAA womens' rules to allow for the sections that so desire to experiment with sixteen (16) minute halves. This waiver applies only to non-league contests at the varsity level upon mutual agreement of both schools (August 2010)

6. A waiver of the NCAA Rule Book requiring two (2) visible shot clocks, one (1) at each end of the court. If the shot clocks are not functional, the waiver would permit the game to be played with an alternate timing device. (Dec. 2009)

7. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)

8. The NFHS Concussion Rule will be utilized. (Dec. 2010)

Waivers/Modifications - Boys Basketball:

1. With Section approval schools may experiment with two 16 minutes halves in tournaments and non-league games during the 2010-2012 season. (Oct. 2010)

2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.

3. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)

Scrimmages - Boys and Girls: A basketball scrimmage must include 10 minute time periods with running time (except time-outs) and unlimited time outs. The score will be cleared at the end of the time period and the time will be reset. Scrimmages must also include *one or more* of the following:

1. Optional shot clock
2. Shoot only fouls against the shooter with free throws awarded in a one plus one.
3. At the end of the 1st and 3rd quarters, each team will run five (5) special plays. Example: out-of-bounds play underneath the basket; sideline out-of-bounds.

34. **BOWLING** - USBC rules will be used for scoring purposes only, with the exception of USBC rule #400 pertaining to amateur status. Any violation of USBC rule #400 will result in a one year suspension from the date of the infraction which mirrors the penalty for Eligibility Standard #2.

GAME: A game consists of 10 frames. **MATCH (contest):** Consists of a maximum of 3 games. **Tournament:** Consists of a maximum of 6 games and counts as 1 contest. The Baker format may be used a maximum of two times per season with a maximum of 15 Baker format games per tournament. A combination tournament is permitted with a maximum of eight (8) Baker format games and three (3) individual games. A Combination Tournament counts towards the maximum of two (2) Baker format tournaments. **Individual Limitations:** A student may not participate in more than one contest per day. **Tie Breaking Procedures:** In tournament competition only one of the following tie breaking procedures may be used until the tie is broken: 1. regular game; 2. 9th & 10th frame roll off; 3. one game Baker format. The tie breaking procedure must be designated prior to the start of the tournament. With Section approval, Section championship tournaments may utilize a combination tournament that will consist of a maximum of three (3) standard team games and a maximum of fifteen (15) Baker style games (Dec. 2009). No practice bowling will be allowed in the tournament house after midnight of the day preceding the State Championship. Violations of this rule will result in individual or team disqualification. The oil pattern will be announced in advance of the NYSPHSAA Bowling Tournament. The pattern will be prepared for the practice round, with the understanding the pattern will be set as consistent as possible throughout the tournament. Other pertinent lane information will be included in the pre-tournament announcement. (August 2009). It is recommended

that training should precede the first contest and that all competitors be in uniform. The foul line rule shall never be set aside. **For other requirements see p. 108.**

Scrimmages: In a bowling scrimmage any format may be used and substitutions may be made at any time. No official scores may be kept; therefore, scores may not be used in calculating season average or for qualifying for sectional or state tournaments. Scores may not be used toward league or non-league standing.

35. **CROSS COUNTRY** - Interschool cross country runs shall not exceed 3.1 miles or 5000 meters in length. A maximum of 2 meets per week (Monday-Sunday) shall be permitted. An individual competitor may participate in a maximum of 16 contests. **For other requirements see p. 108.**

Waivers/Modifications:

1. **Waiver of the NYSPHSAA Jewelry Rule to allow the wearing of a wrist watch.** (Oct. 2008)

36. **FENCING** - Interschool competition in fencing shall be conducted under the rules of the United States Fencing Association, provided such rules do not conflict with NYSPHSAA, Inc. requirements. A contest consists of three (3) bouts. Individual competition may not exceed nine (9) bouts in one day. **For other requirements see p. 108.** **For a complete list of approved rule clarifications, go to Handbook section at www.nysphsaa.org.**

37. **FIELD HOCKEY** - **For other requirements see p. 108.** Protective eyewear which meets the ASTM Standards shall be worn by all member school field hockey players (May 2007). If undershirts are worn, they must be white in color for the home team and dark in color for the away team (Feb. 2008). Sections may determine which of the approved overtime procedures to follow (May 2006).

State Association Adoptions:

1. Officials may wear a colored or black and white stripe shirt. (Jan. 2005)
2. The game clock may continue to run after goals are scored and when one team is ahead by 5 or more goals. (Jan. 2005)

3. When a player is yellow carded during overtime, the offending team will play shorthanded.

4. A waiver of the uniform rule change from one year (2011 season). (Dec. 2010)

Scrimmages: A field hockey scrimmage must start with a sideline or 16 yard hit and includes *one or more* of the following:

1. A running clock and/or modified periods
2. Incorporate all or part of the Overtime Procedure into the scrimmage
3. Each team will take 5 offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25yd line.

38. **FOOTBALL** - A contestant (or team) may participate in no more than 2 interschool football contests, inclusive of sectional championships. The 9th game is permitted, with section approval, for teams who do not qualify for sectional play. **For the teams involved in the sectional tournament, the maximum number of contests shall be 10.** For those sections involved in the state championship three additional games are permitted for a total of 13 games for the season: 1 game for regionals, 1 game for semifinals, and 1 game for championships. Interschool contacts (both scrimmages and contests) in football shall be permitted only in those schools which have an adequate number of students on the squad who are physically fit, eligible and prepared for each game as follows: Eleven man football—16 or more; eight man or nine man football—14 or more; six man football—12 or more. All football games of the NYSPHSAA, Inc.

shall be played following National Federation Football rules. **The first two (2) days** of practice must be noncontact, without the use of protective equipment and mechanical blocking devices. The use of cones, ropes, ladders, step-over dummies, soft hand shields and similar devices as teaching aids is permissible. Helmets may be worn. **The next three (3) days** provide a transition from the conditioning phase to full contact. During this phase, players are permitted to wear a helmet and shoulder pads. Blocking dummies, sleds and similar devices are permitted. During this phase, player to player tackling drills, team scrimmaging, running full contact plays, etc., are not permitted. **The following six (6) days** consist of contact practice with full protective equipment and the use of all training devices. Full player to player contact and team scrimmaging is permitted. **Four (4) additional practices** must be completed by the individual and team prior to the first contest. Interscholastic scrimmages may commence after eleven (11) practices have been completed by the individual player and team. Interscholastic contests may commence after fifteen (15) practices have been completed by the individual player and team. (May 2010)

NOTE: For any violation of this rule, the head coach will be suspended from the next regularly scheduled contest. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. Not being present at the site means the disqualified coach is not present in the locker room, on the sidelines, in the stands or site area before, during or after the game.

The minimum time between interschool football scrimmages shall be two days. It is **recommended** that a physician be present at all football games. If the services of a physician cannot be obtained, coverage should be provided by persons qualified to give emergency care (e.g. physician assistants, emergency squads, athletic trainers). **For other requirements see p. 108.**

Scrimmages: Football scrimmages shall be governed by the following: (a) no official score is kept, (b) no definite time is set or kept, (c) coaches are permitted on the field to provide instruction and make corrections, (d) different configurations governing possession time and down and distance situations (than those normally used in a game) may be used to govern play, (e) unlimited time-outs and stoppages of play are permitted and encouraged for the purpose of both providing instruction and adequate rest periods, (f) the use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules, (g) no kickoffs are permitted, (h) punts and extra point kick attempts may involve live play until the ball is kicked. Punts may not be advanced and all fumbled punts and muffs will be blown dead immediately, (i) the total number of plays should be recorded to prevent an individual player from being involved in more than a maximum of 90 live contact plays during the entire scrimmage, (j) no admission may be charged, (k) the participation of student support groups such as cheerleaders, bands, kicklines, etc. are prohibited.

39. **GOLF** - Practice sessions should precede the first match. It is recommended that practice and matches be carefully supervised by the school coach. **For other requirements see p. 108.**

For NYSPHSAA Championship play:

1. **Range Finders** are not approved during competition, however may be used in practice rounds by coaches or players.

2. **Rulings** may only be pointed out by the competitors and markers. Spectators are not permitted to make rulings.

3. **Practice Rounds:** Only competitors may play in the student-athlete's practice rounds. Coaches are limited to being on the course in a supervisory and coaching capacity.

Scrimmages: A golf scrimmage must include *one or more* of the following:

1. Use different tees
2. Play multiple shots and multiple putts
3. Play two (2) or three (3) balls
4. Alter playing format: match play, Ryder cup, or best ball format

40. **GYMNASTICS** - Metal barrettes are permissible. For all competition the Technical Handbook for Girls' Gymnastics, 4th edition, will be used (approved August 2009). For requirements see p. 108.

41. **ICE HOCKEY** - All games shall be played according to the rules of the NFHS Hockey Rulebook with all approved changes and interpretations as established by the NYSPHSAA, Inc. Ice Hockey Committee. Ice Hockey games shall consist of three (3) fifteen (15) minute periods. The minimum number of ice hockey players for competition as well as interschool practice sessions shall be nine players and one goaltender. All players shall wear helmet including ear piece, full face masks and throat protectors and all goalkeepers must wear a throat guard or neck protector. All players must wear helmets while on the bench or in the penalty box. During the regular season each game begins on a clean sheet of ice and at minimum the ice is cleaned after the 2nd period. If the ice is not cleaned after each period there will be at least a three (3) minute rest period or intermission between periods 1 and 2.

Waivers/Modifications: A waiver of the NFHS rule in Ice Hockey to allow a maximum of two disqualification penalties per contest for a coach or play. (May 2011). For other requirements see p. 109. For a complete list of approved NFHS waivers, go to Handbook section at www.nysphsaa.org.

Scrimmages: An ice hockey scrimmage shall be divided into two (2) halves with the time to be determined by coaches. The time clock and penalty clocks may be used for time keeping only but no score may be kept. During the scrimmage *one or more* of the following must be included:

1. Each team must play short-handed in predefined situations.
2. Use of half (1/2) ice situations

42. **LACROSSE** - All games shall be played according to the rules of the NFHS Lacrosse Guide (boys) or U.S. Lacrosse Standards (girls) with all approved changes and interpretations as established by the NYSPHSAA, Inc. Lacrosse Committees. In girls' lacrosse field players are required to wear lacrosse goggles which meet ASTM standards. In 2009 Boys JV Lacrosse will play 12 minute quarters. (May 2007) For other requirements see p. 109.

Waivers/Modifications:

Girls Lacrosse:

1. Permanently waive Rule 1 Field Dimension for regular season play only. (Aug. 2004)
2. Goalkeeper Substitutions: After reporting to the score table, a goalkeeper is permitted to move down the sideline to await the current goalkeeper to exit the field. She then may enter the field of play. (Oct. 2005)
3. Suspended Game: In Sectional, Regional and State Semi-Finals and Finals the game will be resumed from the point of interruption on the next available date. Teams that have possession at the point of interruption will retain possession in a draw alignment with the opposing center 4 meters away. If there is no team possession, it will be a draw. (May 2010)

Scrimmages: A lacrosse scrimmage must have modified time periods and include *one or more* of the following:

1. Alternate possessions.

2. Start the scrimmage with either a Draw (girls) or a Face-Off (boys)
3. Include the following game situations:
 - a. Face-Off/Draws - Boys/Girls
 - b. Clears and Rides - Boys/Girls
 - c. Extra Man and Man-Down – Boys/Girls
 - d. Fast Breaks - Boys/Girls

43. OUTDOOR TRACK & FIELD - A contestant shall be permitted in any one meet to compete in any four events. There must be one night of rest between contests and no more than three contests scheduled per week. An individual competitor may participate in a maximum of 16 contests. Wrist watches are approved for practice only. For other requirements see p. 109. **NOTE:** Failure of the home school to meet its obligation of providing legal equipment for an event shall result in all points for the event being forfeited to the offended team.

Scrimmages: A track and field scrimmage must conform to the following:

1. No Scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

44. RIFLERY - Interscholastic competition in riflery shall be conducted according to the rules of the National Rifle Association. For competition between teams in both small bore and air rifle, four contestants may fire with all four scores to count for the team score. One or more of these three positions are to be used: prone, offhand, or kneeling as determined by the Section. Only .22 caliber rifles with iron sights and .22 caliber rimfire ammunition are to be used. Air rifle events are approved. The home team is to furnish official N.R.A. targets for both teams. All safety precautions must be observed at all times. Rifles shall be cased when transported. Competitors shall wear hearing protective devices. The use of eye protection is recommended. For other requirements see p. 109. Coaching will be permitted for air rifle during Regional competition. (Oct. 2006)

45. SKIING - Each contestant shall wear a protective hard shell helmet during practice and competition for all alpine skiing practices and races, giant slalom and slalom. A contestant may participate in no more than two events in any one day of competition, provided that the last event of the day is cross country and that no more than one cross country event is raced per day. It is recommended that all meets be conducted under the rules of the U.S. Eastern Amateur Ski Association, the National Ski Association of America, and the Federation International de ski (F.I.S.). For other requirements see p. 109.

Waivers/Modifications: The minimum ski lengths for slalom and giant slalom. (May 2005)

Scrimmages: A skiing scrimmage will consist of one (1) or more runs of slalom, giant slalom and/or Nordic. Electronic timing and officials may be used for instructional purposes only.

46. SOCCER - For other requirements see p. 109.

Boys Overtime Procedure: Regular season games should consist of two 40 minute halves with two 10 minute sudden victory overtimes, if needed, to break the tie. Beginning with Section play and continuing on through the State Tournament, overtimes would consist of two 15 minute sudden victory periods and, if still tied, penalty kicks. The only exception to this would be in the State Championship game where co-champions would be declared after the two sudden victory overtime periods. (May 2008)

Girls Overtime Procedure: Regular season games would have two 40 minute halves

followed by two mandatory 10 minute fully played overtimes. In Sectional and State Tournament play, the overtimes would be two 10 minute periods of full play followed by two 5 minute sudden victory overtime periods, if needed. Co-champions would be declared in the State Championship game if the tie was not broken after the two 5 minute sudden victory overtimes. (May 2008)

State Association Adoptions: (May 2008)

Length of Period: The game will be played in two equal halves of 40 minutes each.

Shorten Periods: By mutual agreement or in any emergency, by agreement of coaches or ordered by the head referee, provided it is determined to shorten the periods before the game or before the second half begins and all remaining periods are the same length.

Suspended Game: If less than one-half of the game has been completed, the game will be restarted from the point of interruption.

Time on Field: Time may be kept on the field by the head referee.

Score on Field: The official score may be kept by the head referee.

Reserve Official: The reserve official may assume the duties of the scorer.

Yellow Card Accumulation Policy: It is the intention of the NYSPHSAA Sportsmanship Committee to address the issue of the accumulation of Yellow Cards during the soccer season by an individual player or coach. The situations surrounding Red Cards are dealt with directly under the NYSPHSAA Guidelines for Sportsmanship and Misconducts outlined in the State Handbook for all sports. The consequences for the accumulation of excessive Yellow Cards will be as follows:

1. Five Yellow Cards accumulated by a single player or coach in the regular season will result in a one game suspension. Disqualifications due to an accumulation of five yellow cards occurring in the last game of the season will carry over into the next season of participation, if the team does not enter post season play.

2. The continued accumulation of Yellow Cards by the same individual or coach will result in a one game suspension per additional Yellow Card.

3. In the event that the player or coach receives two Yellow Cards in the same game, resulting in a Red Card, the two Yellow Cards will not count toward the season total, since the player or coach will receive a one game suspension as a result of the misconduct and ejection.

4. The accumulation card total is for regular season play only and the process will start over again for post season play. However, any penalties awarded as a result of the last regular season game will carry over into the post season.

5. The post season policy will provide a one game suspension after three Yellow Cards and a one game suspension for each additional card received through the State Final. A one game suspension resulting from a yellow card in a team's last post season game will carry over into the next season of participation.

6. The coaches of both schools are to report all Yellow Cards to their League and Section by means of Mail, E-mail or Fax for tabulation. The officials should report to their boards concerning games in which cards are given and the reasons for issuance of the card. Board policy will determine the method of notification to the League and Section. A final end of the year report including data on disqualifications shall be sent to the NYSPHSAA Sportsmanship Coordinator.

7. Refusing to report, or failing to report infractions and allowing players to continue play under these circumstances will result in the forfeiture of all games in which the individual in question participated.

Scrimmages: A soccer scrimmage may not exceed a total of 100 minutes and unlimited substitutions are permitted. The length of time for the periods of play is

to be determined by the coaches, not to exceed 40 minutes in any one period: halves, three periods or quarters. Scoreboards may be used for timekeeping only. The clock will begin with the goal keeper in possession of the ball. When a goal is scored, play will be restarted with goalie possession. The goalie can restart play with a goal kick, goalie throw or goalie punt.

47. **SOFTBALL** - A contestant may participate in 2 regulation games per day with at least a 15 minute rest between games. By Section adoption 5 inning double headers may be played. Varsity softball teams can play three (3) contests in one day only for invitational tournaments during the regular season. Tie breaker rule in effect at top of the 10th inning. An unannounced substitution during a contest will be not be penalized. For other requirements, see p. 109.

Waivers/Modifications:

1. The pitching distance will be 43 feet for the varsity, JV and freshmen levels. (Dec. 2010)

2. Metal cleats are prohibited on all levels of play. (Dec. 2010) beginning with the 2010 season. (Dec. 2009)

Scrimmages: A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include *one or more* of the following:

1. Play six (6) outs per half inning (example - 3 outs clear the field/ 3 more outs).
2. Batting order must be altered or modified to include more batters than rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two (2) full innings.

48. **SWIMMING** - Shaving (wet or dry) is prohibited at all swimming competitions and practice sites. Violation will result in disqualification. Sections may permit schools to compete in quad/dual meets. The minimum diving depth requirements are as follows: Pools built before January 1987 meet the NFHS minimum depth requirement (currently 10 feet) and pools built after January 1987 meet the NYS Department of Health's minimum requirement (currently 11 feet). For other requirements see p. 109.

Waivers/Modifications: Sections may reduce the number of dives for junior varsity and freshman meets. (Aug. 2002)

Scrimmages: In a swimming scrimmage no official times or scores will be kept. Times may not be used to meet the qualifying standard. More than one heat per event is permitted.

49. **TENNIS** - A player may compete in either a singles or doubles competition on the same day. In tournament play, the maximum number of matches shall be three in one day. Participation in a two-day invitational tennis tournament shall count as **one** of the 20 contests permitted and only three such tournaments shall be allowed within the 20 meet limitation. Only two matches are allowed per day and both matches must use a modified scoring system that conforms to one of the following formats: best 2 of 3 sets, using no-add scoring, with a 12 point tie breaker at 6 all; or, ten game pro-set, using regular scoring with a 12 point tie breaker at 9 all. (May 2003)

In league and Sectional competition, Sections would have the option to increase the number of matches to four (4) in one day using modified scoring with rest periods being 30 minutes for the quarter final and below, 45 minutes for the semi-finals and 60 minutes for the finals. (May 2010)

The Commitment to Compete form must be completed to be eligible to compete in the NYSPHSAA tournament (Boys-May 2003; Girls-May 2006). **Failure to honor**

your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament and ineligibility from next year's NYSPHSAA State Tennis Tournament. This incident will also be reported to the student's school administration (May 2011). At the NYSPHSAA Championship coaching on the court is permitted, however cheering remains prohibited (Jan. 2009). For other requirements see p. 109.

Scrimmages: A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play. Suggested formats include but are not limited to:

1. Teams use tie breaks only
2. 5 game pro-sets with a tie break at 5-5
3. An 8 game pro-set – 1st one to 3 points.
4. Modified 8 game pro-set – 1st players to 3 points completes the scrimmage.
5. Teams compete using an 8 game pro-set rather than 2 out of 3 sets with tie

breakers at 6-6.

50. **VOLLEYBALL** - A contestant (or team) may participate in a maximum of 2 matches in a day. Each day of a tournament shall count as 1 contest. The total number of tournament games played in one day shall not exceed 15 games. An additional 15 point game is permitted only to break ties in pool play to advance to finals as per tie-breaking procedures. In tournament play volleyball teams shall have at least ten minutes of rest between matches. All games will be played according to NCAA Rules with all games played to 25 points. Teams will be permitted 18 substitutions and will switch at 13 points in the deciding game. For other requirements see p. 109.

Waivers/Modifications:

A. Girls and Boys Volleyball:

1. Two score keepers are permitted with the home score book as the official score book. (Feb. 2008)
2. With Section approval, the use of lines people during league play may be waived. (May 2007)
3. Teams can warm-up behind or adjacent to the court during the warm-up period. (May 2005)
4. If uniform specifications are not compliant, these procedures will be followed: (April 2004)
 - a. Notify the coach of the team at fault of the violation. The team will attempt to legalize the uniform of the team member(s) in questions.
 - b. If the uniform fault cannot be legalized, meet with the opposing coach to determine whether a protest will be filed.
 - c. If no protest is filed at this time, no future protest will be accepted on this issue.
 - d. If protest is filed, follow protest procedure and play the match.
 - e. The libero uniform is exempt from this modification.

5. The time length of all time outs is 60 seconds (August 2009).

6. **Jewelry Rule:** A waiver of NCAA Rule 7.2.3 to permit, if a substitution request is acknowledged (whistled), and the player is wearing an illegal uniform or jewelry or has illegal equipment, the substitution is denied and a delay sanction assessed. If warm-up activities or play must be interrupted because of a player wearing an illegal uniform, jewelry or equipment, that team is assessed a delay sanction. The jewelry must be removed before the player can participate further. If, during the warm-up period, a player responds promptly to a referee's request to remove jewelry or illegal equipment, a delay sanction is not assessed. (May 2010)

Scrimmages: A volleyball scrimmage must include *one or more* of the following:

1. Each server shall serve 3-5 consecutive serves regardless if the point was scored before the other team would get the ball. (rotate)
2. Games would start at point 4 all and end at point 25 **or** a game could be timed with no point cap.

B. Boys Volleyball:

1. The use of NCAA Volleyball Rules with the same modifications used in girls' volleyball beginning in the fall of 2009 (Jan. 2009).
2. A player may touch the opponent's court with hand(s) or feet, provided some part of the hand(s), foot/feet remain either in contact with or directly above the center line, and the penetration does not interfere with the opponents play.
3. For boys competition, the height of the net from the center of the court is 7' 11⁵/₈". (August 2011)

51. **WINTER TRACK** - A contestant (girl or boy) shall be limited to participation in three events. There must be one night of rest between contests and no more than three contests scheduled per week. An individual competitor may participate in a maximum of 16 contests. Wrist watches are approved for practice only. For other requirements see p. 109.

Scrimmages: A track and field scrimmage must conform to the following:

1. No Scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

52. **WRESTLING - Multiple Dual Meet Events:** Each individual competing in these events is charged 1 point for each dual meet. **Triangular Meet:** Three teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged 2 points toward their dual meet schedule. **Double-Dual Meet:** Three (or more) teams compete, with each team wrestling a dual meet against two of the other teams at the same site. Each individual is charged 2 points toward their dual meet schedule. **Quadrangular Meet:** Four teams compete, with each team wrestling a dual meet against each of the other three teams at the same site. Each individual is charged 1 point for each match wrestled counting toward their dual meet schedule. **Dual Meet Tournaments - Bracket Tournament:** Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement. **Pool Tournament:** Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement. **Round-Robin Tournament:** Each team wrestles a dual meet against every other team in the tournament. Team placements may be determined by win/loss record, or by total points accumulated in all meets. Each individual competing in these events will be charged two points toward their twenty point limitation and one tournament of the allowable six maximum tournaments as per the NYSPHSAA Handbook. Any school wishing to conduct a dual meet tournament with a unique format shall apply to NYSPHSAA for consideration. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two dual meets in one day, with a limitation of two per season.

a. A contestant may participate in competitions not to exceed 20 points during the regular season. A dual meet will be assessed one point, while tournaments will be assessed two points. Participation as a contestant or in any exhibition match

in any meet shall count as a contest and only six tournaments shall be permitted within the 20 point limitation. Of the six permitted tournaments, a maximum of 2 two-day dual meet tournaments will be allowed during the season. A contestant may compete in a maximum of five bouts in one day in tournament competition only. A wrestler must compete (exhibition, forfeit, varsity/JV match) and be charged a competition point, towards the 20 pt. maximum, in order to count toward the minimum required contests under the Representation Standard (six contests).

b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. **For other requirements see p. 109.**

c. A contestant may compete in a maximum five bouts in one day in tournament competition **only**.

d. A wrestler may compete two times in a regular two-team dual meet in the following situations:

1. A wrestler from Team A accepts a forfeit from Team B.
 - a. The Team A wrestler may wrestle an exhibition match with a Team B member.
 - b. Points Team A: 1 for the forfeit and 1 for the exhibition match.
 - c. Points Team B: 1 for the exhibition match.
2. Wrestling vs. the extra wrestlers weighed in.
 - a. A wrestler from Team A wrestles a match vs. Team B. Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.
 - b. Points Team A: 1 for the first match and 1 for the exhibition match.
 - c. Points Team B: 1 for the exhibition match.
3. Team A and B may match a wrestler in two exhibitions.
 - a. Points Team A: 2 for the exhibitions.
 - b. Points Team B: 2 for the exhibitions.

The following must be followed in each of the above situations:

1. There must be a 45 minute rest between matches.
2. The wrestlers may only wrestle one weight class higher than their weighed in weight class.
3. Each match/forfeit counts 1 point toward the individual's 22 point limit. (May 2008)

Additional information:

- a. All wrestlers with braces on their teeth are required to wear a mouth guard to cover all appliances. (Oct. 2006)
- b. NFHS 1.5% Weight Loss Rule is waived. (May 2007)
- c. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
- d. A Parents' Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director.

Scrimmages: A wrestling scrimmage must include *one or more* of the following:

1. Must wrestle in predefined situations such as pinning, takedowns, turns, etc.
2. Must wrestle in neutral position. If a takedown occurs would go back to the neutral position.
3. Must wrestle in the referee's position using both styles. If a pin occurs, restart in the referees position.

NYSPHSAA, INC. WRESTLING WEIGHT CONTROL PLAN

On the recommendation of the State Wrestling Committee and with the approval of the State Executive Committee the following weight classes are in effect: 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285 for dual meets and tournaments. (August 2011)

1. The NYSPHSAA Wrestling Minimum Weight Certification Program is to be followed by all high schools sponsoring wrestling. Based on 7% body fat for males/14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within 14 days, exclusive of Sundays and school closing for holidays or emergencies, from the first day of the season. Wrestlers will be certified at a minimum weight (May 2010). A wrestler cannot begin practice until the waiver is approved. The approval date of the waiver starts the 14-day clock for certification (Aug. 2011)

Centralized Assessment Sites will be mandated for the minimum weight assessment of all wrestlers. Only the refractometer shall be used to test hydration.

2. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. See NFHS Rule 4-4-4.

3. A profile form from a NYSPHSAA Approved Assessor must be filed in the home school prior to competition. Sectional wrestling forms must be received by the Section Wrestling Chairman before competition.

4. Dual meets scheduled on a school day shall use the honor weigh-in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh-in before the meet. Honor Weigh-Ins for a school day, dual meet wrestling matches are allowed; Honor Weigh-Ins for non-school day, dual meet wrestling matches are not allowed and if one team has school and the opponent does not have school on the day of a dual meet, Honor Weigh-Ins are allowed. Each wrestler shall make the scratch weight at the weigh-in to be conducted prior to the school's first scheduled academic instruction period on the day of the match and may be permitted an allowance of 3 pounds at the matside weigh-in. One not making the scratch weight at the early weigh-in **will not** be permitted the 3 pounds allowable and must make scratch weight at the matside in order to compete. In the event that a competition is postponed or cancelled, the honor weigh-in is not an official weigh-in, and therefore does not count towards the 50% rule.

5. **Restrictions for Competition:** A minimum weight is required for selectively classified athletes. Students in grades 9-12 do not have to make minimum weight (Aug. 2011). The minimum required weight for all weights as listed MUST be met and RECORDED at both the honor weigh-in and the matside weigh-in.

a) To compete at the 99 lb. class a wrestler MUST weigh in excess of 91 lbs. to be eligible.

b) To compete at the 106 lb. class a wrestler MUST weigh in excess of 96 lbs. to be eligible.

c) To compete at the 220 lb. class a wrestler MUST weigh in excess of 185 lbs. to be eligible.

d) To compete at the 285 lb. class a wrestler MUST weigh in excess of 210 lbs. to be eligible.

6. The minimum required weight for the 99 lb., 106 lb., 220 lb. and 285 lb. weight class MUST be met and RECORDED at both the honor weigh-in and the matside weigh-in.

7. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season.

8. There shall be an allowance of one pound granted each day over the weight limit of the previous day in tournament competition. There is a 1 pound allowance for all involved teams the second day of a dual meet or tournament competition conducted on consecutive days. The maximum allowance for consecutive dual meets or the first day of a tournament following a dual meet is 2 pounds. **NOTE:** A minimum of 48 hours notification to your opponent is required in order to be granted this one-pound allowance. This rule is voided at post-season wrestling tournaments, namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition.

NYSPHSAA will grant a 2 pound growth allowance for each weight class on December 25. This 2 lb. growth allowance does not apply to the minimum weight requirements for the weights of 99 lbs., 106 lbs., 220 lbs. and 285 lbs.

9. Weigh-in for the second day of a tournament must be on the morning of the second day, with a 1 lb. allowance.

10. Effective in 2006-2007 and after, 50% of the weigh-ins during the season must be at the minimum weight he/she will wrestle during the state tournament series.

a. An official weigh-in counts towards this 50% rule whether an athlete competes or not, as long as he/she is eligible to compete and has made weight at both the honor weigh-in (a.m.) and the mat side weigh-in (p.m.).

11. Section sponsored tournaments are not considered part of the regular season; therefore, do not count toward the 50% rule, 22 pt. rule or the Representation Standard.

CODE OF ETHICS

IT IS THE DUTY OF ALL CONCERNED WITH HIGH SCHOOL ATHLETICS:

1. *To emphasize* the proper ideals of sportsmanship, ethical conduct and fair play.
2. *To eliminate* all possibilities which tend to destroy the best values of the game.
3. *To stress* the values derived from playing the game fairly.
4. *To show* cordial courtesy to visiting teams and officials.
5. *To establish* a happy relationship between visitors and hosts.
6. *To respect* the integrity and judgement of the sports officials.
7. *To achieve* a thorough understanding and acceptance of the rules of the game and standards of eligibility.
8. *To encourage* leadership, use of incentive, and good judgement by the players on the team.
9. *To recognize* that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
10. *To remember* that an athletic contest is only a game.....not a matter of life or death for player, coach, school, official, fan, community, state or nation.

MODIFIED PROGRAM

Grades 7, 8, 9

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THE MODIFIED INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic competition in sports for pupils below the tenth grade level has been modified by the NYSPHSAA, Inc. and adapted to students in grades 7-8-9. School administrators need to realize that the NYSPHSAA, Inc. Modified Sports Program has been approved by its member schools and is based on twenty years of experimentation and implementation with SAFETY as the major concern.

MEDICAL APPROVAL

The Medical Society of the State of New York and the American Medical Association have officially approved the NYSPHSAA, Inc. Modified Program as a sound, safe program. It is most important that all school administrators, directors, and coaches note this approval. The safety of the pupil has been the dominant factor in the establishment of the policies, rules, game conditions, and modified rules under which participants in this program compete.

INDIVIDUAL SCHOOLS, ATHLETIC LEAGUES, AND SECTIONAL ATHLETIC COUNCILS have definite responsibilities to assure proper administration of the program:

THE SCHOOL

1. Abides by the rules by providing proper administration of the program.
2. Informs all essential personnel of program rules, regulations, and program philosophy.
3. Participates actively in the organized group of schools to properly administer the interscholastic athletic competition within the rules of the Modified Program.
4. Becomes involved in sectionally sponsored modified sports administrative committee or council, participating in rules and games clarification programs and clinics.

THE LEAGUE

1. Abides by the rules by providing proper league administration of the modified program through chairmen and committee members.
2. Gives consideration to more restrictive program policies if desired.
3. Expects league sports chairmen to participate actively on sectional sports committees.
4. Provides official, active representation on sectional council.

THE SECTION-COUNCIL FOR MODIFIED ATHLETICS

1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section's Council for Modified Athletics.

a) Shall establish the dates for the opening of all sports seasons.

Fall—September 1st is the earliest possible date for the fall sports season. Later dates may be set.

Winter—November 1st is the earliest possible date for the winter sports season. Later dates may be set.

Spring—March 1st is the earliest possible date for the spring sports season. Later dates may be set.

Four sports seasons may be set by sectional action and approval. The established fall starting date may not be changed without approval of both the NYSPHSAA Modified Committee and the NYSPHSAA Executive Committee. Earlier winter and spring starting dates may be established by sectional action. These dates must be reported to the Modified Committee.

b) Conducts all organized team practice and competition during one season.

c) Cooperates with officials' organizations—To provide officials with the essential information relating to the modified program and to secure competent officiating for the Modified Sports Program.

d) Administers all policies essential for proper functioning of the modified program of sports

--No sectional championships or tournaments shall be conducted.

--Clarifies sectional policy on program specifics—i.e. track shoes.

e) Recommends sectional participation in innovative programs to assist in experimentation to meet obvious needs for program improvement.

2. Participates actively in the functioning of the NYSPHSAA, Inc. State Committees on Modified Athletics by:

a) Having official, active representation on the State Committees.

b) The officially selected sectional sports chairmen shall provide the leadership for the sports conducted in the schools of the section and cooperate with the State Sports Chairmen in their continuing efforts to improve the sports programs and the safety of the participants.

3. Establishes a relationship with the Sectional H.S. Athletic Council and Central Committee members to clarify section's final approval of policies, programs, and with representatives involved in the Modified Sports Program of the schools of the section.

a) More restrictive policies may be adopted for sectionally approved programs if desired.

b) Recommendations for additional programs that may be desirable to meet particular needs in the section may be inaugurated.

c) Participation in innovative programs may be clarified and approved.

d) With sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.

e) Essential communications should be established so that all schools are informed as to programs, policies, and administrative procedures necessary for the proper functioning of the Modified Sports Program.

f) Definite understanding needs to exist between the Section Council for Modified Athletics and the Senior H.S. Sectional Athletic Council relative to the responsibilities and authority of each.

The elected Central Committee members are the section's official representatives to the NYSPHSAA, Inc. governing bodies—the Central and Executive Committees. The Modified Sports Program for Grades 7-8-9 is their responsibility and complete understanding of the actions and activities of the Modified Athletics Council needs to exist.

INNOVATIVE PROGRAMS

The establishing of essentially sound, safe, and sane modified sports programs to meet the needs of varying sized schools has always been a challenge for the State Committee. When new programs have been presented to meet specific needs the committee has requested sections to experiment with the new program to determine its values before recommending the program for official approval and referenda. Equitable competition is the constant aim.

Innovative programs may be participated in only after being officially requested by Sectional Representatives on the Committee and the approval of the State Committee. This procedure has been of real value in presenting practical programs for referenda.

GIRLS may participate on boys' teams according to Eligibility Standard #15, p. 79, 98.

LIFETIME SPORTS competition is a part of the athletic program in some schools involving grades 7-8-9. The Committee coordinators welcome suggestions from any schools involved in these sports and who feel standards need be established. There definitely needs to be a very close correlation of intramurals, extramurals, and interscholastic activities to provide a broad program for all interested students of all levels of ability.

If a student or school participates in the Modified Program on an interschool level in the lifetime sports, then all General Eligibility Rules must be observed, p. 130-135.

PROGRAM CONTROLS

SPECTATORS: Parents and interested students are usually the great majority of spectators at Modified Program games. Spectator buses to away games are most questionable and never should be permitted without the approval of the host school. When spectators visit another school, adequate and appropriate staff members should be available to supervise their spectators.

SCHOOL BANDS: Bands at Modified Program games are not desirable, since they tend to develop an overemphasized atmosphere for the competitors.

COACHES: The most important factor in the program is the coach. One must adapt coaching to the age level and the abilities of the junior high school youngsters, must teach the basic fundamentals of the games and avoid the intricacies of more advanced programs. Real patience and a knowledge of the youngsters at this particular age level is necessary. An understanding of all program policies and game rules and conditions is essential. Relations with opposing coaches should be one of cooperativeness and good sportsmanship, yet teaching and coaching the team to be the best of one's ability, realizing that the chief obligations are to the pupils and their proper sports education.

SCOUTING: There is no need for scouting of opponents' games at this level of competition.

GENERAL ELIGIBILITY RULES FOR THE MODIFIED PROGRAM

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

1. **AGE:** Upon entry into the 7th grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. **NOTE:** Schools, leagues and sections may organize Modified Program competition by age, grade or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (ie. age, grade, performance).

2. **BONA FIDE STUDENTS:** A contestant must be a bona fide student of grades 7, 8, 9 of the school represented. **NOTE:** If it becomes necessary to combine member schools to maintain a team or sport, a written request must be submitted and approval obtained from the league and section involved. Schools which have combined must submit a report to the Modified Committee and this will be submitted to the Executive Committee.

3. **CHAMPIONSHIPS-TOURNAMENTS:** Tournament competition is not permitted in the Modified Program. No sectional team or individual championships are to be conducted, nor are there to be championship playoffs on a team or individual basis.

4. **DURATION OF COMPETITION:** High School Eligibility Standard #8 becomes effective on the date of entry in ninth grade. (see p. 46, 94)

5. **EMERGENCY PROCEDURES:** It is recommended that all schools develop emergency procedures to be followed by coaches.

6. **EXTENDED PLAYING TIME:** Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:

a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.

b) Players whose participation in the regular contest was limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.

c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute "participation" in the regulation contest.

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the 5 period concept the following game rules will apply.

A 4 quarter game will be played with the number of minutes being increased for each quarter (see chart); however no player may play more than 3 quarters (*see exception). This will apply provided the team has a sufficient numbers of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see following chart).

SPORT	TIME LIMITS			MINIMUM # OF PLAYERS REQUIRED
	Regulation Game	5 Period Play	4 Quarter Extended Play	4 Quarter Extended Play
BASKETBALL	7 minute quarters	7 minute periods	9 minute quarters (quarter 1-8 min.)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 quarters periods	19
BOYS LACROSSE*	9 minute quarters	9 minute periods	11 minute quarters	14
GIRLS LACROSSE*	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	15 minute quarters	15 minute periods	18 minute quarters	15

In boys' and girls' lacrosse and in girls' field hockey, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the "time" allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.

7. HEALTH EXAMINATION: A student who may engage in interschool competition shall receive an adequate health examination and may not practice or participate without the approval of the school medical officer. **NOTE:** Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be requalified by the school physician prior to participation. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for

that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts. **NOTE:** The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

8. INTERSCHOOL PRACTICE SESSIONS/SCRIMMAGES: A school is limited to three interschool practice sessions/ scrimmages which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. By sectional approval, in cases where officials are not available for contests and all avenues of obtaining certified officials have been exhausted, additional scrimmages are permissible as replacements to the scheduled contests. Interschool practice sessions/ scrimmages are governed by the same hours to elapse between such sessions/scrimmages as for regularly scheduled contests with the exception of football.

NOTE: For the 2010-2011 and 2011-2012 school years, with Section/league approval, up to 50% of the maximum number of games permitted for each modified level sport may be designated as scrimmages. (Example: Basketball - 14 games schedule, 50% (7) could be scrimmages plus 7 games for a total of 14. Under this option, if a contest is converted to a scrimmage, the scrimmage would count toward the 50% as outlined in the Promotion Rule.)

NOTE: In practice sessions/scrimmages:

a) both squads use the same field simultaneously with both coaches making corrections and giving instruction to players as they would do during their own practice,

b) no official score is kept,

c) no definite time is set for scrimmage periods,

d) no admission is charged,

e) no spectators are permitted unless such is the usual plan whenever the squad has a practice.

9. MIXED COMPETITION: see Eligibility Standard #15, p. 79, 98.

10. MULTI-SCHOOL CONTESTS/TOURNAMENT COMPETITION/ CHAMPIONSHIPS/FINALS AND AWARDS: Tournament competition is not permitted in the modified program. No sectional team or individual championships are to be conducted. No contest should be conducted with place awards or an order of finish among all the top competitors. Championship playoffs on a team or individual basis are prohibited. Sections, leagues, devices or groupings should not host an end-of-season final multi-school contest that can be construed as a jamboree, carnival, or invitational tournament. Multiple school contests can be conducted at the end of the season **only** if it is in a sport in which multiple team contests are regularly scheduled throughout the season and the final contest mirrors that of the rest of the schedule, thus the contest is not larger than all the others. This may be true for individual dual sports (i.e. quad meets for wrestling, cross country or track). Team sport multiple school contests **prior to the end of the season** are permitted provided:

a. no participant shall compete in more events, matches or games than permitted in any other regularly scheduled contest in that sport, on that day

b. all handbook rules are applicable.

Coaches and directors are encouraged to design ideas that follow the spirit of, and guidelines for, modified athletics.

11. **PENALTIES:**

a) If a school uses an ineligible student in any interschool contest, the penalties shall be as follows:

1. In all team sports-forfeiture of the contest. In individual sports, the use of an ineligible player would result in the contest being forfeited. However, the performances and outcomes of the other individuals would stand.

2. In the individual sports-bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, track, wrestling - all points scored by the individual shall be forfeited and places moved up accordingly.

b) For any violation of eligibility or sports standards a school or a school authority may be censured, placed on probation, or suspended.

c) Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.

d) School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District's control.

12. PRACTICE SESSIONS: Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days.

All required practice sessions shall include vigorous activity related to the specific sport.

A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.

13. PROMOTION: A contestant in grades 7, 8 and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

NOTE: EXCEPTIONS:

1) General Eligibility Rule #17 "TRYOUTS".

2) In schools where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team either prior to completion of fifty percent of his/her modified schedule, or at the completion of his/her modified schedule if he/she displays the skills and maturity to compete at the varsity level. Ninth grade contestants promoted at the end of their modified seasons should practice with the varsity team and are limited to post schedule contests.

3) In a section whose "early winter" season ends in mid-winter, followed by the "late winter" season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the "early winter" modified season.

4) Promotion Regulation shall be waived for Boys' and Girls' Swimming & Diving permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events. (see Swimming & Diving, p. 150).

14. SPORTS SEASONS: All competition shall be completed within the sport season indicated by each individual section.

15. TIME INTERVAL: Unless extenuating circumstances arise, it is recommended that no more than two contests should be scheduled per week. Except in football and

cross country, contests may be played with only one night of rest three times per season for rescheduling purposes only. A team may never play three days in a row. There shall not be more than 3 contests played per calendar week. Baseball and softball shall be permitted to play two games a day twice during the season. (See Baseball, p. 140 and Softball, p. 149 - Game Conditions.)

16. TRANSFER: A student who is enrolled in one school may subsequently transfer no more than **once** during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency. (p. 90)

a.) A student who transfers from one school to another becomes eligible after starting regular attendance.

b.) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.

NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.

c.) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

17. TRYOUTS:

a.) A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Selection/Classification (S/C) Procedures and Standards the opportunity to be selected for a high school team. (See pages 52 and 155 of NYSPHSAA Handbook)

b.) Seventh and eighth grade students must pass the S/C qualifications prior to the tryout period.

c.) Ninth grade students do not have to pass the S/C qualifications to participate in the tryout.

d.) The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to the modified program until the athlete's tryout is complete.

e.) Tryout periods for wrestling, boys lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.

f.) The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.

g.) Student athletes participating in sectionally approved tryout sessions are not subject to the Promotion rule.

PROGRAM SAFETY

PHYSICIANS: It is recommended that a physician be present at all football games and to be readily available during practice sessions. If an injury occurs during a game in any sport, the physician in attendance will determine the athlete's fitness to continue play. During practice sessions, in the event of potentially serious injury to head, neck or spine of a player, a physician should see the injured as soon as possible. Any pupil whose safe participation is in question as a result of the health history review interview, or injury, or prolonged absence must be requalified by the school physician prior to participation.

OFFICIATING: Proper officiating is a most important safety factor. The following policies should be in effect:

1. The use of the "fast whistle" is mandatory when participant safety is questionable.
2. Strict enforcement of all rules violations will inculcate the proper playing habits and attitudes.
3. Special attention should be made to determine "potentially dangerous" holds in wrestling and to eliminate them.
4. It is required that certified officials conduct contests whenever possible.
5. At least two certified officials should be used in contact sports to provide the safest possible game supervision. Three (3) officials are preferred for football.

EQUIPMENT: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Protective equipment which is properly fitted should be provided for sports of a contact nature. Supporter cups should be worn in those sports where this protection is logical.

Protective headgear shall be worn by soccer goalies for protective purposes. Shin guards must be worn at all times by all soccer players and field hockey players.

COACH ON THE FIELD: The coach is permitted to be on the field during time-out periods to check such matters as seem desirable to control the safety of the games and to use the existing situation as a teaching opportunity. It is realized that this rule is subject to abuse by overzealous coaches. Any coach violating the spirit of this rule should be removed from the program.

RULES OF THE GAME: The approved game rules for all sports are listed on pages 140-154. All adopted modifications indicated for each sport take precedence.

IT IS THE DUTY OF ALL CONCERNED WITH THE MODIFIED PROGRAM OF ATHLETICS:

1. To provide as broad and varied an athletic program as is possible with an opportunity for competition on an equal basis for all students. A desirable modified interscholastic program will encourage participation at several achievement levels. Interscholastic competition in a modified sports program should encourage participation for as many children as possible.
2. To realize that the individual schools have the final responsibility to equalize competition and must administer the program so that no overmatching of teams or individuals shall be permitted.
3. To conduct the athletic program so that educational objectives shall be achieved; so that the highest ideals of sportsmanship are upheld; so that no single phase of the educational program is promoted at the expense of other equally important programs.
4. To realize that the athletic program should be balanced with all other activities essential to youth, including those which may be conducted by out-of-school groups, to avoid an excessive load for any student.
5. To administer the program in such a manner that participants are properly examined, approved, equipped, insured, selected, classified, instructed, and supervised so that as safe a program as is possible is conducted.
6. To administer the educationally based athletic program in its proper perspective, with minimal loss of school time, limited publicity, competent officiating, and limited awards focused on participation.
7. To provide qualified leadership that understands the teaching of sports to the age group, the objectives of this modified sports program, and the emphasis on safety procedures.
8. To cooperate with schools in the area in providing an interscholastic athletics administrative organization within your section that will achieve the objectives and will aid in the development of the highest type of cordial interschool relationships.
9. To conduct the program so that proper respect for authority is achieved. All participants, coaches, parents, spectators and interested individuals will demonstrate appropriate conduct at all events.
10. To promote sportsmanship by competing within the spirit of the rules, to give every opponent due credit and respect, and to win honorably and to lose graciously.
11. To finance the program through Board of Education approved funds.
12. To cooperate with the Sectional Athletic Council, League or Conference in its efforts to provide sound leadership for all in the modified athletics program. No sectional team or individual championships are to be conducted in modified interscholastic athletics.

Revised 9/09

MODIFIED SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

SPORT	Number Practices Prior To First Scrimmage Team & Individual	Number Practices Prior To First Contest Team & Individual	Team And Individual Maximum No. Contests	Minimum Time Between Contests*	Individual Limitations per Day	RULES	TIME AND DISTANCE LIMITS
Badminton	6	8	14	1 night	2 matches*	USBA	
Baseball Pitcher	8 10	10 15	14	1 night 2 nights *	2 games * 1 game	NFHS	7 innings pitchers *
Basketball	9	11	14	2 nights	1 game	NFHS - BOYS NCAA - GIRLS	7 minute quarters
Bowling	3	3	14	1 night	3 games	USBC	
Cross Country	10	13	10	3 nights	1 run	NFHS	
Field Hockey	9	11	12	2 nights	1 game	NFHS	25 min. halves
Football	13	17	7	4 nights **	1 game	NFHS	10 min. quarters
Golf	3	3	14	1 night	1 match	USGA & LOCAL COURSE RULES	
Gymnastics	10	15	10	2 nights	3 events *	NFHS- BOYS USAJO - GIRLS	
Ice Hockey	10	15	14	2 nights ***	1 game	NFHS	13 min. periods
Lacrosse -Boys	10	15	12	2 nights	1 game	NFHS	9 min. quarters

Lacrosse - Girls	10	13	12	2 nights	1 game	US Lacrosse	25 min. halves
Skiing	8	10	12	2 nights	2 events	FIS & ESA	
Soccer	9	11	12	2 nights	1 game	NFHS	15 min. quarters
Softball pitcher	8	10	14	1 night 2 nights *	2 games * 1 game	ASA	7 innings pitchers (1)
Swimming	12	15	14	2 nights	3 events *	NFHS	
Tennis	6	8	14	1 night	2 matches *	USTA	
Outdoor Track	10	15	10	2 nights	3 events *	NFHS	
Winter Track	10	15	10	2 nights	3 events *	NFHS	
Volleyball	8	10	14	2 nights	2 matches *	USAVB- BOYS NCAA - GIRLS	
Wrestling	13	15	12 pts.	2 nights	2 bouts *	NCAA - GIRLS NFHS	Max of 8 pts. thru 2 pt. contests

(*) See details in Game Rules Section

*Except in football and cross country, contests may be played with only one night's rest three times per season for rescheduling purposes only.

(**) Three nights/scrimmage

(***) In Ice Hockey, contests may be played with only one nights rest three times per season for scheduling or rescheduling. See details in Game Rules section.

NYSPHSAA, Inc. MODIFIED GAME RULES AND GAME CONDITIONS

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

With sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.

18. BADMINTON

Game Conditions: See chart p. 138

Game Rules:

1. NAGWS Rules
2. Contests should consist of 4 singles and 4 doubles matches, unless agreed upon prior to the contest.
3. A player may either play singles or doubles, but cannot play both in any one interschool contest.
4. For the purpose of ensuring that every eligible badminton player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for badminton (Reference: Modified Sports Standards Chart, NYSPHSAA Handbook, pages 134-135) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

19. BASEBALL

Game Conditions: See chart p. 138

1. Pitchers must participate in at least 15 practices before an interschool game. For other requirements see chart p. 138.

2. Doubleheaders: A team may play two (2) games in one day twice during a season, either a double header against a single opponent, or two successive games against two different opponents. The following double header restrictions must be followed:

- a) The maximum number of doubleheaders allowed is two (2).
 - b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.
 - c) Pitching limitations remain the same.
 - d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s).
3. Equipment—
- a) Catchers shall wear the full protective equipment of helmet, mask with throat protector, chest protector, shin guards and cup.
 - b) Batters and base runners shall wear protective headgear.
 - c) Any player warming up a pitcher, on or off the diamond, shall wear a mask.
 - d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Game Rules:

1. Regulation game shall be 7 innings. With Section/League approval, a 'mercy rule' will be permitted, allowing a game to end after a team at the short end of the 15

run rule has completed their fifth at bat. (Dec. 2010)

2. A pitcher may pitch no more than 12 full innings in any one calendar week and no more than 7 innings in any one game. After pitching 4 or more full innings in any one game there must be at least 2 nights of rest before pitching again. When removed, the contestant may play any other position.

3. Designated hitter will not be allowed.

4. An extra player, referred to as EP is optional (on a game-by-game basis), but if one is used, it must be known prior to the start of the game (official lineup card) and be listed on the scoring sheet in the regular batting order. If the EP is used, he must be used for the entire game. Failure to complete the game with the EP results in the forfeiture of the game (except in case of injury or ejection from game with no eligible players left to enter, the rules permit play with eight men). If an EP is used, all 10 players bat, but only 9 can play defense each inning. The person designated as the EP (not a defensive player at the start of the game) may at a later time play a defensive position; the defensive player now is only a batter for that inning and not a fielder. There will always be one player in the lineup not on the field defensively. The EP may be substituted for at any time, either by a pinch-runner or pinch-hitter who then becomes the EP. The substitute must be a player who has not yet been in the game. Substitutes and reentry will be treated as in the past. A starter may re-enter the game into his same batting order position.

5. The re-entry rule may be waived **only** if an injured player must be replaced and all eligible substitutions were used during the game.

6. With Section/league approval, when the team at bat has two outs with the catcher on base, a pinch runner may be used to allow the catcher to get his/her gear on prior to the third out. (The pinch runner is a player who is a substitute, or in the case that all substitutes have been used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings.)

20. BOYS BASKETBALL

Game Conditions: See chart p. 138.

Game Rules:

1. The maximum length of the quarter shall be seven (7) minutes.
2. If a game is tied at the end of regulation play, there will be an overtime period of three (3) minutes duration. If it is still tied, additional overtime "sudden victory" periods will be played until at least one (1) point is scored. Overtime periods will have a maximum length of three (3) minutes.
3. Free substitution is facilitated by permitting substitutions on:
 - a) any dead ball
 - b) any violation
4. Sections may adopt the use of a small ball. The section shall determine the actual size of the ball.
5. The 3 point shot is not allowed.

21. GIRLS BASKETBALL

Game Conditions: See chart p. 138.

Game Rules:

1. NCAA Women's Rules. The thirty-second clock rule shall be optional.
2. The maximum length of the quarter shall be seven (7) minutes.
3. If a game is tied at the end of regulation play, there will be an overtime period of three (3) minutes duration. If it is still tied, additional overtime "sudden victory"

periods will be played until at least one (1) point is scored. Overtime periods will have a maximum length of three (3) minutes.

4. The 3 point shot is not allowed.

22. BOWLING

Game Conditions:

See chart p. 138.

Game Rules:

1. All competition shall be conducted under United States Bowling Congress Rules and NYSPHSAA, Inc. requirements.
2. At no time shall the foul line rule be set aside.

23. CROSS COUNTRY

The Section Athletic Council shall determine the date for the mid-season change-over.

Game Conditions:

1. See chart p. 138.
2. Equipment— Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Game Rules:

1. NFHS Rules
2. The maximum distance shall be 1-1/2 miles in the first half and should increase to 2 miles in the second half of the season.
3. For multi-school contests refer to General Eligibility Rule #10 (p. 132).

24. FIELD HOCKEY

Game Conditions:

See chart p. 138.

Game Rules:

1. NFHS Rules
2. Halves shall consist of 25 minutes, maximum.
3. Substitution: Utilize the NFHS Rolling substitution rule.
4. Time outs: A time out may be called by a team when the ball is dead. Play is restarted as though time out had not been called. Duration of the time out is two minutes. Three time outs may be called by each coach: two in one half and one in the other half.
5. Equipment: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Game Rules for 7 Player Field Hockey:

1. All preceding game rules will apply with the following modifications:
 - a) Fields shall be 50-70 by 50 yards with regulation size circles.
 - b) Teams shall consist of 6 field players and a goalie.
 - c) Play will be divided into 3 - 17 minute periods, substituting as per the rules.
- Scoring will be determined by the coaches at the preseason meeting (i.e. total goals scored will determine the winner, or keep score by periods).

25. FOOTBALL

Game Conditions: See chart p. 138.

Administration:

Modified football should be administered so that all safety precautions are in effect. Every

effort should be made during practice and game situations to pair contestants of as nearly equal ability as is possible. Factors to be considered in the selection of squad members are age, weight, physiological maturity, skills, coordination and desire.

Tests:

Each pupil should be carefully checked to determine readiness before being allowed to participate in interschool contests as follows:

1. **Physical** - Medical examination which shall include a thorough review of health history before, and as needed, during the season. Tetanus shots as recommended.

2. **Maturity** - Careful evaluation of the individual's age, weight, height, physiological maturity and degree of coordination with relation to all of the others, especially one above or below average of others in height, weight, physiological maturity as related to age, should be made.

3. **Individual Skills** - A thorough program of screening for a period of two weeks shall be conducted. Basic conditioning, running, cutting, falling, rolling, catching, line, and backfield fundamentals, blocking and tackling techniques, ball handling drills should be participated in. Dummies and sleds should be used and no one should be permitted in live contact drills until ability has been proven to partake in them. Match participants of equal size and ability for participation during live contact drills.

4. **Team Skills** - Team play leading to game situations should be taught through controlled scrimmages with contestants placed in groups of similar maturity and skills.

5. **Desire** - Observation of the individual's alertness and general desire to participate must be noted. (The above mentioned types of testing and teaching, with complete cataloging of the individual's ability, should enable the coach to screen all candidates and determine their readiness for competition.)

**Please refer to the special NYSPHSAA, Inc. Booklet,
THE MODIFIED PROGRAM OF FOOTBALL
FOR BOYS IN GRADES 7-8-9.**

6. **Equipment—**

a) Properly fitted equipment of good quality is mandatory for safe participation in football.

b) All essential protective devices are to be used.

c) In addition to the normal pads and helmets, dental and face protection guards should be provided.

d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

e) All protective pads should be covered by the uniform.

f) If protective pads are exposed, the uniform part should be replaced or repaired.

Game Conditions For 11-Man and 8-Man Football:

1. The first three days of practice sessions must be non-contact exercises and equipment shall be limited to the helmet, face mask, dental protection device, T-shirt, supporter, shorts, ankle supports, socks, shoes, protective pads for elbow and/or knee areas. During the next five days the addition of shoulder pads, along with the use of blocking dummies, sleds, and other similar teaching and training devices is permissible. No scrimmages or live contact drills are allowed. The next five days shall consist of contact with full protective equipment and the use of training devices. Scrimmages are permitted on the fourteenth day. Four additional practice days must be held prior to the first contest.

2. No school team, or individual player, may participate in more than 7 games. These games shall be scheduled with no more than one game per week. In extreme cases games may be rescheduled if approved by the sectional athletic council. A minimum of four nights of rest must elapse between any games. The time between football scrimmages and the time between football games and scrimmages must be three nights.

3. At least 16 players must be dressed and available to play on an 11-man team; at least 16 players for an 8-man team for all interschool contacts, both scrimmages and contests.

Game Rules For 11-Man Football:

1. Time periods shall be 10 minute quarters.

2. Team offensive formations are limited to standard formations including the use of only one side receiver. There may be a maximum split of 1 yard between line-men. If a wide receiver is employed, the maximum split from the tackle cannot be more than 10 yards. On the snap of the ball, there may be only 2 players outside of the normal tackle alignment on either or both sides of the field. Motion shall be prohibited to the side of a formation that has two players outside of the first tackle. If the ends split on punt formation, the team must punt. Clarification - The only time a team may split both ends is when punting the ball. There are no "walkaway" ends when receiving the punt from this formation. Definition of side of formation - the half of the formation from midline of the center that has a set back to that side and two players outside the tackle. If the ends split on punt formation, the team must punt. All downfield blocking must be done above the waist. Until the snap the defense shall be 6-2-2-1 or 6-2-3 with six players in an imaginary straight line within 2 yards of the ball; two linebackers must be at least 1 yard behind the deepest lineman; three defensive backs must be at least 3 yards behind the deepest linebacker, inside the 10 yard line defensive backs may be 2 yards behind the deepest linebacker. Penalties: improper formation - 5 yards; downfield blocking - 15 yards.

3. No kick-off - start play from own 35 yard line.

4. Two (2) points shall be allowed for a kicked extra point and one (1) point for a run or pass. (Optional for sectionwide use with approval of the section.)

5. Safety - scoring team put ball in play on 50 yard line.

6. All downfield blocking must be done above the waist. Downfield blocking is interpreted as any blocking of an opponent taking place downfield from the free blocking zone, which for this rule is extended from sideline to sideline. The downfield blocking rule is also in effect whenever a defensive team becomes an offensive team as the result receiving a punt, pass interception, or the recovery of certain types of fumbles. The point that offensive play begins extending from sideline to sideline, would be interpreted as the inception of that play and thus, for rule clarification purposes, would be the scrimmage line for that play (i.e. the point the punt or interception was received). The penalty for a violation of this rule will be 15 yards as spelled out in Rule 9, Section 1 of National Federation Football Rules.

7. Sections may adopt the use of a small ball.

8. Coaches shall be permitted on the field in the experimental five quarter football program. (Optional for sectionwide use with approval of the section.)

9. When an offensive team employs a wide receiver (split end or flanker), the defensive end to that side of the formation may assume a "walkaway" position. The end may align at a maximum depth even with the two inside linebackers and no wider than half the distance between the wide receiver and the next lineman.

10. With Section approval, schools will be allowed to use two (2) wide receivers on opposite sides of the formation.

Game Rules For 8-Man Football:

1. 11-man rules are used for 8-man football with modifications.
2. The field size shall be 80 yards between the goal lines and 40 yards wide with 15 yard side zones and team box boundaries being between the 25 yard lines.
3. At least 5 offensive players shall be on their line at the snap with 3 players assigned in the backfield. Note: Linesplits, formations, motion, etc. as per existing modified rules.
4. Until the snap, the defense shall be 4-2-2 with 4 players in an imaginary, straight line 2 yards off the ball. Two linebackers must be at least 1 yard behind the deepest lineman; two defensive backs must be at least 3 yards behind the deepest linebacker.
5. No kick-off. Start play from own 30 yard line.
6. Safety - scoring team puts ball in play on 40 yard line.

NOTE: See 2010-2012 MODIFIED FOOTBALL BOOKLET

For information about experimental programs authorized for specific Sections in this sport consult your Section Representative or Sports Chairman.

26. GOLF**Game Conditions:**

See chart p. 138.

Game Rules:

1. USGA Rules

27. BOYS GYMNASTICS**Game Conditions:**

See chart p. 138.

Game Rules:

1. NFHS Rules shall govern.
2. A gymnast may enter 3 events with the exception of two team members whose entries may be unlimited.
3. Events - Special Specifications-Minimum Exercise (specific events for meets and their order may be determined by League or Section).
 - a) **Free Exercise** - 40' x 40' mats placed diagonally across 40' square. Exercise should combine elements of agility, tumbling, strength and flexibility. The competitor should move in different directions and utilize entire areas. The minimum time of routine is 45 seconds with a maximum time of 70 seconds.
 - b) **Long Horse Vaulting** - 47" height with type of take off board determined by League or Section. Two vaults may be performed utilizing National Federation Table of Difficulty with best vault to score.
 - c) **Side Horse** - gymnast must work on all three parts of horse without stops or holds and with a minimum of four moves.
 - d) **Horizontal Bar** - An adult spotter (the gymnast's coach) must be used. The exercise should consist of a minimum of six moves including a mount and dismount with a minimum of holding and stopping.
 - e) **Parallel Bars** - The exercise should consist of a minimum of six moves, including a mount and dismount, and consist of swinging and vaulting movements combined with strength and holding positions. Movements below and above the bars should also be shown as well as one change of direction.
 - f) **Still Rings** - The exercise should consist of a minimum of six moves, including a mount and dismount, and should include swinging, strength and hold positions.

Specific Rules for Events

1. Safety and Spotting - a contestant shall be allowed to have a spotter while performing without deduction, unless spotter aides or assists contestant.

2. The coach shall check all apparatus for safety and correct height setting.
3. The use of 4" landing mats are recommended on all events with the equivalent of 4" of mats required under the horizontal bar, still rings and vault landing area. A 12" mat may be used for dismounts without deduction.

28. GIRLS GYMNASTICS

Game Conditions:

See chart p. 138.

Game Rules:

1. USA Gymnastics Junior Olympic Rules
2. A gymnast may enter 3 events per meet, however, 2 team members are permitted to enter all events.
3. Each team shall be permitted at least 15 minutes of warm-up before the start of the meet.
4. Specific Rules for Events:
 - a) It is the coaches' responsibility to check all apparatus for safety and correct settings.
 - b) Only unaltered manufactured vaulting boards shall be used.
5. Required dimensions and specifications for events:
 - a) Vaulting: Competitors can set the vault from 100cm to 135cm. The horse may be adjusted only once per team; therefore, lineups should reflect this change if needed.
 - b) Uneven Bars: Either bar can be adjusted to accommodate the gymnasts within the manufacturer's specifications.
 - c) Balance Beam: Height between 100cm and 125cm.

29. ICE HOCKEY

Administration

1. Tests: Every contestant should be carefully checked to determine his readiness before being allowed to participate, as for football, with exception of:

Individual Skills - A thorough program of physical conditioning, skating and ice hockey skills should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proved in the individual skills. Contact drills should be conducted against players of equal size and ability only. (It is recommended that all players watch the USA Ice Hockey video covering the proper techniques of body checking.)

2. Equipment:

- a) All players, including the goalkeeper, shall wear all protective equipment.
 - b) Properly fitted equipment of good quality is mandatory for safe participation in ice hockey.
 - c) The essential protective equipment must include an ice hockey helmet with a face mask, elbow pads, ice hockey shoulder pads, ice hockey pants, shin guards, ice hockey gloves, neck guard, ice hockey skates and a mouthpiece.
 - d) It is recommended that a player's personal equipment be tested for safety protection in a manner that is satisfying to the individual school district.
3. For the purposes of scheduling or rescheduling, the minimum time interval between ice hockey contests may be decreased from two (2) nights to one (1) night, with the following restrictions:
- a) This may occur no more than three (3) times per season.
 - b) A team may never play three (3) days in a row.
 - c) There shall not be more than three (3) contests played per calendar week.

Game Conditions: (see Chart - p. 138)

1. NFHS Ice Hockey rules and NYSPHSAA Ice Hockey Rules Addendum.
2. One and one-half hours of ice time shall be used for a game.
3. Games shall consist of three periods of 13 minutes in length (see Chart p. 138). Ice resurfacing between periods is not necessary.
4. No overtime periods shall be permitted.

30. BOYS LACROSSE

Administration:

1. **Tests:** Every contestant should be carefully checked to determine his readiness before being allowed to participate as for football (see above) with exception of:

Individual Skills - A thorough program of physical conditioning, running and lacrosse skills such as throwing, catching, scooping, faking and dodging should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proven in the individual skills. Contact drills should be conducted against equals only.

2. **Equipment—**

a) All players, including the goalkeeper, shall wear all protective equipment.
b) Properly fitted equipment of good quality is mandatory for safe participation in lacrosse.

c) The essential protective equipment must include a lacrosse helmet with a face mask, lacrosse arm guards, lacrosse shoulder pads, lacrosse gloves, and a mouthpiece. Goalkeepers must wear a chest protector and throat protection.

d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

e) Face masks for lacrosse competition must have a center bar.

f) With the exception of the goalie's stick, there shall be no rule restriction on the length of the stick in modified lacrosse if the stick falls between 40-72 inches.

g) Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations (Rule 1, Section 9, Article 1a and 2c).

Game Conditions:

See chart p. 138.

Game Rules:

1. The length of quarters shall be 9 minutes.
2. Two overtime periods of 2 minutes are to be played in the event the game is a tie; and no sudden death period is to be allowed.

3. A team shall be permitted 3 time-out periods per half. The time-outs cannot be accrued in the course of the game.

4. A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul - slashing. This includes the over-the-head check.

5. There is no such call as a "Brush" in the Modified Program. Contact between crosse and helmet is a personal foul.

6. Contact with the ball is disallowed by any offensive players when the ball is loose in the crease.

7. Body checking is allowed ONLY against a player who is in possession of the ball.

8. The ten second rule is eliminated.

9. In a 5 period lacrosse game the mercy rule shall be in effect at the end of the third period of play.

10. Substitutes are permitted whenever the ball goes out of bounds.

11. When a goalkeeper gets a penalty, the in home player will serve the penalty if a second goalkeeper is unavailable.

31. GIRLS LACROSSE

Game Conditions:

See chart p. 139.

Game Rules:

1. US Lacrosse
2. Halves shall consist of 25 minutes, maximum.
3. Equipment—
 - a) Properly fitted equipment of good quality is mandatory for safe participation in lacrosse. All field players are required to wear lacrosse goggles which meet ASTM standards.
 - b) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
 - c) All players must wear mouthpieces.
 - d) Goalkeepers must wear the following equipment: 1. Helmet with face mask,
2. Mouthpiece, 3. Throat protector, 4. Padding on hands, arms, legs, shoulders and chest to conform with US Lacrosse rules (padding does not excessively increase the size of these body parts maximum thickness one inch).
4. Modified stick-checking in modified girls lacrosse, as outlined in the US Lacrosse Rulebook under the Girls' Youth Rules - Level A, may be used.
5. A time out may be called when the ball is not in play. One time out per team, per half will be allowed. Duration of the time out will be two minutes.

32. SKIING

Game Conditions:

See chart p. 139.

Game Rules:

1. FIS/ESA Rules
2. A skier may enter two (2) events.

33. SOCCER

Game Conditions:

See chart p. 139.

Game Rules:

1. NFHS Rules.
2. The maximum length of the quarter shall be fifteen (15) minutes.
3. Free substitution is permitted when the ball goes over the side line or end line.
4. Equipment—
 - a) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
 - b) Shin guards must be worn at all times by all players.
 - c) An all-purpose type foam helmet may be worn and a mouthpiece shall be worn by the soccer goalie for protective purposes.
5. One time out period per quarter (including each overtime period) may be called whenever the ball is dead. The coach is permitted on the field during the time out period to instruct the players.
6. The sliding tackle is not permitted.
7. The overhead scissors kick is not permitted.
8. Corner flag posts must be flexible in nature (wood, plastic or plastic foam) and conform to the NFHS rule standard of not being less than 5 feet high. Plastic traffic cones may be substituted in place of corner flags.

9. There shall be two overtime periods of four minutes when the regulation game ends in a tie. A coin shall be flipped prior to the first overtime period. If a tie still exists after the second overtime, no further play shall be conducted.

10. In the event of a disqualification of a player, a substitution must be made for that disqualified player. If a team has no eligible substitute, the team may continue to play shorthanded.

11. The flip throw-in shall not be permitted.

34. SOFTBALL

Game Conditions: (see Chart - p. 139)

1. Any pitcher pitching more than 4 innings in one game must have at least 2 nights of rest before pitching again. When removed from pitching, the contestant may play any other position.

2. Ten player teams optional with section approval.

3. Doubleheaders: A team may play two (2) games in one day twice during a season, either a double header against a single opponent, or two successive games against two different opponents. The following double header restrictions must be followed:

a) The maximum number of doubleheaders allowed is two (2).

b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.

c) Pitching limitations remain the same.

d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s). See chart p. 139 for other requirements.

Game Rules:

1. ASA Rules, 7 innings. With Section/League approval, a 'mercy rule' will be permitted, allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat. (Dec. 2010)

2. With Sectional/League approval, the modified softball pitching distance may be established at 40' or 43'. (May 2011)

3. A player may re-enter the game once.

4. Equipment—

a) Catchers shall wear the full protective equipment: 1. Helmet, 2. Mask, 3. Chest Protector, 4. Shin Guards, 5. Throat Protector.

b) Batters and base runners shall wear protective headgear.

c) Any player warming up a pitcher, on or off the field, shall wear protective equipment.

d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

5. The re-entry rule may be waived **only** if an injured player must be replaced and all eligible substitutions were used during the game.

6. With Section/league approval, when the team at bat has two outs with the catcher on base, a pinch runner may be used to allow the catcher to get his/her gear on prior to the third out. (The pinch runner is a player who is a substitute, or in the case that all substitutes have been used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings.)

35. SWIMMING & DIVING

Administration:

Schools may have the option of running combined modified and varsity swimming and diving meets, alternating the events.

Game Conditions:

See chart p. 139.

Game Rules:

1. The NFHS Rules of Swimming and Diving shall be followed except as indicated below.
2. A swimmer is permitted one false start before disqualification. The use of the no re-call false start rule shall **not** be utilized.
3. Swimmers may compete in a maximum of three events.
(1 relay and 2 individual, or 2 relay and 1 individual).
4. The events and their order shall be:
 1. 200 yd./m. medley relay
 2. 200 yd./m. freestyle
 3. 100 yd./m. individual medley
 4. 50 yd./m. freestyle
 5. Diving competition shall consist of (1) voluntary dive (dd not to exceed 1.8) which shall be done first: week 1-forward group; week 2-back group; week 3-inward group (begin rotation over), and three (3) optional dives: two (2) of the three (3) must be from different groups.
 6. 50 yd./m. butterfly (optional - 100 yd. butterfly)
 7. 100 yd./m. freestyle
 8. 50 yd./m. backstroke (optional - 100 yd. backstroke)
 9. 50 yd./m. breaststroke (optional - 100 yd. breaststroke)
 10. 200 yd./m. freestyle Relay

Order of Events for Combined Modified/Varsity Swimming Meets

1. Modified 200 yd./m. medley relay
2. Varsity 200 yd./m. medley relay
3. Modified 200 yd./m. freestyle
4. Varsity 200 yd./m. freestyle
5. Modified 100 yd./m. individual medley
6. Varsity 200 yd./m. invididual medley
7. Modified 50 yd./m. freestyle
8. Varsity 50 yd./m. freestyle
9. Modified diving (1 voluntary + 3 optional dives) - two separate diving events are to occur with all modified diving completed before varsity diving occurs.
10. Varsity diving (1 voluntary + 5 optional dives as per NFHS rules book)
11. Modified 50 yd./m. butterfly
12. Varsity 100 yd./m. butterfly
13. Modified 100 yd./m. freestyle
14. Varsity 100 yd./m. freestyle
15. Varsity 500 yd./m. freestyle
16. Varsity 200 yd./m. freestyle relay
17. Modified 50 yd./m. backstroke
18. Varsity 100 yd./m. backstroke
19. Modified 50 yd./m. breaststroke
20. Varsity 100 yd./m. breaststroke
21. Modified 200 yd./m. freestyle relay
22. Varsity 400 yd./m. freestyle relay

5. With prior mutual agreement of teams, league or section races may be conducted by seeded heats with the winners established on time alone. No final events may be conducted.

6. For multi-school contests, refer to General Eligibility Rule #10 (p. 129).

36. TENNIS

Game Conditions:

See chart p. 139.

Game Rules:

1. USTA
2. Contests should consist of 4 singles and 4 doubles matches, unless agreed upon prior to the contest.
3. One 8 game set shall be played. A 4 point scoring system shall be used with no deuce point. Sections may modify the scoring system.
4. A player may either play singles or doubles, but cannot play both in any one interschool contest.

5. For the purpose of ensuring that every eligible tennis player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for tennis (Reference: Modified Sports Standards Chart, NYSPHSAA Handbook, pages 138-139) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

37. TRACK AND FIELD (OUTDOOR AND WINTER)

Game Conditions:

See chart p. 139.

Game Rules:

1. Equipment— Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

2. A runner is permitted one false start before disqualification.

3. A student may enter a maximum of 3 events per day; no more than two track events or two field events may be entered each day. If a student is participating in two running events, the total distance may not exceed 1200 meters for indoor track and 2300 meters for outdoor track (total distance refers to specific events, not total distance of heats).

4. The 55 meter 30" hurdle race with five hurdles shall have the following spacings:

- a) start to first hurdle - 12 meters
- b) distance between hurdles - 8 meters
- c) fifth hurdle to finish - 11 meters

5. The 200 meter 30" hurdle race with 5 hurdles shall have the following spacings:

- a) start to first hurdle - 20 meters
- b) distance between hurdles - 35 meters
- c) fifth hurdle to finish - 40 meters

6. The 4 K metal shot may be used for outdoor track.

7. A. The suggested running events and their recommended order for spring track and field meets shall be:

- | | |
|---------------------|--------------------------|
| a. 55 m 30" hurdles | f. 200 m 30" hurdles |
| b. 200 m dash | g. 800 m run |
| c. 1500 m run | h. 3000 m run (optional) |
| d. 100 m dash | i. 4 x 200 m relay |
| e. 400 m dash | j. 4 x 100 m relay |
| | k. 4 x 400 (optional) * |

7.B. The suggested field events shall be: 4 K shot put, 1 K discus, high jump, long jump, pole vault and triple jump.

8. The suggested running events and their recommended order for combined boy-girl outdoor track meets shall be:

- | | |
|--------------------------------|-------|
| a. 55 m 30" hurdles | boys |
| b. 55 m 30" hurdles | girls |
| c. 200 m dash | boys |
| d. 200 m dash | girls |
| e. 1500 m run | boys |
| f. 1500 m run | girls |
| g. 100 m dash | boys |
| h. 100 m dash | girls |
| i. 3000 m run (optional) | girls |
| j. 400 m dash | boys |
| k. 400 m dash | girls |
| l. 200 m hurdles | boys |
| m. 200 m hurdles | girls |
| n. 800 m run | boys |
| o. 800 m run | girls |
| p. 3000 m run (optional) | boys |
| q. 4 x 200 m relay | boys |
| r. 4 x 200 m relay | girls |
| s. 4 x 100 m relay | boys |
| t. 4 x 100 m relay | girls |
| u. 4 x 400 m relay (optional)* | boys |
| v. 4 x 400 m relay (optional)* | girls |

* The maximum distance limitation for each athlete must be upheld if this event is included.

9. Possible events for winter track and field competition include:

- | | |
|-------------------------|-----------------------------------|
| a. 50/55 m dash (boys) | j. 3000 m run |
| b. 50/55 m dash (girls) | k. 4 K shot put (plastic covered) |
| c. 200 m dash | l. long jump |
| d. 300 m dash | m. triple jump |
| e. 400 m dash | n. high jump |
| f. 600 m dash | o. pole vault |
| g. 800 m run | p. 4 x 200 m relay |
| h. 1000 m run | q. 4 x 400 m relay |
| i. 1500 m run | r. sprint medley relay |

(400m,200m,200m,800m)

In facilities with tracks other than 200m in length appropriate modifications in distances are acceptable. For multi-school contests, refer to General Eligibility Rule #10 (p. 132).

38. VOLLEYBALL

Game Conditions:

See chart p. 139.

Boys' Game Rules: USAVB

Girls' Game Rules: NCAA

1. Rally scoring in a five (5) game match shall be utilized at the modified level.
 2. The number of points in each game of the modified match shall be consistent. With sectional approval, either 20 or 25, but not less than 20, points per game may be used.

3. Two (2) tosses will be permitted per turn of service.

4. With sectional/league approval, the service line may be moved up into the court, at a distance not to exceed two meters from the regulation service line.

5. With sectional approval, the use of the three (3) game match rather than the five (5) game match may be used.

6. With sectional/league approval, the Libero player may be used at the modified level. The uniform requirement for the Libero is waived.

7. With sectional approval, the minimum net height shall be seven (7) feet for boys and girls.

39. WRESTLING

Game Conditions: See chart p. 139.

1. A contestant (or team) may participate in competitions not to exceed 12 points during their season. Points assessed to competitions are as follows:

a) 1 Point Meets are any competitions where a wrestler or wrestlers compete in one or two bouts.

b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 bouts.

2. No contestant (or team) can accumulate more than 8 points out of the maximum 12 points allowed via 2 point contests.

3. No contestant (or team) can accumulate more than 3 points per week.

4. There shall be no competition between wrestlers with an age difference of more than 24 months.

5. At least 2 nights shall elapse between contests.

6. The time periods for bouts shall be as follows:

a) If a contestant competes in only one bout per contest, the time periods are:

Program 1: Three 1 and $\frac{1}{2}$ minute periods

Program 2: 1st Period - 1 minute

2nd and 3rd Periods - 1 and $\frac{1}{2}$ minutes

b) If a contestant competes in two or three bouts per contest, the time periods will be either: (1) Three 1 minute periods, or (2) 1st Period: 1 minute; 2nd and 3rd Periods: 1 $\frac{1}{2}$ minutes.

There must be a 45 minute rest period between bouts.

c) With Section approval, a sudden victory overtime period shall be permitted in modified wrestling. Wrestlers must start in the standing position, and the period shall not exceed 30 seconds. (May 2010)

7. Weight Control:

a) The Physical Education Director shall establish each wrestler's weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under b.

b) No attempt at weight reduction before the official weigh-in is permitted except on written permission from the parents and a written recommendation of a physician. Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor's authorization and with the parent's permission.

c) A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.

d) Wrestlers participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.

8. Weigh-ins on the day of a dual meet shall be established by the Section Athletic Council.

9. For multi-school contests, refer to General Eligibility Rule #10 (p. 132).

Game Rules (Program 1)

1. **Weight Classes:** the official weight classes for competition are: 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7th and 8th grade

students a 155 pound weight class may be optional. Optional classes may be 74, 165 and unlimited classes with contestants competing weighing within 10 pounds of each other. A minimum weight of 67 lbs. will be required to compete in the optional 74 lb. weight class.

2. **Honor Weigh-In:** The procedures described in the Wrestling Weight Control Plan shall be followed, p. 122-123.

3. There is no limit to the total team bouts in a contest.

4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

Game Rules (Program 2)

1. **Weights:** Weight class is listed first, variance second: 70-80 lbs. (4 lbs); 80-90 lbs. (4 lbs); 90-100 lbs. (3 lbs); 100-110 lbs. (3 lbs); 110-120 lbs. (3 lbs); 120-130 lbs. (2 lbs); 130-140 lbs. (3 lbs); 140-150 lbs. (5 lbs); 150-160 lbs. (5 lbs); heavier weights (as much as 8 lbs.).

Variance: The variance listed above permits a contestant to compete against a contestant who is either in a lower or upper weight group. As long as both wrestlers stay within the variance listed. (ie. a wrestler in the 70-80 lbs. group who weighs 78 lbs. can compete with a wrestler in the 80-90 lbs. weight group as long as the heavier wrestler does not weigh more than 82 lbs.)

2. **Matching wrestlers:** Both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.

3. There is no limit to the total team bouts in a contest.

4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

REVISED SELECTION/CLASSIFICATION SCREENING PROCEDURE MODIFIED PROGRAM PLACEMENT

The State Education Department's Regulations for the Selection/Classification Program now include Modified Program placement criteria. The Modified Program structure (grades 7,8,9) is only recognized by the NYSPHSAA, Inc.

* The procedures established by the Regulations of the Commissioner of Education and the State Education department shall be followed.

* Placement in the Modified Program shall be based on the maturation and physical fitness standards established by the NYSED.

* Only after evaluation and approval by the NYSED may students ineligible for participation by the Modified Program standards of age and grade be placed downward into the Modified (junior high school) sport programs.

NOTE: Refer to the State Education Department's manual on Selection/Classification for procedures and standards. (See p. 52)



Life Of An Athlete CHEMICAL HEALTH PROGRAM OF THE NYSPHSAA, INC

A. Philosophy The NYSPHSAA, Inc. recognizes the use of mind-altering/performance enhancing chemicals as a significant health problem for many adolescents, resulting in negative affects on behavior, learning and the total development of each individual. The use of mind-altering/performance enhancing chemicals for some adolescents affects cocurricular participation and development of related skills. The lives of other adolescents are affected when family members, team members and other significant persons use these chemicals.

B. Position Statements It is the position of the NYSPHSAA, Inc. that:

1. Scholastic athletes and other students should abstain from the use of alcohol and controlled substances as well as refrain from using tobacco and smokeless tobacco.
2. Coaches and other adult school personnel should demonstrate responsible use of alcohol and tobacco in an appropriate setting and abstain from the use of controlled substances.
3. No coach should use alcohol, tobacco, or other drugs before, during, or immediately after or until his/her supervisory duties are completed.
4. Adults should abstain from the use of 1) alcohol before and during, and 2) tobacco during meetings when business related to athletics is conducted.

C. Guidelines for Developing a Code of Conduct for Schools

1. *Statement of Purpose*

- a) To emphasize the schools' concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.
- b) To promote equity and a sense of order and discipline among students.
- c) To confirm and support existing state laws and local regulations which restrict the use of such mind-altering/performance enhancing chemicals.
- d) To establish standards of conduct for those students who are leaders and standard-bearers among their peers.
- e) To assist students who desire to resist peer pressure which directs them toward the use of mind-altering/performance enhancing chemicals.
- f) To assist students who should be referred for assistance or evaluation regarding their use of mind-altering/performance enhancing chemicals.

2. *Model Code*

A student shall not (1) use a beverage containing alcohol; (2) use tobacco; (3) use steroids; (4) use or consume, have in possession, buy, sell or give away any controlled substance defined by law as a drug. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by her/his doctor.

3. *Consequences for Code Violations:* Consequences for rule violations should incorporate the following standards:

a) A Standard of Certainty: An expectation by those to be affected by the rule that it will be applied with a measure of consistency and uniformity to all involved.

b) A Standard of Severity: An expectation that the consequences for the violation are fair for the act committed and that those affected will be encouraged to follow through with the consequences, including coaches, students, and parents.

c) A Standard of Celerity: An expectation that the due process will promptly be applied following an alleged violation.

THE NYSPHSAA, INC. CHEMICAL HEALTH MANDATE

Each section must hold at least one chemical health workshop during the school year emphasizing educational and prevention strategies, and attended by representation from each school in their section. The chemical health workshops were mandated in 1990-91.

NFHS DIETARY SUPPLEMENT

All student-athletes and their parents/guardians should consult with their physicians before taking any supplement product. In addition, coaches and school staff should not recommend or supply any supplement product to student-athletes.

OFFICIATING

2010 - 2012

A STATEMENT OF PRINCIPLES FOR OFFICIATING INTERSCHOLASTIC GAMES

When NYSPHSAA, Inc. approves a change in rules for the conduct of a sport, the established officials organization which has been servicing a particular sport program will continue to service that sport provided they have met the new certifying qualifications. Officials who wish to service that program must be certified by this established officials group.

WHEREAS, our high school athletic program is an integral part of our curriculum to be conducted by secondary-school authorities under playing rules adapted to the capacities and safety of our students,

AND WHEREAS, it is essential that the officiating of games shall be performed as a part of the educational program of the school, **the details of game administration for interscholastic contests are the responsibility of secondary-school authorities.**

WE BELIEVE THAT:

1. Officials who work for our member schools are rendering a valuable service.
2. An official performs an exacting task and one's judgement is to be respected.
3. Continued cooperation with officials' organizations is essential.
4. Existing officials' organizations which meet the standards of the NYSPHSAA, Inc. are to be maintained or new ones formed when the need arises.
5. Since annual elections are held by officials' organizations, these Chapters, Boards, or Associations shall be registered with the NYSPHSAA, Inc. each year.
6. No implication should be evident that prospective competent officials are prevented from having an opportunity to qualify for officiating.
7. Officials should be able to fulfill requirements comparable to those specified for the licensure of professionally trained personnel who deal with secondary-school students.
8. Officials shall be selected and assigned by secondary-school authorities in the school, the league, or the section, State Association or their designee.
9. Officiating is worthy of recompense commensurate with the experience and training of the official and with the responsibilities assumed.
10. Fees for officiating should be determined in a joint conference between schools' and officials' representatives.

WE DEPEND UPON OFFICIALS' ORGANIZATIONS:

1. To establish standards for their members for competent officiating.
2. To recruit and train new members.
3. To provide for the promotion of members.
4. To conduct rules interpretation meetings.
5. To use high school rules interpretations.
6. To administer high school rules examinations.
7. To certify members as to their performance in the game.
8. To make an annual report on each member to the NYSPHSAA, Inc.

NEW YORK STATE HIGH SCHOOL OFFICIALS COORDINATING FEDERATION

Paul J. Weatherup, Chairman, Syracuse 13214
 Louis Pettinelli, Vice-Chairman, Brewerton 13029
 Robert Stulmaker, Secretary, Latham 12110
 Jan O'Shea, Recording Secretary, Greene 13778

OFFICIALS' REPRESENTATIVES

Baseball: Ron Gabriel, Hudson 12534
Basketball-Boys: Len Maida, Whitesboro 13492
Basketball-Girls: Louis Stellato, Ballston Spa 12020
Field Hockey: Vince DeFeo, Glenmont 12077
Football: John Whalen, Binghamton 13903
Gymnastics-Boys: Kurt Stumpf, Williamsville 14221
Gymnastics-Girls: Sarah Jane Clifford, Penfield 14526
Ice Hockey: Jim Keegan, Camillus 13031
Lacrosse- Boys: Skip Spensieri, Ballston Spa 12020
Lacrosse-Girls: Joe Fanning, Farmingdale 11235
Soccer-Boys/Girls: John Hogan, Saratoga Springs 12866
Softball: James Berkery, Cohoes 12047
Swimming-Boys/Girls: Pat Potter, Queensbury 12804
Track & Field-Boys/Girls: Jan O'Shea, Greene 13778
Volleyball-Boys/Girls: Sally Wise, Pulaski 13142
Wrestling: Louis R. Pettinelli, Brewerton 13029

SECTION REPRESENTATIVES:

1. John Ventura, Roosevelt HS, Yonkers 10710
2. Michael McCarthy, Mechanicville 12118
3. Mary Milcetic/Dawn Field, Liverpool 13090
4. Donald Gooley, Old Forge 13420
5. Dennis O'Brien, Hornell 14843
6. Timm Slade, West Seneca 14224
7. John Gallagher, Plattsburgh 12901
8. Jay Gallagher/Joyce Badger, Garden City 11530
9. Dennis Burkett, Marlboro 12542
10. Carl Normandin, Canton 13617
11. Ed Cinelli, Smithtown 11787

CONSTITUTION OF THE NEW YORK STATE HIGH SCHOOL OFFICIALS COORDINATING FEDERATION

ARTICLE I - NAME

The name of this Council shall be the New York State High School Officials Coordinating Federation.

ARTICLE II - PURPOSE

To provide a central association of officials and schools through which all approved officials organizations, all Section Athletic Councils, and all high schools may cooperate in making recommendations to the NYSPHSAA, Inc. and to State Officials Organizations toward the following goals:

1. To ensure a sufficient number of well-qualified officials.
2. To maintain good working relationships among all agencies and individuals connected with interscholastic sports.
3. To create equitable standards and procedures for the rating, assigning, and paying of officials.
4. To promote fair officiating policies.
5. To communicate on a state-wide basis all facets relative to the athletic programs sponsored by the NYSPHSAA, Inc.
6. To establish uniform state-wide officiating.
7. To guarantee in-service training of officials according to the Five Point Program.

Under the **Five Point Program** approved officials are those who:

1. Observe the constitutions and bylaws of their local and state officials organization.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Are listed with the NYSPHSAA, Inc. Executive Director.

ARTICLE III - MEMBERSHIP

Membership shall be open to any officials organization that is organized on a state-wide basis and:

1. Is accredited and approved by the NYSPHSAA, Inc.
2. Maintains satisfactory membership in the N.Y.S.H.S.O.C.F.

ARTICLE IV - REPRESENTATION

Representation shall consist of the following:

1. One representative from each approved sports officials group.
2. One representative from each Section who will represent all sports in that Section.
3. One representative from the New York State Public High School Athletic Association, Inc.
4. One representative from the New York State Education Department. (Ex-Officio).
5. State Sports Committee Chairman (Ex-Officio).

ARTICLE V - FUNCTION

The New York State High School Officials Coordinating Federation shall be the organization to which matters of concern related to officiating shall be referred by the State and Local Officials Organizations, Athletic Associations, Section Athletic Councils, for consideration and recommendations, after all local and sectional efforts have failed to bring agreement to all parties concerned, or injustice being done.

ARTICLE VI - OFFICERS AND DUTIES

1. The Chairman shall prepare the agenda and preside over all meetings.
2. The Vice-Chairman shall preside at meetings in the absence of the Chairman.
3. The Secretary shall be the Assistant Director of the NYSPHSAA, Inc. who will be responsible for arranging all meetings, notifying all officials, State organizations, sectional councils, State Education Department, as requested by the Chairman, and will be responsible for the mailing of the minutes of each meeting.
4. The Recording Secretary will be responsible for the taking of the minutes of each meeting.
5. The Treasurer shall be the Executive Director of the NYSPHSAA, Inc.

ARTICLE VII - MEETINGS

1. The Coordinating Federation shall hold a minimum of two meetings per school year, plus any special meetings as needed. (At least one meeting shall be devoted exclusively to Article II.) The meetings shall, whenever possible, be held in conjunction with meetings of the NYSPHSAA, Inc.
2. State Sports Committee Meetings. There shall be at least one meeting per year between Sports Officials representatives and the State Sports Committee Chairman of each individual sport; this meeting shall be held prior to the Coordinating Federation meeting, at which time each Sports Chairman will report on matters of mutual interest and concern.
3. Rules Interpretation Meetings. There shall be one rules interpretation meeting per school year for each sport for the purpose of standardizing officiating procedure to be attended by an officer or representative of the Coordinating Federation, at least one representative from each section for each sport and the State Sports Committee Chairman.

ARTICLE VIII - AMENDMENTS AND BYLAWS

1. Proposals to amend this Constitution, Bylaws, or any addition to, change in, or deletion of any policy, relative to the activities of the Federation may be presented at any regular meeting of the Coordinating Federation. Written notice of the proposed amendment must be provided with the mailing of the agenda for the next scheduled meeting of the Federation.
2. A two-thirds (2/3) vote of the members of the Coordinating Federation shall be necessary to approve any amendment.
3. Amendments become effective beginning with the next Federation meeting following approval.
4. All meetings of the Federation shall be conducted in accordance with accepted practice of parliamentary procedure.
5. All amendments and bylaws shall conform to all rules and regulations regarding officiating as set forth by the NYSPHSAA, Inc. and the New York State Education Law.

OFFICIALS' AGREEMENT

AGREEMENT, made this _____ day of _____, 2010, by and between the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC., hereinafter referred to as the NYSPHSAA, Inc. and the #, hereinafter referred to as #.

WHEREAS, the # is an association whose members are qualified # officials who are also officials of the local # officials association throughout the State of New York, and members in good standing of the state officials' organization.

WHEREAS, the # desires to furnish officials for # to member schools of the NYSPHSAA, Inc. and,

WHEREAS, the NYSPHSAA, Inc. is an association whose members are secondary schools within the State of New York.

NOW THEREFORE, IT IS AGREED AS FOLLOWS:

1. The # will accept and comply with the Five Point Program of the NYSPHSAA, Inc. with respect to each of its local # officials associations and its members, and through its local chapters, shall assume the responsibility of training, testing and certifying competent officials for all interscholastic # contests scheduled by each of the member schools at all levels of competition in each of the sections of the NYSPHSAA, Inc.
2. The # will cooperate with the sectional athletic councils in the expansion of recruiting and training programs to achieve these objectives and to provide an opportunity for all interested individuals to become qualified officials.
3. The # will establish territories of service for its local # officials chapters. The NYSPHSAA, Inc. and its subdivisions will recognize and abide by the territorial rights of these chapters to service schools within these areas.
4. The # will provide a representative to the NEW YORK STATE HIGH SCHOOL OFFICIALS' COORDINATING FEDERATION and will ensure that each # chapter that has territorial rights in a section will participate with the sectional council(s) of officials.
5. The NYSPHSAA, Inc. may be represented among those administrating and grading the local test, written and practical, and will be furnished a copy of the name of each individual tested.
6. The # will submit a list of approved or certified officials (with updates as they occur) of each of its local associations (chapters) to the Assistant Director of the NYSPHSAA, Inc. each year.
7. The # will discipline its officials through its local # officials' association when necessary and will process and resolve all controversies regarding officiating procedures.
8. The # recognizes that the member schools of the NYSPHSAA, Inc. bear the primary responsibility for creating and maintaining qualified athletic programs. The NYSPHSAA, Inc. will process and resolve all controversies regarding actions of contestants, coaches or authorities of its member schools and will discipline such persons or its member schools in accordance with the provisions of the Eligibility Standards entitled APPEAL PROCEDURE and PENALTIES of the NYSPHSAA, Inc. HANDBOOK.
9. The # agrees that the officials shall be selected and assigned by the secondary school authorities in the school, the league, the section or their designee as the case may be. The NYSPHSAA, Inc. and its member schools shall use only those approved officials who are active members in good standing of a local officials association of the #.
10. The NYSPHSAA, Inc., represented by its sections, shall initiate negotiation sessions. Furthermore, the NYSPHSAA, Inc. or its sections shall determine the structure and format of negotiations including the number of representatives. Each chapter of officials servicing a section will be involved in these negotiations with representation being indirect.

11. Should any member school of the NYSPHSAA, Inc. or any of its subdivisions fail to reach contract terms with regards to officiating for any sport season with #, or if a grievance of any nature should arise after the execution of such contract, the parties agree to abide by the following procedure:

Step No. 1: In case of failure to reach contract terms, the NYSPHSAA, Inc. must be notified no later than the first day of the month of October preceding the school fiscal year in question. Sections and/or officials groups may not be entitled to impasse resolution procedures unless a minimum of 4 bargaining sessions were held (exclusive of ground rules meeting). Within thirty (30) days of notifying the NYSPHSAA, Inc., a concise statement of the issues and supporting facts, as well as evidence of agreed upon ground rules that governed the conduct of the negotiations and the schedule (record) of bargaining sessions held, must be submitted in writing to the Assistant Director. Should the declared impasse concern a grievance of any nature, the grieving party will also submit a filing fee of \$100.00, c/o the NYSPHSAA, Inc., prior to the convening of a hearing conducted by the NYSPHSAA, Inc. A hearing will be convened by a representative of the NYSPHSAA, Inc. and a representative of a sports officials organization both selected by the President of the NYSPHSAA, Inc. These two (2) representatives will serve to determine the facts and to recommend resolution of the issues as presented by two (2) representatives of the section involved and two (2) representatives of the Sport Chapter(s) involved. Neither party may introduce new topics for resolution that were not introduced during contract/grievance negotiations. All discussions and agreements should be completed by the following first day of January.

Step No. 2: If contract terms are not reached by the aforementioned first day of January; or if a grievance has not been resolved within ten (10) days of its presentation, a written report stating the issues involved, discussions held at the hearing and recommendations for settlement shall be presented to the parties. Acknowledgement of acceptance (or not) shall be dated and signed by all participating representatives; and submitted to the Assistant Director of the NYSPHSAA, Inc. Failure to respond to the proposed fact finding report or panel's report on the resolution of the grievance within thirty (30) working days after receipt shall result in acceptance of the report. The report will be sent certified mail.

Step No. 3: If contract terms are not reached nor the grievance resolved within thirty (30) days after receipt of the recommendations under the provisions of Step No. 2, the issues shall be submitted by the Assistant Director to a committee comprised of two (2) past presidents of the NYSPHSAA, Inc., the Chairman of the NYSHSOF, or his designee, and one sports officials representative who shall be jointly appointed by the Chairman of the OCF and President of the NYSPHSAA, Inc. The issues will be presented to this committee by two (2) representatives of the section involved and two (2) representatives of the sport chapter(s) involved. If the issue(s) concern a grievance of any nature, the appealing party will remit to the NYSPHSAA, Inc. a filing fee of \$200.00 prior to the convening of the committee. In such event, the issues shall be arbitrated to conclusion within thirty (30) days, and no later than 90 days, of the receipt of the request and all parties agree to completely abide by the results of the arbitration.

12. Expenses incurred by the personnel of the NYSPHSAA, Inc. in connection with implementing any of the steps listed above shall be shared equally by the officials organization(s) involved and the section involved. Expenses include all necessary and customary travel expenses, including, but not limited to mileage at the prevailing rate paid Executive Committee members, lodging and meals.

13. Since this agreement provides for the orderly and amicable adjustment and settlement of any and all disputes, differences and grievances, there will be no resort to strikes (withholding of services) by the # or its local chapters or lockouts by the NYSPHSAA,

Inc., its subdivisions or any of its member schools.

14. The # shall retain its autonomy and the autonomy of each of its member associations shall be preserved.

15. Notwithstanding any other provisions to the contrary, each approved official shall be acting in his/her capacity as an official who is an independent contractor with regard to his/her relationship to any member school, the NYSPHSAA, Inc. or any of its subdivisions and in no way does an employer-employee relationship exist. Each official shall perform services in accordance with currently approved methods and practices in his or her professional capacity and in accordance with the standards of the # and of the NYSPHSAA, Inc. Such services shall include any reporting requirements established by the NYSPHSAA or its subdivisions concerning student/athlete and/or coach misconduct.

16. The attorney for the NYSPHSAA, Inc. will act in an advisory capacity to the fact finding grievance and arbitration panel on behalf of the officials representatives and the NYSPHSAA, Inc. representatives.

This AGREEMENT shall remain in effect until the 30th day of June, 2012.

**PUPIL BENEFITS PLAN, INC.
1932-2010**

THANK YOU FOR YOUR LOYAL SUPPORT

GOOD LUCK TO ALL YOUR ATHLETIC TEAMS

Our pledge is to give you the best possible service,
and provide coverage you can count on.

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Thomas D. McGuire, Executive Director
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518-377-3291 (fax)

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PUPIL BENEFITS PLAN, INC. BOARD OF DIRECTORS 2009-2010

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22 years

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Lawrence
1 year

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16 years

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Retired Director of
Physical Education
Chenango Forks
10 years

Dale Schumacher
Retired Superintendent
Whitney Point CSD
9 years

Ryan Sherman
Superintendent
Argyle
1 year

Martha Slack
Retired Athletic Director
Massena
4 years

Kathy Sullivan
Superintendent
Johnstown
1 year

Dean Veenhof
Past President
NYSPHSAA
8 years

Dr. W. Bruce Watkins
Assistant Superintendent
Briarcliff Manor
14 years

John Wells
Athletic Director
Central Square
9 years

Dr. Lawrence Wiesner
Physician
Binghamton
1 year

Theodore Woods
Retired Executive Secretary
Section V, North Rose
22 years

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Carol Rog
Chenango Forks

Dr. Dan MacGregor
President
Ballston Spa

Cliff Moses
Galway

Dale Schumacher
Vice President
Ithaca

Thomas McGuire
Executive Director
28 years

William Bates
Counsel
32 years

Dr. Michael McCarthy
Mechanicville

Theodore Woods
Recording Secretary
North Rose

PUPIL BENEFITS PLAN, INC. BYLAWS

ARTICLE I

The purpose of the corporation shall be:

A. To furnish medical, dental and hospital expense indemnity under the supervision of the New York State Public High School Athletic Association to bona fide students in elementary and high schools injured in intramural and interscholastic athletic games and sports activities, or while engaged in preparation for such games, sports, or contests, or in physical education classes, or in any other accidents which in the judgment of the Superintendent of Insurance, should be included. The Plan shall be open to the participation of every duly licensed physician and dentist in the territory to be served and there shall be free choice by the subscribers of physicians and dentists admitted to such plan, subject to the acceptance of patients by the physicians and dentists.

B. To do all and everything necessary and proper for the accomplishment of any or all of the objects herein enumerated or necessary or incidental thereto or to the protection and benefit of the corporation and in general to carry on any lawful business or understanding necessary to the attainment of the purposes of the corporation, subject, however, to all the provisions of the Insurance Law of the State of New York.

ARTICLE II

The corporation shall be organized for the benefit of its members and not for profit.

ARTICLE III

Members

The members of the corporation shall be divided into two classes, active members, and subscribing members.

A. The active members shall be not less than twenty-four (24) of whom at least one-fourth shall be persons other than physicians and/or dentists and of whom at least one-fifth shall be physicians and/or dentists duly licensed to practice in the State of New York.

B. The active members of the corporation shall be the persons signing the Certificate of Incorporation and each person thereafter elected as Director. Active membership shall terminate when such person ceases to be a Director.

If for any reason a member of the Board of Directors does not attend two consecutive meetings of the Board of Directors, unless excused by the Board of Directors of which he is a member, which action shall be entered on the minutes of such Board, that member is disqualified to serve as a member of the Board of Directors for the ensuing year.

C. Subscribing members shall consist of any schools registered and approved by the Board of Regents of the State of New York who may subscribe to the corporation's insurance plan. "Schools" as herein defined shall be deemed to include Boards of Education, high school athletic associations, groups of students or agents or representatives thereof.

ARTICLE IV

Directors

A. The corporation shall be managed by a Board of Directors consisting of twenty-four (24) members who shall be elected by the active members of the corporation. At least one-fourth of the said directors shall be persons other than physicians and/or dentists and at least one-fourth shall be physicians and/or dentists licensed to practice in the State of New York. At no time shall more than one-half of the directors be persons who are licensed to practice medicine in this state (other than physicians employed on a full-time basis in the fields of public health, public welfare, medical research, or medical education) or who are employees of a corporation organized for hospital purposes or any combination thereof.

B. Nominations for directors of the corporation may be made by any member whether subscribing or active but all elections shall be conducted by the corporation and only active members shall have a right to vote thereat.

C. Directors shall be elected at the annual meeting of the corporation and shall serve for a period of one year.

D. Vacancies occurring in the office of director shall be filled by vote of the remaining directors of the corporation at a regular or special meeting of the Board of Directors.

E. The majority of members of the Board of Directors shall be designated representatives of the member schools of the New York State Public High School Athletic Association.

ARTICLE V

Officers

A. The officers of the corporation shall consist of a president, a vice president, a secretary, a treasurer, and shall be elected by the Board of Directors immediately following the annual meeting of the corporation as hereinafter provided, and such other officers to be appointed by the president as the directors may designate. Any two offices, except those of president and vice president, may be held by the same person.

B. Duties.

1. The president shall preside at meetings of the Board of Directors and the corporation, and shall perform such other duties as the Board of Directors may designate. The president shall have power to appoint such other subordinate employees of the corporation as may be authorized by the Board of Directors, whose compensation shall be fixed by the Board of Directors of the Executive Committee.

2. The vice president shall assume the duties of the president during his absence or inability to act.

3. The secretary shall keep the minutes and records of the corporation and the Board of Directors, and shall perform such other duties as the Board of Directors may designate.

4. The treasurer shall have custody of the funds of the corporation and shall disburse them in insurance benefits or in such other manner as the Board of Directors

may direct. If required by the Board of Directors, the treasurer shall furnish a surety bond in an amount designated by resolution of the directors.

C. Vacancies in any office shall be filled by the directors for the unexpired term of such office.

ARTICLE VI

Meetings

A. The annual meeting of the corporation shall be held on the Saturday after Labor Day in September.

B. A regular meeting of the Board of Directors shall be held once a year, immediately following the annual meeting of the corporation.

C. Special meetings of the corporation or the Board of Directors may be called at any time by the president and shall be called at the request of any five (5) members of the Board of Directors. At least five (5) days notice of time and place of such special meeting shall be given by postpaid mail.

ARTICLE VII

Quorum

A. At any meeting of the corporation ten (10) active members shall constitute a quorum.

B. At any meeting of the Board of Directors eight (8) members shall constitute a quorum.

C. At any meeting of the Executive Committee, three (3) members shall constitute a quorum.

D. Consent of Absentees. The transaction of any meeting of any constituted body of this corporation, either annual, regular, or special, however called or noticed, shall be valid as though it had a meeting duly held after regular call and notice, if a quorum be present and if, either before or after meeting, each of the members entitled to vote, not present, sign a written waiver of notice or consent to the holding of such meeting or an approval of the minutes thereof. All such waivers, consents, or approvals shall be filed with the corporate records or made a part of the corporate minutes of the meeting.

E. Acting Without Meeting - Mail Vote. Any action which may be taken at a meeting of members, directors, or the Executive Committee may be taken without a meeting, if authorized by a writing signed by two-thirds of such members, directors, or members of the Executive Committee entitled to vote at a meeting for such purpose and filed with the secretary of the corporation.

ARTICLE VIII**Committees**

The committees for the Board of Directors shall consist of an Executive Committee to consist of five (5) members to be appointed by the president and such other committees as may from time to time be authorized by resolution of the Board of Directors. The Executive Committee shall meet from time to time when summoned by the chairman and shall have general management of affairs of the corporation in the intervals between meetings of the Board of Directors.

ARTICLE IX**Rules and Regulations**

The Board of Directors may from time to time adopt rules and regulations for the management of the corporation and fixing the form of insurance contract to be issued by the corporation and the terms thereof, including the schedule of benefits and the premiums and the rate to be charged.

ARTICLE X**Amendments**

These bylaws may be amended by a two-thirds vote of the members present at any regular or special meeting of the corporation provided notice of the proposed amendment is given by mail at least ten (10) days before such meeting.

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NEW YORK STATE FEDERATION OF SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

DONAL BUCKLEY, President
ROBERT STULMAKER, Vice President
NINA VAN ERK, Treasurer
M.J. QUIGLEY, Secretary
WALTER EATON, Executive Secretary

New York State Association of Independent Schools Athletic Association:

STEVE BLUTH, Riverdale
M. J. QUIGLEY, New York City
ROBERT ANNUNZIATA, Bronx

New York State Catholic High Schools Athletic Association:

DENISE HILLIG, Astoria
DON BUCKLEY, South Huntington
THOMAS MURRAY, Bronx

New York State Public High School Athletic Association:

NINA VAN ERK, Latham
BOB STULMAKER, Latham
MARK WARD, Ellicottville

Public Schools Athletic League of the City of New York:

DONALD DOUGLAS, New York City
BRENDA MORGAN, New York City
DANIEL HARRIS, New York City

Consultants:

TRISH KOCIALSKI, State Education Dept., Albany



CONSTITUTION OF THE NEW YORK STATE FEDERATION OF SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

ARTICLE I-NAME:

The name of this organization shall be the New York State Federation of Secondary School Athletic Associations.

ARTICLE II-PURPOSES:

The purposes of this Federation shall be:

1. To coordinate the cooperative efforts of its member Associations to insure fair interschool amateur competition among all schools.
2. To support each of its member Associations in the observance of good sportsmanship and high ideals in amicable interschool relations.
3. To encourage maximum participation in a variety of appropriate athletic activities.
4. To assist in the proper interpretation, observance, and improvement of the Regulations of the Commissioner of Education (135.4) governing athletics so that interschool athletics are an integral part of the secondary school curriculum.
5. To assure that secondary school competitions are in compliance with Regulations of the Commissioner.
6. To protect student athletes from exploitation, commercialism, and professionalism in order to uphold the values of wholesome, clean, appropriate competition for boys and girls in our schools.
7. To participate in research and experimentation to strengthen programs and to improve safety in sports.
8. To cooperate in the development of high standards for officiating.
9. To support the Constitution, ByLaws and Rules adopted by this Federation.

ARTICLE III-MEMBERSHIP:

1. Membership in this Federation shall be open to these recognized Associations representing secondary schools chartered by the State Education Department: New York State Catholic High Schools Athletic Association, New York State Public High School Athletic Association, Public Schools Athletic League of the City of New York, and NYS Association of Independent Schools Athletic Associations of this State. Other Associations may apply for membership in this Federation if organized on a similar basis as the member Associations named above.
2. The governing Board of each of these Associations shall ratify this Constitution in order to approve membership in this Federation.
3. The Executive Committee of this Federation shall prepare and approve a budget for allocation of expenditures for the ensuing year and notify each member Association of the amount of its annual assessment.
4. A membership fee for each Association may be assessed as an equal share of the total amount required.

5. The membership year shall be from July 1 through June 30.
6. No part of the net earnings of this Federation shall inure to the benefit of any member, trustee, officer, or director of the Federation or any private individual (except that reasonable compensation may be paid for services rendered to or for the Federation affecting one or more of its purposes) and no member, trustee, officer, or director of the Federation or any private individual shall be entitled to share in the distribution of any of the Federation's assets on dissolution of the Federation. Upon the dissolution of the Federation or the winding up of its affairs, the assets of the Federation shall be distributed exclusively for educational purposes in accordance with the provisions of Section 501 (c) 3 of the Internal Revenue Code and its Regulations as they now exist or they may hereafter be amended.

ARTICLE IV-EXECUTIVE COMMITTEE:

1. The Executive Committee of the Federation shall consist of a number not to exceed three (3) representatives designated by each member Association.
2. Each member Association shall have one vote on any action to be taken by the Executive Committee.
3. The Executive Committee may invite representatives of organizations and agencies as well as individuals to participate as consultants to the Federation.
4. The Executive Committee shall meet at least twice a year.
5. Notice of a meeting of the Executive Committee shall be sent to each representative at least thirty (30) days prior to a meeting date.
6. The president of the Federation may call special meetings of the Executive Committee, providing twenty (20) days notice is given to each representative.
7. Any action which may be taken at any meeting of the Executive Committee may be taken without a meeting by a mail vote, if authorized in writing signed by a majority of the member Associations.
8. The State Education Department shall designate its representatives to serve as consultants to the Federation.

ARTICLE V-OFFICERS:

1. The Federation Executive Committee shall elect a slate of officers at the Spring meeting as presented by the Nominating Committee. Officers shall be elected from members of the Executive Committee for a two year term of office: President, Vice President (2), Secretary, Treasurer, Executive Secretary. The duties of the officers shall be as follows:

- a. President

- i) Preside at all meetings of the Federation.
- ii) Convene, when necessary, special meetings of the Executive Committee.
- iii) Appoint coordinators of all subcommittees approved by the Executive Committee.

-

- iv) Prepare agendas for meetings of the Executive Committee.
- v) Represent the Federation in venue contract negotiations with the Executive Secretary.
- vi) Attend Federation Championship events.
- vii) Perform such other duties as the Executive Committee may designate.

- b. Vice President
 - i) Chair, when necessary, special meetings of the Federation.
 - ii) Preside over meeting when the President is not present.
 - iii) Attend Federation Championships in the President's absence.
- c. Secretary
 - i) Record minutes at all Federation Executive Committee meetings.
 - ii) Distribute minutes to all members prior to the next meeting.
- d. Treasurer
 - i) Produce budgetary guidelines for estimated expenses for each year.
 - ii) Report regularly to the Federation Executive Committee.
 - iii) Report directly to the President.
 - iv) Request approval of a budget for allocation of expenditures for the ensuring year and notify each member association of the amount of its annual assessment.
 - v) Give a detailed report at the end of the calendar year, summarizing the year.
- e. Executive Secretary
 - i) Shall serve as the Federation's second Vice President.
 - ii) Maintain all correspondence on behalf of the Executive Committee.
 - iii) Maintain Federation records and archives for historical purposes.
 - iv) Represent the Federation in contract negotiations (facilities, venues, sponsors, etc.).
 - v) Assist the Federation Treasurer in performance of the duties of the Treasurer.
 - vi) Manage all other aspects of the Federation and its tournaments at the direction of the Executive Committee.

2. Vacancies in any office shall be filled by a vote of the representatives for the unexpired term of such office. An acting vice president, secretary or treasurer may be appointed by the Federation president to serve until the next meeting.

ARTICLE VI-COMMITTEES:

The Executive Committee may authorize the president of the Federation to appoint such Committees as are needed to perform the functions assigned.

ARTICLE VII-AMENDMENTS:

1. Proposals to amend this Constitution or the Bylaws may be presented at any meeting of the Executive Committee of the Federation.
2. Any proposal for an amendment which is accepted shall be referred to the governing board of each member association for action.
3. An affirmative majority vote by the member associations at a subsequent meeting of the Executive Committee of the Federation shall authorize the adoption of the amendment.



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

Robert F. Kanaby, Executive Director

PO Box 690
Indianapolis, Indiana 46206
(317) 972-6900

The mission of the National Federation is to serve its members and its related professional groups by providing leadership and national coordination for the administration of interscholastic activities which will enhance the educational experiences of high school students and reduce risks of their participation. The National Federation will promote participation and sportsmanship to develop good citizens through interscholastic activities which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals.

National Federation Mission Statement

High school activities programs will attract more than 10 million participants this year. Nearly 50% of the student body of most schools will be involved in some phase of the interscholastic program.

In virtually all of these schools, the interscholastic activities program will require a school board subsidy between one and three percent of the total school budget. That includes equipment, supplies, transportation, coaches' salaries and a portion of the utility bills.

Fifty percent of the students at one to three percent of the budget: that could be the best bargain in public education, and it's the kind of accountability in education which the public is demanding. Rather than being squeezed out of school programs, interscholastic activities programs should be held up to the communities as model programs for these times.

THE MEMBERSHIP of the National Federation consists of 51 individual state high school athletic and/or activity associations and the association of the District of Columbia. Also benefiting from National Federation services are affiliated members of 11 Canadian provincial associations and similar groups in the Philippines, Guam, Bermuda and the Virgin Islands. Policies for high school athletics emanate from the National Federation and its members.

THE SERVICES of the National Federation are based on the belief that strong state and national high school organizations are necessary to: **protect** the activity and athletic interests of high schools and the student participants, and **promote** growth of programs which are educational in both means and ends for the participants.

COACHES AND OFFICIALS are also served in a variety of ways through the National Federation Interscholastic Coaches Association (NFICA) and the National Federation Interscholastic Officials Association (NFIOA). Each individual member receives a monthly tabloid containing information to assist individual professional development as well as inform and involve high school coaches and officials in the work of their state and national administrative organizations.

ATHLETIC DIRECTORS benefit directly from National Federation services, including an annual conference conducted for them and printed proceedings distributed to them. A quarterly journal, *Interscholastic Athletic Administration*, is published as a continuing forum for the exchange of ideas pertinent to athletic administration, a growing profession which the National Federation recognizes as vital to the welfare of high school sports.

NATIONAL FEDERATION PUBLICATIONS are published in 17 sports. The National Federation rules committees consist of high school coaches and administrators.

THE HIGH SCHOOL TODAY is a comprehensive publication distributed ten times a year. Included in each publication are all major athletic rule changes, questions and answers for various sports while in session, plus a section containing music and speech information. The HS TODAY is provided to members of the various National Federation professional organizations as part of their membership. The Publication reaches thousands of high school administrators, coaches and officials, as well as the general public and news media across the nation.

FEDERAL LEGISLATION is monitored by the National Federation staff, and the membership aggressively opposes bills which would adversely affect interscholastic activities programs on the local, state or national levels.

ATHLETIC EXPERIMENTATION is conducted by the National Federation through its rules committees and cooperating agencies, such as the National Operating Committee for Standards of Athletic Equipment. The result is safety in high school athletic which is unparalleled on any other level of competition.

SANCTIONING of interstate and international contests is carried out by the National Federation to curb abuses which might result without such a program. Applications for sanction are carefully reviewed to assure that students will not be exploited and that certain programs are not overemphasized at the expense of others.

NATIONAL RECORDS are maintained by the National Federation in order to bring proper recognition to boys and girls who achieve unprecedented performances in interscholastic competition. It is believed such recognition stimulates public interest in high school programs and motivates other boys and girls to improve their skills.

HIGH SCHOOLS are represented by the National Federation on the U.S. Olympic Committee and national sport governing bodies. The National Federation cooperates with many other national organizations such as Major League Baseball, the National Collegiate Athletic Association, the National Junior College Athletic Association, the National Association of Secondary School Principals and the Young Men's Christian Association to the extent that such organizations' activities affect interscholastic programs and participants.

NEW YORK STATE INVOLVEMENT WITH THE NATIONAL FEDERATION

The New York State Public High School Athletic Association, Inc.
has been a member of the National Federation of State
High School Associations since 1926.

COMMITTEE REPRESENTATIVES

Football: Richard Cerone
Track and Field: Oscar Jensen
Boys Lacrosse: James Amen
Coaches Quarterly: Carl Normandin
Officials Quarterly: Bob Kersch
Girls Lacrosse: Jacquie Gow
Board of Directors: Nina VanErk

NYSPHSAA, INC. MEMBERSHIP

	Members (Sr HS)	Members (Jr HS)	Total Schools
Section 1 (Dutchess, Putnam, Rockland, Westchester)	83	83	168
Section 2 (Capital District)	95	101	194
Section 3 (Central New York)	104	114	218
Section 4 (Southern Tier)	72	79	151
Section 5 (Genesee Valley)	119	115	238
Section 6 (Western New York)	94	81	175
Section 7 (Champlain Area)	25	23	48
Section 8 (Nassau)	57	56	113
Section 9 (Orange, Sullivan, Ulster, Dutchess)	44	45	89
Section 10 (St. Lawrence Area)	24	25	49
Section 11 (Suffolk)	61	80	141
	778	802	1584

CLASSIFICATION PROCEDURE

For school classification purposes, enrollment figures are collected by the Section Athletic Councils from the October State Education Department BEDS (Bureau of Education Data Systems) forms. The classification of schools shall be approved and set for the following school year by the Executive Committee in January. For classification purposes the school's total enrollment, boys and girls, grades 9, 10, 11 plus prorated ungraded*, are used.

Classification numbers are verified with the State Education Department numbers when they become available.

The classification of a single gender school will be established by doubling its enrollment (9-11 and prorated ungraded*). Publicly funded special act schools may be classified by the Section by sport according to the unique enrollment of such school. Non-public and charter schools may be classified by sport. Sections will establish a process for the review of the classification of all nonpublic and Charter Schools in their Section.

If a combined school team goes beyond sectional level competition, their boys and girls grades 9, 10, 11 plus prorated ungraded* enrollment shall be combined for state level competition.

Schools within each section may choose to move up but not down in classification. A school, following its Section's established procedure for moving up in class for a particular sport, must remain in that class throughout that entire sport's season.

*(prorating ungraded examples)

- 1) schools that have only grades 9-12 count 3/4 of the ungraded students
- 2) schools that have all grades 7-12 count 1/2 of the ungraded students
- 3) schools that have only grades 8-12 count 3/5 of the ungraded students

- 4) schools that have only grades 10-12 count 2/3 of the ungraded students
 5) schools that have only grades 7-9 count 1/3 of the ungraded students

2010-2011 FIVE CLASS NUMBERS

Class AA 925-up
 Class A 525-924
 Class B 305-524

Class C 175-304
 Class D 174-below

INDIVIDUAL SPORTS

Division I 600-up
 Division II 599-below

TEAM SPORTS (3 Class)

A 800-up
 B 400-799
 C 399-below

CLASSIFICATION VARIATIONS

(as approved by the NYSPHSAA Executive Committee)

Cross Country

Class A 911-up
Class B 470-910
Class C 260-469
Class D 259-below

Girls Volleyball

Class AA 1040-up
 Class A 690-1039
 Class B 436-689
 Class C 256-435
 Class D 255-below

Field Hockey

Class A 915-up
 Class B 914-450
 Class C 449-below

Girls Lacrosse

Class A 1050-up
 Class B 675 - 1049
 Class C 674-below

Football

Class AA 1000-up
 Class A 600-999
 Class B 400-599
 Class C 260-399
 Class D 259-below

Boys Lacrosse

Class A 1050-up
 Class B 650-1049
 Class C/D 649-below

Boys Volleyball

Class A 1000-up
 Class B 999-below

Ice Hockey

Division I 1100-up
 Division II 1099-below

The NYSPHSAA's official school address directory is the
Clell Wade New York State Coaches Directory,
 available for purchase with the seasonal rule book order.

SECTION 1

PRESIDENT: Dr. Daniel McCann, Hendrick Hudson CS, Montrose 10548
 VICE PRESIDENT: Jim Lindsay, Dobbs Ferry HS 10522
 EXECUTIVE DIRECTOR: Jen Simmons, So. Westchester BOCES, Elmsford 10523
 TREASURER: Jen Simmons, So. Westchester BOCES, Elmsford 10523

Ardsley ARDSLEY UNION FREE SCHOOL DISTRICT 10502

Ardsley High School, Ardsley 10502

Ardsley Middle School, Ardsley 10502

Armonk BYRAM HILLS CENTRAL SCHOOL DISTRICT 10504

Byram Hills Sr High School, Armonk 10504

H.C. Crittenden Middle School, Armonk 10504

Bardonia ALBERTUS MAGNUS HIGH SCHOOL 10954

Albertus Magnus High School, Bardonia 10954

Beacon BEACON CITY SCHOOL DISTRICT 12508

Beacon High School, Beacon 12508

Rombout Middle School, Beacon 12508

Blauvelt SOUTH ORANGETOWN CENTRAL SCHOOL DISTRICT 10913

Tappan Zee High School, Orangeburg 10962

South Orangetown Middle School, Blauvelt 10913

Brewster BREWSTER CENTRAL SCHOOL DISTRICT 10509

Brewster High School, Brewster 10509

Henry H. Wells Middle School, Brewster 10509

Briarcliff Manor BRIARCLIFF MANOR UNION FREE SCHOOL DISTRICT 10510

Briarcliff High School, Briarcliff Manor 10510

Briarcliff Middle School, Briarcliff Manor 10510

Bronxville BRONXVILLE UNION FREE SCHOOL DISTRICT 10708

Bronxville High School, Bronxville 10708

Bronxville Middle School, Bronxville 10708

Chappaqua CHAPPAQUA CENTRAL SCHOOL DISTRICT 10514

Horace Greeley High School, Chappaqua 10514

Robert E. Bell School, Chappaqua 10514

Cold Spring HALDANE CENTRAL SCHOOL DISTRICT 10516

Haldane Jr/Sr High School, Cold Spring 10516

Croton CROTON-HARMON UNION FREE SCHOOL DISTRICT 10520

Croton-Harmon Sr High School, Croton 10520

Pierre VanCortlandt School, Croton 10520

Dobbs Ferry DOBBS FERRY UNION FREE SCHOOL DISTRICT 10522

Dobbs Ferry High School, Dobbs Ferry 10522

Dobbs Ferry Middle School, Dobbs Ferry 10522

Dobbs Ferry GREENBURGH ELEVEN UFSD 10522

Greenburgh Eleven High School, Dobbs Ferry 10522

Greenburgh Eleven Middle School, Dobbs Ferry 10522

Dobbs Ferry GREENBURGH-NORTH CASTLE UFSD 10522

Clark Academy, Dobbs Ferry 10522

Greenburgh Academy, Yonkers 10701

Dover Plains DOVER UNION FREE SCHOOL DISTRICT 12522

Dover High School, Dover Plains 12522

Dover Middle School, Dover Plains 12522

Eastchester EASTCHESTER UNION FREE SCHOOL DISTRICT 10707

Eastchester Sr High School, Eastchester 10707

Eastchester Middle School, Eastchester 10707

Eastchester TUCKAHOE UNION FREE SCHOOL DISTRICT 10707

Tuckahoe High School, Eastchester 10707

Tuckahoe Middle School, Eastchester 10707

Elmsford ELSMFORD UNION FREE SCHOOL DISTRICT 10523

Alexander Hamilton Jr/Sr High School, Elmsford 10523

Garnerville HAVERSTRAW-STONY POINT CENTRAL SCHOOL DISTRICT 10923

North Rockland High School, Thiells 10984

Haverstraw Middle School, Haverstraw 10927

James A Farley Middle School, Stony Point 10980

Willow Grove Middle School, Thiells 10984 - Elementary?

Garrison GARRISON UNION FREE SCHOOL DISTRICT 10524

Garrison Jr High School, Garrison 10524

Harrison HARRISON CENTRAL SCHOOL DISTRICT 10528

Harrison High School, Harrison 10528

Louis M Klein Middle School, Harrison 10528

Hartsdale SOLOMON SCHECHTER SCHOOL 10530

Solomon Schechter School, Hartsdale 10530

Hastings-on-Hudson HASTINGS-ON-HUDSON UNION FREE SD 10706

Hastings High School, Hastings-on-Hudson 10706

Farragut Middle School, Hastings-on-Hudson 10706

Hastings-on-Hudson GREENBURGH-GRAHAM UFSD 10706

Martin Luther King High School, Hastings-on-Hudson 10706

Hartsdale GREENBURGH CENTRAL SCHOOL DISTRICT 10530

Woodlands Senior High School, Hartsdale 10530

Woodlands Middle School, Hartsdale 10530

Hawthorne HAWTHORNE-CEDAR KNOLLS UFSD 10532

Hawthorne-Cedar Knolls High School, Hawthorne 10532

Hillburn RAMAPO CENTRAL SCHOOL DISTRICT 10931

Suffern Sr High School, Suffern 10901

Suffern Middle School, Suffern 10901

Irvington IRVINGTON UNION FREE SCHOOL DISTRICT 10533

Irvington High School, Irvington 10533

Irvington Middle School, Irvington 10533

Katonah KATONAH-LEWISBORO UNION FREE SCHOOL DISTRICT 10536

John Jay Sr High School, Cross River 10518

John Jay Middle School, Cross River 10518

Lincolndale IVES SCHOOL 10540

Ives School (Jr/Sr), Lincolndale 10540

Lincolndale SOMERS CENTRAL SCHOOL DISTRICT 10540

Somers Sr High School, Lincolndale 10540

Somers Middle School, Somers 10589

Mahopac MAHOPAC CENTRAL SCHOOL DISTRICT 10541

Mahopac High School, Mahopac 10541

Mahopac Middle School, Mahopac 10541

Mamaroneck MAMARONECK UNION FREE SCHOOL DISTRICT 10543

Mamaroneck High School, Mamaroneck 10543

Hommocks School, Larchmont 10538

Mamaroneck RYE NECK UNION FREE SCHOOL DISTRICT 10543

Rye Neck Sr High School, Mamaroneck 10543

Rye Neck Middle School, Mamaroneck 10543

Montrose HENDRICK HUDSON CENTRAL SCHOOL 10548

Hendrick Hudson High School, Montrose 10548

Blue Mountain Middle School, Cortlandt Manor 10567

Mt.Kisco BEDFORD CENTRAL SCHOOL DISTRICT 10549

Fox Lane High School, Bedford 10506

Fox Lane Middle School, Bedford 10506

Mount Vernon MOUNT VERNON CITY SCHOOL DISTRICT 10553

Mount Vernon High School, Mount Vernon 10552

Nelson A. Mandela Community High School, Mount Vernon 10550

Thornton School, Mount Vernon 10550

Davis Middle School, Mount Vernon 10552

Nanuet NANUET UNION FREE SCHOOL DISTRICT 10954

Nanuet Sr High School, Nanuet 10954

A Macarthur Barr Middle School, Nanuet 10954

New City CLARKSTOWN CENTRAL SCHOOL DISTRICT 10994

Clarkstown North Sr High School, New City 10956

Clarkstown South Sr High School, West Nyack 10994

Felix V Festa Middle School, West Nyack 10994

New Rochelle NEW ROCHELLE CITY SCHOOL DISTRICT 10801

New Rochelle Sr High School, New Rochelle 10801

Albert Leonard Middle School, New Rochelle 10804

Isaac E Young Middle School, New Rochelle 10805

New Rochelle URSULINE SCHOOL 10804

Ursuline (Jr/Sr) School, New Rochelle 10804

North Salem NORTH SALEM CENTRAL SCHOOL DISTRICT 10560

North Salem Jr/Sr High School, North Salem 10560

Nyack NYACK UNION FREE SCHOOL DISTRICT 10960

Nyack Sr High School, Upper Nyack 10960

Nyack Middle School, Nyack 10960

Ossining OSSINING UNION FREE SCHOOL DISTRICT 10562

Ossining Sr High School, Ossining 10562

Anne M Dorner Middle School, Ossining 10562

Patterson CARMEL CENTRAL SCHOOL DISTRICT 12563

Carmel Sr High School, Carmel 10512

George Fischer Middle School, Carmel 10512

Pawling PAWLING CENTRAL SCHOOL DISTRICT 12564

Pawling High School, Pawling 12564

Pawling Middle School, Pawling 12564

Pearl River PEARL RIVER UNION FREE SCHOOL DISTRICT 10965

Pearl River Sr High School, Pearl River 10965

Pearl River Middle School, Pearl River 10965

Peekskill PEEKSKILL CITY SCHOOL DISTRICT 10566

Peekskill High School, Peekskill 10566

Peekskill Middle School, Peekskill 10566

Pelham PELHAM UNION FREE SCHOOL DISTRICT 10803

Pelham Memorial High School, Pelham 10803

Pelham Middle School, Pelham 10803

Pleasantville MOUNT PLEASANT-COTTAGE SCHOOL UFSD 10570

Mount Pleasant-Cottage School, Pleasantville 10570

Pleasantville PLEASANTVILLE UNION FREE SCHOOL DISTRICT 10570

Pleasantville Jr/Sr High School, Pleasantville 10570

Port Chester PORT CHESTER-RYE UNION FREE SCHOOL DISTRICT 10573

Port Chester Sr High School, Port Chester 10573

Port Chester Middle School, Port Chester 10573

Poughkeepsie ARLINGTON CENTRAL SCHOOL DISTRICT 12603

Arlington High School, LaGrangeville 12540

Arlington Middle School, Poughkeepsie 12603

LaGrange Middle School, LaGrangeville 12540

Union Vale Middle School, LaGrangeville 12540

Poughkeepsie OUR LADY OF LOURDES 12603

Our Lady of Lourdes High School, Poughkeepsie 12603

Poughkeepsie **POUGHKEEPSIE CITY SCHOOL DISTRICT 12603**

Poughkeepsie High School, Poughkeepsie 12603

Poughkeepsie Middle School, Poughkeepsie 12603

Purchase **KEIO ACADEMY 10577**

Keio Academy, Purchase 10577

Putnam Valley **PUTNAM VALLEY CENTRAL SCHOOL DISTRICT 10579**

Putnam Valley High School, Putnam Valley 10579

Putnam Valley Middle School, Putnam Valley 10579

Rye **RYE CITY SCHOOL DISTRICT 10580**

Rye High School, Rye 10580

Rye Middle School, Rye 10580

Rye Brook **BLIND BROOK-RYE UNION FREE SCHOOL DISTRICT 10573**

Blind Brook Middle/High School, Rye Brook 10573

Scarsdale **EDGEMONT UNION FREE SCHOOL DISTRICT 10583**

Edgemont Jr/Sr High School, Edgemont 10583

Scarsdale **SCARSDALE UNION FREE SCHOOL DISTRICT 10583**

Scarsdale Sr High School, Scarsdale 10583

Scarsdale Middle School, Scarsdale 10583

Shrub Oak **LAKELAND CENTRAL SCHOOL DISTRICT 10588**

Lakeland Sr High School, Shrub Oak 10588

Walter Panas High School, Peekskill 10566

Lakeland-Copper Beech Middle School, Yorktown Heights 10598

Sleepy Hollow **UNION FREE SCHOOL DISTRICT OF THE TARRYTOWNS 10591**

Sleepy Hollow Middle/High School, Sleepy Hollow 10591

Sleepy Hollow **POCANTICO HILLS CENTRAL SCHOOL DISTRICT 10591**

Pocantico Hills (Jr) Central School, Sleepy Hollow 10591

Somers **JOHN F KENNEDY HIGH SCHOOL 10589**

John F Kennedy Catholic High School, Somers 10589

Spring Valley **EAST RAMAPO CENTRAL SCHOOL DISTRICT 10977**

Ramapo Sr High School, Spring Valley 10977

Spring Valley Sr High School, Spring Valley 10977

Pomona Middle School, Suffern 10901

Chestnut Ridge Middle School, Chestnut Ridge 10977

Thornwood **MOUNT PLEASANT UNION FREE SCHOOL DISTRICT 10594**

Westlake High School, Thornwood 10594

Westlake Middle School, Thornwood 10594

Valhalla **VALHALLA UNION FREE SCHOOL DISTRICT 10595**

Valhalla High School, Valhalla 10595

Valhalla Middle School, Valhalla 10595

Wappingers Falls **WAPPINGERS CENTRAL SCHOOL DISTRICT 12590**

John Jay Sr High School, Hopewell Jct. 12533

Roy C Ketcham Sr High School, Wappingers Falls 12590

Van Wyck Jr High School, Wappingers Falls 12590

Wappingers Falls Jr High School, Wappingers Falls 12590

White Plains **WHITE PLAINS CITY SCHOOL DISTRICT 10605**

White Plains Sr High School, White Plains 10605

White Plains Middle School, White Plains 10601

Yonkers **CAROL & FRANK BIONDI EDUCATION CENTER 10705**

Carol & Frank Biondi Educ Center Jr/Sr High School, Yonkers 10705

Yonkers **YONKERS CITY SCHOOL DISTRICT 10701**

Gorton High School, Yonkers 10701

Lincoln High School, Yonkers 10704

Palisades Prep HS, Yonkers 10701

Riverside HS, Yonkers 10701

Roosevelt High School, Yonkers 10710

Saunders Trade & Tech High School, Yonkers 10701

Yonkers High School, Yonkers 10705**Yonkers Montessori Academy, Yonkers 10704**

Casimir Pulaski School, Scarsdale 10583

Enrico Fermi MS, Yonkers 10701

Family School 32, Yonkers 10710

Martin Luther King Jr. High Tech & Computer Magnet School, Yonkers 10701

Paideia School 15, Yonkers 10707

Pearls Hawthorne School, Yonkers 10705

Robert C. Dodson School, Yonkers 10710

School 5 MS, Yonkers 10701

Scholastic Academy, Yonkers 10701

School 23 MS, Yonkers 10701

School 29, Yonkers 10710

Yonkers Middle School, Yonkers 10705

Yorktown Heights YORKTOWN CENTRAL SCHOOL DISTRICT 10598

Yorktown High School, Yorktown Heights 10598

Mildred E. Strang Middle School, Yorktown Heights 10598

Section 1 FRIEND & NEIGHBOR Expiration Date

EF International School of English (10) 100 Marymont Ave., Tarrytown 10591	8/13
French American School of NY (7-12) 145 New St., Mamaroneck 10543	12/11
German School of New York (7-12) 50 Partridge Rd, White Plains 10605	8/13
Hallen School (7-12) 97 Center St., New Rochelle 10801	8/12
Horace Mann School (7-12) 231 West 246th St., Bronx 14071	8/13
Rippowam Ciskua School (5-9) 439 Cantioe Rd, Bedford 10506	8/13
Rye Country Day School (7-12) Cedar St, Rye 10580	8/13
St. Margaret School (7-8) 34 No. Magnolia Street, Pearl River 10965	8/12
School of the Holy Child (7-12) 2205 Westchester Ave, Rye 10580	8/13

SECTION 2

PRESIDENT: Paul Jenkins, Glens Falls HS 12801

1ST VICE PRESIDENT: Jamian Rockhill, Schoharie CS 12157

EXECUTIVE DIRECTOR: Doug Kenyon, 234 Glen Street, Glens Falls 12801

SECRETARY/ASST.TREAS: Fred Gula, 14 Hite Court, Schenectady NY 12303

TREASURER: Roger Seward, 341 Hammondtown Rd., Amsterdam 12020

Albany ACADEMY OF THE HOLY NAMES 12208

Academy of the Holy Names High School, Albany 12208

Academy of the Holy Names Middle School, Albany 12208

Albany ALBANY ACADEMIES (THE) 12208

The Albany (Jr/Sr) Academies, Albany 12208

Albany ALBANY CITY SCHOOL DISTRICT 12207

Albany High School, Albany 12203North Albany Academy MS, Albany 12204Stephen & Harriet Myers MS, Albany 12209

William S Hackett Middle School, Albany 12202

Albany ALBANY LEADERSHIP CHARTER SCHOOL 12208Albany Leadership Charter School, Albany 12208

Albany BISHOP MAGINN HIGH SCHOOL 12202

Bishop Maginn High School, Albany 12202

Albany CHRISTIAN BROTHERS ACADEMY 12205

Christian Brothers Jr/Sr Academy, Albany 12205

- Albany DOANE STUART SCHOOL 12202
Doane Stuart Jr/Sr High School, Albany 12202
 Albany GREEN TECH HIGH CHARTER SCHOOL 12210
Green Tech High Charter School, Albany 12210
 Albany KIPP TECH CHARTER SCHOOL 12110
 Kipp Tech Charter (Jr) School, Albany 12110
 Albany SOUTH COLONIE CENTRAL SCHOOL DISTRICT 12205
Colonie Central High School, Albany 12205
 Lisha Kill Middle School, Albany 12205
 Sand Creek Middle School, Albany 12205
 Amsterdam AMSTERDAM CITY SCHOOL DISTRICT 12010
Amsterdam High School, Amsterdam 12010
 Lynch Middle School, Amsterdam 12010
 Argyle ARGYLE CENTRAL SCHOOL DISTRICT 12809
Argyle Jr/Sr High School, Argyle 12809
 Averill Park AVERILL PARK CENTRAL SCHOOL DISTRICT 12018
Averill Park High School, Averill Park 12018
 Algonquin Middle School, Averill Park 12018
 Ballston Spa BALLSTON SPA CENTRAL SCHOOL DISTRICT 12020
Ballston Spa Sr High School, Ballston Spa 12020
 Ballston Spa Middle School, Ballston Spa 12020
 Berlin BERLIN CENTRAL SCHOOL DISTRICT 12022
Berlin Jr/Sr High School, Cherry Plain 12040
 Berne BERNE-KNOX-WESTERLO CENTRAL SCHOOL DISTRICT 12023
Berne-Knox-Westerlo Jr/Sr High School, Berne 12023
 Bolton Landing BOLTON CENTRAL SCHOOL DISTRICT 12814
Bolton Jr/Sr High School, Bolton Landing 12814
 Broadalbin BROADALBIN-PERTH CENTRAL SCHOOL DISTRICT 12025
Broadalbin-Perth High School, Broadalbin 12025
 Broadalbin-Perth Middle School, Amsterdam 12010
 Cairo CAIRO-DURHAM CENTRAL SCHOOL DISTRICT 12413
Cairo-Durham Jr/Sr High School, Cairo 12413
 Cambridge CAMBRIDGE CENTRAL SCHOOL DISTRICT 12816
Cambridge Jr/Sr High School, Cambridge 12816
 Canajoharie CANAJOHARIE CENTRAL SCHOOL DISTRICT 13317
Canajoharie Sr High School, Canajoharie 13317
 Canajoharie Middle School, Canajoharie 13317
 Caroga Lake WHEELERVILLE UNION FREE SCHOOL DISTRICT 12032
 Wheelerville (Jr) School, Caroga Lake 12032
 Catskill CATSKILL CENTRAL SCHOOL DISTRICT 12414
Catskill Sr High School, Catskill 12414
 Catskill Middle School, Catskill 12414
 Chatham CHATHAM CENTRAL SCHOOL DISTRICT 12037
Chatham High School, Chatham 12037
 Chatham Middle School, Chatham 12037
 Chestertown NO. WARREN CENTRAL SCHOOL DISTRICT 12817
North Warren Jr/Sr High School, Chestertown 12817
 Clifton Park SHENENDEHOWA CENTRAL SCHOOL DISTRICT 12065
Shenendehowa High School, Clifton Park 12065
 Acadia Middle School, Clifton Park 12065
 Gowana Middle School, Clifton Park 12065
 Koda Middle School, Clifton Park 12065
 Cobleskill COBLESKILL-RICHMONDVILLE CENTRAL SCHOOL DISTRICT 12043
Cobleskill-Richmondville High School, Richmondville 12149
 William H Golding Middle School, Cobleskill 12043

- Cohoes COHOES CITY SCHOOL DISTRICT 12047
Cohoes High School, Cohoes 12047
 Cohoes Middle School, Cohoes 12047
- Corinth CORINTH CENTRAL SCHOOL DISTRICT 12822
Corinth Middle/High School, Corinth 12822
- Coxsackie COXSACKIE-ATHENS CENTRAL SCHOOL DISTRICT 12051
Coxsackie-Athens High School, Coxsackie 12051
 Coxsackie-Athens Middle School, Coxsackie 12051
- Craryville TACONIC HILLS CENTRAL SCHOOL DISTRICT 12521
Taconic Hills Middle/High School, Craryville 12521
- Delanson DUANESBURG CENTRAL SCHOOL DISTRICT 12053
Duanesburg Jr/Sr High School, Delanson 12053
- Delmar BETHLEHEM CENTRAL SCHOOL DISTRICT 12054
Bethlehem Central Sr High School, Delmar 12054
 Bethlehem Central Middle School, Delmar 12054
- East Greenbush EAST GREENBUSH CENTRAL SCHOOL DISTRICT 12061
Columbia High School, East Greenbush 12061
 Howard L Goff Middle School, East Greenbush 12061
- Fonda FONDA-FULTONVILLE CENTRAL SCHOOL DISTRICT 12068
Fonda-Fultonville Sr High School, Fonda 12068
 Fonda-Fultonville Middle School, Fonda 12068
- Fort Ann FORT ANN CENTRAL SCHOOL DISTRICT 12827
Fort Ann Jr/Sr High School, Fort Ann 12827
- Fort Edward FORT EDWARD UNION FREE SCHOOL DISTRICT 12828
Fort Edward Jr/Sr High School, Fort Edward 12828
- Fort Plain FORT PLAIN CENTRAL SCHOOL DISTRICT 13339
Fort Plain Jr/Sr High School, Fort Plain 13339
- Galway GALWAY CENTRAL SCHOOL DISTRICT 12074
Galway Middle/High School, Galway 12074
- Germantown GERMANTOWN CENTRAL SCHOOL DISTRICT 12526
Germantown Jr/Sr High School, Germantown 12526
- Ghent HAWTHORNE VALLEY SCHOOL 12075
 Hawthorne Valley School, Ghent 12075
- Glens Falls GLENS FALLS CITY SCHOOL DISTRICT 12801
Glens Falls Sr High School, Glens Falls 12801
 Glens Falls Middle School, Glens Falls 12801
- Gloversville GLOVERSVILLE CITY SCHOOL DISTRICT 12078
Gloversville High School, Gloversville 12078
 Gloversville Middle School, Gloversville 12078
- Granville GRANVILLE CENTRAL SCHOOL DISTRICT 12832
Granville Jr /Sr High School, Granville 12832
- Green Island GREEN ISLAND UNION FREE SCHOOL DISTRICT 12183
Heatly Jr/Sr High School, Green Island 12183
- Greenville GREENVILLE CENTRAL SCHOOL DISTRICT 12083
Greenville Jr/Sr High School, Greenville 12083
- Greenwich GREENWICH CENTRAL SCHOOL DISTRICT 12834
Greenwich Jr/Sr High School, Greenwich 12834
- Guilderland GUILDERLAND CENTRAL SCHOOL DISTRICT 12084
Guilderland High School, Guilderland Center 12085
 Farnsworth Middle School, Guilderland 12084
- Hartford HARTFORD CENTRAL SCHOOL DISTRICT 12838
Hartford Jr/Sr High School, Hartford 12838
- Hoosick Falls HOOSICK FALLS CENTRAL SCHOOL DISTRICT 12090
Hoosick Falls Middle/High School, Hoosick Falls 12090

Hudson HUDSON CITY SCHOOL DISTRICT 12534

Hudson Sr High School, Hudson 12534

Hudson Middle School, Hudson 12534

Hudson Falls HUDSON FALLS CENTRAL SCHOOL DISTRICT 12839

Hudson Falls Sr High School, Hudson Falls 12839

Hudson Falls Middle School, Hudson Falls 12839

Johnstown JOHNSTOWN CITY SCHOOL DISTRICT 12095

Johnstown Sr High School, Johnstown 12095

Knox Jr High School, Johnstown 12095

Lake George LAKE GEORGE CENTRAL SCHOOL DISTRICT 12845

Lake George Jr/Sr High School, Lake George 12845

Lake Luzerne HADLEY-LUZERNE CENTRAL SCHOOL DISTRICT 12846

Hadley-Luzerne Sr High School, Lake Luzerne 12846

Stuart M. Townsend Middle School, Lake Luzerne 12846

Latham NORTH COLONIE CENTRAL SCHOOL DISTRICT 12110

Shaker High School, Latham 12110

Shaker Jr High School, Latham 12110

Loudonville LOUDONVILLE CHRISTIAN SCHOOL 12211

Loudonville Christian (Jr/Sr) School, Loudonville 12211

Mayfield MAYFIELD CENTRAL SCHOOL DISTRICT 12117

Mayfield Jr/Sr High School, Mayfield 12117

Mechanicville MECHANICVILLE CITY SCHOOL DISTRICT 12118

Mechanicville Jr/Sr High School, Mechanicville 12118

Middleburgh MIDDLEBURGH CENTRAL SCHOOL DISTRICT 12122

Middleburgh Jr/Sr High School, Middleburgh 12122

Niskayuna NISKAYUNA CENTRAL SCHOOL DISTRICT 12309

Niskayuna High School, Niskayuna 12309

Iroquois Middle School, Niskayuna 12309

VanAntwerp Middle School, Niskayuna 12309

North Creek JOHNSBURG CENTRAL SCHOOL DISTRICT 12853

Johnsburg Jr/Sr High School, North Creek 12853

Northville NORTHVILLE CENTRAL SCHOOL DISTRICT 12134

Northville Jr/Sr High School, Northville 12134

Queensbury QUEENSBURY UNION FREE SCHOOL DISTRICT 12804

Queensbury Sr High School, Queensbury 12804

Queensbury Middle School, Queensbury 12804

Ravena RAVENA-COEYMANS-SELKIRK CENTRAL SCHOOL DISTRICT 12158

Ravena-Coeymans-Selkirk Sr High School, Ravena 12143

Ravena-Coeymans-Selkirk Jr High School, Ravena 12143

Rensselaer RENSSELAER CITY SCHOOL DISTRICT 12144

Rensselaer Jr/Sr High School, Rensselaer 12144

Rotterdam ROTTERDAM-MOHONASEN CENTRAL SCHOOL DISTRICT 12303

Mohonasen Sr High School, Schenectady 12303

Draper Middle School, Schenectady 12303

St.Johnsville ST. JOHNSVILLE CENTRAL SCHOOL DISTRICT 13452

St. Johnsville Jr/Sr High School, St.Johnsville 13452

Salem SALEM CENTRAL SCHOOL DISTRICT 12865

Salem Jr/Sr High School, Salem 12865

Saratoga SARATOGA CENTRAL CATHOLIC HIGH SCHOOL 12866

Saratoga Central Catholic Jr/Sr High School, Saratoga Springs 12866

Saratoga SARATOGA SPRINGS CITY SCHOOL DISTRICT 12866

Saratoga Springs High School, Saratoga Springs 12866

Saratoga Jr High School, Saratoga Springs 12866

Maple Avenue Middle School, Saratoga Springs 12866

Schaghticoke HOOSIC VALLEY CENTRAL SCHOOL DISTRICT 12154

Hoosic Valley Jr/Sr High School, Schaghticoke 12154

Schenectady NOTRE DAME-BISHOP GIBBONS HIGH SCHOOL 12304
Notre Dame-Bishop Gibbons Jr/Sr High School, Schenectady 12304

Schenectady SCHALMONT CENTRAL SCHOOL DISTRICT 12306
Schalmont High School, Schenectady 12306
 Schalmont Middle School, Schenectady 12306

Schenectady SCHENECTADY CITY SCHOOL DISTRICT 12307
Schenectady High School, Schenectady 12308
 Central Park Middle School, Schenectady 12304
 Oneida Middle School, Schenectady 12308
 Mont Pleasant Middle School, Schenectady 12303

Schodack SCHODACK CENTRAL SCHOOL DISTRICT 12033
Maple Hill High School, Castleton-on-Hudson 12033
 Maple Hill Middle School, Castleton-on-Hudson 12033

Schoharie SCHOHARIE CENTRAL SCHOOL DISTRICT 12157
Schoharie Jr/Sr High School, Schoharie 12157

Schuylerville SCHUYLERVILLE CENTRAL SCHOOL DISTRICT 12871
Schuylerville Jr/Sr High School, Schuylerville 12871

Scotia BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOL DISTRICT 12302
Burnt Hills-Ballston Lake Sr High School, Burnt Hills 12027
 Richard H. O'Rourke Middle School, Burnt Hills 12027

Scotia SCOTIA-GLENVILLE CENTRAL SCHOOL DISTRICT 12302
Scotia-Glenville Sr High School, Scotia 12302
 Scotia-Glenville Jr High School, Scotia 12302

Scotia MEKEEL CHRISTIAN ACADEMY 12302
Mekeel Christian Academy, Scotia 12302

Sharon Springs SHARON SPRINGS CENTRAL SCHOOL DISTRICT 13459
Sharon Springs Jr/Sr High School, Sharon Springs 13459

South Glens Falls SOUTH GLENS FALLS CENTRAL SCHOOL DISTRICT 12803
So. Glens Falls Sr High School, So. Glens Falls 12803
 Oliver W. Winch Jr High School, So. Glens Falls 12803

Stillwater STILLWATER CENTRAL SCHOOL DISTRICT 12170
Stillwater Middle/High School, Stillwater 12170

Troy BRUNSWICK CENTRAL SCHOOL DISTRICT 12180
Tamarac Middle-High School, Troy 12180

Troy CATHOLIC CENTRAL HIGH SCHOOL 12182
Catholic Central Jr/Sr High School, Troy 12182

Troy EMMA WILLARD SCHOOL 12180
Emma Willard School, Troy 12180

Troy LA SALLE INSTITUTE 12180
LaSalle (Jr/Sr) Institute, Troy 12180

Troy LANSINGBURGH CENTRAL SCHOOL DISTRICT 12182
Lansingburgh Sr High School, Troy 12182
 Knickerbacker Jr High School, Troy 12182

Troy TROY CITY SCHOOL DISTRICT 12180
Troy High School, Troy 12180
 W. Kenneth Doyle Middle School, Troy 12180

Valatie KINDERHOOK CENTRAL SCHOOL DISTRICT 12184
Ichabod Crane Sr High School, Valatie 12184
 Ichabod Crane Middle School, Valatie 12184

Voorheesville VOORHEESVILLE CENTRAL SCHOOL DISTRICT 12186
C A Bouton Jr/Sr High School, Voorheesville 12186

Warrensburg WARRENSBURG CENTRAL SCHOOL DISTRICT 12885
Warrensburg Jr/Sr High School, Warrensburg 12885

Waterford WATERFORD-HALFMOON CENTRAL SCHOOL DISTRICT 12188
Waterford Jr/Sr High School, Waterford 12188

Watervliet WATERVLIET CITY SCHOOL DISTRICT 12189

Watervliet Jr/Sr High School, Watervliet 12189

West Lebanon NEW LEBANON CENTRAL SCHOOL DISTRICT 12125

New Lebanon Jr/Sr High School, Lebanon Springs 12114

Whitehall WHITEHALL CENTRAL SCHOOL DISTRICT 12887

Whitehall Jr/Sr High School, Whitehall 12887

Wynantskill WYNANTSKILL UNION FREE SCHOOL DISTRICT 12198

Gardner Dickinson (Jr) School, Wynantskill 12198

Section 2 FRIEND AND NEIGHBOR..... Expiration Date

Grapeville Christian School (7-12), 2416 CR 26, Climax 12042..... 1/12

St. Gregory's School for Boys (7-8), 121 Old Niskayuna Rd, Loudonville 12211.....10/11

St. Mary's/St.Alphonsus Academy (7-8), School St.,Glens Falls 12801 8/12

The Kings School (7-12), PO Box 300, Lake Luzerne 12846.....10/11

Waldorf School of Saratoga (7-12), 122 Regent, Saratoga Springs 12866..... 8/12

SECTION 3

PRESIDENT: Ken Fuller, Faith Heritage School, Syracuse 13205

VICE PRESIDENT - GIRLS: April Wertheim, Corcoran HS, Syracuse 13207

VICE PRESIDENT - BOYS: Christopher Doroshenko, Morrisville-Eaton CS, Morrisville 13408

EXECUTIVE DIRECTOR: John Rathbun, 4983 Brittonfield Pkwy, Ste 201, E. Syracuse 13057

TREASURER: Dawn Field, 4983 Brittonfield Pkwy, Ste 201, E. Syracuse 13057

Adams SOUTH JEFFERSON CENTRAL SCHOOL DISTRICT 13605

South Jefferson Jr/Sr High School, Adams 13605

Alexandria Bay ALEXANDRIA CENTRAL SCHOOL DISTRICT 13607

Alexandria Jr/Sr High School, Alexandria Bay 13607

Auburn AUBURN CITY SCHOOL DISTRICT 13021

Auburn High School, Auburn 13021

East Middle School, Auburn 13021

West Middle School, Auburn 13021

Auburn ST. JOSEPH SCHOOL 13021

St. Joseph School (7-8), Auburn 13021

Auburn TYBURN ACADEMY OF MARY IMMACULATE 13021

Tyburn Academy, Auburn 13021

Baldwinsville BALDWINVILLE CENTRAL SCHOOL DISTRICT 13027

Charles W. Baker High School, Baldwinsville 13027

Theodore R Durgee Jr (8-9) High School, Baldwinsville 13027

Donald S. Ray School (6-7), Baldwinsville 13027

Beaver Falls BEAVER RIVER CENTRAL SCHOOL DISTRICT 13305

Beaver River Middle/High School, Beaver Falls 13305

Belleville BELLEVILLE HENDERSON CENTRAL SCHOOL DISTRICT 13611

Belleville-Henderson Jr/Sr High School, Belleville 13611

Boonville ADIRONDACK CENTRAL SCHOOL DISTRICT 13309

Adirondack Middle/High School, Boonville 13309

Brookfield BROOKFIELD CENTRAL SCHOOL DISTRICT 13314

Brookfield (Jr/Sr) Central School, Brookfield 13314

Camden CAMDEN CENTRAL SCHOOL DISTRICT 13316

Camden Sr High School, Camden 13316

Camden Middle School, Camden 13316

Canastota CANASTOTA CENTRAL SCHOOL DISTRICT 13032

Canastota High School, Canastota 13032

Robert Street Middle Schools, Canastota 13032

- Carthage **CARTHAGE CENTRAL SCHOOL DISTRICT 13619**
Carthage Sr High School, Carthage 13619
 Carthage Middle School, Carthage 13619
- Camillus **WEST GENESEE CENTRAL SCHOOL DISTRICT 13031**
West Genesee Sr High School, Camillus 13031
 Camillus Middle School, Camillus 13031
 West Genesee Middle School, Camillus 13031
- Cato **CATO-MERIDIAN CENTRAL SCHOOL DISTRICT 13033**
Cato-Meridian Sr High School, Cato 13033
 Cato-Meridian Middle School, Cato 13033
- Cazenovia **CAZENOVIA CENTRAL SCHOOL DISTRICT 13035**
Cazenovia Middle/High School, Cazenovia 13035
- Central Square **CENTRAL SQUARE SCHOOL DISTRICT 13036**
Paul V Moore High School, Central Square 13036
 Central Square Middle School, Central Square 13036
- Chaumont **LYME CENTRAL SCHOOL DISTRICT 13622**
Lyme Jr/Sr High School, Chaumont 13662
- Chittenango **CHITTENANGO CENTRAL SCHOOL DISTRICT 13037**
Chittenango High School, Chittenango 13037
 Chittenango Middle School, Chittenango 13037
- Cincinnati **CINCINNATUS CENTRAL SCHOOL DISTRICT 13040**
Cincinnati Jr/Sr High School, Cincinnati 13040
- Clayton **THOUSAND ISLANDS CENTRAL SCHOOL DISTRICT 13624**
Thousand Islands High School, Clayton 13624
 Thousand Islands Middle School, Clayton 13624
- Clinton **CLINTON CENTRAL SCHOOL DISTRICT 13323**
Clinton Sr High School, Clinton 13323
 Clinton Middle School, Clinton 13323
- Cooperstown **COOPERSTOWN CENTRAL SCHOOL DISTRICT 13326**
Cooperstown Central High School, Cooperstown 13326
 Cooperstown Middle School, Cooperstown 13326
- Copenhagen **COPENHAGEN CENTRAL SCHOOL DISTRICT 13626**
Copenhagen Jr/Sr High School, Copenhagen 13626
- Cortland **CORTLAND CITY SCHOOL DISTRICT 13045**
Cortland Jr/Sr High School, Cortland 13045
- De Ruyter **DE RUYTER CENTRAL SCHOOL DISTRICT 13052**
De Ruyter Jr/Sr High School, DeRuyter 13052
- Dexter **GENERAL BROWN CENTRAL SCHOOL DISTRICT 13634**
General Brown Jr/Sr High School, Dexter 13634
- Dewitt **JAMESVILLE-DEWITT CENTRAL SCHOOL DISTRICT 13214**
Jamesville-DeWitt High School, Dewitt 13214
 Jamesville-Dewitt Middle School, Jamesville 13078
- Dewitt **MANLIUS-PEBBLE HILL SCHOOL 13214**
Manlius-Pebble Hill (Jr/Sr) School, DeWitt 13214
- Dolgeville **DOLGEVILLE CENTRAL SCHOOL DISTRICT 13329**
James A. Green Jr/Sr High School, Dolgeville 13329
- East Syracuse **BISHOP GRIMES 13057**
Bishop Grimes Jr/Sr High School, East Syracuse 13057
- East Syracuse **EAST SYRACUSE-MINOA CENTRAL SCHOOL DISTRICT 13057**
E. Syracuse-Minoa Central High School, E. Syracuse 13057
 Pine Grove Jr High School, E. Syracuse 13057
- Fabius **FABIUS-POMPEY CENTRAL SCHOOL DISTRICT 13063**
Fabius Pompey Middle/Sr High School, Fabius 13063
- Frankfort **FRANKFORT-SCHUYLER CENTRAL SCHOOL DISTRICT 13340**
Frankfort Schuyler Jr/Sr High School, Frankfort 13340

Fulton FULTON CITY SCHOOL DISTRICT 13069
G Ray Bodley High School, Fulton 13069
 Fulton Jr High School, Fulton 13069

Hamilton HAMILTON CENTRAL SCHOOL DISTRICT 13346
Hamilton Jr/Sr High School, Hamilton 13346

Hannibal HANNIBAL CENTRAL SCHOOL DISTRICT 13074
Hannibal Jr/Sr High School, Hannibal 13074

Herkimer HERKIMER CENTRAL SCHOOL DISTRICT 13350
Herkimer Jr/Sr High School, Herkimer 13350

Holland Patent HOLL AND PATENT CENTRAL SCHOOL 13354
Holland Patent Central High School, Holland Patent 13354
 Holland Patent Middle School, Holland Patent 13354

Homer HOMER CENTRAL SCHOOL DISTRICT 13077
Homer Sr High School, Homer 13077
 Homer Intermediate and Jr High School, Homer 13077

Ilion ILION CENTRAL SCHOOL DISTRICT 13357
Ilion Jr/Sr High School, Ilion 13357

Jordan JORDAN-ELBRIDGE CENTRAL SCHOOL DISTRICT 13080
Jordan-Elbridge High School, Jordan 13080
 Jordan-Elbridge Middle School, Jordan 13080

LaFargeville LA FARGEVILLE CENTRAL SCHOOL DISTRICT 13656
La Fargeville Jr/Sr High School, LaFargeville 13656

LaFayette LA FAYETTE CENTRAL SCHOOL DISTRICT 13084
LaFayette Jr/Sr High School, LaFayette 13084
 Onondaga Nation School, Nedrow 13120

Little Falls LITTLE FALLS CITY SCHOOL DISTRICT 13365
Little Falls Middle/High School, Little Falls 13365

Liverpool LIVERPOOL CENTRAL SCHOOL DISTRICT 13090
Liverpool High School, Liverpool 13090
 Chestnut Hill Middle School, Liverpool 13088
 Liverpool Middle School, Liverpool 13088
 Soule Road Middle School, Liverpool 13090

Lowville LOWVILLE ACADEMY & CENTRAL SCHOOL 13367
Lowville Jr/Sr High School, Lowville 13367

Madison MADISON CENTRAL SCHOOL DISTRICT 13402
Madison Jr/Sr High School, Madison 13402

Manlius FAYETTEVILLE-MANLIUS CENTRAL SCHOOL DISTRICT 13104
Fayetteville-Manlius Sr High School, Manlius 13104
 Eagle Hill Middle School, Manlius 13104
 Wellwood Middle School, Fayetteville 13066

Marcellus MARCELLUS CENTRAL SCHOOL DISTRICT 13108
Marcellus High School, Marcellus 13108
 C.S.Driver Middle School, Marcellus 13108

McGraw MCGRAW CENTRAL SCHOOL DISTRICT 13101
McGraw Jr/Sr High School, McGraw 13101

Mexico MEXICO CENTRAL SCHOOL DISTRICT 13114
Mexico High School, Mexico 13114
 Mexico Middle School, Mexico 13114

Mohawk MOHAWK CENTRAL SCHOOL DISTRICT 13407
Mohawk Jr/Sr High School, Mohawk 13407

Morrisville MORRISVILLE-EATON CENTRAL SCHOOL DISTRICT 13408
Morrisville Middle/High School, Morrisville 13408

Munnsville STOCKBRIDGE VALLEY CENTRAL SCHOOL DISTRICT 13409
Stockbridge Valley (Jr/Sr) Central School, Munnsville 13409

Nedrow ONONDAGA CENTRAL SCHOOL DISTRICT 13120
Onondaga Jr/Sr High School, Nedrow 13120

- New Hartford NEW HARTFORD CENTRAL SCHOOL DISTRICT 13413
New Hartford Sr High School, New Hartford 13413
 Perry Jr High School, New Hartford 13413
- Newport WEST CANADA VALLEY CENTRAL SCHOOL DISTRICT 13416
West Canada Valley Jr/Sr High School, Newport 13416
- New York Mills NEW YORK MILLS UNION FREE SCHOOL DISTRICT 13417
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- North Syracuse NORTH SYRACUSE CENTRAL SCHOOL DISTRICT 13212
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- Oriskany ORISKANY CENTRAL SCHOOL DISTRICT 13424
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- Parish ALTMAR-PARISH-WILLIAMSTOWN CENTRAL SCHOOL DISTRICT 13131
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- Rome ROME CITY SCHOOL DISTRICT 13440
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- Sackets Harbor SACKETS HARBOR CENTRAL SCHOOL DISTRICT 13685
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- St. Johnsville OPPENHEIM-EPHRATAH CENTRAL SCHOOL DISTRICT 13452
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- Sandy Creek SANDY CREEK CENTRAL SCHOOL DISTRICT 13145
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George Fowler High School, Syracuse 13204

Henninger High School, Syracuse 13206

Intitute of Technology @ Syracuse Central, Syracuse 13202

Nottingham High School, Syracuse 13224

Clary Middle School, Syracuse 13205

Grant Middle School, Syracuse 13208

James A Shea Middle School, Syracuse 13207

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Living Word (Jr/Sr) Academy, Syracuse 13206

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John F. Kennedy Middle School, Utica 13502

Senator James H. Donovan Middle School, Utica 13502

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Yorkville WHITESBORO CENTRAL SCHOOL DISTRICT 13495

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Whitesboro Middle School, Whitesboro 13492

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Holy Cross Academy, 4020 Barrington Rd., Oneida 13421 (7-12)..... 8/12

SECTION 4

PRESIDENT: Andy Lutz, Thomas A. Edison HS, Elmira Heights 14903

VICE PRESIDENT: Ramona Wenck, Laurens CS 13796

INTERSCHOLASTIC SPORTS COORDINATOR: Ben Nelson, 21 Liberty Street,
Civic Center Box 7, Sidney 13838

TREASURER: Thomas DeLaurentiis, 21 Liberty Street, Civic Center 7, Sidney 13838

Afton AFTON CENTRAL SCHOOL DISTRICT 13730

Afton Middle/Sr High School, Afton 13730

Andes ANDES CENTRAL SCHOOL DISTRICT 13731

Andes Jr/Sr High School, Andes 13731

Aurora SO.CAYUGA CENTRAL SCHOOL DISTRICT 13026

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Binghamton CHENANGO FORKS CENTRAL SCHOOL DISTRICT 13901

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Binghamton CHENANGO VALLEY CENTRAL SCHOOL DISTRICT 13901

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Binghamton SETON CATHOLIC CENTRAL HIGH SCHOOL 13905

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- Conklin SUSQUEHANNA VALLEY CENTRAL SCHOOL DISTRICT 13748
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- Davenport CHARLOTTE VALLEY CENTRAL SCHOOL DISTRICT 13750
Charlotte Valley Jr/Sr High School, Davenport 13750
- Delhi DELHI CENTRAL SCHOOL DISTRICT 13753
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- Deposit DEPOSIT CENTRAL SCHOOL DISTRICT 13754
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- Downsville DOWNSVILLE CENTRAL SCHOOL DISTRICT 13755
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- Dryden DRYDEN CENTRAL SCHOOL DISTRICT 13053
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- Edmeston EDMESTON CENTRAL SCHOOL DISTRICT 13335
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- Endwell MAINE-ENDWELL CENTRAL SCHOOL DISTRICT 13760
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- Elmira ELMIRA CITY SCHOOL DISTRICT 14905
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- Elmira NOTRE DAME HIGH SCHOOL 14904
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- Elmira Heights ELMIRA HEIGHTS CENTRAL SCHOOL DISTRICT 14903
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- Endicott UNION-ENDICOTT CENTRAL SCHOOL DISTRICT 13760
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 Jennie F Snapp Middle School, Endicott 13760
- Franklin FRANKLIN CENTRAL SCHOOL DISTRICT 13775
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- Freeville COVENANT LOVE COMMUNITY SCHOOL 13068
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- Freeville GEORGE JR. REPUBLIC UFSD 13068
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- Gilbertsville GILBERTSVILLE-MT UPTON CENTRAL SCHOOL DISTRICT 13776
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- Gilboa GILBOA-CONESVILLE CENTRAL SCHOOL DISTRICT 12076
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- Groton GROTON CENTRAL SCHOOL DISTRICT 13073
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- Hancock HANCOCK CENTRAL SCHOOL DISTRICT 13783
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Johnson City JOHNSON CITY CENTRAL SCHOOL DISTRICT 13790

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Laurens LAURENS CENTRAL SCHOOL DISTRICT 13796

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Marathon MARATHON CENTRAL SCHOOL DISTRICT 13803

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Margaretville MARGARETVILLE CENTRAL SCHOOL DISTRICT 12455

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Milford MILFORD CENTRAL SCHOOL DISTRICT 13807

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Morris MORRIS CENTRAL SCHOOL DISTRICT 13808

Morris Jr/Sr High School, Morris 13808

New Berlin UNADILLA VALLEY CENTRAL SCHOOL DISTRICT 13411

Unadilla Valley High School, New Berlin 13411

Unadilla Valley Middle School, New Berlin 13411

Newark Valley NEWARK VALLEY CENTRAL SCHOOL DISTRICT 13811

Newark Valley Sr High School, Newark Valley 13811

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Newfield NEWFIELD CENTRAL SCHOOL DISTRICT 14867

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Norwich HOLY FAMILY SCHOOL 13815

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Norwich NORWICH CITY SCHOOLS 13815

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Owego OWEGO-APALACHIN CENTRAL SCHOOL DISTRICT 13827

Owego Free Academy, Owego 13827

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Oxford OXFORD ACADEMY & CENTRAL SCHOOL DISTRICT 13830

Oxford Academy High School, Oxford 13830

Oxford Academy Middle School, Oxford 13830

Painted Post CORNING CITY SCHOOL DISTRICT 14870

Corning-Painted Post East High School, Corning 14830

Corning-Painted Post West High School, Painted Post 14870

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Northside Blodgett Middle School, Corning 14830

Richfield Springs RICHFIELD SPRINGS CENTRAL SCHOOL DISTRICT 13439

Richfield Springs Jr/Sr High School, Richfield Springs 13439

Roxbury ROXBURY CENTRAL SCHOOL DISTRICT 12474

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Schenevus SCHENEVUS CENTRAL SCHOOL DISTRICT 12155

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Sidney SIDNEY CENTRAL SCHOOL DISTRICT 13838

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So. Kortright SO. KORTRIGHT CENTRAL SCHOOL DISTRICT 13842

So. Kortright Jr/Sr High School, So. Kortright 13842

Stamford STAMFORD CENTRAL SCHOOL DISTRICT 12167

Stamford Jr/Sr High School, Stamford 12167

Tannersville HUNTER-TANNERSVILLE CENTRAL SCHOOL DISTRICT 12485

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Tioga Center TIOGA CENTRAL SCHOOL DISTRICT 13845

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Charles O Dickerson High School, Trumansburg 14886

Russell I Doig Middle School, Trumansburg 14886

Union Springs UNION SPRINGS CENTRAL SCHOOL DISTRICT 13160

Union Springs Middle/High School, Union Springs 13160

Van Etten SPENCER-VANETTEN CENTRAL SCHOOL DISTRICT 14889

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Watkins Glen WATKINS GLEN CENTRAL SCHOOL DISTRICT 14891

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Whitney Point WHITNEY POINT CENTRAL SCHOOL DISTRICT 13862

Whitney Point Sr High School, Whitney Point 13862

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Windham WINDHAM-ASHLAND-JEWITT CENTRAL SCHOOL DISTRICT 12496

Windham Ashland Jr/Sr High School, Windham 12496

Windsor WINDSOR CENTRAL SCHOOL DISTRICT 13865

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Worcester WORCESTER CENTRAL SCHOOL DISTRICT 12197

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All Saints Academy (7-8), 158 State St, Corning 14830	8/12
Chemung Valley Montessori School (7-8), 23 Winters Rd, Elmira 14903	5/12
North Spencer Christian Academy (7-10), 721 Ithaca Rd., Spencer 14883	5/12
Twin Tiers Christian Academy (7-12), 640 Main St, Breesport 14816	5/12

SECTION 5

PRESIDENT: Jim Zumbo, Fairport HS 14450
 EXECUTIVE DIRECTOR: Ed Stores, 5151 Kelly Rd., Wyoming 14591
 TREASURER: Jackie Meyer, Box 55, Wolcott 14590

Addison ADDISON CENTRAL SCHOOL DISTRICT 14801

Addison Jr/Sr High School, Addison 14801

Alexander ALEXANDER CENTRAL SCHOOL DISTRICT 14005

Alexander Jr/Sr High School, Alexander 14005

Almond ALFRED-ALMOND CENTRAL SCHOOL DISTRICT 14804

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Andover ANDOVER CENTRAL SCHOOL DISTRICT 14806

Andover Jr/Sr High School, Andover 14806

Arkport ARKPORT CENTRAL SCHOOL DISTRICT 14807

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Avoca AVOCA CENTRAL SCHOOL DISTRICT 14809

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Avon AVON CENTRAL SCHOOL DISTRICT 14414

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Brockport BROCKPORT CENTRAL SCHOOL DISTRICT 14420

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A D Oliver Middle School, Brockport 14420

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Canisteo-Greenwood Jr/Sr High School, Canisteo 14823

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 Clyde CLYDE-SAVANNAH CENTRAL SCHOOL DISTRICT 14433
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 Corfu PEMBROKE CENTRAL SCHOOL DISTRICT 14036
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 Honeoye Falls HONEOYE FALLS-LIMA CENTRAL SCHOOL DISTRICT 14472
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Kendall KENDALL CENTRAL SCHOOL DISTRICT 14476
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LeRoy LEROY CENTRAL SCHOOL DISTRICT 14482
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Lima LIMA CHRISTIAN SCHOOL 14485
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Livonia LIVONIA CENTRAL SCHOOL 14487
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Lyons LYONS CENTRAL SCHOOL DISTRICT 14489
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Marion MARION CENTRAL SCHOOL DISTRICT 14505
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Palmyra PALMYRA-MACEDON CENTRAL SCHOOL DISTRICT 14522

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Pavilion PAVILION CENTRAL SCHOOL DISTRICT 14525

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Penfield PENFIELD CENTRAL SCHOOL DISTRICT 14526

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Penfield CHARLES G. FINNEY HIGH SCHOOL 14526

Charles G. Finney High School, Penfield 14526

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Perry PERRY CENTRAL SCHOOL DISTRICT 14530

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Pittsford PITTSFORD CENTRAL SCHOOL DISTRICT 14534

Pittsford Sutherland Sr High School, Pittsford 14534

Pittsford-Mendon High School, Pittsford 14534

Barker Road Middle School, Pittsford 14534

Calkins Road Middle School, Pittsford 14534

Prattsburg PRATTSBURG CENTRAL SCHOOL DISTRICT 14873

Prattsburg Jr/Sr High School, Prattsburg 14873

Red Creek RED CREEK CENTRAL SCHOOL DISTRICT 13143

Red Creek High School, Red Creek 13143

Red Creek Middle School, Red Creek 13143

Retsof YORK CENTRAL SCHOOL DISTRICT 14539

York Jr/Sr High School, Retsof 14539

Rochester AQUINAS INSTITUTE 14613

Aquinas Institute, Rochester 14613

Rochester BISHOP KEARNEY 14617

Bishop Kearney High School, Rochester 14617

Rochester BRIGHTON CENTRAL SCHOOL DISTRICT 14618

Brighton High School, Rochester 14618

Twelve Corners Middle School, Rochester 14618

Rochester EAST IRONDEQUOIT CENTRAL SCHOOL DISTRICT 14609

Eastridge Sr High School, Rochester 14622

East Irondequoit Middle School, Rochester 14609

Rochester EUGENIA MARIA DE HOSTOS CHARTER SCHOOL 14621

Eugenia Maria De Hostos Charter School, Rochester 14621

Rochester GATES-CHILI CENTRAL SCHOOL DISTRICT 14624

Gates-Chili High School, Rochester 14624

Gates-Chili Middle School, Rochester 14624

Rochester HARLEY SCHOOL (THE)

The Harley School, Rochester 14618

Rochester ALLENDALE COLUMBIA SCHOOL 14618

Allendale Columbia School, Rochester 14618

Rochester GREECE CHRISTIAN SCHOOL 14612

Greece Christian School, Rochester 14612

Rochester MCQUAID JESUIT HIGH SCHOOL 14618

McQuaid Jesuit Jr/Sr High School, Rochester 14618

Rochester NORTH STAR CHRISTIAN ACADEMY 14606

North Star Christian Jr/Sr Academy, Rochester 14606

Rochester OUR LADY OF MERCY HIGH SCHOOL 14610

Our Lady of Mercy Jr/Sr High School, Rochester 14610

Rochester ROCHESTER ACADEMY CHARTER SCHOOL 14611

Rochester Academy Charter School, Rochester 14611

Rochester ROCHESTER CITY SCHOOL DISTRICT 14614

Benjamin Franklin High School, Rochester 14621

Charlotte High School, Rochester 14612

Dr. Freddie Thomas High School, Rochester 14605

East High School, Rochester 14609

Edison Tech (Sr) High School, Rochester 14606

James Monroe High School, Rochester 14607

John Marshall High School, Rochester 14615

Nathaniel Rochester Community School, Rochester 14608

Northeast College Preparatory School @ Douglas Campus, Rochester 14609

Northwest College Preparatory School @ Douglas Campus, Rochester 14609

School of the Arts, Rochester 14607

School Without Walls Commencement Academy, Rochester 14607

Thomas Jefferson High School, Rochester 14608

Wilson Magnet Commencement Academy, Rochester 14611

School Without Walls Foundation Academy, Rochester 14607

Wilson Magnet Foundation Academy, Rochester 14611

World of Inquiry School, Rochester 14605

Rochester UNIVERSITY PREP CHARTER SCHOOL-YOUNG MEN 14613

University Prep Charter School-Young Men (Jr.), Rochester 14613

Rochester WEST IRONDEQUOIT CENTRAL SCHOOL DISTRICT 14617

Irondequoit High School, Rochester 14617

Dake Junior High School, Rochester 14617

Iroquois Middle School, Rochester 14617

Rogers Middle School, Rochester 14617

Romulus ROMULUS CENTRAL SCHOOL DISTRICT 14541

Romulus Jr/Sr High School, Romulus 14541

Rushville GORHAM-MIDDLESEX (MARCUS WHITMAN) CENTRAL SCHOOL DISTRICT 14544

Marcus Whitman Jr/Sr High School, Rushville 14544

Scio SCIO CENTRAL SCHOOL DISTRICT 14880

Scio Jr/Sr High School, Scio 14880

Scottsville WHEATLAND-CHILI CENTRAL SCHOOL DISTRICT 14546

Wheatland-Chili Jr/Sr High School, Scottsville 14546

Seneca Falls SENECA FALLS CENTRAL SCHOOL DISTRICT 13148

Mynderse Academy, Seneca Falls 13148

Seneca Falls Middle School, Seneca Falls 13148

Shortsville MANCHESTER-SHORTSVILLE CENTRAL SCHOOL DISTRICT 14548

Red Jacket Middle/High School, Shortsville 14548

Sodus SODUS CENTRAL SCHOOL DISTRICT 14551

Sodus Jr/Sr High School, Sodus 14551

Spencerport SPENCERPORT CENTRAL SCHOOL DISTRICT 14559

Spencerport High School, Spencerport 14559

AM Cosgrove Middle School, Spencerport 14559

Victor VICTOR CENTRAL SCHOOL DISTRICT 14564

Victor Sr High School, Victor 14564

Victor Jr High School, Victor 14564

Walworth GANANDA CENTRAL SCHOOL DISTRICT 14568

Gananda Central Middle/High School, Walworth 14568

Warsaw WARSAW CENTRAL SCHOOL DISTRICT 14569

Warsaw Jr/Sr High School, Warsaw 14569

Waterloo WATERLOO CENTRAL SCHOOL DISTRICT 13165

Waterloo High School, Waterloo 13165

Waterloo Middle School, Waterloo 13165

Wayland WAYLAND/COHOCTON CENTRAL SCHOOL DISTRICT 14572

Wayland/Cohocton High School, Wayland 14572

Wayland/Cohocton Middle School, Wayland 14572

Webster WEBSTER CENTRAL SCHOOL DISTRICT 14580

Webster-Schroeder High School, Webster 14580

Thomas High School, Webster 14580

Spry Middle School, Webster 14580

Willink Middle School, Webster 14580

Webster WEBSTER CHRISTIAN ACADEMY 14580

Webster Christian Academy (7-12), Webster 14580

Wellsville WELLSVILLE CENTRAL SCHOOL DISTRICT 14895

Wellsville Sr High School, Wellsville 14895

Wellsville Middle School, Wellsville 14895

Wellsville IMMACULATE CONCEPTION SCHOOL 14895

Immaculate Conception (7-8) School, Wellsville 14895

Whitesville WHITESVILLE CENTRAL SCHOOL DISTRICT 14897

Whitesville Jr/Sr High School, Whitesville 14897

Wolcott NORTH ROSE-WOLCOTT CENTRAL SCHOOL DISTRICT 14590

North Rose-Wolcott High School, Wolcott 14590

North Rose-Wolcott Middle School, Wolcott 14590

Williamson WILLIAMSON CENTRAL SCHOOL DISTRICT 14589

Williamson Sr High School, Williamson 14589

Williamson Middle School, Williamson 14589

Wyoming WYOMING CENTRAL SCHOOL 14591

Wyoming Jr High School, Wyoming 14591

Section 5 FRIEND AND NEIGHBOR..... EXPIRATION DATE

Destiny School & Preschool (7-9), 1876 Elmwood Ave., Rochester 14620 12/11
Hillside Children's Center:

Andrews-Trahey Campus School (7-12), 1183 Monroe Ave, Rochester 14620 8/12
Rochester Christian School (7-8), 260 Embury Rd., Rochester 14625 8/12
Rochester School for the Deaf (7-12), 1545 St. Paul St., Rochester 14621 8/13
St. Mary School (7-8), 16 E. Gibson St., Canandaigua 14424 8/13
St. John Bosco School (7-8), 92 S. Main St., Fairport 14450 8/12
Siena Catholic Academy (7-8), 2612 East Ave, Rochester 14610 8/12

SECTION 6

PRESIDENT: Jeff Rabey, Depew CS 14043

PRESIDENT ELECT: Brett Banker, Kenmore-Tonawanda UFSD, Buffalo 14223

EXECUTIVE DIRECTOR: Timm Slade, 355 Harlem Road, West Seneca 14224

TREASURER: Loren Ratajczak, 355 Harlem Road, West Seneca 14224

Akron AKRON CENTRAL SCHOOL DISTRICT 14001

Akron Jr/Sr High School, Akron 14001

Albion ALBION CENTRAL SCHOOL DISTRICT 14411

Charles D'Amico High School, Albion 14411

Carl I. Bergerson Middle School, Albion 14411

Alden ALDEN CENTRAL SCHOOL DISTRICT 14004

Alden Sr High School, Alden 14004

Alden Middle School, Alden 14004

Allegheny ALLEGANY-LIMESTONE CENTRAL SCHOOL DISTRICT 14706

Allegheny-Limestone Jr/Sr High School, Allegheny 14706

Amherst AMHERST CENTRAL SCHOOL DISTRICT 14226
Amherst Central High School, Amherst 14226
 Amherst Middle School, Amherst 14226

Amherst SWEET HOME CENTRAL SCHOOL DISTRICT 14228
Sweet Home Sr High School, Amherst 14228
 Sweet Home Middle School, Amherst 14226

Angola EVANS-BRANT CENTRAL SCHOOL DISTRICT 14006
Lake Shore Sr High School, Angola 14006
 Lake Shore Middle School, Angola 14006

Barker BARKER CENTRAL SCHOOL DISTRICT 14012
Barker Middle/High School, Barker 14012

Bemus Point BEMUS POINT CENTRAL SCHOOL DISTRICT 14712
Maple Grove Jr/Sr High School, Bemus Point 14712

Brocton BROCTON CENTRAL SCHOOL DISTRICT 14716
Brocton Middle/High School, Brocton 14716

Buffalo BUFFALO ACADEMY OF SCIENCE CHARTER SCHOOL 14202
Buffalo Academy of Science Charter School, Buffalo 14202

Buffalo BUFFALO CITY SCHOOL DISTRICT 14202
Bennett High School, Buffalo 14214
Buffalo Academy Visual & Performing Arts, Buffalo 14204
Burgard Vocational High School, Buffalo 14214
City Honors High School, Buffalo 14204
East High School, Buffalo 14211
Emerson School of Hospitality, Buffalo 14211
Frederick Olmsted #64, Buffalo 14216
Frederick Olmssted #56, Buffalo 14215
Hutchinson Central Tech High School, Buffalo 14201
International Prep @ Grover Cleveland, Buffalo 14213
Lafayette High School, Buffalo 14213
Leonardo Da Vinci High School, Buffalo 14201
MST @ Seneca, Buffalo 14215
McKinley Vocational High School, Buffalo 14207
Occupational Training Center, Buffalo 14214
Riverside Institute of Technology, Buffalo 14207
South Park High School, Buffalo 14220

Buffalo CHARTER SCHOOL for APPLIED TECHNOLOGIES 14207
 Charter School for Applied Technologies (7-8) Buffalo 14207

Buffalo HEALTH SCIENCES CHARTER SCHOOL 14209
Health Sciences Charter School, Buffalo 14209

Buffalo KENMORE UNION FREE SCHOOL DISTRICT 14223
Kenmore East Sr High School, Tonawanda 14150
Kenmore West Sr High School, Kenmore 14223
 Ben Franklin Middle School, Kenmore 14223
 Herbert Hoover Middle School, Kenmore 14223
 Kenmore Middle School, Kenmore 14217

Buffalo ORACLE CHARTER SCHOOL 14209
Oracle Charter School, Buffalo 14209

Buffalo TAPESTRY CHARTER SCHOOL 14202
Tapestry Charter School, Buffalo 14216

Buffalo WESTERN NY MARITIME CHARTER SCHOOL 14204
Western NY Maritime Charter School, Buffalo 14209

Cattaraugus CATTARAUGUS-LITTLE VALLEY CENTRAL SD 14719
Cattaraugus-Little Valley Jr/Sr High School, Cattaraugus 14719

Cheektowaga CHEEKTOWAGA CENTRAL SCHOOL DISTRICT 14225
Cheektowaga Jr/Sr High School, Cheektowaga 14225

- Cheektowaga CHEEKTOWAGA-MARYVALE UNION FREE SD 14225
Maryvale Sr High School, Cheektowaga 14225
 Maryvale Middle School, Cheektowaga 14225
- Cheektowaga CLEVELAND HILL UNION FREE SCHOOL DISTRICT 14225
Cleveland Hill High School, Cheektowaga 14225
 Cleveland Hill Middle School, Cheektowaga 14225
- Clarence CLARENCE CENTRAL SCHOOL DISTRICT 14031
Clarence Sr High School, Clarence 14031
 Clarence Middle School, Clarence 14031
- Clymer CLYMER CENTRAL SCHOOL DISTRICT 14724
Clymer Jr/Sr High School, Clymer 14724
- Depew DEPEW CENTRAL SCHOOL DISTRICT 14043
Depew High School, Depew 14043
 Depew Middle School, Depew 14043
- Dunkirk DUNKIRK CITY SCHOOL DISTRICT 14048
Dunkirk Sr High School, Dunkirk 14048
 Dunkirk Middle School, Dunkirk 14048
- East Aurora EAST AURORA UNION FREE SCHOOL DISTRICT 14052
East Aurora Sr High School, East Aurora 14052
 East Aurora Middle School, East Aurora 14052
- Eden EDEN CENTRAL SCHOOL DISTRICT 14057
Eden Jr/Sr High School, Eden 14057
- Ellicottville ELLICOTTVILLE CENTRAL SCHOOL DISTRICT 14731
Ellicottville Middle/High School, Ellicottville 14731
- Elma IROQUOIS CENTRAL SCHOOL DISTRICT 14059
Iroquois Sr High School, Elma 14059
 Iroquois Middle School, Elma 14059
- Falconer FALCONER CENTRAL SCHOOL DISTRICT 14733
Falconer Jr/Sr High School, Falconer 14733
- Forestville FORESTVILLE CENTRAL SCHOOL DISTRICT 14062
Forestville Jr/Sr High School, Forestville 14062
- Franklinville FRANKLINVILLE CENTRAL SCHOOL DISTRICT 14737
Franklinville Jr/Sr High School, Franklinville 14737
- Fredonia FREDONIA CENTRAL SCHOOL DISTRICT 14063
Fredonia Jr/Sr High School, Fredonia 14063
- Frewsburg FREWSBURG CENTRAL SCHOOL DISTRICT 14738
Frewsburg Jr/Sr High School, Frewsburg 14738
- Gowanda GOWANDA CENTRAL SCHOOL DISTRICT 14070
Gowanda Jr/Sr High School, Gowanda 14070
- Grand Island GRAND ISLAND CENTRAL SCHOOL DISTRICT 14072
Grand Island Sr High School, Grand Island 14072
 Veronica E. Connor Middle School, Grand Island 14072
- Hamburg FRONTIER CENTRAL SCHOOL DISTRICT 14075
Frontier Sr High School, Hamburg 14075
 Amsdell Heights Jr High School, Hamburg 14075
- Hamburg HAMBURG CENTRAL SCHOOL DISTRICT 14075
Hamburg Sr High School, Hamburg 14075
 Hamburg Middle School, Hamburg 14075
- Holland HOLLAND CENTRAL SCHOOL DISTRICT 14080
Holland High School, Holland 14080
 Holland Middle School, Holland 14080
- Jamestown JAMESTOWN CITY SCHOOL DISTRICT 14701
Jamestown High School, Jamestown 14701
 Persell Middle School, Jamestown 14701
 Jefferson Middle School, Jamestown 14701
 Washington Middle School, Jamestown 14701

Jamestown SOUTHWESTERN CENTRAL SCHOOL DISTRICT 14701

Southwestern Sr High School, Jamestown 14701

Southwestern Middle School, Jamestown 14701

Lackawanna GLOBAL CONCEPTS CHARTER SCHOOL 14218

Global Concepts Charter School, Lackawanna 14218

Lackawanna LACKAWANNA CITY SCHOOL DISTRICT 14218

Lackawanna Middle/High School, Lackawanna 14218

Lancaster LANCASTER CENTRAL SCHOOL DISTRICT 14086

Lancaster High School, Lancaster 14086

Aurora Middle School, Lancaster 14086

Lockport LOCKPORT CITY SCHOOL DISTRICT 14094

Lockport Sr High School, Lockport 14094

Emmet Belknap Middle School, Lockport 14094

North Park Middle School, Lockport 14094

Lockport STARPOINT CENTRAL SCHOOL DISTRICT 14094

Starpoint Jr/Sr High School, Lockport 14094

Mayville CHAUTAUQUA LAKE CENTRAL SCHOOL DISTRICT 14757

Chautauqua Lake High School, Mayville 14757

Chautauqua Lake Middle School, Chautauqua 14722

Middleport ROYALTON HARTLAND CENTRAL SCHOOL DISTRICT 14105

Royalton-Hartland Jr/Sr High SCHOOL, Middleport 14105

Medina MEDINA CENTRAL SCHOOL DISTRICT 14103

Medina High School, Medina 14103

Clifford Wise Middle School, Medina 14103

Newfane NEWFANE CENTRAL SCHOOL DISTRICT 14108

Newfane Sr High School, Newfane 14108

Newfane Middle School, Newfane 14108

Niagara Falls NIAGARA FALLS CITY SCHOOL DISTRICT 14302

Niagara Falls High School, Niagara Falls 14301

Charles B Gaskill Middle School, Niagara Falls 14301

LaSalle Middle School, Niagara Falls 14304

Niagara Middle School, Niagara Falls 14304

North Collins NORTH COLLINS CENTRAL SCHOOL DISTRICT 14111

North Collins Jr/Sr High School, North Collins 14111

North Tonawanda NORTH TONAWANDA CITY SCHOOL DISTRICT 14120

North Tonawanda Sr High School, No.Tonawanda 14120

Thaddeus Reszel Middle School, No.Tonawanda 14120

George L Lowry Middle School, No.Tonawanda 14120

Olean OLEAN CITY SCHOOL DISTRICT 14760

Olean Sr High School, Olean 14760

Olean Middle School, Olean 14760

Orchard Park ORCHARD PARK CENTRAL SCHOOL DISTRICT 14127

Orchard Park High School, Orchard Park 14127

Orchard Park Middle School, Orchard Park 14127

Panama PANAMA CENTRAL SCHOOL DISTRICT 14767

Panama Jr/Sr High School, Panama 14767

Portville PORTVILLE CENTRAL SCHOOL DISTRICT 14770

Portville Jr/Sr High School, Portville 14770

Randolph RANDOLPH CENTRAL SCHOOL DISTRICT 14772

Randolph Jr/Sr High School, Randolph 14772

Ripley RIPLEY CENTRAL SCHOOL DISTRICT 14775

Ripley Jr/Sr High School, Ripley 14775

Salamanca SALAMANCA CITY SCHOOL DISTRICT 14779

Salamanca Middle/High School, Salamanca 14779

Sanborn NIAGARA-WHEATFIELD CENTRAL SCHOOL DISTRICT 14132

Niagara-Wheatfield Sr High School, Sanborn 14132

Edward Town Middle School, Sanborn 14132

Sherman SHERMAN CENTRAL SCHOOL DISTRICT 14781

Sherman Jr/Sr High School, Sherman 14781

Silver Creek SILVER CREEK CENTRAL SCHOOL DISTRICT 14136

Silver Creek Jr/Sr High School, Silver Creek 14136

Sinclairville CASSADAGA VALLEY CENTRAL SCHOOL DISTRICT 14782

Cassadaga Valley Jr/Sr High School, Sinclairville 14782

Sloan CHEEKTOWAGA-SLOAN UNION FREE SCHOOL DISTRICT 14212

John F. Kennedy Sr. High School, Cheektowaga 14227

John F. Kennedy Middle School, Cheektowaga 14227

South Dayton PINE VALLEY CENTRAL SCHOOL DISTRICT 14138

Pine Valley Jr/Sr High School, South Dayton 14138

Springville SPRINGVILLE GRIFFITH INSTITUTE 14141

Griffith Institute High School, Springville 14141

Griffith Institute Middle School, Springville 14141

Tonawanda TONAWANDA CITY SCHOOL DISTRICT 14150

Tonawanda Sr High School, Tonawanda 14150

Tonawanda Jr High School, Tonawanda 14150

West Seneca WEST SENECA CENTRAL SCHOOL DISTRICT 14224

West Seneca East Sr High School, West Seneca 14224

West Seneca West Sr High School, West Seneca 14224

East Middle School, West Seneca 14224

West Middle School, West Seneca 14224

West Valley WEST VALLEY CENTRAL SCHOOL DISTRICT 14171

West Valley Jr/Sr High School, West Valley 14171

Westfield WESTFIELD CENTRAL SCHOOL DISTRICT 14787

Westfield Jr/Sr High School, Westfield 14787

Williamsville WILLIAMSVILLE CENTRAL SCHOOL DISTRICT 14221

Williamsville East High School, East Amherst 14051

Williamsville North High School, Williamsville 14221

Williamsville South High School, Williamsville 14221

Casey Middle School, East Amherst 14051

Heim Middle School, Williamsville 14221

Mill Middle School, Williamsville 14221

Transit Middle School, East Amherst 14051

Wilson WILSON CENTRAL SCHOOL DISTRICT 14172

Wilson Jr/Sr High School, Wilson 14172

Youngstown LEWISTON-PORTER CENTRAL SCHOOL DISTRICT 14174

Lewiston-Porter Sr High School, Youngstown 14174

Lewiston-Porter Middle School, Youngstown 14174

Yorkshire YORKSHIRE-PIONEER CENTRAL SCHOOL DISTRICT 14173

Pioneer Sr High School, Yorkshire 14173

Pioneer Middle School, Yorkshire 14173

Section 6 FRIEND AND NEIGHBOR..... EXPIRATION DATE

Archbishop Walsh High School (9-12), 208 N 24th Street, Olean 14760	8/12
Aurora Waldorph School (7-8), 525 W Falls Rd., West Falls, NY 14170	8/12
Catholic Academy of the Holy Family (7-8), 1135 No. Main St., Jamestown 14701	8/13
Christian Central Academy (7-12), 39 Academy St, Williamsville 14221	8/13
Elmwood Franklin School (7-8), 104 New Amsterdam Ave, Buffalo 14216	8/12
New Life Christian School (7-12), 102 Wake Forest Ave, Olean 14760	8/12
No. Chautauqua Catholic School (6-8), 336 Washington Ave, Dunkirk 14048	10/11

SECTION 7

PRESIDENT: Paul Savage, Ausable Valley CS, Clintonville 12924
 1st VICE PRESIDENT: Fred Hooper, Keene CS, Keene Valley 12943
 2nd VICE PRESIDENT: Patricia Ryan-Curry, Indian Lake CS 12842
 PAST PRESIDENT: Steve Broadwell, Willsboro CS 12996
 EXECUTIVE DIRECTOR: Karen Lopez, 3 Tanglewood Drive, Peru 12972
 TREASURER: John Gallagher, 41 Draper Ave, Plattsburgh 12901

Chazy CHAZY UNION FREE SCHOOL DISTRICT 12921

Chazy Central Rural Jr/Sr High School, Chazy 12921

Champlain NORTHEASTERN CLINTON CENTRAL SCHOOL DISTRICT 12919

Northeastern Clinton Sr High School, Champlain 12919

Northeastern Clinton Middle School, Champlain 12919

Clintonville AUSABLE VALLEY CENTRAL SCHOOL DISTRICT 12924

Ausable Valley Middle/High School, Clintonville 12924

Crown Point CROWN POINT CENTRAL SCHOOL DISTRICT 12928

Crown Point Jr/Sr High School, Crown Point 12928

Elizabethtown ELIZABETHTOWN-LEWIS CENTRAL SCHOOL DISTRICT 12932

Elizabethtown-Lewis Jr/Sr High School, Elizabethtown 12932

Ellenburg Depot NORTHERN ADIRONDACK CENTRAL SD 12935

No. Adirondack Jr/Sr High School, Ellenburg Depot 12935

Indian Lake INDIAN LAKE CENTRAL SCHOOL DISTRICT 12842

Indian Lake Jr/Sr High School, Indian Lake 12842

Keene Valley KEENE CENTRAL SCHOOL DISTRICT 12943

Keene Jr/Sr High School, Keene 12943

Lake Placid LAKE PLACID CENTRAL SCHOOL DISTRICT 12946

Lake Placid Jr/Sr High School, Lake Placid 12946

Lake Pleasant LAKE PLEASANT CENTRAL SCHOOL DISTRICT 12164

Lake Pleasant School, Lake Pleasant 12164

Long Lake LONG LAKE CENTRAL SCHOOL DISTRICT 12847

Long Lake Jr/Sr High School, Long Lake 12847

Newcomb NEWCOMB CENTRAL SCHOOL DISTRICT 12852

Newcomb Jr/Sr High School, Newcomb 12852

Olmstedville MINERVA CENTRAL SCHOOL DISTRICT 12857

Minerva Jr/Sr High School, Olmstedville 12857

Peru PERU CENTRAL SCHOOL DISTRICT 12972

Peru Jr/Sr High School, Peru 12972

Plattsburgh BEEKMANTOWN CENTRAL SCHOOL DISTRICT 12901

Beekmantown Middle/High School, Plattsburgh 12901

Plattsburgh PLATTSBURGH CITY SCHOOL DISTRICT 12901

Plattsburgh Sr High School, Plattsburgh 12901

Stafford Middle School, Plattsburgh 12901

Plattsburgh SETON CATHOLIC CENTRAL HIGH SCHOOL 12901

Seton Catholic Central High School, Plattsburgh 12901

Port Henry MORIAH CENTRAL SCHOOL DISTRICT 12974

Moriah Jr/Sr High School, Port Henry 12974

Saranac SARANAC CENTRAL SCHOOL DISTRICT 12981

Saranac High School, Saranac 12981

Saranac Jr High School, Saranac 12981

Saranac Lake SARANAC LAKE CENTRAL SCHOOL DISTRICT 12983

Saranac Lake Sr High School, Saranac Lake 12983

Saranac Lake Middle School, Saranac Lake 12983

Schroon Lake SCHROON LAKE CENTRAL SCHOOL DISTRICT 12870

Schroon Lake Jr/Sr High School, Schroon Lake 12870

Ticonderoga TICONDEROGA CENTRAL SCHOOL DISTRICT 12883

Ticonderoga Sr High School, Ticonderoga 12883

Ticonderoga Middle School, Ticonderoga 12883

Wells WELLS CENTRAL SCHOOL DISTRICT 12190

Wells Jr/Sr High School, Wells 12190

Westport WESTPORT CENTRAL SCHOOL DISTRICT 12993

Westport Jr/Sr High School, Westport 12993

Willsboro WILLSBORO CENTRAL SCHOOL DISTRICT 12996

Willsboro Jr/Sr High School, Willsboro 12996

Section 7 FRIEND AND NEIGHBOR..... EXPIRATION DATE

St. Mary's (7-8), 64 Amherst Avenue, Ticonderoga 12883..... 8/12

SECTION 8

PRESIDENT: Joseph Rainis, Lynbrook HS 11563

PAST PRESIDENT: Dave Zawatson, Great Neck District 11020

VICE PRESIDENT (women): Nancy Kalafus, Garden City High School 11530

VICE PRESIDENT (men): Pat Pizzarelli, Lawrence HS, Cedarhurst 11516

EXECUTIVE DIRECTOR: Todd Heimer, CMAA, c/o Nassau BOCES,

George Farber Administrative Center,

71 Clinton Road, Garden City 11530

TREASURER: George McElroy, c/o Nassau BOCES, George Farber Administrative Center,

71 Clinton Road, Garden City 11530

Baldwin BALDWIN UNION FREE SCHOOL DISTRICT 11510

Baldwin Sr High School, Baldwin 11510

Baldwin Middle School, Baldwin 11510

Bethpage BETHPAGE UNION FREE SCHOOL DISTRICT 11714

Bethpage Sr High School, Bethpage 11714

John F Kennedy Middle School, Bethpage 11714

Carle Place CARLE PLACE UNION FREE SCHOOL DISTRICT 11514

Carle Place Middle/High School, Carle Place 11514

Cold Spring Harbor COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT 11724

Cold Spring Harbor Jr/Sr High School, Cold Spring Harbor 11724

East Meadow EAST MEADOW UNION FREE SCHOOL DISTRICT 11554

East Meadow High School, East Meadow 11554

W. Tresper Clarke High School, Westbury 11590

Woodland Middle School, East Meadow 11554

Clarke Middle School, Westbury 11590

East Rockaway EAST ROCKAWAY UNION FREE SCHOOL DISTRICT 11518

East Rockaway Jr/Sr High School, E Rockaway 11518

Elmont SEWANHAKA CENTRAL HIGH SCHOOL DISTRICT 11003

Elmont Memorial Jr/Sr High School, Elmont 11003

Floral Park Memorial High School, Floral Park 11001

H Frank Carey Jr/Sr High School, Franklin Sq 11010

New Hyde Park Memorial Jr/Sr High School, New Hyde Park 11040

Sewanhaka High School, Floral Park 11001

Farmingdale FARMINGDALE UNION FREE SCHOOL DISTRICT 11735

Farmingdale Sr High School, Farmingdale 11735

Howitt School, Farmingdale 11735

Freeport FREEPORT UNION FREE SCHOOL DISTRICT 11520

Freeport High School, Freeport 11520

John W Dodd Jr High School, Freeport 11520

Garden City GARDEN CITY UNION FREE SCHOOL DISTRICT 11530

Garden City Sr High School, Garden City 11530

Garden City Middle School, Garden City 11530

Glen Cove GLEN COVE CITY SCHOOL DISTRICT 11542

Glen Cove High School, Glen Cove 11542

Robert M Finley Middle School, Glen Cove 11542

Great Neck GREAT NECK UNION FREE SCHOOL DISTRICT 11020

Great Neck North Sr High School, Great Neck 11023

Great Neck South Sr High School, Great Neck 11020

Great Neck North Middle School, Great Neck 11023

Great Neck South Middle School, Great Neck 11020

Hempstead HEMPSTEAD UNION FREE SCHOOL DISTRICT 11550

Hempstead High School, Hempstead 11550

Alverta B Gray Schultz Middle School, Hempstead 11550

Hewlett HEWLETT-WOODMERE UNION FREE SCHOOL DISTRICT 11557

George W Hewlett High School, Hewlett 11557

Woodmere Middle School, Hewlett 11557

Hicksville HICKSVILLE UNION FREE SCHOOL DISTRICT 11801

Hicksville High School, Hicksville 11801

Hicksville Middle School, Hicksville 11801

Island Park ISLAND PARK UNION FREE SCHOOL DISTRICT 11558

Lincoln Orens Middle School, Island Park 11558

Jericho JERICHO UNION FREE SCHOOL DISTRICT 11753

Jericho Sr High School, Jericho 11753

Jericho Middle School, Jericho 11753

Lawrence LAWRENCE UNION FREE SCHOOL DISTRICT 11559

Lawrence Sr High School, Cedarhurst 11516

Lawrence Middle School, Lawrence 11559

Levittown LEVITTOWN UNION FREE SCHOOL DISTRICT 11756

Division Avenue Sr High School, Levittown 11756

Gen. Douglas McArthur Sr High School, Levittown 11756

Jonas E Salk Middle School, Levittown 11756

Wisdom Lane Middle School, Levittown 11756

Levittown ISLAND TREES UNION FREE SCHOOL DISTRICT 11756

Island Trees Sr High School, Levittown 11756

Island Trees Middle School, Levittown 11756

Locust Valley LOCUST VALLEY CENTRAL SCHOOL DISTRICT 11560

Locust Valley Middle/High School, Locust Valley 11560

Locust Valley FRIENDS ACADEMY 11560

Friends Academy, Locust Valley 11560

Long Beach LONG BEACH CITY SCHOOL DISTRICT 11561

Long Beach Sr High School, Long Beach 11561

Long Beach Middle School, Long Beach 11561

Lynbrook LYNBROOK UNION FREE SCHOOL DISTRICT 11563

Lynbrook Sr High School, Lynbrook 11563

Lynbrook North Middle School, Lynbrook 11563

Lynbrook South Middle School, Lynbrook 11563

Malverne MALVERNE UNION FREE SCHOOL DISTRICT 11565

Malverne Sr High School, Malverne 11565

Howard T Herber Middle School, Malverne 11565

Manhasset MANHASSET UNION FREE SCHOOL DISTRICT 11030

Manhasset Middle/High School, Manhasset 11030

Massapequa MASSAPEQUA UNION FREE SCHOOL DISTRICT 11758

Massapequa High School, Massapequa 11758

Berner Jr High School, Massapequa 11758

Mineola MINEOLA UNION FREE SCHOOL DISTRICT 11501

Mineola High School, Garden City Park 11040

Mineola Middle School, Mineola 11501

New Hyde Park HERRICKS UNION FREE SCHOOL DISTRICT 11040

Herricks High School, New Hyde Park 11040

Herricks Middle School, Albertson 11507

North Massapequa PLAINEDGE UNION FREE SCHOOL DISTRICT 11758

Plainedge Sr High School, Massapequa 11758

Plainedge Middle School, Bethpage 11714

North Merrick BELLMORE-MERRICK CENTRAL SCHOOL DISTRICT 11566

Sanford H. Calhoun Sr High School, Merrick 11566

John F Kennedy Sr High School, Bellmore 11710

Wellington C. Mephram Sr High School, Bellmore 11710

Grand Avenue Jr High School, Bellmore 11710

Merrick Avenue Jr High School, Merrick 11566

Oceanside OCEANSIDE UNION FREE SCHOOL DISTRICT 11572

Oceanside Sr High School, Oceanside 11572

Oceanside Middle School, Oceanside 11572

Old Westbury EAST WILLISTON UNION FREE SCHOOL DISTRICT 11568

The Wheatley School, Old Westbury 11568

Willets Road School, Roslyn Heights 11577

Oyster Bay OYSTER BAY-EAST NORWICH CENTRAL SCHOOL DISTRICT 11771

Oyster Bay Jr/Sr High School, Oyster Bay 11771

Plainview PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT 11803

Plainview-Old Bethpage JFK High School, Plainview 11803

Plainview-Old Bethpage Middle School, Plainview 11803

H B Mattlin Middle School, Plainview 11803

Port Washington PORT WASHINGTON UNION FREE SCHOOL DISTRICT 11050

Paul D Schreiber Sr High School, Pt Washington 11050

Carrie Palmer Weber Middle School, Pt Washington 11050

Rockville Centre ROCKVILLE CENTRE UNION FREE SCHOOL DISTRICT 11570

South Side High School, Rockville Centre 11570

South Side Middle School, Rockville Centre 11570

Roosevelt ROOSEVELT UNION FREE SCHOOL DISTRICT 11575

Roosevelt Jr/Sr High School, Roosevelt 11575

Roslyn ROSLYN UNION FREE SCHOOL DISTRICT 11576

Roslyn High School, Roslyn Heights 11577

Roslyn Middle School, Roslyn Heights 11577

Sea Cliff NORTH SHORE CENTRAL SCHOOL DISTRICT 11579

North Shore Sr High School, Glen Head 11545

North Shore Middle School, Glen Head 11545

Seaford SEAFORD UNION FREE SCHOOL DISTRICT 11783

Seaford Sr High School, Seaford 11783

Seaford Middle School, Seaford 11783

Syosset SYOSSET CENTRAL SCHOOL DISTRICT 11791

Syosset Sr High School, Syosset 11791

H B Thompson Middle School, Syosset 11791

South Woods Middle School, Syosset 11791

Uniondale UNIONDALE UNION FREE SCHOOL DISTRICT 11553

Uniondale High School, Uniondale 11553

Lawrence Road Jr High School, Hempstead 11550

Turtle Hook Jr High School, Uniondale 11553

Valley Stream VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT 11582

Valley Stream Central High School, Valley Stream 11582

Valley Stream North High School, Franklin Square 11010

Valley Stream South High School, Valley Stream 11582

Valley Stream Mem Jr High School, Valley Stream 11582

Wantagh WANTAGH UNION FREE SCHOOL DISTRICT

Wantagh Sr High School, Wantagh 11793

Wantagh Middle School, Wantagh 11793

West Hempstead WEST HEMPSTEAD UNION FREE SD 11552

W. Hempstead Middle/High School, W. Hempstead 11552

Westbury WESTBURY UNION FREE SCHOOL DISTRICT 11590

Westbury Sr High School, Old Westbury 11568

Westbury Middle School, Westbury 11590

Section 8 FRIEND AND NEIGHBOR..... EXPIRATION DATE

Davis Renov Stahler Yeshiva HS, 700 Ibsen St., Woodmere 11598..... 8/12

SECTION 9

PRESIDENT: John Landro, Tuxedo UFSD 10987

EXECUTIVE DIRECTOR: Robert Thabet, Orange-Ulster BOCES, 53 Gibson Rd, Goshen 10924

SECRETARY/TREASURER: James Osborne, Orange-Ulster BOCES, 53 Gibson Rd, Goshen 10924

Accord RONDOUT VALLEY CENTRAL SCHOOL DISTRICT 12404

Rondout Valley Sr High School, Accord 12404

Rondout Valley Jr High School, Accord 12404

Amenia NORTHEAST CENTRAL SCHOOL DISTRICT 12501

Webutuck Jr/Sr High School, Amenia 12501

Boiceville ONTEORA CENTRAL SCHOOL DISTRICT 12412

Ontoera Jr/Sr High School, Boiceville 12412

Central Valley MONROE-WOODBURY CENTRAL SCHOOL DISTRICT 10917

Monroe-Woodbury Sr High School, Central Valley 10917

Monroe-Woodbury Middle School, Central Valley 10917

Chester CHESTER UNION FREE SCHOOL DISTRICT 10918

Chester Jr/Sr High School, Chester 10918

Cornwall CORNWALL CENTRAL SCHOOL DISTRICT 12518

Cornwall High School, Cornwall 12518

Willow Avenue School, Cornwall 12518

Eldred ELDRED CENTRAL SCHOOL DISTRICT 12732

Eldred Jr/Sr High School, Eldred 12732

Ellenville ELLENVILLE CENTRAL SCHOOL DISTRICT 12428

Ellenville Middle/High School, Ellenville 12428

Fallsburg FALLSBURG CENTRAL SCHOOL DISTRICT 12733

Fallsburg Jr/Sr High School, Fallsburg 12733

Florida FLORIDA UNION FREE SCHOOL DISTRICT 10921

S S Seward Jr/Sr Institute, Florida 10921

Goshen GOSHEN CENTRAL SCHOOL DISTRICT 10924

Goshen Central High School, Goshen 10924

C J Hooker Middle School, Goshen 10924

Goshen JOHN S. BURKE CATHOLIC HIGH SCHOOL 10924

John S. Burke Catholic High School, Goshen 10924

Grahamsville TRI-VALLEY CENTRAL SCHOOL DISTRICT 12740

Tri-Valley Secondary School, Grahamsville 12740

Greenwood Lake GREENWOOD LAKE UNION FREE SCHOOL DISTRICT 10925

Greenwood Lake Middle School, Greenwood Lake 10925

Hancock THE FAMILY FOUNDATION SCHOOL 13783

The Family Foundation School, Hancock 13783

Highland HIGHLAND CENTRAL SCHOOL DISTRICT 12528

Highland High School, Highland 12528

Highland Middle School, Highland 12528

Highland Falls HIGHLAND FALLS CENTRAL SCHOOL DISTRICT 10928

James I O'Neill Jr/Sr High School, Fort Montgomery 10922

Hyde Park HYDE PARK CENTRAL SCHOOL DISTRICT 12538

Franklin D. Roosevelt Sr High School, Hyde Park 12538

Haviland Middle School, Hyde Park 12538

Jeffersonville SULLIVAN WEST CENTRAL SCHOOL DISTRICT 12748

Sullivan West Jr/Sr High School, Lake Huntington 12752

Hurley JOHN A. COLEMAN HIGH SCHOOL 12443

John A Coleman Catholic High School, Hurley 12443

Kingston KINGSTON CITY SCHOOL DISTRICT 12401

Kingston Sr High School, Kingston 12401

M Clifford Miller Middle School, Lake Katrine 12449

J.Watson Bailey Middle School, Kingston 12401

Liberty LIBERTY CENTRAL SCHOOL DISTRICT 12754

Liberty High School, Liberty 12754

Liberty Middle School, Liberty 12754

Livingston Manor LIVINGSTON MANOR CENT SCHOOL DISTRICT 12758

Livingston Manor Jr/Sr High School, Liv.Manor 12758

Marlboro MARLBORO CENTRAL SCHOOL DISTRICT 12542

Marlboro Central High School, Marlboro 12542

Marlboro Middle School, Marlboro 12542

Middletown MIDDLETOWN CITY SCHOOL DISTRICT 10940

Middletown Sr High School, Middletown 10940

Monhagen Middle School, Middletown 10940

Middletown Twin Towers Middle School, Middletown 10940

Millbrook MILLBROOK CENTRAL SCHOOL DISTRICT 12545

Millbrook Jr/Sr High School, Millbrook 12545

Montgomery VALLEY CENTRAL SCHOOL DISTRICT 12549

Valley Central Sr High School, Montgomery 12549

Valley Central Middle School, Montgomery 12549

Monticello MONTICELLO CENTRAL SCHOOL DISTRICT 12701

Monticello High School, Monticello 12701

Monticello Middle School, Monticello 12701

New Paltz NEW PALTZ CENTRAL SCHOOL DISTRICT 12561

New Paltz Sr High School, New Paltz 12561

New Paltz Middle School, New Paltz 12561

Newburgh NEWBURGH CITY SCHOOL DISTRICT 12550

Newburgh Free Academy, Newburgh 12550

Heritage Jr High School, New Windsor 12553

Newburgh Free Academy-North Campus, Newburgh 12550

South Jr High School, Newburgh 12550

Pine Bush CHAPEL FIELD CHRISTIAN SCHOOL 12566

Chapel Field Christian Jr/Sr High School, Pine Bush 12566

Pine Bush PINE BUSH CENTRAL SCHOOL DISTRICT 12566

Pine Bush Sr High School, Pine Bush 12566

Circleville Middle School, Circleville 10919

Crispell Middle School, Pine Bush 12566

Pine Plains PINE PLAINS CENTRAL SCHOOL DISTRICT 12567

Stissing Mountain Jr/Sr High School, Pine Plains 12567

Port Jervis PORT JERVIS CITY SCHOOL DISTRICT 12771

Port Jervis Sr High School, Port Jervis 12771

Port Jervis Middle School, Port Jervis 12771

Poughkeepsie SPACKENKILL UNION FREE SCHOOL DISTRICT 12603

Spackenkill High School, Poughkeepsie 12603

Orville A Todd Middle School, Poughkeepsie 12506

Red Hook RED HOOK CENTRAL SCHOOL DISTRICT 12571

Red Hook Sr High School, Red Hook 12571

Red Hook Middle School, Red Hook 12571

Rhinebeck RHINEBECK CENTRAL SCHOOL DISTRICT 12572

Rhinebeck Sr High School, Rhinebeck 12572

Bulkeley School, Rhinebeck 12572

Roscoe ROSCOE CENTRAL SCHOOL DISTRICT 12776

Roscoe Jr/Sr High School, Roscoe 12776

Saugerties SAUGERTIES CENTRAL SCHOOL DISTRICT 12477

Saugerties Sr High School, Saugerties 12477

Saugerties Jr High School, Saugerties 12477

Slate Hill MINISINK VALLEY CENTRAL SCHOOL DISTRICT 10973

Minisink Valley Sr High School, Slate Hill 10973

Minisink Valley Middle School, Slate Hill 10973

Tuxedo Park TUXEDO UNION FREE SCHOOL DISTRICT 10987

George F. Baker (Jr/Sr) High School, Tuxedo Park 10987

Wallkill WALLKILL CENTRAL SCHOOL DISTRICT 12589

Wallkill Sr High School, Wallkill 12589

John G Borden Middle School, Wallkill 12589

Warwick WARWICK VALLEY CENTRAL SCHOOL DISTRICT 10990

Warwick Valley High School, Warwick 10990

Warwick Valley Middle School, Warwick 10990

Washingtonville WASHINGTONVILLE CENTRAL SCHOOL DISTRICT 10992

Washingtonville Sr High School, Washingtonville 10992

Washingtonville Middle School, Washingtonville 10992

Wawarsing WAWARSING CHRISTIAN ACADEMY 12489

Wawarsing Christian Academy, Wawarsing 12489

Section 9 FRIEND AND NEIGHBOR..... EXPIRATION DATE

West Point Middle School (7-8), 705 Barry Rd., West Point 10996 8/12

SECTION 10

PRESIDENT: Paul Harrica, Chateaugay Central School 12920

VICE PRESIDENT: Anthony Bjork, Ogdensburg Free Academy 13669

SECRETARY: Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613

TREASURER: Martha Slack, 95 Highland Ave., Massena 13662

DIRECTOR OF ATHLETICS: Carl Normandin, 30 Court St., Canton 13617

Brasher Falls BRASHER FALLS CENTRAL SCHOOL DISTRICT 13613

St. Lawrence Jr/Sr High School, Brasher Falls 13613

Brushton BRUSHTON-MOIRA CENTRAL SCHOOL DISTRICT 12916

Brushton-Moira Jr/Sr High School, Brushton 12916

Canton CANTON CENTRAL SCHOOL DISTRICT 13617

HC Williams Sr High School, Canton 13617

JM McKenney Middle School, Canton 13617

Chateaugay CHATEAUGAY CENTRAL SCHOOL DISTRICT 12920
Chateaugay Jr/Sr High School, Chateaugay 12920

Colton COLTON-PIERREPONT CENTRAL SCHOOL DISTRICT 13625
Colton-Pierrepont Jr/Sr High School, Colton 13625

DeKalb Jct HERMON-DEKALB CENTRAL SCHOOL DISTRICT 13630
Hermon-DeKalb Jr/Sr High SCHOOL, DeKalb Jct. 13630

Fort Covington SALMON RIVER CENTRAL SCHOOL DISTRICT 12937
Salmon River Jr/Sr High School, Ft.Covington 12937

Gouverneur GOUVERNEUR CENTRAL SCHOOL DISTRICT 13642
Gouverneur Jr/Sr High School, Gouverneur 13642

Hammond HAMMOND CENTRAL SCHOOL DISTRICT 13646
Hammond Jr/Sr High School, Hammond 13646

Harrisville HARRISVILLE CENTRAL SCHOOL DISTRICT 13648
Harrisville Jr/Sr High School, Harrisville 13648

Heuvelton HEUVELTON CENTRAL SCHOOL DISTRICT 13654
Heuvelton Jr/Sr High School, Heuvelton 13654

Lisbon LISBON CENTRAL SCHOOL DISTRICT 13658
Lisbon Jr/Sr High School, Lisbon 13658

Madrid MADRID-WADDINGTON CENTRAL SCHOOL DISTRICT 13660
Madrid-Waddington Jr/Sr High SCHOOL, Madrid 13660

Malone HOLY FAMILY SCHOOL 12953
 Holy Family (Jr) School, Malone 12953

Malone MALONE CENTRAL SCHOOL DISTRICT 12953
Franklin Academy High School, Malone 12953
 Malone Middle School, Malone 12953

Massena MASSENA CENTRAL SCHOOL DISTRICT 13662
Massena Sr High School, Massena 13662
 J William Leary Jr High School, Massena 13662

Morristown MORRISTOWN CENTRAL SCHOOL DISTRICT 13664
Morristown Jr/Sr High School, Morristown 13664

Norwood NORWOOD-NORFOLK CENTRAL SCHOOL DISTRICT 13668
Norwood Jr/Sr High School, Norwood 13668

Ogdensburg OGDENSBURG CITY SCHOOL DISTRICT 13669
Ogdensburg Free Academy HS, Ogdensburg 13669
 Ogdensburg Middle School, Ogdensburg 13669

Parishville PARISHVILLE-HOPKINTON CENTRAL SCHOOL DISTRICT 13672
Parishville-Hopkinton Jr/Sr High School, Parishville 13672

Potsdam POTSDAM CENTRAL SCHOOL DISTRICT 13676
Potsdam Sr High School, Potsdam 13676
 AA Kingston Middle School, Potsdam 13676

Russell EDWARDS-KNOX CENTRAL SCHOOL DISTRICT 13684
Edwards-Knox Jr/Sr High School, Russell 13684

St.Regis Falls ST.REGIS FALLS CENTRAL SCHOOL DISTRICT 12980
St. Regis Falls Jr/Sr High School, St.Regis Falls 12980

Star Lake CLIFTON-FINE CENTRAL SCHOOL DISTRICT 13690
Clifton-Fine Jr/Sr High School, Star Lake 13690

Tupper Lake TUPPER LAKE CENTRAL SCHOOL DISTRICT 12986
Tupper Lake Middle/High School 12986

SECTION 11

PRESIDENT: Mary Anne Jules, Bridgehampton HS 11932
 EXECUTIVE DIRECTOR: Edward Cinelli, 180 East Main St., Suite 302, Smithtown 11787
 TREASURER: Larry Light, 40 Mills Road, Stony Brook 11790

Amityville AMITYVILLE UNION FREE SCHOOL DISTRICT 11701

Amityville Memorial High School, Amityville 11701

Edmund W Miles Middle School, Amityville 11701

Babylon BABYLON UNION FREE SCHOOL DISTRICT 11702

Babylon Jr/Sr High School, Babylon 11702

Bay Shore BAY SHORE UNION FREE SCHOOL DISTRICT 11706

Bay Shore Sr High School, Bay Shore 11706

Bay Shore Middle School, Bay Shore 11706

Bayport BAYPORT BLUE POINT UNION FREE SCHOOL DISTRICT 11705

Bayport-Blue Point High School, Bayport 11705

James Wilson Young Middle School, Bayport 11705

Bohemia CONNETQUOT CENTRAL SCHOOL DISTRICT 11716

Connetquot High School, Bohemia 11716

Oakdale-Bohemia Jr High School, Oakdale 11769

Ronkonkoma Jr High School, Ronkonkoma 11779

Brentwood BRENTWOOD UNION FREE SCHOOL DISTRICT 11717

Brentwood High School, Brentwood 11717

Freshman Center, Brentwood 11717

East Middle School, Brentwood 11717

North Middle School, Brentwood 11717

South Middle School, Brentwood 11717

West Middle School, Bay Shore 11706

Bridgehampton BRIDGEHAMPTON UNION FREE SCHOOL DISTRICT 11932

Bridgehampton Jr/Sr High School, Bridgehampton 11932

Centereach MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT 11720

Centereach High School, Centereach 11720

Newfield Sr High School, Selden 11784

Dawnwood Middle School, Centereach 11720

Selden Middle School, Centereach 11720

Center Moriches CENTER MORICHES UNION FREE SCHOOL DISTRICT 11934

Center Moriches Jr/Sr High School, Center Moriches 11934

Central Islip CENTRAL ISLIP UNION FREE SCHOOL DISTRICT 11722

Central Islip Sr High School, Central Islip 11722

Ralph Reed Jr High School, Central Islip 11722

Copague COPIAGUE UNION FREE SCHOOL DISTRICT 11726

Walter G. O'Connell Copiague High School, Copiague 11726

Copiague Middle School, Copiague 11726

Deer Park DEER PARK UNION FREE SCHOOL DISTRICT 11729

Deer Park High School, Deer Park 11729

Robert Frost Middle School, Deer Park 11729

Dix Hills HALF HOLLOW HILLS CENTRAL SCHOOL DISTRICT 11746

Half Hollow Hills High School East, Dix Hills 11746

Half Hollow Hills High School West, Dix Hills 11746

Candlewood Middle School, Dix Hills 11746

West Hollow Middle School, Dix Hills 11746

East Hampton EAST HAMPTON UNION FREE SCHOOL DISTRICT 11937

East Hampton High School, East Hampton 11937

East Hampton Middle School, East Hampton 11937

East Hampton SPRINGS UNION FREE SCHOOL DISTRICT 11937

Springs Jr High School, East Hampton 11937

East Hampton THE ROSS SCHOOL 11937

The Ross (Jr/Sr) School, East Hampton 11937

East Moriches EAST MORICHES UNION FREE SCHOOL DISTRICT 11940

East Moriches Jr High School, East Moriches 11940

East Northport COMMACK UNION FREE SCHOOL DISTRICT 11731

Commack High School, Commack 11725

Commack Middle School, Commack 11725

East Patchogue SOUTH COUNTRY CENTRAL SCHOOL DISTRICT 11772

Bellport Sr High School, Brookhaven 11719

Bellport Middle School, Bellport 11713

East Setauket THREE VILLAGE CENTRAL SCHOOL DISTRICT 11733

Ward Melville Sr High School, East Setauket 11733

Paul J Gelinas Jr High School, Setauket 11733

Robert Cushman Murphy Jr High School, Stony Brook 11790

Greenlawn ELWOOD UNION FREE SCHOOL DISTRICT 11740

Elwood/John H Glenn High School, Elwood 11731

Elwood Middle School, Elwood 11731

Greenlawn HARBORFIELDS CENTRAL SCHOOL DISTRICT 11740

Harborfields High School, Greenlawn 11740

Oldfield Middle School, Greenlawn 11740

Greenport GREENPORT UNION FREE SCHOOL DISTRICT 11944

Greenport Jr/Sr High School, Greenport 11944

Hampton Bays HAMPTON BAYS UNION FREE SCHOOL DISTRICT 11946

Hampton Bays Jr/Sr High School, Hampton Bays 11946

Hauppauge HAUPPAUGE UNION FREE SCHOOL DISTRICT 11788

Hauppauge High School, Hauppauge, 11788

Hauppauge Middle School, Hauppauge 11788

Holbrook SACHEM CENTRAL SCHOOL DISTRICT 11741

Sachem East High School, Farmingville 11738

Sachem North High School, Lake Ronkonkoma 11779

Samoset Jr High School, Lake Ronkonkoma 11779

Sagamore Jr High School, Holtsville 11742

Seneca Jr High School, Holbrook 11741

Sequoia Jr High School, Holtsville 11742

Huntington HUNTINGTON UNION FREE SCHOOL DISTRICT 11743

Huntington High School, Huntington 11743

Finley Jr High School, Huntington 11743

Huntington Station SOUTH HUNTINGTON UNION FREE SD 11746

Walt Whitman High School, Huntington Station 11746

Henry L Middle School, Huntington Station 11746

Islip ISLIP UNION FREE SCHOOL DISTRICT 11751

Islip High School, Islip 11751

Islip Middle School, Islip 11751

Islip Terrace EAST ISLIP UNION FREE SCHOOL DISTRICT 11752

East Islip High School, Islip Terrace 11752

Islip Terrace Jr High School, Islip Terrace 11752

Kings Park KINGS PARK CENTRAL SCHOOL DISTRICT 11754

Kings Park High School, Kings Park 11754

William T Rogers Middle School, Kings Park 11754

Lake Ronkonkoma CLEARY SCHOOL FOR THE DEAF 11779

Cleary (7-8) School for the Deaf, Lake Ronkonkoma 11779

Lindenhurst LINDENHURST UNION FREE SCHOOL DISTRICT 11757

Lindenhurst Sr High School, Lindenhurst 11757

Lindenhurst Middle School, Lindenhurst 11757

Manorville EASTPORT-SOUTH MANOR CENTRAL SCHOOL DISTRICT 11949

Eastport-South Manor Jr/Sr High School, Manorville 11949

- Mastic Beach **WILLIAM FLOYD UNION FREE SCHOOL DISTRICT 11951**
William Floyd High School, Mastic Beach 11951
 William Floyd Middle School, Moriches 11955
 William Paca Jr High School, Mastic Beach 11951
- Mattituck **MATTITUCK-CUTCHOGUE UNION FREE SCHOOL DISTRICT 11952**
Mattituck-Cutchogue Jr/Sr High School, Mattituck 11952
- Middle Island **LONGWOOD CENTRAL SCHOOL DISTRICT 11953**
Longwood High School, Coram 11727
 Longwood Jr High School, Middle Island 11953
 Longwood Middle School, Middle Island 11953
- Miller Place **MILLER PLACE UNION FREE SCHOOL DISTRICT 11764**
Miller Place High School, Miller Place 11764
 North Country Jr High School, Miller Place 11764
- Montauk **MONTAUK UNION FREE SCHOOL DISTRICT 11954**
 Montauk Jr High School, Montauk 11954
- Mount Sinai **MOUNT SINAI UNION FREE SCHOOL DISTRICT 11766**
Mount Sinai High School, Mount Sinai 11766
 Mount Sinai Middle School, Mount Sinai 11766
- No. Babylon **NORTH BABYLON UNION FREE SCHOOL DISTRICT 11703**
North Babylon High School, North Babylon 11703
 Robert Moses Middle School, North Babylon 11703
- Northport **NORTHPORT-E.NORTHPORT UNION FREE SCHOOL DIST 11768**
Northport Sr High School, Northport 11768
 East Northport Middle School, E.Northport 11731
 Northport Middle School, Northport 11768
- Patchogue **PATCHOGUE-MEDFORD UNION FREE SCHOOL DISTRICT 11772**
Patchogue-Medford High School, Medford 11763
 Oregon Middle School, Medford 11763
 Saxton Middle School, Patchogue 11772
 South Ocean Middle School, Patchogue 11772
- Port Jefferson **PORT JEFFERSON UNION FREE SCHOOL DISTRICT 11777**
Port Jefferson High School, Port Jefferson 11777
 Port Jefferson Middle School, Port Jefferson 11777
- Port Jefferson Station **BROOKHAVEN-COMSEWOGUE UNION FREE SD 11776**
Comsewogue Sr High School, Port Jefferson Station 11776
 John F Kennedy Middle School, Port Jefferson Station 11776
- Riverhead **RIVERHEAD CENTRAL SCHOOL DISTRICT 11901**
Riverhead Sr High School, Riverhead 11901
 Riverhead Middle School, Riverhead 11901
- Riverhead **MERCY HIGH SCHOOL 11901**
Bishop McGann-Mercy High School, Riverhead 11901
- Rocky Point **ROCKY POINT UNION FREE SCHOOL DISTRICT 11778**
Rocky Point High School, Rocky Point 11778
 Rocky Point Middle School, Rocky Point 11778
- Sag Harbor **SAG HARBOR UNION FREE SCHOOL DISTRICT 11963**
Pierson Jr/Sr High School, Sag Harbor 11963
- Sayville **SAYVILLE UNION FREE SCHOOL DISTRICT 11782**
Sayville High School, West Sayville 11796
 Sayville Middle School, Sayville 11782
- Shelter Island **SHELTER ISLAND HIGH SCHOOL 11964**
Shelter Island Jr/Sr High School, Shelter Island 11964
- Shoreham **SHOREHAM-WADING RIVER CENTRAL SCHOOL DISTRICT 11786**
Shoreham-Wading River High School, Shoreham 11786
 Shoreham-Wading River Middle School, Shoreham 11786

Smithtown SMITHTOWN CENTRAL SCHOOL DISTRICT 11787

Smithtown High School West, Smithtown 11787

Smithtown High School East, St. James 11780

Accompsett Middle School, Smithtown 11787

Great Hollow Middle School, Neconset 11767

Nesaquake Middle School, St. James 11780

Smithtown SMITHTOWN CHRISTIAN SCHOOL 11787

Smithtown Christian(Jr/Sr High) School, Smithtown 11787

Southampton SOUTHAMPTON UNION FREE SCHOOL DISTRICT 11968

Southampton Sr High School, Southampton 11968

Southampton Intermediate School, Southampton 11968

Southampton TUCKAHOE COMMON SCHOOL DISTRICT 11968

Tuckahoe Common Jr High School, Southampton 11968

Southold SOUTHOLD UNION FREE SCHOOL DISTRICT 11971

Southold Jr/Sr High School, Southold 11971

Stony Brook THE STONY BROOK SCHOOL 11790

Stony Brook Jr/Sr High School, Stony Brook 11790

West Babylon WEST BABYLON UNION FREE SCHOOL DISTRICT 11704

West Babylon Sr High School, West Babylon 11704

West Babylon Jr High School, West Babylon 11704

West Islip WEST ISLIP UNION FREE SCHOOL DISTRICT 11795

West Islip Sr High School, West Islip 11795

Beach Street Middle School, West Islip 11795

Udall Road Middle School, West Islip 11795

Westhampton Beach WESTHAMPTON BEACH UNION FREE SD 11978

Westhampton Beach Sr High School, Westhampton Beach 11978

Westhampton Middle School, Westhampton Beach 11978

Wyandanch WYANDANCH UNION FREE SCHOOL DISTRICT 11798

Wyandanch Memorial High School, Wyandanch 11798

Milton L Olive Middle School, Wyandanch 11798