

Welcome to our Lunch Cafe at...

Huntington Finley Middle School

May 2018

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



1 Fluffy Pancakes
Or French Toast Slices
Sausage Patty
Glazed Carrots
Crispy Tator Tots
Cinnamon Applesauce
Fresh Banana

2 Mozzarella Sticks
With Spaghetti Sauce
And Garlic Bread
Or Buffalo Chicken
Stromboli
Tomato Salad
Broccoli
Pear and Pineapple Cup
Fresh Apple

3 Pasta, Pasta, Pasta
Or Chicken Parmesan Sandwich
Sriracha Garbanzo Beans
Crispy Tator Tots
Mixed Fruit
Fresh Pear

4 Meatloaf with Gravy
Or Roasted Turkey with Gravy
All With Dinner Rolls
Fluffy Mashed Potatoes
Steamed Broccoli
Pear and Pineapple Cup
Fresh Orange

7 Crispy Popcorn Chicken
Whole Wheat Dinner Roll
Or Organic Veggie Burrito
Sweet Corn
Cucumber Coins
Mixed Fruit
Fresh Apple

8 Fluffy Waffles
Or Egg and Cheese Sandwich
Turkey Sausage Patty
All With Sweet Potato
Fries
Celery
Applesauce
Fresh Banana

9 Pizza Bite & Mozzarella Stick Combo
French Bread
All With Tomato Sauce Dip
Or Salad Pizza Sicilian Style
All With Green Beans
Red Pepper Strips
Diced Pear Cup
Fresh Apple

10 BBQ Chicken
With Brown Rice Pilaf
Or Ruby's Chicken Cordon Bleu
Mixed Vegetables
Chili Roasted Garbanzo Beans
Sliced Peaches
Fresh Pear

11 Chicken Fajita Wrap
Or Pizza Bite & Mozzarella Stick Combo
With French Bread
All With Steamed Broccoli
Grape Tomatoes
Mixed Fruit
Fresh Orange

FLAVES

14 Chicken & Vegetable Rice Bowl
Or Organic Veggie Burrito
All With Sweet Corn
Green Bean Salad
Mixed Fruit
Fresh Apple

15 Grilled Ham & Cheese Sandwich
Or Philly Cheese Steak
All With Crispy Tator Tots
Carrot Dippers
Cinnamon Applesauce
Fresh Banana

16 Stuffed Bread Sticks
With Pasta with Sauce
Or Pizzadilla
grilled tortilla filled with melty cheese, tomato sauce, salsa, and pepperoni
Steamed Carrots
Side Salad
Diced Pear Cup
Fresh Orange

17 Ruby's Chicken Cordon Bleu
BBQ Chicken Sliders
BBQ chicken breast topped with American cheese on mini burger buns
Baked Beans
Crispy Tator Tots
Sliced Peaches
Fresh Grapes

18 Mozzarella Sticks
With Tomato Sauce Dip
Or Pizza Bites
All With Garlic Bread
Mixed Vegetables
Side Garden Salad
Pineapple Cup
Fresh Pear

21 Chicken Fajita Mac & Cheese
Or Organic Veggie Burrito
Sweet Corn
Green Bean Salad
Diced Pear Cup
Fresh Apple

22 Sausage, Egg and Cheese Sandwich
Turkey BLT Sandwich
Sweet Potato Fries
Carrot Dippers
Cinnamon Applesauce
Fresh Banana

23 Guy's Fries
With Dinner Rolls
Or Chicken Parmesan Sandwich
Steamed Italian Vegetables
Red Pepper Strips
Fresh Orange

24 Salad Pizza Sicilian Style
pizza dough topped with lettuce, tomatoes, and Parmesan cheese
Or Quesadilla Santa Fe
All With Sweet Corn
Black Beans
Pear and Pineapple Cup
Fresh Grapes

25 Steamed Dumplings
With Brown Rice
Or Pizza Bagel
Broccoli
Celery
Mixed Fruit
Fresh Apple

28 Peruvian Roasted Chicken
With Brown Rice Pilaf
Or Grilled Chicken Salad with Dinner Rolls
Sweet Corn
Fresh Cucumber Salad
Mixed Fruit
Fresh Banana

29 Crispy Popcorn Chicken
With Pasta with Butter
Or Turkey Burger
Steamed Carrots
Celery
Diced Pear Cup
Fresh Orange

30 Pasta & Meat Sauce
With Garlic Bread
Or Buffalo Chicken
Stromboli
Steamed Broccoli
Grape Tomatoes
Mixed Fruit
Fresh Apple

31 Burger Bar
Or Ruby's Chicken Cordon Bleu
All With Oven Baked Fries
Baked Beans
Sliced Peaches
Fresh Pear



We proudly support clean, organic local and sustainable agriculture.

SIMPLY ROOTED™ in food and family

We offer a variety of balanced choices to satisfy the needs of customers. This is because we are Simply Rooted™ in food and family and we care about our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



All Meals served with Choice of: Low Fat, Fat Free, or Fat Free flavored Milk, Fruit Choices, WG Bread, Protein, and Vegetable Choices. Side Green Salad. Condiments and L.F. Dressings Lunch Prices; \$2.90 Reduced Price \$.25

Daily Lunch Offerings -Great American: Made to Order Sandwich/Salad: Ham, Turkey, Chicken, American, Swiss, Munster and Provolone cheeses and vegetable toppings served in Salad Bowl or on W.G. Breads. Salads served with 2 W.G. Dinner rolls. Daily Rubys Grill Choices: Veggie Burger Hamburger, Cheeseburger, Grilled Cheese, Chicken Patty, Coyote Grill: Tacos, Nachos, Burritos with toppings Pizza: WG, Cheese, Meat, Pizza: WG, Cheese, Meat, Vegetable toppings Yogurt Parfaits- made with ORGANIC Yogurt

VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.