## 2017 NYSPHSAA Track and Field Schedule of Events Ocean Breeze Track and Field Facility-Combined Meet

Track Events (Girls First, followed by Boys unless noted) To be run on a banked track:

55m Hurdles – Semi's 55 m Dash – Semi's Girls 3000m Run 4 x 400m Relay – Semi's 4 x 200m Relay – Semi's Boys 3200m Runs 55m Hurdles – Boys, then Girls 55m Dash – Finals 1000m Run Girls 1500m Race Walk 300m Dash – Semi's 600m Girls 1500m Run Boys 1600m Run Intersectional Medley Relay (1000,200,600,1600) 300m Finals 4 x 800m Relay 4 x 400m Relay 4 x 200m Relay

## Field Events:

Shot, then Weight Throw Triple Jump, then long jump Boys Pole Vault , Girls pole vault will start after the 55 m Dash Boys and Girls high Jump after the 55m Dash

## Advancement Procedures:

55m Dash – winner of each heat, then times 55m Hurdles – winner of each heat, then times 300m Dash – Top 8 times. Two heat final – times  $5^{th} - 8$  – first section,  $1^{st} - 4^{th}$  second section 4 x 200m Relay and 4 x 400 m Relay – winner plus times - two section final, times in first section, winners plus fastest time in second section. 8 people will advance in the field events ( $\Box$ , TJ, Shot, and Weight Throw)