

Welcome to our Lunch Cafe at...

Huntington Jack Abrams STEM

May 2018

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



1 Fluffy Waffles
 Turkey Sausage Patty
 Crispy Tator Tots
 Fresh Baby Carrots
 Pear and Pineapple Cup
 Fresh Banana
 BRUNCH FOR LUNCH TODAY!

2 Mozzarella Sticks
 Tomato Sauce Dip
 French Bread
 Steamed Broccoli
 Grape Tomatoes
 Sliced Pears
 Fresh Apple

3 Nachos Grande
 Mild Salsa
 Black Beans
 Cucumber Coins
 Fresh Orange
 Sliced Peaches
 (Turkey Taco)

4 Classic Cheese Pizza
 Garden Salad
 Fresh Baby Carrots
 Fresh Apple
 Mixed Fruit

7 Crispy Popcorn Chicken
 Whole Wheat Dinner Roll
 Sweet Corn
 Cucumber Coins
 Mixed Fruit
 Fresh Pear

8 Egg and Cheese Sandwich
 Crispy Tator Tots
 Fresh Baby Carrots
 Applesauce
 Fresh Grapes
 BRUNCH FOR LUNCH TODAY!

9 Pizza Bites
 Celery & Carrot Sticks w/
 Low Fat Dressing
 Steamed Carrots
 Sliced Peaches
 Fresh Apple

10 Burger
 Or Cheeseburger
 Oven Baked Fries
 Baked Beans
 Pear and Pineapple Cup
 Fresh Orange
 LUCKY TRY DAY!

11 Classic Cheese Pizza
 Steamed Broccoli
 Grape Tomatoes
 Diced Peach Cup
 Fresh Banana

14 Crispy Chicken Sandwich
 Crispy Tator Tots
 Cucumber Coins
 Sliced Peaches
 Fresh Pear

15 French Toast Slices
 Turkey Sausage Patty
 Glazed Carrots
 Celery
 Cinnamon Applesauce
 Fresh Orange
 BRUNCH FOR LUNCH TODAY!

16 Stuffed Bread Sticks
 With Tomato Sauce Dip
 Steamed Broccoli
 Red Pepper Strips
 Pear and Pineapple Cup
 Fresh Banana

17 Grilled Cheese Sandwich
 Oven Baked Fries
 Cinnamon & Honey
 Roasted Beans
 Diced Pear Cup
 Fresh Grapes
 Try something new!
 Cinnamon & Honey
 Roasted Garbanzo Beans

18 Classic Cheese Pizza
 Side Salad
 Fresh Baby Carrots
 Mixed Fruit
 Fresh Apple

21 Crispy Popcorn Chicken
 With Brown Rice
 Sweet Corn
 Fresh Baby Carrots
 Sliced Peaches
 Fresh Pear

22 Fluffy Waffles
 Turkey Sausage Patty
 Sweet Potato Fries
 Cucumber Coins
 Applesauce
 Fresh Banana
 BRUNCH FOR LUNCH TODAY!

23 Baked Chicken Tenders
 Whole Wheat Dinner Roll
 Steamed Carrots
 Celery
 Diced Pear Cup
 Fresh Apple
 David's Chocolate Chip
 Cookie
 IT'S STUDENT APPRECIATION DAY

24 Turkey Hot Dog on Bun
 Crispy Tator Tots
 Baked Beans
 Diced Pear Cup
 Fresh Orange

25 Classic Cheese Pizza
 Steamed Broccoli
 Fresh Baby Carrots
 Pineapple Cup
 Fresh Apple

28 MEMORIAL DAY

29 Fluffy Pancakes
 Turkey Sausage Patty
 Crispy Tator Tots
 Celery & Carrot Sticks w/
 Low Fat Dressing
 Applesauce
 Fresh Banana
 BRUNCH FOR LUNCH TODAY!

30 Pizza Bite & Mozzarella
 Stick Combo
 Whole Wheat Dinner Roll
 Steamed Broccoli
 Grape Tomato
 Sliced Peaches
 Fresh Pear

31 Nachos Grande (Turkey Taco)
 Mild Salsa
 Baked Beans
 Mixed Fruit
 Fresh Orange

We proudly support clean, organic local and sustainable agriculture.

SIMPLY ROOTED™ in food and family

We offer a variety of balanced choices to satisfy the needs of customers. This is because we are Simply Rooted™ in food and family and we care about our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



ALL MEALS SERVED WITH MILK: 1% WHITE, FAT FREE, OR FAT FREE CHOCOLATE (all antibiotic and hormone free DAILY VEGETABLE OFFERING; SIDE GREEN SALAD DAILY FRESH FRUIT. CONDIMENTS AND L.F. DRESSINGS Lunch Price: \$2.55

Daily Offerings: Grab N Go Sandwiches - Peanut Butter and Jelly (where permitted), or Jelly w/ Cheese Sticks (2), American Cheese. All Sandwiches served on Whole Grain Breads. Ham or Turkey w/ Cheese on Whole Grain Roll. Grab N Go Salads: Garden w/ Cheese, Chef, or Chicken Caesar all served w/ Whole Grain Roll. Yogurt Parfait with Low fat Vanilla ORGANIC Yogurt with Granola and Fruit or 4.oz Yogurt w/ W.G Bagel and Cheese Stick Whole Grain Bagel with (2) Cheese Stick

VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.